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# High-resolution study of Gamow-Teller excitations in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ reaction and the observation of a "Low-Energy Super Gamow-Teller state" 

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In order to study the Gamow-Teller (GT) transitions from the $T_{z}=+1$ nucleus ${ }^{42} \mathrm{Ca}$ to the $T_{z}=0$ nucleus ${ }^{42} \mathrm{Sc}$, where $T_{z}$ is the $z$ component of isospin $T$, we performed a $(p, n)$-type $\left({ }^{3} \mathrm{He}, t\right)$ charge-exchange reaction at $140 \mathrm{MeV} /$ nucleon and scattering angles around $0^{\circ}$. With an energy resolution of 29 keV , states excited by GT transitions (GT states) could be studied accurately. The reduced GT transition strengths $B(\mathrm{GT})$ were derived up to the excitation energy of 13 MeV assuming the proportionality between the cross-sections at $0^{\circ}$ and $B(\mathrm{GT})$ values. The main part of the observed GT transition strength is concentrated in the lowest $0.611 \mathrm{MeV}, J^{\pi}=1^{+}$GT state. All the other states at higher energies are weakly excited. Shell model calculations could reproduce the gross feature of the experimental $B(\mathrm{GT})$ distribution and random-phase approximation (RPA) calculations including an attractive isoscalar (IS) interaction showed that the 0.611 MeV state has a collective nature. It was found that this state has all of the properties of a "Low-Energy Super Gamow-Teller (LESGT) state." It is expected that low-lying $J^{\pi}=1^{+}$GT states have $T=0$ in the $T_{z}=0$ nucleus ${ }^{42} \mathrm{Sc}$. On the other hand, $T=1$ states are situated in a higher energy region. Assuming an isospin analogous structure in $A=42$ isobars, analogous $T=1,1^{+}$states are also expected in ${ }^{42} \mathrm{Ca}$. Comparing the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ and ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectra measured at $0^{\circ}$, candidates for $T=1$ GT states could be found in the $10-12 \mathrm{MeV}$ region of ${ }^{42} \mathrm{Sc}$. They were all weakly excited. The mass dependence of the GT strength distributions in Sc isotopes is also discussed.

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## I. INTRODUCTION

Gamow-Teller (GT) transitions are mediated by the $\sigma \tau$ operator. Therefore, they are characterized as isovector (IV)-type spin-flip transitions with no angular momentum transfer $(\Delta T=\mathbf{1}, \Delta S=\mathbf{1}$, and $\Delta \boldsymbol{L}=0)$. The transitions are among the $j_{>}$and $j_{<}$shells such as $f_{7 / 2}$ and $f_{5 / 2}$ shells. Due to the simple character of the GT operator, GT transitions are important tools for the study of nuclear structure $[1-4]$ as well as nuclear interactions [5-8]. In addition, GT transitions are the most common nuclear weak-interaction processes. The GT strength functions in the $p f$-shell nuclei are important in estimating the rate of neutrino-induced reactions, $\beta$ decays, and electron capture processes for nucleosynthesis during the late stage of stellar evolution [9].

Gamow-Teller transitions are studied through $\beta$ decays and charge exchange (CE) reactions [4]. Studies using $\beta$ decay can provide the most direct information on the reduced GT transition strength $B(\mathrm{GT})$. However, the accessible energy region is limited by the decay $Q$ value. In CE reactions, on the other hand, GT excitations can be studied up to high excitation energies. In particular, GT excitations become prominent at intermediate incident energies (above $100 \mathrm{MeV} /$ nucleon) and forward angles around $0^{\circ}[4,10]$. Since the 1980s, $(p, n)$ reactions performed at incoming proton energies of $E_{p}=120-200 \mathrm{MeV}$ have been used for the study of GT transitions in the $\beta^{-}$direction [10]. One of the most important findings was the structure named the GamowTeller resonance (GTR) situated at the high excitation energies of $E_{x}=9-16 \mathrm{MeV}$. The GTRs, with bump-like structures having a width of a few MeV and carrying the main part of the observed GT transition strength, have been systematically studied in nuclei with mass number $A$ larger than $\approx 50[5,10,11]$.

In addition, in CE reactions performed at intermediate incident energies and $0^{\circ}$, it was found that there is a close proportionality between the GT cross-sections and the $B(\mathrm{GT})$ values $[12,13]$

$$
\begin{align*}
\sigma^{\mathrm{GT}}(q, \omega) & \simeq K(\omega) N_{\sigma \tau}\left|J_{\sigma \tau}(q)\right|^{2} B(\mathrm{GT})  \tag{1}\\
& =\hat{\sigma}^{\mathrm{GT}} F(q, \omega) B(\mathrm{GT}) \tag{2}
\end{align*}
$$

where $J_{\sigma \tau}(q)$ is the volume integral of the effective interaction $V_{\sigma \tau}$ at a momentum transfer $q(\approx 0), K(\omega)$ is the kinematic factor, $\omega$ is the total energy transfer, and $N_{\sigma \tau}$ is a distortion factor. The value $\hat{\sigma}^{\mathrm{GT}}$ is the unit crosssection for the GT transition at $q=\omega=0$ and a given incoming energy for a system with mass $A$. The value $F(q, \omega)$ gives the dependence of the GT cross-sections on

[^0]the momentum and energy transfers. It has a value of unity at $q=\omega=0$ and usually decreases gradually as a function of excitation energy $\left(E_{x}\right)$. It can be obtained from distorted-wave Born approximation (DWBA) calculations.

In $(p, n)$-type $\left({ }^{3} \mathrm{He}, t\right)$ reactions, the close proportionality of Eq. (2) has been demonstrated to hold for $\Delta L=0$ transitions with $B(\mathrm{GT}) \geq 0.04$ in studies of the mass $A=23,26,27$, and $34 s d$-shell nuclear systems [14-18], and also for the mass $A=46,50$, and $54 f$-shell nuclei [19]. The deviations were a few to $10 \%$ (note that poorer agreement was also found in some specific cases; see the discussions in Ref. [4]). In these mass $A$ systems, the strengths of multiple, analogous GT transitions with $T_{z}= \pm 1 / 2 \rightarrow \mp 1 / 2$ or $T_{z}= \pm 1 \rightarrow 0$ could be compared in the $\left({ }^{3} \mathrm{He}, t\right)$ and $\beta$-decay studies. Here, $T_{z}$ is the $z$ component of isospin $T$ defined by $T_{z}=(N-Z) / 2$, where $N$ and $Z$ are the proton $(\pi)$ and neutron $(\nu)$ numbers, respectively.

The energy resolutions achieved in the pioneering $(p, n)$ reactions were around 300 keV or greater. The advantage of using the $\left({ }^{3} \mathrm{He}, t\right)$ reaction is that a higher energy resolution can be achieved. At the Research Center for Nuclear Physics (RCNP), Osaka, excellent resolutions of $\approx 30 \mathrm{keV}$ have been achieved at the ${ }^{3} \mathrm{He}$ beam energy of $140 \mathrm{MeV} /$ nucleon. As a result, in the studies of GT excitations on $T_{z}=+1$ target nuclei ${ }^{54} \mathrm{Fe}[20]$ and ${ }^{58} \mathrm{Ni}[21]$ performed up to $E_{x} \approx 13 \mathrm{MeV}$, it was found that the bump-like structures of GTRs observed in $(p, n)$ studies actually consist of many discrete states excited by GT transitions (GT states). The fragmented GT states were also observed in the studies of the other $T_{z}=+1$ target nuclei ${ }^{46} \mathrm{Ti}[22]$ and ${ }^{50} \mathrm{Cr}[23]$ and in a recent study of the $T_{z}=+3 / 2$ nucleus ${ }^{47} \mathrm{Ti}$ [24].

In a simple shell-model (SM) picture of the $T_{z}=+1$ nucleus ${ }^{42} \mathrm{Ca}$, two neutrons in the $f_{7 / 2}$ shell are on top of the ${ }^{40} \mathrm{Ca}$ core, in which the $s d$ shells are filled with protons and neutrons and an $N=Z=20$ magic nucleus is formed. In this picture, two GT states excited by $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ transitions are expected in the low-lying region and the region about $5-6$ MeV higher, respectively, where the $5-6 \mathrm{MeV}$ is the energy difference of the $\pi f_{5 / 2}$ and $\pi f_{7 / 2}$ shells [1]. The GT excitations in ${ }^{42} \mathrm{Sc}$ were studied in a ${ }^{42} \mathrm{Ca}(p, n)^{42} \mathrm{Sc}$ reaction at $E_{p}=160 \mathrm{MeV}$ in the 1980s [25]. Contrary to the simple SM expectation, they found that the GT strength was mainly concentrated in the 0.61 MeV low-lying state and the strength in the higher $E_{x}$ region was weak. Due to the poor resolution of $\approx 800 \mathrm{keV}$, however, even the $T=1, J^{\pi}=0^{+}$ground state (g.s.) [the isobaric analog state (IAS) of the g.s. of $\left.{ }^{42} \mathrm{Ca}\right]$ and the first excited GT state at 0.61 MeV could not be separated. In order to study the Fermi and GT excitations having the $\Delta L=0$ nature in detail, we performed a high-resolution $\left({ }^{3} \mathrm{He}, t\right)$ reaction at very forward angles including $0^{\circ}$. The GT strength distribution up to $E_{x} \approx 13 \mathrm{MeV}$ is discussed.

## II. EXPERIMENT

The ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ experiment was performed at the high-resolution facility of RCNP [26], consisting of the "WS course" beam line [27] and the "Grand Raiden" spectrometer [28] using a $140 \mathrm{MeV} /$ nucleon ${ }^{3} \mathrm{He}$ beam from the $K=400$ Ring Cyclotron [26]. The measurement was performed by setting the spectrometer at $0^{\circ}$. In the $0^{\circ}$ measurement, both the ${ }^{3} \mathrm{He}^{2+}$ beam and the tritons enter the first dipole magnet (D1 magnet) of the spectrometer. The ${ }^{3} \mathrm{He}^{2+}$ beam with a magnetic rigidity $B \rho$ of about half that of the tritons was stopped in a Faraday cup placed inside the D1 magnet. The target was a self-supporting foil of enriched $(93.7 \%){ }^{42} \mathrm{Ca}$ with an areal density of $1.78 \mathrm{mg} / \mathrm{cm}^{2}$. The main contaminant isotope in the target was ${ }^{40} \mathrm{Ca}(5.1 \%)$.

The outgoing tritons were analyzed in momentum within the full acceptance of the spectrometer and detected with a focal-plane detector system that allowed for particle identification and track reconstruction in the horizontal and vertical directions [29]. Close to $0^{\circ}$, the scattering angle $\Theta$ can be expressed by $\sqrt{\theta^{2}+\phi^{2}}$, where $\theta$ and $\phi$ are the scattering angles in the horizontal and vertical directions, respectively. An angular resolution $\Delta \Theta \leq 5 \mathrm{mr}$ [full width at half maximum (FWHM)] was achieved by applying the angular dispersion matching technique [30] and the overfocus mode of the spectrometer [31]. In the analysis, the acceptance of the spectrometer, covering $\theta$ of $\pm 1^{\circ}$ and $\phi$ of $\pm 2.5^{\circ}$ was subdivided into five angular ranges (cuts) using the tracking information. Further experimental details are found in Refs. [20, 21, 32]. An energy resolution $\Delta E$ of 29 keV (FWHM), which is much better than the energy spread of $\approx 140 \mathrm{keV}$ of the beam, was realized by applying the lateral dispersion matching and focus matching techniques [30, 33].

