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Optimal finite-time Brownian Carnot engine

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Recent advances in experimental control of colloidal systems have spurred a revolution in the production of mesoscale thermodynamic devices. Functional "textbook" engines, such as the Stirling and Carnot cycles, have been produced in colloidal systems where they operate far from equilibrium. Simultaneously, significant theoretical advances have been made in the design and analysis of such devices. Here, we use methods from thermodynamic geometry to characterize the optimal finite-time, nonequilibrium cyclic operation of the parametric harmonic oscillator in contact with a time-varying heat bath, with particular focus on the Brownian Carnot cycle. We derive the optimally parametrized Carnot cycle, along with two other new cycles and compare their dissipated energy, efficiency, and steady-state power production against each other and a previously tested experimental protocol for the Carnot cycle. We demonstrate a 20% improvement in dissipated energy over previous experimentally tested protocols and a \sim 50% improvement under other conditions for one of our engines, while our final engine is more efficient and powerful than the others we considered. Our results provide the means for experimentally realizing optimal mesoscale heat engines.

Introduction. Since the turn of the millennium, our understanding of nonequilibrium processes has improved dramatically [1–7]. Over the past decade in particular, powerful techniques for controlling colloidal mesoscopic systems have facilitated experimental realizations of finite-time thermodynamic cycles [8–13]. A major step forward was achieved by the construction of a mesoscopic Stirling cycle with a harmonically trapped particle suspended in a temperature-controlled, laser heated fluid [9]. Another significant advance was achieved by placing an electrically charged colloidal particle in an electrostatic field with tunable noise in order to mimic a thermal bath with a continuously varying temperature [10]. By following alternating adiabatic (constant Shannon entropy) and isothermal strokes, these authors produced a mesoscopic colloidal Carnot cycle.

However, although a large class of control protocols, including those used in this experiment, reproduce the standard Carnot cycle when performed quasistatically, the choice of a specific temporal parametrization significantly impacts the thermodynamic performance of the engine when operated in finite time. In this Letter, we connect the versatile thermodynamic geometry approach with the colloidal harmonic oscillator used previously [9, 10] and calculate explicit optimal protocols for this important model system. We find improvements in the efficiency, output power, and dissipated energy in steady-state operation for a wide variety of cycle durations. Our results may find use in practical development of mesoscale engines.

Thermodynamic geometry. Thermodynamic length was originally introduced as a notion of metric distance

between equilibrium states of a physical system [15–20]. Since their introduction, thermodynamic length and similar geometric approaches have found wide-ranging applications in various contexts [21], with recent success in optimal control of nonequilibrium systems [22–33]. We will follow the treatment introduced in a recent pioneering study [34] that successfully applied a geometric approach to closed thermodynamic cycles. In particular, we consider a thermodynamic system with two control parameters, $\mathbf{\Lambda} = (T, \lambda)$, operated cyclically, where T is the time-varying temperature of an external bath and λ represents a mechanically varied parameter. The work, W, and effective energy intake from the heat source [34], U, are given

$$W = -\oint dt \left\langle \frac{\partial H_{\lambda}}{\partial \lambda_t} \right\rangle \dot{\lambda}_t, \quad U = \oint dt \left\langle \log \rho_t \right\rangle \dot{T}_t, \quad (1)$$

where H_{λ} is the system Hamiltonian for a given value of λ , ρ is the phase space density, t subscripts denote values at a given time t, and brackets denote ensemble averages, i.e. phase space integrals against ρ for a given t.

This expression for the work is fairly standard, but the quantity U above may be less familiar (U does not represent the internal energy of the system). For any quasistatic, reversible process, a change in the entropy of a system must coincide with an exchange of heat with an external bath by the amount given by the expression for U. For systems driven out of equilibrium, the entropy can increase even in the absence of heat exchange, as is the case during a free expansion, for example. This quantity, which upon performing integration by parts converts to $\oint T dS$ in steady-state driving, where S is the system entropy, then includes contributions at each moment from both the actual amount of heat exchanged with the environment plus the amount of heat that would result in the extra increase in S during a corresponding reversible process at temperature T.

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Thus, the energy irreversibly dissipated over the course of a full cycle, A, (alternatively known as the dissipated availability or work) can be written

$$A = U - W \ge 0, \tag{2}$$

where the inequality arises from the second law. The equality is saturated only for quasistatic driving in which case the phase space density assumes a Boltzmann form at all times:

$$\rho_{\Lambda} = e^{-\beta(H_{\lambda} - F_{\Lambda})},\tag{3}$$

where F_{Λ} is the free energy for a given λ and T and $\beta \equiv (k_B T)^{-1}$.

