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# Shells in a Toroidal Nucleus in the Intermediate Mass Region 

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#### Abstract

Attention is fixed on shells in toroidal nuclei in the intermediate mass region using a toroidal singleparticle potential. We find that there are toroidal shells in the intermediate mass region with large single-particle energy gaps at various nucleon numbers located at different toroidal deformations characterized by the aspect ratios of toroidal major to minor radius. These toroidal shells provide extra stability at various toroidal deformations. Relative to a toroidal core, Bohr-Mottelson spinaligning particle-hole excitations may be constructed to occupy the lowest single-particle Routhian energies to lead to toroidal high-spin isomers with different spins. Furthermore, as a nucleon in a toroidal nucleus possesses a vorticity quantum number, toroidal vortex nuclei may be constructed by making particle-hole excitations in which nucleons of one type of vorticity are promoted to populate un-occupied single-particle orbitals of the opposite vorticity. Methods for producing toroidal highspin isomers and toroidal vortex nuclei will be discussed.


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## I. INTRODUCTION

Wheeler suggested that under appropriate conditions, the nuclear fluid may assume the shape of a torus [1]. Favorable conditions include nuclear shell effects [2, 3], large Coulomb energies [2-4], large nuclear angular momenta [5-8], nuclear collision dynamics $[9,10]$, and combinations thereof. Although the basic ideas on the conditions favorable for toroidal configurations were presented many decades ago $[2-7,9,10]$, the subject matter gains renewed interest recently as powerful theoretical and experimental tools become readily available [11-39]. The interest is heightened by recent experimental evidence for the presence of resonances at high excitation energies in the $7 \alpha$ disassembly of ${ }^{28} \mathrm{Si}$ which may suggest the production of toroidal high-spin isomers predicted in many theoretical calculations [28]. Should these experimental results be confirmed by further studies, toroidal nuclei would potentially be interesting objects of study because of their new form of geometry, new toroidal shells and magic numbers, new types of yrast high-spin states, new toroidal nuclei species in different mass regions, new probes of nuclear energy density functional and nuclear equation of state in a new density regime, and new possible doorways to energy-producing mechanisms.

It is instructive to see how nuclear shell effects and the alignment of single-particle spins along the symmetry axis can constrain the nucleus to assume a toroidal shape. We characterize the toroidal deformation of a toroidal nucleus by the aspect ratio $R / d$ of the major radius $R$ to the minor radius $d$. For light nuclei, there are

[^0]large energy gaps in toroidal single-particle energies in an extended region of toroidal deformations. These energy gaps give rise to "toroidal shells" at "magic" nucleon numbers $N=2(2 m+1)$, with integers $m \geq 1[2,3]$. The extra stability associated with toroidal shells [40] leads to toroidal local energy minima for many light nuclei. Toroidal excited (diabatic) states have been predicted for Ca to Ge, with mass numbers $40 \lesssim A \lesssim 70$ using the Strutinsky shell correction method $[2,3]$, and for ${ }^{24} \mathrm{Mg}$ [14] and ${ }^{28} \mathrm{Si}[28]$ using a self-consistent relativistic mean-field theory. Relative to a toroidal core, spin-aligning BohrMottelson particle-hole excitations occupying the lowest Routhian single-particle energies [41] can be constructed to yield a toroidal nucleus with a spin as an yrast state, by promoting nucleons with angular momentum aligned opposite to a chosen symmetry $z$-axis to populate orbitals with angular momentum aligned along the symmetry $z$ axis [15-19]. A spinning toroidal nucleus possesses an effective "rotational" energy which tends to expand the toroid, whereas the energy associated with the nuclear bulk properties tends to contract the toroid. The balance between the two energies gives rise to a local toroidal energy minimum [4]. Self-consistent calculations have been carried out to locate toroidal high-spin isomers as yrast states in the light mass region [15-20, 28].

For the heavy and superheavy nuclei there is similarly a toroidal shell region with negative shell corrections [2, 3]. The toroidal configuration is further favored by large Coulomb energies. As a consequence, many toroidal nuclei have been theoretically located in the superheavy region [11-13, 25-27, 29]. In situations where the $I=0$ state in the toroidal nucleus ${ }^{304} 120$ are not stable adiabatically, the spin-aligning Bohr-Mottelson particlehole excitations generate yrast high spin states to lead to adiabatic local energy minima at various spin values
[25, 26]. The neighboring even-even $N=184$ isotone nuclei with $Z=118$ and 122 , as well as the $Z=120$ isotopes with $N=182$ and 186, also possess toroidal high spin isomers at various spins and toroidal deformations [27].

Along with theoretical predictions [2, 3, 11-20, 2529] and experimental investigations [28] in the light and heavy mass regions, it is natural to ask whether toroidal nuclei may also be possible in the intermediate mass region. In this regard, our knowledge of toroidal nuclei in this mass region is scanty. We wish to examine here toroidal shells in the intermediate mass region with $30 \lesssim N($ or $Z) \lesssim 90$ where negative shell corrections are present over an extended region of nucleon numbers and toroidal deformations [3]. A large number of toroidal shells at various toroidal deformations are expected. We would like to provide a detailed account on the properties of these toroidal shells in this mass region. We would like to know whether there are some regularities in the shell structure, how frequent do the toroidal shells occur, what are their nucleon numbers, and where their corresponding toroidal deformations are located. Furthermore, BohrMottelson spin-aligning particle hole excitations relative to a toroidal core can lead to high-spin toroidal isomers and these high-spin isomers as yrast states have longer lifetimes and a better chance of being detected [28]. We would like to examine the possibilities of toroidal highspin isomers in this mass region by studying the shell structure of single-particle Routhian energies as a function of the cranking frequency. Such information will guide our intuition and will help our search for toroidal excited states and toroidal high-spin isomers in future experiments and mean-field calculations in the intermediate mass region.

In the present survey over a large extended multidimensional space of nucleon numbers $N$, toroidal deformations $R / d$, and nuclear spins $I=I_{z}$, it is convenient to use a simple harmonic oscillator toroidal shell model for which the relevant results can be readily obtained. Furthermore, the simple toroidal shell model has the desirable property that many physical properties can be clearly exhibited. In particular, from the single-particle wave functions for the two-dimensional harmonic oscillators in the meridian plane, one finds that a nucleon in a toroidal nucleus possesses a vorticity quantum number $\Lambda_{\perp}$ associated with a circulating current around the poloidal angle $\theta$. We propose the possibility of toroidal vortex nuclei by making vortex-creating single-particle particle-hole excitations that promote nucleons of one type of vorticity from occupied orbitals to populate unoccupied single-particle orbitals of the opposite vorticity. The resultant nucleus will have a net non-zero vorticity $\Lambda_{\perp}$ as shown in Fig 1. As vorticity is quantized and cannot be easily destroyed, the presence of a net vorticity may enhance the stability of the toroidal vortex nucleus.

It should however be noted that the vorticity quantum number is non-zero only if the principal quantum number $n$ of the two-dimensional harmonic oscillator wave function for the nucleon motion on the meridian plane is


FIG. 1. (Color online) The cylindrical coordinates $(\rho, z, \phi)$ and toroidal coordinates $\left(r_{\perp}, \theta, \phi\right)$ used for the description of a toroidal nucleus with a major radius $R$, a minor radius $d$, and a vorticity $\Lambda_{\perp}$. Here $\phi$ is the toroidal angle, $\theta$ is the poloidal angle, and $r_{\perp}=\sqrt{(\rho-R)^{2}+z^{2}}$. Some of the poloidal vortex flow lines are schematically exhibited.
greater than or equal to unity. This excludes the light toroidal nuclei from the possibility of becoming toroidal vortex nuclei.

Experiments have been performed recently to search for a toroidal high-spin isomer in ${ }^{28} \mathrm{Si}$ with spin $I=I_{z}=44$ predicted earlier in [17] by colliding ${ }^{28} \mathrm{Si}$ at $35 \mathrm{MeV} / \mathrm{A}$ on a fixed ${ }^{12} \mathrm{C}$ target [28]. At the predicted energy region, a total of three sharp resonances instead of just a single resonance have been observed and interpreted as possible toroidal high-spin isomers with spins $I=I_{z}=28$, 36 , and 44 in the excited ${ }^{28} \mathrm{Si}$ system. Subsequent relativistic mean-field calculations provide additional theoretical support for the presence of these states [21-23]. We would like to understand in a simple mechanical way how high-spin nuclei can be produced in the binary products of such reactions. We will also like to investigate the process of punching of a small nucleus through a larger nucleus [3] for the generation of vorticities, if only heuristically.

