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1 **The electronic structure of negative charge transfer CaFeO₃**
2 **across the metal-insulator transition**

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Abstract

We investigated the metal-insulator transition for epitaxial thin films of the perovskite CaFeO_3 , a material with a significant oxygen ligand hole contribution to its electronic structure. We find that biaxial tensile and compressive strain suppress the metal-insulator transition temperature. By combining hard X-ray photoelectron spectroscopy, soft X-ray absorption spectroscopy, and density functional calculations, we resolve the element-specific changes to the electronic structure across the metal-insulator transition. We demonstrate that the Fe electron valence undergoes no observable change between the metallic and insulating states, whereas the O electronic configuration undergoes significant changes. This strongly supports the bond-disproportionation model of the metal-insulator transition for CaFeO_3 and highlights the importance of ligand holes in its electronic structure. By sensitively measuring the ligand hole density, however, we find that it increases by $\sim 5\text{-}10\%$ in the insulating state, which we ascribe to a further localization of electron charge on the Fe sites. These results provide detailed insight into the metal-insulator transition of negative charge transfer compounds and should prove instructive for understanding metal-insulator transitions in other late transition metal compounds such as the nickelates.

28 I. INTRODUCTION

29 In order to understand and ultimately control the electronic properties of strongly cor-
30 related materials, the basic electronic structure and the relevant interactions that govern it
31 must be known. Of particular interest is the metal-insulator transition (MIT) of correlated
32 metal oxides, the description of which has been a long-standing challenge¹⁻⁵. Within metal
33 oxides, the nickelates and ferrates are notable because ligand holes—not electrons on the tran-
34 sition metal—appear to be predominantly involved in the MIT. Their assignment as ‘negative
35 charge transfer energy’ materials highlights the energetic landscape, where it is energetically
36 favorable for an electron to transfer from the oxygen atom to the transition metal atom,
37 leaving an oxygen ligand hole (\underline{L}^1)^{3,6}. For example, the rare-earth nickelates ($RENiO_3$)
38 nominally have seven electrons on the Ni site (d^7, e_g^1), but they are more accurately de-
39 scribed as $d^8 \underline{L}^1 (e_g^2)^{2,3}$. In their insulating state, nickelates adopt a rock-salt super-structure
40 of alternating dilated and contracted octahedra, and their electronic structure concomitantly
41 transitions from $2d^8 \underline{L}^1 \rightarrow d^8 \underline{L}^0 + d^8 \underline{L}^2$, where the ligand holes bond more strongly with the Ni
42 in the contracted octahedra ($d^8 \underline{L}^2$) leading to bond disproportionation^{4,7,8}. Clearly, under-
43 standing the basic electronic structure of these negative charge transfer materials is critical
44 for describing their metal-insulator transitions as well as their overall functional responses
45 to external fields. Moreover, because their MIT is strongly coupled to lattice distortions,
46 determining the influence of epitaxial strain on thin films of these materials is crucial to ra-
47 tionally engineer non-bulk electronic properties in heterostructures of these materials. Here,
48 we present such a picture for epitaxial films of $CaFeO_3$, a nominal $d^4 (e_g^1)$ negative charge
49 transfer material that exhibits a MIT⁸⁻¹².

50 Comparing $CaFeO_3$ (CFO) and $SrFeO_3$ (SFO) highlights the interplay between crystal
51 structure and electronic properties typical of perovskite oxides. SFO is cubic with Fe-O-
52 Fe bond angles of 180° and is metallic down to 4 K¹³. Substituting Sr with the smaller
53 isovalent Ca reduces the Fe-O-Fe bond angles to 158° ^{11,12}, and CFO undergoes a MIT at
54 290 K⁹. The MIT is accompanied by a structural phase transition from $Pbnm$ orthorhombic
55 in the metallic state to $P2_1/n$ monoclinic in the insulating state^{11,12}. Within this insulating
56 monoclinic structure, CFO adopts a rock-salt super-structure (or ‘breathing distortion’)
57 with alternating dilated and contracted FeO_6 octahedra, where the difference in Fe-O bond
58 lengths is $\sim 0.1 \text{ \AA}$ ^{11,14}.

59 Given the resemblance of CFO to the rare-earth nickelates, one may expect epitaxial
 60 strain to similarly control the metal-insulator transition temperature (T^*). In nickelates,
 61 compressive strain lowers T^* and can ultimately quench the MIT, and tensile strain increases
 62 T^* ^{15–18}. Here, however, we show that both compressive *and tensile* strain lower T^* for
 63 CFO, suggesting that strain affects the MIT driving force differently than in the nickelates.
 64 Combining synchrotron-based X-ray photoelectron and X-ray absorption spectroscopy, we
 65 confirm the bond-disproportionation model of the CFO MIT. We show that an energy gap
 66 opens at the Fermi level, which is consistent with our first-principles calculations. Given the
 67 importance of ligand holes in the MIT, we use X-ray absorption spectroscopy to probe the
 68 oxygen K -edge pre-peak, which results directly from ligand holes, above and below T^* and
 69 as a function of strain. We find that ligand holes are not conserved across the MIT; rather,
 70 the ligand hole density increases in the insulating state. These results, and their notable
 71 differences from the much-studied nickelates, provide important insight into strain-induced
 72 changes to negative charge transfer compounds and their metal-insulator transitions.

