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Dmitry V. Zhdanov, Denys I. Bondar, and Tamar Seideman

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# No thermalization without correlations

Dmitry V. Zhdanov,<sup>1,\*</sup> Denys I. Bondar,<sup>2</sup> and Tamar Seideman<sup>1</sup>

<sup>1</sup>*Northwestern University, Evanston, IL 60208, USA*

<sup>2</sup>*Princeton University, Princeton, NJ 08544, USA*

The proof of the long-standing conjecture is presented that Markovian quantum master equations are at odds with quantum thermodynamics under conventional assumptions of fluctuation-dissipation theorems (implying a translation invariant dissipation). Specifically, except for identified systems, persistent system-bath correlations of at least one kind, spatial or temporal, are obligatory for thermalization. A systematic procedure is proposed to construct translation invariant bath models producing steady states that well-approximate thermal states. A quantum optical scheme for the laboratory assessment of the developed procedure is outlined.

*Introduction.* A stochastic interaction of a quantum system with a bath brings up the term  $\hat{F}^{\text{fr}}$  in the relations for time-dependent expectation values of system momenta  $\hat{\mathbf{p}} = \{\hat{p}_1, \dots, \hat{p}_N\}$  and positions  $\hat{\mathbf{x}} = \{\hat{x}_1, \dots, \hat{x}_N\}$ :

$$\frac{d}{dt} \langle \hat{p}_n \rangle = - \left\langle \frac{\partial}{\partial \hat{x}_n} U(\hat{\mathbf{x}}) \right\rangle + \langle \hat{F}_n^{\text{fr}} \rangle, \quad (1a)$$

$$\frac{d}{dt} \langle \hat{x}_n \rangle = \frac{1}{m_n} \langle \hat{p}_n \rangle, \quad (1b)$$

where  $U(\hat{\mathbf{x}})$  is a potential energy operator and  $m_k$  are effective masses. In this Letter, we study the case where  $\hat{F}^{\text{fr}} = \hat{F}^{\text{fr}}(\hat{\mathbf{p}})$  is position-independent. In this form, Eqs. (1) apply to many quantum phenomena including the translational motion of an excited atom in vacuum [1], light-driven processes in semiconductor, nanoplasmonic and optomechanical systems [2–4], superconducting currents [5], quantum ratchets [6], energy transport in low-dimensional systems [7], dynamics of chemical reactions [8], two-dimensional vibrational spectroscopy and NMR signals [9, 10] as well as more exotic entirely quantum dissipative effects [11, 12].

The term  $\hat{F}^{\text{fr}}(\hat{\mathbf{p}})$  in Eqs. (1) admits a simple classical interpretation as friction acting on effective particles moving in a potential  $U(\mathbf{x})$ . Such classical dynamics are described by the familiar Langevin, Drude and Fokker-Plank models when the system-bath interactions are treated as (i) memoryless (Markovian) and (ii) translation invariant (position-independent). However, we will show that these two assumptions are at odds with quantum thermodynamics. Specifically, we will prove a long-standing no-go conjecture that completely positive<sup>1</sup> Markovian translation-invariant quantum dynamics obeying Eqs. (1) cannot thermalize.

The no-go conjecture was demonstrated by Lindblad as early as in 1976 [14] for a quantum harmonic oscillator with a Gaussian damping<sup>2</sup>. Subsequently his par-

ticular result was extended to a general quantum system under the weight of mounting numerical evidence, however without proof. The no-go conjecture is de-facto incorporated in all popular models such as the Redfield theory [17], the Gaussian phase space ansatz of Yan and Mukamel [18], the master equations of Agarwal [19], Caldeira-Leggett [20], Hu-Paz-Zhang [21], and Louisell/Lax [22], and the semigroup theory of Lindblad [23] along with specialized extensions in different areas of physics and chemistry. These models break either one of assumptions (i) and (ii) or the complete positivity of quantum evolution (see [13, 24, 25] for detailed reviews, note errata [26]). This circumstance is a persistent source of controversies (see e.g. the discussions [27–29] of original works [30, 31]). The matters were further complicated by the discovery that the free Brownian motion  $U(\hat{\mathbf{x}}) = 0$  circumvents the conjecture [32] (we will identify the full scope of possible exceptions below).

