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# A Rich Tapestry: Supersymmetric Axions, Dark Radiation, and Inflationary Reheating

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We exploit the complementarity among supersymmetry, inflation, axions, Big Bang Nucleosynthesis (BBN) and Cosmic Microwave Background Radiation (CMB) to constrain supersymmetric axion models in the light of the recent Planck and BICEP results. In particular, we derive BBN bounds coming from altering the light element abundances by taking into account hadronic and electromagnetic energy injection, and CMB constraints from black-body spectrum distortion. Lastly, we outline the viable versus excluded region of these supersymmetric models that might account for the mild dark radiation observed.

## I. INTRODUCTION

The Standard Model (SM) is plagued by two unnatural numbers that are yet to be conclusively understood: the strong CP problem and the gauge hierarchy. The former is usually addressed by introducing a spontaneously broken global symmetry (the Peccei-Quinn symmetry) [1, 2], while the latter is addressed most popularly within the framework of supersymmetry. Presumably, then, the supersymmetric axion finds its place in the framework of particle physics, and the question becomes: what are its consequences?

The purpose of this work is to highlight the fact that the supersymmetric axion models address the question of dark radiation (interpreted as new degrees of freedom that contribute to the radiation density at the matter-radiation equality) while being (a) tightly constrained by experimental evidence from Big Bang Nucleosynthesis (BBN) and Cosmic Microwave Background (CMB) and (b) constrained, under broad assumptions on inflationary reheating, by the recent observation (to be confirmed) of primordial gravitational waves in the CMB [3]. The fact that the framework can address the question of dark radiation is a strong argument for supersymmetric axions.

Eagerly awaited precise measurements of the CMB and Baryonic Acoustic Oscillations (BAO) have been reported recently and several combined data analyses have been performed. In particular, the WMAP Collaboration has presented their 9-year data and concluded that, after combining with data from BAO, from the Atacama Cosmology Telescope (ACT), and from the Hubble Space Telescope (HST) ( $H_0 = 73.8 \pm 2.4 \text{ km s}^{-1} \text{ Mpc}^{-1}$ , [4]), the number of effective massless neutrinos is  $N_{eff} = 3.84 \pm 0.4$  [5]. More recently, the Planck Collaboration has reported their results, which at face value, does not bias an extra radiation component with  $N_{eff} = 3.36 \pm 0.34$  [6]. It is important to notice, however, that the Planck collaboration adopted fairly low values (at the  $2.2\sigma$  level) for  $H_0$  compared to previous studies [4]. Since  $N_{eff}$  and  $H_0$  are positively correlated, increasing  $H_0$  would naturally yield higher values for  $N_{eff}$  [6]. Interestingly, adding the  $H_0$

measurement and BAO data, the Planck Collaboration finds, in fact,  $N_{eff} = 3.52^{+0.48}_{-0.45}$  [6]. Lately, the surprising BICEP2 results favor the presence of dark radiation at  $3.6\sigma$  when combined studies are performed [7].

The situation is, however, quite complex and subtle when the combined results of other experiments are considered, even though the recent results clearly favor the presence of dark radiation. In light of the current status regarding dark radiation, we will investigate the conditions under which the supersymmetric axion can accommodate dark radiation while obeying BBN and CMB bounds.

Dark radiation in our scenario stems from the production of axions via saxion decay. The amount of dark radiation predicted is thus tightly related to the saxion production mechanism, which depends crucially on the inflationary reheating temperature and the saxion mass. Observable tensor modes fix the scale of inflation near the GUT scale, and, under broad assumptions, prefer higher reheat temperatures. Therefore, current results from BICEP2 play an important role in the overall dark radiation-supersymmetric axions setting.

For the benefit of the reader, we summarize our main results here. We find that saxion decay can give the observed value of dark radiation, and the associated physics depends non-trivially on the inflationary reheat temperature. For low reheat  $T_r \sim 10^6 \text{ GeV}$ , light saxions with mass below the pion production threshold  $\sim 200 \text{ MeV}$  and axion decay constant  $f_a \sim 10^{10} \text{ GeV}$  can give the correct range of  $\Delta N_{eff}$  while evading all bounds. For higher reheating temperature  $T_r \sim 10^9 \text{ GeV}$  as preferred by observable tensor modes from BICEP2, heavier saxions with mass  $\sim \mathcal{O}(10) \text{ GeV}$  and  $f_a \sim 10^{11} - 10^{12} \text{ GeV}$  that decay before BBN can give the required  $\Delta N_{eff}$ .

