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# Cavity Quantum Electrodynamics at Arbitrary Light-Matter Coupling Strengths 

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#### Abstract

Quantum light-matter systems at strong coupling are notoriously challenging to analyze due to the need to include states with many excitations in every coupled mode. We propose a nonperturbative approach to analyze light-matter correlations at all interaction strengths. The key element of our approach is a unitary transformation that achieves asymptotic decoupling of light and matter degrees of freedom in the limit where light-matter interaction becomes the dominant energy scale. In the transformed frame, truncation of the matter/photon Hilbert space is increasingly well-justified at larger coupling, enabling one to systematically derive low-energy effective models, such as tight-binding Hamiltonians. We demonstrate the versatility of our approach by applying it to concrete models relevant to electrons in crystal potential and electric dipoles interacting with a cavity mode. A generalization to the case of spatially varying electromagnetic modes is also discussed.


Understanding quantum systems with strong light-matter interaction has become a central problem in both fundamental physics and quantum technologies [1]. Recent experimental and theoretical advances in solid-state physics [2-38], quantum optics [39-73], and quantum chemistry [74-93] have made it possible to achieve strong coupling regimes in a variety of setups. In these systems, standard assumptions such as the rotating wave approximation can no longer be justified, and the inclusion of the diamagnetic $\hat{A}^{2}$ term or multilevel structure of matter becomes crucial. Thus, quantized light and matter degrees of freedom must be treated on equal footing within the exact quantum electrodynamics (QED) Hamiltonian. Despite considerable theoretical efforts, a comprehensive formulation for analyzing such challenging problems at arbitrary coupling strengths is still lacking.

On another front, strongly correlated many-body systems have often been tackled by devising a unitary transformation that disentangles certain degrees of freedom, after which a simplified ansatz can be applied; a highly entangled quantum state in the original frame can then be expressed as a factorable state after the transformation. This general idea has been used in several contexts, such as analyzing quantum impurity systems [94-97], constructing low-energy effective models [98-101], and solving many-body localization [102] or electron-phonon problems [103].

The aim of this Letter is to extend this nonperturbative approach to strongly correlated light-matter systems, thus developing a consistent and versatile framework to seamlessly analyze arbitrary coupling regimes. Specifically, we propose to use a unitary transformation that asymptotically decouples light and matter in the strong-coupling limit. Our approach puts no limitations on the coupling strength and allows us to explore the full range of system parameters, including the regime where light-matter coupling dominates over all other relevant energy scales. Importantly, we construct a general way to systematically derive low-energy effective models by faithful level truncations, which remain valid at all coupling strengths. This in particular provides a solution to the long-
standing controversy [104-120] about which frame is best suited for studying strong-coupling physics. We demonstrate the versatility of our formalism by applying it to specific models relevant to materials and atomic systems in cavity QED.

Asymptotic decoupling of light-matter interaction.- To illustrate the main idea, we first focus on a one-dimensional many-body system coupled to a single electromagnetic mode; a generalization to higher-dimensional systems with spatially varying electromagnetic modes will be given later. We start


FIG. 1. (Top) Effective parameter $\xi_{g}$ characterizing interaction strength in the asymptotically decoupled frame against the bare lightmatter coupling $g$. (Bottom) Exact spectrum obtained by diagonalizing Eq. (4), or equivalently (5), for an electron in periodic potential. In the extremely strong coupling (ESC) regime, it exhibits equally spaced flat bands narrowing as $\propto 1 / g$, corresponding to localized electrons with the large renormalized mass (inset). Numerical values are shown in the unit $\omega_{c}=\hbar=m=1$ throughout this Letter. The potential depth and lattice constant are $v=5$ and $d=4$, respectively.
from the QED Hamiltonian in the Coulomb gauge:

$$
\begin{equation*}
\hat{H}_{\mathrm{C}}=\int d x \hat{\psi}_{x}^{\dagger}\left[\frac{\left(-i \hbar \partial_{x}-q \hat{A}\right)^{2}}{2 m}+V(x)\right] \hat{\psi}_{x}+\hbar \omega_{c} \hat{a}^{\dagger} \hat{a}+\hat{H}_{\|} \tag{1}
\end{equation*}
$$

