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1 **Stability limits and transformation pathways of α -quartz under high pressure**

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13 **Abstract**

14 Ubiquitous on Earth, α -quartz plays an important role in modern science and technology.
15 However, despite extensive research in the past, the mechanism of the polymorphic transitions of
16 α -quartz at high pressures remains poorly understood. Here, combining *in situ* single-crystal x-
17 ray diffraction experiment and advanced *ab initio* modeling, we report two stability limits and
18 competing transition pathways of α -quartz under high pressure. Under near-equilibrium
19 compression conditions at room temperature, α -quartz transits to a new *P2/c* silica phase, via a
20 structural intermediate. If the thermally activated transition is kinetically suppressed, the ultimate
21 stability of α -quartz is controlled by its phonon instability and α -quartz collapses into a different
22 crystalline phase. Our studies reveal that pressure-induced solid-state transformation of α -quartz
23 undergoes a succession of structural stability limits due to thermodynamic and mechanical
24 catastrophes, and exhibits a hierarchy of transition pathways contingent upon kinetic conditions.

25 I. Introduction

26 Silica is among the most common materials in nature and possesses tremendous
27 technological importance [1-8]. A plethora of crystal structures, including crystals and
28 amorphous solids exist in the SiO₂ system at different pressure and temperature conditions [9-14].
29 The ambient polymorph of silica, α -quartz, occupies roughly 12% of the earth's crust, whose
30 high-pressure phase behavior is of fundamental interest to materials science and geoscience. For
31 example, with its corner-linked silica-oxygen tetrahedra in a trigonal unit cell (space group
32 $P3_121$), α -quartz is an archetypal system for studying the pressure effects on the lattice dynamics
33 and phase transformation of tetrahedrally bonded network framework structures [15-17].

34 In general, the Si-O tetrahedral motifs in α -quartz undergo transitions to Si-O six-
35 coordinated octahedral structures (stishovite) at the upper mantle of the Earth [18] and such a
36 coordination change occurs at several tens of gigapascals under room temperature [19-25]. Over
37 the past decades, a large body of experimental and theoretic work has attempted to shed light on
38 the details of the transition, but often with controversial observations and explanations
39 [13,19,23]. Pioneering energy-dispersive x-ray diffraction studies of compressed polycrystalline
40 α -quartz showed it collapsed to an amorphous structure above 25 gigapascal (GPa) [1,26]. In
41 ensuing experiments that allowed various compression rates, however, either poorly crystallized
42 stishovite [2] or a monoclinic post-quartz phase [19] has been reported as high-pressure products.
43 On the other hand, theoretical calculations based on first-principles static calculations [5,27] and
44 classic interatomic potentials [13,23] predicted a slew of silica polymorphs. Mechanism-wise,
45 much less is known about the phase transition of α -quartz. Phonon softening and the associated
46 mechanical instability have been put forward to interpret the phase behavior of α -quartz [28,29].
47 Recently, Martonák and colleagues [23,24] employed new simulation techniques to study the
48 transition pathways of quartz and suggested that compressed α -quartz proceed with a direct
49 crystalline transition pathway to the stishovite structure at 15 GPa. Here, we uncover competing
50 transition mechanisms of compressed α -quartz by employing *in situ* single-crystal x-ray
51 diffraction experiments and *ab initio* modeling, aiming to provide a unified picture for the phase
52 transition of α -quartz among other oxide compounds.

53 **II. Materials and Methods**

54 **A. X-ray diffraction experiments**

55 X-ray diffraction experiments were performed on α -quartz single crystals at 16BM-D station
56 of High-Pressure Collaborative Access Team (HPCAT) of the Advanced Photon Source (APS),
57 Argonne National Laboratory (ANL). Thin-cut natural α -quartz single crystal samples ($\sim 35\mu\text{m}$
58 (L) $\times 35\mu\text{m}$ (W) $\times 10\mu\text{m}$ (T)) were loaded in Mao-Bell diamond anvil cells. The samples were
59 loaded to DAC chambers sealed with tungsten gaskets with helium gas as the pressure medium.
60 Diffraction patterns were collected onto a Mar 345 image plate detector at each x-ray incident
61 angle (1° per image) from -15° to 15° . An additional image scanning over the same range of
62 scattering angle was taken to show the integrated 2D diffraction pattern. The orientation matrix
63 and crystalline structures were calculated with the difference-vector approach, using the single
64 crystal solving package GSE_ADA [30]. Pressure was determined by calibrating the ruby
65 fluorescence line shift in an off-line Ruby system. The uncertainty in pressure measurements was
66 up to ± 2 GPa, derived from the pressure change within each image collection interval. For all the
67 experimental runs, consistent diffraction patterns were reproduced at all pressures at room
68 temperature using multiple single-crystal samples.

70 **B. First-principles equation of state**

71 First-principles structural optimization was performed in the framework of density functional
72 theory (DFT) through package Quantum ESPRESSO ver. 5.0.1 [31]. The generalized gradient
73 approximation under the Becke-Lee-Yang-Parr (BLYP) parametrization [32,33] was employed
74 to describe the exchange-correlation functional. Norm-conserving pseudopotentials were used
75 with 4 valence electrons for Si ($2s^2 2p^2$) and 6 for O atoms ($2s^2 2p^4$). A plane-wave basis set with
76 kinetic energy cut-off of 200 Ry (*i.e.*, 2730 eV) was found sufficient to converge the total energy
77 within 2.7×10^{-7} eV. Unitcells of silica polymorphs were used for EOS calculations, in which
78 their Brillouin zones were sampled with a Monkhorst mesh of k points, as shown in Table 1.

79 Hydrostatic pressure was applied by adding pulay stress to the diagonal elements of the stress
80 tensor. All the structures were fully relaxed (including both cell parameters and atomic positions)
81 in *ab initio* modeling such that the force acting on each atom was less than 0.01 eV/Å. The
82 external pressure was within 0.1 GPa difference of the pre-converged pressure, confirming that
83 the optimized structure has reached a local energy minimum.

