

CHCRUS

This is the accepted manuscript made available via CHORUS. The article has been published as:

^{31}P NMR study of discrete time-crystalline signatures in an ordered crystal of ammonium dihydrogen phosphate

Jared Rovny, Robert L. Blum, and Sean E. Barrett Phys. Rev. B **97**, 184301 — Published 1 May 2018

DOI: 10.1103/PhysRevB.97.184301

³¹P NMR study of discrete time-crystalline signatures in an ordered crystal of ammonium dihydrogen phosphate

Jared Rovny, Robert L. Blum, and S. E. Barrett^{*}

Department of Physics, Yale University, New Haven, Connecticut 06511, USA (Dated: March 21, 2018)

Abstract

The rich dynamics and phase structure of driven systems includes the recently-described phenomenon of the "discrete time crystal" (DTC), a robust phase which spontaneously breaks the discrete time translation symmetry of its driving Hamiltonian. Experiments in trapped ions and diamond NV centers have recently shown evidence for this DTC order. Here we show NMR data of DTC behavior in a third, strikingly different system: a highly ordered spatial crystal in three dimensions. We devise a novel DTC echo experiment to probe the coherence of the driven system. We examine potential decay mechanisms for the DTC oscillations, and demonstrate the important effect of the internal Hamiltonian during nonzero duration pulses.

I. INTRODUCTION

In 2012, Frank Wilczek proposed the existence of a system which spontaneously breaks time translational symmetry, dubbed a 'time crystal' by analogy with a regular crystal, whose structure spontaneously breaks translational symmetry in space¹. While subsequent no-go theorems excluded the possibility of finding equilibrium states with this property², driven systems remained viable candidates. Multiple theoretical studies showed that driven systems could exhibit a rich phase structure, including a discrete time crystalline (DTC) phase (also known as a Floquet time crystal, or a π -spin glass)^{3–5}. For these driven systems, the time translation symmetry is discretized to the period of the drive, and the discrete time translation symmetry is broken by a state with oscillations at integer multiples of the drive period^{6–8}. However, this might be difficult to observe experimentally, since driven systems tend to thermalize as they absorb energy from the drive, which could prevent the experimental observation of DTC signatures^{9–13}. To avoid this fate, many DTC models worked in a regime that favored many body localization (MBL)^{5–7,14,15}; other models predicted that the DTC could be observed without MBL, in a prethermal regime^{8,16–21}.

After Yao et al.²² proposed experimental realizations, evidence for DTC order was obtained in two very nice experiments: one using trapped ions²³ and the other using diamond NV centers²⁴. The experiment in trapped ions was closer to original theoretical models for DTC order, and included elements more conducive to MBL, such as a 1-dimensional spin chain with ~10 spins, spin-spin interactions that fell off as ~ $r^{-1.51}$, and high-variance on-site disorder²³. The experiment in diamond NV centers²⁴ was strikingly different from theoretical models, especially in that it used a 3-dimensional system of spins at random locations, with spin-spin interactions that fell off as ~ r^{-3} ; these characteristics are expected to preclude MBL²⁵⁻²⁸. While disorder did exist in the system of diamond NV centers, followup studies have proposed alternatives to MBL as mechanisms for the observed signatures of DTC order²⁸⁻³⁰.

In this paper, we report the observation³¹ of signatures of a DTC in an ordered spatial crystal even further from ideal MBL conditions than all prior DTC experiments. We also study the lifetime of the DTC oscillations, demonstrating that a significant part of the observed decay envelope is due to coherent evolution. Finally, we describe the way in which the lifetime of the observed DTC oscillations strongly depends on the action of the internal

Hamiltonian during an applied pulse; we demonstrate control of this decay mechanism, which may be important for experiments which strive to observe the intrinsic lifetime of the DTC.

II. PHYSICAL CHARACTERISTICS OF THE SYSTEM

In this section, we discuss the methods used in characterizing the system of ³¹P nuclear spins in ammonium dihydrogen phosphate (ADP), and present the key features of the system and its internal spin Hamiltonian. We begin with an overview of nuclear magnetic resonance (NMR) methods and useful terminology, then discuss the application of these methods to the particular system of ³¹P nuclear spins in an ADP crystal (Fig. 1).

A. NMR overview

Our experiments are carried out at room temperature in the presence of a strong $(H_0 = 4 \text{ T})$ external static magnetic field. Thus, we can use the strong field, high temperature approximation to write the equilibrium density matrix for the nuclear spins; to calculate the detected signal, it is sufficient to start with the "reduced" density matrix $\rho_0^{\text{lab}} = I_{z'_T}$, where we have taken H_0 to be in the z' direction^{34,35}. These nuclear spins precess around the strong external field at their Larmor frequencies $\omega_0 = \gamma H_0$, where γ is the gyromagnetic ratio for the spin species; in NMR, the observable signal is the voltage induced in a detection coil by the time-varying flux arising from the precessing nuclear spin magnetization, $\langle M_{y'_T}(t) \rangle = \gamma \hbar \langle I_{y'_T}(t) \rangle = \gamma \hbar \text{Tr}[I_{y'_T} \rho^{\text{lab}}(t)]$, where y' is the axis of the coil. The time evolution operator $\mathcal{U}^{\text{lab}}(t; 0)$, which determines $\rho^{\text{lab}}(t) = \mathcal{U}^{\text{lab}}(t; 0)\rho_0^{\text{lab}}\mathcal{U}^{\text{lab}}(t; 0)^{-1}$, is itself determined by the relevant Hamiltonian³⁴, which can in general be time-dependent.

In the lab frame (in the absence of applied pulses), the spin Hamiltonian is $\mathcal{H}^{\text{lab}} = \mathcal{H}_0 + \mathcal{H}^{\text{lab}}_{\text{int}}$, where the scale of the term due to the static external field, $\mathcal{H}_0 = -\hbar\omega_0 I_{z'_T}$, is 4 to 5 orders of magnitude larger than the scale of any terms in the internal spin Hamiltonian $\mathcal{H}^{\text{lab}}_{\text{int}}$. Thus we may write the secular internal Hamiltonian \mathcal{H}_{int} in the frame that is rotating about z' at the Larmor frequency ω_0 , ignoring terms which are nonsecular in the rotating frame (to a very good approximation). The rotating frame axes are (x, y, z), where $z \parallel z'$, so $\rho_0 = \rho_0^{\text{lab}}$.



FIG. 1. (color online). (a) Atoms in the unit cell of ammonium dihydrogen phosphate (ADP), which has chemical formula $NH_4H_2PO_4$. ADP is an ionic, tetragonal crystal with space group I42d. At room temperature, the NH_4 groups experience rapid in-place rotation, such that the time-averaged location of the four ¹H is at the nitrogen site. The ¹H in NH_4 are shown in a distributed manner to reflect this. We also place the remaining so-called "acid" protons (¹H) in their time-averaged positions, between the lattice sites of the nearest oxygens^{32,33}. (b) The ADP crystal sample studied here, shown in a 5 mm diameter NMR sample tube, held in place by rolled teflon tape (white).

To manipulate the nuclear spins, we apply strong radiofrequency (RF) pulses at the Larmor frequency of the particular spin species to be manipulated (see Table I). For the duration of an applied pulse, the rotating frame Hamiltonian becomes $\mathcal{H}_{\mathcal{P}} = \mathcal{H}_{int} + \mathcal{H}_{RF}$, with the added external term $\mathcal{H}_{RF} = -\hbar\omega_1 I_{\phi_T}$ for a pulse of strength ω_1 and phase ϕ . To calibrate ω_1 for a given pulse power, we use a nutation experiment³⁴. The pulses are applied for duration t_p , such that for e.g. a pulse of angle π , we have $\omega_1 t_p = \pi$. Because ω_1 is typically large for applied pulses (for instance, $\omega_1/2\pi \approx 68$ kHz in our experiment), \mathcal{H}_{int} is usually ignored for the duration of the pulse (the delta-function pulse approximation)³⁴⁻³⁸ — we will revisit this approximation below. In this paper, we will use the symbol ϕ_{θ} to represent a pulse of angle θ applied at phase ϕ , emphasizing the phase of the pulse.

The basic NMR experiment measures a free-induction decay (FID) by applying a $\theta = \pi/2$ pulse to spins starting with an equilibrium z-magnetization, to produce measurable magnetization along \hat{y} : $\{X_{\pi/2} - \text{FID}\}$, where FID represents the acquisition of the signal as a function of time after the first pulse³⁴. A Fourier transform (FT) of the resulting time data $\langle I_{y_T}(t) \rangle$ yields a lineshape for the observed spins, which reflects the action of the full H_{int} . To remove the effect of Zeeman terms in the internal Hamiltonian, a Hahn echo sequence may instead be used, which includes a π pulse between the preparation pulse and the final readout to "refocus" the Zeeman-dephased signal into an echo: $\{X_{\pi/2} - \tau - Y_{\pi} - \tau - \text{Echo}\}^{39}$. The echo amplitude measured as a function of τ can be used to create a "pseudo-FID"; the corresponding spectrum reflects the unrefocused parts of \mathcal{H}_{int} . Each of these pulse sequences will be used in characterizing the system below.

Besides these, we will use two further techniques common in NMR: cross-polarization and spin decoupling. The first, cross-polarization (CP), takes advantage of the higher polarization that exists in equilibrium spin ensembles with higher gyromagnetic ratios γ_S , using it as a source to augment the lower polarization of the measured, target spins (with γ_I). To accomplish this, RF fields H_1^S, H_1^I are applied at the Larmor frequencies of the two spins to be cross-polarized, such that the effective Zeeman energy levels are equalized in the tilted, doubly-rotating frame (the "Hartmann-Hahn" matching condition⁴⁰): $\gamma_S H_1^S = \gamma_I H_1^I$. While this can be used to boost the polarization of the initial reduced density matrix up to $\rho'_0 = (\gamma_S/\gamma_I)\rho_0$, an even more important benefit is that CP experiments on the target spins I may be repeated on the much faster timescale of the source spins S (for repolarization times $T_1^S \ll T_1^I)^{41,42}$. The second technique, spin decoupling, allows us to selectively remove the dipolar coupling between two spin species, by applying a strong continuous-wave (CW) RF pulse at the Larmor frequency of one of the spins³⁴. The details of these techniques in our system will be discussed further below.

