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Phys. Rev. Lett. **116**, 043902 — Published 27 January 2016

DOI: [10.1103/PhysRevLett.116.043902](https://doi.org/10.1103/PhysRevLett.116.043902)

Universal nature of the nonlinear stage of modulational instability

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(Dated: December 18, 2015)

We characterize the nonlinear stage of modulational instability (MI) by studying the long-time asymptotics of the focusing nonlinear Schrödinger (NLS) equation on the infinite line with initial conditions tending to constant values at infinity. Asymptotically in time, the spatial domain divides into three regions: a far left and a far right field, in which the solution is approximately equal to its initial value, and a central region in which the solution has oscillatory behavior described by slow modulations of the periodic traveling wave solutions of the focusing NLS equation. These results demonstrate that the asymptotic stage of MI is universal, since the behavior of a large class of perturbations [characterized by a continuous spectrum](#) is described by the same asymptotic state.

PACS numbers: 02.30.Ik, 05.45.-a, 05.45.Yv, 42.65.Sf, 47.20.-k

Introduction. Modulational instability (MI) — i.e., the instability of a constant background to long wavelength perturbations — is one of the most ubiquitous phenomena in nonlinear science (e.g., see [1] and references therein). The effect, which is known as Benjamin-Feir instability in the context of deep water waves [2], has been known since the 1960's, but has received renewed attention in recent years, and was also linked to the formation of rogue waves in optical media [3, 4] and in the open sea [5].

The dynamics of many systems affected by MI is governed by the one-dimensional focusing nonlinear Schrödinger (NLS) equation, which models the evolution of weakly nonlinear dispersive wave packets in such diverse fields as water waves, plasmas, optics and Bose-Einstein condensates. One can therefore study the initial (i.e., linear) stage of MI by linearizing the NLS equation around the constant background. One easily sees that all Fourier modes below a certain threshold are unstable, and the corresponding perturbations grow exponentially. However, the linearization ceases to be valid as soon as perturbations become comparable with the background. A natural question is then what happens at this point, which is referred to as *the nonlinear stage of MI*. Surprisingly, a precise characterization of the nonlinear stage of MI for generic, finite-energy perturbations has remained by and large an open problem for the last fifty years.

The NLS equation is a completely integrable system [6], and admits an infinite number of conservation laws and exact N -soliton solutions for arbitrary N , describing the elastic interaction of solitons [6]. By analogy with the case of localized initial conditions, a natural conjecture was that MI is therefore mediated by solitons [7, 8]. The initial value problem (IVP) for the NLS equation can be solved via the inverse scattering transform (IST). In particular, the IST for the focusing NLS equation with zero boundary conditions (ZBC) at infinity (i.e., localized disturbances) was done in [6], and the IST for the defocusing NLS equation with nonzero boundary conditions (NZBC, i.e., solutions that tend to finite [nonzero values](#) at infinity) was done in [9]. But only partial results [10–12] were available for the focusing NLS equation with NZBC until recently, in [13], we developed a complete IST

for this case. (Recall that the IST for systems with NZBC is notoriously more challenging, and the IVP for the vector NLS with NZBC was also only solved recently [14, 15].) In [16] we then used the IST to study MI by computing the spectrum of the scattering problem for simple classes of perturbations of a constant background. In particular, we showed that *there are classes of perturbations for which no solitons are present*. Thus, since all generic perturbations of the constant background are linearly unstable, solitons cannot be the mechanism that mediates the MI, contradicting a recent conjecture [7]. Instead, in [16] we identified the instability mechanism within the context of the IST, by showing that the instability comes from the continuous spectrum of the scattering problem associated with the NLS equation (see below for further details).

In this Letter we use the framework developed in [13] to characterize the nonlinear stage of MI. We do so by studying the long-time asymptotic behavior of localized [perturbations](#) of the constant background. We show that, generically, the long-time asymptotics of modulationally unstable fields on the whole line displays universal behavior, and decomposes the xt -plane into two plane wave regions — in which the solution is approximately equal to the background up to a phase — separated by a central region in which the leading order behavior is described by a slowly modulated traveling wave.

