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On the mechanism of nanostructure movement under electron beam and its application in patterning

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In electron microscopy, motion of the sample features due to the interaction with the electron beam has been traditionally regarded as a detrimental effect. Uncontrolled feature displacement produces artifacts both in imaging and patterning, limiting the resolution and distorting precise nanoscale patterns. The mechanism of such motion remains largely unclear. We present an experimental study of e-beam-induced nanopost movement and offer a new mechanistic theoretical model that quantitatively explains the physical phenomenon. We propose that e-beam bombardment produces an uneven distribution of electrons in the sample and the resulting electrostatic interactions provide forces and torques sufficient to bend the nanoposts. We compare the theoretical predictions with a series of controlled experiments that supports our model. We take advantage of this theoretical understanding to demonstrate how this generally undesirable effect can be turned into an unconventional e-beam writing technique to generate pseudo-3D structures.

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Electron beams are widely used as a tool for characterizing the microstructure and composition of materials, with techniques ranging from low-energy electron diffraction, to reflection high-energy electron diffraction, transmission electron microscopy, scanning electron microscopy (SEM), etc. In this process, the electron beam interacting with the matter results in emission of backscattered and secondary electrons as well as electromagnetic radiation¹. In many cases, the major portion of the injected charge remains in the material and yields undesirable effects: it alters the properties of materials, causes movement of the specimen and leads to artifacts. E-beam-induced feature displacement has been reported for decades and has been considered as a limiting factor for obtaining high-resolution images² as well as a limiting factor in e-beam writing. There have been only few studies attempting to investigate the mechanism of the movement; these include photolytically initiated solid-state chemical reactions generating pressures inside the structures³, shrinkage of surfaces⁴, and surface charging on thin films with one conducting layer⁵. Here we propose an electrostatic model that explains feature movement and provides the basis for an unconventional, dynamic patterning technique.

I. EXPERIMENTAL OBSERVATIONS

To systematically study e-beam-induced motion of surface nanostructures, we fabricated arrays of cylindrical nanoposts of height H and radius r (see Fig. 1a) from epoxy resin using soft lithography⁶. The nanoposts are attached to a supporting surface made of the same material. The samples were then sputter-coated with a 5-10 nm layer of gold or carbon, placed in a SEM and grounded. A Cressington 208 HR sputter coater and a Baltech CED 030 carbon arc coater were used for gold and carbon coating. Imaging was performed with a Zeiss Ultra 55

TABLE I: Material properties and the outcome of the experiment for different materials studied

material	relative permittivity ϵ_r	bending modulus E [GPa]	conductivity K [$\Omega^{-1}m^{-1}$]	Relaxation timescale τ [s]	bending
epoxy	2.3	2	$\leq 10^{-11}$	≥ 2	yes
silicon	11.7	100	10^{-4}	10^{-8}	no
alumina	9.6	300	$\leq 10^{-12}$	80	yes

