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Sign-changing photon-mediated atom interactions in multimode cavity QED

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Sign-changing interactions constitute a crucial ingredient in the creation of frustrated many-body systems such as spin glasses. We present here the demonstration of a photon-mediated sign-changing interaction between Bose-Einstein condensed (BEC) atoms in a confocal cavity. The interaction between two atoms is of an unusual, nonlocal form proportional to the cosine of the inner product of the atoms’ position vectors. This interaction arises from the differing Gouy phase shifts of the cavity’s degenerate modes. The interaction drives a nonequilibrium Dicke-type phase transition in the system leading to atomic checkerboard density-wave order. Because of the Gouy phase anomalies, the checkerboard pattern can assume either a sine or cosine-like character. This state is detected via the holographic imaging of the cavity’s superradiant emission. Together with Ref. [1], we explore this interaction’s influence on superradiant phase transitions in multimode cavities. Employing this interaction in cavity QED spin systems may enable the creation of artificial spin glasses and quantum neural networks.

The strong atom-photon interactions provided by cavity QED [2] open new avenues toward exploring quantum many-body physics in a nonequilibrium setting [3–5]. For example, cavity QED with Rydberg atoms provides strong nonlinear interactions between photons [6] and can lead to topologically nontrivial many-body states [7]. Nonequilibrium Dicke superradiant phase transitions [3, 5, 8] and other superradiant transitions [9, 10] have been observed in transversely pumped cavities with thermal atoms [11] and BECs [12, 13], including transitions leading to supersolids [14], superradiant Mott insulators [15, 16], and polariton condensates of supermode-density-waves [17] and spinors [18–20].

Superradiant phase transitions emerge for an ensemble of randomly distributed atoms trapped inside a transversely pumped cavity [9, 21]. Beyond a threshold pump strength, the cavity-photon-mediated interaction energy overcomes the kinetic energy cost associated with the formation of an atomic density wave (DW). Consequently, the atoms self-organize into a checkerboard pattern on the lattice formed by the transverse pump and cavity mode. The phases of the atomic DW and cavity mode are locked together and locked to either $\{0, \pi\}$ with respect to the pump, thus breaking a $\mathbb{Z}_2$ symmetry [9, 13, 22].

In the dispersive limit of cavity QED, where the pump field is not resonant with the cavity modes, the photon field may be adiabatically eliminated. These superradiant phase transitions may then be seen to arise from an effective Hamiltonian with an atom-atom interaction (or spin-spin interaction for spinful atoms) mediated by the exchange of virtually excited cavity photons [3, 19, 23]. Single-mode cavities support infinite-range interactions among the atoms, while multimode cavities provide the means for tuning the range of interactions [23] and may allow the formation of superfluid liquid crystalline-like states [24, 25]. Photon-mediated interactions might also be possible via the use of photonic waveguides [26] and are similar to the phonon-mediated interactions demonstrated among trapped ions [27–29].

While tunable in range, the interactions among neutral atoms $i,j$ have been demonstrated with only a fixed-sign coupling $J_{ij}$ [23]. A wider range of many-body phenomena might be possible if $J_{ij}$ were to flip in sign, because sign-flipping can induce frustrated interactions, as has been demonstrated with ions [30]. With the addition of positional randomness, structural [24, 25] and spin glasses [31, 32] of atoms in multimode cavities and waveguides [33] may be possible. These fascinating states exhibit rigidity that arises from a complex—and in some limits, unknown—order and symmetry breaking [34, 35]. Creating a tunable-interaction-range spin glass in the quantum-optical setting would provide a novel platform for investigating both how such order emerges, and how quantum phenomena may affect glassy physics.