The NLS equation and MI. We write the focusing NLS equation as

$$iq_t + q_{xx} + 2(|q|^2 - q_o^2)q = 0, \quad (1)$$

where $q(x, t)$ represents the complex envelope of a quasi-monochromatic, weakly nonlinear dispersive wave packet, and the physical meaning of the variables x and t depends on the physical context. (E.g., in optics, t represents propagation distance while x is a retarded time.) Here $q_o = |q_{\pm}| > 0$ is the background amplitude, and the NZBC satisfied by the field are

$$q_{\pm} = \lim_{x \rightarrow \pm\infty} q(x, t). \quad (2)$$

The term $-2q_o^2q$ has been added to Eq. (1) so that q_{\pm} are independent of time, and can be removed by a trivial gauge transformation.

The constant background solution is simply $q_s(x, t) = q_0$. Linearizing Eq. (1) around this solution, one finds that all Fourier modes with $|\zeta| < 2q_0$ (where ζ is the Fourier variable) are unstable, and that the growth rate is $\gamma(\zeta) = |\zeta| \sqrt{4q_0^2 - \zeta^2}$. Below we will use the IST for Eq. (1) with the NZBC (2), which was developed in [13], slightly reformulated in a way that is more convenient for the present purposes.

Recall that the NLS Eq. (1) is the zero-curvature condition $X_t - T_x + [X, T] = 0$ of the matrix Lax pair $\phi_x = X\phi$ and $\phi_t = T\phi$, with $X = ik\sigma_3 + Q$ and $T = -i(2k^2 + q_0^2 - |q|^2 - Q_x)\sigma_3 - 2kQ$, where $\sigma_3 = \text{diag}(1, -1)$ is the third Pauli matrix, and

$$Q(x, t) = \begin{pmatrix} 0 & q \\ -q^* & 0 \end{pmatrix}. \quad (3)$$

As usual, the first half of the Lax pair is referred to as the scattering problem and $q(x, t)$ as the potential, and the direct problem in the IST consists in determining the scattering data (i.e., reflection coefficient, discrete eigenvalues and norming constants) from the **initial condition**. This is done through the Jost eigenfunctions $\phi_{\pm}(x, t, k)$, which are the simultaneous matrix solutions of both parts of the Lax pair which reduce to plane waves, namely, $\phi_{\pm}(x, t, k) = E_{\pm}(k) e^{i\theta(x, t, k)\sigma_3 + o(1)}$ as $x \rightarrow \pm\infty$, where $\pm i\lambda$ and $E_{\pm}(k) = I + i/(k + \lambda)\sigma_3 Q_{\pm}$ are respectively the eigenvalues and corresponding eigenvector matrices of $X_{\pm} = \lim_{x \rightarrow \pm\infty} X$, with $\lambda(k) = (k^2 + q_0)^{1/2}$ and $\theta(x, t, k) = \lambda x - \omega t$ with $\omega(k) = 2k\lambda$. These Jost eigenfunctions, which are the nonlinearization of the Fourier modes, are defined for all values of $k \in \mathbb{C}$ such that $\lambda(k) \in \mathbb{R}$, which **comprise** the continuous spectrum $\Sigma = \mathbb{R} \cup i[-q_0, q_0]$, see Fig. 1(left). The scattering relation $\phi_-(x, t, k) = \phi_+(x, t, k)A(k)$ defines the scattering matrix $A(k)$ for $k \in \Sigma$, and the corresponding reflection coefficient is $r(k) = -a_{21}/a_{22}$. The zeros of $a_{11}(k)$ and $a_{22}(k)$ define the discrete spectrum of the problem, which leads to solitons. As usual, time evolution within IST is trivial. In particular, with the above normalization of the Jost eigenfunctions, all the scattering data are independent of time.

