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Particle production during inflation and gravitational waves detectable by ground-based interferometers

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Inflation typically predicts a quasi scale-invariant spectrum of gravitational waves. In models of slow-roll inflation, the amplitude of such a background is too small to allow direct detection without a dedicated space-based experiment such as the proposed BBO or DECIGO. In this paper we note that particle production during inflation can generate a feature in the spectrum of primordial gravitational waves. We discuss the possibility that such a feature might be detected by ground-based laser interferometers such as Advanced LIGO and Advanced Virgo, which will become operational in the next few years. We also discuss the prospects of detection by a space interferometer like LISA. We first study gravitational waves induced by nonperturbative, explosive particle production during inflation: while explosive production of scalar quanta does not generate a significant bump in the primordial tensor spectrum, production of vectors can. We also show that chiral gravitational waves produced by electromagnetic fields amplified by an axion-like inflaton could be detectable by Advanced LIGO.

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1. INTRODUCTION.

Once we consider perturbations on the top of a homogeneous and isotropic Friedmann-Robsertson-Walker Universe, inflation generically predicts quasiscale-invariant spectra of scalar and tensor perturbations.

The scalar perturbations have been detected, and all their properties appear to wonderfully agree with the predictions of the simplest models of inflation. The tensor modes, however, have not yet been detected, and we put our best hopes to find them in the study of their effect on the polarization of the Cosmic Microwave Background photons. A *direct* detection of the tensor modes from inflation, on the other hand, is not expected before dedicated space-based interferometers such as the proposed BBO or DECIGO [1], are launched in the next few decades. Indeed, gravitational interactions are so weak that we have not yet detected gravitational waves of *any* origin.

Experiments searching for gravitational waves of astrophysical origin, such as LIGO [2], GEO600 [3], Virgo [4], and TAMA300 [5], have been taking data for several years. LIGO and Virgo will see their sensitivity improved by a factor of ~ 10 in the next few years and might detect the first gravitational wave as early as 2015. They will be sensitive to a stochastic background of gravitational waves whose logarithmic contribution to the critical density, $\Omega_{GW} h^2$, is of the order of 10^{-9} at a frequency of ~ 100 Hz. LGCT [6] will have a comparable sensitivity at similar frequencies. A space-based experiment like LISA would be able to reach $\Omega_{GW} h^2 \simeq 10^{-11}$ at 10^{-3} Hz. The proposed Einstein Telescope [7] would have similar sensitivity while working at LIGO frequencies. Since the In this paper we note that production of particles during inflation generates a feature in the tensor spectrum which could be detectable by gravitational interferometers in the (relatively) near future, without conflicting with CMB constraints.

Nonperturbative production of particles during inflation, first studied in [9], is possible because the rolling inflaton provides a time-dependent background that carries the energy necessary for the production of light species. The simplest and most studied example of such a system is given by a scalar field χ whose mass depends on the inflaton ϕ . If χ becomes effectively massless as the inflaton rolls down its potential, then it becomes energetically cheap to produce its quanta. In this case, particle production happens at a precise moment during inflation determined by the time when the total mass of χ crosses zero. A second possibility is that the inflaton ϕ couples to a derivative of some field such as a gauge field [10]. In this case, the field can stay massless as the inflaton rolls down its potential, and particle production can happen steadily during inflation.

Particles produced through these mechanisms carry energy-momentum tensor $T_{\mu\nu}$, which perturbs the FRW metric into:

$$g_{\mu\nu} = a(\tau)^2 (-d\tau^2 + (\delta_{ij} + h_{ij}) \, dx^i dx^j) \,, \qquad (1)$$

where we use conformal time 1 τ and a transverse, trace-

spectrum of primordial tensor modes is generically flat or slightly red, non-detection of tensor modes at CMB scales strongly constrains a scale invariant background of tensors of inflationary origin to $\Omega_{GW} h^2 \lesssim 10^{-14}$. For this reason none of these detectors is usually expected to be able to detect tensor modes produced during inflation [8].

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¹Throughout the paper we will denote by a prime a derivative with respect to the conformal time τ , and by a overdot a derivative with respect to the cosmological time t: $' \equiv d/d\tau$, $\equiv d/dt$.

less decomposition, ignoring perturbations which do not source gravitational waves. The equation of motion of the perturbations is:

$$h_{ij}'' + 2\frac{a'}{a}h_{ij}' - \Delta h_{ij} = \frac{2}{M_P^2} \Pi_{ij}{}^{ab} T_{ab} , \qquad (2)$$

where $\Pi_{ij}^{\ lm} = \Pi_l^i \Pi_m^j - \frac{1}{2} \Pi_{ij} \Pi^{lm}$ is the transverse, traceless projector, and $\Pi_{ij} = \delta_{ij} - \partial_i \partial_j / \Delta$. For any given expression of $T_{ab}(\mathbf{x}, \tau)$, one can then solve formally eq. (2) as

$$h_{ij}(\mathbf{k},\,\tau) = \frac{2}{M_P^2} \int d\tau' G_k(\tau,\,\tau') \,\Pi_{ij}{}^{ab}(\mathbf{k}) \,T_{ab}(\mathbf{k},\,\tau') \,\,,$$
(3)

where $G_k(\tau, \tau')$ is the retarded propagator solving the homogeneous transform of eq. (2). In this paper we will assume a de Sitter background $a(\tau) = -(H\tau)^{-1}$, so that the retarded propagator reads

$$G_{k}(\tau,\tau') = \frac{1}{k^{3} \tau'^{2}} \Big[\left(1 + k^{2} \tau \tau' \right) \sin k \left(\tau - \tau' \right) + k \left(\tau' - \tau \right) \cos k \left(\tau - \tau' \right) \Big] \Theta \left(\tau - \tau' \right) .$$
(4)

In the present paper we will examine several ways of generating a nonvanishing T_{ab} in eq. (3), some of which induce a significant feature in the spectrum of tensor modes. If particle production happens explosively at a precise time during inflation (as in [9]), the spectrum of gravitational waves will show a feature at the scale corresponding to the time of particle production. If particle production happens continuously, on the other hand, then the spectrum of induced tensor modes will be smoother. In both cases the amplitude of the tensor spectrum at the scales probed by interferometers can be much larger than the one probed by CMB measurements. It is worth noting that, since the source of the gravitational waves is quadratic in a gaussian field, h_{ij} is expected to have a maximal three point function $\langle hhh \rangle \simeq \langle hh \rangle^{3/2}$ [11–14]. The direct detectability of tensor modes produced during inflation was also considered by [15], where it was shown that, if the post-inflationary Universe is dominated by a fluid stiffer than radiation, the primordial tensors amplitude can be significantly enhanced. More recently, [16] has studied the detectability of gravitational waves produced by phase transitions during inflation.

In section 2 we show that the explosive production of quanta of a scalar field χ can only generate a tiny correction to the background, quasi-scale invariant spectrum of tensor modes. A scenario – "trapped inflation" – where explosive production of particles occurs several times per efolding of inflation has been considered in [17]. In this scenario, particle production slows down the rolling of the inflaton so that inflation can occur even on a (relatively) steep potential. Our analysis will allow, in section 2 C, the evaluation of the amplitude of the tensors induced by the trapping fields.

In section 3 we study a mechanism analogous to that of section 2, where the scalar field χ is replaced by a vector field A_{μ} . In this case production of tensors can be much more efficient, leading to a peak in the tensor spectrum that can be an order of magnitude larger than the quasi-scale-invariant background.

Finally, in section 4 we discuss the case of tensor modes produced through a gauge field coupled to an axion-like inflaton (as discussed in [20, 21] and, in greater detail, in [22]). In this case the amplitude of gravitational waves can increase dramatically at smaller scales so that the system can obey the WMAP constraint on primordial tensors at CMB scales and still lead to detectable tensors at scales probed by ground-based laser intereferometers.

