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Ananyo Maitra, Pragya Srivastava, M. Cristina Marchetti, Sriram Ramaswamy, and Martin

Lenz

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Swimmer suspensions on substrates: anomalous stability and long-range order

Ananyo Maitra,^{1,2,*} Pragya Srivastava,^{3,4} M. Cristina Marchetti,⁵ Sriram Ramaswamy,⁶ and Martin Lenz^{2,7,†}

¹Sorbonne Université and CNRS, Laboratoire Jean Perrin, F-75005, Paris, France

²LPTMS, CNRS, Univ. Paris-Sud, Université Paris-Saclay, 91405 Orsay, France

³ The Francis Crick Institute, Lincoln's Inn Fields Laboratory, 44 Lincoln's Inn Fields, London WC2A 3LY

⁴School of Engineering & Applied Science, University of Pennsylvania, Philadelphia, PA 19104, USA

⁵Department of Physics, University of California Santa Barbara, Santa Barbara, CA 93106

⁶Centre for Condensed Matter Theory, Department of Physics,

Indian Institute of Science, Bangalore 560 012, India

⁷ PMMH, CNRS, ESPCI Paris, PSL University, Sorbonne Université, Université de Paris, F-75005, Paris, France

We present a comprehensive theory of the dynamics and fluctuations of a two-dimensional suspension of polar active particles in an incompressible fluid confined to a substrate. We show that, depending on the sign of a single parameter, a state with polar orientational order is anomalously stable (or anomalously unstable), with a nonzero relaxation (or growth) rate for angular fluctuations, not parallel to the ordering direction, at zero wavenumber. This screening of the broken-symmetry mode in the stable state does lead to conventional rather than giant number fluctuations as argued by Bricard et al., Nature **503**, 95 (2013), but their bend instability in a splay-stable flock does not exist and the polar phase has long-range order in two dimensions. Our theory also describes confined three-dimensional thin-film suspensions of active polar particles as well as dense compressible active polar rods, and predicts a flocking transition without a banding instability

Biological systems and their artificial analogues, such as vibrated granular layers [1] and self-propelled rollers [2], are powered by energy supplied directly at the level of constituent particles, which leads to macroscopic stresses and currents. "Active hydrodynamics" [3–8], which describes how nonequilibrium currents and forces affect the orientational order of anisotropic units, presents a general framework to study the large-scale dynamics in such systems.

Active phases frequently defy expectations rooted in equilibrium physics. Motile XY spins [3–5, 9] on a substrate display long-range orientational order even in two dimensions, and anomalous number fluctuations with the standard deviation in number N of particles in a region growing more rapidly than \sqrt{N} [3, 9–11]. Enhancing the noise in this system yields an isotropic phase via an instability towards an inhomogeneous, polarised banded phase ultimately rendering the transition discontinuous [12, 13].

Much of our understanding of polar active systems [9, 12, 13] comes from studies that ignore any ambient solvent, but biological systems are typically suspensions in an incompressible fluid that mediates long-range hydrodynamic interactions. This aspect is well understood for bulk suspensions [3, 14, 15], but subtleties arise for systems confined to two dimensions by walls or adsorption on substrates. The Stokesian hydrodynamic interaction, although screened at leading order by the bounding surfaces, leaks through in a weakened form through the inescapable nonlocal constraint of incompressibility [16-19]. Although active variants of incompressible magnets [20] have been considered before [21, 22], this does not directly relate to the physics of polar suspensions in which only the *joint* density of the active particles and fluid is incompressible but the concentration of the polar particles, while conserved, may fluctuate.

In this Letter we present a general theory of a suspension of motile polar particles in a thin film of incompressible fluid, or equivalently a polar active gel [3] bounded by planar solid walls, taking the effects of incompressible flow correctly into account. Our main results are (i) Through the interplay of motility and incompressibility, a flock is stable for *all* wavevector directions, with deformations of the orientational broken-symmetry variable relaxing on a *finite*, *non-hydrodynamic* time-scale as the wavenumber $q \to 0$ for almost all wavevector directions. This contradicts the claimed generic bend instability [2] of confined incompressible flocks, and is, of course, contrary to conventional expectations [24] of a vanishing relaxation rate, in the long-wavelength limit, for Nambu-Goldstone modes [25]. The "gapping" of the orientational Nambu-Goldstone mode due to the active forcing of the velocity field of an incompressible fluid is closely akin to Anderson's original formulation [26] of the mechanism [27] for granting "mass" to such modes through the long-range character of the Coulomb interaction. (ii) Motility and incompressibility suppress the instability towards the inhomogeneous banded state that generically occurs in *compressible* polar systems between the ordered and the disordered states implying that a direct transition from an isotropic state to a homogeneous flock is possible, without the intervention of a banded phase. (iii) The variance of orientational fluctuations is non-divergent for $q \to 0$, with a correlation length that is finite for any nonzero motility. As a consequence number fluctuations are normal, with variance proportional to the mean [29]. (iv) Our main results remain correct up to very large length scales even in weakly compressible systems [1, 9, 23]. Our theory is relevant to all current experiments on planar confined active polar suspensions [31–33], which we illustrate by showing how it emerges