In a step toward this goal, we demonstrate a sign-changing, nonlocal $J_{ij}$ using a multimode cavity. Previously, we presented a derivation of this term and provided experimental evidence for its existence [23]. However, the work neither demonstrated its sign-changing property, nor explored an additional DW degree of freedom that arises due to the Gouy phase anomalies. This degree of freedom corresponds to a BEC in a multimode cavity adopting a DW pattern of either $\cos k_r z$ or $\sin k_r z$ character (along the cavity axis $\hat{z}$). Here, $z = 0$ is defined at the cavity center, $k_r = 2\pi/\lambda$, and $\lambda = 780$ nm is the cavity and pump wavelength. We discuss the nonlocal term and how this new DW degree of freedom can be tuned before presenting results of three experiments. The first and second experiments demonstrate the switching between $\cos k_r z$ or $\sin k_r z$ DWs for a cavity with one
and two intracavity BECs, resp., while the third demonstrates the sign-changing capability of the interaction using two intracavity BECs moved relative to one another. A companion paper [1] presents background theory and corroborating experiments in addition to other aspects of interactions induced by Gouy phase anomalies.

The nonlocal interaction term \( U_{\text{nonlocal}} \) arises from the differing Gouy phase shifts of the degenerate modes of the near-confocal multimode cavity. Gouy phase anomalies occur in any focused wave and lead to a phase advance as the field propagates through its waist [36–41]. Fields of higher-order Hermite-Gaussian transverse profiles \( \Xi_{l,m} \) exhibit Gouy phase shifts that increase as \( 1 + l + m \). This causes transverse \( \text{TEM}_l,m \) modes of a cavity with the same longitudinal mode number \( Q \) to resonate at different frequencies. However, when special geometrical conditions are met, as, e.g., in a confocal cavity, transverse modes with differing \( Q \) become degenerate; see Fig. 1(a). At one such degenerate frequency, all modes are either even- or odd-parity. We employ an even-parity resonance, and therefore, mirror images of the same field amplitude are supported symmetrically across the cavity axis. See Fig. 1(c).

The differing Gouy phases of the modes affect the form of the interaction because the photon-mediated interaction in a multimode cavity arises from the exchange of photons in a superposition of all available modes at the positions of the two atoms [23–25]. When accounted for in the sum over all modes, the Gouy phases contribute an additional interaction energy \( U_{\text{nonlocal}} \) to the local interaction; Ref. [1] provides a more physically intuitive description of the origin of this effect. The form of the nonlocal term is derived in Refs. [1, 23] to be

\[
U_{\text{nonlocal}}(r_i, r_j) = J_0 D_{\text{nonlocal}}(r_i, r_j) \cos k_r x_i \cos k_r x_j,
\]

where \( r_i = (x, y) \) coordinates of atom \( i \), \( D_{\text{nonlocal}}(r_i, r_j) = \cos (2 \pi r_i r_j / w_0^2) / 4 \pi \), and \( w_0 = 35 \mu m \) is the TEM\(_{0,0} \) mode waist. The coupling strength is \( J_0 = g_0^{\text{vac}} \Omega^2 / \Delta_a^2 \Delta_0 \), where \( g_0^{\text{vac}} = 2 \pi \times 1.47(3) \) MHz is the vacuum Rabi rate for an atom coupled to the center of the TEM\(_{0,0} \) mode, \( \Omega^2 \) is proportional to the pump intensity, and \( \Delta_a = -2 \pi \times 102 \) GHz is the detuning of the pump from the atomic excited state. The position-dependent prefactors \( \cos k_r x_i \) appearing in the interaction arise due to the standing-wave pump [42]. The local interaction is comprised of the real and mirror image terms

\[
U_{\text{local}}^\pm(r_i, r_j) = U_{\text{local}}(r_i, r_j) \pm U_{\text{local}}(r_i, -r_j) \quad [1, 23],
\]

where \( \pm \) correspond to even (odd) resonances; we employ even.