The no-go result challenges studies of the long-time dynamics of open systems. On the one hand, model’s thermodynamic consistency is undermined by assumptions (i) and (ii). On other hand, the same assumptions open opportunities to simulate large systems that are otherwise beyond the reach. Specifically, the abandonment of Markovianity entails a substantial overhead to store and process the evolution history. The value of assumption (ii) can be clarified by the following example. Consider the re-thermalization of a harmonic oscillator coupled to a bath (represented by a collection of harmonic oscillators) after displacement from equilibrium by, e.g., an added external field, a varied system-bath coupling, or interactions between parts of a compound system. To account for such a displacement without assumption (ii), one needs to self-consistently identify the equilibrium position for each bath oscillator, re-thermalize the bath and modify the system-bath couplings accordingly. In practice, this procedure is intractable without gross approximations that lead to either numerical instabilities or physical inaccuracies. Choosing among a polaron-transformation-based method, Redfield, and Förster (hopping) models of quantum transfer epitomizes this dilemma [33].

Remarkably, assumption (ii) enables to model the displaced state equilibrium by simply adjusting the po-

\* dm.zhdanov@gmail.com

<sup>1</sup> Positivity of quantum evolution guarantees satisfaction of the Heisenberg uncertainty principle at all times. It was shown that the requirements for positivity and complete positivity coincide for some quantum systems including a harmonic oscillator [13].

<sup>2</sup> The Gaussian damping corresponds to  $\mathcal{L}_{\text{rel}} = \mathcal{L}_{\mu\hat{\mathbf{x}} + \eta\hat{\mathbf{p}}}^{\text{ldb}}(\mu, \eta \in \mathbb{C}^N)$  in Eq. (2a) and can be cast to form (3), as shown in Sec. I of Ref. [15]). The original paper [14] deals with one-dimensional case. The multidimensional extension can be found e.g. in [16].

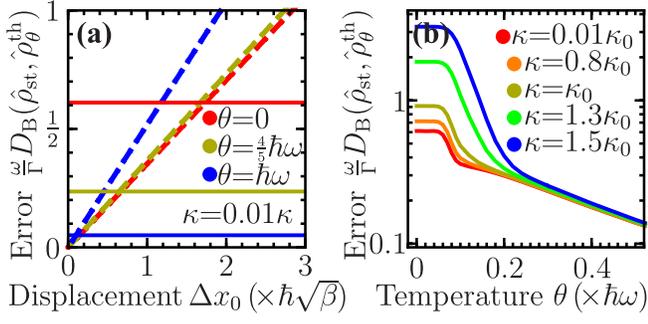


Figure 1. The errors (expressed in the terms of Bures distance  $D_B$  between the thermal state  $\hat{\rho}_{\theta}^{\text{th}}$  and its approximation  $\hat{\rho}_{\text{st}}$ ) in modeling thermal states of a 1D quantum harmonic oscillator in the displaced equilibrium configurations (due to a change  $U(\hat{x}) \rightarrow U(\hat{x} - \Delta x_0)$  in the potential energy) using the conventional quantum optical master equation (dashed lines) and the proposed translation-invariant dissipation model defined by Eqs. (2),(3) and (11) (solid lines). (a) The error dependence on displacement  $\Delta x_0$  for several temperatures  $\theta$ . (b) The error dependence on temperature  $\theta$  for different values of  $\kappa$  (in units of  $\kappa_0 = \hbar^{-1}\beta^{-\frac{1}{2}}$ ).

potential energy  $\hat{U}$ . Fig. 1a shows that without this assumption the potential adjustment yields steady state  $\hat{\rho}_{\text{st}}$  significantly different from the canonical equilibrium  $\hat{\rho}_{\theta}^{\text{th}} \propto e^{-\frac{\hat{H}}{\theta}}$ , where  $\theta = k_B T$  and  $\hat{H}$  is system Hamiltonian. Motivated by these arguments, we propose in this Letter a general recipe to construct approximately thermalizable bath models under assumptions (i) and (ii). Fig. 1 illustrates this recipe in application to the above example. The resulting mismatch between  $\hat{\rho}_{\text{st}}$  and  $\hat{\rho}_{\theta}^{\text{th}}$  is small, especially at high temperatures and in the weak system-bath coupling limit. (The calculations details will be explained below.)

It will be shown elsewhere that the proposed recipe is capable of accurately accounting for electronic and spin degrees of freedom. We found it helpful in reservoir engineering and optimal control problems. Moreover, the resulting bath models are realizable in the laboratory and can be used for coupling atoms and molecules nonreciprocally [34]. However, the scope of our recipe is limited by the applicability of assumptions (i) and (ii) and, therefore, cannot encompass strongly correlated systems (as in the case of Anderson localization [35]).