from the averaging of the dynamics of three-dimensional polar fluid confined in one direction.

We start by constructing the general dynamical equations for the polarisation $\mathbf{p}(\mathbf{r}, t)$ and the concentration $c(\mathbf{r}, t)$ of a collection of active units suspended in a fluid with the total velocity field of the particles and the fluid being $\mathbf{u}(\mathbf{r}, t)$, where \mathbf{r} is a two-dimensional position vector. The joint density ρ of the particles and the fluid is incompressible i.e. $\dot{\rho} = 0$ implying $\nabla \cdot \mathbf{u} = 0$. In the absence of activity and fluid flow, the equilibrium relaxation derives from a Landau-de Gennes free energy, which we write in the single Frank constant approximation for simplicity [34]:

$$\mathcal{H} = \int_{\mathbf{r}} \left[\frac{\alpha(c)}{2} |\mathbf{p}|^2 + \frac{\beta}{4} |\mathbf{p}|^4 + \frac{K}{2} |\nabla \mathbf{p}|^2 + \gamma \mathbf{p} \cdot \nabla c + c \ln c \right],\tag{1}$$

where the sign of $\alpha(c)$ determines the stability of the isotropic, flow-less phase. A negative $\alpha(c)$ gives rise to a non-zero polarization, which remains bounded due to the β -term and whose heterogeneities are suppressed by the elastic constant K. The γ -term describes the tendency of the polarity to align along or opposite to concentration gradients [35], while the last term is characteristic of an ideal solution (setting $k_BT = 1$).

To lowest order in gradients, the generic dynamical equation for \mathbf{p} is

$$\partial_t \mathbf{p} = \Lambda \mathbf{u} - \frac{\delta \mathcal{H}}{\delta \mathbf{p}},\tag{2}$$

where the coefficient Λ , whose sign depends on the detailed shape of a polar particle [1, 18], aligns the polarisation vector with the local suspension velocity and is specific to systems in contact with a substrate [1, 18, 36]. We treat it as independent of the direction of **p**, which does not qualitatively modify our conclusions [37]. The coefficient in front of the second term of the right-hand side of Eq. (2) is set to one through a proper choice of time units. Advective and self-advective terms, which are discussed in [37] are not displayed in (2) since they turn out to be less relevant than the terms retained in (2) even in the ordered phase. Ignoring inertia, Newton's second Law reduces to force balance which to lowest order in gradients is

$$\Gamma \mathbf{u} = v\mathbf{p} - \nabla \Pi - \Lambda \frac{\delta \mathcal{H}}{\delta \mathbf{p}},\tag{3}$$

where Γ is the coefficient of damping by the substrate and Π is the pressure that enforces incompressibility. $v\mathbf{p}$ denotes the active polar force-density of the particles. The final term on the right-hand-side of Eq. (3) is required to ensure that the steady-state in the limit of vanishing activity reduces to the equilibrium distribution. Finally, the continuity equation for the concentration field is

$$\partial_t c + \mathbf{u} \cdot \nabla c = -\nabla \cdot \left(\upsilon_p c \mathbf{p} - D_c c \nabla \frac{\delta \mathcal{H}}{\delta c} \right), \qquad (4)$$

where $v_p c\mathbf{p}$ denotes an active concentration current due to the motility of the particles [3–5, 9, 45] [30]. The final term leads to standard diffusive dynamics. Equations (2-4) are similar to the ones for two-fluid polar active systems [1], with the only difference being the incompressibility constraint.

