



This is the accepted manuscript made available via CHORUS. The article has been published as:

# Determining math

xmlns="http://www.w3.org/1998/Math/MathML" display="inline">mrow>msub>mrow>mi>g/mi>/mrow>m row>mi>A/mi>/mrow>/msub>mo stretchy="false">//mo>msub>mrow>mi>g/mi>/mrow>mrow>mi>V/mi>/mrow>/msub>/mrow>/math> with High-Resolution Spectral Measurements Using a math

xmlns="http://www.w3.org/1998/Math/MathML" display="inline">mrow>msub>mrow>mi>LilnSe/mi>/mro w>mrow>mn>2/mn>/mrow>/msub>/mrow>/math> Bolometer

A. F. Leder, D. Mayer, J. L. Ouellet, F. A. Danevich, L. Dumoulin, A. Giuliani, J. Kostensalo, J. Kotila, P. de Marcillac, C. Nones, V. Novati, E. Olivieri, D. Poda, J. Suhonen, V. I. Tretyak, L. Winslow, and A. Zolotarova

Phys. Rev. Lett. **129**, 232502 — Published 2 December 2022

DOI: 10.1103/PhysRevLett.129.232502

## Determining $g_A/g_V$ with High Resolution Spectral Measurements Using an LiInSe<sub>2</sub> Bolometer

A.F. Leder, 1,2,\* D. Mayer, 1,† J. L. Ouellet, 1 F. A. Danevich, 3 L. Dumoulin, 4
A. Giuliani, 4 J. Kostensalo, 5 J. Kotila, 6,7,8 P. de Marcillac, 4 C. Nones, 9 V. Novati, 4
E. Olivieri, 4 D. Poda, 4 J. Suhonen, 6 V.I. Tretyak, 3 L. Winslow, 1,‡ and A. Zolotarova 9

1 Massachusetts Institute of Technology, 77 Massachusetts Ave. Cambridge, MA 02139, USA
2 Department of Nuclear Engineering, University of California - Berkeley, 2521 Hearst Ave, Berkeley, CA 94709, USA
3 Institute for Nuclear Research of NASU, Kyiv 03028, Ukraine
4 Université Paris-Saclay, CNRS/IN2P3, IJCLab, 91405 Orsay, France
5 Natural Resources Institute Finland, Yliopistokatu 6B, FI-80100 Joensuu, Finland
6 Department of Physics, University of Jyväskylä, P.O. Box 35, FI-40014 Jyväskylä, Finland
7 Finnish Institute for Educational Research, University of Jyväskylä, P.O. Box 35, FI-40014 Jyväskylä, Finland
8 Center for Theoretical Physics, Sloane Physics Laboratory Yale University, New Haven, Connecticut 06520-8120, USA
9 Commissariat á l'Énergie Atomique (CEA)- Saclay, 91191 Gif-sur-Yvette, France
(Dated: October 6, 2022)

Neutrinoless Double-Beta decay  $(0\nu\beta\beta)$  processes sample a wide range of intermediate forbidden nuclear transitions, which may be impacted by quenching of the axial vector coupling constant  $(g_A/g_V)$ , the uncertainty of which plays a pivotal role in determining the sensitivity reach of  $0\nu\beta\beta$  experiments. In this Letter, we present measurements performed on a high-resolution LiInSe<sub>2</sub> bolometer in a "source=detector" configuration to measure the spectral shape of the 4-fold forbidden  $\beta$ -decay of <sup>115</sup>In. The value of  $g_A/g_V$  is determined by comparing the spectral shape of theoretical predictions to the experimental  $\beta$  spectrum taking into account various simulated background components as well as a variety of detector effects. We find evidence of quenching of  $g_A/g_V$  at  $> 5\sigma$  with a model-dependent quenching factor of  $0.655 \pm 0.002$  as compared to the free-nucleon value for the Interacting Shell Model. We also measured the <sup>115</sup>In half-life to be  $[5.18 \pm 0.06(\text{stat.})^{+0.005}_{-0.015}(\text{sys.})] \times 10^{14}$  yr within the Interacting Shell Model framework. This work demonstrates the power of the bolometeric technique to perform precision nuclear physics single- $\beta$  decay measurements, which along with improved nuclear modelling can help reduce the uncertainties in the calculation of several decay nuclear matrix elements including those used in  $0\nu\beta\beta$  sensitivity calculations.

#### INTRODUCTION

From the first observation of single  $\beta$ -decay [1] through C.S. Wu's ground-breaking work to determine the vector and axial vector form of the weak interaction [2], the study of  $\beta$ -decay has been used to elucidate the hidden world of nuclear and particle physics. Modern efforts continue this legacy, using nuclear  $\beta$ -decay to investigate the properties of neutrino mass including its absolute scale through endpoint measurements [3–5], and possible Majorana origin through searches for Neutrinoless Double-Beta decay  $(0\nu\beta\beta)$  [6–14].

In recent years, cryogenic bolometers have established themselves as a powerful technology in rare event searches for  $0\nu\beta\beta$  [7, 9–14], direct Dark Matter detection [15–17], and more [18–22]. Bolometers benefit from excellent energy resolution, high electron containment efficiencies, low energy trigger thresholds, and strong particle-ID capabilities when equipped with a dual heat/light or heat/ionization readout [13, 21, 23]. Additionally, the wide variety of crystalline materials that can be practically grown allows for the study of a wide variety of rare-event processes.

Theoretical calculations of the nuclear physics contributions to the  $0\nu\beta\beta$  half-life have often assumed [24] an

axial-to-vector coupling ratio equal to that of the free neutron,  $g_A/g_V=1.276$  [25, 26], though quenched values are used to obtain agreement with observed single- $\beta$  transition rates [27–30]. The exact impact on  $0\nu\beta\beta$  will depend on the underlying physics of axial quenching [31]; for example, [32] provided evidence that the inclusion of two-nucleon currents and additional correlations within light nuclei ( $A \leq 14$ ) may explain certain superallowed heavy nuclei  $\beta$ -decay transitions. Axial quenching creates a significant potential systematic uncertainty in the interpretation of any  $0\nu\beta\beta$  search when converting isotope-specific half-lives back to the underlying physics of interest [33], in addition to the existing uncertainties for calculated Nuclear Matrix Elements (NMEs) for  $0\nu\beta\beta$  isotopes [34].

