

# CHCRUS

This is the accepted manuscript made available via CHORUS. The article has been published as:

# Unusual dynamical properties of disordered polaritons in microcavities

Georg Engelhardt and Jianshu Cao Phys. Rev. B **105**, 064205 — Published 25 February 2022 DOI: 10.1103/PhysRevB.105.064205

#### Unusual Dynamical Properties of Disordered Polaritons in Microcavities

Georg Engelhardt<sup>1,2,3,4</sup> and Jianshu Cao<sup>5\*</sup>

<sup>1</sup>Beijing Computational Science Research Center, Beijing 100193, People's Republic of China.

<sup>2</sup>Shenzhen Institute for Quantum Science and Engineering,

Southern University of Science and Technology, Shenzhen 518055, China.

<sup>3</sup>International Quantum Academy, Shenzhen 518048, China

<sup>4</sup> Guangdong Provincial Key Laboratory of Quantum Science and Engineering,

Southern University of Science and Technology, Shenzhen, 518055, China.

<sup>5</sup>Department of Chemistry, Massachusetts Institute of Technology,

77 Massachusetts Avenue, Cambridge, Massachusetts 02139, USA.

(Dated: February 11, 2022)

The collective light-matter interaction in microcavities gives rise to the intriguing phenomena of cavity-mediated transport that can potentially overcome the Anderson localization. Yet, an accurate theoretical treatment is challenging as the matter (e.g., molecules) is subject to large energetic disorder. In this article, we develop the Greens function solution to the Fano-Anderson model and use the exact analytical solution to quantify the effects of energetic disorder on the spectral and dynamical properties in microcavities. Starting from the microscopic equations of motion, we derive an effective non-Hermitian Hamiltonian and predict a set of scaling laws: (i) The complex eigenenergies of the effective Hamiltonian exhibit an exceptional point, which leads to underdamped coherent dynamics in the weak disorder regime, where the decay rate increases with disorder, and overdamped incoherent dynamics in the strong disorder regime, where the slow decay rate decreases with disorder. (ii) The total density of states of disordered ensembles can be exactly partitioned into the cavity, bright-state and dark-state local density of states, which are determined by the complex eigen solutions and can be measured via spectroscopy. (iii) The cavity-mediated relaxation and transport dynamics are intimately related such that both the energy-resolved relaxation and transport rates are proportional to the cavity local density of states. The ratio of the disorderaveraged relaxation and transport rates equals the molecule number, which can be interpreted as a result of a quantum random walk. (iv) A turnover in the rates as a function of disorder or molecule density can be explained in terms of the overlap of the disorder distribution function and the cavity local density of states. These findings reveal the significant impact of the dark states on the local density of states and consequently their crucial role in optimizing spectroscopic and transport properties of disordered ensembles in cavities.

#### I. INTRODUCTION.

The control of polaritons in microcavities has seen rapid experimental and theoretical progress in recent years, in particular in the field of molecular polaritons [1]. Experiments have revealed intriguing phenomena such as large Rabi splittings [2–4] and enhanced transport properties in organic semiconductors [5]. The intriguing physics originates from the collective light-matter interaction, which is induced by the strong photon confinement in the cavity. This leads to an effective Rabi splitting proportional to the square root of the total number of quantum emitters (e.g., molecules as specified in this article)  $\sqrt{N}$ . The large Rabi splitting is a consequence of the formation of a collective bright state, which couples coherently to the light field, resulting in two polaritonic states. Yet, the overwhelming number of states are decoupled from the light field. These states are denoted as 'dark states' and 'dark state reservoir' in the literature.

Bright and dark states are theoretically wellunderstood for homogeneous systems without disorder. In the presence of disorder, the nature of these states is qualitatively understood in terms of photon borrowing, i.e., a mixing of the dark states and the cavity mode mediated by disorder [6–14]. While the physical properties of polaritons have been characterized in the weak disorder regime [15–17], the nature of the bright and dark states for arbitrary disorder has not been investigated quantitatively and rigorously.

For systems with only local couplings, disorder gives rise to Anderson localization, which is particularly prominent in low-dimensional systems [18]. For an onedimensional system, an infinitesimal amount of disorder induces a localization of the wave function, which results in an exponentially suppressed conductivity. It is well known that the coupling of a quantum system to a thermal bath gives rise to environment-assisted transport, which can help to overcome the localization of an excitation or charge such that the energy mismatch between different sites can be compensated by a noise-induced level broadening of the local site energies [19]. This mechanism is relevant in excitation transport in lightharvesting systems and molecular semiconductors [20– 26]. In the latter case, charge mobility or exciton diffusion shows a turnover as a function of the systemenvironment coupling, where quantum transport is enhanced by spatial coherence at small couplings but ex-

<sup>\*</sup> jianshu@mit.edu



FIG. 1. Sketches of the system which consists of N molecules (or atoms etc.) labeled by j, which are coupled to a single cavity mode (C). The blue arrows depict the tree-like coupling structure of the model. (a) depicts two spectroscopic experiments which measure the cavity absorption  $\chi_C(\omega)$  and the matter absorption  $\chi_M(\omega)$ . (b) depicts a relaxation process, where an initial excitation on the donor j = 1 spreads over all molecules as illustrated by the red arrows. (c) depicts a transport process, where an initial excitation on the donor is transported to the reservoir (R), which is coupled to the acceptor molecule j = N. As illustrated by the red arrows, the excitation will spread over the molecules first before being finally transported to the reservoir.

ponentially suppressed by dynamic localization (i.e., the polaron effect) at strong couplings. In contrast, static disorder has predominately a detrimental effect on the transport properties even in the presence of long-range hopping [27]. The disorder-assisted transport in cavities studied here is a rare exception.

For matter interacting with the electromagnetic field in a microcavity, enhanced [28–30] and unaffected transport efficiency [31] for molecular excitations and charges has been observed depending on the experimental setup. Theoretical studies using numerical and analytical methods have also been reported [32–36]. However, a thorough theoretical understanding of the cavity-mediated transport properties based on simple concepts is lacking, as the theoretical treatment of disorder is challenging.

This article has two major objectives. First, we introduce a non-perturbative theoretical framework to investigate polarition dynamics using the Green's functions in Laplace space. Second, we use this framework to establish a simple and unified picture describing the spectroscopic, relaxation and transport properties of disordered ensembles.

Theoretical framework. We employ Green's functions based on the equations of motion and generalize methods developed in Ref. [37, 38]. The treatment in the Laplace space enables a microscopic derivation of an effective Hamiltonian describing the cavity mode and the bright state. Its non-Hermitian structure incorporates the effect of the dark states, and its complex eigenvalues give new insight into the polariton dynamics. We consider a Lorentzian energetic disorder, which allows for compact expressions for spectroscopic and transport properties. Moreover, we develop two new analytical methods: (i) The first method is the polynomial perturbation theory (PPT), which unifies the standard degenerate and non-degenerate perturbation theories. This unified perturbation theory is thus suitable for systems with a continuous energy spectrum as considered here. (ii) The second method is the exact stochastic mapping (ESM). It maps one system configuration to another, which has the same stochastical properties but a more convenient structure for further analytical calculations.

**Physical picture.** The central quantity of this unified physical picture is the cavity local density of states (LDOS), which reveals the mixing of bright and dark states in the presence of disorder and can be measured by cavity absorption as shown in Fig. 1(a). The linewidth of the cavity LDOS exhibits a turnover: The width first increases with small disorder as more dark states become coupled to the cavity field, and then decreases with large disorder as more dark states move out of resonance with the cavity field.

The second half of the article explores the effects of disorder on the cavity-mediated relaxation and transport processes for the experimental setups sketched in Fig. 1(b,c), respectively. As a key result, both the energyresolved relaxation rate and the resonant transport rate can be expressed in terms of the cavity LDOS. The two processes are intimately related as the ratio of the disorder-averaged relaxation rate and transport rates exactly equals the number of molecules, which can be interpreted in terms of a quantum random walk. Interestingly, the rate can be optimized as a function of disorder or molecular density, which is a consequence of the overlap of the cavity LDOS and the disorder distribution. This type of turnover has been observed as a function of dephasing rate in noise-assisted quantum transport, where disorder usually suppresses coherence and transport [20, 22–26, 39–41]. Now, due to the collective coupling to the cavity field, the disorder-assisted transport can also exhibit the intriguing turnover behavior.

Layout. This article is organized as follows. In Sec. II, we explain the system and introduce the Green's function based on the exact equations of motion. In Sec. III, we investigate the LDOS of different constituents and relate them to spectroscopic properties as sketched in Fig. 1(a). In Sec. IV, we investigate the relaxation dynamics sketched in Fig. 1(b). In Sec. V, we analyze the transport process sketched in Fig. 1(c). In Sec. VI, we summarize the results and provide future research perspectives. In the appendix, we provide detailed derivations. In particular, the PPT and the ESM, which are applied in the calculations of the relaxation and transport properties, are explained in detail in App. C.

#### II. SYSTEM AND METHODS

#### A. Hamiltonian

We consider a microcavity containing N quantum emitters labeled by j as sketched in Fig. 1. To enable analytical calculations, we describe the electromagnetic field in the cavity with a single mode labeled by (C). The Hamiltonian describing the system reads

$$\hat{H} = \hat{H}_L + \hat{H}_M + \hat{H}_{LM},\tag{1}$$

where the light, matter and light-matter interaction Hamiltonians are given as

$$\begin{aligned} \hat{H}_L &= E_C \hat{a}^{\dagger} \hat{a}, \\ \hat{H}_M &= \sum_{j=1}^N E_j \hat{B}_j^{\dagger} \hat{B}_j, \\ \hat{H}_{LM} &= \sum_{j=1}^N g_j \hat{a} \hat{B}_j^{\dagger} + h.c., \end{aligned}$$
(2)

respectively. The cavity mode is quantized by the photonic operator  $\hat{a}$  and has energy  $E_C$ . The two-level systems, which are described by the operators  $\hat{B}_j$ , refer to general quantum emitters, such as atoms, charges, excitons, spins, electronic or vibrational levels of molecules. In the following, we focus on molecular excitations because of their experimental relevance, but our findings are generally valid for the other before mentioned systems. The excitation energies  $E_j$  are distributed according to the Lorentz function

$$P(E_j) = \frac{1}{\pi} \frac{\sigma}{(E_j - E_M)^2 + \sigma^2},$$
 (3)

where  $E_M$  is the center of the probability distribution and  $\sigma$  is its width, i.e., the disorder parameter. We emphasize that many of our results hold for arbitrary disorder distributions. The light-matter couplings can be expressed in terms of physical quantities as  $g_j = \left(\frac{\hbar E_C}{2\epsilon_0 V}\right)^{(1/2)} \mathbf{d}_j \cdot \hat{\mathbf{E}}$ , where V is the volume of the cavity,  $\mathbf{d}_j$  is the dipole moment of the j-th molecule and  $\hat{\mathbf{E}}$  is the polarization of the cavity mode. For simplicity, we assume here a homogeneous coupling  $g_j = g$ , but generalizations to the inhomogeneous case are straightforward. Many calculations are performed in a thermodynamic limit which is defined as  $g \to 0$  and  $N \to \infty$  such that  $g\sqrt{N}$  is constant. As  $g \propto V^{-1/2}$ , the thermodynamic limit implies a large cavity volume, but a constant molecule density.

The Hamiltonian in Eq. (1) is the celebrated Fano-Anderson model, which has been originally developed to understand the impact of continua on discrete levels and asymmetries in absorption spectra [42]. Besides other applications, this and generalized Fano-Anderson models are also deployed to investigate transport through nano and mesoscopic systems [43–46]. A recent investigation of the spectral and transport properties for a disorder distribution with compact support can be found in Refs. [47, 48], which make use of the exact expression of the eigenstates instead of the unifying Green's function approach considered here. We note that the transport setup investigated in Refs. [47] is different from the one considered in our work in Sec. V.

## B. Bright and dark states in the homogeneous system

The homogeneous system is defined for vanishing disorder  $\sigma = 0$ . For simplicity, we focus here on the resonant system  $E_M = E_C$ . Using the excited states of the molecules  $|e_j\rangle_M = \hat{B}_j^{\dagger}|g\rangle$ , where  $|g\rangle$  is the collective ground state of the molecule ensemble, we define the collective excitations  $|e_k\rangle_M = \frac{1}{\sqrt{N}}\sum_j e^{ikj} |e_j\rangle_M$  with  $k = 2\pi l/N$  and l = 0, ..., N - 1. The Fock states of the cavity mode are denoted by  $|n\rangle_L$ . In terms of these states, the two special eigenstates of the Hamiltonian

$$\left|\psi_{up/down}\right\rangle = \frac{1}{\sqrt{2}} \left(\left|g\right\rangle_{M}\left|1\right\rangle_{L} \pm \left|e_{k=0}\right\rangle_{M}\left|0\right\rangle_{L}\right), \quad (4)$$

with energies  $\epsilon_{0,1} = E_M \pm g\sqrt{N}$  are called the upper and lower polaritons, respectively. Their energy difference  $\Omega_R = 2g\sqrt{N}$ , which increases with the square root of the molecule number, can be measured as a collective Rabi splitting  $\Omega_R$  in spectroscopic experiments. The homogeneous state  $|BS\rangle_M = |e_{k=0}\rangle_M$ , which mixes with the cavity light field, is commonly denoted as the bright state. In contrast, the states  $|DS_k\rangle_M = |e_{k\neq 0}\rangle_M$ , which have energy  $\epsilon_k = E_M$ , completely decouple from the cavity light field and are denoted as dark states. We note that the bright and dark states can be also defined for an inhomogeous coupling  $g_j$ . In this case, the bright state reads  $|BS\rangle_M \propto \sum_j g_j |e_j\rangle_M$ , and the dark states are orthogonal to this state.