To determine the stability of a homogeneous isotropic $(|\mathbf{p}| = 0)$ state, we perform a linear stability analysis of Eqs. (2) and (3). For $\Lambda v > 0$, the state is destabilised when [1]

$$\tilde{\alpha} = \alpha(c) - \frac{\Lambda v}{\Gamma + \Lambda^2} = \alpha(c) - w < 0.$$
(5)

Thus, for v > 0, a positive alignment parameter Λ reinforces the moving particles' alignment, thereby favouring the instability of the homogeneous disordered phase as in [18] (also see [37]). Following this instability, a homogeneous ordered phase with $\mathbf{p} = p_0 \hat{x}$, $c = c_0$ and $\mathbf{u} = u_0 \hat{x}$ may form, where $p_0^2 = |\tilde{\alpha}/\beta|$ and $u_0 = (w/\Lambda)p_0$. To study its stability, we project Eq. (3) transverse to the wavevector **q** to eliminate the velocity field. Introducing the polarisation fluctuations $\delta \mathbf{p} = (p_0 + \delta p)(\cos\theta \hat{x} + \phi)$ $\sin\theta\hat{y} - p_0\hat{x}$, we obtain equations for small deviations from the ordered state: $\partial_t(\delta c, \delta p, \theta) = \mathbf{M} \cdot (\delta c, \delta p, \theta).$ The three eigenvalues of matrix **M** characterise relaxation modes of the system. Naively, the presence of a conservation law for the concentration and broken rotation symmetry would suggest that two of these modes should be 'hydrodynamic', *i.e.*, the associated eigenvalues vanish in the $\mathbf{q} \to 0$ limit. A detailed calculation however reveals that this is not correct [37] in the presence of the motility-induced long-range interactions mediated by fluid incompressibility. Such long-range interactions suppress fluctuations in the ordered state, as in dipolar XY models [20, 46] or superconductors [26]. Here, they imply that our system has only one hydrodynamic mode associated with the conserved concentration field with relaxation rate $\kappa_c \propto q^2$, the stability of which we discuss later. The remaining two eigenvalues, which govern the dynamics of the polarization fluctuations, are nonhydrodynamic, and go to a finite limit as $\mathbf{q} \to 0$:

$$\kappa_{\pm}(\phi) = -\frac{1}{2} \left[w + 2|\tilde{\alpha}| \left(1 + \frac{\Lambda^2}{\Gamma} \sin^2 \phi \right) \pm \sqrt{\left[w + 2|\tilde{\alpha}| \left(1 + \frac{\Lambda^2 \sin^2 \phi}{\Gamma} \right) \right]^2 - 8|\tilde{\alpha}| w \sin^2 \phi \left(1 + \frac{\Lambda^2}{\Gamma} \right)} \right],$$
(6)

where ϕ is the angle between \mathbf{q} and $\hat{\mathbf{x}}$. For w < 0, one of the eigenvalues is always positive, implying a generic instability. For w > 0, both κ_+ and κ_- are stabilising, though one of the two eigenvalues (κ_-) vanish for fluctuations with wavevectors precisely along the ordering direction. This implies that all components of the polarisation vector have a finite exponential-decay time to their steady state value even in infinite systems, except for perturbations purely in ordering direction (i.e., $\phi = 0$), for which $\kappa_{-}(0) \sim -K_{p}(0)q^{2}$ (the somewhat cumbersome form of $K_{p}(\phi)$ is displayed in [37]). Crucially, K_{p} is not generically negative along any wavevector direction including along \hat{x} even at arbitrarily high activities [10]. Of course, K_{p} can turn negative along \hat{x} for certain choices of phenomenological parameters, leading to an instability of the polar phase. However, in this paper we focus on the case in which K_{p} is stabilising, leading to exceptionally stability of the ordered phase to polarisation fluctuations (since these fluctuations decay exponentially along almost all directions), a consequence of the interplay of active motility v, passive velocity response through Λ and incompressibility-induced long-range interactions.

While Eq. (6) demonstrates that two of the eigenvalues of the dynamical matrix **M** are stabilising, its third and only hydrodynamic eigenvalue $\kappa_c(\phi)$ also has to be negative for the existence of a homogeneous polar phase (see [37] for the expression of κ_c deep in the ordered phase). Close to the transition (*i.e.*, for $\tilde{\alpha} \to 0^-$), this eigenvalue is known to always turn positive for $\phi = 0$ in dry compressible systems [3], implying a generic instability towards a non-homogeneous, banded phase [12, 13, 47, 48]. In our suspension of active particles in an incompressible fluid however, the real part of this eigenvalue, in the limit $\tilde{\alpha} \to 0$, becomes isotropic and does not change sign suppressing this instability for all $-\gamma v_p < D_c w/c_0$, which is simply the condition for the stability of the homogneous flock:

$$\lim_{\tilde{\alpha}\to 0} \kappa_c(0) = -\left[D_c + \frac{c_0 \gamma \upsilon_p}{w}\right] q^2.$$
(7)

As a result, the transition to the ordered state in this system may not necessarily proceed via a banded phase unlike in dry flocks.