2. GRAVITATIONAL WAVES FROM SUDDEN PRODUCTION OF SCALARS DURING INFLATION.

Several systems can lead to the production of particles during inflation. The one that has received the most attention is described by the following lagrangian

$$\mathcal{L}_{\phi\chi} = -\frac{1}{2}\partial_{\mu}\phi\,\partial^{\mu}\phi - V(\phi) - \frac{1}{2}\partial_{\mu}\chi\,\partial^{\mu}\chi - \frac{g^2}{2}\,\left(\phi - \phi_0\right)^2\,\chi^2\,,\tag{5}$$

where $V(\phi)$ is the potential supporting inflation and where we neglect for simplicity the self-interactions of the field χ . If the inflaton $\phi(\tau)$, while slowly rolling down $V(\phi)$, crosses the value ϕ_0 , then the field χ becomes momentarily massless, and its quanta can be copiously produced. The analysis of [23] shows that the occupation number of χ , shortly after ϕ crossed ϕ_0 , is given by $n_{\chi}(k) = \exp\left\{-\pi \frac{k^2}{g |\phi_0|}\right\}$, where $\dot{\phi}_0 = d\phi/dt$ at the time ϕ crosses ϕ_0 .

In this section we compute the number of gravitons produced by these quanta of χ . The spatial part of the stress-energy tensor for the field χ is given by $T_{ab} =$ $\partial_a \chi \partial_b \chi + \delta_{ab}(...)$, where the part proportional to δ_{ab} is projected away by $\Pi_{ij}{}^{ab}$. We promote the field $\chi(\mathbf{x}, \tau)$ to an operator $\hat{\chi}(\mathbf{x}, \tau)$, which we Fourier transform, factoring one power of the scale factor $a(\tau)$ for canonical normalization

$$\hat{\chi}(\mathbf{x},\,\tau) = \frac{1}{a(\tau)} \int \frac{d^3 \mathbf{k}}{(2\pi)^{3/2}} \, e^{i\mathbf{k}\mathbf{x}} \, \hat{\chi}(\mathbf{k},\,\tau) \,. \tag{6}$$

Plugging this decomposition into eq. (3) gives the tensor spectrum

$$\langle h_{ij}(\mathbf{k},\tau)h_{ij}(\mathbf{k}',\tau)\rangle = \frac{1}{2\pi^3 M_P^4} \int \frac{d\tau'}{a(\tau')^2} G_k(\tau,\tau') \times \times \int \frac{d\tau''}{a(\tau'')^2} G_{k'}(\tau,\tau'') \Pi_{ij}{}^{ab}(\mathbf{k}) \Pi_{ij}{}^{cd}(\mathbf{k}') \times \times \int d^3 \mathbf{p} \, d^3 \mathbf{p}' \, p_a(\mathbf{k_b} - \mathbf{p_b}) \, p_c'(\mathbf{k_d'} - \mathbf{p_d'}) \times \times \langle \hat{\chi}(\mathbf{p},\tau') \hat{\chi}(\mathbf{k} - \mathbf{p},\tau') \hat{\chi}(\mathbf{p}',\tau'') \hat{\chi}(\mathbf{k}' - \mathbf{p}',\tau'') \rangle .$$

$$(7)$$

The quantity $\langle \ldots \rangle$ in the equation above can be reduced using Wick's theorem and ignoring the disconnected term proportional to $\delta^{(3)}(\mathbf{k})\delta^{(3)}(\mathbf{k}')$. Hence we need only to evaluate the two-point correlators, being careful to avoid divergences.

The evolution of the system occurs in three stages:

(i) At early times, significantly before ϕ reaches ϕ_0 , the Universe does not contain quanta of the χ field. No gravitational waves are produced by χ during this epoch.

(ii) As ϕ gets close to ϕ_0 , the effective mass of χ , $m_{\chi}(t) \equiv g \ (\phi(t) - \phi_0)$, starts evolving nonadiabatically, $\dot{m}_{\chi} \gtrsim m_{\chi}^2$. The duration $\Delta t_{\rm nad}$ of the epoch of nonadiabaticity is $\Delta t_{\rm nad} \simeq (g \dot{\phi}_0)^{-1/2}$, which must be much shorter than a Hubble time for production of quanta of χ to be efficient. During this short epoch, the quanta of χ , while being produced, source gravitational waves.

(*iii*) After a time of the order of Δt_{nad} after ϕ has passed ϕ_0 , the mass $m_{\chi}(t)$ evolves adiabatically again. Even if they are not being produced, quanta of χ are still filling the Universe and source the tensors before diluting away in a few efoldings.

In the following subsection we will study the gravitational waves produced during the epoch *(iii)*, while in subsection 2 B we will discuss those produced during the nonadiabatic period *(ii)*. As we will see, the tensors produced during these two epochs have comparable amplitude.

A. Tensor production during the adiabatic epoch.

The main quantity we have to evaluate is $\langle \hat{\chi}(\mathbf{p}, \tau') \hat{\chi}(\mathbf{q}, \tau'') \rangle$. We decompose $\hat{\chi}(\mathbf{k})$ into creation/annihilation operators as $\hat{\chi}(\mathbf{k}, \tau) =$

 $\chi(\mathbf{k}, \tau) \hat{a}_{\mathbf{k}} + \chi^*(-\mathbf{k}, \tau) \hat{a}^{\dagger}_{-\mathbf{k}}$, where the function χ must obey the equation

$$\chi''(\mathbf{k},\,\tau) + \omega(\mathbf{k},\,\tau)^2\,\chi(\mathbf{k},\,\tau) = 0 \tag{8}$$

with

$$\omega(\mathbf{k},\,\tau)^2 \equiv k^2 + g^2 \,\,a(\tau)^2 \left(\phi(\tau) - \phi_0\right)^2 - \frac{a''(\tau)}{a(\tau)}\,,\qquad(9)$$

and $\hat{a}_{\mathbf{k}}$ annihilates the vacuum during period (i). We define the Bogolyubov coefficients $\alpha(\mathbf{k}, \tau)$ and $\beta(\mathbf{k}, \tau)$ via

$$\chi(\mathbf{k},\,\tau) = \frac{1}{\sqrt{2\,\omega}} \left(e^{-i\int^{\tau}\omega}\,\alpha(\mathbf{k},\,\tau) + e^{i\int^{\tau}\omega}\,\beta(\mathbf{k},\,\tau) \right)$$
$$\chi'(\mathbf{k},\,\tau) = i\,\sqrt{\frac{\omega}{2}} \left(-e^{-i\int^{\tau}\omega}\,\alpha(\mathbf{k},\,\tau) + e^{i\int^{\tau}\omega}\,\beta(\mathbf{k},\,\tau) \right)$$
(10)

so that, in the adiabatic limit $\omega' \ll \omega^2$, α and β are constants. This way, we can rewrite

$$\hat{\chi}(\mathbf{k},\tau) = \frac{e^{-i\int^{\tau}\omega\,d\tilde{\tau}}}{\sqrt{2\omega}}\hat{b}_{\mathbf{k}}(\tau) + \frac{e^{i\int^{\tau}\omega\,d\tilde{\tau}}}{\sqrt{2\omega}}\hat{b}^{\dagger}_{-\mathbf{k}}(\tau)\,,\qquad(11)$$

where we have defined the new annihilation operator

$$\hat{b}_{\mathbf{k}}(\tau) = \alpha(\mathbf{k}, \tau) \,\hat{a}_{\mathbf{k}} + \beta^*(-\mathbf{k}, \tau) \,\hat{a}_{-\mathbf{k}}^{\dagger} \,, \qquad (12)$$

that annihilates the vacuum during period *(iii)*.