where $\hat{\psi}_{x}\left(\hat{\psi}_{x}^{\dagger}\right)$ is the annihilation (creation) operator of fermions of mass $m$ and charge $q$ at position $x$, and $V(x)$ is an arbitrary external potential. Equation (1) describes the coupling between electrons and a cavity electromagnetic mode with frequency $\omega_{c}$ and the vector potential operator $\hat{A}=\mathcal{A}\left(\hat{a}+\hat{a}^{\dagger}\right)$, where $\mathcal{A}$ is the mode amplitude and $\hat{a}\left(\hat{a}^{\dagger}\right)$ is the annihilation (creation) operator of photons. The instantaneous Coulomb interaction is given by $\hat{H}_{\|}=$ $\int d x d x^{\prime} q^{2} \hat{\psi}_{x}^{\dagger} \hat{\psi}_{x^{\prime}}^{\dagger} \hat{\psi}_{x^{\prime}} \hat{\psi}_{x} / 4 \pi \epsilon_{0}\left|x-x^{\prime}\right|$. We rewrite $\hat{H}_{\mathrm{C}}$ as

$$
\begin{align*}
\hat{H}_{\mathrm{C}}= & \int d x \hat{\psi}_{x}^{\dagger}\left[-\frac{\hbar^{2} \partial_{x}^{2}}{2 m}+V(x)\right] \hat{\psi}_{x}+\hbar \Omega \hat{b}^{\dagger} \hat{b}+\hat{H}_{\| \mid} \\
& -g x_{\Omega} \int d x \hat{\psi}_{x}^{\dagger}\left(-i \hbar \partial_{x}\right) \hat{\psi}_{x}\left(\hat{b}+\hat{b}^{\dagger}\right) \tag{2}
\end{align*}
$$

where $\Omega=\sqrt{\omega_{c}^{2}+2 N g^{2}}$ is the dressed photon frequency with the particle number $N$ [121] and the coupling strength $g=q \mathcal{A} \sqrt{\omega_{c} / m \hbar}$, and $x_{\Omega}=\sqrt{\hbar / m \Omega}$ is a characteristic length relevant both in weak and strong coupling regimes. Here, the photon part has been diagonalized by a Bogoliubov transformation: $\hat{b}+\hat{b}^{\dagger}=\sqrt{\Omega / \omega_{c}}\left(\hat{a}+\hat{a}^{\dagger}\right)$ [122].

To asymptotically decouple light and matter degrees of freedom, we propose to use a unitary transformation

$$
\begin{equation*}
\hat{U}=\exp \left[-i \xi_{g} \int_{-\infty}^{\infty} d x \hat{\psi}_{x}^{\dagger}\left(-i \partial_{x}\right) \hat{\psi}_{x} \hat{\pi}\right] \tag{3}
\end{equation*}
$$

where $\xi_{g}=g x_{\Omega} / \Omega$ is the effective length scale characterized by the coupling strength $g$ and $\hat{\pi}=i\left(\hat{b}^{\dagger}-\hat{b}\right)$. The transformation (3) is reminiscent of the Lee-Low-Pines transformation used for polaronic systems [94], and leads to the Hamiltonian $\hat{H}_{U} \equiv \hat{U}^{\dagger} \hat{H}_{\mathrm{C}} \hat{U}$ given by

$$
\begin{align*}
\hat{H}_{U}= & \int d x \hat{\psi}_{x}^{\dagger}\left[-\frac{\hbar^{2} \partial_{x}^{2}}{2 m}+V\left(x+\xi_{g} \hat{\pi}\right)\right] \hat{\psi}_{x}+\hbar \Omega \hat{b} \dagger \hat{b}+\hat{H}_{\|} \\
& -\frac{\hbar^{2} g^{2}}{m \Omega^{2}}\left[\int d x \hat{\psi}_{x}^{\dagger}\left(-i \partial_{x}\right) \hat{\psi}_{x}\right]^{2} \tag{4}
\end{align*}
$$