84

85 C. Free energy calculation of SiO₂ polymorphs

86 The Gibbs free energy $G(T,P,V)$ at certain pressure, temperature and volume is described as:

$$87 \quad G = U_0 + F + PV \quad (1)$$

88 including cohesive energy U_0 , vibrational energy F , and the pressure-volume term PV . The
89 vibrational free energy is estimated with the quasi-harmonic approximation (QHA) [34]. Under
90 this approximation the system is equivalent to a collection of independent harmonic oscillators,
91 establishing the quantum mechanical energy levels of the system. In the QHA, the vibrational
92 free energy $F(T,V)$ is computed from:

$$93 \quad F(T, V) = \frac{1}{2} \sum_{\mathbf{q},s} \hbar \omega(\mathbf{q}, s) + k_B T \sum_{\mathbf{q},s} \ln \left\{ 2 \sinh \frac{\hbar \omega(\mathbf{q},s)}{2k_B T} \right\} \quad (2)$$

94 where $\omega(\mathbf{q},s)$ is the phonon frequency of sth mode for a given wave vector \mathbf{q} ; k_B is the
95 Boltzmann constant; \hbar Plank's constant and T the temperature. The pressure P is then calculated
96 explicitly as a derivative of the free energy with respect to volume V .

$$97 \quad P = - \left. \frac{\partial(U_0+F)}{\partial V} \right|_T \quad (3)$$

98 Based on our calculation of the free energy on a variety of pressures, the equation above was
99 used to interpolate the free energy over a wide range of pressure:

$$100 \quad F_i = F_{i-1} - (U_{0i} - U_{0i-1}) - P_i(V_i - V_{i-1}) \quad (4)$$

101 The interpolated vibrational free energy F_i was propagated from its neighboring cohesive
102 energy U_{0i} and volume V_i with the forward Euler method.

103

104 D. *Ab initio* metadynamics modeling

105 Metadynamics simulations were carried out as a barrier crossing algorithm to survey the free
106 energy landscape of the phase transition in this work [35,36]. This method of employing
107 supercell as order parameter was proposed to study the phase transitions of crystals [37,38] and
108 has been successfully applied to SiO₂ [23-25]. In metadynamics computer simulation, the system
109 is described as a function of collective variables (CVs) \mathcal{S}_α . The collective variables (reaction
110 coordinates) can be one or combinations of order parameters that characterize the system in the
111 simulation timescale of t .

112 It is nontrivial to choose collective variables. In general, the changes of CVs reflect the
113 evolution of the structures during phase transformation. The number of CVs needs to be as small

114 as possible, so as to minimize the efforts to synchronize their depositing progress where
 115 unexpected issues may occur (*e.g.* the hill surfing problems [39]). To have more control over the
 116 dynamics in the CV space, a set of auxiliary degrees of variable $\{\mathbf{s}_\alpha\}$ are employed with the
 117 extended Lagrangian formulation and associated with the set of CV $\{\mathbf{S}_\alpha\}$ [40]. Each \mathbf{s}_α is coupled
 118 with one \mathbf{S}_α such that potential hills are added slowly from the bottom of free energy well.
 119 During a molecular dynamics (MD) run with the metadynamics method, the free energy is
 120 reconstructed at each metadynamics time interval by adding a history-dependent potential, which
 121 is usually the sum of repulsive Gaussian potentials hills along the trajectory of the auxiliary
 122 variables \mathbf{s}_α . The reconstructed Hamiltonian is the sum of first-principles energy (H_E , the
 123 functional of electron density $\rho(\mathbf{r})$ and position \mathbf{r}) and the free energy from metadynamics (V_{mtd})
 124 is defined as:

$$125 \quad H(\mathbf{r}, \rho(\mathbf{r}), \mathbf{s}_\alpha, t) = H_E(\mathbf{r}, \rho(\mathbf{r})) + V_{mtd}(\mathbf{s}_\alpha, t) \quad (5)$$

$$126 \quad V_{mtd}(\mathbf{s}_\alpha, t) = \sum_{t_i < t} \left[\left\{ h \exp \left(-\frac{(\mathbf{s}_\alpha^i - \mathbf{s}_\alpha)^2}{2\delta_s^2} \right) \right\} \cdot G(\mathbf{s}_\alpha, t) \right] \quad (6)$$

127 where t is the simulation time, i counts the metadynamics time step (MTD), the first Gaussian
 128 has height h and width δ_s and the second Gaussian $G(\mathbf{s}_\alpha, t)$ is to ensure the potential hills are
 129 slowly growing and follow a reasonable dynamics [39]. In principle, our implementation of
 130 metadynamics simulation followed literature prescriptions [39-42]. In order to determine the
 131 shapes of the Gaussian functions (height h and width δ_s), we first ran MD without depositing any
 132 bias energy for each CV combination to measure the width of the free energy well. This helped
 133 us determine the unitless scaling factors α_i to synchronize all CVs:

$$134 \quad \alpha_1 \omega_1 = \alpha_2 \omega_2 = \alpha_3 \omega_3 = \dots \quad (7)$$

135 where ω_i is the fluctuation range for the i th CV. The Gaussian width δ_s was set to be a quarter of
 136 ω_i and applied to all CVs by multiplying their scaling factors.

137 In the production runs, the potential hills were added to the history-dependent potential V_{mtd}
 138 after each MTD. Depending on the displacement of CVs, length of MTD was adjusted in range
 139 of 1500-5000 MD steps so that the following relation was satisfied at time t_i :

$$140 \quad |\mathbf{s}_\alpha(t) - \mathbf{s}_\alpha(t_i)| > \frac{3}{2} \delta_s \quad (8)$$

141 In this study the metadynamics simulation was performed with the CPMD package (ver.
 142 3.15.1)[43]. A $2 \times 2 \times 1$ α -quartz supercell (36 atoms) was slowly compressed to designated

143 pressures. The simulation system was equilibrated for 2 picoseconds (10,000 MD time-steps) at
144 300 K with *ab initio* MD in an NPT ensemble [44]. During the *ab initio* MD simulation, the
145 fluctuations of fictitious electron kinetic energy were restricted by a velocities scaling in a range
146 of ± 300 K while the nuclear degree of freedom was controlled by the Nosé-Hoover chain
147 thermostats [45].

148 To reveal the structural transition of α -quartz, we initially performed test runs on a variety of
149 combinations of CVs. Firstly, the full set of lattice parameters ($a, b, c, \alpha, \beta, \chi$) were employed as
150 the CVs. The simulation, however, was stuck at a four-coordinated state up to 300 MTDs,
151 presumably due to the fact that the shape of the potential well along certain CV trajectory was
152 very steep and the deposit rate on each CV was not perfectly synchronized. On the other hand,
153 the use of Si coordination number as the CV could promote the dynamics, but the system was
154 quickly pushed to a random six-coordinated structure. In light of this, we chose lattice variables
155 with relatively shallower potential wells (here, cell-edge a and c) and the average coordination
156 number of silicon as the CVs. The scaling factors (α_i) and Gaussian shape parameters (h, δ_s) for
157 our metadynamics simulation are listed in Table 2.

