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**Abstract**

Due to their weak interlayer bonding, van der Waals (vdW) solids are very sensitive to external stimuli such as strain. Experimental studies of strain tuning of thermal properties in vdW solids have not yet been reported. Under ~9% cross-plane compressive strain created by hydrostatic pressure in a diamond anvil cell, we observed an increase of cross-plane thermal conductivity in bulk $MoS_2$ from 3.5 $Wm^{-1}K^{-1}$ to about 25 $Wm^{-1}K^{-1}$, measured with a picosecond transient thermoreflectance technique. First-principles calculations and coherent phonon spectroscopy experiments reveal that this drastic change arises from the strain-enhanced interlayer interaction, heavily modified phonon dispersions, and decrease in phonon lifetimes due to unbundling effect along cross-plane direction. The contribution from the change of electronic thermal conductivity is negligible. Our results suggest possible parallel tuning of structural, thermal and electrical properties of vdW solids with strain in multi-physics devices.

**Main Text**

Strain is an effective tool to tune physical properties in a wide range of materials [1-4]. In transition metal dichalcogenides (TMDs), a family of two-dimensional (2D) van der Waals (vdW) solids, strain can alter the interlayer distance, as well as bond strength, length and angle between the transition metal and chalcogen atoms, modifying the interatomic orbital coupling, interlayer wavefunction overlap and valence band splitting [5-7]. Changes in these physical parameters can modulate electronic and phononic properties to a great extent. For example, the electronic band gap and phonon Raman peaks in TMDs have been shown experimentally very sensitive to strain, with an $A_{1g}$ phonon Raman shift as large as ~5-6 $cm^{-1}$/% [8-13]. In traditional mechanical bending/stretching experiments, the 2D materials sit on a flexible substrate and strain is determined

by the elongation or radius of curvature of the substrate [8, 9, 14, 15]. Any slippage across the

sample/substrate interface or imperfect strain transfer across layers can introduce large uncertainties.

Therefore, the reported values of strain-induced Raman peak shifts using these techniques vary

significantly and are sometimes contradictory [8, 10, 16] (Fig. S5). Moreover, strains generated in

stretching/bending experiments are typically only less than 4% [8, 17]. Hydrostatic pressure created

in a diamond anvil cell (DAC) can generate compressive strain as high as 30% [18, 19], without

introducing any damage to the samples. DACs have been extensively used in the geophysics field to

simulate the high-pressure environment in planetary interiors [20]. Pressure in a DAC is determined

by monitoring the fluorescence peak of a ruby crystal placed adjacent to the sample, with an

accuracy better than 1 GPa (Fig. S2). *In situ* high-pressure synchrotron X-ray diffraction (XRD)

experiments measure the pressure-induced change in lattice parameters, from which the resultant

strain can be determined. The reported Raman peak shifts of 2D materials under strain generated in

a DAC are highly consistent among different studies, including our own [21-25] (Fig. S2).

Previous studies demonstrated that with about 9% cross-plane compressive strain, molybdenum

disulfide ($MoS_2$), one of the most studied TMD material for novel electronics [26-30], exhibits a

semiconductor to metal (S-M) transition [6, 31], with an electrical conductivity enhancement from

0.03 S/m to 18 S/m [19, 21]. Extreme strain should also have a profound impact on phonon

transport properties, which can affect the thermal conductivity in $MoS_2$. $MoS_2$ possesses highly

anisotropic thermal conductivities along in-plane and cross-plane directions. The reported in-plane

thermal conductivity ($\kappa_{//}$) ranges from 35 to 85 $Wm^{-1}K^{-1}$ [32-34] – more than 10x higher than the

cross-plane thermal conductivity ($\kappa_{\perp}$ ~2-4.5 $Wm^{-1}K^{-1}$) [32, 35-37]. Small $\kappa_{\perp}$ could jeopardize heat

dissipation of TMD-based electronics, and techniques to enhance the cross-plane thermal

conductivity are required. Previous theoretical studies of strain's effect on thermal conductivity in

TMDs have reached inconsistent conclusions [38-42], and experimental studies have not yet been reported. Thus, exploring the tunability of thermal conductivity in TMDs with strain will not only have scientific significance, but also inform thermal management techniques in all TMD-based electronic devices.