B. NMR of ³¹P in ADP

We study the ionic crystal ammonium dihydrogen phosphate [ADP, also called monoammonium phosphate (MAP)], with chemical formula $NH_4H_2PO_4$. We grew an ADP crystal by slow evaporation from aqueous solution [Fig. 1(b)]. Simulations of the NMR spectra (discussed below) are consistent with it being a single crystal of a known orientation. This sample was being used as a testbed for controlling the ³¹P-¹H spin Hamiltonian in other materials; however, since both a sample and a double-resonance NMR system were available, we decided to try the DTC pulse sequence on ADP.

1. ³¹P spin Hamiltonian in ADP

ADP contains the nuclear spins summarized in Table I, but our analysis assumes that only ³¹P, ¹H, and ¹⁴N are present (each at 100% natural abundance). In our NMR experiments, we will detect the signal from the ³¹P spins. The Zeeman interaction of the ³¹P spins with the applied magnetic field $H_0 = 4$ T dominates the spin Hamiltonian in the laboratory frame. Jumping to the frame rotating at the Larmor frequency of the ³¹P nuclei ($\omega_0 = \gamma_P H_0 = 2\pi \times 68.940 \text{ MHz}$), the secular terms in the internal spin Hamiltonian \mathcal{H}_{int} for ³¹P include Zeeman interactions \mathcal{H}_Z , dipolar couplings among the same spin species (homonuclear, $\mathcal{H}_{zz}^{P,P}$), and dipolar couplings between different spin species (heteronuclear, $\mathcal{H}_{zz}^{P,H}$, $\mathcal{H}_{zz}^{P,N}$):

$$\mathcal{H}_{int} = \mathcal{H}_{Z}^{P} + \mathcal{H}_{zz}^{P,P} + \mathcal{H}_{zz}^{P,H} + \mathcal{H}_{zz}^{P,N}$$

= $\sum_{i} \Omega_{i} I_{z_{i}} + \sum_{i,j>i} B_{ij}^{P} (3I_{z_{i}}I_{z_{j}} - \vec{I_{i}} \cdot \vec{I_{j}})$
+ $\sum_{i,j} B_{ij}^{H} (2I_{z_{i}}S_{z_{j}}) + \sum_{i,j} B_{ij}^{N} (2I_{z_{i}}R_{z_{j}}).$ (1)

Here, the coupling constants $B_{ij}^{\rm P}, B_{ij}^{\rm H}$, and $B_{ij}^{\rm N}$ are defined for the coupling of ³¹P to ³¹P, ¹H, and ¹⁴N respectively. The coupling constant between a ³¹P spin *i* and a spin *j* (of spin species $\alpha = \{{}^{31}\text{P}, {}^{1}\text{H}, {}^{14}\text{N}\}$) is

$$B_{ij}^{\alpha} = \frac{\mu_0}{4\pi} \frac{\gamma_{\rm P} \gamma_{\alpha} \hbar^2}{|\vec{r}_{ij}|^3} \frac{1 - 3\cos^2(\theta_{ij})}{2} \,, \tag{2}$$

where θ_{ij} is the angle between the internuclear vector \vec{r}_{ij} and the z-axis (defined by the static external field), μ_0 is the vacuum permeability, and γ_P and γ_{α} are the nuclear gyromagnetic ratios for ³¹P and α . { $I_{\phi}, S_{\phi}, R_{\phi}$ } are the spin operators for {³¹P, ¹H, ¹⁴N}, with $\phi = x, y, z^{34,43}$. Because the ³¹P sites in a single crystal are magnetically equivalent⁴⁴, any variations in the Zeeman interaction will be small and slowly varying across the sample, arising from the sample's magnetic susceptibility or variations in the static external field —

Nuclide	Natural abundance	Spin	$\omega_0/2\pi$ at 4 T (MHz)
$^{1}\mathrm{H}$	99.98%	1/2	170.304
^{31}P	100%	1/2	68.940
^{14}N	99.64%	1	12.307
$^{2}\mathrm{H}$	0.02%	1	26.143
$^{15}\mathrm{N}$	0.37%	1/2	-17.265
¹⁷ O	0.04%	5/2	-23.093

TABLE I. Spins present in ADP, with their Larmor frequencies $\omega_0/2\pi$ in the presence of a strong $H_0 = 4$ T magnetic field. In our analysis, we ignore the presence of the rare ²H, ¹⁵N, and ¹⁷O nuclear spins.

in this sample, variations in the Zeeman interaction are less than 1 ppm relative to the static field (see next section). For this reason, we may replace the Zeeman Hamiltonian term with $\sum_i \Omega_i I_{z_i} \rightarrow \Omega_T I_{z_T}$ for any cluster of spins small relative to the size of the sample, where $\Omega_T/2\pi$ may be up to a few hundred Hz at most, caused by a resonance offset as the strong external field drifts slowly over the course of days or weeks. Because this Zeeman term has negligible variations from one spin site to the next (unlike most prior DTC models), this Hamiltonian retains unsuppressed "flip-flop" terms $I_{x_i}I_{x_j} + I_{y_i}I_{y_j} = (I_{+i}I_{-j} + I_{-i}I_{+j})/2$ for the homonuclear dipolar coupling, as well as long-range Ising-like couplings to ¹H and ¹⁴N. Another feature of our experiment is that the coupling to the ¹H can be selectively "turned off" with high-power CW decoupling at the ¹H Larmor frequency³⁵, which we will refer to as "¹H off." We will refer to experiments that do not use CW decoupling as "¹H on."

A further type of order arises from the symmetries of the ADP crystal itself (see Appendix A for details): the particular symmetry of the ³¹P and ¹⁴N sublattices leaves the set of geometric factors $B_{ij}^{\rm P}$ and $B_{ij}^{\rm N}$ invariant from one ³¹P site to the next, for each *i*. The coupling constants $B_{ij}^{\rm H}$ do not obey the same symmetry except for certain "special" crystal orientations relative to the external field; in general, there are two distinct sets of $B_{ij}^{\rm H}$ for a given *i*, which become the same at the crystal orientation that is consistent with our measured NMR spectra (see below).



FIG. 2. (color online). (a) Magnetization decay from a Hahn echo experiment with ¹H off (circles), where each data point is acquired with a Hahn echo sequence for a different value of τ . We compare this to the simulated decay from an Ising-like approximation, both before (dashed line) and after (solid line) scaling B_{ij} by 3/2 to approximate the actual dipolar Hamiltonian. (b) ³¹P spectra as acquired by an FID with ¹H on (blue squares), and by a Hahn echo with ¹H off [red circles, FT of Hahn echo data in (a)], with the results of a numerical model at a single crystal orientation (lines). (c) Comparison of the ³¹P spectrum from an FID (closed circles) to the lineshape from an altered Hahn echo (open circles). The Hahn echo spectrum has been broadened using a Gaussian with FWHM 280 Hz, to account for the ³¹P-¹⁴N coupling.

2. Simulating the observed spectra

To verify our understanding of the crystal structure and orientation, we compare simulations of the dipolar lineshapes to data from Hahn echo and FID experiments. First, we measure the ³¹P-³¹P dipolar lineshape (from $\mathcal{H}_{zz}^{P,P}$) using a Hahn echo experiment with ¹H off [Fig. 2(a), red circles]: the decoupling removes the effect of $\mathcal{H}_{zz}^{P,H}$, and we expect the π -pulses of the Hahn echo to refocus (and thus remove the effects of) $\mathcal{H}_{zz}^{\mathbf{P},\mathbf{N}}$ and $\mathcal{H}_{Z}^{\mathbf{P}}$. To simulate this ${}^{31}P$ - ${}^{31}P$ lineshape (see Appendix B for details), we start with the exactlysolvable Ising-like approximation for the dipolar coupling between "unlike" spins I and S: $\mathcal{H}_{\text{Ising}} = \sum_{i,j} B_{ij}(2I_{z_i}S_{z_j})$, which produces the dashed line in Fig. 2(a). The dashed line fails to describe the data (Fig. 2(a), open circles), which conforms to our expectation that the ³¹P-³¹P coupling is really between "like" spins. Unfortunately, an exact treatment of the signal decay for "like" spins requires a full density matrix calculation; our dense lattice of ³¹P spins is hard to model accurately in the typical limit of N < 10 spins⁴⁵. Instead, we try to approximate the "like" spin decay curve by a simple modification of the "unlike" spin curve. To approximate the actual $I_{z_i}I_{z_i}$ coefficient in the full dipolar coupling for "like" spins $\sum_{i,j>i} B_{ij}(3I_{z_i}I_{z_j} - \vec{I_i} \cdot \vec{I_j})$, we use the same analytic expression as in the "unlike" spin case, but with the B_{ij} frequencies scaled up by $3/2^{45,46}$. This produces the solid line in Fig. 2(a), which lies very close to the Hahn echo data from our experiments. This Ising-like approximation produces a smaller oscillation in the time domain than the data exhibits [Fig. 2(a), creating a shallower dip at the center of the resulting spectrum than seen in the data [Fig. 2(b), red]; similar results were seen in earlier uses of this approximation⁴⁵.

Next, we study the full effect of \mathcal{H}_{int} (Eqn. 1) by acquiring an FID with ¹H on [spectrum in Fig. 2(b), blue circles]. We simulate this spectrum by combining the separately calculated lineshapes from $\mathcal{H}_{zz}^{P,P}$, $\mathcal{H}_{zz}^{P,H}$, and $\mathcal{H}_{zz}^{P,N}$. Each dipolar interaction is calculated using \mathcal{H}_{Ising} (where the scaling by 3/2 is only applied for the homonuclear $\mathcal{H}_{zz}^{P,P}$), and they are combined by multiplication in the time domain (see Appendix B). The final simulated spectrum is shown in Fig. 2(b) (blue solid line), and is quite close to the measured spectrum.

Finally, we can study the Zeeman interaction, \mathcal{H}_Z , by comparing the spectra from both a Hahn echo and an FID with ¹H off. We expect the difference between the these two spectra to arise only from \mathcal{H}_Z and $\mathcal{H}_{zz}^{P,N}$, both of which are refocused in a Hahn echo, but not in an FID. In order to isolate the effect of \mathcal{H}_Z , we can "put back" the effect of $\mathcal{H}_{zz}^{P,N}$ into the Hahn echo spectrum using Gaussian line broadening, such that any remaining difference between the spectra is primarily attributable to \mathcal{H}_Z . We broaden the Hahn echo spectrum using a Gaussian with the same full width at half maximum (280 Hz) as the simulated spectrum for $\mathcal{H}_{zz}^{P,N}$. The resulting "altered Hahn echo" spectrum [Fig. 2(c), red open circles] is very close to the FID spectrum [Fig. 2(c), black closed circles], putting a small upper bound on the Zeeman spread in our system (estimated at 1 ppm relative to H_0).