As discussed in [35], the shape of highly-forbidden  $\beta$ -decay spectra can be very sensitive to  $g_A/g_V$ , and decays of nuclei with  $A \sim 100$  could shed light on  $g_A/g_V$  quenching in a similar nuclear environment as that found in  $0\nu\beta\beta$  decays. This analysis technique could also have applications in explaining reactor flux anomalies through examination of 1st-order forbidden  $\beta$ -decay transitions [36]. This technique was first used to measure the decay spectrum of <sup>113</sup>Cd in [37], later experimental data from a CdWO<sub>4</sub> scintillation detector [38] were com-

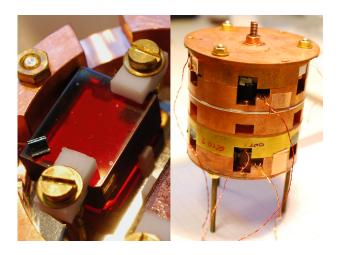


FIG. 1. (Left) LiInSe<sub>2</sub> bolometer with an NTD thermistor attached to the crystal. (Right) The combined detector setup in a tower configuration with two pairs of bolometers stacked in two stages. The light detector is placed above each "stage" of the tower for maximum photon absorption

pared to theoretical spectra in order to extract a value for  $g_A$  in the range of 0.90–0.93. More recently, COBRA has applied this method to analyize data of CdZnTe detectors in order to obtain a range for  $g_A$  between 0.92 and 0.96 depending on the theoretical models used [39]. Bolometers have also shown great promise to examine other highly forbidden long-lived  $\beta$  decays isotopes including <sup>50</sup>V [40]. In this Letter, we make a precision  $\beta$ -decay spectral shape measurement of the 4-fold forbidden  $\beta$ -decay of <sup>115</sup>In  $\rightarrow$  <sup>115</sup>Sn ( $Q_{\beta} = 497.489 \,\text{keV}$  [41] and  $T_{\frac{1}{2}}^{^{115}\text{In}} = (4.41 \pm 0.25) \times 10^{14} \text{ years [42]})$  using a highresolution bolometer. This decay occurs in a mass range relevant to  $0\nu\beta\beta$  isotopes and provides a benchmark to test whether many-body nuclear calculations are capable of simultaneously explaining the  $\beta$ -decay spectral shape and rate. Recently, interest has been growing to measure this particular <sup>115</sup>In decay mode by examining an In<sub>2</sub>O<sub>3</sub> bolometer in order to provide a measurement of  $g_A/g_V$  [43].

#### **METHODS**

The LiInSe<sub>2</sub> crystal was grown by RMD Inc. [44] using the vertical Bridgman process [45, 46] and contains a natural abundance of  $^{115}$ In of 95.72% [47]. The crystal was enriched in  $^{6}$ Li to 95% for potential use as a neutron detector [48, 49], which does not affect the  $\beta$ -decay analysis presented here. The LiInSe<sub>2</sub> crystal was instrumented with a Neutron Transmutation Doped (NTD) thermistor [50], and installed inside a cryostat at IJCLab (ex. CSNSM) in Orsay, France [51], see Fig. 1. The LiInSe<sub>2</sub> scintillation signal was monitored by a separate Neganov-Trofimov-Luke Ge Light Detector (LD) [52], which al-

TABLE I. Experimental parameters of the LiInSe<sub>2</sub> crystal during the October-November 2017 data runs.

Detector Parameter	LiInSe <sub>2</sub> Crystal		
Crystal Dimensions	$1.3 \times 1.6 \times 0.7 \text{ cm}$		
Total Crystal Mass	10.3 grams		
Effective <sup>115</sup> In Mass	4.1 grams		
Noise Level	$1.1 \text{ keV } (1\sigma)$		
Avg. Energy Resolution	$2.4 \text{ keV } (1\sigma)$		
100 % Trigger Threshold	20.0  keV		
Analysis Threshold	160  keV		
Containment Eff.	96.6% @ 497  keV		
Data Selection Cut Eff.	47.6(2)% (160 - 500  keV)		
Livetime Fraction	52.54(8)%		
Total Exposure	39.7  g-days		
100 % Trigger Threshold Analysis Threshold Containment Eff. Data Selection Cut Eff. Livetime Fraction	20.0 keV 160 keV 96.6% @ 497 keV 47.6(2)% (160 – 500 keV) 52.54(8)%		

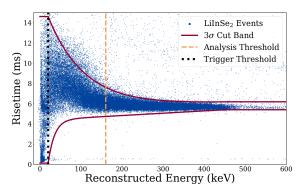


FIG. 2. LiInSe<sub>2</sub> detector events with  $3\sigma$  cut bands, analysis and trigger thresholds superimposed. The corresponding rise time cut band was calculated by interpolating between the  $3\sigma$  gaussian bin profile in  $10\,\mathrm{keV}$  energy bins running between 20-450 keV. Outside of this energy range, the cut values were kept constant due to large uncertainties in the profile fit as a result of non-Gaussian parameter distributions/low statistics at the low/high energy ranges respectively.

lowed us to perform particle identification and pile-up rejection. For a full listing of experimental parameters see Table I.

The data was processed using the APOLLO/DIANA software developed by the CUORE [53]/CUPID-0 [54]/CUORICINO [55] collaborations. Events are triggered with the Optimum Trigger (OT) [56] and processed following a procedure similar to [10, 53]. The trigger threshold was determined by injecting a series of low energy pulses through the attached Joule heater [57], achieving  $\sim 100\%$  trigger efficiency above 20 keV. The LiInSe2 detector is calibrated with a set of dedicated runs with a  $^{133}{\rm Ba}$  source using the four most prominent  $\gamma$  peaks in the energy range 250–400 keV.