Following [22, 23, 34], we consider the system to be operating in the slow-driving regime wherein temporal variations of control parameters are assumed slow relative to the relaxation timescale of the system. Standard dynamic linear response then gives the dissipated energy to lowest order in $\dot{\Lambda}$

$$A \approx \oint dt \ \dot{\mathbf{\Lambda}} \cdot \mathbf{g} \cdot \dot{\mathbf{\Lambda}}, \tag{4}$$

where \mathbf{g} is defined as the inverse diffusion tensor, given by equilibrium time-correlation functions

$$g_{ij}(t) = \beta(t) \int_0^\infty dt' \left\langle \delta X_i(0) \delta X_j(t') \right\rangle_{\mathbf{A}(t')}.$$
 (5)

Here $X_i(t)$ is the time-dependent thermodynamic force conjugate to control variable *i*: $X_T = -\log \rho_{\Lambda}$ and $X_{\lambda} = -\partial H_{\lambda}/\partial \lambda_t$ and $\delta X = X - \langle X \rangle$. The tensor **g** is symmetric by construction and can be shown to be positive-semidefinite [23, 34] as a consequence of the second law. Because it satisfies these conditions, one can interpret **g** as a metric tensor, introducing a well-defined notion of geometric distance on cycles in control parameter space. Non-cyclical paths can yield a negative dissipated energy, suggesting that entropy production may be a more appropriate quantity to study when considering such processes [23, 39]. For an arbitrary closed path ϕ through control space, we may define the corresponding thermodynamic length \mathcal{L}_{ϕ} as

$$\mathcal{L}_{\boldsymbol{\phi}} = \int \sqrt{d\boldsymbol{\phi} \cdot \mathbf{g} \cdot d\boldsymbol{\phi}},\tag{6}$$

which is independent of parametrization. Beyond the thermodynamic length, a different geometric quantity, the thermodynamic divergence, may be understood as the thermodynamic cost in dissipated energy of a physical operation. The divergence is defined as

$$\mathcal{D}_{\boldsymbol{\phi}} = \tau \int_0^\tau dt \; \dot{\boldsymbol{\phi}} \cdot \mathbf{g} \cdot \dot{\boldsymbol{\phi}},\tag{7}$$

where now ϕ is explicitly parametrized by a time-varying protocol with $t \in [0, \tau]$ and the divergence depends on this parametrization. By comparing Eqs. (4) and (7), we

see that the thermodynamic divergence precisely matches the dissipated energy of a protocol scaled by the protocol duration. Paths and parametrizations that minimize the thermodynamic divergence are therefore minimally dissipative and thermodynamically optimal in that sense. Between any two points, such paths are known as geodesics. Moreover, for any given path in control space that is not a geodesic, there still exists an optimal parametrization that minimizes the divergence, and therefore the dissipated energy, for a fixed protocol duration. Explicitly, comparing Eqs. (6) and (7), the Cauchy-Schwarz inequality implies $A = \mathcal{D}/\tau \geq \mathcal{L}^2/\tau$. This bound is saturated only for optimal driving protocols where control parameters are changed in such a way that the quantity $\dot{\boldsymbol{\phi}} \cdot \mathbf{g} \cdot \dot{\boldsymbol{\phi}}$, which we identity as the instantaneous dissipated power, \mathcal{P}_{diss} , is constant over the full protocol duration [22].

Brownian working substance. The parametric harmonic oscillator is often used as the paradigmatic model of colloidal thermodynamic systems and has been successfully applied as the working substance in physical realizations of mesoscopic heat engines [9, 10]. This model system consists of a particle of mass m in a harmonic trap with time dependent stiffness k(t) in contact with a heat bath at temperature T(t), evolving under Langevin dynamics

$$m\ddot{z} = -\zeta \dot{z} - k(t)z + \eta(t), \qquad (8)$$

where z is the position of the particle, ζ is the friction coefficient, and $\eta(t)$ is Gaussian white noise satisfying

$$\langle \eta(t)\eta(t')\rangle = 2\zeta k_B T \delta(t-t'), \qquad (9)$$

ensuring that the dynamics satisfy detailed balance. With these two control variables, the thermodynamic forces can be expressed as

$$\mathbf{X} = \left(\frac{1}{2T}(p^2/m + kz^2) + \frac{1}{T}\log\left(2\pi\sqrt{\frac{mT^2}{k}}\right), \ -1/2z^2\right),\tag{10}$$

where p is the momentum of the particle. Following methods similar to [23], we arrive at our first major result, the full metric tensor for this thermodynamic space (see [40] for a detailed derivation):

$$g_{ij} = \beta \int_0^\infty dt \, \langle \delta X_i(t) \delta X_j(0) \rangle$$