73 II. EXPERIMENTAL

74 Past synthesis of CaFeO_3 employed a two-step process: forming reduced $\text{CaFeO}_{3-\delta}$ fol-
 75 lowed by further annealing under high oxygen pressure (GPa) or ozone in order to achieve
 76 the relatively high oxidation state of CaFeO_3 ^{11,12,19,20}. We employ a similar approach by de-
 77 positizing reduced CFO films in background oxygen and subsequently annealing the as-grown
 78 films in an oxygen plasma.

79 Epitaxial $\text{CaFeO}_3(001)_{\text{pc}}$ films of nominally 40 pseudocubic (pc) unit cells (~ 15 nm thick)
 80 were grown by oxygen-assisted molecular beam epitaxy at $\sim 650^\circ\text{C}$ with an oxygen partial
 81 pressure of 8×10^{-6} Torr. The as-grown films were subsequently annealed by heating to
 82 $\sim 600^\circ\text{C}$ in oxygen plasma (200 Watts, 1×10^{-5} Torr chamber pressure) and then cooled in
 83 oxygen plasma by progressively turning down the heater to zero output power over ap-
 84 proximately one hour, followed by continued exposure to the plasma for another hour to
 85 ensure complete cooling to room temperature. Compressive and tensile strain was achieved
 86 via growth on single crystal substrates: YAlO_3 (YAO, -2.0% strain), SrLaAlO_4 (SLAO, -
 87 0.7%), LaAlO_3 (LAO, 0.2%), $(\text{La}_{0.18}\text{Sr}_{0.82})(\text{Al}_{0.59}\text{Ta}_{0.41})\text{O}_3$ (LSAT, 2.3%), and SrTiO_3 (STO,
 88 3.3%). Prior to all measurements, the films were re-annealed in oxygen plasma by the same

89 post-growth process to mitigate oxygen deficiency.

90 Electrical transport measurements were performed with a Quantum Design Physical
91 Property Measurement System using a van der Pauw geometry with silver paint electrodes.
92 Film thickness was extracted from X-ray reflectivity measurements obtained with a Rigaku
93 SmartLab X-ray diffractometer. Reciprocal space maps and (00 l) scans were measured with
94 an X'Pert Pro Panalytical four-circle high resolution X-ray diffractometer.

95 Soft X-ray absorption spectroscopy (XAS) was performed at the Advanced Light Source
96 beamline 4.0.2 and at the REIXS beamline at the Canadian Light Source (10ID-2). Hard
97 X-ray photoelectron spectroscopy (HAXPES) was performed at the Diamond Light Source
98 beamline I09 using 6.45 keV photons with an estimated probing depth of 12 nm²¹.

99 Density functional theory calculations were performed using the projector-augmented
100 wave (PAW) formalism²² as implemented in the Vienna Ab initio Simulation Package
101 (VASP)^{23,24} with a minimum plane-wave cutoff of 600 eV and the revised Perdew-Burke-
102 Ernzerhof (PBE) functional for densely packed solids²⁵ plus Hubbard U method (PBEsol
103 + U)²⁶. We chose the spherically averaged form of the rotationally invariant effective U
104 parameter of Dudarev et al.²⁷ with a $U_{eff} = 3.0$ eV¹⁴ on the Fe d orbitals, which yields no
105 significant differences in the main features of the structural phase transition for U_{eff} values
106 between 3.0 and 4.0 eV, the latter used in Ref.²⁸. We imposed FM order on all Fe sites and
107 then fully relaxed the spin density. The Brillouin zone was sampled with a minimum of a
108 7 x 7 x 7 k -point mesh and integrations are performed with 20-meV Gaussian smearing.
109 Full structural (atomic and lattice) relaxations were initiated from the neutron-diffraction
110 data^{11,29} and the forces minimized to a 0.5 meV-Å⁻¹ tolerance.

111 **III. STRUCTURE AND ELECTRICAL TRANSPORT**

112 X-ray diffraction confirms that the films are epitaxially strained. The (002)_{pc} film peak
113 systematically shifts with in-plane strain, as seen in FIG. 1(a). Reciprocal space maps of the
114 film and substrate (103) peaks further demonstrate that the films are epitaxially strained
115 (see Supplemental Material³⁰).

