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# Taylor dispersion of elongated rods

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Particles transported in fluid flows, such as cells, polymers, or nanorods, are rarely spherical. In this study, we numerically and theoretically investigate the dispersion of an initially localized patch of passive elongated Brownian particles in a two-dimensional Poiseuille flow, demonstrating that elongated particles exhibit an enhanced longitudinal dispersion. In a shear flow, the rods translate due to advection and diffusion and rotate due to rotational diffusion and their classical Jefferys orbit. The magnitude of the enhanced dispersion depends on the particle's aspect ratio and the relative importance of its shear-induced rotational advection and rotational diffusivity. When rotational diffusion dominates, we recover the classical Taylor dispersion result for the longitudinal spreading rate using an orientationally averaged translational diffusivity for the rods. However, in the high-shear limit, the rods tend to align with the flow and ultimately disperse more due to their anisotropic diffusivities. Results from our Monte Carlo simulations of the particle dispersion are captured remarkably well by a simple theory inspired by Taylor's original work. For long times and large Peclet numbers, an effective one-dimensional transport equation is derived with integral expressions for the particles' longitudinal transport speed and dispersion coefficient. The enhanced dispersion coefficient can be collapsed along a single curve for particles of high aspect ratio, representing a simple correction factor that extends Taylor's original prediction to elongated particles.

## I. INTRODUCTION

Understanding the transport of particles in fluid flow has led to the development of novel particle separation techniques, mixing strategies, and lab-on-a-chip devices [1, 2]. In many practical cases of interest, the geometry of the particles themselves may be complex [3], and hence it is important to understand how their shape [4] influences their bulk transport. Herein, we study how the elongated shape of passive, rod-like Brownian particles affects their dispersion in a steady, two-dimensional Poiseuille flow.

In a seminal paper [5], Taylor quantified the dispersion of spherical solute particles subject to Poiseuille flow in a cylindrical pipe. In Taylor's original physical picture (see Figure 1), when a uniform patch of a solute is injected in a laminar flow, it spreads due to the combined effects of advection and diffusion. At early times, the solute patch mimics the shape of the parabolic flow profile, inducing lateral concentration gradients that drive net lateral transport by molecular diffusion. Ultimately, the shear flow enhances the spreading of the solute, a phenomenon now known as Taylor dispersion. Later, Aris expanded on Taylor's results in more rigorous mathematical detail using the method of moments, and thus this phenomenon is also frequently referred to as Taylor-Aris dispersion [6]. Perhaps the most complete mathematical treatment is due to Frankel & Brenner [7], who derived a generalized theory of Taylor-Aris dispersion. This robust framework has since been used to solve a wide class of dispersion problems, including the dispersion of active matter systems in shear flow [8–11]. Of most relevance to the present work, Peng and Brady studied the upstream swimming and dispersion of active Brownian particles in a two-dimensional Poiseuille flow with one degree of rotational freedom for spherical and rod-shaped particles, demonstrating enhancement of the dispersion factor for active Brownian particles due to their swimming (i.e. activity) [12]. Such an enhancement was observed experimentally for bacteria in porous media [13]. Elsewhere, the effect of channel geometry on the dispersion of passive tracers has been well-documented to control or enhance the dispersion properties [14–17], while the effect of the dispersion factor on pulsatile flow has also been documented [18, 19]. Previous studies have also focused on the Brownian motion of ellipsoidal [20, 21] and boomerang-shaped particles [22] in the absence of external flow. However, despite these advances, the effect of a passive particle's shape on dispersion in the presence of flow has received relatively little attention.

It is now well-known that confined rod-shaped particles or fibres have the tendency to migrate towards channel walls when subject to a background shear flow [23–27]. This effect was characterized by Nitsche & Hinch [28], who studied the lateral migration velocity and resultant distribution of rod-shaped particles in quasi-two-dimensional

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51 shear flow, assuming a uniform particle concentration in the longitudinal direction. In complement to this prior  
 52 work, we characterize the *longitudinal* transport properties of an initial concentration of confined Brownian rods in  
 53 two-dimensional Poiseuille flow, using both Monte Carlo simulations and theoretical considerations. The rods are non-  
 54 interacting Brownian tracers and modeled as elongated ellipsoids, neglecting any wall-based hydrodynamic effects.  
 55 Our study reveals and quantifies two main results: a reduced mean transport speed for the rods compared to the  
 56 mean speed of the fluid, and an enhanced rate of longitudinal dispersion compared to spherical particles.

57 As it pertains to the results presented herein, in the remainder of this section, we review Taylor's classical analysis  
 58 applied to spherical particles in two-dimensional Poiseuille flow [5], followed by a discussion of extra physical consid-  
 59 erations relevant for elongated particles. In §II, we describe our Monte Carlo method for calculating the dispersion  
 60 coefficient for ellipsoidal particles in a two-dimensional Poiseuille flow. We then turn to a simplified theoretical anal-  
 61 ysis in the spirit of Taylor's original calculation in §III, deriving semi-analytical expressions for the mean speed of the  
 62 particles and the dispersion coefficient, in excellent agreement with the Monte Carlo simulations. We conclude with  
 63 a summary of our results in §IV.

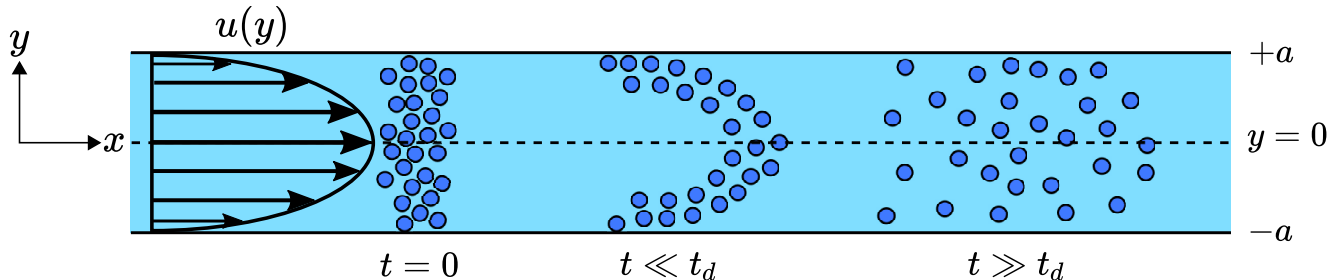


FIG. 1. Illustration of the classical Taylor dispersion process. At early times ( $t \ll t_d$ ) a plug of non-interacting Brownian tracer particles mimics the shape of the flow. The shear flow induces lateral concentration gradients that molecular diffusion tends to minimize. The overall effect at late times ( $t \gg t_d$ ) is an enhanced diffusive-like longitudinal spreading of particles as the solute patch is advected downstream at the mean speed of the fluid flow.

64 Consider a parallel plate channel separated by a distance of  $2a$  with a fully developed Poiseuille flow with a  
 65 maximum velocity of  $U$  at  $y = 0$ , as depicted in Figure 1. For isotropic solute particles with a characteristic diffusion  
 66 constant  $D$ , a diffusive time scale can be defined as  $t_d = a^2/D$ , which is the characteristic time for a solute particle  
 67 to travel from the center of the channel to the walls purely through molecular diffusion. There are two primary  
 68 mechanisms of particle transport in this problem, namely advection and diffusion, the relative importance of which  
 69 may be characterized by the Peclet number

$$70 \quad \text{Pe} = \frac{Ua}{D}. \quad (1)$$

71 For long times, specifically  $t \gg t_d$ , and large Pe (advection dominated), Taylor characterized the laterally averaged  
 72 concentration profile  $\mathcal{C}_m(x, t)$  with an effective dispersion constant  $\kappa_s$  that depends on the properties of the flow,  
 73 channel geometry, and particles [5]. Taylor's original calculation was performed for a circular pipe, but the same  
 74 analysis can be readily applied to describe dispersion in a two-dimensional channel (i.e. infinite parallel plates).  
 75 Non-dimensionalizing time using the diffusive time scale,  $t_d$ , and  $x$  and  $y$  with the half-width of the channel,  $a$ , the  
 76 dimensionless form of the laterally averaged transport equation for the two-dimensional channel is described by the  
 77 one-dimensional advection-diffusion equation

$$78 \quad \frac{\partial \mathcal{C}_m}{\partial t} + \frac{2}{3} \text{Pe} \frac{\partial \mathcal{C}_m}{\partial x} = \kappa_s \frac{\partial^2 \mathcal{C}_m}{\partial x^2}, \quad (2)$$

79 where the effective dispersion constant is

$$80 \quad \kappa_s = \frac{16}{945} \text{Pe}^2, \quad (3)$$

81 or, in dimensional form,

$$82 \quad \kappa'_s = D \kappa_s = \frac{16}{945} \frac{U^2 a^2}{D}. \quad (4)$$

When  $Pe \gg 1$ , equations (2) and (3) imply a significant increase in the longitudinal spreading rate resulting from the parallel shear flow. Relevant to more moderate Peclet numbers, Aris's rigorous expansion introduced a correction to the expression of the effective dispersion constant, which accounts for the additional contribution due to the presence of molecular diffusion in the longitudinal direction, specifically:

$$\kappa'_{s*} = D(\kappa_s + 1). \quad (5)$$

In the present study, we focus on the advection-dominated regime ( $Pe \gg 1$ ), coinciding with that originally considered by Taylor for spherical particles. We also note from equation (4) that the effective dispersion coefficient is in fact *inversely* related to the molecular diffusion constant of the particle. In Taylor's analysis, the contribution of molecular diffusion to the expression for the effective dispersion,  $\kappa_s$ , arises strictly from the lateral ( $y$ ) diffusion term in the advection-diffusion equation governing the concentration of particles. Thus, in scenarios where the diffusion may be anisotropic (for example, when the solute particles are non-spherical, or when their diffusivity depends on  $y$ ), the lateral diffusion coefficient,  $D_y$ , is the appropriate value to consider in such a scaling to estimate the effective dispersion constant. We will now discuss important quantities pertaining to ellipsoidal particles in a fluid.

