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Shear Induced Rigidity in Athermal Materials: A Unified Statistical Framework

Sumantra Sarkar and Bulbul Chakraborty

Martin Fisher School of Physics, Brandeis University, Waltham, MA 02454, USA

Recent studies of athermal systems such as dry grains and dense, non-Brownian suspensions have shown that shear can lead to solidification through the process of shear jamming in grains and discontinuous shear thickening in suspensions. The similarities observed between these two distinct phenomena suggest that the physical processes leading to shear-induced rigidity in athermal materials are universal. We present a non-equilibrium statistical mechanics model, which exhibits the phenomenology of these shear-driven transitions: shear jamming and discontinuous shear thickening in different regions of the predicted phase diagram. Our analysis identifies the crucial physical processes underlying shear-driven rigidity transitions, and clarifies the distinct roles played by shearing forces and the density of grains.

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I. INTRODUCTION

Athermal materials such as dry grains and dense non-Brownian suspensions can respond to shear by organizing into structures that support the imposed load [1]: a process that has been termed shear-jamming (SJ) in grains [2–5], and discontinuous shear thickening (DST) in suspensions [6–13]. The nature of this self-organization process has been intensely investigated in recent months, and striking similarities have been observed between the two transitions. This is remarkable since the SJ transition occurs through a quasistatic process and refers to static states of particles interacting via purely repulsive contact interactions [2, 4, 5], and DST occurs through a dynamical process that creates non-equilibrium steady states (NESS) of particles interacting via hydrodynamic and contact interactions [7, 14]. The single most important trigger for these transitions has been identified as the proliferation of frictional contacts [2, 7, 14, 15]. For a range of packing fractions, $\phi_s < \phi < \phi_J$, below the isotropic jamming density, ϕ_J , quasi static shearing causes frictional grains to come into contact leading to the SJ transition [2, 4, 5]. In a similar range of ϕ , athermal suspensions exhibit DST as increasing shearing rate leads to a loss of lubrication forces and increasing number of frictional contacts [7, 9].

SJ ¹	DST ¹	Model
γ (Strain)	$\dot{\gamma}$ (Strain Rate)	Н
Non-affine strain [15,16]	Non-affine strain [7,14]	Quenched random field $\{h_i\}$.
Microscopic variables: Deviatoric part of stress tensor [see sec. II. A].	Microscopic variables: Deviatoric part of stress tensor [see sec. II. A].	Microscopic variables: <i>N</i> Spins which can take three values, +1, 0, or -1.
$f_{\rm iso}$, the fraction of grains with number of contacts greater than or equal to three. [2, 4, 15]	$f_{\rm iso}$, the fraction of grains with number of contacts greater than or equal to four. [7, 14]	$\langle X \rangle = 1 - \frac{1}{N} \sum_{i} S_{i}^{2}$, the fraction of zero spins.
Stress anisotropy [4, 15]	Stress anisotropy [7, 14]	$\langle M \rangle = \frac{1}{N} \sum_{i} S_{i}$, the average magnetization.

1. All the simulations and experiments on DST are in 3D, whereas the SJ experiments are in 2D.

TABLE I: (Color Online) This table demonstrates the mapping between model parameters (Model) to the physical parameters controlled or measured in shear jamming (SJ) experiments and discontinuous shear thickening (DST) simulations.

Lattice models have a venerable history of identifying the core physical mechanisms driving phase transitions, and finding commonalities between seemingly disparate systems. We have constructed a *non-equilibrium*, driven, disordered model that focuses on the process of formation and rearrangement of frictional contacts under driving by a field. In contrast to studies that interrogate the microscopic mechanisms leading to the SJ and DST transitions [5, 9], we analyze an effective theory that is built on the premise that the driving field, either strain (γ) or strain rate $(\dot{\gamma})$, increases shear stress *and* promotes the formation of frictional contacts. We examine the consequences of the interplay between the driving field and the underlying disorder of the contact network on the development of a robust, force-bearing network. The model focuses solely on the force network: changes in the network of frictional contacts with their associated tangential forces strongly affect the viscosity of suspensions in the DST regime [7, 9, 14]. The



FIG. 1: (Color online) **Mapping to spin model:** (a) A typical sheared packing undergoing the SJ transition [15], color coded according to the strength of the non-affine strain $(D_{min}^2$ [16]) at a grain. (b) Mapping to spin 1 Ising variables: grains with more than 2 contacts (green) are assumed to have S = 0 (stress anisotropy below threshold), and grains with 2 contacts have either S = 1 (red) or S = -1 (blue), depending on whether the contact is aligned along the compressive (yellow broken line in (a)) or dilational direction. (c) Enlargement of a small section of (a) illustrating the grain-spin mapping. (d) A schematic configuration of the spin model on a square lattice, color coded by the strength of h_i , which represents the non-affine strain at site *i*. The external field *H* is not shown.

mapping between the parameters defining the model and and the physical parameters defining and controlling force networks in the SJ and DST transitions are summarized in Tabel I. In the next section we develop the model starting from a rigorous mapping of grain-level stresses to spins.