To determine the effect of noise on the ordered phase of our system, we first compute the static structure factor of angular fluctuations in the presence of a zero-mean Gaussian white noise $\xi(\mathbf{r}, t)$ in Eq. (2) with $\langle \xi(\mathbf{r}, t)\xi(\mathbf{r}', t')\rangle =$ $2B\delta(\mathbf{r} - \mathbf{r}')\delta(t - t')$. In the aligned phase, at small wavevectors, this yields

$$\lim_{q \to 0} S(q) = \lim_{q \to 0} \langle |\theta(\mathbf{q})|^2 \rangle = \frac{Bq^2}{K_p(0)q_x^4 + wq_y^2}$$
(8)

The integral of (8) over wavevectors \mathbf{q} converges, implying a finite amplitude for the angular fluctuations and thus the existence of a long-range ordered aligned polar phase. Furthermore, the dynamic structure factor of angular fluctuations [37] is also singularly modified due to the wavevector-independent relaxation rate – unlike usual systems which spontaneously break a continuous symmetry, it has no zero-frequency pole in the zero wavenumber limit except when this limit is approached along $\mathbf{q} = q\hat{x}$.

To verify that these conclusions, which we obtained by linearising Eqs. (2-4), is not modified by the inclusion of nonlinearities, we consider the simple case of a flock in which number is not conserved [49]. In this simple case, our model exactly maps onto the polar flock with constraint $\nabla \cdot \mathbf{p} = 0$ studied in Ref. [21] [37]. This mapping ultimately yields exact equal-time exponents of the ordered phase via a transformation to the KPZ equation [37]. This implies that our model, in which there is no explicit constraint on **p**, also has long-range order in two dimensions with the same roughness and anisotropy exponents as in Ref. [21]. This relation between the nonlinear theory of polar swimmers without number conservation in incompressible polar fluid and a theory of a suspension of polar active particles with $\nabla \cdot \mathbf{p} = 0$ is unusual: for instance, an *apolar* system in an incompressible fluid [10] does not correspond to a theory in which $\nabla \nabla : \mathbf{Q} = 0$, where **Q** is the apolar order parameter. In addition, removing the condition of fixed concentration introduces additional relevant nonlinearities and spoils the mapping, likely resulting in an ordered phase with distinct behaviour.

Beyond the existence of an ordered phase in two dimensions, a hallmark of active matter physics is the possibility of anomalous number fluctuations. To assess their existence in our system, we calculate the static-structure factor of density fluctuations. We find that the number fluctuations scale as \sqrt{N} as in equilibrium systems [37], despite the presence of an active particle current $\propto \mathbf{p}$ in Eq. (4). Indeed, since all components of \mathbf{p} have fast, non-hydrodynamic relaxation rates [50], the polarisation aligns with any gradient in concentration i.e. $\mathbf{p} \sim \nabla c$. Therefore, the active $\propto \mathbf{p}$ current is equivalent to a passive diffusive current, implying equilibrium-like statistics for the concentration fluctuations. This is a result of the non-zero restoring torque for orientational distortions even in the limit of long wavelengths [29].