The diffusion constants for an ellipsoidal particle constrained to translate and rotate in a plane follow from the Stokes-Einstein relation [20, 21, 29]. Rotational and translational diffusion for an ellipsoidal particle are decoupled due to its symmetry [30–32]. The translational diffusion constants  $D_{\parallel}$  and  $D_{\perp}$  for a prolate ellipsoid are labeled in Figure 2, and are given by [33, 34]

$$D_{\parallel} = \frac{k_b T}{16\pi\mu a_p} p \left[ -\frac{2p}{p^2 - 1} + \frac{2p^2 - 1}{(p^2 - 1)^{3/2}} \log \left( \frac{p + \sqrt{p^2 - 1}}{p - \sqrt{p^2 - 1}} \right) \right], \quad (6)$$

$$D_{\perp} = \frac{k_b T}{16\pi\mu a_p} p \left[ \frac{p}{p^2 - 1} + \frac{2p^2 - 3}{(p^2 - 1)^{3/2}} \log \left( p + \sqrt{p^2 - 1} \right) \right], \quad (7)$$

where  $k_b$  is Boltzmann's constant,  $T$  is temperature,  $p \equiv a_p/b_p$  is the ratio of the semi-major and semi-minor axes of the particle, and  $\mu$  is the dynamic viscosity. Note that for prolate ellipsoids,  $p > 1$ , and  $D_{\parallel} \rightarrow 2D_{\perp}$  in the "slender-body" limit  $p \rightarrow \infty$ . An orientationally averaged diffusivity can be computed as

$$\bar{D} = \frac{D_{\perp} + D_{\parallel}}{2}. \quad (8)$$

Figure 3(a) shows how  $D_{\perp}$  and  $D_{\parallel}$  depend on the aspect ratio. A particle diffuses more readily along its long axis than against it. The rotational diffusion constant is [35, 36]

$$D_{\theta} = \frac{3k_b T}{16\pi\mu a_p^3} \frac{p^4}{p^4 - 1} \left[ \frac{(2p^2 - 1) \log \left( p + \sqrt{p^2 - 1} \right)}{p\sqrt{p^2 - 1}} - 1 \right]. \quad (9)$$

Equations (6), (7) and, (9) are commonly used to study the Brownian motion of ellipsoids confined to one degree of rotational freedom [20, 21].

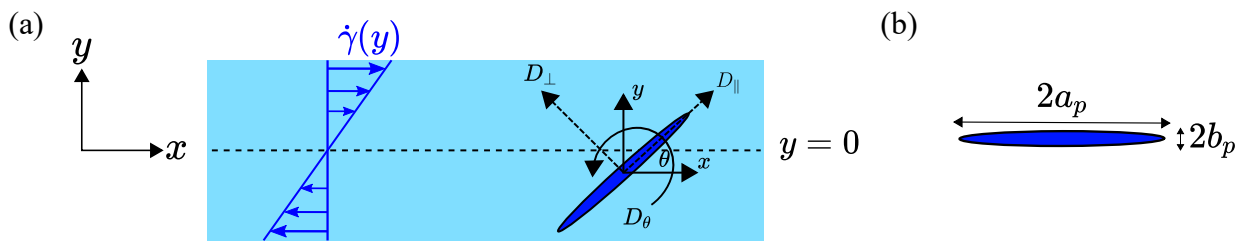


FIG. 2. (a) Zoomed in schematic of a channel with a shear rate  $\dot{\gamma}(y)$ . The figure also depicts the coordinate axes for each particle in the channel and its translational diffusivities along its perpendicular and parallel directions along with the rotational diffusivity. (b) The definition of the semi-major axis  $a_p$  and the semi-minor axis  $b_p$ .

Ellipsoidal particles rotate in a shear flow with a non-uniform rotational velocity in so-called Jeffery's orbits [37]. For a prolate spheroid confined to one degree of rotational freedom in the plane within a two-dimensional Stokes flow, the rotation rate  $\omega$  is a function of its angle  $\theta$  relative to the flow [38], specifically

$$\omega(\theta) = \dot{\gamma} \frac{p^2 \sin^2 \theta + \cos^2 \theta}{p^2 + 1}, \quad (10)$$

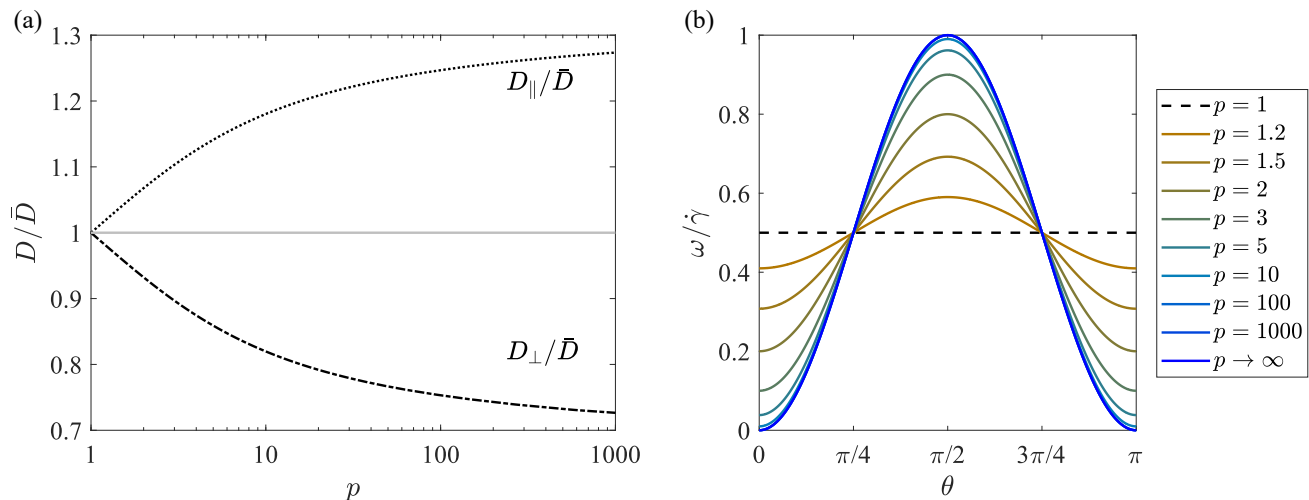


FIG. 3. (a) Plot of  $D_{\perp}/\bar{D}$  (dash-dotted curve) and  $D_{\parallel}/\bar{D}$  (dotted curve). (b) The rotation rate for different aspect ratios as a function of the angle  $\theta$  between the rod axis and the flow direction. In the absence of Brownian motion, the rods rotate the fastest when aligned normal to the direction of flow and rotate most slowly when aligned in the flow direction, spending more time in each revolution aligned with the flow.

117 where  $\dot{\gamma}$  is the local shear rate. Note in the slender-body limit ( $p \rightarrow \infty$ ), the expression of the rotation rate reduces  
 118 to  $\omega(\theta) = \dot{\gamma} \sin^2 \theta$ . Equation (10) is plotted in Figure 3(b), which shows that elongated particles ( $p > 1$ ) rotate fastest  
 119 along the direction of the flow and rotate slowest normal to the direction of flow. Therefore, rods tend to spend more  
 120 time aligned with the flow during a complete orbit. For a parabolic velocity profile, the shear rate is a linear function  
 121 across the channel with the largest magnitude at the walls, as depicted in Figure 2. The rotational degree of freedom  
 122 prompts us to define a rotational Peclet number

$$123 \quad \text{Pe}_r = \frac{U}{aD_{\theta}} \quad (11)$$

124 characterizing the ratio of the shear rate to rotational diffusion. For the case of a linear Couette shear flow, previous  
 125 work has focused on describing how weak Brownian motion affects the three-dimensional Jeffery orbits [39]. More  
 126 recent work has explored the purely rotational analog of Taylor dispersion in which shear leads to a higher dispersion  
 127 coefficient for rotation [40, 41]. As mentioned previously, for the case of a Poiseuille flow, ellipsoidal particles (unlike  
 128 spherical particles) are known to migrate to the channel walls due to anisotropic diffusivity and different alignments  
 129 at different local shear rates [23, 26–28].

## 131 II. MONTE CARLO SIMULATION

132 In this section, we model the dynamics of individual Brownian rods subject to a Poiseuille flow to deduce macroscopic  
 133 statistical quantities using Monte Carlo simulation. The results uncover the presence of an enhanced dispersion  
 134 for elongated particles and allow us to establish a simple physical picture for the phenomenon and its parametric  
 135 dependencies. The system is assumed to be in the dilute limit where particle-particle interactions are neglected.  
 136 We note the non-interacting assumption is only valid for sufficiently low particle concentrations, however the initial  
 137 particle density is continuously diluted as time progresses in the Taylor dispersion process. To illustrate the dilute  
 138 limit for a particular case, we consider the elongated Tobacco-Mosaic-Virus (TMV) whose major axis is  $a_p = 300$  nm  
 139 and minor axis is  $b_p = 20$  nm, corresponding to a particle aspect ratio of  $p = 15$ . The TMV is considered to be in  
 140 an isotropic phase when the volume fraction  $\Phi_s \lesssim 0.1$  [42], which, when appropriately converted, corresponds to a  
 141 concentration of approximately  $C \lesssim 0.1$  g/cm<sup>3</sup>.

### 142 A. Method

143 We employ a Monte Carlo method for simulating the statistics of the translational and rotational motion and for  
 144 computing the dispersion coefficient and mean speed of the particles for ellipsoidal particles in a two-dimensional

145 channel with Poiseuille flow defined by

$$146 \quad \mathbf{u}(y) = U \left[ 1 - \left( \frac{y}{a} \right)^2 \right] \hat{x} = u(y)\hat{x}. \quad (12)$$

147 We write the governing equations as stochastic differential equations since these equations directly correspond to  
148 our numerical approach (see also [15]), but our equations could equally well be written in Langevin form [20]. The  
149 translational displacements of the particle in the laboratory frame are given by

$$150 \quad dx = u(y(t))dt + \sqrt{2D_{\parallel}}dW_{\parallel} \cos \theta(t) - \sqrt{2D_{\perp}}dW_{\perp} \sin \theta(t) \quad (13)$$

$$151 \quad dy = \sqrt{2D_{\parallel}}dW_{\parallel} \sin \theta(t) + \sqrt{2D_{\perp}}dW_{\perp} \cos \theta(t). \quad (14)$$

152 The white noise increments  $dW_{\perp}$  and  $dW_{\parallel}$  have zero mean, variance  $dt$ , and are independent at different times.  
153 Similarly, the stochastic differential equation for the particle orientation is

$$154 \quad d\theta = \omega(y(t), \theta(t))dt + \sqrt{2D_{\theta}}dW_{\theta}, \quad (15)$$

155 with the rotational velocity given by equation (10) for the flow (12), namely

$$156 \quad \omega(y, \theta) = -2U \frac{y}{a^2} \frac{p^2 \sin^2 \theta + \cos^2 \theta}{p^2 + 1}, \quad (16)$$

157 and with zero mean, variance  $dt$ , and white noise  $dW_{\theta}$ .