II. MODEL

A. Rigorous Mapping

The tensor representing the stress state of a grain can be divided into an completely isotropic part that defines hydrostatic pressure and a deviatoric part that represents normal and shear stresses. The deviatoric part can be represented as an element of a vector space [17]. Illustrating in 2D, the stress tensor of a grain, which is symmetric since the grain is torque balanced, can be written as:

$$\hat{\sigma} = \begin{pmatrix} \sigma_{xx} & \sigma_{xy} \\ \sigma_{xy} & \sigma_{yy} \end{pmatrix} \tag{1}$$

$$= P \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} + \Sigma_N \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} + \tau \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} , \qquad (2)$$

$$= P\hat{\sigma}_1 + \Sigma_N\hat{\sigma}_2 + \tau\hat{\sigma}_3 \tag{3}$$

(4)

where $P = \frac{(\sigma_{xx} + \sigma_{yy})}{2}$ is the hydrostatic pressure, $\Sigma_N = \frac{(\sigma_{xx} - \sigma_{yy})}{2}$ is the normal stress, and $\tau = \sigma_{xy}$ is the shear stress. The deviatoric part of the stress, which excludes this hydrostatic part, is therefore an element of a 2D vector space spanned by two 2 × 2 matrices, $\hat{\sigma}_2$ and $\hat{\sigma}_3$ [17]. The components of the vector are the normal stress, Σ_N , and the shear stress, τ , and the length, $\sqrt{\Sigma_N^2 + \tau^2}$, provides a measure of the stress anisotropy of each grain.

The stress state of a grain is influenced by the local strain arising from the displacement of the neighboring grains. The displacement of the grains comprises of a homogeneous part, which can be characterized by a set of affine transformations and an inhomogeneous part, called *non-affine* displacement, which cannot be described through a series of affine transformation of the grain coordinates. The non-affine displacements are best characterized by a measure called D_{min}^2 , first introduced by Falk and Langer [18]. To calculate D_{min}^2 , one measures the actual displacements of the grains, and then chooses an optimum affine strain tensor ϵ_{ij} , which minimizes the mean squared deviation of the actual displacement from a homogeneous displacement due to the strain tensor. This minimized deviation is referred to D_{min}^2 . The D_{min}^2 measure has been applied to characterize the non-affine displacements in granular experiments [16], and shows that the non-affine strains follow a Gaussian distribution with mean approximately zero. Additionally, it has been found [15] that the deviatoric stress vectors interact with these non-affine strains in a manner similar to how magnets interact with spins. Thus, the continuous vectors, (Σ_N, τ) , can be imagined as continuous spins. The vector sum of these spins maps to the global deviatoric stress tensor, and the magnetization measures the stress tensor.

B. Mapping to a Spin-1 Ising Model

Though rigorous, analyzing the properties of such a continuous spin model with variable lengths, in the presence of a random field is difficult. We, therefore, use a threshold to map the grain-level stress to a spin 1 Ising model. Let us define $\Sigma_{dev} = \sqrt{\Sigma_N^2 + \tau^2}$. If, $\Sigma_{dev}/P \ll 1$, we map the grain to S = 0, otherwise we map it to $S = \pm 1$, depending on whether the grain points along or perpendicular to the compressive strain direction. The mapping is illustrated in Fig. 1 for the two-dimensional (2D) SJ system. In such a system, $S_i = \pm 1$ represent grains with two contacts, which have strong stress anisotropy ($\Sigma_{dev}/P \ll 1$) and $S_i = 0$ represent grains with more than two contacts, which have a nearly isotropic stress tensor ($\Sigma_{dev}/P \ll 1$) and connect chain-like force networks. A similar mapping applies to the three-dimensional (3D) DST systems with $S_i = 0$ referring to grains connecting chain-like networks [7].

We envision the SJ and DST processes as ones where the contact network and grain-level stresses reach a force and torque balanced state in the presence of driving [5, 7, 14]. We model this by the zero-temperature, single-spin flips, energy minimizing dynamics of the energy function (Fig. 1) [19–21]:

$$\mathcal{H} = -J \sum_{\langle i,j \rangle} S_i S_j - \sum_i h_i S_i - H \sum_i S_i + \Delta(H) \sum_i S_i^2$$
(5)

In SJ experiments, it is known that as the imposed strain, γ , is increased, the fraction of grains with small stress anisotropy (S = 0 in our model) increases. In DST, it is the strain rate that plays the same role. Our viewpoint is that this is the primary effect of γ or $\dot{\gamma}$. So we map H to γ for SJ and to $\dot{\gamma}$ for DST, whereas spin flips map to rearrangements of the contact network of particles. The H dependent chemical potential $\Delta(H)$ incorporates the effect of γ ($\dot{\gamma}$) on the fraction of grains with small stress anisotropy in SJ (DST). In these systems with shear-induced rigidity, this fraction increases with increasing driving, and we therefore restrict our analysis to increasing functions of H. However, the model is more general and can address other scenarios.

As seen in Fig. 1, shearing leads to significant non-affine displacements: displacements that are inhomogeneous, and cannot be described by any type of homogeneous deformation of the unstrained state [16]. These are represented by the random magnetic field h_i , at every site. SJ experiments indicate that the distribution of the D_{min}^2 depends on ϕ but evolves little during the shear-jamming process [5, 15], therefore, we treat the h_i as a quenched random field chosen from a Gaussian distribution with zero mean and standard deviation R. In the granular systems, the constraints of mechanical equilibrium introduce effective interactions between the stress tensors of grains. In a force chain where every grain has only two contacts, the anisotropy of the stresses of grains in the chain are highly correlated [5]. We model this effective interaction by a ferromagnetic interaction between spins.