This paper is organized as follows. In Section II, we introduce the toroidal single-particle potential and evaluate the single-particle eigenenergies analytically as shown in the Appendix. In Section III, we display the singleparticle state energies in the intermediate mass region, and infer the toroidal shell magic number $N$ in a region of low single-particle energy densities as a function of the toroidal deformation $R / d$. In Section IV, we examine how one can carry out the spin-aligning Bohr-Mottelson particle-hole excitations to lead to toroidal high-spin isomers as yrast states in the intermediate mass region. The set of nucleon numbers and spin quantum numbers for the favorable configurations at $R / d=2.9$ are presented as an example. In Section V, we make the coordinate trans-
formation from the Cartesian-like coordinates of $(\rho-R, z)$ to the polar coordinates $\left(r_{\perp}, \theta\right)$ on the meridian plane in order to exhibit explicitly the vorticity quantum number $\Lambda_{\perp}$. In Section VI, we show how we can construct a vortex nucleus by vortex-creating single-particle particlehole excitations. In Section VII, we examine some experimental methods in the production of toroidal high-spin isomers and toroidal vortex nuclei. Section VIII concludes the present discussions.

## II. TOROIDAL SINGLE-PARTICLE POTENTIAL

The study of the shell structure of a toroidal nucleus necessitates the use of a toroidal single-particle potential, which has a shape similar to the toroidal density distribution. Accordingly, we assume a single-particle toroidal potential of the form [3]

$$
\begin{equation*}
V_{0}(\rho, z)=\frac{1}{2} m \omega_{\perp}^{2}(\rho-R)^{2}+\frac{1}{2} m \omega_{\perp}^{2} z^{2} \tag{1}
\end{equation*}
$$

where the $z$-axis is the symmetry axis, $\rho=\sqrt{x^{2}+y^{2}}$ as shown in Fig. 1. The quantity $m$ is the nucleon rest mass and $\omega_{\perp}$ is the harmonic oscillator frequency related to the aspect ratio $R / d$ by [3]

$$
\begin{equation*}
\hbar \omega_{\perp}=\left(\frac{3 \pi R / d}{2}\right)^{1 / 3} \hbar \stackrel{\circ}{\omega}_{0} \tag{2}
\end{equation*}
$$

where

$$
\begin{equation*}
\hbar \stackrel{\circ}{\omega}_{0}=41 \mathrm{MeV} / A^{1 / 3} \tag{3}
\end{equation*}
$$

The above equation for $\hbar \stackrel{\circ}{\omega}_{0}$ needs to be modified. In earlier numerical HFB calculations [17], the average toroidal nuclear matter density $\rho_{\text {torus }}$ is approximately $2 / 3$ of the nuclear matter density $\rho_{0}$ of the spherical nucleus with the same mass number. As the mean-field potential is proportional approximately to the nuclear matter density, we need to include an additional factor $\rho_{\text {toroidal }} / \rho_{0}$ in Eq. (3) to give

$$
\begin{equation*}
\hbar \stackrel{\circ}{\omega}_{0}=\left(41 \mathrm{MeV} / A^{1 / 3}\right)\left(\rho_{\text {toroidal }} / \rho_{0}\right) \tag{4}
\end{equation*}
$$

We have $\left(\rho_{\text {toroidal }} / \rho_{0}\right) \sim 0.64$ for $A \sim 40$ [17], and $\left(\rho_{\text {toroidal }} / \rho_{0}\right) \sim 1.0$ for superheavy nuclei [26], we can therefore take the average value of $\left(\rho_{\text {toroidal }} / \rho_{0}\right) \sim 0.82$ for our intermediate mass region of $A \sim 60-160$, where we shall use $A=110$ in Eq. (4) for numerical purposes.

With the inclusion of the spin-orbit interaction, the single-particle potential is

$$
\begin{equation*}
H=-\frac{\hbar^{2}}{2 m} \nabla^{2}+V_{0}(\rho, z)-\frac{2 \kappa \hbar}{m \dot{\omega}_{0}^{\prime}} s \cdot\left(\nabla V_{0} \times \boldsymbol{p}\right), \tag{5}
\end{equation*}
$$

where $\kappa$ is a dimensionless parameter for which Nilsson gave the value of $\kappa=0.06$ [42]. We choose the spin $s$ to be diagonal along the symmetry $z$-axis and neglect the small contribution from the off-diagonal spin-orbit
interaction. We carry out our analytical calculations in the large major radius approximation in which $R \gg d$, expand $\rho$ about $R$ in power of $q$, and keep terms up to the second order in $q / R$. The harmonic oscillator potential can be solved analytically as shown in the Appendix. We get the single-particle energies for the single-particle state $\left|n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right\rangle$

$$
\begin{align*}
\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right) & =\left(n_{\rho}+\frac{1}{2}\right) \hbar \omega_{\perp}^{\prime}+\left(n_{z}+\frac{1}{2}\right) \hbar \omega_{\perp} \\
& +\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}+a_{0} \tag{6}
\end{align*}
$$

where $n_{z}$ and $n_{z}$ are the quantum numbers for harmonic oscillations in the $\rho$ and $z$ directions respectively, $\Lambda_{z}$ is the azimuthal angular momentum quantum number, $\Omega_{z}=\Lambda_{z}+s_{z}= \pm\left|\Omega_{z}\right|$,

$$
\begin{gather*}
\omega_{\perp}^{\prime 2}=\omega_{\perp}^{2}\left(1+a_{2}\right),  \tag{7}\\
a_{2}=\frac{1}{m \omega_{\perp}^{2}}\left\{\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}} \frac{6}{R^{2}}+\frac{2 \kappa\left(\hbar \omega_{\perp}\right)^{2}}{\hbar \varsigma_{0}} s_{z} L_{z} \frac{2}{R^{2}}\right\},  \tag{8}\\
a_{0}=\frac{1}{2} m \omega_{\perp}^{2} q_{0}^{2}+\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}\left(-\frac{2 q_{0}}{R}+\frac{3 q_{0}^{2}}{R^{2}}\right) \\
\quad-\frac{2 \kappa\left(\hbar \omega_{\perp}\right)^{2}}{\hbar \varsigma_{0}} s_{z} L_{z}\left(\frac{q_{0}}{R}-\frac{q_{0}^{2}}{R^{2}}\right),  \tag{9}\\
q_{0}=  \tag{10}\\
\frac{1}{m \omega_{\perp}^{2}\left(1+a_{2}\right)}\left\{\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}} \frac{2}{R}+\frac{2 \kappa\left(\hbar \omega_{\perp}\right)^{2}}{\hbar \omega_{0}} \frac{s_{z} L_{z}}{R}\right\} .
\end{gather*}
$$

## III. TOROIDAL SINGLE-PARTICLE STATES

The single-particle state energies in Eq. (6) lead to the level diagram as a function of the toroidal deformation $R / d$ shown in Fig. 2. A toroidal shell $(N, R / d)$ is characterized by the nucleon number $N$, for which the single-particle states have an energy gap at the toroidal deformation $R / d$. We indicate the location of a toroidal shell $(N, R / d)$ by a bracketed number $(N)$ at its corresponding toroidal deformation $R / d$ in Fig. 2.

We find that toroidal shells are numerous in number in light and intermediate mass nuclei. As the nucleon number increases beyond the light mass region, nucleons populate states with $n=n_{\rho}+n_{z} \geq 1$ and the density of single-particle states initially become very dense. The density however becomes sparse as the nucleon number and toroidal deformation increase. As indicated in Fig. 2, large energy gaps of single-particle energy levels occur to give rise to toroidal shells for many nucleon numbers at various toroidal deformations. The toroidal shells $(N, R / d)$ in the intermediate mass region with $30 \lesssim N($ or $Z) \lesssim 96$ are listed in Table I.

We note that the toroidal shells occur in a rather regular pattern as a result of the interplay among three different energies scales as is evident from Eq. (6). There is first of all the gross structure energy scale of $\hbar \omega_{\perp}$ of order 10 MeV that increases with $R / d$. There is the


FIG. 2. (Color online) Single-particle energies for a toroidal nucleus as a function of the aspect ratio $R / d$. The states are labeled by quantum numbers $\left(n_{\rho}, n_{z},\left|\Lambda_{z}\right|,|\Omega|\right)$ which are displayed only for the lowest states. The locations of the toroidal shell are shown as bracketed numbers, $(N)$, at their corresponding toroidal deformations, $R / d$.
much smaller energy scale of $\hbar^{2} / 2 m R^{2}$ of order 1 MeV with single-particle orbiting energies $\Lambda_{z}^{2} \hbar^{2} / 2 m R^{2}$. And finally, there is the small finer-structure arising from the spin-orbit interactions. As a result of the interplay between these three energy scales, we note the following regular structure: material

1. As a function of increasing toroidal deformation $R / d$, there are sequences of toroidal shells occurring at an interval of $\Delta N=2$ and $\Delta(R / d) \sim 0.3$.
2. For a fixed value of toroidal deformation $R / d$, there are sequences of toroidal shells occurring at an interval of $\Delta N=10$ arising from nucleons occupying four ( $n_{\rho}+n_{z}=1, \Lambda_{z}$ ) states and a single $\left(n_{\rho}+n_{z}=0, \Lambda_{z}^{\prime}\right)$ state.