158

159 **E. Phonon dispersion**

160 First-principles phonon calculations were conducted based on the same BLYP type GGA
161 pseudopotential using the Quantum Espresso phonon code. A $3 \times 3 \times 3$ Monkhorst-Pack mesh was
162 adopted for all the studied phases and the structures were completely optimized with an energy
163 convergence of 1.0×10^{-7} eV, and the force acting on each atom less than 0.01 eV/Å.

164 We computed the dynamical matrix on a same grid of $3 \times 3 \times 3$ wave vector in the Brillouin
165 zone by applying the density functional perturbation theory (DFPT). The long range dipole-
166 dipole interaction was taken into account using the dielectric tensor. The computed LO-TO splits
167 were found in good agreement with literature data [46]. The phonon frequencies could be
168 calculated at any wave vector \mathbf{q} by reconstructing the dynamical matrix with the Fourier
169 interpolation method. By comparing the results between the calculated frequencies in reciprocal
170 space and those obtained by applying Fourier interpolation, we found that the $3 \times 3 \times 3$ wave vector
171 grid was sufficient to produce accurate frequencies.

172 The purpose for phonon calculations in this work is three-fold. a) Examine the mechanical
173 stability of the derived metastable phases. Both the necessary and sufficient condition for the

174 mechanical stability of a crystal is the phonon stability [47,48], *i.e.*, $\omega(\mathbf{q},\mathbf{s})^2 > 0$ holds for any
175 wave vector \mathbf{q} and vibration modes. A phonon mode that has imaginary frequency, *i.e.*,
176 $\omega(\mathbf{q},\mathbf{s})^2 < 0$, will lower the energy of the system, indicating the crystal is mechanically unstable. b)
177 The phonon vibration modes were used to estimate the Gibbs free energy of the crystals based on
178 the quasi-harmonic approximation. c) Monitor the phonon-softening behavior of the Brillouin
179 zone boundary of α -quartz and to examine at what pressure the phonon instability (an indicator
180 of mechanical instability) kicks in.

181

182 **F. Solid-state nudged elastic band method**

183 The transition pathway directly connecting two silica polymorphs was studied with the
184 nudged-elastic band (NEB) method [49]. When the initial and final states of a reaction are
185 known, the NEB relaxes an initial path to a minimum-energy path (MEP). The structures on the
186 transition pathway are called “replicas”, where multiple replicas are initialized as the geometric
187 intermediates. Here we used the so-called solid-state NEB (ssNEB) [50], which is suitable in
188 dealing with phase transitions involving cell shape changes. In this method, a *Jacobian* is used to
189 combine atomic and cell degrees of freedom so that the MEP is insensitive to the choice of unit
190 cell size and geometry:

$$191 \quad J = \Omega^{1/3} N^{1/6} \quad (9)$$

192 where Ω is the volume of the unit cell and N is the number of atoms in the cell. It connects the
193 strain from the cell into the same unit of atomic position, so that the changes in the
194 configurations $\Delta\mathbf{R}_{ss}$ is formed by concatenating the strain ϵ and changes in atomic coordinates
195 $\Delta\mathbf{R}$:

$$196 \quad \Delta\mathbf{R}_{ss} = \{J\epsilon, \Delta\mathbf{R}\} \quad (10)$$

197 The ssNEB was implemented in the Vienna *Ab Initio* Simulation Package (VASP) [51],
198 together with the Transition States Tools VASP (VTST) [50]. Full geometry optimizations were
199 achieved on both structures. The projected augmented-waves (PAW) pseudopotentials with
200 Perdew-Wang type GGA parameterization [52] for Si and O with a 550 eV plane basis cutoff
201 were used in these calculations. The initial phase and the final phase were sampled with 16
202 replicas with equal image distances connecting the two reactant phases. We adopted a force-
203 based quick-min optimizer [53] to find the MEP in the phase transition pathway and the force
204 typically converged within 200 ionic steps.

205

206 **III. Results**

207 We first demonstrate how compressed α -quartz transforms under hydrostatic conditions at
208 room temperature. In the experiment, in order to capture the most sensitive structural changes in
209 α -quartz under pressure, single-crystal x-ray diffraction patterns were collected in a diamond
210 anvil cell (DAC) at different pressures. We preserved our thin-cut single-crystal samples in
211 helium pressure medium. Selected diffraction patterns on the evolution of compressed α -quartz
212 single crystal up to 61 GPa were shown in Fig. 1. At low pressures, sharp diffraction peaks could
213 be readily indexed to a trigonal phase with the space group $P3_121$ (Fig. 1(a)). Above 25 GPa, the
214 intensity of α -quartz peaks was greatly lowered, while new sets of diffraction peaks appeared,
215 labeled in red color (Fig. 1(b-d)), indicating the formation of a new phase that persisted to higher
216 pressures. This phase was previously interpreted as quartz II [3,13] assuming a mixed
217 tetrahedron and octahedron framework. However, our single-crystal x-ray diffractions pattern
218 were unambiguously indexed into a monoclinic type silica phase (Fig. 1(e), space group $P2/c$,
219 designated as m -silica) that only contains six-coordinated Si-O octahedra, which was further
220 corroborated with metadynamics *ab initio* modeling (see below). The quartz II phase and our
221 $P2/c$ phase do not show identical diffraction patterns, although they share similarities (see, *e.g.*,
222 Fig. 1 in Ref. 3). The sharp high d -spacing peak in Ref. 3 (at 27.4 GPa, $d\sim 3.6 \text{ \AA}^{-1}$ or $Q\sim 17.5 \text{ nm-}$
223 1) is absent from our single-crystal pattern (30 GPa). The m -silica phase with its 2×2 Si-O
224 octahedral framework, was distinctly different from the monoclinic phase achieved by fast
225 compression, which was reported to consist of 3×2 octahedral blocks [19]. It is worth noting that
226 weak diffraction spots were discernable between the (011) peak from quartz and the $(\bar{1}11)$ peak
227 from m -silica (Fig. 1(d)). Such weak diffraction peaks stem from a structural intermediate, as
228 suggested by our first-principles calculations. With increasing pressure, the diffraction intensity
229 of α -quartz and the intermediate phase became gradually lowered and eventually disappeared.
230 The original α -quartz phase completely transformed to the m -silica phase above 45 GPa and was
231 stable at least up to 61 GPa. The newly found m -silica phase differed in structure from
232 previously reported CaCl_2 [4] and $\alpha\text{-PbO}_2$ [6] types of silica and was found to be energetically
233 comparable with these competing phases in the pressure range of interest (Fig. 2).