where the light-matter interaction is now absorbed by the potential term as the shift $\xi_{g} \hat{\pi}$ of the electron coordinates. Physically, the unitary operator (3) changes a reference frame in such a way that quantum particles no longer interact with the electromagnetic mode through the usual minimal coupling, but through the gauge-field dependent shift of the electron coordinates and the associated quantum fluctuations in the external potential. Thus, in the transformed frame the effective strength of the light-matter interaction is characterized by $\xi_{g}$ instead of the original coupling $g$. Remarkably, as shown in the top panel of Fig. 1, $\xi_{g}$ remains small over the entire region of $g$ and, in particular, vanishes as $\xi_{g} \propto g^{-1 / 2}$ in the strong-coupling limit $g \rightarrow \infty$. For this reason, we shall call the
present frame as the asymptotically decoupled (AD) frame; the identification of the AD Hamiltonian (4) is the first main result of this Letter.

Several remarks are in order. First, a specific form of $\xi_{g}$ can depend on polarization of an electromagnetic mode. For instance, when matter is coupled to a circularly polarized mode, $\xi_{g}$ vanishes as $\xi_{g} \propto g^{-1}$ provided that the coupling $g$ is sufficiently large [123]. Second, we note that the transformation (3) preserves the translational symmetry of the (bare) matter Hamiltonian. This should be compared to, e.g., the Power-Zienau-Woolley (PZW) frame [124, 125] in which such symmetry is broken due to the additional terms in the transformed Hamiltonian [112, 123]. Third, in view of our definition of the coupling strength $g$, the so-called ultrastrong (deep strong) coupling regime should approximately correspond to $g \gtrsim 0.3(g \gtrsim 3)$. Below we show that further increase of $g$ leads to the new regime, namely, the extremely strong coupling (ESC) regime. In the latter, truncation of matter/photon levels can no longer be justified in the conventional frames, but is asymptotically exact in the AD frame as discussed in detail below.

General properties at extremely strong coupling.- From now on, we focus on the single-electron problems and delineate universal spectral features in the ESC regime; the role of electron interactions will be discussed in a future publication. The AD-frame Hamiltonian is then simplified to

$$
\begin{equation*}
\hat{H}_{U}=\frac{\hat{p}^{2}}{2 m_{\mathrm{eff}}}+V\left(x+\xi_{g} \hat{\pi}\right)+\hbar \Omega \hat{b}^{\dagger} \hat{b}, \tag{5}
\end{equation*}
$$

where renormalization of the effective mass $m_{\text {eff }}=m[1+$ $2\left(g / \omega_{c}\right)^{2}$ ] exactly arises from the last term in Eq. (4); this renormalization becomes even more prominent in a manybody case [123]. Note that the last term in Eq. (4) also generates the interaction term $\propto \hat{\psi}^{\dagger} \hat{\psi}^{\dagger} \hat{\psi} \hat{\psi}$, which, however, does not affect single-electron systems considered below.

One can understand the key spectral features of $\hat{H}_{U}$ in the ESC regime as follows. In the limit of large $g$, the renormalized photon frequency $\Omega$ becomes large, while the effective light-matter coupling, characterized by $\xi_{g}$, eventually decreases. Thus, in the strong-coupling limit, the lowest-energy eigenstates $\left|\Psi_{U}\right\rangle$ of $\hat{H}_{U}$ are well approximated by a product state:

$$
\begin{equation*}
\left|\Psi_{U}\right\rangle \simeq\left|\psi_{U}\right\rangle|0\rangle_{\Omega} \tag{6}
\end{equation*}
$$

where $\left|\psi_{U}\right\rangle$ is an eigenstate of $\hat{p}^{2} / 2 m_{\mathrm{eff}}+V(x)$, and $|0\rangle_{\Omega}$ is the dressed-photon vacuum. Now, suppose that potential $V$ has well-defined local minima, around which it can be expanded as $\delta V \propto x^{2}$. Since the effective mass rapidly increases as $m_{\text {eff }} \propto g^{2},\left|\psi_{U}\right\rangle$ is tightly localized around the potential minima. The low-lying spectrum of $\hat{H}_{U}$ thus reduces to that of the harmonic oscillator with narrowing level spacing $\delta E \propto 1 / g$.