FIG. 1. (a) Relationship between modes in a near-planar cavity (upper) versus a near-confocal cavity (lower). As \( R \to L \), higher-order transverse modes shift further in frequency than lower-order modes due to differential Gouy phases. (Near-)degenerate resonances arise at confocality \( (R \approx L) \) comprised of modes (either even or odd) from different longitudinal families \( Q \) with different longitudinal patterns, as indicated. (b) Sketch of experimental apparatus showing one of two possible BECs (red sphere) confined within the cavity by optical tweezer traps (not shown). Two images (real and mirror) of the supermode created by the BEC appear in the cavity emission due to the fixed parity of the confocal cavity modes [17, 23, 36]. Spatial heterodyning of the emitted field is performed by interfering the pump laser (red) and cavity emission (blue) at the EMCCD camera. (b, c) Simulation illustrating (d) the intracavity field pattern and (e) resulting camera image of the object plane. In a ray-tracing picture, the mode of a confocal cavity adopts a bow tie pattern [36]; in the wave picture shown here, spots emerge from the bow tie’s arms, and an interference pattern from the bow tie’s cross. \( U_{\text{nonlocal}} \) arises from photons exchanged via this interference field, hence its oscillatory form, while photons exchanged via the bright spots induce the \( U_{\text{local}}^+ \) terms. (e) Color wheel illustrating the complex electric field.
Obviously, $m \equiv 4 \equiv 2$ modes [43]. Thus, while in a single-mode cavity $H \propto J_0 \cos k_r z_i \cos k_r z_j$, in a confocal cavity, the total interaction is

$$U \propto U_c(r_i, r_j) \cos k_r z_i \cos k_r z_j + U_s(r_i, r_j) \sin k_r z_i \sin k_r z_j,$$

where $U_c = U_{\text{local}}^c \pm U_{\text{nonlocal}}$ [1, 23]. Moreover, while the atomic wavefunction may be expanded as $\Psi = \psi_0 + \sqrt{2} \psi_c \cos k_r x \cos k_r z$ in a single-mode cavity, an additional atomic field is required in a confocal cavity:

$$\Psi = \psi_0 + \sqrt{2} \cos k_r x \psi_c \cos k_r z + \psi_z \sin k_r z.$$  

Here, $\psi_{c,s}$ are the wavefunctions describing the fraction of atoms organized into the orthogonal sine versus cosine quadratures of the longitudinal profile; $\psi_0$ is the initial BEC wavefunction in the optical dipole trap [44]. The BEC condenses into either the sine or cosine DW according to which DW minimizes energy at the BEC position. We note that this choice of DW is solely determined through $U_{\text{nonlocal}}$ since the $U_{c,s}$ have the same contribution from $U_{\text{local}}$. The remaining $Z_2$ symmetry of the checkerboard pattern (i.e., the choice of $\delta = (0, \pi)$) is spontaneously broken as in a single-mode cavity.

The order parameter associated with the transition is composed of the fractions of atoms acquiring a $\lambda$-periodic density modulation in either of the two DWs patterns and the $\delta$ phase of the wave therein; in terms of these wavefunctions, the order parameters are $\chi_{c,s} = \psi_0 \psi_{c,s}/N$, where $N$ is the BEC population. Each $\chi$ may be viewed as a pseudospin with max/min value $\pm 1$; the sign of $\chi$ indicates the relative pseudospin alignment. For BECs at $r_i$ and $r_j$, one may transform the system’s light-matter interaction into an effective spin interaction Hamiltonian of the form $H_{ij} = -J_{ij}(\chi_{ci} \chi_{cj} - \chi_{si} \chi_{sj})$ after spatial integration [45]. Here, $J_{ij} \propto N J_0 D_{\text{nonlocal}}(r_i, r_j)$ and $N$ is each BEC’s population. The total effective single-BEC Hamiltonian interaction is $H_1 = H_{ii}$. The BEC organizes into $\chi_c$ or $\chi_s$ depending on which DW pattern minimizes $H_{ii}$, i.e., whether $J_{ii}$ is positive or negative. Likewise, for two BECs of equal size and shape, $H_2 = H_{ii} + H_{jj} + 2H_{ij}$.