There are toroidal shells with nucleon numbers (30), (42), (46), and (50) at $R / d \sim 1.8,(34+10 m)$ and (58) at $R / d \sim 2.2,(46+10 m)$ and $(72)$ at $R / d \sim 2.4,(48+10 m)$ at $R / d \sim 2.9,(50+10 \mathrm{~m})$ at $R / d \sim 3.2,(52+10 \mathrm{~m})$ at $R / d \sim 3.5$, $(54+10 \mathrm{~m})$ at $R / d \sim 3.8$, and $(56+10 \mathrm{~m})$ at $R / d \sim 4.2$. The integer $m$ in these toroidal shell series starts with $m=0$ and terminates with $m=3$, or 4 , until the $n=n_{\rho}+n_{z}=2$ single-particle states are reached.

Nuclei with toroidal shells gain extra stability at the associated toroidal deformation. Consequently, they present themselves as good candidates in the search for excited toroidal local energy minima in microscopic model calculations, as carried out in previous Strutinsky shell correction calculations or in self-consistent men-field calculations $[2,3,14,28]$.

TABLE I. Locations of toroidal shells in the intermediate mass region.

| Toroidal <br> deformation $R / d$ | Toroidal shell nucleon numbers <br> $(N)$ |
| :---: | :---: |
| $\sim 1.8$ | $(30),(42),(46),(50)$ |
| $\sim 2.2$ | $(34),(44),(54),(58),(64)$ |
| $\sim 2.5$ | $(46),(56),(66),(72)$ |
| $\sim 2.9$ | $(48),(58),(68),(78)$ |
| $\sim 3.2$ | $(50),(60),(70),(80)$ |
| $\sim 3.5$ | $(52),(62),(72),(82),(92)$ |
| $\sim 3.8$ | $(54),(64),(74),(84),(94)$ |
| $\sim 4.2$ | $(56),(66),(76),(86),(96)$ |

It is interesting to note that in the intermediate mass region, many toroidal shells of different nucleon numbers occur at approximately at the same toroidal deformation. This feature facilitates the combinations of different neutron and proton numbers to maximize the shell effects at the same toroidal deformation and at the same time minimize the instability against beta decay. However, because of the Coulomb interaction, the proton toroidal shell nucleon number and toroidal deformations will be slightly modified from those listed in Table I. The repulsive single-particle proton potential is greatest near the region of the greatest nuclear densities and therefore the single-particle Coulomb potential behaves approximately as an inverted harmonic oscillator in the meridian plane. To the lowest order of modification, it will effectively modify the harmonic oscillator frequency $\hbar \omega_{\perp}$ so that one effectively speaks of $\hbar \omega_{\perp}$ (neutron) for the neutron and a slightly modified $\hbar \omega_{\perp}$ (proton) for the proton. We expect from Eq. (6) that similar to the neutron toroidal shells there will likewise be proton toroidal shells at various toroidal deformations. Furthermore, because of the regularity of the shell structure and the frequent occurrences of the toroidal shells in both nucleon numbers and toroidal deformations one expects that there will be many combinations of protons and neutron toroidal shells occurring at the same toroidal deformation to make them favorable for the stabilization due to the nuclear shell effects. Future microscopic models will provide a better description of the the toroidal nuclei possibilities in the intermediate mass region.

## IV. TOROIDAL HIGH-SPIN ISOMERS IN THE INTERMEDIATE MASS REGION

In addition to the toroidal shell structure characterized by the nucleon number $N$ at the toroidal deformation $R / d$, there is the spin degree of freedom that is worth exploring for the intermediate mass region. Relative to an even-even core of a toroidal nucleus occupying the lowest toroidal single-particle states at a given toroidal deformation $R / d$, toroidal high-spin isomers with different spins as yrast states may be constructed with the spin-aligning Bohr-Mottelson particle-hole excitations [41] as carried out in $[15,17-19,25-27]$. The $I=0$ toroidal core nucleus may be in a local energy minimum, if the nucleus has both neutron and proton toroidal shells and the associated shell correction energy is strong enough to allow an energy minimum [28]. On the other hand, if the shell correction is not strong enough to allow an energy minimum, or, if the nucleon numbers at that toroidal deformation fall into regions of high single-particle state density with positive shell corrections, then the toroidal nucleus will be away from a local energy minimum [25-27]. In either case, high-spin toroidal isomers can nevertheless be constructed from the $I=0$ toroidal core using the spinaligning Bohr-Mottelson particle-hole excitations [41] by promoting nucleons occupying states with an angular momentum opposite to a chosen symmetry axis to occupy empty states with an angular momentum along the symmetry axis.

Using the cranking frequency $\hbar \omega$ as a Lagrange multiplier, the particle-hole excitation leading to a particular angular momentum yrast $I=I_{z}$ state can be obtained by occupying the lowest Routhian single-particle orbitals as a function of $\hbar \omega$, as was shown in previous cranked self-consistent Hartree-Fock calculations [15, 17-20, 2527]. The single-particle Routhian $\epsilon_{\text {Routhian }}\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right)$, under the constraint of the non-collective aligned angular momentum is related to the single-particle energy $\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right)$ by

$$
\begin{equation*}
\epsilon_{\text {Routhian }}\left(n_{z} n_{\rho} \Lambda_{z} \Omega_{z}\right)=\epsilon\left(n_{z} n_{\rho} \Lambda_{z} \Omega_{z}\right)-\hbar \omega \Omega_{z} . \tag{11}
\end{equation*}
$$

It is necessary to investigate the shell structure in the space of $N, R / d$, and $\hbar \omega$. As an example, we shall show the shell structure at $R / d=2.9$ where many toroidal shells are located. It is of interest to see how different toroidal shell structure evolve as a function of the cranking frequency $\hbar \omega$. We show in Fig. 3 the multi-dimensional nature of the shell structure by exhibiting the single-particle state energy as a function of $R / d$ in Fig. 3(a), and the the single-particle Routhian energy as a function of $\hbar \omega$ at $R / d=2.9$ in Fig. 3(b). We can use Fig. 3(b) to determine the spin value, $I=I_{z}$, as a function of $N$ and $\hbar \omega$ at $R / d=2.9$. Specifically, for a given $N$ and $\hbar \omega$, the aligned $I=I_{z}$ from the $N$ nucleons occupying the lowest Routhian energy states can be obtained by summing $\Omega_{z i}$ over all states below the Fermi energy and the summed aligned angular momentum $I$ is a step-wise function of the Lagrange multiplier $\hbar \omega$ [43], with each $I$ spanning


FIG. 3. (Color online) (a) Single-particle state energy $\epsilon$ for a toroidal nucleus as a function of the aspect ratio $R / d$. The states are labeled with quantum numbers $\left(n_{\rho}, n_{z}\left|\Lambda_{z}\right|,|\Omega|\right)$. (b) Single-particle Routhian $\epsilon_{\text {Routhian }}$ as a function of the cranking frequency $\hbar \omega$, at the toroidal deformation $R / d=2.9$. The bracketed numbers are favorable ( $N, I$ ) configurations at this deformation.
a small region of $\hbar \omega$. By such a construction, we obtain selective regions of low Routhian energy level densities at different $(N, I, R / d)$ configurations at the top of the Fermi energy and the toroidal deformation $R / d$. These ( $N, I, R / d$ ) configurations are favorable candidates in search of toroidal high-spin isomers [17] in microscopic models. We show the locations of favorable $(N, I)$ configurations for $R / d=2.9$ in Fig. 3 (b).

It is interesting to note in Fig. $3(\mathrm{~b})$ that at $R / d=2.9$ and $\hbar \omega \sim 0.4 \mathrm{MeV}$, the shell regions of low Routhian energy level density occur for $(N, I)=(52,26)$, $(68,26)$, and $(74,37)$ which may allow various $\left(Z, I_{\text {proton }}\right)$ and ( $N, I_{\text {neutron }}$ ) combinations to be good candidates for toroidal high-spin isomers. At $\hbar \omega \sim 0.6 \mathrm{MeV}$, the shell regions of low Routhian density occur for $(54,39),(64,44)$, $(72,50)$, and $(74,52)$. At $\hbar \omega \sim 0.8 \mathrm{MeV}$, the shell regions of low Routhian density occur for $(58,58)$ and $(68,68)$, and at $\hbar \omega \sim 1.0 \mathrm{MeV}$ they occur at $(48,59),(68,73),(68,82)$, and $(80,100)$. Note that there are many nucleon numbers (such as $N=52,74,80,54,64, \ldots$ ) in these favorable configurations that are not toroidal shell numbers associated with extra stability at $\hbar \omega=0$ without cranking. These nucleon numbers nevertheless may be favorable for highspin isomers because of their shell structure as a function of $\hbar \omega$ under a cranking motion, as in the analogous case in the superheavy nuclei region [26]. From this viewpoint, it is not always necessary to have a toroidal core located at an energy minimum to make the Bohr-Mottelson spinaligning single-particle excitations for toroidal high-spin isomers. What is necessary is the low Routhian energy density under the cranking motion that provides the favorable condition to stabilize toroidal high-spin isomers.