The " 0 " spectrum" obtained for the events within the scattering angles $\Theta \leq 0.5^{\circ}$ is shown in Fig. 1 up to $E_{x}=13 \mathrm{MeV}$. We measured the spectrum up to $E_{x}=25$ MeV , but the spectrum was continuous and flat; no discrete peak was observed above 13 MeV . As we see from Fig. 1(a), there are only two strongly excited states. Referring to the evaluation given in Ref. [34], we could easily identify that they are the $T=1, J^{\pi}=0^{+}$g.s. (i.e., the IAS) and the $T=0, J^{\pi}=1^{+}, 0.611 \mathrm{MeV}$ state. Most other states are weakly excited. In particular states populated in transitions with $\Delta L \geq 1$, except the $J^{\pi}=3^{+}$ state at 1.490 MeV , were weakly excited at $0^{\circ}$. We see that the $\left({ }^{3} \mathrm{He}, t\right)$ reaction at forward angles including $0^{\circ}$ and at the incoming energy of $140 \mathrm{MeV} /$ nucleon is well suited for the study of states populated in $\Delta L=0$ transitions.

The gross feature of the $0^{\circ}$ spectrum is in good agreement with that obtained in the ${ }^{42} \mathrm{Ca}(p, n)^{42} \mathrm{Sc}$ reaction at $E_{p}=160 \mathrm{MeV}$ and $0^{\circ}$ shown in Ref. [25]. As mentioned, they could not separate the g.s. and the first excited state at 0.61 MeV . With our $\approx 30$ times better resolution, we see the fine structure of highly fragmented states. In a
later ( $p, n$ ) work [35], the g.s., i.e., the IAS, and the 0.61 MeV GT state were separated with a better resolution of $\Delta E \approx 300 \mathrm{keV}$. However, they were interested in the study of the IAS and not in the GT excitations.

## III. DATA ANALYSIS

The acceptance of the $0^{\circ}$ setting of the spectrometer was subdivided into five angle cuts of $\Theta \leq 0.5^{\circ}, 0.5^{\circ}$ $0.8^{\circ}, 0.8^{\circ}-1.2^{\circ}, 1.2^{\circ}-1.6^{\circ}$, and $1.6^{\circ}-2.0^{\circ}$. The positions and intensities of peaks were obtained up to $E_{x}=13$ MeV by applying a peak-decomposition program using the shape of the well separated peak at 0.611 MeV as a reference.

Above the proton separation energy $S_{p}$ of 4.27 MeV , a continuum caused by quasifree scattering (QFS) can appear [36]. Accordingly, above $E_{x} \approx 5.5 \mathrm{MeV}$, the continuous counts gradually increase with $E_{x}$ [see Fig. 1(b) and also Fig. 5(a) in Sec. IV]. Therefore, a smooth empirical background connecting the deepest valleys between peaks was subtracted in the peak-decomposition analysis.

## A. Excitation energy

As shown in Table I, only a few $J^{\pi}=1^{+}$states are known in ${ }^{42} \mathrm{Sc}[34]$. Therefore, the $E_{x}$ values of higher excited states were determined from their peak positions in the $\Theta \leq 0.5^{\circ}$ spectrum with the help of kinematic calculations. As a reference, we used a $\left({ }^{3} \mathrm{He}, t\right)$ spectrum from a natural magnesium ( ${ }^{\text {nat }} \mathrm{Mg}$ ) target. The ${ }^{\text {nat }} \mathrm{Mg}$ target foil was thin $\left(\approx 1.5 \mathrm{mg} / \mathrm{cm}^{2}\right)$ and the spectrum was taken under the same experimental conditions as for the ${ }^{42} \mathrm{Ca}$ target. The relationship between the peak positions in the spectrum and the corresponding values of magnetic rigidity of the spectrometer was determined using the well-known $E_{x}$ values of states in ${ }^{26} \mathrm{Al}$ and ${ }^{24} \mathrm{Al}$ and the peak positions of these states.

The reaction $Q$ values in the $\left({ }^{3} \mathrm{He}, t\right)$ reaction for the isotopes ${ }^{26} \mathrm{Mg}$ and ${ }^{24} \mathrm{Mg}$ are -4.0 and -13.9 MeV , respectively, and that of ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)$ is -6.4 MeV . The $E_{x}$ values of ${ }^{26} \mathrm{Al}$ states up to 7.8 MeV are well known. The $E_{x}$ values of a few low-lying states in ${ }^{24} \mathrm{Al}$ up to 1.09 MeV are also well known. The $E_{x}$ values of higher excited states in ${ }^{24} \mathrm{Al}$ were determined in a recent $\beta^{+}$-decay study of ${ }^{24} \mathrm{Si}$ [37], although the uncertainties were larger ( $\approx 10 \mathrm{keV}$ ). Therefore, all $E_{x}$ values of ${ }^{42} \mathrm{Sc}$ states up to $E_{x}=11.8 \mathrm{MeV}$ listed in Tables I - IV were determined by interpolation.

We could reproduce most of the evaluated $E_{x}$ values given in Ref. [34] up to 4.5 MeV within differences of $\leq 4$ keV , as seen in Table I. Since the g.s. excitation energy (i.e., $E_{x}=0.0 \mathrm{MeV}$ ) of ${ }^{12} \mathrm{~N}$ from the ${ }^{12} \mathrm{C}$ contaminant seen at 10.95 MeV in the ${ }^{42} \mathrm{Sc}$ spectrum [see Fig. 1(b)] was reproduced with a deviation of less than 10 keV , we


FIG. 1: (Color online) The $0^{\circ},{ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{42} \mathrm{Sc}$ spectrum on two scales. The events within the range of scattering angles $\Theta \leq 0.5^{\circ}$ are included. (a) The full count range spectrum. Two prominent peaks are observed in the low-energy region and less prominent ones up to 4 MeV . (b) The vertical scale is magnified by a factor of 24 . A fine structure of many states is observed up to $E_{x}=12.7 \mathrm{MeV}$. Major states populated in $\Delta L=0$ transitions ( $\Delta L=0$ states) below 7 MeV are indicated by their excitation energies in MeV . The $\Delta L=0$ states in the region above 7 MeV are indicated in Fig. 5(a) in Sec. IV.
estimate that the uncertainty of $E_{x}$ determination is approximately 10 keV even at $E_{x}=11 \mathrm{MeV}$. However, the level density became high above $E_{x} \approx 9 \mathrm{MeV}$ and many of the states can be multiplets. Therefore, in Tables III and IV, we list $E_{x}$ values only for the isolated peaks with good statistics. In addition, we noticed that each state became wider above 11 MeV . Note that these high $E_{x}$ states can have decay widths, since $S_{p}=4.27 \mathrm{MeV}$. For these states, the determination of the peak center became less accurate and we estimate $\approx \pm 20 \mathrm{keV}$ uncertainty of $E_{x}$ values. Above 13 MeV , as mentioned, no sharp peak was observed.

## B. Assignment of angular momentum transfer $\Delta L$

It is expected that $J^{\pi}=1^{+}$states populated in $\Delta L=0$ GT transitions have an angular distribution peaked at $0^{\circ}$. Figure 2 shows the angular distributions of well-separated $\Delta L=0$ and $\Delta L \geq 1$ states observed in the low- $E_{x}$ region. The vertical scale shows the counts of peaks (states) in the spectrum of $\Theta \leq 0.5^{\circ}$ cut and the counts in the larger angle cuts are normalized by the ratios of solid angles. We see that the $1^{+}$states at 0.611 and 1.889 MeV show almost identical decreasing pattern with the increase of scattering angle. We take the pattern of the 0.611 MeV state as the reference of the $\Delta L=0$
angular distribution. On the other hand, $\Delta L \geq 1$ states show increasing patterns.

For the practical and quantitative identification of the decreasing " $\Delta L=0$ pattern" of the angular distribution, we examined the "ratio of ratio" of counts in different angle cuts for each excited state. First, the peak counts of a state in the five angle cuts, i.e., $\Theta \leq 0.5^{\circ}, 0.5^{\circ}-0.8^{\circ}$, $0.8^{\circ}-1.2^{\circ}, 1.2^{\circ}-1.6^{\circ}$, and $1.6^{\circ}-2.0^{\circ}$ cuts, were divided by the $\Theta \leq 0.5^{\circ}$ peak count of the state itself (naturally the ratio is one for the $\Theta \leq 0.5^{\circ}$ cut). Then, these five ratios for each state were further divided by the corresponding ratios of the most prominent $J^{\pi}=1^{+}, 0.611 \mathrm{MeV}$ state representing the decreasing $\Delta L=0$ pattern (again the value of this ratio of ratio is one for the $\Theta \leq 0.5^{\circ}$ cut in each state). As a result, it is expected that a state having the $\Delta L=0$ angular distribution should have the ratio of ratio of approximately one also in the four larger angle cuts. On the other hand, the ratio of ratio of a $\Delta L \geq 1$ state increase in larger angle cuts. Taking the differences of the $\Delta L=0$ and $\Delta L \geq 1$ angular distributions in mind (see Fig. 2), the $\Delta L=0$ assignment was given if a state shows the ratio of ratio of $0.8-1.2$ in all four larger angle cuts (for practical examples, see Refs. [36, 38]).

The results of the $\Delta L=0$ assignments for the peaks (states) clearly observed in the $0^{\circ}$ spectrum [i.e., states with an intensity corresponding to a $B(\mathrm{GT})$ value larger than $\approx 0.004$ ] are indicated by the label " 0 " in Tables I


FIG. 2: (Color on line) Angular distributions of $\Delta L=0$ and $\Delta L \geq 1$ states observed in the low- $E_{x}$ region of the $\left({ }^{3} \mathrm{He}, t\right)$ measurements. The $E_{x}$ values and $J^{\pi}$ values are from Ref. [34]. The vertical scale shows the counts of individual states in the spectrum of the $\Theta \leq 0.5^{\circ}$ cut. They are shown as "Counts $\left(0^{\circ}\right)$ " in Table I. The counts in the spectra with larger angle cuts are corrected by the ratios of the solid angles.

- IV. These $\Delta L=0$ states are indicated by their excitation energies in Figs. 1(a) and 1(b) and also in Fig. 5(a) shown in Sec. IV. In the higher $E_{x}$ region, the level density is higher and many of the states are weakly excited. Therefore, $\Delta L=0$ assignments are less certain for these states. They are indicated by the label "(0)" in Tables II - IV.

Most of the states given the assignments of higher $J$ values in Ref. [34] (see column 2 of Table I) were assigned to have $\Delta L \geq 1$ character by the larger ratios in larger angle cuts. On the other hand, two low-lying states at 1.490 and 3.224 MeV with the (possible) assignment of $J^{\pi}=3^{+}[34]$ showed similar behavior to the $1^{+}$states in the smaller angle cuts of $0.5^{\circ}-0.8^{\circ}$ and $0.8^{\circ}-1.2^{\circ}$. Larger ratios were observed only in the $1.2^{\circ}-1.6^{\circ}$ and $1.6^{\circ}-2.0^{\circ}$ cuts (the ratio of ratio was larger by $\approx 30 \%$ in the $1.6^{\circ}$ $2.0^{\circ}$ cut, see also Fig. 2). Therefore, the ratios in these higher angle cuts were examined with a care.

The g.s. of ${ }^{42} \mathrm{Sc}$ is the IAS of the g.s. of ${ }^{42} \mathrm{Ca}$ [34]. The angular distribution of this IAS, excited by the simple $\tau$ operator of the Fermi transition, also showed the $\Delta L=0$ character as we see in Fig. 2. It is expected that the Fermi strength is concentrated in the transition to this IAS.