In this work, a DAC device is integrated into our recently developed picosecond transient thermoreflectance (ps-TTR) system [43] to study strain-tuned cross-plane thermal conductivity ($\kappa_\perp$) in bulk $MoS_2$ up to ~19 GPa (over 9% cross-plane strain). We observed roughly a 7x increase of $\kappa_\perp$, from 3.5 W m$^{-1}$K$^{-1}$ at ambient pressure to about 25 W m$^{-1}$K$^{-1}$ at 19 GPa. First-principles calculations and electrical conductivity measurements suggest that this drastic change arises mainly from the substantially strengthened interlayer force and heavily modified phonon dispersions along the cross-plane direction. The group velocities of coherent longitudinal acoustic phonons (LAP), measured with coherent phonon spectroscopy (CPS), increase by a factor of 1.6 at 19 GPa due to phonon hardening, while their lifetimes decrease due to the phonon unbundling effect. Our findings could be extended to any 2D materials bonded by vdW forces, down to bi-layer systems.
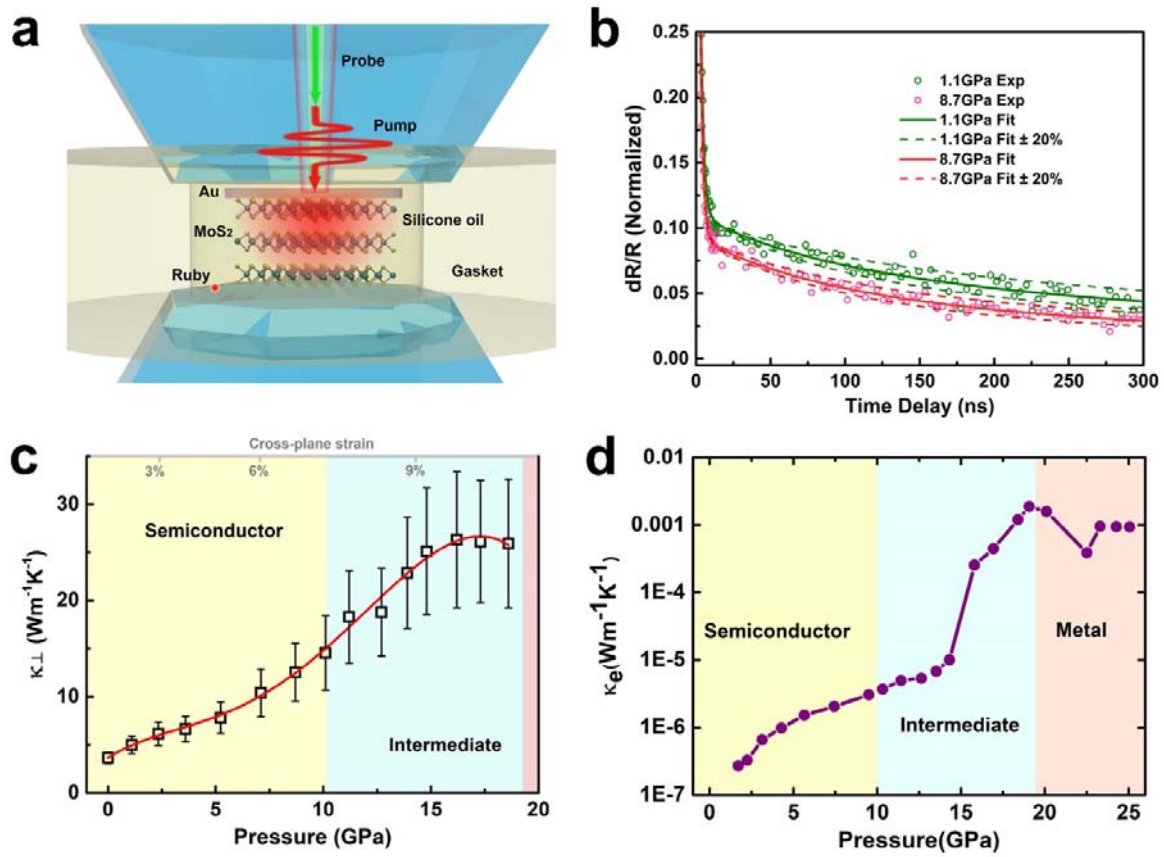
**FIG. 1. Experimental setup, total and electronic thermal conductivity under high pressure. (a)** Schematic of thermal conductivity measurement with a diamond anvil cell (DAC) integrated with a ps-TTR system. **(b)** Experimental data and fitting of ps-TTR measurements at two selected pressures, with ±20% confidence interval shown. **(c)** Extracted cross-plane thermal conductivity (both lattice and electronic) as a function of pressure. The red curve is included only as a guide to the eye. Semiconducting and intermediate regions are labeled based on Ref. [19]. **(d)** Electronic thermal conductivity of $MoS_2$ against pressure, determined from measured electronic conductivity via the Wiedemann-Franz law [19]. Three regions of the semiconductor to metal transition are labeled.