116 The room temperature electrical resistivity (FIG. 1(b)) of the least strained film (CFO/LAO,
117 1.2 mΩ-cm) is approximately equal to that of bulk CFO (3 mΩ-cm)⁸, indicating that the
118 films are stoichiometric and high quality. Temperature-dependent resistivity measurements

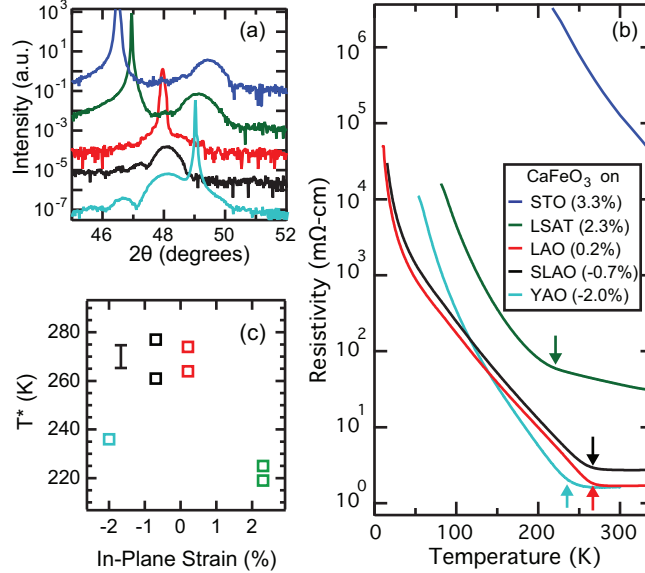


FIG. 1. (a) X-ray diffraction of the $\text{CaFeO}_3(002)_{pc}$ reflection demonstrates a strain-dependent c -axis parameter (see legend in (b)) for the nominally 40 pseudocubic unit cell thick films. (b) Temperature-dependent electrical resistivity of the CFO films after annealing in oxygen plasma. The arrows indicate the metal-insulator transition temperature (T^*), which is plotted in (c) as a function of epitaxial strain, where the error bar is the estimated uncertainty in T^* . Each data point in (c) represents a different sample.

119 confirm that the films undergo a metal-insulator transition at $T = T^*$, where T^* is taken as
 120 the inflection point of the temperature-dependent resistivity as determined by the maximum
 121 of the second derivative³⁰. T^* was determined for multiple samples, and T^* for each sample
 122 is shown in FIG. 1(c).

123 We find that strain in CFO thin films has a large and asymmetric effect on electrical
 124 transport. Whereas compressive strain has a minor effect on the 300 K resistivity, tensile
 125 strain increases it by orders of magnitude. Moreover, in contrast to large compressive strain
 126 (CFO/YAO (-2.0%)), large tensile strain (CFO/LSAT (2.3%)) eliminates the strictly metal-
 127 lic transport above T^* and significantly broadens the MIT. Surprisingly, both tensile and
 128 compressive strain lower T^* . As seen in FIG. 1(c), T^* for CFO/YAO (-2.0%) is reduced by
 129 30 K, and T^* for CFO/LSAT (2.3%) is reduced by 45 K.

130 We eliminate oxygen vacancies as the source of the T^* suppression by evaluating T^* of
 131 a nominally unstrained CFO film that is progressively reduced. A CFO/LAO film (0.2%

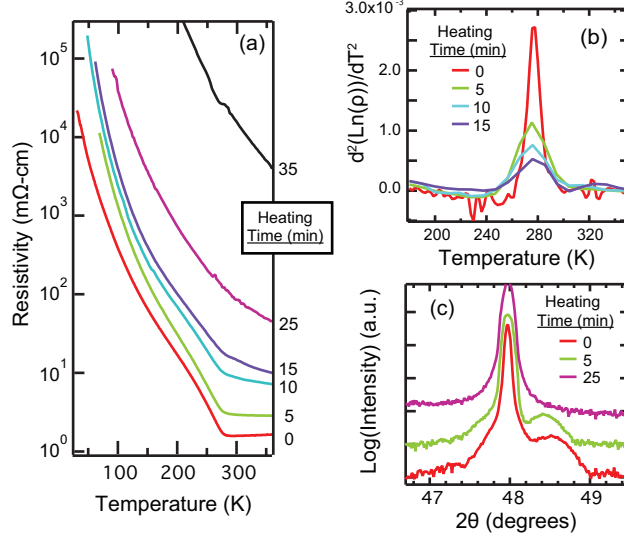


FIG. 2. (a) Temperature-dependent resistivity recorded after progressively reducing a CFO/LAO film by heating to 150°C for the indicated time. The second derivative of the electrical transport, shown in (b), indicates no change in T^* with increased heating time. X-ray diffraction of the CFO(002)_{pc} reflection shows the film peak moving to lower 2θ with increasing heating time as the film reduces.

132 strain), 58 pseudocubic unit cells thick, was intentionally reduced via heating to 150°C and
 133 characterized at various time intervals. Owing to the instability of the nominal Fe⁴⁺ valence
 134 state, ferrates are susceptible to reduction upon heating in air^{31,32}. As seen in FIG. 2(a),
 135 the initial film (heating time = 0 minutes) exhibits the expected transport behavior, and
 136 increasing heating time results in an increasing room temperature resistivity. Notably, after
 137 heating for several minutes the film still exhibits a MIT. Although the MIT broadens, T^*
 138 itself remains constant as seen in FIG. 2(b). X-ray diffraction (FIG. 2(c)) reveals an increase
 139 in the c -axis parameter as demonstrated by the film (002)_{pc} peak shifting to lower 2θ , which
 140 is consistent with oxygen leaving the film³³. Subsequently re-annealing the film in oxygen
 141 plasma recovered the original transport behavior, indicating that the film was not damaged
 142 by the heating process. Based on this relative insensitivity of T^* to oxygen loss, we conclude
 143 that the T^* suppression is strain-induced.

