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de Sitter Harmonies: Cosmological Spacetimes as Resonances

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The aim of this work is to provided the details of a calculation summarized in the recent paper by Maltz and Susskind which conjectured a potentially rigorous framework where the status of de Sitter space is the same as that of a resonance in a scattering process. The conjecture being that transition amplitudes between certain states with asymptotically supersymmetric flat vacua contain resonant poles characteristic meta-stable intermediate states. A calculation employing constrained instantons is presented that illustrates this idea.

I. INTRODUCTION AND MOTIVATIONS

String/M-theory is the leading candidate for a formalism of quantum gravity [1–9], having had many successes in providing an ultraviolet (UV) completion of gravitational phenomenon which are described to high experimental precision in the infared (IR) by General Relativity (GR) [10, 11]. Reproducing the spectrum of 10D supergravity at low energies, providing controlled calculations of black hole microstate counting [12], and introducing new notions into physics such as Holographic Complementarity, Matrix model descriptions of gravity [13–15], and the AdS/CFT correspondence (Gauge/Gravity Duality)[16]. In describing cosmological spacetimes however, the theory is in a deep morass and descriptions reduce to Jabberwocky.

Starting with supernova Ia measurements in 1987 [17– 19] and concurrent CMB measurements [18, 20, 21] it has become apparent that the universe's expansion is accelerating. Our explanation for this within the Λ -CDM model of cosmology is that the mass-energy density of the universe is dominated by dark energy in the form of a small Cosmological Constant (Λ) [22–26] [27]. This second exponential expansion phase separate from the initial inflationary epoch [24, 28] that occurred just after the big bang [17, 18, 29, 30], implies that our universe is best described as being asymptotically de Sitter (dS) [29-33] from 10^{-33} s after the big bang until into the far future. If string theory is going to directly address the issues of cosmology it is necessary to formulate a quantum definition of asymptotically dS spacetimes within string theory.

Computation of observable quantities in string theory typically rely on computing asymptotic states on what has been colloquially referred to *asymptotically cold* backgrounds [34] such as symptotically Anti de Sitter (AdS) or asymptotically Flat spacetimes i.e. the energy density and therefore fluctuations of the geometry go to zero asymptotically or at the boundary where applicable, and gravity decouples. Due to the exponential expansion of the spacetime, dS possesses cosmological horizons. This implies that only a portion of the spacetime is ever accessible to any given observer and there is no asymptotically cold boundary region on which to define correlation functions [35]. The region within the observer's horizon, referred to as the observer's causal patch [35, 36], possesses a finite entropy and temperature [37, 38]. The finite entropy of the causal patch suggests that the causal patch of dS does not support exact states on its own and should be described by a large finite discreet spectrum of states which is incompatible with a continuum CFT description [35] and the dS symmetries [35, 39][40].

Finally, String/M-Theory possesses a vast set of vacuum solutions known as the String Theory Landscape, with estimates of ~ 10^{500} vacua [39, 41–47]. The most well understood subset of these solutions are referred to as The Moduli Space of Supersymmetric Flat Vacua (Supermoduli space) which are continuously connected to the five perturbative string theories [39, 41, 48]. Vacua in supermoduli space are supersymmetric preserving compactifications with $V(\varphi_n) = 0$, $(\Lambda = 0)$. At low enough energies these moduli can be approximated by massless scalar fields that are under the influence of an effective potential $V(\varphi_n)$. Vacua are local minima of $V(\varphi_n)$ with Λ equal to the value of the minima. Moving through moduli space means varying the dynamical moduli of the compactification which changes the value of the effective fields φ_n [49]. Minima of the potential where $V(\varphi) \neq 0$ are obtained non-perturbatively. dS vaccua, those with positive Λ , are in the landscape [50, 51], however they unstable to vacuum decay via Coleman de Luccia (CDL) tunneling [42, 52–56] to flat or AdS vacua [57]. The CDL decay complicates the structure of timelike future infinity \mathcal{I}^+ of dS, changing it to a history dependent fractal structure of many different types of bubbles of different cosmological constants [58, 59] [60] in a quantum superposition.

The decay to *Hats*—FRW bubbles of vacua in the supermoduli space, $\Lambda = 0$ — provides an opportunity to define a rigorous framework for dS. This conjectured framework known as FRW/CFT [34, 55, 56, 61–67][68].

In this work we will provide the technical details of the computation inspired by FRW/CFT and summarized in [69] to define a transition amplitude between supersymmetric flat vacua and show that resonant poles which we associate with dS meta-stable states exist in its spectral representation. To show this we consider a configuration looking like a time-symmetric slice of the dS vacuum and

evolve the state in a time symmetric manner to yield the past and future infinity boundaries; which as previously stated are fractal superpositions containing an infinite number of hats as well as other vacua. Picking a past and future hat and invoking the gauge choice that they nucleate at the spatial center of a causal diamond, we will define a transition amplitude and compute a spectral representation for this transition. This will require constructing a deformation of the CDL spacetime which we will refer to as a constrained CDL instanton. This spacetime, which is constructed via the Barrabès-Israel Null junctions conditions [70], has the status of a constrained instanton [71-73] and is the result of the CDL instanton equations with a constraint that the FRW regions are separated in the dS region by a fixed proper time, see Fig 4. A regulated action is computed for this spacetime and a path integral for the transition amplitude is performed using the mini-superspace approximation in the thin wall limit. Here the path integral over all deformations of the metric is constrained to only varying the time between the bubbles. Fourier transforming this amplitude with respect to this time in order to get a spectral representation, we find that the spectral representation contains resonant poles. We will associate these poles to dS intermediate states. The idea that dS might be viewed as resonance has been suggested before in [39, 55, 56]; however there is to the author's knowledge no explicit calculation to establish dS as a resonance or direct computation of the pole in the literature. We will present the details of one in this paper.

This paper is organized as follows: first in section II will introduce dS and CDL instanton spacetime [55, 56, 74]. In III we will define the transition amplitude and spectral representation [75]. In IV we will motivate the calculation and action prescription. Sections V-VII contain the main bulk of the paper where we first compute the amplitude in 1 + 1 Liouville gravity and 3 + 1 Einsteinian Gravity in order to establish the existence of the pole. 1 + 1D, the Gauss-Bonnet theorem implies that the boundary contributions may be neglected and the regulation of the action is simplified. In section VI we compute the action in 3 + 1 Einsteinian gravity taking into account the boundary terms. In the discussion we will interpret this result and discuss its implications as well as present our conclusions. In appendix A an explicit construction of the *constrained* CDL spacetime employing the null junction conditions is presented. In B, an argument justifying the proposed integration region is presented. Finally in C we give some useful relations for the geometry.

II. DE SITTER SPACE AND THE COLEMAN DE LUCCIA AMPLITUDE

de Sitter space is a maximally symmetric solution of the Einstein Field equations [76–81],

$$G_{\mu\nu} = R_{\mu\nu} + \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = 0, \qquad (1)$$

where the Cosmological Constant is given by Λ yielding a dS radius of $l_{dS} = \sqrt{\frac{3}{\Lambda}}$; for our universe $\Lambda \approx 1.7 \times 10^{-121} \sim 1/t_U \sim 10^{-122}$ in Planck units [23, 82][83].

Asymptotically dS spacetimes (Cosmological spacetimes) add to (1) a stress tensor to describe the matter and radiation content of the universe

$$G_{\mu\nu} = R_{\mu\nu} + \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = \kappa T_{\mu\nu}.$$
 (2)

Solving (1), the metric for dS, written in global coordinates [84] is

$$ds^{2} = -dt^{2} + \frac{3}{\Lambda}\cosh^{2}\left[\sqrt{\frac{\Lambda}{3}}t\right]\left(d\psi^{2} + \sin^{2}\psi\,d\Omega_{2}^{2}\right).$$
 (3)

Using the relation

$$\tanh\left[\sqrt{\frac{\Lambda}{3}}\frac{t}{2}\right] = \tan\left[\frac{\eta}{2}\right],\tag{4}$$

[85], we can reexpress (3) into conformal time coordinates

$$ds_{dS}^2 = \frac{3}{\Lambda \cos^2 \eta} \Big\{ -d\eta^2 + d\psi^2 + \sin^2 \psi \, d\Omega_{\mathscr{D}}^2 \Big\}, \qquad (5)$$

with $-\pi/2 \leq \eta \leq \pi/2$ and $0 \leq \psi \leq \pi$. These are the coordinates generally used to label the Penrose diagram for dS, shown in Fig. 1. Pure dS (3) can be regarded as a 4d hyperboloid, $-(X^0)^2 + \sum_{i=1}^4 (X^i)^2 = l_{dS}^2$, embedded in 5d Minkowski space $ds^2 = -(dX^0)^2 + \sum_{i=1}^4 (dX^i)^2$ [79–81].

Instead of ~ 10^{500} vacua let us follow [55] and consider a far smaller Landscape which possesses only two vacua as a starting point for our construction. This effective potential will have only two minima, one corresponding to a positive Λ and the other at zero. In [55], a O(D-1)symmetric spacetime resulting from the CDL nucleation process was worked out, the Penrose diagram for it is given in Fig. 2. For convenience we will reproduce the solution from [55] for D = 4, which is the metric for Region III in Fig. 2,

$$ds^{2} = c^{2} dy^{2} + a(y)^{2} \left[d\alpha^{2} + (\sin^{2} \alpha) d\beta^{2} - (\sin^{2} \alpha \sin^{2} \beta) dt^{2} \right].$$
(6)

Here $0 \leq y < \pi$, $0 \leq \alpha < \pi$, $0 \leq \beta < 2\pi$, and $-\infty < t < \infty$; c is a constant that depends on Λ The solution (6) was obtained by solving the euclidean CDL equations [87]. The solution is then continued to Lorentzian



FIG. 1. Penrose diagram of de Sitter space. The north and south poles of the \mathbb{S}^3 are at $\psi = 0$ and $\psi = \pi$ respectfully. Timelike future infinity \mathcal{I}^+ is the line at conformal time $\eta = \pi/2$ and similarly timelike past infinity \mathcal{I}^- is located at $\eta = -\pi/2$. The diagonal lines represent the horizons of the static patch. Note that a timelike observer can only access a portion of the space irrespective of their starting point.

signature. The metric for the other regions can be obtained by geodesically completing (6) as is detailed in [55]. The spacetime consists of an asymptotically dS spacetime with an open hyperbolic $\Lambda = 0$ FRW bubble inside it. The domain wall (green curve in Fig. 2) is the transition region between the finite Λ and $\Lambda = 0$ regions; its position and thickness are dependent on specifics of the potential barrier of $V[\varphi]$ [88].

The analysis is simplified by taking the thin-wall limit [55, 89, 90] —having the value of the potential barrier's maximum V_{max} large compared to the value of positive minima, i.e. $\Lambda \ll V_{\rm max}$). This makes the domain wall region sharp and thin. In this limit the solution for φ is simplified; outside of the domain wall, $\varphi = \varphi_0$ where the constant φ_0 is the position of the positive minimum $V[\varphi_0) = \Lambda$ yielding a classical dS region; inside the domain wall (within the open FRW region), φ is at the position of the zero minimum, i.e. $V[\varphi] = 0$. Surprisingly there is not a singularity caused by the collapsing FRW geometry as can be seen from the euclidean geometry. The Lorentzian and Euclidean geometries agree on the spacelike slice in the middle of Fig. 2 and along this slice it is possible to construct a Hartle-Hawking state [55, 56, 91] to define states for a transition process [92]. The position and shape of the domain wall is determined by its tension σ which is determined by the width the potential barrier (which is set by the micro-physics of the string compactification). For finite σ the domain wall is timelike; in taking the limit $\sigma \to 0$ the throat of the FRW region goes to zero size and the domain wall becomes light like, see Fig. 3.



FIG. 2. The Penrose diagram of the Lorentzian continuation of CDL instanton solution [55, 56, 86]. Region I and Region II are an open (k = -1) FRW universes which are asymptotically flat. Region IV and Region V are asymptotically de Sitter. Σ is the conformal 2-sphere defined by the intersection of the lightlike infinity of Region I and the spacelike infinity of Region IV. The blue curves indicate orbits of the SO(3, 1)symmetry, which act as the conformal group on Σ [56]. The red lines between Region III, Region IV, and Region V represent the cosmological horizons in the dS of the observer at r = 0. The green curve in Region III represents the domain wall between the FRW and dS regions.