The internal  $^{115}$ In decay results in an expected event rate of  $\approx 1.2$  Hz in the LiInSe<sub>2</sub> detector. The recovery time after an event is  $\sim 200\,\mathrm{ms}$ , and the event window around each event includes  $100\,\mathrm{ms}$  before the trigger and  $500\,\mathrm{ms}$  after. This leads to a significant paralyzable dead-

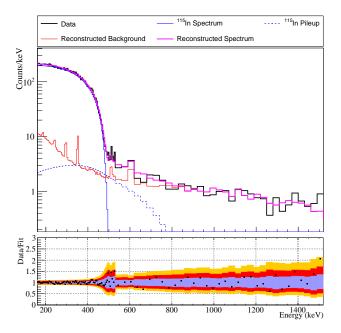


FIG. 3. (Top) Spectral fit to the collected LiInSe<sub>2</sub> spectrum over the region 160–1520 keV. Component normalizations and the  $^{115}$ In spectral shape correspond to the best-fit values for the Interacting Shell Model (ISM) exhibiting a  $\chi^2 \approx 160$  with 101 degrees of freedom. Fits to the Microscopic Quasi-particle-Phonon Model (MQPM) and Interacting Boson Model (IBM) result in similar reconstructions. (Bottom) Data/Fit ratios for the reconstruction, along with  $1\sigma$  (purple),  $2\sigma$  (red) and  $3\sigma$  (yellow) fit credibility regions. The spectrum is binned by 5 keV between 5–530 keV and by 30 keV above 530 keV in order to maintain reasonable statistics per bin above the  $^{115}$ In endpoint.

time and means that internal pile-up events are expected to be a significant background.

In order to filter out poorly reconstructed events from  $^{115}$ In  $\beta^-$  events, a series of loose pulse shape cuts were employed. To further improve data quality, a pulse rise time cut (see Fig. 2) was defined by a  $3\sigma$  band determined by fitting the rise time profiles across each energy bin. The LD also allows us to tag  $\alpha$ -events through light-yield cuts. We also employ a coincidence cut, taking advantage of the faster response time of the LD, that enforces a single-event criterion to help with filtering out pile-up events. We require that an event is only included in our spectrum if it triggers both the LiInSe2 and the LD within 20 ms and no other events are recorded on the LiInSe<sub>2</sub> detector within a broader 600 ms window. Over the region of 160–500 keV, we find a cut efficiency of  $(47.6 \pm 0.2)\%$ , dominated by the LD single-event criterion. The 160 keV threshold was selected as the lowest energy where multiple event pile up was well handled by the autoconvolution background component. The resulting events that pass all the above cuts are then compiled into the input LiInSe<sub>2</sub> spectrum as shown in Fig. 3.

To extract  $g_A/g_V$  from the measured LiInSe<sub>2</sub> spectrum, we follow a procedure similar to [58-61] and decompose the spectrum into various components: a modeldependent signal component from the  $\beta$ -decay of <sup>115</sup>In dependent on  $g_A/g_V$ , an untagged pile-up component, and other radioactive background contributions. The fit is implemented using the Bayesian Analysis Toolkit package [62], which implements a Markov Chain Monte-Carlo (MCMC) to sample the full joint posterior. We perform this decomposition on the spectrum in Fig. 3, which has a binning of 5/30 keV below/above 530 keV respectively up until the analysis cut-off at 1520 keV. This binning scheme allows for the fitting of most spectral features while still maintaining the highest possible statistics per bin in the region beyond 530 keV. We also implement an analysis threshold of 160 keV to avoid low-energy pileup events which are difficult to separate in time and can distort the spectrum.

To implement the MCMC, we define our binned likelihood as:

$$\mathcal{L} = \prod_{i} \operatorname{Pois}\left(k_{i}; \sum_{j} a_{j} \lambda_{ij}\right), \tag{1}$$

enumerating bins by i and fitted components by j. Here,  $k_i$  is the number of observed counts within a given bin,  $\lambda_{ij}$  is the normalized density of the  $j^{\text{th}}$  component within the  $i^{\text{th}}$  bin, and  $a_j$  are the fitted normalizations for the different components. The densities  $\lambda$  corresponding to  $^{115}$ In are  $g_A/g_V$ -dependent.

Numerical calculations for the structure of <sup>115</sup>In are performed using ISM [63–65], IBM [66] and MQPM [67] models. We generate a library of 200 discrete  $\beta$ -decay spectra for  $g_A/g_V$  uniformly spaced across the range  $0.6 < g_A/g_V < 1.3$  and then perform an interpolation for the spectral shape for  $g_A/g_V$  values not in our library. Each <sup>115</sup>In spectrum is then convolved with an energy-dependent detector response function to account for energy losses as well as shifts in the spectral shape from  $\beta$ -particles that escape the absorber. Through a Geant4 simulation [68] of the LiInSe<sub>2</sub> crystal and its neighboring copper plate we determined that 96.6% of be fully contained within the detector at  $Q_{115In}$  value (497 keV), which represents the minimum containment efficiency over the <sup>115</sup>In spectrum. Background contamination spectra are obtained via Geant4, simulating various possible radiogenic decay chains on neighboring detector/cryostat components to our detector. In total, we simulated the resulting  $\gamma/\beta$  spectra stemming from <sup>238</sup>U/<sup>232</sup>Th decay chains in nearby cryostat components/environmental contamination, <sup>60</sup>Co, and <sup>40</sup>K decays present uniformly throughout the LiInSe<sub>2</sub> detector. In addition, we simulated a separate background contribution coming solely from possible surface contaminations of the LiInSe<sub>2</sub> crystal. All these simulated spectra were also convolved with the LiInSe<sub>2</sub> detector's measured energy resolution before its use as a potential component of the MCMC fit. We also generated a irreducible pile-up background component (the autoconvolution of the  $^{115}$ In  $\beta$ -spectrum) to account for the inability to separate events which occur too closely in time and could then be mis-reconstructed as a single higher energy event.

