Shell model studies of the $^{130}$Te neutrinoless double-$\beta$ decay
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Shell model studies of the $^{130}$Te neutrinoless double-beta decay

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Most uncertainties regarding the theoretical study of the neutrinoless double-beta decay are related to the accuracy of the nuclear matrix elements that appear in the expressions of the lifetimes. We calculate the nuclear matrix elements for the $0\nu\beta\beta$ decay of $^{130}$Te in a shell model approach, using a recently proposed effective Hamiltonian. To ensure the reliability of the results, we investigate this Hamiltonian by performing calculations of spectroscopic quantities and comparing them to the latest experimental data available, and we analyze the $2\nu\beta\beta$ and the $0\nu\beta\beta$ decay nuclear matrix elements of $^{136}$Xe. Finally, we report new nuclear matrix for the $^{130}$Te considering the light neutrino exchange and heavy neutrino exchange mechanisms, alongside with an overview of some recent values reported in the literature.

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I. INTRODUCTION

Neutrinoless double-beta decay ($0\nu\beta\beta$) represents a promising beyond Standard Model (BSM) process for studying the lepton number violation (LNV) effects at low energies and for understanding neutrino properties, especially the neutrino mass scale and whether neutrino is a Dirac or a Majorana fermion [1]. Neutrino oscillation experiments have successfully measured the squared mass differences among neutrino flavors [2]-[7], yet the nature of the neutrinos and the absolute neutrino mass cannot be obtained from such measurements. This has led to both theoretical and experimental efforts dedicated to the discovery of the $0\nu\beta\beta$ decay mode, as reflected in recent reviews on the subject [8]-[13]. The most studied mechanism is the exchange of light Majorana neutrinos in the presence of left handed (LH) weak interaction, but other possible mechanisms contributing to the total $0\nu\beta\beta$ decay rate are taken into consideration. Such mechanisms include the exchange of right-handed heavy neutrinos [14],[15], and mechanisms involving SUSY particles [10],[16]. To date, the $0\nu\beta\beta$ decay and the analysis of the same-sign dilepton decay channels at hadron colliders [17] are the best approaches to investigate these matters. Complementary information regarding the neutrino physics parameters can be obtained from large-baseline and new reactor neutrino oscillation experiments [18], and from cosmology [19].

Recent interest in $^{130}$Te for $0\nu\beta\beta$ decay experiments, such as CUORE [20], presents a pressing need for very accurate evaluation of the $0\nu\beta\beta$ nuclear matrix elements (NME) for this nucleus. Accurate NME are essential for guiding the experimental effort, for comparing with the experimental results of other decaying isotopes, and ultimately for extracting information about the decay mechanism, the neutrino mass scale, and the Majorana CP-violation phases.

The $0\nu\beta\beta$ lifetimes are usually expressed as a product of a leptonic phase space factor (PSF), a NME that depends on the nuclear structure of the parent and that of the daughter nuclei, and a LNV parameter related to the BSM mechanism considered. Precise calculations of the PSF and NME, together with accurate measurements of the $0\nu\beta\beta$ decay lifetimes, are all needed in order to obtain reliable limits for the LNV parameter.

The largest discrepancies in the theoretical studies of $0\nu\beta\beta$ decays are related to the calculated values of the NME that are currently investigated by several methods, of which the most employed ones are proton-neutron Quasi Random Phase Approximation (pnQRPA) [21]-[30], Interacting Shell Model (ISM) [31]-[40], Interacting Boson Model (IBM-2) [41]-[43], Projected Hartree Fock Bogoliubov (PHFB) [44], Energy Density Functional (EDF) [45], and the Relativistic Energy Density Functional (REDF) [46] method. There are still large differences among the NME calculated with different methods and by different groups, which has been a topic of many debates in the literature ([12]-[13]). Recent calculations of the PSF factors [47],[48] have been performed with higher accuracy, and differences were found when compared to the older calculations [49].

