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Interactions between two adjacent convection rolls in turbulent Rayleigh-Bénard convection

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We seek to develop a low dimensional model for the interactions between horizontally adjacent turbulent convection rolls. This was tested in Rayleigh-Bénard convection experiments with two adjacent cubic cells with a partial wall in between. Observed stable states include both counterrotating and co-rotating states for Rayleigh number $7.6 \times 10^7 < \text{Ra} < 3.5 \times 10^9$ and Prandtl number 6.41. The stability of each of these states and their dynamics can be modeled low-dimensionally by stochastic ordinary differential equations of motion in terms of the orientation, amplitude, and mean temperature of each convection roll. The form of the interaction terms is predicted based on an effective turbulent diffusion of temperature between the adjacent rolls, which is projected onto the neighboring rolls with sinusoidal temperature profiles. With measurements of a constant coefficient for effective thermal turbulent diffusion, quantitative predictions are made for the nine forcing terms which affect stable fixed points of the co- and counter-rotating states for $5.5 \times 10^8 < \text{Ra}$ $< 3.5 \times 10^9$. Predictions are found to be accurate within a factor of 3 of experiments. This suggests that the same turbulent thermal diffusivity that describes macroscopically averaged heat transport also controls the interactions between neighboring convection rolls. The surprising stability of corotating states is due to the temperature difference between the neighboring rolls becoming large enough that the heat flux between the rolls stabilizes the temperature profile of aligned co-rotating states. This temperature difference can be driven with an asymmetry, for example, by heating the plates of the two cells to different mean temperatures. When such an asymmetry is introduced, it also shifts the orientations of the rolls of counter-rotating states in opposite directions away from their preferred orientation, which is otherwise due to the geometry of the cell. As the temperature difference between the plates of the different cells is increased, the shift in orientation increases until the counter-rotating states become unstable, and only co-rotating states are stable. At very large temperature differences between cells, both the counter-rotating and predicted co-rotating state become unstable – instead we observe a co-rotating state with much larger temperature difference between the rolls that cannot be explained by turbulent thermal diffusion. Spontaneous switching between co-rotating and counter-rotating states is also observed, including in nominally symmetric systems. Switching to counter-rotating states occurs mainly due to cessation (a significant weakening of a convection roll), which reduces damping on changes in orientation, allowing the orientation to change rapidly due to diffusive fluctuations. Switching to co-rotating states is mainly driven by smaller diffusive fluctuations in the orientation, amplitude, and mean temperature of rolls, which have a positive feedback that destabilizes the counter-rotating state.

I. INTRODUCTION

While turbulent flows are often thought of as irregular and erratic, large-scale coherent flow structures are commonplace in turbulence. An example is convection rolls driven by buoyancy in natural convection. Such structures and their dynamics can play a significant role in heat and mass transport. A particular challenge that is the focus of this manuscript is to develop a model for how these large-scale flow structures interact with each other, for example to result in neighboring convection rolls that are counter-rotating or co-rotating.

We investigate this in the model system of turbulent Rayleigh-Bénard convection. In Rayleigh-Bénard convection, a fluid is heated from below and cooled from above to generate buoyancy-driven flow [1, 2]. This system exhibits convection rolls which are robust large-scale coherent structures that retain a similar organized flow structure over a long time. For example, in containers of aspect ratio near 1, a large-scale circulation (LSC) forms. This LSC consists of localized blobs of coherent fluid known as plumes. The plumes collectively form a single convection roll in a vertical plane that can be identified by averaging over the flow field or timescales longer than the circulation period [3]. This LSC spontaneously breaks the symmetry of symmetric containers, but turbulent fluctuations cause the LSC orientation θ_0 in the horizontal plane to meander spontaneously and erratically, and allow it to sample different orientations to recover the symmetry over long times [4]. While the LSC exists nearly all of the time, on rare occasions these fluctuations lead to spontaneous cessations followed by reformation of the LSC [4, 5]. The LSC exhibits oscillation modes [6– 18], which in circular cylindrical containers consists of

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twisting and sloshing [19–22], and at some aspect ratios a jump-rope-like mode [23, 24].

The qualitative behavior of the LSC depend on the geometry of the cell, which is necessary to account for if we are to understand the dynamics between neighboring rolls in some geometry. In containers with rectangular horizontal cross-sections, the preferred alignment of the LSC orientation θ_0 is along the longest diagonals, and the LSC orientation can spontaneously switch between adjacent corners [25–31]. A regular oscillation of θ_0 can occur between nearest-neighbor diagonals in a non-square rectangular cross-section [26]. In a cubic container, the oscillation structure of the LSC corresponds to an advected oscillation mode with one oscillation per LSC turnover period [32], and an oscillation in the shape of the temperature profile that does not occur in a circular crosssection cell [33].

In principle, the Navier-Stokes equations describe fluid flow, but they are impractical to solve for such complex turbulent flows, so low-dimensional models are desired. It has long been recognized that the states and dynamics of a single large-scale coherent structure are similar to those of low-dimensional dynamical systems models [34] and stochastic ordinary differential equations [35– 38]. Low-dimensional models can potentially describe parameters of stable states, dynamics such as oscillation modes, and behavior of transitions between states. While low-dimensional models lack detail of smaller structures, they have the advantage of being much simpler to solve and understand the behavior because they involve simpler equations – such as ordinary differential equations instead of partial differential equations.

There are several low-dimensional models for single roll LSCs. Early models tried to characterize flow reversals in simplified flow in a two-dimensional plane [39– 41] However, these two-dimensional models could not characterize more complex three-dimensional dynamics with motion in θ_0 such as reorientations and oscillation modes. Some models are obtained by transforming high-dimensional fluid velocity field data (usually from direct numerical simulation) and reducing it to lowerdimensional models consisting of a few highest-energy Fourier modes or eigenmodes. These models have been able to characterize the detailed shape of the LSC and its dynamics, including flow reversals in two dimensions [42, 43] spontaneous corner-switching and oscillations in cubic cells [29, 31], and the twisting, sloshing, and jump-rope oscillation modes of the LSC [24]. Because these models are obtained from high-dimensional data, they are descriptive in higher detail, but the models are not formulated in such a way to predict flows when detailed data is not already available. We desire a lowdimensional modeling technique that can be predictive and generalizable to other systems with more limited or no experimental input required.

We build off the low-dimensional model of Brown & Ahlers, where model terms are derived from approximations of the Navier-Stokes equations [44]. The model consists of a pair of stochastic differential equations for the LSC, in terms of the orientation θ_0 and amplitude δ . The model of Brown & Ahlers and its extensions have successfully described most of the known dynamical modes of the LSC in including the meandering, cessations, and twisting and sloshing oscillation modes described above [22, 44–47], with the exception of the jump rope mode. The combination of twisting and sloshing oscillation modes [19–22] can alternatively be described in this model as a single advected oscillation mode, with two oscillation periods per LSC turnover period in a circular cross-section [22], or with one oscillation period per LSC turnover period in a cubic cross-section which is excited by a potential V_q due to the shape of the container [32]. This potential V_g can be predicted as a function of container cross-section geometry without experimental input [26, 45, 48]. This same potential V_g also explains the preferred orientation along diagonals of a rectangular cross-section container, the oscillations between diagonals [26], and the stochastic switching between diagonals [25, 27–31]. This model requires experimental measurements of two diffusivity parameters that characterize the strength of turbulent fluctuations in θ_0 and the LSC strength, but these are relatively simple parameters that can be obtained from short term measurements of a single state. Predictions of oscillation frequencies, average rates of stochastic switching between states, widths of probability distributions, and state boundaries are typically accurate within a factor of 3 [27, 35, 44, 48], but can be more accurate when more fit parameters are used [49].

While systems of aspect ratio close to one tend to have a single convection roll, horizontally extended convection systems tend to consist of multiple convection rolls, each of aspect ratio on the order of one, arranged side-byside, typically counter-rotating relative to their neighbors [50, 51]. Counter-rotating behavior is claimed to be prevalent in nature, for example, in textbook pictures of convection rolls in the atmosphere, in the convection layer of stars, or planetary cores. However, a few simulations have been able to produce co-rotating states in horizontally adjacent rolls in non-turbulent convection, with lateral heating [52], or with an inclination relative to gravity of 0.01 rad [53]. Vertically extended systems often have counter-rotating rolls stacked on top of each other [54]. A turbulent convection experiment with two fluids, one on top of the other, found a convection roll in each fluid with two stable states, one where the rolls are counter-rotating, and one where the rolls are corotating [55], with rare stochastic switching between the two states. A variation on stacked co-rotating rolls was observed in simulations of a non-turbulent vertical channel where vertical flow in opposite directions occurred along opposite side walls. In this case, the co-rotating rolls are forced by the opposite vertical flows on either side [56].

Two-dimensional theories using linear stability analysis in the non-turbulent regime have been able to predict the existence of stable counter- and co-rotating states. In one case, a lateral heating was shown to provide a forcing to produce stable co-rotating states in horizontally neighboring rolls [52]. Another model considered vertically stacked rolls, and showed stable counter-rotating states where the coupling was dominated by viscous forces, as well as stable co-rotating states where the coupling was mainly through vertical buoyancy forces [57]. Since these earlier models were focused on two-dimensions [52, 57]. they can identify co-rotating and counter-rotating states, but they are missing the orientation of rolls, which is important because stability in three dimensions requires stability in the orientation as well as the flow strength, and many dynamics of rolls involve changes in orientation [4, 19, 23, 58, 59]. These previous models also focused on linear stability analysis of laminar flow, but many natural flows are turbulent, well beyond the range where linear stability analysis rigorously applies. It has yet to be determined whether three-dimensional systems of interacting turbulent convection rolls can be captured by low-dimensional models, which is the primary goal of this work.

We hypothesize that the low-dimensional model of Brown & Ahlers [27, 32, 44, 45, 48] can be extended to systems of multiple convection rolls using an existing set of ordinary differential equations of motion for each roll. and adding interaction terms to the equations of motion for each neighboring roll. We seek to test whether a lowdimensional model can predict or describe the preferred states (e.g. counter-rotating and/or co-rotating), their parameter values (e.g. orientation, flow strength), and their dynamics (e.g. how does switching between states occur). We also seek to understand the physical origin of the interaction terms, in particular due to turbulent thermal diffusion across the interface between the rolls so that a general predictive model can be made. This is in the spirit of low-dimensional models with heat transport in one dimension that have already proven effective. for example, to explain an oscillation in the shape of the temperature profile with an orientation-dependent vertical heat transport [33], and to explain thermal waves with a height-dependent vertical heat transport [60]. In principle, if we can write equations for convection rolls with interaction terms for a neighbor, results from two convection rolls can be extended to systems of more rolls assuming there are no significant interaction terms that involve three or more rolls.

The remainder of this manuscript is organized as follows. Section II explains the experimental apparatus, and methods used to characterize the LSC. Section III summarizes the existing low-dimensional model of Brown & Ahlers for a single LSC to use as a starting point. Section IV describes initial observations of counter-rotating and co-rotating states of two neighboring rolls. Section V presents a physical derivation of a model for neighboring roll interactions based on effective turbulent thermal diffusion. This model is tested in Sec. VI for the symmetric case where the control of both cells is nominally iden-



FIG. 1. A schematic of the experimental setup to measure interactions between two neighboring convection rolls, viewed from above. The LSC orientation in each cell is measured as the angle between the flow direction of the LSC near the bottom plate (dashed line) relative to the axis going through the center of both cells (dotted line), such that aligned counterrotating states correspond to $\theta_1 = \theta_2$, and aligned co-rotating states correspond to $\theta_1 = \theta_2 + \pi$ rad. Thermistor locations on the sidewall are indicated by solid circles.

tical. Section VII extends this model to the cases with asymmetric forcing on the two cells due to a difference in mean temperature of the plates, to better understand co-rotating states, and to test some of the model terms. Section VIII presents observations of spontaneous switching between co-rotating and counter-rotating states, and explains how these can be understood with the model.

II. METHODS

A. Experiment setup

The experimental apparatus is the same one used in [48], with the relevant details and modifications presented here. The apparatus consists of two adjacent cells as illustrated in Fig. 1. Each cell is nearly cubic with H = 20.32 cm and horizontal lengths $L = 20.02 \pm 0.03$ cm. Since two rolls may be preferred at an aspect ratio 2 without a wall in between [51], the apparatus is modified from [48] with a partial opening in the middle wall to enforce a flow with two convection rolls that can interact with each other.

To control the temperature difference ΔT between the top and bottom of each cell, water is circulated through top and bottom plates. Each top and bottom plate is controlled by its own temperature-controlled water bath so that ΔT could be controlled in each cell more precisely, and a difference ΔT_m could be imposed between the mean plate temperatures of the two cells when desired. The plates are aluminum, with double-spiral water-cooling channels as in [61], except that each plate has its own double-spiral, and the inlet and outlet of each plate were adjacent to minimize the spatial temperature variation within the plates. The baths pump water in a pattern symmetric around the middle wall to minimize temperature asymmetries between the two cells. Each plate has 5 thermistors to record ΔT and ΔT_m , with one thermistor at the center and four on the diagonals, halfway between the center and each corner of the plate.



FIG. 2. A schematic of the middle wall (in between the two cells). Cross-hatched sections indicate cutouts. Half of the area of the middle wall is cut out to enforce a flow with two convection rolls while allowing interaction between the neighboring convection rolls. Thermistor locations are indicated by solid circles.

The standard deviation of temperatures within each plate is $0.005\Delta T$ [48]. The top and bottom plates are parallel within 0.06° .

The sidewalls of the cubic cells are plexiglas to thermally insulate the cell from the surroundings. The outer sidewalls have a thickness of 0.55 cm, and are further insulated from the room by foam insulation. The middle wall is shared in between the two flow cells. The middle wall has a thickness of 0.91 cm to thermally insulate the cells from each other, and extends 2.2 cm into the gap between the top and bottom plates to thermally insulate the plates of different cells from each other. The middle wall has gaps in it to allow flow in the two cells to interact with each other. Three sections of height $H_1 = 13.6 \pm 0.1$ cm by $L_1 = 4.9 \pm 0.1$ cm are cut out of the middle wall, as shown in Fig. 2. A quarter circle with radius 0.35 ± 0.05 cm was cut out of each corner of the cell to allow gas bubbles to escape the cell during a degassing process to prepare the working fluid for experiments. This results in a fraction A = 0.50 of the middle wall open to allow interaction between the two cells. All of the cutouts are symmetric around the mid-height of the cell and symmetric from left to right.

Two vertical grooves were cut in the middle wall as shown in Fig. 2 to place thermistors and run their wiring out the top of the cell. The remaining area of the grooves was filled with epoxy to keep the walls as flat as possible, as explained in [48]. Detailed internal dimensions are given in [48], where it is shown that their effect on the symmetry of the flow is negligible compared to the effects of the cubic shape, as well as compared to effects of nonuniformity of the heating and cooling plate temperatures.

The apparatus was further insulated from the room as in [61] by surrounding it with 5 cm thick closed-cell foam, which itself was surrounded on the sides by a copper shield with water circulating through a pipe welded to the shield. The circulating water temperature was set to match the mean temperature $\langle T_0 \rangle$ averaged over the two cells, with a standard deviation of 0.006° K. The shield was surrounded by another layer of 2.5 cm thick open-cell foam.

To measure the LSC, thermistors were mounted in the sidewalls as in [58]. There are three rows of thermistors: at heights +H/4, 0, and -H/4 relative to the mid-height of the cell, as shown in Fig. 2. In each row, eight thermistors are equally spaced in the angle θ around the midplane, as illustrated in Fig. 1. The coordinate θ in the horizontal plane is measured relative to the axis going through the center of both cells, as illustrated in Fig. 1. The LSC orientation θ_1 when corresponding to the flow direction near the bottom plate when viewed from above is measured counter-clockwise in cell 1 and θ_2 is measured clockwise in cell 2, so that counter-rotating states correspond to $\theta_1 = \theta_2 + \pi$ rad when they align head-to-tail.

The cell was leveled in the direction perpendicular to the axis going through the center of both cells, with an uncertainty of 0.03°. For some experiments, the cell was intentionally tilted by an angle β relative to the level cell along the axis going through the center of both cells to introduce a forcing from buoyancy that breaks the symmetry of the two cells.

The working fluid was degassed and deionized water with mean temperature of 23.0°C, for a Prandtl number $Pr = \nu/\kappa = 6.41$ where $\nu = 9.36 \times 10^{-7} \text{ m}^2/\text{s}$ is the kinematic viscosity and $\kappa = 1.46 \times 10^{-7} \text{ m}^2/\text{s}$ is the thermal diffusivity. The Rayleigh number is given by $Ra = g\alpha\Delta T H^3/\kappa\nu$ where g is the acceleration of gravity, and $\alpha = 0.000238 \text{ K}^{-1}$ is the thermal expansion coefficient.