Fig. 1(a) shows a DAC device implemented into our ps-TTR system (Fig. S6). The force exerted by two opposing diamonds is transformed into hydrostatic pressure through the pressure medium: low-thermal-conductivity silicone oil. A ruby crystal placed adjacent to the sample serves as the pressure calibrant [44]. The $MoS_2$ sample used in this study was prepared by mechanical exfoliation, with a thickness of about 20 μm. Raman spectra suggest that our sample remains in the

95    2-H phase throughout the pressure range measured (Fig. S3). Our pressure-dependent Raman shifts

96    of $A_{1g}$ and $E_{2g}$ phonons agree well with literature data [22, 23] (Fig. S4). A 61-nm thick Au thin film

97    was deposited onto the sample surface to increase the thermoreflection of the probe (532 nm). Fig.

98    1(b) presents the thermoreflectance spectra at two selected pressures. A one-dimensional (1D)

99    thermal conduction model was used to calculate the time-resolved temperature profile and extract

100    thermal conductivity from experiments:

101 $$\rho c_p \frac{\partial T}{\partial t} = \kappa \frac{\partial^2 T}{\partial z^2} + \dot{S} \tag{1}$$

102    In Eqn. 1, $\rho$ is density, $c_p$ is specific heat, $T$ is temperature, $\kappa$ is thermal conductivity and $\dot{S}$ is the

103    heating source term for the pump laser. With a Gaussian laser pulse, the source term takes the form:

104    $\dot{S} = I_0(1-r)\alpha \, exp\left(-\frac{t^2}{\tau^2}\right) exp(-\alpha z)$, where $I_0$ is peak laser intensity, $r$ is reflectivity (0.979 at

105    1064nm), $\alpha$ is the absorption coefficient of Au at pump wavelength ($8.22\times10^5$ cm$^{-1}$ at 1064 nm), and

106    $\tau$ is the laser pulse width (full width at half maximum, 15 ps). Pump and probe spot sizes are 120

107    μm and 10 μm ($1/e^2$ diameter), respectively. With a pump pulse energy of 800 nJ, the temperature

108    rise in the Au layer is estimated to be about 9 K. Sensitivity and uncertainty analysis show that

109    temperature profiles are mainly sensitive to $\kappa_{MoS2}$ after 100 ns (Fig. S9). Experimental data up to

110    300 ns are used for fitting to extract $\kappa_{MoS2}$. Our thermal conduction model considers the silicone oil,

111    Au thin film and MoS$_2$ layers as well as the interfaces between them, though not the diamond, as

112    the sample thickness (20 μm) is much greater than the thermal diffusion length ($D = \sqrt{\frac{\kappa}{c_p} \cdot t_{max}}$ is

113    estimated to be ~ 1.8 μm, if using $\kappa_{MoS2}$= 25 Wm$^{-1}$K$^{-1}$, $c_p = 2.3\times10^6$ Jm$^{-3}$K$^{-1}$ and $t_{max}$=300 ns).

114    Pressure could strongly affect many thermal parameters in the heat conduction model; however, the

115    major unknowns are $\kappa_{MoS2}$, the interface thermal resistance between silicone oil and Au ($R_{oil/Au}$), and

116    that between Au and MoS$_2$ ($R_{Au/MoS2}$). Values of other parameters at high pressure can be extracted

117    from literature (Fig. S8), or neglected due to the close-to-zero sensitivity compared with $\kappa_{MoS2}$.

118     (Sections V&VI in the supplemental material <mark>[47]</mark>.)