The orientation of the ADP crystal relative to the external field has a significant effect on the shape of the ³¹P spectrum⁴⁴. We explore many possible crystal orientations in the simulations discussed in this section, where each simulation is calculated at a single crystal orientation. We parameterize the crystal orientation by the polar and azimuthal angles (θ_c, ϕ_c) of the strong static field relative to the crystal axes (a, b, c). We find the best agreement with the measured spectra [Fig. 2(a-b)] for orientation angles $(\theta_c, \phi_c) = (60^\circ, 0^\circ)$ (we see identical results for $(\theta_c, \phi_c) = (n60^\circ, m90^\circ)$, with $n = \{1, 2\}$, and $m = \{0, 1, 2, 3\}$, because of the crystal symmetry). Combined with the visual clarity of the crystal [Fig. 1(b)], the agreement of the simulated spectra with experiment shown in Fig. 2 indicate that our sample is a single large crystal domain, and that we have a quantitative understanding of its spin Hamiltonian. From the numerics for the crystal orientation best matching the data, we can estimate the typical coupling strengths of the dipolar interactions as the RMS angular frequencies $W^{P,H}$, $W^{P,P}$, and $W^{P,N}$ for the coupling of phosphorus to ¹H, ³¹P, and ¹⁴N, respectively. We find $W^{P,H/2\pi} = 3500$ Hz, $W^{P,P}/2\pi = 508$ Hz, and $W^{P,N}/2\pi = 97$ Hz, which added in quadrature give $W^{P,HPN}/2\pi = 3538$ Hz (see Appendix B).

III. EXPERIMENTAL SETUP AND DTC PULSE SEQUENCE

The equilibrium ³¹P spins begin in a weakly polarized state described, as discussed above, by a reduced initial density matrix $\rho_0 = I_{z_T}$. We improve the polarization and accelerate the experiments by instead exploiting the more highly polarized ¹H spin bath as a source for CP. This provides a small improvement to the initial polarization of the ³¹P spins $[\rho'_0 = (\gamma_H/\gamma_P)I_{z_T}, \gamma_H/\gamma_P \approx 2.5]$, and a dramatic improvement to the repetition rate of the experiments since the ¹H lattice relaxation time $T_1^{\rm H} = 0.6 \,\mathrm{s}$ is 200× faster than the ³¹P lattice relaxation time $T_1^{\rm P} = 103 \,\mathrm{s}$. To do this, we first excite the ¹H spins with an initial $X_{\pi/2}$ pulse at the ¹H frequency, followed by cross polarization with the ³¹P at the Hartmann-Hahn matching condition⁴⁰⁻⁴². This creates ³¹P *y*-polarization, which we convert to *z*-polarization with an $\overline{X}_{\pi/2}$ pulse at the phosphorus frequency (Fig. 3). After each scan, we wait 3 s for the ¹H to return to equilibrium (for the T = 1 s experiment described below, a 2 s wait time was used).



FIG. 3. (color online). DTC pulse sequence. After ¹H spins are rotated with an $X_{\pi/2}$ pulse (tall blue block), ³¹P magnetization is created along \hat{y} via cross polarization with the ¹H spins, and is then rotated into \hat{z} with a $\overline{X}_{\pi/2}$ pulse (tall orange block) to prepare the initial state of the system. We then apply repeated Floquet cycles consisting of a delay τ followed by a pulse X_{θ} (wide blue block). After N cycles, a $\pi/2$ pulse along \hat{x} is applied, and the magnetization is immediately measured, producing a single data point in S(t). We increase N by 1 and repeat the sequence, following a 3 second recycle delay. This sequence is applied for N = 1, 2, ..., 128. After cross-polarization, continuous RF decoupling (red) can be applied (¹H off) to remove the effect of the ¹H (a), or decoupling can be omitted (¹H on), allowing the ¹H to act on the ³¹P spins (b).

In order to look for evidence of discrete time translational symmetry breaking, we implement a "DTC pulse sequence," consisting of a basic Floquet cycle which we repeatedly apply (Fig. 3) following the preparation of the initial I_{z_T} state. Each Floquet cycle is composed of a wait time τ , during which the internal Hamiltonian is allowed to act freely, followed by a strong X_{θ} pulse of duration $t_p \approx 7.5 \,\mu$ s and angle $\theta = \pi + \epsilon$, with $|\epsilon/\pi| \ll 1$. This basic Floquet block is repeated N times, represented as $\{\tau - X_{\theta}\}^N$. After N cycles, we convert the $\langle I_z \rangle$ of the ³¹P spins into measurable transverse magnetization by applying a final, $+X_{\pi/2}$ readout pulse. We measure the signal immediately after the pulse, which becomes the Nth point in the data set (e.g., Fig. 4(a)). Note that this is a slow incremental readout of the discrete time signal, since each repetition of the experiment allows us to choose only



FIG. 4. (color online). (a) Applying repeated π pulses with ¹H decoupling at $\theta \approx \pi$ and small τ , we see oscillations in the time domain signal, corresponding to a single peak in the FT signal at $\tilde{\nu} = 1/2$. Each data point is acquired in a separate experiment, using the DTC sequence for a given N. N-odd are in green (starting negative) and N-even are in blue (starting positive), with black lines between them to guide the eye. (b) Decreasing θ , we observe beating in the time domain signal, corresponding to a splitting of the Fourier peak. (c) Near the same $\theta \approx 0.962\pi$ but for increased τ , the oscillations are restored, once again producing a single peak in the Fourier spectrum. (d) Significantly increasing τ , we still see the same behavior. (e-h) We observe qualitatively similar behavior in the absence of ¹H decoupling. Note that for (h), NT becomes comparable to the ³¹P lattice relaxation time, $T_1^{\rm P} = 103$ s. In each case (a-h), $T = \tau + t_p$ with $t_p = 7.5 \,\mu$ s.

a particular value for N. Throughout this sequence we either allow the ¹H to act on the phosphorus ["¹H on", Fig. 3(b)], or apply CW decoupling to the ¹H, removing their effect on the ³¹P ["¹H off", Fig. 3(a)]. As we will discuss below, the RF power required for CW



FIG. 5. (color online). Waterfall plots showing the spectra $|S(\tilde{\nu})|^2$ at different θ with ¹H off. Near $\theta = \pi$, a prominent subharmonic response is observed at $\tilde{\nu} = 1/2$. (a) At short drive periods T, the subharmonic response splits into two peaks, which diverge almost immediately as θ is adjusted away from π . (b) For long drive periods T, the subharmonic peak lowers in amplitude as θ is adjusted away from π , but remains rigidly locked at $\tilde{\nu} = 1/2$.

decoupling⁴⁷ will eventually heat (and detune) the circuit, limiting our ability to explore out to very long times with ¹H off.

To vary the applied pulse angle in our implementation of the DTC sequence, we maintain a constant t_p and vary the strength of the pulse ω_1 . This gives us better resolution in the pulse angle, while maintaining a constant cycle period T. The internal Hamiltonian continues to act during a pulse, an important fact despite the short pulse duration — we return to this in section VI.

The DTC pulse sequence for a given θ and τ produces a discrete time signal S(t) with t = NT, where the period of the two-step drive is $T = \tau + t_p$, and the corresponding frequency of the Floquet drive is $\nu_F = 1/T$. We Fourier transform S(t) to get the complex

spectrum $S(\nu)$, then examine $|S(\tilde{\nu})|^2$ as a function of the normalized frequency $\tilde{\nu} = \nu/\nu_F$. For N = 1, 2, ..., 128, the normalized frequency $\tilde{\nu}$ takes discrete values from 0 to 127/128, in steps of $d\tilde{\nu} = 1/128$.

IV. RESULTS: DTC OSCILLATIONS OVER A RANGE OF θ AND MANY DECADES OF τ

First we discuss noteworthy features of the ¹H-off data set. When we apply the DTC pulse sequence for $\theta \approx \pi$ ($|\epsilon/\pi| < 0.01$) and at small time $T = 20 \,\mu$ s, S(t) follows what intuition would dictate, trivially reversing its sign with each successive Floquet cycle. This corresponds to a single Fourier peak at normalized frequency $\tilde{\nu} = 1/2$ [Fig. 4(a)]. When θ is adjusted away from π , still at small $T = 20 \,\mu$ s, there is a pronounced additional modulation of the signal, corresponding to a splitting of the Fourier peak — again an expected result [Fig. 4(b)]. However, at the same approximate deviation $|\epsilon/\pi| = 0.04$, if we increase τ such that $T = 400 \,\mu$ s (giving the dipolar interaction a longer time to act), the single Fourier peak at $\tilde{\nu} = 1/2$ is restored [Fig. 4(c)]. Figure 4(c) shows a predicted signature of the DTC²²: at long enough τ , the oscillations in S(t) are rigidly locked at $\tilde{\nu} = 1/2$, despite adjusting θ away from π . Increasing T by more than an order of magnitude, we are still able to observe the locked oscillations." When we conduct a comparable experiment but with ¹H on, we observe very similar behavior [Fig. 4(e-h)].

When we apply the DTC pulse sequence for many values of θ at $T = 20 \,\mu$ s, we observe that the prominent feature at $\tilde{\nu} = 1/2$ splits into two separate frequencies, which grow apart as θ deviates from π [Fig. 5(a)]. However, for a longer drive period $T = 2.5 \,\mathrm{ms}$, this fails to happen. The response at $\tilde{\nu} = 1/2$ instead remains locked in place, while diminishing in height as θ deviates from π [Fig. 5(b)].

To characterize the response to the DTC pulse sequence across the (θ, τ) plane, we examine the "crystalline fraction" as introduced by Choi et al.²⁴: $f = |S(\tilde{\nu}=1/2)|^2 / \sum_{\tilde{\nu}} |S(\tilde{\nu})|^2$. For each value of τ , we vary θ around π (by varying ω_1 at fixed t_p) and plot the crystalline fractions, using all 128 points of S(t), which fit well to Gaussians (Fig. 6,7). A set of crystalline fraction measurements at a single τ typically takes about one day to complete; over the course of many such experiments, the tuning of the NMR tank circuit may drift, leading to slight changes in the actual θ compared to the intended θ . To correct for this, we recalibrated $\omega_1 t_p = \theta$ (using a nutation experiment), then conducted two experiments at constant θ and varying τ , allowing us to explore along τ relatively quickly after the calibration (Fig. 6 and 7, black squares). By running two such experiments, we are able to use the resulting crystalline fractions as "guides" to line up the data across experiments, correcting for the slow drift in pulse power and reducing systematic uncertainty in θ/π [Fig. 6,7].