An important ingredient for accurate shell model calculations of nuclear structure and decay properties of nuclei is the nucleon-nucleon interaction. Realistic effective nucleon-nucleon ($nn$) interactions, derived from free $nn$ potentials, form the microscopic basis of shell model calculations [50]. However, these effective interactions often require additional fine-tuning to the available data to gain real predictive power. In this paper, we use a recently proposed shell model effective Hamiltonian (called SVD here) [51] for nucleons between the $Z, N \in [50, 82]$ shell closures with $0\gamma/2, 1d_{5/2}, 1d_{3/2}, 2s_{1/2}$ and $0h_{11/2}$ orbitals (called the $jj55$ model space). Before turning to the calculation of the $^{130}$Te $0\nu\beta\beta$ decay NME, we perform a series of nuclear structure tests of this Hamiltonian for the nuclei involved in the double-beta decays of $^{130}$Te and the nearby $^{136}$Xe. These tests include the energy spectra, the $B(E2)^\uparrow$ transition probabilities, the GT strengths, and the occupation probabilities for both neutrons and
protons. In a second step, we reanalyze the double-beta decay NME for $^{136}Xe$, which was recently described in the large $jj77$ model space that includes all spin-orbit partner orbitals. Unfortunately, the analysis of $^{130}Te$ double-beta decay NME in the larger $jj77$ model space is not yet feasible, and we try to assess if the restriction to the $jj55$ model space, and the use of the SVD fine-tuned shell-model Hamiltonian, can provide reasonable results. After evaluating the reliability of this Hamiltonian in the reduced $jj55$ model space, we calculate the $^{130}Te$ NME for both the light neutrino and the heavy neutrino exchange mechanisms. We then compare our shell-model results to the most recent NME results from other groups.

The paper is organized as follows. In the following Section we briefly present the formalism for NME involved in the expressions of $0\nu\beta\beta$ decay lifetimes via exchange of both light Majorana neutrinos and heavy neutrinos mechanisms. Section III presents a detailed study of the SVD nucleon-nucleon effective interaction for use in shell mechanisms. Section IV displays the theoretical spectra, Subsection III B the calculated $B(E2)$ values and Subsection III D the evaluated GT strengths. In subsection III E we show the NME from different groups in Section V. Section VI is dedicated to conclusions regarding the use of this new interaction, as well as remarks on the new NME obtained.

II. $0\nu\beta\beta$ DECAY NME FORMALISM

Considering the exchange of light left-handed neutrinos and heavy right-handed neutrinos, the following expression for $0\nu\beta\beta$ decay half-lives is a good approximation [36]:

$$\left[ T_{1/2}^{0\nu} \right]^{-1} = G^{0\nu} \left( |M^{0\nu}_{\nu,L}|^2 \eta_{\nu,L}^2 + |M^{0\nu}_{\nu,N}|^2 \eta_{\nu,N}^2 \right). \quad (1)$$

Here $G^{0\nu}$ is the phase space factor for this decay mode [47]-[49] that depends on the energy decay and nuclear charge (our $G^{0\nu}$ includes the $g_A^{1A}$ factor), $M^{0\nu}_{\nu,N}$ are the NME (normalized to be dimensionless), $\eta_{\nu,L}$ and $\eta_{\nu,N}$ are the neutrino physics parameters associated to the light neutrino exchange and the heavy neutrino exchange mechanisms, respectively. The neutrino physics parameters are [28, 36]:

$$\eta_{\nu,L} = \sum_k U_{ek}^2 \frac{m_k}{m_e}, \quad \eta_{\nu,N} = \left( \frac{M_{W_L}}{M_{W_R}} \right) \sum_k V_{ek}^2 \frac{m_p}{M_k}, \quad (2)$$

with $m_e$ being the electron mass and $m_p$ the proton mass. Here we assume that the neutrino mass eigenstates are separated as light, $m_k(m_k \ll 1 \text{eV})$, and heavy, $M_k(M_k \gg 1 \text{GeV})$. $U_{ek}$ and $V_{ek}$ are electron neutrino mixing matrices for the light left-handed and heavy right-handed neutrino, respectively [36],[52]. Using the experimental lifetimes data from two $0\nu\beta\beta$ decaying nuclei and assuming only contributions from these two non-interfering decay mechanisms, it is possible to obtain information about the neutrino physics parameters $\eta_{\nu,L}$ and $\eta_{\nu,N}$ [28].

The expressions for $M^{0\nu}_{\nu,N}$ have the following structure:

$$M^{0\nu}_{\nu,N} = M^{0\nu}_{\nu,T} - \left( \frac{g_V}{g_A} \right)^2 M^{0\nu}_{\nu,F} + M^{0\nu}_{\nu,T}, \quad (3)$$

where $g_V$ and $g_A$ are the Vector and the Axial-Vector coupling strengths, respectively, while $M^{0\nu}_{\nu,F}$ and $M^{0\nu}_{\nu,T}$ are the Gamow-Teller (GT), the Fermi($F$) and the Tensor($T$) components, respectively, defined as follows:

$$M^{0\nu}_{\alpha} = \sum_{m,n} \langle 0^+_T \parallel \tau_{-m} \tau_{-n} \parallel 0^+_m || 0^+_n \rangle \parallel 0^+_T \rangle, \quad (4)$$

where $O^{\alpha}_{mn}$ are transition operators ($\alpha = GT,F,T$) and the summation is over all the nucleon states. Explicit expressions for $M^{0\nu}_{\alpha}$ can be found in several papers, for example Ref. [39]. There are two conventions when dealing with the sign of the tensor contribution [25], which arise from the sign chosen in front of the second order Bessel function $j_2(qr)$ that appears in the radial part of the transition operator. Here we use the convention with the positive sign in front of $j_2(qr)$ leading to a positive sign of the tensor component in Eq. (3).