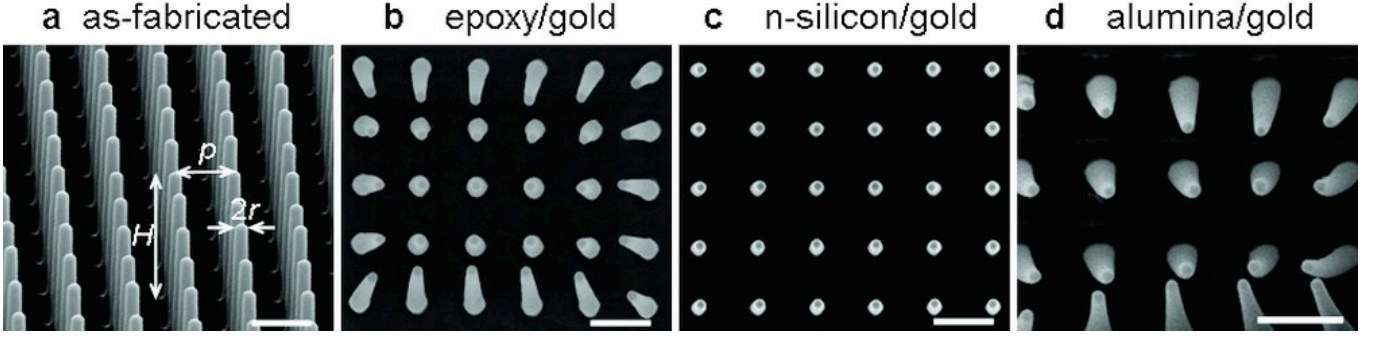


FIG. 1: Scanning electron microscope (SEM) images of samples show a reproducible movement pattern. **a**, As-fabricated nanopost array with $H = 8 \mu\text{m}$; $r = 0.125 \mu\text{m}$; $p = 2 \mu\text{m}$. **b**, Gold-coated epoxy nanopost arrays after ~ 1 to 5 s scanning. **c**, Gold-coated silicon nanopost arrays after ~ 10 to 15 s scanning. **d**, Gold-coated alumina nanopost arrays after ~ 10 to 15 s scanning. Scale bars $2 \mu\text{m}$.

field emission scanning electron microscope at Harvard Center for Nanoscale Systems. We chose high-aspect-ratio polymeric nanoposts because relatively low forces are needed to move these structures⁷. When the nanotextured surface was imaged for a few seconds in the SEM at high magnification, we observed bending of the nanoposts as shown in Fig. 1b. The movement pattern presents three characteristic features: (i) nanoposts near the center of the scanned region show negligible movement; (ii) maximum bending occurs at the perimeter of the scanning window; (iii) all nanoposts are bent toward the center of the scanning window. The pattern is reproducible and persists over several seconds before the nanoposts relax back to the original position, as shown by imaging a larger area. We repeated the experiment at different beam energies (1 to 30 KeV) and beam currents (10 to 150 pA). Lateral movement increases with increasing current, but surprisingly, it does not increase monotonically with beam energy: maximum bending is recorded at 5 KeV , after which the displacement decreases.

Nanopost bending strongly depends on the properties of the material as summarized in Table I. Doped n-type silicon nanopost arrays with identical geometries showed no movement (Fig. 1c). To determine whether the arrested movement results from the 20-fold increase in the bending stiffness of silicon over epoxy, we fabricated the same structures in alumina using atomic layer deposition. Although the bending stiffness of alumina is even higher than that of silicon, under e-beam, alumina nanoposts underwent pronounced bending (Fig. 1d). This rules out the hypothesis that silicon is too stiff to bend. Instead, because alumina is an electrical insulator, the experiments suggests that electrostatic interaction are responsible for bending.

II. THEORETICAL MODEL FOR THE IMPLANTED CHARGE

We thus propose an electrostatic model of nanopost bending based on a two step process: first, electrons from the e-beam are implanted in the nanoposts as a result of backscattering; second, charging and induction produce an electric field inside the specimen, and the ensuing electrostatic forces and torques deflect the nanoposts. With this simple model we obtain a deflection of the nanopost consistent with the experiments performed on isolated nanoposts in spot mode and we can simply extend the prediction to nanopost arrays in scanning mode.

We first compute the magnitude of the implanted charge with a combination of theoretical arguments and Monte Carlo simulations. Simple considerations backed up by numerical simulations suggest that this implanted charge is not distributed homogeneously in the nanopost. The detailed charge distribution cannot be found by current experiments or simulations, so the theory we present has one free parameter, the center of the charge distribution. We then solve the electrostatic equilibrium problem coupled to the mechanical bending to obtain nanopost deflections in the same range as experiments.