234 The transition of α -quartz to the *m*-silica resulted in a large volume collapse (*e.g.*, $\sim 17\%$ at
235 30.5 GPa) over a wide pressure range, reflected from the experimental equations of state (EOS)
236 of compressed α -quartz and related polymorphs as shown in Fig. 3(a). Upon the appearance of
237 high-pressure phases, the diffraction patterns became strongly broadened and the intensities were
238 lowered by one order of magnitude, suggesting that the single crystal sample underwent severe
239 lattice distortions under high pressures, including possible twinning or domain splitting. Such
240 lattice distortions and long-range imperfections could help the single crystal to survive a large
241 volume collapse. As a result, the high-pressure *m*-silica phase was badly crystallized from the
242 sluggish transition, showing smearing diffraction spots but with distinct crystalline ordering. In
243 previous high-pressure experiments on alpha-quartz, the pressure-induced amorphization (PIA)
244 phenomenon was reported, which, however, could be due to the extremely low intensities of the
245 diffraction signals of polycrystalline powder samples. Throughout our high-pressure
246 experiments, no broad amorphous peaks from compressed single-crystal α -quartz was identified,
247 excluding the possibility of PIA.

248 The driving force for the transition from α -quartz to *m*-silica was rationalized by assessing
249 the Gibbs free energies of the phases from first-principles calculations. Our thermodynamic
250 analysis at 300 K indicated that the free-energy crossover of the two phases occurs at 26 GPa
251 (Fig. 3(b)), above which *m*-silica had lower Gibbs free energy and was a more
252 thermodynamically stable phase, setting the stage for the phase transition to take place. The
253 theoretical prediction was in excellent agreement with our experiments where the more stable *m*-
254 silica phase only appeared at pressures above 25 GPa, signifying a thermodynamic catastrophe of
255 α -quartz at room temperature.

256 While thermodynamically permissible, the actual phase transition was dictated by its kinetics
257 to overcome local energy barriers. Here we employed *ab initio* metadynamics simulation to
258 probe the transition pathway. The constructed free-energy surfaces at 25 and 35 GPa were shown
259 in Fig. 4(a)&(b). Through metadynamics, we mapped out the structures of the intermediate phase
260 and *m*-silica (Fig. 4(c) and Fig. 5), and quantified the energy barriers for the transition (Fig. 4).
261 At 25 GPa, the energy basin of the intermediate phase was rather shallow (Fig. 4(a)), matching
262 our x-ray diffraction experiment where its main diffraction peak was present but with a low
263 intensity (Fig. 1(d)). The changes of free energy in the metadynamics simulation were included
264 in Fig. 6. At 35 GPa and 300 K, the intermediate phase dwelled in a deeper energy basin (with an

265 energy well depth of $\sim 0.5 k_B T$) on the energy landscape (Fig. 4(b)). Experimentally, diffraction
266 signals from the intermediate phase were visible up to 45 GPa, confirming that only a small
267 amount of intermediate phase resides in the free energy well in a wide pressure range (25-45
268 GPa). The lattice parameter a was compressed by 8.7%, while the c shortened by 7.0%, leading
269 to a 10.9% volume collapse. The length of the b -axis of the simulation box, however, remained
270 almost unchanged throughout the phase transition. The volume drop, achieved by the
271 compression of the a and c axis, formed edge-sharing octahedra chains along the (100) plane of
272 the intermediate phase (Fig. 4(c)).

273 With prolonged metadynamics simulation (*e.g.*, 79 metasteps at 35 GPa, Fig. 5), the system
274 was able to escape the energy well of the transitional intermediate phase (Fig. 4(b)), and
275 eventually transformed into m -silica. We stopped the metadynamics simulation when the
276 difference in the deposited energy for the α -quartz and m -silica phases matched the static free-
277 energy calculation employing the quasi-harmonic approximation. During the phase transition
278 from the intermediate structure to the more stable m -silica phase, a large enthalpy drop was
279 observed after overcoming a small free-energy barrier. Volume continued to drop by 8.7%,
280 mainly contributed from the shortening of the a -axis (4.4%) and the c -axis (9.2%), consistent
281 with the experimental EOS in Fig. 3(a).

282 The transition from α -quartz to m -silica calls for significant rearrangements of both cations
283 and anions, necessitating a thermally activated process. At room temperature, the thermal energy
284 is not enough for the system to overcome the kinetic energy barrier quickly, and consequently,
285 compressed silica undergoes a sluggish kinetic process, evidenced by the coexistence of multiple
286 phases over a wide pressure range. As such, the transition path featuring the intermediate phase
287 as a mid-product is a manifestation of kinetic constraints. It is worth noting that such a phase
288 transition does not originate from the phonon softening of α -quartz as suggested in previous
289 studies [28,29].

290 Experimentally, we did not observe a reverse transition from m -silica to α -quartz. The main
291 reason is due to kinetics. For first-order solid-state phase transitions, although
292 thermodynamically permissible, the actual phase transition is controlled by kinetics that
293 overcomes the energy-barrier, often exhibiting a large hysteresis. It took 20 GPa (25-45 GPa) in
294 our experiment to accomplish the kinetic process from α -quartz to m -silica. Likewise, it would
295 require to a large decompression pressure range to reverse the phase transition. Considering the

296 reconstruction to *m*-silica lowered the diffraction intensity by one order of magnitude, the
297 recovered lower-pressure α -quartz with even weaker diffraction signals will be even more
298 difficult to detect.

299 Lastly, if the phase transition described above was kinetically inhibited, *e.g.*, at very low
300 temperatures where the kinetic energy was far below the phase transition energy barrier, the α -
301 quartz phase would be trapped in the local energy minimum of the potential well, being
302 metastable to higher pressures. Under this condition, we demonstrate that the ultimate stability of
303 α -quartz is controlled by phonon softening at the K point (1/3, 1/3, 0) of the Brillouin zone. The
304 phonon dispersion curves of α -quartz were theoretically evaluated in Fig. 7. Noticeable in the
305 phonon dispersion curves was the phonon softening of the K point with increasing pressure. The
306 K point phonon instability was clearly seen when the pressure reached as high as 48 GPa, shown
307 in Fig. 8(a). Above 48 GPa, the negative vibrational modes around the K point indicated that
308 atomic vibrations along the unstable eigenvector would destabilize the α -quartz structure,
309 leading toward the formation of a new phase without the need for thermal excitation (Fig. 8(b)).
310 Such a transition involves short-distance atomic shuffling, as shown in Fig. 8(c), belonging to a
311 diffusionless transformation process. The newly formed phase after lattice collapse has a *C222*
312 structure where anions form a close-packed *b.c.c*-like sublattice and one-third of cations occupy
313 the tetrahedral sites of O atoms and two-thirds of the cations occupy the octahedral sites. This
314 same post-quartz phase has been previously predicted to form [8,21,27,54], but our results reveal
315 that this displacive phase transition occurred at a much higher pressure (above 48 GPa).