The focusing NLS Eq. (1) with the NZBC (2) possesses a rich family of soliton solutions [10, 17–19], classified according to the possible placements of the discrete eigenvalue [13]. In particular, the so-called Akhmediev breathers provide a good representation for the growth of seeded perturbations [20, 21]. Importantly, however, Akhmediev breathers are periodic in space, and therefore possess infinite energy. Hence they cannot describe the asymptotic state of localized (i.e., finite-energy) perturbations of the constant background. Moreover, as mentioned earlier, there exist generic perturbations of the constant background for which no discrete spectrum (and thus no solitons) is present. Instead, *the key to describe the asymptotic stage of MI lies in the continuous spectrum*. Indeed, as we showed in [16], $\omega(k)$ is purely imaginary for $k \in i[-q_0, q_0]$, and *the Jost solutions for $k \in i[-q_0, q_0]$ are precisely the nonlinearization of the unstable Fourier modes*. In fact, even their growth rate is the same, modulo the usual rescaling.

The inverse problem in the IST consists in reconstructing the solution $q(x, t)$ of the NLS equation from the scattering data, and is formulated in terms of a Riemann-Hilbert problem, namely the problem of reconstructing the meromorphic matrix $M(x, t, k)$ defined as $M(x, t, k) = (\phi_{+,1}/a_{22}, \phi_{-,2}) e^{-i\theta\sigma_3}$ for $k \in \mathbb{C}^+ \setminus i[0, q_0]$ and $M(x, t, k) = (\phi_{-,1}, \phi_{+,2}/a_{11}) e^{-i\theta\sigma_3}$ for $k \in \mathbb{C}^- \setminus i[-q_0, 0]$, where $\mathbb{C}^{\pm} = \{k \in \mathbb{C} : \text{Im } k \gtrless 0\}$ and $\phi_{\pm, j}$ for $j = 1, 2$ denote the columns of ϕ_{\pm} . This is done by using the scattering relation and symmetries to obtain a jump condition $M^+(x, t, k) = M^-(x, t, k)V(x, t, k)$ for $k \in \Sigma$, where superscripts \pm denote projection from the left/right of the contour Σ (oriented rightward along the real k -axis and upward along the segment $i[-q_0, q_0]$). Explicitly,

$$V(x, t, k) = \begin{cases} \begin{pmatrix} 1 + |r|^2 & r^* e^{2i\theta} \\ r e^{-2i\theta} & 1 \end{pmatrix}, & k \in \mathbb{R}, \\ \frac{i q_0}{k - \lambda} \begin{pmatrix} -r^* e^{2i\theta} & 1 \\ 1 + |r|^2 & -r e^{-2i\theta} \end{pmatrix}, & k \in i[0, q_0], \end{cases}$$

plus a symmetric expression for $k \in i[-q_0, 0]$. Note that $\det M(x, t, k) = 1$ for $k \in \mathbb{C} \setminus \Sigma$ and $M(x, t, k) \rightarrow I$ as $k \rightarrow \infty$. The solution of the NLS is recovered via the usual reconstruction formula $q(x, t) = -2i \lim_{k \rightarrow \infty} k M_{12}$. The signature of MI in the inverse problem is the exponentially growing entries of $V(x, t, k)$ for $k \in i[-q_0, q_0]$ through the time dependence of $\theta(x, t, k)$.

Long-time asymptotics of finite-energy perturbations. We now study the asymptotic state of MI for generic, finite-energy perturbations of a constant background. As mentioned earlier, we do so by computing the long-time asymptotics of the solutions of the focusing NLS equation with NZBC. As a concrete example we consider box-like perturbations with $q(x, 0) = q_0$ for $|x| > L$ and $q(x, 0) = b e^{i\beta}$ for $|x| < L$, in which case $r(k) = e^{2i\lambda L} [(b \cos \beta - q_0)k - ib\lambda \sin \beta] / [\lambda\mu \cot(2L\mu) - i(k^2 + q_0 b \cos \beta)]$, with $\mu = \sqrt{k^2 + b^2}$. **We emphasize, however, that the results described below are not limited to this example, and apply to all localized perturbations such that the**