The final MCMC fit only included the four mostdominant background components: 1/2) <sup>238</sup>U decay chains and <sup>60</sup>Co decays from internal crystal contamination, 3) <sup>232</sup>Th decay chain events on the copper plate underneath the LiInSe<sub>2</sub> crystal, and 4) <sup>232</sup>Th decay chain events (mostly  $\gamma$ s) from external sources.  $\alpha$  backgrounds can be safely ignored, thanks to the strong pulse shape and coincidence cuts applied to the collected data, resulting in predominantly bulk  $\gamma$  backgrounds. All other simulated background components were found to have only a negligible effect on the final fit parameters. This results in a satisfactory description of background features in the collected spectrum without introducing degeneracies in the fit from additional components which may not be differentiated with available data. We perform a separate fit for each nuclear model tested, and apply uniform priors to the normalizations of each fitted component within the regions of  $g_A/g_V$  discussed below.

#### **DISCUSSION**

For all three nuclear models examined, the likelihood function within the fit is bi-modal with respect to  $g_A/g_V$ , exhibiting a local minimum both at  $g_A/g_V$  below 0.95 and again above 1.05. Fits arising from the  $g_A/g_V > 1.05$  minimum result in a poor match to the observed spectral shape, with decreases in log-likelihood as compared to the  $g_A/g_V < 0.95$  minimum of at least 65 (IBM), 90 (MQPM) and 118 (ISM). Despite this, the high- $g_A/g_V$  fit minima are still sufficiently favored that without a restricted prior, the MCMC chain would still eventally achieve convergence. In order to ensure a good convergence of the MCMC chain about the global minimum while avoiding numerical instabilities, we restrict ourselves to a uniform prior on  $g_A/g_V \in [0.6, 1.0]$ .

We extract the best-fit values from the maximum a posteriori point, along with Bayesian Credibility Regions (BCRs) for parameters pertaining to the  $T_{\frac{1}{2}}^{115}$  and  $g_A/g_V$  value. We marginalize over all background component normalizations as nuisance parameters; all three fits result in compatible contributions from each of the included background components. The best-fit values for  $g_A/g_V$  along with the central  $1\sigma$  BCRs arising from the fits are summarized in Table II. Unsurprisingly, the various nuclear calculations prefer different values of  $g_A/g_V$ , however all models strongly reject the free-nucleon value of  $g_A/g_V = 1.276$  at  $> 5\sigma$  as determined by the  $\Delta \log \mathcal{L}$  between the best-fit values and the free-nucleon value,

assuming Wilk's theorem [69].

TABLE II. <sup>115</sup>In fit results for the ISM, IBM and MQPM nuclear models. For the fitted  $g_A/g_V$  and  $T_{1/2}$  values, we quote the best fit value with uncertainty given by the width of the central 68% Bayesian credibility interval, along with the reduced- $\chi^2$  value for the best-fit reconstruction. Additional  $T_{1/2}$  values for <sup>115</sup>In taken from literature are provided for reference.

Model	$g_A/g_V$	$T_{\frac{1}{2}}^{^{115}\text{In}} (10^{14} \text{yr})$	Reduced $\chi^2$
ISM	$0.830 \pm 0.002$	$5.177 \pm 0.060$	1.58
IBM	$0.845 \pm 0.006$	$5.031 \pm 0.065$	1.50
MQPM	$0.936 \pm 0.003$	$5.222 \pm 0.061$	1.60
Pfeiffer et al. [42]		$4.41 \pm 0.25$	
Watt and Glover [70]		$5.1 \pm 0.4$	
Beard and Kelly [71]		$6.9 \pm 1.5$	

From our fit results, we can also extract the value of  $T_{\frac{1}{2}}^{^{115}\mathrm{In}}=[5.18\pm0.06(\mathrm{stat.})_{-0.015}^{+0.005}(\mathrm{sys.})]\times10^{14}$  years. Here we quote the best-fit value arising from the ISM model fit, with statistical uncertainty determined by the width of the  $1\sigma$  central BCR with negligible contributions from uncertainties in the cut and live-time efficiencies. We choose to quote the spread in half-life with respect to the IBM and MQPM best-fit values (shown in Table II) as a systematic uncertainty. This is slower by  $3\sigma$  with respect to [42], but falls within  $2\sigma$  of the older, less precise measurements [70, 71]. Figure 4b) displays the joint 2-dimensional Bayesian credibility regions for  $g_A/g_V$  and  $T_{1/2}$  for each fitted nuclear model, along with the best-fit points.

We are then able to simultaneously calculate the  $T_{\frac{1}{2}}$  as a function of  $g_A/g_V$  values [72] as shown by the dash-doted lines in Figure 4. Our best fit values for  $T_{\frac{1}{2}}$  overestimates the  $T_{\frac{1}{2}}$  by factors of 1.2 (IBM), 2.2 (MQPM), and 2.0 (ISM) compared to [42], and simultaneously do not fall upon their respective theory curves. This suggests that our quenching-dependent calculations are not yet able to simultaneously match the spectral shape and decay rate in <sup>115</sup>In. It is worth noting that the half-life in [42] is similarly incapable of simultaneously matching the spectral shape and decay rate.

Previous work with  $^{113}$ Cd data has shown that this type of tension between independent measurements of half-life and quenched  $g_A/g_V$  values can be relaxed via the introduction of a small relativistic nuclear matrix element correction that affects the spectral shape due to the enforcement of the conserved vector current assumption [73]. Due to the closeness of our results with the measurements presented in [70, 71], we do not present any conclusion regarding the accuracy of any single nuclear model presented here. This letter seeks to showcase the ability of this technique to simultaneously provide two independent experimental cross checks to any nuclear calculation framework used to model highly for-

bidden nuclear  $\beta$ -decays.