In order to renormalize the theory, we impose that the operator $\hat{\chi}(\mathbf{p}, \tau')\hat{\chi}(\mathbf{q}, \tau'')$ within $\langle \dots \rangle$ is normal ordered. However, we require normal ordering in terms of the $\hat{b}_{\mathbf{k}}$ operators while using the vacuum state defined by the $\hat{a}_{\mathbf{k}}$ operators. This way we calculate the number of quanta of our initial particle definition existing at the end. Using the decomposition (12) and the commutation relation $[\hat{a}_{\mathbf{q}}, \hat{a}_{\mathbf{p}}^{\dagger}] = \delta^{(3)}(\mathbf{p} - \mathbf{q})$, we obtain

$$\langle \hat{\chi}(\mathbf{p}, \tau') \hat{\chi}(\mathbf{q}, \tau'') \rangle = \frac{\delta^{(3)}(\mathbf{p} + \mathbf{q})}{2\sqrt{\omega_{\mathbf{p}}(\tau')\omega_{\mathbf{p}}(\tau'')}} \Big[\left(e^{i\int_{\tau'}^{\tau''}\omega_{\mathbf{p}}} \beta^*(-\mathbf{p}, \tau') \beta(-\mathbf{p}, \tau'') + \text{h.c.} \right) + \left(e^{-i\int_{\tau'}^{\tau''}\omega_{\mathbf{p}}-i\int_{\tau''}^{\tau''}\omega_{\mathbf{p}}} \alpha(\mathbf{p}, \tau') \beta^*(\mathbf{p}, \tau'') + (\tau' \leftrightarrow \tau'', \text{h.c.}) \right) \Big].$$

$$(13)$$

Using the expression above and Wick's theorem, eq. (7) can be written as

$$\langle h_{ij}(\mathbf{k},\tau) h_{ij}(\mathbf{k}',\tau) \rangle = \frac{\delta^{(3)}(\mathbf{k}+\mathbf{k}')}{8\pi^{3}M_{P}^{4}} \int d^{3}\mathbf{p} \left(p^{2} - \frac{(\mathbf{p}\cdot\mathbf{k})^{2}}{k^{2}} \right)^{2} \int \frac{d\tau'}{a(\tau')^{2}} \frac{G_{k}(\tau,\tau')}{\sqrt{\omega_{\mathbf{p}}(\tau')\omega_{\mathbf{k}-\mathbf{p}}(\tau')}} \int \frac{d\tau''}{a(\tau'')^{2}} \frac{G_{k}(\tau,\tau'')}{\sqrt{\omega_{\mathbf{p}}(\tau'')\omega_{\mathbf{k}-\mathbf{p}}(\tau'')}} \times \\ \times \left[\left(e^{i\int_{\tau'}^{\tau''}\omega_{\mathbf{p}}} \beta^{*}(|\mathbf{p}|,\tau')\beta(|\mathbf{p}|,\tau'') + \mathbf{h.c.} \right) + \left(e^{-i\int_{\tau'}^{\tau'}\omega_{\mathbf{p}}} e^{-i\int_{\tau''}^{\tau''}\omega_{\mathbf{p}}} \alpha(|\mathbf{p}|,\tau')\beta^{*}(|\mathbf{p}|,\tau'') + (\tau'\leftrightarrow\tau'',\mathbf{h.c.}) \right) \right] \times \\ \times \left[\left(e^{i\int_{\tau''}^{\tau''}\omega_{\mathbf{k}-\mathbf{p}}} \beta^{*}(|\mathbf{k}-\mathbf{p}|,\tau')\beta(|\mathbf{k}-\mathbf{p}|,\tau'') + \mathbf{h.c.} \right) + \left(e^{i\int_{\tau''}^{\tau''}\omega_{\mathbf{k}-\mathbf{p}}} \alpha(|\mathbf{k}-\mathbf{p}|,\tau')\beta^{*}(|\mathbf{k}-\mathbf{p}|,\tau'') + (\tau'\leftrightarrow\tau'',\mathbf{h.c.}) \right) \right] \right].$$

$$(14)$$

When multiplied out, some terms in the above equation

are rapidly oscillating and we neglect them as they give

subdominant contribution to the integrals. At this point we need to evaluate the Bogolyubov coefficients α and β .

1. Evaluating β .

The function χ obeys eq. (8), and quanta of χ are produced during the short epoch of nonadiabatic evolution of $\omega(\mathbf{k}, \tau)$, during which we neglect the expansion of the Universe. In a de Sitter background and in the slow-roll approximation, ϕ evolves approximately linearly in physical time $\phi(t) = \phi_0 + \dot{\phi}_0 t$ or as $\phi(\tau) = \phi_0 - \frac{\dot{\phi}_0}{H} \log(\frac{\tau}{\tau_0})$ in conformal time. t and τ are defined such that $\phi(t=0) = \phi(\tau=\tau_0) = \phi_0$. The duration $\Delta t_{\rm nad}$ of the nonadiabatic epoch is determined by the condition $\dot{m}_{\chi} \gtrsim m_{\chi}^2$, yielding $\Delta t_{\rm nad} \sim 1/\sqrt{g}|\dot{\phi}_0|$. It is consistent to neglect the expansion of the Universe if $\Delta t_{\rm nad} \ll 1/H$ so that the validity of our analysis requires $g \gg H^2/|\dot{\phi}_0|$.

Under these conditions the equation for χ during the nonadiabatic epoch reduces to

$$\ddot{\chi} + \left(k^2 H^2 \tau_0^2 + g^2 \dot{\phi}_0^2 t^2\right) \chi = 0 , \qquad (15)$$

to which we can apply the analysis of [23], obtaining, up

to an irrelevant phase, the Bogolyubov coefficients

$$\alpha(\tau > \tau_0, k) = \sqrt{1 + e^{-\pi \kappa^2}} e^{i \,\alpha_\kappa} ,$$

$$\beta(\tau > \tau_0, k) = e^{-\frac{\pi}{2} \kappa^2} ,$$
(16)

where we have defined $\kappa \equiv k H \tau_0 / \sqrt{g \dot{\phi}_0}$ and $\alpha_{\kappa} = \operatorname{Arg}\left[\Gamma\left(\frac{1+i\kappa^2}{2}\right)\right] - \frac{\kappa^2}{2} \log \frac{\kappa^2}{4}$.

2. The two point function.

After the phase of nonadiabatic evolution of m_{χ} , the Universe contains $\sim \int d^3 \mathbf{k} |\beta|^2 / a(\tau)^3$ quanta of χ per unit volume. We are now in the position of computing the spectrum of gravitational waves generated by such a population, which is given by the integral (14), where ω is defined in (9). The expression of ω can be drastically simplified by observing that, at the end of the nonadiabatic period, $g (\phi - \phi_0) \sim g \dot{\phi}_0 \Delta t_{\text{nad}} \sim (g \dot{\phi}_0)^{1/2} \gg H$. As a consequence, the second term in (9) is much larger than the third one. Moreover, the exponential suppression in β means only momenta $k \lesssim (g \dot{\phi}_0)^{1/2}/(H \tau_0)$ contribute significantly to the integral. Noting also that, following the non-adiabatic period, $|\tau| < |\tau_0|$, the k^2 in (9) is negligible as well.

Therefore, during the entire phase *(iii)* of the adiabatic evolution of the system, we can approximate $\omega \simeq |g(\phi(\tau) - \phi_0)/(H\tau)|$, where $\phi(\tau) - \phi_0 \simeq -(\dot{\phi}_0/H) \log(\tau/\tau_0)$. Using these estimates, we can write the integral (14) in the limit $\tau \to 0$ (i.e., at the end of inflation, long after τ_0) as