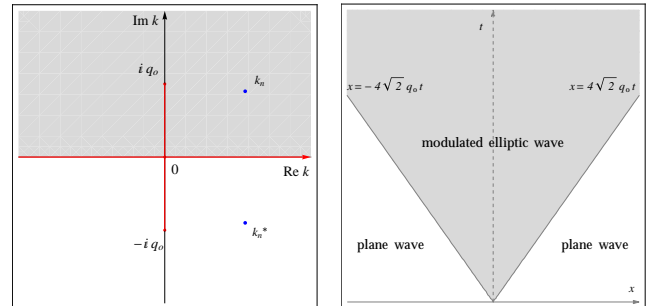


FIG. 1: Left: The spectral k -plane, showing the continuous spectrum Σ (red lines), the regions where $\text{Im } \lambda > 0$ (gray) and $\text{Im } \lambda < 0$ (white) and a discrete eigenvalue k_n together with its symmetric counterpart. Right: The asymptotic regime for the xt -plane, showing the decomposition into two plane wave regions (white) and the modulated elliptic wave region (gray).

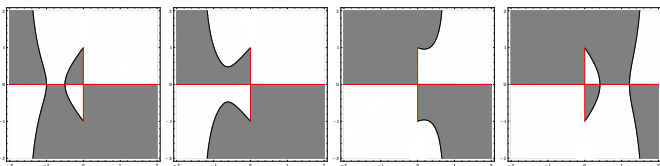


FIG. 2: The sign of $\text{Im } \theta$ in the complex k -plane for various values of the similarity variable $\zeta = x/t$ and $q_0 = 1$: (i) $\zeta = -6$, corresponding to $x < -\zeta_* t$; (ii) $\zeta = -5.2$, corresponding to $-\zeta_* t < x < 0$; (iii) $\zeta = 3$, corresponding to $0 < x < \zeta_* t$; (iv) $\zeta = 6.5$, corresponding to $x > \zeta_* t$. Gray: $\text{Im } \theta > 0$. White: $\text{Im } \theta < 0$.

corresponding reflection coefficient has a small region of analyticity around the continuous spectrum **and such that no discrete spectrum is present**.

Recall that for linear evolution equations one computes the asymptotics of the solution as $t \rightarrow \infty$ via stationary phase or steepest descent by looking along lines $x = \zeta t$ with ζ fixed [36]. In this far field approximation, the solution essentially becomes the Fourier transform of the initial condition, modulated by the similarity variable ζ and evaluated at the critical points of the problem [22]. In the nonlinear case, instead, one must use the IST. The long-time asymptotics of solutions of the NLS equation with ZBC was computed through various approaches in [23, 24]. Those results, however, do not apply in our case. Here we used the more general nonlinearization of the steepest descent method, namely the Deift-Zhou method for oscillatory **Riemann-Hilbert problems** [25].

Asymptotic stage of MI. Since the implementation of the **Deift-Zhou** method is complicated, the details **are reported elsewhere**. On the other hand, the main results **are straightforward**. The key piece of information is the sign structure of $\text{Im } \theta = \text{Im}[\lambda(\zeta - 2k)]t$ as a function of k for ζ fixed. Let $\zeta_* = 4\sqrt{2}q_0$. For $|x| > \zeta_* t$, there are two real stationary points in the complex k -plane. This situation corresponds to the first and fourth plot of Fig. 2. For $|x| < \zeta_* t$, there are two complex conjugate stationary points in the complex k -plane. This situation corresponds to the second and third plot of Fig. 2.

Each of the four cases in Fig. 2 requires a different deformation of the **Riemann-Hilbert problem**. Correspondingly, the xt -plane divides into three regions, as illustrated in the bifurcation diagram in Fig. 1(right) [37]. Specifically: (i) The range $x < -\zeta_* t < 0$ is the left far field, plane wave region. Here $|q(x, t)| = q_0 + O(1/t^{1/2})$ as $t \rightarrow \infty$. Apart from a nonlinear contribution to the phase, the behavior is similar to the linear case. (ii) The range $-\zeta_* t < x < \zeta_* t$ is an oscillation region. Here $q(x, t) = q_{\text{asympt}}(x, t) + O(1/t^{1/2})$, the asymptotic solution being a modulated traveling wave (elliptic) solution. This is the most interesting region, and is described in some detail below. (iii) The range $x > \zeta_* t > 0$ is a right far field, plane wave region. Here, $|q(x, t)| = q_0 + O(1/t^{1/2})$, as $t \rightarrow \infty$, similarly to region (i).