316 To corroborate the mechanism of phonon instability, we analyzed the energy barrier
317 separating α -quartz and the *C222* silica phase employing the solid-state nudged elastic band
318 (ssNEB) method [50]. It was evident from the calculation that the free energy barrier vanished
319 when the pressure reached the critical value between 45 and 50 GPa (Fig. 9). Such a phase
320 transition due to lattice instability was readily observed in *ab initio* MD simulations at finite
321 temperatures. To this end, we conducted *ab initio* MD simulation in an *NPT* ensemble (constant
322 particle number, pressure and temperature). Pressure was gradually applied to a $2\times 2\times 1$ α -quartz
323 supercell and the tetrahedral framework was maintained up to 50 GPa, where we found edge-
324 sharing octahedra formed along the (100) plane. The *C222* silica phase was mechanically stable
325 above 50 GPa, as further confirmed by first-principles phonon calculations (Supplemental
326 Material Fig. S1 [55]). Experimentally, under the premise of hydrostatic condition, observation

327 of this phase transition induced by phonon instability might be preempted by other transitions
328 occurring at lower pressures and finite temperatures.

329

330 **IV. Conclusions**

331 We have demonstrated through experimentation and simulation that the densification of α -
332 quartz follows two distinct transition pathways: a reconstructive transition from α -quartz to *m*-
333 silica involving an intermediate phase, as opposed to a displacive transition from α -quartz to a
334 *C222* silica phase induced by phonon instability. We showed that the ultimate pressure limit for
335 the existence of α -quartz is 48 GPa. The new high-pressure phases discovered in this work are
336 among the many possible polymorphs of silica, whose polyhedra building blocks are arranged in
337 unique patterns that would require specific pathways to achieve. Such competing mechanisms
338 may be operative simultaneously under certain experimental conditions and may give rise to
339 complicated phase behaviors as seen in previous experimental work. Our findings point to the
340 fact that, analogous to the superheating limit of crystals [56], solid-state transformation under
341 high pressure generally follows a succession of structural stability limits arising from
342 thermodynamic, kinetic, and mechanical considerations, resulting in a hierarchy of structural
343 transition pathways.

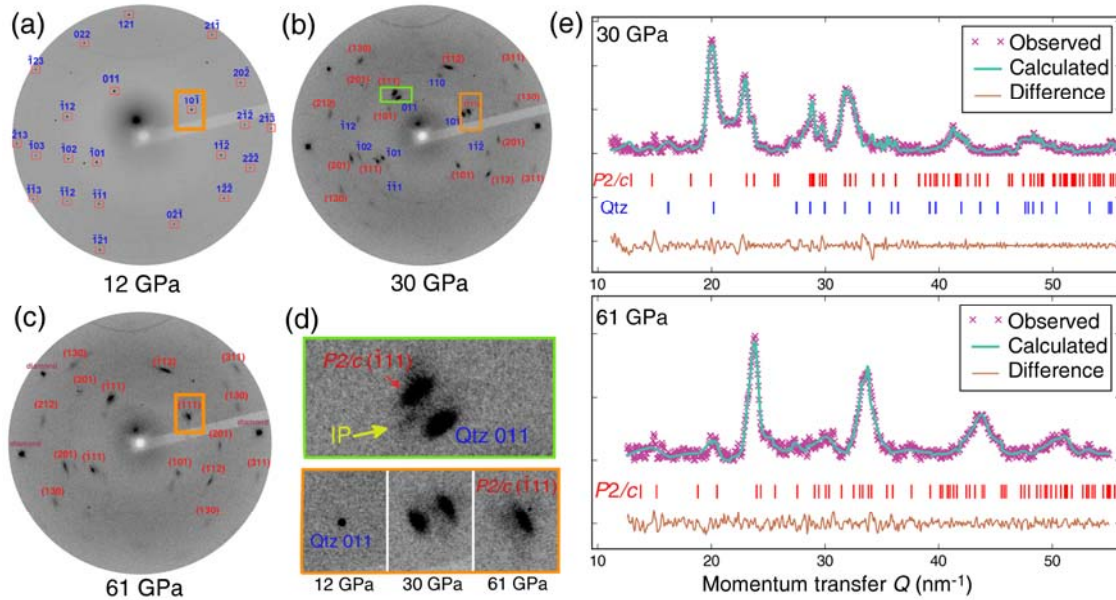
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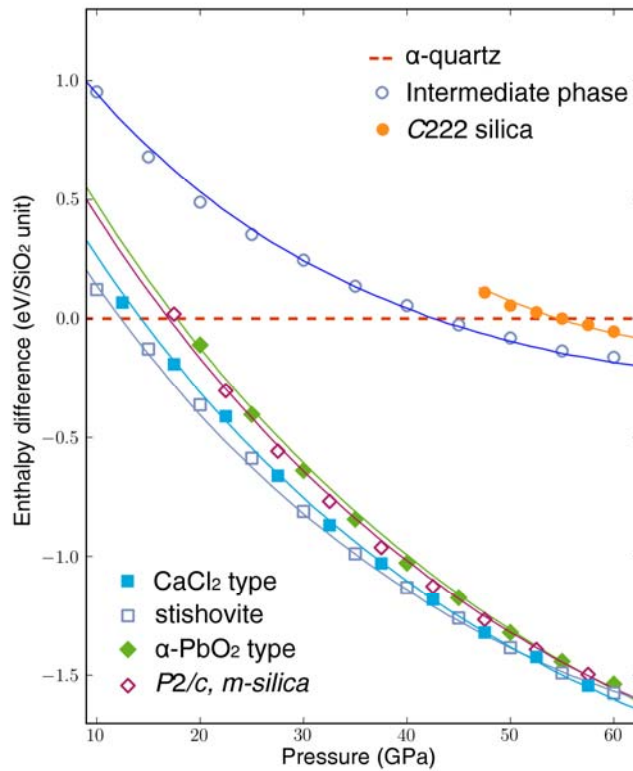
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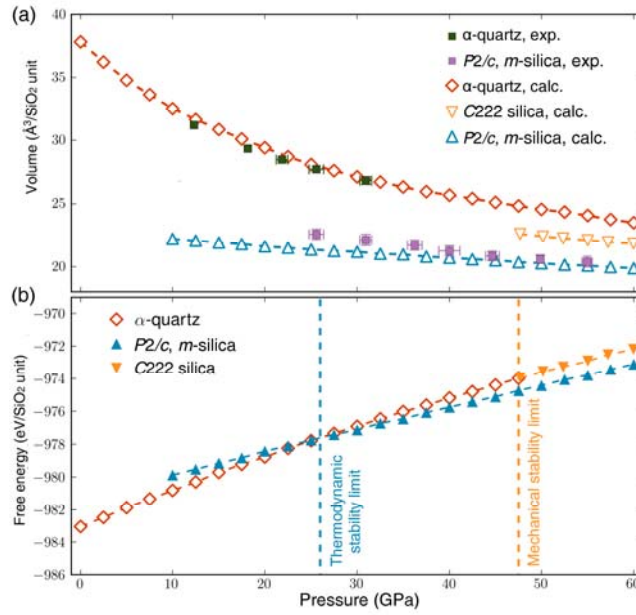
419 FIG. 1. Structural determination of compressed single-crystal α -quartz. (a) 2D single-crystal
 420 pattern of pure α -quartz at 12 GPa. (b) Coexistence of α -quartz and m -silica at 30 GPa. Red
 421 labels correspond to the emerging m -silica phase. The existence of the intermediate phase is
 422 marked by yellow arrows. (c) m -silica (space group $P2/c$) at 61 GPa. (d) Co-existence of three
 423 phases at 30 GPa within the green box in **b** and the evolution of single-crystal diffraction spots
 424 within the orange solid box in (a)-(c). (e) Structural refinements at 30 and 61 GPa. See Table 3
 425 and 4 for crystallographic data. Abbreviations in the figure are: Qtz, quartz; IP, intermediate
 426 phase.