We calibrated thermistors at five mean temperatures from 21° C to 25° C. The calibrations were run with a small $\Delta T = 0.04$ K to enhance mixing. The uncertainty on temperature measurements is 1.9 mK for the sidewall thermistors and 1.2 mK for the plate thermistors, adding in quadrature the contributions from the standard deviation in thermistor temperatures during calibration runs, and the root-mean-square differences between the mean temperatures and the calibration fit.

B. Obtaining the LSC parameters

The LSC orientation θ_i , amplitude δ_i , and mean temperature $T_{0,i}$ are the main parameters used to characterize the LSC. They were obtained using the same methods as [4], but are now labeled with indices i = 1, 2 to differentiate the two cells. As the LSC moves hot fluid from near the bottom plate up one side and cold fluid from near the top plate down the other side, a temperature difference is detected along a horizontal direction at the mid-height of the container. We fit the thermistor temperatures at the middle row in each cell to the function

$$T_i = T_{0,i} + \delta_i \cos(\theta - \theta_i) \tag{1}$$

to get the orientation θ_i , temperature amplitude δ_i , and spatial mean temperature $T_{0,i}$ of the LSC roll. To obtain a time series, these fits are done at every measured time step, which is typically 7 s.

Due to the frequent failure of thermistors in the interior of the cell, we only report data from the sidewall thermistors, leaving only six thermistors in each cell at the middle row. For example, at $\Delta T = 19$ K, where the time-averaged amplitude $\bar{\delta}_i$ is 0.42 K in a counterrotating state, this fit results in average uncertainties on instantaneous measurements of 0.18 rad on θ_i and 0.06 K on δ_i from fitting Eq. 1. Since the uncertainties on individual thermistor measurements are only 1.9 mK, and deviations from the sinusoidal profile due to oscillation of the structure are only about 6% of the amplitude [33]. the largest contribution to these random uncertainties is large turbulent fluctuations around the mean temperature profile. The small amplitude of $\Delta T = 0.04$ K during calibrations is expected to produce an LSC with mean amplitude $\bar{\delta}_i = 2.9 \text{ mK}$ based on an extrapolation of measured values of $\bar{\delta}_i$ [48], which introduces a systematic error of 2.9 mK on measurements of δ_i . Using Eq. 1, this error propagates to a systematic error on θ_i of 0.007 rad at $\Delta T = 19$ K where $\bar{\delta}_i = 0.42$ K, or an error on θ_i of 0.024 rad when $\bar{\delta}_i = 0.12$ K at $\Delta T = 4$ K.

III. REVIEW OF MODEL FOR A SINGLE LSC, I.E. WITHOUT NEIGHBORING ROLL INTERACTIONS

In this section we summarize the model of Brown & Ahlers [44], which we use as a baseline of comparison to the behavior of a single-roll LSC. The model consists of a pair of stochastic ordinary differential equations, using the empirically known, robust LSC structure as an approximate solution to the Navier-Stokes equations to obtain equations of motion for parameters that describe the LSC dynamics. The effects of fast, small-scale turbulent fluctuations are separated from the slower, large-scale coherent motion when obtaining this approximate solution, then added back in as a stochastic term in the low-dimensional model. The flow strength in the direction of the LSC is represented by the temperature amplitude δ_i , which is proportional to the mean flow speed in the LSC. The equation of motion for δ_i is

$$\dot{\delta}_i = \frac{\delta_i}{\tau_\delta} - \frac{\delta_i^{3/2}}{\tau_\delta\sqrt{\delta_0}} + f_\delta(t) + \dot{\delta}_\kappa .$$
 (2)

The first forcing term on the right side of the equation corresponds to buoyancy, which strengthens the LSC. The second term is a non-linear damping approximated for a boundary-layer dominated flow, which weakens the LSC. δ_0 is the stable fixed point value of δ_i where buoyancy and damping balance each other, and τ_{δ} is a damping timescale for changes in the strength of the LSC. $f_{\delta}(t)$ is a stochastic forcing term representing the effect of small-scale turbulent fluctuations and is modeled as Gaussian white noise with diffusivity D_{δ} . Thus, δ_i tends to exhibit strong fluctuations around the stable fixed point value of δ_0 . $\dot{\delta}_{\kappa}$ is a placeholder for forcing terms due to the interaction between neighboring rolls, to be derived in Sec. V.

The equation of motion for the LSC orientation θ_0 is

$$\ddot{\theta}_i = -\frac{\dot{\theta}_i \delta_i}{\tau_{\dot{\theta}} \delta_0} - \nabla V_g(\theta_i) + f_{\dot{\theta}}(t) + \ddot{\theta}_{\kappa} .$$
(3)

The first term on the right side of the equation is a damping term which comes from the advective term of the Navier-Stokes equations, where $\tau_{\dot{\theta}}$ is a damping time scale for changes of orientation of the LSC. $f_{\dot{\theta}}$ is another stochastic forcing term with diffusivity $D_{\dot{\theta}}$. V_g is a potential which represents the pressure of the sidewalls acting on the LSC, and is a function of the geometry of the cell, so $-\nabla V_g(\theta_i) \equiv -\partial V_g/\partial \theta_i$ is the forcing due to this geometric potential. $\ddot{\theta}_{\kappa}$ is another placeholder for forcing terms due to the interaction between neighboring rolls, to be derived in Sec. V.

Since the terms of Eqs. 2 and 3 were derived from the Navier-Stokes equations, functional predictions for δ_0 , τ_{δ} and $\tau_{\dot{\theta}}$ exist [44, 48]. The diffusivities D_{δ} and $D_{\dot{\theta}}$ have so far been measured from data [44, 48].

The geometric potential $V_g(\theta_i)$ can be expressed as a function of the θ -dependent diameter of the cell, and thus can be calculated for convex cell geometries. $V_g(\theta_i)$ is predicted to be inversely proportional to the diameter across the cell as a function of LSC orientation θ_0 , and thus the lowest potentials are aligned with the longest diagonals [45]. In the case of a cubic cell, this corresponds to four potential minima, one for each corner of the cell, which correspond to preferred orientations of the LSC. This was tested in the same apparatus for a single LSC in which there was an insulating middle wall which totally isolated the roll from the neighboring cell [48].

To characterize interaction terms, we will look for differences from these baseline results from Eqs. 2 and 3.

IV. OBSERVATIONS OF PREFERRED STATES

Before developing complicated models, we categorize the observed states of behavior to identify what solutions a good model should have. An example time series of the LSC orientation θ_i , amplitude δ_i , and mean temperature $T_{0,i}$ lasting 7 days is shown in Fig. 3 at Ra = 2.7×10^9 $(\Delta T = 19 \text{ K})$. To show the long time series, only 1 in every 10 data points is shown in this figure. The system is seen to spontaneously switch between two distinct types of states. Before 160,000 s and after 370,000 s, there are fluctuations around a mean state with $\theta_1 \approx \theta_2$. This corresponds to a counter-rotating state with the orientation vectors at θ_i aligned head-to-head, with flow in the same direction adjacent to the interface between the rolls, as illustrated at the top of Fig. 3a. Counter-rotating states are usually aligned along a diagonal, which is the preferred state for a single roll in a cubic cell, and in these



FIG. 3. (color online) An example time series for two neighboring rolls. (a) LSC orientation θ_i . Horizontal solid lines correspond to alignments parallel to walls, and dotted lines correspond to diagonals. (b) LSC amplitude δ_i . Dashed line: the mean amplitude for a single LSC in a cubic cell with no neighboring roll [48]. (c) LSC mean temperature $T_{0,i}$. Side views of the corresponding co-rotating and counter-rotating states are illustrated above. Both co-rotating and counter-rotating between the two states. Co-rotating states are found to be stable, with spontaneous switching between the two states. Co-rotating states are found to have a reduced $\bar{\delta}_i$, and introduce a large temperature difference between the mean temperatures $T_{0,i}$ of the neighboring rolls.

examples is at $\pi/4$ rad before 160,000 s, and $7\pi/4$ rad after 370,000s. From 160,000-370,000 s, there are fluctuations around a mean state in which θ_1 and θ_2 instead differ by π rad, with stable values of $\theta_1 \approx 0$ and $\theta_2 \approx \pi$ rad. This corresponds to a co-rotating state where both rolls are rotating in the same direction, with counter-flow adjacent to each other at the interface between the cells, as illustrated above Fig. 3a.

The LSC amplitude δ_i also varies with the flow state, as shown in Fig. 3b. For comparison, the mean amplitude δ_0 for a single, non-interacting roll is drawn as a dashed line [48]. In the counter-rotating state, the mean amplitude is 9% smaller than δ_0 , while in the co-rotating state, the mean amplitude is 38% smaller than δ_0 . This indicates the interaction between neighboring rolls reduces the temperature amplitude δ , especially in the corotating state. While strong turbulent fluctuations in both states hide any detailed patterns that might appear within a state, the widths of the distributions of θ_i and δ_i around their mean values in a state are both narrower in the counter-rotating state, suggesting the stabilizing forces are stronger in the counter-rotating state. In the case of δ_i , the non-linear damping term in Eq. 2 produces less of a stabilizing force when $\bar{\delta}_i$ is smaller, which may account for the smaller width of δ_i in the co-rotating state.

The LSC mean temperature $T_{0,i}$ also varies with the flow state, as shown in Fig. 3c. $T_{0,i}$ acquires a large systematic offset between the two cells in the co-rotating state, such that the cell whose colder side is at the interface ($\theta_i = \pi$ rad) acquires a higher mean temperature $T_{0,i}$. The fact that $T_{0,i}$ has any systematic change is notable, since for a single LSC, no patterns in T_0 were found or reported due to cessations [44] or changes in preferred orientation [48], except a small periodic modulation due to the jump-rope oscillation mode of the LSC [24].

To identify the possible states over a wide parameter space, we carried out experiments at different values of control parameters, including a temperature difference ΔT between the top and bottom plates in the range 0.53 $\mathrm{K} \leq \Delta T \leq 24.4 \mathrm{K} \ (7.6 \times 10^7 \leq \mathrm{Ra} \leq 3.5 \times 10^9)$, a difference ΔT_m between the mean plate temperatures of each cell as large as ΔT , and tilt angles β ranging from $0 \leq |\beta| \leq 10^\circ$. Experiments typically lasted about 1 day, and switching between counter-rotating and co-rotating states occurred on average about once every other day. The dynamics of this switching will be discussed more thoroughly in Sec. VIII.

To characterize the preferred orientations of the states, a state diagram is made by plotting the values of the preferred orientation $\theta_{p,1}$ of cell 1 against the preferred orientation $\theta_{p,2}$ of cell 2 in Fig. 4. Preferred orientation were obtained from fits of the peaks of probability distributions of θ_i . Experiments with switching between clear preferred orientations were divided up into separate datasets based on the preferred orientation to identify the preferred stable states. Counter-rotating states are defined by $\theta_{1,p} \approx \theta_{2,p}$ (dashed line in Fig. 4) such that they both flow in the same direction at the interface between the rolls. In the most symmetrically-driven cases, where $|\Delta T_m|/\delta_0 < 0.1$ and $|\beta| < 0.03^\circ$ (solid circles in Fig. 4), usually both cells are aligned near a diagonal (illustrated as the red Xs in Fig. 4) which we refer to more specifically as counter-diagonal states. This matches the preferred diagonal state of a single cell [25, 27–31, 48]. The alignment of the two rolls in a counter-rotating state with $\theta_{1,p} \approx \theta_{2,p}$ suggests there is a stable forcing in $\theta_1 - \theta_2$.

However, in a few nominally symmetric cases we found counter-rotating states with preferred orientations roughly halfway between a diagonal and on-axis alignment. In some of these cases, there were switching events between the two corresponding symmetric preferred ori-



FIG. 4. Scatter plot of the preferred orientation $\theta_{1,p}$ of cell 1 vs. the preferred orientation $\theta_{2,p}$ of cell 2 from a wide range of experiments. Counter-rotating states are defined by $\theta_{1,p} \approx \theta_{2,p}$, near the dashed line. Solid circles: counterdiagonal states which align near a diagonal of the cell (red Xs). Open triangles: counter-axis states which align in between the corner and the axis between the two cells, due to some unintended asymmetry of the setup. Open circles: counter-offset states defined by a small offset between θ_1 and θ_2 , which occur when a slight asymmetric heating is introduced with $\Delta T_m/\bar{\delta} > 0.1$ or tilt $|\beta| > 0.03^\circ$. Open squares: co-rotating states, which align with the line passing through the center of both cells. Lower panels: Example illustrations of different states are shown, viewed from above, with the arrow indicating the direction of flow in the LSC near the bottom plate at orientation θ_i in each cell.

entations on either side of $\theta = 0$ or π rad. This alignment suggests there is a component of force that aligns the flow of the two cells in opposite directions toward the axis going through $\theta = 0$ and $\theta = \pi$ rad, which combines with the geometric forcing $-\nabla V_g(\theta_i)$ to produce intermediate preferred orientations. Since this forcing likely comes from an unintended asymmetry of our setup, these counter-axis states will not be the focus of the work, although they are discussed in Sec. VII G.

With a slight asymmetric forcing added to the basic counter-diagonal state with either $0.1 < |\Delta T_m|/\delta_0 < 1.7$ or $0.03^\circ < |\beta| < 2^\circ$, we find asymmetric offsets from the basic counter-rotating case where $\theta_{1,p}$ and $\theta_{2,p}$ shift in opposite directions away from the corner (open circles in Fig. 4), so we refer to these as counter-offset states.

Stable co-rotating states are always found to be aligned

	definition	type
L	cell height	controlled
A	fraction of interface open	controlled
κ	thermal diffusivity	controlled
$T_{m,i}$	mean temp. of plates	controlled
ΔT_m	temp. diff. of adjacent plates	dependent $(\Delta T_{m,i})$
$ heta_i$	LSC orientation	measured
δ_i	LSC amplitude	measured
$T_{0,i}$	LSC mean temperature	measured
ΔT_0	temp. diff. between LSCs	dependent $(\Delta T_{0,i})$
δ_0	stable LSC amplitude	known [48]
$ au_\delta$	damping timescale of δ_i	known [48]
$ au_ heta$	damping timescale of θ_i	known [48]
D_{δ}	turbulent diffusivity for δ_i	known [48]
$D_{\dot{\theta}}$	turbulent diffusivity for θ_i	known [48]
D_T	turbulent diffusivity for $T_{0,i}$	not tested
Nu	Nusselt number	known [62]
κ_t	turbulent thermal diffusivity	fit

TABLE I. Parameters that are relevant to the model of turbulent thermal diffusion for the interaction between neighboring rolls. Parameters referred to as 'known' have known values from previous experiments with a single LSC. The 'measured' parameters are those that describe the LSCs. The 'dependent' parameters are useful in results expressed in terms of differences between neighboring rolls and cells. The parameter κ_t is unknown, and is the single new fit parameter.

with one of θ_1 and θ_2 aligned nearly with 0, and the other nearly with π rad (open squares in Fig. 4). Co-rotating states are clustered around these orientations regardless of the value of ΔT_m and β . While we are able to find corotating states some fraction of the time for any parameter values in our experiment, when a large enough asymmetry is introduced, either $|\Delta T_m|/\delta_0 \gtrsim 1.7$ or $|\beta| \gtrsim 2^\circ$, we find only co-rotating states and no more counter-offset or other counter-rotating states. Since these preferred orientations $\theta_{p,i} = 0$ or π rad are along the axis between the center of both cells, this indicates the interaction between neighboring rolls adds a significant forcing stable in $\theta_i - \theta_{p,i}$, with $\theta_{p,i} = 0$ or π rad that can be dominant over the geometric potential $V_g(\theta_i)$ to align both rolls along this axis in co-rotating states.