*The key results.* Starting by formalizing the problem, we write the general master equation that accounts for memoryless system-bath interactions and ensures positivity of the system density matrix  $\hat{\rho}$  at all times [23]:

$$\frac{\partial}{\partial t} \hat{\rho} = \mathcal{L}[\hat{\rho}], \quad \mathcal{L} = \mathcal{L}_0 + \mathcal{L}_{\text{rel}}, \quad (2a)$$

$$\mathcal{L}_0[\odot] = \frac{i}{\hbar}[\odot, \hat{H}], \quad \hat{H} = H(\hat{\mathbf{p}}, \hat{\mathbf{x}}) = \sum_{n=1}^N \frac{\hat{p}_n^2}{2m_n} + U(\hat{\mathbf{x}}), \quad (2b)$$

$$\mathcal{L}_{\text{rel}} = \sum_{k=1}^K \mathcal{L}_{\hat{L}_k}^{\text{lbld}}, \quad \mathcal{L}_{\hat{L}}^{\text{lbld}}[\hat{\rho}] \stackrel{\text{def}}{=} \hat{L}\hat{\rho}\hat{L}^\dagger - \frac{1}{2}(\hat{L}^\dagger\hat{L}\hat{\rho} + \hat{\rho}\hat{L}^\dagger\hat{L}), \quad (2c)$$

where  $\odot$  is the substitution symbol defined, e.g., in [36]. The superoperator  $\mathcal{L}_{\text{rel}}$  accounts for system-bath cou-

plings responsible for the friction term  $\hat{F}^{\text{fr}}$  in Eq. (1a) and depends on a set of generally non-Hermitian operators  $\hat{L}_k$ . Based on theorems by A. Holevo [37, 38], B. Vacchini [39–41] has identified the following criterion of translational invariance for the  $\mathcal{L}_{\text{rel}}$ :

**Lemma 1** (The justification is in Sec. I of Ref. [15]). *Any translationally invariant superoperator  $\mathcal{L}_{\text{rel}}$  of the Lindblad form (2c) can be represented as*

$$\mathcal{L}_{\text{rel}} = \sum_k \mathcal{L}_{\hat{A}_k}^{\text{lbld}} + \mathcal{L}_{\text{aux}} \quad \text{with} \quad (3a)$$

$$\hat{A}_k \stackrel{\text{def}}{=} e^{-i\kappa_k \hat{\mathbf{x}}} \tilde{f}_k(\hat{\mathbf{p}}), \quad \mathcal{L}_{\text{aux}} = -i[\boldsymbol{\mu}_{\text{aux}} \hat{\mathbf{x}} + f_{\text{aux}}(\hat{\mathbf{p}}), \odot]. \quad (3b)$$

where  $\kappa_k$  and  $\boldsymbol{\mu}_{\text{aux}}$  are  $N$ -dimensional real vectors,  $\tilde{f}_k$  are complex-valued functions and  $f_{\text{aux}}$  is real-valued<sup>3</sup>. The converse holds as well.

The primary findings of this work are summarized in the following two no-go theorems.

**No-go theorem 1.** *Let  $|\Psi_0\rangle$  be the ground state (or any other eigenstate of  $\hat{H}$ ), such that  $\langle \Psi_0 | \hat{\mathbf{p}} | \Psi_0 \rangle = 0$ , and which momentum-space wavefunction  $\Psi_0(\mathbf{p}) = \langle \mathbf{p} | \Psi_0 \rangle$  is nonzero almost everywhere, except for some isolated points. Then, no translationally invariant Markovian process of form (2) and (3) can steer the system to  $|\Psi_0\rangle$ .*

The idea of the proof, whose details are given in Sec. II of Ref. [15], is to show that the state  $\hat{\rho}_0 = |\Psi_0\rangle\langle \Psi_0|$  can be the fixed point of superoperator  $e^{t\mathcal{L}}$  only if  $\mathcal{L}_{\text{rel}} = 0$ . First, note that the linearity and translation invariance of the dissipator (3) imply that  $\mathcal{L}_{\text{rel}}[\int g(\mathbf{x}') e^{-\frac{i}{\hbar} \mathbf{x}' \cdot \hat{\mathbf{p}}} \hat{\rho}_0 e^{\frac{i}{\hbar} \mathbf{x}' \cdot \hat{\mathbf{p}}} d^N \mathbf{x}'] = 0$  for any function  $g(\mathbf{x}')$ . This equation can be equivalently rewritten as

$$\mathcal{L}_{\text{rel}}[|\Psi_0(\hat{\mathbf{p}})g(\hat{\mathbf{x}})\Psi_0(\hat{\mathbf{p}})^\dagger] = 0 \quad (4)$$