The paper is structured as follows. In Section II we introduce the supersymmetric axion and our set-up for producing dark radiation. In Section III, we make the connection to inflation, while in Section IV we give the BBN and CMB bounds. We end with our conclusions.

## II. SUPERSYMMETRIC AXIONS AND DARK RADIATION

The supersymmetric hadronic (KSVZ) axion model [8] has been studied extensively; we refer to [9] for some recent work in other contexts, and extract only the features required for studying dark radiation. The SM fermions are neutral under the PQ symmetry, hence the couplings of SM fermions to the saxion and axion will be ignored. The axion mass is assumed to be negligible (typically  $m_a \sim \mathcal{O}(\mu\text{eV}) \sim 6 \times 10^{-6} \text{ eV} (10^{12} \text{ GeV} / f_a)$ ).

A chiral supermultiplet  $S$  containing the axion is introduced. The multiplet may be written as follows

$$S = \left( f_a + \frac{s}{\sqrt{2}} \right) \exp \left( \frac{ia}{\sqrt{2}f_a} \right) + \sqrt{2}\theta\psi_a + \theta^2 F^S,$$

where, as usual,  $\theta$  denote the fermionic coordinates. The scalar component is necessarily complex, consisting of the radial component  $s$  (the saxion) and the axionic phase  $a$ . The superpartner is the axino  $\psi_a$ .

The interactions of the saxion, axion, and axino with the strong force can be obtained by integrating out the heavy colored fields charged under the PQ symmetry that are introduced in the KSVZ model. In the limit of unbroken supersymmetry, the effective Lagrangian can be obtained from a supersymmetric version of the usual axion interaction term

$$L \supset -\frac{\alpha_s}{2\sqrt{2}\pi f_a} \int d^2\theta S \text{Tr}[W^\alpha W_\alpha] + \text{h.c.},$$

where  $W_\alpha$  is the vector multiplet containing the gluon field. This sets the Lagrangian for the thermal production of the members of the supermultiplet from the plasma.

On the other hand, the non-thermal production of axions as dark radiation comes from saxion decays, which requires interactions among the members of the supermultiplet. These interactions are obtained from the kinetic energy term of the heavy fields charged under the PQ symmetry. In particular, a field  $\Phi_i$  with PQ charge  $q_i$  and vev  $v_i$  can be expanded as  $\Phi_i = v_i \exp[q_i(\sigma + ia)/(\sqrt{2}f_a)]$ , with a corresponding kinetic term given by

$$L_{PQ}^{kin} = \sum_{i=1}^N \partial^\mu \phi_i \partial_\mu \phi_i^* \sim \left( 1 + \frac{s}{\sqrt{2}f_a} \right) \left[ \lambda_1 (\partial_\mu a)^2 + \frac{\lambda_2}{2} i \bar{\psi}_a \gamma_\mu \partial^\mu \psi_a + \dots \right]. \quad (1)$$

Here,  $\lambda_1$  and  $\lambda_2$  are model-dependent parameters. For the simplest KSVZ model with a single heavy PQ charged field, one has  $v = f_a$  and hence  $\lambda_1 = \lambda_2 \sim \mathcal{O}(1)$ .

We will take  $m_s$  and  $m_\psi$  denote the saxion and axino masses, respectively. In gravity-mediated scenarios, the saxion and axino mass are expected to be  $\mathcal{O}(m_{3/2})$  due to the presence of supersymmetry breaking effects, in the absence of sequestering or fine-tuning. However, a whole

range of axino masses from the eV (produced from a sub-GeV out-of-equilibrium photino) and keV range, to the TeV range, has been considered in the literature. The axino mass  $m_\psi$  is thus model-dependent; most cosmological studies of the supersymmetric axion assume  $m_\psi$  to be a free parameter. While we will remain agnostic about the axino mass, we note that its magnitude may have profound implications for the nature of dark matter, about which we will comment later on.