V. MODEL FOR NEIGHBORING ROLL INTERACTION: EFFECTIVE TURBULENT THERMAL DIFFUSION

A. Forcing terms $\hat{\delta}_{\kappa,i}$ and $\hat{\theta}_{\kappa,i}$ due to neighboring roll interactions

The model for the neighboring roll interaction terms is derived in detail in the appendix, and we summarize the physical mechanisms and resulting equations here. We start with the assumption that Eqs. 2 and 3 describe a baseline model for each LSC, and that we only need to derive terms for additional forcing due to neighboringroll interactions. The forcing on the temperature profile along the interface between neighboring convection rolls is assumed to come from the turbulent diffusion of heat across the interface with effective turbulent thermal diffusivity κ_t , which is assumed to be uniform and constant. The turbulent thermal diffusion represents the enhancement of heat transport by eddies relative to the thermal diffusivity κ due to induction, analogous to a turbulent viscosity or eddy viscosity. This formulation is mathematically analogous to boundary layer approximations with thermal diffusion in an interfacial mixing layer. We include the unknown mixing layer thickness in the value of κ_t , which will be a fit parameter, so we can use the known cell size L as the lengthscale in the thermal diffusion equation. Because of the middle insulating wall blocking half of the interface, the heat transport acts over the exposed fractional area A = 0.50 of the interface between the two cells. The model terms are calculated by applying this turbulent thermal diffusion in a θ -dependent heat equation for heat flux in the direction perpendicular to the interface between neighboring cells. The resulting forcing terms (as calculated in appendix A) are:

$$\dot{\delta}_{\kappa,1} = \frac{A\kappa_t}{\pi L^2} \bigg[\sqrt{2} (T_{0,2} - T_{0,1}) \cos \theta_1 \\ + \delta_2 \sin(\theta_1 - \theta_2) \sin(2\theta_1)/2 \\ + [\delta_2 \cos(\theta_1 - \theta_2) - \delta_1] [\pi/4 + \cos(2\theta_1)/2] \bigg] \\ - \frac{\sqrt{2}\dot{T}_{0,1}}{\pi} \cos \theta_1 \ . \tag{4}$$

and

$$\ddot{\theta}_{\kappa,1} = -\frac{A\kappa_t}{\pi L^2 \tau_{\dot{\theta}} \delta_0} \bigg[\delta_2 \sin(\theta_1 - \theta_2) [\pi/4 - \cos(2\theta_1)/2] + [\delta_2 \cos(\theta_1 - \theta_2) - \delta_1] \sin(2\theta_1)/2 + \sqrt{2} (T_{0,2} - T_{0,1}) \sin\theta_1 \bigg] + \frac{\sqrt{2} \dot{T}_{0,1}}{\pi \delta_1} \sin\theta_1 \quad (5)$$

For brevity, we write all equations in this section for the forcing on cell 1 only, as the equations for cell 2 are identical other than an exchange of the subscripts 1 and 2 in each equation. These forcings $\dot{\delta}_{\kappa,1}$ and $\ddot{\theta}_{\kappa,i}$ can be inserted directly to the existing stochastic equations of motion for a single LSC (Eqs. 2 and 3, respectively).

B. Equation of motion for $T_{0,i}$

The model for a single LSC did not include an equation of motion for the mean temperature $T_{0,i}$ because it was observed to have trivial behavior. With neighboring convection cells, we observe a systematic difference between $T_{0,2}$ and $T_{0,1}$ (Fig. 3c), and this difference may drive dynamics in θ_i and δ_i according to Eqs. 5 and 4. Thus, we need an equation of motion for $T_{0,i}$. In an equation of motion for $T_{0,i}$, we should also expect to have some diffusive fluctuations driven by turbulence, analogous to Eqs. 2 and 3, so we include a fluctuation term $f_T(t)$ with diffusivity D_T . The deterministic part of the equation for $T_{0,1}$ is assumed to be due to the same net heat flux between the cells that contributes to the forcings $\dot{\delta}_{\kappa,i}$ and $\ddot{\theta}_{\kappa,i}$. An additional vertical heat transport from each of the top and bottom plates to each LSC is calculated using the standard boundary layer approximation in terms of the Nusselt number Nu. This results in (as calculated in Appendix B):

$$\dot{T}_{0,1} = f_T(t) + \frac{4\mathrm{Nu}\kappa}{L^2}(T_{m,1} - T_{0,1}) + \frac{A\kappa_t}{L^2}[T_{0,2} - T_{0,1} + 0.88(\delta_2\cos\theta_2 - \delta_1\cos\theta_1)] .$$
(6)

While this equation could be plugged into Eqs. 4 and 5, we find it more insightful to leave Eqs. 4 and 5 as is for a more direct physical interpretation of their dependence on $T_{0,2} - T_{0,1}$ at the stable fixed points where $\dot{T}_{0,i} = 0$.

VI. TESTING THE MODEL FOR SYMMETRIC CASES ($\Delta T_m = 0$)

A. Forcing terms on $\ddot{\theta}_i$ in $\theta_1 - \theta_2$ and $\theta_i - \theta_p$

In Sec. IV, the observed counter- and co-rotating states suggest forcing terms on $\ddot{\theta}_i$ that are stable in $\theta_1 - \theta_2$ and $\theta_i - \theta_{i,p}$, respectively. In this section, we test the predictions for these forcing terms from Eq. 5 for counterand co-rotating states, starting with the simpler special case of $\Delta T_m = 0$.

1. Stable fixed points and linearized forcing

Qualitatively, Eq. 5 has stable fixed points that are linearly stable for both the observed counter-rotating states $(\theta_1 = \theta_2)$, and co-rotating states $(\theta_1 = 0 \text{ and } \theta_2 = \pi \text{ rad} or \theta_1 = \pi \text{ rad and } \theta_2 = 0)$, as shown in Appendix C and D, respectively, confirming that these states are predicted by the model.

In the counter-rotating state, a linear expansion of Eq. 5 around the stable fixed point at a preferred orientation of the cubic cell (e.g. $\theta_1 = \pi/4$ rad) and assuming $\bar{\delta}_i = \delta_0$ is

$$\ddot{\theta}_{1,counter} \approx -0.79 \frac{A\kappa_t}{\pi L^2 \tau_{\dot{\theta}}} (\theta_1 - \theta_2) .$$
 (7)

In the co-rotating states, assuming constant $\Delta \bar{T}_{0,co} \equiv \bar{T}_{0,2} - \bar{T}_{0,1}$ and $\bar{\delta}_{co} \equiv \bar{\delta}_1 = \bar{\delta}_2$, a linear approximation



FIG. 5. (color online) Probability distribution of the LSC orientation $p(\theta_i)$ in the counter- and co-rotating state. Solid lines are Gaussian fits corresponding to a quadratic potential and linear forcing in $\theta_i - \theta_{p,i}$, as predicted due to effective turbulent thermal diffusion combined with the geometric potential $V_g(\theta_i)$.

around $\theta_{p,1} = 0$ or π rad for co-rotating states of Eq. 5 is

$$\ddot{\theta}_{1,co} \approx \frac{A\kappa_t \bar{\delta}_{co}}{\pi L^2 \delta_0 \tau_{\dot{\theta}}} \left[+0.28(\theta_1 - \theta_2 - \pi) - \left(\frac{1.41\Delta \bar{T}_{0,co}}{\bar{\delta}_{co}} - 2\right)(\theta_1 - \theta_{p,1}) \right]$$
(8)

These neighboring-roll interactions add forcings to the existing stochastic model for a single LSC 3, in which the only forcing leading to a preferred orientation is the geometric forcing $-\nabla V_g(\theta_i)$, which has preferred orientations along diagonals of a cubic cell [45, 48]

2. Multiple linear regression

To test the functional form of the net forcing around stable fixed points in the Eqs. 7, and 8 added to the stochastic equation of motion (Eq. 3), we carried out a multiple linear regression of the equation

$$\ddot{\theta}_i = a\sin(\theta_i - \theta_{p,i}) + b\sin(\theta_1 - \theta_2) \tag{9}$$

with stiffnesses a and b. We insert the sine functions as the simplest way to account for periodicity of the coordinate θ while remaining linear in the lowest order expansion around the stable fixed points.

To be able to carry out an accurate linear regression, we first precisely determine the peak locations $\theta_{p,i}$ by fitting the probability distribution $p(\theta_i)$ for each state to a Gaussian function, shown in Fig. 5 for the same data as Fig. 3. To calculate the forcing $\dot{\theta}_i$, we calculate the 2nd derivative from discrete data as $\ddot{\theta}_i = [\theta_i(t + \Delta t) - 2\theta_i(t) + \theta_i(t-1)]/(\Delta t)^2$. We apply a multiple linear regression of Eq. 9 to measured values of $\ddot{\theta}_i$ to obtain the coefficients aand b, using only data with $\delta > 0.5\bar{\delta}$ to avoid bias during cessations where the acceleration can be much larger than typical due to weaker damping in Eq. 3 [44]. From the linear regression of Eq. 9, we generally find a to be negative in the counter-rotating and co-rotating states, confirming that the system is stable against displacements in $\theta_i - \theta_{p,i}$, as predicted due to the geometric potential V_g [48] and Eq. 8, respectively. We find b negative for cell 1 and positive for cell 2 in counter-rotating states, confirming they are stable in $\sin(\theta_1 - \theta_2)$ as predicted in Eq. 7. We also find b positive for co-rotating states in cell 1 and negative in cell 2, which – due to the flip in the sign of the sine function with a phase shift of π rad – means that co-rotating states are also stable in $\sin(\theta_1 - \theta_2)$, corresponding to a forcing to align the orientation vectors head-to-tail in the co-rotating state, but opposite the sign predicted in Eq. 8.

If we calculate the forcing in terms of $\dot{\theta}_i(\theta_1 - \theta_2)$ instead of $\ddot{\theta}_i(\theta_1 - \theta_2)$, similar qualitative results are found, but the strongest forcing is found when $\dot{\theta}_i$ is calculated with about a 20 s delay after the time that $\theta_1 - \theta_2$ is recorded. This is comparable to the damping timescale $\tau_{\dot{\theta}}$ that corresponds to the ratio of these two terms in Eq. 3. This confirms that a forcing in terms of $\ddot{\theta}_i$ better describes the effects of a neighboring roll interaction, justifying the conversion of $\dot{\theta}_{\kappa,i}$ into $\ddot{\theta}_{\kappa,i}$ in Eq. 25.

3. Functional form of forcing $\ddot{\theta}_i(\theta_i - \theta_{p,i})$

In co-rotating states and counter-diagonal states, we typically find the stiffness a much larger than b from the regression, which indicates that the forcing in $a\sin(\theta_i \theta_{p,i}$) usually determines the overall stability of the state. For example, for the data in Fig. 3, a = 10b in the counter-rotating state, and a = 2.6b in the co-rotating state [63]. The dominance of the forcing $a\sin(\theta_i - \theta_{p,i})$ provides an opportunity to analyze the functional form of the forcing terms separately. Since $a \sin(\theta_i - \theta_{p,i})$ is much larger, then the probability distribution $p(\theta_i)$ shown in Fig. 5 is determined mostly by this term, so we can first obtain an approximate forcing in $\theta_i - \theta_{p,i}$ while disregarding the forcing in $\theta_1 - \theta_2$. The forcing in $\theta_i - \theta_{p,i}$ can be related to a probability distribution of $\theta_i - \theta_{p,i}$ in the overdamped limit of the stochastic Eq. 3 (i.e. $\ddot{\theta}_i$ is small compared to the damping and forcing terms) and if δ is nearly a constant by a Fokker-Planck equation [48]

$$p(\theta_i) = \exp\left(-\frac{V(\theta_i)\bar{\delta}^2}{D_{\dot{\theta}}\tau_{\dot{\theta}}\delta_0^2}\right) \tag{10}$$

where $V(\theta_i) = V_g(\theta_i) - \int \ddot{\theta}_{\kappa,i} d\theta_i$ is the net potential from geometric and neighboring roll interaction forces. A linear forcing in $\theta_i - \theta_{p,i}$ corresponds to a quadratic potential $V(\theta_i)$, and a Gaussian probability distribution. Each probability distribution $p(\theta_i)$ is fit to a Gaussian function, as shown in Fig. 5. Errors are shown in Fig. 5 calculated assuming Poisson statistics. Errors on θ_i of 0.18 rad from the fit of the temperature profile (Eq. 1) divided by the square root of the number of counts are too small to see in Fig. 5, but remain significant in the fitting of the data. Fitting data up to 2.7 standard deviations away from the peak yields reduced χ^2 of 1.4,1.3, 1.2, and 0.9 for the four fits shown in Fig. 5, confirming the data are consistent with Gaussian probability distributions in this range. The Gaussian shape of $p(\theta_i)$ confirms the forcing in $\theta_i - \theta_{p,i}$ is linear around the stable fixed point, confirming the assumption made in Eq. 9, and matching the prediction of Eq. 8 for co-rotating states, as well as the predicted linear forcing for counter-diagonal states due to the geometric potential $V_g(\theta_i)$, which has been previously observed to be linear for a single LSC [48].

4. Functional form of forcing $\ddot{\theta}_i(\theta_1 - \theta_2)$

Since the multiple linear regression in Sec. VIA2 showed that the forcing in $\theta_1 - \theta_2$ is smaller than the forcing in $\theta_i - \theta_{p,i}$, then a probability distribution of $\theta_1 - \theta_2$ will not reveal the forcing in $\theta_1 - \theta_2$ because it will be overwhelmed by the stronger forcing in $\theta_i - \theta_{p,i}$. Instead we calculate a corrected forcing $\ddot{\theta}_{i,c} = \ddot{\theta}_i(\theta_1 - \theta_2) - a\sin(\theta_i - \theta_{p,i})$ as a function of $\theta_1 - \theta_2$. This method allows us to correct for the linear dependence on $\theta_i - \theta_{p,i}$ that was confirmed by Fig. 5, so that only $b\sin(\theta_1 - \theta_2)$ is expected to remain, based on Eq. 9. To do this, we calculate the azimuthal acceleration rate from discrete data as the 2nd order difference $\hat{\theta}_i(t) = \left[\theta_i(t+1) - 2\theta_i(t) + \theta_i(t-1)\right]/(\Delta t)^2$. The forcing we report with a measurement timestep of $\Delta t = 7$ s is consistently about 20% smaller than runs with a shorter timestep of 2 s, due to the approximation of a second derivative with a non-zero timestep. For each data point, we subtract $a \sin(\theta_i - \theta_{p,i})$ using the value of afrom the regression (Sec. VIA2). We exclude data with $\delta < 0.5\delta$ to avoid biasing data by cessations where the acceleration can be much larger than typical values [44]. We then bin values of $\theta_{i,c}$ over small ranges of $\theta_1 - \theta_2$ to calculate forcing as a function of $\theta_1 - \theta_2$ and average $\langle \theta_{i,c}(\theta_1 - \theta_2) \rangle$ in each bin to reduce the contribution of the large stochastic fluctuations in Eq. 3. The error on the average in each bin is reported as the standard deviation of the mean, assuming the data points are independent.

This corrected forcing $\langle \hat{\theta}_{i,c}(\theta_1 - \theta_2) \rangle$ is shown in Fig. 6 for the same dataset as in Fig. 3. Data from the counterrotating state are shown in panel a, and data from the co-rotating state are shown in panel b. In both states, cell 1 has a negative slope in $\theta_1 - \theta_2$, and cell 2 has a positive slope in $\theta_1 - \theta_2$, confirming they are stable at their intercepts. The intercepts are near $\theta_1 - \theta_2 = 0$ for the counter-rotating state, and $\theta_1 - \theta_2 = \pi$ rad for the co-rotating state, corresponding to their stable relative orientations (Fig. 4).

The corrected forcing is fit to $\langle \hat{\theta}_{i,c}(\theta_1 - \theta_2) \rangle = b \sin(\theta_1 - \theta_2)$ where the stiffness *b* is a fit parameter. Only bins with at least 10 data points are included in the fit. The reduced χ^2 values are 1.2 and 1.2 for the counter-rotating data sets, 1.3 and 2.4 for the co-rotating data, indicating the sine function is consistent with the data for the counter-rotating states, but not necessarily for the co-



FIG. 6. (color online) The average forcing $\langle \ddot{\theta}_{i,c}(\theta_1 - \theta_2) \rangle$ as a function of $\theta_1 - \theta_2$, corrected for the forcing in $\theta_i - \theta_{p,i}$. (a) counter-rotating state (b) co-rotating state. Red circles: cell 1. Black squares: cell 2. Data are fit to a sine function $b\sin(\theta_1 - \theta_2)$. For counter-rotating states, the fit is consistent with the data, in qualitative agreement with the prediction for the neighboring roll interaction, while for co-rotating states, this has the opposite sign predicted.

rotating states. The magnitudes of the values of b are consistent with the values obtained when using the linear regression analysis within a couple of standard deviations of the mean, which is on average 16% of the mean. This self-consistency in the magnitudes obtained from both methods confirms the earlier assumptions that the net forcing on the LSC orientation can be represented by Eq. 9, consistent with the functional forms predicted by V_q and Eqs. 7 for counter-rotating states, and the terms are independent enough to use the conditional average in Fig. 6. The magnitude of b for counter-rotating states will be used to obtain κ_t and compared to other model terms in Sec. VIC. However, the negative sign of the stiffness b for co-rotating states is inconsistent with the prediction of Eq. 8, which predicted b > 0 (destabilizing) for co-rotating states. Since a > b, then b is not responsible for the stability of co-rotating states, but this remains a minor disagreement with the model Eq. 5.



FIG. 7. The mean square displacement of $T_{0,i}$. The initial linear behavior indicates $T_{0,i}$ fluctuates diffusively. Inset: same data shown over a larger time delay Δt . The crossover to a plateau defines the damping timescale τ_T as the intersection of the two limiting fits.