For the disordered system, the dark states are no longer eigenstates of the system, but all eigenstates have contributions of the cavity mode, the bright state and the dark states, as the matrix elements  $\langle BS | \hat{H}_M | DS_k \rangle \neq 0$ of the matter Hamiltonian in Eq. (2) become finite. The respective contributions of the cavity mode, the bright state and the dark states to the eigenstate is given respectively by the bright-state LDOS and the dark-state LDOS, which will be introduced in Sec. III. The mixing of bright and dark states influences the spectroscopic spectra in Sec. III and leads to the turnover in the relaxation and transport rates in Secs. IV and V.

#### C. Single-molecule Green's function

As shown in Fig. 1, the Fano-Anderson model has a tree-shaped coupling structure, which can be solved analytically in Laplace space as shown in Appendix A. In



FIG. 2. (a,b) real and (c,d) imaginary parts of the eigenenergies in Eq. (15) of the effective non-Hermitian Hamiltonian for  $g = 0.001E_M$  and N = 2000. (a,c) depicts the resonant system with  $E_C = E_M = 1eV$  and (b,d) depicts the off-resonant system with  $E_C = 1.05eV$  and  $E_M = 0.95eV$ .

doing so, we find an explicit expression of the singleparticle retarded Green's functions

$$G_{X,Y}(t) \equiv i\Theta(t) \left\langle \hat{A}_X(t), \hat{A}_Y^{\dagger} \right\rangle, \tag{5}$$

where  $X \in \{C, j, BS, DS_k\}$ , and  $\Theta(t)$  denotes the Heavysite function. Thereby,  $\hat{A}_C^{\dagger} = \hat{a}^{\dagger}$ ,  $\hat{A}_j^{\dagger} = \hat{B}_j^{\dagger}$  and  $\hat{A}_{BS}^{\dagger}$  ( $\hat{A}_{DS_k}^{\dagger}$ ) creates a bright state (dark state) excitation. In Laplace space, the Green's functions read [37, 38]

$$G_{C,C}(z) = \frac{1}{(z+iE_C(z))},$$

$$G_{C,j}(z) = -i\frac{g}{(z+iE_C(z))(z+iE_j)} = G_{j,C}(z),$$

$$G_{i,j}(z) = \frac{\delta_{i,j}}{z+iE_j} - \frac{g^2}{(z+iE_i)(z+iE_C(z))(z+iE_j)},$$
(6)

with the auxiliary function

$$E_C(z) = E_C + \sum_{j=1}^{N} \frac{g^2}{z + iE_j}.$$
 (7)

Up to factors  $(z + iE_j)$ , the nominator of the third term in Eq. (6) defines a polynomial  $\mathcal{P}(z)$  of order N + 1,

$$\mathcal{P}(z) = (z + iE_C(z)) \prod_j^N (z + iE_j), \qquad (8)$$

which is equivalent to the characteristic polynomial of the Hamiltonian (1) when replacing  $z \rightarrow -iE$ . The inverse Laplace transformation can be expressed in terms of the roots of the characteristic polynomial, i.e., the poles of

the Green's function, as

$$G_{X,Y}(t) = \sum_{\alpha=1}^{N+1} A_{\alpha} e^{z_{\alpha} t},$$
(9)

where  $A_{\alpha} = 2\pi i \lim_{z \to z_{\alpha}} (z - z_{\alpha}) G_{X,Y}(z)$ . Note that the pole of the first term in  $G_{j,j}(z)$  of Eq. (6) is not a pole of  $G_{j,j}(z)$ , as it cancels with a pole of the second term.

#### D. Thermodynamic limit and effective Hamiltonian

Here, we consider the system in the thermodynamic limit  $N \to \infty$  and  $g \to 0$  such that  $g^2N = const.$ , and derive an effective Hamiltonian which exactly reproduces the dynamics of the single-particle Green's function. The disorder-averaged Green's function in the thermodynamic limit is defined by

$$\overline{G}_{X,Y}(z) \equiv \int dE_1 \dots \int dE_N G_{X,Y}(z) P(E_1) \dots P(E_N),$$
(10)

where  $P(E_j)$  is the disorder distribution function of  $E_j$ . When evaluating  $\overline{G}_{X,Y}(z)$ ,  $\sum_{j=1}^{N} \frac{g^2}{z+iE_j} \to \Pi(z)$  in Eq. (7) becomes a smooth function which depends on the statistics of  $E_j$ . Moreover,  $\overline{G}_{i_1,j_1}(z) = \overline{G}_{i_2,j_2}(z)$  and  $\overline{G}_{C,j_1}(z) = \overline{G}_{C,j_2}(z)$  for all  $i_1, i_2, j_1, j_2$ , i.e., the disorder-averaged Green's function is block-diagonal in the basis of bright and dark states introduced in Sec. II B, i.e.,  $\overline{G}_{e_{k_1},e_{k_2}}(z) \propto \delta_{k_1,k_2}$  and  $\overline{G}_{C,e_k}(z) \propto \delta_{k_0}$ . We use the disorder-averaged Green's function to define an effective Hamiltonian by

$$\overline{G}(z) \equiv \frac{1}{z + iH_{eff}(z)}.$$
(11)

Note that the effective Hamiltonian depends on z and the distribution of  $E_j$ . The block structure of  $\overline{G}(z)$  in the basis of bright and dark states translates into a block structure of  $H_{eff}(z)$ , i.e.,

$$H_{eff}(z) = \begin{bmatrix} H_{eff}^{(C,BS)}(z) & & 0 \\ & H_{eff}^{(DS)}(z) & & \\ & & \ddots & \\ 0 & & & H_{eff}^{(DS)}(z) \end{bmatrix},$$
(12)

(12) where  $H_{eff}^{(C,BS)}(z) \in \mathbb{C}^{2\times 2}$  describes the interaction of the cavity mode and the bright state and  $H_{eff}^{(DS)}(z) \in \mathbb{C}$ describes the dynamics of the dark states. As the effective dark state Hamiltonians are equal for all  $k \neq 0$ , we have suppressed the index k. The effective Hamiltonian Eq. (12) appears to suggest that the dynamics of the bright and dark states is decoupled. Yet, the influence of the dark states is incorporated in the non-Hermitian



FIG. 3. Analytical and numerical calculations of the cavity LDOS (a,d,g,j), the bright-state LDOS (b,e,h,k), and the total density of states (c,f,i,l) as a function of energy. Overall system parameters are g = 0.001eV and N = 2000. Specific parameters are  $E_C = E_M = 1eV$ ,  $\sigma = 0.04eV < \sigma_{EP}$  in (a-c),  $E_C = E_M = 1eV$ ,  $\sigma = 0.15eV > \sigma_{EP}$ ,  $E_C = 1.05eV$ ,  $E_M = 0.95eV$ ,  $\sigma = 0.04eV < \sigma_{EP}$  in (d-e),  $E_C = 1.05eV$ ,  $E_M = 0.95eV$ ,  $\sigma = 0.04eV$  in (g-h) and  $E_C = 1.05eV$ ,  $E_M = 0.95eV$  in (j-l). The LDOS in all panels are depicted in units of 1/eV.

nature of  $H_{eff}(z)$ , which effectively leads to a dissipative dynamics.

# of the effective Hamiltonian in Eq. (12) are given as $\begin{bmatrix} F_{2} & \Omega \\ 0 \end{bmatrix}$

### E. Effective Hamiltonian for the Lorentz distribution

For the Lorentz distribution in Eq. (3), the evaluation of the disorder-averaged Green's function is straightforward and is equivalent to simply replacing  $E_j \rightarrow E_M - i\sigma \equiv E_M^{(\sigma)}$  [49, 50]. Because of this simple replacement rule, the thermodynamic limit considered in Eq. (10) is actually equivalent to the disorder average, such that the following results are also valid for finite molecule numbers. The disorder-averaged Green's functions are explicitly given as

$$\overline{G}_{C,C}(z) = \frac{1}{(z+iE_C(z))},$$

$$\overline{G}_{C,j}(z) = -i\frac{g}{(z+iE_C(z))\left(z+iE_M^{(\sigma)}\right)} = \overline{G}_{j,C}(z),$$

$$\overline{G}_{i,j}(z) = \frac{\delta_{i,j}}{z+iE_M^{(\sigma)}}$$

$$-\frac{g^2}{\left(z+iE_M^{(\sigma)}\right)\left(z+iE_C(z)\right)\left(z+iE_M^{(\sigma)}\right)},$$
(13)

$$H_{eff}^{(C,BS)} = \begin{bmatrix} E_C & \frac{\Omega}{2} \\ \frac{\Omega}{2} & E_M^{(\sigma)} \end{bmatrix}$$
(14)

with the Rabi frequency of the homogeneous system  $\Omega = 2g\sqrt{N}$  and  $H_{eff}^{(DS)} = E_M^{(\sigma)}$ . Note that the zindependence of the effective Hamiltonian is a consequence of the Lorentz distribution of  $E_j$ . The complexvalued eigenenergies of  $H_{eff}^{(C,BS)}$  in Eq. (14)

where now  $E_C(z) = E_C + g^2 N / (z + E_M^{(\sigma)})$ . Transforming

this into the basis of the bright and dark states, the blocks

$$\epsilon_{1,2} = \frac{E_C + E_M^{(\sigma)}}{2} \\ \pm \frac{1}{2} \sqrt{\left(E_C - E_M^{(\sigma)}\right)^2 - \Omega^2}$$
(15)

generalize the eigenenergies of the two polaritons for the disordered case. As it will become more clear when discussing spectral properties, the real part is related to the spectral position and the imaginary part to the spectral width of the absorption lineshape. The Rabi splitting of the disordered system can be thus defined as  $\Omega_R \equiv \text{Re}(\epsilon_2 - \epsilon_1)$ . The finite imaginary part appears due to the mixing of the bright and dark states, which eventually gives rise to a decaying occupation of the subsystem consisting of cavity mode and bright state.

**Resonant system.** For the resonant system  $E_C = E_M$ , the eigenenergies are given as

$$\epsilon_{1,2} = E_M - i\frac{\sigma}{2} \pm \frac{1}{2} \left(\Omega^2 - \sigma^2\right)^{\frac{1}{2}}$$
(16)

and are depicted in Fig. 2(a,c). For very small or very large  $\sigma$ , they approximately read

$$\sigma \ll \Omega: \qquad \epsilon_{\mu} = E_M - i\frac{\sigma}{2} \pm \left(\frac{\Omega}{2} - \frac{\sigma^2}{\Omega}\right), \quad (17)$$

$$\sigma \gg \Omega: \qquad \epsilon_{\mu} = \begin{cases} E_M - i\sigma + i\frac{\Omega^2}{2\sigma} & \mu = 1\\ E_M - i\frac{\Omega^2}{4\sigma} & \mu = 2. \end{cases}$$
(18)

These two limiting cases can be clearly seen in Fig. 2(a,c). For small  $\sigma$ , the two roots have different real parts, and equal imaginary parts. For large  $\sigma$ , the real parts are equal, but the imaginary parts differ. The agreement of either the real or the imaginary part is a consequence of  $E_C = E_M$ . Interestingly, for  $\sigma = \Omega \equiv \sigma_{EP} \approx 0.09 eV$ , we observe an exceptional point, which has been frequently investigated recently [51]. In Sec. III A and Sec. III B, we discuss signatures of the exceptional point in the absorption spectrum. In the following, we denote the region before and after the exceptional point as the underdamped (small  $\sigma$ ) and overdamped (large  $\sigma$ ) regime, respectively.

**Off-resonant system.** For the off-resonant system with  $E_M < E_C$  in Fig. 2(b,d), the real and imaginary parts of both eigenvalues are well separated for all values of  $\sigma$ . Even for a small detuning of  $E_M$  and  $E_C$ , the exceptional point observed in the resonant system does not exist. The eigenvalue  $\epsilon_1$  is dominated by the molecular excitations, while  $\epsilon_2$  is dominated by the cavity excitation. The imaginary part (describing the spectral width) of  $\epsilon_2$  is much smaller than the imaginary part of  $\epsilon_1$ , as the light and matter become increasingly decoupled for larger disorder due to the decreasing density at  $E_j \approx E_C$ in the off-resonant system.

#### III. LOCAL DENSITY OF STATES AND SPECTROSCOPIC PROPERTIES

Spectroscopic and transport observables can be expressed in terms of the LDOS associated with system constituents  $X \in \{C, j, BS, DS_k\}$ . These LDOS are defined in terms of the diagonal elements of the single-particle retarded Green's function

$$\nu_X(\omega) = -\lim_{\delta \to 0^+} \operatorname{Im} \frac{1}{\pi} G_{X,X}(-i\omega + \delta), \qquad (19)$$

which quantifies how much a specific system state X contributes to the eigenstates in the energy interval  $[\omega, \omega + d\omega]$ . The total density of states is given by  $\nu(\omega) = \sum_{X \in \{C,j\}} \nu_X(\omega)$ . As we explain in the following, the cavity and bright-state LDOS can be measured with spectroscopic experiments.