We will similarly assume that the saxion mass is a free parameter, taking values in the  $\mathcal{O}(\text{MeV} - \text{TeV})$  range, and that it decays primarily to axions. The decay to axinos may be kinematically blocked, for example, if  $m_s \sim m_\psi$ , or rendered irrelevant, in the limit  $m_s \gg m_\psi$ . In general, the decay widths to axions and gluons are given by [14],

$$\begin{aligned} \Gamma(s \rightarrow 2a) &\sim \frac{\lambda_1^2}{64\pi} \frac{m_s^3}{f_a^2} \\ \Gamma(s \rightarrow 2g) &\sim \frac{\alpha_s^2}{64\pi^3} \frac{m_s^3}{f_a^2} \end{aligned} \quad (2)$$

For  $\lambda_1 \sim 1$ ,  $\text{BR}(a) \sim 1$ , where  $\text{BR}(a)$  is the branching to axions and the branching to gluons satisfies  $\text{BR}(g) \simeq 10^{-3} \text{BR}(a)$ . For  $\lambda_1 \sim 10^{-3}$ , one has  $\text{BR}(a) \sim 10^{-3}$  and  $\text{BR}(g) \simeq 1$ . The lifetime of the saxion is found to be,

$$\tau(s \rightarrow aa) \simeq 1.3 \times 10^5 \lambda_1^{-2} \left( \frac{m_s}{100 \text{ MeV}} \right)^{-3} \left( \frac{f_a}{10^{12} \text{ GeV}} \right)^2 \text{ sec}. \quad (3)$$

If such decay happens at late times, it surprisingly gives rise to a non-negligible amount of dark radiation in the early universe while circumventing the BBN and CMB constraints on late decays as we shall see further [15, 16]. The idea of dark radiation coming from late decaying particles can be explained simply from Eq.(4) below,

$$\rho_{rad} = \left[ 1 + N_{eff} \frac{7}{8} \left( \frac{T_\nu}{T_\gamma} \right)^4 \right] \rho_\gamma, \quad (4)$$

where  $T_\gamma(T_\nu)$  is the photon (neutrino) temperature,  $N_{eff}$  is the effective number of neutrinos species, and  $\rho_\gamma = g\pi^2/30T_\gamma^4$  is the photon energy density.

Notice that after the  $e^\pm$  annihilation ( $T < m_e$ ) the only remaining SM relativistic particles are the CMB photons and the three SM neutrinos. Hence for precisely that reason only the neutrino and photon energy densities have been included in Eq.(4). More generally, in addition to the SM neutrinos, there might be extra species that are rather light and weakly coupled contributing to the radiation density or species produced by the decays of heavy particles [15, 16]. The new contribution to the radiation density is often parametrized in terms of the number of neutrinos species  $N_{eff}$  as follows [17],

$$\Delta N_{eff}(t) = N_{eff,SM} \frac{\rho_{DR}(t)}{\rho_\nu(t)} = \left( \frac{8}{7} \right) \left( \frac{11}{4} \right)^{4/3} \frac{\rho_{DR}(t)}{\rho_\gamma(t)}, \quad (5)$$

where  $\rho_\nu = \frac{7}{8} N_{eff}^{SM} T_\nu^4$ ,  $\rho_{DR}$  is the extra relativistic energy density and  $\rho_{DR} = \rho_s(\tau) = s(\tau) m_s Y_s$ , where  $s = 2\pi^2/45 g_{\star} T^3$  is the entropy density and  $Y_s$  is the saxion abundance. It is worth pointing out that the radiation density is directly related to the saxion abundance, and if all saxions decay into dark radiation then the relation above is preserved. Otherwise one has to introduce the branching ratio to account for the fact that not all saxion decays produce dark radiation, as we will do below.

Notice that the energy densities are written in terms of the temperatures, but there is a time dependence in Eq.(5). Therefore we need to solve the Friedmann equation for the radiation dominated universe namely,  $(\dot{T}/T)^2 = 8\pi G_N/3\rho$ , where  $\rho = \pi^2/30 g_{\star} T^4$ , in order to find the time-temperature relation and rewrite  $\Delta N_{eff}$  in a general form as follows,

$$\Delta N_{eff}(\tau_s) = 7.1 \left( \frac{\tau_s}{10^6 \text{ sec}} \right)^{1/2} \left( \frac{(m_s Y_s)_{tot}}{1 \text{ keV}} \right) \text{BR}(a), \quad (6)$$

where  $Y_s = n_s/s$ , with  $(m_s Y_s)_{tot}$  accounting for the total thermal and non-thermal saxion production that we will describe further, and  $\text{BR}(a)$  is the branching ratio into relativistic particles. In Eq.6, we used the sudden decay approximation. In this work, we study the case where  $\text{BR}(a) = 1$ . While we do not compute the case of  $\text{BR}(a) = 10^{-3}$  explicitly, the BBN bounds are expected to be much stronger there.