III. THE TRANSITION AMPLITUDE

The amplitude for the transition is computed as path integral over all histories that connect the *in* and *out* states, including all possible spacetime configurations, field configurations as well as configurations of the horizons which would represent the information from the outside multiverse. We must determine the appropriate spacetime region that contains all the information of dS (for example from a Hartle Hawking state on a spacelike slice in the middle or Region III of Fig. 2). After picking the gauge choice that a past and future hat are moved to the spacial center of a causal patch; assume that on the spacelike slice in the middle of the center of Fig. 2 we construct a Hartle Hawking state for the spacetime and determine an *out* state. The information within the causal patch is then all that is needed to capture all the information if Horizon Complementarity is correct. Anything that passes out of the causal patch (goes into Region IV) will have a complementary description in terms of the highly scrabbled Hawking radiation which will go into Region I. Therefore region Region I will contain all

the information from the Hartle Hawking state in the middle of Region III [93]. In FRW/CFT the spacelike

slice is usually taken to be a late time slice which is an EAdS₃ that is dual to the CFT on Σ [94].



FIG. 3. Penrose diagrams of the CDL instanton with finite domain wall tension (Left), the limit of the instanton at zero tension (Center) and the *constrained* CDL instanton (Right).

Let us consider CDL instanton in this thin-wall tensionless domain wall limit. We will compute a spectral representation of a transition amplitude between In and Out states, $\langle Out|In \rangle$, and show that it contains a pole characteristic to a dS intermediate state [95, 96][97].

A resonance is an intermediate meta-stable state which can occur between any initial and final states. Many can be used to establish the existence of a resonance [98] and we only need to compute one possible channel that leads to the dS resonance to establish its existence. A mathematically tractable, although not a realistic channel, as it is entropically suppressed, is to construct the In and Out channels in a time symmetric manner from a semiclassical slice in the middle of Region III.

This is not to suggest this channel could be the true cosmological history of our universe. We are proposing that the existence of a pole in this Rube-Goldberg construction of the channel provides a precise quantum definition in the context of supersymmetric backgrounds of a dS space [99]. This same logic applies to any meta-stable state in quantum mechanics.

We will define the transition amplitude as a path integral over the histories of the causal patch containing the hats. We will not try to justify this; but study this object's spectral representation and show that it possess a pole which we associate with dS. This eliminates the need to deal with the complicated fractal boundaries, \mathcal{I}^+ and \mathcal{I}^- or Region IV and Region V.

The full path integral over all histories contains all fluctuations of the geometry including metric and field configurations about the CDL instanton as well as nonperturbative effects, such as further vacuum decay of the regions outside the hats. In what follows we will truncate this path integral to only the η_0 dependence. This minisuperspace approximation focuses the discussion on the first contribution of the transition amplitude, where the only histories that are integrated over are those when no particle content is excited. The "off shell" continuation of the CDL instanton in the thin-wall tensionless domain wall limit has the two FRW regions with their nucleation points separated by a conformal coordinate time $2\eta_0$ In the limit that $\eta_0 \to 0$ the on shell CDL instanton with zero tension domain wall is restored; see the right diagram of Fig. 3. This geometry is not a true solution of the CDL equations and has the status of a constrained instanton solution [71–73]. It must be created through cutting and pasting employing the Barrabés-Israel junction conditions [70] which is demonstrated in appendix A. We will refer to this off shell continuation as the *con*strained CDL instanton. Defining the proper time along the geodesic $\psi = 0$ to be $2t_0$, employing (4), we can express the path integral (7) as an integration over proper

time between the bubbles t_0 .

$$\langle h_{\text{out}}, \varphi_{\text{out}} | h_{\text{in}}, \varphi_{\text{in}} \rangle = \int_{h_{\text{in}}, \varphi_{\text{in}}}^{h_{\text{out}}, \varphi_{\text{out}}} \mathcal{D}g \, \mathcal{D}\varphi \, e^{i \, S[g, \varphi]} \sim \mathcal{N} \int dt_0 \, e^{i \, S[t_0]} (1 + \Delta_{fluc.}[\delta g_{\mu,\nu}, \delta \varphi] \dots) \\ + \Delta_{pert} + instanton/non-perturbative \ contrib.$$

Here $\Delta_{fluc.}[\delta g_{\mu,\nu}, \delta \varphi]$ refers to perturbative fluctuations about the *constrained* CDL and Δ_{pert} refers to all other perturbative "off shell" history contributions to the path integral. This expresses the amplitude as an integral over the relative time between the initial and final hats. The Fourier transform of the t_0 dependence defines the spectral representation of $\langle Out|In\rangle$. The terms of the expansion are weighted in powers of l_{dS} , which control the expansion.



FIG. 4. constrained CDL

IV. REGULATION OF THE AMPLITUDE AND η_0 DEPENDENCE

In the limit and approximations that we are employing, only the η_0 dependence of the action contributes to the amplitude. In order to compute the action for the causal region of the *constrained* CDL instanton, (the region within the red curve of Fig. 4), we must determine the relevant contributions to the action.

The action contribution of the stress-tensor of the domain wall does not depend on η_0 as can be seen from the boost symmetries of dS. Consider a dS with one hat on \mathcal{I}^+ that nucleates at a time η_0 in a particular coordinate frame. Varying the nucleation time, changing η_0 , is equivalent to boosting the frame in the dS. The action contribution of the stress tensor will be invariant under these boosts as the action will be diffeomorphism invariant. The contribution of the stress tensor is just the stress energy required to change the cosmological constant from Λ to 0 as one crosses the domain wall and does not depend on the nucleation time in this limit [100]. Therefor we do not need to include its contribution to the action in the time reversal symmetric amplitude [101]

The hats of the *constrained* CDL instanton in the approximation that there are no particles excited are described by Milne universes [102], $ds_{\text{FRW-Milne}}^2 = -d\tau^2 + \tau^2 \left(d\chi^2 + \sinh^2 \chi \, d\Omega_2^2 \right)$, with $0 \leq \tau < \infty$ and $0 \leq \chi < \infty$. Using the coordinate change $t = \tau \cosh \chi$ and $r = \tau \sinh \chi$, we can see that this is simply a portion of Minkowski space—the interior of the forward light cone of the origin, $r \leq t$ —with hyperbolic slicing. This means the action contribution of these regions are also η_0 independent in the limits we are employing, in fact their bulk contributions are semi-classically zero in the limit of no particles as R = 0 in this case.

Therefore we only need to consider the action contribution of the dS region of the causal patch (Region III of Fig. 4) in order to get η_0 dependence of the transition amplitude in this approximation.

The action of Region III is divergent due to the infinite volume located at the blue dots in Fig. 4, and must be properly regulated. This divergence is present for all values of η_0 and in all dimensions. The regulator must respect the Lorentz and dS symmetries of the spacetime in order to separate the divergence and η_0 dependence of the action in an invariant way [103]. Under boosts and rotations, spacetime points move along surfaces of constant $r_0^2 = \frac{3 \sin^2 \psi}{\Lambda \cos^2 \eta}$. For D > 2, surfaces of constant r_0 are those of constant transverse sphere size. When $r_0 < \sqrt{\frac{\Lambda}{3}} = l_{dS}$, constant r_0 surfaces are timelike and the can be identified with the *r* coordinate of the static patch metric of dS, $ds_{\text{static}}^2 = -\left(1 - \frac{r^2}{l_{dS}^2}\right)dt^2 + \left(1 - \frac{r^2}{l_{dS}^2}\right)^{-1}dr^2 + r^2 d\Omega_d^2.$ For $r_0 > \sqrt{\frac{\Lambda}{3}}$ the constant r_0 surfaces are spacelike and can be identified with the now timelike r coordinate of the future triangle metric, which is identical in form to the static patch metric except $r > l_{dS}$ and is hence timelike [81]. The appropriate cutoff procedure is then toe restrict the integration region to the portion of Region III in Fig. 4 that is between the spacelike surface of a fixed given $r_0 > l_{dS}$. Region III is restored in the limit

(7)

that the cutoff $r_0 \to \infty$. One further regulator will be added for convenience here but will be necessary in higher dimensions. The two null boundaries of the casual patch intersect in the middle of Region IIIat $\psi = \pi - \eta_0$ we will limit the the integration range of ψ to only go to $\psi = \pi - \eta_0 - \gamma_0$, with γ_0 a small positive constant which avoids the intersection of the null surfaces. In the limit $\gamma_0 \to 0$ along with $r_0 \to \infty$ Region IIIis restored. The regulated integration region, \mathcal{V} , is then regions enclosed by the red curves in Fig. 5 in 1+1D and Fig. 6 in higher dimensions.

V. THE 1+1 D ACTION IN LIOUVILLE GRAVITY

We will first compute the amplitude in the context of dS₂. This can be described by lorentzian timelike Liouville gravity [104–110] which contains dS₂ as solution [111–113][114]. This dramatically simplifies the calculation since in 1 + 1 dimensions the Gauss-bonnet theorem implies that the contribution of the boundary of \mathcal{V} integrates to \mathcal{V} 's euler characteristic and is η_0 independent. In 1 + 1D we therefore only need to consider the bulk contributions of the action.



FIG. 5. Penrose diagram of the 1 + 1D constrained instanton with the integration region shaded in blue. The slices of constant $r_0^2 = \frac{3 \sin^2 \psi}{\Lambda \cos^2 \eta}$ are the curved surfaces intersecting the null lines at $\psi_1 = \arctan\left[\frac{\cos\left[\eta_0\right]}{\sin\left[\eta_0+\sqrt{\frac{3}{\Lambda}r_0^2}\right]}\right]$ and $\psi_2 = \frac{\pi}{2} - \arctan\left[\frac{\sin\left[\eta_0-\sqrt{\frac{3}{\Lambda}r_0^2}\right]}{\cos\left[\eta_0\right]}\right]$ as well as their reflection about $\psi = 0$. The null domain walls dividing the dS and FRW periods intersect $\psi = 0$ at conformal time n = n, and

FRW regions intersect $\psi = 0$ at conformal time $\eta = \eta_0$ and $\eta = -\eta_0$. The regulated integration region, \mathcal{V} , is the volume enclosed by the red curve. Take the cutoff $r_0 \to \infty$ restores the entire integration region.

The timelike liouville action is then,

$$S_L = -\frac{1}{16\pi b^2} \int_{\mathcal{V}} d^2 \xi \left(\eta^{ab} \partial_a \phi_c \partial_b \phi_c - 16\lambda e^{\phi_c} \right).$$
(8)

Here the the metric is put into conformal gauge [66, 107, 113, 115] $g_{ab} = e^{\phi_c} \eta_{ab}$ and $e^{\phi_c} = \frac{3}{\Lambda \cos^2 \eta}$. Via the Liouville equation of motion we have

$$\frac{1}{4}\eta^{ab}\partial_a\partial_b\phi_c = -2\lambda e^{\phi_c} = -\frac{2\cdot 3\cdot\lambda}{\Lambda\cos^2\eta},\tag{9}$$

which gives $\lambda = \frac{\Lambda}{3\cdot 4}$.

1

In *D* spacetime dimensions the regulated boundary — red curve in Fig. 5 and Fig. 6— is the surface described by the following curves times the transverse \mathbb{S}^{D-2} ,

$$\eta_1 = \psi + \eta_0 \qquad \qquad \psi \in [0, \psi_1] \tag{10}$$

$$\eta_2 = \arccos\left[\sqrt{\frac{3}{\Lambda}\frac{\sin\psi}{r_0}}\right] \quad \psi \in [\psi_1, \psi_2] \tag{11}$$

$$\eta_3 = \pi - (\psi + \eta_0) \qquad \qquad \psi \in [\psi_2, \pi - \eta_0 - \gamma_0] \quad (12)$$

$$\eta_5 = -(\psi + \eta_0) \qquad \qquad \psi \in [0, \psi_1] \qquad (14)$$

$$\eta_6 = -\arccos\left[\sqrt{\frac{3}{\Lambda}\frac{\sin\psi}{r_0}}\right] \quad \psi \in [\psi_1, \psi_2] \tag{15}$$

$$\eta_7 = (\psi + \eta_0) - \pi$$
 $\psi \in [\psi_2, \pi - \eta_0 - \gamma_0]$ (16)

Here
$$\psi_1 = \arctan\left[\frac{\cos\eta_0}{\sin\eta_0 + \sqrt{\frac{3}{\Lambda r_0^2}}}\right]$$
 and $\psi_2 = \frac{\pi}{2} - \arctan\left[\frac{\sin\eta_0 - \sqrt{\frac{3}{\Lambda r_0^2}}}{\cos\eta_0}\right]$ are where the constant r_0 surfaces

intersect the null boundaries. In 1 + 1D the transverse sphere is an S⁰ which is just two points, leading to the Penrose diagram in Fig. 5 Therefore \mathcal{V} in 1 + 1 dimensions is the region enclosed by (10)-(16) and its reflection across $\psi = 0$. Inserting this into (8) we have

$$S_{L} = \frac{4}{16\pi b^{2}} \int_{\mathcal{V}} d\psi \, d\eta \left(\frac{1+\sin^{2}\eta}{\cos^{2}\eta}\right) = \frac{1}{\pi b^{2}} \left\{ \int_{0}^{\psi_{1}} d\psi \int_{0}^{\psi+\eta_{0}} d\eta \left(\frac{1+\sin^{2}\eta}{\cos^{2}\eta}\right) + \int_{\psi_{1}}^{\psi_{2}} d\psi \int_{0}^{\arccos\left[\sqrt{\frac{3}{\Lambda}}\frac{\sin\psi}{r_{0}}\right]} d\eta \frac{1+\sin^{2}\eta}{\cos^{2}\eta} + \int_{\psi_{2}}^{\pi-\eta_{0}-\gamma_{0}} d\psi \int_{0}^{\pi-(\psi+\eta_{0})} d\eta \left(\frac{1+\sin^{2}\eta}{\cos^{2}\eta}\right) \right\}.$$
 (17)

After preforming the η integration in all three terms of (17), we see that integrand resulting from the second term in (17) is bounded within its ψ integration range. In the cutoff limit $r_0 \to \infty$, $\psi_1 \to \psi_2$, therefore the middle integral goes to zero in the limit and can be ignored.