Whenever the electron beam scans the sample, a portion of the electrons are implanted in the nearby nanoposts. For simplicity, let us consider the case of a single nanopost, with the electron beam in spot mode at a distance a from the nanopost as sketched in Fig. 2a. After the electron beam (with incoming current i) impacts the specimen, electrons are backscattered, with a backscattering coefficient η . Electrons backscatter at an angle θ relative to the beam direction with probability $P(\theta) = \cos \theta$ (see e.g.¹). For a nanopost radius r , and nanopost-beam distance a , a fraction $r/(\pi a)$ of these electrons impact the nanopost. Of these, a fraction η_n are further backscattered and only

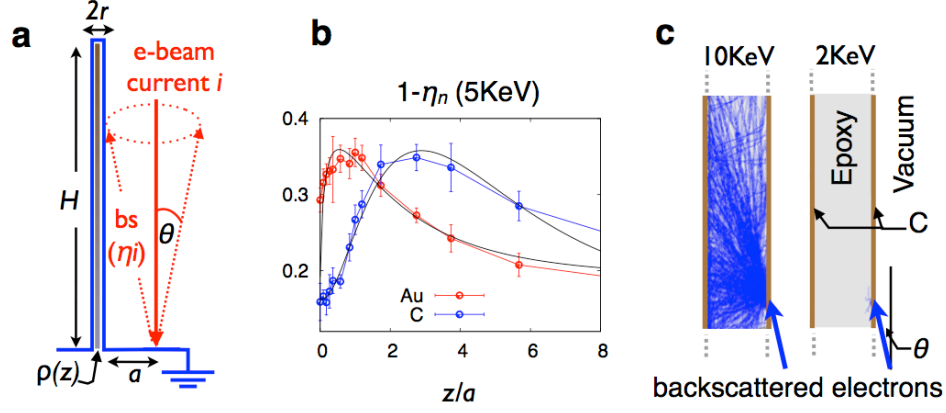


FIG. 2: Monte Carlo simulations showing charge implanted in the nanoposts after backscattering. **a**, Schematic geometry of the nanopost: after the electron beam (current i) impacts the specimen, electrons are backscattered, with backscattering coefficient η and backscattering angles θ . **b**, Implanted charge coefficient $1 - \eta_n$ in the nanopost as a function of z at $E_B = 5 \text{ KeV}$ obtained through Monte Carlo simulations of electron trajectories using an electron flight simulator available from Ted Pella, Inc. The black lines show phenomenological fits for gold-coated samples and for carbon-coated samples, used in the simulations of nanopost bending. Error bars represent the standard deviation calculated from six different realizations of 3000 trajectories. **c**, Simulated trajectories of electrons impacting the nanopost at $\theta = 30^\circ$ for different energies (2 KeV right, 10 KeV left). The trajectories of high-energy electrons are straight lines indicating that they travel through the nanopost and leave the sample (left panel). Electrons at 2 KeV do not have enough energy to penetrate the nanopost (right panel). Optimal implant energy is intermediate. We have no access to the details of the charge distribution.

$1 - \eta_n$ are implanted in the nanopost, where η_n is the backscattering coefficient at the nanopost, and depends on the angle of impact θ as discussed below. The total current i_n per unit height impinging on the nanopost at a distance z from the substrate is, therefore,

$$i_n = \eta(1 - \eta_n) \frac{r}{\pi a} P(z) i, \quad (1)$$

where $P(z) = P(\theta) |d\theta/dz| = az/(a^2 + z^2)^{3/2}$. If $\lambda(z, t)$ is the charge per unit height deposited at a distance z from the substrate, the charge builds up according to $\dot{\lambda} = i_n - \lambda/\tau$, where $\tau \sim \epsilon/K$ is the charge relaxation time (K is conductivity; $\epsilon = \epsilon_0 \epsilon_r$ is the permittivity, see Tab. I). In conditions of steady-state, this yields

$$\lambda(z) = i_n(z) \tau \quad (2)$$

with i_n given by eq. (1). The contribution to forces and torques coming from longitudinal currents are estimated below and found to be largely negligible.

Note that the magnitude of λ and the timescale over which this steady-state charge sets up varies dramatically with material properties (see Table I). Note also that the escape depth of secondary electrons is few nm so that they are only emitted from the coating^{8,9}. If the coating is grounded, charge induced by secondary emission flows rapidly to/from the ground until it reaches electrostatic equilibrium. At equilibrium, charge in the coating is determined solely by λ through electrostatic induction and secondary emission plays no role.