144 IV. SPECTROSCOPY RESULTS

145 A. CaFeO₃ MIT: Bond Disproportionation

146 Similar to the nickelates, the MIT of CFO has been described using different models.
147 Early reports described the MIT in terms of charge disproportionation on the Fe sites
148 ($2\text{Fe}^{4+} \rightarrow \text{Fe}^{3+} + \text{Fe}^{5+}$)²⁹, whereas others noted the importance of ligand holes and proposed
149 a MIT dictated by $2d^5\underline{L}^1 \rightarrow d^5\underline{L}^0 + d^5\underline{L}^{29,10}$. Given the challenge in describing the MIT
150 of negative charge transfer perovskites, we present an extensive picture of CFO’s electronic
151 structure across its MIT. Here, we use synchrotron radiation to measure the electronic struc-
152 ture above and below T* to understand whether it is the electronic structure of the Fe or
153 O sites that change the most across the MIT. By combining core level and valence band
154 photoemission spectroscopy, X-ray absorption spectroscopy, and first-principles calculations,
155 we develop a complete picture of CFO’s electronic structure.

156 We first demonstrate that the spectroscopy results are consistent with a fully oxidized film.
157 We then determine the nature of the MIT by taking advantage of the element specificity
158 provided by synchrotron radiation to probe Fe and O separately. Of the two films with
159 the lowest strain, we focus on CFO/SLAO (-0.7%). However, we note that the O *K*-edge
160 XAS data discussed below is from CFO/LAO (+0.2%) because a full XAS spectrum from
161 CFO/SLAO was not obtained. As will be shown later, the differences in the O *K*-edge XAS
162 between CFO/SLAO and CFO/LAO are negligible in the context of the following discussion.

163 The Fe *L*-edge X-ray absorption spectra (FIG. 3(a)) and the Fe *2p* core level photoelec-
164 tron spectra (FIG. 3(b)) exhibit features consistent with a predominantly “Fe⁴⁺” valence
165 state (*i.e.*, a fully oxidized film), where the quotation marks acknowledge that Fe is not
166 strictly d^4 (Fe⁴⁺) for intrinsic CaFeO₃ but rather a mixture of d^4 and $d^5\underline{L}^1$ (strongly hy-
167 bridized Fe³⁺). We are unaware of any previous core level X-ray photoelectron spectroscopy
168 or soft X-ray absorption spectroscopy of CaFeO₃, and so we compare these results to those
169 of isoelectronic SrFeO₃. Specifically, the Fe *L*-edge XAS spectra (measured by total fluo-
170 rescence yield (TFY)) shows a single, broad *L*₃ peak, which is consistent with the nominal
171 “Fe⁴⁺” valence state^{34,35}. This is in significant contrast to the Fe³⁺ XAS spectrum obtained
172 from a EuFeO₃ reference sample, which exhibits two well-separated peaks for both the *L*₃
173 and *L*₂ edges, and is shown in the Supplemental Material³⁰. Although XAS measured by

174 TFY for transition metals exhibits strong self-absorption effects on the L_3 peak, resulting
 175 in its reduced intensity, TFY is bulk-sensitive whereas total electron yield (TEY) is surface-
 176 sensitive. Given the unusually high valence state of CaFeO_3 , it is likely that the film surface
 177 is somewhat reduced, and indeed the TEY data exhibit a small kink near 708 eV³⁰. As such,
 178 we analyze the TFY data because they are more representative of the entire film.

179 Additionally, the Fe $2p$ core level spectra in FIG. 3(b) are consistent with that of SrFeO_3 .
 180 XPS is significantly less sensitive in distinguishing the Fe^{3+} and “ Fe^{4+} ” valence states because
 181 both valence states exhibit a single peak for the $2p_{1/2}$ and $2p_{3/2}$ core levels as well as satellite
 182 features at ~ 718 eV and ~ 732 eV^{10,36–38}. The Fe^{3+} spectrum, however, exhibits a more
 183 pronounced satellite feature at ~ 718 eV on top of a shoulder with increasing intensity from
 184 ~ 715 eV to ~ 720 eV. As seen in FIG. 3(b), the CaFeO_3 spectra exhibit a small satellite
 185 feature at ~ 718 eV with no pronounced shoulder. This is further highlighted by comparing
 186 the spectra in FIG. 3(b) to a spectrum obtained from an Fe^{3+} reference sample (LaFeO_3
 187 obtained from Ref.³⁸) and is shown in the Supplemental Material³⁰.

188 The O K -edge XAS shown in FIG. 3(c) further supports that the films are fully oxidized.
 189 The presence of the ‘pre-peak’ feature at 528 eV is consistent with the “ Fe^{4+} ” oxidation
 190 state³⁴. Although oxygen in the substrate contributes to the TFY spectra, the substrate
 191 does not contribute to the pre-peak intensity. Importantly, the pre-peak directly probes
 192 ligand holes^{34,39–41} and its presence reflects the negative charge transfer energy of CFO.