119     Plotted in Fig. 1(c) is the pressure-dependent cross-plane thermal conductivity $\kappa_{\perp,total}$ of $MoS_2$

120     extracted from ps-TTR measurements (see Fig. S10 for pressure-dependent $R_{oil/Au}$ and $R_{Au/MoS2}$ ). At

121     ambient pressure, the measured $\kappa_{\perp,MoS2}$ and interface resistance $R_{Au/MoS2}$ values are

122     $3.5 \pm 0.57$ $Wm^{-1}K^{-1}$ and $82\times10^{-9} \pm 14$ $Km^2W^{-1}$, respectively. Our $\kappa_{\perp,MoS2}$ value is within the range

123     of the previously reported results, between $2.0 \pm 0.3$ $Wm^{-1}K^{-1}$[32, 37] and $4.75 \pm 0.32$ $Wm^{-1}K^{-1}$[32,

124     37]. In literature, a value for $R_{Au/MoS2}$ of $58\times10^{-9}$ $Km^2W^{-1}$ was predicted with first-principles

125     calculations [54], consistent with what we have measured <mark>[55]</mark>. Over the entire pressure range, the

126     Kapitza length ($\Lambda = \kappa_{\perp,MoS2}R_{Au/MoS2}$) is comparable with the thermal diffusion length in the $MoS_2$

127     layer, and hence our experimental data is sensitive to both $\kappa_{\perp,MoS2}$ and $R_{Au/MoS2}$. (Section V in

128     supplemental material .)The top axis of Fig. 1(c) shows the corresponding strain along the

129     cross-plane direction, which is derived from the pressure-dependent lattice parameters of $MoS_2$ [19]

130     (Fig. S2). $\kappa_{\perp,total}$ exhibits a dramatic change from about 3.5 $Wm^{-1}K^{-1}$ at ambient pressure to about 25

131     W $m^{-1}K^{-1}$ at 15 GPa, and tends to saturate thereafter. Both $R_{oil/Au}$ and $R_{Au/MoS2}$ increase with pressure,

132     consistent with previous experimental and theoretical works [58-61] (Fig. S10). This ~7x $\kappa_{\perp,total}$

133     enhancement with pressure has two possible origins: a) enhanced electronic thermal conduction

134     along with S-M transition; b) enhanced phonon contribution due to reduced interlayer distance and

135     modified phonon structure.

136     Electronic thermal conductivity is related to electrical conductivity. Fig. 1(d) shows the

137     pressure-dependent electronic thermal conductivity converted from electrical conductivity

138     measurements [19] via the Wiedemann-Franz Law: $\kappa_e/\sigma=LT$, where $\sigma$ is electrical conductivity, $L$ is

139     Lorenz number taken as $2.44\times10^{-8}$ $W\Omega$ $K^{-2}$, and $T$ is temperature [62]. $\kappa_e$ increases from about $10^{-7}$

140     $Wm^{-1}K^{-1}$ at ambient pressure to about $10^{-3}$ $Wm^{-1}K^{-1}$ at 20 GPa due to the closure of the electronic

141 bandgap at high pressure (S-M transition) [19]. However, compared with the pressure-dependent

142 $\kappa_{\mathbb{Z},total}$, the contribution from $\kappa_e$ is negligible, accounting for less than 0.01% of the total thermal

143 conductivity. In normal metals, electron thermal conductivity usually dominates heat conduction.