Therefore, it is very probable that other states populated in $\Delta L=0$ transitions are GT states [4].

## C. Gamow-Teller transition strength

The idea of isospin symmetry comes from the fact that protons and neutrons behave almost the same in terms of the strong interaction that plays a major role in the formation of nuclear structure. Under the assumption of isospin symmetry, an analogous structure is expected for nuclei with the same $A$ but having different $T_{z}$ (isobars) [4, 39, 40]. The corresponding states in isobars are called isobaric analog states (or simply analog states), and transitions between corresponding analog states (analogous transitions) have corresponding strengths. Under the assumption of isospin symmetry in the $A=42$ isobars, which is schematically shown in Fig. 3, the corresponding $T_{z}= \pm 1 \rightarrow 0$ GT transitions (mirror GT transitions) observed in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{42} \mathrm{Sc}$ reaction and the ${ }^{42} \mathrm{Ti} \rightarrow{ }^{42} \mathrm{Sc} \beta^{+}$decay are analogous and have the same $B(\mathrm{GT})$ values.

Counts of individual states in the $\Theta \leq 0.5^{\circ}$ angle cut obtained in the peak-decomposition analysis are shown as "Counts $\left(0^{\circ}\right)$ " in Tables I - IV. The reduced GT transition strength $B(\mathrm{GT})$ can be derived for each GT state using the "Counts $\left(0^{\circ}\right)$ " and the close proportionality given by Eq. (2). In order to use this relationship, we need a standard $B(\mathrm{GT})$ value. For this purpose, we assume isospin symmetry in the $A=42$ isobars. We first derive the $B(\mathrm{GT})$ value for the transition from the $J^{\pi}=0^{+}$, g.s. of ${ }^{42} \mathrm{Ti}$ to the $1^{+}, 0.661 \mathrm{MeV}$ state in ${ }^{42} \mathrm{Sc}$ using the ${ }^{42} \mathrm{Ti} \beta$-decay data. Then, this $B(\mathrm{GT})$ value is used to derive the unit GT cross-section in Eq. (2).

Recently, two sets of accurate ${ }^{42} \mathrm{Ti} \beta$-decay data became available [19, 41] at the fragment separator and trap facilities. Using the $\beta$-decay half-life $T_{1 / 2}$, branching ratio $B R$, and decay $Q$ value ( $Q_{\mathrm{EC}}$ value) listed in Table V , the $B(\mathrm{GT})$ value for the transition from the g.s. to the 0.611 MeV state was calculated for each set of ${ }^{42} \mathrm{Ti}$ $\beta$-decay data using the relationship

$$
\begin{equation*}
B(\mathrm{GT})=K /\left(\lambda^{2} f t\right) \tag{3}
\end{equation*}
$$

where $K=6143.6(17)[42], \lambda=g_{A} / g_{V}=-1.270(3)$ [43], $f$ is the phasespace factor calculated using the decay $Q$ value, and $t$ is the partial halflife determined by the values $T_{1 / 2}$ and $B R$. Taking the average of the two $B(\mathrm{GT})$ values, we get $B(\mathrm{GT})=2.173(47)$. As mentioned, this $B(\mathrm{GT})$ value is used as a standard to derive the unit GT cross-section in Eq. (2) assuming the mirror symmetry in the $A=42$ isobar system.

This assumption can bring some systematic uncertainties to the $\left({ }^{3} \mathrm{He}, t\right) B(\mathrm{GT})$ values, although this is probably the best we can do. Note that both Coulomb force and maybe charge-dependent nuclear forces can cause asymmetry in the strengths of mirror GT transitions. There is a discussion on the asymmetry of allowed GT $\beta$-decay rates in light $p$ - and $s d$-shell mirror nuclei [44].

TABLE I: States in ${ }^{42} \mathrm{Sc}$ evaluated in Ref. [34] and observed in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ reaction up to $E_{x}=4.5 \mathrm{MeV}$. The uncertainties for evaluated $E_{x}$ values (the first column) are given in the cases where they are greater than 1 keV . Observed counts of states in the angle range $\Theta=0^{\circ}-0.5^{\circ}$ are shown as "Counts $\left(0^{\circ}\right)$. ." The $B(\mathrm{GT})$ values are given for the states populated in $\Delta L=0$ transitions.

| Evaluated values ${ }^{\text {a }}$ |  | $\left({ }^{3} \mathrm{He}, t\right)^{\text {b }}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $E_{x}(\mathrm{MeV})$ | $J^{\pi}$ | $E_{x}(\mathrm{MeV})$ | $\Delta L$ | Counts ( $0^{\circ}$ ) | $B$ (GT) |
| 0.000 | $0^{+}$, IAS | 0.0 | 0 | $34563(543)^{\text {c }}$ |  |
| 0.611 | $1^{+}$ | 0.612 | 0 | 241037(1069) | $2.173(47)^{\text {d }}$ |
| 1.490 | $3^{+}$ | 1.491 |  | 10039(156) |  |
| 1.586 | $2^{+}$ | 1.586 |  | 666(46) |  |
| 1.846(2) | $\left(3^{+}\right)$ |  |  |  |  |
| 1.874(8) | $0^{+}$ |  |  |  |  |
| 1.889 | $1^{+}$ | 1.887 | 0 | 10701(159) | 0.097(3) |
| 2.188 | $(2,3)^{+}$ |  |  |  |  |
| 2.223 | (1) | 2.220 | 0 | 3081(110) ${ }^{\text {e }}$ | 0.028(1) |
| 2.269 | $\left(1,2^{+}\right)$ | 2.272 |  | 486(42) |  |
| 2.389 | $3^{+}$ |  |  |  |  |
| 2.455(2) | $\left(1,2^{+}\right)$ | 2.452 | 0 | 1537(73) | 0.014(1) |
| 2.487 | $2^{+}$ | 2.484 |  | 460(53) |  |
| 2.833 | $\left(2^{+}, 3,4^{+}\right)$ |  |  |  |  |
|  |  | 2.841 |  | 457(35) |  |
| 2.848 | $3^{+}$ |  |  |  |  |
| 2.964 |  | 2.967 | 0 | 1946(69) | 0.018(1) |
| 3.224 | $\left(3^{+}, 4,5^{+}\right)$ | 3.229 |  | 6572(139) ${ }^{\text {e }}$ |  |
| 3.345(4) |  | 3.349 | 0 | 4418(112) | 0.040(1) |
| 3.393 | $(1,2,3)^{+}$ | 3.389 |  | $521(64)^{\text {e }}$ |  |
| 3.688 | $1^{+}$ | 3.686 | 0 | 13768(182) | 0.127(3) |
| 3.866(5) | $1^{+}$ |  |  |  |  |
| 3.934 | $(1,2,3)^{+}$ | 3.931 |  | 1499(62) |  |
| 4.067(10) |  | 4.070 |  | 334(31) |  |
| 4.175(5) | $(3,4,5)^{+}$ | 4.177 |  | 333(34) |  |
| 4.276(5) |  | 4.272 |  | 904(48) |  |
| 4.370(5) |  | 4.370 |  | 245(27) |  |
| 4.548(5) | $(2 \text { to } 5)^{+}$ | 4.547 |  | 345(33) |  |

${ }^{\text {a }}$ From Ref. [34].
${ }^{\mathrm{b}}$ Present work.
${ }^{\text {c }}$ Contribution of the counts from the IAS of ${ }^{44} \mathrm{Sc}$ and ${ }^{43} \mathrm{Sc}$ are subtracted.
${ }^{\text {d }}$ Calculated using the ${ }^{42} \mathrm{Ti} \rightarrow{ }^{42} \mathrm{Sc} \beta$-decay data.
${ }^{e}$ Contribution of the count from ${ }^{44} \mathrm{Sc}$ is subtracted.

On the other hand, a quantitative estimation or an experimental study of the asymmetry for $p f$-shell nuclei are not available. As an extreme example, a large asymmetry for the $T_{z}= \pm 2 \rightarrow \pm 1$ mirror GT transitions in $A=40$ isobars is discussed in Ref. [45].

The $B(\mathrm{GT})$ values of other GT states can be calculated using the close proportionality given in Eq. (2). In order to evaluate the $E_{x}$ dependence of $F(q, \omega)$, a DWBA calculation was performed for the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ reaction using the computer code DW81 [46] following the procedure discussed in Refs. [47-49]. The optical potential parameters were taken from Ref. [50]. We considered two
possible transitions, $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$. The calculations show that $F(q, \omega)$ decreases gradually with excitation energy. The amount of decrease was about $4 \%, 9 \%$, and $16 \%$ at $E_{x}=4.0 \mathrm{MeV}, 8 \mathrm{MeV}$, and 12 MeV , respectively. For both transitions, the amount of decrease was similar.

The uncertainty of a $B(\mathrm{GT})$ value includes the uncertainty of the standard $B(\mathrm{GT})$ value and that of the experimental count for each state in the $\Theta \leq 0.5^{\circ}$ cut [see the column "Counts $\left(0^{\circ}\right)$ " of Tables I - IV]. The uncertainty of the value "Counts $\left(0^{\circ}\right)$ " includes the statistical uncertainty and the uncertainties in the peak-decomposition

TABLE II: States observed in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{42} \mathrm{Sc}$ reaction between $E_{x}=4.5$ and 8.5 MeV . The $E_{x}$ values obtained for close multiplet states can have larger uncertainties than the values mentioned in the text. Less accurate $E_{x}$ values are indicated by parentheses. Less accurate $\Delta L=0$ assignments are indicated by parentheses. Observed counts of states in the angle range $\Theta=0^{\circ}-0.5^{\circ}$ are shown as "Counts $\left(0^{\circ}\right)$." The $B(\mathrm{GT})$ values are given for the states populated in $\Delta L=0$ transitions.

| $\left({ }^{3} \mathrm{He}, t\right)$ |  |  |  |
| :---: | :---: | :---: | :---: |
| Ex (MeV) | $\Delta L$ | Counts ( $0^{\circ}$ ) | $B(\mathrm{GT})$ |
| (4.590) |  | 364(46) |  |
| (4.619) |  | 560(52) |  |
| 4.821 |  | 435(33) |  |
| 4.873 |  | 3680(86) |  |
| 4.928 | 0 | 2117(67) | 0.020(1) |
| 5.094 |  | 532(35) |  |
| 5.143 | 0 | 2269(66 | 0.021(1) |
| (5.686) | (0) | 483(51) | 0.005(1) |
| (5.716) | 0 | 1221(63) | 0.012(1) |
| 5.803 |  | 1268(64) |  |
| 5.958 |  | 573(38) |  |
| 6.007 |  | 1804(71) |  |
| 6.078 |  | 516(40) |  |
| 6.167 |  | 1085(59) |  |
| 6.327 | 0 | 1924(70) | 0.018(1) |
| 6.364 |  | 567(57) |  |
| 6.737 |  | 1100(50) |  |
| 7.068 |  | 1241(58) |  |
| 7.129 |  | 476(62) |  |
| 7.261 |  | 876(78) |  |
| 7.295 |  | 830(57) |  |
| 7.418 |  | 2988(83) |  |
| 7.491 |  | 653(57) |  |
| 7.586 |  | 430(37) |  |
| 7.678 |  | 441(38) |  |
| 7.776 |  | 2094(68) |  |
| 7.884 |  | 543(64) |  |
| 7.923 |  | 2313(76) |  |
| 7.974 |  | 1503(62) |  |
| 8.105 | (0) | 458(42) | 0.004(1) |
| 8.182 |  | 835(70) |  |
| 8.251 |  | 1152(59) |  |
| 8.292 |  | 520 (47) |  |
| 8.338 |  | 522(49) |  |
| 8.373 |  | 418(65) |  |
| 8.400 |  | 1239(79) |  |
| 8.492 |  | 431(57) |  |

