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# Second order Josephson effect in excitonic insulators

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We show that in electron-hole bilayers with excitonic order arising from conduction and valence bands formed by atomic orbitals that have different parities, nonzero interlayer tunneling leads to a second order Josephson effect. This means the interlayer electrical current is related to the phase of the excitonic order parameter as  $J = J_c \sin 2\theta$  instead of  $J = J_c \sin \theta$ , and that the system has two degenerate ground states at  $\theta = 0, \pi$  that can be switched by an interlayer voltage pulse. When generalized to a three dimensional stack of alternating electron-hole planes or a two dimensional stack of chains, AC Josephson effect implies that electric field pulses perpendicular to the layers and chains can steer the order parameter phase between the two degenerate ground states, making these devices ultrafast memories. The order parameter steering also applies to the excitonic insulator candidate  $\text{Ta}_2\text{NiSe}_5$ .

Excitonic condensation [1–5] has been experimentally realized in electron-hole bilayers (EHB) [6–15] where electrons in one layer pair with holes in the other layer to form excitons that condense into a single macroscopic state. In 1976, Kulik and Shevchenko [16] (see also Refs. [17, 18]) noted that nonzero interlayer tunneling endows the EHB with a Josephson effect similar to that in superconductors. This effect was observed in 2000 by Spielman *et al.* in quantum hall bilayers [19, 20] and explained in detail in Refs. [21–24].

If the electron and hole bands are formed by atomic orbitals that transform differently under crystal symmetries, the intrinsic tunneling (hybridization) vanishes at high symmetry points of the Brillouin zone and is very small nearby, such that the excitonic insulator (EI) transition breaks a discrete symmetry [4, 25–29]. In this paper, we show that if the orbitals lie at different spatial locations as shown in Fig. 1, a difference of symmetries (e.g.  $p$  and  $d$  orbitals) implies that the ordered state sustains a *second order* Josephson effect as the tunneling has to create or annihilate two excitons each time. A similar effect is already well known in carefully designed superconducting Josephson junctions [30] (e.g., a  $45^\circ$  junction between  $d$ -wave superconductors or a junction between  $s$  and  $d$ -wave superconductors [31–38]). We show that it naturally occurs in EIs, which leads to symmetry breaking degenerate ground states that are easily distinguishable and switchable. In an isolated EHB the two ground states break parity and have opposite in-plane electrical polarization. In three dimensional (3D) stacks of coupled planes or two dimensional (2D) stacks of coupled chains (Fig. 2), the two EI states break time reversal symmetry with opposite anomalous hall conductivity [39, 40], and potentially form topologically nontrivial states. In all cases the excitonic order parameter may be ‘steered’ by applied interlayer/chain electric fields via the AC Josephson effect, enabling controlled switching of degenerate ground states. This order parameter steering applies as

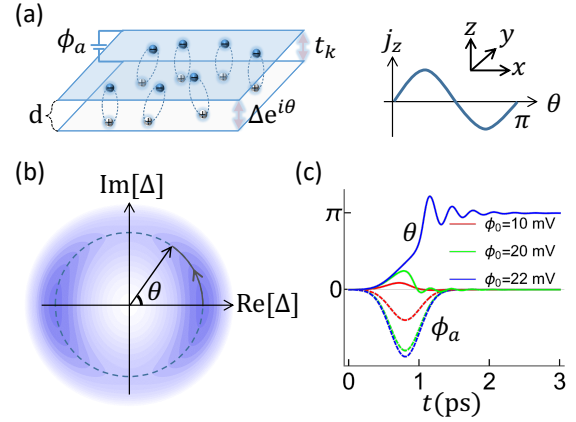


FIG. 1. (a) Schematics of the electron-hole bilayer showing electrons (–) and holes (+) and the interlayer current-phase relation in the excitonic insulating phase. (b) False color representation of the free energy on the plane of complex order parameter where lower energy appears bluer. (c) Solid curve: time dependence of order parameter phase after a voltage pulse  $\phi_a = -\phi_0 e^{-(t-t_0)^2/T_0^2}$  (dashed curve) computed from Eq. (4) with  $\Delta_p = 14$  meV,  $T_0 = 0.3$  ps,  $\gamma = 0.3\Delta_p$ ,  $D = 2$  and  $C = 1$ .

well to the EI candidate  $\text{Ta}_2\text{NiSe}_5$  [27, 41–48].