After computing the (17) and taking the $\gamma_0 \to 0$ limit we can Laurent expand (17) in $w_0 = 1/r_0$ up to $O[w_0]$; Resulting in,

$$S_L = -\frac{1}{\pi b^2} \left\{ 4 \log \left| \sqrt{\frac{3}{\Lambda}} w_0 \right| - 4 + \frac{\pi^2}{4} - \frac{\eta_0^2}{2} + 2 \log \cos \eta_0 \right\}.$$

The $-\frac{4!\mu}{2\Lambda} \left\{ \log \left| \sqrt{\frac{3}{\Lambda}} w_0 \right| - 4 + \frac{\pi^2}{4} \right\}$ term is the divergent contribution of the action which remains when $\eta_0 = 0$. This divergence, resulting from the infinite volume of Region III, was to be expected and is just the action of the lorentizan tensionless domain-wall CDL instanton, S_0 , in this limit. When exponetiated it can be absorbed into the overall normalization factor of (7).

Defining $\tilde{S}_L = S_L - S_0$ and re-expressing this in-terms of proper time t_0 using (4) results in [116],

$$\tilde{S}_{L} = \frac{2}{\pi b^{2}} \left\{ \arctan\left[\left\{ \tanh\left[\sqrt{\frac{\Lambda}{3}} t_{0} \right] \right\} + \log \cosh\left[\sqrt{\frac{\Lambda}{3}} t_{0} \right] \right\} = \frac{4! \mu}{4\Lambda} \left\{ \arctan^{2} \left[\tanh\left[\sqrt{\frac{\Lambda}{3}} t_{0} \right] \right] + \log \cosh\left[\sqrt{\frac{\Lambda}{3}} t_{0} \right] \right\}.$$
(18)

The log cosh $\left[\sqrt{\frac{\Lambda}{3}}t_0\right] = \sqrt{\frac{\Lambda}{3}}t_0 + \log|1 + e^{-2\sqrt{\frac{\Lambda}{3}}t_0}| - \log 2$ term in (18) is the only t_0 dependent term which

is not bounded. We see that for large values of t_0 the action grows linearly with t_0 .

Treating the bounded term as a perturbation and fourier transforming with respect to t_0 yields,

$$\int_{0}^{\infty} dt_{0} e^{i(\tilde{S}_{L}[t_{0}]-\omega t_{0})} = \int_{0}^{\infty} dt_{0} e^{i(2\mu\sqrt{\frac{3}{\lambda}}t_{0}-\omega t_{0})} \left(1+i\frac{3\cdot 2\mu}{\Lambda}\left\{\log\left|\frac{1+e^{-2\sqrt{\frac{\Lambda}{3}}t_{0}}}{2}\right|+\arctan^{2}\left[\tanh\sqrt{\frac{\Lambda}{3}}t_{0}\right]\right\}+\dots\right)$$
$$= \frac{i}{\omega-2\mu\sqrt{\frac{3}{\Lambda}}}+\rho_{1}[\omega]+\dots$$
(19)

thus revealing a pole in the spectral representation. One notes that, $2\mu\sqrt{\frac{3}{\Lambda}}$, is the energy of the static patch of dS, we take the existence of this pole to the indication of an intermediate dS vacuum.

This indicates that the dS can be thought of as a resonance in a transition amplitude.

The pole in (19) occurs at a real value of ω but this is an approximation. When the meta-stable character of the dS vacuum is accounted for the cosmological constant will obtain a small imaginary part determined by the CDL decay rate. This will shift pole by a slightly imaginary

amount, which is standard in the analysis of resonances [96, 117].

 $\rho_1[\omega]$ is the contribution of the $O\left[\frac{\mu}{\Lambda}\right]$ term in (19). The first term which can be integrated employing $_2F_1$ Hypergeometric functions and the Lebesgue dominant convergence theorem, the second term is a bounded function of t_0 and gives further contributions to the spectral representation along with the rest of the expansion.



FIG. 6. \mathcal{V} for the d+1 space time.

VI. THE AMPLITUDE COMPUTATION IN THE CONTEXT OF 3+1 DIMENSIONS

Now that we have established that the spectral representation of the 1 + 1D amplitude possesses poles associated with dS, let us repeat this in 3 + 1D in GR limit. Again we employ the cutoff region to be \mathcal{V} with the $r_0^2 = \frac{3 \sin^2 \psi}{\Lambda \cos^2 \eta}$. Which respects the lorentz and dS symmetries. Here surfaces of constant r_0 are surfaces of constant transverse \mathbb{S}^2 . This implies that the region of integration is \mathcal{V} , which is the red curve in Fig. 6. In order to properly compute the action we must include the boundary contributions. Therefore we must append to the Einstein-Hilbert action [118], the Gibbons-Hawking-York (GHY) spacelike boundary term [119, 120], its null generalization [121, 122], and the contribution of corner terms [123–125]. This leads to the action

$$S = \frac{1}{2\kappa} \int_{\mathcal{V}} d^4x \sqrt{-g} \left(R - 2\Lambda \right) - \sum_{i=2,4,6} \frac{1}{2\kappa} \int_{\partial \mathcal{V}_i} d^3x 2\sqrt{h_{(i)}} K_{(i)} + \sum_{i=1,3,5,7} \frac{1}{2\kappa} \int_{\partial \mathcal{V}_i} d^2x \sqrt{q_{(i)}} \Theta + \sum_{j=1}^5 S_{\text{corner},(j)}.$$
 (20)

Here the GHY term is composed the extrinsic curvature $K_{ab} = e_a^{\mu} e_b^{\nu} \nabla_{\nu} n_{\mu,(i)}$ with i = 2, 4, 6 referring to the normals, (25) (27) (29) and h_{ab} is the intrinsic metric on the boundary. On the null boundaries i = 1, 3, 5, 7with normals (24) (26) (28) and (30), the null generalization consists of the metric of the transverse \mathbb{S}^2 , q_{AB} , and the second fundamental form on the null surface $\Theta_{ab} = q_a^c q_b^d \nabla_c l_d$, with resulting scalar $\Theta = q^{ab} \Theta_{ab} = \frac{1}{2} q^{AB} \mathcal{L}_l q_{AB} = \frac{1}{\sqrt{q}} \frac{d}{d\psi} \sqrt{q}$ following the conventions of [121, 122].

A. Bulk Action

The bulk integration in \mathcal{V} is the regions bounded by the surfaces in (10)-(16), this makes the bulk action contribution,

$$S_{Bulk} = \frac{1}{2\kappa} \int_{\mathcal{V}} d^4 x \sqrt{-g} \left(R - 2\Lambda \right) = \frac{2 \cdot 4\pi \cdot 2\Lambda}{2\kappa} \Biggl\{ \int_0^{\psi_1} d\psi \int_0^{\psi + \eta_0} d\eta \left(\frac{3}{\Lambda} \right)^2 \frac{\sin^2 \psi}{\cos^4 \eta} + \int_{\psi_1}^{\psi_2} d\psi \int_0^{\arccos \left[\sqrt{\frac{3}{\Lambda r_0^2} \sin \psi} \right]} d\eta \left(\frac{3}{\Lambda} \right)^2 \frac{\sin^2 \psi}{\cos^4 \eta} + \int_{\psi_2}^{\pi - \eta_0 - \gamma_0} d\psi \int_0^{\pi - (\psi + \eta_0)} d\eta \left(\frac{3}{\Lambda} \right)^2 \frac{\sin^2 \psi}{\cos^4 \eta} \Biggr\}.$$
(21)

When integrated this yields

$$S_{Bulk} = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ \left(2 - 2\log\left|\cos\eta_0 + \psi\right| + \frac{\sin^2\eta_0}{\cos^2\left[\psi + \eta_0\right]} - \cos\left[2\psi\right]\tan^2\left[\psi + \eta_0\right] \right) \Big|_0^{\psi_1} + \frac{1}{12\sqrt{3}} \left(-2r_0^3\Lambda^{3/2}\operatorname{arctanh}\left[\frac{\sqrt{2}\Lambda r_0\cos\psi}{\sqrt{2\Lambda r_0^2 + 3\cos\left[2\psi\right] - 3}}\right] - 3\cos\psi\sqrt{4r_0^2\Lambda + 6\cos\left[2\psi\right] - 6}\right] \right\}$$

$$+ 6\sqrt{3} \log \left| \frac{\sqrt{6} \cos \psi + \sqrt{2r_0^2 \Lambda + 3\cos [2\psi] - 3}}{\sqrt{\Lambda} r_0} \right| \right) \Big|_{\psi_1}^{\psi_2} + \frac{1}{4} \left(-2 + 2 \log \left| \cos \eta_0 + \psi \right| - \frac{\sin^2 \eta_0}{\cos^2 [\psi + \eta_0]} + \cos [2\psi] \tan^2 [\psi + \eta_0] \right) \Big|_{\psi_2}^{\pi - \eta_0 - \gamma_0} \right\}.$$
(22)

Taking the cutoff limit $r_0 \to \infty$ and $\gamma_0 \to 0$ makes \mathcal{V} into Region III. If we express (22) as a Laurent expansion of $w_0 = \frac{1}{r_0}$ after taking the $\gamma_0 \to 0$, combining terms, and exploiting trigonometric identities; we finally get to $O[\omega_0]$,

$$S_{Bulk} = \frac{4\pi 4!}{2\kappa\Lambda} \Biggl\{ \frac{\Lambda}{2w_0^2} + \frac{1}{2}\log\frac{\Lambda}{3w_0^2} + \frac{5}{24} + \frac{1}{8}\cos\left[2\eta_0\right] - \frac{1}{2}\log|\cos\eta_0| \Biggr\}.$$
(23)

B. Boundary Action

The boundary contributions of the action (20) depends on the normals of the boundaries detailed in (24)-(30).

The outward $\left[126\right]$ directed normal one-forms and their associated vectors are

$$n_{(1)\alpha} = \left(\delta^{\eta}_{\alpha} - \delta^{\psi}_{\alpha}\right) \qquad \qquad n^{\alpha}_{(1)} = -\frac{\Lambda \cos^2\left(\psi + \eta_0\right)}{3} \left(\delta^{\alpha}_{\eta} + \delta^{\alpha}_{\psi}\right) \tag{24}$$

$$n_{(2)\alpha} = \sqrt{\frac{3}{\Lambda} \frac{\sqrt{\Lambda r_0^2 - 3 \sin^2 \psi}}{\cos \eta \sqrt{\Lambda r_0^2 - 3}}} \left(\delta_\eta^\alpha + \frac{\sqrt{3} \cos \psi}{\sqrt{\Lambda r_0^2 - 3 \sin^2 \psi}} \delta_\psi^\alpha\right)$$
$$n_{(2)}^\alpha = \sqrt{\frac{\Lambda}{3} \frac{\sqrt{\Lambda r_0^2 - 3 \sin^2 \psi} \cos \eta}{\sqrt{\Lambda r_0^2 - 3}}} \left(-\delta_\eta^\alpha + \frac{\sqrt{3} \cos \psi}{\sqrt{\Lambda r_0^2 - 3 \sin^2 \psi}} \delta_\psi^\alpha\right)$$
(25)

$$n_{(3)\alpha} = \begin{pmatrix} \delta^{\eta}_{\alpha} + \delta^{\psi}_{\alpha} \end{pmatrix} \qquad \qquad n^{\alpha}_{(3)} = \frac{\Lambda \cos^2(\psi + \eta_0)}{3} \begin{pmatrix} -\delta^{\alpha}_{\eta} + \delta^{\alpha}_{\psi} \end{pmatrix}$$
(26)

$$n_{(4)\alpha} = \sqrt{\frac{3}{\Lambda}} \frac{1}{\cos \eta} \delta^{\psi}_{\alpha} \qquad \qquad n^{\alpha}_{(4)} = \sqrt{\frac{\Lambda}{3}} \cos \eta \, \delta^{\alpha}_{\psi} \tag{27}$$

$$n_{(5)\alpha} = \left(-\delta^{\eta}_{\alpha} + \delta^{\psi}_{\alpha}\right) \qquad \qquad n_{(5)}^{\alpha} = \frac{\Lambda \cos^2\left(\psi + \eta_0\right)}{3} \left(\delta^{\alpha}_{\eta} + \delta^{\alpha}_{\psi}\right) \tag{28}$$

$$n_{(6)\alpha} = \sqrt{\frac{3}{\Lambda}} \frac{\sqrt{\Lambda r_0^2 - 3\sin^2 \psi}}{\cos \eta \sqrt{\Lambda r_0^2 - 3}} \left(-\delta_{\eta}^{\alpha} + \frac{\sqrt{3}\cos \psi}{\sqrt{\Lambda r_0^2 - 3\sin^2 \psi}} \delta_{\psi}^{\alpha} \right)$$
$$n_{(6)}^{\alpha} = \sqrt{\frac{\Lambda}{3}} \frac{\sqrt{\Lambda r_0^2 - 3\sin^2 \psi}\cos \eta}{\sqrt{\Lambda r_0^2 - 3}} \left(\delta_{\eta}^{\alpha} + \frac{\sqrt{3}\cos \psi}{\sqrt{\Lambda r_0^2 - 3\sin^2 \psi}} \delta_{\psi}^{\alpha} \right)$$
(29)

$$n_{(7)\alpha} = \left(-\delta^{\eta}_{\alpha} - \delta^{\psi}_{\alpha}\right) \qquad \qquad n^{\alpha}_{(7)} = \frac{\Lambda \cos^2\left(\psi + \eta_0\right)}{3} \left(\delta^{\alpha}_{\eta} - \delta^{\alpha}_{\psi}\right). \tag{30}$$