using the identities  $e^{-\frac{i}{\hbar} \mathbf{x}' \cdot \hat{\mathbf{p}}} |\Psi_0\rangle = \sqrt{2\pi\hbar} \Psi_0(\hat{\mathbf{p}}) |\mathbf{x}'\rangle$  and  $\int g(\mathbf{x}') |\mathbf{x}'\rangle\langle \mathbf{x}'| d^N \mathbf{x}' = g(\hat{\mathbf{x}})$ , where  $|\mathbf{x}'\rangle$  is the eigenstate of position operator:  $\hat{x}_k |\mathbf{x}'\rangle = x'_k |\mathbf{x}'\rangle$ . Let us choose  $g(\mathbf{x}) = e^{-i\boldsymbol{\lambda} \cdot \mathbf{x}}$ , where  $\boldsymbol{\lambda}$  is an arbitrary real vector, and move to the right the  $\hat{\mathbf{x}}$ -dependent terms in the lhs of Eq. (4) using the commutation relations  $e^{-i\boldsymbol{\lambda} \cdot \hat{\mathbf{x}}} \hat{\mathbf{p}} = (\hat{\mathbf{p}} + \hbar \tilde{\boldsymbol{\lambda}}) e^{-i\boldsymbol{\lambda} \cdot \hat{\mathbf{x}}}$  with  $\tilde{\boldsymbol{\lambda}} = \boldsymbol{\lambda}, \pm \kappa_k$ . This rearrangement brings Eq. (4) to the form  $\tilde{G}_{\boldsymbol{\lambda}}(\hat{\mathbf{p}}) e^{-i\boldsymbol{\lambda} \cdot \hat{\mathbf{x}}} = 0$  (note that all the operators of form  $e^{\pm i\tilde{\kappa}_k \hat{\mathbf{x}}}$  expectedly cancel out owing to translation invariance of  $\mathcal{L}_{\text{rel}}$ ). The last equality can be satisfied only if the function  $\tilde{G}_{\boldsymbol{\lambda}}(\mathbf{p})$  vanishes identically for all  $\mathbf{p}$  and  $\boldsymbol{\lambda}$ . However, careful inspection of Sec. II of Ref. [15] shows that the latter happens only if  $\mathcal{L}_{\text{rel}} = 0$ .

The statement of the 1-st no-go theorem can be strengthened for a special class of quantum systems. Let

<sup>3</sup> The Gaussian dissipators  $\mathcal{L}_{\boldsymbol{\mu}_k \hat{\mathbf{x}} + \tilde{f}_k^G(\hat{\mathbf{p}})}^{\text{lbld}}$  ( $\boldsymbol{\mu}_k \in \mathbb{R}^N$ ) can be reduced to the form Eq. (3) as a limiting case  $\kappa_k \rightarrow 0$ , as shown in Sec. I of Ref. [15]. The generalized unitary drift term  $\mathcal{L}_{\text{aux}}$  accounts for ambiguity of the separation of the quantum Liouvillian  $\mathcal{L}$  in Eq. (2a) into Hamiltonian and relaxation parts.

150  $B(\mathbf{p}, \boldsymbol{\lambda})$  be the Blokhintsev function [42], which is related  
151 to Wigner quasiprobability distribution  $W(\mathbf{p}, \mathbf{x})$  as

$$B(\mathbf{p}, \boldsymbol{\lambda}) = \int_{-\infty}^{\infty} \dots \int_{-\infty}^{\infty} e^{i\boldsymbol{\lambda}\mathbf{x}} W(\mathbf{p}, \mathbf{x}) d^N \mathbf{x}. \quad (5)$$

152 **No-go theorem 2.** Suppose that the Blokhintsev func-  
153 tion  $B_\theta(\mathbf{p}, \boldsymbol{\lambda})$  of the thermal state  $\hat{\rho}_\theta^{\text{th}} \propto e^{-\frac{\hat{H}}{\theta}}$  character-  
154 ed by temperature  $k_B T = \theta$  is such that

$$\forall \mathbf{p}, \boldsymbol{\lambda} : B_\theta(\mathbf{p}, \boldsymbol{\lambda}) > 0, \quad B_\theta(\mathbf{p}, -\boldsymbol{\lambda}) = B_\theta(\mathbf{p}, \boldsymbol{\lambda}), \quad (6a)$$

$$\forall \mathbf{p} \neq \mathbf{0}, \boldsymbol{\lambda} \neq \mathbf{0} : B_\theta(\mathbf{p}, \boldsymbol{\lambda}) < B_\theta(\mathbf{0}, \mathbf{0}). \quad (6b)$$

155 Then, no translationally invariant Markovian process (2)  
156 and (3) can asymptotically steer the system to  $\hat{\rho}_\theta^{\text{th}}$ .