Following the example of Choi et al.²⁴ once again, we visualize the region of persistent DTC oscillations by noting where the Gaussian fits to the crystalline fractions fall below an arbitrary cutoff [Fig. 8(a,e)]. We show the corresponding (θ, τ) values for crystalline fraction f = 0.1, along with those for f = 0.05 and f = 0.15, since the region exhibiting persistent DTC oscillations does not show particularly sharp boundaries. The resulting diagrams shown in Fig. 8(b-c, f-g) depict the boundaries within which we observe DTC oscillations (the "DTC region"), and outside of which the deviation of the drive from $\theta = \pi$ results in diminished or split Fourier peaks in the spectrum. At small τ , there exists a very small region of DTC oscillations around $\theta = \pi$. As τ is increased, the oscillations persist for a wider and wider range of θ around π , as the DTC region "expands" in width. For both ¹H on and ¹H off, at long τ , the width of the DTC region becomes roughly independent of τ over multiple orders of magnitude. We do not observe a predicted "pinch-off" of the stable region at long τ , perhaps because our spin Hamiltonian does not have the disorder assumed in that model²⁸. For ¹H off [Fig. 8(c)], we observe some structure in the the DTC boundary around $\tau = 1 \text{ ms.}$ For ¹H on [Fig. 8(g)], the width of the DTC region increases slightly faster at short τ , and is relatively featureless at long τ compared to the ¹H off case.

When the RF power from ¹H decoupling causes circuit heating, there can be different amounts of heating at different N values. This makes it very difficult to calibrate the results, so we omit the data acquired in the presence of significant circuit heating (Fig. 6, T = 100ms) from Fig. 8(c). When we repeat these experiments with ¹H on (with no CW decoupling and no circuit heating), we are able to explore even more decades in T [Fig. 7,8(g)], out to T = 1 s, where the total experiment time approaches $T_1^{\rm P}$. This is likely responsible for the slight decrease in the crystalline fraction amplitude at T = 1 s, and the corresponding decrease in the width of the DTC region at T = 1 s (note that the Gaussian fit in Fig. 7, T = 1 s, is shorter than those at smaller T, rather than narrower).

To provide a unitless scale for these results, we compare the deviations of the RF pulse



FIG. 6. (color online). ¹H off: Crystalline fractions f across a broad range of drive periods T (labeled, where the f data for the mth value of T are vertically offset by m - 1 for clarity). The crystalline fractions are well fit by Gaussians. Over the duration of the many experiments, the tuning of the NMR tank circuit can drift, leading to poorly calibrated θ (left). The black squares represent well-calibrated benchmarks which we use to correct the data to match the actual θ values (as described in the main text), resulting in the data on the right. Because of heating, the 100 ms data will not appear in Fig. 8. Error bars (not shown) are much smaller than the markers.

angle θ from π to an effective dipolar interaction angle $W\tau$. We show lines at $|\theta - \pi| = W\tau$, for $W^{P,P}/2\pi = 508$ Hz [Fig. 8(b-c,f-g)], $W^{P,PN}/2\pi = 517$ Hz [Fig. 8(b-c)], and $W^{P,HPN}/2\pi =$ 3538 Hz [Fig. 8(f-g)]. These lines are not considered to be explanations for the shape of the DTC boundary, but it is interesting that they are so close to the boundary at small τ . To better understand the non-monotonic, complicated structure in the boundary of the DTC



FIG. 7. (color online). ¹H on: In the absence of ¹H decoupling, we are free to explore an even greater expanse in T (labeled, where the f data for the mth value of T are vertically offset by m-1 for clarity) without the danger of the circuit heating effects seen in Fig. 6. As with ¹H off, we observe Gaussian shapes in the crystalline fraction with ¹H on, and the width of the Gaussians increases with the drive period. The black squares are used in the same correction procedure as those shown in Fig. 6, to correct for miscalibrations of the actual θ from the expected θ (a very minor effect here). Error bars (not shown) are much smaller than the markers.

region around $\tau = 1 \text{ ms}$ for ¹H off [Fig. 8(c)], we reexamine the crystalline fraction with an experiment at fixed $\theta = 1.067\pi$ and linear scales in τ for both ¹H on and ¹H off [Fig. 8(d,h), which show crystalline fractions rather than cutoff boundaries]. In Fig. 8(d), we see the crystalline fraction is a non-monotonic function of τ for ¹H off. By contrast, Fig. 8(h) shows that the crystalline fraction for ¹H on has a steeper slope at short τ , and is without



FIG. 8. (color online). (a-d) Probing f with ¹H off. (a) We establish a cutoff (dotted line) in the Gaussian fits to the crystalline fraction at f = 0.1. Crystalline fractions from $T = 20 \,\mu \text{s}$ (triangles) and 400 μ s (circles) are shown. The intersection of f with the cutoff defines a boundary point. (b) Cutoff at f = 0.1 (red circles), corresponding to the boundaries within which we observe persistent oscillations at $\tilde{\nu} = 1/2$ (the "DTC region"). We also show cutoffs at f = 0.05 and f = 0.15 (dotted lines). We compare this to an effective dipolar interaction angle by plotting $|\theta - \pi| = W\tau$, with $W = W^{\text{P,P}}$ [(b-c), black dashed lines] and $W = W^{\text{P,PN}}$ [(b-c), grey dashed lines, very close to $W^{\text{P,P}}$]. (c) DTC region on a semi-log scale. For $\tau = 100 \,\text{ms}$, the results in Fig. 6 become unreliable because of tank circuit heating from RF decoupling, so they are not plotted here. (d) f versus τ for ¹H off at $\theta = 1.067\pi$ [angle marked in (c)]. (e-h) Probing f with ¹H on. In (f-g) we also include $|\theta - \pi| = W^{\text{P,HPN}\tau}$ (blue dest-dashed lines). In (g), the data span the range $0.03 < W^{\text{P,P}\tau} < 3200 \,\text{radians}$. Error bars (not shown) are much smaller than the markers in (a-h).



FIG. 9. (color online). Using Fourier transforms of only 50 late-time points in S(NT), N = 51— 100, the crystalline fractions become flatter around $\theta = \pi$, for both ¹H off (left, red triangles) and ¹H on (right, blue circles). We fit these to symmetrical super-Gaussians (lines): $F(\theta) = A \exp[-(|\theta - \theta_0|/\sigma)^p/2]$, where we fix θ_0 using the Gaussians in Figs. 6-7.

structure at long τ .

The Gaussian shapes shown in Figs. 6-7 differ from the corresponding super-Gaussian shapes reported by Choi et al. [their Fig. 3(a)]²⁴. While this might seem to be an important difference, it turns out to be an artifact of the FT window size used in each study. To see this, we recalculate our crystalline fractions using a windowed FT of only the points N = 51—100 in S(t), which matches exactly the procedure of Choi et al²⁴. Fig. 9 shows that the resulting data are much flatter near $\theta = \pi$, and are well described by Choi et al.'s super-Gaussian model. At first glance, the impact of window-size choice on crystalline-fraction shape seems

paradoxical, since our S(t) data are typically single-exponential [e.g., Fig. 4(d)]. However, the crystalline fraction should not be confused with a time constant, as its value depends on the choice of the FT window in a complicated way (for a more in-depth explanation, see Appendix C). In light of this, we think it is best to use our full data sets when calculating the crystalline fraction.

It is interesting to note the similarity between the results for ¹H off and ¹H on, as well as the similarity to the results achieved using diamond NV centers, despite the different spin Hamiltonians. Note also that the $W\tau$ range shown is $0.03 < W^{P,P}\tau < 3200$ radians, spanning effective dipolar interaction angles both far below and far above $W\tau = 1$ radian. In most DTC models, thermalization should destroy the oscillating signal for long enough τ , but we do not see this in our results.

V. REFOCUSING THE DECAY OF THE DTC OSCILLATIONS WITH THE DTC ECHO SEQUENCE

The lifetime of the DTC oscillations (and the dependence of lifetime on the interaction strength) is of central interest in the study of DTC physics. To explain the observed decay in our experiments, we first consider a simple model of non-interacting spins, which undergo a two-step process starting with magnetization along \hat{z} . First, an $X_{\pi+\epsilon}$ pulse rotates the magnetization vector to $-\hat{z}\cos(\epsilon) - \hat{y}\sin(\epsilon)$. Second, during the time τ , we suppose that the transverse magnetization is lost due to dephasing caused by local field variations, leaving only the component of the magnetization along \hat{z} . After repeating this process over N cycles, the original signal will have decayed exponentially as $\cos^{N}(\epsilon)$. Indeed, the signal we observe in our experiments seems to stay at or below the bound imposed by this predicted decay envelope. If the dephasing in our model is due to external field variations of unknown origin, then this decay will be irreversible. On the other hand, if the observed decay is actually due to unitary evolution under a complicated Hamiltonian, then it might, in principle, be reversible. To test whether this decay was reversible or not, we devised a pulse sequence designed to undo the forward evolution from the dominant Hamiltonian terms, looking for instances where the signal rose above the envelope imposed by the $\cos^{N}(\epsilon)$ decay model.