With the scalar extrinsic curvature defined as $K=-\nabla_{\alpha}n^{\alpha}$

We have

$$K_{(2)} = \frac{\cos\psi\sqrt{6\cos[2\psi] + 4\Lambda r_0^2 - 6} - 3\sqrt{3}\cos[2\psi] - \sqrt{3}}{2r_0\sqrt{\Lambda r_0^2 - 3}}$$
$$\Theta_{(3)} = \frac{1}{\sqrt{q_{(3)}}}\frac{d}{d\psi}\sqrt{q_{(3)}}$$

 $\Theta_{(1)} = \frac{1}{\sqrt{q_{(1)}}} \frac{d}{d\psi} \sqrt{q_{(1)}}$

$$K_{(4)} = -2\sqrt{\frac{\Lambda}{3}} \cot\left[\pi - \eta_0 - \gamma_0\right] \cos\eta$$

this make the boundary action

equal

$$S_{Boundary} = \frac{4 \cdot 4\pi}{2\kappa} \Biggl\{ \int_{0}^{\psi_{1}} \frac{d\psi}{2} \frac{\partial}{\partial\psi} \Biggl(\frac{3\sin^{2}\psi}{\Lambda\cos^{2}\left[\psi + \eta_{0}\right]} \Biggr) - \int_{\psi_{1}}^{\psi_{2}} \Biggl(\frac{3\sin^{3}\psi}{\Lambda\cos^{2}\left[\sqrt{\frac{3}{\Lambda}\frac{\sin\psi}{r_{0}}}\right]} \Biggr)^{3/2} K_{(2)} + \int_{\psi_{2}}^{\pi - \eta_{0} - \gamma_{0}} \frac{d\psi}{2} \frac{\partial}{\partial\psi} \Biggl(\frac{3\sin^{2}\psi}{\Lambda\cos^{2}\left[\psi + \eta_{0}\right]} \Biggr) + \int_{\gamma_{0}}^{0} d\eta \Biggl(\frac{3}{\Lambda\cos^{2}\eta} \Biggr)^{3/2} \sin^{2}\left[\pi - \eta_{0} - \gamma_{0}\right] K_{(4)} \Biggr\}.$$
(32)

In the cutoff limit $r_0 \to \infty$, $\psi_1 \to \psi_2$ and $K_{(2)} \to 0$. Therefore the second term in (32) does not contribute.

Upon integration (32) yields

$$S_{Boundary} = \frac{4!4\pi}{2\kappa\Lambda} \left\{ \frac{\Lambda r_0^2}{3\cdot 2\cdot 2} + \frac{3\Lambda\sin^2\eta_0}{2\cdot 2\cdot 3\Lambda} - \frac{\Lambda r_0^2}{2\cdot 2\cdot 3} - \frac{3\Lambda\cdot 2}{3\cdot 2\Lambda}\log 4\sin^2\eta_0 \right\}$$
$$= \frac{4!4\pi}{2\kappa\Lambda} \left\{ \frac{1}{4} - \log 4 \right\} \sin^2\eta_0. \tag{33}$$

C. Corner terms

Finally we must speak of the contributions of the corner terms. I will argue that with the exception of the corner term on the waist of the dS hyperboloid, the action contributions of corner terms are independent of η_0 . The action contribution of the corner resulting from two intersecting hyper-surfaces depends on the boost angle and the area of the \mathbb{S}^2 at the intersection point [123, 125]. In our set up there are six corner contributions: the intersection of the constant r_0 surface with the null walls at ψ_1 and ψ_2 and two at the waist. For the four non waist contributions the corner is on the curve of constant \mathbb{S}^2 radius r_0 which is independent of η_0 (r_0 can be varied without changing η_0). The boost angle at these four points while infinite are independent of η_0 ; this can be seen by treating the null surface as the limit of a sequence of spacelike surfaces that emanate from the nucleation point of the respective hat and intersect the constant r_0 surface at a point in between ψ_1 and ψ_2 , see Fig. 7. The boost angle for this corner term is finite and is independent of η_0 as the intersection point can be varied

without moving η_0 . In the limit that the spacelike surfaces become null, the corner contributions become infinite but are remain η_0 independent and can absorbed in the divergent η_0 independent action term that comes from the original CDL instanton. Hence the only troublesome point is the corner terms at the waist which have infinite boost angles times an η_0 dependent finite \mathbb{S}^2 size. For paths close to the CDL instanton, $t_0 \rightarrow 0$, this term vanishes exponentially. In the large t_0 limit the derivative of this term with respect to t_0 goes to zero implying this term becomes constant in the large t_0 limit. This term is not well understood and relates to the specification of microstates of the horizon and requires a better understanding of the horizon degrees of freedom perhaps employing some stretched horizon analysis. The calculation employed here in 2 + 1D is is closely related to wick rotations of those in [123–125, 127] which relate complexity and action. This term also appears in their analysis of the null and corner terms, and an analysis of it was carried out employing the spacelike cutoffs in Fig. 8.

 $S_{Boundary} = -\sum_{i=2}^{\infty} \frac{1}{2\kappa} \int_{\partial \mathcal{V}_i} d^3 x 2\sqrt{h_{(i)}} K_{(i)}$

 $+\sum_{i=1.3.5.7}\frac{1}{2\kappa}\int_{\partial\mathcal{V}_i}d^2x\sqrt{q_{(i)}}\,\Theta_{(i)}$

VII. TOTAL ACTION AND THE POLE

Combining the terms (23) and (33) we have the total action, which after Laurent expanding in $w_0 = \frac{1}{r_0}$ up to $O[w_0]$ results in,

$$S = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ -\frac{1}{2} \log|\cos\eta_0| + \left\{ \frac{1}{4} - \log 4 \right\} \sin^2\eta_0 + \frac{1}{8} \cos[2\eta_0] + \frac{\Lambda}{2w_0^2} + \frac{1}{2} \log\frac{\Lambda}{3w_0^2} + \frac{5}{24} \right\} + S_{\text{corner}}.$$

Re-expressing S in-terms of the proper time t_0 using (4) and renaming the divergent t_0 independent constant in

(31)



FIG. 7. The four divergent corner terms that occur are independent of η_0 . The corner contribution is dependent on the boost angle and \mathbb{S}^2 area, neither of which depend on η_0 . This can be seen as r_0 can be varied independently of η_0 , implying the \mathbb{S}^2 area is independent of η_0 . The boost angle is also η_0 independent; this can be seen by deforming the boundaries of \mathcal{V} to spacelike curves (red curves) which intersect the r_0 surface at finite η_0 independent boost angle. In the limit that this spacelike parametrically becomes null the integration region \mathcal{V} is restored.

(34) to S_0 , we can define $\tilde{S} = S - S_0$ resulting in,

$$\tilde{S} = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ \frac{1}{8} \left(\frac{1 - \sinh^2 \left[\sqrt{\frac{\Lambda}{3}} t_0 \right]}{\cosh^2 \left[\sqrt{\frac{\Lambda}{3}} t_0 \right]} \right) + \frac{1}{2} \log \left| \cosh \left[\sqrt{\frac{\Lambda}{3}} t_0 \right] \right| + \left\{ \frac{1}{4} - \log 4 \right\} \tanh^2 \left[\sqrt{\frac{\Lambda}{3}} t_0 \right] \right\}, \quad (34)$$

with $S_0 = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ \frac{\Lambda}{2w_0^2} + \frac{1}{2} \log \frac{\Lambda}{3w_0^2} + \frac{5}{24} \right\} + S_{\text{corner}}$. Apart from the log cosh $\left[\sqrt{\frac{\Lambda}{3}t_0} \right]$ term the t_0 dependent terms of (34) are bounded and monotonic for $t_0 > 0$.

$$\tilde{S} = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ \frac{1}{2} \log |\cosh\left[\sqrt{\frac{\Lambda}{3}}t_0\right]| + \frac{1 - \sinh^2\left[\sqrt{\frac{\Lambda}{3}}t_0\right]}{8\cosh^2\left[\sqrt{\frac{\Lambda}{3}}t_0\right]} + \left\{\frac{1}{4} - \log 4\right\} \tanh^2\left[\sqrt{\frac{\Lambda}{3}}t_0\right] \right\}$$
(35)
$$\tilde{z} = 4\pi 4! \left(1 - \frac{1}{4} + e^{-2\sqrt{\frac{\Lambda}{3}}t_0}\right) - 1 - \sinh^2\left[\sqrt{\frac{\Lambda}{3}}t_0\right]$$

$$\tilde{S} = \frac{4\pi 4!}{2\kappa\Lambda} \left\{ \frac{1}{2} \log \left| \frac{1 + e^{-2\sqrt{\frac{\Lambda}{3}}t_0}}{2} \right| + \frac{1 - \sinh^2 \left\lfloor \sqrt{\frac{\Lambda}{3}}t_0 \right\rfloor}{8\cosh^2 \left\lfloor \sqrt{\frac{\Lambda}{3}}t_0 \right\rfloor} \right\}$$



FIG. 8. If the integration region \mathcal{V} is deformed to the spacelike surfaces, red curves, the divergence of the remaining corner term can be analysised. In 2 + 1D the wick rotation of this analysis was carried out in [124, 127].

$$+\frac{1}{2}\sqrt{\frac{\Lambda}{3}}t_0 + \left\{\frac{1}{4} - \log 4\right\} \tanh^2\left[\sqrt{\frac{\Lambda}{3}}t_0\right]\right\}$$

Fourier transforming the amplitude with $\tilde{S} = S - S_0$ and employing a similar expansion as (19) reveals the pole again,

$$\int_{0}^{\infty} dt_{0} e^{i(\tilde{S}[t_{0}]-\omega t_{0})} = \int_{0}^{\infty} dt_{0} e^{i(2\frac{4\pi}{\kappa}\sqrt{\frac{3}{\lambda}}t_{0}-\omega t_{0})} \left(1\right)$$
$$+ i\frac{3\cdot 2}{\Lambda}\frac{4\pi}{\kappa} \left\{\log\left|\frac{1+e^{-2\sqrt{\frac{\Lambda}{3}}t_{0}}}{2}\right| + \frac{1-\sinh^{2}\left[\sqrt{\frac{\Lambda}{3}}t_{0}\right]}{8\cosh^{2}\left[\sqrt{\frac{\Lambda}{3}}t_{0}\right]}\right\}$$
$$+ \left\{\frac{1}{4}-\log 4\right\} \tanh^{2}\left[\sqrt{\frac{\Lambda}{3}}t_{0}\right]\right\} + \dots \left(36\right)$$
$$= \frac{i}{\omega - 2\frac{4\pi}{\kappa}\sqrt{\frac{3}{\Lambda}}} + \rho_{1}[\omega] + \dots$$

Again we have a pole in the spectral representation at the energy of the static patch, $2\frac{4\pi}{\kappa}\sqrt{\frac{3}{\Lambda}}$. This term will be present in d+1 dimensions. The pole in (36) occurs again at a real value of ω but this is an approximation. This pole will also be shifted by a slightly imaginary amount, which is standard in the analysis of resonances [96, 117]. To the order we are studying here the rate will just be that of the standard CDL instanton [55, 56, 74].