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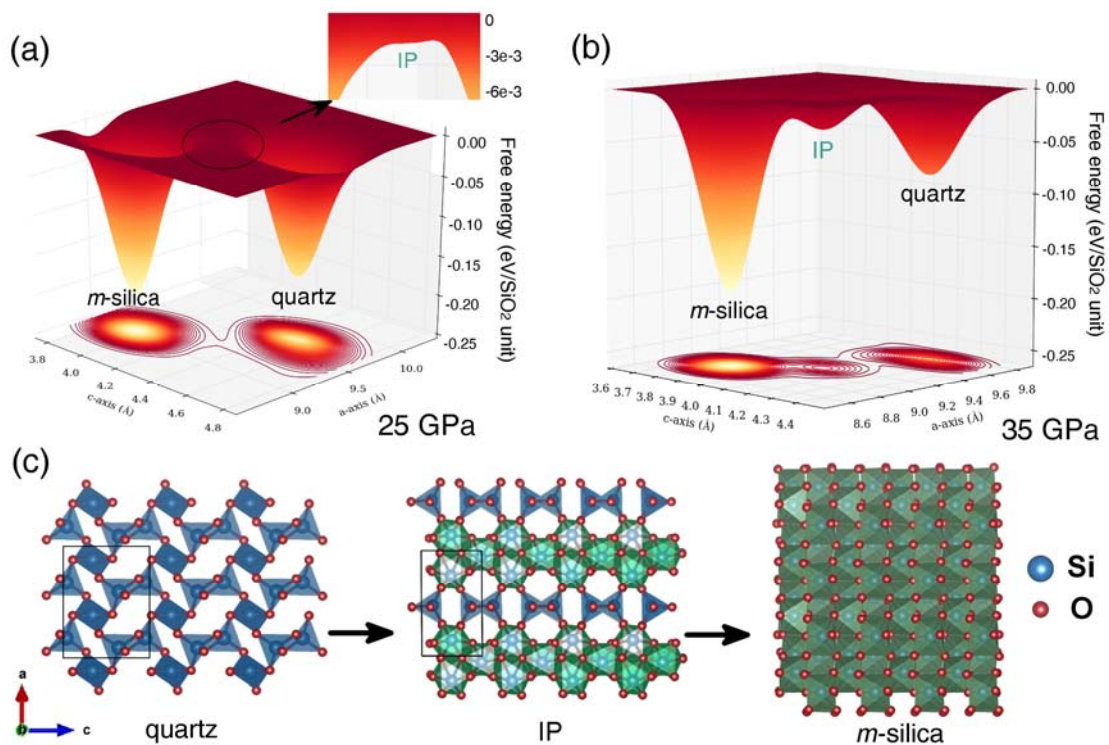
428 FIG. 2. Comparison of the enthalpies of seven silica polymorphs at different pressures. The
 429 enthalpies of α -quartz (space group $P3_121$), intermediate phase ($P1$), quartz III (space group
 430 $C222$), monoclinic post-stishovite (space group $P2/c$), stishovite (space group $P4_2/mnm$), CaCl_2 -
 431 type post-stishovite (space group $Pnmm$) [4], and $\alpha\text{-PbO}_2$ -type post-stishovite (space group $Pbcn$)
 432 [6] are presented with reference to α -quartz. The solid lines are based on the fit to the calculated
 433 data with the third-order Birch-Murnaghan equation.

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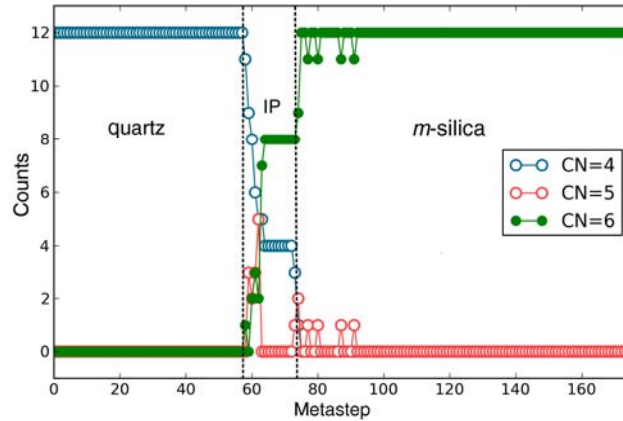
435

436 FIG. 3. Structural stability of α -quartz under high pressure. (a) Experimental and simulated
 437 EOS's of α -quartz and its polymorphs. The transition from α -quartz to m -silica occurs at ~ 25
 438 GPa. (b) Calculated pressure dependence of the Gibbs free energy for α -quartz, $C222$ silica and
 439 m -silica based on the quasi-harmonic approximation at 300 K.