If we assume the effect of \mathcal{H}_{int} during τ is dominated by the ³¹P-³¹P dipolar coupling $\mathcal{H}_{zz}^{P,P}$, then we can borrow techniques from the "magic-echo" experiment, which is designed



FIG. 10. (color online). (a) DTC echo sequence, designed to approximatly reverse the effect of the original DTC sequence. The "approximate reversal" block consists of a rotation \overline{X}_{θ} (wide orange block), followed by a duration 2τ during which a strong pulse of phase y is applied to the ³¹P. We apply "wrapper" pulses $X_{\pi/2}$ and $\overline{X}_{\pi/2}$ (tall blue and orange blocks, respectively) to rotate $-\mathcal{H}_{yy}^{\text{P,P}}$ into $-\mathcal{H}_{zz}^{\text{P,P}}$. Since the last two pulses of the sequence negate one another, neither is applied in practice. ¹H decoupling is used throughout. (b-c) DTC echoes for $T = 200 \,\mu\text{s}$ and $\theta = 1.08\pi$ (b) and 1.16π (c). For N cycles of the "forward" block, we see the signal decay in red triangles. After N = 6, the reversal sequence is applied for N' cycles (green open triangles), where we expect an echo to appear at N' = N = 6 (filled point and arrow). (d-e) DTC echoes for $N = \{2, 6, 10\}$ (open blue circles, green triangles, yellow diamonds), where we show the absolute values of each signal for easier inspection. Expected echo locations are marked with filled points and arrows. In (b-e), blue dots show the DTC signal decay for $\theta \approx \pi$.

to refocus the homonuclear dipolar interaction⁴⁸. To adapt these techniques for designing a "DTC echo" sequence, we use two approximations. First, we assume that all of the short duration (< 10 μ s) applied X_{θ} pulses are of infinite strength and zero duration, such that the net rotation angle is θ and the internal Hamiltonian has no time to act (i.e. the delta-function pulse approximation). Second, during a much longer pulse ($\gg 10 \,\mu$ s) of phase ϕ ,

we assume that the homonuclear dipolar coupling reduces exactly to the component of the dipolar coupling which is secular in the frame of the pulse: $\mathcal{H}_{zz}^{\mathrm{P},\mathrm{P}} \to -(1/2)\mathcal{H}_{\phi\phi}^{\mathrm{P},\mathrm{P}}$, where we have defined $\mathcal{H}_{\phi\phi}^{\mathrm{P},\mathrm{P}} = \sum_{i,j>i} B_{ij}^{P}(3I_{\phi_{i}}I_{\phi_{j}} - \vec{I_{i}} \cdot \vec{I_{j}})^{34}$. Using these approximations, we construct a unitary reversal of the original DTC Floquet cycle by time-reversing both the X_{θ} pulse and the free evolution, in reverse order. To reverse the effect of the X_{θ} pulse, we simply apply a pulse of equal angle but opposite phase, \overline{X}_{θ} . To reverse the effect of the homonuclear dipolar term in the internal Hamiltonian, $\mathcal{H}_{zz}^{\mathrm{P},\mathrm{P}}$, we make use of the abovementioned approximation, and apply a long Y_{Φ} pulse, where $\Phi = \omega_1 2\tau$, to produce an effective evolution of $(-1/2)\mathcal{H}_{yy}^{\mathrm{P},\mathrm{P}}(2\tau) = -\mathcal{H}_{yy}^{\mathrm{P},\mathrm{P}}\tau$. In order to properly negate the forward evolution $\mathcal{H}_{zz}^{\mathrm{P},\mathrm{P}}\tau$ from the original sequence, we include "wrapper pulses" $\pm X_{\pi/2}$ around $-\mathcal{H}_{yy}^{\mathrm{P},\mathrm{P}}\tau$, which "rotate" it into $-\mathcal{H}_{zz}^{\mathrm{P},\mathrm{P}}\tau$.

$$\{\tau - X_{\theta}\}^{N} - (X_{\pi/2} - \{\overline{X}_{\theta} - Y_{\Phi}\}^{N'} - \overline{X}_{\pi/2}).$$
(3)

This is shown schematically in Fig. 10(a). Starting with N Floquet cycles of the original DTC pulse sequence, we follow with N' repetitions of the approximate reversal sequence, looking for an echo peak when N' = N. In the language of the more conventional Hahn spin echo sequence, the first part (N blocks) of this sequence generates the "FID" analogue, while the second part (rotated N' blocks) generates the echo signal "after the π pulse"^{34,39}. Note that this DTC echo sequence would not be able to refocus the decay of the DTC oscillations if it were instead dominated by a spread in static Zeeman terms $\Omega_i I_{z_i}$, because the strong Y_{Φ} pulse quickly averages these Zeeman terms to zero during the N' blocks of the DTC echo sequence.

Using the original DTC pulse sequence for $\theta = 1.08\pi$ [Fig. 10(b)] and $\theta = 1.16\pi$ [Fig. 10(c)], we see S(t) decay near or below the $\cos^{N}(\epsilon)$ decay rate. Using the DTC echo sequence for N = 6 Floquet cycles of the original DTC sequence, we observe clear echoes rising above the $\cos^{N}(\epsilon)$ decay envelope [Fig. 10(b-c)]; these echoes are even more prominent when we plot |S(t)| for the DTC echo sequence with N = 2, 6, 10 [Fig. 10(d-e)]. This demonstrates that the decay mechanism of the DTC oscillations involves deterministic coherence flow to unobservable parts of the density matrix, which our DTC echo sequence then resurrects as signal.



FIG. 11. (color online). S(t) for $\theta = \pi$, at $T = 200 \,\mu$ s, identical to the blue dots in Fig. 10(b-e). This decay cannot be explained by dipolar interactions in an ideal delta-function pulse model.

VI. CAUSES OF THE DECAY IN THE DTC OSCILLATIONS OBSERVED AT $\theta = \pi$

For our spin Hamiltonian, we do not expect to see any decay in the DTC oscillations at $\theta = \pi$, if we apply perfect, delta-function pulses. However, Fig. 11 shows that the oscillations clearly decay even at $\theta = \pi$, which causes us to revisit the effects of the actual pulses used in the DTC sequence. Another clue about the mechanism responsible for this decay is that it seems to impose a limit on the echoes produced in the $\theta > \pi$ case (Fig. 10), where the echoes never rise above the data acquired at $\theta = \pi$ (Fig. 10, blue dots), and also appear to occur slightly earlier than expected as if there is an additional decay envelope imposed on their evolution. In this section we discuss possible causes for this decay envelope, first by examining possible experimental causes, then by revisiting the approximation of zero-duration, delta-function π pulses.

A. Quantifying the effect of experimental pulse imperfections

In this section, we consider two common pulse imperfections, phase transients and H_1 inhomogeneity, and quantify their effects on the decay envelope at $\theta = \pi$. First we consider phase transients, which are small out-of-phase components of the applied RF at the beginning and end of the pulses. Using a small pickup coil connected to the NMR spectrometer acquisition channel, we measure the applied magnetic field from a pulse, and compare the out-of-phase component to the in-phase π pulse. As evident in Fig. 12(a), the measured phase transients are very small relative to the in-phase component of the applied X_{π} pulse.



FIG. 12. (color online). (a) Envelope of a π pulse applied at frequency ω_0 , as measured by a pickup coil placed near the resonator. The phase transients (small out-of-phase signal, dark green) are much smaller than the in-phase (red) pulse amplitude. (b) Cumulative integral of the out-of-phase pulse amplitude, scaled by setting the integral of the in-phase signal to 180°. Each transient produces less than a degree of rotation. (c) Incorporating the effect of phase transients into the $\cos^N(\epsilon)$ decay model (black, identically 1 for $\theta = \pi$) leads to a modified decay model (dashed line). The modified model decays too slowly to account for the decay envelope of the measured |S(t)| at $\theta = \pi$, shown here for $T = 200 \,\mu$ s (blue circles).

The cumulative effect of these transients results in a net out-of-phase (along \hat{y}) rotation of less than 1° [Fig. 12(b)]. To incorporate this into the "product-of-cosines" decay model, we model a pulse with phase transients by including small out-of-phase components of opposite sign before and after the intended pulse: $X_{\theta} \to \{Y_{1^{\circ}} - X_{\theta} - Y_{-1^{\circ}}\}^{45}$. Then we again assume that after each such pulse, only the magnetization along \hat{z} remains. This modifies the original product-of-cosines model to $\cos^{N}(\epsilon) \to [\cos^{2}(1^{\circ})\cos(\epsilon) - \sin^{2}(1^{\circ})]^{N}$, whose magnitude we show in Fig. 12(c). Comparing to the DTC oscillations at $\theta = \pi$, we see that the effect of the phase transients is far too small to account for the observed decay envelope.

Second, we consider the effect of H_1 inhomogeneity across the sample, due to the coil geometry. If H_1 varies across the sample, then an applied pulse of intended angle θ will actually produce rotations of slightly different angles in different parts of the sample. To investigate this, we carry out a nutation experiment, which examines the signal after a pulse $X_{\omega_1 t}$, where ω_1 is constant and the pulse time t is stepped from small to large values. Fitting the signal as a function of pulse time t reveals the frequency of oscillation, ω_1 . The envelope of this long nutation curve will decay for two reasons: the H_1 inhomogeneity across the sample, and the reduced homonuclear dipolar coupling $(-1/2)\mathcal{H}_{xx}^{\mathrm{P,P}}$ during the long pulse. In order to arrive at a decay model which incorporates the H_1 inhomogeneity, we do three things. First, we quantify the decay caused by $(-1/2)\mathcal{H}_{xx}^{\mathrm{P,P}}$, and "remove" this effect from the nutation curve, leaving only the decay due to the H_1 spread across the sample. Second, we use this altered nutation data to infer a probability distribution of H_1 strength across the sample. Third, we use this inferred distribution to create a modified "product of cosines" decay envelope which takes into account the spread in the applied angle. The details of each step follow.

We quantify the decay caused by $(-1/2)\mathcal{H}_{xx}^{\mathrm{P,P}}$ using both a rotary echo experiment and a Hahn echo experiment. In a rotary echo experiment⁴⁹, a data point at time t is acquired by examining the signal after applying the pulse sequence $\{X_{\omega_1 t/2} - \overline{X}_{\omega_1 t/2}\}$ at constant ω_1 (note that we require 2μ s gaps between consecutive pulses to change phase, which we do not show in the pulse sequence notation here or below). This approximately negates the spread from the applied field inhomogeneity, leaving only the decay due to the component of dipolar coupling that is secular in the presence of the strong $\pm \hat{x}$ pulse: $-(1/2)\mathcal{H}_{xx}^{P,P}$. Since this reduced dipolar coupling has a prefactor of 1/2, we expect a rotary echo experiment to produce similar results to those of a Hahn echo experiment with time effectively doubled. In Fig. 13(a), we see that the rotary echo data closely approximates the simulated Hahn echo data $(S^{P}(t))$, as described in Appendix B) when the Hahn echo data is scaled by 2 in time. Note that the rotary echo data also lasts much longer than the nutation data, indicating that the decay from H_1 inhomogeneity is not negligible. In order to isolate the decay caused specifically by the H_1 field inhomogeneity across the sample, we divide the nutation data by the simulated, scaled Hahn echo data, effectively removing the component of the decay caused by $-(1/2)\mathcal{H}_{xx}^{P,P}$. We use the Hahn echo data rather than the rotary echo data since it lasts slightly longer than the rotary echo data; thus we ascribe more of the overall nutation curve decay to the H_1 inhomogeneity (representing a "worst-case" scenario for H_1 inhomogeneity across the sample). While this procedure produces noise near the tail of the decay, the fits discussed below are largely unaffected because the noise is random [Fig. 13(a)].