III. MONTE CARLO SIMULATIONS

To quantitatively evaluate $\lambda(z)$, we obtain the backscattering coefficients η , η_n through Monte Carlo simulations of electron trajectories using an electron flight simulator available from Ted Pella, Inc. (see Fig. 2b). The simulations directly provide the probability of backscattering as the fraction of electrons which backscatter/penetrate. We obtain the backscattering coefficient at primary impact η by averaging over 6 simulations and we repeat the same operation at each angle of impact θ to obtain the backscattering coefficient at impact with the nanopost η_n . Note that we include in η_n the total number of electrons that either backscatters at the impact with the nanopost or travel through the thin nanopost and leave the sample from the other side.

We investigate why maximum bending occurs at an intermediate energy by repeating the simulation at different energies of the beam. In fact, depending on their energy, the electrons travel different depths in the nanopost: at energies below $\sim 2\text{ KeV}$ the electrons do not even make it inside the nanopost (Fig. 2(c), right), whereas at energies higher than $\sim 10\text{ KeV}$ electrons travel through the nanoposts and escape the sample as suggested by the fact that most trajectories are straight lines in the left panel of Fig. 2(c). Maximum charge deposits in the nanoposts when electrons have enough energy to penetrate the nanopost but not to escape it, which explains the presence of an intermediate optimal energy for nanopost bending.

The simulations are not designed to provide detailed information on the trajectories of the electrons. However, the fact that there is an energy barrier $\Delta E \sim 2\text{ KeV}$ associated with the interfaces suggests that the distribution of electrons is not uniform. Namely electrons that reach the outer interface with energy $< \Delta E$ are decelerated to rest before leaving the sample. We then qualitatively expect that the charge distribution is biased toward the side of the nanopost opposite to electron impact (the outer side). We parameterize these nonuniform distribution of $\lambda(z)$ by assuming that the charge is centered at a distance x_c from the axis of the nanopost. The detailed spatial distribution of the implanted electrons is beyond the scope of the present paper so x_c is a free parameter of the model. We allow x_c to be either positive or negative, corresponding to charge accumulating toward the inner or outer side of the nanopost, i.e. the side of the nanopost exposed or opposite to the e-beam. From the above arguments we expect $x_c < 0$: the output of the model confirms this expectation as discussed below. We remark that although charge is also implanted underneath the point of primary impact, our simulations show that its contribution to the bending forces acting on the nanopost is negligible¹⁵.

IV. THEORETICAL MODEL OF ELECTROSTATICALLY DRIVEN BENDING

We can now solve the electrostatic problem and obtain the force and torque inside the nanopost produced by the uneven charge density λ from eq (2) and η, η_n from Monte Carlo simulations. The equilibrium electrostatic potential ϕ is obtained by solving Poisson equation

$$\nabla^2 \phi = -\frac{\rho}{\epsilon} \quad (3)$$

on the domain shown in Fig. 3a. The implanted charge density $\rho(z)$ is distributed in a cylinder of cross section l^2 centered at a distance x_c from the axis of the nanopost (shaded area B in Fig. 3b), so that $\rho = \lambda/l^2$. The electrostatic force (\mathbf{w}) and torque (\mathbf{N}) per unit length of the nanopost can be computed from the action of the electric field $\mathbf{E} = -\nabla\phi$ on the static charge ρ and the induced surface charge $\sigma = \epsilon\mathbf{E} \cdot \hat{n}$, where \hat{n} is the unit vector perpendicular to the coating:

$$\mathbf{N} = \int_S \rho \mathbf{E} \times \mathbf{x} d^2x \quad (4)$$

$$\mathbf{w} = \int_S \rho \mathbf{E} d^2x + r(\sigma^- \mathbf{E}^- + \sigma^+ \mathbf{E}^+). \quad (5)$$

S is the surface area of the nanopost; \mathbf{x} the distance from the center of the nanopost; the superscript $+/-$ denotes the side of the nanopost exposed/opposite to the e-beam. Given the force and torque acting on the nanopost, we obtain nanopost bending by solving the equation for small bending of a thin rod¹⁰:

$$\frac{d\mathbf{M}}{dz} = -\mathbf{N} - \hat{z} \times \mathbf{F} \quad (6)$$

$$\frac{d\mathbf{F}}{dz} = -\mathbf{w} \quad (7)$$

where \mathbf{F} is the shear force and \mathbf{M} is the bending moment defined as $\mathbf{M} = -EI\partial_z^2 \mathbf{u}$; $\mathbf{u} = u\hat{x}$ is the displacement of the centerline; $I = \pi r^4/4$ is the area moment of inertia and E is the Young's modulus.