#### A. Cavity absorption spectrum

First, we investigate the spectroscopic response of the cavity related to the perturbation operator  $\hat{V} = \hat{a} + \hat{a}^{\dagger}$ , which will be denoted as the cavity absorption spectrum in the following. In terms of the Green's function, the cavity absorption can be expressed as

$$\chi_C(\omega) = -\text{Im } G_{C,C}\left(-i\omega + 0^+\right) = \pi\nu_C(\omega) \quad (20)$$

and is thus directly proportional to the cavity LDOS. For the Lorentz distribution in the thermodynamic limit, we evaluate Eq. (20) using the disorder-averaged Green's function  $\overline{G}_{CC}(z)$  given in Eq. (13), which can be transformed into

$$\chi_C(\omega) = \sum_{\mu=1,2} \frac{-1}{\pi} \operatorname{Im} \left[ \frac{A_{\mu}}{\omega - \epsilon_{\mu}} \right],$$
$$A_{\mu} = \frac{-i\epsilon_{\mu} + iE_M + \sigma}{-i\epsilon_{\mu} + i\epsilon_{\overline{\mu}}},$$
(21)

where the coefficients  $A_{\mu}$  can be evaluated in terms of the energies  $\epsilon_{\mu}$  in Eq. (15). Details of the derivation can be found in Appendix B1. We have introduced  $\overline{\mu}$  as  $\overline{\mu} \neq \mu$  for a compact notation. If  $A_{\mu}$  is real-valued, the cavity absorption spectrum is given by two Lorentz functions centered at Re  $\epsilon_{\mu}$  and having spectral width Im  $\epsilon_{\mu}$ . For complex-valued  $A_{\mu}$ , the shape deviates from the pure Lorentzian function. As the finite imaginary part of the eigenenergies describes the mixing of the bright and dark states, the dark states thus determine the functional form of the cavity LDOS.

In Fig. 3 (a,d), we depict the cavity absorption spectrum for the resonant case  $E_M = E_C$  in the underdamped and overdamped regimes, respectively. In the underdamped regime, we observe two Lorentzian peaks symmetrically located around  $E_M$ . Here, the eigenenergies fulfill  $(-\epsilon_1 + E_M) = (\epsilon_2 - iE_M)^*$  as can be seen in Fig. 2, which explains the symmetry of the peaks when evaluating Eq. (21). In the overdamped regime, we observe a single peak with Lorentzian shape. Here, the eigenenergies fulfill  $\epsilon_1 + i\sigma/2 = \epsilon_2 - i\sigma/2$ , such that there are actually two Lorentzian peaks centered at the same position  $E_M$ . The eigenenergy  $\epsilon_2$  with a small imaginary part dominates the spectrum. Using Eq. (18) to evaluate  $A_1$ , we find that  $A_1 \to 0$  for  $\sigma \to \infty$ , such that the signatures of the eigenenergy  $\epsilon_1$  are strongly suppressed. A physical interpretation of the eigenenergies in the overdamped regime is given in the next section.

Figure. 3 (g,j) depicts the cavity absorption spectrum for the off-resonant system  $E_M < E_C$  in the underdamped and overdamped regimes, respectively. Similar to the resonant system, we observe a peak close the position of the cavity frequency  $E_C \approx \text{Re } \epsilon_2$ . In Fig. 3 (g), we mark a second peak related to the molecular eigenenergy  $\epsilon_1$  located close to  $E_M$ , which is very small as the corresponding  $A_1 \rightarrow 0$  for large  $|E_C - E_M|$ . The observations in the overdampend regime in panel (j) are very similar, but the molecule peak is now completely suppressed.

#### B. Matter absorption spectrum

Next, we consider the absorption spectrum which is related to the perturbation operator  $\hat{V} = \sum_j D_j \left( \hat{B}_j + \hat{B}_j^{\dagger} \right)$ , which we denote as matter absorption in the following. The coupling coefficients between the molecules and the probe field are  $D_j = \mathbf{d}_j \cdot \hat{\mathbf{E}}_p$ , where  $\hat{\mathbf{E}}_p$  is the probe field. It measures directly the spectroscopic properties of the molecules instead of the cavity field as in Sec. III A. Assuming a homogeneous  $D_j = D$ , we can express the matter absorption spectrum in terms of the single-particle Green's functions as

$$\chi_M(\omega) = -D^2 \sum_{i,j=1}^N \operatorname{Im} G_{i,j}(-i\omega + 0^+)$$
$$= ND^2 \pi \nu_{BS}(\omega).$$
(22)

In contrast to the absorption spectrum of uncorrelated molecules, where only the diagonal elements of the Green's function are taken into account, the absorption of the molecular polaritons includes all elements of the Greens' function as the cavity induces strong coherences between the molecules.

The summations in Eq. (22) project the Green's function onto the bright state introduced in Sec. II B, such that the matter absorption spectrum is directly proportional to the bright-state LDOS. We note that the relation of the matter absorption and the bright-state density of states in Eq. (22) is also correct for inhomogeneous couplings as long as  $g_j \propto D_j$ , i.e., the polarizations of the cavity and the probe field are parallel.

For the Lorentz distribution in the thermodynamic limit, we can use the disorder-averaged Green's function in Eq. (13) to evaluate the matter absorption, such that we find after some steps

$$\chi_M(\omega) = \sum_{\mu=1,2} \frac{-D^2}{\pi} \operatorname{Im} \left[ \frac{A_{\mu}}{\omega - \epsilon_{\mu}} \right],$$
$$A_{\mu} = \frac{g^2}{\left( -\epsilon_{\mu} + iE_M + \sigma \right) \left( -i\epsilon_{\mu} + i\epsilon_{\overline{\mu}} \right)}.$$
 (23)

As explicitly demonstrated in Appendix B 2, the matter absorption spectrum can be expressed in terms of the cavity single-particle Green's function as

$$\chi_M(\omega) = ND^2 \operatorname{Im} G_{CC} \left( i\omega + iE_M + iE_C + \sigma \right), (24)$$

i.e., using a complex frequency  $\omega \to -\omega + E_M + E_C + i\sigma$ . Thus, the absorption spectra of the cavity mode and of the matter are directly related to each other.

The molecular absorption is depicted in Fig. 3(b,e) for the resonant system  $E_M = E_C$ . Because of Eq. (24),  $\chi_M(\omega)$  has the same functional dependence as the cavity absorption Eq. (21) except for the complex-valued frequency. The discussions about the cavity absorption are thus also valid for the matter absorption. In the underdamped regime in panel (b), we find two peaks corresponding to the two polaritons which approximately have a Lorentzian shape, similar to the cavity absorption in panel (a). Interestingly, in panels (b,e,h,k) the matter absorption vanishes completely at  $\omega = E_M$  due to level repulsion of the molecules which are in resonance with  $E_C$ . In contrast, the level repulsion for the cavity LDOS in Fig. 3(a,d,g,j) is not complete as the cavity mode is interacting with a continuous spectrum which leads to a coarse graining of the level repulsion.

The complete suppression of the absorption in Fig. 3 is reminiscent of the electromagnetically-induced transparency [52] (EIT) and the related vacuum-induced transparency (VIT) [49, 53] appearing in atomic and molecular three-level systems. In fact, the absorption suppression in Fig. 3 (b.e.h.k) can be also understood as a destructive interference between two excited states. However, in contrast to the EIT and VIT, which considers individual three-level atoms or molecules coupled by a light field, in this paper, the light field itself is also a quantum state and couples the molecules collectively. Moreover, the suppressed absorption observed here is based on a non-local superposition of the quantum emitters (associated with the bright state) and is thus a collective effect, while the EIT and VIT are based on a destructive interference effect within individual atoms or molecules.

In the overdamped regime depicted in Fig. 3 (e,k), the matter absorption strongly deviates from the cavity absorption despite their close relationship via Eq. (24). In contrast to the cavity absorption, both eigenenergies depicted in Fig. 2 are now relevant. The matter absorption is a superposition of two Lorentz functions which have different widths  $\operatorname{Im} \epsilon_1$  and  $\operatorname{Im} \epsilon_2$ , but the same peak position of  $\omega = E_M = E_C$ . One peak has a positive amplitude, while the other has a negative amplitude, leading to a complete destructive interference at the cavity energy  $E_C$ . This complete destructive interference is a consequence of the level repulsion of the cavity mode and the molecular excitation energies with  $E_j = E_C$ . While the two peaks in the underdamped regime can be associated with the two polaritons, this picture breaks down in the overdamped regime. The distinct behavior can be understood in terms of the imaginary parts in Fig. 2. For an increasing disorder  $\sigma$ , the molecular excitations and the cavity mode gradually decouple. The spectral features of the molecular excitations thus approach the original Lorentz distribution with width  $\sigma$ , while the spectral width of the cavity continuously vanishes. In this regime, the polaritonic excitations are not well defined.

The off-resonant system  $E_M < E_C$  in the underdamped regime depicted in Fig. 3 (h) is not symmetric. The molecule peak close to  $\omega = E_M$  is significantly broader than the cavity peak close to  $\omega = E_C$ , which is directly related to the Im  $\epsilon_{1,2}$  in Fig. 2. The cavity LDOS is thus only weakly influenced by the energetic disorder because of the energy splitting. The observations in the overdamped regime in Fig. 3 (k) are similar to panel (e) but not symmetric.

#### C. Density of states

Finally, we consider the total density of states to clarify the role of the bright and dark states introduced in Sec. II B in the presence of disorder. As the total density of states does not depend on the basis, it can be expressed either in the local basis of the molecules j or in the basis of bright and darks states,

$$\nu(\omega) \equiv \nu_C(\omega) + \sum_j \nu_j(\omega)$$
$$= \nu_C(\omega) + \nu_{BS}(\omega) + \sum_{k=1}^{N-1} \nu_{DS_k}(\omega), \qquad (25)$$

i.e, it can be partitioned in the cavity LDOS,  $\nu_C(\omega)$ , the bright-state LDOS,  $\nu_{BS}(\omega)$ , and N-1 terms of the dark-state LDOS. In the thermodynamic limit, the cavity and bright-state LDOS converge to their respective limits given in Sec. III A and Sec. III B, while the darkstate LDOS converge to  $\nu_{DS_k}(\omega) \to (N-1)P(\omega)$ . Thus, from the LDOS of the molecules in the non-interacting case g = 0, which is  $NP(\omega)$ , one molecules is subtracted, which now forms the bright-state LDOS  $\nu_{BS}(\omega)$ .

In the homogeneous and resonant system discussed in Sec. IIB, we have  $\nu_C(\omega) = \nu_{BS}(\omega) =$  $\frac{1}{2}\left(\delta(\omega - E_M + g\sqrt{N}) + \delta(\omega - E_M - g\sqrt{N})\right)$ and  $\nu_{DS}(\omega) = (N-1)\delta(\omega - E_M)$ . Comparing these expressions with the LDOS considered in this section, we find that the disorder turns the delta functions into distribution functions with finite widths. In the homogeneous case the molecular excitations can be either classified as bright or dark states. Because of the disorder, bright and dark states are now mixed and both contribute to the formation of the eigenstates. On the average, the contributions are thereby proportional to  $\nu_{BS}(\omega)$  or  $\nu_{DS}(\omega)$ , respectively. We recall that the dark states determine the functional shape of  $\nu_C(\omega)$  and  $\nu_{BS}(\omega)$ , as the dark states are coupled to the bright state for a finite disorder.

In realistic spectroscopic experiments, one simultaneously measures the cavity and matter absorption, i.e.,  $\chi(\omega) = \alpha_C \cdot \chi_C(\omega) + \alpha_M \cdot \chi_M(\omega)$  with coefficients  $\alpha_C$ and  $\alpha_M$ . For a fixed Rabi-frequency  $\Omega^2 = 4g^2N \propto N/V$ , one can thus harness the scaling  $\chi_C \propto \nu_C$  and  $\chi_M \propto N \cdot \nu_{BS} \propto V \cdot \nu_{BS}$  to distinguish experimentally between both contributions via changing the cavity volume V while keeping the molecule density constant.

#### IV. RELAXATION DYNAMICS

In this section, we evaluate the relaxation dynamics of an excitation, which is initially located on the donor molecule j = 1 and finally spreads over all molecules. The process is sketched in Fig. 1(b). In the thermodynamic limit, the donor will be finally completely depleted. As we demonstrate in the following, the relaxation dynamics of the cavity system is proportional to the cavity LDOS considered in Sec. III A. In Sec. IV A, we derive the relaxation rate. Readers interested in the physical interpretation can proceed directly to Sec. IV B.