Next, we try to infer an H_1 probability distribution $p(\gamma H_1/2\pi)$ which could cause the re-

maining decay in the altered nutation experiment. Based upon previous work⁴⁵, we assume that a sum of two Gaussians is a reasonable approximation to the shape of the H_1 distribution. This allows us to write an analytical time-domain decay function, which we fit to the nutation data (as altered above), with good results [Fig. 13(a), insets]. The parameters from the fit determine the shape of $p(\gamma H_1/2\pi)$ [Fig. 13(b)], which itself provides a measure of the pulse imperfection (a spread in actually-applied pulse angles).

Finally, we incorporate the spread in ϵ into a modification of the original "product of cosines" decay model: $\cos^{N}(\epsilon) \rightarrow \sum_{i} p_{i} \cos^{N}(\epsilon_{i})$ for a range of angles $\epsilon_{i} = |\theta_{i} - \pi|$ with probabilities p_{i} . The corrected decay model still decays much more slowly than the DTC oscillation at $\theta = \pi$, even when we include the effect of the phase transients as described [Fig. 13(c)]. Thus, this "worst-case-scenario" effect from the H_{1} inhomogeneity across the sample is insufficient to account for the observed decay of the DTC oscillations at $\theta = \pi$.

B. Studying the effect of the internal Hamiltonian during a nonzero-duration pulse

Since these experimental causes have been shown to be too small to account for the observed decay at $\theta = \pi$, we return to the approximation that the applied pulses are zero duration (delta-function) pulses. To study the effect of the internal Hamiltonian during a $\theta = \pi$ pulse of nonzero duration, we implement modified versions of the DTC sequence with different sets of pulse phases, since this allows us to selectively manipulate the effective internal Hamiltonian during the pulse. Defining $\{\alpha, \beta\} \equiv \{\tau - \alpha_{\pi} - \tau - \beta_{\pi}\}^N$, we compare the sequences $\{X, X\}$, $\{Y, Y\}$, and $\{X, Y\}$, which should produce identical results for zero-duration π pulses. However, Fig. 14(a) shows that the signal from $\{X, Y\}$ lasts far longer than the signal from either $\{X, X\}$ or $\{Y, Y\}$ for short τ , demonstrating that the non-zero pulse duration plays an important role in the observed decay.

These results may be qualitatively explained for pulses of non-zero duration, when we use the identity $\mathcal{H}_{xx}^{\mathrm{P,P}} + \mathcal{H}_{yy}^{\mathrm{P,P}} + \mathcal{H}_{zz}^{\mathrm{P,P}} = 0$ (used, e.g., in the WAHUHA sequence to average the total dipolar evolution to zero^{50,51}). The sequence $\{X, Y\}$ has average Hamiltonian $\mathcal{H}^{(0)} = 2\mathcal{H}_{zz}^{\mathrm{P,P}}\tau - (\mathcal{H}_{xx}^{\mathrm{P,P}} + \mathcal{H}_{yy}^{\mathrm{P,P}})t_p/2 = (2\tau + t_p/2)\mathcal{H}_{zz}^{\mathrm{P,P}}$, and will thus leave the original state unaffected to zeroth order in the Magnus expansion. This is in contrast to $\{X, X\}$, which has average Hamiltonian $\mathcal{H}^{(0)} = 2\mathcal{H}_{zz}^{\mathrm{P,P}}\tau - \mathcal{H}_{xx}^{\mathrm{P,P}}t_p$.

The approximate average Hamiltonian analysis explaining this result breaks down when



FIG. 13. (color online). (a) Nutation of ³¹P (black dots), after removing the effect of the homonuclear dipolar coupling. We do this by dividing the measured nutation data (not shown) by the simulated Hahn echo, scaled by a factor of 2 in time (red solid line). A rotary echo experiment approximately undoes the effect of the H_1 inhomogeneity, and results in data (small blue dots) which match closely to the scaled Hahn echo simulation. We fit (gray) the modified nutation data to a model of a plausible field profile in the coil, with good results (a, inset). (b) The H_1 field profile corresponding to the fit parameters (from the fit to the scaled nutation data) for a two-Gaussian model; this represents a histogram of applied frequencies $\gamma H_1/2\pi$ during an applied pulse. (c) The histogram of applied frequencies $\gamma H_1/2\pi$ can be used to deduce a spread in the applied pulse angle θ , which we use to modify the original product-of-cosines decay model (black, identically 1 for perfect π pulses) to the corrected decay model (gray dashed line). Including the effects of both H_1 inhomogeneity and phase transients (red dot-dashed line) only slightly modifies the modeled decay envelope. The magnitude of S(t) at $\theta \approx \pi$ and $T = 200 \,\mu$ s (blue circles) decays much faster than the product-of-cosines model, even after including the effect of these pulse imperfections.

 τ is long^{51,52}, where the advantage of $\{X, Y\}$ over $\{X, X\}$ is lost [Fig. 14(b)]. Although we cannot rely on the convergence of the Magnus expansion at long τ , we can still try to extend the decay envelope by moving even farther from the original DTC sequence and applying pulse sequences which use a burst of π pulses instead of one⁵³. In Fig. 14(b), we show the

results of $\{\tau - X_{\pi} - Y_{\pi} - X_{\pi} - Y_{\pi}\}^{N}$, which again shows an extended lifetime, even at long τ . The signal resulting from this sequence lasts longer than the original DTC sequence even in absolute time, despite the increased number of necessarily imperfect pulses [Fig. 14(b-d)].

The analysis in this section pertains to $\theta = \pi$. When θ is adjusted away from π , the effect of the interactions during the pulse should grow, as terms that were strictly zero at $\theta = \pi$ begin to turn on^{45,46}. Thus, we expect the dipolar interactions during the pulse to produce a decay envelope at $\theta \neq \pi$ which will limit the echoes shown in section V. Creating echoes that are able to rise above this envelope will be difficult, since it is harder to undo the many different terms which arise for $\theta \neq \pi$, but it may be possible.

VII. CONCLUSION

We became especially interested in descriptions of DTC phenomena when reports appeared in the literature of period-doubling in driven systems, since comparable behavior emerged for long cycle times in our prior studies of periodically driven NMR systems^{45,46}. From these studies, we developed a model that took into account the interactions during π pulses^{45,46}, which we put to good use in the small cycle time limit^{53,54}. However, most of our originally puzzling data⁴⁵ lay beyond the reach of our model, since it relied on the Magnus expansion, which diverges for long cycle times^{51,52}. Thus, we wondered if the growing theoretical framework around DTC order could shed light on our still unexplained results, and we began to conduct similar experiments to the ones which had been published for systems of trapped ions²³ and diamond NV centers²⁴.

Both this system and the system of diamond NV centers are very different from the system of trapped ions, being large systems with long-ranged dipolar couplings in 3 dimensions. The ADP crystal studied here is itself strikingly different from the system of NV centers, being a dense, organized crystal with no significant sources of disorder. Nevertheless, despite the many differences in the spin Hamiltonian for our system, our results are strikingly similar to the results achieved in both of these prior DTC experiments. Furthermore, our experiment allows us to explore a very large region in the (θ, τ) parameter space, where we observe robust DTC oscillations across a remarkably broad range in τ ; in particular, $0.03 < W^{P,P}\tau < 3200$ radians.

The clean spatial crystal studied here should be even less conducive to MBL than the



FIG. 14. (color online). (a) Significant differences in the decay rate between sequences that are identical in the delta-function π -pulse approximation. At $\tau = 20 \,\mu$ s, the pulse sequences $\{X, X\}$ (black open squares) and $\{Y, Y\}$ (red open circles) produce very different lifetimes than $\{X, Y\}$ (green open triangles). The effect of the internal Hamiltonian during the pulse time t_p creates differences between these sequences, which gives the latter sequence a much longer lifetime (see text). Because the signal is only observed every two cycles, the oscillations in the signal are not seen here. (b) Results of the pulse sequence $\{\tau - X_{\pi} - Y_{\pi} - X_{\pi} - Y_{\pi}\}^N$ (closed blue diamonds), which again exhibits an extended lifetime compared to the original DTC sequence, even at long τ . (c-d) The difference in lifetimes as a function of absolute time is significant, but displaying the pulse sequences as functions of the number of applied π pulses or Floquet cycles shows even more dramatic differences.

systems in prior experiments^{27,28}; if MBL plays a role in our experiments, that would seem to require MBL to occur in highly unanticipated regimes. A prethermal DTC state could explain the observations of persistent DTC oscillations like the ones observed here. However, for our system $\langle H_{zz}^{P,P}(t=0) \rangle = 0$, which suggests that the initial state is at an infinite temperature relative to the effective Floquet Hamiltonian. This seems to rule out a prethermal explanation for our observations, since that normally requires the system to start below some finite critical temperature¹⁷.

The decay envelope of the observable DTC oscillations in our system was bounded by a simple "product of cosines" dephasing model for certain values of θ and τ ; however, using the DTC echo as a new probe of the state shows us that the density matrix produced by the DTC sequence retains a coherent memory of its initial state.

Turning to the decay envelope of the DTC oscillations at $\theta = \pi$, we see clear evidence of the effect of \mathcal{H}_{int} during nonzero duration pulses. We suggest that more in-depth studies of the DTC lifetime should account for the action of terms in the internal Hamiltonian during a pulse, since these small terms can have significant effects over the course of many repeated pulses.

Driven, out of equilibrium many-body systems are thought to be interesting hunting grounds for new physics and phases of matter. Solid-state NMR can aid in this search, by exploiting the large separation between T_1 and T_2 , the ability to edit the effective Hamiltonian using pulses, and other tricks in the NMR toolbox.

Note added: after this paper was submitted, the authors of an interesting related experiment contacted us, alerting us to their liquid state NMR search for temporal order of periodically-driven spins in star-shaped clusters⁵⁵. They study a unique spin Hamiltonian, and they explore a range of cluster sizes (with N = 1, 4, 10, and 37 spins).