Favorable ( $N, I$ ) configurations occur at other toroidal deformations $R / d$ as well.

The results in Figs. 3 demonstrate that just as it is with light mass nuclei, toroidal high-spin isomers are also expected in the intermediate mass region. The shell structure is however a very complicated function of toroidal deformation and the cranked frequency. Thus the occurrence of the favorable combination shell region $(N, I, R / d)$ for toroidal isomers can only be treated on a case by case basis. The search for high-spin isomers can proceed as in [14] and [17] by using figures similar to Fig. 3 as a guide.

The spin and the excitation energy of a toroidal highspin isomer can be calculated in the self-consistent meanfield theory. It can also be estimated in the toroidal shell model as was carried out in [28]. In such an estimate, upon promoting a nucleon from the orbital $\left(n_{z}, n_{\rho}, \Lambda_{z}, \Omega_{z}\right)_{i}$ to become a hole state and to occupy the empty particle state $\left(n_{z}, n_{\rho}, \Lambda_{z}, \Omega_{z}\right)_{f}$, one calculated the change in the aligned angular momentum and the excitation energy for such a promotion from the quantum numbers and the single-particle energies of the particlehole states. The total spin $I=I_{z}$ and total exudation energy $E_{I}-E_{I=0}$ are then the sums from all particle-hole promotions. The spin of the toroidal nucleus is given by

$$
\begin{equation*}
I_{z}=\sum_{f}^{\text {particle states }} \Omega_{z f}-\sum_{i}^{\text {hole states }} \Omega_{z i} \tag{12}
\end{equation*}
$$

and the total excitation energy is given by

$$
\begin{align*}
E_{I}-E_{I=0}= & \sum_{f}^{\text {particle states }} \epsilon\left(n_{z} n_{\rho} \Lambda_{z} \Omega_{z}\right)_{f} \\
& -\sum_{i}^{\text {hole states }} \epsilon\left(n_{z} n_{\rho} \Lambda_{z} \Omega_{z}\right)_{i} \tag{13}
\end{align*}
$$

It should however be stressed that what has been presented here with the analytical toroidal single-particle shell model provides only an intuitive guide on the interesting nuclei where toroidal high-spin isomers may be searched and located. Whether these states turn out to be local energy minima will need to rely on reliable microscopic models such as the non-relativistic mean-field or relativistic mean-field calculations as carried out in [11-29].

## V. TOROIDAL NUCLEI WITH VORTICITIES

The geometrical shape of a toroidal nucleus provides a natural way to describe nuclear vorticities as shown in Fig. 10 of [3] and Fig. 1. The concept of vortex nucleus is best examined in the limit of a toroidal nucleus with a large major radius $R$ so that we can neglect $d / R$ as well as the difference between $\hbar \omega_{\perp}$ and $\hbar \omega_{\perp}^{\prime}$ are small and can be neglected. Within this approximation, we can re-write

Eqs. (A13) and (A7) as

$$
\begin{align*}
& {\left[-\frac{\hbar^{2}}{2 m}\left(\frac{\partial^{2}}{\partial q^{2}}-\frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}\right)-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial z^{2}}+\frac{1}{2} m \omega_{\perp}^{2} q^{2}+\frac{1}{2} m \omega_{\perp}^{2} z^{2}\right.} \\
& \left.-\frac{2 \kappa \hbar}{m \stackrel{\circ}{\omega}_{0}} \frac{m \omega_{\perp}^{2}}{R / d} s_{z} \Lambda_{z}-\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right)\right] \mathcal{R}_{n_{\rho}}(\rho) Z_{n_{z}}(z)=0 .(14) \tag{14}
\end{align*}
$$

where $q=\rho-R$. We can transform the 2-dimensional $(q, z)$ coordinates to polar coordinates $\left(r_{\perp}, \theta\right)$ where

$$
\begin{equation*}
r_{\perp}=\sqrt{q^{2}+z^{2}}, \quad \theta=\tan ^{-1}(z / q) \tag{15}
\end{equation*}
$$

and $\theta$ is the poloidal angle between the $q$-axis the radial vector $\mathbf{r}_{\perp}$ as shown in Fig. 1. We can rewrite Eq. (14) as
$\left[-\frac{\hbar^{2}}{2 m}\left(\frac{1}{r_{\perp}} \frac{\partial}{\partial r_{\perp}} r_{\perp} \frac{\partial}{\partial r_{\perp}}-\frac{\Lambda_{\perp}^{2}}{r_{\perp}^{2}}\right)+\frac{1}{2} m \omega_{\perp}^{2} r_{\perp}^{2}+\frac{\hbar^{2}\left(\Lambda_{z}^{2}-\frac{1}{4}\right)}{2 m R^{2}}\right.$
$\left.-\frac{2 \kappa \hbar}{m \dot{\omega}_{0}} \frac{m \omega_{\perp}^{2}}{R / d} s_{z} \Lambda_{z}-\epsilon\left(n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}\right)\right] \Re_{n_{\perp} \Lambda_{\perp}}\left(r_{\perp}\right) e^{i \Lambda_{\perp}} \stackrel{\theta}{=} 0$.
In Eq. (14), the two-dimensional harmonic oscillator nucleon wave function $\mathcal{R}_{n_{\rho}}(\rho) Z_{n_{z}}(z)$ in $(q, z)$ coordinates in the meridian plane with quantum numbers $\left(n_{\rho}, n_{z}\right)$ has been transformed into $\Re_{n_{\rho}\left|\Lambda_{\perp}\right|}\left(r_{\perp}\right) e^{i \Lambda_{\perp} \theta}$ in $\left(r_{\perp}, \theta\right)$ coordinates with quantum numbers $\left(n_{\perp}, \Lambda_{\perp}\right)$ in the above equation. Note that the wave function $e^{i \Lambda_{\perp} \theta}$ describes the state with vorticity $\Lambda_{\perp}$ associated with a circulating vortex current around the poloidal angle $\theta$ in the meridian plane as shown in Fig. 1. It is the poloidal angular momentum along the poloidal angular direction. If only a single $e^{i \Lambda_{\perp} \theta}$ state is occupied, we have a state of vorticity $\Lambda_{\perp}$, but if there is a pair of nucleons occupying both $\pm\left|\Lambda_{\perp}\right|$ states, then the vorticity of these two nucleons cancel each other, and we have a state of zero vorticity. If by construction when there is a bias in occupying more positive $\Lambda_{\perp}$ states than negative $\Lambda_{\perp}$ states (or vice versa), then there will be a net non-zero $\Lambda_{\perp}$ and consequently a net vorticity.

The two-dimensional harmonic oscillator energy in $\left(n_{\rho} n_{z}\right)$ and in $\left(n_{\perp} \Lambda_{\perp}\right)$ are related by

$$
\begin{equation*}
\left(n_{z}+n_{\rho}+1\right) \hbar \omega_{\perp}=\left(2 n_{\perp}+\left|\Lambda_{\perp}\right|+1\right) \hbar \omega_{\perp} \tag{17}
\end{equation*}
$$

We have the equivalence between the toroidal states in $\left(n_{z} n_{\rho}\right)$ and in $\left(n_{\perp} \Lambda_{\perp}\right)$ in Table II which shows that a nucleon in a toroidal nucleus residing at states with $n_{z}+n_{\rho} \geq 1$ possesses a non-zero vorticity quantum number $\Lambda_{\perp}$. We can re-label the set of states with quantum numbers $\left(n_{\rho} n_{z}\right)$ to $\left(n_{\perp} \Lambda\right)$,

$$
\begin{equation*}
\left|n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right\rangle \rightarrow\left|n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}\right\rangle \tag{18}
\end{equation*}
$$

Clearly, the $\Lambda_{\perp}= \pm\left|\Lambda_{\perp}\right|$ states are degenerate. Vorticity is a new degree of freedom not available for light nuclei studied in $[14,15,17-20,28]$.