The experimental apparatus is shown in Fig. 1(c). The BECs contain $\sim 2 \times 10^5$ $^{87}$Rb atoms in the $|F = 1, m_F = -1 \rangle$ state. Optical tweezers position and confine each BEC in a tight trap of diameter $< 10 \mu m$—smaller than $w_0$. See Refs. [23, 45, 46] for BEC preparation and optical tweezing procedures. To measure the field amplitude and phase of the superradiant emission, the cavity field and part of the pump are interfered on an EMCCD camera. This spatial heterodyne measurement is holographically reconstructed to provide the cavity field amplitude and phase; see Fig. 1(e–f) and Refs. [19, 47].

Cavity-field-emission measurements may be interpreted as cavity-enhanced Bragg scattering: in the organized phase, the transverse pump light is Bragg scattered into the cavity mode from the atomic checkerboard pattern. The phase of the coherently scattered light is therefore directly correlated with the phase of the DW. In addition, in a near-confocal cavity, organization into $\chi_c (\chi_s)$ is heralded by a 0 ($\pi$) phase shift between the cavity emission from the position of the BEC and its mirror image (due to $U_{\text{local}}$) versus that from the center of cavity (due solely to $U_{\text{nonlocal}}$) [1]. This phase shift may be traced back to the $\pm$ sign difference between the $U_{\text{local}}$ and $U_{\text{nonlocal}}$ terms in $U_{c,s}$ [1]. Figure 2 presents observations of this effect, where the amplitude and phase of superradiant emission from a single BEC at two different positions $r_i$ is shown. These data demonstrate the ability to tune the DW order from a cosine to sine pattern by controlling $r_i$ [48].

Measurements of $\chi_{c,s}$ are possible using two intracavity BECs. Absent cross-coupling, each BEC can independently choose a $\delta$ phase of its DW pattern, resulting in an enlarged $Z_2 \otimes Z_2$ symmetry for the system. Detection of their relative checkerboard states is possible.
since a \( \chi_e \) DW is \( \pm \pi/2 \) out of phase from a \( \chi_s \) DW, where the \( \pm \)-sign reflects the relative \( \delta \)-phase of their checkerboard states. That is, the \( \text{sgn}\{\chi_{e,s}\} = +1 \) DW is \( \delta = \pi \) out of phase from the \( \text{sgn}\{\chi_{e,s}\} = -1 \) DW. To observe this effect, we place one BEC at \( \delta = 0 \) and the other at \( \delta = \sqrt{w_0}/2 \), as shown in Fig. 3a. This sets \( J_{11} = -J_{22} = N \) and the cross-term \( H_{12} = 0 \) because the \( J_i \) terms cause the two BECs to prefer opposite DW quadratures (sine versus cosine). That is, the cross-terms in \( H_{12} \) vanish \( \chi_{e1}\chi_{e2} = \chi_{s1}\chi_{s2} = 0 \) since \( \chi_{e1} \neq 0 \) & \( \chi_{s1} = 0 \) for the first BEC and \( \chi_{e2} = 0 \) & \( \chi_{s2} \neq 0 \) for the second. This is shown in the measured electric fields of Fig. 3(b,c). We see that the phase of light emitted at the \( \delta = 0 \) BEC (along with the bow tie interference fringe at which it is located) is indeed shifted by \( \pm \pi/2 \). Because each BEC is free to choose between the \( \mathbb{Z}_2 \)-symmetric checkerboard states within the preferred DW profile, we observe a random, nearly 50/50 distribution in relative sign over the course of multiple experimental realizations. This lack of \( \mathbb{Z}_2 \)-broken-symmetry bias indicates the absence of inter-BEC coupling (i.e., \( H_{12} = 0 \)), as intended [49].