#### A. Derivation of the relaxation rate

To begin with, the occupation of the donor is given as

$$n_1(t) = |G_{1,1}(t)|^2, \qquad (26)$$

where the Green's function is defined in Eq. (6). To facilitate an analytical treatment, we apply the disorder average in the thermodynamic limit defined in Eq. (10). Yet, to account correctly for the microscopic dynamics of the donor occupation, the average is not applied to  $E_1$ . Specifying for the Lorentzian disorder, the Green's function can be written in Laplace space as

$$\overline{G}_{1,1}(z) = \frac{1}{z+iE_1} - \frac{g^2 \left(z+iE_M + \sigma\right)}{(z+iE_1)\mathcal{P}(z)}.$$
 (27)

Thereby, the roots of the polynomial  $\mathcal{P}(z) = \mathcal{P}_0(z) + \mathcal{P}_1(z)$  with

$$\begin{aligned} \mathcal{P}_0(z) &= \left(z + iE_C\right) \left(z + iE_M + \sigma\right) \left(z + iE_1\right), \\ &+ g^2 N \left(z + iE_1\right), \\ \mathcal{P}_1(z) &= g^2 \left(z_\alpha + iE_M + \sigma\right) \end{aligned}$$

determine the inverse Laplace transformation in Eq. (9). Note that  $z = -iE_1$  is not a root of  $\overline{G}_{1,1}(z)$  as the corresponding terms cancel exactly. The third-order polynomial is partitioned into the two parts  $\mathcal{P}_0(z)$  and  $\mathcal{P}_1(z)$ . The first part can be solved analytically and we obtain the unperturbed roots  $z_1^{(0)} = -i\epsilon_1$  and  $z_2^{(0)} = -i\epsilon_2$  and  $z_3^{(0)} = -iE_1$ , with  $\epsilon_{1,2}$  given in Eq. (15). The pertubative part  $\mathcal{P}_1(z)$  gives a correction to  $z_{\mu}^{(0)}$  in leading order of  $g^2$  and is found by applying the PPT in Eq. (C4) introduced in App. C1. In doing so, we find that the two roots  $z_1 = z_1^{(0)} = -i\epsilon_1$  and  $z_2 = z_1^{(0)} = -i\epsilon_2$  remain unchanged in leading order, while the third root obtains a finite real part such that  $z_3 = -iE_1 - \gamma(E_1) + i\mathcal{O}(g^2) + \mathcal{O}(g^4)$  with

$$\gamma(\omega) = g^2 \nu_C(\omega), \qquad (28)$$

where the cavity LDOS in Eq. (21) can be explicitly written as

$$\nu_C(\omega) = \frac{1}{\pi} \frac{\kappa\sigma}{\left(-\omega + E_C - \kappa\left(-\omega + E_M\right)\right)^2 + \kappa^2 \sigma^2},$$
  
$$\kappa = \frac{g^2 N}{\left(-\omega + E_M\right)^2 + \sigma^2}.$$
 (29)

We note that Eq. (28) agrees with the result in Ref. [47]. The imaginary part shift  $\propto g^2$  (i.e., the energy shift) can be neglected as it is not the leading order term. Using the roots to perform the inverse Laplace transformation, the Green's function becomes as a function of time

$$G_{1,1}(t) = A_1 e^{z_1 t} + A_2 e^{z_2 t} + A_3 e^{z_3 t},$$

$$A_1 = \frac{g^2 (z_1 + iE_M + \sigma)}{(z_1 + iE_1)^2 (z_1 - z_2)} \to 0,$$

$$A_2 = \frac{g^2 (z_2 + iE_M + \sigma)}{(z_2 + iE_1)^2 (z_2 - z_1)} \to 0,$$

$$A_3 = \frac{g^2 (-iE_1 + iE_M + \sigma)}{\gamma(E)(-iE_1 - z_1)(-iE_1 - z_2)} \to 1. \quad (30)$$

In the thermodynamic limit  $N \to \infty, g \to 0$ , which we have assumed throughout the calculation, the amplitudes  $A_1, A_2 \to 0$ , such that the occupation of  $n_1(t)$  is solely determined by the real part of the root  $z_3$ . For consistency, we finally average  $\gamma(E_1)$  in Eq. (29) over the donor energy  $E_1$ , which is distributed according to the Lorentz distribution in Eq. (3), such that the disorder-averaged relaxation rate reads

$$\overline{\gamma} = \int dE_1 \gamma(E_1) P(E_1)$$

$$= \frac{g^2}{\pi} \frac{\sigma + \frac{g^2 N}{2\sigma}}{\left(E_M - E_C\right)^2 + \left(\sigma + \frac{g^2 N}{2\sigma}\right)^2}, \qquad (31)$$

whose physical behavior will be discussed in the next section.

We note that the relaxation rate in Eq. (28) is exact in the thermodynamic limit  $g \to 0, N \to \infty$  and holds also for general disorder distributions. The derivation is still valid for a Green's function with an arbitrary number of poles. Possible branch cuts of the Green's function vanish in the thermodynamic limit as the second term in Eq. (27) is proportional to  $g^2$ .

#### B. Discussion of the relaxation dynamics

The energy-resolved relaxation rate in Eq. (29) and the disorder-averaged relaxation rate in Eq. (31) are depicted in Fig. 4 and Fig. 5. The solid lines depict the analytical results, while the symbols depict the numerical results of the finite-size simulations, which are described in details in Appendix D. Several points are worthwhile to be discussed:

**Disorder dependence.** The energy-resolved relaxation rate  $\gamma(E_1)$  is shown in Fig. 4(a,b) as a function of disorder  $\sigma$  for different values of  $E_1$  for the resonant  $E_M = E_C$  and off-resonant  $E_M < E_C$  systems. We observe a turnover as a function of  $\sigma$  for all values of  $E_1$ . For  $E_1 \neq E_M$  and/or  $E_M \neq E_C$ , we find from Eq. (29)



FIG. 4. (a,b) Energy-resolved relaxation rate  $\gamma(E_1)$  for the resonant system  $E_C = E_M = 1eV$  (a), and for the off-resonant system  $E_C = 1.05eV$ ,  $E_M = 0.95eV$  (b). In both (a) and (b), g = 0.001eV and N = 2000. (c,d) Disorder-averaged relaxation rate  $\overline{\gamma}$  for the same parameters as in (a,b) for different molecule numbers. Symbols represent the finite-size simulation to verify the analytical treatment, where the number of disorder samples  $M_S$  is such that  $M_S \cdot N = 10^6$ .



FIG. 5. Same as in Fig. 4 but as a function for molecule number N. The disorder in (a,c) is  $\sigma = 0.04 eV$  and in (b,d)  $\sigma = 0.15 eV$ .

in the limiting cases

$$\gamma(E_1) \propto \begin{cases} \frac{\sigma}{N} & \sigma \ll g\sqrt{N} \\ \frac{N}{\sigma} & \sigma \gg g\sqrt{N} \end{cases}.$$
(32)

Only in the special case  $E_1 = E_M = E_C$ ,  $\gamma(E_1)$  is monotonically decreasing as a function of  $\sigma$  (not shown). As  $\gamma(E_1) \propto \nu_C(E_1)$ , the relaxation rate depends on the distance from the peak  $\gamma(E_1) \propto (E_1 - \operatorname{Re} \epsilon_{\mu})^2$  and the peak width  $\gamma(E_1) \propto \operatorname{Im} \epsilon_{\mu}$  of the peaks in Fig. 3(a,d,g,j).

For example, in the resonant case  $E_M = E_C$  for an energy  $E_1 > E_M$  and  $E_1 - E_M \ll \Omega_R$ , the right peak in Fig. 3(a,d) related to the eigenenergy  $\epsilon_2$  determines  $\gamma(E_1) \propto \nu_C(E_1)$ . For small  $\sigma$ , we find from Eq. (18) that Re  $\epsilon_{\mu} - E_M \propto \sqrt{N}$  and Im  $\epsilon_{\mu} \propto \sigma$ , which explains the behavior for small  $\sigma$  in Eq. (32). Likewise for large  $\sigma$ , we find from Eq. (18) that Re  $\epsilon_{\mu} = E_M = const.$  and Im  $\epsilon_{\mu} \propto N/\sigma$ , which explains the behavior for large  $\sigma$  in Eq. (32).

**Energy dependence.** Overall, the relaxation rate is larger for energies  $|E_1 - E_C| \approx 0$ . For the selected energies in Fig. 4(a,b), the energies  $E_1 = 0.9375eV$  and  $E_1 = 1.025eV$  exhibit the largest relaxation rates, while the energies  $E_1 = 0.85eV$  and  $E_1 = 1.2eV$  exhibit the smallest relaxation rates. This is due to the shape of  $\nu_C(E_1)$ , which decays with  $1/(E_1 - E_C)^2$  away from the peaks according to Eq. (28). We further observe that the maximum position in (a,b) as a function of  $\sigma$  depends on the value of  $E_1$ . For the resonant system, the maxima are located around the same value, while for the off-resonant system, the maximum for the  $E_1 = 0.9375eV$  curve is reached earlier than the other curves.

**Disorder-averaged relaxation rate.** The disorderaveraged relaxation rate is depicted in Fig. 4(c,d) as a function of  $\sigma$  for different molecule numbers. In panel (c) for the resonant case, we observe a turnover which is a consequence of the turnovers of the energy-resolved relaxation rates in panel (a). According to the exact expression in Eq. (31), the disorder-averaged relaxation rate scales as

$$\overline{\gamma} \propto \begin{cases} \frac{\sigma}{N} & \sigma \ll g\sqrt{N} \\ \frac{1}{\sigma} & \sigma \gg g\sqrt{N} \end{cases}, \tag{33}$$

in the two limiting cases, which is similar to Eq. (32) except for a factor N for large disorder and can be clearly recognized in Fig. 4(c). For small  $\sigma$ , the width of the Lorentzian distribution increases with  $\sigma$ , which results in an increasing overlap with the cavity LDOS, whose spectral width also increases according to the imaginary part of the eigenvalues in Fig. 2. For large  $\sigma$ , the cavity LDOS  $\nu_C(E_1)$  becomes very narrow as discussed in Sec. III A and shown in Fig. 3(d), while the Lorentz distribution broadens and scales as  $P(E_1) \propto 1/\sigma$  for  $E_1 \approx E_M$ . As a defining property, the integral of  $\nu_C(E_1)$  over all energies equals one, such that the overall relaxation rate scales as in Eq. (33).

The off-resonant case depicted in Fig. 4(d) exhibits

two maxima for N = 100 and N = 1000. This is a consequence of the energy-resolved relaxation rate, whose peak position depends on the donor energy as can be seen in panel (b). Overall, the exact shape of the disorder-averaged dissipation rate sensitively depends on the shape of  $\nu_C(E_1)$  and thus on the system parameters.

Molecule number dependence. The energyresolved relaxation rate is depicted in Fig. 5(a,b) as a function of molecule number in the underdamped and overdamped regimes for the resonant system  $E_M = E_C$ . In both panels we observe a similar behavior. Interestingly, the rates exhibit a turnover in both regimes. The maximum position sensitively depends on the donor energy  $E_1$ , where the maximum for small  $|E_1 - E_C|$  is reached earlier than for large  $|E_1 - E_C|$ . The limiting cases of  $\gamma(E_j) \propto N$  for small N and  $\gamma(E_j) \propto 1/N$  for large N can be directly infered from Eq. (29). For large N, the relaxation rate  $\gamma(E_1)$  becomes independent off  $E_1$  as this limit is equivalent to a rescaling of the system energies  $E_1/g\sqrt{N} \to 0$ .

The disorder-averaged relaxation rate  $\overline{\gamma}$  is depicted in Fig. 5 (c,d). For small N, the rate  $\overline{\gamma}$  is approximately constant in agreement with Eq. (33). For large N (i.e.,  $g\sqrt{N} \gg \sigma$ ), the factor 1/N can be explained by the shape of  $\nu_C(\omega)$  discussed in Sec. III A: for the resonant system, the polariton peaks in Fig. 3(a) are located around  $E_{peak} = E_M \pm g\sqrt{N}$  and decay as  $\nu_C(E) \propto$  $1/(E - E_{peak})^2$  with increasing distance from the peak center. When the donor energy is distributed around  $E_M$  for small  $\sigma/g\sqrt{N}$ , then the cavity mode overlap contributes the extra factor 1/N.

Finite-size simulation. In Figs. 4 and 5, the analytical solutions are compared with finite-size simulations, which are represented as symbols. Overall, both calculations agree very well with each other, except for deviations for very small  $\sigma$  in Figs. 4(a,b). The deviations occur for donor energies  $E_1$  away from the center of the Lorenz distribution  $E_M$ . For these energies, the density of states is very low, such that the continuum limit, which has been applied in the derivation, is not justified. This problem is even more prominent when the donor energy  $E_1$  is close to  $E_C$  as can be seen for  $E_1 = 1.125 eV$  and 2.0eV in Figs. 4(b), as the level repulsion leads to a depletion of the cavity LDOS in this region. However, these deviations are not visible in the disorder-averaged rate as the energies in the sparse spectral regime hardly contribute to the disorder average. In Fig. 5 we clearly observe the improvement of the analytical calculation when approaching the thermodynamic limit  $N \to \infty$ .

#### V. TRANSPORT

Here, we consider the transport of an excitation which is initially located at the donor j = 1 to the reservoir which is coupled to the acceptor molecule j = N. The transport process is sketched in Fig. 1(c) and consists of three phases: excitation of the donor, relaxation as considered in Sec. IV, and trapping at the reservoir. The first two steps are fast compared to the trapping process, as the excitation has to *find* the acceptor in a random-walk fashion, i.e., it scales with number of molecules N. The transport rate, which we consider in the following, is defined as the inverse of the mean first-passage time of the trapping process.

The derivation involves the following two steps: In Sec. V A, we introduce the transport Hamiltonian, which is amended by the acceptor reservoir, and derive an effective characteristic polynomial describing the transport dynamics. In Sec. V B, we determine the roots of the effective characteristic polynomial, whose real parts determine the transport rate. For the analytic treatment, we apply the PPT and the ESM introduced in App. C. Readers only interested in the physical content can skip the derivations and directly proceed to the discussion in Sec. V C.

#### A. Transport Hamiltonian and Green's function

To calculate the transport dynamics, we couple the Hamiltonian in Eq. (1) to an additional reservoir at the acceptor j = N as depicted in Fig. 1(c). The amended Hamiltonian is then given by

$$H_{tr} = H + \dot{H}_R + \dot{H}_{AR},$$
$$\hat{H}_R = \sum_k \epsilon_k \hat{c}_k^{\dagger} \hat{c}_k,$$
$$\hat{H}_{AR} = \sum_{k=1}^{N_R} g_R \hat{B}_N^{\dagger} \hat{c}_k + h.c.,$$
(34)

where the reservoir is described by the operators  $\hat{c}_k$ , which are coupled with strengths  $g_R$  to the acceptor. The transport behavior of this and similar Hamiltonians has been numerically investigated in Ref. [33–36, 54].