157 The proof of this theorem is given in Sec. III of  
158 Ref. [15] and generally follows the same logic as the out-  
159 lined proof of the 1-st no-go theorem. Using Eq. (5) and  
160 the familiar formula for the thermal state Wigner func-  
161 tion [43], it is easy to check that the criteria (6) are satis-  
162 fied for any  $\theta$  in the case of a quadratic potential  $U$ . This  
163 means that the Lindblad's original conclusion on inabil-  
164 ity to thermalize the damped harmonic oscillator using  
165 the Gaussian friction term  $\mathcal{L}_{\text{rel}} = \mathcal{L}_{\mu\hat{x} + \eta\hat{p}}^{\text{lb}}d$  is equally valid  
166 for all Markovian translationally invariant dissipators.

167 **Corollary 2.1.** No translationally invariant Markovian  
168 process of form (2) and (3) can steer the quantum har-  
169 monic oscillator into a thermal state of form  $\hat{\rho}_\theta^{\text{th}} \propto e^{-\frac{\hat{H}}{\theta}}$ .

170 *Practical implications of the no-go theorems.* In clas-  
171 sical thermodynamics, the bath is understood as a  
172 constant-temperature heat tank ‘‘unaware’’ of a system  
173 of interest. However, the no-go theorems indicate that  
174 system-bath correlations of at least one kind – spa-  
175 tial or temporal – become obligatory for thermalization  
176 once quantum mechanical effects are taken into account.  
177 These correlations break the bath translation invariance  
178 or Markovianity assumptions, respectively.

179 Nevertheless, in the view of computational advantages  
180 outlined above, it is desirable to incorporate these as-  
181 sumptions into the master equations (2) and (3). Now we  
182 are going to introduce the recipe to construct such mod-  
183 els with a minimal error in the thermal state. In order  
184 to proceed, note that in the limit  $(\hbar\kappa_k)^2 \ll \langle \hat{\mathbf{p}}^2 \rangle$  Eqs. (2)  
185 and (3) reduce to the familiar Fokker-Planck equation

$$\begin{aligned} \frac{d}{dt} \varpi(\mathbf{p}) &\simeq \text{Tr}[\delta(\mathbf{p} - \hat{\mathbf{p}}) \mathcal{L}_0[\hat{\rho}]] + \\ &\sum_{n,l} \frac{\partial^2 D_{n,l}(\mathbf{p}) \varpi(\mathbf{p})}{\partial p_n \partial p_l} - \sum_n \frac{\partial F_n^{\text{fr}}(\mathbf{p}) \varpi(\mathbf{p})}{\partial p_n} \end{aligned} \quad (7)$$

186 for the momentum probability distribution  
187  $\varpi(\mathbf{p}) = \text{Tr}[\delta(\mathbf{p} - \hat{\mathbf{p}}) \hat{\rho}]$ . The friction forces  $\mathbf{F}^{\text{fr}}$  in Eq. (7)  
188 as well as Eq. (1a) have the form

$$\mathbf{F}^{\text{fr}}(\hat{\mathbf{p}}) = - \sum_k \hbar \boldsymbol{\kappa}_k |\tilde{f}_k(\hat{\mathbf{p}})|^2, \quad (8)$$

189 whereas the momentum-dependent diffusion operator is

$$D_{n,l}(\hat{\mathbf{p}}) = \frac{\hbar^2}{2} \sum_k |\tilde{f}_k(\hat{\mathbf{p}})|^2 \kappa_{k,n} \kappa_{k,l}. \quad (9)$$

190 Equations (8) and (9) can be satisfied by different sets  
191 of  $\boldsymbol{\kappa}_k$  and  $\tilde{f}_k(p)$ . We will exploit this non-uniqueness  
192 to reduce the system-bath correlation errors. Our strat-  
193 egy is reminiscent to the familiar way of making den-  
194 sity functional calculations practical via error cancella-  
195 tion in approximated exchange-correlation functionals.  
196 We shall demonstrate the generic procedure by consid-  
197 ering a one-dimensional oscillator with the Hamiltonian  
198  $\hat{H} = \frac{m}{2} \hat{p}^2 + \frac{m\omega^2}{2} \hat{x}^2$  (here the dimension subscript  $n$  is omit-  
199 ted for brevity). Corollary 2.1 implies that  $\mathcal{L}_{\text{rel}}[\hat{\rho}_\theta^{\text{th}}] \neq 0$   
200 and  $\hat{\rho}_{\text{st}} \neq \hat{\rho}_\theta^{\text{th}}$  for any  $\theta$ , where  $\hat{\rho}_{\text{st}} = \hat{\rho}|_{t \rightarrow \infty}$  is the actual  
201 fixed point of the evolution operator  $e^{t\mathcal{L}}$ . However, the  
202 net discrepancies can be reduced by imposing the follow-  
203 ing thermal population conserving constraint:

$$\left. \frac{d}{dt} \langle e^{-\alpha \hat{H}} \rangle_\theta \right|_{t=0} = 0; \quad \left. \frac{d^2}{dt^2} \langle e^{-\alpha \hat{H}} \rangle_\theta \right|_{t=0} \rightarrow \min \quad \text{for all } \alpha, \quad (10)$$