158 We non-dimensionalize equations (12)–(16) via  $\tilde{\mathbf{x}} = \mathbf{x}/a$ ,  $\tilde{t} = t/t_d = t/(a^2/\bar{D})$ ,  $\tilde{u} = u/U$ ,  $\tilde{\omega} = \omega a/U$  and  $\tilde{D} = D/\bar{D}$ .  
159 Dropping the tildes, equations (13) and (15) become

$$160 \quad dx = \text{Pe} u(y(t)) dt + \sqrt{2D_{\parallel}}dW_{\parallel} \cos \theta(t) - \sqrt{2D_{\perp}}dW_{\perp} \sin \theta(t) \quad (17)$$

$$161 \quad dy = \sqrt{2D_{\parallel}}dW_{\parallel} \sin \theta(t) + \sqrt{2D_{\perp}}dW_{\perp} \cos \theta(t) \quad (18)$$

$$162 \quad d\theta = \text{Pe} \omega(y(t), \theta(t))dt + \sqrt{2 \frac{\text{Pe}}{\text{Pe}_r}}dW_{\theta}, \quad (19)$$

163 where  $\text{Pe} = Ua/\bar{D}$  (cf. equation (1)) and  $\text{Pe}_r = U/(aD_{\theta})$  (equation (11)). The initial condition for the simulation  
164 is  $n = 10^6$  particles uniformly distributed across  $y$  and across all orientations  $\theta$ , but with a Gaussian distribution  
165 in  $x$  of unit variance centered at  $x = 0$ . The particles are non-interacting and evolve independently. The boundary  
166 conditions at the walls are billiard-like. For a collision at a wall, the center-of-mass trajectory of a particle has an  
167 angle of incidence equal to the angle of reflection, and the orientation is assumed unchanged. The influence of this  
168 orientation collision condition in Monte Carlo simulation on the global long time statistics is examined in detail in  
169 Appendix A. To solve the governing equations for each particle, we use Euler time-stepping with a dimensionless  
170 time-step of  $dt = 4 \times 10^{-5}$ . Consequently, the typical magnitude of the white noise is therefore much less than the  
171 width of the channel, so that it is exceedingly rare for there to be more than one wall collision in a time step. Since the  
172 Monte Carlo evolution is implemented at each time step on all the particles, the code is parallelized over many CPUs  
173 to reduce computational time. The complete Monte Carlo simulation code is included as Supplemental Material.  
174 Although it is a slow method with a convergence rate that scales with  $1/\sqrt{n}$ , the gridless stochastic differential  
175 equation approach is convenient for combining and capturing all statistics [43–45].

176 We compute ensemble averages by carrying out  $r$  runs of the motion of the  $n$  particles. For the results reported  
177 here we take  $r = 100$ . The time-dependent mean and the variance of the  $x$  components of all  $n/r$  particles in a given  
178 run are calculated as

$$179 \quad \mu_i(t) = \frac{r}{n} \sum_{j=1}^{n/r} x_{i,j}(t) \quad \text{and} \quad \sigma_i^2(t) = \frac{r}{n} \sum_{j=1}^{n/r} (x_{i,j}(t) - \mu_i(t))^2 \quad (20)$$

180 and then these quantities are averaged over all runs yielding

$$181 \quad \bar{\mu}(t) = \frac{1}{r} \sum_{i=1}^r \mu_i(t) \quad \text{and} \quad \bar{\sigma}^2(t) = \frac{1}{r} \sum_{i=1}^r \left( \sigma_i^2(t) + (\mu_i(t) - \bar{\mu}(t))^2 \right). \quad (21)$$

182 When  $n \rightarrow \infty$ , the mean particle speed and dispersion coefficient are given by

$$183 \quad u_m = \left. \frac{d\bar{\mu}}{dt} \right|_{t \rightarrow \infty} \quad \text{and} \quad \kappa = \left. \frac{d\bar{\sigma}^2}{dt} \right|_{t \rightarrow \infty}, \quad (22)$$

184 respectively. In practice, there are transients in the dispersion that decay after a dimensionless time of approximately  
185  $0.25t_d$  [14, 15]. Therefore, to calculate the effective diffusivity, we fit the computed variance to an expression of the  
186 form

$$187 \quad \sigma^2(t) = s - a_1(1 - e^{-a_2 t}) + \kappa t, \quad (23)$$

188 using a least-squares method, where  $s = 1$  is the initial variance in  $x$ . Likewise, we fit the mean speed of the particles  
189 to

$$190 \quad \mu(t) = b_0 + b_1 e^{-b_2 t} + u_m t, \quad (24)$$

191 to find the mean speed  $u_m$  at long times.

192

## B. Results

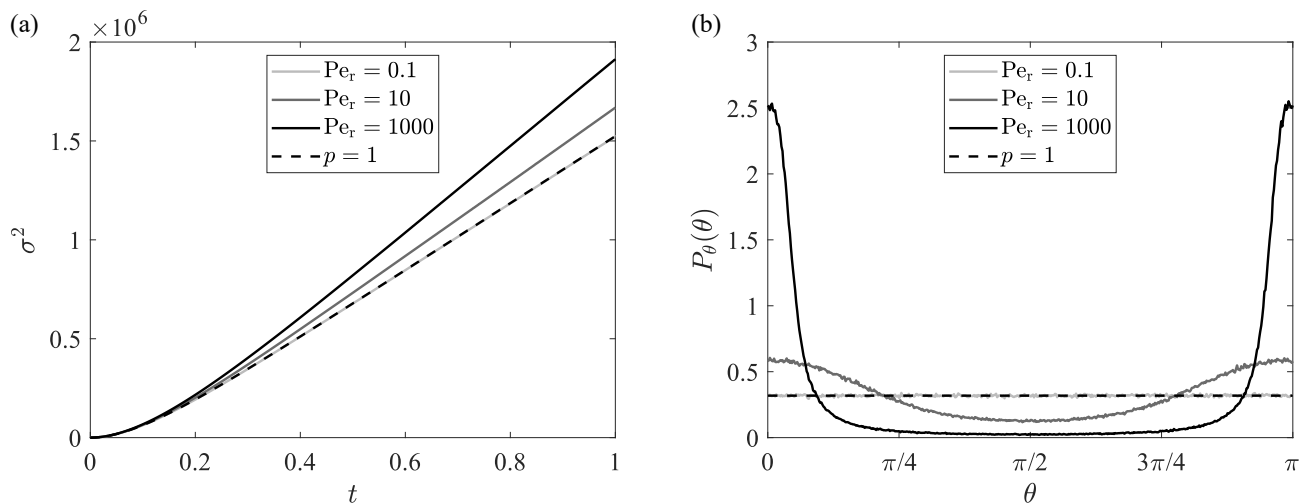


FIG. 4. (a) Monte Carlo results for the variance of the  $x$ -position of ellipsoidal particles ( $p = 1000$ ) and spherical particles at  $Pe = 10^4$  for different  $Pe_r$  as a function of dimensionless time. The rods disperse along  $x$  like spheres when rotational Brownian motion dominates ( $Pe_r \ll 1$ ). The dispersion of rods is larger when shear dominates ( $Pe_r \gg 1$ ), i.e., when the rods' orientations follow Jeffery orbits. The complete theoretical prediction for the variance of spherical particles in a two-dimensional channel has been reported previously and is also shown here for comparison (dashed line) [16]. (b) Monte Carlo results for the orientational distribution  $P_\theta(\theta)$  for particles over the channel's length. The rods spend more time aligned with the flow direction when  $Pe_r \gg 1$ .

193 In Taylor's original picture, flow enhances spreading due to differences in the flow speed across the channel. Our  
194 simulations reveal that this enhancement is, in fact, *increased* for rod-like particles, as shown in Figure 4(a). Physi-  
195 cally, spherical particles rotate uniformly in shear. However, rod-like particles have a non-uniform rotation rate  
196 (Figure 3(b)), and thus spend more time aligned with the flow than perpendicular to the flow. This alignment effect  
198 becomes stronger as the rotational Peclet number,  $Pe_r$ , increases (see Figure 4(b)). For small values of  $Pe_r$ , the rod  
199 shaped particles rotate randomly and spread identically to spherical particles. As the shear rate increases, the strong  
200 alignment in the direction of the flow causes the perpendicular "side" of the particles (which has a lower diffusivity  
201 than spherical particles) to diffuse across the shear layers. We can be somewhat more quantitative by noting that  
202 the effective lateral diffusivity  $D_y$  (defined more precisely in the next section) is smaller for rods than spheres. Thus,  
203 since we expect  $\kappa' \propto U^2 a^2 / D_y$ , and since  $\kappa'_s \propto U^2 a^2 / D$ , we have

$$204 \quad \frac{\kappa}{\kappa_s} = \frac{\kappa'}{\kappa'_s} \sim \frac{D}{D_y}. \quad (25)$$

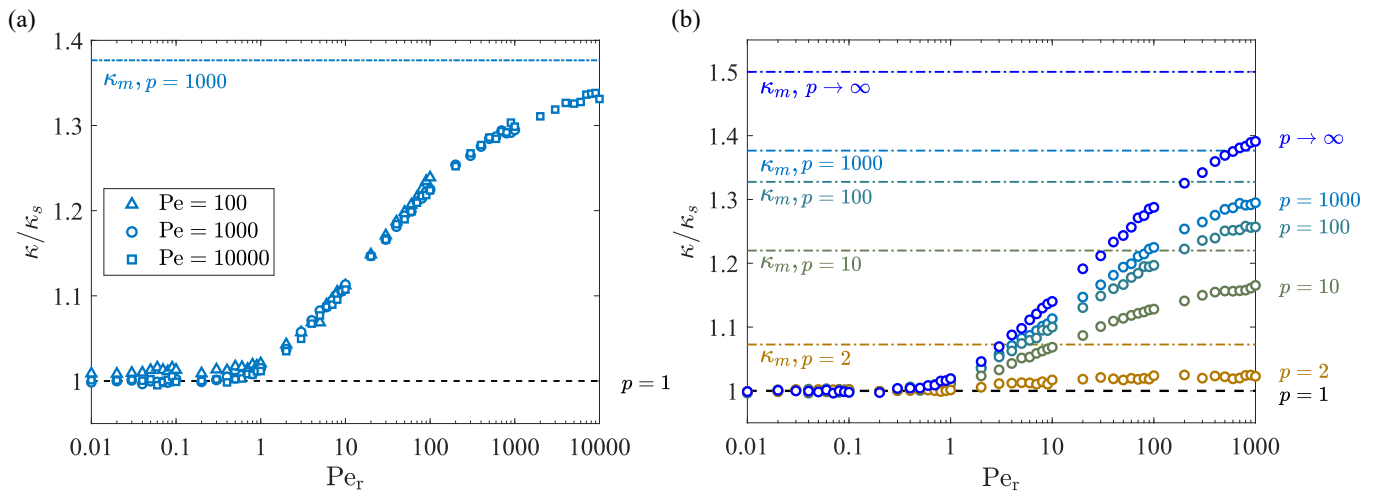


FIG. 5. (a) Effective diffusivity  $\kappa$  of rod shaped particles, normalized by the effective diffusivity for spheres, as a function of  $Pe_r$  for various values of  $Pe$ . The triangles represent Monte Carlo simulations for  $Pe = 100$ , the circles represent  $Pe = 1000$ , and the squares represent  $Pe = 10000$ . (b) Variation of normalized effective diffusivity with aspect ratio  $p$ . In both panels, the dash-dotted line represents the maximum theoretical value of dispersion for the corresponding aspect ratio. The maximum possible dispersion constant is estimated when all rod shaped particles are aligned in the direction of the flow and is defined as per equation (26).