We are interested in understanding the effects of shear in creating robust force networks through the introduction of frictional contacts. Our model, therefore, differs from other driven-disordered models in the class of Eq. 5 [21] in one crucial respect: the external field controls the average population of $S_i = 0$ sites through a chemical potential $(\Delta(H))$. For the current study, we model the H dependence of Δ as $\Delta = \alpha |H| + \Delta_0$, which is the simplest that admits an increase in the concentration of $S_i = 0$ with the magnitude of the driving field. In this work, we focus on the aspects of the model that are relevant to shear-induced rigidity, however, the statistics of avalanches and the yielding behavior exhibit interesting new features, which will be studied in the future. For N spins, we define two global order parameters:

$$\langle X \rangle = 1 - \frac{1}{N} \sum_{i} \langle S_i^2 \rangle \text{ and } \langle \mathbf{M} \rangle = \frac{1}{N} \sum_{i} \langle \mathbf{S}_i \rangle$$
 (6)

Here, $\langle X \rangle$ corresponds to the fraction of grains with isotropic stress tensors (f_{iso}) , and $\langle M \rangle$ corresponds to the stress anisotropy (contact-stress anisotropy) in SJ (DST). The zero-temperature dynamics samples the metastable states of this disordered model, which we associate with the force networks sampled in the SJ and DST processes. In the SJ context, the *H* history represents a γ history, while in the DST context, it represents a $\dot{\gamma}$ history. Since there are no thermal fluctuations in our model, averages ($\langle \cdot \rangle$) are over metastable states corresponding to different realizations of the quenched disorder field, $\{h_i\}$. To simplify notation, we eliminate the $\langle \cdot \rangle$ symbol in the following.

Starting from a metastable state, if H is changed adiabatically such that all spins that can lower their energy by flipping do so, there could be a range of H over which the original state is stable. At a certain H, however, a threshold is crossed at some site i (determined by the h_i and the effective field $\sum_j J_{ij}S_j$) and that spin changes its state. This, in turn, could lead to the threshold being crossed at other sites, creating a cascade of spin flips in an avalanche [21] until a new metastable state is reached.

In the granular context, we envision this exploration of metastable states to correspond to exploration of force networks that are in local mechanical equilibrium under driving. The SJ process is quasistatic and since the nonaffine strain field is observed to evolve only weakly over the range of γ probed by the experiments, there is a clear correspondence between the sampling of metastable states in the model and the force networks in the granular assembly. In DST, however, one studies time averages in the NESS at a given $\dot{\gamma}$. The correspondence between the ensemble average over $\{h_i\}$ and the time average is valid if the NESS dynamically samples non-affine strains with Gaussian statistics, and if the time to reach a force and torque balanced state is much shorter than the relaxation time of the non-affine strain field. These assumptions are validated in simulations [22]. The adiabatic assumption implies that $\dot{\gamma}$ is ramped up slowly compared to microscopic time scales [6].

A priori, it is not clear what experimental knob can be turned to tune R. However, there are strong arguments presented below, based on comparing predictions of our model to existing experimental and numerical observations, linking increasing ϕ to a reduction in R. A scaling description of DST has been constructed by invoking a stress-scale dependence of the packing fraction at which the viscosity diverges [9]. We relate the stress-scale to X(R, H), and therefore, in our approach it is the stress scale that is controlled by ϕ , through R, and by $\dot{\gamma}$. If the dominant effect of ϕ on the force network is through the statistics of the non-affine strain field, then the two approaches should yield similar results. Below, we will establish specific $\phi \to R$ mappings in the SJ and DST regimes by comparing our predictions to experiments, simulations, and the scaling theory.

III. RESULTS

A. Meanfield Solution of the Model

To solve the spin-1 Ising model under meanfield(MF) approximation, we observe that the order parameters can be represented through the probability of finding a particular value of spin at a particular lattice point:

$$1 - X = \frac{1}{N} \sum_{i} \langle S_{i}^{2} \rangle = P(S_{i} = 1) + P(S_{i} = -1)$$
$$M = \frac{1}{N} \sum_{i} \langle S_{i} \rangle = P(S_{i} = 1) - P(S_{i} = -1)$$
(7)

where $P(S_i = x)$ measures the probability that the i^{th} spin takes the value $x (\pm 1 \text{ or } 0)$. Also, in the MF approximation, the energy of a spin S_i is given by:

$$E(S_i) = -JMS_i - HS_i - h_iS_i + \Delta S_i^2 \tag{8}$$

Therefore,

$$E(S_{i} = 1) \equiv E_{1} = -(JM + H + h_{i}) + \Delta$$

$$E(S_{i} = -1) \equiv E_{-1} = (JM + H + h_{i}) + \Delta$$

$$E(S_{i} = 0) = 0$$
(9)

In our zero-temperature dynamics, a spin S_i will be in the +1 state if $E_1 < 0$, and $E_1 < E_{-1}$. This condition is satisfied if

$$h_i > \begin{cases} \Delta - JM - H & \text{if } \Delta > 0 \\ -JM - H & \text{if } \Delta \le 0 \end{cases}$$

whence

$$P(S_i = 1) \equiv P(1) = \begin{cases} \frac{1}{2} erfc\left(\frac{\Delta - H - JM}{\sqrt{2R}}\right) & \text{if } \Delta > 0\\ \frac{1}{2} erfc\left(\frac{-H - JM}{\sqrt{2R}}\right) & \text{if } \Delta \le 0 \end{cases}$$
(10)

A similar calculation yields:

$$P(S_i = -1) \equiv P(-1) = \begin{cases} \frac{1}{2} erfc\left(\frac{\Delta + H + JM}{\sqrt{2R}}\right) & \text{if } \Delta > 0\\ \frac{1}{2} erfc\left(\frac{H + JM}{\sqrt{2R}}\right) & \text{if } \Delta \le 0 \end{cases}$$
(11)