204 where  $\langle \odot \rangle_\theta(t) = \text{Tr}[\odot e^{t\mathcal{L}}[\hat{\rho}_\theta^{\text{th}}]]$ . This constraint can be  
205 intuitively justified when the characteristic decay rates  
206 are much smaller than the typical transition frequen-  
207 cies, such that the dissipation can be treated per-  
208 turbatively. Since the term  $\mathcal{L}_{\text{rel}}[\hat{\rho}_\theta^{\text{th}}]$  generates only  
209 rapidly oscillating off-diagonal elements in the basis  
210 of  $\hat{H}$ , Eq. (10) ensures that the first-order perturba-  
211 tion vanishes on average for the exact thermal state:  
212  $\lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t e^{\tau \mathcal{L}_0} \mathcal{L}_{\text{rel}} e^{(t-\tau)\mathcal{L}_0}[\hat{\rho}_\theta^{\text{th}}] d\tau = 0$ .

213 In the case of the driftless dissipation  $\mathcal{L}_{\text{aux}} = 0$ , Eq. (10)  
214 is satisfied by the following functions  $\tilde{f}_k(p)$  in Eq. (3):

$$\tilde{f}_k(p) = c_k e^{p\beta\hbar\lambda_k}, \quad \lambda_k = \kappa_k \tanh\left(\frac{\hbar\omega}{4\theta}\right), \quad (11)$$

215 where  $\beta = (m\hbar\omega)^{-1}$  and the constants  $c_k$  should be cho-  
216 sen to satisfy Eq. (8). The corresponding dissipator (3)  
217 reproduces the familiar microphysical model of quantum  
218 Brownian motion (see e.g. Eq. (16) in Ref. [32]) in the  
219 limit  $\boldsymbol{\kappa} \rightarrow 0$ ,  $\omega \rightarrow 0$ . Furthermore, the resulting dynamics  
220 tends to decrease (increase) the average system energy  
221  $\langle \hat{H} \rangle_\theta$  if its initial temperature  $\theta'$  is higher (lower) than  $\theta$ :

$$\left. \frac{\partial}{\partial t} \langle \hat{H} \rangle_{\theta'} \right|_{t=0} = \frac{c_k^2}{\omega} \tilde{\gamma}_k^{\text{en}}(\theta', \theta) (\langle \hat{H} \rangle_\theta - \langle \hat{H} \rangle_{\theta'}) \Big|_{t=0}, \quad (12)$$

222 where  $\tilde{\gamma}_k^{\text{en}}(\theta', \theta) = 2\omega\beta\hbar^2\kappa_k\lambda_k \exp(\beta\hbar^2\lambda_k^2 \coth(\frac{\hbar\omega}{2\theta'})) > 0$ .

223 Equation (12) suggests that  $\hat{\rho}_{\text{st}}$  is close to  $\hat{\rho}_\theta^{\text{th}}$ . This  
224 conclusion is supported by the simulations presented in  
225 Fig. 2a for the isotropic dissipator  $\mathcal{L}_{\text{rel}} = \mathcal{B}_{\boldsymbol{\kappa}, \tilde{f}^{\text{iso}}}$ ,

$$\mathcal{B}_{\boldsymbol{\kappa}, \tilde{f}^{\text{iso}}} \stackrel{\text{def}}{=} \mathcal{L}_{\hat{A}^+}^{\text{lb}}d + \mathcal{L}_{\hat{A}^-}^{\text{lb}}d, \quad \hat{A}^\pm = e^{\mp i\boldsymbol{\kappa}\hat{x}} \tilde{f}^{\text{iso}}(\pm\hat{\mathbf{p}}). \quad (13)$$

226 One can see that the high-quality thermalization is read-  
227 ily achieved by tuning the free parameters  $c_k$  and  $\kappa_k$  even  
228 in the strong dissipation regime.

