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Elastic quantum spin-Hall effect in Kagome lattices

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A mechanical analogue to the Quantum Spin-Hall Insulator (QSHI) is implemented into a simple mass-spring Kagome lattice. The transition from the trivial state to the topological one is described by an invariant Chern number function of a contrast parameter. The band diagram and helical edge states characteristic of QSHI are obtained by a combination of numerical and analytical methods. In particular, these states are shown to be Stoneley wave solutions to a set of asymptotic continuous motion equations. Last, scatterless propagation of polarized topological edge waves around sharp corners is demonstrated and robustness is assessed through a parametric study.

I. INTRODUCTION

Similarities between the equations governing the physics of periodic lattices, whether acoustic, phononic, photonic or electronic, have allowed for establishing a sort of dictionary whereby wave phenomena occurring in one type of lattices can be translated, adapted and observed in other types of lattices as well.^{1–3} Recently, based on an analogy between the Hamiltonian of an electron in a crystal and the dynamical/stiffness matrix of a mechanical lattice, the concept of mechanical topological insulators has emerged.⁴ Like their electronic predecessors,^{5,6} they exhibit an insulating bulk and conducting polarized edge states immune to back-scattering by defects and corners. Edges of topological insulators thus constitute a novel class of superior waveguides with exceptionally robust transmission.

Phases of topological insulators are classified based on a quantized invariant, namely the Chern number, attached to a bulk bandgap. As long as the gap remains open, perturbing the constitutive and geometric parameters will have no influence on the qualities of the insulator which will therefore remain in the same phase with the same Chern number.^{5,6} Conversely, changing the phase of an insulator requires closing the gap. Accordingly, lattices exhibiting Dirac cones, whereby two bands touch along a single point, are in a critical state: small perturbations that lift the degeneracy can toggle the lattice between a trivial phase with a zero Chern number and a topological phase with a non-zero Chern number. For the specific class of Quantum Spin-Hall Insulators (QSHI), the critical state exhibits in fact a double Dirac cone with a quadruple degeneracy. This suggests that designing a quantum-spin Hall insulator can be carried out in two steps: first, construct a lattice with a double Dirac cone. Second, classify perturbations that lift the degeneracy by their induced Chern numbers. It is noteworthy that QSHI-inducing perturbations must preserve time-reversal symmetry. In contrast, Quantum Hall Insulators (QHI) necessitate perturbations that break timereversal symmetry and thus include non-time-invariant active components.^{2,7–10} Other topological phases such as the Quantum Valley-Hall Insulator (QVHI) are based on breaking or keeping other spatial symmetries such as inversion, C_3 or C_6 symmetry.^{11–17}

Starting with a lattice exhibiting two Dirac cones, a double Dirac cone can be obtained by one of two ways. If the two initial cones have different frequencies, then the geometric and constitutive parameters of the lattice need to be optimized so as to bring the two cones arbitrarily close to one another.^{18,19} Alternatively, if the two initial cones have the same frequency, Brillouin zone folding techniques can be used to superimpose the two cones.^{20–25} In comparison, the second technique is simpler to implement, especially in hexagonal lattices that, due to symmetry, exhibit by default two Dirac cones at K and K' points which, by folding, end up laying on top of one another at the Γ point.

In this letter, a mechanical analogue of the QSHI is realized in a hexagonal Kagome lattice using the Brillouin zone folding technique. Note that previous demonstrations of the mechanical QSHI either used complicated bilayered unit cell designs,^{4,26} or full plate models with coupled in-plane and out-of-plane modes.^{18,19,25} The virtue of the present design resides in its simplicity: it is singlelayered, has a limited number of Degrees Of Freedom (DOF) per unit cell and is genuinely two-dimensional with no out-of-plane components. By its simplicity, the used model is highly idealized as it features massless linear springs connecting rigid masses. However, there is a wellestablished equivalence between discrete and continuum systems; thus, the characteristics of the suggested lattice can guide the design of a more realistic system based on beam lattices^{13,15} or periodically textured plates.¹⁴

In what follows, the QSHI, in terms of its bulk and edge spectra, associated polarized edge states, their shapes and decay speeds, is characterized using a continuum asymptotic homogenized model further consolidated by numerical simulations. Of particular interest, is the demonstrated ability of the edge of the QSHI to propagate scatterless edge states around corners and defects. Finally, we assess the robustness of the QSHI. Most importantly, we show that the present QSHI is superior to the QVHI analyzed in a previous paper:¹⁷ when the QVHI exhibits significant backscattering at corners of specific angles, the QSHI remains immune.