Initially, the system is excited at the donor j = 1 such that the relevant Green's functions are

$$G_{C,1}(z) = -i\frac{g}{(z+iE_C(z))(z+iE_1)}$$
(35)  
+  $i\frac{g^3}{(z+iE_C(z))^2(z+iE_N(z))(z+iE_1)},$   
$$G_{j\neq N,1}(z) = \frac{\delta_{j,1}}{z+iE_1} - \frac{g^2}{(z+iE_j)(z+iE_C(z))(z+iE_1)} + \frac{g^4}{(z+iE_j)(z+iE_C(z))^2(z+iE_N(z))(z+iE_1)},$$
  
$$G_{N,1}(z) = -\frac{g^2}{(z+iE_N(z))(z+iE_C(z))(z+iE_1)},$$

where the two auxiliary functions are defined by

$$E_C(z) = E_C + \sum_{j=1}^{N-1} \frac{g^2}{z + iE_j},$$
(36)

$$E_N(z) = E_N + \sum_k \frac{g_R^2}{z + iE_k} + \frac{g^2}{z + iE_C(z)}.$$
 (37)

For an appropriate multiplication with the factors  $(z + iE_j)$  and  $(z + iE_k)$ , the denominators of the respective last terms in Eq. (35) define the polynomial

$$\mathcal{P}(z) = (z + iE_N(z)) (z + iE_C(z))$$
$$\times \prod_j^N (z + iE_j) \prod_k^{N_R} (z + iE_k), \qquad (38)$$

which is equivalent to the characteristic polynomial of the Hamiltonian in Eq. (34) (with a replacement of  $z \rightarrow -iE$ ). It is not possible to find all roots of this polynomial, which has order  $N + N_R + 1$ . As in Sec. II D, we can take the thermodynamic limit in the second term of Eq. (37). Under the assumption that  $E_k$  is distributed according to the Lorentz distribution, we can simply replace  $E_k \rightarrow E_R + \Sigma$ , where  $E_R$  denotes the center of the reservoir distribution and  $\Sigma$  is its width. Yet, as the transport rate is determined by the microscopic dynamics of the molecular excitations, the disorder average is not applied to the auxiliary function  $E_C(z)$ . After the disorder average of the reservoir states, the effective characteristic polynomial reads

$$\mathcal{P}(z) = (z + iE_C(z)) (z + iE_N(z)) (z + iE_R + \Sigma)$$
$$\times \prod_j^{N-1} (z + iE_j), \tag{39}$$

whose N + 2 complex roots  $z_{\mu}$  determine the inverse Laplace transformation in Eq. (9).

#### B. Transport rate

To determine the transport rate, it is not necessary to calculate the exact time evolution of the Green's functions in Eq. (35), as the coherent dynamics does not change the occupation within the system  $\hat{H}$ . The roots of Eq. (39) determine the transport rates  $\Gamma_{\mu} = -\text{Re} z_{\mu}$  corresponding to the energies  $E_{\mu} = -\text{Im} z_{\mu}$ . In the thermodynamic limit  $g \to 0, N \to \infty$ , the transport rate  $\Gamma(E)$  is a smooth function (after an appropriate disorder average over the eigenstates in an infinitesimal energy interval [E, E + dE]). Because of the weak coupling g, the donor state is a superposition of eigenstates with  $E \approx E_1$ , such that the energy-resolved transport rate is given by  $\Gamma(E_1)$ .

The roots  $z_{\mu}$  of the characteristic polynomial in Eq. (39) cannot be determined analytically as the order of the polynomial is N + 2. However, we can evaluate

the roots in a stochastic fashion, which is sufficient to calculate the transport rate in the thermodynamic limit. To this end, we apply the ESM and the PPT introduced in App. C: we partition the effective characteristic polynomial in Eq. (39) as

$$\mathcal{P}(z) = \mathcal{P}_0(z) + \mathcal{P}_1(z)$$

$$\mathcal{P}_0(z) = \prod_{\mu=1}^N (z + iE_\mu),$$

$$\times \left[ (z + iE_N(z)) (z + iE_R + \Sigma) + N_R g_R^2 \right],$$

$$\mathcal{P}_1(z) = \left[ g^2 \sum_\mu \frac{s_\mu}{z + iE_\mu} \right] \prod_\mu (z + iE_\mu) (z + iE_R + \Sigma),$$
(40)

which defines the unperturped and perturbation parts of the characteristic polynomial. The term

$$\prod_{\mu=1}^{N} (z+iE_{\mu})$$

$$= \left(z+iE_{C} + \sum_{j=1}^{N-1} \frac{g^{2}}{z+iE_{j}}\right) \prod_{j=1}^{N-1} (z+iE_{j})$$
(41)

represents the factorized characteristic polynomial of the molecules j = 1, ..., N - 1 and the cavity mode under the assumption that  $g_N \to 0$ . This is a formal representation, where the corresponding roots  $-iE_{\mu}$  are assumed to be given. The second factor of  $\mathcal{P}_0(z)$  represents the acceptor j = N and its coupling to the reservoir. The unperturbed roots of  $\mathcal{P}_0(z)$  are thus given by

$$z_{\mu}^{(0)} = -iE_{\mu},$$

$$z_{(N+1),(N+2)}^{(0)} = -\frac{1}{2} \left( iE_A + iE_R^{(\Sigma)} \right)$$

$$\pm \frac{1}{2} \sqrt{\left( iE_A - iE_R^{(\Sigma)} \right)^2 - 4g_R^2 N_R},$$
(42)

where  $E_R^{(\Sigma)} = E_R - i\Sigma$ . The perturbative polynomial term  $\mathcal{P}_1(z)$  describes the coupling between the cavity system and the acceptor. To enable an analytical treatment we have applied the ESM to the term

$$\frac{1}{z+iE_C(z)} \to \sum_{\mu} \frac{s_{\mu}}{z+iE_{\mu}},\tag{43}$$

appearing in the auxiliary function in Eq. (37). After identifying the left hand side of Eq. (43) with  $G_{C,C}(z)$ in Eq. (6), comparing with the definition of the LDOS in Eq. (19), and applying the ESM rule in Eq. (C7), we find that the expansion coefficients are  $s_{\mu} = \nu_{C}(E_{\mu})/\nu(E)$ . In Eq. (43) we have used the same  $E_{\mu}$  as in the formal expression of  $\mathcal{P}_{0}(z)$ .

Using the PPT given in Eq. (C4) of Sec. C1, we can find the corrections  $\delta_{\mu}$  to the roots  $z_{\mu}^{(0)}$  resulting from the perturbative polynomial. In the lowest order of g the roots of  $\mathcal{P}(z)$  then read  $z_{\mu} = z_{\mu}^{(0)} + \delta_{\mu}$ , where

$$\delta_{\mu} = g^{2} s_{\mu} \frac{1}{-iE_{\mu} + iE_{N} + \frac{N_{R}G_{R}^{2}}{-iE_{\mu} + iE_{R} + \Sigma}} + \mathcal{O}\left(g^{4}\right).$$
(44)

Replacing  $s_{\mu}$  and identifying the fraction as the local density of states of the acceptor  $\nu_N(E)$ , we obtain the roots in the thermodynamic limit

$$z_{\mu} = -iE_{\mu} - \Gamma(E_{\mu}) + i\mathcal{O}\left(g^{2}\right) + \mathcal{O}\left(g^{4}\right),$$
  
$$z_{(N+1),(N+2)} = z_{(N+1),(N+2)}^{(0)} + i\mathcal{O}\left(g^{2}\right) + \mathcal{O}\left(g^{2}\right),$$
(45)

where

$$\Gamma(E) = g^2 \frac{\nu_C(E)}{\nu(E)} \nu_N(E) \tag{46}$$

is the transport rate. We have neglected the correction in the imaginary part in  $z_{\mu}$  and the complete shift in  $z_{(N+1),(N+2)}$  as they have a vanishing influence in the thermodynamic limit  $g \to 0$ . Yet, the finite real part  $\Gamma(E)$  describes the exponential decay of the system occupation and thus determines the transport rate. We note that, even though a Lorentz distribution of the reservoir state energies  $E_k$  is assumed, the derivation can be straightforwardly generalized to more general disorder distributions of the reservoir, for which additional roots and possible branch cuts have no influence on the final outcome.

#### C. Discussion of the transport rate

We emphasize that the transport rate in Eq. (46) is exact in the thermodynamic limit. We recall that the transport rate has to be evaluated at the donor energy, i.e.,  $\Gamma(E_1)$ . Its inverse  $\tau(E_1) = 1/\Gamma(E_1)$  denotes the time to deplete the corresponding eigenstates, i.e., the mean first-passage time. Recalling that  $\nu_N(E)$  and  $\nu_C(E)$  are proportional to the absorption of the acceptor and the cavity, the transport rate thus resembles the celebrated Förster rate, weighted by the inverse density of states  $\nu(E)$ . The following points are worthwhile to discuss in details.

**Resonant transport rate.** For a weak reservoir coupling, the acceptor LDOS is strongly peaked around  $E_N$ . For the following discussion, we consider a resonant donor-acceptor configuration with  $E_1 = E_N$  and assume the acceptor LDOS to be a constant  $\nu_N(E_1) = \nu_0$  for simplicity. The resulting resonant energy transport rate

$$\Gamma_r(E_1) = g^2 \nu_0 \frac{\nu_C(E_1)}{\nu(E_1)}$$
(47)

is proportional to the relaxation rate in Eq. (28), but renormalized with the total density of states. The renormalization describes a competition of the eigenstates for the overlap with the cavity mode. The more eigenstates



FIG. 6. Resonant transport rate in Eq. (47) as a function of disorder (a,b) and molecule number (c,d). The light-matter coupling is g = 0.001eV in all panels. The specific parameters are (a)  $E_C = E_M = 1eV, N = 2000$ , (b)  $E_C = 1.05eV, E_M = 0.95eV, N = 2000$ , (c)  $E_C = E_M = 1eV, \sigma = 0.04eV$ , (d)  $E_C = 1.05eV, E_M = 0.95eV, \sigma = 0.15eV$ . The disorder-averaged transport rate  $\overline{\Gamma}$  has the same functional dependence as the disorder-averaged relaxation rate  $\overline{\gamma}$  in Figs. 4 and 5, i.e,  $\overline{\Gamma} = \overline{\gamma}/N$ .

exist at a given energy, the smaller is the overlap with the cavity mode, which suppresses the coherent coupling between donor and acceptor.

Disorder dependence of the resonant transport **rate.** Figure 6 (a,b) plots  $\Gamma_r(E_1)$  as a function of the disorder in the resonant  $E_M = E_C$  and off-resonant  $E_M < E_C$  systems. In both cases, the overall behavior is qualitatively the same. We observe that  $\Gamma_r(E_1)$  is independent off the disorder in the small and large disorder regimes. The limits of the total density of states (which converges to a Lorentz function in the thermodynamic limit, cf. Eq. (25)) are  $\nu(E_1 \neq E_M) \propto \sigma$  for small  $\sigma$  and  $\nu(E_1 \neq E_M) \approx 1/\sigma$  for large  $\sigma$ . Combining this with the limiting cases of  $\nu_C(E_1)$  given in Eq. (32) explains the disorder independent regimes. Thus, the overlap of the individual eigenstates with the cavity remains constant in the small (large) disorder regime due to the cancellation of the simultaneous increase (decrease) of the density of states and the increase (decrease) of cavity LDOS.

Molecule number dependence of the resonant transport rate. Figure 6 (c,d) plots  $\Gamma_r(E_1)$  as a function of the molecule number in the underdamped and overdamped regimes. In both regimes, the resonant transport rate exhibits a similar behavior. For small molecule numbers,  $\Gamma_r(E_1)$  is independent off N, while it decreases as  $N^{-2}$  for large molecule numbers. Combining the scaling properties of the density of states  $\nu(E) \propto N$ with the limiting cases in Eq. (32), explains these observations. Thus, for small molecule numbers the scalings of the cavity LDOS and the total density of states cancel, while for large molecule numbers the scalings contribute constructively.

**Disorder-averaged transport rate.** For a weak reservoir coupling, the acceptor LDOS is strongly peaked such that it converges to  $\nu_N(E) \rightarrow \delta(E-E_n)$  in the thermodynamic limit. Assuming that  $E_1$  and  $E_N$  are distributed according to the Lorentz distribution in Eq. (3), we can average the energy-resolved transport rate in Eq. (46) to obtain the disorder-averaged transport rate

$$\overline{\Gamma} = \int dE_1 \int dE_N \Gamma(E_1) P(E_N) P(E_1)$$
$$= \frac{1}{N} \int dE_1 \nu_C(E_1) P(E_1)$$
$$= \frac{1}{N} \overline{\gamma}, \tag{48}$$

which is thus direct proportional to the disorder-averaged relaxation rate in Eq. (31). We note that the disorderaveraged transport rate in Eq. (48) considers independent donor and acceptor energies, which is different from the resonant transport rate in Eq. (47). Formally, the factor 1/N appears because of the factor  $\nu(E) \rightarrow NP(E)$  in Eq. (46). The inverse of the rates  $\tau_{\gamma} = \frac{1}{\overline{\gamma}}$  and  $\tau_{\Gamma} = \frac{1}{\overline{\Gamma}}$  are the mean first-passage times of the relaxation and transport processes. In a classical picture, a jump from one molecule to another takes  $\tau_{\gamma}$ . In a random walk fashion, the number of jumps to reach the acceptor is on the order of N, so the mean first-passage time is  $\tau_{\Gamma} \propto N \tau_{\gamma}$ . The quantum calculation arrives at the exact relation  $\tau_{\Gamma} = N \tau_{\gamma}$ . We note that the derivation in Sec. VB can be straightforwardly generalized to a system with  $N_A$  acceptors as long as  $N_A \ll N$ . In doing so, one finds that  $\overline{\Gamma} = N_A / N \overline{\gamma}$ , which underpins the interpretation of the transport picture as a quantum random walk process.