The above argument shows that, in the AD frame, an energy eigenstate can be well approximated by a product of light and matter states. Nevertheless, they are still strongly entangled in the original frame. To see this, we consider an eigenstate

$$
\begin{array}{r}
\left|\Psi_{\mathrm{C}}\right\rangle=\hat{U}\left|\Psi_{U}\right\rangle \text { of the Coulomb-gauge Hamiltonian } \hat{H}_{\mathrm{C}}: \\
\qquad\left|\Psi_{\mathrm{C}}\right\rangle=\hat{U} \int d p \psi_{p}|p\rangle|0\rangle_{\Omega}=\int d p \psi_{p}|p\rangle \hat{D}_{\xi_{g} p}|0\rangle_{\Omega} \tag{7}
\end{array}
$$

where $\int d p \psi_{p}|p\rangle=\left|\psi_{U}\right\rangle$ is the AD-frame eigenstate expressed in the momentum basis, and $\hat{D}_{\beta}=e^{\beta \hat{b}^{\dagger}-\beta^{*} \hat{b}}$ is the displacement operator. In the ESC regime, $\left|\psi_{U}\right\rangle$ has vanishingly small variance $\sigma_{x} \propto 1 / g$; accordingly, the momentum distribution $\left|\psi_{p}\right|^{2}$ is very broad with variance $\sigma_{p} \propto g$, showing that the Coulomb-gauge eigenstate (7) is a highly entangled state consisting of superposition of coherent states with large photon occupancy determined by the particle momentum.

Difficulties of level truncations in conventional frames.The AD frame readily allows us to elucidate the origin of difficulties for level truncations in the Coulomb gauge [112, 117, 118, 120]. Namely, if we expand a tightly localized state $\left|\psi_{U}\right\rangle$ in terms of eigenstates of $\hat{p}^{2} / 2 m+V$ with the bare mass $m$, we will find substantial contribution from high-energy electron states. This point can be seen from Eq. (7), which contains large-momentum eigenstates. Thus, any analysis performed in the Coulomb gauge, which uses a fixed UV cutoff for electron states, should become invalid at sufficiently strong coupling. While the use of the PZW frame can partially mitigate the limitations [24, 38, 118] and can be valid up to ultrastrong/deep strong coupling regimes [112, 115], it is ultimately constrained by the same restrictions, especially in the ESC regime. This holds true even when high-lying states appear to be reasonably out of resonance. Moreover, both the mean and fluctuation of the photon number in the PZW frame increases as $\bar{n}, \delta n \propto g$. Thus, the number of photon states required to diagonalize the Hamiltonian diverges at large $g$, making photon-level truncation (that is unavoidable in actual calculations) ill-justified in the deep- or extremelystrong coupling regimes. Altogether, as long as one relies on the conventional frames, we conclude that effective models derived by level truncations, such as tight-binding models or the quantum Rabi model, must inevitably break down when $g$ becomes sufficiently large.

In contrast, the AD frame (5) introduced here provides a simple solution to this problem. Specifically, matter-level truncation, i.e., tight-binding approximation, is increasingly well-justified in $\hat{H}_{U}$ at larger $g$, owing to tighter localization of the wavefunction $\left|\psi_{U}\right\rangle$. Similarly, due to the photon dressing and asymptotic decoupling, one can always truncate highlying photon levels; indeed, the mean photon number remains very small over the entire region of $g$ and, in particular, vanishes in the ESC limit. Below we demonstrate such versatility of the AD frame by applying it to concrete models relevant to quantum electrodynamical materials and atomic dipoles.

Application to solid-state systems.- We first consider an electron in periodic potential and discuss the formation of electron-polariton band structures. To be concrete, we assume $V=v[1+\cos (2 \pi x / d)]$ with $d$ and $v$ being the lattice constant and potential depth, respectively. Since the AD frame preserves the translational symmetry, Bloch's theorem remains valid and every eigenvalue of $\hat{H}_{U}$ has a well-defined crystal