The single-particle energy of $\left|n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}\right\rangle$ is therefore given from Eq. (16) by

$$
\begin{align*}
\epsilon\left(n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}\right) & =\left(2 n_{\perp}+\left|\Lambda_{\perp}\right|+1\right) \hbar \omega_{\perp}+\frac{\hbar^{2}\left(\Lambda_{z}^{2}-1 / 4\right)}{2 m R^{2}} \\
& -\frac{2 \kappa \hbar}{m \grave{\omega}_{0}} \frac{m \omega_{\perp}^{2}}{R / d} s_{z} \Lambda_{z} . \tag{19}
\end{align*}
$$

TABLE II. The equivalence of $\left(n_{\rho}, n_{z}\right) \rightarrow\left(n_{\perp}, \Lambda_{\perp}\right)$ for the toroidal single-particle states.

| $n_{\rho}+n_{z}$ | $\left(n_{\rho} n_{z}\right)$ states | $\left(n_{\perp}, \Lambda_{\perp}\right)$ states | Number <br> of states |
| :---: | :---: | :---: | :---: |
| 0 | $(0,0)$ | $(0,0)$ | 1 |
| 1 | $(0,1)(1,0)$ | $(0,+1)(0,-1)$ | 2 |
| 2 | $(0,2),(2,0),(1,1)$ | $(0,+2),(0,-2),(1,0)$ | 3 |
| 3 | $(0,3),(3,0),(1,2),(2,1)$ | $(0,3),(0,-3),(1,1),(1,-1)$ | 4 |

The vorticity of a nucleus or a nucleon is a quantized quantity and is measured in units of $\hbar$. After the symmetry $z$-axis has been chosen, as for example as the axis pointing in the upward direction in Fig. 1, then we can designate the vorticity to be positive by the righthandedness of the poloidal flow on the right rim of the nucleus, according to the sense of the poloidal angle $\theta$ as shown in Fig. 1 between the $\rho$ axis and the radial vector $\mathbf{r}_{\perp}$. Negative vorticity corresponds to the case of left-handedness of the poloidal flow. The handedness property of the poloidal flows allows one to associate the vorticity quantum numbers also with equivalent chirality quantum numbers, with positive and negative vorticities associated with positive and negative chiralities respectively. Clearly, if the toroidal vortex nucleus has a non-zero spin about the symmetry axis, the toroidal vortex nucleus with opposite vorticities (or chiralities) are distinguishable physical states.

Vorticity is a good quantum number and it is a conserved quantity. It would be of interest to study the production the decay of these nuclei to see if they may show up as exotic meta-stable states with a toroidal topology and flow patterns.

## VI. HOW TO CONSTRUCT A VORTEX NUCLEUS

We can use Table II to construct a nucleus with a total vorticity $\Lambda_{\perp}^{\text {total }}$. The vorticity quantum number of a nucleon $\Lambda_{\perp}$ can be both positive and negative and the total vorticity $\Lambda_{\perp}^{\text {total }}$ for an $N$ (or $Z$ ) nucleon system is the sum of the vorticities of its constituent nucleons, $\Lambda_{\perp i}$,

$$
\begin{equation*}
\Lambda_{\perp}^{\text {total }}=\sum_{i}^{N(\text { or } Z)} \Lambda_{\perp i} \tag{20}
\end{equation*}
$$

We study a concrete example and focus our attention on the toroidal nucleus with $Z=48$ and $N=58$ at $R / d=2.9$ whose large single-particle energy gaps in Fig. 2 make it likely to have an excited toroidal energy minimum stable against expansion and contraction of the major radius at that toroidal deformation. We examine first the vorticities and the energy for protons with $Z=48$ in Tables III and IV. By populating the lowest single-particle states at this possible toroidal energy minimum, the 8 topmost
occupied states are $\left(n_{\perp}, \Lambda_{\perp},\left|\Lambda_{z}\right|, \Omega_{z}\right)=(0, \pm 1,2,( \pm 3 / 2))$ and $(0, \pm 1,2,( \pm 5 / 2))$, each of which is degenerate with $\Lambda_{z}= \pm\left|\Lambda_{z}\right|, \quad \Omega_{z}= \pm\left|\Omega_{z}\right|$. So, we have $\epsilon\left(n_{\perp}, \Lambda_{\perp},\left|\Lambda_{z}\right|, \Omega_{z}\right)=\epsilon(0,1,2,(+3 / 2))=\epsilon(0,1,2,(-3 / 2))$,
and $\quad \epsilon\left(n_{\perp}, \Lambda_{\perp},\left|\Lambda_{z}\right|, \Omega_{z}\right)=\epsilon(0,1,2,(+5 / 2))=\epsilon(0,1,2,(-$ $5 / 2)$ ). Each of these four states, $\left(n_{\perp},\left|\Lambda_{\perp}\right|,\left|\Lambda_{z}\right|, \Omega_{z}\right)=\{$ $(0,1,2,(+3 / 2)), \quad(0,1,2,(-3 / 2)), \quad(0,1,2,(+5 / 2)), \quad(0,1,2,(-$ $5 / 2)$ ) are doubly degenerate with $\Lambda_{\perp}= \pm\left|\Lambda_{\perp}\right|$. For the configuration in which the 8 topmost occupied state for $Z=48$ are given in Table III, the total vorticity $\Lambda_{\perp}^{\text {total }}$ and the total spin about the $z$-axis $\Omega_{z}^{\text {total }}$ are zero.

TABLE III. The configurations of the 8 topmost occupied single-particle states at the top of the Fermi energy for $Z=48$ and $R / d=2.9$. In this configuration, the total proton vorticity for this state, $\Lambda_{\perp \text { proton }}^{\text {total }}$ and the total spin $\Omega_{z}^{\text {total }}$ are zero.

| $n_{\perp}$ | Vorticity $\Lambda_{\perp}$ | $\left\|\Lambda_{z}\right\|$ | $\Omega_{z}$ |
| :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | $3 / 2$ |
| 0 | -1 | 2 | $3 / 2$ |
| 0 | 1 | 2 | $-3 / 2$ |
| 0 | -1 | 2 | $-3 / 2$ |
| 0 | 1 | 2 | $5 / 2$ |
| 0 | -1 | 2 | $5 / 2$ |
| 0 | 1 | 2 | $-5 / 2$ |
| 0 | -1 | 2 | $-5 / 2$ |

Now suppose we promote all four proton states in Table (III) with $\Lambda_{\perp}=-1$ from such $\Lambda_{\perp}=-1$ states to the next un-occupied level with $\Lambda_{\perp}=+1$ by particlehole excitations. The next un-occupied levels are $\left(n_{\perp}, \Lambda_{\perp},\left|\Lambda_{z}\right|, \Omega_{z}\right)=\left(0, \Lambda_{\perp}=+1,\left|\Lambda_{z}\right|=3,\left|\Omega_{z}\right|=5 / 2 \& 7 / 2\right)$. We obtain the set of occupied states in Table IV, with the promoted particle states in bracketed numbers.

TABLE IV. The configurations of the 8 topmost occupied states for $Z=48$ at $R / d=2.9$ after the vortex-creating $4 \mathrm{p}-4 \mathrm{~h}$ excitations with the promoted particle configurations shown in bracketed numbers. In this configuration, the total proton vorticity is $\Lambda_{\perp \text { proton }}^{\text {total }}=8 \hbar$ and $\Omega_{z \text { proton }}^{\text {total }}=0$.

| $n_{\perp}$ | Vorticity $\Lambda_{\perp}$ | $\left\|\Lambda_{z}\right\|$ | $\Omega_{z}$ |
| :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | $3 / 2$ |
| 0 | $(1)$ | $(3)$ | $(5 / 2)$ |
| 0 | 1 | 2 | $-3 / 2$ |
| 0 | $(1)$ | $(3)$ | $(-5 / 2)$ |
| 0 | 1 | 2 | $5 / 2$ |
| 0 | $(1)$ | $(3)$ | $(7 / 2)$ |
| 0 | 1 | 2 | $-5 / 2$ |
| 0 | $(1)$ | $(3)$ | $(-7 / 2)$ |

The excitation energy of this $4 \mathrm{p}-4$ h state with 8 units of vorticity from Tables III and IV in promoting the set of $\{i\}$ nucleons from the $\left|n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}\right\rangle$ states to the
$\left|n_{\perp}^{\prime} \Lambda_{\perp}^{\prime} \Lambda_{z}^{\prime} \Omega_{z}^{\prime}\right\rangle$ states is

$$
\begin{align*}
E_{\Lambda_{\perp}=8}^{\text {proton }} E_{\Lambda_{\perp}=0}^{\text {proton }}= & \sum_{\text {all } i}\left(\epsilon_{n_{\perp}^{\prime} \Lambda_{\perp}^{\prime} \Lambda_{z}^{\prime} \Omega_{z}^{\prime}}(i)-\epsilon_{n_{\perp} \Lambda_{\perp} \Lambda_{z} \Omega_{z}}(i)\right) . \\
= & {[\epsilon(0,1,3,5 / 2)+\epsilon(0,1,3,-5 / 2)} \\
& +\epsilon(0,1,3,7 / 2)+\epsilon(0,1,3,-7 / 2)] \\
& -[\epsilon(0,1,2,3 / 2)+\epsilon(0,1,2,-3 / 2) \\
& +\epsilon(0,1,2,5 / 2)+\epsilon(0,1,2,-5 / 2)], \tag{21}
\end{align*}
$$

which can be obtained from the eigenvalue equation Eq. (19). Assuming negligible spin-orbit interaction, which is probably small, we have from the protons with $Z=48$ at $R / d=2.9$ with a total proton vorticity $\Lambda_{\perp \text { proton }}^{\text {total }}=8 \hbar$,

$$
\begin{align*}
E_{\Lambda_{\perp}=8}^{\text {proton }}-E_{\Lambda_{\perp}=0}^{\text {proton }} & =4 \times \frac{\hbar^{2}\left(\Lambda_{z}^{\prime 2}-\Lambda_{z}^{2}\right)}{2 m R^{2}} \\
& =4 \times \frac{\hbar^{2}\left(3^{2}-2^{2}\right)}{2 m R^{2}}=\frac{20 \hbar^{2}}{2 m R^{2}} \tag{22}
\end{align*}
$$