The electrostatic force and torque computed through equations (4), (5) are sufficient to bend epoxy nanoposts. Fig. 3c,d show the shape of a carbon-coated nanopost at maximum bending and the maximum tip displacement as a function of x_c for both carbon- and gold-coated samples, computed through finite element simulations. The calculations predict that the nanoposts bend inward when $x_c < 0$, i.e. when charge accumulates toward the outer side of the nanopost. We only observed inward bending for grounded samples, which implies that charge does, in

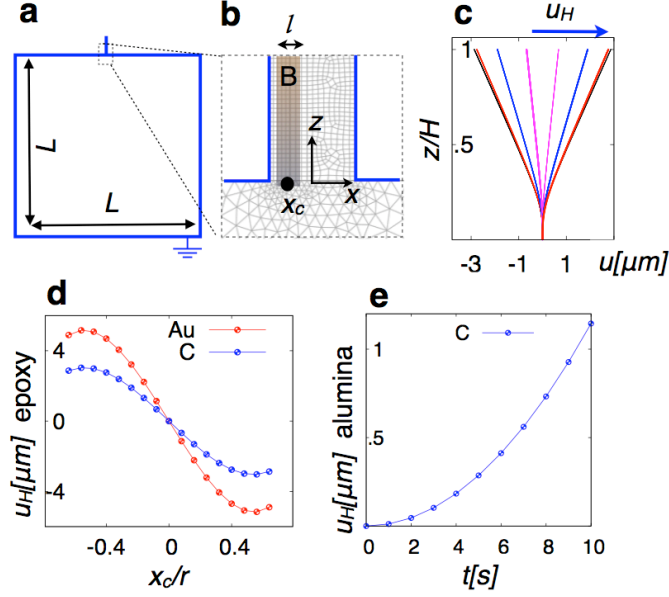


FIG. 3: Finite element simulations of eq. (3)-(7) are carried out with COMSOL multiphysics on the two-dimensional domain shown in panel **a** ($\eta = 0.98$; beam current $i = 150 \text{ pA}$; elastic modulus $E = 5 \text{ GPa}$; beam energy $E_B = 5 \text{ KeV}$; nanopost-beam distance $a = 1 \text{ } \mu\text{m}$; results do not depend sensibly on L and l , we use $L = 0.1 \text{ mm}$; $l = 0.05 \text{ } \mu\text{m}$; $1 - \eta_n$ is given by the functions represented with black lines in Fig. 2(b)). Since the metal coating is grounded, the potential at all external boundaries is zero. **b**, Magnification of the base of the nanopost showing the variable triangular mesh in the substrate and square mesh on the nanopost. The shaded area is charged with $\rho(z) = \lambda(z)/l^2$, where λ is given by eq. (2). We impose $u_{z=0} = u'_{z=0} = 0$ (the base of the nanopost is clamped) and $\mathbf{M}_{z=H} = -EI\mathbf{u}''_{z=H} = -\int_S \sigma \mathbf{E} \times \mathbf{x} d^2x$; $\mathbf{F}_{z=H} = \int_S \mathbf{E} \sigma d^2x$ at the tip. **c**, Shape of a carbon-coated nanopost at maximum bending for different values of x_c between $-r$ (right) and r (left). **d**, Maximum displacement of the tip of the nanopost as a function of x_c for epoxy specimen coated with carbon (blue) and gold (red). When charge accumulates in the outer part of the nanopost, the nanopost bends inward. **e**, Tip displacement for alumina samples coated with carbon, for $x_c = -0.08 \text{ } \mu\text{m}$, as a function of time.

fact, accumulate toward the side of the nanopost opposite to the e-beam. This prediction accords well with the intuition exposed above that the energy barrier associated to the outer interface may serve as a bias of electron distribution.