The electron-hole bilayer shown in Fig. 1(a) consists of two planes labelled 1 and 2 with two-component electron creation operator  $\psi^\dagger = (\psi_1^\dagger, \psi_2^\dagger)$  from the two bands. The Hamiltonian is

$$H_{\text{EHB}} = \sum_k \psi_k^\dagger \begin{pmatrix} \xi_1(k + A_1) + \phi_1 & e^{idA_z} t_{k+A} \\ e^{-idA_z} t_{k+A}^* & \xi_2(k + A_2) + \phi_2 \end{pmatrix} \psi_k + \int dr dr' V(r - r') \rho(r) \rho(r') \quad (1)$$

where  $\psi_k = \int dr e^{ikr} \psi(r)$ ,  $\rho(r) = \psi^\dagger(r) \psi(r)$  is the density,  $\xi_{1,2}(k)$  is the kinetic energy describing in-plane motion with  $\xi_1$  dispersing upwards from a minimum  $-G/2$  and  $\xi_2$  dispersing downwards from a maximum  $G/2$  at

the same momentum  $k = 0$ , both isotropic.  $(\phi_i, A_i)$  is the electromagnetic (EM) potential at layer  $i$ ,  $A = (A_1 + A_2)/2$  is the average in-plane component of the vector potential,  $A_z$  is the average out of plane component and we have set  $e = c = \hbar = 1$ . We assume the Hamiltonian is invariant under time reversal  $\hat{T}$  and in-plane inversion defined as  $\hat{P} : r \rightarrow -r, (\psi_1, \psi_2)_r \rightarrow (\psi_1, -\psi_2)_{-r}$  where  $r = (x, y)$ , implying  $\xi_{1,2}(k) = \xi_{1,2}(-k)$  and that the intrinsic interlayer tunneling satisfies  $t_{-k} = t_k^* = -t_k$ . Thus one can write  $t_k = i\Delta_p f_k$  where  $f_k$  is odd under  $k \rightarrow -k$ ,  $\Delta_p > 0$  is real and the subscript ‘p’ denotes the  $k$ -odd nature. We distinguish the ‘BCS’ case ( $G > 0$ ) where the two bands cross at a Fermi momentum  $k_F$  with Fermi velocity  $v_F$ , and the ‘BEC’ case ( $G < 0$ ) where they don’t overlap. While all the equations and qualitative conclusions hold for both cases, the quantitative coefficients are presented for the analytically tractable BCS weak coupling case ( $\Delta \ll G$ ), unless otherwise specified. Without loss of generality, we set  $f_k = c_f \sin k_x$  where  $c_f$  is chosen such that  $|f_{k_F}| = 1$ .

To study the excitonic order we write the model as a path integral and decompose the interaction in the electron-hole pairing channel:  $Z = \int D[\psi, \Delta_k, A] e^{\int d\tau dr L_0(\psi, \Delta_k, A)}$  where  $\Delta_k$  is the Hubbard-Stratonovich field. The excitonic state appears as a saddle point with the order parameter  $\Delta_k = \sum_{k'} V_{k-k'} \langle \psi_{2k'}^\dagger \psi_{1k'} \rangle$  where  $V_q$  is the Fourier transform of  $V(r)$ . For physically reasonable interactions, the energetically favored order parameter  $\Delta e^{i\theta}$  has  $s$ -wave symmetry [49] so the  $k$  dependence may be neglected. The quasiparticle properties are described by replacing the term  $e^{i d A_z t_{k+A}}$  in Eq. (1) by  $\Delta e^{i\theta} + e^{i d A_z t_{k+A}}$  [50]. There is always an odd parity phonon [25, 41, 51–53] (e.g., shear motion between the two layers) that couples linearly to  $\Delta$  but may be integrated out.