We turn now to the vorticities and the energy for neutrons with $N=58$ at $R / d=2.9$. Procedures similar to those given above lead to Table V, a total neutron vorticity $\Lambda_{\perp \text { proton }}^{\text {total }}=8 \hbar$, and an excitation energy

$$
\begin{align*}
E_{\Lambda_{\perp}=8}^{\text {neutron }}-E_{\Lambda_{\perp}=0}^{\text {neutron }} & =4 \times \frac{\hbar^{2}\left(\Lambda_{z}^{\prime 2}-\Lambda_{z}^{2}\right)}{2 m R^{2}} \\
& =4 \times \frac{\hbar^{2}\left(4^{2}-3^{2}\right)}{2 m R^{2}}=\frac{28 \hbar^{2}}{2 m R^{2}} \tag{23}
\end{align*}
$$

TABLE V. The configurations of the 8 topmost states with different state quantum numbers at the top of the Fermi energy for $N=58$ and $R / d=2.9$ in Fig 2 , after the vortex-creating $4 \mathrm{p}-4 \mathrm{~h}$ excitation with the particle configuration shown in bracketed numbers. The total vorticity for this $N=58$ state is $\Lambda_{\perp \text { neutron }}^{\text {total }}=8 \hbar$ and $\Omega_{z \text { neutron }}^{\text {total }}=0$.

| $n_{\perp}$ | Vorticity $\Lambda_{\perp}$ | $\left\|\Lambda_{z}\right\|$ | $\Omega_{z}$ |
| :---: | :---: | :---: | :---: |
| 0 | 1 | 3 | $5 / 2$ |
| 0 | $(1)$ | $(4)$ | $(7 / 2)$ |
| 0 | 1 | 3 | $-5 / 2$ |
| 0 | $(1)$ | $(4)$ | $(-7 / 2)$ |
| 0 | 1 | 3 | $7 / 2$ |
| 0 | $(1)$ | $(4)$ | $(9 / 2)$ |
| 0 | 1 | 3 | $-7 / 2$ |
| 0 | $(1)$ | $(4)$ | $(-9 / 2)$ |

The total excitation energy of $(Z, N)=(48,58)$ with a total vorticity of $16 \hbar$ is

$$
\begin{equation*}
E_{\Lambda_{\perp}=16}-E_{\Lambda_{\perp}=0}=\frac{48 \hbar^{2}}{2 m R^{2}} \tag{24}
\end{equation*}
$$

which decreases as $R / d$ increases. Here the number 4 on the right-hand sides of Eqs. (22) and (23) is the number $N_{p h}$ of particle-hole excitations that promote the negative $\Lambda_{\perp}=-1$ to the positive $\Lambda_{\perp}=+1$ states (or vice-versa) and can be changed to get a state with a different vorticity. Thus, the greater the number of particle-hole promotion $N_{p h}$, the greater is the vorticity, and the greater is
the effect to lowering the energy of the system by moving to greater $R$ values. In other words, there is an energy associated with a given vorticity, and for a given vorticity, the larger the $R$, the lower the energy of the system. The toroidal system likes to expand to a greater radius $R$, if the nucleus has a vorticity.

In the above example, we have made a $4 \mathrm{p}-4 \mathrm{~h}$ excitation to obtain an excited state of vorticity $\Lambda_{\perp}($ neutron $)=$ $\Lambda_{\perp}($ proton $)=8 \hbar$. It is possible to make $n \mathrm{p}-n \mathrm{~h}$ excitations with $n=1$ to 4 for both neutrons and protons, with the only modification that the total $\Omega_{z}$ would vary according to the $\Omega_{z}$ value of the particle-hole configuration. The signature of the vorticity occurrence is therefore a set of states with vorticity $\Lambda_{\perp}=2,4,6,8, .$. and 16 , with about equal energy spacing.

What we have presented is an example of how we can construct a toroidal vortex nuclei with different vorticities for $Z=48$ and $N=58$ at $R / d=2.9$. Other toroidal vortex nucleus can be similarly constructed for different neutron and proton numbers at various toroidal deformations. The large number of toroidal shells as listed in Table I provide a large pool of neutron and proton combinations for which toroidal vortex nuclei may be constructed at different toroidal deformations. Therefore, there can be many different toroidal vortex nuclei with different neutron and proton numbers constructed by making vortex-creating particle-hole single particle excitations in the intermediate mass region. The possibility for nucleons possessing a non-zero vortex quantum number with $n=n_{\rho}+n_{z}>1$ in the heavy mass region implies that toroidal vortex nuclei are also expected in the heavy mass region.

## VII. POSSIBLE MECHANISMS FOR THE PRODUCTION OF TOROIDAL HIGH-SPIN ISOMERS AND TOROIDAL VORTEX ISOMERS

The method of production and detection of toroidal nuclei depends on their lifetimes which are however difficult to estimate because they require the knowledge of the potential energy surface and the effective mass parameter in many different degrees of freedom. Many mean-field calculations from independent groups have been carried out [15, 17-20, 25-28]. They indicate stability against small amplitude oscillations, as 3-dimensional calculations with 3 -dimensional noises have been carried out and they yield toroidal high-spin isomeric energy minima. However, the stability against large amplitude oscillations, as for example against the Plateau-Raleigh instability [44-46] is not known. Subject to further studies to confirm or refute the experimental evidence for possible population of toroidal high-spin isomers in [28], the tentative extraction of the width for toroidal ${ }^{28} \mathrm{Si}$ high-spin isomer indicates that the widths may be broad for low-spin states, become narrower than the instrument bin size of a 3-4 MeV for the $\mathrm{I}=28,36$, and 44 states, and they become broader again for possible higher-spin states. We may
expect that the lifetime depends on the spins a excitation energies. For low-spin states, as they highly excited region of states of similar angular $n$ tum from the co-existing sphere-like geometry, the be extensive mixing that will likely broaden the and shorten the lifetimes of these low-spin states. lifetimes may be reached by promoting nucleons tc late higher but well-bound single-particle orbitals to higher-spin toroidal high-spin isomers as yrast with hardly any mixing of states of similar angul mentum from the sphere-like geometry. However the nucleons are promoted to higher-energy orbita may be above or near the nucleon drip line in hight tation energies, the widths of these high-spin stat be broadened again, with shorter lifetimes.

## A. Production of light-mass toroidal isome Elastic Scattering

In recent years, TPCs (Time Projection Cha have been used to study the nuclear spectrosc meta-stable nuclei [47-51]. The idea is to use a cl of noble gas under a high voltage so that the ga or an embedded solid layer serves as the target, a........ nuclear trajectories show up as tracks. The production of a composite nucleus with a long half-life would show up as a single track with the mass and charge arising from the fusion of the projectile and target nuclei. The production of binary products indicates a two $\rightarrow$ two reaction from which one can examine the elastic and inelastic channels and study the excitation function and angular distribution to search for various meta-stable states. Previously, many meta-stable states formed by colliding various projectile nuclei with an active He target have been found by such a technique [47]. We can search for toroidal high-spin isomers as resonances or meta-stable nuclei by bombarding projectile nucleus on an activetarget nucleus such as ${ }^{20} \mathrm{Ne},{ }^{36,38,40} \mathrm{Ar}$, or ${ }^{80,82,83,84,86} \mathrm{Kr}$, or ${ }^{28} \mathrm{Si}$.

## B. Production of a toroidal High-Spin Isomer by deep-Inelastic scattering

In a deep-inelastic collision between two heavy-ions at an energy near the fermi energy, there are reaction products consisting of highly excited binary systems with large angular momenta, in regions that may be kinematically separable [30-39]. This led Cao et al. [28] to suggest the use of such deep-inelastic collisions for the production of light toroidal high-spin isomers.

We present below a schematic description how the deep-inelastic collision mechanism may lead to a toroidal high-spin isomer, if $(E, I)$ is appropriately the same as that of the toroidal high-spin isomer. We envisage that in a deep inelastic scattering in the target rest frame in Fig. 4, the semi-peripheral collision allows the spectator


FIG. 4. (Color online) A schematic example of how a toroidal high-spin isomer of an excited projectile may be produced by a deep-inelastic heavy-ion scattering between a projectile nucleus and a target nucleus, showing a cut in the collision plane. We display (a)-(c) in the target nucleus rest frame, and we show (d)-(g) in the excited projectile frame. The time sequence proceeds from (a)-(e). How (e) evolves to (f) or (g) depend on whether the excitation energy $E$ and spin $I=I_{z}$ are the same as those of the toroidal high-spin isomers.
nucleons of the projectile to stream forward, while the participant projectile nucleons collide with target nucleons and suffer a deceleration, as is depicted in Fig. 4(a)(c). As a consequence, the excited projectile nucleus that emerges after the deep-inelastic collision is a spinning nucleus in its own center-of mass frame. It acquires both a collective cranking motion and particle-hole excitations at an excitation energy $E$ and an angular momentum $I$. Its evolution can be schematically depicted as in Fig. $4(\mathrm{~d})-(\mathrm{g})$. When the excitation energy $E$ and the angular momentum $I$ of the emerging excited projectile are not those of a toroidal isomer, the excited projectile nucleus will break up as described in statistical models [3539]. On the other hand, when the excitation energy $E$ and the angular momentum $I$ of the emerging projectile corresponds to that of a toroidal high-spin isomer, the collective cranking motion and the rearrangement of the single-particle motion of the nucleons may eventually settle down into the toroidal shape of the high-spin isomer self-consistently because of the conservation of energy and angular momentum, and the many-body finalstate interactions.