229 To understand the result (11), note that the terms  
230  $\mathcal{L}_{\hat{A}_k}^{\text{lb}}d$  in Eq. (3) represent independent statistical forces  
231  $\langle -\hbar\boldsymbol{\kappa}_k | \tilde{f}_k(\hat{\mathbf{p}}) \rangle$  contributing to the net friction  $\langle \hat{\mathbf{F}}^{\text{fr}} \rangle$ . In  
232 classical mechanics, such forces at  $\theta=0$  steer the system  
233

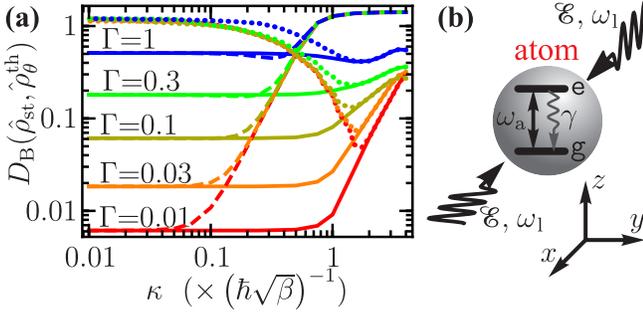


Figure 2. (a) The accuracy of thermalization of the harmonic oscillator at  $\theta=0$  by the dissipator  $\mathcal{L}_{\text{rel}}=\Gamma\mathcal{B}_{\kappa, \tilde{f}^{\text{iso}}}$  as function of  $\kappa$  and  $\Gamma$ . The solid curves show the Bures distance  $D_B$  between the thermal state  $\hat{\rho}_\theta^{\text{th}}$  and its approximation  $\hat{\rho}_{\text{st}}$  for the case  $\tilde{f}^{\text{iso}}(p)$  defined by Eq. (11) with  $c=\omega/\sqrt{\tilde{\gamma}^{\text{en}}(0,0)}$ . The dotted curves represent the clipped versions (14) of  $\tilde{f}^{\text{iso}}(p)$ . The dashed curves correspond to the case of functions  $\tilde{f}^{\text{iso}}(p)$  approximated by Eq. (16) with parameters  $\tilde{c}_i$  chosen such that  $\left.\frac{\partial^l}{\partial p^l}(\tilde{f}^{\text{iso}}(p)-\tilde{g}^{\text{iso}}(p))\right|_{p=0}=0$  for  $l=0,1,2$ . (b) The Doppler cooling setup to test the model (2), (3) in the laboratory.

to the state of rest by acting against the particles' momenta, hence

$$\tilde{f}_k(\hat{\mathbf{p}})=0 \text{ when } \mathbf{p}\kappa_k < 0 \quad (\text{classical mechanics}). \quad (14)$$

However, clipping the functions (11) according to Eq. (14) introduces significant errors, as displayed by dotted curves in Fig. 2a. Thus, the ‘‘endothermic’’ tails of  $\tilde{f}_k(\hat{\mathbf{p}})$  at  $\mathbf{p}\kappa_k > 0$  break the thermalization in the classical case, but reduce errors in the quantum mechanical treatment. To clarify this counterintuitive observation, note that the physical requirement  $\frac{d}{dt}\langle\hat{O}\rangle_\theta=0$  for any observable  $\hat{O}$  in the thermodynamic equilibrium  $\hat{\rho}_{\text{st}}=\hat{\rho}_\theta^{\text{th}}$  is violated by the master equations (2) and (3) due to the no-go theorems, i.e.,

$$\left.\frac{\partial}{\partial t}\langle\hat{x}_n^2\rangle_\theta\right|_{t=0}=\hbar^2\sum_k\left\langle\left|\frac{\partial}{\partial p_n}\tilde{f}_k(\hat{\mathbf{p}})\right|^2\right\rangle_\theta\Big|_{t=0}>0 \quad (15)$$

in the driftless case  $\mathcal{L}_{\text{aux}}=0$ . The inequality (15) provides further evidence for the no-go theorems and is the hallmark of the ‘‘position diffusion’’, a known artifact in the quantum theory of Brownian motion [41].

According to Eq. (15),  $\left.\frac{\partial}{\partial t}\langle\hat{x}^2\rangle_\theta\right|_{t=0}$  is sensitive to smoothness of  $\tilde{f}_k(\mathbf{p})$ . Specifically, the rhs of Eq. (15) is exploded by any highly oscillatory components of  $\tilde{f}_k(\mathbf{p})$  and diverges if  $\tilde{f}_k(\mathbf{p})$  is discontinuous. This entirely quantum effect is the origin of poor performance of the clipped solutions (14) seen in Fig. 2a. Equation (15) uncovers unavoidable errors in the potential energy. The optimal solutions (11) enforce error cancellation  $\left.\frac{\partial}{\partial t}\langle\frac{\hat{p}^2}{2m}\rangle_\theta\right|_{t=0}=-\left.\frac{\partial}{\partial t}\langle U(\hat{x})\rangle_\theta\right|_{t=0}$  between kinetic and potential energies leaving the total energy intact  $\left.\frac{\partial}{\partial t}\langle\hat{H}\rangle_\theta\right|_{t=0}=0$ . In fact, the error cancellation is

achieved with a large class of physically feasible functions  $\tilde{f}_k(\mathbf{p})$  that may substantially differ from the solutions (11) everywhere but the region of high probability density  $\varpi(p)=\text{Tr}[\delta(\hat{p}-p)\hat{\rho}_\theta^{\text{th}}]$  (however, note the remark in Sec. IV of Ref. [15]). This is illustrated in Fig. 2a by dashed curves overlapping with solid curves.