In our calculations, we have employed all the nuclear structure ingredients and parameters used in the recent literature [26]. Our method includes short range correlations (SRC), finite nucleon size effects (FNS), and higher order corrections of the nucleon current (HOC) [35]-[40].

III. ANALYSIS AND VALIDATION OF THE EFFECTIVE INTERACTION

For the shell model calculation of the $^{130}Te$ $0\nu\beta\beta$ decay NME, we need a suitable effective Hamiltonian, one which can reliably describe the structure of the nuclei involved in the decay. One option is to use an effective Hamiltonian in a large model space that includes the $0g_{7/2}, 0g_{9/2}, 1d_{5/2}, 1d_{3/2}, 2s_{1/2}, 0h_{9/2}$ and $0h_{11/2}$ orbitals (called $jj77$). This approach was successfully used in the case of $^{136}Xe$ [38]. However, the shell-model dimensions for $^{130}Te$ in this model space are too large for realistic shell model calculations. Another option is using the $jj55$ model and an effective Hamiltonian fine tuned to the experimental data. The effects of decreasing the model space by excluding the spin-orbit partners orbitals $0g_{7/2}$ and $0h_{11/2}$ are presented and discussed in this paper. We investigate the SVD Hamiltonian reported in [51], which was fine tuned using the experimental data for Sn isotopes, and we analyze how accurately it describes the nuclei of interest in this study by comparing to the available experimental data. This effective Hamiltonian was obtained starting with a realistic CD-Bonn
In the case of the initial nuclei, the SVD Hamiltonian compared the experimental data with the adopted ones (right columns). All level, except those denoted with subscript 2 \((0^+ - 6^+)\) states, \(B(E2)\) transition probabilities, occupation probabilities and the Gamow-Teller strengths. Finally, to properly validate the interaction for the calculation of the \(130^\text{Te}\) NME, we re-analyze the \(2\nu\beta\beta\) and the \(0\nu\beta\beta\) decay NME for \(136^\text{Xe}\).

### A. Spectra

The first study we perform with the SVD Hamiltonian is the comparison of the calculated energy spectra of \(130^\text{Te}, 130^\text{Xe}, 136^\text{Xe}\) and \(136^\text{Ba}\) with the experimental data available \([55, 56]\). Some of the energy levels could not be accurately identified in the experimental data, thus we omit them from our comparison.

![Energy Levels](image)

**FIG. 1.** The calculated energy levels for \(130^\text{Te}, 130^\text{Xe}, 136^\text{Xe}\) and \(136^\text{Ba}\) (left columns) compared to the experimentally determined ones (right columns). All level, except those denoted with subscript 2 \((0^+_2, 2^+_2, \text{and } 6^+_2)\), correspond to yrast states.

Fig. 1 presents the low-energy spectra calculated with the SVD Hamiltonian compared the experimental data. In the case of the initial nuclei, \(130^\text{Te}\) and \(130^\text{Xe}\), our shell model calculations tend to overestimate the experimental levels, while for the final nuclei, \(130^\text{Xe}\) and \(136^\text{Ba}\), our results are often below the experimental ones, but within a few hundred keV. We find this effective Hamiltonian to provide satisfactory results concerning the prediction of energies of the initial and the final nuclei.

### B. \(B(E2)\uparrow\) transitions

For the \(B(E2)\uparrow\) values calculated using the SVD Hamiltonian, we use the canonical neutron and proton charges \((e^{nl}_n = 0.5, e^{nl}_p = 1.5)\), and we compare with the adopted data \([57]\). The study of the \(B(E2)\uparrow\) values done in Ref. \([51]\) uses different neutron effective charges \((e^{nl}_n = 0.88e)\), but it is only for tin isotopes with no protons in the valence shell. The comparison between our calculated values and the adopted ones can be seen in Table I, where we show the \(B(E2)\uparrow\) values for seven nuclei of interest in our study. We notice a very good agreement between theory and experiment for \(136^\text{Xe}\) and \(136^\text{Ba}\), but not as good agreement for \(130^\text{Te}\) and \(130^\text{Xe}\), indicating perhaps the need of adjusting the effective charges.