Now that we have derived the dark radiation expression in terms of the saxion lifetime, a few remarks are in order:

(i) The entropy and energy densities have different temperature dependences. This is a result of the intrinsic definition of entropy, which is a measure of the number of specific ways in which a thermodynamic system may be arranged. Consequently, the values of  $g_{\star s}$  and  $g_{\star}$  which appear in the entropy and energy density are slightly different ( $g_{\star s} = 3.91$  and  $g_{\star} = 3.36$ ), due the difference of the photon and neutrino temperatures caused by the  $e^\pm$  annihilation. This has been taken into account in the derivation of Eq.(6). At high temperatures  $g_{\star s}$  and  $g_{\star}$  are identical though.

(ii) The saxion abundance receives contributions from both thermal and non-thermal processes. The thermal contribution (produced by scatterings of particles in the high-temperature plasma) depends on the relative values of the inflationary reheating temperature  $T_R$  and the temperature  $T_{decoup} \sim$  at which the saxion thermally de-

couples. The thermal abundance is [18], [19],

$$(m_s Y_s)_{th} \sim 1 \times 10^{-3} \text{ GeV} \left( \frac{m_s}{1 \text{ GeV}} \right) \left( \frac{T_R}{T_{decoup}} \right) \quad \text{for } T_R \lesssim T_{decoup} \quad (7)$$

$$(m_s Y_s)_{th} \sim 1 \times 10^{-3} \text{ GeV} \left( \frac{m_s}{1 \text{ GeV}} \right) \quad \text{for } T_R \gtrsim T_{decoup}, \quad (8)$$

where decoupling temperature is given by  $T_{decoup} \sim 10^9 \text{ GeV} (f_a/10^{11})^2$ .

The non-thermal contribution, produced by coherent oscillations of the saxion field, depends on the relative values of the inflaton decay width  $\Gamma_\phi$  and the scale of the onset of the oscillations  $H \sim m_s$ . Assuming the amplitude of the oscillations is  $\sim f_a$ , one obtains [20],

$$(m_s Y_s)_{non-th} \simeq 2.2 \text{ GeV} \left( \frac{T_R}{10^{14} \text{ GeV}} \right) \left( \frac{f_a}{10^{12} \text{ GeV}} \right)^2 \quad \text{for } T_R \lesssim \sqrt{m_s M_p} \quad (9)$$

$$(m_s Y_s)_{non-th} \simeq 0.15 \text{ GeV} \left( \frac{m_s}{10^4 \text{ GeV}} \right)^{1/2} \left( \frac{f_a}{10^{13} \text{ GeV}} \right)^2 \quad \text{for } T_R \gtrsim \sqrt{m_s M_p}, \quad (10)$$

where  $M_p$  is the reduced Planck mass. Note that for  $m_s \sim 10 \text{ MeV} - 1 \text{ GeV}$ ,  $\sqrt{m_s M_p} \sim 10^9 \text{ GeV}$ .

In Eqs.(6)-(10) we have gathered all the ingredients needed in this dark radiation discussion with  $(m_s Y_s)_{tot}$  in Eq.(6) being given by the combination of Eqs.(7)-(10) properly accounting for the reheating temperature conditions as shown above. We note that our expressions agree with the results in the literature; in particular, the expressions for the thermal production agree with the results of [18] after putting in the relevant value of the strong coupling constant. The non-thermal production depends on the initial amplitude of the saxion field, as we have pointed out; we refer to [20] for a careful discussion of the production mechanism. Notice that our results depend on three free parameters namely, saxion mass, reheating temperature and axion decay constant. These parameters have a close relation to observables. Hence, we will exploit complementary information coming from different stages of the evolution of the Universe, such as inflation, BBN and CMB to constrain these parameters and draw our conclusions in the next section. For now we will extend our discussions regarding the important physics aspects of this dark radiation and supersymmetric axion setting. We show in Fig.1 for  $T_R = 10^6 \text{ GeV}$ , the axion decay constant  $\times$  lifetime plane that yields  $0.3 \leq \Delta N_{eff} \leq 0.7$  for each saxion production setup described in Eqs.(7)-(10) with the saxion mass bounded to be in the MeV-TeV range, for saxion-axion branching ratio  $(\text{BR}(a) = 1)$ . In Fig.1 we stress that we have computed  $\Delta N_{eff}$  without forcing the conditions described



$\mathcal{O}(500)$  GeV Bino is constrained to be  $\lesssim 10^{12}$  GeV [25]. For Higgsino or Wino NLSP, the bounds are looser [26].