Figure 1. The perturbed Kagome lattice (a) and a magnified view of its unit cell (b). Edges are springs of constant k_1 if blue, k_2 if red.

II. COMPLETE MODEL

Consider the Kagome lattice annotated on Figure 1a. It is periodic invariant by translation along vectors \mathbf{r}_1 , \mathbf{r}_2 , \mathbf{r}_3 and any integer combination thereof. Its dispersion diagram, eigenfrequencies and natural modes can be derived by analyzing the motion of one unit cell (Figure 1b) under Floquet-Bloch boundary conditions. Thus, let \mathbf{q} be a wavenumber, and \mathbf{u}_j be the displacement vector of mass number j, then the boundary conditions are

$$u_{12} = Q_1 u_7, \quad u_{10} = Q_2 u_8, \quad u_{11} = Q_3 u_9, \quad (1)$$

with $Q_j = e^{i\langle \boldsymbol{q}, \boldsymbol{r}_j \rangle}$. Accordingly, the motion equation of mass 1 for instance can be written as

$$-\omega^2 m \boldsymbol{u}_1 = k_1 \langle \boldsymbol{u}_2 - \boldsymbol{u}_1, \boldsymbol{r}'_1 \rangle \boldsymbol{r}'_1 + k_1 \langle \boldsymbol{u}_6 - \boldsymbol{u}_1, \boldsymbol{r}'_2 \rangle \boldsymbol{r}'_2 + k_2 \langle Q_2 \boldsymbol{u}_8 - \boldsymbol{u}_1, \boldsymbol{r}'_1 \rangle \boldsymbol{r}'_1 + k_2 \langle \boldsymbol{u}_7 - \boldsymbol{u}_1, \boldsymbol{r}'_2 \rangle \boldsymbol{r}'_2, \quad (2)$$

where k_1 and k_2 are spring constants and m is mass. In matrix form, this reads

$$-\omega^2 m \boldsymbol{u}_1 = (k_1 + k_2)(\boldsymbol{r}'_{11} + \boldsymbol{r}'_{22})\boldsymbol{u}_1 - k_1 \boldsymbol{r}'_{11} \boldsymbol{u}_2 - k_1 \boldsymbol{r}'_{22} \boldsymbol{u}_6 - k_2 \boldsymbol{r}'_{22} \boldsymbol{u}_7 - k_2 Q_2 \boldsymbol{r}'_{11} \boldsymbol{u}_8 \quad (3)$$

or more compactly

$$-\omega^2 m \begin{bmatrix} \boldsymbol{u}_1 \end{bmatrix} = -L_1 \begin{bmatrix} \boldsymbol{u}_1 \\ \vdots \\ \boldsymbol{u}_9 \end{bmatrix}$$
(4)

where L_1 is a 2 × 18 matrix whose entries can be deduced from (3) with

$$\boldsymbol{r}_1 = \begin{bmatrix} 0\\1 \end{bmatrix}, \quad \boldsymbol{r}_2 = \begin{bmatrix} -\sqrt{3}/2\\1/2 \end{bmatrix}, \quad \boldsymbol{r}_3 = \begin{bmatrix} \sqrt{3}/2\\-1/2 \end{bmatrix}, \quad (5)$$

and

$$\boldsymbol{r}_{1}^{\prime} = \begin{bmatrix} 1\\ 0 \end{bmatrix}, \quad \boldsymbol{r}_{2}^{\prime} = \begin{bmatrix} -1/2\\ \sqrt{3}/2 \end{bmatrix}, \quad \boldsymbol{r}_{3}^{\prime} = \begin{bmatrix} -1/2\\ -\sqrt{3}/2 \end{bmatrix}, \quad (6)$$

and finally

$$\boldsymbol{r}_{jj}' = \boldsymbol{r}_{j}' \boldsymbol{r}_{j}'^{T}.$$
 (7)