0

$$\langle h_{ij}(\mathbf{k}) h_{ij}(\mathbf{k}') \rangle = \frac{\delta^{(3)}(\mathbf{k} + \mathbf{k}')}{4\pi^3 k^6} \frac{H^8}{g^2 \dot{\phi}_0^2 M_P^4} \int_{-\infty}^{\infty} d^3 \mathbf{p} \left(p^2 - \frac{(\mathbf{p} \cdot \mathbf{k})^2}{k^2} \right)^2 \times$$
(17)
$$\times \left\{ \left| \beta \left(\mathbf{p} \right) \right|^2 \left| \beta \left(\mathbf{k} - \mathbf{p} \right) \right|^2 + \operatorname{Re} \left[\alpha(\mathbf{p}) \alpha^* (\mathbf{k} - \mathbf{p}) \beta^* (\mathbf{p}) \beta(\mathbf{k} - \mathbf{p}) \right] \right\} \left[\int_{\tau_0 + \Delta \tau_{\text{nad}}}^0 d\tau \, \tau \, \frac{\sin(k\tau) - k\tau \cos(k\tau)}{\ln(\tau_0/\tau)} \right]^2,$$

where $\Delta \tau_{\rm nad}/|\tau_0| = H \Delta t_{\rm nad} \simeq H (g\dot{\phi}_0)^{-1/2} \ll 1$. As we will see in eq. (20) below, the result depends only logarithmically on $\Delta t_{\rm nad}$ so that ignorance of its exact value does not affect significantly the results. Next, we recognize that at large values of k the two point function is suppressed by the factor of $(\sin k\tau - k\tau \cos k\tau)/k^3$ coming from the Green's functions. Since $H^2/g\dot{\phi} \ll 1$, p is only suppressed after $p\tau_0 > g\dot{\phi}/H^2 \gg 1$. Therefore the integrand gets its main contribution from the region $p \gg k$. Using these approximations, the above equation

is simplified to

$$\langle h_{ij}(\mathbf{k}) h_{ij}(\mathbf{k}') \rangle = \frac{\delta^{(3)}(\mathbf{k} + \mathbf{k}')}{4\pi^3 k^6} \frac{H^8}{g^2 \dot{\phi}_0^2 M_P^4} \times \int d^3 \mathbf{p} \left(p^2 - \frac{(\mathbf{p} \cdot \mathbf{k})^2}{k^2} \right)^2 \left(e^{-\frac{\pi p^2 H^2 \tau_0^2}{g \phi}} + 2 e^{-\frac{2\pi p^2 H^2 \tau_0^2}{g \phi}} \right) \times \left(\int_{\tau_0 + \Delta \tau_{\text{nad}}}^0 d\tau \, \tau \, \frac{\sin(k\tau) - k \, \tau \, (k \, \tau)}{\ln(\tau_0 / \tau)} \right)^2.$$
(18)

After computing the integral in $d^3\mathbf{p}$, we are left with the

simple expression

$$\langle h_{ij}(\mathbf{k}) h_{ij}(\mathbf{k}') \rangle = \frac{\delta^{(3)}(\mathbf{k} + \mathbf{k}')}{2 \pi^5 k^6 |\tau_0|^3} \frac{H^4}{M_P^4} \left(1 + \frac{1}{4\sqrt{2}} \right) \times \\ \times \left(\frac{g \dot{\phi}_0}{H^2} \right)^{3/2} F_{|\Delta \tau_{\text{nad}}/\tau_0|} \left(k |\tau_0| \right), \quad (19)$$

where

$$F_{\epsilon}(y) \equiv \left| \int_{0}^{1-\epsilon} x \, \frac{(\sin xy - xy \, \cos xy)}{\log x} \, dx \right|^{2} \underset{\epsilon \to 0}{\simeq} \left[(y \cos y - \sin y) \, \log \epsilon \right]^{2} \,. \tag{20}$$

The two point function (19) should be added to the standard, quasi scale invariant contribution from inflationary gravitational waves so that the resulting power spectrum reads

$$\mathcal{P}^{t}(k) \simeq \frac{2 H^{2}}{\pi^{2} M_{P}^{2}} \left[1 + 4.8 \times 10^{-4} \frac{\left(k\tau_{0} \cos k\tau_{0} - \sin k\tau_{0}\right)^{2}}{\left|k\tau_{0}\right|^{3}} \times \frac{H^{2}}{M_{P}^{2}} \left(\frac{g \dot{\phi}_{0}}{H^{2}}\right)^{3/2} \log^{2} \left(\frac{\sqrt{g \dot{\phi}_{0}}}{H}\right) \right].$$
(21)

We thus see that the effect of the creation of quanta of χ is to superimpose a scale dependent contribution to the scale invariant spectrum of tensors generated by inflation.

We next observe that $\dot{\phi}_0 = \sqrt{2\epsilon} H M_P$, where $\epsilon \ll 1$ is the slow-roll parameter. Supplying reasonable values for H, M_P , and ϵ allows us to find that the $|k\tau_0|$ -dependent part of the spectrum is maximized at $|k\tau_0| \simeq 2$, where the component from particle production evaluates to $\sim 1.8 \times 10^{-4} \frac{H^2}{M_P^2} (\frac{g\dot{\phi}_0}{H^2})^{3/2} \log^2(\frac{\sqrt{g\dot{\phi}_0}}{H})$. Using the same approximation, the \log^2 term gives at most a factor $\sim 10^2$; therefore, the correction to the standard result is at most of the order $10^{-2} H^{1/2}/M_P^{1/2}$, which is several orders of magnitude smaller than unity.

We thus conclude that the presence of a gas of adiabatically evolving scalar particles produced nonperturbatively during inflation generates a tiny correction to the spectrum of primordial tensors. This result agrees with [24], where it was shown that in the Minkowsky limit, $H \rightarrow 0$, a gas of adiabatically evolving scalars does not generate any gravitational waves. In our case, since we are on an expanding background, gravitational waves are produced, but the effect is still small and unobservable.

Let us next estimate the amount of gravitational waves produced during the period of nonadiabatic evolution of $m_{\chi}(\tau)$.

B. Tensor production during the nonadiabatic epoch.

The period of nonadiabatic evolution of $m_{\chi}(\tau)$ lasts much less than a Hubble time. We will use again our physical time variable $t = H^{-1} \log(\tau_0/\tau)$. Since we are now looking at the period $|H t| \ll 1$, we can approximate the change of variable as $\tau \simeq \tau_0 (1 - H t)$. This implies that we can replace τ' and τ'' by τ_0 in the integrands of eq. (7). During this short time, the field χ will obey eq. (15).

During the periods of adiabatic evolution of m_{χ} , the concept of a particle of χ is well defined, and the use of the Bogolyubov coefficients gives an appropriate way of computing the spectrum of gravitons produced by the gas of quanta of χ . During the short epoch of nonadiabatic evolution of m_{χ} , however, it is more convenient to switch to a different prescription. Following e.g. [25], we set

$$\langle \hat{\chi}(\mathbf{p}, t') \hat{\chi}(\mathbf{q}, t'') \rangle = \delta^{(3)}(\mathbf{p} + \mathbf{q}) \left[\chi(\mathbf{p}, t') \chi^*(\mathbf{p}, t'') - \tilde{\chi}(\mathbf{p}, t') \tilde{\chi}^*(\mathbf{p}, t'') \right]$$
(22)

where $\chi(\mathbf{p}, t)$ is the solution, with appropriate boundary conditions, to eq. (15), and $\tilde{\chi}(\mathbf{p}, t)$ is the solution to the same equation in the adiabatic approximation:

$$\chi(\mathbf{p}, t) = \frac{\sqrt{H} \tau_0}{(g \dot{\phi}_0)^{1/4}} e^{-i \pi/8} e^{-\pi \bar{p}^2/8} D_{\frac{-1+i\bar{p}^2}{2}} \left[(-1+i)\eta \right] ,$$

$$\tilde{\chi}(\mathbf{p}, t) = \frac{\sqrt{H} \tau_0}{(g \dot{\phi}_0)^{1/4}} \frac{e^{i \left[\frac{\eta}{2} \sqrt{\eta^2 + \bar{p}^2} + \bar{p}^2/2 \log(\eta/\bar{p} + \sqrt{1+\eta^2/\bar{p}^2})\right]}}{\sqrt{2 \sqrt{\eta^2 + \bar{p}^2}}} ,$$

(23)

where we have defined a dimensionless time $\eta = (g \dot{\phi}_0)^{1/2} t$ and a dimensionless momentum $\bar{p} = p H \tau_0 / (g \dot{\phi}_0)^{1/2}$ and $D_a(z)$ is the parabolic cylinder function. The term in $\tilde{\chi}(\mathbf{p}, t)$ in eq. (22) takes care of the UV-divergent terms which would otherwise appear in the tensor spectrum.