### C. Occupation probabilities

In order to verify how suitable the effective SVD Hamiltonian is to reliably describe the nuclear structure aspects of the nuclei involved in our calculations, we also tested how accurately it describes the neutron vacancies for \(128^\text{Te}, 130^\text{Te}, 130^\text{Xe}\) and \(132^\text{Xe}\). Our results are compared to the latest experimental data reported in Ref. \([58]\). Although a good description of the experimental occupancies is necessary to validate the shell model calculations, it is not always sufficient for a reliable calculations of nuclear matrix elements \([59]\). Here we include them in the overall analysis together with the other spectroscopic observables discussed in this section.

Fig. 2 presents the calculated neutron vacancies in \(128^\text{Te}\) and in \(130^\text{Te}\), compared to the experimental results. One can notice that the predicted neutron vacancy in orbitals \(0g_{7/2}\) has not been experimentally confirmed, but also that the experimental sum of the vacancies exceeds the exact numbers 6 and 4 in the case of \(128^\text{Te}\) and \(130^\text{Te}\), respectively.

Fig. 3 shows the comparison between our calculations and the experimental results in the case of \(130^\text{Xe}\) and \(132^\text{Xe}\). The same observations regarding the \(0g_{7/2}\) orbitals are valid for these two nuclei, as for the case of Te isotopes. We find the agreement among the theoretical and the experimental data satisfactory for the purpose of our calculations.

In the case of the proton occupancies, there is no reliable experimental data for comparison. We present our theoretical results for proton occupancies in Fig. 4 for

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**TABLE I.** The calculated \(B(E2)\uparrow\) \((e^2b^2)\) values (first row) compared to the adopted ones (second row).

<table>
<thead>
<tr>
<th></th>
<th>(128^\text{Te})</th>
<th>(130^\text{Te})</th>
<th>(130^\text{Xe})</th>
<th>(132^\text{Xe})</th>
<th>(136^\text{Xe})</th>
<th>(136^\text{Ba})</th>
</tr>
</thead>
<tbody>
<tr>
<td>(B(E2)\uparrow\text{th.})</td>
<td>0.202</td>
<td>0.153</td>
<td>0.085</td>
<td>0.502</td>
<td>0.390</td>
<td>0.215</td>
</tr>
<tr>
<td>(B(E2)\uparrow\text{ad.})</td>
<td>0.380</td>
<td>0.297</td>
<td>0.207</td>
<td>0.634</td>
<td>0.468</td>
<td>0.217</td>
</tr>
</tbody>
</table>
FIG. 2. (Color online) Theoretical and experimental [58] neutron shell vacancies for $^{128}\text{Te}$ and $^{130}\text{Te}$.

FIG. 3. (Color online) Theoretical and experimental [58] neutron shell vacancies for $^{130}\text{Xe}$ and $^{132}\text{Xe}$.

$^{128}\text{Te}$, $^{130}\text{Te}$, $^{130}\text{Xe}$ and $^{132}\text{Xe}$.

FIG. 4. (Color online) Theoretical proton shell occupancies for $^{128}\text{Te}$, $^{130}\text{Te}$, $^{130}\text{Xe}$ and $^{132}\text{Xe}$.

D. GT strengths

The validation of the Gamow-Teller strength distribution is particularly relevant for a good description of double beta decay rates. Previous shell model calculations of $^{136}\text{Xe}$ [38] in the larger $jj77$ model space have successfully used the same value of the quenching factor observed for $pf$-shell nuclei [60], 0.74, to describe the $2\nu\beta\beta$ NME. As we have already mentioned in the beginning of Section III, the spin-orbit partners orbitals of $0g_{7/2}$ and $0h_{11/2}$ are missing in the $jj55$ model space, the Ikeda sum rule is not satisfied. This results in missing about half of the GT sum-rule, although the loss is at higher energies and cannot be seen in the insets of Fig. 5 and Fig. 6, which display the low-energy running GT strength sum. Both calculations use the same quenching factor, 0.74.

FIG. 5. (Color online) Calculated $^{130}\text{Te}$ GT strengths (solid line) compared to the experimental ones (dotted line)[61]. The inset presents the calculated and the experimental GT running sum.

FIG. 6. (Color online) Calculated $^{136}\text{Xe}$ GT strengths (solid line) compared to the experimental ones (dotted line)[62]. The inset presents the calculated and the experimental GT running sum.