Having demonstrated the DW-pattern-shifting effect of \( U_{\text{nonlocal}} \), we now present observations of its sign-changing character. Again, we use two BECs, but fix one BEC at \( \delta = \sqrt{w_0}/2 \), which sets \( J_{11} = N \), while moving the position \( \delta_2 \) of the second BEC in a range of positions satisfying \( J_{22} > 0 \); see Fig. 4. This causes each BEC to energetically prefer organization into the same DW pattern, \( \cos(k_c z + \delta) \), associated with pseudospins \( \chi_{e1} \) and \( \chi_{e2} \), but leaves each DW’s \( \delta \) (i.e., its checkerboard pattern) free to be determined through the nonlocal cross-term interaction \( J_{12} \). The relative pseudospin alignment of \( \chi_{e1} \) versus \( \chi_{e2} \) is then set by each DW’s choice of \( \delta \). The coupling of the DWs via \( H_{12} \) locks the BECs’ DW patterns to each other, reducing the symmetry to a single \( \mathbb{Z}_2 \), as in the single BEC case. \( J_{12} \) is positive in the region between \( \delta = 0 \) and \( \delta \approx \sqrt{2w_0}/4 \), and so the two pseudospins align such that \( \text{sgn}\{\chi_{e1}\chi_{e2}\} = +1 \). However, as the cross-term interaction strength approaches 0 near \( \delta \approx \sqrt{2w_0}/4 \), the relative phase between the DWs becomes uncorrelated and randomly fluctuates between 0 and \( \pi \), reflecting the re-emergence of the \( \mathbb{Z}_2 \otimes \mathbb{Z}_2 \) symmetry. This can be seen by comparing the plot of \( J_{12} \) in Fig. 4e with the data. For larger \( \delta \)’s, \( J_{12} \) changes sign, causing an antiferromagnetic alignment \( \text{sgn}\{\chi_{e1}\chi_{e2}\} = -1 \) and reduction down to a single \( \mathbb{Z}_2 \) again. This is manifest in a \( \pi \) relative phase change between the light emitted from the two BECs [50]. To track this interaction sign change, we measure the field phase at each \( \delta \) and plot the phase difference between the two sets of spots in Fig. 4e.

We have demonstrated that the nonlocal interaction arising from Gouy phase anomalies in a confocal cavity
offers a new tool to engineer cavity-mediated atom-atom interactions. Freezing the atoms into position, e.g., with an optical lattice, and coupling the atomic spins as in Ref. [19], would allow $U_{\text{nonlocal}}$ to mediate sign-changing spin-spin interactions of the form $\cos(2\mathbf{r} \cdot \mathbf{w}/2)$. This demonstration of sign-changing photon-mediated interactions, in conjunction with our recent demonstrations of spin-spin interactions [19] and tunable-range atom-atom interactions [23]—all within the same experimental apparatus—open the door to creating artificial spin glasses. With optical tweezers to place atoms in reproducible configurations [51, 52], the exploration of replica symmetry breaking might be possible [34]. While replica symmetry breaking should be manifest in infinite-range spin glasses, the microscopic state of short-range spin symmetry breaking should be manifest in infinite-range symmetry breaking might be possible [34]. While replica symmetry breaking is a challenge, placing atoms in specific locations to realize a particular graph of $\pm J_{ij}$ connectivity may provide a means for performing combinatorial optimization and Hopfield associative memory [31, 53–55] in a quantum-optical setting.

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Reference [23] derived the nonlocal term under conditions of a traveling-wave pump. This work and Ref. [1] consider a standing-wave pump because this is likely to be used in the future to implement Ising spin models.

This is true close to the center of the cavity and when we fix the longitudinal pattern of the TEM₀₀ to be cos kₙz [1].

This expansion is valid under the experimentally satisfied condition of low momentum excitation.

See Supplemental Material [url] for information on experimental details and the effective Hamiltonian, which includes Ref. [56].


The phase δ can be detected with a temporal heterodyne measurement [9, 13, 17].

Finite-size effects likely bias the symmetry-breaking a small amount [22].

We cannot determine the value of χ, only the relative phase shift.