VIII. DISCUSSIONS AND CONCLUSIONS

In this paper we presented the technical details of the computations summarized in [69]. The main implication

of this is: There exist transition amplitudes between excited states of supersymmetric flat vacua employed in string theory, that possess dS vacua as resonances. Although we have not mentioned it a given dS vacuum contains an exponentially large number of almost degenerate states and in a real quantum theory we would expect a correspondingly dense collection of poles. This is analogous to the idea of a black hole as a collection of resonances. Deforming the CDL instanton of [55] to a constrained CDL instanton solution, allowed us to restrict the path integral over all histories of a transition amplitude between supersymmetric flat vacua to histories were only the time between the nucleation points was integrated over. The spectral representation of this amplitude possesses a pole indicative of dS resonances for D=2,4. In fact as the pole comes from the linear t_0 growth of the action contribution of the bulk volume of the causal patch, it is likely that the pole will occur in dS_D . The deformation of the original CDL instanton respects an O(D-2) subgroup of the instanton's O(D-1)symmetry as the volume determinate factorizes into a t_0 dependent piece and the transverse \mathbb{S}^{D-2} ; therefore barring technical issues the same analysis can be carried out in D dimensions such as D = 10.11D.

None of this should be taken to mean that ordinary scattering amplitudes for finite numbers of particles contain dS [128]. The $|In\rangle$ and $|Out\rangle$ states we are discussing are open (k=-1) FRW cosmologies which contain an infinite number of particles. The particles are uniformly distributed on hyperbolic surfaces and in particular there exists an infinite number of particles on Σ of Fig. 3 (Left). This suggests that states of this type form a super-selection sector in which the dS resonances are found. Since these states contain an infinite number particles but their entropy must not exceed the finite dS entropy of the causal patch, they must be infinitely fine tuned. Such states would be the bulk states of FRW/CFT [34, 55, 56, 62] or similar string theory construction that possesses dS as an intermediate configuration. One should also point out that the superselection sector of states of this type may not be continuously connected as in standard S-matrix amplitudes. If an "off shell" history in the transition amplitude is not in the super-selection sector proposed here it is very likely that it will cause a crunch as opposed to a dS [129-131]or some other unknown configuration that is not a small perturbation of the semi-classical spacetime. In the analysis we have employed here, we have assumed we had restricted to states that do not crunch. The infinitely fine-tuned nature of these states suggests there is a large but finite number of them, essentially the exponential of the dS entropy, $\sim e^{10^{120}}$. Choosing In and Out states that do not crunch is just one more criterion for selecting appropriate states that lead to a dS as opposed to another spacetime and more analysis is needed on this point.

It has been asked how recent work on complexity and relations between geometry and entanglement apply in a cosmological setting. In 2 + 1 D the action calculation when continued to AdS is similar to wick rotated calculations relating complexity to action in the AdS BTZ black hole [124, 127], see Fig. 8. In the continuation \mathcal{V} replaces the Wheeler DeWitt patch of [124, 127]. In both cases the action grows linearly with time t_0 , which in the dS case leads to the resonant pole found, in the AdS version it represents the linear growth in complexity. It is possible that in cosmology the exponential expansion of space may also represent a growth in complexity. This is analogous to the growth of complexity being related to the lengthening of non-transversable wormhole throats in the AdS BTZ setting. Further study in this direction is demanded.

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Appendix A: Junction Conditions and the constrained Geometry

In this appendix we will construct the constrained CDL instanton geometry. For a given value of η_0 the constrained CDL can be view as a "off shell" path of the path integral (7). The constrained CDL in the limit of going "on shell" ($\eta_0 \rightarrow 0$) becomes the CDL instanton with a zero tension domain wall; "off shell" the domain walls are null, see Fig. 4. With the gauge choice that the separated bubbles are centered on the de Sitter coordinate $\psi = 0$ with the future bubble nucleation at η_0 and the past bubble ending at the time reversed $-\eta_0$.

To do this within the context of GR we will employ the Barrabés-Israel null Junction conditions [70][132]. The de Sitter metric in conformal coordinates is

$$ds_{dS}^2 = \frac{3}{\Lambda \cos^2 \eta} \Big\{ -d\eta^2 + d\psi^2 + \sin^2 \psi \, d\Omega_{\mathscr{Q}}^2 \Big\}.$$
 (A1)

Where Λ is the Cosmological Constant related to l_{ds} by $l_{dS} = \sqrt{\frac{3}{\Lambda}}$. The coordinates $-\frac{\pi}{2} \leq \eta \leq \frac{\pi}{2}$ and $0 \leq \psi \leq \pi$ along with the sphere's coordinates cover the entire de Sitter spacetime.

(A5)

An open Hyperbolic FRW universe with $\Lambda = 0$ "hat" with no matter, has the metric

$$ds_{\text{FRW-Milne}}^2 = -d\tau^2 + \tau^2 \Big(d\chi^2 + \sinh^2 \chi \, d\Omega_2^2 \Big), \quad (A2)$$

with $0 \le \tau < \infty$ and $0 \le \chi < \infty$.

This spacetime is also known as the Milne universe [102]. It is just the interior of the forward light cone of the origin in Minkowski space, as can be see via the coordinate change $t = \tau \cosh \chi$, $r = \tau \sinh \chi$ resulting in

$$ds^{2} = -dt^{2} + dr^{2} + r^{2} d\Omega_{2}^{2}$$
 (A3)

with $r \leq t$. For later convenience we will perform the change of variables $r = \sqrt{\frac{3}{\Lambda} \frac{\sin \psi}{\cos [\psi + \eta_0]}}$, which results in the \mathbb{S}^2 of both hat and the de Sitter spacetimes having the same radial coordinate,

$$ds_{hat}^{2} = -dt^{2} + \frac{3\cos^{2}\eta_{0}}{\Lambda\cos^{4}[\psi + \eta_{0}]}d\psi^{2} + \frac{3\sin^{2}\psi}{\Lambda\cos^{4}[\psi + \eta_{0}]}d\Omega_{2}^{2}.$$

We will employ this form of the metric while stitching to de Sitter. In these coordinates there isn't a coordinate singularity along the stitching surface $t = r = \sqrt{\frac{3}{\Lambda} \frac{\sin \psi}{\cos^2(\psi + \eta_0)}}$ which in (A2) is the line coordinate singularity $\tau = 0$.

For a nice review on how to use the junction conditions to stitch together space time on null surfaces the reader is encouraged to look at [70, 133]. The future FRW hat, which we refer to as Region I, to keep in line with notation of [56][134], will be connected to the dS on the null line, t - r = 0 in the hat, and $0 = -\psi + \eta - \eta_0$ in the dS. This will be referred to as the Future Null Boundary (**F.B.**), see Fig. 4.

Following the junction conditions [70], we will decompose the metric into

$$g_{\mu\nu} = -\tilde{\eta}(n_{\mu}N_{\nu} + n_{\nu}N_{\mu}) + e^{A}_{\mu}e^{B}_{\nu}\sigma_{AB}$$

= $-\tilde{\eta}(n_{\mu}N_{\nu} + n_{\nu}N_{\mu}) + e^{A}_{\mu}e^{b}_{\nu}h_{ab}$ (A4)

with the null normal (surface gradient) $n_{\mu} = \alpha^{-1}\partial_{\mu}\Phi$ and null auxiliary vector N^{μ} . $\tilde{\eta}^{-1}$ is NOT the coordinate η but a real constant. In order to form a complete basis for the metric we must also enforce the condition that $n \cdot N = \tilde{\eta}^{-1}$ across the boundary as well as $n \cdot e^A = 0$ and $N \cdot e^A = 0$ on the boundary. $\Phi[x]$ is a scalar function of the coordinates and $\Phi[x^{\mu}] = 0$ defines the null surface that we are joining the metrics along. The projection of the auxiliary vector to the surface $N_a = N_{\mu}e^{\mu}_a$ must be continuous across the boundary. Enforcing $n \cdot N = \tilde{\eta}^{-1}$ across the boundary determines α [135]. $n_{\mu} = \alpha^{-1}\partial_{\mu}\Phi$ with $\alpha = -1$ in Region III (dS region) results in $\alpha =$ $-\sqrt{\frac{3}{\Lambda}}\frac{1}{\cos\eta_0}$ in Region I and Region II. For the **F.B.**, we have $\Phi_+ = t - \sqrt{\frac{3}{\Lambda}}\frac{\sin\psi}{\cos^2[\psi+\eta_0]}$ in the "hat" coordinates and $\Phi_+ = -\psi + (\eta - \eta_0)$ in the dS coordinates. The null auxiliary vector is defined by $N^{\mu}n_{\mu} = \tilde{\eta}^{-1} = -1$. **Region I:**

$$n^{\mu}\partial_{\mu} = -\sqrt{\frac{\Lambda}{3}}\cos\eta_{0}\left(\partial_{t} - \sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\partial_{\psi}\right)$$
$$n_{\mu}dx^{\mu} = -\sqrt{\frac{\Lambda}{3}}\cos\eta_{0}\left(-dt - \sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\right)$$
$$N^{\mu}\partial_{\mu} = -\sqrt{\frac{3}{\Lambda}}\frac{1}{\cos\eta_{0}}\left(\frac{1}{2}\partial_{\tau} + \frac{1}{2}\sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\partial_{\psi}\right)$$
$$N_{\mu}dx^{\mu} = -\sqrt{\frac{3}{\Lambda}}\frac{1}{\cos\eta_{0}}\left(\frac{1}{2}dt + \frac{1}{2}\sqrt{\frac{3}{\Lambda}}\frac{\cos\eta_{0}}{\cos^{2}\left[\psi + \eta_{0}\right]}\right)$$

F.B. of Region III: (A6)

$$n^{\mu}\partial_{\mu} = \frac{\Lambda}{3}\cos^{2}\left[\psi + \eta_{0}\right]\partial_{\eta} + \frac{\Lambda}{3}\cos^{2}\left[\psi + \eta_{0}\right]\partial_{\psi}$$

$$n_{\mu}dx^{\mu} = -d\eta + d\psi$$

$$N^{\mu}\partial_{\mu} = \frac{1}{2}\partial_{\eta} - \frac{1}{2}\partial_{\psi}$$

$$N_{\mu}dx^{\mu} = \frac{-3\,d\eta}{2\Lambda\cos^{2}\left[\psi + \eta_{0}\right]} + \frac{-3\,d\psi}{2\Lambda\cos^{2}\left[\psi + \eta_{0}\right]}.$$

We will employ $\xi^a = (\psi, \theta, \phi)$ as the intrinsic coordinates on the null surface and express n^{μ} in the basis of null generators [70] $n^{\mu} = l^a e^{\mu}_a$ as follows

F.B.
$$l^{a} = \left(\frac{\Lambda}{3}\cos^{2}\left[\psi + \eta_{0}\right], 0, 0\right), \qquad (A7)$$

with $e^{\mu} = \frac{\partial x^{\mu}}{\partial \xi^{a}}$ and x^{μ} being the coordinates of the spacetime regions on either side of the boundary.

This choice of l^a allows us to define h_*^{ab} which satisfies the following relation with the surface's degenerate three metric [70], h_{ab} ,

$$h^{ac}_* h_{bc} = \delta^a_b + \tilde{\eta} l^a N_\mu e^\mu_b. \tag{A8}$$

resulting in the degenerate three metric h_{ab} and h_*^{ab} being of the block diagonal form

$$h_{ab} = \begin{bmatrix} 0 & 0\\ 0 & \sigma_{AB} \end{bmatrix} \qquad h_*^{ab} = \begin{bmatrix} 0 & 0\\ 0 & \sigma^{AB} \end{bmatrix}$$
(A9)

with σ_{AB} , $A, B = (\theta, \phi)$ being the metric of \mathbb{S}^2 with radius $r = \sqrt{\frac{3}{\Lambda} \frac{\sin \psi}{\cos^2(\psi + \eta_0)}}$

$$ds^2 = \sigma_{AB} d\theta^A d\theta^B = \frac{3\sin^2\psi}{\Lambda\cos^4(\psi + \eta_0)} d\Omega_2^2.$$
 (A10)

Yielding $h_{ab} = e_a^A e_b^B \sigma_{AB}$, $h_*^{ab} = e_A^a e_B^b \sigma^{AB}$ [136]. Similarly the past hat will be stitched onto the surface

Similarly the past hat will be stitched onto the surface $\Phi_- = t + r = 0$ in the hat coordinates $\Phi_- = \psi + (\eta + \eta_0) = 0$ in the dS coordinates [137]. For completeness we will give the n^{μ} , N^{μ} , and l^a for the past hat.