= $\frac{mk_B}{4\zeta} \left(\frac{\frac{1}{T} \left(4 + \frac{\zeta^2}{km} \right) - \frac{1}{k} \left(2 + \frac{\zeta^2}{km} \right)}{-\frac{1}{k} \left(2 + \frac{\zeta^2}{km} \right) - \frac{T}{k^2} \left(1 + \frac{\zeta^2}{km} \right)} \right)_{ij}.$ (11)

Optimal Brownian Carnot engine. The Carnot engine is a four-stroke engine consisting of alternating isothermal steps in contact with a heat bath of either a hot temperature T_h or a cold temperature $T_c < T_h$ and adiabatic steps during which no heat is exchanged with a bath. Consistent with the second law, all engines acting reversibly between two heat baths at these temperatures



FIG. 1: Shape and temporal parametrization of a previously tested Brownian Carnot cycle, the optimized Brownian Carnot cycle, and an optimal geodesic cycle matched to the Carnot cycle. (a) The stiffness (top) and temperature (bottom) for three heat engines as a function of time: an experimentally tested Brownian Carnot cycle [10] (solid black), the optimally parametrized Brownian Carnot cycle (dashed orange), and the optimal cycle employing geodesics between adjacent pairs of corners of the previous Carnot cycles (dotted blue). Horizontal axes are shared between subplots. (b) The functional form in control parameter space of the Carnot cycle (solid black) and the optimal geodesic cycle (dotted blue). Orange circles (blue triangles) denote points along the optimal Carnot (geodesic) cycle parametrization at 25 equal duration intervals in time. (c) Same as in (b) for the Clausius diagram of stiffness k against its conjugate thermodynamic force in the quasistatic limit $-X_k = x^2/2 = k_B T/2k$.

cannot have a lower thermodynamic efficiency than the Carnot engine, with Carnot thermodynamic efficiency given by $\eta_{\rm C} = 1 - T_c/T_h$. However, the classical Carnot engine operates quasistatically and therefore performs only a finite amount of work over an arbitrarily long cycle period, thus delivering no power. Accordingly, finite-time, nonzero-power thermodynamics of this engine have been a topic of significant interest [14, 31, 35–38, 42–51].

Recently, a laser trapped colloidal particle in contact with a time-varying (effective) heat bath was used to experimentally produce a Carnot engine with the Brownian working substance described in the previous section. Isothermal expansion and compression arise from changes in k(t) for a fixed temperature T. Adiabatic paths were achieved by holding fixed T^2/k , an adiabatic invariant for this system, which maintains a constant value of Shannon entropy [52]. A portrait of the Carnot cycle in (T, k) space is plotted in Fig. 1(b).

Considering the metric given in Eq. (11), we now construct the optimal parametrization for the Carnot engine. For isothermal steps, the dissipated power can be obtained by setting $\dot{T} = 0$ in the integrand of Eq. (4), which gives

$$\mathcal{P}_{\rm diss,iso} = \frac{mk_BT}{4\zeta} \frac{\dot{k}^2}{k^2} \left(1 + \frac{\zeta^2}{km}\right). \tag{12}$$

The optimal trajectory in k is then found through the corresponding Euler-Lagrange equation

$$\left(2\zeta + \frac{2mk}{\zeta}\right)\ddot{k} - \left(\frac{3\zeta}{k} + \frac{2m}{\zeta}\right)\dot{k}^2 = 0,\qquad(13)$$

which can be solved numerically for given initial and final values of k. The total thermodynamic cost of such an isothermal step is given by the integral of Eq. (12) for the

solution k_{iso}^* of Eq. (13) over the duration of the protocol.