5. Comparison of forcing term $\ddot{\theta}_i(\theta_i - \theta_{p,i})$ to the geometric forcing for the counter-diagonal state

The forcing $-\nabla V_g$ due to the cell geometry in Eq. 3 has been observed and predicted to be linear and stable in an expansion of $\theta_i - \theta_{p,i}$ around the potential minima along the diagonals [48], which is found to be the preferred orientation for most counter-rotating states. Thus, it is predicted to be responsible for the measured value of the stiffness a for counter-rotating states. To determine how much of the measured value of a comes from the geometric potential, we calculated the forcing $\langle \theta_i(\theta_i) \rangle$ by averaging values of $\ddot{\theta}_i$ in bins of θ_i as in Fig. 6 in Sec. VIA4 from an experiment with a single LSC in the same apparatus, but with a insulating middle wall that completely blocks the two cells off from each other (i.e. A = 0) at Ra = 2.7×10^9 [48]. For a single LSC, we find the stiffness $a = -1.02 \pm 0.11 \,\mathrm{mrad/s^2}$, and for neighboring counter-rotating rolls, we find $a = -1.11 \pm 0.17$ $mrad/s^2$. The consistency of these values suggest that the stiffness a comes entirely from the geometric forcing $-\nabla V_q$ for counter-rotating states, and there is no significant neighboring roll interaction contribution to a for counter-rotating states, in agreement with the prediction of Eq. 7.

For co-rotating states, the stiffness a is expected to come from a competition between the second and third terms of Eq. 5, and be reduced by the geometric forcing $-\nabla V_g$ around its unstable fixed point. Since the source of the stability of co-rotating states is a more fundamental question and involves more parameters, we put this off until Sec. VII E after κ_t is fit and more terms of the model are tested.

B. Diffusive fluctuations of T_0

While the stochastic equations of motion for the LSC orientation θ_0 (Eq. 3) and temperature amplitude δ (Eq. 2) have been tested previously for single convection rolls [44, 48], the equation of motion for the mean temperature (Eq. 6) is a entirely new. To test whether the stochastic term representing turbulent fluctuations is diffusive, we measure the mean-square displacement $(dT_{0,i})^2$ of $T_{0,i}$ over different time intervals dt. The meansquare displacement $(dT_{0,i})^2$ is averaged over the two cells and different starting times, and plotted as a function of time interval dt in Fig. 7 for a counter-rotating state at $Ra = 2.7 \times 10^9$. The apparent linearity in the limit of short time intervals is an indicator of diffusive fluctuations, as we assumed in the model Eq. 6. A linear function $\langle (dT_{0,i})^2 \rangle = D_T dt$ is fit to the data for dt < 35s to obtain a diffusivity D_T . The time scale of 35 s is approximately the damping timescale τ_{δ} , which is likely relevant because δ_i appears in Eq. 6, so fluctuations in δ_i may affect changes in $T_{0,i}$ at larger dt.

The inset of Fig. 7 shows the mean-square displacement $(dT_{0,i})^2$ over a larger range of dt. At large dt, the mean-square displacement reaches a plateau $(dT_{0,i})^2 \equiv \tau_T D_T$ which defines a damping timescale τ_T as the time of intersection of the two limiting scaling laws.

C. The effective turbulent thermal diffusivity κ_t

Since we introduced the effective turbulent thermal diffusivity κ_t as an unknown fit parameter, we do not have first-principles predictions of model terms. On the other hand, since all of the new deterministic forcing terms in Eqs. 4, 5, and 6 are proportional to κ_t , we can check the consistency of values of κ_t required for different forcing terms to fit with data.

1. κ_t from b

As one measure of κ_t , we compare the measured stabilizing force in $b\sin(\theta_1 - \theta_2)$ from Eq. 9 to the predicted linearized forcing in Eq. 7 to obtain $\kappa_t/\kappa = 4bL^2 \tau_{\dot{\theta}}/A\kappa$. We use measurements of b from Sec. VIA4 for counterdiagonal states with small $\Delta T_m/\bar{\delta} < 0.1$, and measurements of $\tau_{\dot{\mu}}$ from the crossover time of limiting scalings of of the mean-square displacement of $\dot{\theta}_i$ (analogous to τ_T) obtained in previous measurements of a single LSC [48]. Counter-axis states, which are found at $\Delta T \leq 2$ K are not included in the analysis because they usually have multiple peaks in the probability distribution of θ_i , making the Gaussian fitting and linear regression algorithm to obtain b unrepresentative of the forcing. Errors are propagated from errors on b obtained from the linear regression. These values of κ_t/κ and shown as a function of Ra in Fig. 8. Unfortunately, the uncertainty on b



FIG. 8. Turbulent thermal diffusivity κ_t as a function of Rayleigh number Ra. Open circles: from measurements of the forcing of $\ddot{\theta}_{i,c} = b \sin(\theta_1 - \theta_2)$ in counter-diagonal states using multiple linear regression. Solid circles: obtained from the damping timescale τ_T on the mean temperature $T_{0,i}$ from counter-rotating states. These values are consistent, suggesting a single measurement can parameterize the value of κ_t to use for predictions of all model terms that depend on it.

makes the uncertainties too large to draw strong conclusions about the trend over a small range of Ra from this data alone.

2. κ_t from the damping timescale τ_T

For another measure of κ_t , we use the damping timescale τ_T for fluctuations in T_0 seen in Fig. 7. The coefficient $A\kappa_t/L^2$ of the second term of Eq. 6 corresponds to an inverse damping timescale $1/\tau_T$ in the limit where $4Nu\kappa/A\kappa_t \ll 1$ (confirmed in Sec. VII), and assuming the δ_i terms do not contribute significantly in the counter-rotating state (the δ_i terms cancel each other out at the stable fixed point). This relation leads to $\kappa_t/\kappa = L^2/A\kappa\tau_T$, using the measured values of τ_T from the intersection of the two limiting scaling laws in Fig. 7. The corresponding values of κ_t/κ vs. Ra are plotted in Fig. 8 for counter-rotating states. Errors are propagated from fits of $(\Delta T_{0,i})^2$, which were calculated as half the difference between two cells, plus the error from fits of D_T , plus half the difference over a fit range from 0 to $0.6\tau_{\delta}$ or $0.8\tau_{\delta}$. This resulted in an average error of 12%. A power law fit to the data obtained from τ_T yields $\kappa_t/\kappa = (0.8 \pm 0.3) Ra^{0.41 \pm 0.02}$ with a reduced $\chi^2 = 1.5$. These measurements of κ_t/κ based on the damping timescale τ_T are consistent with the data for κ_t/κ based on measurements of the stiffness b, confirming that the same value of κ_t drives both the $T_{0,i}$ -term in Eq. 6 and the $\theta_1 - \theta_2$ -term in Eq. 5.

In principle we could plot the forcing for other terms of Eqs. 4, 5, and 6. However, other measured factors depend on a small difference between two terms. For example, Eq. 4 has a difference in terms depending on δ_2 and $T_{0,2} - T_{0,1}$, so that uncertainties on the data and model can heavily bias scaling laws from these small differences. The values of κ_t from measurements of τ_T remain our most precise method of measuring κ_t . Thus, we will use this value of κ_t obtained from measurements of τ_T for predictions of κ_t in all other model terms.

D. Stable fixed points of temperature amplitude $\bar{\delta}$ and mean temperature difference $\Delta \bar{T}_0$

1. Predictions for $\bar{\delta}_{co}$ and $\Delta \bar{T}_{0,co}$ in co-rotating states

For co-rotating states where $\theta_1 = 0$ and $\theta_2 = \pi$ ra for $\theta_1 = \pi$ rad and $\theta_2 = 0$, the symmetry of Eqs. 4 and 6 still requires $\delta_1 = \delta_2$ at stable fixed points for co-rotating states, but they do not require $T_{0,1} = T_{0,2}$. For the symmetric driving case of $T_{m,2} = T_{m,1}$, in the Boussinesq limit where the mean temperature of the bulk equals the mean temperature of the plates, requires $(T_{0,2}+T_{0,1})/2 = T_{m,i}$. Defining the fixed point value of δ_i in the co-rotating state as $\bar{\delta}_{co}$, Eq. 6 and its corresponding equation for T_2 have stable fixed points $(T_{0,i} = 0)$ when

$$\Delta \bar{T}_{0,co} = \pm \frac{1.76}{1 + 2\mathrm{Nu}\kappa/A\kappa_t} \bar{\delta}_{co} \tag{11}$$

where the + sign corresponds to the co-rotating state orientation with $\theta_1 = 0$ and $\theta_2 = \pi$ rad, and the – sign corresponds to swapped orientations. To obtain the the stable fixed point $\bar{\delta}_{co}$ in co-rotating states, we evaluate Eq. 4 at $\theta_1 = 0$ and $\theta_2 = \pi$ rad when $\Delta \bar{T}_{0,co} > 0$ or $\theta_1 = \pi$ rad and $\theta_2 = 0$ when $\Delta \bar{T}_{0,co} < 0$. This simplifies Eq. 4 to $(\bar{\delta}_{\kappa,i})_{co} = (A\kappa_t/\pi L^2) (1.41 |\Delta \bar{T}_{0,co}| - 2.57\delta_i)$. The stable fixed point value of $\bar{\delta}_{co}$ is obtained by using this for $\dot{\delta}_{\kappa,i}$ in Eq. 2, setting $\dot{\delta}_i = 0$, and linearly expanding around $\delta_i = \delta_0$ to obtain

$$\bar{\delta}_{co} \approx \delta_0 + \frac{(2A\kappa_t \tau_\delta/\pi L^2)(1.41|\Delta T_{0,co}| - 2.57\delta_0)}{1 + 2.57A\kappa_t \tau_\delta/\pi L^2} \ . \ (12)$$

Note that a simultaneous evaluation of Eq. 11 and Eq. 12 would lead to a subtraction of two comparable numbers when $2Nu\kappa/A\kappa_t$ is small, which can result in predictions of differing signs and arbitrarily small magnitudes when including uncertainties from assumptions in the model, so we cannot make accurate predictions of $\bar{\delta}_{co}$. Instead, we will use the measured relationships between $\Delta \bar{T}_{0,co}$ and $\bar{\delta}_{co}$ to text for self-consistency of Eqs. 11 and 12.

2. Measurements of $\bar{\delta}$ and $\Delta \bar{T}_0$

To characterize the change in the mean LSC amplitude $\bar{\delta}$ due to the interaction between neighboring rolls, we



FIG. 9. The mean LSC amplitude $\bar{\delta}$ relative to the value δ_0 for a single LSC, at different Rayleigh numbers Ra. Solid circles: counter-diagonal states. Solid triangles: counter-axis states. Open circles: co-rotating states. The amplitude in the co-rotating state has a consistent average $(0.57\pm0.04)\delta_0$. The amplitude of counter rotating states is slightly smaller than the predicted value of 1.

plot values normalized by δ_0 in Fig. 9 as a function of Ra. The average $\bar{\delta}$ is calculated as the average of δ_i over both cells and over time while the system remained in one state. The normalization values of δ_0 are obtained from a fit of a power law to $\delta_0(Ra)$ from previous experiments with a single LSC in a cubic cell [48].

Counter-rotating states consistently have a mean amplitude $\bar{\delta}$ close to that of the single-cell, with $\bar{\delta}_{counter}/\delta_0 = 0.94$ with a standard deviation of 0.03, only slightly lower than the predicted value of 1 from Eq. 4 when $\theta_1 = \theta_2$. This applies to both counter-diagonal and counter-axis states, so it is independent of the preferred orientation of the counter-rotating state. The slight decrease in $\bar{\delta}$ from δ_0 may be partly due to fluctuations in $\theta_1 - \theta_2$ away from the mean of zero, which can make the third term of Eq. 4 negative. Co-rotating states have a smaller mean amplitude with a consistent ratio $\bar{\delta}_{co}/\delta_0 = 0.57$ with a standard deviation of 0.04.

We measured $\Delta \bar{T}_0 \equiv \bar{T}_{0,2} - \bar{T}_{0,1}$ as an average over time while the system remained in one state. Data are normalized by $\bar{\delta}$ for a sense of scale. Counter-rotating states are scattered around zero, but the values are much larger than uncertainties on temperature measurements, which will be explained due to small differences in ΔT_m in Sec. VII. Co-rotating states have a consistent average $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co} = 2.22 \pm 0.13$ (the \pm refers to one standard deviation), 30% larger than predicted due to effective turbulent thermal diffusion from Eq. 11 assuming $2B/A \ll 1$. This is well within the typical errors of this modeling approach of a factor of 3 [44].

Although the measured ratio of $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co}$ is close to the prediction, the value $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co} > 2$ has some significance. It indicates that the cold cell is colder than the hot cell along the entire interface, as well as being colder than the mean of the plates, so turbulent thermal diffusion is expected to provide a net heat flux into



FIG. 10. The mean temperature difference between neighboring rolls $\Delta \bar{T}_0$ normalized by $\bar{\delta}$ for different Rayleigh numbers. Solid circles: counter-diagonal states. Solid triangles: counter-axis states. Open circles: co-rotating states. Counter-rotating states are scattered around zero. Co-rotating states have a consistent average $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co} = 2.22 \pm 0.13$, 30% larger than predicted due to turbulent thermal diffusion. Co-rotating states are stable because this temperature difference is large enough to orient their temperature gradients in the same direction as heat flows from one cell to the other.

the cold cell at this value of $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co}$, regardless of assumptions about how the shape of the temperature profile affects the model terms. Thus, this magnitude $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co} > 2$ is a violation of the assumption in Eq. 20 that $T_{0,i}$ is driven by turbulent thermal diffusion only. An additional heat transport mechanism is required, which is likely advection of fluid in a coherent flow from one cell to the other. For example, a coherent advective flow parallel to the plates has been observed in other co-rotating states [52, 53, 55–57]. This coherent advection can transport heat from the hot plate of the cold cell directly to the hot cell and from the cold plate of the hot cell directly to the cold cell to balance the diffusive heat transport between cells.

While we could not accurately predict the value of $\bar{\delta}_{co}$ from Eq. 12, we can provide a self-consistency test of the model by using the measured ratio $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co}$ as empirical input into Eq. 12. Since the product of κ_t and τ_{δ} has a mild dependence with $Ra^{-0.17}$, we estimate a value of $\bar{\delta}_{co}$ at the middle of the range of Ra. Using empirical input into Eq. 12 of $|\Delta \bar{T}_{0,co}|/\bar{\delta}_{co} = 2.22 \pm 0.13$ from Fig. 10, $\bar{\delta}_{co} = 0.57\delta_0$ from Fig. 9, $\kappa_t/\kappa = 3200 \pm 400$ from the average and standard deviation of five measurements at Ra $= 5.5 \times 10^8$ in Fig. VI C, and $\tau_{\delta} = 81$ s from a fit of measurements of a single LSC in a cubic cell [48], results in $\bar{\delta}_{co} = (0.83 \pm 0.07)\delta_0$. This underestimates the reduction in $\bar{\delta}$ in the co-rotating state by 60% with input of $\Delta \bar{T}_{0,co}$. The variation of this prediction at the extremes of the measured range of Ra results in a difference of $0.05\delta_0$.



FIG. 11. Stable fixed point parameter values with a difference between the mean temperature of the plates of the two cells ΔT_m . (a) The preferred orientation θ_p . (b) The mean amplitude $\bar{\delta}$, averaged over the two cells. (c) The difference in mean temperature of the two rolls $\Delta \bar{T}_0$. Solid symbols: counter-rotating states. Open symbols: co-rotating states. Solid lines: fits to co-rotating data for $\Delta T_m < 0$. Dotted lines: fits to counter-rotating data. In the counter-rotating state, a small ΔT_m drives a temperature difference $\Delta \bar{T}_0$, which drives a change in preferred orientation $\theta_{p,i}$ in different directions in the two cells. With a large enough ΔT_m , this forcing destabilizes the counter-rotating state so only the co-rotating state is stable.

VII. TESTING THE MODEL WITH A DIFFERENCE IN MEAN TEMPERATURE OF THE PLATES OF THE TWO CELLS ΔT_m

In this section we extend the predictions of Eqs. 4, 5, and 6 and test them in cases where the difference in the mean temperatures of the plates of the two cells $\Delta T_m \neq 0$. Controlling ΔT_m allows testing several terms of these equations which depend on $\Delta \overline{T}_0$, explains how some asymmetries in counter-rotating states come about due to a small unintentional ΔT_m in experiments, and helps identify the conditions for stable counter- or corotating states.

Figure 11 shows measurements of the stable fixed points $\theta_{p,i}$, $\bar{\delta} \equiv (\delta_1 + \delta_2)/2$, and $\Delta \bar{T}_0$ for different values of ΔT_m at Ra= 5.5×10^8 ($\Delta T = 3.8$ K). A smaller value of Ra was chosen for this set of experiments because switching between states is more frequent at this Ra [27], making the sampling of different states easier. A counter-rotating state is found for small ΔT_m , with $\theta_p = \pi/4$ rad in both cells at $\Delta T_m = 0.04$ K. This offset from zero suggests a slight asymmetry in the cells resulting in a horizontal temperature difference that is 1% of ΔT . For small ΔT_m , θ_p varies with ΔT_m in opposite directions in the two cells, corresponding to counter-offset states. $\bar{\delta}$ and the magnitude of $\Delta \bar{T}_0$ also increase with $|\Delta T_m|$ for these counter-offset states. At larger $|\Delta T_m|$, only co-rotating states are found.