193 If the MIT was completely driven by a real-space ordering of charge on the Fe sites, *i.e.*,
 194 $2\text{Fe}^{4+} \rightarrow \text{Fe}^{4+\delta} + \text{Fe}^{4+\delta}$, one would expect significant differences in the Fe spectroscopy
 195 above and below T^* . However, comparing the Fe HAXPES and Fe XAS spectra measured
 196 above and below T^* , one sees that they are nearly indistinguishable. In contrast, the oxygen
 197 spectra exhibit significant differences between the metallic and insulating states. The O $1s$
 198 core level shown in FIG. 3(d) transitions from a single broad feature above T^* into two
 199 overlapping but distinct features below T^* . Moreover, the changes in the O K -edge XAS
 200 spectra (FIG. 3(c)) are localized to the oxygen pre-peak region at 528 eV.

201 These results support the bond-disproportionation model wherein the dominant change
 202 to the electronic structure is $2d^5\underline{L}^1 \rightarrow d^5\underline{L}^0 + d^5\underline{L}^2$ across the CFO metal-insulator transition.
 203 The O $1s$ core level energy depends on the oxygen ion’s valence electronic shell. The tran-
 204 sition from a single, broad peak to a clear doublet feature below T^* is consistent with the
 205 oxygen electronic configuration undergoing a significant change⁴², and previous theoretical

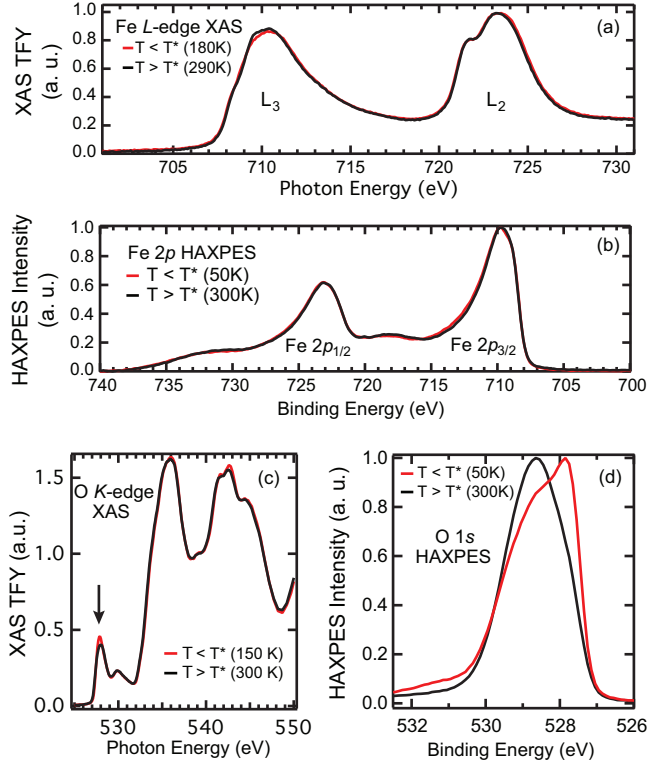


FIG. 3. (a) Fe L -edge XAS (total fluorescence yield, TFY) and (b) Fe $2p$ core level HAXPES measured above and below T^* for CFO on SLAO(001). (c) O K -edge XAS (TFY) for CFO/LAO and (d) O $1s$ core level HAXPES for CFO/SLAO measured above and below T^* . Note that the relative oxygen pre-peak intensity in the X-ray absorption spectra (528 eV, see arrow in panel (c)) does not accurately represent the oxidation state because the substrate contributes to the O TFY signal above the pre-peak.

206 results predict such a doublet feature when two ligand holes bond strongly with one octa-
 207 hedron in negative charge transfer perovskites⁴³. Additionally, the O K -edge XAS spectra
 208 demonstrate that ligand holes play an important role in the MIT. These spectral changes are
 209 not due to the substrate because it does not undergo any structural or electronic transition
 210 at these temperatures. Given that the Fe valence does not exhibit detectable changes across
 211 T^* , these results strongly support the bond-disproportionation model of the MIT in which
 212 oxygen ligand holes order below T^* , resulting in the rock-salt super-structure of alternating
 213 expanded ($d^5\bar{L}^0$) and contracted ($d^5\bar{L}^2$) octahedra. Such a model has also been described
 214 in terms of alternating degrees of ionicity and covalency across the Fe-O bonds^{14,44}.

215 B. MIT-induced changes at the Fermi level

216 Given that the electronic structure near the Fermi level, E_F , typically controls the rel-
217 evant electronic properties, we determined the MIT-induced changes to the valence band
218 (VB) and conduction band (CB) density of states (DOS) near E_F . The VB DOS was probed
219 by VB HAXPES. Additionally, because a $1s$ core-hole has no angular momentum and thus
220 results in little to no Coulomb interactions with the photo-excited electron, the O K -edge
221 XAS spectrum is a close approximation of the O p -projected density of unoccupied states,
222 which, due to the strong Fe-O hybridization in CFO, is a good representation of the CB
223 DOS^{40,45}. Hence in FIG. 4(a), we plot the VB HAXPES and the O K -edge XAS spectra
224 near E_F . In order to show the change in the VB and CB across T^* , the spectrum obtained
225 above T^* was subtracted from that obtained below T^* (herein referred to as a ‘difference
226 spectrum’). Both the HAXPES and XAS measurements were repeated to confirm repro-
227 ducibility, and the binding energy was calibrated using a high-resolution Au Fermi edge
228 measurement immediately prior to data collection.