TABLE III: States observed in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ reaction between $E_{x}=8.5$ and 11 MeV . For details, see the caption to Table II.

| $\left({ }^{3} \mathrm{He}, t\right)$ |  |  |  |
| :---: | :---: | :---: | :---: |
| $E_{x}(\mathrm{MeV})$ | $\Delta L$ | Counts ( $0^{\circ}$ ) | $B$ (GT) |
| (8.540) |  | 749(216) |  |
| $8.664^{\text {a }}$ |  | 571(66) |  |
| 8.732 | (0) | 754(47) | 0.007(1) |
| 8.810 |  | 1492(60) |  |
| 8.854 |  | 1020(62) |  |
| 8.887 |  | 1710(72) |  |
| 8.929 |  | 1537(80) |  |
| 8.981 | (0) | 801(116) | 0.008(1) |
| (9.068) |  | 549(164) |  |
| (9.088) |  | 792(149) |  |
| (9.113) |  | 491(100) |  |
| 9.156 |  | 643(48) |  |
| 9.203 |  | 1291(66) |  |
| 9.236 |  | 1044(63) |  |
| (9.280) |  | 551(56) |  |
| (9.312) |  | 1106(64) |  |
| 9.406 |  | 916(67) |  |
| $9.437^{\text {b }}$ |  | 991(105) |  |
| 9.565 |  | 524(47) |  |
| 9.611 |  | 651(49) |  |
| (9.793) |  | 858(64) |  |
| (9.826) |  | 1124(69) |  |
| 9.874 |  | 620(75) |  |
| 9.901 |  | 888(79) |  |
| (9.947) |  | 953(75) |  |
| (9.978) |  | 1436(88) |  |
| 10.011 | 0 | 3137(156) | 0.032(2) |
| (10.118) |  | 1241(155) |  |
| (10.142) |  | 2324(184) |  |
| (10.165) |  | 1726(195) |  |
| (10.195) |  | 670(86) |  |
| (10.250) | 0 | 1651(174) | 0.017(2) |
| (10.271) |  | 822(171) |  |
| 10.338 | 0 | 1530(69) | 0.016(1) |
| 10.395 |  | 556(56) |  |
| 10.437 | 0 | 1956(78) | 0.020(1) |
| 10.561 | (0) | $604(55)$ | 0.006(1) |
| $10.639^{\text {c }}$ |  | 1163(88) |  |
| 10.695 |  | 670(59) |  |
| 10.735 |  | 466(61) |  |
| 10.809 |  | 495(70) |  |

${ }^{\text {a }}$ Identified as the ${ }^{40} \mathrm{Sc}, 0.772 \mathrm{MeV}, J^{\pi}=2^{-}$state.
${ }^{\mathrm{b}}$ Identified as the ${ }^{16} \mathrm{~F}, 0.424 \mathrm{MeV}, J^{\pi}=2^{-}$state.
${ }^{\text {c }}$ Identified as the ${ }^{40} \mathrm{Sc}, 2.745 \mathrm{MeV}, J^{\pi}=1^{+}$state.

TABLE IV: States observed in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{42} \mathrm{Sc}$ reaction between $E_{x}=11$ and 13 MeV . Only well observed states are listed. In this region, a complete separation of states was difficult and some states have larger widths. Therefore, the determination of the peak position was less accurate and the $E_{x}$ values can have an uncertainty larger than 10 keV mentioned in the text. Observed counts of states in the angle range $\Theta=0^{\circ}-0.5^{\circ}$ are shown as "Counts $\left(0^{\circ}\right)$." The $B(\mathrm{GT})$ values are given for the states possibly populated in $\Delta L=0$ transitions.

|  |  | $\left({ }^{3} \mathrm{He}, t\right)$ |  |
| :--- | :---: | :---: | :---: |
| $E_{x}(\mathrm{MeV})$ | $\Delta L$ | Counts $\left(0^{\circ}\right)$ | $B(\mathrm{GT})$ |
| $10.95^{\mathrm{a}}$ |  | $3101(168)$ |  |
| 11.07 | $1273(89)$ |  |  |
| 11.18 | $623(59)$ |  |  |
| 11.22 | $745(745)$ |  |  |
| 11.26 | $852(59)$ |  |  |
| 11.40 |  | $1566(76)$ |  |
| 11.62 |  | $617(96)$ |  |
| 11.81 | $614(207)$ | $0.010(2)$ |  |
| 11.83 | $(0)$ | $964(232)$ | $0.010(1)$ |
| 12.00 |  | $653(77)$ |  |
| $12.25^{\mathrm{b}}$ |  | $631(88)$ |  |
| 12.42 |  | $640(195)$ |  |
| 12.70 |  |  |  |

${ }^{\text {a }}$ Identified as the ${ }^{12} \mathrm{~N}, J^{\pi}=1^{+}$g.s.
${ }^{\mathrm{b}}$ Identified as the ${ }^{40} \mathrm{Sc}, J^{\pi}=0^{+}, 4.368 \mathrm{MeV}$ state.

TABLE V: The properties of the transition from the g.s. of ${ }^{42} \mathrm{Ti}$ to the 0.611 MeV state in ${ }^{42} \mathrm{Sc}$ studied in the ${ }^{42} \mathrm{Ti} \rightarrow{ }^{42} \mathrm{Sc}$ $\beta^{+}$decay. The total halflife $T_{1 / 2}$, branching ratio $B R$, and decay $Q$ value ( $Q_{\mathrm{EC}}$ value) used for the calculation of $B(\mathrm{GT})$ values are listed.

|  | $T_{1 / 2}(\mathrm{~ms})$ | $B R(\%)$ | $Q_{\mathrm{EC}}(\mathrm{keV})$ | $B(\mathrm{GT})$ |
| :--- | :--- | :--- | :--- | :--- |
| Kurtukian $^{\mathrm{a}}$ | $208.14(45)$ | $51.1(11)$ | $7016.83(25)$ | $2.157(50)$ |
| Molina $^{\mathrm{b}}$ | $211.7(19)$ | $55.9(36)$ | $7016.48(22)$ | $2.313(148)$ |

${ }^{a}$ From Ref. [41].
${ }^{\mathrm{b}}$ From Ref. [19].
analysis, but not the uncertainties associated with the subtraction of the continuum caused by the QFS process. Due to this process, the continuous counts gradually increase above $E_{x} \approx 5.5 \mathrm{MeV}$ [see Fig. 1(b)]. As we see from the enlarged $0^{\circ},\left({ }^{3} \mathrm{He}, t\right)$ spectrum of the $E_{x} \geq 6.5$ MeV region shown in Fig. 5(a) (see Sec. IV), the peak-tocontinuum ratio becomes smaller as the increase of $E_{x}$. Therefore, we expect an additional $\approx 10-15 \%$ uncertainty of $B(\mathrm{GT})$ values for the states in the $8-9 \mathrm{MeV}$ region, $\approx 15-20 \%$ uncertainty in the $9-11 \mathrm{MeV}$ region, and $\approx 25 \%$ uncertainty in the region above 11 MeV .

Possible effects of the tensor-isospin $(T \tau)$ interaction,


FIG. 3: (Color on line) Schematic view of the analog states (connected by dashed lines) and analogous transitions in the mass $A=42, T_{z}=+1,0$, and -1 isobaric system. The Coulomb displacement energies are removed so that the isospin symmetry becomes clear. In this scheme, the inclined arrows show the $0^{+} \rightarrow 1^{+}$GT transitions caused by the $\sigma \tau$ type operator from the ground states of mirror nuclei ${ }^{42} \mathrm{Ca}$ and ${ }^{42} \mathrm{Ti}$. On the other hand, the analogous $0^{+} \rightarrow 0^{+}$Fermi transitions to the IAS caused by the $\tau$-type operator are shown by the horizontal arrows. The vertical arrows show the $0^{+} \rightarrow 1^{+}$transitions caused by inelastic-type reactions such as $\left(p, p^{\prime}\right)$ or $\left(e, e^{\prime}\right)$ on ${ }^{42} \mathrm{Ca}$.
that can contribute in the excitation of $J^{\pi}=1^{+}$states with the $\sigma \tau$ interaction, can add additional systematic uncertainty in the derived $B(\mathrm{GT})$ values using Eq. (2). Since the contributions from these two interactions are coherent, there is no way to extract only the $\sigma \tau$ part of the contribution experimentally. In addition, the amount of $T \tau$ contribution is dependent on the configurations of individual states. The $T \tau$ term of the nuclear interaction has the minimum strength at $q=0$ (i.e., $\Theta \approx 0^{\circ}$ ), while the $\sigma \tau$ term has the maximum strength [51]. Therefore, the tensor contribution is usually small in the excitations of stronger $1^{+}$states in the $0^{\circ}$ measurement. However, it can be relatively large for weaker states [18]. Recently, the $B(\mathrm{GT})$ values of analogous $T_{z}= \pm 1 \rightarrow 0$ GT transitions obtained from $\left({ }^{3} \mathrm{He}, t\right)$ reactions and $\beta$-decays, respectively, were compared up to the excitation energies of $\approx 4.5 \mathrm{MeV}$ for $A=46,50$, and 54 isobers [19]. Note that the $\beta$ decay is not contaminated by the $T \tau$ interaction. It was found that the $B(\mathrm{GT})$ values of individual pairs can have differences of a few to $10 \%$, but the cumulative GT strengths were rather similar. A theoretical estimation of the $T \tau$ contribution is given in Ref. [16].

## D. Excitations from contaminant isotopes

As mentioned, the main contaminant isotope in the target was ${ }^{40} \mathrm{Ca}(5.1 \%)$. To identify the ${ }^{40} \mathrm{Sc}$ states in the ${ }^{42} \mathrm{Sc}$ spectrum, we recorded the $0^{\circ},\left({ }^{3} \mathrm{He}, t\right)$ spectrum from an enriched ${ }^{40} \mathrm{Ca}$ target under the same experimental conditions as for the ${ }^{42} \mathrm{Ca}$ target. As a result, excitations of the $J^{\pi}=2^{-}, 0.772 \mathrm{MeV}$ state, $1^{+}, 2.754$

MeV state, and $0^{+}, 4.368 \mathrm{MeV}$ state in ${ }^{40} \mathrm{Sc}$ [52] were identified [see Fig. 5(a) in Sec. IV]. Due to the large difference in the reaction $Q$ values, these states are observed at $E_{x} \approx 8.66 \mathrm{MeV}, 10.64 \mathrm{MeV}$, and 12.25 MeV , respectively, in the ${ }^{42} \mathrm{Sc}$ spectrum (see Table III and IV). The $J^{\pi}=2^{-}, 0.44 \mathrm{MeV}$ state in ${ }^{16} \mathrm{~F}$ and the $J^{\pi}=1^{+}$, g.s. in ${ }^{12} \mathrm{~N}$ from ${ }^{16} \mathrm{O}$ and ${ }^{12} \mathrm{C}$ contaminants, respectively, were also identified in the similar energy region.