Because of the close relation of the disorder-averaged relaxation and transfer rates in Eq. (48), the qualitative discussion in Sec. IVB is valid also for the transport process. The turnover as a function of disorder in Fig. 4(c) appears to be reminiscent of the turnover as a function of system-environment coupling or temperature, which is often associated with environment-assisted transport [22–26, 39–41]. However, we emphasize that the underlying physical mechanisms are different. For weak disorder, the cavity-mediated transport observed in Fig. 4(c) is enhanced because of an increasing overlap of the cavity local density of states and the quantum emitter energy distribution. For large disorder, the cavitymediated transport vanishes as the quantum emitter energy is increasingly distributed over a larger energy region, such that fewer quantum emitters are energetically resonant with the cavity mode. Consequently, quantum emitters and cavity mode decouple such that the cavity

mode is subject to less decoherence.

#### VI. DISCUSSION AND OUTLOOK

#### A. Summary

Using the Green's function method to analytically solve the Fano-Anderson model, we have predicted the spectroscopic, relaxation and transport features of polaritons in microcavities in the presence of energetic disorder. The central physical findings of this article are summarized as follows:

- Complex eigenenergy. The average over energy disorder results in an effective Hamiltonian, which exhibits an exceptional point in its eigen solutions in the resonance case (i.e.  $E_C = E_M$ ). This exceptional point defines two dynamical regimes: underdamped coherent dynamics in the weak disorder regime, where the decay rate increases linearly with disorder and the collective Rabi frequency decreases quadratically with disorder, and overdamped bi-exponential dynamics in the strong disorder regime, where the slow decay rate decreases with disorder and the fast decay rate increase with disorder.
- Spectroscopy. The contributions of the cavity mode and the bright state to the eigenstates of the disordered system define the cavity LDOS,  $\nu_C$ , and bright-state LDOS,  $\nu_{BS}$ , which can be measured via the cavity absorption and the matter absorption, respectively. In the weak disorder regime, the complex eigen solutions leads to two spectral peaks separated by the effective Rabi splitting. In the strong disorder regime, the cavity spectrum exhibits a central peak dictated by the slow eigen solution, whereas the matter spectrum results from the destructive interference of the two eigen solutions. Intriguingly, the matter spectrum exhibits a complete absorption suppression at the energy of the cavity mode which is reminiscent of the electromagnetically-induced transparency [52, 55] and the related vacuum-induced transparency effects [49, 53]. In contrast to these effects, which appear in individual atoms or molecules, the absorption suppression observed in  $\nu_{BS}$  of Fig. 3 is a consequence of the collective destructive interference of the two-level quantum emitters and the cavity mode.
- Energy-resolved relaxation rate. For all donor energies  $E_1$ , the energy-resolved relaxation rate,  $\gamma(E_1)$ , exhibits a turnover as a function of disorder or molecule number. Specifically, we have  $\gamma(E_1) \propto$  $\sigma/N$  in the weak disorder regime of  $\sigma \ll g\sqrt{N}$ and  $\gamma(E_1) \propto N/\sigma$  in the strong disorder regime of  $\sigma \gg g\sqrt{N}$ .

- Disorder-averaged relaxation rate. The turnover in  $\gamma(E_1)$  translates into a turnover in the disorder-averaged relaxation rate  $\overline{\gamma}$  as a function of disorder but a monotonic decay of  $\overline{\gamma}$  as a function of the molecule number. Further, the disorder average modifies the scaling behavior. For  $\sigma \ll g\sqrt{N}$  we find  $\overline{\gamma} \propto \sigma/N$ , while for  $\sigma \gg g\sqrt{N}$  we find  $\overline{\gamma} \propto 1/\sigma$ .
- Resonant transport rate. For the transport from a donor to an acceptor which are in resonance  $E_1 = E_N$ , the rate is proportional to  $\Gamma_r(E_1) \propto \nu_C(E_1)/\nu(E_1)$ . Because of the presence of the total density of states  $\nu(E_1)$ , for  $\sigma \ll g\sqrt{N}$ , the resonance transport rate decreases with the molecule number as  $\Gamma_r(E_1) \propto 1/N^2$ , whereas for  $\sigma \gg g\sqrt{N}$ ,  $\Gamma_r(E_1)$  is independent of both disorder and molecule number.
- Disorder-averaged transport rate. The disorder-averaged relaxation rate  $\overline{\gamma}$  and transport rate  $\overline{\Gamma}$  are related as  $\overline{\Gamma} = \overline{\gamma}/N$ . The relaxation process is from the donor to molecule ensemble, whereas the transport process is from donor to acceptor, one of the N molecules, which explains the factor N. Overall, the relaxation and transport depend quadratically on the light-matter interaction g when keeping the Rabi frequency  $\Omega = 2g\sqrt{N}$  constant.

#### B. Discussion

In the following, we elaborate on the new methods and new physical pictures established in this article.

Analytical methods. The Green's functions approach is a flexible tool which yields rich insight into the polarition dynamics. The disorder average enables the derivation of an effective Hamiltonian, which reduces a continuum of states to a non-Hermitian two-state Hamiltonian. Its complex-valued eigeneneriges represent the damping dynamics of the two polaritions. This non-Hermitian feature accurately describes the mixing of the bright and dark states induced by the disorder and predicts the spectroscopic properties in the thermodynamic limit. The Green's function approach applied here allows for compact derivations of various observables on an equal footing, which clearly reveal the underlying physics.

The relaxation rate is calculated by evaluating the imaginary part of the complex eigenenergies. To this end, we have developed the polynomial perturbation theory (PPT), which unifies the degenerate and non-degenerate perturbation theories. The calculation of the transport rate requires to evaluate N + 2 roots of an effective characteristic polynomial. As this is analytically infeasible, we have developed the exact stochastic mapping (ESM), which maps one sample of parameters to another sample of the same stochastic properties, but with a more convenient structure for the further analytical treatment.

**Bright and dark states.** We have shown that the total density of states  $\nu(E)$  can be written as a sum of the cavity LDOS,  $\nu_C(\omega)$ , the bright-state LDOS,  $\nu_{BS}(\omega)$ , and the dark-state LDOS,  $\nu_{DS}(\omega)$ , as explicitly given in Eq. (25). The bright-state and dark-state LDOS quantify the contributions of the bright and dark states of the homogeneous system to the eigenstates of the disordered system. The spectral shape of  $\nu_C(\omega)$  and  $\nu_{BS}(\omega)$  reflect the mixing of the bright state to the dark states in the presence of disorder.

The components of the total density of states can be accessed via spectroscopy. A realistic spectroscopic experiment simultaneously measures the cavity and matter absorption, i.e.,  $\chi(\omega) = \alpha_C \chi_C(\omega) + \alpha_M \chi_M(\omega)$  with coefficients  $\alpha_C$  and  $\alpha_M$ . One can use the scaling properties  $\chi_C(\omega) \propto \nu_C(\omega)$  and  $\chi_M(\omega) \cdot \propto V \nu_{BS}(\omega)$  to differentiate between the two contributions in a spectroscopic experiment by varying the volume V while keeping the molecule density constant.

Relaxation and transport. The relaxation and transport rates are primarily determined by the cavity LDOS. As the functional shape of the cavity LDOS is strongly influenced by the dark states, they have a substantial impact on the relaxation and transport prop-The analytic treatment predicts a simple reerties. lation between the relaxation and transport processes:  $\Gamma_r(E_1) \propto \gamma(E_1)/\nu(E_1)$ , where  $\Gamma_r(E_1)$  is the resonant transport rate and  $\gamma(E_1)$  is the energy-resolved relaxation rate. We have analytically explained the behavior of the relaxation and transport processes in the limiting cases of  $\sigma \ll q\sqrt{N}$  and  $\sigma \gg q\sqrt{N}$ , respectively. Interestingly, the resonant transport rate is independent of disorder and molecular number in the strong disorder regime  $\sigma \gg g\sqrt{N}$  as can be seen in Fig. 6.

The disorder-averaged relaxation rate  $\overline{\gamma}$  and the transport rate  $\overline{\Gamma}$  are related as  $\overline{\Gamma} = \overline{\gamma}/N$ . This relation can be classically understood as a quantum random walk of the excitation, where the dwell time of the excitation on a specific molecule is  $1/\overline{\gamma}$ . Consequently, the ratio of the relaxation and transport rates increases linearly with the number of molecules N. The quantum calculation, i.e., the quantum random walk, shows that the ratio of these two rates is exactly N. The transport rate exhibits a turnover as a function of disorder, which is a consequence of the turnover of the energy-resolved relaxation rate.

Our calculation thus explains the turnover in the transport efficiency numerically observed in Ref. [33]. However, their numerical investigation finds an overall scaling of  $\propto 1/N^2$  for all parameters of  $\sigma$  instead of two scaling behaviors for small ( $\propto N^{-2}$ ) and large disorder ( $\propto N^{-1}$ ) regimes found in this work. This discrepancy might be a consequence of the average of the logarithmic transport efficiency adopted in Ref. [33]. We note that the resonant transport rate scales also with  $\propto N^{-2}$  for large disorder as shown in Fig. 6, which is weighted more heavily by an average of the logarithm. Moreover, our findings in Fig. 4(d) suggest that the disorder-independent regime The observed turnover is in strict contrast to the Anderson localization, for which the conductivity monotonically decreases with increasing disorder. For charge and exciton transport in molecules, it is known that noise can lead to a turnover, yet, this is a different mechanism as the disorder enhancement discussed here.

Finite-size simulations and thermodynamic The Green's function solutions in Eqs. (6) limit. and (35) are exact expressions and thus valid for arbitrary molecule numbers. In the derivation of the spectroscopic properties in Sec. III, the disorder average of the Green's functions with the Lorentz disorder in Eq. (10) is formally equivalent to the thermodynamic limit. Consequently, the expressions for the cavity absorption (i.e., cavity LDOS) and the matter absorption (i.e., brightstate LDOS) are also valid for a finite molecule number. In contrast, the relaxation rate and the transport rate are valid only in the thermodynamic limit  $q \to 0$  and  $N \to \infty$ , as we have applied the PPT in the derivation. This can be seen in the finite-size simulation in Fig. 4(a,b), which strongly deviate from the thermodynamic limit for low density of states.

Implications. The turnover as a function of disorder is in strong contrast to the Anderson localization, for which the conductivity is monotonically decaying for increasing disorder. An experimental verification of this turnover will have a strong technical impact on the design of photovoltaic devices and photo detectors. In order to harness the full spectrum of the sun light, photovoltaic devices usually work with a broad energy spectrum. This requires that the organic molecules, often deployed in such devices, have either a broad spectral width or a substantial energetic disorder, both have a detrimental influence on the transport efficiency [56]. An increasing efficiency for larger disorder would thus circumvent this problem. We note that, even though the article focuses on energy transport, our findings are also valid for charge transport via electron-hole excitations such as in Ref. [30].

#### C. Outlook.

The Green's function solution in combination with the PPT and the ESM methods is a comprehensive tool, which can be applied to related problems of disordered ensembles. For example, given the analytical expression for the single-particle Green's function, it is possible to deal with nonlinear perturbations. The coherent potential approximation will be an alternative approach and will be considered elsewhere [57–59]. Due to the absence of local couplings, the Fano-Anderson model lacks a spatial dimension. In Refs. [33] the total flux is the sum of a cavity-induced contribution and a local-coupling contribution. The latter vanishes exponentially with the system size along with the Anderson localization. A local

coupling term justifies the random-walk picture on a lattice. Further study along this line includes the multimode generalization of the cavity field, dissipation due to the interaction with thermal baths, and long-range dipolar coupling, i.e., Förster transport.

#### ACKNOWLEDGMENTS

G. E. gratefully acknowledges financial support from the China Postdoc Science Foundation (Grant

- F. J. Garcia-Vidal, C. Ciuti, and T. W. Ebbesen, Manipulating matter by strong coupling to vacuum fields, Science **373**, eabd0336 (2021).
- [2] C. Weisbuch, M. Nishioka, A. Ishikawa, and Y. Arakawa, Observation of the coupled exciton-photon mode splitting in a semiconductor quantum microcavity, Phys. Rev. Lett. 69, 3314 (1992).
- [3] A. Shalabney, J. George, J. A. Hutchison, G. Pupillo, C. Genet, and T. W. Ebbesen, Coherent coupling of molecular resonators with a microcavity mode, Nature Communications 6, 5981 (2015).
- [4] J. George, T. Chervy, A. Shalabney, E. Devaux, H. Hiura, C. Genet, and T. W. Ebbesen, Multiple Rabi splittings under ultrastrong vibrational coupling, Phys. Rev. Lett. 117, 153601 (2016).
- [5] G. Lerario, D. Ballarini, A. Fieramosca, A. Cannavale, A. Genco, F. Mangione, S. Gambino, L. Dominici, M. De Giorgi, G. Gigli, and D. Sanvitto, High-speed flow of interacting organic polaritons, Light: Science & Applications 6, e16212 (2017).
- [6] C. Gonzalez-Ballestero, J. Feist, E. Gonzalo Badía, E. Moreno, and F. J. Garcia-Vidal, Uncoupled dark states can inherit polaritonic properties, Phys. Rev. Lett. 117, 156402 (2016).
- [7] C. Sommer, M. Reitz, F. Mineo, and C. Genes, Molecular polaritonics in dense mesoscopic disordered ensembles, Phys. Rev. Research 3, 033141 (2021).
- [8] R. Houdré, R. P. Stanley, and M. Ilegems, Vacuum-field Rabi splitting in the presence of inhomogeneous broadening: Resolution of a homogeneous linewidth in an inhomogeneously broadened system, Phys. Rev. A 53, 2711 (1996).
- [9] C. E. López, H. Christ, J. C. Retamal, and E. Solano, Effective quantum dynamics of interacting systems with inhomogeneous coupling, Phys. Rev. A 75, 033818 (2007).
- [10] F. Herrera and F. C. Spano, Absorption and photoluminescence in organic cavity QED, Phys. Rev. A 95, 053867 (2017).
- [11] F. C. Spano, Optical microcavities enhance the exciton coherence length and eliminate vibronic coupling in Jaggregates, The Journal of Chemical Physics 142, 184707 (2015).
- [12] N. Shammah, N. Lambert, F. Nori, and S. De Liberato, Superradiance with local phase-breaking effects, Phys. Rev. A 96, 023863 (2017).
- [13] F. Herrera and F. C. Spano, Dark vibronic polaritons and the spectroscopy of organic microcavities, Phys. Rev.