By carrying similar calculations for the eight other masses, the motion equation can be put in the form

$$-\omega^2 m \begin{bmatrix} \boldsymbol{u}_1 \\ \vdots \\ \boldsymbol{u}_9 \end{bmatrix} = - \begin{bmatrix} L_1 \\ \vdots \\ L_9 \end{bmatrix} \begin{bmatrix} \boldsymbol{u}_1 \\ \vdots \\ \boldsymbol{u}_9 \end{bmatrix}$$
(8)

or, more symbolically,

$$\omega^2 m \Phi = H \Phi. \tag{9}$$

In a non-dimensional form, this becomes

$$\Omega^2 \Phi = \hat{H} \Phi, \quad \hat{H} = H/k, \quad \Omega^2 = \omega^2 m/k, \tag{10}$$

with $k = (k_1 + k_2)/2$. Last, the associated dispersion diagram is deduced from the zero-determinant condition

$$\det(\hat{H} - \Omega^2 I) = 0 \tag{11}$$

where I is the 18×18 identity matrix.

The host Kagome spring-mass lattice is illustrated in Figure 2a and initially has three masses per unit cell totaling six DOFs. It further exhibits two inequivalent Dirac cones with the same frequency at the corners Kand K' of the Brillouin zone shown on Figure 2b. By folding the Brillouin zone along the bisectors of ΓK and $\Gamma K'$, these two Dirac cones will form together a double Dirac cone at the Γ point. The resulting folded diagram along with the folding motion are shown on Figure 2c. The folding can be induced by periodically perturbing the constants of the springs with nearly twice the original space period. Here, a star-shaped perturbation is adopted



Figure 2. The Kagome lattice: (a) homogeneous configuration; (b) its dispersion diagram featuring two Dirac cones between the fifth and sixth bands at K and K'; (c) folded dispersion diagram featuring a double Dirac cone at the Γ point; (d) the corresponding perturbed configuration. Note that diagram (c) correspond to the lattice in (d) only in the limit $k_1 = k_2$.

as depicted on Figure 2d. A unit cell now has nine masses for a total of 18 DOFs.

Let $\beta = (k_1 - k_2)/(k_1 + k_2)$ denote the relative contrast between spring constants. For $\beta = 0$ and $k_1 = k_2$ a reduced unit cell with only three masses and six DOFs can be chosen as in Figure 2a. The resulting dispersion diagram is plotted on Figure 2b and exhibits two inequivalent Dirac cones with the same normalized frequency $\Omega_o = \sqrt{3(3 + \sqrt{5})}/2$ at the corners K and K' of the Brillouin zone. By folding the Brillouin zone along the bisectors of ΓK and $\Gamma K'$, these two Dirac cones will form together a double Dirac cone at the Γ point. The resulting folded diagram along with the folding motion are shown on Figure 2c. The folding can be induced by periodically perturbing the constants k_1 and k_2 of the springs so that the choice of the unit cell highlighted on Figure 2d becomes necessary.

The folded dispersion diagram of Figure 2c corresponds to the case where β is infinitely close to 0. The four-fold degeneracy of the double cone is partially lifted for nonzero β values and breaks into two two-fold degeneracies with frequencies Ω_p for modes $p_{1,2}$ and Ω_d for modes $d_{1,2}$; see Figure 3a,b. Modes $d_{1,2}$ have zero displacements at the boundaries of the unit cell and have pairs of diametrically opposed masses moving in phase. Conversely, modes $p_{1,2}$ have maximum displacements at the boundaries of the unit cell and have pairs of diametrically opposed masses moving in opposition of phase. Last, for $\beta > 0$, modes $p_{1,2}$ have a lower frequency $\Omega_p < \Omega_d$ than modes $d_{1,2}$ as they solicit mainly the softer of the two springs with constant k_2 . As β decreases however and crosses 0, frequencies and modes exchange places as the softer and stiffer springs exchange places. This band inversion phenomenon illustrated on Figure 3 is symptomatic of a topological phase transition occurring between a trivial and a non-trivial state and is investigated next in terms of an asymptotic model.