Our Monte Carlo results for the effective diffusivity are shown as a function of rotational Peclet number in Figure 5 for various values of the Peclet number (Figure 5(a)) and aspect ratio (Figure 5(b)). Since all of the curves collapse in Figure 5(a), we can conclude that the  $Pe^2$  scaling holds for rod-shaped particles at  $Pe \gtrsim 100$ , as is the case for spherical particles (equation (3)). Figure 5(b) demonstrates that at low  $Pe_r$ , rod shaped particles behave like spherical particles as rotational diffusion dominates, and the rods are oriented randomly. Furthermore, as the  $Pe_r$  increases, we see the rods tend to align themselves in the direction of the flow due to their Jeffery's orbit and ultimately spread more. Rods with larger aspect ratios have a stronger alignment and a lower perpendicular diffusion constant ( $D_\perp$ ), and thus spread more.

For a given set of parameters, the maximum possible value of dispersion anticipated,  $\kappa_m$ , can be estimated by simply assuming all of the particles maintain perfect alignment with the flow. Thus  $D_y = D_\perp$  and

$$\frac{\kappa_m}{\kappa_s} = \frac{\bar{D}}{D_\perp}. \quad (26)$$

The ratio  $\kappa_m/\kappa_s$  depends solely on the aspect ratio of the rod,  $p$ , and increases monotonically from  $\kappa_m/\kappa_s = 1$  when  $p = 1$  (spherical particle) to  $\kappa_m/\kappa_s = 3/2$  as  $p \rightarrow \infty$  (slender body limit). Figure 6 shows the maximum possible dispersion as a function of the aspect ratio and allows us to define a region where we expect to find values of  $\kappa$  in practice.

We note that the results of the Monte Carlo simulations presented here only make physical sense for  $Pe_r < Pe$ , as we now describe. The ratio of  $Pe_r = U/aD_\theta$  and  $Pe = Ua/\bar{D}$  is the ratio of the rotational and translational diffusive time scales

$$\frac{Pe_r}{Pe} = \frac{\bar{D}}{a^2 D_\theta} \sim \frac{a_p^2}{a^2} \ll 1. \quad (27)$$

Since we focus on the physically relevant regime where  $a_p \ll a$ , this condition suggests restricting our attention to  $Pe_r \ll Pe$ , a fact we will exploit in the following section to derive semi-analytical expressions for the dispersion coefficient,  $\kappa$ , and mean particle speed,  $u_m$ . For example, an elongated TMV particle with  $a_p = 300$  nm and  $p = 15$  in a channel with  $a = 2$   $\mu$ m flowing in water with a velocity  $U = 1$  mm/s, will have  $Pe_r = 10$  and  $Pe = 750$ , and is therefore likely to exhibit enhanced dispersion.

### III. THEORETICAL ANALYSIS

In this section, we generalize Taylor's continuum analysis of the dispersion of spherical particles in a shear flow to ellipsoidal particles. We write the Fokker-Planck equation for the probability density function for the particles'



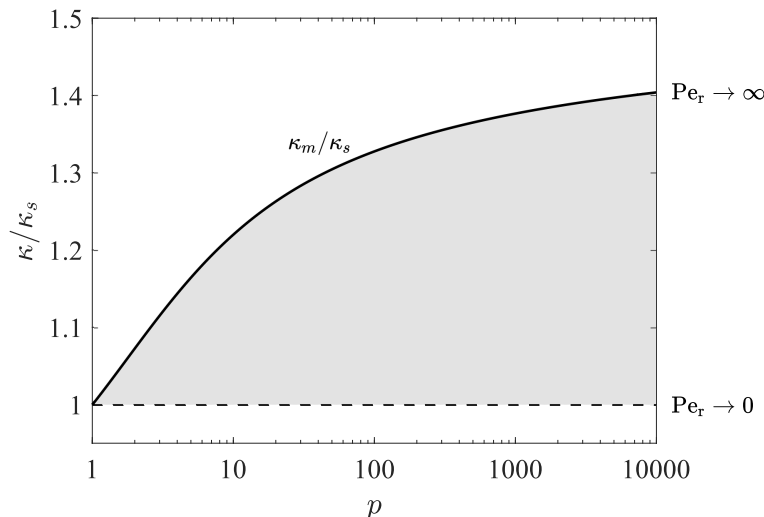


FIG. 6. The maximum possible dispersion  $\kappa_m$  normalized by  $\kappa_s$  as a function of aspect ratio  $p$ . The shaded area corresponds to the region of possible values of  $\kappa/\kappa_s$  for all  $p$  and  $\text{Pe}_r$ .

233 positions and orientations. We then use an asymptotic analysis to determine an effective one-dimensional transport  
 234 equation with an effective dispersion coefficient and the longitudinal transport speed analogous to equation (2). We  
 235 note that alternative analytical approaches could be employed to arrive at similar quantities of interest [7, 10]. In the  
 236 present work, we restrict our attention to the physically relevant regime where  $\text{Pe}_r \ll \text{Pe}$  which facilitates a simpler  
 237 analysis in the spirit of Taylor's original calculation, while still demonstrating excellent quantitative agreement with  
 238 the full Monte Carlo simulation.

### 239 A. Conservation equation: the Fokker-Planck model

240 We define the probability distribution by  $P(\mathbf{x}, \theta, t) = \mathcal{C}(\mathbf{x}, \theta, t)/N$ , where  $\mathcal{C}(\mathbf{x}, \theta, t)\Delta x\Delta y\Delta\theta$  gives the number of  
 241 solute particles in a small region of dimensions  $\Delta x\Delta y\Delta\theta$  about  $(x, y, \theta)$  at time  $t$ , and  $N$  is the total number of  
 242 particles. Conservation of particles implies the probability distribution obeys the Fokker-Planck equation

$$243 \quad \frac{\partial P}{\partial t} + \nabla \cdot \mathbf{J} + \frac{\partial}{\partial \theta} J_\theta = 0, \quad (28)$$

244 where the translational flux is  $\mathbf{J}$  and the rotational flux is  $J_\theta$ . Each of these fluxes has contributions from both  
 245 advection and diffusion:

$$246 \quad \mathbf{J} = \mathbf{u}P - \mathbf{D} \cdot \nabla P, \quad \text{and} \quad J_\theta = \omega P - D_\theta \frac{\partial P}{\partial \theta}, \quad (29)$$

247 with  $\mathbf{u}$  given by the flow in equation (12), and  $\omega$  given by the rotation rate of the Jeffery orbit in equation (10). The  
 248 diffusion tensor  $\mathbf{D}$  is given by [46]

$$249 \quad \mathbf{D}(\theta) = \mathbf{e} \mathbf{e} D_{\parallel} + (\mathbf{I} - \mathbf{e} \mathbf{e}) D_{\perp}, \quad (30)$$

250 where  $\mathbf{e} = \cos \theta \mathbf{e}_x + \sin \theta \mathbf{e}_y$ . In the  $xy$  (laboratory) basis, the components of the translational diffusion tensor are

$$251 \quad \begin{bmatrix} D_{xx}(\theta) & D_{xy}(\theta) \\ D_{xy}(\theta) & D_{yy}(\theta) \end{bmatrix} = \begin{bmatrix} D_{\parallel} \cos^2 \theta + D_{\perp} \sin^2 \theta & (D_{\parallel} - D_{\perp}) \sin \theta \cos \theta \\ (D_{\parallel} - D_{\perp}) \sin \theta \cos \theta & D_{\parallel} \sin^2 \theta + D_{\perp} \cos^2 \theta \end{bmatrix}. \quad (31)$$

252 Thus, the conservation equation (28) can be written as

$$253 \quad \frac{\partial P}{\partial t} = -u(y) \frac{\partial P}{\partial x} + D_{xx}(\theta) \frac{\partial^2 P}{\partial x^2} + 2D_{xy}(\theta) \frac{\partial^2 P}{\partial x \partial y} + D_{yy}(\theta) \frac{\partial^2 P}{\partial y^2} + D_\theta \frac{\partial^2 P}{\partial \theta^2} - \frac{\partial}{\partial \theta} [\omega(y, \theta) P]. \quad (32)$$

254 The symmetry of the rod-shaped particles makes the probability distribution periodic in  $\theta$ , with  $P(\mathbf{x}, \theta + \pi, t) =$   
 255  $P(\mathbf{x}, \theta, t)$ . We also demand no-flux boundary condition at the walls [28, 47], hence

$$256 \quad (\mathbf{J} \cdot \hat{y}) = D_{xy}(\theta) \frac{\partial P}{\partial x} + D_{yy}(\theta) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm a. \quad (33)$$

257 We consider dispersion of solute relative to a frame traveling with an *a priori* unknown mean particle speed  $u_m$ ,  
 prompting the change of variables  $X = x - u_m t$ . In classical Taylor dispersion for spherical particles,  $u_m$  coincides  
 with the mean speed of the flow, specifically  $u_m = 2U/3$ . In preparation for the asymptotic procedure outlined in  
 §III B, equations (32) and (33) in the Lagrangian frame are non-dimensionalized *via* the following scalings (as in the  
 Monte Carlo):

$$t = \frac{a^2}{D} \hat{t}, \quad u = U \hat{u}, \quad D_{ij} = \bar{D} \hat{D}_{ij}, \quad (X, y) = a(\hat{X}, \hat{y}), \quad \omega = \frac{U}{a} \hat{\omega}.$$

258 Employing these scalings leads to the dimensionless conservation equation

$$259 \quad \varepsilon \frac{\partial P}{\partial \hat{t}} = -\text{Pe}_r(\hat{u}(\hat{y}) - \hat{u}_m) \frac{\partial P}{\partial \hat{X}} + \varepsilon \hat{D}_{xx}(\theta) \frac{\partial^2 P}{\partial \hat{X}^2} + 2\varepsilon \hat{D}_{xy}(\theta) \frac{\partial^2 P}{\partial \hat{X} \partial \hat{y}} + \varepsilon \hat{D}_{yy}(\theta) \frac{\partial^2 P}{\partial \hat{y}^2} + \frac{\partial^2 P}{\partial \theta^2} - \text{Pe}_r \frac{\partial}{\partial \theta} [\omega(\hat{y}, \theta) P] \quad (34a)$$

260 and zero-flux boundary condition

$$261 \quad \varepsilon \hat{D}_{xy}(\theta) \frac{\partial P}{\partial \hat{X}} + \hat{D}_{yy}(\theta) \frac{\partial P}{\partial \hat{y}} = 0 \quad \text{at} \quad \hat{y} = \pm 1, \quad (34b)$$

262 where we have defined  $\varepsilon = \text{Pe}_r/\text{Pe} \ll 1$ , consistent with the physically relevant regime (27). Recall that our focus in the  
 263 present work is on Taylor's regime wherein  $\text{Pe} \gg 1$ . Henceforth, we drop the hat decorations denoting dimensionless  
 264 quantities to reduce clutter.