The different states in Fig. 11 can be understood qualitatively from Eqs. 5 and 6. When $\Delta T_m > 0$ and thus $\Delta \overline{T}_0 > 0$ from Eq. 6, the interface between cells is hotter than cell 1, so there will be a forcing on θ_1 towards the interface with the hotter cell according to Eq. 5. θ_2 is forced in the opposite direction as the interface is colder than cell 2. In the counter-rotating state, this results in the opposite shifts in $\theta_{p,i}$ with increasing $|\Delta T_m|$. When the forcing in Eq. 5 becomes large enough as $|\Delta T_m|$ and $|\Delta \overline{T}_0|$ increase, it pushes θ_p across an unstable fixed point of Eq. 5 at $\theta_p = \pi/2$ rad so that only a co-rotating state is stable. In agreement with this prediction, the measured values of θ_p for counter-offset states in Fig. 11a approach but do not cross $\pi/2$ rad, and beyond that value of ΔT_m only co-rotating states are found.

In principle we could solve the coupled Eqs. 4, 5, and 6, to make direct predictions of how θ_p and $\Delta \overline{T}_0$ depend directly on ΔT_m . However, the predictions end up being due to small differences between terms, which are sensitive to uncertainties in parameter values. Since the parameters have uncertainties as large as a factor of 3, resulting model predictions can have much larger uncertainties and even an uncertain sign. Instead, we evaluate stable fixed point values for one parameter at a time, using other parameters as input, to test the direct dependences of the model and check for self-consistency.

A. Offset of the preferred orientations $\Delta \theta_p$ in counter-offset states

In counter-rotating states when $|\Delta T_0| > 0$, the third term of Eq. 5 gives a forcing on $\ddot{\theta}_1$ of $-\sqrt{2}A\kappa_t\Delta \bar{T}_0\sin\theta_1/\pi L^2\bar{\delta}\tau_{\dot{\theta}}$, which pushes the orientation θ_p of the LSC in the colder cell towards alignment with the hotter cell, and pushes θ_p in the hotter cell away from the colder cell, so that the θ_p is pushed equally in opposite directions in the two cells. We define the shift in preferred orientations $\Delta \theta_p \equiv (\theta_{p,2} - \theta_{p,1})/2$. Treating this as a small perturbation away from a counter-diagonal state where $\sin \theta_1 \approx (\theta_1 - \theta_p)/\sqrt{2}$, $\Delta \theta_p$ is obtained by balancing this forcing from Eq. 5 with the overdamped forcing obtained in a single cubic cell $-\nabla V_g = -\omega_r^2(\theta_1 - \theta_p)$, where ω_r is the natural frequency of oscillation in the geometric potential around the corner [48]. At lowest order, this leads to a shift in θ_p of

$$\Delta \theta_p = \pm \frac{A\kappa_t \Delta \bar{T}_0}{\pi L^2 \bar{\delta} \omega_r^2 \tau_{\dot{\theta}}} . \tag{13}$$

The \pm sign corresponds to the sign of $\sin \theta_p$.

To test the prediction of $\Delta \theta_p$ from Eq. 13, we use as input $\tau_{\dot{\theta}} = 22 \text{ s}$, and $\omega_r^2 = (2.1 \pm 0.4) \times 10^{-4} \text{ s}^{-2}$ from the linear regression of Sec. VIA2, both from data at Ra=5.4 × 10⁸ for a single LSC in a cubic cell [48] [64]. We also use as input the measured value $\bar{\delta} = 0.12$ K, a linear fit of $\Delta \bar{T}_0 = (0.57 \pm 0.05)\Delta T_m$ from Fig. 11c, and $\kappa_t/\kappa = 3200 \pm 400$ at Ra = 5.5×10^8 from Fig. 8. This yields the prediction $\Delta \theta_p = (1.9 \pm 0.2)\Delta T_m$ rad/K. A linear fit to θ_p in Fig. 11a yields $\Delta \theta_p = (3.7 \pm 0.4)\Delta T_m$ rad/K, which is within a factor of 2 of the prediction of Eq. 13. This discrepancy also means Eq. 13 overpredicts the maximum $\Delta \bar{T}_0$ where counter-offset states are stable by about the same factor, by extrapolating $\Delta \theta_p$ to where it crosses the unstable fixed point of Eq. 5 at $\theta_i = \pi/2$ rad.

B. Increase of steady-state temperature difference $\Delta \bar{T}_{0,co}$ with ΔT_m in co-rotating states

In the co-rotating state, Eq. 6 has a stable fixed point solution

$$\Delta \bar{T}_{0,co}(\Delta T_m) = \frac{\pm 1.76\bar{\delta}_{co} + (2\mathrm{Nu}\kappa/A\kappa_t)\Delta T_m}{1 + 2\mathrm{Nu}\kappa/A\kappa_t} \ . \tag{14}$$

The \pm corresponds to the sign of ΔT_m . Values of Nu are known from fits of the Grossmann-Lohse scaling model [1]. Specifically, at $Ra = 5.5 \times 10^8$, Nu=55 in a cylindrical cell at the same Ra [62] (values of Nu in cubic and cylindrical cells are found to agree within 2% in this range [65]). This corresponds to Nu $\kappa/\kappa_t = 0.017 \pm 0.002$. Using this value, and the fit slope $|\partial \bar{\delta}_{co}/\partial \Delta T_m| = (0.042 \pm 0.006)\Delta T_m$ for $\Delta T_m < -0.02$ K, yields a prediction of $|\partial \Delta \bar{T}_{0,co}/\partial \Delta T_m| = 0.14 \pm 0.02$, about a factor of 2 larger than the measured slope $|\partial \Delta \bar{T}_{0,co}/\partial \Delta T_m| =$ (0.062 ± 0.014) . However, we note that the trends start to change for values of $\Delta T_m > 0.2$, such that the discrepancy becomes a factor of 5 in the range $0.2 < \Delta T_m < 1$.

C. Increase of $\Delta \bar{T}_0$ with ΔT_m in counter-rotating states

While ideal symmetric counter-rotating states correspond to $\Delta T_m = 0$, in practice the LSC is very sensitive to asymmetries [3, 58]. Even in nominally symmetric counter-rotating states, ΔT_m is not exactly zero. In our experiment, ΔT_m is not directly controlled. Rather, we control the temperature of the water baths pumping water through the top and bottom plates, but the plate temperatures are also affected by heat losses in the



FIG. 12. Steady-state values of the difference in mean temperature $\Delta \bar{T}_0$ as a function of parameters predicted in Eq. 15. The linear fit to counter-rotating state data is consistent with the predicted scaling, confirming the validity of the detailed functional form of the neighboring roll interaction terms in Eq. 6 and suggesting that many of the asymmetries observed in counter-rotating states are explained by small differences in ΔT_m .

piping from the baths to the plates, and the finite conductivity of the aluminum top and bottom plates in our experiments allows them to be coupled to the temperature profile of the LSC. In practice, this coupling results in a typical change in ΔT_m between counter-rotating and co-rotating states of $0.002\Delta T$. That small asymmetry in driving has a large consequence, with a $|\Delta T_0|/\bar{\delta}$ typically varying by 0.1 in cases where we intended to produce symmetric counter-rotating states, which can lead to significant terms in the model Eqs. 4, 5, and 6 in counterrotating states. In particular, a general steady-state solution of Eq. 6 for both counter- and co-rotating states that includes variations in $\theta_{p,i}$ and $\bar{\delta}_i$ with ΔT_m is

$$\Delta \bar{T}_0 = \frac{-0.88(\bar{\delta}_2 \cos \theta_{p,2} - \bar{\delta}_1 \cos \theta_{p,1}) + (2\mathrm{Nu}\kappa/A\kappa_t)\Delta T_m}{1 + 2\mathrm{Nu}\kappa/A\kappa_t}$$
(15)

To test the $\theta_{p,i}$ -dependent terms of Eq. 15, we plot measured values of $\Delta T_0/\bar{\delta}$ as a function of measured values of $[\bar{\delta}_2 \cos \theta_{p,2} - \bar{\delta}_1 \cos \theta_1]/\bar{\delta}$ in Fig. 12. The normalization of both axes by δ allows us to include all of our counter-rotating data at different Ra on the same scale to better interpret the magnitude of the asymmetry. Co-rotating state data with $\Delta T_m/\bar{\delta} < 1.3$ are shown to be tightly clustered because $\delta_2 \cos \theta_{p,2} - \delta_1 \cos \theta_1 = 2\bar{\delta}_{co}$ consistently in co-rotating states with small ΔT_m . For counter-rotating data, a linear function plus a constant is fit to the data in Fig. 12. The fit yields a slope of -0.88 ± 0.05 plus a constant offset of 0.20 ± 0.02 . The offset must be the result of some undetermined asymmetry in the nominally symmetric system. The predicted slope in Fig. 12 is -0.93, obtained by rearranging Eq. 15 to isolate $\Delta \bar{T}_0$, $\Delta T_m = \Delta \bar{T}_0/0.57$ from a fit of Fig. 11c, and the measured value $Nu\kappa/\kappa_t = 0.017 \pm 0.002$. The



FIG. 13. Difference in $\bar{\delta}$ between neighboring rolls in counterrotating states. The line is a linear fit based on Eq. 16. The linearity and consistency with the magnitude of the prediction within 20% confirm the validity of the detailed functional forms of the first and second terms of Eq. 4.

predicted slope is within a standard deviation of the fit slope of -0.88 ± 0.05 in Fig. 12, so this confirms the validity of Eq. 15, and thus the detailed functional form of the third term of Eq. 6. Since Eqs. 4 and 5 for $\dot{\delta}_{i,\kappa}$ and $\dot{\theta}_{i,\kappa}$ depend directly on T_0 , the small uncontrolled differences in ΔT_m and resulting changes in $\Delta \bar{T}_0$ likely account for much of the scatter in plots such as Fig. 4, and corresponding asymmetries in Fig. 3.

D. Trends of $\bar{\delta}_i$ with ΔT_m

1. Co-rotating states

In the co-rotating state, $\bar{\delta}$ increases linearly with ΔT_m in Fig. 11b. This change is predicted from the linear expansion in Eq. 12 since $\Delta T_{0,co}$ also increases linearly with ΔT_m . Using the fit $\partial \Delta \bar{T}_{0,co} / \partial \Delta T_m = (0.061 \pm 0.014)$ in the co-rotating state for $|\Delta T_m| < 0.2$ K from Fig. 11c, $\tau_{\delta} = 81$ s from a cubic cell with a single LSC at the same Ra = 5.5×10^8 [48], and κ_t/κ = 3200 ± 400 from the fit in Fig. 8 yields a prediction $|\partial \bar{\delta}_{co}/\partial \Delta T_m| =$ (0.019 ± 0.004) , a factor of 2 smaller than the measured slope $|\partial \delta_{co}/\partial \Delta T_m| = 0.042 \pm 0.006$ for $\Delta T_m < -0.2$ K in Fig. 11b. There is a reduction in the slope of both $\Delta \overline{T}_{0,co}$ and $\overline{\delta}_{co}$ with ΔT_m for 0.2 K < ΔT_m < 1 K. This change in slope is not predicted by the model. In the range 0.2 K $< \Delta T_m < 1$ K, using the measured slope $\partial \Delta \bar{T}_{0,co} / \partial \Delta T_m = (0.019 \pm 0.007)$ the predicted slope $|\partial \bar{\delta}_{co}/\partial \Delta T_m| = 0.006 \pm 0.001$ is 5 times smaller than the measured slope 0.031 ± 0.002 .

2. Asymmetry $\delta_2 - \delta_1$ in Counter-rotating states

When a small ΔT_m produces counter-offset states, there is a shift in $\bar{\delta}$ with increasing ΔT_m in opposite directions in the two cells. This shift $\Delta \bar{\delta} \equiv (\bar{\delta}_2 - \bar{\delta}_1)/2$ is shown in Fig. 13 for the counter-offset data from Fig. 11. Such a difference is predicted from Eq. 4. $\Delta \bar{\delta}$ is obtained by inserting Eq. 4 with a linear expansion in $\Delta \theta_p$ around a diagonal (e.g. $\theta_p = \pi/4$ rad) into a linear expansion around the stable fixed point of $\delta = \delta_0$ in Eq. 2, resulting in

$$\Delta \bar{\delta} = 2\tau_{\delta} \left(\frac{\dot{\delta}_{\kappa,2} - \dot{\delta}_{\kappa,1}}{2} \right)_{counter} = \frac{2\tau_{\delta} A \kappa_t}{\pi L^2} (\bar{\delta} \Delta \theta_p - \Delta \bar{T}_0) .$$
(16)

Using $\tau_{\delta} = 81$ s from measurements in a single cubic cell [48], the fits of $\Delta \bar{T}_0 = 0.57 \Delta T_m$ and $\Delta \theta_p = (3.7 \pm 0.4) \Delta T_m$ rad/K from Fig. 11, and measurements $\kappa_t/\kappa = 3200 \pm 400$ and $\bar{\delta} = 0.12$ K, yields the prediction $\Delta \bar{\delta} = (-0.039 \pm 0.006) \Delta T_m$. The data in Fig. 13 is fit by a linear function plus a constant, yielding $\Delta \bar{\delta} = (-0.046 \pm 0.006) \Delta T_m + 0.005$ K. The offset of 0.005 K is indicative of an asymmetry of the setup, comparable to the uncertainty on thermistor measurements. The fit slope is consistent with the predicted value and within 20%, which confirms the validity of the detailed form of the first and second terms of Eq. 4.

3. Second order expansion of $\overline{\delta}(\Delta T_m)$

Figure 11b showed an increase in $\overline{\delta}$ with $|\Delta T_m|$ in counter-offset states. Since it increases with both positive and negative ΔT_m , we fit a quadratic function, obtaining a curvature $\partial^2 \bar{\delta} / \partial \Delta T_m^2 = 0.26 \pm 0.11/\text{K}$. This quadratic trend can be predicted from Eq. 4 using the prediction and observation from Fig. 11 that both $\Delta \theta_p$ and ΔT_0 are linear in ΔT_m , so that $\cos \theta_{p,i} = \sqrt{2}(1 \pm \Delta \theta_p)$. Averaging over cells 1 and 2, the first-order expansions in ΔT_0 or θ_p of the first two terms of Eq. 4 have opposite signs for the two different cells at a diagonal (e.g. $\theta_i = \pi/4$ rad), and cancel out in the average over the two cells (these are the terms that were responsible for $\Delta \overline{\delta}$). The expansion of the first and third terms of Eq. 4 up to second-order in $\Delta \theta_p$ and ΔT_0 yields $\overline{\dot{\delta}}_{counter} = (A\kappa_t/\pi L^2)(2\Delta\theta_p\Delta\overline{T}_0 - \pi\delta_0\Delta\theta_p^2/8).$ Plugging this into a first-order expansion of Eq. 2, using the fit $\Delta T_0 = (0.57 \pm 0.05) \Delta T_m$ from Fig. 11c, the fit $\Delta \theta_p = (3.7 \pm 0.4) \Delta T_m \text{ rad/K}$ from Fig. 11a, and using the measured value of $\overline{\delta}$ at $\Delta T_m = 0$ to approximate $\delta_0 = 0.12$ K yields the prediction

$$\bar{\delta}_{counter} = \delta_0 + 2\tau_{\delta}\bar{\dot{\delta}}_{counter} = \delta_0 + \frac{3.6A\kappa_t\tau_{\delta}}{\pi L^2}\Delta T_m^2 \quad (17)$$

Using $\tau_{\delta} = 81$ s [48] and $\kappa_t/\kappa = 3200 \pm 400$, the predicted curvature in ΔT_m^2 is 0.54 ± 0.18 , consistent with the fit curvature $0.26 \pm 0.11/$ K. This confirms that Eq. 4 is consistent with measurements even to 2nd order.

The self-consistency of all of the model predictions of the dependencies of $\Delta \theta_p$, $\Delta \bar{T}_0$, $\bar{\delta}$, and $\Delta \bar{\delta}$ on ΔT_m was confirmed within a factor of 3 in Sec. VII A, VII B, VII C, and VII D. This confirms the validity of the dependence of Eqs. 4, 5, and 6 on ΔT_m .