Integrating out the fermions, phonons and the order parameter amplitude fluctuations one obtains a low energy effective Lagrangian for the order parameter phase:

$$L = \frac{1}{2} \nu \left[ -(\partial_t \theta + \phi_a)^2 + v_g^2 (\nabla \theta - A_a)^2 - \frac{1}{D} \Delta_p^2 \cos(2(\theta - A_z d)) \right] \quad (2)$$

where  $(\phi_a, A_a) = (\phi_1 - \phi_2, A_1 - A_2)/2$  is the layer-antisymmetric component of the EM field [54]. The last term arises from expanding  $L$  to second order in  $t_k$  (assumed small relative to  $\Delta$  or temperature), observing that terms linear in  $t$  vanish (see Ref. [55] Sec. I). An inversion even  $t_k$  would change this term to  $\propto t \cos \theta$ , giving rise to the usual Josephson effect [16, 17, 21–23]. The  $z$ -dipole density is  $\rho_a = \delta L / \delta(\partial_t \theta) = -\nu(\partial_t \theta + \phi_a)$  and Eq. (2) should be supplemented by the electric field energy  $\sum_q \phi_a(q)^2 / (2V_{\text{eff}}(q))$  representing the dipole-dipole interactions  $V_{\text{eff}}(q) = (1 - e^{-dq})V_q$  [54, 66]. At zero

temperature, the coefficients of Eq. (2) have simple  $\Delta$ -independent forms:  $D = 2$  is the space dimension,  $\nu$  is the density of states in the normal state at the band crossing energy and the bare phase mode velocity is  $v_g = v_F / \sqrt{2}$ .

If  $t_k$  is zero, Eq. (1) conserves the charge in each plane and gives a continuous family of excitonic phases parametrized by  $\theta$ , as manifested by the  $U(1)$  symmetry under transformation  $\theta \rightarrow \theta + \theta_0$  of the first two terms of Eq. (2). A non-zero  $t_k$  gives rise to the third term which reduces the  $U(1)$  invariance to  $\hat{P}$ , a  $Z_2$  symmetry and implies that there are two degenerate excitonic phases characterized by  $\theta = 0, \pi$  (Fig. 1(b)). The excitonic order spontaneously breaks  $\hat{P}$ , giving a non-vanishing in-plane electrical polarization [26, 49] which in the BCS case is  $P = P_{2D} \left[ 1 - \tan \left( \frac{1}{2} \text{ArcTan} \left| \frac{\Delta_p}{\Delta} \right| \right) \right] \text{Sgn}[\Delta] / 4$ . Since its sign is opposite for  $\theta = 0, \pi$ , measuring it by an electrical circuit can distinguish the two ground states. In the BEC case [67] the polarization has a more transparent physical picture. The normal state preceding the EI phase is a semiconductor which supports excitonic modes.  $t_k$  means that these modes have oscillating in-plane electrical dipoles. In the EI phase, a mode softens and freezes as the static in-plane electrical polarization.

In spinful systems both singlet and triplet excitonic condensates may be defined. The triplet case exhibits spin instead of charge polarization. In the pure electronic system the two phase are degenerate at the Hartree-Fock level, but electron-lattice coupling favors the singlet state [4, 25, 51] (see Ref. [55] Sec. V). We focus on the more commonly studied singlet phase here.

*Second order Josephson effect and order parameter steering*—The interplane current

$$-J_z = \delta L / \delta(dA_z) = \frac{\nu}{D} \Delta_p^2 \sin(2\theta) \equiv J_c \sin(2\theta) \quad (3)$$