FIG. 5. (Color online) A schematic example of how a toroidal vortex isomer of the excited target remnant may be produced by the punching through of a smaller projectile on a larger target nucleus in an energetic nearly head-on collision, showing a cut in the collision plane. We display (a)-(c) in the target nucleus rest frame, while we show (d)-(e) in the excited remnant CM frame.

## C. Production of a toroidal vortex nucleus by punching through a target nucleus

It has been suggested that a toroidal nucleus may be produced by punching an energetic smaller heavy ion nearly head-on through a larger target nucleus [3]. Scattering and evaporation takes place within a small cone of the incident ion. The "remnant" after prompt cascade and evaporation may have a hole in the middle and consequently have the geometry of a torus as depicted in Fig. 5. After the incident projectile ion has punched through the target nucleus, the target nucleons in the interaction regions receive a momentum kick and have a velocity different from the spectator target nucleons. In the center-of-mass system of the target remnant nucleus, vorticity will be developed as depicted in Fig. 5. Indeed, vorticity has been found theoretically in the hydrodynamical and model calculations in the collision of high-energy heavy-ions [52-55]. Vorticity in heavy-ion collisions reveal two vortical structures that are common in many fluid dynamic systems. The vorticity and pairing of longitudinal vortices with opposite signs are generated in the transverse plane. The punching through of a large nucleus to form a toroidal nucleus [3] may therefore be a promising mechanism for the generating isolated toroidal vortex nuclei.

In addition to using energetic small heavy-ion to punch through a target nucleus one can also use the collision of
an antineutron or antiproton to punch through the target nucleus for the production of a toroidal nucleus with a vorticity. We envisage that at appropriate collision energies, annihilation of the antiparticle takes place inside the nucleus, and the momentum of the incident high-energy antiparticle carries the produced particle forward in the form of a cone, with the possibility of creating a hole inside the target nucleus. Among the remnants from such a collision, some target nucleons receive a momentum kick from the produced particles and a toroidal nucleus with vorticity may be created in a way similar to what is depicted in Fig. 5.

Toroidal galaxies (ring galaxies) have been known for some time [56-60]. It is generally held that many of these ring galaxies arise from the collision of two galaxies, and the catalogue of Ref. [59] list 127 observed ring collision galaxies. The most well-known example is the Arp147 which is composed of newly formed bright stars arising from the collision of one smaller galaxy through another larger galaxy. When the two galaxies collided, they pass though each other and the gravitational wave from the impact leads to the condensation of the gas and dust into stars [60]. The observations of the ultraluminous Xray sources in the ring galaxy Arp147 in a ring of beads confirm the conventional wisdom that collisions of gasrich galaxies trigger large rates of star formation which, in turn, generate substantial numbers of X-ray sources, some of which have luminosities above the Eddington limit for accreting stellar-mass black holes as ultraluminous X-ray sources [60]. Another example is Arp148 showing a ring with a jet of a smaller galaxy along the symmetry axis of the ring [58]. The existence of toroidal galaxies is only suggestive that if toroidal vortex nucleus could be formed in the collision of a light nucleus with a heavy nucleus in a nearly head-on collision, then it would exist.

## VIII. CONCLUSIONS AND DISCUSSIONS

We study here the nature of the toroidal single-particle states and their wave functions in the intermediate mass region where negative shell corrections are expected. We find that toroidal shells occur with a regular structure in an extended region with many toroidal magic numbers at various toroidal deformations $R / d$. The enhanced stability associated with the nuclear shell effects suggests that there may be many exited toroidal states stable against expansion and contraction of the toroidal major radius.

Toroidal Routhian energies under the constraint of an angular momentum have been evaluated, and one finds regions of low Routhian energy density indicating that toroidal high-spin isomers may also be have a common occurrence in the intermediate mass region.

A new vorticity degree of freedom opens up for examination for toroidal nuclei in the intermediate mass region. There can be vortex creating particle-hole excitations that will allow the nucleus to become a toroidal
vortex nucleus with a net vorticity by promoting nucleons from states of vorticity of one sign to selectively populate un-occupied states with vorticities of the other sign.

To get more accurate locations of the toroidal shells, a more general potential such as those with a Wood-Saxon shape potential will be useful in determining the toroidal shell nucleon numbers and high-spin isomers. Future mean-field calculations in the intermediate mass region will be of great interest to give reliable quantitative estimates of the energies of the toroidal isomers. From all indications and results from the present work, the intermediate mass region hold the promise to be a rich region for the exploration of the toroidal degree of freedom.

There remain many interesting problems that will need to be considered in the future. The question of the decay of the toroidal nucleus, the stability against sausage distortions or the Plateau-Rayleigh instability [44-46], and the effects of the quantization of the spin on the sausage instability, will need to be addressed. There are also the questions of pairing interaction that may be weakened by the cranking of a pair having opposite tendencies in changing the energy, and the questions on the effects of self-consistent mean-fields and the signatures for toroidal nuclei. These and many other unresolved questions make the study of toroidal nucleus a very interesting area for further investigation.

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## Appendix A: Solution of the single-particle Hamiltonian

We would like to show how the eigenenergy of the single-particle state in Eq. (6) can be approximately solved. We split the spin-orbit interaction of Eq. (5) into two parts:

$$
\begin{align*}
& -\frac{2 \kappa \hbar}{m \stackrel{\omega}{0}_{0}} s \cdot\left(\nabla V_{0} \times \boldsymbol{p}\right)=V_{\mathrm{dia}}^{\mathrm{so}}+V_{\mathrm{off}}^{\mathrm{so}}, \\
V_{\mathrm{so}}^{\mathrm{dia}} & =-\frac{\kappa \hbar}{m \stackrel{\omega}{0}_{0}}\left(\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right) \frac{\partial V_{0}}{\partial \rho} \frac{\hbar \partial}{i \rho \partial \phi}, \\
V_{\mathrm{so}}^{\mathrm{off}} & =-\frac{\kappa \hbar}{m \stackrel{\omega}{\omega}_{0}}\left\{\left(\begin{array}{cc}
0 & e^{-i \phi} \\
e^{i \phi} & 0
\end{array}\right)\left(-\frac{\partial V_{0}}{\partial z} \frac{\hbar \partial}{i \rho \partial \phi}\right)\right. \\
& \left.+\left(\begin{array}{cc}
0 & -e^{-i \phi} \\
e^{i \phi} & 0
\end{array}\right)\left(-\frac{\partial V_{0}}{\partial \rho} \frac{\hbar \partial}{\partial z}+\frac{\partial V_{0}}{\partial z} \frac{\hbar \partial}{\partial \rho}\right)\right\} . \tag{A1}
\end{align*}
$$

For simplicity, we shall neglect the small contribution from the off-diagonal spin-orbit interaction as it gives higher-order transition matrix elements with a relatively large energy denominator. We consider therefore the approximate Hamiltonian

$$
\begin{equation*}
H_{0}=-\frac{\hbar^{2}}{2 m} \nabla^{2}+V_{0}(\rho, z)+V_{\mathrm{so}}^{\text {dia }} \tag{A2}
\end{equation*}
$$

where

$$
V_{\mathrm{so}}^{\mathrm{dia}}=-\frac{2 \kappa \hbar}{m \stackrel{\varsigma}{\omega}_{0}}\left(\frac{1}{\rho} \frac{\partial V_{0}}{\partial \rho}\right) s_{z} L_{z}=-\frac{2 \kappa \hbar \omega_{\perp}^{2}}{\stackrel{\iota}{\omega}_{0}} \frac{\rho-R}{\rho} s_{z} \frac{\hbar \partial}{i \partial \phi} .(\mathrm{A} 3)
$$

We solve for eigenstates $\left|n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right\rangle$ of $H_{0}$,

$$
\begin{equation*}
H_{0}\left|n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right\rangle=\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right)\left|n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right\rangle \tag{A4}
\end{equation*}
$$

normalized according to

$$
\begin{equation*}
\int d z \rho d \rho d \phi\left|\hat{\mathcal{R}}_{n_{\rho}}(\rho) Z_{n_{z}}(z) \Phi_{\Lambda_{z}}(\phi)\right|^{2} \chi_{s_{z}}^{\dagger} \chi_{s_{z}}=1 \tag{A5}
\end{equation*}
$$