The master equations (2) and (3) provide accurate non-perturbative description of collisions with a background gas of atoms or photons [4, 40, 44–46]. Hence, the above theoretical conclusions can be directly tested in the laboratory using well-developed techniques, e.g., the setup shown in Fig. 2b. Here a two-level atom is subject to two orthogonally polarized counterpropagating monochromatic nonsaturating laser fields of the same amplitude  $\mathcal{E}$  and frequency  $\omega_1$ . We show in Sec. IV of Ref. [15] that the translational motion of the atom can be modeled using Eq. (2) with an isotropic friction term of form  $\mathcal{L}_{\text{rel}}=\mathcal{B}_{\kappa, \tilde{g}^{\text{iso}}}$ . Here

$$\kappa=\frac{\omega_1}{c}, \quad \tilde{g}^{\text{iso}}(p)=\tilde{c}_1(\tilde{c}_2^2+(p-\tilde{c}_3)^2)^{-\frac{1}{2}}, \quad \tilde{c}_k\in\mathbb{R} \quad (16)$$

and the parameters  $\tilde{c}_k$  can be tuned by  $\mathcal{E}$  and  $\omega_1$ .

Now we are ready to clarify why the deviations from canonical equilibrium increase with  $|\kappa|$  in Fig. 2a. The parameters  $\hbar|\kappa|$  and  $\tilde{g}^{\text{iso}}(p)^2$  in Eq. (16) can be regarded as the change of atomic momentum after absorption of a photon and the absorption rate. The case of small  $\hbar|\kappa|\ll\sqrt{\langle\hat{p}^2\rangle}$  and large  $\tilde{g}^{\text{iso}}(p)^2$  implies tiny and frequent momentum exchanges subject to the central limit theorem. The net result is a velocity-dependent radiation pressure with vanishing fluctuations. The opposite case of large  $\hbar|\kappa|\gg\sqrt{\langle\hat{p}^2\rangle}$  and small  $\tilde{g}^{\text{iso}}(p)^2$  is the strong shot noise limit, where the stochastic character of light absorption is no longer averaged out, notably perturbing the thermal state. Note that a similar interpretation applies to quantum statistical forces in Ref. [47].

The dissipative model (2) and (3) with optimized parameters (11) is further analyzed in Fig. 1 using the same parameters as in Fig. 2a. Both Figs. 1 and 2a indicate that thermalization can be modeled for a wide range of recoil momenta  $\hbar\kappa\in(-(\hbar\sqrt{\beta})^{-1}, (\hbar\sqrt{\beta})^{-1})$  and the higher the temperature, the better the accuracy. Thus, Eqs. (8) and (9) enable to simulate a variety of velocity dependences of friction and diffusion.

Finally, Fig. 1a benchmarks such simulations against the commonly used quantum optical master equation (QOME) [48] defined by Eq. (2c) with  $K=2$ ,  $\hat{L}_1=\sqrt{2\Gamma\omega}(1-e^{-\frac{\hbar\omega}{\theta}})^{-\frac{1}{2}}\hat{a}$ ,  $\hat{L}_2=\sqrt{2\Gamma\omega}(e^{\frac{\hbar\omega}{\theta}}-1)^{-\frac{1}{2}}\hat{a}^\dagger$ , where  $\hat{a}$  is the harmonic oscillator annihilation operator. For a correct comparison, the parameters of both models are adjusted to ensure identical decay rates in Eq. (12). Systematic errors in our model and QOME are comparable for the equilibrium displacements  $\Delta x_0\sim\hbar\beta^{-\frac{1}{2}}$  at zero temperature and  $\Delta x_0\sim 0.1\hbar\beta^{-\frac{1}{2}}$  for  $\theta\sim\hbar\omega$ . For low-frequency molecular vibrational modes ( $m\sim 10^4$  atomic units,  $\omega\sim 200\text{ cm}^{-1}$ ), these shifts are of order  $0.4\text{ \AA}$  and  $0.04\text{ \AA}$ , respectively, which are in the range of typical molecular geometry changes due to optical excitations

or liquid environments. We found the displacement-independent errors in the model (2) and (3) to be very important for quantum control via reservoir engineering. Furthermore, the same feature can also be exploited for engineering the mechanical analogs of nonreciprocal optical couplings [49] and energy-efficient molecular quantum heat machines [34]. These subjects will be explored in a forthcoming publication.

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