To help visualize the forces and torques bending the nanopost we show the electrostatic potential ϕ for $x_c = -0.08 \text{ } \mu\text{m}$ in Fig 4a. The main contribution to nanopost bending is provided by the vertical component of the electric field, whose average intensity in the charged portion of the nanopost is shown in Fig 4b. The resulting force per unit length $F_z = \lambda E_z$, torque per unit length $N = x_c F_z$ and bending moment M from eq (6) are shown in Fig 4c-e¹⁶.

Note that to reach the steady state charge (2), current must flow to the ground until the amount of charge that is implanted in each portion of the nanopost i_n equals the amount of charge λ/τ that flows to the ground through the coating. We neglect the contribution to forces and torques originating from these longitudinal currents because they are largely smaller than the static components. This is easily seen by estimating the current density flowing to ground $J \lesssim i_n/\xi^2$, where ξ is the thickness of the coating, generating an electric field $E_{||} \sim J/K$, where K is the conductivity of the coating. $E_{||}$ acts on the static charge $\lambda_{ind} \sim \lambda$ induced in the coating by the implanted charge λ , yielding a torque per unit height $T \sim \lambda_{ind} E_{||} r \approx 10^{-18} \text{ nN}$, where we have used the values of r , a , H in the caption of Fig. 1; $K \approx 10^7 \Omega^{-1} \text{ m}^{-1}$; $\tau \approx 1 \text{ s}$; $i \approx 150 \text{ pA}$. In fact, the torque originating from the static charge ranges from $N \sim 400 \text{ nN}$ close to the base of the nanopost to about 1 nN at the tip (see Fig. 4d), with an average of about 0.1 nN so that we can largely neglect the contribution coming from these non-equilibrium effects.

V. COMPARISON WITH EXPERIMENTS AND APPLICATION TO PATTERNING

The theory for the bending of a single nanopost is sufficient to explain the patterns observed in scanning mode actuation shown in Fig. 1b. Here the scanning is so rapid that charge distributes simultaneously over many nanoposts. Nanoposts on the edges are only exposed to the electron beam from the inside of the scanned area. Similarly to the case of an isolated nanopost, these electrons accumulate towards the outside of the nanoposts yielding maximum inward bending. Maximum displacement at the tip of these nanoposts is of $\sim 2 \text{ } \mu\text{m}$ as seen from Fig. 1(b), which

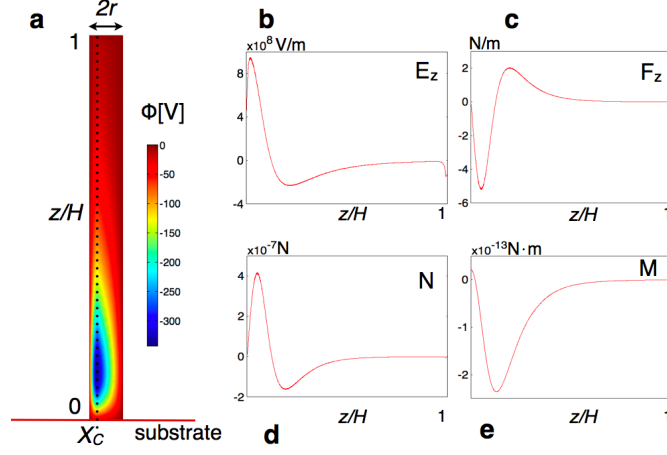


FIG. 4: **a**, Electrostatic potential ϕ obtained by finite-element simulations of eq (3) as described in the caption of Fig 3 for $x_c = -0.08\mu\text{m}$. **b**, vertical electric field as a function of height, averaged over the charged portion of the nanopost (region B in Fig 3b): $E_z = -\langle\partial_z\phi\rangle$; **c**, resulting vertical force per unit height $F_z = E_z \cdot \lambda$; **d**, torque per unit height $N = x_c \cdot F_z$ and **e**, bending moment resulting from eq (6). These electrostatic forces result from the presence of both implanted charge in the nanopost and induced charge in the coating, and yield nanopost bending, as shown in Fig 3c-e.