P.B. of Region III: (A11) $n^{\mu}\partial_{\mu} = \frac{\Lambda}{3}\cos^{2}[\psi + \eta_{0}]\partial_{\eta} - \frac{\Lambda}{3}\cos^{2}[\psi + \eta_{0}]\partial_{\psi}$ $n_{\mu}dx^{\mu} = -d\eta - d\psi$ $N^{\mu}\partial_{\mu} = \frac{1}{2}\partial_{\eta} + \frac{1}{2}\partial_{\psi}$ $N_{\mu}dx^{\mu} = \frac{-3\,d\eta}{2\Lambda\cos^{2}[\psi + \eta_{0}]} + \frac{3\,d\psi}{2\Lambda\cos^{2}[\psi + \eta_{0}]}$

Region II:

$$n^{\mu}\partial_{\mu} = -\sqrt{\frac{\Lambda}{3}}\cos\eta_{0}\left(-\partial_{t} + \sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\partial_{\psi}\right)$$
$$n_{\mu}dx^{\mu} = -\sqrt{\frac{\Lambda}{3}}\cos\eta_{0}\left(dt + \sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\right)$$
$$N^{\mu}\partial_{\mu} = \sqrt{\frac{3}{\Lambda}}\frac{1}{\cos\eta_{0}}\left(\frac{1}{2}\partial_{\tau} + \frac{1}{2}\sqrt{\frac{\Lambda}{3}}\frac{\cos^{2}\left[\psi + \eta_{0}\right]}{\cos\eta_{0}}\partial_{\psi}\right)$$

 $N^{\mu}\partial_{\mu} = \sqrt{\frac{1}{\Lambda} \frac{1}{\cos\eta_0}} \left(\frac{1}{2}\partial_{\tau} + \frac{1}{2}\sqrt{\frac{1}{3} \frac{1}{\cos\eta_0}}\partial_{\psi}\right)$ $N_{\mu}dx^{\mu} = -\sqrt{\frac{3}{\Lambda} \frac{1}{\cos\eta_0}} \left(\frac{1}{2}dt - \frac{1}{2}\sqrt{\frac{3}{\Lambda} \frac{\cos\eta_0}{\cos^2\left[\psi + \eta_0\right]}}\right).$

P.B.
$$l^a = \left(-\frac{\Lambda}{3}\cos^2[\psi + \eta_0], 0, 0\right).$$
 (A12)

Since these are null shells, the junction conditions require us to compute the discontinuity in the Transverse Extrinsic Curvature $\mathcal{K}_{ab} = -N_{\mu}e_b^{\nu}\nabla_{\nu}e_a^{\mu} = \mathcal{K}_{ba}$ to determine the stress-tensor required to support this geometry[138]. Defining the symbol $\gamma_{ab} = \mathcal{K}_{ab}|_{+} - \mathcal{K}_{ab}|_{-}$, to be the difference of \mathcal{K}_{ab} on both sides of the stitching surface evaluated at the surface, in their respective coordinate charts. We can define the surface stresstensor S^{ab} , which has the following relation on null shells [70, 139],

$$-16\pi S^{ab} = \left(g_*^{ac}l^b l^d + g_*^{bd}l^a l^c - g_*^{ab}l^c l^d - g_*^{cd}l^a l^b\right)\gamma_{cd}.$$
 (A13)

Employing (A5-A13) we have

$$S^{ab} = -\frac{1}{8\pi} \left(\frac{\sin \psi}{\cos \eta_0 \cos (\psi + \eta_0)} \right) l^a l^b.$$
 (A14)

The full stress tensor is $T^{\mu\nu} = \alpha e^{\mu}_{a} e^{\nu}_{b} S^{ab} \delta(\Phi)$ in each region, which has different representations in each region dependent on the coordinates employed there. We will state the stress tensor here in all regions for clarity.

Region I

$$T^{\mu\nu}\partial_{\mu}\otimes\partial_{\nu} = \frac{1}{8\pi} \left(\sqrt{\frac{\Lambda}{3}} \frac{\sin\psi}{\cos[\psi+\eta_{0}]} \partial_{\tau}\otimes\partial_{\tau} + \frac{\Lambda\cos[\psi+\eta_{0}]\sin\psi}{3\cos\eta_{0}} \left(\partial_{\tau}\otimes\partial_{\psi} + \partial_{\psi}\otimes\partial_{\tau} \right) + \left(\frac{\Lambda}{3} \right)^{3/2} \frac{\cos^{3}[\psi+\eta_{0}]\sin\psi}{\cos^{3}\eta_{0}} \partial_{\psi}\otimes\partial_{\psi} \right) \delta \left[\tau - \sqrt{\frac{3}{\Lambda}} \frac{\sin\psi}{\cos[\psi+\eta_{0}]} \right]$$
(A15)

Region III

$$T^{\mu\nu}\partial_{\mu}\otimes\partial_{\nu} = \frac{1}{8\pi} \left(\frac{\Lambda}{3}\right)^{2} \frac{\cos^{3}[\psi+\eta_{0}]\sin\psi}{\cos\eta_{0}} \left(\partial_{\eta}\otimes\partial_{\eta}+\partial_{\eta}\otimes\partial_{\psi}+\partial_{\psi}\otimes\partial_{\eta}+\partial_{\psi}\otimes\partial_{\psi}\right)$$
$$\times \delta(\eta-\eta_{0}-\psi) + \frac{1}{8\pi} \left(\frac{\Lambda}{3}\right)^{2} \frac{\cos^{3}[\psi+\eta_{0}]\sin\psi}{\cos\eta_{0}} \left(\partial_{\eta}\otimes\partial_{\eta}-\partial_{\eta}\otimes\partial_{\psi}-\partial_{\psi}\otimes\partial_{\eta}+\partial_{\psi}\otimes\partial_{\psi}\right)\delta[\eta+\eta_{0}+\psi] - \frac{\Lambda}{8\pi}g^{\mu\nu}_{dS}\partial_{\mu}\otimes\partial_{\nu}$$
(A16)

Region II

$$T^{\mu\nu}\partial_{\mu}\otimes\partial_{\nu} = \frac{1}{8\pi} \left(\sqrt{\frac{\Lambda}{3}} \frac{\sin\psi}{\cos[\psi+\eta_0]} \partial_{\tau}\otimes\partial_{\tau} - \frac{\Lambda\cos[\psi+\eta_0]\sin\psi}{3\cos\eta_0} \left(\partial_{\tau}\otimes\partial_{\psi} + \partial_{\psi}\otimes\partial_{\tau} \right) + \left(\frac{\Lambda}{3}\right)^{3/2} \frac{\cos^3[\psi+\eta_0]\sin\psi}{\cos^3\eta_0} \partial_{\psi}\otimes\partial_{\psi} \right) \delta \left[\tau + \sqrt{\frac{3}{\Lambda}} \frac{\sin\psi}{\cos[\psi+\eta_0]} \right]$$
(A17)

As was argued in the main text, while the stress tensor in this coordinate representation does depend on the time η_0 , the boost invariance of the geometry implies that the action contribution from the stress tensor should not depend on the time η_0 .

We can now define the "off-shell" Coleman-De Luccia geometry as

$$g_{\mu\nu} = g^{\text{(Region I)}}_{\mu,\nu} \Theta[\Phi_+] + g^{\text{(Region III)}}_{\mu,\nu} \Theta[-\Phi_+] \Theta[\Phi_-]$$

+ $g^{\text{(Region II)}}_{\mu,\nu} \Theta[-\Phi_-].$ (A18)

Here $g_{\mu\nu}$ is expressed as a distribution employing $\Theta[x]$ which is the Heaviside Theta function with $\Theta[x] = 1$ for $x > 0, \Theta[x] = 0$ for x < 0 and $\Theta[0] = 1/2$. (A18) along with the stress-tensor (A15),(A16),(A17) represents the spacetime.

Appendix B: Justification For the Integration Region

In this section, we will argue that in the approximations we have made the integration region used is the only one necessary to calculate the action of the causal patch. To begin assume that we have a global coordinate chart for the entire *constrained* CDL spacetime. Such a chart exists because the stitched spacetime foliated by S^2 s is topologically simple. One can construct such a chart system by using skew-Gaussian coordinates attached to geodesics that reach into all three regions and are maximally smooth [70]. The metric for this entire space time can then be written as a Dirac distribution treating the domain walls as thin shells

$$g_{\alpha\beta} = g_{\alpha\beta}^{(1)} \Theta[\Phi_1] + g_{\alpha\beta}^{(2)} \Theta[-\Phi_1] \Theta[\Phi_2] + g_{\alpha\beta}^{(3)} \Theta[-\Phi_2].$$
(B1)

Here $\Theta[x]$ is the Heaviside theta function with $\Theta[x] = 1$ for x > 0, $\Theta[x] = 0$ for x < 0 and $\Theta[0] = 1/2$. The superscripts 1, 2, 3 refer to the Future Hat, de Sitter, and Past Hat regions respectfully[140] and $\Phi_{1(2)}$ are the scalar equations which vanish on the domain walls of the future and past hat regions respectfully. They are the analog of $\Phi_+ = \eta - (\psi + \eta_0)$ and $\Phi_- = \eta + (\psi + \eta_0)$ that were employed in the main text.

Following the formulation of the junction conditions in [70] we can construct the distributions for Christoffel symbols

$$\begin{aligned} 2\Gamma_{\sigma\alpha\beta} &= \partial_{\alpha}g_{\beta\sigma} + \partial_{\beta}g_{\sigma\alpha} - \partial_{\sigma}g_{\alpha\beta} \\ &= \left(\partial_{\alpha}g_{\beta\sigma}^{(1)} + \partial_{\beta}g_{\sigma\alpha}^{(1)} - \partial_{\sigma}g_{\alpha\beta}^{(1)}\right)\Theta[\Phi_{1}] + \left(\partial_{\alpha}g_{\beta\sigma}^{(2)} + \partial_{\beta}g_{\sigma\alpha}^{(2)} - \partial_{\sigma}g_{\alpha\beta}^{(2)}\right)\Theta[-\Phi_{1}]\Theta[\Phi_{2}] \\ &+ \left(\partial_{\alpha}g_{\beta\sigma}^{(3)} + \partial_{\beta}g_{\sigma\alpha}^{(3)} - \partial_{\sigma}g_{\alpha\beta}^{(3)}\right)\Theta[-\Phi_{2}] + g_{\alpha\beta}^{(1)}\partial_{\alpha}\Theta[\Phi_{1}] + g_{\alpha\beta}^{(1)}\partial_{\alpha}\Theta[\Phi_{1}] \\ &- g_{\alpha\beta}^{(1)}\partial_{\alpha}\Theta[\Phi_{1}] + g_{\alpha\beta}^{(2)}\partial_{\alpha}\left(\Theta[-\Phi_{1}]\Theta[\Phi_{2}]\right) + g_{\alpha\beta}^{(2)}\partial_{\alpha}\left(\Theta[-\Phi_{1}]\Theta[\Phi_{2}]\right) \\ &- g_{\alpha\beta}^{(2)}\partial_{\alpha}\left(\Theta[-\Phi_{1}]\Theta[\Phi_{2}]\right) + g_{\alpha\beta}^{(2)}\partial_{\alpha}\Theta[-\Phi_{2}] + g_{\alpha\beta}^{(3)}\partial_{\alpha}\Theta[-\Phi_{2}] - g_{\alpha\beta}^{(3)}\partial_{\alpha}\Theta[-\Phi_{2}] \end{aligned}$$

$$= 2\Gamma_{\sigma\alpha\beta}^{(1)}\Theta[\Phi_{1}] + 2\Gamma_{\sigma\alpha\beta}^{(2)}\Theta[-\Phi_{1}]\Theta[\Phi_{2}] + 2\Gamma_{\sigma\alpha\beta}^{(3)}\Theta[-\Phi_{2}] + g_{\beta\sigma}^{(1)}\delta[\Phi_{1}]\partial_{\alpha}\Phi_{1} - g_{\beta\sigma}^{(2)}\delta[-\Phi_{1}]\Theta[\Phi_{2}]\partial_{\alpha}\Phi_{1} + g_{\beta\sigma}^{(2)}\Theta[-\Phi_{1}]\delta[\Phi_{2}]\partial_{\alpha}\Phi_{2} - g_{\beta\sigma}^{(3)}\Theta[-\Phi_{2}]\partial_{\alpha}\Phi_{2} + g_{\sigma\alpha}^{(1)}\delta[\Phi_{1}]\partial_{\beta}\Phi_{1} - g_{\sigma\alpha}^{(2)}\delta[-\Phi_{1}]\Theta[\Phi_{2}]\partial_{\beta}\Phi_{1} + g_{\sigma\alpha}^{(2)}\Theta[-\Phi_{1}]\delta[\Phi_{2}]\partial_{\beta}\Phi_{2} - g_{\sigma\alpha}^{(3)}\Theta[-\Phi_{2}]\partial_{\beta}\Phi_{2} + g_{\alpha\beta}^{(1)}\delta[\Phi_{1}]\partial_{\sigma}\Phi_{1} - g_{\alpha\beta}^{(2)}\delta[-\Phi_{1}]\Theta[\Phi_{2}]\partial_{\sigma}\Phi_{1} + g_{\alpha\beta}^{(2)}\Theta[-\Phi_{1}]\delta[\Phi_{2}]\partial_{\sigma}\Phi_{2} - g_{\alpha\beta}^{(3)}\Theta[-\Phi_{2}]\partial_{\sigma}\Phi_{2}.$$
(B2)