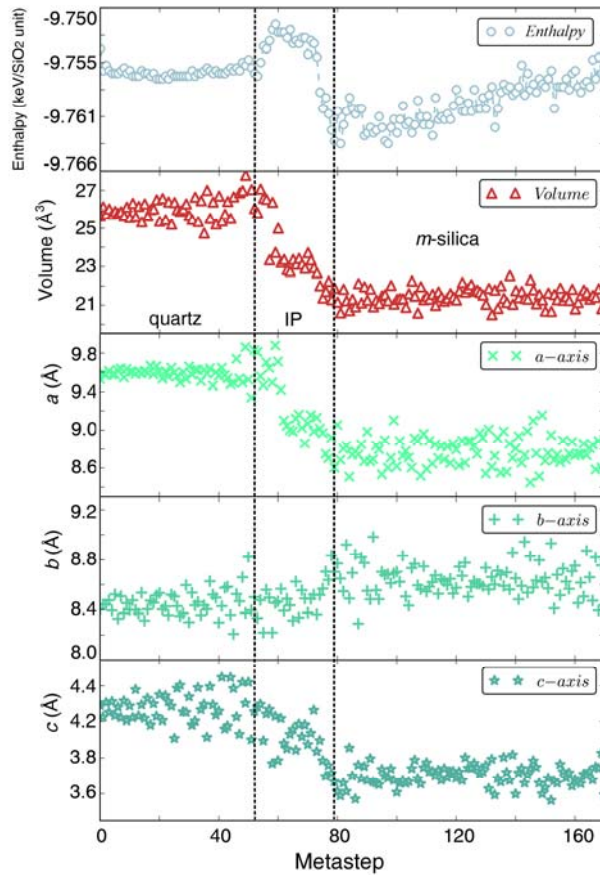
440

441 FIG. 4. Reconstructed free-energy landscape obtained from *ab initio* metadynamics simulation at
 442 (a) 25 GPa and (b) 35 GPa, projected along the *a*- and *c*-axis of the SiO₂ simulation unit cell. A
 443 local energy basin corresponding to the intermediate phase (abbreviated as IP) is present between
 444 α -quartz and the *m*-phase. The inset in (a) is rescaled to show the shallow energy well of
 445 transition intermediate. Structural changes along the transition pathway are shown in (c),
 446 illustrating the formation of octahedral Si-O structural units along the (100) plane of alpha-
 447 quartz. Calculated structures and phonon dispersion curves of IP and the *m*-phase are shown in
 448 Supplemental Material Fig. S2 and S3 [55].



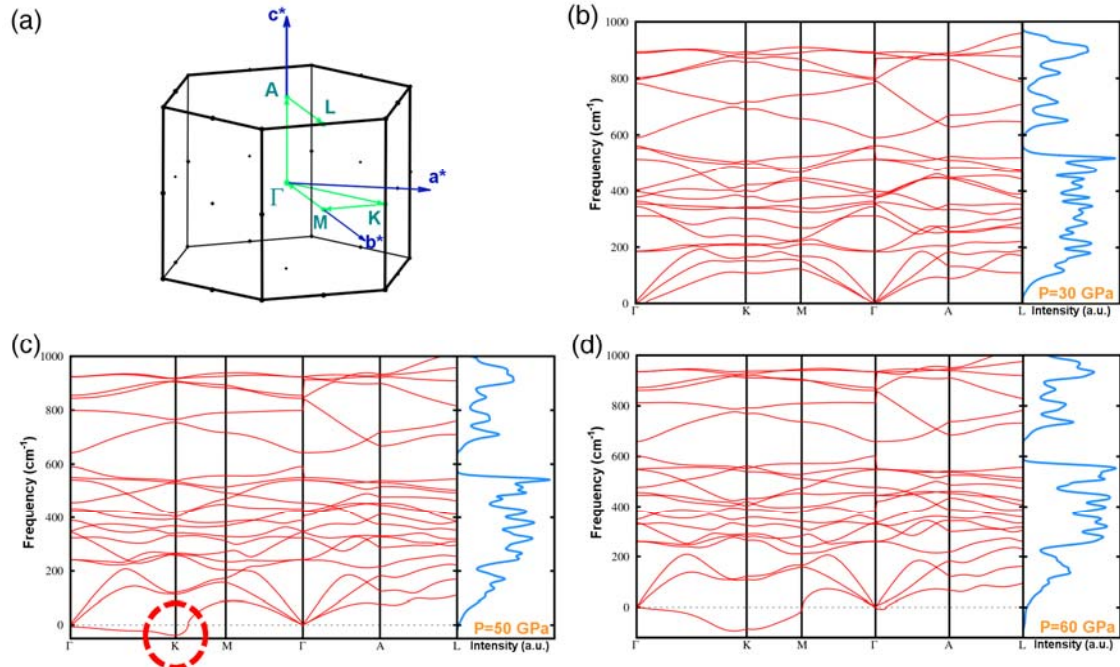
449

450 FIG. 5. Evolution of the coordination number of Si atoms along the *ab initio* metadynamics
 451 simulation of α -quartz at 35 GPa and 300 K. The bond length threshold between Si and O was
 452 set to be the distance of first peak in the radial distribution function for coordination number
 453 calculation. The oxygen atoms in the intermediate phase formed an ordered *C2* type sublattice.
 454 With prolonged metadynamics steps, the coordination number of all Si atoms changed to six,
 455 indicating the formation of the *m*-silica phase, consistent with our experimental observations. IP:
 456 intermediate phase.



457

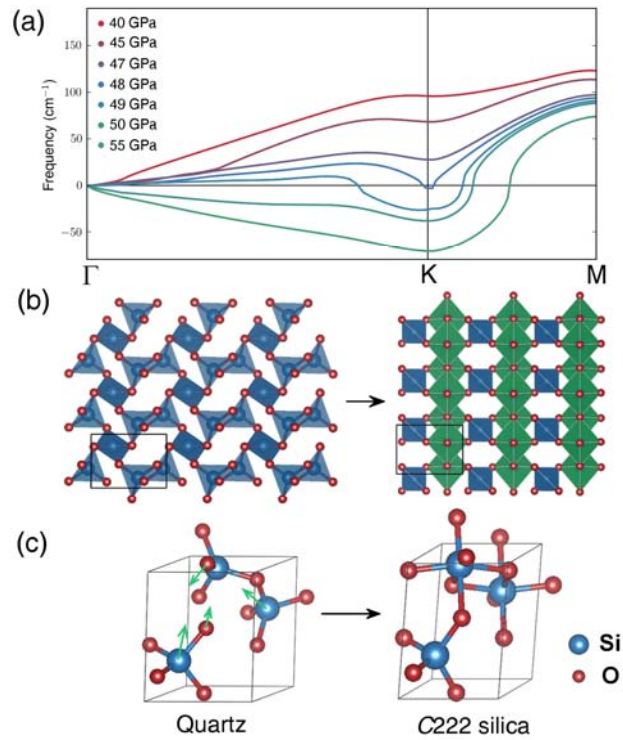
458 FIG. 6. Metadynamics simulation of α -quartz at 35 GPa and 300 K. The evolution of enthalpy,
 459 volume and cell parameters (starting from α -quartz) are along the *ab initio* metadynamics
 460 simulation sampling the potential energy surface. Here *a*, *b* and *c* axes refer to the three edges of
 461 the $2 \times 2 \times 1$ simulation box. IP: Intermediate phase.