229 The HAXPES difference spectrum reveals a loss of states (demonstrated by the negative
230 intensity) at E_F as CFO transitions from the metallic to the insulating phase. The positive
231 intensity below -0.4 eV suggests that the states lost at E_F have shifted to higher binding
232 energy in the VB. This loss of states at E_F agrees well with previous ultraviolet photoe-
233 mission spectroscopy on bulk, polycrystalline CFO⁸, but here we are able to capture the
234 spectral changes to higher binding energies and reveal that the states at E_F shift to lower
235 energy ($E - E_F = -0.4$ to -1.0 eV). Similarly, the O K -edge shifts to higher energy below T^* ,
236 yielding a loss of states at E_F . These changes are consistent with a band gap on the order
237 of a few hundred meV opening in the insulating state, which is in agreement with previous
238 optical conductivity measurements of bulk CFO that showed a gap of 0.25 eV⁴⁶. Here, the
239 combined HAXPES and XAS spectra demonstrate that both the VB and CB edges shift in
240 energy as the band gap opens. Additionally, a comparison of the difference spectra shows
241 that the VB edge shifts slightly more in energy than the CB edge: As seen in FIG. 4(a),
242 the HAXPES negative intensity at E_F (labeled “B”) has a larger full-width at half-max as
243 compared to that exhibited by the XAS (labeled “A”).

244 These experimental observations are supported by DFT calculations of CFO’s atomic and
245 electronic structures. The relaxed structures for the monoclinic (insulating) and orthorhom-

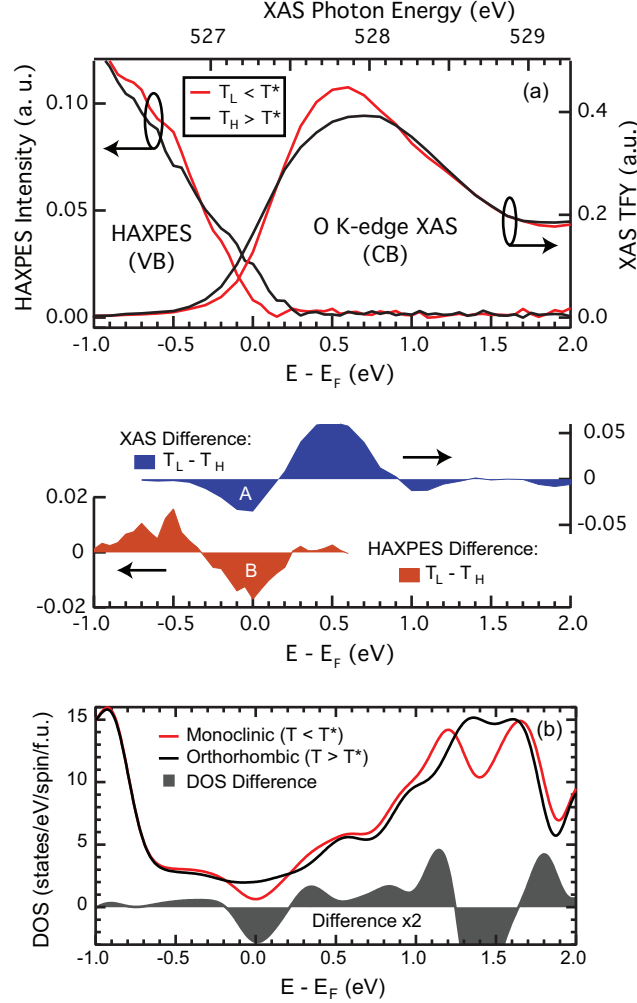


FIG. 4. (a) Valence band HAXPES of CFO/SLAO measured at $T_L = 50$ K and $T_H = 300$ K, and O K -edge XAS of CFO/LAO measured at $T_L = 180$ K and $T_H = 290$ K. The respective difference spectra were computed by subtracting the spectrum obtained at T_H from that obtained at T_L . In order to plot on a common axis with the HAXPES data, the O K -edge spectra were shifted in energy by setting the minimum of their difference spectrum to 0 eV, and the absolute energy scale for the O K -edge XAS is reproduced at the top for reference. Both the XAS and HAXPES spectra show a loss of states at E_F (features “A” and “B” in the difference spectra, respectively) due to the opening of a band gap below T^* . (b) Total DOS obtained by DFT for the monoclinic (insulating) and orthorhombic (metallic) CFO crystal structures. The DOS difference spectrum similarly shows a loss of states at E_F and an increase in states just beyond the energy gap.