## 265 B. The dispersion coefficient and mean particle speed

266 Our goal is to derive an effective transport equation for long times, analogous to equation (2), for the particle  
 267 concentration valid long after transverse diffusion has spread the solute across the width of the channel. Taylor's  
 268 original result [5] similarly describes the concentration evolution in long time, specifically after the dispersing plug's  
 269 length is much larger than  $Ut_d = a \text{Pe}$ . Consistent with Taylor's condition and our assumptions hitherto, we introduce  
 270 the slow space variable  $\xi = \varepsilon^2 X$  for our modified Taylor dispersion analysis. Our Monte Carlo simulations indicate  
 271 an enhanced dispersion factor that scales with  $\text{Pe}^2$  (as in classical Taylor dispersion) and when combined with the  
 272 selected slow space variable scaling, suggest a long time scale  $T = \varepsilon^2 t$ . Finally, we observe that (34a) suggests that the  
 273 timescales for the different relaxation processes are well-separated when  $\varepsilon \ll 1$  and  $\text{Pe}_r = \mathcal{O}(1)$ , with the orientational  
 274 dynamics occurring most rapidly. In the long-time regime considered here, we assume that these rotational degrees  
 275 of freedom have relaxed to their steady-state values [28]. Amalgamating these considerations suggests that we seek  
 276 solutions of the form

$$277 \quad P(x, y, \theta, t) = \frac{1}{N} g(\theta; y) \mathcal{C}(\xi, y, T), \quad (35)$$

278 where  $g$  represents the orientational distribution of the particles at each shear layer,  $y$ , and  $\mathcal{C}$  is the net concentration  
 279 of particles at position  $(\xi, y)$ . We then expand the concentration,  $\mathcal{C}$ , and unknown mean particle speed,  $u_m$ , in powers  
 280 of  $\varepsilon$  as follows

$$281 \quad \mathcal{C}(\xi, y, T) = \mathcal{C}^{(0)}(\xi, y, T) + \varepsilon \mathcal{C}^{(1)}(\xi, y, T) + \varepsilon^2 \mathcal{C}^{(2)}(\xi, y, T) + \mathcal{O}(\varepsilon^3), \quad u_m = u_m^{(0)} + \varepsilon u_m^{(1)} + \mathcal{O}(\varepsilon^2). \quad (36)$$

282 After inserting the expansions (36) into equations (34) and gathering like powers of  $\varepsilon$ , at leading order we find the  
 283 following periodic boundary-value problem for  $g$ :

$$284 \quad \frac{\partial^2 g}{\partial \theta^2} - \text{Pe}_r \frac{\partial}{\partial \theta} (\omega(y, \theta) g) = 0, \quad \int_0^{2\pi} g \, d\theta = \langle g \rangle = 1, \quad (37)$$

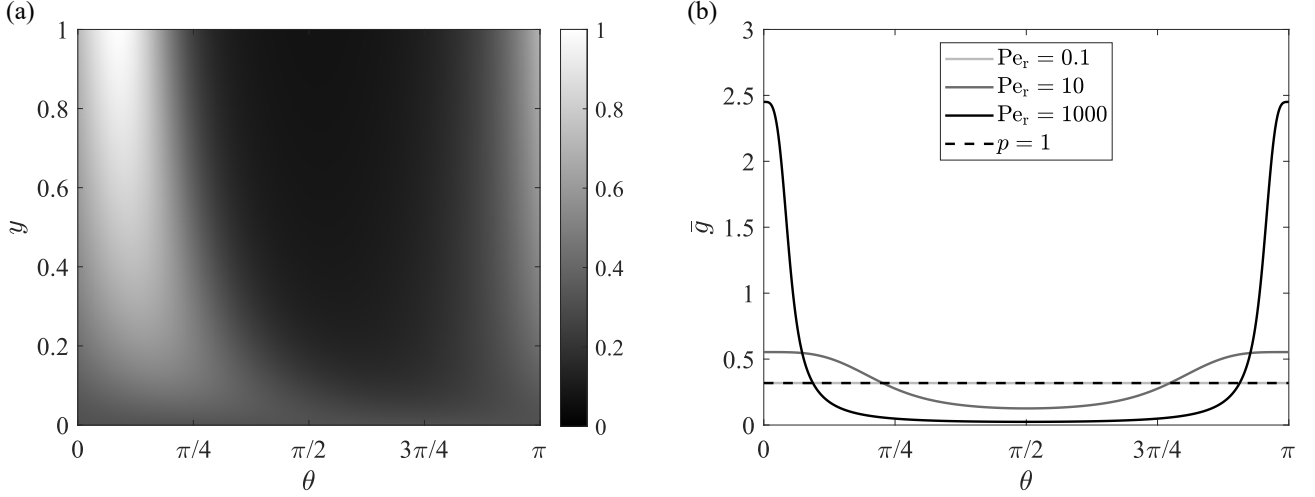


FIG. 7. (a) Plot of the orientational distribution,  $g(\theta; y)$ , for  $Pe_r = 10$  and (b) plots of  $\bar{g}$  versus the orientation angle,  $\theta$ , for several values of  $Pe_r$ . When  $Pe_r$  is small and rotational Brownian motion dominates, the orientational distribution of the particles is approximately uniform; the particles have a greater propensity to align themselves with flow as  $Pe_r$  increases. The laterally averaged orientational distribution compares well with the particles distribution from Monte Carlo simulations as seen in Figure 4(b). In both (a) and (b), we choose  $p = 1000$ , while the form of the rotation rate,  $\omega$ , allows us to restrict our plotting domain to  $0 \leq \theta \leq \pi$ .

285 which is solved using a truncated Fourier series of the form [28]

$$286 \quad g = \frac{1}{2\pi} + \sum_{n=1}^M \{a_n(y) \cos(2n\theta) + b_n(y) \sin(2n\theta)\}. \quad (38)$$

287 To solve for the Fourier coefficients  $a_n(y)$  and  $b_n(y)$ , we insert the Fourier series (38) into equation (37), imposing the  
 288 differential equation at every point  $\theta_i = \pi i/I$  where  $i = 1, \dots, I$ . The result is an overdetermined, linear system of  
 289 dimension  $I \times 2M$ . For each value of  $y_k = -1 + 2k/K$  where  $k = 0, \dots, K$ , the solution vector containing the Fourier  
 290 coefficients was found by a standard QR least-squares algorithm in MATLAB [48]. For the computations reported  
 291 here, we take  $I = 501$ ,  $M = 100$ , and  $K = 1001$ , providing more-than-sufficient accuracy for all values of  $Pe_r$  reported  
 292 here.

293 In Figure 7, we plot both the orientational distribution,  $g$ , for varying  $y$  and the laterally averaged orientational  
 294 distribution

$$295 \quad \bar{g} = \frac{1}{2} \int_{-1}^1 g \, dy \quad (39)$$

296 for several values of the rotational Peclet number,  $Pe_r$ . We observe that as we move from a Brownian motion to  
 297 shear-dominated regime (increasing  $Pe_r$ ), the particles have a propensity to align themselves with the flow direction,  
 298 a feature quantitatively consistent with the results of our Monte Carlo simulations shown in Figure 4. Indeed, as  
 299  $Pe_r \rightarrow \infty$ , the solution to (37) develops a boundary layer near  $\theta = 0$ , although this limit technically violates the  
 300 assumptions under which the present asymptotic analysis is valid.

302 Proceeding to  $\mathcal{O}(\varepsilon)$ , equation (34a) yields

$$303 \quad \frac{\partial}{\partial y} \left( D_{yy} g \frac{\partial \mathcal{C}^{(0)}}{\partial y} + D_{yy} \frac{\partial g}{\partial y} \mathcal{C}^{(0)} \right) = 0. \quad (40)$$

304 After averaging equation (40) over particle orientations, we find the following steady advection-diffusion equation

$$305 \quad \frac{\partial}{\partial y} \left( D_y(y) \frac{\partial \mathcal{C}^{(0)}}{\partial y} + v_d(y) \mathcal{C}^{(0)} \right) = 0, \quad (41)$$

where the flux term on the left-hand side of (41) consists of an orientationally averaged lateral diffusion coefficient and migration velocity

$$D_y(y) = \langle D_{yy}g \rangle \quad \text{and} \quad v_d(y) = \left\langle D_{yy} \frac{\partial g}{\partial y} \right\rangle = \frac{\partial D_y}{\partial y}, \quad (42)$$

respectively [28]. Hence, the solution of the advection-diffusion equation (41) is of the form

$$\mathcal{C}^{(0)}(\xi, y, T) = \mathcal{C}_m(\xi, T)/D_y. \quad (43)$$

The brace notation in (42) is the same as that used in equation (37) to denote the orientational average of the contained quantity. Due to the form of  $D_{yy}(\theta)$  given by equation (31),  $D_y$  can be expressed as a Fourier sine series of the form

$$D_y = \frac{1}{2} + a_2(y) \frac{\zeta\pi}{2} - \sum_{n,\text{odd}} \frac{2a_n(y)}{n(n^2-4)} (n^2(\zeta-1)+4) \sin\left(\frac{n\pi}{2}\right) \quad \text{where} \quad \zeta = \frac{D_\perp - D_\parallel}{D_\perp + D_\parallel}. \quad (44)$$

Figure 8(a) shows how the preferential alignment in regions of high shear near the wall reduces the lateral diffusion coefficient, in contrast to the center of the channel where they behave like spherical particles. As shown in Figure 8(b), particles near the center of the channel ( $y = 0$ ) migrate towards regions of high shear ( $y = \pm 1$ ) with a migration velocity  $v_d$ . Simultaneously, the particles close to channel walls diffuse less strongly back into the bulk as shown in Figure 8(a).

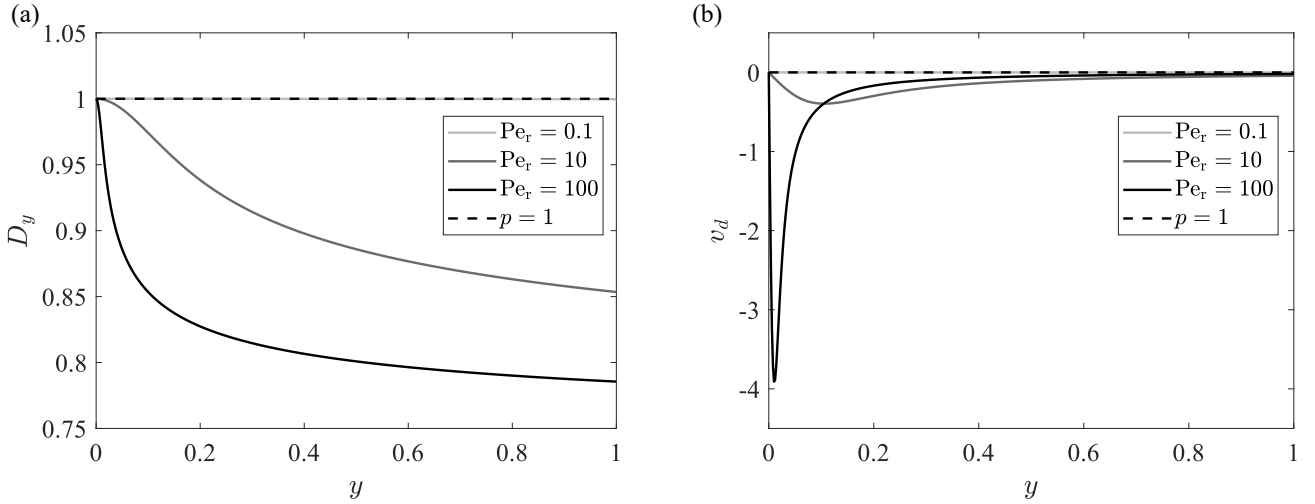


FIG. 8. Plots of (a) the orientationally averaged lateral diffusion coefficient,  $D_y$ , and (b) the lateral migration velocity,  $v_d$ , for  $p = 1000$  as a function of the position along the width of the channel. As we move from a Brownian motion ( $Pe_r \ll 1$ ) to a shear dominated regime ( $Pe_r \gg 1$ ), the particles migrate more strongly from  $y = 0$  to the channel walls, where they simultaneously experience lower diffusion back into the bulk.