While the above results are directly relevant for the experiments on single layers of motile particles (such as a more strongly confined variant of [2, 28], which would have an effectively two-dimensional incompressibility constraint), our theory also describes the effective thickness-averaged dynamics of three-dimensional films of polar active particles in an incompressible fluid of lateral dimension L, confined along the z direction over a length scale $h \ll L$. To demonstrate this, we describe the three-dimensional polar fluid by the threedimensional polarisation vector $\bar{\mathbf{p}}(\bar{\mathbf{x}},t) = (\bar{\mathbf{p}}_{\perp},\bar{p}_{z})$, velocity $\bar{\mathbf{u}}(\bar{\mathbf{x}},t) = (\bar{\mathbf{u}}_{\perp}, \bar{u}_z)$ and particle number $\bar{c}(\bar{\mathbf{x}},t)$, where $\bar{\mathbf{x}}$ is a three-dimensional position vector, and $\bar{\mathbf{p}}_{\perp}$ and \bar{p}_{z} and $\bar{\mathbf{u}}_{\perp}$ and \bar{u}_z are the projections transverse to and along the confining direction of the three-dimensional polarisation and velocity respectively. We further denote the three-dimensional gradient by $\overline{\nabla}$. The dynamics is described using a standard set of constitutive equations [51, 52], on which we use the lubrication approximation of thin-film flows [53] to project our equations in two dimensions, exploiting the fact that the gradients along z are large, namely $\partial_{\bar{z}} = \mathcal{O}(1/h) \gg \partial_{\bar{x}}, \partial_{\bar{y}}$ [37]. The thickness average of the three-dimensional viscous force density $\bar{\eta}\bar{\nabla}^2\bar{\mathbf{u}}$, with $\bar{\eta}$ being the viscosity of the threedimensional fluid, yields the friction-like force $-\Gamma \mathbf{u}$ in Eq. (3) to lowest order in h/L, where $\Gamma = 12\bar{\eta}/h^2$ and **u** is the thickness-averaged velocity in the xy plane, with the three-dimensional incompressibility condition translating into $\nabla \cdot \mathbf{u} = 0$. Beyond this standard viscous force and other passive terms reminiscent of classical hydrodynamics, our three-dimensional dynamical equations feature two three-dimensional active polar force densities, namely $\bar{\nabla}^2 \bar{\mathbf{p}}$ and $\bar{\nabla} \cdot (\bar{\mathbf{p}} \bar{\mathbf{p}})$ [52]. The former characterises the fore-aft symmetry around, and hence the motility of, an elementary active object. Upon thickness averaging it leads to the two-dimensional propulsive force $\propto \mathbf{p}$ of Eq. (3), where \mathbf{p} is the thickness average of the transverse polarization $\bar{\mathbf{p}}_{\perp}$. The latter active term determines the contractile or extensile character of active units, and leads to a force $\propto \nabla \cdot (\mathbf{pp})$, which is subdominant at large lateral scales and is thus not included in our two-dimensional equations. We similarly obtain Eq. (2) for the polarisation field by choosing walls forcing a non-trivial \bar{z} -dependence on the polarisation $\bar{\mathbf{p}}$ through the boundary conditions $\bar{\mathbf{p}}_{\bar{z}=0} = \hat{z}$ and $\bar{\mathbf{p}}_{\bar{z}=h} = -\hat{z}$. Polarization is generically affected by shear, which we describe through the symmetric strain rate tensor $\overline{\mathbf{U}} = (1/2)[\overline{\nabla}\overline{\mathbf{u}} + (\overline{\nabla}\overline{\mathbf{u}})^T]$. This gives rise to two different contributions to $\partial_t \bar{\mathbf{p}}$ in the three-dimensional polarization equation, namely $\bar{\nabla} \cdot \bar{\mathbf{U}} = (\bar{\nabla} \cdot \bar{\nabla}) \bar{\mathbf{u}}$ which describes the alignment of the polarisation vector with with the local *gradients* of the shear rate, and $\bar{\mathbf{p}} \cdot \bar{\mathbf{U}}$, which describes its alignment to a local shear flow. Again using lubrication arguments, we obtain the first term on the right-hand-side of Eq. (2) from the former. The latter leads to the usual flow-alignment, which aligns the polarity with the two-dimensional velocity gradient and due to its subdominance is not included in (2). Finally, the thickness-averaged concentration equation (4) is obtained by imposing no-flux boundary condition on the three-dimensional continuity equation for \bar{c} .

While strictly valid for incompressible systems, our conclusions regarding the non-hydrodynamic relaxation of angular fluctuations and non-giant number fluctuations are also applicable up to large length scales in weakly compressible systems such as fluid-less collections of motile particles or active polar rods in a dense bead medium [1]. To characterize such systems, we reintroduce the dynamics of their overall density field ρ which satisfies the conservation equation $\partial_t \rho = -\nabla \cdot (\rho \mathbf{u})$. We assume a linear relation between small changes in the pressure Π and the density $\rho: \Pi(\rho) - \Pi(\rho_0) \simeq \delta \rho / (\chi \rho_0)$, where χ is the fluid's compressibility, $\delta \rho = \rho - \rho_0$, ρ_0 is the average density and consider a system deep in the ordered phase, implying a fast relaxation of δp to zero.