Fig. 5 presents our calculated GT strengths, plotted
with solid black lines, for the transition of $^{130}\text{Te}$ to $^{130}\text{I}$ compared to the experimental results shown with dotted red line [61]. The running GT sum is displayed in the inset of the plot using the same line and colors convention as the GT strengths. Fig. 6 shows the calculated GT strengths of $^{136}\text{Xe}$ to $^{136}\text{Cs}$ compared to the experimental data [62]. Also displayed in the plot inset is the running GT sum. The same color and lines convention as in Fig. 5 has been used. Although there are discrepancies in the GT strength of individual states of these odd-odd nuclei, the overall theoretical GT running sums are in reasonable agreement with the data.

E. Analysis of the nuclear matrix elements for $^{136}\text{Xe}$

Shell model methods for calculating double-beta decay NME have successfully predicted the correct $2\nu\beta\beta$ decay lifetime of $^{48}\text{Ca}$ [63] prior to its experimental measurement. In this case, the typical $pf$-shell nuclei [60] Gamow-Teller quenching factor, 0.74, brings the calculated lifetimes within the experimental limits [36]. In addition, the same quenching factor was successfully used [38] to describe the $2\nu\beta\beta$ decay NME of $^{136}\text{Xe}$ in the larger model space $jj77$ that contains all spin-orbit partner orbitals. Using this value of the quenching factor in the $jj55$ model space for the calculation of the $^{130}\text{Te}$ and $^{136}\text{Xe}$ $2\nu\beta\beta$ decay NME, we obtain $M_{^1\nu\beta\beta}^{2\nu\text{Te}} = 0.0328\text{MeV}^{-1}$ and $M_{^2\nu\beta\beta}^{136\text{Xe}} = 0.0256\text{MeV}^{-1}$, respectively. The experimental results, $M_{^1\nu\beta\beta}^{2\nu\text{Te}} = 0.0342^{+0.0037}_{-0.0032}\text{MeV}^{-1}$ [64] and $M_{^{136}\nu\beta\beta}^{\text{Xe}} = 0.0218 \pm 0.0003\text{MeV}^{-1}$ [65], would indicate the need for slightly smaller values of the quenching factor for both nuclei, $q_{f_{^1\nu\beta\beta}^{2\nu\text{Te}}} = 0.71$ and $q_{f_{^{136}\nu\beta\beta}^{\text{Xe}}} = 0.68$. This is could be an artifact due to the missing spin-orbit partner orbitals in the $jj55$ model space. However, this effect seems to be smaller for the SVD Hamiltonian than when using other effective interactions (see e.g. Table 2 of [66] and $jj55$ restricted results in [38]).

A beyond closure approach for the analysis of the $0\nu\beta\beta$ NME of $^{130}\text{Te}$ is currently out of reach due to the huge dimensions of the model space. Therefore, we test the SVD Hamiltonian for $^{136}\text{Xe}$ in the smaller $jj55$ model space, for which we can perform several decompositions of the NME [39, 67]. The validation of the results for $^{136}\text{Xe}$ using this interaction would make us confident in its reliable use for the calculation of the $0\nu\beta\beta$ NME of $^{130}\text{Te}$. In addition, we use a recently proposed method [67] to obtain the optimal closure energy [39] for $^{130}\text{Te}$ by calculating the optimal closure energy for $^{136}\text{Xe}$, and we find $\langle E \rangle = 3.5 \text{ MeV}$. Similar to the analysis of $^{82}\text{Se}$ in Ref. [39], we perform a beyond closure study of $^{136}\text{Xe}$ NME. Fig. 7 shows the Gamow-Teller and the Fermi (multiplied by the factor $(g_V/g_A)^2$) beyond closure light neutrino exchange NME calculated for a fixed spin and parity $J^\pi_\nu$ of the intermediate states $|\kappa\rangle$ [37] ($J^\pi_\kappa$-decomposition). The total NME is the sum over all the spin contributions:

$$M_\alpha = \sum_{J^\pi_\kappa} M_\alpha(J^\pi_\kappa).$$

Similar to most other calculations of the $0\nu\beta\beta$ NME, we do not use any quenching in the calculations. However, as discussed in Ref. [67], one can use this decomposition to selectively quench contributions from different $J^\pi_\kappa$, if the corresponding quenching factors could be determined. Recent theoretical efforts have been made attempting to describe the NME quenching as an effect of the two-body currents [68], or via an effective transition operator [69]. The relative sign of the Fermi matrix elements is opposite to that of the and Gamow-Teller matrix elements. Therefore, according to Eq. (3), the total size of each bar in Fig. 7 roughly corresponds to the total NME for a given $J^\pi_\kappa$ (the contributions of the Tensor NME are negligibly small, as seen in Table II). Such decompositions within the shell model approach are new [37, 39, 67], but similar QRPA results are available for some nuclei. We could not find any QRPA results for $^{136}\text{Xe}$, but a $J^\pi_\kappa$-decomposition for $^{130}\text{Te}$ was given in Ref. [23].