144 For metallic $MoS_2$ [19, 63], the small $\kappa_e$ is attributed to the small electron density of states near the

145 Fermi level. Therefore, the substantial increase observed in $\kappa_{\mathbb{Z},total}$ should be attributed to the

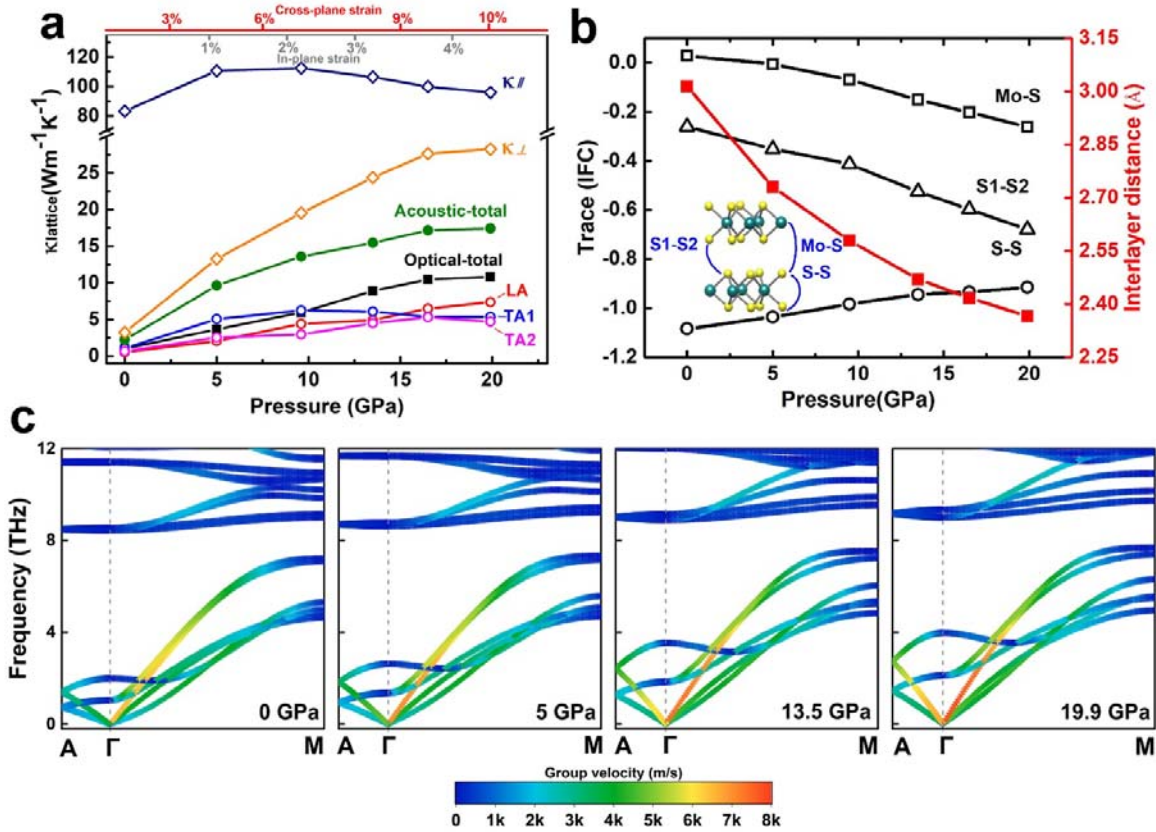146 strain-modified phonon properties.



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148

149 **FIG. 2. Calculated lattice thermal conductivity, interatomic force constant and phonon**

150 **dispersion curves. (a)** Pressure-dependent in-plane and cross-plane lattice thermal conductivities

151 obtained by first-principles calculations, with contributions to $\kappa_{\mathbb{Z},lattice}$ from acoustic, optical,

152 longitudinal acoustic (LA) and two transverse acoustic (TA1, TA2) phonon branches. **(b)**

153 Pressure-dependent interatomic force constants of the interlayer Mo-S bond, interlayer S-S (S1-S2)

154 bond and intralayer S-S bond from first-principles calculations. **(c)** First-principles calculations of

155 the pressure induced change of phonon dispersion curves and phonon group velocities in multilayer

156  MoS$_2$ along both cross-plane (Γ-A) and in-plane (Γ-M) directions. Group velocities are shown using

157  a color gradient, with warmer colors indicating higher group velocities.

158  Plotted in Fig. 2(a) are the lattice thermal conductivities calculated with density functional theory

159  and Boltzmann's transport equation (Section X in the supplemental material [64]). The calculated

160  pressure-dependent $\kappa_{\perp,lattice}$ increases monotonically from 3.2 Wm$^{-1}$K$^{-1}$ to 28.3 Wm$^{-1}$K$^{-1}$, which

161  agrees relatively well with our measured values. The discrepancy in pressure dependence at

162  intermediate pressures may arise from the difference between the actual lattice constants and those

163  optimized in simulations to minimize the total energy. In contrast to $\kappa_{\perp,lattice}$, in-plane thermal

164  conductivity $\kappa_{//,lattice}$ shows only moderate enhancement (< 37%) at lower pressures and reaches a

165  maximum around 5-10 GPa. This trend – an initial increase and subsequent decrease in $\kappa_{//,lattice}$ with

166  pressure – was also predicted with first-principles calculations in monolayer AsP [76], bi-/tri-layer