Working forward from (2.3), the expression for the contribution of the nonadiabatic epoch to the two point correlator of the graviton simplifies to

$$\langle h_{ij}(\mathbf{k},\tau) h_{ij}(\mathbf{k}',\tau) \rangle = \frac{\delta^{(3)}(\mathbf{k}+\mathbf{k}')}{2\pi^3 M_P^4} \frac{H^4}{k^6} \left[\sin k \, \tau_0 k \, \tau_0 \, \cos k \, \tau_0 \right]^2 \int d^3 \mathbf{p} \left(p^2 - \frac{(\mathbf{p}\cdot\mathbf{k})^2}{k^2} \right)^2 \, (H \, \tau_0)^2 \times$$

$$\times \int dt' dt'' \left[\chi(\mathbf{p},t') \chi^*(\mathbf{p},t'') - \tilde{\chi}(\mathbf{p},t') \tilde{\chi}^*(\mathbf{p},t'') \right] \left[\chi(\mathbf{k}-\mathbf{p},t') \chi^*(\mathbf{k}-\mathbf{p},t'') - \tilde{\chi}(\mathbf{k}-\mathbf{p},t') \tilde{\chi}^*(\mathbf{k}-\mathbf{p},t'') \right] .$$

$$(24)$$

We next observe that for $|k \tau_0| \gg 1$ the two point function of the graviton is suppressed by the coefficient $\propto k^{-4}$ in front of the integrals of eq. (24). In the unsuppressed regime $|k \tau_0| \lesssim 1$, the quantity $\bar{k} = k H |\tau_0|/(g \dot{\phi}_0)^{1/2} \ll$ 1, so that we can set $\mathbf{k} = 0$ in the second line of eq. (24). At this point the angular integral can be easily computed, and by observing that both χ and $\tilde{\chi}$ in eq. (23) are of the form $(H |\tau_0|)^{1/2} (g \dot{\phi}_0)^{-1/4} \times [$ function of $(\bar{p}, \eta)]$, we can write, after appropriate changes of variables,

$$\langle h_{ij}(\mathbf{k},\,\tau)\,h_{ij}(\mathbf{k}',\,\tau)\rangle = \frac{16}{15\,\pi^2}\,\frac{\delta^{(3)}(\mathbf{k}+\mathbf{k}')}{k^6\,|\tau_0|^3}\,\frac{H^4}{M_P^4} \times \\ \times \left(\frac{g\,\dot{\phi}_0}{H^2}\right)^{3/2}\,\left[\sin k\,\tau_0 - k\,\tau_0\,\cos k\,\tau_0\right]^2 \times \\ \times \int \bar{p}^6\,d\bar{p}\,\int d\eta'\,d\eta''\,F(\bar{p},\,\eta',\,\eta'')^2\,, \qquad (25)$$

where $F(\bar{p}, \eta', \eta'')$ in the second line is a dimensionless function built out of the dimensionless functions appearing in eqs. (23), whose integral gives an $\mathcal{O}(1)$ result.

The result of this subsection is that the contribution to the two-point function of the graviton by the nonadiabatic epoch *(ii)* has the same form, modulo a logarithmic term, as the contribution from the adiabatic epoch discussed in section 2 A. We conclude that the overall effect of graviton creation by the scalars χ gives a negligible correction to the standard spectrum of tensors generated by inflation. Let us next discuss what happens if there are several events of explosive production of scalars.

C. An application: tensor modes in trapped inflation.

The analysis of sections 2 A and 2 B has shown that the spectrum of tensor modes induced by a single event of production of scalars has the form

$$\mathcal{P}_{\chi}^{t} \simeq \frac{H^{4}}{M_{P}^{4}} \frac{\left(k|\tau_{0}|\cos k|\tau_{0}| - \sin k|\tau_{0}|\right)^{2}}{(2\pi)^{3} k^{3} |\tau_{0}|^{3}} \left(\frac{g \dot{\phi}_{0}}{H^{2}}\right)^{3/2}$$
(26)

up to a coefficient of order one. Let us now suppose that there are several instances of particle production. In particular, we will assume that particle production happens so often to lead to trapped inflation [17], i.e., to a slowing down of the rolling of the inflaton more significant than that due to Hubble friction². Since the tensor modes excited by each burst of particles sum incoherently, the resulting power spectrum of the tensor will just be the sum of the individual power spectra. If the bursts happen frequently enough, summation the various contributions to \mathcal{P}^t_{χ} is equivalent to integration over $\frac{d\tau_0}{\Delta} \frac{d\phi}{d\tau_0}$, where $\Delta = \phi_{i+1} - \phi_i$ is the distance in field space between two sites of particle production. We therefore get,

$$\mathcal{P}_{\text{trapped}}^{t} \simeq \int d\tau_{0} \frac{a(\tau_{0}) \,\dot{\phi}_{0}}{\Delta} \, \frac{H^{4}}{M_{P}^{4}} \frac{(k|\tau_{0}| \,\cos k|\tau_{0}| - \sin k|\tau_{0}|)^{2}}{(2\,\pi)^{3} \,k^{3} \,|\tau_{0}|^{3}} \\ \times \left(\frac{g \,\dot{\phi}_{0}}{H^{2}}\right)^{3/2} \,, \tag{27}$$

i.e., in an order of magnitude estimate,

$$\mathcal{P}_{\text{trapped}}^{t} \simeq \frac{\dot{\phi}_{0}}{(2\,\pi)^{3}\,H\,\Delta} \,\frac{H^{4}}{M_{P}^{4}} \,\left(\frac{g\,\dot{\phi}_{0}}{H^{2}}\right)^{3/2} \,, \qquad (28)$$

which shows that the resulting spectrum is scale invariant.

Let us now connect this result to the parameter space of trapped inflation. Plugging the "slow roll" equation of trapped inflation [17], $(g \dot{\phi}_0)^{5/2} \simeq (2\pi)^3 H \Delta V'$, into the equation for the tensors, we obtain

$$\mathcal{P}_{\text{trapped}}^t \simeq \frac{H\,V'}{g\,M_P^4}\,.$$
 (29)

This should be compared to the standard amplitude of gravitational waves $\mathcal{P}_{\text{standard}}^t \simeq H^2/M_P^2$, so that $\mathcal{P}_{\text{trapped}}^t/\mathcal{P}_{\text{standard}}^t \simeq HV'/gV$. In order to proceed further, we choose a form of the potential. For $V(\phi) = m^2 \phi^2/2$ (the case studied in [17]) $\mathcal{P}_{\text{trapped}}^t/\mathcal{P}_{\text{standard}}^t \simeq m/g M_P$. This is much smaller than unity in the phenomenologically allowed region of parameter space of [17]. Therefore, even in the case of several bursts of scalars, the induced spectrum of tensors is subdominant with respect to the standard one $\sim H^2/M_P^2$.

3. PRODUCTION VIA VECTORS.

We have seen in the previous section that explosive production of scalar particles does not lead to a significant production of gravitational waves. This is due to the fact that, in the Minkowsky limit, energy-momentum and helicity conservation forbid a $\chi\chi \to h_{ij}$ process [24]. It is therefore natural to ask whether vectors will provide a more efficient source of gravitational waves. In this section we will show that this is indeed the case.

We will only focus on the gravitational waves produced during the period of adiabatic evolution subsequent to the creation of the vectors. Based on the similarities between the results of sections 2 A and 2 B, we expect that the contribution of the nonadiabatic period will at most give an order one correction to the results presented here.

We consider the gauge-invariant lagrangian

$$\mathcal{L} = -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} - (D^{\mu}\Psi) (D_{\mu}\Psi)^* - V(|\Psi|^2), \quad (30)$$

²The mechanism leading to trapped inflation is similar to that responsible for warm inflation [18, 19], although in the case of warm inflation friction is provided by a thermal bath rather than by nonperturbative particle production.