III. ASYMPTOTIC MODEL

When β is close to 0, q to 0 and Ω to the double Dirac cone frequency Ω_o , the displacement field Φ approaches the space spanned by the degenerate eigenmodes (p_1, p_2, d_1, d_2) at $(q = 0, \Omega = \Omega_o)$. Accordingly, there exists four complex numbers interpreted as generalized coordinates $(\xi_1, \xi_2, \zeta_1, \zeta_2)$ such that

$$\Phi = \xi_1 p_1 + \xi_2 p_2 + \zeta_1 d_1 + \zeta_2 d_2 + \delta \Phi, \quad \|\delta\Phi\| \ll \|\Phi\|, \quad (12)$$

where $\delta \Phi$ gathers first order corrections to the displacements of the mode Φ . Introducing the reduced coordinate vector ϕ and the projector matrix P given by

$$\phi = \begin{bmatrix} \xi_1 \\ \zeta_1 \\ \xi_2 \\ \zeta_2 \end{bmatrix}, \quad P = \begin{bmatrix} p_1 \ d_1 \ p_2 \ d_2 \end{bmatrix}$$
(13)

one can write

$$\Phi = P\phi + \delta\Phi. \tag{14}$$

In a similar manner, the dynamical matrix \hat{H} can be Taylor expanded as

$$\hat{H} = \hat{H}_o + \delta \hat{H},\tag{15}$$

with $\hat{H}_o = \hat{H}(q = 0, \beta = 0)$ being the leading order dynamical matrix at zero contrast and at the double Dirac cone and

$$\delta \hat{H} = \beta \partial_{\beta} \hat{H} + q_x \partial_{q_x} \hat{H} + q_y \partial_{q_y} \hat{H}$$
(16)

being its first order correction composed of two terms: one due to the presence of a small non-zero contrast β , the other due to a small non-zero wavenumber $\mathbf{q} = (q_x, q_y)$.

Substituting all expansions into the motion equation leads to

$$(\hat{H}_o + \delta\hat{H})(P\phi + \delta\Phi) = (\Omega_o^2 + \delta\Omega^2)(P\phi + \delta\Phi) \quad (17)$$

which simplifies into

$$\delta \hat{H} P \phi + \hat{H}_o \delta \Phi = \Omega_o^2 \delta \Phi + \delta \Omega^2 P \phi. \tag{18}$$

Applying the projector P to the above equation finally entails

$$P^{\dagger}\delta\hat{H}P\phi = \delta\Omega^2 P^{\dagger}P\phi, \qquad (19)$$



Figure 3. Band inversion: dispersion diagrams for $\beta = 0.1$ (a) and $\beta = -0.1$ (b). As $\beta \neq 0$, the four-fold degeneracy breaks into two two-fold degeneracies. The mass trajectories of the degenerate eigenstates are illustrated in (c) along with their polarizations: a solid green dot corresponds to the initial position of the mass and an orange dot corresponds to the position at a later small time. Black dots correspond to non-moving masses.

where $P^{\dagger}P$ is the 4 × 4 identity matrix by orthogonality of the eigenmodes and the effective dynamical matrix $\delta h \equiv P^{\dagger} \delta \hat{H} P$ is evaluated to be

$$\delta h = \begin{bmatrix} \delta h^+ & 0\\ 0 & \delta h^- \end{bmatrix},\tag{20}$$

with

δ

$$\dot{h}^{+} = \begin{bmatrix} -a\beta & b(\delta q_x + i\delta q_y) \\ * & \beta \end{bmatrix}, \qquad (21)$$

and

$$\delta h^{-} = \begin{bmatrix} -a\beta & -b^{*}(\delta q_{x} - i\delta q_{y}) \\ * & \beta \end{bmatrix}, \qquad (22)$$

Here, $a \approx 3.7$ and $b \approx 0.17 - 0.32i$ are non-dimensional numerical factors function of the geometry of the lattice.