is periodic under  $\theta \rightarrow \theta + \pi$  in contrast to the usual Josephson effect where it is periodic only under  $\theta \rightarrow \theta + 2\pi$ ; the former is thus referred to as a second order Josephson effect. Assuming a quadratic band with effective mass  $0.1m_e$  and  $\Delta_p = 10$  meV, the critical current is estimated as  $J_c \approx 4 \text{ mA} / \mu\text{m}^2$ . To observe the DC Josephson effect, one can source a current at one layer and drain it on the other layer, both on the left side of the device where the in-plane counter flow current  $J_a = \nu v_g^2 \partial_x \theta$  is fixed as the boundary condition [19]. From the static limit of the Euler-Lagrange equation (charge continuity equation) implied by Eq. (2),  $\nu v_g^2 \partial_x^2 \theta = J_c \sin(2\theta)$ , the phase decays to the right with a decay length  $l_d = \sqrt{\nu v_g^2 / J_c} \sim \sqrt{D} v_g / \Delta_p$  [68]. Thus in a long junction, only the region within a distance  $l_d$  to the contact contributes to the Josephson current [17]. The current phase relation can be verified by applying an in-plane magnetic field to a short junction and measuring the critical Josephson current as a function of the

magnetic flux  $\Phi$  through it [59]. The Fraunhofer pattern  $J_c(\Phi)/J_c(0) = |\frac{\sin(N\pi\Phi/(2\Phi_0))}{N\pi\Phi/(2\Phi_0)}|$  is expected where  $\Phi_0$  is the flux quantum and the frequency  $N = 2$  reveals the order of the Josephson effect (see Ref. [55] Sec. IB).

To treat the order parameter steering, we focus on spatially uniform dynamics which applies to a device with gates covering the whole sample such that  $\phi_a$  is uniform, or a short EHB with side contacts. Eq. (2) in the gauge  $A = 0$  implies

$$\frac{1}{C}\partial_t(\partial_t\theta + \phi_a) + \gamma\partial_t\theta + \frac{1}{D}\Delta_p^2 \sin 2\theta = 0 \quad (4)$$

where a  $C \neq 1$  expresses the effect of dipole-dipole interactions (charging energy) and we have added a phenomenological damping  $\gamma$ . Thus the time derivative of an interlayer voltage  $\phi_a$  provides a force that pushes the phase to increase, meaning that a suitable voltage pulse can switch the system between ground states as in Fig. 1(b)(c). If  $\phi_a$  is applied by side contacts or by gates immediately adjacent to the bilayer, the external electrical circuit controls  $\phi_a$  which is already the total voltage across the layers, and one has  $C = 1$  in Eq. (4). To climb the potential hill at  $\theta = \pi/2$  with energy  $\nu\Delta_p^2/4$ , the threshold voltage required for a typical pulse  $\phi_a = \phi_0 e^{-(t-t_0)^2/T_0^2}$  is  $\phi_c \sim T_0\Delta_p^2 C/D$ , giving  $\phi_c \sim 25$  mV for  $T_0 = 1$  ps,  $\Delta_p = 10$  meV and  $C = 1$ . In the limit of strong drive ( $\phi_a \gg \phi_c$ ), the equation of motion becomes  $\partial_t\theta = -\phi_a$ , recovering the familiar AC Josephson effect. Note that the switching frequency scale  $1/T_0$  is upper bounded by the gap  $\Delta$ .

We have assumed that lattice distortions, if present, can dynamically follow the order parameter. In the opposite limit of slow lattice dynamics, one should fix the lattice distortion. For weak electron lattice coupling (ELC), the only change is that the  $Z_2$  symmetry remains broken and the second minimum is at higher energy [69]. For larger ELC the second minimum no longer exists. Thus fast phase steering can reveal the strength of ELC.

*Beyond bilayers*—The second order Josephson effect generalizes to the 3D/2D systems by stacking the electron-hole bilayers/chains as in Figs. 2(a),(b). The stacking is along  $z$  and the conjugate wavevector is  $k_z \in (-\pi, \pi]/(2d)$ . The model is invariant under translations by the  $z$ -direction lattice constant  $2d$  and reflection  $z \leftrightarrow -z$  with respect to a plane containing either the electron or holes. We specialize to short ranged density-density interaction  $g$  such that excitonic order  $\Delta_{i1/2}$  only links adjacent layers as in Fig. 2, and consider mean field solutions where the amplitude  $\Delta$  is spatially uniform but allow for the phases  $\theta_{1,2}$  on the two bonds to be different. We define the symmetric and antisymmetric phase combinations  $\theta_{s,a} = (\theta_1 \pm \theta_2)/2$  whose domain is  $\theta_s \in (-\pi, \pi]$ ,  $\theta_a \in [0, \pi)$ . In the momentum basis of field operators  $\psi_k^\dagger = (\psi_{1k}^\dagger, \psi_{2k}^\dagger) = \int dr \sum_j e^{i(k_\perp r + k_z j 2d)} (\psi_{j1}(r), e^{ik_z d} \psi_{j2}(r))$  where  $k_\perp$  is