For adiabatic steps, the key constraint is that $\alpha \equiv T^2/k$ be held fixed. Under this constraint, the dissipated power is given by

$$\mathcal{P}_{\rm diss} = \frac{k_B \zeta \alpha T^2}{4T^3},\tag{14}$$

leading to the Euler-Lagrange equation,

$$\ddot{T} = \frac{3\dot{T}^2}{2T},\tag{15}$$

which is analytically solvable. For a generic adiabatic protocol of duration τ that transitions from initial stiffness k_i and temperature $T_i \equiv \sqrt{\alpha k_i}$ at time t = 0 to a final stiffness k_f and temperature $T_f \equiv \sqrt{\alpha k_f}$ at time $t = \tau$, the protocol is

$$T_{\rm adiab}^*(t) = \frac{T_i T_f \tau^2}{(\sqrt{T_f} \tau + (\sqrt{T_i} - \sqrt{T_f})t)^2}, \qquad (16)$$

$$k_{\rm adiab}^*(t) = T_{\rm adiab}^*(t)^2 / \alpha, \qquad (17)$$

leading to a (constant) energetic cost of

$$\mathcal{P}_{\text{diss,adiab}}^* = \frac{k_B \zeta \alpha (\sqrt{T_f - \sqrt{T_i}})^2}{T_i T_f \tau^2}.$$
 (18)

The total Carnot cycle consists of alternating isothermal and adiabatic processes connecting four points in (T, k) space. Following [10], we order the four strokes as: 1) isothermal compression at T_c , 2) adiabatic compression between T_c and T_h , 3) isothermal expansion at T_h , and 4) adiabatic expansion between T_h and T_c . In order to allocate the optimal amount of time to each stroke of the cycle, we note that for any optimallyparametrized process ϕ^* , the dissipated energy is given $A_{\phi^*} = \mathcal{D}_{\phi^*}/\tau = \mathcal{L}^2_{\phi^*}/\tau$, such that $\mathcal{P}_{\mathrm{diss},\phi^*} = \mathcal{L}^2_{\phi^*}/\tau^2$. This must be true of both the full cycle and each optimized stroke, such that $\mathcal{L}^2_i/\tau^2_i = \mathcal{L}^2_{\mathrm{tot}}/\tau^2 \implies \mathcal{L}_i/\tau_i = \mathcal{L}_{\mathrm{tot}}/\tau \implies \tau_i = \tau \mathcal{L}_i/\mathcal{L}_{\mathrm{tot}}$ where τ_i and \mathcal{L}_i are the duration and thermodynamic length, respectively, of the *i*th stroke $(\sum_i \tau_i = \tau)$.

Optimal geodesic engine. The Carnot engine is significant in reversible thermodynamics as the paradigmatic model of a heat engine with maximal efficiency under various conditions, such as for specified hot and cold heat baths and considering only inward heat flows when assessing the thermodynamic cost. As discussed previously, its path in control space follows a prescribed shape set by the well-known quasistatic cycle. However, in this geometric framework, there is (at least) one well-defined minimal dissipation path connecting any two points in control space: a geodesic. Given the existence of geodesic protocols that are less dissipative than the corresponding strokes of the Carnot cycle, we next construct an engine consisting only of geodesics that connect adjacent pairs of the four corners of the Carnot cycle. The shape of such an engine is depicted in Fig. 1(b). The two adiabatic strokes are in fact exactly geodesic and are unchanged for this cycle, though the geodesic paths corresponding to the isothermal strokes now involve variations in temperature. Individual strokes again may be pieced together according each stroke a duration proportional to its thermodynamic length as required for optimallyparametrized processes, leading to the parametrization of the cycle depicted in Fig. 1(a).

Engine performance. We now calculate the performance of the various engines described in the previous section and compare them against a previously studied experimental cycle [10], which we use as a benchmark. To mimic the experiment, we pin the four corners of the Carnot cycle at $(T_0, k_0) =$ $(300 \text{ K}, 2 \text{ pN } \mu\text{m}^{-1}), (T_1, k_1) = (300 \text{ K}, 6.5 \text{ pN } \mu\text{m}^{-1}),$ $(T_2, k_2) = (600\sqrt{10/13} \text{ K}, 20 \text{ pN } \mu\text{m}^{-1}), (T_3, k_3) =$ $(600\sqrt{10/13} \text{ K}, 80/13 \text{ pN } \mu \text{m}^{-1}), \text{ and } (T(\tau), k(\tau)) =$ $(T_0, k_0).$ Following standard methods starting from Eq. (8), we can derive an equivalent Fokker-Planck equation for the evolution of the probability density over phase space. Integrating across various covariances [40], we arrive at the coupled differential equations governing the evolution of $\langle z^2 \rangle$, $\langle pz \rangle$, and $\langle p^2 \rangle$:

$$\frac{d}{dt}\left\langle z^{2}\right\rangle =\frac{2}{m}\left\langle pz\right\rangle , \tag{19}$$

$$\frac{d}{dt} \langle pz \rangle = \frac{\langle p \rangle^2}{m} - k \langle z^2 \rangle - \frac{\zeta}{m} \langle pz \rangle , \qquad (20)$$

$$\frac{d}{dt}\langle p^2 \rangle = 2k \langle pz \rangle - 2\frac{\zeta}{m} \langle p^2 \rangle + 2\zeta k_B T.$$
(21)