167  graphene [77], and penta-SiC$_2$ [78]; it was attributed to the competition between decreasing phonon

168  velocity/heat capacity and increasing phonon lifetimes under tensile strain. The dissimilar pressure

169  dependence between $\kappa_{\perp,lattice}$ and $\kappa_{//,lattice}$ comes from the differing compressibility along cross-plane

170  and in-plane directions. The top axis of Fig. 2(a) shows the pressure-induced strain along each

171  direction. Even under hydrostatic pressure, the cross-plane strain generated is more than 10% while

172  in-plane strain is less than 5%. At room pressure, the ratio of $\kappa_{\perp,lattice}$ / $\kappa_{//,lattice}$ is only about 3.9%; at

173  20 GPa, this ratio becomes 29.4 %. Fig. 2(b) presents the trace of interatomic force constants (IFC)

174  calculated with a first-principles approach for three different types of bonds in MoS$_2$. At ambient

175  condition, the IFC of the interlayer Mo-S bond is positive due to the vdW interaction, which gives

176  the bond an "anti-spring" behavior. With increasing hydrostatic pressure, the IFC of the Mo-S bond

177  becomes negative and increases by about 10 times at 20 GPa, indicating substantially strengthened

178  interaction between interlayer atoms. Similarly, the interlayer S1-S2 bond shows a 2x increase at 20

179  GPa. In contrast, the intralayer S-S bond exhibits a slight decrease from its ambient value, due to

180　the already strong covalent bonding among intralayer atoms. Fig. 2(a) also presents the

181　contributions to $\kappa_{\perp,lattice}$ from various phonon branches. One noteworthy feature is that optical

182　phonons account for ~27-38% of $\kappa_{\perp,lattice}$, unlike most common semiconductors, for which the

183　optical phonon contribution is usually negligible. For acoustic phonons, contributions from

184　longitudinal acoustic (LA) and transverse acoustic (TA) branches are comparable.

185　　One important question is whether the interlayer interaction at 20 GPa is still vdW type or not.

186　Our previous work shows that with pressure, electron charges tend to move away from Mo atoms

187　and accumulate at the S atoms in adjacent layers, and electron hybridization takes place between the

188　$p$ electrons of S atoms and the $d$ electrons of Mo atoms [19]. This charge transfer and hybridization

189　reinforce the interlayer interaction to be much stronger than vdW force, which induces a drastic

190　increase of electrical conductivity. Nevertheless, even at 20 GPa, the interlayer S1-S2 distance is

191　about 2.93 Å, still much longer than that of the S-S dimer (1.8 Å) in Sulfur molecule. Also $\kappa_{\perp,lattice}$

192　(28.3 $Wm^{-1}K^{-1}$) at 20 GPa is still much smaller than $\kappa_{//,lattice}$ (96 $Wm^{-1}K^{-1}$). These facts suggest that

193　the interlayer interaction at 20 GPa is still much weaker than the intralayer covalent bond.

194　　Fig. 2(c) shows phonon dispersions along both cross-plane (Γ-A) and in-plane (Γ-M) directions,

195　with group velocities indicated by a color gradient. Along the Γ-A direction, the three

196　low-frequency optical phonon branches are close to the acoustic branches and display large

197　dispersions, which explains the significant contribution of optical phonons to $\kappa_{\perp,lattice}$. The in-plane

198　phonons possess much larger group velocities and phonon frequencies than cross-plane phonons;

199　therefore, $\kappa_{//,lattice}$ is much larger than $\kappa_{\perp,lattice}$ over the entire pressure range. At ambient pressure,

200　cross-plane optical and acoustic branches are bundled into a narrow frequency range. With

201　increasing pressure, frequencies and group velocities of all phonon branches along Γ-A direction

202　increase rapidly (phonon hardening effect) and their dispersions span a broader frequency range

203 (unbundling effect). In-plane phonons also show an increase in frequencies and group velocities.