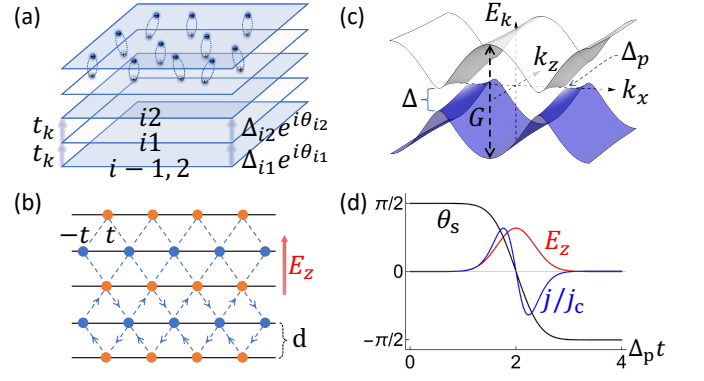


FIG. 2. (a) Schematic of the 3D stack of alternating electron (blue) and hole (unshaded) planes with pairing order parameters labeled. (b) Schematic of the 2D stack of alternating electron and hole chains. The orange and blue dots represent atomic orbitals forming the conduction and valence bands. Their different parities lead to asymmetric inter chain hopping  $t/-t$  [28]. Arrows represent the spontaneous circulating currents. (c) The ground state band dispersion of the 2D stack. (d) The order parameter phase dynamics (black curve) and the Josephson current (blue curve) induced by an electric field pulse  $E_z(t) = E_{\max} e^{-(t-t_0)^2/T_0^2}$  (red curve) implied by Eq. (9), with  $\Delta = 10\Delta_p$ ,  $E_{\max} = 3.55\Delta_p/d$  and  $T_0 = 0.5/\Delta_p$ .

the momentum along the planes/chains, the Lagrangian reads  $L = \sum_k \psi_k^\dagger (\partial_\tau + H_k) \psi_k + \frac{g}{2} |\Delta|^2$  with the mean field Hamiltonian

$$H_k = \begin{pmatrix} \xi_1(k_\perp) & \Delta(k) - i\Delta_p f_k \cos dk_z \\ \Delta(k)^* + i\Delta_p f_k \cos dk_z & \xi_2(k_\perp) \end{pmatrix} \quad (5)$$

where the  $\Delta_p$  term is the intrinsic interlayer tunneling  $t_k$  and the order parameter is

$$\Delta(k) = e^{i\theta_a} \Delta \cos(dk_z + \theta_s). \quad (6)$$

Our gauge choice here is that a spatially uniform electric field enters through  $k \rightarrow k + A$ , including the  $\Delta(k)$  term.

At  $\Delta_p = 0$ , the energy is independent of  $\theta_1$  and  $\theta_2$ . Nonzero  $\Delta_p$  reduces the symmetry to  $\hat{T}$  and  $\hat{P}$ , and the excitonic ground state turns out to spontaneously break  $\hat{T}$  instead of  $\hat{P}$ , corresponding to  $(\theta_a, \theta_s) = (0, \pm\pi/2)$ , i.e.,  $\theta_{i1} = \theta_{i2} = \pm\pi/2$ . This is verified by expanding the Lagrangian to quadratic order in  $\Delta_p$  (see Ref. [55] Sec. II). Fixing  $\theta_a = 0$  and in the gauge  $\phi = 0$ , one finds:

$$L = K[\dot{\theta}_s + d\dot{A}_z, A_x] + c_\nu \Delta_p^2 \cos 2\theta_s + F_0 \quad (7)$$