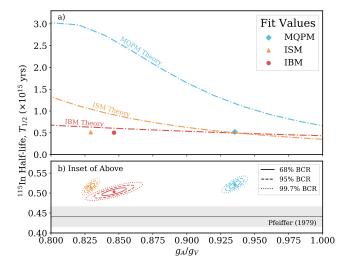


FIG. 4. Top: Half-lives versus  $g_A/g_V$  theory curves (dashdot lines), assuming a conserved vector current [74], for <sup>115</sup>In as well as the best fit half-lives and  $g_A/g_V$  values (markers) resulting from the spectral-shape fits for the IBM (red), ISM (yellow), and MQPM (cyan) models considered in this Letter. Bottom: Zoomed in inset of top including previous half-life measurement from [42] in gray with  $1\sigma$  uncertainty (other measurements omitted for clarity). Contours about the best fit values represent the joint two-dimensional Bayesian credibility regions produced from the fit posteriors and only include statistical uncertainties.

### CONCLUSION

From these data, it is clear that the value of  $g_A/g_V$ that governs the <sup>115</sup>In highly forbidden decay is quenched by approximately 0.65–0.75 compared to the decay of the free neutron. Interestingly, for each of the nuclear models examined there is strong disagreement between the measured  $T_{\frac{1}{2}}^{^{115}\mathrm{In}}$  from [42] and the predicted half-life value for the favored value of  $g_A/g_V$  calculated from spectral shape analysis. This tension could point to possible issues with regards to the many-body approaches and Hamiltonians used in the various calculation frameworks. At the same time, our better agreement with the older measurements of [70, 71] may point to additional systematic effects that could be addressed in subsequent spectral shape/half-life calculations. This measurement showcases the utility of cryogenic bolometers for precision studies to test various spectral shapes calculated using different nuclear modeling frameworks for rare/forbidden nuclear processes. Further developments in fast cryogenic detectors, such as the use of TESs for heat and/or light readout, would provide better separation of low-energy pile-up events and could offer even better energy resolution than the data presented here [23, 75]. Further refinements in the

theory calculations of the NMEs [76, 77], coupled with studies of  $^{115}$ In and other candidate isotopes [73] (for an expanded list see [78]) could further increase the sensitivity to  $g_A/g_V$  across multiple nuclear environments. Coupled with improved nuclear modeling, this and future  $g_A/g_V$  measurements have the potential to reduce the systematic uncertainty on the NMEs for decay calculations, including those used by  $0\nu\beta\beta$  experiments to determine their current and projected sensitivity limits.

The dilution refrigerator used for the tests and installed at IJCLab (Orsay, France) was donated by the Dipartimento di Scienza e Alta Tecnologia of the Insubria University (Como, Italy). This work makes use of the Diana data analysis and Apollo data acquisition software which has been developed by the CUORICINO, CUORE, LUCIFER, CUPID-Mo and CUPID-0 collaborations. A.F.L. acknowledges the support of the California Alliance Fellowship. L.W. would like to acknowlege funding from grant number: DE-SC0011091. J.K. would like to acknowledge funding from Academy of Finland Grant Nos. 314733 and 345869. This work has also been partially supported by the Academy of Finland under the Academy Project No. 318043. F.A.D. and V.I.T. were supported in part by the National Research Foundation of Ukraine Grant No. 2020.02/0011 and would like to acknowledge the heroic efforts of the Armed Forces of Ukraine.

- \* aleder@berkeley.edu
- † dmayer@mit.edu
- ‡ lwinslow@mit.edu
- [1] J Chadwick, "Intensitatsverteilung im magnetischen spektrum der beta-strahlen von radium B+C," Verhandlungen der deutschen Physikalischen Gesellschaft **16**, 383 (1914).
- [2] C. S. Wu, E. Ambler, R. W. Hayward, D. D. Hoppes, and R. P. Hudson, "Experimental test of parity conservation in beta decay," Phys. Rev. 105, 1413–1415 (1957).
- [3] M. Aker, K. Altenmuller, M. Arenz, M. Babutzka, J. Barret, S. Bauer, et al., "Improved Upper Limit on the Neutrino Mass from a Direct Kinematic Method by KATRIN," Phys. Rev. Lett. 123, 221802 (2019).
- [4] M. Aker, K. Altenmuller, A. Beglarian, J. Behrens, A. Berlev, U. Besserer, et al., "Analysis methods for the first KATRIN neutrino-mass measurement," Phys. Rev. D 104, 012005 (2021).
- [5] M. Aker, A. Beglarian, J. Behrens, A. Berlev, U. Besserer, B. Bieringer, et al., "Direct neutrino-mass measurement with sub-electronvolt sensitivity," Nature Physics 18, 160–166 (2022).
- [6] A. Gando, Y. Gando, T. Hachiya, A. Hayashi, S. Hayashida, H. Ikeda, et al., "Search for Majorana Neutrinos Near the Inverted Mass Hierarchy Region with KamLAND-Zen," Phys. Rev. Lett. 117, 082503 (2016).
- [7] S.I. Alvis, I.J. Arnquist, F.T. Avignone III, A.S. Barabash, C. J. Barton, V. Basu, *et al.*, "Search for neutrinoless double- $\beta$  decay in <sup>76</sup>Ge with 26 kg yr of exposure