The analysis of the $0\nu\beta\beta$ NME can be further developed by looking to the decomposition of the NME over the angular momentum $I$ of the proton (or neutron) pairs (see Eq. (B4) in Ref. [37]) ($I$-pair decomposition). In this case, the NME can be written as $M_\alpha = \sum_I M_\alpha(I)$, where $M_\alpha(I)$ represent the contribution from each pair-spin $I$ to the $\alpha$ part of the NME. Fig. 8, presents this decomposition for the light neutrino exchange mechanism, where one can see the cancellation between $I = 0$ and $I = 2$, similar to the case of $^{82}\text{Se}$ in Ref. [39] and $^{48}\text{Ca}$ in Ref. [37]. We extend this analysis to the case of heavy neutrino-exchange mechanism and we find a behavior similar to that of the light neutrino exchange mechanism. Fig. 9 presents the the Gamow-Teller and the Fermi (multiplied by the factor $(g_V/g_A)^2$) beyond closure heavy neutrino exchange matrix elements calculated for a fixed spin and parity $J^\pi_\nu$ of the intermediate states $|\kappa\rangle$. Fig. 10 displays the $I$-pair decomposition for the heavy neutrino exchange mechanism.

$F$. Analysis of the nuclear matrix elements for $^{136}\text{Xe}$

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FIG. 8. (Color online) I-pair decomposition: contributions to the running nonclosure Gamow-Teller and Fermi matrix elements for the $0\nu\beta\beta$ decay of $^{136}$Xe (light neutrino exchange) from the configurations when two initial neutrons and two final protons have a certain total spin $I$ and parity (positive or negative). CD-Bonn SRC parameterization was used.

FIG. 9. (Color online) Same as Fig. 7, here for $^{136}$Xe heavy neutrino.

The calculated values for the $0\nu\beta\beta$ decay NME of $^{136}$Xe are presented in Table II, where we show the Gamow-Teller, the Fermi, and the Tensor contributions. The weak coupling strengths used in the calculations are $g_V = 1$ and $g_A = 1.254$. For both light and heavy neutrino exchange mechanisms, we use two recent SRC parameterizations (derived from the Argonne-V18 and CD-Bonn potentials [26]). One can see that the effect of choosing different SRC parameterizations on the value of the NME is about 10% in the case of the light neutrino exchange mechanism, and about 30% in the heavy neutrino exchange scenario (the transition operator is short-range).

IV. NUCLEAR MATRIX ELEMENTS FOR $^{130}$Te

Having investigated the SVD Hamiltonian for $^{136}$Xe in the previous section, we calculate the NME for the $^{130}$Te. Table II presents the NME for $^{130}$Te alongside $^{136}$Xe, where two prescriptions for the short-range correlations, Argonne-V18 and CD-Bonn, were used. We show values for each contribution ($M^\nu_{GT}$, $M^\nu_F$, and $M^\nu_T$), together with the total NME ($M^\nu_N$) for both light and heavy neutrino exchange mechanisms. As one can see, the tensor contribution is negligible in the case of light neutrino exchange, while in the case of heavy neutrino exchange it is noticeable, but still very small. Also, in the case of $^{130}$Te and $^{136}$Xe, the tensor contribution leads to an increase in the value of the total NME. The following Section is dedicated to discussions on how the results presented here in Table II for $^{130}$Te and $^{136}$Xe compare to other NME results reported in the literature.

Similar to the $^{136}$Xe case, we perform an I-pair decomposition of the closure $^{130}$Te nuclear matrix elements. The optimal closure energy is $\langle E \rangle = 3.5\,\text{MeV}$ and $g_A = 1.254$. The I-pair decomposition has been available from both QRPA [25] and shell model calculations [70]. Figure 11 shows this decomposition of the NME for the light neutrino exchange mechanism. We observe that most of the contribution is from the pairs coupled to spin $I = 0$ and $I = 2$. The Fermi components are multiplied by a factor $(g_V/g_A)^2$, such that the size of each bar corresponds approximately to the total NME value for a

FIG. 10. (Color online) Same as Fig. 8, here for $^{136}$Xe heavy neutrino.