where  $K$  is the kinetic term that vanishes in the static limit,  $F_0(|\Delta|)$  is the ground state free energy without interlayer tunneling, and we have neglected constant  $O(\Delta_p^2)$  terms. The  $\cos 2\theta_s$  term means a ‘second order Josephson’ current  $j_z = j_c \sin 2\theta_s$  where  $j_c = 2dc_\nu \Delta_p^2$  and  $c_\nu \sim \nu$ . In the equilibrium state, the total electrical polarization is zero but there are circulating currents  $j_{\text{inter},a} = \langle \sum_k (\partial_k t_k) \sin(dk_z) \sigma_1 \rangle$  due to broken  $\hat{T}$ ,

as shown in Fig. 2(b). Note that this state is linearly stable to lattice distortions.

Around each of the two equilibrium configurations, expanding Eq. (7) to quadratic order in  $\theta \equiv \theta_s \pm \pi/2$  and the EM fields  $A_{x/z}$ , one obtains the Gaussian action for  $\theta_s$  fluctuations. In the low energy regime  $\omega \ll \Delta_p$  and long wavelength limit  $q = 0$ , it reads

$$S_s = - \sum_{\omega} c_0(\omega) (\theta + dA_z)_{-\omega} (\theta + dA_z)_{\omega} + \int dt dr \left( c_1 \dot{\theta}^2 + \sigma_h (\theta + dA_z) \partial_t A_x / d \right) + S_{A_x^2} \quad (8)$$

neglecting terms subleading in  $\Delta_p$ . The first two terms are the kinetic and potential energies of phase fluctuations where  $c_0(\omega)$  is the kinetic kernel that vanishes in the static limit and  $c_1 = 2c_\nu \Delta_p^2$  for  $\Delta_p \ll \Delta$ . The third term gives rise to an anomalous hall conductivity  $\sigma_h$  for electric fields in the x-z plane which can also be written into an ‘Axion’ form [70]. The last term is the bare optical response in x direction.

The excitonic order leads to topologically nontrivial ground states in the BCS regime ( $G > 0$ ). Setting  $\xi_1(k) = -\xi_2(k) = \xi_k$  for simplicity, the quasiparticle dispersion is  $E_k = \pm \sqrt{\xi_k^2 + |\Delta(k)|^2 + \Delta_p^2 f_k^2 \cos^2(dk_z)}$ . In the 2D stack of electron-hole chains, the quasiparticle is gapped with massive Dirac points at  $(k_x, k_z) = (\pm k_F, 0)$  with mass  $\pm \Delta_p$ , as shown in Fig. 2(c). The Chern number of the valence band is  $\text{Sign}[\theta_s]$  so that the system is a quantum anomalous Hall insulator [71] with quantized Hall conductivity  $\sigma_h = \text{Sign}[\theta_s] e^2/h$  and chiral edge states. The kinetic kernel  $c_0 = \frac{\nu}{3} \omega^2 \Delta / \Delta_p$  renders the bare phase mode gap  $\omega_0 \sim \Delta_p \sqrt{\Delta_p / \Delta}$ . The 3D stack of electron-hole layers is a Weyl semimetal [70] with Weyl nodes at  $k = (0, \pm k_F, 0)$  and anomalous hall conductivity  $\sigma_h = \text{Sgn}[\theta_s] \frac{k_F}{\pi} e^2/h$  (see Ref. [55] Sec. II, and Sec. V for the effect of spins). Note that the BEC regime ( $G < 0$ ) is topologically trivial with  $\sigma_h$  vanishing and the minimal gap being  $\sqrt{G^2 + 4\Delta^2}$ , although there is nonzero AC hall response  $\sim \Delta_p$  which can be measured by Kerr rotation (neglected in Eq. (8)).