The kind of results described above are not unprecedented. Indeed, bifurcation diagrams dividing the long-time asymptotic behavior of solutions of the focusing NLS equation into

regions of different genus were obtained in different contexts in [26, 27]. What is different here, however, is the physical setting, the specific results and their physical interpretation.

The modulated traveling wave region. We focus on the range $0 < x < \zeta_* t$. (The solution in the range $-\zeta_* t < x < 0$ is similar.) The leading-order solution in this region is expressed in terms of Jacobi elliptic functions, and represents a slow modulation of the traveling wave (periodic) solutions of the focusing NLS equation [38]. In particular,

$$|q_{\text{asympt}}(x, t)|^2 = (q_0 + \alpha_{\text{im}})^2 - 4q_0\alpha_{\text{im}} \text{sn}^2[C(x - 2\alpha_{\text{re}}t - X); m], \quad (4)$$

where $m = 4q_0\alpha_{\text{im}}/C^2$ is the elliptic parameter, $C = \sqrt{\alpha_{\text{re}}^2 + (q_0 + \alpha_{\text{im}})^2}$, and the slowly varying offset X is explicitly determined by the reflection coefficient. The four points $\pm iq_0$ and $\alpha_{\pm} = \alpha_{\text{re}} \pm i\alpha_{\text{im}}$ are the branch points associated with the elliptic solutions of the focusing NLS equation [28, 29]; α_{\pm} are slowly varying functions of ζ , determined via a single, implicit equation that can be easily solved numerically. The slowly varying wavenumber, velocity and period are respectively α_{re} , $2\alpha_{\text{re}}$ and $2K(m)/C$ [39]. In particular, $\alpha \rightarrow 1/\sqrt{2}$ as $x \rightarrow \zeta_* t$ and $\alpha \rightarrow iq_0$ as $x \rightarrow 0$. The first limit corresponds to the boundary between the genus-1 region and the plane wave region, in which case $m \rightarrow 0$ and the solution reduces to a constant. In the second limit, $m \rightarrow 1$, corresponding to the solitonic limit of the elliptic solution.

The universal profile of the solution amplitude in the oscillation region (neglecting for simplicity the ζ -dependent effect of the reflection coefficient) is shown in Fig. 3 at two different values of time. The envelope of $|q_{\text{asympt}}|$ (dashed lines), given by $q_0 \pm \alpha_{\text{im}}$, is time-independent, and depends only on ζ . Conversely, the oscillating structure is slowly varying in the xt -frame. The boundary between the oscillation region and the plane wave regions can be understood within the context of Whitham modulation theory [28, 29].

Discussion. We have computed the long-time asymptotic behavior of a large class of perturbations of a constant background in a modulationally unstable medium for which no discrete spectrum is present. **Recall that the linear stage of MI is characterized by exponential growth. As we showed [16], “linearizing” the IST (i.e., looking for solutions that are a small deviation from the constant background) yields exactly the same result as directly linearizing the NLS equation around the background. For longer times, however, the growth saturates and one obtains the asymptotic state described in our work. More precisely, in this work we showed that all such perturbations evolve towards an asymptotic state described by slow modulations of the traveling wave solutions of the focusing NLS equation.** We emphasize the broad nature of our results. The initial conditions of the problem only determine a slowly varying offset for the elliptic solution via the reflection coefficient, whereas the structure of the solution as a modulated elliptic wave is independent of it. In this sense, *the asymptotic stage of MI is universal*.