ACKNOWLEDGMENTS

We thank C. W. von Keyserlingk, V. Khemani, C. Nayak, N. Yao, and M. Cheng for helpful discussions. We also thank C. Grant and D. Johnson for help in constructing the NMR probe, K. Zilm for recommending the ADP sample, and S. Elrington for assistance with implementing cross-polarization. This material is based upon work supported by the National Science Foundation under Grant No. DMR-1610313. R.L.B. acknowledges support from the National Science Foundation Graduate Research Fellowship under Grant No. DGE-1122492.

Appendix A: Symmetries of certain sublattices in ADP crystal

Ammonium dihydrogen phosphate is a tetragonal crystal with unit cell dimensions a = b = 7.4997 Å, c = 7.5494 Å. Here we show that the secular dipolar coupling for the ³¹P and ¹⁴N sublattices of the I42d ADP crystal are invariant under shifts to any other site of the sublattice. We do so explicitly by writing the coordinates of the ³¹P sublattice relative to the unit cell^{32,33}:

$$(a, b, c) = \{(0, 0, 0), (\frac{1}{2}, \frac{1}{2}, \frac{1}{2}), (\frac{1}{2}, 0, \frac{1}{4}), (0, \frac{1}{2}, \frac{3}{4})\},$$
(A1)

with ¹⁴N sites $(a, b, c + \frac{1}{2})$. Simply, we translate each coordinate to the origin, and examine the symmetry. These positions go into themselves by translations $(\frac{1}{2}, \frac{1}{2}, \frac{1}{2})$, but translations by $(-\frac{1}{2}, 0, -\frac{1}{4})$ or $(0, -\frac{1}{2}, -\frac{3}{4})$ produce a set of coordinates (a', b', c') = (a, b, -c), inverted in c. However, the crystal is symmetric under rotations about c by 180° (= 360°/2, 2 symmetry) such that $(a', b', c') \rightarrow -(a, b, c)$, e.g. a complete inversion. Thus, for any coordinate vectors \vec{r}_A and \vec{r}_B of any ³¹P or ¹⁴N nucleus, the internuclear vector transforms as $\vec{r} = (\vec{r}_A - \vec{r}_B) \rightarrow -\vec{r}$. Relative to the z-axis as defined by the external B-field (not necessarily along c), we then have $\cos(\theta) = \vec{r} \cdot \vec{B}/(|\vec{r}||\vec{B}|) \rightarrow -\cos(\theta)$, so that $\cos^2(\theta)$ is invariant. Since all distances are preserved, the invariance of $B_{ij}(r, \theta)$ follows. These arguments may be immediately extended to the ammonium ¹H, whose average positions reside on the nitrogen sites.

For the acid ¹H, these symmetry arguments only hold for particular orientations of the crystal relative to the static field. To see this, note that the average positions of these eight ¹H are

$$(0,0,0), (\frac{1}{2},\frac{1}{2},\frac{1}{2}) + \{(x,\frac{1}{4},\frac{1}{8}), (-x,\frac{3}{4},\frac{1}{8}), (\frac{1}{4},-x,\frac{7}{8}), (\frac{3}{4},x,\frac{7}{8})\},$$
(A2)

with x = 0.147. Upon translation by $\left(-\frac{1}{2}, 0, -\frac{1}{4}\right)$ or $\left(0, -\frac{1}{2}, -\frac{3}{4}\right)$, rather than being invariant after inversions in c, the lower-symmetry locations of the acid ¹H are invariant only after a 180° rotation about either *a* or *b*. This results in the transformed unit cell coordinates (a', b', c') = (a, -b, -c) or (-a, b, -c), neither of which preserves $\vec{r} \cdot \vec{B}$ for internuclear vectors \vec{r} in general. Nonetheless, the $\{(0,0,0), (\frac{1}{2},\frac{1}{2},\frac{1}{2})\}$ and $\{(\frac{1}{2},0,\frac{1}{4}), (0,\frac{1}{2},\frac{3}{4})\}$ ³¹P sublattices independently maintain identical sets of coupling constants to the acid ¹H, which become the same under certain orientations of the crystal relative to the external field. Specifically, if the strong external field lies purely in the x-z or y-z planes (e.g. either $B_x = 0$ or $B_y = 0$ relative to the crystal axes), the ³¹P couplings to the acid ¹H will be identical for each ³¹P nucleus. Since the azimuthal angle of H_0 with respect to the crystal axes (a, b, c) is $\phi \approx m90^{\circ}, m = 0, 1, 2, 3$ in our experiment (see main text), we see this symmetry in the numerics for the orientation angle which best approximates the data (Fig 2)⁵⁶.

Appendix B: Numerics of the ³¹P spin Hamiltonian in ADP crystal

We simulate a lattice of spins with published atomic positions, with two modifications appropriate for the motionally-narrowed NMR spectrum: (1) we locate the acid ¹H in timeaveraged positions halfway between the nearest PO_4 oxygens, and (2) we locate ammonium ¹H in time-averaged positions at the nitrogen lattice sites 32,33 . These modifications account for motions that are very rapid compared to NMR timescales. We begin by treating each ³¹P location in the unit cell in turn as the origin of a large cluster of spins on the lattice, only including spins within a radius of $R \approx 20.25$ Å around the origin (corresponding to 325 ³¹P, 322 ¹⁴N, and 1932 ¹H). We then calculate the lineshapes from $\mathcal{H}_{zz}^{P,P}$, $\mathcal{H}_{zz}^{P,H}$, and $\mathcal{H}_{zz}^{P,N}$ separately; in order to calculate the lineshape resulting from e.g. $\mathcal{H}_{zz}^{P,H}$, we only calculate the coupling constants $B_{1j}^{\rm H}$ between the central $^{31}{\rm P}$ spin and all $^{1}{\rm H}$ spins in the cluster, and use these $B_{1j}^{\rm H}$ values for our simulation. We do this for a given sample orientation, parameterized by the respective azimuthal and polar angles (θ_c, ϕ_c) of the static field H_0 relative to the crystal axes, (x, y, z) = (a, b, c). For each pair of spins, we first approximate the coupling as $\sum B_{1j}(2I_{z_1}I_{z_j})$, since this is an analytically solvable model^{57,58}. For an initial density matrix proportional to I_{y_T} , the signal measured for a single spin-1/2 coupled to spin-"s" evolves as $S(t) = \langle I_{y_1}(t) \rangle / \langle I_{y_1}(0) \rangle = \prod_j \sum_k p_k \cos[m_k(2B_{1j})t/\hbar]$, where m_k are the possible m_z quantum numbers for a spin-s particle, and p_k are the corresponding probabilities (e.g. $m_k = \{+1, 0, -1\}$ and $p_k = \{\frac{1}{3}, \frac{1}{3}, \frac{1}{3}\}$ for spin-1).

We define $S^{\rm P}$, $S^{\rm H}$, and $S^{\rm N}$ to be the signals calculated from a spin Hamiltonian containing only $\mathcal{H}_{zz}^{\rm P,P}$, $\mathcal{H}_{zz}^{\rm P,H}$, or $\mathcal{H}_{zz}^{\rm P,N}$, respectively, then calculate the magnetization decay using the appropriate spin values in the formula above. For the ³¹P-³¹P coupling, we have (recalling that ${}^{31}P$ has a spin-1/2 nucleus)

$$S^{\mathrm{P}}(t) = \prod_{j} \cos(\frac{3}{2}B^{\mathrm{P}}_{1j}t/\hbar), \qquad (B1)$$

where we include a factor of 3/2 in the coupling constant to account for the difference between the $3I_{z_i}I_{z_j}$ in the full dipolar coupling for "like spins" and the $2I_{z_i}I_{z_j}$ in our Ising-like model for "unlike spins." For couplings of ³¹P to the spin-1/2 ¹H, we have

$$S^{\mathrm{H}}(t) = \prod_{j} \cos(B_{1j}^{\mathrm{H}} t/\hbar).$$
(B2)

Finally, for couplings to the spin-1 ¹⁴N nuclei, we have

$$S^{N}(t) = \prod_{j} \frac{1}{3} \{ 2\cos[(2B_{1j}^{N})t/\hbar] + 1 \}.$$
 (B3)

To arrive at these S(t), we have chosen one of the 4 unique lattice positions of ³¹P in the unit cell to serve as the origin. We repeat this procedure with the lattice centered at each of the 4 unique ³¹P position in the crystal structure, and average the 4 results to arrive at a total time domain signal. To calculate the combined effect of multiple interactions (e.g., include ³¹P-³¹P, ³¹P-¹H, and ³¹P-¹⁴N interactions), we multiply the corresponding time data [e.g. $S^{P,HPN}(t) = S^{P,H}(t) \times S^{P,P}(t) \times S^{P,N}(t)$]. We do a complex Fourier transform of S(t)to produce a spectrum $S(\nu)$ (e.g., Fig. 15), from which we derive a mean square coupling strength $W^2/2\pi = \langle \nu^2 \rangle = \sum_{\nu} \nu^2 \operatorname{Re}[S(\nu)] / \sum_{\nu} \operatorname{Re}[S(\nu)]$.

Lastly, we can compare these W to the RMS B_{1j} values themselves, after proper weighting. For ³¹P-³¹P, we have $W^{P,P} \approx \frac{3}{2}B_{RMS}^P/\hbar$, where we include 3/2 for the reasons discussed above. For ³¹P-¹H, we simply have $W^{P,H} \approx B_{RMS}^H/\hbar$. For ³¹P-¹⁴N, we have $W^{P,H} \approx 2\sqrt{2/3}B_{RMS}^N/\hbar$, where we have again used the spin statistics for the spin-1 ¹⁴N: $(\hbar W^{P,N})^2 \approx \sum_k p_k (m_k 2B_{RMS}^N)^2$, with $p_k = \{\frac{1}{3}, \frac{1}{3}, \frac{1}{3}\}$ and $m_k = \{+1, 0, -1\}$.