FIG. 1. A log-log plot of the dimensionless decay rates for the two eigenmodes associated with the coupled dynamics of the total density and angular fluctuations in a weakly compressible system [Eq. (9)]. While both modes display a diffusive (slope 2) relaxation at low dimensionless wavevector \tilde{q} , taking the dimensionless compressibility $\tilde{\chi}$ to zero shifts the blue curve to the left, implying that the relaxation rate associated with any finite \tilde{q} goes to infinity. Meanwhile, the second relaxation rate (black curve) develops a wide \tilde{q} -independent plateau, mimicking the non-hydrodynamic relaxation rate associated with a truly incompressible system.

Here, we consider only the coupled dynamics of ρ and θ described by Eqs. (2-3) (consideration of fluctuations in c does not change our qualitative result [37]). Defining the non-dimensional compressibility $\tilde{\chi} = \chi K_p \rho_0 \Gamma$, we first check the fate of the relaxation rate of angular fluctuations in our weakly compressible fluid ($\tilde{\chi} \ll 1$). Focussing on the direction $\phi = \pi/2$, which displays the strongest incompressibility-induced stabilization in the incompressible case, we calculate the eigenvalues associated with the coupled density and orientational dynamics ($\delta \rho, \theta$):

$$\kappa_{\pm}' = -\frac{w\tilde{q}^2}{2\tilde{\chi}} \left[1 + \tilde{\chi} \pm \sqrt{(1-\tilde{\chi})^2 - \frac{4\tilde{\chi}}{\tilde{q}^2}} \right], \qquad (9)$$

with $\tilde{q} = q\sqrt{K_p/w}$. $\kappa'_+ \sim -w\tilde{q}^2/\tilde{\chi}$ diverges as $\tilde{\chi} \to 0$ (see Fig. 1), indicating that the pressure homogenises quickly in a nearly-incompressible medium and the orientation θ relaxes at a rate κ'_- . In an incompressible system, this relaxation rate went to a finite limit as $q \to 0$. This is not strictly the case here, as $\kappa'_- \propto -\tilde{q}^2$ for wavevectors $\tilde{q} < \tilde{\chi}^{1/2}$. However, κ'_- has a plateau for intermediate wavevectors $\tilde{\chi}^{1/2} < \tilde{q} < 1$ that extends to $q \to 0$ for $\tilde{\chi} \to 0$. As the smallest wavevector realisable in a system of size L is π/L , a weakly compressible polar fluid is indistinguishable from a truly incompressible one for $L \ll 1/\sqrt{\tilde{\chi}}$, and is, therefore, deprived of giant-number fluctuations, while larger systems display it.

While our discussion has so far focused on polar particles that align with the local flow (w > 0), consistent with existing experiments [1, 2], systems with w < 0 are conceivable [54]. One possibility would be particles that point opposite to the local flow $(\Lambda < 0)$ while moving along their polarity (v > 0). In this case the homogeneous ordered phase is unstable and all perturbations with wavenumber smaller than $\sqrt{K/(|w|\sin^2 \phi)}$ grow exponentially. This instability, which leads to a finite correlation length for the polarisation field, is distinct from the one that leads to a polarised, concentration-banded state in dry active systems [12]. Nevertheless, since the polarisation correlation diverges precisely along the ordering direction, a banded chevron state with counterpropagating polar lines may be the steady state in this case.

The analysis presented here clarifies theoretical expectations on the structure of number fluctuations of motile systems in confined incompressible fluid, which have been a source of confusion [2]. It moreover provides a framework to analyze the dynamics of numerous quasi-2D biological systems, which are almost invariably immersed in an incompressible fluid, from the scale of the intracellular medium [31] to that of crawling cell layers [55]. Its predictions of non-hydrodynamic relaxation, the possible absence of a banding phase at the disorder-order transition and normal number fluctuations should be testable in any of these contexts or in artificial chemotactic colloids [56]. Our results are also largely applicable to weakly compressible systems such as dense granular layer of polar rods or dense mixtures of rods and beads [1]. From a theoretical standpoint, our work establishes that hydrodynamic interactions singularly alter *equal-time* as well as time-displaced correlations of the orientation even when the long-wavelength fluctuations of the fluid momentumdensity are damped by friction with a substrate via a non-equilibrium analogue of the classic Anderson-Higgs mechanism. Alongside the breaking of the Hohenberg-Mermin-Wagner theorem [4, 9] and existence of anomalously large fluctuations [3, 5, 9], this finding constitutes another striking violation of equilibrium expectations in active matter.

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* ananyo.maitra@u-psud.fr

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[†] martin.lenz@u-psud.fr

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