FIG. 14. The ratio S of stabilizing force from effective turbulent thermal diffusion at the orientations of co-rotating states to the destabilizing forcing from the geometry of the cell at these orientations. Co-rotating states exist when this value is greater than S > 1.13, close to the predicted value of 1. This confirms that the model prediction that co-rotating states are stable when the neighboring roll interaction due to turbulent thermal diffusion is strong enough to overcome the geometric forcing. Solid line: linear extrapolation of S with increasing ΔT_m . The co-rotating state is predicted to become unstable when this drops below 1.

E. Does the model quantitatively predict the conditions for stable co-rotating states?

In this section, we check whether the model can quantitatively predict the conditions in which co-rotating states are stable. To be stable at the alignment $\theta_p = 0$ or π rad, there has to be a forcing to overcome the geometric forcing $-\nabla V_q$, which has unstable fixed points at $\theta_p = 0$ and π rad [48]. A first-order expansion in $\theta_i - \theta_p$ at fixed δ_i of the predicted unstable geometric forcing is $-\nabla V_g \approx \pi \omega_r^2 \bar{\delta}_{co}^2 (\theta_1 - \theta_p) / 10 \delta_0^2$ [48]. This expansion for the geometric potential was untested due to limited data near the unstable fixed points of the potential V_q in previous experiments [48]. We compare this predicted unstable forcing to the stabilizing forcing from the neighboring roll interaction, using a linear expansion in $\theta_i - \theta_p$ of Eq. 5 for a fixed δ_i (this corresponds to the second term of Eq. 8). We calculate the magnitude of the ratio S of stabilizing forcing for co-rotating states to the destabilizing forcing from the expansion of the geometric forcing $-\nabla V_g$ to obtain the forcing ratio

$$S = \frac{10A\kappa_t \delta_0[\sqrt{2}|\Delta \bar{T}_{0,co}|/\delta_{co} - 2]}{\pi^2 L^2 \tau_{\dot{\theta}} \omega_r^2 \bar{\delta}_{co}} .$$
(18)

To predict values of S for different datasets, we use $\kappa_t/\kappa = 0.8Ra^{0.41}$ from the fit in Fig. 8, $\tau_{\dot{\theta}} = 2.7 \times 10^4 Ra^{-0.35}$ from a fit of data with a single LSC in a cubic cell data [48], $\omega_r^2 = 6.3 \times 10^{-13} Ra^{0.98}$ from linear regression of data with a single LSC in a cubic cell [48],

 $\delta/\delta_0 = 0.57$ for co-rotating states from Fig. 9, and the measured $\Delta \overline{T}_{0,co}/\overline{\delta}_{co}$ for each dataset. The ratio of stabilizing to destabilizing forces is plotted Fig. 14a for each co-rotating state, including data at all measured Ra and ΔT_m for completeness. Since counter-diagonal states are predicted to be stable to both forcings, the stabilizing ratio is not relevant for them. Co-rotating states are found to be concentrated in Fig. 14 with S > 1.13. This concentration of many points just above this measured minimum of 1.13 suggests a critical value slightly below this is required for co-rotating states. This threshold is near the predicted threshold of 1, well within typical uncertainties of this model. This confirms that the model successfully predicts the conditions for co-rotating states to be stable due to turbulent thermal diffusion, when it overcomes the geometric forcing that destabilizes co-rotating state orientations. In co-rotating states, the stabilizing factor $b\sin(\theta_2 - \theta_1)$ is typically small (on average, b = 0.36a in co-rotating states), thus while an understanding of the source of the stabilizing b in co-rotating states might adjust the threshold value of S. the stability of co-rotating states can be explained independent of the unexpectedly stabilizing values of b.

F. Unpredicted stable state at large ΔT_m

In Fig. 14, the ratio of stabilizing to destabilizing forcings for co-rotating states S is seen to drop towards the threshold of stability at S = 1 for large ΔT_m . This linearly decreasing S and loss of stability is predicted because the stabilizing forcing (which scales as $\Delta T_0/\delta_0$) is growing linearly with ΔT_m , but not as fast as the linearly increasing destabilizing term (which scales as δ_{co}^2/δ_0^2) (see trends in Fig. 11). A linear fit of S for a series of points at $\Delta T = 3.8$ K for $\Delta T_m > 0.14$ K is shown to intercept the predicted threshold of stability at $\Delta T_m/\bar{\delta}_{co} = 10$ in Fig. 14. At this point, both the co-rotating state and counter-rotating state are predicted to be unstable, so some new state should appear.

To see if the co-rotating state destabilizes at larger ΔT_m , we plot $\overline{\delta}$ and $\Delta \overline{T}_0/\overline{\delta}$ as a function of ΔT_m for fixed $\Delta T = 3.8$ K (Ra = 5.5×10^8) in Fig. 15, extending the range of experiments from Fig. 11. For $\Delta T_m < 0.9$ K, the data is the same as Fig. 11, with the predicted instability threshold of the co-rotating state at $\Delta T_m = 0.9$ K. When $\Delta T_m > 0.9$ K, new scaling behaviors appear where $\bar{\delta}$ starts to decrease with ΔT_m , and $\Delta \bar{T}_0/\bar{\delta}$ starts to increase significantly above its typical value of 2.22 ± 0.13 for co-rotating states. Values of $\theta_{p,i}$ are not shown because they remain constant as ΔT_m increases. While the values of $\theta_{p,i}$ appear as if this is still a co-rotating state, the decrease in δ and large increase in $\Delta \bar{T}_0/\bar{\delta}$ are inconsistent with Eqs. 4 and 6. In particular, values of $\Delta \bar{T}_0 / \bar{\delta} \gg 2$ mean the temperature on the two sides of the interface between neighboring rolls is very different, and no longer dominated by a balance of turbulent thermal diffusion across the interface. A likely candidate for this



FIG. 15. Measurements at large ΔT_m revealing a state with new scaling behavior for $\Delta T_m > 0.9$ K when $\Delta T = 3.8$ K. (a) mean LSC amplitude $\bar{\delta}$. (b) mean temperature difference between rolls $\Delta \bar{T}_0/\bar{\delta}$. (c) ratio of stabilizing to destabilizing forcing for co-rotating states. Solid lines show fits of the predicted linear behavior of co-rotating states for small ΔT_m . Vertical dashed line shows the point where the co-rotating state is predicted to become unstable at S = 1. The new state is oriented like a co-rotating state, but with a much larger $\Delta \bar{T}_0/\bar{\delta}$, suggesting it is no longer driven by turbulent thermal diffusion.

behavior is more coherent advection of heat between the cells, which can transport heat more coherently between the cells to balance the larger turbulent thermal diffusion for $\Delta \bar{T}_0/\bar{\delta} \gg 2$. However, we cannot make specific predictions without more detailed knowledge of such advective flow fields. The rapid increase of $\Delta \bar{T}_0/\bar{\delta}$ means S increases again for $\Delta T_m > 0.9$ K and does not drop below the threshold of instability for co-rotating orientations, so the stability of this high- ΔT_m state is still consistent with Eq. 5 for $\dot{\theta}_{\kappa,i}$, and perhaps only Eq. 6 for $\dot{T}_{\kappa,i}$ requires modification.

G. Stability of counter-axis states

Counter-axis states – in which the preferred orientation is somewhere between a corner and axis – were found for $\Delta T < 2$ K instead of counter-diagonal states. However, counter-axis states are not predicted to be stable from Eq. 5.

What might cause counter-axis states? Equations of motion in θ_i could in principle produce stable counteraxis states if there is a force pushing both cells to be stable in $\pm \sin \theta_i$. For example, if there was an asymmetry in the temperature profile of the plates such that the both plates are hotter near the interface. It is notable that our counter axis states all have an unexpectedly large $\Delta T_0 > \Delta T_m$, which is inconsistent with Eq. 15 and thus Eq. 6 for turbulent thermal diffusion. Thus, the large ΔT_0 must come from some other mechanism for these counter-axis states. This unexpectedly large $\Delta \overline{T}_0$ might be an indication of asymmetric heating within the plates, although the forcing that would push both cells toward a counter-axis state would not be best represented by the parameter $\Delta \overline{T}_0$. We found counter-axis states to be more likely when the flow direction in some of the cooling baths controlling the plate temperatures was switched (individual plate thermistor mean temperatures typically changed by $0.001\Delta T$), suggesting the plate temperature profile can produce such an asymmetry. We also found counter-axis states to be more prominent in an early version of the apparatus with a different middle wall covering only the top half of the interface between the two rolls. This suggests that there was some stabilizing force in $\pm \sin \theta_i$ with the same sign in both cells, presumably due to an interaction of the LSCs with the middle wall [66]. This asymmetry could have resulted from an interaction between a corner-roll and the middle wall, as corner-rolls are more prominent at the top only on the side of the up-flow (not down-flow), so the interaction could be different for a top-half middle wall depending on whether the flow in the middle is upward or downward. Whatever the source, it seems likely that the observed counter-axis states are due to some unpredicted asymmetry of our setup, and the forcing can be surprisingly significant in systems with mild-seeming asymmetries.

H. Tilt

Tilting the cell relative to gravity by an angle β in the vertical plane going between the center of both cells results in a component of buoyant forcing aligned with $\theta = 0$ in one cell and $\theta = \pi$ rad in the other cell [32, 45, 67]. Since this is similar to the effect of a temperature difference ΔT_m , it should be no surprise that a tilt of about $\beta = 2$ degrees generally results in co-rotating states, with a mix of co-rotating and counter-offset states at smaller $|\beta|$ (data is included in Fig. 4), analogous to Fig. 11a. A detailed analysis of tilting a single cubic cell was presented previously [32], and the same forcing terms are expected to apply here, in addition to the forcing in Eqs. 4 and 5. Some quantitative data on the tilt-dependence is presented for the earlier version of our experiment with the middle wall only in the top half of the cell, which also included an extra forcing term that is responsible for the counter-axis states [66]. These observations serve as a confirmation that forcing terms from different physical mechanisms can be added in the lowdimensional model.

VIII. DYNAMICS OF SWITCHING BETWEEN CO-ROTATING AND COUNTER-ROTATING

We observed numerous stochastic switching events between co-rotating and counter-rotating states such as in Fig. 3. To obtain statistics to characterize these events, we searched through experiments with a total run time of 148 days with different Ra, ΔT_m , and tilt angles β . To intentionally produce more switching events, we also occasionally enforced a co-rotating state in one direction or the other by biasing $|\Delta T_m|/\delta_0 \gtrsim 1.7$ using Fig. 11 as a guide.

To systematically identify switching events between counter-rotating and co-rotating states, we define a transition based on the time-dependent difference in LSC orientations $|\theta_1 - \theta_2|$. We first smoothed values of θ_i over a duration of $1.5\tau_{\delta}$. We define a transition from counterrotating to co-rotating as starting when $|\theta_1 - \theta_2|$ last exceeds $\pi/2$ rad, and ending when $|\theta_1 - \theta_2|$ first exceeds $3\pi/4$ rad, without returning below $\pi/4$ rad in between. These first and last crossing times at different thresholds are used to avoid counting jitter around these threshold values. We set the threshold $\pi/2$ rad further from the ideal counter-diagonal state value to include counter-axis states where $|\theta_1 - \theta_2|$ is larger. Likewise, a change from co-rotating to counter-rotating is defined to start when $|\theta_1 - \theta_2|$ last drops below $3\pi/4$ rad, and end when $|\theta_1 - \theta_2|$ first drops below $\pi/2$ rad, without returning above $3\pi/4$ rad in between. To make sure the change in $|\theta_1 - \theta_2|$ is not a false event due to a temporary fluctuation in one variable, we also calculated short-time averages of parameters $|\theta_1 - \theta_2|$, $(\delta_1 + \delta_2)/2$, and $|T_{0,2} - T_{0,1}|$ in the steady states before and after the event - in the final analysis we used the range of $14\tau_{\delta}$ to $56\tau_{\delta}$ before and after the event, excluding data where $\cos(\theta_2 - \theta_1)$ has the wrong sign for the expected state, and excluding data with either $\delta_i < 0.3\delta_0$. We only considered a switching event to have occurred if the parameters $|\theta_1 - \theta_2|$, $(\delta_1 + \delta_2)/2$, and $|T_{0,2} - T_{0,1}|$ averaged over the specified time range changed from before to after the event by more than 60%toward the expected counter- or co-rotating state: the expected differences going from counter- to co-rotating states are $|\theta_1 - \theta_2|$ increased by π rad (when values of $\theta_1 - \theta_2$ are reduced to the range $-\pi$ rad to π rad), $|T_{0,2} - T_{0,1}|$ increased by $2.22\bar{\delta}_{co}$ based on Fig. 10, and $(\delta_1 + \delta_2)/2$ decreased by $0.37\delta_0$ based on Fig. 9.

We found 89 switching events between counter- and corotating states, corresponding to an average frequency of 0.60 per day, and only 0.48 per day if we do not count events that occurred shortly after we forced a switch to a co-rotating state by applying a large $|\Delta T_m|$. We only observed a few direct switching events from one counter-diagonal state to another corner. We never ob-

TABLE II. Fractional changes of various parameters towards their new steady state values before switching events to counter- and co-rotating states. Switching to counter-rotating states is mostly driven by cessations (d_c) during the event, in which a reduction in one of the δ_i reduces the damping on motion in θ_i which can be driven to large changes by random fluctuations. Switching to co-rotating states is driven by a mix of diffusive fluctuations in $\theta_1 - \theta_2$, $T_{0,2} - T_{0,1}$, and δ_i which have a positive feedback that destabilizes the counterrotating state.

served a direct switch between two co-rotating orientations. Even in cases where a co-rotating state was stable, and we changed ΔT_m to drive the co-rotating state in the opposite direction, the system always switched to a counter rotating state and resided there for at least 1000s before switching to the new preferred co-rotating state. Switching between two orientations of counteraxis states is relatively frequent, and statistics of switching between counter-axis orientations are reported elsewhere [66]. Mechanisms of switching between counteraxis states will not be addressed here because they are driven by some uncharacterized asymmetry.

A. Different driving mechanisms for switching events

In previous work, changes in LSC orientation between stable fixed point states were often found to be due to dramatic reorientations in θ_0 , driven by extreme fluctuations in θ_0 coming from the stochastic term $f_{\dot{\theta}}(t)$ [27, 44, 66, 68]. Other events are driven by cessations – a reduction in δ to near zero driven by stochastic fluctuations to overcome a potential barrier due to Eq. 2. Cessations reduce the damping in Eq. 3 so that the stochastic term $f_{\dot{\theta}}(t)$ allows θ_0 to change more rapidly [5, 35, 44, 55]. For either mechanism the behavior could be quantified statistically as a rare event due to diffusive fluctuations crossing a large potential barrier in Eq. 2 or 3, respectively [27, 44, 48]. However, with only 89 switching events and a large number of variables, we do not have enough statistics to meaningfully test quantitative predictions of barrier crossing rates as a function of any parameter.

Instead, to identify the relevant mechanisms for switching between counter- and co-rotating states, we calculate correlations between changes in LSC parameters before an event, with the expected change towards the new stable value after switching. These fractional changes d_{θ} , d_{δ} , and d_T are calculated as the average fractional change of each parameter $(|\theta_1 - \theta_2|, (\delta_1 + \delta_2)/2, \text{ and } |T_{0,2} - T_{0,1}|, \text{ re$ $spectively})$ in the time period of $2\tau_{\delta}$ before the start of a switching event, relative to the expected change towards the stable state value after switching. These fractions are averaged separately for events switching to either a counter- or co-rotating state, and summarized in Table II. We also include a row for a fractional change toward cessation driving d_c , calculated as the fractional change in δ toward zero $(\bar{\delta}_i - \delta_i)$ relative to the stable value of $\bar{\delta}$ before switching. We only count the maximum d_c among the two cells, since a cessation of one of them is enough to cause a change in state.

Table II suggests that switching from the co-rotating to counter-rotating state is most strongly correlated with cessation, with an average $d_c = 0.36$, indicating a significant drop in δ from its previous stable fixed point in the co-rotating state, which weakens the damping of motion in θ_i (Eq. 3) [44]. This strong correlation is especially notable because the new stable fixed point in the counter-rotating state has a larger δ_i , meaning the cessation initially moves δ_i further from its new stable fixed point value at the start of the transition between states. All but one of the switching events to counter-rotating states has a reduction in one of the $\langle \delta_i \rangle$ either within the $2\tau_{\delta}$ before the event, or during the event, The single event with negative d_c is telling, because it occurred in the first 4000 s of one of the counter-offset states in Fig. 11a, which we did not find to have a longer stable lifetime in a counter-rotating state, suggesting the potential barrier that needed to be crossed was relatively low in that case.

An example of a switching to a counter-rotating state $\text{Ra} = 2.7 \times 10^9$ is shown in Fig. 16. To represent a typical state, we chose the event with the median value of d_c among switching events to counter-rotating states. In this example, there is a large drop in δ_1 in cell 1 that allows a rapid change of θ_1 due to smaller damping on θ_1 from Eq. 3 [44]. Once θ_1 reaches near a new stable fixed point orientation for a counter-rotating state, the other parameters θ_2 , $T_{0,1}$, $T_{0,2}$, δ_1 and δ_2 follow to their new stable fixed point values within a few turnover times, or a few τ_{δ} .