The two states with $\Omega_{z}=\Lambda_{z}+s_{z}= \pm\left|\Omega_{z}\right|$ have the same energy. They are degenerate. Writing out the operator explicitly, we get

$$
\begin{gather*}
{\left[-\frac{\hbar^{2}}{2 m}\left(\frac{1}{\rho} \frac{\partial}{\partial \rho} \rho \frac{\partial}{\partial \rho}-\frac{\Lambda_{z}^{2}}{\rho^{2}}\right)+\frac{1}{2} m \omega_{\perp}^{2}(\rho-R)^{2}+V_{\mathrm{so}}^{\mathrm{dia}}\right] \hat{\mathcal{R}}_{n_{\rho}}(\rho)} \\
=\epsilon_{n_{\rho} \Lambda_{n_{z}} \Omega_{z}}^{0} \hat{\mathcal{R}}_{n_{\rho}}(\rho),  \tag{A6}\\
{\left[-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial z^{2}}+\frac{1}{2} m \omega_{\perp}^{2} z^{2}-\epsilon_{n_{z}}^{0}\right] Z_{n_{z}}(z)=0,}  \tag{A7}\\
{\left[i \frac{\partial}{\partial \phi}-\Lambda_{z}\right] \Phi_{\Lambda_{z}}(\phi)=0 .} \tag{A8}
\end{gather*}
$$

Single-particle eigenvalue is

$$
\begin{equation*}
\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right)=\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0}+\epsilon_{n_{z}}^{0} . \tag{A9}
\end{equation*}
$$

We can transform $\hat{\mathcal{R}}_{n_{\rho}}(\rho)$ in Eq. (A6) by

$$
\begin{equation*}
\mathcal{R}_{n_{\rho}}(\rho)=\sqrt{\rho} \hat{\mathcal{R}}_{n_{\rho}}(\rho) \tag{A10}
\end{equation*}
$$

We normalize the single-particle wave function according to

$$
\begin{aligned}
\left.\int d z \nmid Z_{n_{z}}(z)\right|^{2} & =\int d \rho\left|\mathcal{R}_{n_{\rho}}(\rho)\right|^{2}=\int d \phi\left|\Phi_{\Lambda_{z}}(\phi)\right|^{2} \\
& =\chi_{s_{z}}^{\dagger} \chi_{s_{z}}=1
\end{aligned}
$$

We obtain from Eq. (A6)

$$
\begin{align*}
{\left[-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial \rho^{2}}+\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{\rho^{2}}\right.} & \left.+\frac{1}{2} m \omega^{2}(\rho-R)^{2}+V_{\mathrm{so}}^{\text {dia }}\right] \mathcal{R}(\rho) \\
& =\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0} \mathcal{R}(\rho) \tag{A11}
\end{align*}
$$

It is useful to make a change of coordinates

$$
\begin{equation*}
q=\rho-R \tag{A12}
\end{equation*}
$$

We expand $\rho$ about $R$ in power of $q$ and keep terms up to the second order in $q / R$. Eq. (A11) becomes

$$
\begin{gather*}
\left\{-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial q^{2}}+\frac{\hbar^{2}}{2 m} \frac{\Lambda^{2}-\frac{1}{4}}{R^{2}}\left[1-\frac{2 q}{R}+\frac{3 q^{2}}{R^{2}}\right]+\frac{m \omega^{2} q^{2}}{2}+V_{\mathrm{so}}^{\text {dia }}\right\} \mathcal{R}(\rho) \\
=\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0} \mathcal{R}(\rho) \tag{A13}
\end{gather*}
$$

We can solve the approximate Hamiltonian in $q$. We have

$$
\begin{equation*}
s_{z} L_{z}=\frac{J_{z}^{2}-\Lambda_{z}^{2}-1 / 4}{2}=\frac{\Omega_{z}^{2}-\Lambda_{z}^{2}-1 / 4}{2} \tag{A14}
\end{equation*}
$$

We assume the large radius $R$ approximation with small $d / R$, and expand ( $\frac{1}{\rho} \frac{\partial V_{0}}{\partial \rho}$ ) in powers of $q$ up to $q^{2}$,

$$
\begin{equation*}
\left(\frac{1}{\rho} \frac{\partial V_{0}}{\partial \rho}\right)=m \omega_{\perp}^{2} \frac{(\rho-R)}{\rho}=m \omega_{\perp}^{2}\left(\frac{q}{R}-\frac{q^{2}}{R^{2}}\right) \tag{A15}
\end{equation*}
$$

We also expand $\left(\Lambda^{2}-1 / 4\right) / \rho^{2}$ in power of $q$ up to the second order of $q$,

$$
\begin{equation*}
\frac{\Lambda_{z}^{2}-\frac{1}{4}}{\rho^{2}}=\frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}\left[1-\frac{2 q}{R}+\frac{3 q^{2}}{R^{2}}\right] \tag{A16}
\end{equation*}
$$

The eigenvalue equation can be rewritten as

$$
\begin{align*}
& \left\{-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial q^{2}}+\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}+\frac{1}{2} m \omega_{\perp}^{2} q^{2}+V^{(1)}\right. \\
&  \tag{A17}\\
& \left.-\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0}\right\} \mathcal{R}(\rho)=0
\end{align*}
$$

where

$$
\begin{aligned}
V^{(1)}(q) & =+\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}\left(-\frac{2 q}{R}+\frac{3 q^{2}}{R^{2}}\right) \\
& -\frac{2 \kappa\left(\hbar \omega_{\perp}\right)^{2}}{\hbar \stackrel{\leftrightarrow}{\omega}_{0}} s_{z} L_{z}\left(\frac{q}{R}-\frac{q^{2}}{R^{2}}\right)
\end{aligned}
$$

We cast $\frac{1}{2} m \omega^{2} q^{2}+V^{(1)}(q)$ into a displaced quadratic form

$$
\begin{equation*}
\frac{1}{2} m \omega^{2} q^{2}+V^{(1)}(q)=\frac{1}{2} m \omega_{\perp}^{\prime 2}\left(q-q_{0}\right)^{2}+a_{0} \tag{A18}
\end{equation*}
$$

where

$$
\begin{equation*}
\omega_{\perp}^{\prime 2}=\omega_{\perp}^{2}\left(1+a_{2}\right) \tag{A19}
\end{equation*}
$$

$a_{0}, a_{2}$, and $q_{0}$ are given by

$$
\begin{array}{ll}
a_{2}=\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}} \frac{3}{\frac{1}{2} m \omega_{\perp}^{2} R^{2}}+\frac{2 \kappa\left(\hbar \omega_{\perp}\right)^{2}}{\hbar \omega_{0}} \frac{s_{z} \Lambda_{z}}{\frac{1}{2} m \omega_{\perp}^{2} R^{2}},(\mathrm{~A} 20) \\
a_{0}=-\frac{1}{2} m \omega_{\perp}^{\prime 2} q_{0}^{2}, & \text { (A21) } \\
q_{0}=-\frac{1}{2} a_{1} R\left(\frac{\omega_{\perp}}{\omega_{\perp}^{\prime}}\right)^{2}, \\
a_{1}=-\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}} \frac{2}{\frac{1}{2} m \omega_{\perp}^{2} R^{2}} \frac{s_{z} \Lambda_{z}}{\frac{1}{2} m \omega_{\perp}^{2} R^{2}} . & \text { (A22) } \tag{A23}
\end{array}
$$

Eq. (A17) becomes

$$
\begin{align*}
\left\{-\frac{\hbar^{2}}{2 m} \frac{\partial^{2}}{\partial q^{2}}+\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}\right. & +\frac{1}{2} m \omega_{\perp}^{\prime 2}\left(q-q_{0}\right)^{2}+a_{0} \\
& \left.-\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0}\right\} \mathcal{R}(\rho)=0 \tag{A24}
\end{align*}
$$

The above eigenenergy solution for the $\rho$ degree of freedom is

$$
\begin{equation*}
\epsilon_{n_{\rho} \Lambda_{z} \Omega_{z}}^{0}=\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}+\left(n_{\rho}+\frac{1}{2}\right) \hbar \omega_{\perp}^{\prime}+a_{0} . \tag{A25}
\end{equation*}
$$

After substituting the above eigenvalue into Eq. (A9), we get the single particle energy given by Eq. (6),

$$
\begin{align*}
\epsilon\left(n_{\rho} n_{z} \Lambda_{z} \Omega_{z}\right) & =\left(n_{\rho}+\frac{1}{2}\right) \hbar \omega_{\perp}^{\prime}+\left(n_{z}+\frac{1}{2}\right) \hbar \omega_{\perp} \\
& +\frac{\hbar^{2}}{2 m} \frac{\Lambda_{z}^{2}-\frac{1}{4}}{R^{2}}+a_{0} \tag{A26}
\end{align*}
$$

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