Given that our model system only encounters a harmonic potential, if we assume the system starts in a Gaussian form, it will remain Gaussian for the duration of the protocol, such that these covariances encode the *entire* phase space distribution of the Brownian oscillator. Therefore, numerically solving these equations for given control parameters k(t) and T(t) and allowing the system to come to its steady state, we are able to fully simulate the system and evaluate various performance metrics of the engine. We use *simulations* of the experimental protocol of [10] as a benchmark. We do this rather than use the actual experimental results to allow for the evaluation of a greater range of protocol durations and for more detailed (simulated) data than was experimentally measured. We validate our numerical simulations by direct comparison to the experiment in the Supplemental Materials [40].

In Fig. 2(a), we plot the power output $P = W/\tau$ as a function of cycle duration τ . As expected, for small times W is negative such that no work is extracted from the cycle and the power is large in magnitude and negative for each of the engines, resulting in a maximum positive value for the power at a finite value of cycle duration. We observe a noticeable benefit to the use of the optimized Carnot engine, though the optimal geodesic engine actually leads to a *reduction* in power.

To better understand this, we plot the dissipated energy A for these protocols in Fig. 2(c)-(d). We note a >20% decrease in the dissipated work per cycle for both the optimal Carnot engine as well as the geodesic engine compared to the previously tested experimental protocol. For these experimental parameters, the thermodynamic length of the optimal Carnot cycle is only 0.0003% greater than that of the geodesic cycle, such that its benefit is difficult to observe in these figures. We therefore also simulate for a different set of material values where the benefits are clearer, now demonstrating a $\sim 50\%$ decrease in dissipated work for the optimal geodesic engine; these results are plotted in Fig. 2(e)-(h). This second set of material parameters corresponds to using a ball of millimeter radius and density comparable to gold, which may not be achievable with current experimental technology but serves to illustrate the differences between the various cycles in a significantly more underdamped regime. See [40] for further simulation details. We can compute the efficiency of all of these engines, displayed in Fig. 2(b) and (f) as a function of cycle duration. Here we define efficiency not as the ratio of work output to heat input, but as the ratio of work output to total effective thermal energy uptake [34]:

$$\eta = \frac{W}{U} \approx 1 - \frac{A}{\mathcal{W}},\tag{22}$$

where \mathcal{W} is the net work extracted from a quasistatic cycle with $\rho_t = \rho_{\Lambda}$ at all time; Eq. (22) holds to lowest nontrivial order in driving rates. As stated previously, this definition is more appropriate for engines of timevariable heat baths and has a universal maximum value of one for any reversible engine. As expected, we observe that both optimized protocols yield a superior efficiency relative to the experimental protocol in the long time limit, as well as for earlier times in most cases. Interestingly, the optimal Carnot cycle is more efficient than the optimal geodesic cycle. This surprising result, along



FIG. 2: Performance of various engines considered in the main text as a function of protocol duration τ . We numerically simulate the system under cyclic operation of the control parameters for protocol duration τ and plot the performance of each engine after reaching steady state. In all plots, results of simulations of an engine following the experimental protocol used in [10] are shown with black squares and a straight black linear interpolation, the optimal Carnot cycle with orange circles and dashed orange linear interpolation, the optimal geodesic cycle with blue triangles and blue dotted linear interpolation, and a hybrid cycle consisting of the optimized Carnot cycle with the cold isothermal compression step replaced by the corresponding geodesic path with green diamonds and dashed linear interpolation. (a) Average power. (b) Average efficiency. (c) Average dissipated energy. (d) Dissipated energy scaled relative to that of experimental protocol. Material parameters, i.e. m, ζ, T_c, T_h and k, are chosen based on those used in the experiment of [10]. Observe the dissipation is minimized for the geodesic engine, though this engine is less efficient and less powerful than the optimized Carnot and hybrid engines; the hybrid engine is both most efficient and powerful for all protocol durations considered. (e)-(h) Same as (a)-(d) for different material parameters for which the contrasting performance between different cycles is clearer (see [40] for details of material parameter values). Horizontal axes of (a),(c),(e), and (g) are the same as each subfigure below them, (b),(d),(f), and (h), respectively.