The other contaminant isotopes were ${ }^{44} \mathrm{Ca}(0.87 \%)$ and ${ }^{43} \mathrm{Ca}(0.33 \%)$. Since the IASs from these Ca isotopes have almost the same reaction $Q$ values, the contributions of Fermi excitations from the ${ }^{44} \mathrm{Ca}$ and ${ }^{43} \mathrm{Ca}$ ground states to the IASs in ${ }^{44} \mathrm{Sc}$ and ${ }^{43} \mathrm{Sc}$, respectively, are also included in the observed IAS peak. These contributions were calculated assuming that the total $B(\mathrm{~F})$ strength of $N-Z$ is carried by the IAS peak. Then, they were subtracted $(\approx 2.7 \%)$ from the observed peak count of the $0^{+}$, g.s. (IAS). It is also expected that the strength of the GT excitation from the odd-mass isotope ${ }^{43} \mathrm{Ca}$ mixes with the Fermi strength incoherently. Although this contribution is expected to be small considering the small isotopic ratio of $0.33 \%$ for ${ }^{43} \mathrm{Ca}$, we could not estimate it properly. We also found that $2.223 \mathrm{MeV}, 3.224 \mathrm{MeV}$, and 3.393 MeV peaks are contaminated by the ${ }^{44} \mathrm{Sc}$ GT excitations by comparing the present ${ }^{42} \mathrm{Sc}$ spectrum with that of the ${ }^{44} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{44} \mathrm{Sc}$ reaction given in Ref. [32]. Their contributions were subtracted referring to the ${ }^{44} \mathrm{Sc}$ spectrum.

## IV. DISCUSSION

## A. Gamow-Teller strength distribution

The experimental $B(\mathrm{GT})$ distribution in ${ }^{42} \mathrm{Sc}$ studied up to 12 MeV is shown in Fig. 4 in the form of a cumulative sum (CS). A total $B(\mathrm{GT})$ value of $2.7(4)$ has been obtained, where most of the strength $(\approx 80 \%)$ is concentrated in the lowest 0.611 MeV GT state. The $B(\mathrm{GT})$ distribution from a SM calculation is also shown in Fig. 4. The calculation was performed using the GXPF1J interaction $[53,54]$. The model space was restricted to the $p f$ shell and an inert ${ }^{40} \mathrm{Ca}$ core was assumed. The $B(\mathrm{GT})$ values shown include the quenching factor of $(0.74)^{2}$ inherent in the SM calculations for $p f$-shell nuclei [54].

The SM calculation reproduces the concentration of the $B(\mathrm{GT})$ strength to the lowest GT state and the overall $B(\mathrm{GT})$ distribution, but not the fragmented strengths between 2 and 6 MeV . It is suggested that the fragmentation in this region is caused by the mixing with the $s d$ shell configurations resulting from ground state correlations (see also the discussions in Refs. [22, 32]). Note that this effect is not included in our SM calculation, since we assume an inert ${ }^{40} \mathrm{Ca}$ core. In addition, in the SM calculation, we see a sudden increase of the CS strength due to the $T=1$ state predicted at $E_{x}=9.82 \mathrm{MeV}$ with a relatively large $B(\mathrm{GT})$ value of 0.6 (see Fig. 4). This is the lowest $T=T_{0}=1$ GT state, where $T_{0}$ is the $T$ value


FIG. 4: (Color on line) A comparison of the cumulative sums (CSs) of $B(\mathrm{GT})$ strengths from the experimental ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ measurement and the SM calculation using the effective interaction GXPF1J. A quenching factor of $(0.74)^{2}$ is included in the SM calculation.
of the g.s. of the initial nucleus, and all lower $E_{x}$ states have $T=0$. A $T=1$ GT state with $B(\mathrm{GT})=0.44$ is also predicted at 9.1 MeV in a SM calculation using the KB3G interaction [55]. In the experiment, however, we only observed several weakly excited states with $B(\mathrm{GT})$ values of $0.01-0.03$ in the $10.0-10.6 \mathrm{MeV}$ region, although some of the weakly excited states may not have been detected in the experiment.

The Ikeda sum rule for GT strengths in nuclei is expressed by $\Sigma B\left(\mathrm{GT}_{-}\right)-\Sigma B\left(\mathrm{GT}_{+}\right)=3(N-Z)$, where $\Sigma B\left(\mathrm{GT}_{-}\right)$and $\Sigma B\left(\mathrm{GT}_{+}\right)$are sums of $\mathrm{GT}_{-}$and $\mathrm{GT}_{+}$ transition strengths measured by $(p, n)$ - and ( $n, p$ )-type reactions, respectively $[2,56]$. The quenching of the GT strength compared to the Ikeda sum rule has been a matter of considerable discussion and interest in nuclear physics $[2,57]$.

Since the neutron excess in the target nucleus ${ }^{42} \mathrm{Ca}$ is two, the value of $3 \times(N-Z)$ is six. The total sum of the $B(\mathrm{GT})$ strengths experimentally observed in the transitions to discrete states up to 12 MeV is $2.7(4)$, that is $45 \%$ of 6 . Due to the nature of $L S$ shell closure at $Z=20$, it is expected that the strength $\Sigma B\left(\mathrm{GT}_{+}\right)$in the $(n, p)$ direction, i.e., the $T=T_{0}+1=2$ strength, is zero (or very small) due to the Pauli exclusion principle. Assuming isospin symmetry, the $T=2$ strength in the $(p, n)$ direction is also almost zero. Therefore, our result suggests that the total sum of the $B(\mathrm{GT})$ strength located in fragmented discrete states in the $E_{x}$ region up to 12 MeV is less than half of the sum-rule-limit value. A small summed GT strength of $\approx 40 \%$ compared to the Ikeda sum rule is also reported in the ${ }^{44} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{44} \mathrm{Sc}$ measurement analyzed up to $E_{x} \approx 14 \mathrm{MeV}$ [32]. Similarly, in a recent analysis of the ${ }^{48} \mathrm{Ca}(p, n)^{48} \mathrm{Sc}$ measurement performed up to a higher $E_{x}$ of $\approx 30 \mathrm{MeV}$, a relatively small total GT strength of $\approx 65 \%$ of the sum-rule-limit value was suggested even if the $\Delta L=0$ strength in the continuum caused by the QFS is included [58]. It seems that the "quenching" of the GT strength is still an abid-
ing issue to be studied and discussed.

## B. Isospin $T$ of states populated in Gamow-Teller transitions

We identified GT states excited with $B(\mathrm{GT})$ values of $0.01-0.03$ in the $E_{x}=10-12 \mathrm{MeV}$ region. Here, we deduce the isospin value $T$ of these GT states by examining the existence of corresponding states, i.e., analog spin- $M 1$ states, in the ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectrum measured at $0^{\circ}$ and $E_{p}=200 \mathrm{MeV}$ [59]. For this purpose, first the properties and isospin structure of spin- $M 1$ and GT excitations are briefly summarized. For the details, see Refs. [4, 32, 60].

In ( $p, p^{\prime}$ ) reactions at intermediate energies, spin- $M 1$ states excited by $M 1_{\sigma}$ transitions caused either by the $\sigma$ operator or the $\sigma \tau$ operator become prominent at $0^{\circ}[2,51]$. If the $M 1_{\sigma}$ transitions start from the $0^{+}$g.s. of even-even nuclei with the isospin value $T=T_{0} \geq 1$, they are mainly caused by the $\sigma \tau$ operator $[2,4,51]$ and have the IV nature. Then, similar to Eqs. (1) and (2), we can expect a close proportionality between the $0^{\circ}$ crosssection of a spin- $M 1$ state and the reduced $M 1_{\sigma}$ transition strength $B\left(M 1_{\sigma}\right)$

$$
\begin{align*}
\sigma^{M 1 \sigma}(q, \omega) & \simeq K(\omega) N_{\sigma \tau}\left|J_{\sigma \tau}(q)\right|^{2} B\left(M 1_{\sigma}\right)  \tag{4}\\
& =\hat{\sigma}^{M 1 \sigma} F(q, \omega) B\left(M 1_{\sigma}\right) \tag{5}
\end{align*}
$$

where $\hat{\sigma}^{M 1 \sigma}$ is the unit cross-section for the $M 1_{\sigma}$ transition. Owing to the close proportionality in both $\left({ }^{3} \mathrm{He}, t\right)$ and $\left(p, p^{\prime}\right)$ reactions, it is expected that the analog GT and spin-M1 states are excited with corresponding strengths.

In $\left(p, p^{\prime}\right)$ measurements, it is reported that the $J^{\pi}=$ $1^{+}$spin-M1 states in the even-even $p f$-shell nuclei are observed in the $E_{x}=7-14 \mathrm{MeV}$ region [61-63]. Furthermore, by comparing the $\left(p, p^{\prime}\right)$ and $\left({ }^{3} \mathrm{He}, t\right)$ spectra measured at $0^{\circ}$, corresponding states, i.e., isospin analog states, populated in $M 1_{\sigma}$ and GT transitions starting from $T_{z}=+1 p f$-shell nuclei ${ }^{58} \mathrm{Ni}$ and ${ }^{54} \mathrm{Fe}$ have been studied in detail for the ${ }^{58} \mathrm{Ni}$ and ${ }^{58} \mathrm{Cu}$ pair and the ${ }^{54} \mathrm{Fe}$ and ${ }^{54}$ Co pair, respectively [20, 21]. As a result, it was found that the GT states with $T=T_{0}=1$ are located mainly in the $E_{x}=8.5-11.5 \mathrm{MeV}$ region in the final $T_{z}=0$ nuclei ${ }^{58} \mathrm{Cu}$ and ${ }^{54} \mathrm{Co}$, while the $T=T_{0}+1=2$ states lie in the higher $10-13 \mathrm{MeV}$ region. It should be noted that higher $T$ states are expected at higher energies due to the symmetry energy [40, 60].

The spin- $M 1$ states observed in the ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ reaction can have isospin values of either $T=T_{0}=1$ or $T=T_{0}+1=2$. As shown schematically in Fig. 3, these $T=1$ and 2 spin- $M 1$ states in ${ }^{42} \mathrm{Ca}$ are analogous to the $T=1$ and 2 GT states in ${ }^{42} \mathrm{Sc}$, respectively, under the assumption of isospin symmetry. Therefore, for the identification of analogous structures and the analog states in ${ }^{42} \mathrm{Sc}$ and ${ }^{42} \mathrm{Ca}$, it is the best to compare the spectra from the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ and ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ reactions
at $0^{\circ}$, where GT states and spin- $M 1$ states, respectively, are prominent due to their $\Delta L=0$ character.

The detail of the $E_{x}=6.5-12.5 \mathrm{MeV}$ region of the $0^{\circ}$, ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ spectrum is shown in Fig. 5(a), where the states populated (and probably populated) in $\Delta L=$ 0 transitions are labeled by their $E_{x}$ values. They are the candidates for the GT states of interest.

In Ref. [59], a ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectrum taken at very forward angles including $0^{\circ}$ is presented. The experiment was carried out at Indiana University Cyclotron facility (IUCF), Indiana using the K600 magnetic spectrometer and a 200 MeV proton beam. A self-supporting ${ }^{42} \mathrm{Ca}$ target with an enrichment of $93.71 \%$ and an areal density of $3.5(5) \mathrm{mg} / \mathrm{cm}^{2}$ was placed in the scattering chamber of the spectrometer. The transmission mode of the K600 spectrometer, where the incoming proton beam directly passes through the spectrometer, was used in the measurement [64]. As a result, the region above the threshold energy of 8.5 MeV in ${ }^{42} \mathrm{Ca}$ could be studied as shown in Fig. 5(b).