Using these probabilities, and the definition of M and X (Eq. 7), we obtain:

$$M = \begin{cases} \frac{1}{2} \left[erf\left(\frac{\Delta(H) + H + M}{\sqrt{2R}}\right) \\ -erf\left(\frac{\Delta(H) - H - M}{\sqrt{2R}}\right) \right] & \Delta > 0 \\ erf\left(\frac{H + M}{\sqrt{2R}}\right) & \Delta \le 0 \end{cases}$$
(12)

$$X = \begin{cases} \frac{1}{2} \left[erf\left(\frac{\Delta(H) + H + M}{\sqrt{2R}}\right) \\ + erf\left(\frac{\Delta(H) - H - M}{\sqrt{2R}}\right) \right] & \Delta > 0 \\ 0 & \Delta \le 0 \end{cases}$$
(13)

Here *erf* and *erfc* are the error function and the complementary error function, respectively. Special cases and several important aspects of the MF solution are detailed in the appendix.

B. Meanfield Phase Diagram

Meanfield calculations of X and M along a forward trajectory, with monotonically increasing H (Fig. 2(a)) suffice to illustrate that the phenomenology of both the SJ and DST transitions are realized in the model. The meanfield phase diagram in the $R-\Delta_0$ space is shown in Fig. 2(b). Increasing Δ_0 corresponds to higher average concentration of zero spins at H = 0, corresponding to larger values of f_{iso} at zero driving field. In the SJ system [5], $f_{iso}(\gamma = 0) \simeq 0.2$, which maps on to the upper part of the phase diagram in Fig. 2(b). In DST, however, there are a vanishing number of frictional contacts at $\dot{\gamma} = 0$ [7, 14], which maps these systems to the lower part of the phase diagram. The R to ϕ mapping discussed earlier implies that ϕ decreases from left to right in Fig. 2(b).

Another parameter that influences the model phase diagram is α , the rate of increase of Δ with H. As shown in Fig. 7 in the appendix, only the $\alpha > 1$ protocols lead to a monotonic increase of X(H, R) for all R, a feature of the number of frictional contacts in both SJ and DST. We, therefore restrict our analysis to $\alpha > 1$, and unless otherwise stated the results presented are for $\alpha = 4$. For quantitative comparisons to experiments and simulations, one should obtain α by comparing the meanfield predictions for X(H, R) to the increase of $f_{iso}(\gamma)$ ($(\dot{\gamma})$) in SJ (DST) systems at different ϕ .

The qualitative differences between different regions of the phase diagram are best characterized by M(X), which maps on to the dependence of stress anisotropy on f_{iso} . As shown in Fig. 2 (c), for $\Delta_0 >> \Delta_c$, M(X) has a peak (M_{peak}) at $X_{peak}(\Delta_0, R)$, which approaches 1 as R is decreased, while at the same time $M_{peak}(\Delta_0, R) \to 0$. This prediction of the model is borne out by experimental SJ results, which show the same behavior with increasing ϕ . The weak dependence of M(X, R) on R for $X >> X_{peak}$ is consistent with experiments [15], where this regime has very weak dependence on ϕ . In the limit of small Δ_0 , the DST regime of the model, the functional form of M(X) changes with R, as shown in Fig. 2 (d)). As we discuss below, DST occurs in the ϕ range corresponding to $R \simeq R_{DST}$, where M is a monotonically decreasing function of X, which explains the monotonic decrease of the stress anisotropy with f_{iso} observed in numerical simulations [7, 14].



FIG. 2: (Color Online) **Model behavior:** (a) A typical forward shear trajectory from the model for $\alpha = 4$ demonstrating the appearance of M_{peak} in the M(H) (red, continuous line) plot, which is concomitant with saturation of X(H) (blue, dashed line). (b) Meanfield phase diagram for $\alpha = 4$: The colorbar indicates M_{peak} . The critical point (Δ_c, R_c) (yellow circle) marks the end point of three transition lines (see text): $R_t(\Delta_0)$ (black, continuous line), $R_{DST}(\Delta_0)$ (light blue, dotted line) and $R_m(\Delta_0)$ (white dashed). Detailed description of R_t, R_m , and R_{DST} is presented in the appendix. The region to the left of the pink dash-dotted line has $M_{peak} \leq 10^{-10}$ and region to the right of R_m has $M_{peak} \sim 1$. (c) & (d) M(X) at different values of R and Δ_0 can be used to characterize and distinguish between different shear induced rigidity transitions. The different colors correspond to the values of R indicated in the phase diagram. For $\Delta_0 > \Delta_c$ (c), M vs X is non-montonic whereas for $\Delta_0 < \Delta_c$ (d), the functional form changes from non-monotonic to monotonic as R is decreased. R beyond R_t are marked by dashed lines.