Analytical approximations to the dispersion diagram near the double Dirac cone can be derived thanks to the zero-determinant condition now written in terms of δh instead of H (Figure 3). It reads

$$2\Omega_o(\Omega - \Omega_o) = \frac{1-a}{2}\beta \pm \sqrt{\left(\frac{1+a}{2}\right)^2 \beta^2 + |b|^2 (q_x^2 + q_y^2)}.$$
(23)

and describes a cone in the case $\beta = 0$. For $\beta \neq 0$, the eigenfrequencies of the modes $d_{1,2}$ and $p_{1,2}$ can be deduced by letting $q_x = q_y = 0$:

$$\Omega_d = \Omega_o + \frac{\beta}{2\Omega_o}, \quad \Omega_p = \Omega_o - \frac{a\beta}{2\Omega_o}.$$
 (24)

The topological invariant, namely the Chern number, can be calculated according to $^{18}\,$

$$c = \frac{1}{2\pi} \iint_{BZ} F(q) \, \mathrm{d}q_x \, \mathrm{d}q_y, \quad F(q) = -i\nabla_q \times \langle \Psi, \nabla_q \Psi \rangle,$$
(25)

for $\beta \neq 0$. Therein, Ψ is the eigenmode of matrix δh^+ with the highest eigenvalue. We find c = 0 for $\beta > 0$ and $c = \pm 1$ for $\beta < 0$ confirming indeed the occurrence of a topological phase transition from a trivial state ($\beta > 0$) to a topological one ($\beta < 0$) as β crosses 0 and the bands are inverted.

IV. EDGE AND INTERFACE STATES

A. Numerical analysis

By the bulk-edge correspondence principle, the total bulk bandgap for a topological lattice, i.e., with $\beta < 0$, will host a pair of helical states localized at edges with opposite polarizations and opposite directions of propagation. To confirm this behavior, the bulk and edge spectra for β positive and negative are plotted on Figure 4 for a finite slab under free boundary conditions in the ydirection and under Floquet-Bloch boundary conditions in the x-direction. It is then seen that a pair of edge states populate the bulk bandgap in the case $\beta < 0$ confirming the predictions of the bulk-edge correspondence principle and that the phase with $\beta < 0$ (resp., $\beta > 0$) is topological (resp., trivial). These edge states are helical or elliptically polarized with opposite polarizations and opposite propagation directions. It is worth mentioning that these edge states are not completely gapless as would be expected in a genuine QSHI. Here, due to the breaking of C_6 symmetry near boundaries, a small edge bangap appears and is expected to be as small as β is.



Figure 4. Bulk and edge spectra of a finite sample of 20 unit cells under free (resp., periodic) boundary conditions in the *y*-direction (resp., *x*-direction) for $\beta = 0.1$ (a) and $\beta = -0.1$ (b). In the latter case, edge modes exist and the corresponding mass trajectories are illustrated on (c) for $q = \pm 0.5$.

In a similar fashion, we calculated the edge states localized at the interface between two lattices with opposite contrast (Figure 5a). The sample is composed of 40 unit cells with periodic boundary conditions in the x-direction and free boundary conditions in the y-direction. The first half of the unit cells below the interface y = 0 has a negative contrast whereas the second half, above y = 0, has a positive contrast. On Figure 5b, the bulk and edge spectra are illustrated. The mass trajectories corresponding to these interface waves are plotted on Figure 5c and again are oppositely polarized.



Figure 5. Bulk and edge spectra of a finite sample of 40 unit cells under free (resp., periodic) boundary conditions in the y-direction (resp., x-direction) with $\beta = 0.2$ for y > 0 and $\beta = -0.2$ for y < 0: (a) geometry; (b) diagram: continuous lines correspond to the numerical result and circles correspond to the asymptotic result (equations (29) and (30)); (c) mass trajectories of interface states for $q = \pm 0.5$.

B. Continuum analysis

Using the asymptotic model of the previous section, the calculated interface modes can be interpreted as Stoneley waves, i.e., mechanical elastic waves localized at the interface y = 0 separating two continua occupying the half-spaces y > 0 and y < 0. Stoneley waves typically exist within a passing band and are characterized by elliptical particles orbits. Here, Stoneley waves can be derived as solutions to (19) recast in differential form. Thus, let β be a function of y independent of x. By symbolically mapping $iq_y \mapsto \partial_y$, we obtain a pair of continuum motion equations

$$-a\beta(y)\xi_1(y) + b(q_x + \partial_y)\zeta_1(y) = \delta\Omega^2\xi_1,$$

$$b^*(q_x - \partial_y)\xi_1(y) + \beta(y)\zeta_1(y) = \delta\Omega^2\zeta_1$$
(26)

governing (ξ_1, ζ_1) and a similar pair of equations for (ξ_2, ζ_2) . Now consider an interface y = 0 separating between two zones, one with $\beta = \beta_o > 0$, say for y > 0, and the other with $\beta = -\beta_o$ for y < 0. Then, a Stoneley wave solution localized at y = 0 can be derived. It is given by

$$\xi_1 = \alpha_{\pm} \zeta_1 = \alpha_{\pm} A_{\pm} \exp\left(Q_{\pm} y\right) \tag{27}$$

where the sign +, resp. -, is adopted for y > 0, resp. y < 0. This solution must satisfy four conditions, two ensuring exponential decay at $y = \pm \infty$, and two ensuring continuity across the interface y = 0. These can be