Appendix C: Dependence of the crystalline fraction on the window size used by the Fourier transform

When we used fewer points in our FT window, e.g. N = 51-100 of S(t), the crystalline fraction $f(\theta)$ acquired flatter regions around $\theta = \pi$, fitting better to super-Gaussians than Gaussians. A simple model shows that this arises from the definition of the crystalline fraction. We model a signal which oscillates under an exponential decay S(N) =



FIG. 15. Computed ³¹P spectra $S(\nu)$, with marked RMS frequencies $W/2\pi$. (a) The pure ³¹P-¹H dipolar spectrum $S^{P,H}(\nu)$ (solid line), with marked RMS frequency (dashed line) $W^{P,H}/2\pi =$ 3500 Hz. (b) The pure ³¹P-¹⁴N dipolar spectrum $S^{P,N}(\nu)$ in red (dark gray solid line) and the pure ³¹P-³¹P dipolar spectrum $S^{P,P}(\nu)$ in green (light gray solid line), with marked RMS frequencies (dashed lines) $W^{P,N}/2\pi = 97$ Hz and $W^{P,P}/2\pi = 508$ Hz. Not shown here are $S^{P,PN}(\nu)$ [similar to Fig. 2(c), red circles] with RMS frequency $W^{P,PN} = 517$ Hz, and $S^{P,HPN}(\nu)$ [see Fig. 2(b), blue squares] with RMS frequency $W^{P,HPN}/2\pi = 3538$ Hz.

 $(-1)^N \exp(-N/N^*)$, where the decay constant N^* depends on θ . In this model, we use

$$N^*(\theta) = 125 \frac{0.04^2}{(\theta/\pi - 1)^2 + 0.04^2}$$
(C1)

as shown in [Fig. 16(a)]; the Lorentzian dependence of N^* on θ is a reasonable description of much of our data. Using this $N^*(\theta)$, Fig. 16(b) shows the calculated crystal fraction f using three different Fourier transform window sizes: N = 1-128, N = 1-50, and N = 1-20. The change in the window size is sufficient to produce flatter tops; the crystal fraction data shown in Figs. 6-9 should be read with this in mind.

^{*} sean.barrett@yale.edu; http://opnmr.physics.yale.edu/

¹ F. Wilczek, Phys. Rev. Lett. **109**, 160401 (2012).



FIG. 16. (color online). (a) Lorentzian decay constant N^* as a function of θ used in this example. (b) Crystalline fraction calculated for the distribution in (a), using N = 1—128 (blue dashed line), N = 1—50 (red solid line), and N = 1—20 (green dotted line).

- ² H. Watanabe and M. Oshikawa, Phys. Rev. Lett. **114**, 251603 (2015).
- ³ K. Sacha, Phys. Rev. A **91**, 033617 (2015).
- ⁴ K. Sacha and J. Zakrzewski, Rep. Prog. Phys. **81**, 016401 (2018).
- ⁵ R. Moessner and S. L. Sondhi, Nat. Phys. **13**, 424 (2017).
- ⁶ V. Khemani, A. Lazarides, R. Moessner, and S. L. Sondhi, Phys. Rev. Lett. **116**, 250401 (2016).
- ⁷ C. W. von Keyserlingk, V. Khemani, and S. L. Sondhi, Phys. Rev. B **94**, 085112 (2016).
- ⁸ D. V. Else, B. Bauer, and C. Nayak, Phys. Rev. Lett. **117**, 090402 (2016).
- ⁹ L. D'Alessio and M. Rigol, Phys. Rev. X 4, 041048 (2014).
- ¹⁰ A. Lazarides, A. Das, and R. Moessner, Phys. Rev. E **90**, 012110 (2014).
- ¹¹ A. Lazarides, A. Das, and R. Moessner, Phys. Rev. Lett. **112**, 150401 (2014).
- ¹² A. Lazarides, A. Das, and R. Moessner, Phys. Rev. Lett. **115**, 030402 (2015).
- ¹³ A. Lazarides and R. Moessner, Phys. Rev. B **95**, 195135 (2017).
- ¹⁴ C. W. von Keyserlingk and S. L. Sondhi, Phys. Rev. B **93**, 245145 (2016).
- ¹⁵ C. W. von Keyserlingk and S. L. Sondhi, Phys. Rev. B **93**, 245146 (2016).
- ¹⁶ D. A. Abanin, W. De Roeck, and F. Huveneers, Phys. Rev. Lett. **115**, 256803 (2015).
- ¹⁷ D. V. Else, B. Bauer, and C. Nayak, Phys. Rev. X 7, 011026 (2017).
- ¹⁸ F. Machado, G. D. Meyer, D. V. Else, C. Nayak, and N. Y. Yao, (2017), arXiv:1708.01620.

- ¹⁹ T. Kuwahara, T. Mori, and K. Saito, Annals of Physics **367**, 96 (2016).
- ²⁰ D. A. Abanin, W. De Roeck, W. W. Ho, and F. Huveneers, Phys. Rev. B **95**, 014112 (2017).
- ²¹ D. Abanin, W. De Roeck, W. W. Ho, and F. Huveneers, Communications in Mathematical Physics **354**, 809 (2017).
- ²² N. Y. Yao, A. C. Potter, I.-D. Potirniche, and A. Vishwanath, Phys. Rev. Lett. **118**, 030401 (2017).
- ²³ J. Zhang, P. W. Hess, A. Kyprianidis, P. Becker, A. Lee, J. Smith, G. Pagano, I.-D. Potirniche,
 A. C. Potter, A. Vishwanath, N. Y. Yao, and C. Monroe, Nature 543, 217 (2017).
- ²⁴ S. Choi, J. Choi, R. Landig, G. Kucsko, H. Zhou, J. Isoya, F. Jelezko, S. Onoda, H. Sumiya, V. Khemani, C. von Keyserlingk, N. Y. Yao, E. Demler, and M. D. Lukin, Nature **543**, 221 (2017).
- ²⁵ V. Oganesyan and D. A. Huse, Phys. Rev. B **75**, 155111 (2007).
- ²⁶ D. A. Huse, R. Nandkishore, and V. Oganesyan, Phys. Rev. B **90**, 174202 (2014).
- ²⁷ R. Nandkishore and D. A. Huse, Annu. Rev. Condens. Matter Phys. 6, 15 (2015).
- ²⁸ W. W. Ho, S. Choi, M. D. Lukin, and D. A. Abanin, Phys. Rev. Lett. **119**, 010602 (2017).
- ²⁹ B. Huang, Y.-H. Wu, and W. V. Liu, (2017), arXiv:1703.04663.
- ³⁰ A. Russomanno, F. Iemini, M. Dalmonte, and R. Fazio, Phys. Rev. B **95**, 214307 (2017).
- ³¹ J. Rovny, R. L. Blum, and S. E. Barrett, "Observation of Discrete Time-Crystalline Signatures in an Ordered Dipolar Many-Body System," (arXiv, unpublished).
- ³² J. West, Ferroelectrics **71**, 1 (1930).
- ³³ A. A. Khan and W. H. Baur, Acta Crystallogr. Sect. B **29**, 2721 (1973).
- ³⁴ C. P. Slichter, *Principles of Magnetic Resonance*, 3rd ed. (Springer, New York, 1996).
- ³⁵ M. Mehring, *High Resolution NMR in Solids*, 2nd ed. (Springer-Verlag, Berlin, 1983).
- ³⁶ A. Abragam, *Principles of High-Resolution NMR in Solids*, 2nd ed. (Clarendon, Oxford, 1961).
- ³⁷ R. R. Ernst, G. Bodenhausen, and A. Wokaun, Principles of Nuclear Magnetic Resonance in One and Two Dimensions, 3rd ed. (Clarendon Press, Oxford, 1987).
- ³⁸ R. Freeman, Spin Choreography: Basic Steps in High Resolution NMR (Spektrum, Oxford, 1997).
- ³⁹ E. L. Hahn, Phys. Rev. **80**, 580 (1950).
- ⁴⁰ S. R. Hartmann and E. L. Hahn, Phys. Rev. **128**, 2042 (1962).
- ⁴¹ A. Pines, M. G. Gibby, and J. S. Waugh, J. Chem. Phys. 56, 1776 (1972).

- ⁴² A. Pines, M. G. Gibby, and J. S. Waugh, J. Chem. Phys. **59**, 569 (1973).
- ⁴³ M. Levitt, *Spin Dynamics*, 2nd ed. (Wiley, New York, 2008).
- ⁴⁴ K. Eichele and R. E. Wasylishen, J. Phys. Chem. **98**, 3108 (1994).
- ⁴⁵ D. Li, Y. Dong, R. G. Ramos, J. D. Murray, K. MacLean, A. E. Dementyev, and S. E. Barrett, Phys. Rev. B 77, 214306 (2008).
- ⁴⁶ D. Li, A. E. Dementyev, Y. Dong, R. G. Ramos, and S. E. Barrett, Phys. Rev. Lett. **98**, 190401 (2007).
- ⁴⁷ For CW decoupling, we use $\gamma_H H_1/2\pi \approx 18$ kHz. This is a compromise between maximizing the decoupling performance and minimizing the heating of the NMR tank circuit.
- ⁴⁸ W.-K. Rhim, A. Pines, and J. S. Waugh, Phys. Rev. B **3**, 684 (1971).
- ⁴⁹ I. Solomon, Phys. Rev. Lett. **2**, 301 (1959).
- ⁵⁰ J. S. Waugh, L. M. Huber, and U. Haeberlen, Phys. Rev. Lett. **20**, 180 (1968).
- ⁵¹ U. Haeberlen, *High Resolution NMR in Solids: Selective Averaging* (Academic Press, New York, 1976).
- ⁵² U. Haeberlen and J. S. Waugh, Phys. Rev. **175**, 453 (1968).
- ⁵³ Y. Dong, R. G. Ramos, D. Li, and S. E. Barrett, Phys. Rev. Lett. **100**, 247601 (2008).
- ⁵⁴ M. A. Frey, M. Michaud, J. N. VanHouten, K. L. Insogna, J. A. Madri, and S. E. Barrett, Proc. Natl. Acad. Sci. **109**, 5190 (2012).
- ⁵⁵ S. Pal, N. Nishad, T. S. Mahesh, and G. J. Sreejith, (2017), arXiv:1708.08443.
- 56 We note that these symmetries will also extend to other groups of spin-spin couplings, for instance the ^{14}N - ^{14}N coupling.
- ⁵⁷ I. J. Lowe and R. E. Norberg, Phys. Rev. **107**, 46 (1957).
- ⁵⁸ O. Sørensen, G. Eich, M. Levitt, G. Bodenhausen, and R. Ernst, Prog. Nucl. Magn. Reson. Spectrosc. 16, 163 (1984).