C. Scaling and Hysteresis in SJ Regime

The MF calculation shows that at small R and $\Delta_0 \geq \Delta_c$, M(H,R) = 0, and X(H,R) = 1 for any H. Physically, this region corresponds to a system in which there are a large number of contacts even at zero driving. The peak anisotropy vanishes as $M_{peak}(\Delta_0, R) \propto g_{peak}(R/R_J(\Delta_0) - 1)$ (Fig. 3), identifying R_J as the only characteristic disorder scale in this regime. The two order parameters, M and X are functions of both H and R. However, as shown in Fig. 4(c), upon definition of a R dependent characteristic field: $H_{peak}(R) \propto (R/R_J - 1)^{\delta}$, they obey a scaling form: $X_{sc}(R,H) = g_X(H/H_{peak}(R))$ and $M_{sc}(R,H) = g_M(H/H_{peak}(R))$, where, X_{sc} and M_{sc} are scaled variables: $x_{sc} \equiv \frac{x - x_{min}}{x_{max} - x_{min}}$. The implication of this result is that in the $\Delta_0 > \Delta_c$ regime, the behavior at different disorder strengths R is controlled by the physics of the point $(H = 0, R_J)$, reminiscent of critical phenomena [23]. It was hypothesized by Bi et al [2] that $(\gamma = 0, \phi = \phi_J)$ is a critical point marking the end of a line separating fragile and SJ states. The critical point was characterized by the vanishing of an order parameter, which measures the anisotropy of the stress tensor. The current results, based on the spin model, are consistent with that picture. Numerically, meanfield predicts $\delta = 1.2$, and this exponent collapses experimental data for stress anisotropy and f_{iso} during a forward shear run [15], if we identify R_J with ϕ_J (Fig. 4(d)).

The SJ experiments exhibit the phenomenon of Reynolds pressure [4]: pressure increasing quadratically with shear strain at small strains, with a Reynolds coefficient that depends only on ϕ and appears to diverge at ϕ_J (Table. II). Very general arguments lead to the quadratic dependence of the pressure on shear strain [24]. If we make the logical assumption that the pressure increase is determined completely by f_{iso} , and that pressure increases as some monotonic function of f_{iso} , and hence X, then our model provides a natural explanation for the observed ϕ dependence of pressure.

SJ ¹	DST ¹	Model
$f_{\rm iso}$ (see text) increases, saturating at $\gamma_{peak}(\phi) \propto \left(1 - \frac{\phi}{\phi_l}\right)^{1.2}$ [2, 4, 15]	$f_{\rm iso}$ increases saturating at $\dot{\gamma}_{DST}(\phi)$: a decreasing function of ϕ : $\phi < \phi_{DST}$. [7, 14]	$\langle X(R,H) \rangle$ increases saturating at $H_{peak} \propto \left(\frac{R}{R_{f}} - 1\right)^{1.2}$ [16]
Stress anisotropy: peaks at γ_{peak} . $f_{iso}(\gamma = 0) > 0$ [4, 15], which correspond to $\Delta_0 > \Delta_c$ in our model.	Stress anisotropy: decreases at $\dot{\gamma}_{DST}$. $f_{iso}(\dot{\gamma} = 0) = 0$ [7, 14], which correspond to $\Delta_0 < \Delta_c$ in our model.	$\langle M(R,H) \rangle$ peaks at H_{peak} for $\Delta_0 > \Delta_c$, and decreases at H_{DST} for $\Delta_0 < \Delta_c$
Stress anisotropy: peaks at a characteristic f_{iso} [15] (Fig. 4(d))	Stress anisotropy decreases monotonically with f_{iso} [22]	$\langle M(R,H) \rangle$ peaked or monotonic with $\langle X(R,H) \rangle$ depending on Δ_0 . (Fig. 2 & Fig. 4(c))
Pressure (P): universal function of f_{iso} . Increases as $P(\phi)\gamma^2$ at small γ with $P(\phi) \propto \left(1 - \frac{\phi}{\phi_J}\right)^{-3.3}$ [4, 15]	<i>P</i> : universal function of f_{iso} . Increases dramatically at $\dot{\gamma}_{DST}$ [14]	Pressure is assumed to be uniquely determined by $\langle X(R, H) \rangle$. $\Rightarrow \Delta_0 > \Delta_c$: $P \propto g_P \left(\frac{H}{\left(\frac{R}{R_J} - 1\right)^{1.2}} \right)$ & $\Delta_0 < \Delta_c$: <i>P</i> increases sharply at H_{DST} .
Hysteresis loops become more pronounced: size of the loops increases as $\phi \rightarrow \phi_J$. [4,15]	Width of the loop $\dot{\gamma}_{+} - \dot{\gamma}_{-} \propto (\phi - \phi_{DST})^{\frac{3}{2}}$ [9], $\phi > \phi_{DST}$	$\begin{array}{l} \Delta_0 > \Delta_c: \text{ Loop area increases with} \\ \text{decreasing } R \text{ exhibiting peak near } R_J. \\ \Delta_0 < \Delta_c: H_+ - H \propto (R_{DST} - R)^{\frac{3}{2}}, \\ R < R_{DST} \end{array}$

1. All the simulations and experiments on DST are in 3D, whereas the SJ experiments are in 2D.

TABLE II: (Color Online) A summary of the key predictions of the model compared to the observed phenomenology of SJ and DST transitions.

The scaling form of X(R, H) implies that the pressure scales as: $P(R, H) \sim f(X(R, H)) \propto g_P(H/H_{peak}(R))$, where $g_P(x)$ is a scaling function similar to g_X defined above. The crucial feature of the scaling argument is the vanishing of $H_{peak}(R)$ as $R \to R_J$. From symmetry arguments, the pressure has to increase as some even function of the shear strain $\gamma[24]$. (H in the model), $g_P(x)$ increases at least as fast as quadratically with x for $x \ll 1$. Combined with the scaling form, this argument implies a divergence of the Reynolds coefficient as some power of $1/H_{peak}$, and therefore, as $\propto (R/R_J - 1)^{-\delta_P}$, where δ_P depends on the exponent δ , and the form of $g_P(x)$ for small x. From the perspective of the model, the source of the divergence observed in experiments is, therefore, directly related to the rapid rise in the number of contacts with shear strain as ϕ increases towards ϕ_J : a feature that is consistent with experimental observations.