Figure 6. Decay profiles of the Stoneley wave at $q_x = 0$ calculated numerically (solid) and asymptotically (dashed). Each solid line corresponds to one mass per unit cell indexed with the subscript j; there are nine similar lines in total but only three of them are shown for clarity. Integer n indexes unit cells: n = 0 corresponds to the unit cell at the interface, n > 0 (resp. < 0) to unit cells above (resp. below) the interface.

satisfied as long as:

$$A_{+} = A_{-} \equiv A, \quad \alpha_{+} = \alpha_{-} \equiv \alpha, \quad Q_{+} < 0, \quad Q_{-} > 0.$$
(28)

Injecting the expression of the Stoneley wave in the continuum motion equations, the decay conditions imply

$$Q_{\pm}^2 = q_x^2 - \frac{(\delta\Omega^2 \pm a\beta_o)(\delta\Omega^2 \mp \beta_o)}{|b|^2}, \qquad (29)$$

whereas the continuity conditions reduce to

$$(a\beta_o - \delta\Omega^2)Q_+ + (a\beta_o + \delta\Omega^2)Q_- = -2a\beta_o q_x.$$
(30)

Consequently, equation (29) provides the range of existence of Stoneley waves whereas equation (30) is a relationship between $\delta\Omega^2$ and q_x and corresponds to their dispersion relation.

Finally, the full Stoneley wave reads

$$\Phi = A(\alpha p_1 + d_1) \exp\left(Q_{\pm}y\right) \exp\left[i(q_x x - \Omega t)\right]$$
(31)

where A is a complex amplitude. We highlight that another Stoneley wave with an opposite group velocity exists based on the modes p_2 and d_2 . It can be deduced from the one exhibited above by time-reversal symmetry $t \mapsto -t$. Alternatively, it is given by

$$\Phi = A(\alpha p_2 + d_2) \exp(Q_{\pm} y) \exp[i(-q_x x - \Omega t)].$$
 (32)

The dispersion relation of the Stoneley waves is plotted on Figure 5b based on equations (29) and (30) and their decay profile is depicted on Figure 6. Both figures show good agreement between asymptotic and full models.



Figure 7. Immunity to backscattering at corners $(60 - 120^{\circ})$: (a) geometry; (b) snapshots of the displacement amplitude as a color map for a positively polarized excited wave at t = 200, 250, 300 respectively; (c) same as (b) for a negatively polarized excited wave.



Figure 8. Immunity to backscattering at corners $(30 - 150^{\circ})$: (a) geometry; (b) snapshots of the displacement amplitude as a color map for a positively polarized excited wave at (b) t = 150, (c) t = 250, (d) t = 350, (e) t = 450 and (f) t = 550.



Figure 9. Assessing robustness of a topological. (a) A topological waveguide. (b) A trivial waveguide. (b,c) Frequency response functions in function of frequency with and without defects: displacement is imposed at A and collected at B and the ratio is ploted on a log scale; the bulk bandgap is highlighted; and the defect, when present, consists in removing half a unit cell where the red dot is located on (a,b). Simulations carried with $\beta = \pm 0.2$

V. TRANSIENT ANALYSIS

The interface Stonelev waves given in equations (31)and (32) are practically uncoupled: small defects that do not break time-reversal symmetry cannot backscatter one mode into the other. To illustrate that fact, transient numerical simulations of a signal propagated along an interface featuring a sharp corner are carried. The interface is M-shaped and separates one trivial and one topological domain as shown in Figure 7a. A tone-burst loading of central frequency Ω_o is applied to the middle tip and is calculated so as to excite the positively polarized mode only. The loading thus excites a single wave going right shown on Figure 7b. At the next tip, the propagated wave makes the turn following the interface with zero backscattering. On Figure 7c, the negatively polarized wave is excited and undertakes a similar scatterless path. In both cases, the tone-burst loading's band lies mostly within

the bulk bandgap so as not to generate any bulk waves. Simulations were carried under free boundary conditions using the discrete spring-mass elements of the commercial software ANSYS²⁷.