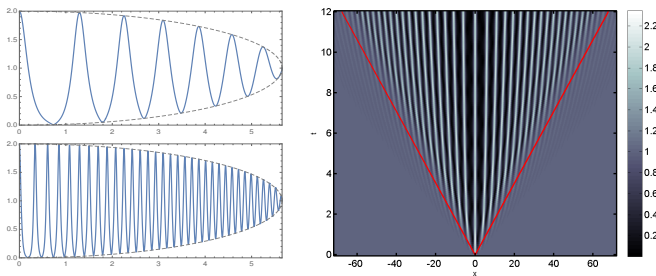


FIG. 3: **Left:** The asymptotic solution $|q(x,t)|$ (vertical axis) in the oscillation region as a function of $\xi = x/t$ (horizontal axis) for $q_0 = 1$. **Top:** $t = 4$. **Bottom:** $t = 20$. Also shown (dashed lines) is the time-independent envelope of the solution. **Right:** Density plot from numerical simulations of Eq. (1) with a small Gaussian perturbation of the constant background. The red lines show the analytically predicted boundaries $x = \pm 4\sqrt{2}q_0t$.

Since the NLS equation has a wide range of applicability, from nonlinear optics to deep water waves, acoustics, plasmas and Bose-Einstein condensates, we expect that the results of this work apply to all of the above physical contexts. **In particular, our results provide explicit predictions about the behavior of laser pulses in optical fibers and gravity waves in one-dimensional deep water channels.** The results also have potential connections to the phenomena of rogue waves [3, 4] and integrable turbulence [35].

MI is often studied in the framework of sideband perturbations of a constant background. The results of this work can therefore be compared to those in the case of periodic boundary conditions. There, the instability is ascribed to the presence of homoclinic solutions [30]. The initial stage of MI in that scenario was studied in [31] with a 3-mode model. But the IST machinery used to study the periodic case (namely, the theory of finite-genus solutions [32, 33]) is very different from the one in the IVP with NZBC, used here [40]. Most importantly, the physics in the two cases is different. For example: (i) In the periodic case there is an amplitude threshold below which no instability occurs, whereas no such threshold exists on the infinite line. (ii) In the periodic case, radiation cannot escape to infinity, and therefore it is doubtful that a long-time asymptotic state even exists. **Also, sinusoidal excitations are a special case of perturbations with several Fourier components, each contributing with its own amplitude and phase. Such generic perturbations are characterized by their Fourier transform (or equivalently spectral data), and this is precisely the situation studied in this work.**

The above results can also be compared to the semiclassical limit of the focusing NLS equation with ZBC [34]. The study of that scenario requires more sophisticated analysis, and the results are also more complicated. Moreover, numerical simulations of the semiclassical case become more and more sensitive to round-off error as $\hbar \rightarrow 0$ [30]. In contrast, the present case does not appear to be as sensitive. **The robustness of our analytical predictions is confirmed in Fig. 3, which shows a numerical simulation of Eq. (1) with a small Gaussian perturbation of the constant background. The numerical results show that there is an intermediate time range for which**

one sees the asymptotic behavior but no catastrophic round-off. As a result, there appear to be no fundamental obstacles to the possibility of observing experimentally the behavior described in this work.

Semiclassical limits and long-time asymptotics problems are often studied using Whitham theory [22]. But the Whitham equations for the focusing NLS equation are elliptic, and therefore the corresponding IVP is ill-posed. This is well known in the case of ZBC (e.g., see [34]), and it remains true in the case of NZBC. While special solutions to the Whitham equations also exist in the focusing case [28, 29], it should be clear that the IST-related methods used here are the only way to study the nonlinear stage of MI for generic perturbations of the constant background. Indeed, we see no obstacles to generalizing the present calculations to include the presence of discrete eigenvalues, which will allow for the first time a study of the interactions between solitons and radiation in modulationally unstable media.

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36. The point $x = 0$ appears to be special because, in the far field approximation of the dynamics arising from localized perturbations, everything seems to arise from the origin, just like in the far-field asymptotics for linear problems [22].
37. Please see the supplementary documents for the detailed expression of the solution in each region.
38. [A special case of this solution](#) was studied in [28, 29] in the context of Whitham theory, but neither work studied the evolution of generic initial conditions.
39. Here $K(m)$ is the complete elliptic integral of the first kind. Since the wave is nonlinear, the wavenumber and period are not related by a simple proportionality relation as for harmonic waves.
40. In fact, the limiting process from the periodic case to the infinite line is highly nontrivial, and is not yet properly understood.