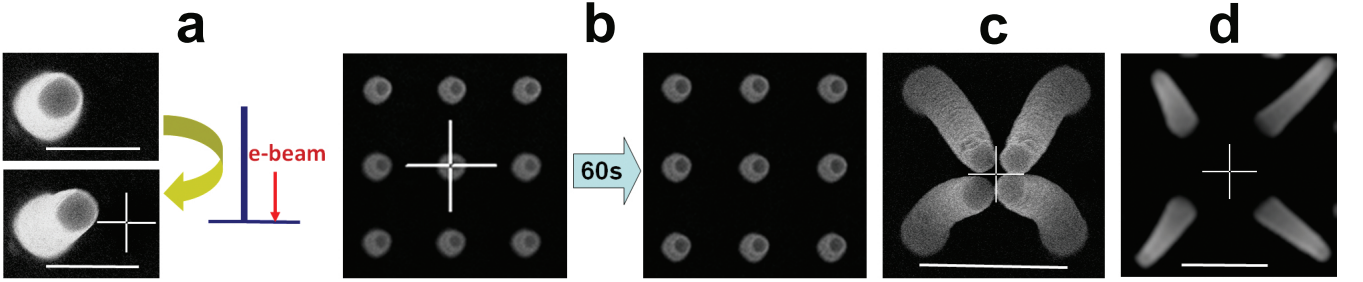


FIG. 5: SEM images showing experimental tests of the proposed model. All samples are made of epoxy coated with gold and grounded (unless otherwise specified). **a**, Position of a single nanopost before (top) and after (bottom) exposure to e-beam in spot mode. The position of the e-beam is marked with a white cross and a schematic for the edge-on view is shown to the right. **b**, Image of a sample before (left) and after (right) 60 s exposure to e-beam in spot mode focused on the center of a single nanopost. The position of the e-beam is marked with a cross. **c**, Inward bending and tetramer formation upon focusing the e-beam in the center of four nanoposts coated with gold and disconnected from the ground. **d**, Outward bending of four nanoposts coated with carbon and disconnected from ground. Scale bars are $1\mu\text{m}$ for **a**, $2\mu\text{m}$ for **c-d**.

agrees well with our prediction for $x_c \sim 0.2\mu\text{m}$ (see Fig. 3d).

In contrast, symmetry breaking is washed out for nanoposts located near the center of the scanned region, since these receive about the same number of backscattered electrons from all directions. Here we expect $x_c \sim 0$ and no bending. The measured timescale of bending is few seconds (see caption of Fig. 1) consistent with our theoretical estimate for $\tau = 2\text{ s}$.

The model also explains the behavior of silicon and alumina samples. Since the implanted charge is proportional to τ (eq. (2)), and τ for doped-silicon is eight orders of magnitude smaller than for epoxy (Table I), we predict negligible bending for silicon nanoposts, consistent with the experimental observation shown in Fig. 1c.

For alumina, because of the long timescale for charge equilibration $\tau \approx 80\text{ s}$, we assume that charge builds up linearly in time and perform a quasi-static analysis as a function of time. Fig. 3e shows that the electrostatic force is strong enough to even bend alumina nanoposts. We predict that a $1\mu\text{m}$ deflection of the tip, equivalent to deflection of epoxy nanoposts, is reached upon waiting for $\approx 10\text{ s}$ (see Fig. 3e). This was experimentally verified, as shown in Fig. 1d.