with the comparable result found for the powers, may be understood by recognizing that the cost function for this optimization scheme is only the availability A, and indeed we see the geodesic cycle produces the smallest total availability. In fact, for slowly driven cycles, the optimal geodesic cycle yields the minimum possible value of A for any cycle passing through the four corners of the Carnot cycle in a given time. However, the efficiency and power depend not only on the dissipated energy but also on the total possible energy accessible to the engine in the most ideal conditions, namely W. This therefore introduces a further figure of merit of an engine: for slowly driven systems, the most efficient engine will minimize the ratio A/W. Thus, although the (optimal) Carnot engine produces a larger dissipated energy, it is more efficient.

In fact, given that \mathcal{W} is a monotonic function of the area enclosed by the cycle plotted in Fig. 1(b), the geodesic corresponding to the hot isothermal expansion acts to decrease the value of \mathcal{W} as it bows downward into the the cycle, whereas the equivalent for cold isothermal compression acts to increase \mathcal{W} . This intuition suggests that we form a more efficient cycle than any considered above by starting with the optimized Carnot cycle and replacing only the cold isothermal compression with the corresponding geodesic path. We plot the shape of this cycle in comparison to others we consider in Fig. 3. Indeed, of all the cycles we considered, this hybrid cycle



FIG. 3: The thermodynamic cycles and parametrizations we consider. Closed curves represent the bath temperature (T) vs. trap stiffness (k) for each engine. Markers are placed at 20 points along each cycle separated by equal time intervals. Colors and marker shapes correspond to the conventions in previous figures.

produces the most efficient engine in terms of both A/Wand power (Fig. 2). See [40] for further comparisons of all simulated cycles to the experimental results of [10]. All of the optimized cycles statistically significantly outperform the experimentally measured Carnot cycle.

Discussion. Here we have considered the optimal temporal parametrization for the Brownian Carnot cycle, and we have also derived two new finite-time thermodynamic cycles that incorporate geodesics connecting consecutive pairs of corners of the Carnot cycle. We have demonstrated that each of these three new engines is less-dissipative than the experimentally tested temporal parametrization of the Brownian Carnot cycle [10], with our hybrid engine being the most efficient among those studied. A clear next step would be to carry out a similar procedure for other thermodynamic engines and refrigerators, such as those corresponding to the Stirling and Otto cycles.

Although the treatment of thermodynamic length is highly accurate for slowly driven cycles [40], contributions from higher order corrections have been reported in the literature [53] and have been used, for example, to give stronger bounds on free energy estimates of thermodynamic processes [54]. Likewise, lessons from studies of finite-time processes that shortcut relaxation timescales could further facilitate the development of optimal cyclic engines [55–65]; such questions have been studied for overdamped dynamics [66, 67]

Finally, although we were able to construct a novel and minimally-dissipative cycle connecting each of the four pairs of adjacent corners of the Carnot cycle with geodesics, it was *less* efficient than the corresponding Carnot cycle. Recognizing that we could simultaneously reduce the availability A and increase the work W by incorporating a geodesic path in place of the cold isothermal compression while retaining the other three strokes of the optimized Carnot cycle, we obtained our hybrid cycle, which is the most efficient of the engines we considered. We found this more efficient cycle by assembling strokes that were obtained by minimizing only dissipation, but it may be possible to derive maximally efficient cycles more directly. Importantly, for slow driving, the form of efficiency we considered here (Eq. 22) is a purely

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geometric quantity, such that its optimization suggests a new design principle for the *shape* of a cycle, beyond just its optimal temporal parametrization or introducing geodesics between pairs of points. We will pursue this further in future work.

Conclusion. In this Letter, we have characterized the thermodynamic geometry of the colloidal harmonic oscillator system and used these results to derive explicit protocols for optimal Carnot-like cycles. Using similar methods, one could construct optimal parametrizations and introduce geodesics to minimize dissipation for any chosen cycle of the model working system studied. Future work may be directed towards higher order corrections to our results, application of our results to the study of further cycles, and the development of fundamentally new and more efficient nonequilibrium thermodynamic cycles. We hope our results will facilitate the design and construction of optimal thermal machines at the mesoscale.

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