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## Spin superfluidity in noncollinear antiferromagnets

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We explore the spin superfluid transport in exchange interaction dominated three-sublattice antiferromagnets. The system in the long-wavelength regime is described by an SO(3) invariant field theory. Additional corrections from Dzyaloshinskii-Moriya interactions or anisotropies can break the symmetry; however, the system still approximately holds a U(1)-rotation symmetry. Thus, the power-law spatial decay signature of spin superfluidity is identified in a nonlocal-measurement setup where the spin injection is described by the generalized spin-mixing conductance. We suggest iron jarosites as promising material candidates for realizing our proposal.

Spintronics has been extremely successful in combining advanced theoretical concepts with practical applications and experiment [1]. Materials with antiferromagnetic ordering are a focus of active research in spintronics due to many desirable properties such as spin dynamics in terahertz range [2], the absence of stray fields, and insensitivity to the presence of magnetic fields [3]. In addition, antiferromagnetic insulators are characterized by long spin diffusion length associated with transport of magnons, making them particularly suitable for spintronics applications such as low dissipation electronic devices [4].

Magnetic insulators can also transport spins in a regime in which the transport can be describe as spin superfluidity [5; 6]. In easy-plane magnets, the spin is then transported over large distances by the coherent order parameter precession [7–9]. The power-law decay of spin current can enable spin transport over longer distances compared to the diffusive regime [7–15]. Nevertheless, in ferromagnets the dipole interaction can limit the range of spin superfluid transport [9]. On the other hand, collinear antiferromagnetic insulators could provide a viable platform for realizing the spin superfluidity [8; 16; 17] as demonstrated in experiments on  $Cr_2O_3$ [14] and antiferromagnetic  $\nu = 0$  quantum Hall state of graphene [15].

Noncollinear antiferromagnets (nAFM) are yet another viable platform for realizing spin flows [18–20]. The noncollinear conducting magnets can exhibit a multitude of phenomena associated with topology of electronic bands [21], e.g.,  $Mn_3X$  (X = Ge, Sn, Ga, Ir, Rh, or Pt) magnets exhibit the anomalous [22] and spin [23] Hall responses. Various magnon-mediated responses relying on magnon spin-momentum locking, topology of magnonic bands, and coupling to phonons have been studied theoretically, promising observation of spin related phenomena in insulating antiferromagnets [24–32].

In this work, we analytically study viability of spin superfluid transport in insulating nAFM. In general, the U(1) symmetry of magnetic ordering can be hampered by various anisotropies. The highly symmetric hexagonal environment considered in this work can be beneficial for realizing spin superfluid transport. Hexagonal nAFM

can exhibit relevant phenomena, e.g., the appearance of domain walls [33; 34] and Goldstone modes [35]. Furthermore, spin superfluid transport has been studied numerically in a triangular nAFM [36]. In this work, we offer analytical results with a detailed discussion of the generalized spin-mixing conductance and spin current injection into nAFM. We identify the power-law decay feature of the spin superfluid transport in a nonlocal experimental setup. Our simple results can help in designing and interpreting experiments on spin superfluidity in nAFM.

Long-wavelength Hamiltonian— In nAFM, the exchange interaction is often dominant, which approximately endows the system with an SO(3) symmetry given that all other interactions, e.g., anisotropy, DMI, are very weak. We start with constructing a long-wavelength SO(3) field theory to describe the nAFMs and regard other weak terms as additional perturbations. In a two-dimensional nAFM with three sublattices (e.g., kagome, triangular), the exchange interactions favor fully compensated spin configurations, which in the presence of other interactions may acquire a very small net magnetization. Therefore, we parametrize the spins  $S_i$  of length S in each triangular plaquette as [37]

$$S_i = S\hat{R}(n_i + L)/(1 + 2L \cdot n_i + L^2)^{1/2}, \qquad (1)$$

where  $n_i$  (i = 1, 2, 3) sets a reference ordered state allowed by exchange interactions with

$$\boldsymbol{n}_1 = (0, 1, 0), \quad \boldsymbol{n}_2 = (-\frac{\sqrt{3}}{2}, -\frac{1}{2}, 0),$$
  
 $\boldsymbol{n}_3 = (\frac{\sqrt{3}}{2}, -\frac{1}{2}, 0);$  (2)