Further experiments corroborate the theoretical expectations. The theory shows that nanopost actuation does not



FIG. 6: SEM images showing applications for patterning. The samples are made of epoxy coated with gold and grounded. **a**, Writing of letters in nanopost arrays through repeated exposure to e-beam in spot mode. **b**, Controlled patterning of the nanopost array by 7 horizontal line scans (skipping one row in between scans) and 8 consecutive vertical scans, shown on the left micrograph. The first scan always produces dimers; further scan perpendicular to existing dimers produces tetramers, shown in micrograph on the right. Scale bars are $10\ \mu\text{m}$ for **a** and $20\ \mu\text{m}$ for **b**.

require interaction between nanoposts and an isolated nanopost is expected to be deflected by the electron beam. In fact, we verify experimentally that if we focus the e-beam near an isolated nanopost, the nanopost bends toward the e-beam (Fig. 5a). We can further validate this prediction by focusing the e-beam in the center of a nanopost: in this case where there is no symmetry breaking in electron distribution we observe no bending (Fig. 5b). Moreover, we expect that the direction of nanopost deflection may be reversed. In all of the above arguments, we considered grounded samples for which charge in the coating is determined solely by electrostatic induction as discussed above. However, if the ground is removed, the magnitude and sign of the charge in the coating should depend on secondary emission (SE)¹¹. A switch in the sign of the charge in the coating may reverse the electric field inside the nanopost, thus yielding outward bending. Direct numerical simulations of the ungrounded case are not possible because they couple lengthscales that range from the nm to the mm ¹⁷. Although we have no access to the detailed charge distribution, we expect that materials with very different secondary yields may behave in opposite ways. In fact, upon removing the ground, gold-coated samples (SE coefficient ~ 0.7) show inward bending, whereas carbon-coated samples (SE coefficient ~ 0.05) show outward bending (Fig. 5c,d). Note that these results rule out the possibility that

thermal expansion or electromagnetic forces are the mechanism causing bending.

In light of our findings and modeling we believe that e-beam-induced nanopost bending can be used as a new, powerful patterning technique. To demonstrate this technique, we fix the e-beam at one position between two or four nanoposts. Our model predicts that the backscattered electrons accumulate in the external part of each nanopost and they all independently¹⁸ move toward the e-beam. Experiments confirm this prediction and additionally show that when the nanopost tips come into contact they ultimately stick to each other¹⁹. Based on this result, we are able to perform larger-scale patterning or "writing" of clusters by repeated point (Fig. 6a) or line (Fig. 6b) scans. The strength of the proposed technique is that it can be done in any SEM, with no need of a special apparatus that e.g. standard e-beam writing requires. Additionally, the minimum required voltage is about 4 KeV, which is a standard value while e-beam writing techniques may require voltage as high as 90 KeV. This minimum value can be further lowered by engineering properly the coating thickness and the material.

In summary, this work presents a first study of the physical mechanism of e-beam-induced specimen movement and demonstrates how this process can be controlled to yield arbitrary arrays of surface clusters. Beyond fundamental physical insight, this new dynamic e-beam writing technique can prove useful for nanomechanical memories. By producing the arrays of nano- or micron-sized mechanical cantilevers¹² resilient to electromagnetic fields¹³, one can potentially achieve data storage beyond superparamagnetic limits (100 Gb/in²) with low-level power consumption.

Acknowledgments

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 - ¹⁴ Pokroy, B., Kang, S. H., Mahadevan, L., and Aizenberg, J. *Science* **323**, 237 (2009).
 - ¹⁵ To make this point we performed the complete numerical simulation adding a volume charge of $\eta i\tau$ at a depth of $1\mu m$ underneath the point of primary impact in an spherical interaction volume of $0.5\mu m^3$. We obtained these values from Monte Carlo simulations
 - ¹⁶ Note that the interaction with the surface to which the nanopost is attached provides the external forces needed for the center of mass to shift.
 - ¹⁷ Note that in the grounded case the coating is simply modeled as a $V=0$ surface, and because the electric field outside the sample vanishes, there is no need of resolving the details of electric field variation inside the coating.
 - ¹⁸ Grounding eliminates the electrostatic field outside the sample, so that the nanoposts only interact inside the material. Because of screening, this interaction is negligible as confirmed by simulations.
 - ¹⁹ The mechanism for adhesion between the nanopost is outside the framework of the present study, but it is most probably due to van der Waals interaction¹⁴.