The $E_{x}$ scale of the ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectrum was determined referring to the $E_{x}$ values of known spin- $M 1$ states observed in the ${ }^{28} \mathrm{Si}\left(p, p^{\prime}\right)$ spectrum taken under the same conditions and shown in Ref. [59]. The $E_{x}$ scale can have a systematic uncertainty of $\approx 30-50 \mathrm{keV}$. The analog state of the g.s. of ${ }^{42} \mathrm{Ca}$ (IAS) is the g.s. in ${ }^{42} \mathrm{Sc}$. Therefore, the same energy scale is used in Fig. 5(a) and Fig. 5(b).

It is known that in $\left(p, p^{\prime}\right)$ reactions at intermediate incident energies and $0^{\circ}$, not only the spin- $M 1$ states, but also the Coulomb excited $E 1$ states, i.e., the $J^{\pi}=1^{-}$ states excited by $E 1$ transitions, can be rather prominent [5]. Therefore, a high selectivity for the spin-M1 states is not always guaranteed. However, at least for the four clear $\Delta L=0$ states identified by their excitation energies in the $10.0-10.5 \mathrm{MeV}$ region of the $\left({ }^{3} \mathrm{He}, t\right)$ spectrum, corresponding sharp peaks are found in the $\left(p, p^{\prime}\right)$ spectrum [peaks shown by arrows in Fig. 5(b)], although all of these states are weakly excited. Since the ratios of the strengths of corresponding peaks are more or less the same, we suggest that they are the candidates for analog states with an identical $T$ value of either $T=1$ or $T=2$.

As discussed, from a simple SM picture of ${ }^{42} \mathrm{Ca}$ with the $Z=20$ proton $L S$-closed shell [see Fig. 6(a)], GT transitions to the $T=2$ states in the $T_{z}=+2^{42} \mathrm{~K} \mathrm{nu}$ cleus are not allowed. Therefore, the analog $T=2$ GT states in ${ }^{42} \mathrm{Sc}$ are also not excited in the $(p, n)$-type reactions. In addition, $T=2$ states are situated higher in energies than the $T=1$ states. We also note that for a $T_{0}=1$ target nucleus such as ${ }^{42} \mathrm{Ca}$ the excitation of $T=2$ GT states is suppressed by a factor of 3 in the $\left({ }^{3} \mathrm{He}, t\right)$ reaction compared to the corresponding spin- $M 1$ states observed in the ( $p, p^{\prime}$ ) reaction due to the different Clebsch-Gordan coefficients [4]. Taking these considerations into account, we suggest that these four $\Delta L=0$ states in the $10.0-10.5 \mathrm{MeV}$ region have $T=T_{0}=1$. As discussed in Sec. IV A, the results of the SM calculation are also in favor of the $T=1$ assignments.


FIG. 5: (Color on line) (a) The ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)$ spectrum of the $E_{x}=6.5-12.5 \mathrm{MeV}$ region for events with scattering angles $\Theta \leq 0.5^{\circ}$. The counts of the continuum caused by the quasifree scattering (QFS) increase in particular in the $E_{x}=8-11 \mathrm{MeV}$ region. States with or probably with $\Delta L=0$ are indicated by their excitation energies. States originate from ${ }^{40} \mathrm{Ca},{ }^{16} \mathrm{O}$, and ${ }^{12} \mathrm{C}$ contaminants in the ${ }^{42} \mathrm{Ca}$ target are also indicated. (b) The IUCF ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectrum measured at $E_{p}=200 \mathrm{MeV}$ [59]. The measurements were carried out at very forward angles including $0^{\circ}$ using the K600 spectrometer in transmission mode [64]. The $E_{x}>8.5 \mathrm{MeV}$ region in ${ }^{42} \mathrm{Ca}$ was studied. The peaks corresponding to the $\Delta L=0$ states in the $\left({ }^{3} \mathrm{He}, t\right)$ spectrum are shown by arrows. The vertical scales are adjusted so that the 10.011 MeV state in the $\left({ }^{3} \mathrm{He}, t\right)$ spectrum and the corresponding state in the $\left(p, p^{\prime}\right)$ spectrum have nearly the same heights. Note that the ordinate of the ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ spectrum begins with a finite count to illustrate the structured part clearly.

We give a tentative $\Delta L=0$ assignment to the wider states at 11.83 and 12.00 MeV . It appears that there are corresponding states in the $\left(p, p^{\prime}\right)$ spectrum. Thus, they are also the candidates for the $T=1$ states. However, further discussions on these states situated in the region of high level density is difficult, because it is hard to judge whether they really have widths or they are multiple states.

As we see in Table III, all of the candidates for the $T=1$ GT states are weakly excited. We can partly attribute the weak strengths to the shell structure of the final nucleus ${ }^{42} \mathrm{Sc}$ having " $\pi$ particle- $\nu$ particle ( $\pi \mathrm{p}$ $\nu \mathrm{p}) "$ nature. Taking the anti-symmetrization principle for a particle-particle ( $\mathrm{p}-\mathrm{p}$ ) configuration into account, we notice that the $\left(\pi f_{7 / 2}, \nu f_{7 / 2}\right)$, p-p configuration cannot form the $T=1, J=1$ coupling. Only the $\left(\pi f_{5 / 2}\right.$, $\left.\nu f_{7 / 2}\right)$, p-p configuration can contribute to the excitation of the $T=1$ states. However, the observed total strength of the $T=1$ GT excitation is much weaker than is expected in the $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ transition. In addition, the GT strength in the $10-12 \mathrm{MeV}$ region is much weaker than that observed in the same region in the $A=54$ [20] or $A=58$ [21] systems, where GTR struc-
tures were observed. The weak strength cannot be fully understood on the discussion assuming the simple shell structure mentioned above. For the further understanding, it was found that the effect of an attractive residual isoscalar (IS) interaction that is active among $\pi \mathrm{p}-\nu \mathrm{p}$ configurations should be taken into account [7]. This subject is discussed in the following subsection [Sec. IV C].

A state excited in an $M 1$ transition with a strength of $B(M 1)=0.59(5) \mu_{N}^{2}$ is reported at 11.235 MeV in an electron inelastic scattering experiment on a ${ }^{42} \mathrm{Ca}$ target [65]. This $B(M 1)$ value corresponds to the excitation with a $B(\mathrm{GT}) \approx 0.19[4]$ in the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ reaction if we assume that the 11.235 MeV state has $T=T_{0}=1$ and that the state is mainly excited by the $\sigma \tau$ term of the electro-magnetic $M 1$ operator. As we see from Table IV, and also from Fig. 5, no corresponding state with this large $B(\mathrm{GT})$ is observed either in the present $\left({ }^{3} \mathrm{He}, t\right)$ reaction or in the $\left(p, p^{\prime}\right)$ measurement. Note that the electro-magnetic M1 operator has the orbital term in addition to the spin term [4]. Whether the contribution of the orbital term can explain this strong $M 1$ excitation or not is an interesting question.

## C. Excitation of a "Low-Energy Super Gamow-Teller state"

## 1. Formation of low-energy collective Gamow-Teller state

A simple SM picture of ${ }^{42} \mathrm{Ca}$ is that two valence neutrons are in the $f_{7 / 2}$ shell on top of the core of ${ }^{40} \mathrm{Ca}$. Therefore, GT excitations caused by the $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ transitions, respectively, are expected in the low-energy region and in the region about $5-6$ MeV higher corresponding to the energy difference of the $j_{<}, \pi f_{5 / 2}$ shell and the $j_{>}, \pi f_{7 / 2}$ shell. However, as is clear in Fig. 4, the low-lying 0.611 MeV GT state collects the main part ( $\approx 80 \%$ ) of the GT strength in the region up to 12 MeV where the analysis was performed. In addition, in the $E_{x}=5-6 \mathrm{MeV}$ region, no prominent strength corresponding to the $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ transition was found. As mentioned, the ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ spectrum at $0^{\circ}$ was continuous and flat above 12 MeV up to 25 MeV , suggesting that the strength caused by the QFS is dominant.

As discussed, bump-like GTRs with $E_{x}=9-16 \mathrm{MeV}$ and a few MeV width have been systematically observed in nuclei with mass $A$ larger than $\approx 50$ in the studies of $(p, n)$ reactions $[10,11]$. Note that GTRs were always observed at excitation energies higher than the energy difference of the $j_{<}$and $j_{>}$shells. In addition, they found that the GTRs carried the main part $(\approx 50-60 \%)$ of the total GT sum-rule strength and the strength in the lowenergy region was always smaller.

In larger $A$ stable target nuclei that were studied in these $(p, n)$ reactions, the neutron number $N$ is always greater than the proton number $Z$. Due to the neutron excess, the main configurations of the GTRs are always of " $\pi$ particle $-\nu$ hole ( $\pi \mathrm{p}-\nu \mathrm{h}$ )" nature. It is well established that the effective residual interactions among the particle-hole (p-h) configurations have an IV and repulsive nature in IV excitations such as GT or IV dipole excitations. The residual interactions make the contributions of the transition matrix elements that form these p-h configurations in phase. As a result, the IV GRs have a collective nature. In addition, due to the repulsive nature of the active residual interactions, IV GRs, including GTRs, are pushed up in their excitation energies relative to the unperturbed p-h energies [5].

On the other hand, we notice that the GT states in ${ }^{42} \mathrm{Sc}$ have a " $\pi \mathrm{p}-\nu \mathrm{p}$ " nature consisting of $\left(\pi f_{7 / 2}, \nu f_{7 / 2}\right)$ and $\left(\pi f_{5 / 2}, \nu f_{7 / 2}\right)$ configurations [see Fig. 6(a)]. Naturally they are formed by the CE-type $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ transitions starting from the naive image of ${ }^{42} \mathrm{Ca}$ with two $f_{7 / 2}$ neutrons on top of the $N=Z=20$, $L S$-closed ${ }^{40} \mathrm{Ca}$ core. (In reality, this image is too simple, see Sec. IV C 2 and Table VI.) As was discussed in Ref. [7], the contributions of the matrix elements that form these $\pi \mathrm{p}-\nu \mathrm{p}$ configurations become in phase due to the attractive IS-type residual interaction and thus a collective GT state appears at a low $E_{x}$ of 0.611 MeV .


FIG. 6: The SM configurations before and after the $\beta^{-}$-type GT transitions in $A=42-48 \mathrm{Ca}$ isotopes. Positions occupied by neutrons $(\nu)$ are shown by open crosses. Positions that are newly occupied by protons and unoccupied by neutrons after making GT transitions (shown by the arrows) are indicated by filled crosses and open circles, respectively. The shell closures at $Z=N=20$ and 28 are indicated by thick solid lines.

Pairing correlations between nucleons play an essential role in the formation of nuclear structure [6]. The studies have been mainly directed to the IV spin-singlet ( $T=$ $1, S=0$ ) channel, and it is known that the $J^{\pi}=0^{+}$ nature of the g.s. of even-even nuclei is explained by the attraction between identical nucleons.

Interest is also directed to the IS spin-triplet ( $T=0$, $S=1$ ) channel. It is discussed that the attraction between neutrons and protons is even stronger in the IS spin-triplet channel, which gives rise to a bound $J^{\pi}=1^{+}$ g.s. in deuteron. It is also discussed that the contribution of the IS spin-triplet interaction can be observed clearly in nuclei with $N \approx Z[66,67]$. Accordingly, in theoretical calculations attempts have been made to include the IS-type residual interactions for the study of ${ }^{42} \mathrm{Ca} \rightarrow{ }^{42} \mathrm{Sc}$ GT transitions. In a spherical quasiparticle random-phase approximation (QRPA) calculation including the IS residual interaction in addition to the IV residual interaction [8], it is suggested that not only the $\left(\pi f_{7 / 2}, \nu f_{7 / 2}\right)$ and ( $\left.\pi f_{5 / 2}, \nu f_{7 / 2}\right)$ configurations mentioned above, but also a configuration produced by the $\nu f_{5 / 2} \rightarrow \pi f_{7 / 2}$ transition makes an additional in-phase contribution, which increases the collectivity of the lowest $1^{+}$GT state in ${ }^{42} \mathrm{Sc}$.