We now move on to our main points of interest: inflation, BBN and CMB bounds on dark radiation production.

### III. CONNECTION TO INFLATION

The connection to inflation comes from the dependence on the reheat temperature in Eq.(6), which comes through the possible expressions for  $(m_s Y_s)_{tot}$  given before. The inflationary reheat temperature will depend on the decay width of the inflaton  $T_R = (10/g_*(T_R)\pi^2)^{1/4} \sqrt{\Gamma_\phi M_p}$ . The decay width depends on the mass of the inflaton and its decay modes. While the decay modes depend on the specific ways in which the inflaton couples to other fields, the mass of the inflaton can be obtained in a rough estimate from the tensor-to-scalar ratio.

We first turn to the question of decay modes. In many models, the inflaton is a field with gravitational couplings to the particles in the visible sector. For a gravitationally coupled inflaton, the decay width goes as

$$\Gamma_\phi \sim \frac{c}{2\pi} \frac{m_\phi^3}{M_p^2}. \quad (11)$$

The precise value of the decay constant  $c$  is determined within a UV theory of inflaton decay. While  $c$  may take a variety of values, we consider  $c \sim \mathcal{O}(1)$ . This is a plausible value; within supergravity, we have explicitly computed the inflaton decay into gauge bosons and gauginos (through a tree-level coupling through the gauge kinetic function), supersymmetric scalars, fermions, and the gravitino (for simple Kahler potentials and superpotentials) summed them all and found Eq.(11) with  $c \sim 1$ . Substituting Eq.(11) into the expression for the reheat temperature we find,

$$T_R \approx 5 \times 10^9 \text{ GeV} \sqrt{c} \left( \frac{m_\phi}{10^{13} \text{ GeV}} \right)^{3/2} \quad (12)$$

Now we will use the recent measurements on the tensor-to-scalar ratio to determine the mass of the inflaton. The tensor-to-scalar ratio is defined as  $r \equiv \Delta_t^2(k)/\Delta_s^2(k)$  with  $\Delta_t^2(k) \sim (2/3\pi^2)(V/M_p^4)\Delta_s^2(k) \sim (1/24\pi^2)(V/M_p^4)(1/\epsilon)$ , where  $\epsilon$  is the usual slow-roll parameter,  $\Delta_t^2(k)$  and  $\Delta_s^2(k)$  are the fluctuation amplitude squared of the tensor and scalar modes, and  $k = aH$  is the scale of horizon crossing. Notice that the tensor and scalar perturbations can be expressed in terms of the inflationary potential  $V$  and its derivatives in the context of slow-roll inflation.

The tensor-to-scalar ratio  $r$  is related to the scale of inflation, the slow-roll parameter  $\epsilon$ , and the displacement  $\Delta\phi$  of the inflaton  $\phi$ :  $r = 16\epsilon$ ;  $V^{1/4} \sim (r/0.01)^{1/4} 10^{16} \text{ GeV}$ ;  $(\Delta\phi/M_p) = \mathcal{O}(1) \times (r/0.01)^{1/2}$ .

Recent measurements of the WMAP9 satellite point to a scalar spectrum  $\Delta_s^2(k) \sim 2.2 \times 10^{-9}$  [5], whereas BICEP2 collaboration has recently announced the detection

of primordial cosmic microwave background B-mode polarization, giving a tensor-to-scalar ratio of  $r = 0.2_{-0.05}^{+0.07}$  or  $r = 0.16_{-0.05}^{+0.06}$  after foreground subtraction, as compared to upper bounds from the large-scale CMB temperature power spectrum:  $r < 0.13$  (WMAP) or  $r < 0.11$  (Planck) at 95% CL [5, 6].