 $\hat{R} \in SO(3)$  is a rotation matrix which generates degenerate states by acting on the reference state; L describes small deviation from the compensated spin structure with the magnitude  $L \ll 1$ .  $\hat{R}$  and L together generate all possible spin configurations on three sublattices. To the leading order in L,  $S_i = S\hat{R}[n_i + L - n_i(L \cdot n_i)]$ , and the net angular momentum density,

$$\boldsymbol{m} = \hbar/A_{\rm uc} \sum_{i} \boldsymbol{S}_{i} = 3s\hat{R}(\hat{T}\boldsymbol{L}), \qquad (3)$$

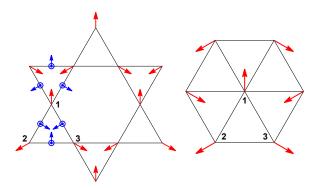


FIG. 1. Noncollinear kagome (left) and triangular (right) antiferromagnets. The red arrows indicate the spin directions of the reference state. The blue arrows (left) indicate the outof-plane and in-plane DMI vectors; the in-plane DMI vectors are defined for anti-clockwise direction in each triangular plaquette.

where  $s = S\hbar/A_{uc}$ ,  $T_{ab} = \delta_{ab} - \frac{1}{3}\sum_{i} n_i^a n_i^b$ , and  $A_{uc}$  is the area of a unit cell.

With the forgoing parametrization, the system is generally described by a Lagrangian [37],

$$\mathcal{L} = \boldsymbol{m} \cdot \boldsymbol{\Omega}_t - \frac{\boldsymbol{m}^2}{2\varrho} - \operatorname{tr}[\hat{P}_{ij}\partial_i \hat{R}^T \partial_j \hat{R}]$$
(4)

where  $(\Omega_t)_i = -\frac{1}{2}R_{i\alpha}\epsilon_{\alpha\beta\gamma}(\hat{R}^T\partial_t\hat{R})_{\beta\gamma}$ . Here, the first term is derived from the spin kinetic energy; the second term originates from the exchange interaction, e.g., for the nearest exchange J, we obtain  $\rho \propto \hbar^2/(JA_{\rm uc})$ ; the last term describes the second-order gradient expansion of exchange coupling with tensor  $\hat{P}_{ij}$  encoding the exchange interactions and lattice geometry. From the Euler-Lagrange equation [33], we obtain:

$$m = \rho \Omega_t,$$
 (5)

from which the field m can be removed from Eq. (4), i.e.,

$$\mathcal{L} = \frac{\varrho}{4} \operatorname{tr}[\partial_t \hat{R}^T \partial_t \hat{R}] - \operatorname{tr}[\hat{P}_{ij} \partial_i \hat{R}^T \partial_j \hat{R}].$$
(6)

This is the so-called nonlinear  $\sigma$  model [37; 38].

To determine the tensor  $\hat{P}_{ij}$  for a hexagonal-symmetry lattice, kagome or triangular, when exchange is the dominant interaction, we explore the spin wave behavior by following Ref. [35]. We consider small fluctuations upon the reference state by using  $\hat{R} = \exp[-i\boldsymbol{\theta} \cdot \hat{\boldsymbol{\mathcal{J}}}]$ , where  $(\mathcal{J}_i)_{jk} = -i\epsilon_{ijk}$  with  $\epsilon_{ijk}$  being the Levi-Civita tensor and a vector  $\boldsymbol{\theta}$  describes the small deviation with  $|\boldsymbol{\theta}| \ll 1$ . The spin-wave energy is obtained from the leading-order expansion of the second term in Eq. (6),

$$\mathcal{U} = \operatorname{tr}[\hat{P}_{ij}\hat{\mathcal{J}}_k\hat{\mathcal{J}}_l]\partial_i\theta_k\partial_j\theta_l$$
  
=  $\partial_i\theta_k\partial_j\theta_k\operatorname{tr}[\hat{P}_{ij}] - P_{ij,kl}\partial_i\theta_k\partial_j\theta_l.$  (7)

Due to the highly symmetric hexagonal environment,  $\theta_z$ acts as a scalar and  $\theta_x, \theta_y$  act as two components of a vector under symmetry transformations. Using the symmetry constraints, we recover the form of  $\hat{P}_{ij}$  tensor:

$$P_{ij,kl} = \eta \delta_{ij} \delta_{kl} + \lambda \delta_{ik} \delta_{jl} + \mu \delta_{il} \delta_{jk} \quad \text{for} \quad k, l = 1, 2,$$
  
$$P_{ij,zz} = \kappa \delta_{ij}. \tag{8}$$

where the arbitrary coefficients  $\kappa$ ,  $\eta$ ,  $\lambda$ , and  $\mu$  scale as the exchange strength J. For triangular and kagome lattices with the nearest exchange interaction, their values are summarized in Table. I.