462

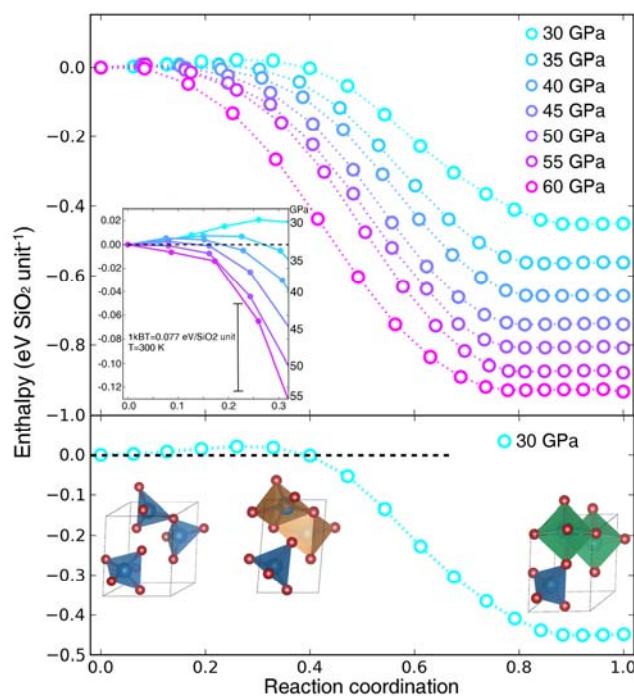
463 FIG. 7. Phonon softening of compressed α -quartz. (a) Sampling direction of phonon dispersion
 464 in the trigonal Brillouin zone along selected high-symmetry points. (b)-(d) Phonon dispersion
 465 curves of compressed quartz from 30-60 GPa. Γ point is the center of the Brillouin zone and
 466 other points K, M and A are located at the zone boundary. Imaginary modes are found around K
 467 point above 48 GPa, where the four coordinated Si-O substructure units are no longer mechanically
 468 stable.

469



470

471 FIG. 8. Displacive transition pathway from α -quartz to C222 silica. (a) Phonon instability of α -
 472 quartz at the K point was observed at 48 GPa. (b) Compressed α -quartz transformed to the C222
 473 silica at 50 GPa from first-principles MD. The structures were viewed along *b*-axis. The negative
 474 eigenmodes extracted from phonon analysis are visualized in (c), where the atoms of the α -
 475 quartz phase move toward the C222 silica structure following the unstable modes (green arrows).



476
 477 FIG. 9. The transition pathway from α -quartz to the C222 silica phase. Enthalpy values on the
 478 transition pathway were calculated by the ssNEB method. The inset shows the decrease of the
 479 enthalpy barrier from 30~60 GPa, where the energy barrier vanishes above 50 GPa and α -quartz
 480 spontaneously transforms to the C222 silica phase. The results match the phonon-instability
 481 rationale elucidated in the text. The lower panel shows the structural changes along the transition
 482 pathway. The initial and final structures are α -quartz and C222 silica phase, respectively. The
 483 structure taken at the saddle point of the transition path at 30 GPa shows that two thirds of the
 484 silicon atoms are five-coordinated (golden polyhedra).

485 Table 1. *K*-point configurations for different silica polymorphs.

silica polymorphs	<i>Z</i>	space group	<i>k</i> -points mesh	irreducible <i>k</i> -points
α -quartz	3	<i>P3₁21</i>	3×3×3	7
Intermediate phase	12	<i>P1</i>	2×2×2	8
<i>C222</i> silica	3	<i>C222</i>	3×3×3	14
stishovite	2	<i>P4₂/mnm</i>	5×5×5	18
CaCl ₂ silica	2	<i>Pnmm</i>	4×4×4	30
α -PbO ₂ silica	4	<i>Pbcn</i>	3×3×3	10
<i>P2/c</i> , <i>m</i> -silica	4	<i>P2/c</i>	3×3×3	14

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488

489 Table 2. CV related parameters in metadynamics simulation. Here, a.u. stands for atomic unit.

<i>P</i> (GPa)	$\alpha_1(a)$	$\alpha_2(c)$	α_3 (coordination)	δ_s (a.u.)	$h(k_bT)$
30	3.5	4.5	2.0	0.08	1.0
35	4.0	4.0	2.0	0.06	1.0
40	4.0	4.0	2.0	0.05	1.0

490

491 Table 3. Lattice parameters and atomic coordinates of quartz obtained from the experiment (30.4
 492 GPa) and simulation (30 GPa), respectively. The α -quartz phase reported in Figure 1 is refined
 493 by the *Rietveld* method and other phases are solved by *Le Bail* refinements. The weighted *R*-
 494 reliable factors and the χ^2 -goodness of fit are $wRp=0.132$, $\chi^2=0.148$ at 30 GPa.

	Experiment (30.4 GPa)	Simulation (30 GPa)
Z	3	3
Space group	$P3_121$	$P3_121$
a (Å)	4.359 (3)	4.314
c (Å)	5.014 (9)	5.081
V (Å ³)	82.50(14)	81.89
Si1(x,y,z)	0.437(8), 0.000, 0.167	0.428, 0.000, 0.167
O1 (x,y,z)	0.296(10), 0.303(9), 0.253(9)	0.373, 0.324, 0.251

495 Table 4. The *m*-silica crystal lattice at 35 GPa from experiment and simulation. The atomic
 496 positions from simulation are provided on the right.

	Experiment	Simulation	Wyckoff positions from simulation			
<i>Z</i>	4	4	Space group	<i>P2/c</i>		
<i>a</i> (Å)	4.059(4)	3.982		<i>x</i>	<i>y</i>	<i>z</i>
<i>b</i> (Å)	4.607(4)	4.574	Si1	0.000	0.152	0.250
<i>c</i> (Å)	4.651(8)	4.700	Si2	0.500	0.652	0.250
β	92.62(10)	91.20	O1	0.265	0.383	0.419
ρ (g/cm ⁻³)	4.59(3)	4.65	O2	0.765	0.117	0.581

497