For  $r = 0.2$ , one obtains  $\epsilon \sim 1.3 \times 10^{-2}$  and  $\Delta\phi \sim \mathcal{O}(M_p)$ . For the case of  $V = m^2\phi^2$ , this further implies  $m_\phi \sim 10^{12} \text{ GeV}$ .

In fact, large field models with measurable tensor-to-scalar ratio generally prefer the inflaton mass  $\sim 10^{12} \text{ GeV}$ . One thus obtains, combining Eqs. 12 and the above discussion, that the reheat temperature corresponding to the observed tensor-to-scalar ratio is

$$T_R \sim 10^9 \text{ GeV}. \quad (13)$$

Notice that we have brought information from cosmological inflation to pin down the favored reheating temperature due to current measurements. This argument relies, of course, on broad assumptions; a full theory of reheating and pre-heating, which would include a precise knowledge of the inflaton Lagrangian, would be needed to make more precise statements.

Given the uncertainties concerning BICEP2 results and the fact that different values of  $r$  imply different reheating temperatures, we will draw our conclusions for different reheating temperatures ( $T_R = 10^6, 10^9 \text{ GeV}$ ), merely noting that Eq.(13) is the value preferred by current observation, under broad assumptions.

Now we will connect our setup of supersymmetric axions as dark radiation with BBN and CMB observables.

### IV. CONNECTION TO BBN AND CMB

The light elements abundances and the power spectrum of the cosmic microwave background radiation are the first places one should look at for the presence of new light species in the early universe given the current precise measurements on both observables. Since we are advocating the presence of late decays of saxions (mother particles) into axions/gluons (daughter particles), stringent constraints can be placed on the parameters that set the lifetime and energy injection in this setup, because those are the parameters that BBN and CMB are most sensitive to for a given final state decay. That being said, we follow the procedure described in Ref.[10] which used a modified version of the KAWANO code [12] to compute the creation and destruction of the light elements such as deuterium (D),  $^4\text{He}$ ,  $^6\text{He}$ ,  $^7\text{Li}$ , due to electromagnetic and hadron showers induced by the energy injection produced in the saxion decays. We have used in our calculations the bounds,  $3.31 \times 10^{-5} < D/H < 4.57 \times 10^{-5}$ ;  $0.227 < Y_p(^4\text{He}) < 0.249$ ;  $1.09 \times 10^{-10} < ^7\text{Li}/H < 4.39 \times 10^{-10}$  and  $0.18 \times 10^{-11} < ^6\text{He}/H < 6.1 \times 10^{-11}$  [10]. Because in our scenario the saxion has a sizable branching ratio into gluons ( $10^{-3}$ ) the most stringent constraint typically comes from the hadrodissociation, which is induced

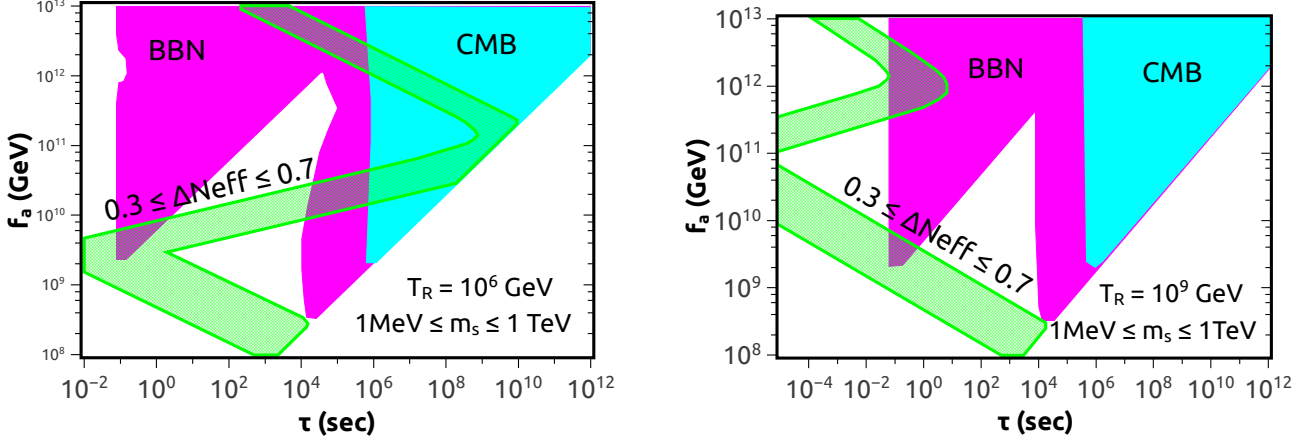


FIG. 2. BBN and CMB bounds on the axion decaying constant and lifetime of the saxion for different reheating temperatures. For lifetimes smaller than  $10^4$  sec, a simple supersymmetric axion model can accommodate dark radiation and evade the bounds even for high reheating temperatures currently favored by BICEP2 results in  $m^2\phi^2$  inflation models.