In the mean-field approximation, there is no hysteresis for $\Delta_0 > \Delta_c$. As we show in Fig. 5(a), numerical simulations of the model in 2D exhibit hysteresis in this regime. It is to be noted that, in the simulation, the values of Δ_0 and R, which define the SJ regime differ from the MF calculations. However, the overall structure of the phase diagram remains unchanged, as shown in Fig. 6. The model predictions for the scaling of the hysteresis loops (Fig. 5(b)) with R are summarized in Table II, and compared to ϕ dependence observed in SJ experiments [4].

It is clear from the phase diagram, that the behavior of the model is completely smooth in the regime $\Delta_0 > \Delta_c$: all properties are continuous but sharp changes occur in the order parameters. This suggests that the SJ transition in dry grains with frictional coefficient $\simeq 1$ [15] is not a phase transition but a crossover phenomenon at which the contact force network changes continuously both as a function of ϕ and γ . Preliminary analysis of experiments with lower friction coefficient between grains [25] suggests that with decreasing friction coefficient Δ_0 approaches Δ_c from above, which leaves open the possibility of a true transition.



FIG. 3: (Color Online) Scaling of M_{peak} : The system achieves peak anisotropy, M_{peak} , at the rigidity transition. In (a) we show the dependence of M_{peak} on R for several Δ_0 (legend in (b)). For $\Delta_0 > \Delta_c = \sqrt{\frac{2}{\pi e}} \approx 0.4839$, the peak value M_{peak} is continuous but for $\Delta_0 < \Delta_c$, M_{peak} has a discontinuity at R_m . (b) M_{peak} has a scaling form as a function of R/R_J with $R_J(\Delta_0) = \Delta_0/6$. For $\Delta_0 < \Delta_c$, the scaling form is valid for $R \leq R_m$, and the discontinuity at R_m is evident in this scaling plot. The peak anisotropy at R_J is ≈ 0 , which suggests that the system undergoes a rigidity transition without going through any anisotropic state; reminiscent of the approach to the isotropically jammed state [2].

D. Scaling and Hysteresis in the DST Regime

In the low Δ_0 regime, meanfield analysis predicts multiple solutions to M(H, R) and hysteresis under cyclic driving. We can identify three lines based on the multiplicity of solutions: For $R_m(\Delta_0) \leq R \leq R_t(\Delta_0)$, (i) meanfield predicts two solutions for M(H = 0, R) with accompanying hysteresis; (ii) for $R_m < R < R_{DST}(\Delta_0)$, multiple solutions appear for X(H, R) leading to multiple hysteresis loops, as shown in Fig. 8. As seen in Fig. 2(b), there is a critical point, (Δ_c, R_c) , marking the end of these three transition lines. The R_{DST} and the R_m lines are present in numerical simulations in 2D but the R_t line is a meanfield feature. Simulations exhibit hysteresis over most of the region in Fig. 2(b), however, their characteristics change at R_{DST} , and R_m . The $R_m(\Delta_0)$ line marks a discontinuous transition at which the peak anisotropy decreases dramatically, as shown in Figs. 3 and 8.

Identifying R_m with the largest packing fraction, ϕ_m , at which one can have any flow [9], and R_{DST} with the smallest packing fraction, ϕ_{DST} , for the onset of DST, our results imply that two distinct types of force networks are stable in suspensions with $\phi_m > \phi > \phi_{DST}$: one with small stress anisotropy and large f_{iso} creating a highly connected network of force-bearing linear structures, and one with larger stress anisotropy and smaller f_{iso} . The networks with large f_{iso} also have large pressures since in our picture, the pressure is determined by X.

Meanfield analysis shows that the X(H, R) hysteresis loops span a range $\{H_-, H_+\}$, which grows as $|R - R_{DST}|^{\frac{3}{2}}$ for $R \leq R_{DST}$, and $H_- \to 0$ at R_m . These observations are in accord with scaling predictions of hysteresis loops in DST [9] if we associate R_{DST} with ϕ_{DST} .

IV. DISCUSSION

We have constructed a driven, disordered, zero-temperature (non-equilibrium) statistical mechanics model, which captures all essential features of shear-induced rigidity transitions in granular materials and dense athermal suspensions. Our analysis highlights the distinct roles played by density and driving in the SJ and DST regimes: density controls the strength of disorder, whereas the driving field induces rigidity by increasing the concentration of frictional contacts. Based on analysis of experiments and simulations, we can assert that the observed phenomenology maps either to the $\Delta_0 < \Delta_c$ ($\Delta_0 > \Delta_c$) part (Table. II) of the phase diagram based on whether f_{iso} at zero shear is small [7, 14] (large [15]). Controlling this parameter, for example [25] by tuning the friction coefficient of grains, provides an effective way of controlling where the system lies along the Δ_0 axis in our phase diagram, and probing the behavior near the critical point:(R_{DST}, Δ_c).