Generally, switching from co-rotating to counterrotating states due to cessation (reduced δ_i) can be understood to be due to reduced damping in Eq. 3, which allows $f_{\dot{\theta}}$ to drive large changes in θ_i in the same cell to cross the potential barrier that stabilizes co-rotating states in Eq. 5. We generally find during switches to counter-rotating states that the drop in δ_i causes θ_i in the same cell to change further than the neighboring cell, consistent with this explanation. Note that the reduction in δ_i only allows the motion of θ_i to be dominated by the stochastic term if the damping factor in Eq. 25 includes the factor of δ_i/δ_0 to cancel out the $1/\delta_i$ in Eq. 23, so this observation is our best justification for using that factor δ_i/δ_0 in Eq. 25. In principle, Eq. 5 also allows for the co-rotating state to become unstable due to large fluctuations that reduce $|T_{0,2} - T_{0,1}|$. We see no evidence that this is a major driving factor in switching from corotating to counter-rotating states $(d_T = 0.01)$ without



FIG. 16. Example of a switching event from a co-rotating state to a counter-rotating state. This transition is driven by a large drop in one of the δ_i , which allows θ_i in the same cell (in this case in cell 1) to be rapidly driven by stochastic fluctuations, as are most transitions to counter-rotating states. The vertical dashed lines indicate from left to right the time $2\tau_{\delta}$ before the start of the switching event, the start, and end of the switching event based on crossing thresholds in $|\theta_1 - \theta_2|$.

the aid of a cessation, perhaps because fluctuations in T_0 tend to be relatively small (see Fig. 3).

In the other case of switching from a counter-rotating state to a co-rotating state, Table II shows that cessation (d_c) has the weakest correlations with these switching events, and is difficult to distinguish from a driving towards δ_{co} , which also involves a reduction in δ in this case. The correlations with an increase in $|T_{0,2} - T_{0,1}|$, decrease in $(\delta_1 + \delta_2)/2$ and increase in $|\theta_1 - \theta_2|$ are all stronger than the driving due to cessation, and much stronger than when switching to a counter-rotating state.

An example of a switching event from a counterrotating state to a co-rotating state led by random diffusive motion in $T_{0,2} - T_{0,1}$ at Ra = 2.7×10^9 is shown in Fig. 17. To represent a typical switching to a co-rotating state, we chose the event with nearly median values in each of d_{θ} , d_T , and d_{δ} . In this example, $T_{0,1}$ and $T_{0,2}$ start slowly drifting apart about 66,200 s, well before the change in θ_i and δ_i to their new stable values in a corotating state. Generally, as $|T_{0,2} - T_{0,1}|$ increases, it produces an increasing forcing on θ_i in the third term of Eq. 5 to push θ_1 and θ_2 apart. Additionally, fluctuations in both θ_i and δ_i away from the counter-rotating state fixed point drive an increase in $|T_{0,2} - T_{0,1}|$ in Eq. 6, providing



FIG. 17. A switching from a counter-rotating state to a corotating state driven by a diffusion in $T_{0,2} - T_{0,1}$. The vertical dashed lines indicate from left to right the time $2\tau_{\delta}$ before the start of the switching event, the start, and the end of the switching event. Positive feedback between fluctuations in $T_{0,i}$, θ_i , and δ_i away from the counter-rotating state fixed point ultimately and a destabilizes the counter-rotating state, leading to a co-rotating state.

a positive feedback that destabilizes a counter-rotating state to drive a transition to a co-rotating state. This positive feedback can be seen in Fig. 17 as the changes in θ_i, δ_i , and $T_{0,i}$ all start to increase more rapidly at about the same times. In Eq. 5, when $\sin\theta \approx \sqrt{2}/2$ near the stable counter-rotating state, the third term that destabilizes the counter-rotating state becomes dominant over the first term that stabilizes the counter-rotating state when $T_{0,2} - T_{0,1} > \pi \delta/4$ (alternatively, the threshold of instability in Eq. 5 can also be identified as $|\theta_1 - \theta_2| > \pi/2$ as seen in Fig. 11). In the example in Fig. 17, both of these thresholds are crossed roughly in between the first 2 timing lines, which is about when the rate of change in θ_i starts to increase. Once the threshold of instability is crossed, the values of θ_i , δ_i , and $T_{0,2} - T_{0,1}$ quickly move towards their stable fixed point values for co-rotating states. Since the positive feedback between increasing $|T_{0,2}-T_{0,1}|$, decreasing $(\delta_1+\delta_2)/2$, and increasing $|\theta_1-\theta_2|$ is what destabilizes counter-rotating states, this explains why d_T , d_{δ} , and d_{θ} are all correlated with switching to the co-rotating state in Table II.

The behavior described above for switching from counter-rotating to co-rotating states is qualitatively similar in most events. Notably, during switching from counter- to co-rotating states, we generally observe that $T_{0,1}$ and $T_{0,2}$ are driven in opposite directions at nearly equal rates, as seen for example in Fig. 17, and as expected from Eq. 6. The cell that starts slightly hotter also generally continues to get hotter, as seen for example in Fig. 17c. This determines which orientation is easier to switch to, as smaller fluctuations in θ_i and $T_{0,2} - T_{0,1}$ in this direction are required to destabilize the counter-offset state in Eq. 6.

If switching to counter-rotating states is due to cessation and other large drops in δ_i , we can predict that switching to counter-rotating would occur in some fraction of cessations, which depends mainly on the mean value of δ_i . Any forcing that leads to a larger $\bar{\delta}_i$ is expected to decrease the likelihood of events [27, 44], such as increasing ΔT_m or tilting the cell. On the other hand, a prediction of switching to co-rotating states would instead depend on crossing barriers in a three-dimensional space of $|T_{0,2} - T_{0,1}|$, $(\delta_1 + \delta_2)/2$, and $|\theta_1 - \theta_2|$. For either type of switching, due to the rarity of events, we do not have enough statistics to test such predictions.

IX. DISCUSSION

A. Rejected model: modified drag at the interface between two rolls

We originally considered a modification of viscous drag at the interface to model the interactions between neighboring rolls. Since the effects of viscous drag at the interface between neighboring rolls could be modeled as a turbulent viscous diffusion of a vertical velocity $U \cos(\theta_i - \theta_0)$ at the interface, some of its effects could be in part mathematically analogous to turbulent thermal diffusion of temperature $T_i = T_{0,i} + \delta \cos(\theta_i - \theta_0)$.

One important difference between the velocity and temperature is the offset temperature $T_{0,2} - T_{0,1}$ between the neighboring cells, as there is no analogous offset for velocity. The difference between the mean temperature of neighboring rolls $T_{0,2} - T_{0,1}$ is important because it is the term that stabilizes the observed co-rotating state in Eq. 5. Without a mathematically analogous offset, viscous drag would only tend to align neighboring rolls toward a counter-rotating state. $T_{0,2} - T_{0,1}$ is also the intermediary parameter for effects of the difference in mean plate temperature of the two cells ΔT_m . Thus, we rule out the hypothesis that the drag force is the most important interaction between neighboring convection rolls in our experiments, at least when it comes to determining the temperature profile and stable states of the flow structures.

On the other hand, viscous drag may play a smaller role in modifying parameter values. Since the Prandtl number of the water is $Pr = \nu/\kappa = 6.41$, viscous diffusion should in principle be stronger than thermal diffusion by that factor. Since we could represent both the temperature difference and velocity profiles as sine functions in the coordinate θ [44], the diffusion equations and effective thermal diffusivity κ_t measured may actually contain contributions from viscous diffusion. Larger coefficients depending on Pr might be expected for terms without $T_{0,2} - T_{0,1}$. However, since the threshold for stability of co-rotating states is just barely met by the third term of Eq. 5 overcoming the first and second terms, a significant destabilizing drag added to other terms would overwhelm the stabilizing term which depends on $T_{0,2} - T_{0,1}$, resulting in co-rotating states being unstable, in disagreement with observations. Thus, any contribution of drag is probably small compared to the stabilizing term in our experiments. It remains to be seen if systems with larger Pr, or those driven by forced convection rather than buoyancy, are dominated by turbulent viscous diffusion rather than turbulent thermal diffusion.

In Eq. 4 for $\delta_{\kappa,i}$, a modified drag term would be smaller in a counter-rotating state relative to a single LSC due to the flow in the same direction at the interface. On the other hand, this modified drag may also change the time a fluid parcel spends near the top and bottom plates to lose or gain heat, respectively, and change the rate of turbulent mixing. These effects may cancel each other out in the temperature profile, since there is little change in $\bar{\delta}$ [we observed a 6% reduction of $\bar{\delta}$ in the counterrotating state compared to a single roll (Fig. 9)]. The fact that there is not a larger change in $\bar{\delta}$ in the counterrotating state suggests that any change in drag due to neighboring rolls has a small effect on $\bar{\delta}$.

B. Discussion of previous work on co-rotating states

Previous observations of co-rotating rolls in systems with horizontal forcing due to lateral heating [52] or tilt [53] are analogous to a one-dimensional version of our model with forcing due to ΔT_m . We found that motion in θ_i is important for determining the stability of states in three dimensions. In particular, the stability of counterand co-rotating states is determined by Eq. 5, which has terms that both stabilize and destabilize flow in terms of θ_i , and stabilize in $\theta_1 - \theta_2$ (Sec. VIA). In addition, in any non-circular cross-section, the forcing $-\nabla V_g(\theta_i)$ due to the geometry of the cell can potentially add to the stabilizing or destabilizing terms (Sec. VII E).

The behaviors of stacked co-rotating rolls [55] are not explained by our model, as the forcing terms in the vertical direction would be different, and vertically stacked co-rotating states likely have more coherent advection between the two cells.

C. Preferred states in other systems

Our observations of stable co-rotating states leads to the question of why are co-rotating states not reported more often in other convective flows? Equation 5 predicts stable co-rotating states when the stabilizing forcing in θ_1 from the 3rd terms of Eq. 5 are larger than the 1st and 2nd terms that stabilize counter-rotating states and any destabilizing forcing $-\nabla V_q(\theta_i)$ due to the geometry of the cell (Sec. VIIE). For co-rotating states to be stable with $\theta_2 = \theta_1 + \pi$ rad and assuming $\bar{\delta}_2 = \bar{\delta}_1$, this requires $\Delta \bar{T}_{0,co}/\bar{\delta}_{co} > 1.62$, not including contributions from V_q which can increase this threshold by an amount depending on the geometry. Equation 6 gave a prediction of $\Delta \bar{T}_{0,co}/\bar{\delta}_{co} = 1.76$, which is only 9% greater than the threshold of stability for co-rotating states, and we measured $T_{0,co}/\delta_{co} = 2.22$, which is 40% larger than this threshold. We do not yet know how $\Delta \bar{T}_{0,co}/\bar{\delta}_{co}$ varies in other systems. Since the numerical coefficients in Eq. 5 are expected to change with the shape of the interface and the shape of the convection patterns, it seems plausible that a version of Eqs. 5 and 6 for another system might not produce a large enough $\Delta \bar{T}_{0,co}/\bar{\delta}_{co}$ to be above the threshold required for stability of co-rotating states. These variables, might be part of the reason that co-rotating states are not often reported. In other words, while this idealized laboratory system can reproduce many qualitative and quantitative features of natural convection rolls, the large number of model terms and the sensitivity of behavior to parameter values means that behavior may not be representative of all natural convection systems.

Equation 5 by itself does not predict any preferred orientation for counter-rotating states. Thus, counterrotating rolls can in principle be aligned at any orientation. Specific systems likely have a preference for certain orientations based on their geometric potential V_a (i.e. the longest diagonals of a closed cell), or other forces. The counter-rotating predicted by Eq. 5 corresponds to $\theta_1 = \theta_2$ such that the LSC orientation vectors line up head-to-head, and do not in general have to be parallel. For example, a hexagonal convection pattern with 3 counter-rotating rolls at 120 degree angles relative to each other meeting at a vertex with adjacent upward-flowing regions meet this criteria for counter-rotating states – in this case it is the tessellation of a hexagonal pattern that determines the preferred orientations of counter-rotating states [50].

X. CONCLUSIONS

We observed both counter-rotating and co-rotating states to be stable for adjacent convection rolls in cubic Raleigh Bénard convection cells with $7.6 \times 10^7 <$ Ra $< 3.5 \times 10^9$ and Prandtl number 6.41 (Figs. 3, 4). Notably co-rotating states were observed in nominally symmetric systems which are usually argued to support only counter-rotating states. The stability of the observed counter-rotating states and co-rotating states can be explained by a low-dimensional model consisting of three stochastic ordinary differential equations for each roll. The interactions between neighboring rolls are predicted from the scaling of heat transport by turbulent thermal diffusion, and added to existing model equations [44, 45, 48] for the LSC amplitude δ_i (Eqs. 2, 4), orientation θ_i (Eqs. 3, 5), and a new equation for mean temperature $T_{0,i}$ (Eq. 6). Despite there only being one new mechanism in the model, projecting turbulent thermal diffusion for two neighboring rolls with just simple sinusoidal temperature profiles into the parameters θ_i , δ_i and $T_{0,i}$ resulted in eleven new model terms.

To make quantitative predictions, the model required a parameter as experimental input: a turbulent thermal diffusivity κ_t in the horizontal direction across the interface between neighboring rolls. Once κ_t was measured based on a fit of one model term, it could be used to predict the magnitudes of all eight model terms in which κ_t affects steady-state solutions for $5.5 \times 10^8 < \text{Ra}$ $< 3.5 \times 10^9$. Predictions were not tested in the lower measured range of Ra due to an unknown additional forcing from some asymmetry that was unquantified. One term of the thermal diffusivity model depends on the Nusselt number for vertical heat transport, and the remaining two predicted terms of the model affect transients only, which were not tested. Specifically, the turbulent thermal diffusion model predicts the stabilizing forcing in $\sin(\theta_1 - \theta_2)$ for counter-rotating states and the stabilizing forcing in θ_i for parallel co-rotating states (Figs. 5, 6), given the value of κ_t obtained from an independent measurement of correlation time of $T_{0,i}$ (Figs. 7, 8). The co-rotating states are stable if the difference $\Delta T_{0,co}$ in the mean temperature of the two rolls is large enough that the heat flux between the rolls stabilizes the temperature profile of aligned co-rotating states. It was confirmed that the model correctly predicts the value $\Delta \overline{T}_{0,co}$ is large enough to produce a stabilizing forcing (Figs. 9, 10), and that we find stable co-rotating states in our cubic cell if and only if this forcing is large enough to overcome the forcing due to the cell geometry (Fig. 14). This large $\Delta T_{0,co}$ could be driven by a difference ΔT_m between the mean temperatures of the plates of the two cells (Fig. 11), tilt of the cell (Fig. 4), or even by stochastic fluctuations from a stable counter-rotating state in a nominally symmetric setup where both states are stable (Fig. 3). These predictions are all consistent within a factor of 3 of measurements when using the same value of κ_t for each term, a typical uncertainty of this modeling approach [44, 45, 48]. The model can predict the decrease in the LSC amplitude δ_{co} in co-rotating states if the measured $\Delta T_{0,co}$ is used as an input (Fig. 9), however, the model is not accurate enough to predict the sign or lower bound of this change without experimental input due to the predictions depending on differences of terms with comparable magnitude and having large uncertainties.

When an asymmetry between neighboring cells is introduced through an imposed temperature difference ΔT_m between the mean plate temperatures of the two cells, the model for effective turbulent thermal diffusion explains an observed increase in $\Delta \overline{T}_0$ with increasing ΔT_m , which shifts the preferred orientations of counterrotating rolls in opposite directions by $\Delta \theta_p$, until the shift is large enough that the state becomes unstable and switches to a co-rotating state (Fig. 11). The model self-consistently predicted the trends $\Delta \theta_p$, $\bar{\delta}$, and $\Delta \bar{T}_0$ in ΔT_m for both counter- and co-rotating states, and a difference $\Delta \bar{\delta}$ between the two cells in counter-rotating states, when using the other trends as input (Figs. 11, 12, 13) all within a factor of 3. However, the sensitivity of the model to differences in estimated terms makes it unable to predict these trends without any experimental input.

We also observed spontaneous switching events of the LSC between counter-rotating and co-rotating states. Events switching from co-rotating to counter-rotating states were almost all driven by cessations of the LSC – or at least a significant reduction in δ (Fig. 16) – which reduces the damping term in Eq. 3, so that the orientation of the LSC can be driven easily by random turbulent fluctuations [27, 44]. We found that switching from counter-rotating states to co-rotating states is generally driven by a combination of fluctuations that cause increases in $|T_{0,2} - T_{0,1}|$, decreases in δ_i , and increases in $|\theta_1 - \theta_2|$, which result in a positive feedback in Eqns. 5 and 6 that destabilizes the counter-rotating state (Fig. 17).