- from the Majorana Demonstrator Search for Neutrinoless Double- $\beta$  Decay," Phys. Rev. C **100**, 025501 (2019).
- [8] G. Anton, I. Badhrees, P. S. Barbeau, D. Beck, V. Belov, T. Bhatta, et al., "Search for Neutrinoless Double-β Decay with the Complete EXO-200 Dataset," Phys. Rev. Lett. 123, 161802 (2019).
- [9] M. Agostini, G.R. Araujo, A. M. Bakalyarov, M. Balata, I. Barabanov, L. Baudis, et al., "Final Results of GERDA on the Search for Neutrinoless Double-β Decay," Phys. Rev. Lett. 125, 252502 (2020).
- [10] D. Q. Adams, C. Alduino, K. Alfonso, F.T. Avignone III, O. Azzolini, G. Bari, et al., "Improved Limit on Neutrinoless Double-Beta Decay in <sup>130</sup>Te with CUORE," Phys. Rev. Lett. 124, 122501 (2020).
- [11] D. Q. Adams, C. Alduino, K. Alfonso, F.T. Avignone III, O. Azzolini, G. Bari, et al., "Search for Majorana neutrinos exploiting millikelvin cryogenics with CUORE," Nature 604, 53–58 (2022).
- [12] E. Armengaud, C. Augier, A. S. Barabash, F. Bellini, G. Benato, A. Benoit, et al., "New Limit for Neutrinoless Double-Beta Decay of <sup>100</sup>Mo from the CUPID-Mo Experiment," Phys. Rev. Lett. 126, 181802 (2021).
- [13] O. Azzolini, J.W. Beeman, F. Bellini, M. Beretta, M. Biassoni, C. Brofferio, et al., "Final Result of CUPID-0 Phase-I in the Search for the <sup>82</sup>Se Neutrinoless Double-β Decay," Phys. Rev. Lett. 123, 032501 (2019).
- [14] V. Alenkov, H. W. Bae, J. Beyer, R.S. Boiko, K. Boonin, O. Buzanov, et al., "First results from the AMoRE-Pilot neutrinoless double beta decay experiment," Eur. Phys. J. C 79, 791 (2019).
- [15] A. H. Abdelhameed, G. Angloher, P. Bauer, A. Bento, E. Bertoldo, C. Bucci, et al., "First results from the CRESST-III low-mass dark matter program," Phys. Rev. D 100, 102002 (2019).
- [16] I. Alkhatib, D.W.P Amaral, T. Aralis, T. Aramaki, I.J. Arnquist, I. Ataee Langroudy, et al., "Light Dark Matter Search with a High-Resolution Athermal Phonon Detector Operated above Ground," Phys. Rev. Lett. 127, 061801 (2021).
- [17] R. Agnese, T. Aralis, T. Aramaki, I.J. Arnquist, E. Azad-bakht, W. Baker, et al., "Search for low-mass dark matter with CDMSlite using a profile likelihood fit," Phys. Rev. D 99, 062001 (2019).
- [18] C. Augier, G. Beaulieu, V. Belov, L. Berge, J. Billard, G. Bres, et al., "Ricochet Progress and Status," (2021), arXiv:2111.06745.
- [19] I. Alkhatib, D.W.P Amaral, T. Aralis, T. Aramaki, I.J. Arnquist, I. Ataee Langroudy, et al., "Constraints on Lightly Ionizing Particles from CDMSlite," Phys. Rev. Lett. 127, 081802 (2021).
- [20] M. Pyle, E. Figueroa-Feliciano, and B. Sadoulet, "Optimized Designs for Very Low Temperature Massive Calorimeters," (2015), arXiv:1503.01200 [astro-ph.IM].
- [21] Denys Poda, "Scintillation in Low-Temperature Particle Detectors," Physics 3, 473–535 (2021).
- [22] P. De Marcillac, N. Coron, G. Dambier, J. Leblanc, and J. Moalic, "Experimental detection of  $\alpha$ -particles from the radioactive decay of natural bismuth," Nature **422**, 876–878 (2003).
- [23] R. Huang, E. Armengaud, C. Augier, A.S. Barabash, F. Bellini, G. Benato, et al., "Pulse shape discrimination in CUPID-Mo using principal component analysis," Journal of Instrumentation 16, P03032 (2021).

- [24] J. Barea, J. Kotila, and F. Iachello, "Nuclear matrix elements for double beta decay," Phys. Rev. C 87, 014315 (2013).
- [25] D. Mund, B. Markisch, M. Deissenroth, J. Krempel, M. Schumann., H. Abele, et al., "Determination of the weak axial vector coupling  $\lambda = \frac{g_A}{g_V}$  from a measurement of the  $\beta$ -asymmetry parameter A in neutron beta decay," Phys. Rev. Lett. 110, 172502 (2013).
- [26] B. Markisch, H. Mest, H. Saul, X. Wang, H. Abele, D. Dubbers, et al., "Measurement of the Weak Axial-Vector Coupling Constant in the Decay of Free Neutrons Using a Pulsed Cold Neutron Beam," Phys. Rev. Lett. 122, 242501 (2019).
- [27] V. Kumar, P. C. Srivastava, and H. Li, "Nuclear  $\beta$ -decay half-lives for fp and fpg shell nuclei," J. Phys. G 43, 105104 (2016).
- [28] W. T. Chou, E. K. Warburton, and B. A. Brown, "Gamow-Teller beta-decay rates for A<18 nuclei," Phys. Rev. C 47, 163–177 (1993).
- [29] B. Brown, "Status of the Nuclear Shell Model," Annu. Rev. Nucl. Part. Sci. 38, 29-66 (1988).
- [30] G. Martínez-Pinedo, A. Poves, E. Caurier, and A. P. Zuker, "Effective  $g_A$  in the pf shell," Phys. Rev. C 53, R2602—R2605 (1996).
- [31] J. Suhonen, "Value of the axial-vector coupling strength in  $\beta$  and  $\beta\beta$  decays: A review," Frontiers in Physics 5, 55 (2017).
- [32] P. Gysbers, G. Hagen, J.D. Holt, G.R. Jansen, T.D. Morris, P. Navratil, et al., "Discrepancy between experimental and theoretical β-decay rates resolved from first principles," Nature Phys. 15, 428–431 (2019).
- [33] M.J. Dolinski, A.W. Poon, and W. Rodejohann, "Neutrinoless Double-Beta Decay: Status and Prospects," Annu. Rev. Nucl. Part. Sci. 69, 219–251 (2019).
- [34] J. Engel and J. Menéndez, "Status and future of nuclear matrix elements for neutrinoless double-beta decay: A review," Rep. Prog. Phys. 80, 046301 (2017).
- [35] M. Haaranen, P. C. Srivastava, and J. Suhonen, "Forbidden nonunique beta decays and effective values of weak coupling constants," Phys. Rev. C 93, 034308 (2016).
- [36] L. Hayen, J. Kostensalo, N. Severijns, and J. Suhonen, "First-forbidden transitions in the reactor anomaly," Phys. Rev. C 100, 054323 (2019).
- [37] A. Alessandrello, C. Brofferio, D.V. Camin, O. Cremonesi, F.A. Danevich, P. de Marcillac, et al., "Bolometric measurement of the beta spectrum of <sup>113</sup>Cd," Nucl. Phys. B (Proc. Suppl.) 35, 394–396 (1994).
- [38] P. Belli, R. Bernabei, N. Bukilic, F. Cappella, R. Cerulli, C.J. Dai, et al., "Investigation of  $\beta$  decay of <sup>113</sup>Cd," Phys. Rev. C **76**, 064603 (2007).
- [39] L. Bodenstein-Dresler, Y. Chu, D. Gehre, C. Gossling, A. Heimbold, C. Herrmann, et al., "Quenching of g<sub>A</sub> deduced from the β-spectrum shape of <sup>113</sup>Cd measured with the COBRA experiment," Phys. Lett. B 800, 135092 (2020).
- [40] L. Pattavina, M. Laubenstein, S. S. Nagorny, S. Nisi, L. Pagnanini, S. Pirro, et al., "An innovative technique for the investigation of the 4-fold forbidden beta-decay of <sup>50</sup>V," European Physical Journal A 54, 2–7 (2018).
- [41] M. Wang, W.J. Huang, F.G. Kondev, G. Audi, and S. Naimi, "The AME 2020 atomic mass evaluation (II). Tables, graphs and references," Chinese Phys. C 45, 030003 (2021).