FIG. 2. (a-d) Exact electron-polariton bands obtained by diagonalizing Eq. (5). Gray dashed curves indicate dispersions at $g=0$. (e) Comparisons between the exact results and the tight-binding models at $g=0.1,1,2,10$ from top to bottom. Black dashed (red dotted) curves indicate the tight-binding results in the asymptotically decoupled frame (Coulomb gauge). We set $v=5$ and $d=4$ in (a-e).
wavevector $k \in[-\pi / d, \pi / d)$. Figures 1 and $2 \mathrm{a}-\mathrm{d}$ show the obtained exact eigenspectra at different coupling strengths $g$, in the sense that matter/photon-energy cutoffs are taken to be large enough such that the results are converged. As $g$ is increased, the bands become increasingly flat and form equally spaced spectra with energy spacing narrowing $\propto 1 / g$, which is fully in accord with the universal spectral features discussed earlier. While the signature of band flattening can emerge already at deep strong coupling [118], the drastic level narrowing/softening of the whole excitation spectrum is one of the key distinctive features of the ESC regime [see Fig. 1].

To construct the effective low-energy Hamiltonian, we derive the tight-binding model by projecting the continuum system on the lowest-band Wannier orbitals. Specifically, we first expand a matter state in terms of the Wannier basis,

$$
\begin{equation*}
\hat{\psi}_{x}=\sum_{j} w_{j}(x) \hat{c}_{j} \tag{8}
\end{equation*}
$$

where $w_{j}$ is the Wannier function at site $j$ for the lowest band of $\hat{p}^{2} / 2 m_{\text {eff }}+V$ with the effective mass, and $\hat{c}_{j}$ is the corresponding annihilation operator. We then consider a manifold spanned by product states of these Wannier orbitals and an arbitrary photon state. Projecting $\hat{H}_{U}$ on this manifold and considering the leading contributions, we obtain the tight-binding Hamiltonian in the AD frame as [123]

$$
\begin{align*}
\hat{H}_{U}^{\mathrm{TB}}= & \left(t_{g}+t_{g}^{\prime} \hat{\delta}_{g}\right) \sum_{i}\left(\hat{c}_{i}^{\dagger} \hat{c}_{i+1}+\text { h.c. }\right) \\
& +\left(\mu_{g}+\mu_{g}^{\prime} \hat{\delta}_{g}\right) \sum_{i} \hat{c}_{i}^{\dagger} \hat{c}_{i}+\hbar \Omega \hat{b}^{\dagger} \hat{b} \tag{9}
\end{align*}
$$

where $t_{g}=\int \frac{d k}{K} \epsilon_{k, g} e^{i k d}$ is the effective hopping parameter with $\epsilon_{k, g}$ being the lowest-band energy of $\hat{p}^{2} / 2 m_{\text {eff }}+V$ and $K=2 \pi / d$, and $\mu_{g}=\int \frac{d k}{K} \epsilon_{k, g}$ is the effective chemical potential. The electromagnetically induced fluctuation of potential causes the terms with $\hat{\delta}_{g}=\cos \left(K \xi_{g} \hat{\pi}\right)-1, t_{g}^{\prime}=$ $v \int d x w_{i}^{*} \cos (K x) w_{i+1}$, and $\mu_{g}^{\prime}=v \int d x w_{i}^{*} \cos (K x) w_{i}$.

Figure 2 e shows that this surprisingly simple tight-binding model (black dashed curve) accurately predicts the exact spectrum (solid curve) at any $g$, and asymptotically becomes exact in the strong-coupling limit as expected. For the sake of comparison, we show the tight-binding results in the Coulomb gauge (red dotted curve), which are obtained by projecting $\hat{H}_{\mathrm{C}}$ onto the lowest band of $\hat{p}^{2} / 2 m+V$ with the bare mass [123]. While this naïve tight-binding model is valid when $g \lesssim 0.1$, it completely misses key features at larger $g$, such as band flattening and level narrowing in the whole excitation spectrum. Physically, this drastic failure originates from ill-justified truncation of strongly entangled high-lying lightmatter states in the original frame [cf. Eq. (7)].