The observations above tested each of the model terms that affect stable fixed point values (including the first 3 terms of Eq. 5, the first 3 terms of Eq. 4, and all 3 deterministic terms of Eq. 6), confirming the validity of the turbulent thermal diffusion model for the interaction between neighboring rolls. This level of detail suggests that the hypothesized mechanism of turbulent thermal diffusion is dominant, and the κ_t that controls the interactions between neighboring convection rolls is the same turbulent thermal diffusivity that describes macroscopically averaged heat transport. It remains to be confirmed whether the κ_t measured here based on the interaction between convection rolls has the same magnitude as an effective thermal diffusivity for macroscopically averaged heat transport, or if the value of κ_t can be predicted from a general scaling model. It also remains to be confirmed if the prediction for the term of Eq. 6 corresponding to vertical heat transport is determined by the Nusselt number, as our data had very limited resolution to test this (Sec. VIIB). If these can be confirmed, then it would suggest that low-dimensional models can include both coherent flow structures and transport in the same model, using equations such as Eqs. 2, 3, 4, 5, and 6 for flow structure interactions (including interactions with boundaries through predictable terms such as V_q), and relating them to equations such as Eq. 19 for heat transport.

While most of the features of the interaction between neighboring LSCs could be explained by an effective turbulent thermal diffusion between the cells, some stabilizing features of the co-rotating state could not be explained. This includes the stabilizing forcing on the orientation of co-rotating states in $\theta_1 - \theta_2$, and the value of $\Delta \bar{T}_{0,co}/\bar{\delta}_{co} > 2$, which increases to much higher values at large ΔT_m (Fig. 15). These observations are not consistent with turbulent thermal diffusion. It is likely that these discrepancies are due to an additional coherent advection of heat from one cell to the other, which was not included in the model.

The interaction between two neighboring rolls should be straightforwardly generalizable to systems of more rolls with the addition of similar interaction terms to Eqs. 4, 5, and 6 for each neighboring roll, assuming that there are no higher-order interaction terms that involve 3 or more rolls. In other words, systems with multiple rolls - such as the cases with large lateral extend with a series of adjacent rolls - would then have a set of equations of motion in θ_i , δ_i , and $T_{0,i}$ for each roll (the number of rolls would have to be known), and each equation of motion would have a set of interaction terms for each neighbor. When considering flows in different geometries, the geometry-dependence is expected to be mostly addressed by the separate term $V_q(\theta_i)$ characterizing the interaction with the boundary, which was predicted in earlier papers [45, 48], while the neighboring-roll interaction terms are expected to be separate from boundary geometry effects. The model terms were derived here based on a sinusoidal temperature profile, which could in principle have higher order Fourier terms in other flows, adding even more terms to the model, although the sinusoidal temperature profile has been found to be a good approximation (within a few percent) for flows in circular cross-sections of different aspect ratios as well [23, 69]. The bounds of the integrals when evaluating terms of Eqs. 21, 22, and 26 depend on the length of the interaction region, but would only affect the coefficients of each model term, and not the form of the terms. These coefficients could be re-derived for an interaction region of different length following the procedure in the Appendix.

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APPENDIX: MODEL DERIVATIONS

A. Forcing terms $\dot{\delta}_{\kappa,i}$ and $\ddot{\theta}_{\kappa,i}$ due to neighboring roll interactions

We start with the assumption that Eqs. 2 and 3 describe a baseline model for each LSC, and that we only need to derive terms for additional forcing due to

neighboring-roll interactions. The forcing on the temperature profile along the interface between neighboring convection rolls is assumed to come from the turbulent diffusion of heat in across the interface with effective turbulent thermal diffusivity κ_t , which is assumed to be uniform and constant. The turbulent thermal diffusion represents the enhancement of heat transport by eddies relative to the thermal diffusivity κ due to induction, analogous to a turbulent viscosity or eddy viscosity. This thermal diffusion is approximated from a heat equation for heat flux only in the direction perpendicular to the interface between neighboring cells, as a function of the coordinate θ along the interface, as heat transport in other directions should already be accounted for in the existing Eqs. 2 and 3. We estimate the thermal diffusion term as $\kappa \nabla^2 T \approx \kappa_t [T_1(\theta, \theta_1) - T_2(\theta, \theta_2)]/L^2$, where $T_1(\theta, \theta_1) - T_2(\theta, \theta_2)$ is the temperature difference between the neighboring cells over an interfacial mixing layer of unknown thickness. We include the unknown mixing layer thickness in the value of κ_t , which will be a fit parameter, so we can use the known cell size L as the lengthscale in the thermal diffusion equation. This formulation is mathematically analogous to boundary layer approximations with thermal diffusion in an interfacial mixing layer of thickness $L\kappa/\kappa_t$ between the two cells, although it seems unlikely that such a thin mixing layer exists in this case. Because of the middle insulating wall blocking half of the interface, the heat transport acts over the exposed fractional area A = 0.50 of the interface between the two cells. An additional vertical heat transport from each of the top and bottom plates is calculated using the standard boundary layer approximation that the heat transport from each plate at temperature $T_{m,i} \pm \Delta T/2$ to the bulk at temperature $T_{0,i}$ is diffusive across thermal boundary layers of thickness H/2Nu, where the Nusselt number Nu is the dimensionless turbulent heat transport in the vertical direction. In the vertical heat transport term we ignore the variation in bulk temperature with θ , which is a small correction since $\delta \ll \Delta T$. The resulting simplification of the heat equation for cell 1 is

$$\dot{T}_1(\theta) = \frac{A\kappa_t}{L^2} \left[T_2(\theta, \theta_2) - T_1(\theta, \theta_1) \right] + \frac{4\mathrm{Nu}\kappa}{H^2} \left[T_{m,1} - T_{0,1} \right] \,. \tag{19}$$

For brevity, we write all equations in this section for the forcing on cell 1 only, as the equations for cell 2 are identical other than an exchange of the subscripts 1 and 2 in each equation.

Equation 19 is a function of the coordinate θ along the interface between cells. To instead put it in terms of parameters θ_i , δ_i , and $T_{0,i}$ of the LSC, we need to transform the equation into that parameter space. To do this, we make use of the time derivative of the temperature profile of Eq. 1:

$$\dot{T}_1(\theta) = \dot{T}_{0,1} + \delta_1 \dot{\theta}_1 \sin(\theta - \theta_1) + \dot{\delta}_1 \cos(\theta - \theta_1) . \quad (20)$$

In this equation, the lowest order terms of a Fourier series of $T_1(\theta)$ relate directly to the forcing terms $\dot{\theta}_1$ and $\dot{\delta}_1$. We assume for simplicity that these lowest order Fourier series terms are a good approximation of the LSC – i.e. the only parameters needed to describe the LSC are θ_i , δ_i , and $T_{0,i}$ from the sinusoidal temperature profile of Eq. 1, and ignore the small higher order terms in the Fourier series [23, 33, 69]. Thus, we perform a Fourier transform of Eq. 20 in terms of sines and cosines to obtain expressions for forcing terms on the LSC parameters

$$\dot{\theta}_{\kappa,1} = \frac{1}{\pi\delta_1} \int_0^{2\pi} [\dot{T}_1(\theta) - \dot{T}_{0,1}] \sin(\theta - \theta_1) d\theta \qquad (21)$$

and

$$\dot{\delta}_{\kappa,1} = \frac{1}{\pi} \int_0^{2\pi} [\dot{T}_1(\theta) - \dot{T}_{0,1}] \cos(\theta - \theta_1) d\theta .$$
 (22)

Equations 21 and 22 are evaluated by inserting Eq. 19 for $T_1(\theta)$, which uses as input Eq. 1 for $T_1(\theta, \theta_1)$ and $T_2(\theta, \theta_2)$. Expanding the term $\cos(\theta - \theta_2) = \cos(\theta - \theta_1)\cos(\theta_1 - \theta_2) - \sin(\theta - \theta_1)\sin(\theta_1 - \theta_2)$ from Eq. 19 makes the integrands of Eqs. 21 and 22 functions only of $\theta - \theta_1$. The neighboring roll interaction terms along the interface only need to be integrated over the range $-\pi/4 < \theta < \pi/4$ rad, while the second term of Eq. 19 due to vertical heat transport drops out when integrated over θ from 0 to 2π rad. Integrating Eqs. 21 and 22 over θ results in:

$$\dot{\theta}_{\kappa,1} = -\frac{A\kappa_t}{\pi L^2 \delta_1} \bigg[\delta_2 \sin(\theta_1 - \theta_2) [\pi/4 - \cos(2\theta_1)/2] + [\delta_2 \cos(\theta_1 - \theta_2) - \delta_1] \sin(2\theta_1)/2 + \sqrt{2} (T_{0,2} - T_{0,1}) \sin\theta_1 \bigg] + \frac{\sqrt{2}\dot{T}_{0,1}}{\pi \delta_1} \sin\theta_1 \quad (23)$$

and

$$\dot{\delta}_{\kappa,1} = \frac{A\kappa_t}{\pi L^2} \bigg[\sqrt{2} (T_{0,2} - T_{0,1}) \cos \theta_1 \\ + \delta_2 \sin(\theta_1 - \theta_2) \sin(2\theta_1)/2 \\ + [\delta_2 \cos(\theta_1 - \theta_2) - \delta_1] [\pi/4 + \cos(2\theta_1)/2] \bigg] \\ - \frac{\sqrt{2}\dot{T}_{0,1}}{\pi} \cos \theta_1 . \quad (24)$$

This forcing $\dot{\delta}_{\kappa,1}$ can be inserted directly to the existing equation of motion (Eq. 2). Since Eq. 3 is in terms of $\ddot{\theta}_1$, but we derived a forcing in $\dot{\theta}_1$ (Eq. 23), we assume the forcing in $\dot{\theta}_1$ can be treated as the forcing in the overdamped limit, corresponding to an offset in the $\dot{\theta}_1$ -term of Eq. 3, so that

$$\ddot{\theta}_{\kappa,1} = \frac{\dot{\theta}_{\kappa,1}\delta_1}{\tau_{\dot{\theta}}\delta_0} \ . \tag{25}$$

B. Equation of motion for $T_{0,1}$

In an equation of motion for $T_{0,i}$, we should also expect to have some diffusive fluctuations driven by turbulence, analogous to Eqs. 2 and 3, so we include a fluctuation term $f_T(t)$ with diffusivity D_T . The deterministic part of the equation for $T_{0,1}$ is assumed to be due to the net heat flux between the cells and from the top and bottom plates to the cells, calculated by integrating both sides of Eq. 19 over $d\theta/\cos^2\theta$. The denominator of $\cos^2\theta$ accounts for the relative interface area at each infinitesimal $d\theta$ to satisfy conservation of energy. The term of Eq. 19 with A due to the neighboring roll interaction only contributes in the interaction region $|\theta| < \pi/4$ rad so is only integrated over that range. This results in:

$$\dot{T}_{0,1} = f_T(t) + \frac{4\mathrm{Nu}\kappa}{H^2} (T_{m,1} - T_{0,1}) + \frac{A\kappa_t}{2L^2} \times \int_{-\pi/4}^{\pi/4} \frac{T_{0,2} - T_{0,1} + \delta_2 \cos(\theta - \theta_2) - \delta_1 \cos(\theta - \theta_1)}{\cos^2 \theta} d\theta .$$
(26)

Using the same substitution as before for $\cos(\theta - \theta_2)$, and integrating, results in

$$\dot{T}_{0,1} = f_T(t) + \frac{4\mathrm{Nu}\kappa}{H^2}(T_{m,1} - T_{0,1}) + \frac{A\kappa_t}{L^2} \left[T_{0,2} - T_{0,1} + 0.88(\delta_2\cos\theta_2 - \delta_1\cos\theta_1)\right] .$$
 (27)

For simplicity of presenting equations for our cubic cells, we present equations in the main paper for aspect ratio 1 (H = L).

C. Stable fixed points for counter-rotating states for $\Delta T_m = 0$

In a counter-rotating state where $\theta_1 = \theta_2$, the equations for the two cells are symmetric in cell 1 and cell 2, so we expect a fixed point when $\delta_1 = \delta_2$ and $T_{0,1} = T_{0,2} = T_{m,1} = T_{m,2}$ in the Boussinesq approximation. Inspection of Eqs. 23, 24 and 27 shows that each term is zero in this case, so $\dot{\theta}_i = 0$, $\dot{\delta}_i = 0$ and $\dot{T}_i = 0$, corresponding to a fixed point for counter-rotating states. Since Eq. 4 is a forcing on δ_i in addition to Eq. 2, the zero forcing means that δ_i has the same stable fixed point δ_0 as Eq. 2.

Is this fixed point stable? The first term of Eq. 23 has a restoring force proportional to $-\sin(\theta_1 - \theta_2)$, where the proportionality remains negative for all possible values of $\pi/4 - \cos(2\theta_1)/2$, which is stable when $\theta_1 = \theta_2$. A Taylor expansion of the second term of Eq. 23 in $\theta_1 - \theta_2$ has second-order terms, but no first order terms, so is linearly stable in $\theta_1 - \theta_2$. The third term of Eq. 23 is zero in the symmetric case when $T_{0,1} = T_{0,2}$, and the fourth term is zero at a fixed point where $\dot{T}_{0,i} = 0$. Thus, Eq. 23 is linearly stable in $\theta_1 - \theta_2$, and counter-rotating states are a stable fixed point solution of this equation. The first term of Eq. 23 which is responsible for this stability represents the heat transfer from effective turbulent diffusion from the LSC of roll 2 projected onto an orientation perpendicular to roll 1 to drive changes in orientation.

D. Stable fixed points for co-rotating states for $\Delta T_m = 0$

Observed stable fixed points for co-rotating states correspond to $\theta_1 = 0$ and $\theta_2 = \pi$ rad or $\theta_1 = \pi$ rad and $\theta_2 = 0$, $\delta_1 = \delta_2$, and $\dot{T}_{0,i} = 0$ in steady state. All four terms of Eq. 23 are zero in in this case, confirming these are fixed points of Eq. 23 as well. There are forcings on $\dot{\delta}_i$ in Eq. 4 and $\dot{T}_{0,i}$ in Eq. 6 that shift their stable fixed point values, which are addressed in Sec. VID. Assuming constant $\Delta \bar{T}_{0,co} \equiv \bar{T}_{0,2} - \bar{T}_{0,1}$ and $\bar{\delta}_{co} \equiv \bar{\delta}_1 = \bar{\delta}_2$ in the corotating state, a linear approximation around $\theta_{p,1} = 0$ or π rad for co-rotating states of Eq. 23 plugged into Eq. 25 is

$$\ddot{\theta}_{1,co} \approx \frac{A\kappa_t \bar{\delta}_{co}}{\pi L^2 \delta_0 \tau_{\dot{\theta}}} \left[+0.28(\theta_1 - \theta_2 - \pi) - \left(\frac{1.41\Delta \bar{T}_{0,co}}{\bar{\delta}_{co}} - 2\right)(\theta_1 - \theta_{p,1}) \right]$$
(28)

While the first term of Eq. 23 is what stabilized the counter-rotating state, for the co-rotating state where

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 $\theta_1 = \theta_2 + \pi$ rad, this forcing instead is predicted to be destabilizing in the first term of Eq. 28. The second term of Eq. 23 results in a restoring force proportional to $+\sin(2\theta_1)$ which also destabilizes co-rotating states where $\theta_1 = 0$ or π rad. The third term of Eq. 23 results in a restoring force proportional to $\Delta T_{0,co} \sin \theta_1$, which is stabilizing for $\theta_1 = 0$ and $\Delta \overline{T}_{0,co} > 0$, or $\theta_1 = \pi$ rad and $\Delta T_{0,co} < 0$. These combinations correspond to same combinations as observed co-rotating states. This stabilizing term represents the heat transfer by effective turbulent thermal diffusion from the difference in mean temperatures $\Delta \overline{T}_{0,co}$, which provides a uniform heat flux across the interface, which when projected onto the LSC temperature profile, tends to align the LSC of cell 1 with $\theta_1 = 0$ if cell 2 is hotter ($\Delta \overline{T}_{0,co} > 0$) or $\theta_1 = \pi$ rad if cell 2 is colder ($\Delta \bar{T}_{0,co} < 0$). A stable co-rotating state requires the third term of Eq. 23 to be larger than the second term (which are combined in the second term of Eq. 8), and the first term of Eq. 23, as well as the forcing from the geometric potential $-\nabla V_a(\theta_i)$ which is destabilizing at $\theta_i = 0$ or π rad [48]. Whether $\Delta \overline{T}_{0,co}/\overline{\delta}_{co}$ is large enough to make the third term of Eq. 23 dominant over all other terms so the model has stable fixed points for co-rotating states is tested in Sec. VIIE.

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