*Order parameter steering by light*—In all these systems, the order parameter can be steered by electric fields perpendicular to the layers/chains, e.g., from ground state  $|g\rangle$  to  $\hat{P}|g\rangle$  for the bilayer and to  $\hat{T}|g\rangle$  for the 3D/2D stacks. This can be easily verified in ‘pump-probe’ experiments since the ground states have opposite in-plane polarization in the bilayer and opposite hall response in the stacks. The order parameter steering follows the spirit of AC Josephson effect: the phase  $\theta_s$  enters the kinetic term in Eq. (7) together with the vector potential as  $\theta_s + dA_z$ . This term has different forms in different regimes. For example in the 2D stacks, it behaves as  $K \sim \nu |\frac{\Delta}{\Delta_p}| \dot{\theta}_s^2$  in the slow limit of  $\dot{\theta}_s \ll \Delta_p$  and as  $K \sim \nu |\Delta| \dot{\theta}_s$  in the moderately fast case of  $\Delta_p \ll \dot{\theta}_s \ll \Delta$  where

we have suppressed  $A_z$  for notational simplicity. Nevertheless, upon strong electric field  $E_z$  such that the free energy potential  $\cos 2\theta_s$  can be neglected, the equation of motion all reduces to  $\dot{\theta}_s = d\dot{A}_z = -dE_z$ , i.e., the electric field provides a force to rotate the phase  $\theta_s$  so as to switch the system between the two ground states  $\theta_s = \pm \pi/2$  (Fig. 2(d)). The pulse that exactly delivers such a switch is  $d \int E_z(t) dt = \pi$ . For a pulse duration of 1 ps and  $d = 1$  nm, the field needed is  $E_z \sim 2 \times 10^4$  V/cm. For weaker fields such that the free energy potential matters, the dynamics depends on the time scale. In the case of  $\Delta_p \ll \dot{\theta}_s \ll \Delta$ , the equation of motion implied by Eq. (7) is simply

$$\dot{\theta}_s = \frac{\Delta_p^2}{4|\Delta|} \sin(2\theta_s) - dE_z. \quad (9)$$

The threshold field to climb over the potential barrier and switch the ground states is about  $E_c \sim \frac{\Delta_p^2}{|\Delta|d}$  which reads  $E_c \sim 10^4$  V/cm for  $\Delta_p = 10$  meV,  $|\Delta| = 100$  meV and  $d = 1$  nm.

*Discussion*—The bilayer could be realized by, e.g., gating suitably stacked phosphorene bilayer [72–74] or transition metal dichalcogenide bilayers [11, 12] to bring the conduction band of one layer and valence band (different in symmetry under  $C_2$  or  $C_3$  rotations around z, respectively) of the other layer closer in energy, entering the EI phase (see Ref. [55] Sec. ID). The 3D/2D stacks may be either natural crystals such as monolayer WTe<sub>2</sub> (a 2D stack of chains) [75–77] or artificial structures. Realizations of these topological excitonic insulators [77–82] is an important research direction.

The order parameter steering also applies to the EI candidate Ta<sub>2</sub>NiSe<sub>5</sub> [27, 41–45]. Its basic structural unit is the Ta-Ni-Ta chain, with Ta-derived conduction band states even under reflection  $\sigma_\perp : x \rightarrow -x$  while the Ni-derived valence band states are odd [27, 41]. The EI state breaks  $\sigma_\perp$  and while the detailed electronic structure complicates the discussion of the Josephson effect, the phase dynamics is still described by Eqs. (4) and (9) and a photon pulse perpendicular to the chains can still switch the system between its two ground states (see Ref. [55] Sec. IV). This may have already been observed [45].

Fluctuations will not destroy our qualitative conclusions. Without the  $U(1)$  breaking Josephson term  $\cos 2\theta$ , the exciton condensate in Eq. (2) has quasi long range order at temperatures  $T$  below the Berezinskii-Kosterlitz-Thouless temperature  $T_{\text{BKT}}$  [83, 84]. According to renormalization group analysis [85], the Josephson coupling is a relevant one at  $T < T_{\text{BKT}}$  which renders the EI state strictly long range ordered. However, the coupling (and the Josephson current) is renormalized by fluctuations to a power  $1/(1 - \frac{T}{4T_{\text{BKT}}})$  of its bare value (see Ref. [55] Sec. IA).

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