These results clearly demonstrate that a choice of the frame is essential to construct an accurate tight-binding model in strong-coupling regimes. The AD frame solves this issue by performing the projection after the unitary transformation, which effectively realizes suitable nonlinear truncation in the Coulomb gauge. The most general form of the AD-frame tight-binding Hamiltonian is given by

$$
\begin{equation*}
\hat{H}_{U}^{\mathrm{TB}}=\sum_{i j \nu \lambda} t_{i j \nu \lambda} \hat{c}_{i \nu}^{\dagger} \hat{c}_{j \lambda}+\sum_{l i j \nu \lambda} t_{i j \nu \lambda}^{\prime(l)} \hat{c}_{i \nu}^{\dagger} \hat{c}_{j \lambda} \hat{\pi}^{l}+\hbar \Omega \hat{b}^{\dagger} \hat{b}, \tag{10}
\end{equation*}
$$

where $\nu(\lambda)$ labels internal degrees of freedom in each unit cell $i(j)$, and $t_{i j \nu \lambda}=\int d x w_{i \nu}^{*}\left[\hat{p}^{2} / 2 m_{\mathrm{eff}}+V\right] w_{j \lambda}, t_{i j \nu \lambda}^{\prime(l)}=$ $\frac{\xi_{g}^{l}}{l!} \int d x w_{i \nu}^{*} V^{(l)} w_{j \lambda}$ with $w_{i \nu}$ being the corresponding Wannier functions, and $V^{(l)}$ is the $l$-th derivative of $V$ with $l=1,2, \ldots$ The renormalized parameters $t, t^{\prime(l)}$ nonperturbatively depend on $g$ through the nonlinear truncation. Higherorder terms at larger $l$ contribute less to eigenspectrum owing to smallness of $\xi_{g}$ [cf. Fig. 1], which enables a systematic approximation when necessary. The minimal tight-binding Hamiltonian (10), which should be valid at arbitrary coupling strengths and even under disorder, provides the material counterpart of the quantum Rabi model. Its derivation is the second main result of this Letter.

For a general periodic potential, the calculation of matrix elements of the shifted potential $V\left(x+\xi_{g} \hat{\pi}\right)$ can be separated into light and matter parts, after which the standard procedures can be used [123]. Even when a potential is not translationally invariant, one can expand it as $V\left(x+\xi_{g} \hat{\pi}\right) \simeq$ $V(x)+\sum_{l=1}^{l_{\text {max }}} V^{(l)}(x) \xi_{g}^{l} \hat{\pi}^{l}$. The truncation order $l_{\text {max }}$ should scale inversely with $g$ due to decreasing $\xi_{g}$. This expansion should be valid unless a potential has singular spatial dependence and expansion coefficients are not systematically suppressed at higher orders.

Application to atomic dipoles.- We next apply the AD frame to the case of a quantum particle in double-well potential $V=-\lambda x^{2} / 2+\mu x^{4} / 4$, which is a standard model for the electrical dipole moment. Blue solid curves in Fig. 3a,b show the spectra obtained in the AD frame at different potential depths, where the results efficiently converge already at a low photon-number cutoff $n_{c} \sim 5-10$ [123]. The spectra at ESC exhibit the universal features discussed above, i.e., energies become doubly degenerate corresponding to two wells


FIG. 3. Low-energy spectra for (a) deep and (b) shallow double-well potentials with photon-number cutoff $n_{c}=100$. Blue solid curves (red dotted curves) show the results in the AD frame (PZW frame). We choose the parameters (a) $\lambda=50, \mu=95$ and (b) $\lambda=3, \mu=3.85$ such that the transition frequency of the two lowest matter levels is resonant with $\omega_{c}$ in each case.
and are equally spaced with narrowing $\propto 1 / g$ due to tight localization around the minima [cf. insets].

As discussed earlier, truncation of high-lying photon states should eventually be invalid in conventional frames. We demonstrate this by comparing to results obtained in the PZW frame, $\hat{H}_{\mathrm{PZW}}=\hat{U}_{\mathrm{PZW}}^{\dagger} \hat{H}_{\mathrm{C}} \hat{U}_{\mathrm{PZW}}$ with $\hat{U}_{\mathrm{PZW}}=\exp (i q x \hat{A} / \hbar)$, at a large cutoff $n_{c}=100$ (red dotted curves in Fig. 3). Notably, the PZW frame dramatically fails in the ESC regime, which has its root in the rapid increase of mean-photon number due to strong light-matter entanglement and sizable probability amplitudes of high photon-number states [123]. We remark that matter-level cutoff is taken to be sufficiently large such that the results converge because the strong light-matter entanglement also invalidates matter-level truncation in the Rabi-type descriptions. Since any actual calculation must resort to finite cutoffs, these results indicate the fundamental difficulties of the conventional frames in the ESC regime.