No. 2018M640054), the Natural Science Foundation of China (Grant No. 11950410510 and No. U1930402) and the Guangdong Provincial Key Laboratory (Grant No.2019B121203002); J. C. acknowledges support from the NSF (Grants No. CHE 1800301 and No. CHE1836913).

Lett. 118, 223601 (2017).

- [14] B. Xiang, R. F. Ribeiro, L. Chen, J. Wang, M. Du, J. Yuen-Zhou, and W. Xiong, State-selective polariton to dark state relaxation dynamics, J. Phys. Chem. A 123, 5918 (2019).
- [15] M. Litinskaya and P. Reineker, Loss of coherence of exciton polaritons in inhomogeneous organic microcavities, Phys. Rev. B 74, 165320 (2006).
- [16] V. M. Agranovich, M. Litinskaia, and D. G. Lidzey, Cavity polaritons in microcavities containing disordered organic semiconductors, Phys. Rev. B 67, 085311 (2003).
- [17] M. Litinskaya, P. Reineker, and V. Agranovich, Fast polariton relaxation in strongly coupled organic microcavities, Journal of Luminescence **110**, 364 (2004), 325th Wilhelm and Else Heraeus Workshop. Organic Molecular Solids : Excited Electronic States and Optical Properties.
- [18] P. W. Anderson, Absence of diffusion in certain random lattices, Phys. Rev. 109, 1492 (1958).
- [19] J. Cao and R. J. Silbey, Optimization of exciton trapping in energy transfer processes, J. Phys. Chem. A 113, 13825 (2009).
- [20] J. Wu, R. J. Silbey, and J. Cao, Generic mechanism of optimal energy transfer efficiency: A scaling theory of the mean first-passage time in exciton systems, Physical review letters 110, 200402 (2013).
- [21] A. W. Chin, A. Datta, F. Caruso, S. F. Huelga, and M. B. Plenio, Noise-assisted energy transfer in quantum networks and light-harvesting complexes, New Journal of Physics 12, 065002 (2010).
- [22] N. Lambert, Y.-N. Chen, Y.-C. Cheng, C.-M. Li, G.-Y. Chen, and F. Nori, Quantum biology, Nature Physics 9, 10 (2013).
- [23] P. Rebentrost, M. Mohseni, I. Kassal, S. Lloyd, and A. Aspuru-Guzik, Environment-assisted quantum transport, New Journal of Physics 11, 033003 (2009).
- [24] C. Chuang, C. K. Lee, J. M. Moix, J. Knoester, and J. Cao, Quantum diffusion on molecular tubes: Universal scaling of the 1D to 2D transition, Phys. Rev. Lett. **116**, 196803 (2016).
- [25] C. K. Lee, J. Moix, and J. Cao, Coherent quantum transport in disordered systems: A unified polaron treatment of hopping and band-like transport, The Journal of chemical physics 142, 164103 (2015).
- [26] J. M. Moix, M. Khasin, and J. Cao, Coherent quantum transport in disordered systems: I. the influence of dephasing on the transport properties and absorption spectra on one-dimensional systems, New Journal of Physics

15, 085010 (2013).

- [27] A. Rodríguez, V. A. Malyshev, G. Sierra, M. A. Martín-Delgado, J. Rodríguez-Laguna, and F. Domínguez-Adame, Anderson transition in low-dimensional disordered systems driven by long-range nonrandom hopping, Phys. Rev. Lett. **90**, 027404 (2003).
- [28] S. Hou, M. Khatoniar, K. Ding, Y. Qu, A. Napolov, V. M. Menon, and S. R. Forrest, Ultralong-range energy transport in a disordered organic semiconductor at room temperature via coherent exciton-polariton propagation, Advanced Materials **32**, 2002127 (2020).
- [29] N. Krainova, A. J. Grede, D. Tsokkou, N. Banerji, and N. C. Giebink, Polaron photoconductivity in the weak and strong light-matter coupling regime, Phys. Rev. Lett. 124, 177401 (2020).
- [30] E. Orgiu, J. George, and J. Hutchison, Conductivity in organic semiconductors hybridized with the vacuum field, Nature Mater 14, 1123 (2015).
- [31] G. G. Rozenman, K. Akulov, A. Golombek, and T. Schwartz, Long-range transport of organic excitonpolaritons revealed by ultrafast microscopy, ACS Photonics 5, 105 (2018).
- [32] J. Cao, Generalized resonance energy transfer theory: Applications to vibrational energy flow in optical cavities, arXiv:2201.12117 (2022).
- [33] N. C. Chávez, F. Mattiotti, J. A. Méndez-Bermúdez, F. Borgonovi, and G. L. Celardo, Disorder-enhanced and disorder-independent transport with long-range hopping: Application to molecular chains in optical cavities, Phys. Rev. Lett. **126**, 153201 (2021).
- [34] J. Feist and F. J. Garcia-Vidal, Extraordinary exciton conductance induced by strong coupling, Phys. Rev. Lett. 114, 196402 (2015).
- [35] J. Schachenmayer, C. Genes, E. Tignone, and G. Pupillo, Cavity-enhanced transport of excitons, Phys. Rev. Lett. 114, 196403 (2015).
- [36] D. Hagenmüller, J. Schachenmayer, S. Schütz, C. Genes, and G. Pupillo, Cavity-enhanced transport of charge, Phys. Rev. Lett. **119**, 223601 (2017).
- [37] G. Engelhardt, G. Schaller, and T. Brandes, Bosonic Josephson effect in the Fano-Anderson model, Phys. Rev. A 94, 013608 (2016).
- [38] G. E. Topp, S. G., and B. T., Steady-state thermodynamics of non-interacting transport beyond weak coupling, EPL 110, 67003 (2015).
- [39] I. Kassal, J. Yuen-Zhou, and S. Rahimi-Keshari, Does coherence enhance transport in photosynthesis?, J. Phys. Chem. Lett. 4, 362 (2013).
- [40] A. Ishizaki and G. R. Fleming, Quantum coherence in photosynthetic light harvesting, Annual Review of Condensed Matter Physics 3, 333 (2012).
- [41] G. D. Scholes and C. Smyth, Perspective: Detecting and measuring exciton delocalization in photosynthetic light harvesting, J. Chem. Phys. 140, 110901 (2014).
- [42] U. Fano, Effects of configuration interaction on intensities and phase shifts, Phys. Rev. **124**, 1866 (1961).
- [43] A. Nitzan and M. A. Ratner, Electron transport in molecular wire junctions, Science 300, 1384 (2003).
- [44] G. Engelhardt and J. Cao, Tuning the Aharonov-Bohm effect with dephasing in nonequilibrium transport, Phys. Rev. B 99, 075436 (2019).
- [45] S. Böhling, G. Engelhardt, G. Platero, and G. Schaller, Thermoelectric performance of topological boundary modes, Phys. Rev. B 98, 035132 (2018).

- [46] F. Gallego-Marcos and G. Platero, Coherent long-range thermoelectrics in nonadiabatic driven quantum systems, Phys. Rev. B 95, 075301 (2017).
- [47] J. Dubail, T. Botzung, J. Schachenmayer, G. Pupillo, and D. Hagenmller, Large random arrowhead matrices: Multifractality, semi-localization, and protected transport in disordered quantum spins coupled to a cavity (2021), arXiv:2105.08444 [quant-ph].
- [48] T. Botzung, D. Hagenmüller, S. Schütz, J. Dubail, G. Pupillo, and J. Schachenmayer, Dark state semilocalization of quantum emitters in a cavity, Phys. Rev. B 102, 144202 (2020).
- [49] M. Litinskaya and F. Herrera, Vacuum-enhanced optical nonlinearities with disordered molecular photoswitches, Phys. Rev. B 99, 041107 (2019).
- [50] F. Herrera and M. Litinskaya, Ensembles of singlemolecule picocavities as nonlinear optical metamaterials (2021), arXiv:2104.00852 [cond-mat.mes-hall].
- [51] M. A. Miri and A. Al, Exceptional points in optics and photonics, Science 363, eaar7709 (2019).
- [52] M. Fleischhauer, A. Imamoglu, and J. P. Marangos, Electromagnetically induced transparency: Optics in coherent media, Rev. Mod. Phys. 77, 633 (2005).
- [53] J. E. Field, Vacuum-rabi-splitting-induced transparency, Phys. Rev. A 47, 5064 (1993).
- [54] D. Wellnitz, G. Pupillo, and J. Schachenmayer, A quantum optics approach to photoinduced electron transfer in cavities, The Journal of Chemical Physics 154, 054104 (2021).
- [55] G. Engelhardt and J. Cao, Dynamical symmetries and symmetry-protected selection rules in periodically driven quantum systems, Phys. Rev. Lett. **126**, 090601 (2021).
- [56] N. Tessler, Y. Preezant, N. Rappaport, and Y. Roichman, Charge transport in disordered organic materials and its relevance to thin-film devices: A tutorial review, Advanced Materials 21, 2741 (2009).
- [57] G. Engelhardt and J. Cao, Local and nonlocal transport properties of molecular polaritions, in preparation.
- [58] A. Chenu and J. Cao, Construction of multichromophoric spectra from monomer data: Applications to resonant energy transfer, Phys. Rev. Lett. **118**, 013001 (2017).
- [59] C. Chuang and J. Cao, Universal scalings in twodimensional anisotropic dipolar excitonic systems, Phys. Rev. Lett. **127**, 047402 (2021).

#### Appendix A: Solution of the equation of motion in Laplace space

In this appendix, we derive the Green's function based on the equations of motion in Laplace space, which is defined by

$$\hat{B}(z) = \int_0^\infty \hat{B}(t) e^{-zt} dt$$
 (A1)

for operators in the Heisenberg picture  $\hat{B}(t)$ . Transforming the Heisenberg equation of motion of the operators  $\hat{a}$  and  $\hat{B}_j$  into Laplace space, we find [37, 38]

$$z\hat{a}(z) - \hat{a}^{0} = -iE_{C}\hat{a}(z) - ig\sum_{j=1}^{N}\hat{B}_{j}(z),$$
$$z\hat{B}_{j}(z) - \hat{B}_{j}^{0} = -iE_{j}\hat{B}_{j}(z) - ig\hat{a}(z),$$
(A2)

where  $\hat{a}^0 = \hat{a}(0)$  and  $\hat{B}_j^0 = \hat{B}_j(0)$  denote the Heisenberg operators at time t = 0. Due to the tree structure of the Hamiltonian in Eq. (2), it is possible to directly write down the solution

$$\hat{a}(z) = \frac{\hat{a}^{0}}{z + iE_{C}} - i \frac{gB_{j}^{0}}{(z + iE_{C}(z))(z + iE_{j})},$$
$$\hat{B}_{j}(z) = \frac{\hat{B}_{j}^{0}}{z + iE_{j}} - i \frac{g\hat{a}^{0}}{(z + iE_{j})(z + iE_{C}(z))}$$
$$- \sum_{j} \frac{g^{2}\hat{B}_{j_{1}}^{0}}{(z + iE_{j})(z + iE_{C}(z))(z + iE_{j_{1}})},$$
(A3)

where

$$E_C(z) = E_C + \sum_{j=1}^{N} \frac{g^2}{z + iE_j}$$
 (A4)

is an auxiliary function. After an appropriate muliplication of factors  $(z + iE_j)$ , the denominators in Eq. (A3) define the polynomial

$$\mathcal{P}(z) = (z + iE_C(z)) \prod_j^{N+1} (z + iE_j), \qquad (A5)$$

which is equivalent to the characteristic polynomial of the Hamiltonian in Eq. (1) (up to a replacement of  $z \rightarrow -iE$ ). Using the solution in Eq. (A3), it is straightforward to construct the Green's function in Laplace space given in Eq. (6) in the main text. The inverse Laplace transformation is formally defined by

$$\hat{B}(t) = \lim_{\delta \to 0^+} \int_{\delta - i\infty}^{\delta + i\infty} \hat{B}(z) e^{zt} dz, \qquad (A6)$$

which thus denotes a contour integral along the imaginary axis. Clearly, this definition is also valid for the inverse Laplace transformation of the Green's functions. If B(z) does not contain any branch cuts, this integral can be evaluated in terms of the residues of B(z). The generalization of this derivation to the Green's functions of the transport Hamiltonian in Eq. (34) is straightforward.

#### Appendix B: Detailed derivation of the spectrocopic properties and the local density of states

In this Appendix, we provide the step-by-step calculations of the spectroscopic properties considered in Sec. III.