Non-equilibrium critical points of random field models in the Ising class are characterized by avalanche distributions and crackling noise [26]. Preliminary simulations in 2D indicate that the avalanche distribution exhibits a power law



FIG. 4: (Color Online) **SJ regime** ($\Delta_0 = 0.9$): (a) X(H) and (b) M(H) for R = 0.3 (blue, continuous line), 0.4 (green, long dashed line), 0.57 (orange, dash dot line), 0.84 (red, short dashed line) and 1.31 (brown, dotted line). The disorder values are chosen in such a way that $R/R_J - 1$ increases logarithmically between 1 and 10. (c) Plots (see text) of $g_X(H/H_{peak}(R))$ (main) and $g_M(H/H_{peak}(R))$ (inset): $H_{peak} \sim (R/R_J - 1)^{1.2}$. (d) The scaling functions for f_{iso} (main) and stress anisotropy (inset) obtained from the SJ experiments [15] with packing fractions much below ϕ_J ($0.02 \leq (1 - \phi/\phi_J) \leq 0.09$). The experimental data shows exactly the same scaling behavior as the model(cf.(c)) if $R/R_J - 1$ is mapped to $1 - \phi/\phi_J$ and H is mapped to γ .

all along $R_{DST}(\Delta_0)$. Our model is distinguished from the Random Field Ising Model in a crucial way: $S_i = \pm 1$ can flip back to their original state, mediated by flips to $S_i = 0$ even if the field is being increased monotonically, and the energy at a site does not approach the "flip" threshold monotonically. Recent studies [27] show that this feature affects the yielding transition, suggesting that our model is relevant for understanding the yielding of athermal materials. We have focused on the shear-induced rigidity aspect of athermal, particulate systems. Yielding of the jammed states presumably occurs when the number of frictional contacts is saturated, and shearing does not lead to formation of new contacts. We are beginning to explore our model in this regime, where $X \simeq 1$ and independent of H.

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FIG. 5: (Color Online) **Hysteresis:** For $\Delta_0 > \Delta_c$, the meanfield solution does not show hysteresis. The simulation of the model (Eqn. 5) in a 2D lattice with for $\Delta_0 = 2 > \Delta_c^{sim} \approx 1.4$, however, shows hysteresis, which we show in (a) for R = 2 (blue, continuous line), 3.5 (green, dashed line), 5(red, dotted line) and 8(brown, dash dotted line). *H* is varied cyclically between -0.5 and 0.5. (b) The area of the hysteresis loops exhibits a non-monotonic behavior and decreases with increasing disorder value beyond a peak. (c)For $\Delta_0 < \Delta_c$, the meanfield solution exhibits hysteresis for $R_m \leq R \leq R_{DST}$. Few representative hysteresis curves are shown for $R = 0.4 \sim R_{DST}$ (red, dotted line), 0.3(green, dashed line), 0.2(light blue, dash dotted line), and $0.1 \sim R_m$ (blue, continuous line). The hysteresis loop first appears at R_{DST} , and increases in size as R_m is approached from above. Below R_m , no hysteresis loops exist.(d) The size of the hysteresis loop (measured as $H_+ - H_-$, where $H_+(H_-)$ is the maximum (minimum) value of H, where a loop exists) increases as R is decreased from R_{DST} . The size increases as a power law with exponent $\frac{3}{2}$ [9].

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FIG. 6: (Color Online) Phase diagram based on the value of M_{peak} : MF (left) compared to the phase diagram obtained from simulations (right). The colorbar shows the value of M_{peak} . The simulations were performed on 64^2 spins, and averaged over 20 different configurations for each (R, Δ_0) . In both figures, the region to the left of the pink dash-dotted line has $M_{peak} \leq 10^{-10}$ and region to the right of R_m (white, dashed line) has $M_{peak} \sim 1$. The blue dotted line shows $R_{DST}(\Delta_0)$.

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Appendix

In the following sections we discuss several properties and important aspects of the MF solution. Especially, we discuss the special disorders, which define different boundaries of the MF phase diagram. The special case of $\alpha = 1$ trajectories is also discussed here.

1. Zero disorder behavior

The energy of a spin S_i in the zero disorder limit is:

$$E(S_i) = -JMS_i - HS_i + \Delta S_i^2 \tag{A.1}$$

If $S_i = 1$, and if $\Delta \ge JM + H$, it will flip to $S_i = 0$ state and vice versa. A similar calculation can be done for $S_i = -1$. Hence, at zero disorder there is a discontinuous transition from M = 0 to M = 1.

2. Asymptotic behavior of the model

The asymptotic, large field, behavior of the model is governed by the last two terms in Eqn. 5. Thus, the effective model governing the behavior at large positive H, with $\Delta(H) = \alpha |H| + \Delta_0$ can be written as:

$$\lim_{H \to +\infty} \mathcal{H} = -H \sum_{i} S_{i} + \Delta(H) \sum_{i} S_{i}^{2}$$
(A.2)

$$= -H \sum_{i} S_{i} + (\alpha |H| + \Delta_{0}) \sum_{i} S_{i}^{2}$$
(A.3)

The first term on Eqn. A.2 favors production of S = +1 when $H \to +\infty$, whereas the second term favors production of S = 0 when $\Delta \to +\infty$. Since Δ depends on H, the asymptotic behavior of the model crucially depends on the functional dependence of Δ on H, which we refer to as a protocol. For a linear protocol as in Eqn. A.3, which is the only kind we have analyzed, the asymptotic behavior depends on the slope, α . If $\alpha > 1$, Δ dominates H, $S_i = 0 \forall i$. Conversely, if $\alpha < 1$, H dominates Δ , and $S_i = +1 \forall i$. If $\alpha = 1$, there is no H dependence and the asymptotic behavior depends on other terms in Eqn. 5. We discuss the $\alpha \leq 1$ trajectories in the following section.