Beyond the single-mode description. - While the singlemode description can be justified in, e.g., an LC-circuit resonator [49], it may fail when more than one cavity mode must be included depending on the cavity geometry. The unitary transformation (3) can be generalized to such a case with spatially varying electromagnetic modes:

$$
\begin{equation*}
\hat{U}=\exp \left[-i \frac{\hat{\boldsymbol{p}}}{\hbar} \cdot \sum_{\alpha} \boldsymbol{\xi}_{\alpha} \hat{\pi}_{\alpha}(\boldsymbol{x})\right] \tag{11}
\end{equation*}
$$

where $\alpha$ labels multiple modes and the electromagnetic fields now depend on position $\boldsymbol{x}$. At the leading order, the transformed Hamiltonian is

$$
\begin{align*}
\hat{H}_{U}= & \frac{\hat{\boldsymbol{p}}^{2}}{2 m}-\sum_{\alpha} \frac{\left(\hat{\boldsymbol{p}} \cdot \boldsymbol{\zeta}_{\alpha}\right)^{2}}{\hbar \Omega_{\alpha}}+V\left(\boldsymbol{x}+\sum_{\alpha} \boldsymbol{\xi}_{\alpha} \hat{\pi}_{\alpha}(\boldsymbol{x})\right) \\
& +\sum_{\alpha} \hbar \Omega_{\alpha} \hat{b}_{\alpha}^{\dagger}(\boldsymbol{x}) \hat{b}_{\alpha}(\boldsymbol{x}) \tag{12}
\end{align*}
$$

where $\boldsymbol{\zeta}_{\alpha}$ is the effective polarization vector of mode $\alpha$ [123]. This simple expression is valid when field variation is small
compared to the effective length scale, i.e., $k|\boldsymbol{\xi}| \ll 1$ with $|\nabla \hat{b}| \sim k \hat{b}$; this condition is independent of system size and much less restrictive than, e.g., the dipole approximation, owing to smallness of $\xi_{g}$. We remark that light-matter decoupling due to the inhomogeneous diamagnetic term has previously been studied in the case of the quadratic Hamiltonian [66].

Discussions.- In the limit of classical electromagnetic fields, our transformation (3) can be compared with the Kramers-Henneberger (KH) transformation, which was used to analyze atoms subject to intense laser fields [126, 127]. Besides the full quantum treatment given here, one important difference is that the KH transformation does not take into account the diamagnetic $A^{2}$ term other than its contribution to ponderomotive forces appearing in spatially inhomogeneous laser profiles. In our quantum setting, the asymptotic lightmatter decoupling emerges only after the diamagnetic term is consistently included through the Bogoliubov transformation.

With the advent of new materials and subwavelength cavity designs, it is now possible to explore ultra/deep strong coupling regimes of light-matter interaction and possibilities for further extending the interaction strength. We expect our results to be applicable in the analysis of mono- or (twisted) bilayer-2D materials embedded in high quality-factor lumpedelement terahertz cavities [16], where a single mode of the electromagnetic field is isolated from higher-energy Fabry-Perot-like confined modes, as well as the electromagnetic continuum. Signatures of the level narrowing/softening in the ESC regime are already appreciable around $g / \omega_{c} \gtrsim 5$, which can be realized with current experimental techniques [11, 19, 49].

In summary, we presented a new formulation (4) of strongly correlated light-matter systems that is applicable to both quantum electrodynamical materials and atomic systems. Since this is a nonperturbative approach, it is valid at arbitrary coupling strengths and, in particular, allows us to consistently explore the extremely strong coupling regime for the first time. Our formalism elucidates difficulties of level truncations in the conventional frames from a general perspective, and offers a systematic way to derive the faithful tight-binding Hamiltonians (10). While the emphasis was placed on the extremely strong coupling, our formalism is versatile enough to be applied to any coupling regimes, where standard/conventional descriptions can be inadequate. It would be interesting to apply the present formulation to identify the correct tightbinding models of more complex light-matter systems. In particular, it merits further study to elucidate role of the lightinduced band flattening and narrowing in genuine many-body regimes.

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