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where $D_{\mu} = \nabla_{\mu} - i e A_{\mu}$ is the gauge-covariant derivative. We will assume that the Higgs field Ψ is a function of time during inflation, but we will not identify it with the inflaton; its role will be discussed towards the end of this section. Defining $\psi \equiv |\Psi|$, it is possible to show [26] that, as long as ψ is spatially constant, it is consistent to choose the Coulomb gauge $A_0 = 0$, $\nabla \cdot \mathbf{A} = 0$, with \mathbf{A} satisfying the equation

$$\mathbf{A}''(\mathbf{k},\,\tau) + \left(k^2 + e^2 \,a^2(\tau)\,\psi^2(\tau)\right)\mathbf{A}(\mathbf{k},\,\tau) = 0\,,\quad(31)$$

so when ψ crosses zero, production of photons occurs precisely in the same way as described above in the case of scalars. In particular, the expression of the Bogolyubov coefficients is calculated the same way as that of section 2.A.1. The portion of spatial part of the stressenergy tensor of \mathbf{A} we are interested in is given by $T_{ij} = A'_i A'_j + \epsilon_{ikl} \partial^k A^l \epsilon_{jmn} \partial^m A^n$. After promoting the photon to a quantum field $\hat{\mathbf{A}}(\tau, \mathbf{x})$, which we decompose on a basis of helicity vectors \mathbf{e}_{\pm}

$$\hat{\mathbf{A}} = \sum_{\lambda=\pm} \int \frac{d^3 \mathbf{k}}{(2\pi)^{3/2}} \Big[\mathbf{e}_{\lambda}(\mathbf{k}) A_{\lambda}(\tau, \mathbf{k}) \hat{a}_{\lambda}(\mathbf{k}) e^{i\mathbf{k}\cdot\mathbf{x}} + \text{h.c.} \Big],$$
(32)

we write eq. (3) as

$$\hat{h}_{ij}(\mathbf{k}) = -\frac{2H^2}{M_P^2} \int d\tau' G_k(\tau, \tau') \tau'^2 \int \frac{d^3 \mathbf{q}}{(2\pi)^{3/2}} \times \\ \times \Pi_{ij}{}^{lm}(\mathbf{k}) \Big[\hat{A}'_l(\mathbf{q}, \tau') \hat{A}'_m(\mathbf{k} - \mathbf{q}, \tau') - \\ - \epsilon_{lab} q_a \hat{A}_b(\mathbf{q}, \tau') \varepsilon_{mcd} (k_c - q_c) \hat{A}_d(\mathbf{k} - \mathbf{q}, \tau') \Big] .$$
(33)

Since during the epoch under consideration the vectors are nonrelativistic, $\hat{A}'(\mathbf{k}, \tau) \simeq \omega \hat{A}(\mathbf{k}, \tau) \gg k \hat{A}(\mathbf{k}, \tau)$, we can neglect the second term in brackets in the above equation. The two point function of the graviton, using a derivation analogous to that for the scalar fields, takes the form

$$\langle h_{ij}(\mathbf{k},\tau) h_{ij}(\mathbf{k}',\tau) \rangle = \frac{\delta^{(3)}(\mathbf{k}+\mathbf{k}')}{8\,\pi^3\,M_P^4} \int d^3\mathbf{p} \left(1 + \frac{(\mathbf{k}\cdot\mathbf{p})^2}{k^2\,p^2}\right) \left(1 + \frac{[\mathbf{k}\cdot(\mathbf{k}-\mathbf{p})]^2}{k^2\,|\mathbf{k}-\mathbf{p}|^2}\right) \times$$

$$\times \left\{ |\beta(p)|^2 |\beta(|\mathbf{k}-\mathbf{p}|)|^2 + \operatorname{Re}\left[\alpha(p)\beta^*(p)\beta(|\mathbf{k}-\mathbf{p}|)\alpha^*(|\mathbf{k}-\mathbf{p}|)\right] \right\} \left(\int_{-\infty}^{\tau} \frac{d\tau'}{a(\tau')^2} G_k(\tau,\tau') \sqrt{\omega_{\mathbf{p}}(\tau')\,\omega_{\mathbf{k}-\mathbf{p}}(\tau')} \right)^2 .$$

$$(34)$$

The main difference with respect to the case of the scalar modes is that the term $\sqrt{\omega \omega}$ in the last factor appears in the numerator rather than in the denominator. Since the quanta of the gauge field are nonrelativistic, such a term enhances the amplitude of gravitational waves.

Observing that the approximations of section 2.A.2 hold also in the present case, we obtain the following expression of the power spectrum of the tensors

$$\mathcal{P}^{t}(k) \simeq \frac{2}{\pi^{2}} \frac{H^{2}}{M_{P}^{2}} \left[1 + 4.4 \times 10^{-6} \frac{H^{2}}{M_{P}^{2}} \left(\frac{e \dot{\psi}_{0}}{H^{2}} \right)^{7/2} \times |k\tau_{0}|^{3} {}_{2}F_{3} \left(\frac{3}{2}, \frac{3}{2}; \frac{5}{2}, \frac{5}{2}, \frac{5}{2}; -\frac{|k\tau_{0}|^{2}}{4} \right)^{2} \right], \quad (35)$$

where the dependence on $|k\tau_0|$ is such that the term associated to the vectors vanishes both at small and a large $|k\tau_0|$ and is maximized at $|k\tau_0| \simeq 5$, where the second term in brackets in eq. (35) corrects the scale invariant component of the tensor spectrum by

$$\frac{\Delta \mathcal{P}^t}{\mathcal{P}^t} \simeq 9 \times 10^{-5} \frac{H^2}{M_P^2} \left(\frac{e \,\dot{\psi}_0}{H^2}\right)^{7/2} \,. \tag{36}$$

The above equation shows that graviton production via

vectors is enhanced by a factor $(g\dot{\phi}_0/H^2)^2$ with respect to the production via scalars described in section 2 above. If we replace the vectors by spin-1/2 particles, a similar computation shows that the enhancement with respect to the scalar case is by a single power of $g\dot{\phi}_0/H^2$.

In order to estimate the magnitude of the effect of (36), we must address the question of the origin of the quantity $\dot{\psi}_0$. Due to the requirement of gauge invariance, the potential for Ψ must depend on $|\Psi|^2$ only. This implies that $\Psi = 0$ is either a maximum or a minimum of $V(\Psi)$. Since during slow roll the inflaton ϕ must satisfy $\dot{\phi} \propto V'(\phi) \neq 0$, Ψ cannot be a slowly rolling inflaton when the vectors become massless.

It is however possible that Ψ is a scalar with mass m_{Ψ} (possibly significantly larger than the Hubble parameter), which is different from the inflaton and is excited by some sharp phenomenon during inflation. Such a phenomenon could be a due to a feature in the inflaton potential, a bending trajectory, event of bubble nucleation, or some other event of particle production [27, 28].

Without committing to any specific model, we assume that for some reason, at some point during inflation, the field Ψ starts oscillating with amplitude $\bar{\Psi}$ so that $\dot{\psi}_0 \sim m_{\Psi} \bar{\Psi}$. We require that the energy in Ψ does not



FIG. 1. Amplitude of gravitational waves as a function of frequency in the case N = 10, $\gamma = 0.2$, e = .3, $H = 6.7 \times 10^{13}$ GeV. The value of τ_0 is chosen in such a way to have a feature localized at $\sim 10^{-3}$ Hz. The star denotes the sensitivity of a space-based laser interferometer similar to LISA.

dominate over the energy stored in the inflaton, so the Universe is still well described by a de Sitter geometry. This implies that $m_{\Psi}^2 \bar{\Psi}^2/(6 H^2 M_P^2) \equiv \gamma \ll 1$. Putting together all these factors, we obtain

$$\frac{\Delta \mathcal{P}^t}{\mathcal{P}^t} \simeq 2 \times 10^{-3} \, e^{7/2} \, \gamma^{7/4} \, \left(\frac{M_P}{H}\right)^{3/2} \,, \qquad (37)$$

which can be of order unity or larger.