After averaging over particle orientations once more and using equation (43), at  $\mathcal{O}(\varepsilon^2)$  we find from equation (34a)

$$-D_y^{-1} Pe_r (u - u_m^{(0)}) \frac{\partial \mathcal{C}_m}{\partial \xi} + \frac{\partial^2}{\partial y^2} (D_y \mathcal{C}^{(1)}) = 0 \quad (45a)$$

and, from equation (34b), the corresponding boundary condition

$$\frac{\partial}{\partial y} (D_y \mathcal{C}^{(1)}) = 0 \quad \text{at} \quad y = \pm 1. \quad (45b)$$

We obtain an expression for the leading-order mean particle speed,  $u_m^{(0)}$ , by first taking the lateral average of equation (45a) and then by demanding that the advective flux vanishes in the traveling frame,  $\xi$ . Hence, we find that

$$u_m^{(0)} = \frac{\overline{D_y^{-1} u(y)}}{\overline{D_y^{-1}}}, \quad (46)$$

where the bar notation denotes the lateral average, as was introduced in equation (39). Finally, integrating (45a) subject to the boundary condition (45b), we find

$$\mathcal{C}^{(1)} = \text{Pe}_r D_y^{-1} G(y) \frac{\partial \mathcal{C}_p}{\partial \xi} \quad \text{where} \quad G(y) = \int_{-1}^y dz \left\{ \int_{-1}^z D_y^{-1}(y') (u(y') - u_m^{(0)}) dy' \right\}. \quad (47)$$

At  $\mathcal{O}(\varepsilon^3)$ , equation (34a) averaged over particle orientations gives

$$D_y^{-1} \frac{\partial \mathcal{C}_m}{\partial T} = -\text{Pe}_r^2 D_y^{-1} (u - u_m^{(0)}) G(y) \frac{\partial^2 \mathcal{C}_m}{\partial \xi^2} + D_y^{-1} \text{Pe}_r u_m^{(1)} \frac{\partial \mathcal{C}_m}{\partial \xi} + 2 \frac{\partial}{\partial y} \left( \frac{\langle D_{xy} g \rangle}{D_y} \right) \frac{\partial \mathcal{C}_m}{\partial \xi} + \frac{\partial^2}{\partial y^2} (D_y \mathcal{C}^{(2)}), \quad (48a)$$

where we have substituted equations (43) and (47) for  $\mathcal{C}^{(0)}$  and  $\mathcal{C}^{(1)}$ , respectively. The boundary condition (34b) averaged over particle orientations is

$$\frac{1}{D_y} \langle g D_{xy} \rangle \frac{\partial \mathcal{C}_m}{\partial \xi} + \frac{\partial (D_y \mathcal{C}^{(2)})}{\partial y} = 0 \quad \text{at} \quad y = \pm 1. \quad (48b)$$

After taking the lateral average of equation (48a), using the boundary condition (48b), and choosing

$$u_m^{(1)} = -\frac{1}{2\text{Pe}_r D_y^{-1}} [D_y^{-1} \langle D_{xy} g \rangle]_{y=\pm 1} \quad (49)$$

so as to again nullify the advective flux, we find

$$\frac{\partial \mathcal{C}_m}{\partial T} = \kappa \text{Pe}_r^2 \frac{\partial^2 \mathcal{C}_m}{\partial \xi^2} \quad (50)$$

where

$$\kappa = -\frac{D_y^{-1} G(u - u_m^{(0)})}{D_y^{-1}} \quad (51)$$

is the *effective dispersion coefficient*.

Finally, after returning to the laboratory frame  $(x, t)$ , we obtain

$$\frac{\partial \mathcal{C}_m}{\partial t} + \text{Pe} u_m \frac{\partial \mathcal{C}_m}{\partial x} = \kappa \text{Pe}^2 \frac{\partial^2 \mathcal{C}_m}{\partial x^2}, \quad (52)$$

where the mean speed particle speed,  $u_m$ , is

$$u_m = \frac{D_y^{-1} u(y)}{D_y^{-1}} - \frac{1}{2\text{Pe} D_y^{-1}} [D_y^{-1} \langle D_{xy} g \rangle]_{y=\pm 1}. \quad (53)$$

In this final step, we have arrived at the sought-after effective transport equation, analogous to equation (2), for ellipsoidal particles. We note that for spherical particles, where  $p = D_y = 1$ , we find that  $u_m = 2/3$  and  $\kappa = 16/945$ , the latter consistent with equation (3).

As shown in Figure 9(a), even for elongated particles ( $p > 1$ ), the mean speed of the particles is approximately the mean speed of the flow ( $u_m \approx 2/3$ ) when  $\text{Pe}_r \ll 1$ . As  $\text{Pe}_r$  is increased, the particles migrate towards the channel walls where the local fluid velocity is smaller. The different orientational distributions at each shear layer cause the particles to have different local  $D_y$  values which is balanced by a net lateral migration velocity, as seen in Figure 8. There is a local minimum in the mean speed of the particles around  $\text{Pe}_r \approx 10$ , as seen in Figure 9. Beyond  $\text{Pe}_r \gtrsim 10$ , the orientational distributions are quite similar at each shear layer away from the center of the channel making the local diffusion constant  $D_y$  very similar across  $y$ . As a result, the overall lateral migration is actually smaller for large values of  $\text{Pe}_r$ .

Figure 9 demonstrates that the theoretical predictions and the Monte Carlo simulations show excellent agreement. Furthermore, in Figure 10, by normalizing the dispersion factor  $\kappa$  with respect to its maximum possible value  $\kappa_m$  and minimum possible value  $\kappa_s$ , the curves for different  $p$  approximately collapse along one master curve. As  $p$  decreases from approximately 10 to 1, the results diverge from the master curve and approach the flat line corresponding to Taylor's case of  $p = 1$ . This observation suggests that in the limit of large  $p$  and large  $\text{Pe}$ , the asymptotic dispersion coefficient for elongated particles can be captured by a single curve, which depends only on  $\text{Pe}_r$ . This curve ultimately may serve as a simple and accessible correction factor to extend Taylor's result to the case of highly elongated rods.

The same asymptotic calculation can be readily extended to the more general case when the rods are not confined to rotate strictly in the  $xy$ -plane, and is presented in Appendix B. While the quantitative results differ, the tendency for the particles to align with the flow results in an enhanced dispersion via the same underlying physical mechanism.

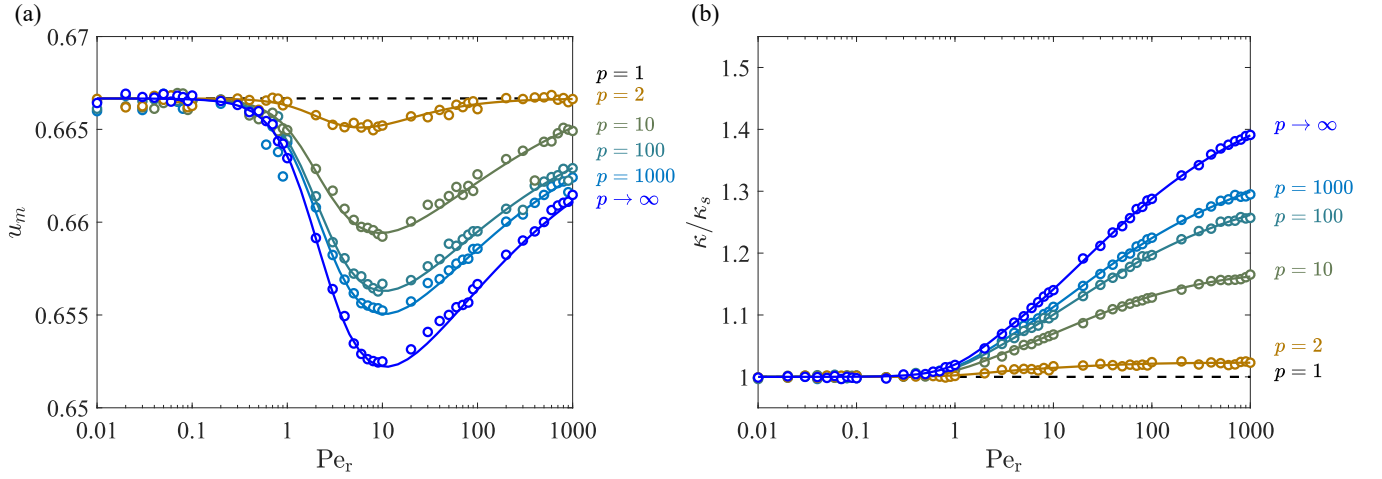


FIG. 9. Plots of (a) the mean speed of the particles,  $u_m$ , and (b) the effective dispersion coefficient,  $\kappa$ , as a function of  $Pe_r$  for different aspect ratios,  $p$  at  $Pe = 1000$ . Circles are the results of our Monte Carlo simulations; solid lines are the theoretical predictions of  $\kappa$  and  $u_m$  given by equations (51) and (53), respectively.

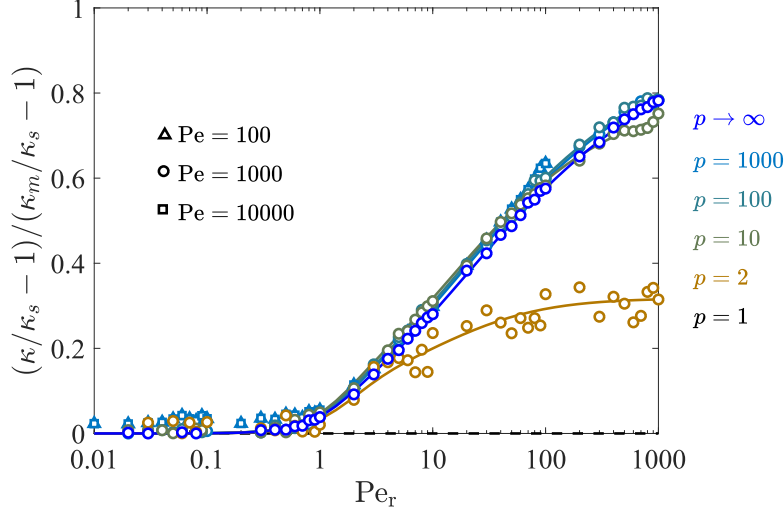


FIG. 10. The fraction of the maximum possible dispersion enhancement achieved for a rod of aspect ratio  $p$  as a function of the rotational Peclet number  $Pe_r$ . The data approximately collapses along a single curve for  $p \gtrsim 10$ .