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<th>$N$</th>
<th>AV18</th>
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<td>1.66</td>
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<tr>
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<td>1.94</td>
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</tbody>
</table>

TABLE II. The NME for the light neutrino ($\nu$) and the heavy neutrino ($N$) exchange mechanism obtained with Argonne-V18 (AV18) and CD-Bonn SRC parameterizations, $\langle E \rangle = 3.5\,\text{MeV}$ and $g_A = 1.254$. |
specific spin $I$ of the pairs. Figure 12 presents the same decomposition of the NME for the heavy neutrino exchange mechanism. In this case the main contribution to the total NME also comes from the pairs coupled to spin $I = 0$ and $I = 2$. This behavior seems to be universal, and it was recently used to propose an alternative method of calculating the NME [71] that could be further validated using information from pair transfer reactions.

V. COMPARISON TO OTHER NME REPORTED RECENTLY

Figs. 13 and 14 show an overview of the most recent NME values calculated with ISM, QRPA and IBM-2 methods for five nuclei of immediate experimental interest and relevant for extracting neutrino properties. To keep our figures simple, we have only selected methods that includes correlations similar to the shell-model[72], and also provide results for the heavy neutrino case. For the case of light neutrino, there are results from more methods, mentioned in the Introduction and presented e.g. in Fig. 6 of Ref. [46].

We also notice the new light neutrino QRPA results for $^{130}$Te and $^{136}$Xe reported in [29], which are very close to our shell model calculations. As a general trait, the ISM light neutrino results are different, usually by a factor of two, from other methods. In the case of the heavy neutrino, our shell model results are much closer to the IBM-2 ones, but still different from QRPA calculations by a factor of two. Due to the short-range nature of the heavy neutrino operator, we find an increased dependency of the results on the SRC parameterization employed.

In Fig. 13 we show a comparison of the different light neutrino NME recently reported by different groups using the most recent update of their calculation. ISM-CMU are the shell model results of our group obtained with Argonne-V18 and CD-Bonn SRC. For $^{48}$Ca, the results are taken from [37] and [74]. The $^{76}$Ge NME are from [67], while the $^{82}$Se results are from [39]. The $^{130}$Te values are from this work. $^{136}$Xe NME results are from [38] and from Table II. ISM-StMa denote the interacting shell model results of the Strasbourg-Madrid group published in [33], which were obtained using UCOM SRC. QRPA-Tu are the QRPA results of the Tuebingen group and the NME are selected from their very recent paper [30], for Argonne-V18 and CD-Bonn SRC parameterizations. QRPA-Jy represent the QRPA calculations of the Jyvaskyla group, and their results are taken from [27], where SRC is taken into account using UCOM. QRPA-
TABLE III. The calculated light neutrino 0νββ decay NME obtained with different nuclear structure methods. Two NME values separated by the slash sign denote the results obtained with Argonne-V18 and with CD-Bonn SRC, respectively. A single NME value means that it was calculated using UCOM SRC.

<table>
<thead>
<tr>
<th></th>
<th>48Ca</th>
<th>76Ge</th>
<th>82Se</th>
<th>130Te</th>
<th>136Xe</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBM-2</td>
<td>2.28/2.38</td>
<td>5.98/6.16</td>
<td>4.84/4.99</td>
<td>4.47/4.61</td>
<td>3.67/3.79</td>
</tr>
<tr>
<td>QRPA-UNC</td>
<td>5.09/5.53</td>
<td>4.57</td>
<td>1.37/1.38</td>
<td>1.55/1.68</td>
<td>3.35</td>
</tr>
<tr>
<td>QRPA-Jy</td>
<td>5.52</td>
<td>4.64/5.02</td>
<td>3.89/4.37</td>
<td>2.18/2.46</td>
<td></td>
</tr>
<tr>
<td>QRPA-Tu</td>
<td>0.54/0.59</td>
<td>5.16/5.56</td>
<td>2.64</td>
<td>2.65</td>
<td>2.19</td>
</tr>
<tr>
<td>ISM-StMa</td>
<td>0.85</td>
<td>2.81</td>
<td>3.19/3.39</td>
<td>1.79/1.93</td>
<td>1.63/1.76</td>
</tr>
<tr>
<td>ISM-CMU</td>
<td>0.80/0.88</td>
<td>3.37/3.57</td>
<td>1.30</td>
<td>1.46</td>
<td>94.5/136 98.8/143</td>
</tr>
</tbody>
</table>

TABLE IV. The calculated heavy neutrino 0νββ decay NME obtained with different nuclear structure methods. The two NME values separated by the slash sign denote the results obtained with Argonne-V18 and with CD-Bonn SRC, respectively. A single NME value means that it was calculated using UCOM SRC.