Due to the time ordering $\Theta[\Phi_2] = 1$ when $\Phi_1 = 0$, (the past hat boundary is in the past of the future hat boundary), terms of the form $g^{(1)}_{\beta\sigma}\delta[\Phi_1]\partial_{\alpha}\Phi_1 - g^{(2)}_{\beta\sigma}\delta[-\Phi_1]\Theta[\Phi_2]\partial_{\alpha}\Phi_1 = \delta[\Phi_1]\partial_{\alpha}\Phi_1\left(g^{(1)}_{\beta\sigma} - g^{(2)}_{\beta\sigma}\right)$. This allows us to rewrite (B2) as

$$+ \delta[\Phi_{1}]\partial_{\alpha}\Phi_{1}\left(g_{\beta\sigma}^{(1)} - g_{\beta\sigma}^{(2)}\right) + \delta[\Phi_{2}]\partial_{\alpha}\Phi_{2}\left(g_{\beta\sigma}^{(2)} - g_{\beta\sigma}^{(3)}\right) \\ + \delta[\Phi_{1}]\partial_{\beta}\Phi_{1}\left(g_{\sigma\alpha}^{(1)} - g_{\sigma\alpha}^{(2)}\right) + \delta[\Phi_{2}]\partial_{\beta}\Phi_{2}\left(g_{\sigma\alpha}^{(2)} - g_{\sigma\alpha}^{(3)}\right) \\ - \delta[\Phi_{1}]\partial_{\sigma}\Phi_{1}\left(g_{\alpha\beta}^{(1)} - g_{\alpha\beta}^{(2)}\right) - \delta[\Phi_{2}]\partial_{\sigma}\Phi_{2}\left(g_{\alpha\beta}^{(2)} - g_{\alpha\beta}^{(3)}\right).$$
(B3)

 $2\Gamma_{\sigma\alpha\beta} = 2\Gamma^{(1)}_{\sigma\alpha\beta}\Theta[\Phi_1] + 2\Gamma^{(2)}_{\sigma\alpha\beta}\Theta[-\Phi_1]\Theta[\Phi_2] + 2\Gamma^{(3)}_{\sigma\alpha\beta}\Theta[-\Phi_2]$

In this coordinate system terms of the form $\left(g_{\alpha\beta}^{(1)} - g_{\alpha\beta}^{(2)}\right)|_{\Phi_1} = 0$, since we have made a global coordinate

chart that covers the entire spacetime [141]. (B3) is then reduced to

 $\Gamma_{\sigma\alpha\beta}=\Gamma^{(1)}_{\sigma\alpha\beta}\Theta[\Phi_1]+\Gamma^{(2)}_{\sigma\alpha\beta}\Theta[-\Phi_1]\Theta[\Phi_2]+\Gamma^{(3)}_{\sigma\alpha\beta}\Theta[-\Phi_2]$

 $\Gamma^{\rho}_{\alpha\beta} = g^{\rho\sigma}\Gamma_{\sigma\alpha\beta}$

$$=\Gamma^{(1)\rho}_{\alpha\beta}\Theta[\Phi_1]+\Gamma^{(2)\rho}_{\alpha\beta}\Theta[-\Phi_1]\Theta[\Phi_2]+\Gamma^{(3)\rho}_{\alpha\beta}\Theta[-\Phi_2].$$
(B4)

Where in the second line we have used the identities $(\Theta[x])^2 = \Theta[x]$ for $x \neq 0$ and $\Theta[x]\Theta[-x] = 0$ for $x \neq 0$. The Ricci Tensor is defined as

$$R_{\mu\nu} = R^{\rho}_{\ \mu\rho\nu} = \partial_{\rho}\Gamma^{\rho}_{\nu\mu} - \partial_{\nu}\Gamma^{\rho}_{\rho\mu} + \Gamma^{\rho}_{\rho\lambda}\Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda}\Gamma^{\lambda}_{\rho\mu},$$
(B5)

which with (B4) yields the following Dirac distribution,

$$\begin{aligned} R_{\mu\nu} &= \left(\partial_{\rho}\Gamma_{\nu\mu}^{(1)\rho} - \partial_{\nu}\Gamma_{\rho\mu}^{(1)\rho}\right)\Theta[\Phi_{1}] + \left(\partial_{\rho}\Gamma_{\nu\mu}^{(2)\rho} - \partial_{\nu}\Gamma_{\rho\mu}^{(2)\rho}\right)\Theta[-\Phi_{1}]\Theta[\Phi_{2}] \\ &+ \left(\partial_{\rho}\Gamma_{\nu\mu}^{(3)\rho} - \partial_{\nu}\Gamma_{\rho\mu}^{(3)\rho}\right)\Theta[-\Phi_{2}] + \left(\Gamma_{\rho\lambda}^{(1)\rho}\Gamma_{\nu\mu}^{(1)\lambda} - \Gamma_{\nu\lambda}^{(1)\rho}\Gamma_{\rho\mu}^{(1)\lambda}\right)\Theta[\Phi_{1}] \\ &+ \left(\Gamma_{\rho\lambda}^{(2)\rho}\Gamma_{\nu\mu}^{(2)\lambda} - \Gamma_{\nu\lambda}^{(2)\rho}\Gamma_{\rho\mu}^{(2)\lambda}\right)\Theta[-\Phi_{1}]\Theta[\Phi_{2}] + \left(\Gamma_{\rho\lambda}^{(3)\rho}\Gamma_{\nu\mu}^{(3)\lambda} - \Gamma_{\nu\lambda}^{(3)\rho}\Gamma_{\rho\mu}^{(3)\lambda}\right)\Theta[-\Phi_{2}] \\ &+ \left(\Gamma_{\nu\mu}^{(1)\rho}\delta[\Phi_{1}]\partial_{\rho}\Phi_{1} - \Gamma_{\rho\mu}^{(1)\rho}\delta[\Phi_{1}]\partial_{\nu}\Phi_{1}\right) - \left(\Gamma_{\nu\mu}^{(2)\rho}\delta[-\Phi_{1}]\Theta[\Phi_{2}]\partial_{\rho}\Phi_{1} \\ &- \Gamma_{\rho\mu}^{(2)\rho}\delta[-\Phi_{1}]\Theta[\Phi_{2}]\partial_{\nu}\Phi_{1}\right) + \left(\Gamma_{\nu\mu}^{(2)\rho}\delta[\Phi_{2}]\Theta[-\Phi_{1}]\partial_{\rho}\Phi_{2} - \Gamma_{\rho\mu}^{(2)\rho}\delta[\Phi_{2}]\Theta[-\Phi_{1}]\partial_{\nu}\Phi_{2}\right) \\ &- \left(\Gamma_{\nu\mu}^{(3)\rho}\delta[-\Phi_{2}]\partial_{\rho}\Phi_{2} - \Gamma_{\rho\mu}^{(3)\rho}\delta[-\Phi_{2}]\partial_{\nu}\Phi_{2}\right). \end{aligned} \tag{B6}$$

Using the definition (B5) we can combine the terms in

(B6) to yield

$$R_{\mu\nu} = R^{(1)}_{\mu\nu}\Theta[\Phi_1] + R^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + R^{(3)}_{\mu\nu}\Theta[-\Phi_2] + \left\{ \left(\Gamma^{(1)\rho}_{\nu\mu} - \Gamma^{(2)\rho}_{\nu\mu}\right)\partial_{\rho}\Phi_1 - \left(\Gamma^{(1)\rho}_{\rho\mu} - \Gamma^{(2)\rho}_{\rho\mu}\right)\partial_{\nu}\Phi_1 \right\} \delta[\Phi_1] \\ + \left\{ \left(\Gamma^{(2)\rho}_{\nu\mu} - \Gamma^{(3)\rho}_{\nu\mu}\right)\partial_{\rho}\Phi_2 - \left(\Gamma^{(2)\rho}_{\rho\mu} - \Gamma^{(3)\rho}_{\rho\mu}\right)\partial_{\nu}\Phi_2 \right\} \delta[\Phi_2], \tag{B7}$$

$$R = g^{\mu\nu}R_{\mu\nu} = R^{(1)}\Theta[\Phi_1] + R^{(2)}\Theta[-\Phi_1]\Theta[\Phi_2] + R^{(3)}\Theta[-\Phi_2] + \left\{g^{(1)\mu\nu}\Theta[\Phi_1] + g^{(2)\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2]\right\} \left\{\left(\Gamma^{(1)\rho}_{\nu\mu} - \Gamma^{(2)\rho}_{\nu\mu}\right)\partial_{\rho}\Phi_1 - \left(\Gamma^{(1)\rho}_{\rho\mu} - \Gamma^{(2)\rho}_{\rho\mu}\right)\partial_{\nu}\Phi_1\right\} \delta[\Phi_1] + \left\{g^{(2)\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + g^{(3)\mu\nu}\Theta[-\Phi_2]\right\} \left\{\left(\Gamma^{(2)\rho}_{\nu\mu} - \Gamma^{(3)\rho}_{\nu\mu}\right)\partial_{\rho}\Phi_2 - \left(\Gamma^{(2)\rho}_{\rho\mu} - \Gamma^{(3)\rho}_{\rho\mu}\right)\partial_{\nu}\Phi_2\right\} \delta[\Phi_2].$$
(B8)

Г

We see that the Ricci tensor and Ricci scalar separate into the Ricci tensor and scalar associated with the three regions as well as terms containing delta function singularities occurring at the stitching surfaces [142]. One thing to note is that care should be taken with two boundary terms. For simplicity we will relabel the surface terms

$$\Delta_{\mu\nu}^{(1)}\delta[\Phi_1] = \left\{ \left(\Gamma_{\nu\mu}^{(1)\rho} - \Gamma_{\nu\mu}^{(2)\rho} \right) \partial_\rho \Phi_1 - \left(\Gamma_{\rho\mu}^{(1)\rho} - \Gamma_{\rho\mu}^{(2)\rho} \right) \partial_\nu \Phi_1 \right\} \delta[\Phi_1]$$

$$\Delta_{\mu\nu}^{(2)}\delta[\Phi_{2}] = \left\{ \left(\Gamma_{\nu\mu}^{(2)\rho} - \Gamma_{\nu\mu}^{(3)\rho} \right) \partial_{\rho}\Phi_{2} - \left(\Gamma_{\rho\mu}^{(2)\rho} - \Gamma_{\rho\mu}^{(3)\rho} \right) \partial_{\nu}\Phi_{2} \right\} \delta[\Phi_{2}] \\ \Delta^{(1)}\delta[\Phi_{1}] = \left\{ g^{(1)\mu\nu}\Theta[\Phi_{1}] + g^{(2)\mu\nu}\Theta[-\Phi_{1}]\Theta[\Phi_{2}] \right\} \left\{ \left(\Gamma_{\nu\mu}^{(1)\rho} - \Gamma_{\nu\mu}^{(2)\rho} \right) \partial_{\rho}\Phi_{1} - \left(\Gamma_{\rho\mu}^{(1)\rho} - \Gamma_{\rho\mu}^{(2)\rho} \right) \partial_{\nu}\Phi_{1} \right\} \delta[\Phi_{1}] \\ \Delta^{(2)}\delta[\Phi_{2}] = \left\{ g^{(2)\mu\nu}\Theta[-\Phi_{1}]\Theta[\Phi_{2}] + g^{(3)\mu\nu}\Theta[-\Phi_{2}] \right\} \left\{ \left(\Gamma_{\nu\mu}^{(2)\rho} - \Gamma_{\nu\mu}^{(3)\rho} \right) \partial_{\rho}\Phi_{2} - \left(\Gamma_{\rho\mu}^{(2)\rho} - \Gamma_{\rho\mu}^{(3)\rho} \right) \partial_{\nu}\Phi_{2} \right\} \delta[\Phi_{2}]. \tag{B9}$$

The Einstein tensor $G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}R g_{\mu\nu}$ can be written as

$$\begin{aligned} G_{\mu\nu} &= R^{(1)}_{\mu\nu}\Theta[\Phi_1] + R^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + R^{(3)}_{\mu\nu}\Theta[-\Phi_2] + \Delta^{(1)}_{\mu\nu}\delta[\Phi_1] + \Delta^{(2)}_{\mu\nu}\delta[\Phi_2] - \frac{1}{2} \Big\{ R^{(1)}\Theta[\Phi_1] + R^{(2)}\Theta[-\Phi_1]\Theta[\Phi_2] \\ &+ R^{(3)}\Theta[-\Phi_2] + \Delta^{(1)}\delta[\Phi_1] + \Delta^{(2)}\delta[\Phi_2] \Big\} \Big(g^{(1)}_{\mu\nu}\Theta[\Phi_1] + g^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + g^{(3)}_{\mu\nu}\Theta[-\Phi_2] \Big) \\ &= G^{(1)}_{\mu\nu}\Theta[\Phi_1] + G^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + G^{(3)}_{\mu\nu}\Theta[-\Phi_2] + \Delta^{(1)}_{\mu\nu}\delta[\Phi_1] + \Delta^{(2)}_{\mu\nu}\delta[\Phi_2] + \Big\{ g^{(1)}_{\mu\nu}\Theta[\Phi_1] + g^{(2)}_{\mu\nu}\Theta[-\Phi_1] \Big\} \Delta^{(1)}\delta[\Phi_1] \\ &+ \Big\{ g^{(2)}_{\mu\nu}\Theta[\Phi_2] + g^{(3)}_{\mu\nu}\Theta[-\Phi_2] \Big\} \Delta^{(2)}\delta[\Phi_2]. \end{aligned}$$
(B10)

We see that because of this the Einstein tensor and Ricci scalar breakup into their respective values for their regions of space time. i.e. $G^{(1)}_{\mu\nu} = G^{(3)}_{\mu\nu} = 0$, and $G^{(2)}_{\mu\nu} =$

 $\Lambda g^{(2)}_{\mu\nu}$, similarly $R^{(1)} = R^{(3)} = 0$ and $R^{(2)} = 4\Lambda$.