Upon closely inspecting Figure 7, it becomes clear that there are two negligible tails lagging behind the main wave packet. The first tail goes in the opposite direction and is due to the fact that the load exciting S_1 bears a numerical error exciting S_2 as well and vice versa; the second tail follows the main packet but at a significantly smaller group velocity due to dispersion and to the existence of a narrow edge bandgap (See Figures 4 and 5).

The interface of Figure 7 features sharp turns at $60 - 120^{\circ}$. Immunity to backscattering by corners is expected to hold at other angles however. As an illustration, we carried out similar tests with an interface featuring turns at $30 - 150^{\circ}$. The results are illustrated on Figure 8. It is seen that backscattering is negligible in this case as well. In comparison, the QVHI previously investigated¹⁷ failed

when such corners were incorporated. Accordingly, it is concluded that as far as scatterless transmission along interfaces with sharp turns and corners is concerned, the QSHI is superior to the QVHI making it a better suited candidate for waveguiding applications.



Figure 10. Frequency response function of a topological waveguide with and without defect at the Dirac frequency for varying contrast β .

VI. ASSESSING ROBUSTNESS

It is of interest to quantify the extent of the topological protection presented above. Thus, we calculate the end-to-end frequency response function of a topological waveguide (Figure 9a) with and without a small defect consisting of removing one half of the unit cell located midway at the interface (red dot). For reference, the performance of the topological waveguide is compared to that of a trivial waveguide designed by sandwiching a thin slice of a uniform Kagome lattice ($\beta = 0$) between two gapped but topologically equivalent lattices (e.g., $\beta < 0$ to both sides; see Figure 9b). The results are plotted on Figure 9c,d. Therein, the A-to-B frequency response function is the log of the power collected at point B when an excitation of unitary power is applied at point A. Within the bulk bandgap (highlighted zone), it is observed that the topological waveguide with and without defect performs mostly the same with response levels of the same order of magnitude as outside the bulk bandgap. In contrast, the response levels of the trivial waveguide significantly drop around the center of the gap without the defect, and even more so in the presence of the defect. It is clear then that the topological waveguide is immune to such small defects whereas the trivial one is extremely sensitive to their presence.

However, it should not be concluded that topological protection is absolute. As a matter of fact, the performance of the topological waveguide can deteriorate while remaining insensitive to defects. Consider for instance the plot of Figure 10: it shows the end-to-end frequency response function of the topological waveguide of Figure 9a for varying β . It is seen than that, although the response is little-to-no sensitive to the presence of the defect, as β increases beyond 0.5, the topological waveguide fails in fulfilling its duty in guiding signals as its response drops to near zero levels. As a matter of fact, as β increases the edge bandgap, previously observed on Figure 4b, is enlarged and ultimately a total, bulk and edge, bandgap appears and forbids all signals to be transmitted. There is therefore a seemingly unsurmoutable trade-off between transmission levels on one hand and degree of localization on the other hand. As a matter of fact, the transmitted edge states are as localized near the interface as the bulk bandgap is wide and both are proportional to β at leading order. However, as β is increased to achieve more localized states, the edge bandgap widens and the transmission levels drop drastically. The parametric study shown here suggests that the optimal combination of localization and transmission is achieved around $\beta = 0.5$, i.e., maximum contrast value for which transmission is unharmed.

VII. CONCLUSION

As demonstrated, a mechanical analogue of the QSHI for classical mechanical waves can be realized in a fairly simple system such as the Kagome lattice. The coupling induced by a periodic perturbation to the spring constants is enough to make appear electronic or quantum mechanical features such as pseudo-spins and helically polarized states. The carried transient numerical simulations show that these states are uncoupled and can be used to transmit signals around specific defects, geometric or constitutive, without backscattering, i.e., with no loss of power. The edge of a QSHI, in a precise bandwidth, therefore acts as a robust waveguide with consistent high transmittance close to unity.

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