3. Special disorders for $\alpha > 1$ trajectories

The meanfield equations for $\alpha > 1$, and $\Delta_0 < \Delta_c$ admit three lines of transitions which end at a critical point (R_c, Δ_c) . These lines are defined by $R_t(\Delta_0)$, $R_{DST}(\Delta_0)$, and $R_m(\Delta_0)$ in descending order of magnitude (Fig.1(a) in main text). The line $R_t(\Delta_0)$, marks the transition from a single solution for M(H) for $R > R_t(\Delta_0)$ to multiple solutions over a range of H (Fig. 8), whereas the line $R_m(\Delta_0)$ marks the transition from multiple solutions for M(H) with $M_{peak} \simeq 1$ for $R = R_m^+(\Delta_0)$ to a single solution with $M_{peak} \simeq 0$ for $R = R_m^-(\Delta_0)$, as shown in Fig. 8. Notably, M_{peak} has a discontinuity at $R_m(\Delta_0)$ with the discontinuity increasing as $\Delta_0 \to 0$, as seen in Fig. 3. The transition at $R_t(\Delta_0)$ is continuous. The transition lines, $R_t(\Delta_0)$ and $R_m(\Delta_0)$, can be calculated analytically from the mean

field equations and yields:
$$R_t(\Delta_0) = \sqrt{\frac{-\Delta_0^2}{W\left(0, -\frac{\pi\Delta_0^2}{2}\right)}}$$
, and $R_m(\Delta_0) = \sqrt{\frac{-\Delta_0^2}{W\left(-1, -\frac{\pi\Delta_0^2}{2}\right)}}$. Here $W(k, x)$ is the product log

function, also known as Lambert's W function.

The transition at $R_{DST}(\Delta_0)$ is a unique feature of our model and marks the onset of multiple solutions to X(H), accompanied by system-size avalanches in which spins flip from ± 1 to 0. $R_{DST}(\Delta_0)$ is difficult to calculate analytically, and the line shown in Fig. 1(a) of the main text has been obtained numerically. Apart from Δ_0 very close to Δ_c , $R_{DST}(\Delta_0) \approx 0.4$. Fig. 8 illustrates the behavior of the system near these special disorders by comparing the *M*hysteresis. In the main text, these special disorders have been related to special packing fractions relevant to the DST transition.

4. $\alpha \leq 1, \ \Delta > \Delta_c$ trajectories

For $\alpha < 1$, M increases and X decreases as H is increased, indicating that $S_i = \pm 1$ proliferate (Fig. 7 (a)). This trajectory is, therefore, not relevant to shear induced rigidity where grains with three or more contacts ($S_i = 0$) proliferate, as the system is driven towards jamming.

Lying between $\alpha < 1$ and $\alpha > 1$ trajectories, $\alpha = 1$ trajectories exhibit an interesting dynamics (Fig. 7(b)). Since the chemical potential, $\Delta(H)$ changes at the same rate as H, the applied field, the production of ± 1 spins favored by H competes equally with the production of 0 spins favored by Δ . For $\alpha > 1$ trajectories, the magnetization M(H)starts to decrease with increasing H for $H > H_{peak}(R)$, as depicted in Fig. 2 of the main text. In contrast, for $\alpha = 1$, we observe that both the magnetization M, and the fraction of zero spins X asymptote to a disorder-dependent values M_{sat} and X_{sat} for $H >> H_{peak}$. As R increases, M_{sat} increases while X_{sat} decreases as shown in Fig. 9.

Simulations of the model (Eq. 5) in 2D, using zero temperature Monte Carlo dynamics, show that the asymptotic states for $\alpha = 1$ have a non-trivial spatial distribution of spins. As shown in Fig. 10, there is micro-phase separation between ± 1 and 0 spins. This spatial structure is reminiscent of shear bands observed in shear jamming experiments [3].



FIG. 7: (Color Online) Comparison of trajectories with different α , $\Delta_0 > \Delta_c$. The asymptotic $(H >> H_{peak})$ dynamics is governed by α . *M* monotonically increases to 1 while *X* decreases to zero for $\alpha < 1$ trajectories (a). The exact opposite trend is observed for $\alpha > 1$ trajectories (c). For $\alpha = 1$, both *M* and *X* increases monotonically and saturate to a value less than 1 (b). The saturation value depends on disorder.



FIG. 8: (Color Online) Hysteresis of M and X illustrate behavior of the model for different disorders ($\alpha = 4$, and $\Delta_0 = 0.2$). $R_m \sim 0.097$, $R_{DST} \sim 0.4$, and $R_c \sim 0.8$ are the special disorders for $\Delta_0 = 0.2$ (see specialk disorders subsection). At R_m , the peak value of M, M_{peak} , changes discontinuously (Fig. 3(a)). (a) R = 0.09 (just below R_m), (b) R = 0.1 (just above R_m), (c) R = 0.3 (below R_{DST}), (d) R = 0.4 (R_{DST}), (e) R = 0.6 ($R_{DST} < R < R_t$), and (f) R = 0.9 ($R > R_t$).



FIG. 9: (Color Online) $\alpha = 1$: X (a) and M (b) as a function of field H for $\alpha = 1$ ($\Delta_0 = 0.9$) trajectories for a few typical disorder strength; obtained from meanfield. Both order parameters increase monotonically, and saturate to a value less than 1. The saturation value depends on R. For M, the saturation value increases with R while for X it decreases.



FIG. 10: (Color Online) Numerically obtained asymptotic ($H >> H_{peak}$) spin configuration for $\alpha = 1$ trajectories shows micro phase separation between spin 1 and 0. $\Delta_0 = 2 > \Delta_c$ and R = 2.