<table>
<thead>
<tr>
<th></th>
<th>48Ca</th>
<th>76Ge</th>
<th>82Se</th>
<th>130Te</th>
<th>136Xe</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBM-2</td>
<td>46.3/76.0</td>
<td>107/163</td>
<td>84.4/132</td>
<td>92.0/138</td>
<td>72.8/109</td>
</tr>
<tr>
<td>QRPA-Tu</td>
<td>40.3/66.3</td>
<td>287/433</td>
<td>262/394</td>
<td>264/400</td>
<td>152/228</td>
</tr>
<tr>
<td>ISM-StMa</td>
<td>56.5</td>
<td>132.7</td>
<td>122.4</td>
<td>144.2</td>
<td>114.9</td>
</tr>
<tr>
<td>ISM-CMU</td>
<td>52.9/75.5</td>
<td>126/202</td>
<td>127/187</td>
<td>94.5/136</td>
<td>98.8/143</td>
</tr>
</tbody>
</table>

FIG. 14. (Color online) Comparison of heavy neutrino exchange 0νββ NME obtained with different nuclear structure methods. Columns left to right correspond to down to up in the legend box. UNC show the QRPA results of the University of North Carolina group [29], where SRC were omitted. The IBM-2 are NME from the Yale group [43], for Argonne-V18 and CD-Bonn SRC parameterizations.

Fig. 14 presents the heavy neutrino NME obtained with three different methods. The results use the same conventions and parameters as those presented in Fig. 13. ISM-CMU results are from Ref. [37] for 48Ca, Ref. [67] for 76Ge, Ref. [39] for 82Se, present work for 130Te, and present work and [38] for 136Xe. ISM-StMa results are chosen from [75], QRPA-Tu are results from [30], and IBM-2 are results from [43].

Table III shows the NME displayed in Fig. 13 for the the light neutrino exchange. The references and notations correspond to those in the figure.Displayed in Fig. 13, but not presented in Table III, are the ISM-CMU values 1.30 for 48Ca [74] obtained with an effective 0νββ operator, and 1.46 for 136Xe [38] calculated in the larger jj77 model space. One should also mention that for 76Ge the ISM-StMa group fixed their effective Hamiltonian to describe the experimental proton and neutron occupancies, and their NME for Argonne-V18 and CD-Bonn SRC are 3.33 and 3.52, respectively [76], in good agreement with our values in Table III.

In Table IV we list the NME displayed used in Fig. 14 for the the heavy neutrino exchange. The choice of parameterizations and ingredients is identical to the one in Table III. There are less reported results for the heavy neutrino exchange mechanism than for the light neutrino exchange, for reasons explained above we only present the results obtained with IBM-2, QRPA and ISM methods. Also, in this scenario, we encounter the largest uncertainties and variations in the NME values, mainly due to the stronger dependency on the SRC parameterization used in the calculations.

VI. CONCLUSIONS

In this paper, we calculate the 0νββ decay NME for 136Te in the jj55 model space. We use an effective Hamiltonian that was fine-tuned with experimental data, reported in Ref. [51]. Two decay mechanisms are considered: the light left-handed neutrino exchange and the heavy right-handed neutrino exchange. We report new 136Te NME in the range 1.79 – 1.93 for light neutrino and 94.5 – 136 for heavy neutrino.

Additional to the new NME results, we provide a detailed analysis and validation of the effective Hamiltonian by performing calculations of several spectroscopic quantities (energy spectra, $B(E2)\uparrow$ transitions, occupation probabilities and GT strengths) and comparing them to the available experimental data. We find good agreement
with the data for the nuclei of interest.

We perform calculations of the $2\nu\beta\beta$ decay NME of $^{130}$Te and $^{136}$Xe, where we find newer quenching factors that bring the calculations within the experimental result limits. These values are higher than the ones previously proposed for the $jj55$ model space in Ref. [66]. When comparing to the more complex calculations performed within a larger model space (the $jj77$ from Ref. [38], we obtain slightly larger $2\nu\beta\beta$ and $0\nu\beta\beta$ decay NME. This is an effect attributed to the missing spin orbit partners in the $jj55$ model space.

We present the analysis of the $^{136}$Xe nonclosure NME, where we investigate the $J_\kappa$-decomposition and the $I$-pair decomposition. Also provided, is an analysis of the $I$-pair decomposition for the $^{130}$Te closure NME. In both nuclei, the main contribution to the NME value is identified as arising from the cancellation between $I = 0$ and $I = 2$ pairs, similar to the case of $^{48}$Ca [37] and $^{82}$Se [39].

We also present an overview of the NME for both light neutrino and heavy neutrino exchange reported in the literature, calculated using different methods. We noticed the new QRPA-UNC light neutrino results for $^{130}$Te and $^{136}$Xe that are close to our ISM results. In the case of heavy neutrino, we get similar results to IBM-2.

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