370

#### IV. CONCLUSION

371 In this study, we have examined the dispersion factor of elongated rods in a two-dimensional pressure-driven  
 372 shear flow at high Peclet number using Monte Carlo simulation and a simplified Taylor dispersion theory. For low  
 373 rotational Peclet number, where rotational diffusion dominates rotational advection, the rods behave identically to  
 374 spherical particles with similar values of the dispersion constant and mean particle speed. As the rotational Peclet  
 375 number increases, the shear induced rotation starts dominating rotational diffusion and the rods align themselves more  
 376 (on average) in the direction of the flow. This alignment effect makes it more difficult for them to diffuse across the  
 377 streamlines as compared to spherical particles. This reduced lateral diffusion directly results in an enhanced spreading  
 378 of particles longitudinally, characterized by a larger value of the dispersion factor, as is demonstrated in Monte Carlo  
 379 simulations and quantitatively captured by a simplified model inspired by Taylor's original work. Furthermore, the  
 380 same theory allows us to characterize the mean speed of the particles, which always remains below the mean speed  
 381 of the flow, and exhibits a distinct minimum as the rotational Peclet number is varied. Our work reveals both when  
 382 the non-spherical shape of the particle has an appreciable influence on the bulk dispersion properties as well as the  
 383 conditions under which an elongated particle can be safely approximated as spherical (isotropic) in application.

384 The present study focuses on two-dimensional flows but could be extended to three-dimensional parallel shear  
 385 flows in future work. While the quantitative details will inevitably differ, we similarly expect an enhanced spreading  
 386 in three-dimensional flows due to the physical mechanism of flow alignment highlighted within the present work.  
 387 The subtle roles of channel geometry, more detailed particle shapes, and other more physically relevant boundary  
 388 conditions on the dispersion process also deserve future attention.

### 389 **Appendix A: Influence of rod orientation wall collision condition in Monte Carlo simulation**

390 For all the previously presented simulation results, conservation of particles in the channel was ensured via a billiards-  
 391 like reflection boundary condition wherein the orientation of the particles is unchanged following wall collision. For  
 392 active Brownian particles, Peng and Brady similarly assumed that the orientation of the particles is unaffected by  
 393 collisions with the walls of the channel [12]. Similar to the billiards-like reflection condition, an alternative method  
 394 to ensure the conservation of particles in the channel is the “potential-free” method where a suitably tuned force is  
 395 applied to the particle only if it predicted to escape the channel boundaries due to Brownian effects at a given time  
 396 step [49]. Both the billiards-like reflection and “potential-free” methods are convenient idealizations to the detailed  
 397 hydrodynamic boundary interactions, yet have been successfully used to model the no-flux boundary condition at the  
 398 wall in prior works on Taylor dispersion [12, 15, 50]. This section presents a discussion of two alternative idealized  
 399 orientation collision conditions that affect the local alignment statistics and, consequently, the dispersion factor. The  
 400 first case is when the rods are prescribed to align in the direction of the flow immediately after wall collision, which we  
 401 will refer to as an aligning collision condition. The second case is when the rods have a uniformly random orientation  
 402 following each wall collisions, which we will refer to as a randomizing collision condition.

403 As demonstrated in Figure 11(a), for the case of aligning collisions, the particles’ overall alignment with the flow is  
 404 stronger which results in greater dispersion. In contrast, randomizing collisions systematically reduce dispersion by  
 405 weakening overall alignment. The unchanged wall condition sits between these extremes, and is best predicted by the  
 406 continuum theory presented in §III B. We repeated the same set of simulations for a lower value of  $Pe$  in Figure 11(b)  
 407 and observed the same overall trends, but with an increased deviation between the predictions from the three idealized  
 408 boundary conditions. One way to interpret this finding, is that for a fixed  $Pe_r$ , the dispersion is decreasingly sensitive  
 409 to the details of particle-wall interactions as  $Pe$  is increased. For the physically relevant regime defined by  $Pe \gg Pe_r$   
 410 (corresponding to  $a_p \ll a$ : equation (27)), the timescale for equilibration of the orientational dynamics is much faster  
 411 than the translational timescales of the problem. Thus following a collision, particles orientations rapidly relax to  
 412 their steady-state orientational distributions. Consistent with this interpretation, and as evidenced in these Monte  
 413 Carlo simulations, the overall dispersion statistics are most weakly influenced by the details of the wall collisions when  
 414  $Pe \gg Pe_r$ .

415 These results ultimately highlight the role of the assumed particle-wall dynamics on the long-term dispersion  
 416 behavior. Considering the detailed hydrodynamics associated with particle-wall collisions would thus inevitably affect  
 417 the overall spreading statistics, and should be explored in future work.

### 418 **Appendix B: Unconstrained rotation: 3D infinite parallel plates**

419 In this section, we extend the analytical prediction based on the continuum model to the three-dimensional case of  
 420 infinite parallel plates, where the rods have two degrees of rotational freedom. For this calculation, we assume there  
 421 are no gradients along the  $z$  direction (into the page in relation to Figure 2). The diffusion tensor  $D$  for the governing  
 422 Fokker-Planck equation for particles in a 3D infinite parallel plate is given by [46]

$$423 \quad D(\theta, \phi) = \mathbf{e} \mathbf{e} D_{\parallel} + (\mathbf{I} - \mathbf{e} \mathbf{e}) D_{\perp}, \quad (\text{B1})$$

424 where  $\mathbf{e} = \cos \theta \cos \phi \mathbf{e}_x + \sin \theta \cos \phi \mathbf{e}_y + \sin \phi \mathbf{e}_z$ . In the present work,  $\theta$  is the angle the rod makes along the  $xy$  plane  
 425 (with  $\theta = 0$  corresponding to the positive  $x$ -axis) and  $\phi$  is the angle made by the rod along the  $xz$  plane (with  $\phi = 0$   
 426 corresponding to the positive  $x$ -axis). In the  $xyz$  (laboratory) basis, the components of the translational diffusion  
 427 tensor are,

$$428 \quad \begin{bmatrix} D_{xx}(\theta, \phi) & D_{xy}(\theta, \phi) & D_{xz}(\theta, \phi) \\ D_{xy}(\theta, \phi) & D_{yy}(\theta, \phi) & D_{yz}(\theta, \phi) \\ D_{xz}(\theta, \phi) & D_{yz}(\theta, \phi) & D_{zz}(\theta, \phi) \end{bmatrix} \quad (\text{B2a})$$

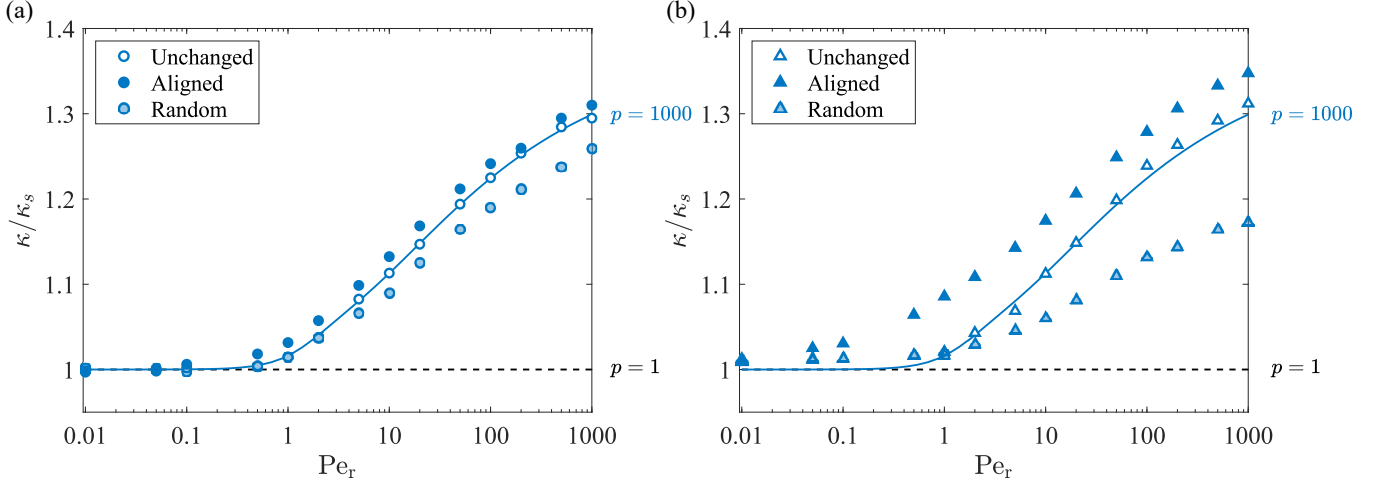


FIG. 11. Predictions for the effective dispersion coefficient assuming different boundary conditions in Monte Carlo simulations with (a)  $Pe = 1000$  and (b)  $Pe = 100$ . The unfilled points represents the case when the orientation of the particles is unaffected by the collisions, the filled points represent the case when the rods align themselves in the direction of the flow after collision and, the shaded points refer to the case when the orientation of the particles is fully randomized after each collision. The solid lines indicates the theoretical prediction derived in §III B (equation (50)).