- [42] L. Pfeiffer, A.P. Mills, E.A. Chandross, and T. Kovacs, "Beta spectrum of <sup>115</sup>In," Phys. Rev. C 19, 1035–1041 (1979).
- [43] E. Celi, Z. Galazka, M. Laubenstein, S. Nagorny, L. Pagnanini, S. Pirro, et al., "Development of a cryogenic In<sub>2</sub>O<sub>3</sub> calorimeter to measure the spectral shape of <sup>115</sup>In β-decay," Nucl. Instrum. Methods Phys. Res. A 1033, 166682 (2022).
- [44] 44 Hunt Street, Watertown, MA 02472, email: info@rmdinc.com, website: rmdinc.com.
- [45] L. Isaenko, I. Vasilyeva, A. Merkulov, A. Yelisseyev, and S. Lobanov, "Growth of new nonlinear crystals LiMX<sub>2</sub>(M=Al, In, Ga; X=S, Se, Te) for the mid-IR optics," J. Cryst. Growth 275, 217–223 (2005).
- [46] J. Tower, L. Winslow, A. Churilov, Y. Ogorodnik, H. Hong, J. Glodo, et al., "New scintillating bolometer crystals for rare particle detection," Nucl. Instrum. Methods Phys. Res. A 954, 162300 (2020).
- [47] J. Meija, T. Coplen, M. Berglund, W. Brand, P. De Bievre, M. Groning, et al., "Isotopic compositions of the elements 2013 (IUPAC Technical Report)," Pure and Applied Chemistry 88, 293–306 (2016).
- [48] Z. W. Bell, A. Burger, L. Matei, M. Groza, A. Stowe, J. Tower, et al., "Neutron detection with LiInSe<sub>2</sub>," in Hard X-Ray, Gamma-Ray, and Neutron Detector Physics XVII, Vol. 9593 (SPIE, 2015) pp. 20–32.
- [49] E. Tupitsyn, P. Bhattacharya, and E. Rowe, "Single crystal of LiInSe<sub>2</sub> semiconductor for neutron detector," Appl. Phys. Lett. 101, 2–5 (2012).
- [50] E.E. Haller, N.P. Palaio, M. Rodder, W.L. Hansen, and E. Kreysa, "NTD Germanium: A Novel Material for Low Temperature Bolometers," in *Neutron Transmutation Doping of Semiconductor Materials*, edited by R. D. Larrabee (Springer US, 1984) pp. 21–36.
- [51] F. A. Danevich, V.Ya. Degoda, L.L. Dulger, L. Dumoulin, A. Giuliana, P. de Marcillac, et al., "Growth and characterization of a Li<sub>2</sub>Mg<sub>2</sub>(MoO<sub>4</sub>)<sub>3</sub> scintillating bolometer," Nucl. Instrum. Methods Phys. Res. A 889, 89–96 (2018).
- [52] V. Novati, L. Berge, L. Dumoulin, A. Guiliana, M. Mancuso, P. de Marcillac, et al., "Charge-to-heat transducers exploiting the Neganov-Trofimov-Luke effect for light detection in rare-event searches," Nucl. Instrum. Methods Phys. Res. A 940, 320–327 (2019).
- [53] C. Alduino, K. Alfonso, D. R. Artusa, F.T. Avignone III, O. Azzolini, T.I. Banks, et al., "Analysis techniques for the evaluation of the neutrinoless double- $\beta$  decay lifetime in <sup>130</sup>Te with the CUORE-0 detector," Phys. Rev. C 93, 045503 (2016).
- [54] O. Azzolini, M. T. Barrera, J.W. Beeman, F. Bellini, M. Beretta, M. Biassoni, et al., "Analysis of cryogenic calorimeters with light and heat read-out for double beta decay searches," Eur. Phys. J. C 78, 734 (2018).
- [55] E. Andreotti, C. Arnaboldi, F.T. Avignone III, M. Balata, I. Bandac, M. Barucci, et al., "130Te neutrinoless double-beta decay with CUORICINO," Astroparticle Physics 34, 822–831 (2011).
- [56] S. Di Domizio, F. Orio, and M. Vignati, "Lowering the energy threshold of large-mass bolometric detectors," Journal of Instrumentation 6, P02007 (2011).
- [57] E. Andreotti, C. Brofferio, L. Foggetta, A. Giuliani, B. Margesin, C. Nones, et al., "Production, characterization, and selection of the heating elements for the response stabilization of the CUORE bolometers," Nucl.