As a consequence of the strongly attractive protonneutron $(\pi-\nu)$ interaction in the IS spin-triplet channel, a possible IS pairing condensate in heavy $N \simeq Z$ nuclei has been theoretically discussed [66, 68-70]. It should be noted that the IS pairing condensate, if it exists, is unique to nuclei consisting of two kinds of fermions, i.e., protons and neutrons. In the $\pi \nu \mathrm{p}-\mathrm{p}$ random-phase approximation (ppRPA) calculation [71], it is suggested that the lowest $J^{\pi}=1^{+}$state in ${ }^{42} \mathrm{Sc}$ can be a precursory soft mode of the IS pairing condensation. Their calculation also showed that the lowest $1^{+}$state in ${ }^{42} \mathrm{Sc}$ is mainly constructed by the in-phase excitation of the $\pi \mathrm{p}-\nu \mathrm{p}$ configurations involving the $f$-shell orbits. On top of that, they found that the collective nature is enhanced by the in-phase contribution of the $p_{3 / 2}$ orbits above the Fermi
levels and also by the contribution of the $\pi$ hole - $\nu$ hole ( $\pi \mathrm{h}-\nu \mathrm{h}$ ) configurations of $s d$-shell orbits below the Fermi levels. These contributions of the $p_{3 / 2}$ and $s d$-shell orbits, however, are rather small [71].

## 2. Configurations calculated in the shell model

As shown in Fig. 4, the SM calculation in the $p f$-shell model space using the GXPF1J interaction [53, 54] reproduces the strong GT transition strength to the lowest $T=0,1^{+}$state calculated at $E_{x}=0.33 \mathrm{MeV}$. It also reproduces the weak GT strengths to all three $T=0$ states situated between this 0.33 MeV state and the $T=1 \mathrm{GT}$ state at 9.82 MeV .

We examine the configurations and the values of GT matrix elements for each of these four $T=0$ states and also for the $T=1$ state at 9.82 MeV . They are listed in Table VI. In the lowest $1^{+}$state predicted at 0.33 MeV , we see that not only the main configurations of $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$, but also all other matrix elements are in phase, which makes the total value of the transition matrix element $M(\mathrm{GT})$ large and thus the excitation of this state strong. Thus, the results of the RPA calculations mentioned above are confirmed.

Cancellation of matrix elements is seen in the excitations of three other $T=0,1^{+}$states, and thus small $\Sigma M(\mathrm{GT})$ values are predicted. This is in agreement with the experimental observation of weakly excited states in the $E_{x}=1.8-9 \mathrm{MeV}$ region. However, the fragmentation of the GT strength, as discussed in Sec. IV A, is not so well reproduced. The fifth row shows the matrix elements for the excitation of the $T=1,1^{+}$state predicted at 9.82 MeV . As we discussed in Sec. IV B, no contribution is expected from the $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ (and also $\nu p_{3 / 2} \rightarrow \pi p_{3 / 2}$ ) transition. The excitation is mainly due to the $\nu f_{7 / 2} \rightarrow \pi f_{5 / 2}$ matrix element.

## 3. Low-Energy Super Gamow-Teller states in nuclei

In Ref. [7], the lowest $J^{\pi}=1^{+}$state at 0.611 MeV was named the "low-energy super Gamow-Teller state (LESGT state)" due to its character close to the "supermultiplet state" that was proposed by Wigner [72]. The super-multiplet state appears in the limit of a null $L \cdot S$ force and the restoration of $S U(4)$ symmetry. In this limit, we expect that (a) the GT strength is concentrated in a low-energy GT state, and (b) excitation energies of both the IAS caused by the Fermi transition and the GT state are identical.

As was discussed, the essential requirements to form the LESGT states are that their main configurations have the property of $\pi \mathrm{p}-\nu \mathrm{p}$ and that one of them have the "zero-energy" nature. Then, the attractive IS residual interaction can play an essential role to collect the available GT strengths into the LESGT state. We notice that these conditions are realized if initial even-even
nuclei have either two neutrons or two protons on top of an $L S$-closed, $N=Z$ doubly-magic nucleus and the GT transitions are to the odd-odd, $N=Z$ final nucleus. Since the $L S$-closed doubly-magic nuclei are ${ }^{4} \mathrm{He},{ }^{16} \mathrm{O}$, ${ }^{40} \mathrm{Ca}$, and possibly ${ }^{80} \mathrm{Zr}$, it is expected that the $J^{\pi}=1^{+}$ LESGT states are strongly excited in the $T_{z}=0, A=6$, 18,42 , and 82 nuclei by the GT transitions starting from the neighboring $J^{\pi}=0^{+}$g.s. of $T_{z}= \pm 1$ isobars. In the $A=6$ system, the initial nuclei are ${ }^{6} \mathrm{He}$ and ${ }^{6} \mathrm{Be}$ and the final nucleus is ${ }^{6} \mathrm{Li}$; in the $A=18$ system, the initial nuclei are ${ }^{18} \mathrm{O}$ and ${ }^{18} \mathrm{Ne}$ and the final nucleus is ${ }^{18} \mathrm{~F}$; in the $A=42$ system, the initial nuclei are ${ }^{42} \mathrm{Ca}$ and ${ }^{42} \mathrm{Ti}$ and the final nucleus is ${ }^{42} \mathrm{Sc}$; and in the $A=82$ system, the initial nuclei are ${ }^{82} \mathrm{Zr}$ and ${ }^{82} \mathrm{Mo}$ and the final nucleus is ${ }^{82} \mathrm{Nb}$.

In the $A=6$ and 18 systems, strong GT transitions have been observed in the $\beta$-decay studies of ${ }^{6} \mathrm{He} \rightarrow{ }^{6} \mathrm{Li}$ and ${ }^{18} \mathrm{Ne} \rightarrow{ }^{18} \mathrm{~F}$, respectively. They are from the $J^{\pi}=0^{+}$ g.s. of initial nuclei to the $J^{\pi}=1^{+}$g.s. of final nuclei. These GT transitions have very small $\log f t$ values of $2.9059(7)$ [corresponding to the $B(\mathrm{GT})$ value of $4.73(2)$ ] and $3.091(4)$ [corresponding to the $B(\mathrm{GT})$ value of $3.09(3)$ ], respectively [73, 74]. In addition, from the ${ }^{18} \mathrm{O}(p, n){ }^{18} \mathrm{~F}$ spectrum at $0^{\circ}$ measured up to $E_{x}=20$ MeV [75], we can confirm that the main part of the GT strength is concentrated in the g.s. of ${ }^{18}$ F. Surely, both the $J^{\pi}=1^{+}$g.s. of ${ }^{6} \mathrm{Li}$ and ${ }^{18} \mathrm{~F}$ are identified as LESGT states. In accordance with these findings, we expect that the g.s. - g.s. GT transitions in the reversed direction, i.e., the GT transitions starting from the LESGT states in these $T_{z}=0$ nuclei to the $J^{\pi}=0^{+}$g.s. of the neighboring $T_{z}= \pm 1$ nuclei, are also strong. Strong GT transitions are actually observed in the ${ }^{6} \mathrm{Li}(p, n){ }^{6} \mathrm{Be}$ reaction [76] and the ${ }^{18} \mathrm{~F} \rightarrow{ }^{18} \mathrm{O} \beta$ decay [74].

It should be noted that "zero-energy" $\pi \mathrm{p}-\nu \mathrm{p}$ configurations are realized only in CE excitations and $\beta$ decays and never in inelastic excitations. We also see that the existence of IS and IV residual interactions, and thus, low- and high-energy GT vibrational states, i.e., LESGT states and the GTRs, respectively, are attributed to the two fermionic degrees of freedom of protons and neutrons, which is unique to atomic nuclei.

We notice that LESGT states have similar properties with the $T=0, J^{\pi}=1^{+}$g.s. of deuteron. The analysis of the deuteron binding energy in terms of bare $\pi-\nu$ interactions suggests that the contribution of the $D$ wave configuration and the tensor interaction is large [77]. We have seen that the low $E_{x}$ and the collective feature of the LESGT state is caused by the attraction in the IS spin-triplet channel, in which the tensor interaction is expected to play a dominant role. How one can explain the properties of the LESGT state in terms of the tensor interaction, in a way similar to the deuteron binding, will be an intriguing but difficult subject. Note that the screening effects on the tensor interaction due to the nuclear medium are not yet well understood. An attempt to include the effect of the bare tensor force into the effective $T=0, \pi-\nu$ pairing interaction in finite mass nuclei

TABLE VI: Results of the $p f$-shell SM calculation using the GXPF1J interaction. The matrix elements $M(\mathrm{GT})$ of GT transitions exciting individual $J^{\pi}=1^{+}$GT states in ${ }^{42} \mathrm{Sc}$ from the g.s. of ${ }^{42} \mathrm{Ca}$ are shown for each configuration. The results are shown for all excited GT states predicted in the region up to 9.82 MeV . The notation $f 7 \rightarrow f 7$, for example, stands for the transition with the $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ type and $p 3 \rightarrow p 3$ the $\nu p_{3 / 2} \rightarrow \pi p_{3 / 2}$. The summed value of the matrix elements is denoted by $\Sigma M(\mathrm{GT})$ and its squared value is the $B(\mathrm{GT})$, where the $B(\mathrm{GT})$ values do not include the quenching factor of the SM calculation.

| States in ${ }^{42} \mathrm{Sc}$ |  | Configurations |  |  |  |  |  | Transition Strengths |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $E_{x}(\mathrm{MeV})$ | $T$ | $\overline{f 7 \rightarrow f 7}$ | $f 7 \rightarrow f 5$ | $f 5 \rightarrow f 7$ | $p 3 \rightarrow p 3$ | $p 3 \rightarrow p 1$ | $p 1 \rightarrow p 3$ | $\Sigma M(\mathrm{GT})$ | $B$ (GT) |
| 0.33 | 0 | 1.383 | 0.548 | 0.063 | 0.031 | 0.024 | 0.016 | 2.07 | 4.28 |
| 4.41 | 0 | 0.719 | -0.742 | -0.085 | -0.079 | -0.073 | -0.048 | -0.31 | 0.09 |
| 7.41 | 0 | 0.193 | -0.788 | -0.090 | 0.142 | 0.060 | 0.040 | -0.44 | 0.19 |
| 8.62 | 0 | -0.151 | 0.385 | 0.044 | 0.109 | -0.071 | -0.047 | 0.30 | 0.09 |
| 9.82 | 1 | 0.0 | 1.196 | -0.137 | 0.0 | -0.053 | 0.035 | 1.04 | 1.08 |

is discussed in Refs. [78, 79].