429 where

$$430 \quad D_{xx}(\theta, \phi) = D_{\parallel} \cos^2(\theta) \cos^2(\phi) + D_{\perp} (1 - \cos^2(\theta) \cos^2(\phi)), \quad (\text{B2b})$$

$$431 \quad D_{xy}(\theta, \phi) = D_{\parallel} \sin(\theta) \cos(\theta) \cos^2(\phi) - D_{\perp} \sin(\theta) \cos(\theta) \cos^2(\phi), \quad (\text{B2c})$$

$$432 \quad D_{xz}(\theta, \phi) = D_{\parallel} \cos(\theta) \sin(\phi) \cos(\phi) - D_{\perp} \cos(\theta) \sin(\phi) \cos(\phi), \quad (\text{B2d})$$

$$433 \quad D_{yy}(\theta, \phi) = D_{\parallel} \sin^2(\theta) \cos^2(\phi) + D_{\perp} (1 - \sin^2(\theta) \cos^2(\phi)), \quad (\text{B2e})$$

$$434 \quad D_{yz}(\theta, \phi) = D_{\parallel} \sin(\theta) \sin(\phi) \cos(\phi) - D_{\perp} \sin(\theta) \sin(\phi) \cos(\phi), \quad (\text{B2f})$$

$$435 \quad D_{zz}(\theta, \phi) = D_{\parallel} \sin^2(\phi) + D_{\perp} (1 - \sin^2(\phi)). \quad (\text{B2g})$$

436 The  $xy$  components of this tensor are identical to equation (31) when  $\phi = 0$ , which corresponds to the constrained  
437 problem considered hitherto. For the 3D case, we define the orientationally averaged diffusivity as,

$$438 \quad \bar{D} = \frac{D_{\parallel} + 2D_{\perp}}{3}. \quad (\text{B3})$$

439 The dimensional form of the conservation equation for the probability distribution  $P(\mathbf{x}, \theta, \phi, t)$ , for the particles is,

$$440 \quad \begin{aligned} \frac{\partial P}{\partial t} = & -u(y) \frac{\partial P}{\partial x} + D_{xx}(\theta, \phi) \frac{\partial^2 P}{\partial x^2} + 2D_{xy}(\theta, \phi) \frac{\partial^2 P}{\partial x \partial y} + 2D_{xz}(\theta, \phi) \frac{\partial^2 P}{\partial x \partial z} + 2D_{yz}(\theta, \phi) \frac{\partial^2 P}{\partial y \partial z} + D_{yy}(\theta, \phi) \frac{\partial^2 P}{\partial y^2} \\ & + D_{zz}(\theta, \phi) \frac{\partial^2 P}{\partial z^2} + D_{\theta} \left[ \frac{1}{\cos^2 \phi} \frac{\partial^2 P}{\partial \theta^2} + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} \left( \cos \phi \frac{\partial P}{\partial \phi} \right) \right] - \left[ \frac{\partial}{\partial \theta} (\omega_{\theta} g) + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} (\cos \phi \omega_{\phi} g) \right] \end{aligned} \quad (\text{B4a})$$

441 where,

$$442 \quad \omega_{\theta}(\theta) = \frac{\dot{\gamma}(y)}{2} (1 - \beta \cos 2\theta), \quad \omega_{\phi}(\theta, \phi) = \frac{\dot{\gamma}(y)}{4} \beta \sin 2\theta \sin 2\phi, \quad \text{and} \quad \beta = \frac{p^2 - 1}{p^2 + 1}. \quad (\text{B4b})$$

443 The symmetry of rod shaped particles makes the the probability distribution periodic in  $\theta$  and  $\phi$ , with  $P(\mathbf{x}, \theta + \pi, \phi, t) =$   
444  $P(\mathbf{x}, \theta, \phi, t)$  and  $P(\mathbf{x}, \theta, \phi + \pi, t) = P(\mathbf{x}, \theta, \phi, t)$ . We also demand the no-flux boundary condition at the walls,

$$445 \quad (\mathbf{J} \cdot \hat{y}) = D_{xy}(\theta, \phi) \frac{\partial P}{\partial x} + D_{yz}(\theta, \phi) \frac{\partial P}{\partial z} + D_{yy}(\theta, \phi) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm a. \quad (\text{B4c})$$

446 Upon non-dimensionalization as done in the main text, moving into the mean frame of reference of the particles, and  
447 employing the assumption of no gradients in the  $z$  direction, the conservation equation becomes,

$$448 \quad \varepsilon \frac{\partial P}{\partial t} = -\varepsilon Pe_r (u(y) - u_m) \frac{\partial P}{\partial X} + \varepsilon^3 D_{xx}(\theta, \phi) \frac{\partial^2 P}{\partial X^2} + 2\varepsilon^2 D_{xy}(\theta, \phi) \frac{\partial^2 P}{\partial X \partial y} + \varepsilon D_{yy}(\theta, \phi) \frac{\partial^2 P}{\partial y^2} + \mathcal{L}P(\theta, \phi; y) \quad (\text{B5a})$$



449 and zero-flux boundary condition

$$450 \quad \varepsilon D_{xy}(\theta, \phi) \frac{\partial P}{\partial X} + D_{yy}(\theta, \phi) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm 1, \quad (\text{B5b})$$

451 where,

$$452 \quad \begin{aligned} \mathcal{L}P(\theta, \phi; y) = & \left[ \frac{1}{\cos^2 \phi} \frac{\partial^2 P}{\partial \theta^2} + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} \left( \cos \phi \frac{\partial P}{\partial \phi} \right) \right] \\ & + 2y \text{Pe}_r \left[ \frac{\partial}{\partial \theta} (\omega_\theta P) + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} (\cos \phi \omega_\phi P) \right]. \end{aligned} \quad (\text{B6})$$

453 Using the framework outlined in §III B, we obtain the leading order equation as,

$$454 \quad \left[ \frac{1}{\cos^2 \phi} \frac{\partial^2 g}{\partial \theta^2} + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} \left( \cos \phi \frac{\partial g}{\partial \phi} \right) \right] + 2y \text{Pe}_r \left[ \frac{\partial}{\partial \theta} (\omega_\theta g) + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} (\cos \phi \omega_\phi g) \right] = 0 \quad (\text{B7a})$$

455 subject to the normalization condition

$$456 \quad \int_0^{2\pi} \int_0^\pi g \cos \phi \, d\theta \, d\phi = 1, \quad (\text{B7b})$$

457 where

$$458 \quad \omega_\theta(\theta) = \frac{1}{2}(1 - \beta \cos 2\theta), \quad \omega_\phi(\theta, \phi) = \frac{1}{4}\beta \sin 2\theta \sin 2\phi, \quad \text{and} \quad \beta = \frac{p^2 - 1}{p^2 + 1}. \quad (\text{B8})$$

459 Following [28], the boundary value problem (B7) was solved using a truncated generalized Fourier (Laplace) series of  
460 the form

$$461 \quad g = \frac{1}{4\pi} + \sum_{l=1}^M A_l(y) N_{2l}(\sin \phi) + \sum_{m=1}^M \sum_{l=m}^M [B_l^m(y) N_{2l}^{2m}(\sin \phi) \cos(2m\theta) + C_l^m(y) N_{2l}^{2m}(\sin \phi) \sin(2m\theta)], \quad (\text{B9})$$

462 where  $N_l^m$  are the fully normalized associated Legendre functions [51], related to the unnormalized associated Legendre  
463 functions,  $P_l^m$ , by

$$464 \quad N_l^m = (-1)^m \sqrt{\frac{(l + \frac{1}{2})(l - m)!}{(l + m)!}} P_l^m. \quad (\text{B10})$$

465 We note that symmetry of particle orientations under  $(\theta, \phi) \rightarrow (\theta + \pi, \phi + \pi)$  eliminates both even degrees and orders  
466 of the Legendre functions. Furthermore, owing to the form of the rotation rates  $\omega_\theta$  and  $\omega_\phi$ , we may restrict our  
467 attention to the domain  $0 \leq \theta \leq \pi$  and  $0 \leq \phi \leq \pi/2$ . Following an analogous procedure to that outlined in §III B,  
468 inserting the expansion (B9) into (B7a) and enforcing the differential equation at every point

$$469 \quad \theta_i = \frac{\pi i}{I}, \quad i = 1, \dots, I \quad \text{and} \quad \phi_j = \frac{\pi j}{2J}, \quad j = 1, \dots, J \quad (\text{B11})$$

470 results in an overdetermined system of equations of dimension  $IJ \times M(M + 2)$  for the coefficients  $A_l(y)$ ,  $B_l^m(y)$ ,  
471 and  $C_l^m(y)$ . For each value of  $y$  (discretized from  $y = 0$  to  $y = 1$  using 200 equally spaced values), the resulting system  
472 was again solved using a standard QR least-squares algorithm in MATLAB with  $I = 72$ ,  $J = 144$ , and  $M = 32$ . For  
473  $p = 2$ , we only needed  $M = 16$  modes for convergence.

474 Having now solved the leading order (orientational) problem, solving the higher order equations becomes identical  
475 to the procedure outlined in §III B. The final expressions for  $\kappa$  and  $u_m$  are also the same (equations (51) and (53),  
476 respectively), but with orientational averages now computed over both angles  $\theta$  and  $\phi$ , specifically:

$$477 \quad \langle \cdot \rangle = \int_0^{2\pi} \int_0^\pi \cdot \cos \phi \, d\theta \, d\phi. \quad (\text{B12})$$

478 Predictions for the mean particle speed,  $u_m$ , and dispersion factor,  $\kappa$ , are presented in Figure 12. The overall  
479 trends are remarkably similar to the constrained rotation problem considered in the main text (Figure 9), but with  
480 the departures from the spherical case reduced in magnitude.

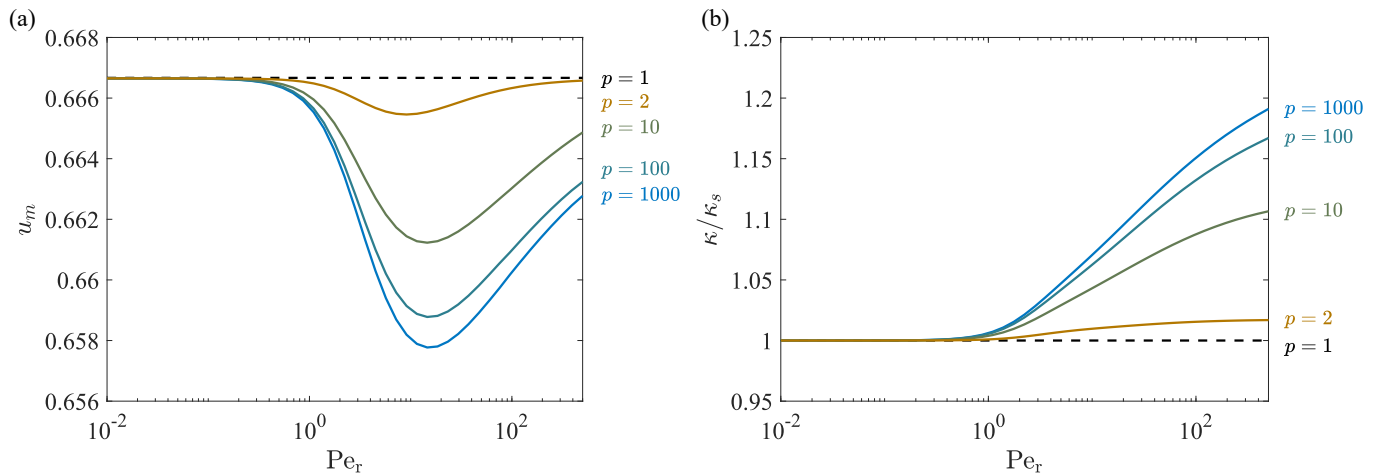


FIG. 12. Theoretical predictions for mean particle speed and dispersion factor for the case of *unconstrained* rotation at  $Pe = 1000$ , as described in Appendix B. Plots of (a) the mean speed of the particles,  $u_m$  and (b) the effective dispersion factor,  $\kappa$ , as a function of  $Pe_r$  for different aspect ratios  $p$ .

481

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