Note that eq. (37) gives a (possibly substantial) underestimate of the magnitude of the effect, since the field Ψ can perform several oscillations before dying out in a few Hubble times, and resonance will increase exponentially the occupation number for the vectors, leading in turn to an enhancement by a factor $\sim e^{m_{\Psi}/H}$ of the value of $\Delta \mathcal{P}^t/\mathcal{P}^t$. We leave to future work a detailed analysis of this effect.

Before concluding this section we note that in general the field Ψ will not be coupled to a single U(1) gauge field, but to some nonabelian gauge field, which will contain several U(1) subgroups. If there are N such subgroups, the value of $\Delta \mathcal{P}^t / \mathcal{P}^t$ will be multiplied by N.

We plot in figure 1, for illustrative purposes, the spectrum (35) of tensor modes as a function of the frequency in the case N = 10, $\gamma = 0.2$, e = .3, $H = 6.7 \times 10^{13}$ GeV (which corresponds to a tensor to scalar ratio r = .2 at the CMB scales).

The analysis of this section shows that reasonable values of γ and N can lead to a feature whose amplitude is $\mathcal{O}(10^2)$ times larger than the tensor background. While this is not negligible, it is not sufficient to cover the gap of four orders of magnitude between the standard tensor amplitude and the sensitivity of a LISA-like experiment or the six orders of magnitude needed to reach the projected sensitivity of Advanced LIGO. As mentioned above, however, it is possible that resonant effects increase exponentially the occupation number of the vectors and therefore the amplitude of the feature in the tensor modes.

4. GRAVITATIONAL WAVES PRODUCED DURING AXION INFLATION VIA HELICAL PHOTONS.

In this final section we study a scenario where a pseudoscalar inflaton ϕ interacts with a gauge field $F_{\mu\nu}$ through the coupling

$$\mathcal{L}_{\phi,F_{\mu\nu}} = -\frac{\phi}{4f} F_{\mu\nu} \tilde{F}^{\mu\nu}, \qquad (38)$$

where f is a constant with the dimension of mass. The rolling inflaton excites, through this coupling, quanta of the electromagnetic field, which in their turn source the tensor components of the metric.

In this section we will first derive the amplitude and the properties of the spectrum of tensor modes generated by this mechanism. We will then study the prospects of direct detection of such modes, focusing on the specific case where $V(\phi) \propto \phi^2$.

A. The amplitude of the tensor modes.

The production of tensor modes by a pseudoscalar inflaton through gauge field production was discussed in [20] and, in greater detail, in [22], where it was pointed out that these modes are chiral. We sketch here the derivation of the spectrum of gravitational waves generated by this mechanism, referring the reader to [22] for a thorough discussion.

In terms of the vector potential $\mathbf{A}(\tau, \mathbf{x})$, defined by $a^2 \mathbf{B} = \nabla \times \mathbf{A}, a^2 \mathbf{E} = -\mathbf{A}'$ and neglecting the spatial gradients of ϕ , the equations for the gauge field subject to the coupling (38) read

$$\left(\frac{\partial^2}{\partial\tau^2} - \nabla^2 - \frac{\phi'}{f}\nabla\times\right)\mathbf{A} = 0, \quad \nabla\cdot\mathbf{A} = 0, \quad (39)$$

where the prime denotes differentiation with respect to the conformal time τ . We promote the classical field $\mathbf{A}(\tau, \mathbf{x})$ to an operator $\hat{\mathbf{A}}(\tau, \mathbf{x})$, which we decompose on a basis of helicity vectors \mathbf{e}_{\pm} as in eq. (32).

The functions A_{\pm} must satisfy the equations $A''_{\pm} + (k^2 \mp k \phi'/f) A_{\pm} = 0$. Since we are working on an inflating background, we assume the de Sitter metric $a(\tau) \simeq -1/(H\tau)$ and $\dot{\phi} = \phi'/a = \sqrt{2\epsilon} H M_P \simeq \text{constant.}$ Hence, the equation for A_{\pm} reads

$$\frac{d^2 A_{\pm}(\tau, k)}{d\tau^2} + \left(k^2 \pm 2k \,\frac{\xi}{\tau}\right) A_{\pm}(\tau, k) = 0 \,, \qquad (40)$$

where we have defined

$$\xi \equiv \frac{\dot{\phi}}{2fH} = \sqrt{\frac{\epsilon}{2}} \frac{M_P}{f} . \tag{41}$$

We will be interested in the case $\xi \gtrsim \mathcal{O}(1)$, and we assume, without loss of generality, that $\xi > 0$. Then A_{-} stays essentially in vacuum, and we will ignore it from now on. However, the mode function A_{+} develops an instability, and it peaks at momenta k for which $(8\xi)^{-1} \ll |k\tau| \ll 2\xi$, where it is well approximated by

$$A_{+}(\tau, k) \simeq \frac{1}{\sqrt{2k}} \left(\frac{k}{2\xi aH}\right)^{1/4} e^{\pi \xi - 2\sqrt{2\xi k/aH}}.$$
 (42)

The "wrong" sign of the term proportional to ξ in eq. (40) induces an exponential amplification $\propto e^{\pi \xi}$ of the mode function for the photon A_+ at sub-horizon scales. Such a large occupation number for the vector field is in its turn a strong source of gravitational waves. Another inflatongauge field interaction term that leads to amplification of gauge field modes is the kinetic coupling $f(\phi) F_{\mu\nu} F^{\mu\nu}$. Such coupling, however, generates only a moderate occupation number of superhorizon photons [29] and, as a consequence, is not expected to induce an important production of tensors.

We can now study the production of gravitational waves induced by the helical photons. To do so, we plug the expression (42) into eq. (33), and we project onto its left- and right-handed components. Of course, one should also take into account the parity-symmetric component of gravitons that is generated by the usual amplification of vacuum fluctuations in de Sitter space. This is uncorrelated from those discussed above so that the overall power spectra of the helicity- \pm components of the graviton can be written for $\xi \gtrsim 2$ (as we will see, this is the regime we are interested in) as

$$\mathcal{P}^{t,+} = \frac{H^2}{\pi^2 M_P^2} \left(1 + 8.6 \times 10^{-7} \frac{H^2}{M_P^2} \frac{e^{4\pi\xi}}{\xi^6} \right) ,$$

$$\mathcal{P}^{t,-} = \frac{H^2}{\pi^2 M_P^2} \left(1 + 1.8 \times 10^{-9} \frac{H^2}{M_P^2} \frac{e^{4\pi\xi}}{\xi^6} \right) . \quad (43)$$

We thus see that, as a consequence of the violation of parity, the amplitude of the spectra of the left- and the right-handed tensor modes generated by the gauge field differs by a factor $\sim 10^3$. While the parity violating component could in principle be exponentially large, it was pointed out in [20] that the gauge field also contributes, through its coupling with the inflaton, to the spectrum of scalar perturbations. This contribution is highly nongaussian, and its amplitude is therefore strongly constrained by the non-observation of nongaussianities in the Cosmic Microwave Background and the Large Scale Structure bispectra. It turns out that the parameter ξ , when computed at CMB and at LSS scales, is constrained to be smaller than about 2.6. This implies that the ξ dependent contribution to the tensor spectra (43), when computed at cosmological scales, is negligibly small.



FIG. 2. Amplitude of gravitational waves as a function of frequency in the case $N_c = 55$, $\xi_C = 2.1$. The star denotes the projected sensitivity of Advanced LIGO.

Now, the main observation of this section is that the quantity $\xi = \dot{\phi}/(2 f H)$ is time dependent and increases as the inflaton rolls down its potential. The condition $\xi \lesssim 2.6$ originates from constraints from CMB and LSS data. Therefore ξ had to be smaller than 2.6 when LSS scales exited the horizon. However, ξ can be much larger at later times when scales relevant to gravitational wave interferometers left the horizon. Since there are some 40 efoldings of inflation between the time LSS scales left the horizon and the time LIGO scales left the horizon [8], it is necessary to consider the entire shape of the inflationary potential to know how ξ evolves. In the next subsection we will study in detail, as an example, the parameter space for this scenario in the case of a quadratic inflationary potential. As we will see, there exists a portion of parameter space where Advanced LIGO will be able to observe gravitational waves even if the current bound from nongaussianities is satisfied.