204 High-frequency optical phonons along all directions do not exhibit obvious change with pressure.

205 Larger phonon group velocity at high pressure increases the lattice thermal conductivity. The

206 phonon unbundling effect can provide more phonon scattering channels, which could enhance

207 phonon scattering, reduce phonon lifetimes and result in reduced thermal conductivity. The overall

208 trend of the pressure-dependent thermal conductivity depends on these competing factors. The

209 initial increase of $\kappa_{//,lattice}$ indicates that the phonon hardening effect dominates at lower pressures,

210 while subsequent decrease in $\kappa_{//,lattice}$ indicates that enhanced phonon-phonon scattering dominates
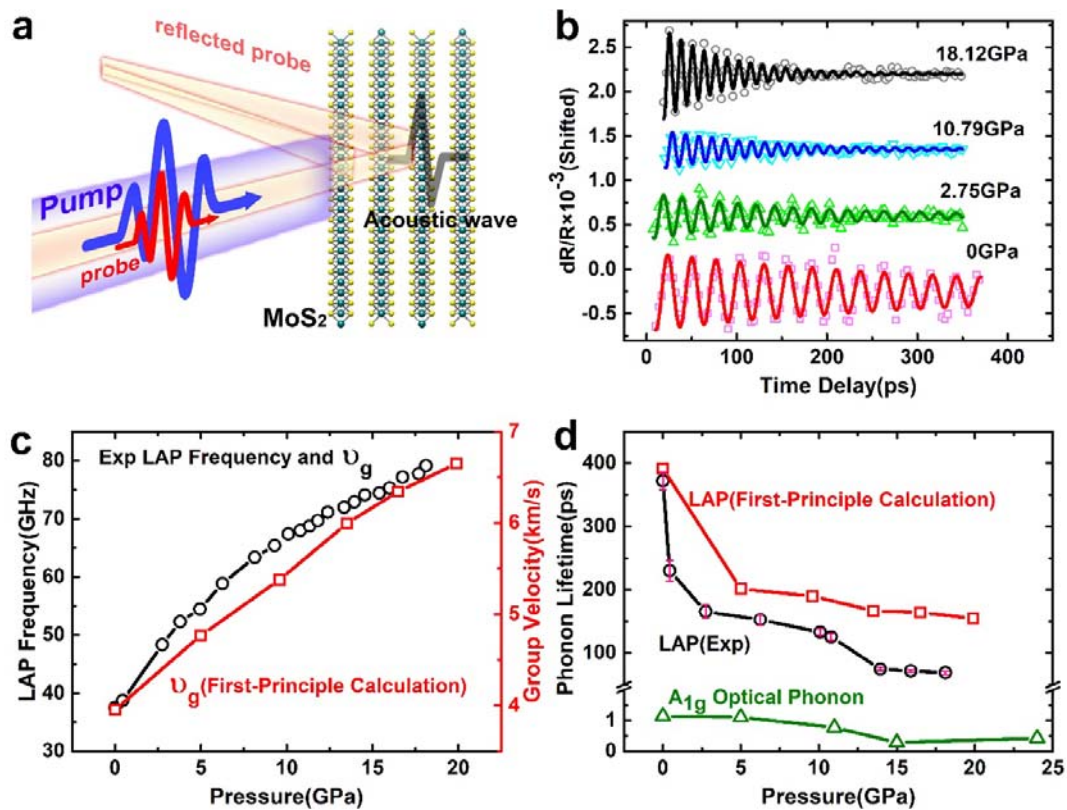
211 at higher pressures (Fig. S16).



212

213 **FIG. 3. CPS measurements and first-principles calculations of phonon frequency and lifetime.**

214 **(a)** Schematic of CPS measurements of coherent acoustic phonons in an uncoated $MoS_2$ sample. **(b)**

215 Pressure-dependent coherent oscillations of longitudinal acoustic phonons (LAP) measured with

216 CPS. **(c)** Pressure-dependent LAP frequencies extracted from CPS measurements (black circles)

217 and LAP group velocities from first-principles calculations (red squares). **(d)** Pressure-dependent

LAP lifetimes extracted from CPS measurements (black circles) and from first-principles calculations (red squares), as well as lifetimes of $A_{1g}$ optical phonons extracted from Raman measurements (green triangles).