- Instrum. Methods Phys. Res. A 664, 161-170 (2012).
- [58] D. Q. Adams, C. Alduino, K. Alfonso, F.T. Avignone III, O. Azzolini, G. Bari, et al., "Measurement of the  $2\nu\beta\beta$  Decay Half-Life of <sup>130</sup>Te with CUORE," Phys. Rev. Lett. **126**, 171801 (2021).
- [59] O. Azzolini, J.W. Beeman, F. Bellini, M. Beretta, M. Biassoni, C. Brofferio, et al., "Evidence of Single State Dominance in the Two-Neutrino Double-β Decay of <sup>82</sup>Se with CUPID-0," Phys. Rev. Lett. 123, 262501 (2019).
- [60] E. Armengaud, C. Augier, A.S. Barabash, F. Bellini, G. Benato, A. Benoit, et al., "Precise measurement of  $2\nu\beta\beta$  decay of <sup>100</sup>Mo with the CUPID-Mo detection technology," Eur. Phys. J. C 80, 674 (2020).
- [61] C. Alduino, K. Alfonso, D.R. Artusa, F.T. Avignone III, O. Azzolini, T.I. Banks, et al., "Measurement of the twoneutrino double-beta decay half-life of <sup>130</sup>Te with the CUORE-0 experiment," Eur. Phys. J. C 77, 13 (2017).
- [62] A. Caldwell, D. Kollár, and K. Kröninger, "BAT The Bayesian analysis toolkit," Computer Physics Communications 180, 2197–2209 (2009).
- [63] Y. Iwata, N. Shimizu, T. Otsuka, Y. Utsuno, J. Menendez, M. Honma, et al., "Large-Scale Shell-Model Analysis of the Neutrinoless  $\beta\beta$  Decay of <sup>48</sup>Ca," Phys. Rev. Lett. **116**, 112502 (2016).
- [64] J. Menéndez, A. Poves, and E. Caurier, "Disassembling the nuclear matrix elements of the neutrinoless  $\beta\beta$  decay," Nucl. Phys. A **818**, 139–151 (2009).
- [65] M. Horoi and A. Neacsu, "Shell model predictions for  $^{124}$ Sn double- $\beta$  decay," Phys. Rev. C **93**, 024308 (2016).
- [66] J. Barea, J. Kotila, and F. Iachello, " $0\nu\beta\beta$  and  $2\nu\beta\beta$  nuclear matrix elements in the interacting boson model with isospin restoration," Phys. Rev. C **91**, 034304 (2015).
- [67] J. Toivanen and J. Suhonen, "Microscopic quasiparticlephonon description of odd-mass <sup>127-133</sup>Xe isotopes and their β decay," Phys. Rev. C 57, 1237-1245 (1998).
- [68] J. Allison, K. Amako, and J. Apostolakis, "Recent developments in GEANT4," Nucl. Instrum. Methods Phys. Res. A 835, 186–225 (2016).
- [69] S.S. Wilks, "The Large-Sample Distribution of the Likelihood Ratio for Testing Composite Hypotheses," The Annals of Mathematical Statistics 9, 60–62 (1938).
- [70] D.E. Watt and R.N. Glover, "A search for radioactivity among the naturally occurring isobaric pairs," The Philosophical Magazine: A Journal of Theoretical Experimental and Applied Physics 7, 105–114 (1962).
- [71] G.B. Beard and W.H. Kelly, "Beta Decay of Naturally Radioactive In<sup>115</sup>," Phys. Rev. **122**, 1576–1579 (1961).
- [72] M. Haaranen, J. Kotila, and J. Suhonen, "Spectrum-shape method and the next-to-leading-order terms of the  $\beta$ -decay shape factor," Phys. Rev. C **95**, 024327 (2017).
- [73] J. Kostensalo, J. Suhonen, J. Volkmer, S. Zatschler, and K. Zuber, "Confirmation of  $g_A$  quenching using the revised spectrum-shape method for the analysis of the <sup>113</sup>Cd  $\beta$ -decay as measured with the COBRA demonstrator," Phys. Lett. B **822**, 136652 (2021).
- [74] R.P. Feynman and M. Gell-Mann, "Theory of the Fermi Interaction," Phys. Rev. 109, 193–198 (1958).
- [75] A. Armatol, E. Armengaud, W. Armstrong, C. Augier, F.T. Avignone III, O. Azzolini, et al., "Novel technique for the study of pileup events in cryogenic bolometers," Phys. Rev. C 104, 015501 (2021).
- [76] A. Kumar, P. C. Srivastava, J. Kostensalo, and J. Suhonen, "Second-forbidden nonunique  $\beta^-$  decays of <sup>24</sup>Na and <sup>36</sup>Cl assessed by the nuclear shell model," Phys. Rev. C

## **101**, 064304 (2020).

- [77] A. Kumar, P. C. Srivastava, and J. Suhonen, "Second-forbidden nonunique  $\beta^-$  decays of <sup>59,60</sup>Fe: possible candidates for  $g_A$  sensitive electron spectral-shape measure-
- ments," Eur. Phys. J. A **57**, 225 (2021).
- [78] H. Ejiri, J. Suhonen, and K. Zuber, "Neutrino–nuclear responses for astro-neutrinos, single beta decays and double beta decays," Physics Reports **797**, 1–102 (2019).