246 bic (metallic) phases were obtained as described above, and the full structural results are
247 contained in the Supplemental Material³⁰. We find that the orthorhombic structure has a
248 single Fe site with uniform Fe-O bond lengths (~ 1.91 Å), whereas the monoclinic structure
249 has two distinct Fe sites that exhibit a dilated (~ 1.97 Å) or contracted (~ 1.87 Å) Fe-O
250 bond length. These results are consistent with the structural changes that accompany the
251 bond disproportionation across the MIT, where the insulating phase consists of alternating
252 dilated and contracted FeO₆ octahedra.

253 The total DOS was extracted from the DFT-obtained orthorhombic and monoclinic struc-
254 tures, and are shown in FIG. 4(b). To more accurately compare to the spectroscopy data,
255 the DFT DOS were smoothed with a 0.20 eV Gaussian (FWHM) to account for the effects of
256 total experimental resolution⁴⁷. The orthorhombic structure shows a non-zero DOS at E_F ,
257 consistent with the metallic state above T*. The monoclinic structure, however, exhibits
258 an energy gap at E_F (we note that the unsmoothed DOS fully goes to zero and shows a
259 gap of 0.18 eV¹⁴). Comparing to the HAXPES and XAS difference spectra, the DFT dif-
260 ference spectrum exhibits excellent agreement, capturing the loss of states at E_F and the
261 corresponding increase in states just beyond the gap in both the VB and CB. Good agree-
262 ment is also observed when comparing the HAXPES results to the matrix-element-weighted
263 DOS that accounts for the photoelectric cross-sections of specific orbitals³⁰. Together, these
264 experimental and first-principles results demonstrate that a band gap on the order of a few
265 hundred meV opens at the Fermi level when CFO becomes insulating.

266 A closer evaluation of the O *K*-edge XAS difference spectrum reveals a notable finding:
267 The total pre-peak intensity increases in the insulating state. The integrated intensity of
268 the difference spectrum below 529 eV is the net change in the pre-peak intensity between
269 the metallic and insulating states. When summing the negative and positive intensity in
270 the difference spectrum up to 529 eV, the net change is positive. We stress that the differ-
271 ence spectrum accurately captures edge shifts and intensity changes, and thus the observed
272 increased integrated intensity is not merely a repositioning of states to higher energy due
273 to the edge shift (band gap opening) but rather is due to an increase in the total pre-peak
274 intensity. Because the pre-peak intensity is proportional to the ligand hole density^{34,39-41},
275 the change in its intensity captures the change in ligand hole density. This increase in the
276 pre-peak intensity implies that the ligand hole density is not conserved across the MIT.

277 Notably, all strained films exhibit a similar increase in the oxygen ligand hole density in

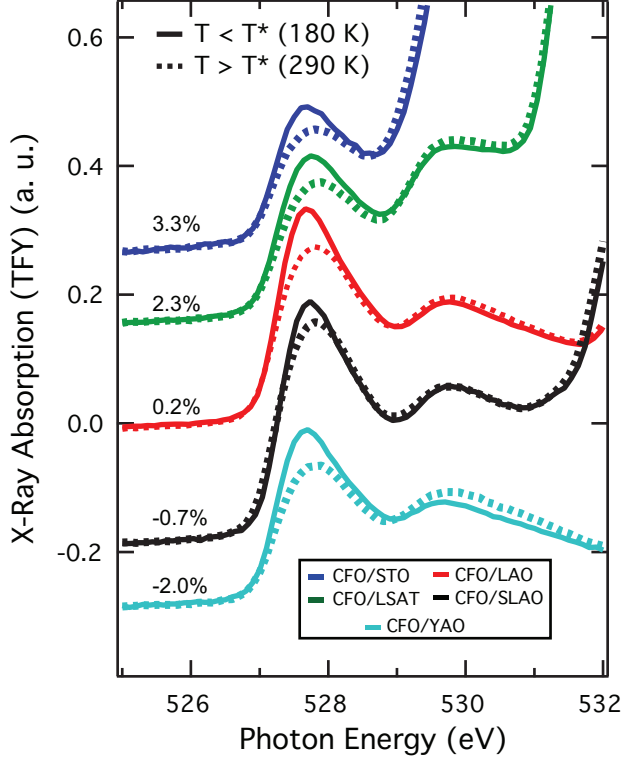


FIG. 5. Oxygen K -edge pre-peak as measured by X-ray absorption (total fluorescence yield) above T^* (dashed lines) and below T^* (solid lines) for the various strained CFO films. Note that due to substrate contributions to XAS measured by TFY, absolute intensities of the pre-peak cannot be compared across different films.

278 their insulating state. As seen in FIG. 5, the O K -edge pre-peak exhibits a higher intensity in
 279 the insulating state. (Although we could not identify a phase transition in CFO/STO from
 280 electrical transport due to its high resistivity, we include the results here for completeness.)
 281 Comparing the pre-peak areas above and below T^* , the increase in the pre-peak intensity is
 282 ~ 5 – 10% . For this comparison we focus only on the intensity of the pre-peak feature, which
 283 is emphasized by aligning the spectra in FIG. 5 so that this feature appears at the same
 284 energy for all samples.