B. Gravitational waves from natural chaotic inflation observable by Advanced LIGO.

In this subsection we study the power spectrum of the gravitational waves (43) in the case where the inflaton potential takes the chaotic form $V(\phi) = \mu^2 \phi^2/2$. The model of natural chaotic inflation of [30] (see also [31]) leads precisely to this situation: a pseudoscalar inflaton with a quadratic potential. Other forms of the potential for a pseudoscalar inflaton were considered in the models of inflation from axion monodromy [32–34], and we expect that the predictions from these models will not differ significantly from those presented here.

In the case of the chaotic potential $V(\phi) = \mu^2 \phi^2/2$, the value of ϕ during inflation is related to the number \mathcal{N} of efoldings before the end of inflation through $\phi(\mathcal{N}) = 2\sqrt{\mathcal{N}}M_P$. The parameter μ can be determined by COBE normalization. Denoting by \mathcal{N}_C the number of efoldings corresponding to COBE scales (47 $\lesssim N_C \lesssim 62$ depending on the details of reheating [35, 36]), we have

$$\mu^2 = \frac{6\pi^2 \mathcal{P}_{\zeta}}{\mathcal{N}_C^2} M_P^2, \qquad (44)$$

where $\mathcal{P}_{\zeta} \simeq 2.5 \times 10^{-9}$. Using the slow roll parameter $\epsilon = 1/(2\mathcal{N})$, we can write $\xi = \sqrt{\epsilon/2} M_P / f$ as $\xi(\mathcal{N}) = \xi_C \sqrt{\mathcal{N}_C / \mathcal{N}}$, where ξ_C is the value of ξ computed \mathcal{N}_C efoldings before the end of inflation. We require $\xi_C \lesssim 2.6$ in order not to generate nongaussianities in the CMB which are too large. Note that a comparable constraint on nongaussianities originates from the large scale structures at wavenumbers $k \simeq 0.1 \text{ Mpc}^{-1}$ (see [37] for a recent review), which correspond to scales that left the horizon about $\mathcal{N}_C - 5$ efoldings before the end of inflation.

Inserting the above expressions into eq. (43), we obtain the following expression of the energy density in gravitational waves as a function of \mathcal{N}

$$\Omega_{GW} h^{2} = 6 \times 10^{-14} \frac{N}{N_{C}^{2}} \times$$

$$\times \left[1 + 4.2 \times 10^{-14} \frac{N^{4}}{N_{C}^{5}} \frac{e^{4\pi \xi_{C}} \sqrt{N_{C}/N}}{\xi_{C}^{6}} \right].$$
(45)

Since gravitational waves at a frequency f correspond to scales that exited the horizon about $35 + \log(f/0.1 \text{Hz})$ efoldings after the COBE scales, we can plot $\Omega_{GW} h^2$ as a function of f for given \mathcal{N}_C and ξ_C by setting $\mathcal{N} = \mathcal{N}_C 35 - \log(f/0.1 \,\mathrm{Hz})$ in equation (45). We plot in figure 2 the spectrum of gravitational waves for a representative set of parameters.

Constraints and detectability. 1.

The parameter space of this system is constrained by the following requirements: first, the backreaction of the electromagnetic modes on the inflating background must be negligible; second, the nongaussianities induced by the same electromagnetic modes through the mechanism discussed in [20] must be within the limits imposed both by CMB and by LSS observations.

Backreaction on the inflating background is negligible for [38] $e^{2\pi\xi}/\xi^3 \ll 700 V'(\phi)^2/H^6$, i.e.,

$$\left(\frac{\mathcal{N}}{\mathcal{N}_C}\right)^{7/2} \frac{e^{2\pi\xi_C}\sqrt{\mathcal{N}_C/\mathcal{N}}}{\xi_C^3} \ll 6 \times 10^{10} .$$
 (46)

This implies that, if we want backreaction to be negligible all the way to a frequency f, this condition must be satisfied with $\mathcal{N} = \mathcal{N}_C - 35 - \log(f/0.1 \text{Hz}).$

As for nongaussianities, the bound of [20], when evaluated at COBE scales, gives the constraint $\xi_C < 2.6$.



FIG. 3. Values of ξ_C corresponding to detectable tensor modes by Advanced LIGO, as a function of the total number of efoldings of inflation from the time COBE scales left the horizon. The shaded area on the top left corner corresponds to the region where backreaction cannot be neglected and our analysis cannot be trusted. The shaded area on the top part of the plot corresponds to the region where LSS nongaussianities are too large to be consistent with observations. The shaded area at the bottom corresponds to the region where the amplitude of tensor modes is below the Advanced LIGO detection threshold. Finally, the thinner dotted line corresponds to the lower limit of portion of parameter space accessible to an instrument such as the Einstein Telescope.

Comparable bounds also apply to nongaussianities evaluated at Large Scale Structure scales that left the horizon some 5 efoldings after COBE scales. We therefore impose $\xi(\mathcal{N}_C - 5) < 2.6.$

We can now discuss the detectability of the tensor modes (43) by gravitational interferometers. To fix ideas we will focus on Advanced LIGO, which will start taking data in the next few years. Advanced LIGO is expected to be able to detect $\Omega_{GW} h^2 = 10^{-9}$ at a frequency of about 100 Hz. The white area in figure 3 corresponds to the region of parameter space where primordial tensor modes might be detected by Advanced LIGO without contradicting the constraints described above. Detection would be possible for values of ξ_C of the order of 2, corresponding to $f \simeq 10^{17}$ GeV. The shaded area in the upper-left corner of the figure corresponds to a region of the parameter space where backreaction of the electromagnetic modes on the inflating background cannot be neglected, and an analysis similar to that of [38] is needed. While such an analysis is beyond the scope of the present work, it is worth stressing that that region cannot be excluded by existing data and might lead to detectable tensor modes.

An instrument such as the Einstein Telescope [7] would be a factor $\sim 10^2$ more sensitive in energy than Advanced LIGO while working at the same frequencies. The thin dotted line in figure 3 delimits the region of parameter space that would lead to a detection of tensors by such an instrument.

Space-based interferometers like LISA, which are sensitive to much lower frequencies, will not be able to detect the tensors (43). Indeed, LISA scales are too close to cosmological scales and the evolution of ξ during inflation is not sufficient to overcome the constraints from nongaussianities.

We also note that the gravitational waves produced this way will be chiral [22] and that [39] discussed the prospects of a direct detection of a background of chiral stochastic gravitational waves. These gravitational waves will also have a large [11], parity violating [13, 14] three point function. Finally, it is nice to speculate how a detection of chiral gravitational waves such as those described by (43) could correlate with the detection of nongaussianities such as those discussed by [20] at cosmological scales: observation of both the nongaussian signal in the CMB and of gravitational waves at LIGO scales would provide a test of inflation at very different times.

To summarize, we have shown that particle production during inflation can lead to a feature in the spectrum of tensor modes. If such a feature happens at the right wavelengths, the tensors might be directly detectable by gravitational interferometers. While production of scalar quanta during inflation generates only a modest amount gravitational waves, vectors provide a much more efficient source of tensors. A single event of explosive production 11

of vectors can lead to a significant feature, which is however not large enough to be detectable without an experiment such as BBO or DECIGO. It is however possible that resonant production of vectors, associated to an oscillating Higgs field during inflation, leads to a significant enhancement of particle and tensor production during inflation. In this case, the amplitude of the feature in the tensor spectrum might be large enough to be detectable in the not-too-far future. We leave the detailed study of this phenomenon to future work. Finally, the analysis of section 4 shows that, if the inflaton is an axion coupled to a U(1) gauge field, it can lead to an amplification of gravitational waves that would be directly detectable by Advanced LIGO and/or Advanced Virgo in the next few years.

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