by the emission of energetic neutron and proton. Although, if the production of the nuclei is kinematically blocked, hadronic constraints become weak. Albeit, the saxion decays with a large branching ratio (close to unity) into axions that can be converted into photons, which in turn induce photo-dissociation ( $\gamma + X \rightarrow Y$ ) capable of still significantly altering the abundances in concern. We have taken these effects into account as well following the procedure described in Ref.[11]. In summary, BBN constrains  $(m_s Y_s)_{tot}$  for a given lifetime. This bound can be translated into limits in the axion decaying constant for a given reheating temperature using Eqs.7-10.

Additionally, we derived CMB bounds related to distortions to the CMB black-body spectrum due to the energy injection. In this case, the photon spectrum relaxes to a Bose-Einstein distribution with a chemical potential different from zero. Limits on chemical potential, namely  $\mu < 9 \times 10^{-5}$ , can then be used to constrain this additional energy injection as follows [13],

$$\mu = 8 \times 10^{-4} \left( \frac{\tau}{10^6 \text{ sec}} \right) \left( \frac{(m_s Y_s)_{tot}}{210^{-9}} \right) \exp^{-(t_c/\tau)^{5/4}} \quad (14)$$

where

$$t_c = 6.1 \times 10^6 \text{ sec} \left( \frac{T_0}{2.725 \text{ K}} \right)^{-12/5} \left( \frac{\Omega_b h^2}{0.022} \right)^{4/5} \left( \frac{1 - Y_p/2}{0.8} \right)^{4/5} \quad (15)$$

We now turn to a discussion of the results from Fig. 2. The pink region is excluded by BBN, whereas blue one reflects the CMB constraints following the recipe above. The green area shows the region of parameter space that reproduces  $0.3 \leq \Delta N_{eff} \leq 0.7$ . We display our results for two cases: inflationary reheat temperature of  $T_R \sim 10^6$  GeV and  $T_R \sim 10^9$  GeV. The allowed regions are shown on the plane of saxion lifetime  $\tau$  and the axion decay constant  $f_a$ ; thus, every point on the plane corresponds to a different saxion mass determined from

Eq.(3). The saxion mass is varied from 1 MeV to 1 TeV. We conclude that BBN is sensitive to smaller and large lifetimes, whereas CMB is just sensitive to larger lifetimes. The latter has to do with the thermalization processes which are efficient at higher temperatures, leaving no imprint on the CMB.

Although we used exact bounds in our calculations, it is useful to mention order-of-magnitude approximations to better understand the figures. Assuming a branching to hadrons  $\sim \mathcal{O}(10^{-3})$ , the energy density of the decaying particle is approximately constrained to be  $m_s Y_s \lesssim 10^{-11}$  GeV for a lifetime of order of  $10^5$  sec. This is smaller than the  $(m_s Y_s)_{tot}$  obtained from Eq.(7)-(10) for a large region of the parameter space; hence these regions are excluded. The triangular allowed wedge corresponds to  $m_s < 200$  MeV, for which the hadronic constraints basically vanish, whereas the electromagnetic ones still give rise to some important bounds.

It is clear from Eq.(7)-(10) that smaller the reheat  $T_R$ , smaller the quantity  $(m_s Y_s)_{tot}$ . Consequently, from Eq. 6, to obtain a fixed  $\Delta N_{eff}$ , smaller  $T_R$  requires greater lifetime  $\tau$ . This is why the green allowed region for  $\Delta N_{eff}$  is at higher lifetimes for the case  $T_R = 10^6$  GeV.