285 We ascribe this increase in the O K -edge pre-peak intensity to electron transfer from the
 286 oxygen ligands to the Fe sites in the insulating state. Due to the strong Fe-O hybridization,
 287 charge is shared between Fe and O. If the hole density increases on the oxygen sites, as
 288 demonstrated by the increased pre-peak intensity, then the complementary electron density

289 transfers to the Fe sites. Although the electronic structure is a superposition of all $|d^m \underline{L}^n\rangle$
 290 configurations⁷, from the very simple view of the electronic structure transforming from
 291 $\alpha |d^4\rangle + \beta |d^5 \underline{L}^1\rangle$ in the metallic state to $\alpha |d^4\rangle + \beta \left(\frac{1}{\sqrt{2}} |d^5 \underline{L}^0\rangle + \frac{1}{\sqrt{2}} |d^5 \underline{L}^2\rangle \right)$ in the insulating
 292 state, our observation implies a scenario where β (α) increases (decreases) upon cooling into
 293 the insulating state. In other words, the charge transfer energy becomes more negative as
 294 CFO enters the insulating state.

295 A rough estimate of the maximum amount of electron transfer to Fe in the insulating state
 296 is provided by examining the limit of the metallic phase being purely $|d^5 \underline{L}^1\rangle$. In such a limit,
 297 the pre-peak represents a single ligand hole per FeO_6 octahedron, and the observed $\sim 5\text{--}10\%$
 298 increase in the pre-peak intensity would correspond to a transfer of 0.05–0.10 electrons to
 299 all Fe sites. Although one may expect changes in the Fe L -edge XAS due to this charge
 300 transfer, we note that the O K -edge pre-peak is a direct probe of the ligand hole density,
 301 whereas the Fe L -edge probes the total Fe valence and is thus less sensitive to this small
 302 change in charge density. Rather, the Fe K -edge is expected to better reflect the change in
 303 ligand hole density across the MIT because it, like the O K -edge, has an isolated pre-peak
 304 feature that is sensitive to ligand holes⁴⁸ and can be confirmed in future work.

305 V. DISCUSSION

306 The CFO MIT appears to be rather robust to epitaxial strain. Although $\sim 2\%$ strain
 307 suppresses T^* by 40 K, all films (other than CFO/STO) exhibit a phase transition in their
 308 electrical transport. Moreover, all of the strained films exhibit a similar increase in the O
 309 K -edge pre-peak intensity in the insulating state. This robustness is in marked contrast to
 310 some rare-earth nickelates. For example, minor compressive strain suppresses T^* by over 100
 311 K in NdNiO_3 (-0.3% strain) and over 200 K in SmNiO_3 (-0.9% strain)^{15,17,18}. Such behavior
 312 has been explained by examining the Ni–O hybridization: Compressive strain increases Ni–O
 313 hybridization and resultantly lowers T^* , and vice versa for tensile strain^{16,49}.

314 This simple hybridization picture apparently does not directly translate to CFO, where
 315 both compressive and tensile strain lower T^* . Although it is possible that both tensile
 316 and compressive strain act to increase hybridization, it seems unlikely given that CFO,
 317 like the nickelates, is a typical orthorhombic perovskite above T^* . Furthermore, compared
 318 to the compressively-strained CFO film (CFO/YAO, -2.0%), the tensile-strained CFO film

319 (CFO/LSAT, 2.3%) exhibits a broader MIT and an order of magnitude higher room tem-
320 perature resistivity, which suggests that tensile and compressive strain are indeed acting
321 differently. Similarly, the relative insensitivity of T^* to epitaxial strain is another surprising
322 departure from the nickelates. We surmise that the simple picture of strain-induced modifi-
323 cation of Fe–O hybridization is further complicated by the significantly more negative charge
324 transfer energy of the ferrates compared to the nickelates. These results, though, highlight
325 the challenge in determining the important interactions that control the electronic structure
326 in these strongly hybridized systems and motivate future efforts to uncover them.

327 VI. CONCLUSION

328 We have combined hard and soft X-ray synchrotron radiation to probe the metal-insulator
329 transition of CaFeO_3 as a function of epitaxial strain. The results strongly support the
330 bond-disproportionation model of $2d^5\bar{L}^1 \rightarrow d^5\bar{L}^0 + d^5\bar{L}^2$. The opening of a band gap at the
331 Fermi level is observed for the insulating state and supported by density functional theory
332 calculations. By probing the oxygen ligand hole density via X-ray absorption spectroscopy,
333 the insulating state is shown to support a $\sim 5\text{-}10\%$ higher density of ligand holes, which
334 we attribute to a small amount of electron transfer to the Fe sites estimated to be no
335 more than ~ 0.10 electrons per Fe. Although epitaxial strain lowers the metal-insulator
336 transition temperature, it is significantly less sensitive to strain compared to the negative
337 charge transfer rare-earth nickelates. These results provide further insight into the role of
338 ligand holes in the metal-insulator transition of negative charge transfer materials and are
339 important for guiding future efforts to produce ferrate heterostructures.

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