CPS was used to measure the pressure-dependent group velocity and lifetime of coherent longitudinal acoustic phonons (LAPs) along the cross-plane direction (Fig. S7). For CPS measurements, we used a 1-μm thick, bare $MoS_2$ sample roughly 100 μm in longest dimension (Fig. 3(a)). When pump pulses are absorbed at the $MoS_2$ surface, a wave packet of coherent acoustic phonons are generated and propagate into the sample. The traveling coherent phonons modify the local dielectric constants and cause partial reflection of the probe pulse (impulsive Brillouin scattering), which will interfere constructively or destructively with the reflected probe pulse from the sample surface. The oscillations shown in Fig. 3(b) correspond to coherent acoustic phonons propagating into the sample [79, 80], which can be fitted with a damped harmonic oscillator:

$$\frac{dR}{R} = A \cdot exp \left(-\frac{t}{\tau_{LAP}}\right) \cdot cos \left(2\pi f t + \varphi\right) \tag{2}$$

where $A$ is the phonon amplitude, $\tau_{LAP}$ is the phonon lifetime, $f$ is the phonon frequency and $\varphi$ is the initial phase of phonon oscillations. Phonon frequency can be converted to phonon group velocity using the relation: $v_g=\lambda f/2n$, where $\lambda$ is the probe wavelength (800 nm), and $n$ is the refractive index (4.2 for $MoS_2$) [81, 82].

Figs. 3(c-d) display the pressure-dependent phonon frequency, group velocity and lifetime of LAPs from CPS experiments and first-principles calculations. Both experimental and simulation results show that with increasing pressure, the group velocity of LAPs increases by a factor of 1.6, but phonon lifetimes are reduced by a factor of 3. Results from first-principles calculations agree with experimental observation. As discussed earlier, the increase of LAP group velocity is mainly a result of strengthened interlayer interaction and phonon hardening. The decrease of phonon lifetime relates to the intensified three-phonon (anharmonic) scattering due to phonon unbundling at high pressure [83]. When phonon dispersions spread over a broader frequency range under high pressure, revealed in Fig. 2(c), more scattering channels are available that satisfy energy and momentum

244      conservations simultaneously. The green symbols in Fig. 3(d) show that the lifetime of $A_{1g}$ optical

245      phonons also decreases under high pressure (derived from our previous Raman measurements [19]),

246      following a similar trend with LAP.

247      Several first-principles calculations predicted that, under tensile strain, phonon lifetime in 2D

248      materials increases and the phonon group velocity decreases due to phonon softening [76-78].

249      Under compressive strain, it is reasonable to observe the opposite effect, i.e., decease of phonon

250      lifetime and increase of phonon group velocity. Quantitatively, increase of LAP velocity and

251      decrease of LAP lifetime could not explain the 7x increase of $\kappa_{\perp,total}$ with pressure. Nevertheless,

252      $\kappa_{\perp,total}$ includes contributions from all phonon modes, which could not be represented by the single

253      LAP mode detected here, and our calculated values agree well with experimental results (Fig. 1(c)

254      and Fig. 2(a)). Based on these facts, we conclude that the drastic increase of $\kappa_{\perp,total}$ with pressure is

255      primarily the result of strengthened interlayer forces and enhanced group velocity of LAPs. The

256      saturation of $\kappa_{\perp,total}$ above 15 GPa is associated with the combined effects from increasing group

257      velocity and reduced phonon lifetimes (Fig. S16).

258      In summary, our findings demonstrate the remarkable tunability of cross-plane thermal

259      conductivity under extreme strain. The roughly 7x enhancement of $\kappa_{\perp,total}$ has a different physical

260      origin than that of the electronic S-M transition reported previously, and is dominated by heavily

261      modified phonon properties rather than electronic contributions. The electronic S-M transition

262      begins around 10 GPa (Fig. 1(d)), where $\kappa_{\perp,total}$ has already increased from 3.5 $Wm^{-1}K^{-1}$ to about 15

263      $Wm^{-1}K^{-1}$(Fig. 1(c)). $MoS_2$ maintains its semiconducting nature before and during the early stage of

264      S-M transition (< 15 GPa), where the band gap decreases from 1.03 eV to 0.2 eV and the electrical

265      conductivity increases from 0.03 S/m to 18 S/m [19]. This study suggests that it is possible to tune

266      electrical and thermal properties simultaneously with pressure to achieve both

high-thermal-conductivity and high-electrical-conductivity semiconducting $MoS_2$. Moreover, larger

$\kappa_{\square,total}$ will ensure that heat generated in electronic devices can be dissipated more effectively into

the substrate, which will improve device performance and stability. Finally, it is conceivable that the

observed phenomena should occur in most 2D materials with interlayer vdW bonding [88, 89].

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