This yields the field equations

$$G_{\mu\nu} = G^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + \frac{1}{2}\Lambda g^{(2)}_{\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + \{\Delta^{(1)}_{\mu\nu} + \Delta^{(1)}(g^{(1)}_{\mu\nu}\Theta[\Phi_1] + g^{(2)}_{\mu\nu}\Theta[-\Phi_1])\}\delta[\Phi_1] + \{\Delta^{(1)}_{\mu\nu} + \Delta^{(1)}(g^{(1)}_{\mu\nu}\Theta[\Phi_2] + g^{(2)}_{\mu\nu}\Theta[-\Phi_2])\}\delta[\Phi_2].$$
(B11)

is

The Einstein Hilbert action that produces this E.O.M.

$$S = \frac{1}{2\kappa} \int d^4x \sqrt{g^{(2)}} \left(R^{(2)} - 2\Lambda \right) \Theta[-\Phi_1] \Theta[\Phi_2] + S_\Delta + S_{boundary}, \tag{B12}$$

as was argued in the main text. Here, the stress tensor contributions of the domain wall (the second and third lines of (B11)) come from the the S_{Δ} which we argued is independent of η_0 even though the expression of $T_{\mu\nu}$ might have η_0 dependence depending on the coordinate system.

Appendix C: geodesics and Christoffells

For reference the geodesic equations of dS in conformal coordinates are

$$\frac{\partial^2 \eta}{\partial \sigma^2} + \tan \eta \left(\frac{\partial \eta}{\partial \sigma}\right)^2 + \tan \eta \left\{ \left(\frac{\partial \psi}{\partial \sigma}\right)^2 + \sin^2 \psi \left[\left(\frac{\partial \theta}{\partial \sigma}\right)^2 \right] \right\}$$

$$+\sin^{2}\theta\left(\frac{\partial\phi}{\partial\sigma}\right)^{2}\right] = 0 \quad (C1)$$
$$\frac{\partial^{2}\psi}{\partial\sigma^{2}} + 2\tan\eta\frac{\partial\eta}{\partial\sigma}\frac{\partial\psi}{\partial\sigma} - \sin\psi\cos\psi\left[\left(\frac{\partial\theta}{\partial\sigma}\right)^{2} + \sin^{2}\theta\left(\frac{\partial\phi}{\partial\sigma}\right)^{2}\right] = 0 \quad (C2)$$

$$\frac{\partial^2 \theta}{\partial \sigma^2} + 2 \tan \eta \frac{\partial \eta}{\partial \sigma} \frac{\partial \theta}{\partial \sigma} + 2 \cot \psi \frac{\partial \psi}{\partial \sigma} \frac{\partial \theta}{\partial \sigma} - \sin \theta \cos \theta \left(\frac{\partial \phi}{\partial \sigma}\right)^2 = 0 \quad (C3)$$
$$\frac{\partial^2 \phi}{\partial \sigma^2} + 2 \tan \eta \frac{\partial \eta}{\partial \sigma} \frac{\partial \phi}{\partial \sigma} + 2 \cot \psi \frac{\partial \psi}{\partial \sigma} \frac{\partial \phi}{\partial \sigma}$$

$$+ 2\cot\theta \frac{\partial\theta}{\partial\sigma} \frac{\partial\phi}{\partial\sigma} = 0.$$
 (C4)

The geodesic equations for the hats (Milne universe) in the coordinates used in (A4) are

$$\frac{\partial^2 \tau}{\partial \sigma^2} = 0 \tag{C5}$$
$$\frac{\partial^2 \psi}{\partial \sigma^2} + 2 \tan \left[\psi + \eta_0\right] \left(\frac{\partial \psi}{\partial \sigma}\right)^2 - \frac{\cos \left[\psi + \eta_0\right] \sin \psi}{\cos \eta_0}$$

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$$\times \left[\left(\frac{\partial \theta}{\partial \sigma} \right)^2 + \sin^2 \theta \left(\frac{\partial \phi}{\partial \sigma} \right)^2 \right] = 0 \qquad (C6)$$

$$\frac{\partial^2 \theta}{\partial \sigma^2} + \frac{2\cos\eta_0}{\sin\psi\cos\left[\psi + \eta_0\right]} \frac{\partial\psi}{\partial\sigma} \frac{\partial\theta}{\partial\sigma} - \sin\theta\cos\theta \left(\frac{\partial\phi}{\partial\sigma}\right)^2 = 0 \tag{C7}$$

$$\frac{\partial^2 \phi}{\partial \sigma^2} + \frac{2 \cos \eta_0}{\sin \psi \cos \left[\psi + \eta_0\right]} \frac{\partial \psi}{\partial \sigma} \frac{\partial \phi}{\partial \sigma} + 2 \cot \theta \frac{\partial \theta}{\partial \sigma} \frac{\partial \phi}{\partial \sigma} = 0.$$
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- [84] When expressed in flat slicing coordinates, $ds^2 = -dt^2 +$ $e^{2\sqrt{\frac{\Lambda}{3}t}}(d\rho^2+\rho^2\,d\Omega_2^2)$, the exponential expansion of the
- space becomes apparent. Here $d\Omega_2^2 = d\theta^2 + \sin^2\theta \, d\phi^2$ is the metric for the unit \mathbb{S}^2 . [85] The relation $\cosh\left[\sqrt{\frac{\Lambda}{3}t}\right] = \frac{1}{\cos\eta}$ also produces the same coordinate change.
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$$\begin{aligned} \left(\frac{\dot{a}}{a}\right)^2 &= H^2 = \frac{8\pi}{3} \left(\frac{1}{2} \dot{\varphi}^2 - V(\varphi)\right) + \frac{1}{a^2} \\ \ddot{\varphi} &= -3H\dot{\varphi} + \partial_{\varphi} V[\varphi], \end{aligned}$$

along with the boundary conditions,

$$a \to cy$$
 $(y = 0)$ $a \to c(\pi - y)$ $(y = \pi)$
 $\partial_y \varphi = 0$ $(y = 0, \pi).$

- [88] While we will focus on D = 2, 4 analysis of the CDL instanton, the framework generalizes if a decompactification occurs in the the transition since the analysis of [55] was for O(D-1) symmetric solution and we have set D = 4. The metric structure of (3), (A2), and (5) are the same except $d\Omega_2^2$ is replaced be $d\Omega_d^2$. The flat region can be also 10 or 11 dimensional as the moduli of the compactification can role decompactifiying the space.
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- [94] It should be noted that we are not constructing the initial and final states on an entire Cauchy 3 surface (for example a blue curve in region I plus the entire future infinity of region IV) as one would do in the initial value problem of GR. This would be an over counting of the degrees of freedom as we are assuming complementary is in effect.
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- [97] We cannot have arbitrary out states if we going to interpret the intermediate region as a meta-stable dS. One must restrict to *out* states that do not possess enough the energy an entropy to collapse the geometry into a singularity [129–131]. This state dependence also implies that the evolution of the dS is very dependent on initial and final conditions and in fact most initial states are singular [173]. We are presupposing that the *in* and out states are such that support a singularity free dS. We will elaborate more on how this effects our results in the discussion.
- [98] A heuristic example is that many different states (all those with enough mass-energy to form a BH) can lead to a dense collection of overlapping resonances: a black hole.
- [99] Such time reversal symmetric configurations are employed through out physics in order to construct resonances [95, 96]. As an analogy consider the situation of a black hole in empty Minkowski space that evaporates via hawking radiation. There are many channels (all those with a sufficient amount of matter and radiation) which would create an intermediate resonance (the Black hole) that would then Hawking radiate. The spectral representation of any of the channels would possess a dense collection of overlapping poles indicating the presence of the overlapping resonances of a black hole. A time reversal symmetric channel is one where the black hole formed from a cloud of radiation that is essential identical to the time reverse of the out going Hawking radiation. Another more pedestrian analogy would be throwing all the broken bits of a coffee cup together to have them reform the cup have the cup bounce up a small distance off the ground fall back down and shatter. This extremely entropically suppressed history is by no means the generic history of forming a coffee cup, but can be used to establish the existence of resonance in a transition amplitude associated with a coffee cup.
- [100] Also within the bubble there is no way to distinguish different nucleation times. The η_0 dependence of the stress-tenor itself found in A is a result of the stress tensor not being diffeomorphism invariant as it is a tensor. The action contribution from this stress tensor will not depend on η_0 .
- [101] An analogy would be to employ intuition from Schwinger pair production. As the effective Λ could be thought of as the electric field and the domain wall as a charge density of pair produced particles where field lines end. The bubble is the region of zero electric field

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- [135] α is the relative scale between the auxiliary vector N^{μ} on opposite sides of the surface. Once a value of α is chosen on one side, the junction condition $N_{\mu}e^{\mu}_{a}|_{+}$ – $N_{\mu}e^{\mu}_{a}|_{-}=0$, determines α on the other side [70]. Since both n^{μ} and N^{μ} are null the initial choice of α is arbitrary and by convention is negative for non-timelike surfaces. Here we are using the conventions of [70].
- [136] Since h_{ab} is the metric of a null surface it is degenerate $(\det h = 0)$ and therefore does not possess an inverse metric h^{ab} . (A8) only determines h^{ab}_* up to a gauge $h_*^{ab} \to h_*^{ab} + 2\lambda l^a l^b$, with λ an arbitrary function [70]. Here we make the gauge choice that both h_{ab} and h_*^{ab} have the block diagonal form (A9).
- [137] While the metric for the past hat has the same form as (A4) it should be noted that t now has the coordinate range $-\infty < t \leq 0$.
- [138] Since the surface is null, its normal n_{μ} is orthogonal to the surface yet the resulting vector n^{μ} is parallel to the surface, due to $n^{\mu}n_{\mu} = 0$. This means that the standard Extrinsic Curvature $K_{ab} = -n_{\mu}e_{b}^{\nu}\nabla_{\nu}e_{a}^{\mu}$ does not carry any transverse information on a null surface. This is why the Transverse Extrinsic Curvature must be introduced for the stitching [70].
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- [140] Note that this index is not the same as the convention we have been using throughout the paper and is employed because the dS region includes Region III, Region IV, and Region V.
- [141] In the generic case when employing the junction conditions as in Appendix A, these relations reduce to the statement that the intrinsic metric is the same on both sides of the boundary, $\left(e_A^{\alpha}e_B^{\beta}g_{\alpha\beta}^{(1)} - e_A^{\alpha}e_B^{\beta}g_{\alpha\beta}^{(2)}\right)|_{\Phi_1} = 0.$ This is first junction condition when coordinate charts are different on opposite sides of the boundary, the mismatch being pure gauge [70].
- [142] The delta function terms in (B7) and (B8) should be

handled with care if we are to treat this expression as distribution. In general the product $\Theta[x]\delta[x]$ does not make distributional sense as $\theta[x]$ is not continuous at x = 0. However $\Theta[x] + \theta[-x] = 1$ point-wise and hence $(\Theta[x] + \Theta[-x])\delta[x] = \delta[x]$ does make distributional sense. Finally since in the global coordinate chart we have $(g^{(1)\mu\nu} - g^{(2)\mu\nu})|_{\Phi_1} = 0$ and $(g^{(2)\mu\nu} - g^{(3)\mu\nu})|_{\Phi_2} = 0$, the term $\left\{g^{(2)\mu\nu}\Theta[-\Phi_1]\Theta[\Phi_2] + g^{(3)\mu\nu}\Theta[-\Phi_2]\right\}\delta[\Phi_1]$ and the analogous term at $\Phi_2 = 0$ make distributional sense since the coefficient of the delta function is pointwise continuous.

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