## D. Gamow-Teller strength distributions in ${ }^{42} \mathrm{Sc}$, ${ }^{44} \mathrm{Sc}$, and ${ }^{48} \mathrm{Sc}$

We discuss the mass $A$ dependence of the strength distributions of GT transitions in $A=42,44$, and 48 scandium isotopes starting from the calcium isotopes with the corresponding mass. With high resolution $\left({ }^{3} \mathrm{He}, t\right)$ measurements, GT transitions from the $T_{z}=+2$ nucleus ${ }^{44} \mathrm{Ca}$ to the $T_{z}=+1$ nucleus ${ }^{44} \mathrm{Sc}$ have been studied up to $E_{x} \approx 14 \mathrm{MeV}[32]$ and those from the $T_{z}=+4$ nucleus ${ }^{48} \mathrm{Ca}$ to the $T_{z}=+3$ nucleus ${ }^{48} \mathrm{Sc}$ up to $\approx 7 \mathrm{MeV}$ [80]. In these studies, it was found that the GT strength was mainly in the $E_{x}<6 \mathrm{MeV}$ region in ${ }^{44} \mathrm{Sc}$, while in ${ }^{48} \mathrm{Sc}$, the main part of the strength was in the GTR region of $6-15 \mathrm{MeV}$ judging from the energy spectrum shown in Ref. [80]. As we have observed, the GT strength in ${ }^{42} \mathrm{Sc}$ is strongly concentrated in the lowest GT state. Here we can study how the strength moves to a higher $E_{x}$ region as a function of neutron excess.

The $E_{x}$ values of the lowest GT state in ${ }^{42} \mathrm{Sc},{ }^{44} \mathrm{Sc}$, and ${ }^{48} \mathrm{Sc}$, their $B(\mathrm{GT})$ values, the summed values of $B(\mathrm{GT})$ strengths in the low $E_{x}$ region of $<4 \mathrm{MeV}$, and the ratios compared to the sum-rule $B(\mathrm{GT})$ values of $3(N-Z)$ are summarized in Table VII. As we see, the excitation energies of the lowest GT states are higher in the higher $A$ isotopes. The summed $B(\mathrm{GT})$ values in the $E_{x}<4$ MeV region decrease as a function of $A$ and the ratios of the summed $B(\mathrm{GT})$ values compared to the sum-rule $B(\mathrm{GT})$ values decrease drastically.

In a simple SM picture, as we see in Fig. 6, only two kinds of transitions, i.e., $\nu f_{7 / 2} \rightarrow \pi f_{7 / 2}$ and $\nu f_{7 / 2} \rightarrow$ $\pi f_{5 / 2}$, contribute to making GT transitions in all of these nuclei. We notice that the $\left(\pi f_{7 / 2}, \nu f_{7 / 2}\right)$ and $\left(\pi f_{5 / 2}, \nu f_{7 / 2}\right)$ configurations in the final nucleus ${ }^{42} \mathrm{Sc}$, as discussed in Sec. IV C, have p-p nature [Fig. 6(a)]. As $A$ increases, however, both of these configurations gradually lose the p-p nature and acquire p-h nature. We see

TABLE VII: The $E_{x}$ values of the lowest-excited GT states [ $E_{x} \mathrm{GT}_{1}$ ] (in units of MeV ), their $B(\mathrm{GT})$ values $\left[B(\mathrm{GT})_{1}\right]$, and the sum of the $B(\mathrm{GT})$ values in the $E_{x}<4 \mathrm{MeV}$ region $\left[\Sigma B(\mathrm{GT})_{0-4}\right]$ in ${ }^{42} \mathrm{Sc},{ }^{44} \mathrm{Sc}$, and ${ }^{48} \mathrm{Sc}$ are compared. The ratio of the $\Sigma B(\mathrm{GT})_{0-4}$ value and the sum-rule limit value of $3(N-$ $Z)$ are given as the "Ratio" in the last column.

| Target | $E_{x} \mathrm{GT}_{1}$ | $B(\mathrm{GT})_{1}$ | $\Sigma B(\mathrm{GT})_{0-4}$ | $3(N-Z)$ | Ratio |
| :--- | :---: | :---: | :---: | :---: | :---: |
| ${ }^{42} \mathrm{Ca}^{\mathrm{a}}$ | 0.61 | 2.17 | 2.50 | 6 | 0.42 |
| ${ }^{44} \mathrm{Ca}^{\mathrm{b}}$ | 0.67 | 0.71 | 1.88 | 12 | 0.16 |
| ${ }^{48} \mathrm{Ca}^{\mathrm{c}}$ | 2.53 | 1.1 | 1.3 | 24 | 0.05 |

${ }^{a}$ Present study.
${ }^{\text {b }}$ From Ref. [32].
${ }^{\text {c }}$ From Ref. [80].
that they have pure p-h nature in ${ }^{48}$ Sc [Fig. 6(d)].

From the mass dependence of the GT strength distributions in scandium isotopes, we can clearly see that the GT strengths consisting of p-p configurations, as in ${ }^{42} \mathrm{Sc}$, are pulled down and mainly concentrate in the lowest energy GT state, i.e., the collective LESGT state. As discussed in Refs. [7, 8], the LESGT state is formed by the attractive IS residual interaction that is active among p-p configurations. On the other hand, the GT strengths consisting of p-h configurations, as in ${ }^{48} \mathrm{Sc}$, are pushed up to the energy region higher than the singleparticle energies of individual configurations by the repulsive IV residual interaction and form the collective GTR [see the energy spectrum of ${ }^{48} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right)^{48} \mathrm{Sc}$ reaction given in Ref. [80]]. As we discussed, the GTRs that have bump-like structures and carry the main part of the GT transition strength have been observed in all $N \gg Z$ nuclei in ( $p, n$ )-type CE reactions [4, 5, 10, 11].

## V. SUMMARY AND CONCLUSIONS

We carried out a ${ }^{42} \mathrm{Ca}\left({ }^{3} \mathrm{He}, t\right){ }^{42} \mathrm{Sc}$ measurement at the intermediate beam energy of $140 \mathrm{MeV} /$ nucleon and scattering angles around $0^{\circ}$. The energy resolution of 29 $\mathrm{keV}\left(\Delta E / E \approx 7 \times 10^{-5}\right)$ allowed us to resolve many discrete states up to 12 MeV . The g.s. in ${ }^{42} \mathrm{Sc}$ is the IAS of the $J^{\pi}=0^{+}$g.s. of ${ }^{42} \mathrm{Ca}$. Both this IAS and the $J^{\pi}=1^{+}$GT state at 0.611 MeV were prominent, but other states were weakly excited. The 0.611 MeV GT state showed a forward-peaked angular distribution typical of the $\Delta L=0$ transition. As a result of the angular distribution analysis for other weakly excited states, it was found that about twenty states show similar angular distributions and we identify them as having a $\Delta L=0$ nature. Assuming that all of these $\Delta L=0$ states, except the IAS, are GT states, the reduced GT transition strengths $B(\mathrm{GT})$ were derived using the proportionality between the GT cross-section at $0^{\circ}$ and the $B(\mathrm{GT})$ value. The $B(\mathrm{GT})$ values obtained in the ${ }^{42} \mathrm{Ti} \beta$ decay were used as the normalization standard assuming symmetry for the $T_{z}= \pm 1 \rightarrow 0$ GT transitions.

We can deduce isospin values of excited GT states in ${ }^{42} \mathrm{Sc}$ by comparing the $\left({ }^{3} \mathrm{He}, t\right)$ and $\left(p, p^{\prime}\right)$ spectra on the target nucleus ${ }^{42} \mathrm{Ca}$. Starting from the $T=T_{0}=1$, g.s. of the $T_{z}=+1$ nucleus ${ }^{42} \mathrm{Ca}$, the $\left({ }^{3} \mathrm{He}, t\right)$ reaction can populate GT states with $T=0,1$, and 2 in ${ }^{42} \mathrm{Sc}$. On the other hand, the ${ }^{42} \mathrm{Ca}\left(p, p^{\prime}\right)$ inelastic scattering can excite spin- $M 1$ states with $T=1$ and 2 in ${ }^{42} \mathrm{Ca}$. Under the assumption that isospin is a good quantum number, these spin- $M 1$ states are the analog states of the $T=1$ and 2 GT states, respectively. By comparing the $0^{\circ}$ spectra from these reactions, several pairs of corresponding states were identified in the $10-12 \mathrm{MeV}$ region. Taking the energy systematics of the $T=1$ and 2 GT states in final $T_{z}=0$ nuclei and also the $L S$-closed nature of the $Z=20$ proton shell in ${ }^{42} \mathrm{Ca}$ into account, we assigned $T=1$ for these several pairs of weakly excited states.

About $80 \%$ of the observed GT transition strength was concentrated in the excitation of the lowest 0.611 MeV GT state. We call this state the "Low-Energy Super Gamow-Teller" state (LESGT state). The SM calculation using the GXPF1J interaction showed that several $f$ - and $p$-shell configurations make a in-phase contribution in the excitation of this state. A spherical QRPA calculation showed that this state has a collective nature and the collectivity originates in the IS-type attractive interaction that is active among the p-p type configurations of the $f$ - and higher $p$-shell orbits [mainly ( $\pi f_{7 / 2}$, $\left.\nu f_{7 / 2}\right)$ and $\left(\pi f_{5 / 2}, \nu f_{7 / 2}\right)$ configurations]. In addition, a ppRPA calculation suggested that the $\pi \mathrm{h}-\nu \mathrm{h}$ configurations of the lower $s d$-shell orbits are also involved in the formation of the LESGT state in ${ }^{42} \mathrm{Sc}$. As a result, it was suggested that the lowest $J^{\pi}=1^{+}$state in ${ }^{42} \mathrm{Sc}$ can be a precursory soft mode of the $T=0$ pairing condensation.

The mass dependence of the GT strength distributions in scandium isotopes was examined. In a simple SM picture, it is estimated that GT states in ${ }^{42} \mathrm{Sc}$ have p-p con-
figurations, while those in ${ }^{48} \mathrm{Sc}$ have $\mathrm{p}-\mathrm{h}$ configurations. We can clearly see that the GT strength in ${ }^{42} \mathrm{Sc}$ is concentrated in the lowest energy state, i.e., the collective LESGT state. On the other hand, the GT strength in ${ }^{48} \mathrm{Sc}$ is pushed up to the energy region higher than the single particle energies of individual configurations and forms the collective GTR. This provides a clear evidence that the attractive interaction is active in $\pi \mathrm{p}-\nu \mathrm{p}$ configurations and the repulsive interaction in $\pi \mathrm{p}-\nu \mathrm{h}$ configurations.

Since the finding of the IV giant dipole resonance (IV GDR) in the 1960s (see e.g. Ref. [81]) and also of the IV M1 excitations in the 1980s using inelastic-type reactions, it has been known that the p-h configurations of protons and neutrons excited by IV-type inelastic scattering reactions are the stage for the repulsive IV interaction to be active. In addition, the systematic finding of GTRs in heavier $N>Z$ nuclei in ( $p, n$ )-type CE reactions supports this idea. On the contrary, we now see that the $\pi \mathrm{p}-\nu \mathrm{p}$ configurations on the $L S$-closed magic nuclei that are realized in CE excitations and $\beta$ decays starting form the nuclei with two identical nucleons on top of the $L S$-closed magic nuclei are the ideal stage for the attractive IS spin-triplet pairing interaction to be active; if one of such configurations has the "zero-energy" nature, a low-energy collective state, the LESGT state, is formed by the attractive nature of the IS interaction.

Note that a "zero-energy" $\pi \mathrm{p}-\nu \mathrm{p}$ configuration, i.e., $\left(\pi f_{7 / 2}, \nu f_{7 / 2}\right)$ configuration in the ${ }^{42} \mathrm{Ca} \rightarrow{ }^{42} \mathrm{Sc}$ transition, is realized only in CE excitations and $\beta$ decays and never in inelastic-type excitations. We also note that the existence of IS and IV residual interactions, and thus, the existence of the low-energy and high-energy collective states, i.e., the LESGT state and the GTR, are attributed to the two-fermionic degrees of freedom, i.e., protons and neutrons, which is unique to atomic nuclei.

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