#### 1. Cavity absorption spectrum

Up to physical constants, the cavity absorption spectrum is equivalent to the cavity LDOS, which reads according to the definition in Eq. (19)

$$\nu_C(\omega) = -\frac{1}{\pi} \operatorname{Im} \left[ \frac{i}{(z + iE_C(z))} \right]_{z \to -i\omega}.$$
(B1)

For the Lorentzian disorder, this can be expressed in terms of the eigenvalues of the effective Hamiltonian in Eq. (14), thus

$$\nu_{C}(\omega) = -\frac{1}{\pi} \operatorname{Im} \left[ i \frac{z + iE_{M} + \sigma}{(z + i\epsilon_{1})(z + i\epsilon_{2})} \right]_{z \to -i\omega}$$

$$= -\frac{1}{\pi} \operatorname{Im} \left[ i \frac{-i\epsilon_{1} + iE_{M} + \sigma}{(i\epsilon_{2} - i\epsilon_{1})(z + i\epsilon_{1})} + i \frac{-i\epsilon_{2} + iE_{M} + \sigma}{(i\epsilon_{1} - i\epsilon_{2})(z + i\epsilon_{2})} \right]_{z \to -i\omega}$$

$$\equiv -\frac{1}{\pi} \operatorname{Im} \left[ A_{1}^{(C)} \frac{i}{(z + i\epsilon_{1})} + A_{2}^{(C)} \frac{i}{(z + i\epsilon_{2})} \right]_{z \to -i\omega}, \qquad (B2)$$

where

$$A_1^{(C)} = \frac{-i\epsilon_1 + iE_M + \sigma}{(i\epsilon_2 - i\epsilon_1)},\tag{B3}$$

$$A_2^{(C)} = \frac{-i\epsilon_2 + iE_M + \sigma}{(i\epsilon_1 - i\epsilon_2)}.$$
(B4)

This is the form of the cavity LDOS in Eq. (21).

#### 2. Matter absorption spectrum

Here, we explicitly evaluate the matter absorption in Eq. (23) for the Lorentzian disorder distribution. The stepby-step calculation is

$$\chi_{M}(\omega) = \sum_{i,j} \operatorname{Im} \left[ G_{i,j}(z) \right]_{z \to -i\omega + 0^{+}} \\ = \operatorname{Im} \left[ \sum_{j} \frac{i}{z + iE_{j}} - \sum_{i,j} \frac{ig^{2}}{(z + iE_{i})(z + iE_{j})(z + iE_{C}(z))} \right]_{z \to -i\omega + 0^{+}} \\ = N\operatorname{Im} \left[ \int dE \frac{i}{z + iE} P(E) \right] \\ - N^{2} \operatorname{Im} \left[ \int dE_{1} dE_{2} \frac{ig^{2}}{(z + iE_{1})(z + iE_{2})(z + iE_{C}(z))} P(E_{1}) P(E_{2}) \right]_{z \to -i\omega + 0^{+}} \\ = N\operatorname{Im} \left[ \frac{i}{z + i(E_{M} - i\sigma)} \frac{\sigma}{\pi} \frac{-2\pi i}{-2\sigma i} \right]_{z \to -i\omega + 0^{+}} \\ - N^{2} \operatorname{Im} \left[ \frac{ig^{2}}{(z + i(E_{M} - i\sigma))(z + i(E_{M} - i\sigma))(z + iE_{C}(z))} \left( \frac{\sigma}{\pi} \frac{-2\pi i}{-2\sigma i} \right)^{2} \right]_{z \to -i\omega + 0^{+}} \\ = N\operatorname{Im} \left[ \frac{i}{z + iE_{M} + \sigma} \right]_{z \to -i\omega + 0^{+}} - N^{2} \left[ \operatorname{Im} \frac{ig^{2}}{(z + iE_{M} + \sigma)^{2}(z + iE_{C}(z))} \right]_{z \to -i\omega + 0^{+}}. \tag{B5}$$

Next, we show how to express the matter absorption in terms of the Green's function of the cavity mode given in Eq. (24). To this end, we express the matter absorption in terms of the eigenvalues of the effective Hamiltonian in Eq. (15) as

$$\chi_{M}(\omega) = -\frac{N}{\pi} \operatorname{Im} \left[ \frac{i}{z + iE_{M} + \sigma} - \frac{ig^{2}N}{(z + iE_{M} + \sigma)^{2}(z + iE_{C}(z))} \right]_{z \to -i\omega}$$

$$= -\frac{N}{\pi} \operatorname{Im} \left[ \frac{i}{z + iE_{M} + \sigma} - \frac{ig^{2}N}{(z + iE_{M} + \sigma)(z + i\epsilon_{1})(z + i\epsilon_{2})} \right]_{z \to -i\omega}$$

$$= -\frac{1}{\pi} N \operatorname{Im} \left[ i \frac{g^{2}N}{(-i\epsilon_{1} + iE_{M} + \sigma)(i\epsilon_{2} - i\epsilon_{1})(z + i\epsilon_{1})} + i \frac{g^{2}N}{(-i\epsilon_{2} + iE_{M} + \sigma)(i\epsilon_{1} - i\epsilon_{2})(z + i\epsilon_{2})} \right]_{z \to -i\omega}$$

$$\equiv \frac{N}{\pi} \operatorname{Im} \left[ A_{1}^{(M)} \frac{i}{(z + i\epsilon_{1})} + A_{2}^{(M)} \frac{i}{(z + i\epsilon_{2})} \right]_{z \to -i\omega}, \qquad (B6)$$

where

$$A_1^{(M)} = -\frac{g^2 N}{\left(-i\epsilon_1 + iE_M + \sigma\right)\left(i\epsilon_2 - i\epsilon_1\right)},\tag{B7}$$

$$A_2^{(M)} = -\frac{g^2 N}{\left(-i\epsilon_2 + iE_M + \sigma\right)\left(i\epsilon_1 - i\epsilon_2\right)}.$$
(B8)

The eigenenergies of the effective Hamiltonian (15) fulfill

$$(\epsilon_1 - E_M + i\sigma)(\epsilon_2 - E_M + i\sigma) = -g^2 N,$$
(B9)

$$(\epsilon_2 - E_M + i\sigma)(\epsilon_1 - E_M + i\sigma) = -g^2 N, \tag{B10}$$

from which follows that  $A_1^{(M)} = -A_2^{(C)}$  and  $A_2^{(M)} = -A_1^{(C)}$ . Moreover, we can use the relation

$$\epsilon_1 + \epsilon_2 = E_C + E_M - i\sigma \tag{B11}$$

to interchange the eigenenergies in the last line of (B6), i.e.,

$$\chi(\omega) \equiv -\frac{N}{\pi} \operatorname{Im} \left[ A_2^{(C)} \frac{i}{(z - i\epsilon_2 + iE_C + iE_M + \sigma)} + A_1^{(C)} \frac{i}{(z - i\epsilon_1 + iE_C + iE_M + \sigma)} \right]_{z \to -i\omega}$$

$$= \frac{N}{\pi} \operatorname{Im} \left[ G_{CC} (-z - iE_C - iE_M - \sigma) \right]_{z \to -i\omega}$$
(B12)

where we have used Eq. (21) for the last step.

#### Appendix C: Analytical techniques

Here, we introduce two analytical techniques, namely the PPT and the ESM, which are applied in the calculations in Secs. IV and V.

#### 1. Polynomial perturbation theory

Ordinary time-independent perturbation theory distinguishes between degenerate and non-degenerate perturbations. PPT unifies both cases by deriving an pertubative expression for the energies based on the characteristic polynomial. Let us assume that the characteristic polynomial of a Hamiltonian can be written as a sum of two terms as

$$\mathcal{P}(z) = \mathcal{P}_0(z) + \mathcal{P}_1(z), \tag{C1}$$

where  $\mathcal{P}_0(z)$  and  $\mathcal{P}_1(z)$  denote the unperturbed and perturbation polynomials, respectively. We intend to find an approximate expression for the roots of  $\mathcal{P}(z)$ , which we write formally as

$$z_{\mu'} = z_{\mu'}^{(0)} + \delta_{\mu'}, \qquad (C2)$$

where  $z_{\mu'}^{(0)}$  denotes the roots of the unperturbed polynomial  $\mathcal{P}_0(z_{\mu'}^{(0)}) = 0$  and  $\delta_{\mu'}$  is the correction appearing due to  $\mathcal{P}_1(z)$ . Expanding Eq. (C1) at  $z = z_{\mu'}^{(0)}$  for small  $\delta_{\mu'}$  up to first order we obtain

$$0 = \mathcal{P}_1(z_{\mu'}^{(0)}) + \partial_z \mathcal{P}(z_{\mu'}^{(0)}) \delta_{\mu'}.$$
 (C3)

Resolving Eq. (C3) for  $\delta_{\mu'}$ , we readily find the perturbative correction of the roots

$$\delta_{\mu'} = \frac{-\mathcal{P}(z_{\mu'}^{(0)})}{\partial_z \mathcal{P}(z_{\mu'}^{(0)})}$$
$$= \frac{-\mathcal{P}_1(z_{\mu'}^{(0)})}{\prod_{\mu \neq \mu'} \left( z_{\mu'}^{(0)} - z_{\mu}^{(0)} \right) + \partial_z \mathcal{P}_1(z_{\mu'}^{(0)})}.$$
 (C4)

This expression interpolates between the degenerate and the non-degenerate perturbation theories. The product in the denominator corresponds to the non-degenerate perturbation theory, while the derivative terms is related to the degenerate perturbation theory. As the PPT unifies both standard perturbation theories, it is perfectly suitable for the treatment of systems with a continuous spectrum such as reservoirs.

#### 2. Exact stochastic mapping

The ESM unravels an analytic function F(z) which has no poles in either the lower or upper complex plain in terms of an infinite series of poles, i.e.,

$$F(z) = \lim_{N \to \infty} \sum_{j=1}^{N} i \frac{r_j}{z - iE_i} \equiv \lim_{N \to \infty} \mathcal{F}_N(z). \quad (C5)$$

As F(z) is analytic, the expansion coefficients  $r_j$  and the poles  $E_j \in \mathbb{R}$  can be determined by considering  $z = i\omega + 0^+$  with  $\omega \in \mathbb{R}$  such that

$$\lim_{N \to \infty} \lim_{\delta \to 0^+} |F(i\omega + \delta) - \mathcal{F}_N(i\omega + \delta)| = 0.$$
 (C6)

Using the imaginary part of the Dirac identity, we find

$$r_j = \frac{1}{\pi} \frac{1}{\nu(E_j)} \operatorname{Im} F(iE_j), \qquad (C7)$$

where  $\nu(E_i)$  is the density of poles defined by

$$\nu(\omega) = \lim_{N \to \infty} \lim_{\delta \to 0^+} \frac{1}{\pi} \operatorname{Im} \sum_{j=1}^N i \frac{1}{i\omega + \delta - iE_i}.$$
 (C8)

Even though using only the imaginary part of F(z) to define  $r_j$ , the real part is fixed because of the Kramers-Kronig relations. Since F(z) has no poles in either the upper or lower complex plain, the real and imaginary parts of analytic functions are related as

$$\operatorname{Re}F(i\omega) = -\frac{1}{\pi} \int d\omega' \frac{\operatorname{Im}F(i\omega')}{\omega - \omega'},$$
  
$$\operatorname{Im}F(i\omega) = \frac{1}{\pi} \int d\omega' \frac{\operatorname{Re}F(i\omega')}{\omega - \omega'}.$$
 (C9)

Using Eq. (C5) we can show that the Kramers-Kronig relations are fulfilled by the ESM:

$$\operatorname{Im} F(i\omega) = \lim_{N \to \infty} \operatorname{Re} \mathcal{F}_N(i\omega + \delta)$$
$$= \lim_{N \to \infty} \lim_{\delta \downarrow 0} \operatorname{Re} \sum_{j=1}^N i \frac{r_j}{i\omega + \delta - iE_j}$$

$$= -\lim_{N \to \infty} \frac{1}{\pi} \sum_{j=1}^{N} \frac{r_i}{(\omega - E_j)}$$
$$= -\lim_{N \to \infty} \frac{1}{\pi} \sum_{j=1}^{N} \operatorname{Im} \frac{F(i\epsilon_j)}{\nu(\epsilon_j)} \frac{1}{(\omega - E_j)}$$
$$= -\frac{1}{\pi} \int d\omega' \frac{\operatorname{Im} F(i\omega')}{(\omega - \omega')}, \qquad (C10)$$

demonstrating that the ESM does not lead to any ambiguities related to the definition of the real part of the expansion coefficients  $r_j$ . As both F(z) and  $\mathcal{F}_{\infty}(z)$  are identical on an infinite set of  $\mathbb{C}$ , i.e., the imaginary axis, the functions are equal everywhere where defined according to the basic properties of analytical functions.

#### Appendix D: Details about the finite-size simulation and the fitting of the relaxation rates

We determine the relaxation rate  $\gamma(E_1)$  by fitting the Green's function of the donor with an exponential decaying function, i.e.,

$$G_{1,1}(t) = e^{\left(-iE_1 - \frac{\gamma(E_1)}{2}\right)t}.$$
 (D1)

We take advantage of the exact solution of the Green's function in Eq. (6) and evaluate Eq. (D1) in Laplace space, i.e.,

$$G_{1,1}(z) = \frac{1}{z + iE_1 + \frac{\gamma(E_1)}{2}}.$$
 (D2)

Resolving this for the relaxation rate, we find

$$\gamma(E_1) = -2 \frac{1 - (z + iE_1) G_{1,1}(z)}{G_{1,1}(z)}.$$
 (D3)

In principle, the r.h.s. can be evaluated for arbitrary z. For the disorder average, we find that  $z = -iE_1 + \delta$  for a small  $\delta$  with  $1/\nu(E_1) \ll \delta \ll \Omega$  converges very fast.