It is also instructive to understand the shape of the  $\Delta N_{eff}$  green regions. For simplicity, we consider the case  $T_R = 10^9$  GeV. From Eq.(7)-(10), it is clear that (i) for large  $f_a \gtrsim 10^{12}$  GeV, the thermal contribution is suppressed by the ratio  $T_R/T_{decoup}$ , and the non-thermal contribution dominates; as  $f_a$  becomes smaller in this region,  $(m_s Y_s)_{tot}$  decreases and  $\tau$  must increase to keep  $\Delta N_{eff}$  in the allowed region, (ii) for  $f_a \lesssim 10^{11}$  GeV, the non-thermal contribution becomes small, while the thermal contribution becomes maximal, and the allowed region of  $\Delta N_{eff}$  shows the same trend as above, and (iii) in the region  $10^{11} \text{ GeV} \lesssim f_a \lesssim 10^{12} \text{ GeV}$ , the two contributions can become comparable; for  $m_s \gtrsim \mathcal{O}(1)$  GeV,

the thermal contribution can dominate and the saxion decays early to produce the same amount of dark radiation. This has been clearly shown in Fig.1 previously.

We will mainly be interested in the region  $10^{10}$  GeV  $\leq f_a \leq 10^{12}$  GeV. For the case of  $T_R \sim 10^6$  GeV, the green  $\Delta N_{eff}$  region is almost entirely ruled out, except for some regions with  $f_a \sim 10^{10}$  GeV which evade hadronic and electromagnetic energy injection bounds.

### Summary of our Results

Higher saxion masses are preferred in the higher reheat regime by BBN constraints. As discussed above, the green region corresponding to the allowed range of  $\Delta N_{eff}$  moves to the left (shorter saxion lifetime or, equivalently, large saxion mass) as the reheat temperature is increased. In our Figure 2, for  $T_r = 10^9$  GeV, we similarly see that the allowed green band lies mainly in the small saxion lifetime  $\tau$  region, corresponding to higher saxion mass, while the large saxion lifetime (small saxion mass) regions start conflicting with BBN bounds. Our results are in agreement with [18].

*Result 1:* For low reheat temperatures,  $T_R \sim 10^6$  GeV, and saxion-axion branching ratio close to unity, the supersymmetric axion can accommodate the observed dark radiation for light saxionic decay with  $m_s \sim 200$  MeV, and  $f_a \sim 10^{10}$  GeV as shown in Fig.2.

*Result 2:* For high reheat temperatures,  $T_R \sim 10^9$  GeV, and saxion-axion branching ratio close to unity, the green curve has shifted to the left, and there is a large area that evades the BBN and CMB constraints entirely. In this region, the saxion is massive and decays at higher temperatures. As a benchmark point, the choices  $f_a \sim 10^{11} - 10^{12}$  GeV and  $m_s \sim 10$  GeV reproduce  $\Delta N_{eff} \sim 0.5$ .

Therefore, for high reheat temperatures as preferred by the current observed tensor modes, the supersymmetric axion can accommodate the observed dark radiation.

## V. CONCLUSIONS

In this work we have exploited the complementarity among axions, inflation, BBN and the CMB radiation in the context of supersymmetry in the wake of the recent results from Planck and BICEP2 regarding dark radiation and the observation of B-mode polarization in the CMB.

First, we derived the expression for dark radiation component resulted from saxion decays and connected it to

different saxion production mechanisms which are comprised of thermal and non-thermal production and depend on various input such as the saxion mass, reheating temperature and axion decay constant.

Further, we brought inflation inputs into our analysis, which tells us that a reheating temperature of  $10^9$  GeV is preferred in the vanilla inflation model. Later, we derived BBN and CMB bounds coming from the alteration of the light element abundances and deviations from the Black-body spectrum respectively, in the axion decay constant  $\times$  saxion lifetime plane, taking into account hadronic and electromagnetic energy injection. We presented those constraints in the regime where branching ratio into electromagnetic energy injection is close to unity. Lastly, we combined all this information to outline the viable versus excluded region of the parameter space that might account for the mild dark radiation observed, while obeying the existing bounds aforementioned. We have found two benchmark models satisfying all bounds,

(i) *Low Reheat:* The supersymmetric axion can accommodate the observed dark radiation for saxion mass  $m_s \sim 200$  MeV, and axion decay constant  $f_a \sim 10^{10}$  GeV.

(ii) *High Reheat:* The supersymmetric axion can reproduce the observed dark radiation for  $m_s \sim 10$  GeV, and  $f_a \sim 10^{11} - 10^{12}$  GeV.

The trend shows that higher saxion masses are preferred in the higher reheat regime by BBN constraints.

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