From Eq. (6), the spin-wave Lagrangian reads  $\mathcal{L} = (\varrho/2)(\dot{\theta})^2 - \mathcal{U}$ . By using Eq. (8), we can obtain three linearly dispersive Goldstone modes [35]  $\omega_i = v_i k$  with  $v_1 = \sqrt{2(2\eta + \lambda + \mu)/\varrho}, v_2 = \sqrt{2(\kappa + \eta + \lambda + \mu)/\varrho}, v_3 = \sqrt{2(\kappa + \eta)/\varrho}$ . Here,  $\omega_1$  corresponds to the scalar mode  $\theta_z$ , and  $\omega_{2,3}$  comes from the vector modes  $\theta_x, \theta_y$  [35].

Lattice	ρ	$A_{\rm uc}$	$\kappa$	$\eta$	λ	$\mu$
Triangular	$\frac{2\hbar^2}{9\sqrt{3}Ja^2}$	$\frac{3\sqrt{3}a^2}{2}$	0	$\frac{\sqrt{3}JS^2}{8}$	0	0
Kagome	$\frac{\hbar^2}{4\sqrt{3}Ja^2}$	$2\sqrt{3}a^2$	0	0	$\frac{\sqrt{3}JS^2}{16}$	$\frac{\sqrt{3}JS^2}{16}$

TABLE I. Parameters describing spin-wave excitations in triangular and kagome lattices with only the nearest exchange interaction. Here, a is the lattice constant.

DMI and anisotropy— In nAFMs, the field theory used to describe exchange interactions should be modified by the aforementioned weak interactions that remove the SO(3) symmetry and gap out the Goldstone modes. To take these interactions into account in centrosymmetric crystals, we first consider their microscopic expressions.

In a kagome lattice (see Fig. 1), we consider the DMI term, e.g. typical to jarosites [39],

$$H_D = \sum_{i,j} \boldsymbol{D}_{ij} \cdot (\boldsymbol{S}_i \times \boldsymbol{S}_j), \qquad (9)$$

where  $D_{ij} = D_z \hat{z} + D_{\parallel}$ ,  $D_{\parallel} = D_p \hat{n}_{ij}$  with  $\hat{n}_{12} = (\frac{\sqrt{3}}{2}, -\frac{1}{2}, 0)$ ,  $\hat{n}_{23} = (0, 1, 0)$ , and  $\hat{n}_{31} = (-\frac{\sqrt{3}}{2}, -\frac{1}{2}, 0)$ . We first consider DMI to the leading-order in spatial gradients and obtain the energy density,

$$\mathcal{H}_D \approx -i \mathrm{tr}[\hat{\boldsymbol{X}} \cdot (\hat{R}^T \, \hat{\boldsymbol{\mathcal{J}}} \, \hat{R})], \tag{10}$$

where  $(\hat{X}_k)_{ab} = \sum_{i,j=1}^3 S^2 \mathcal{D}_{ij}^k n_i^a n_j^b$  and  $\mathcal{D}_{ij}^k = D_{ij}^k / A_{uc}$ . By using Eq. (10) and the representation of the rotation matrix,  $\hat{R} = \exp[-i\boldsymbol{\theta} \cdot \hat{\mathcal{J}}] \exp[-i\phi \hat{\mathcal{J}}_z]$ , the leading correction of the DMI term is obtained by expanding Eq. (10) to the lowest order of  $\theta_i$  (i = x, y, z),

$$\delta \mathcal{U} = \frac{\Delta}{2} (\theta_x^2 + \theta_y^2), \tag{11}$$

where  $\Delta = -3\sqrt{3}\mathcal{D}_z S^2 > 0$ . The out-of-plane DMI suppresses spin rotations other than those with respect to z-axis, reducing the SO(3) symmetry to a U(1) rotation symmetry. Furthermore, the DMI in Eq. (9) constrains

the ground state of the system and gaps out the Goldstone modes  $\omega_i = \sqrt{v_i^2 k^2 + \Delta/\rho}$  for i = 2, 3, while the  $\omega_1$  mode is intact [40].

To capture a small gap in the  $\omega_1$  mode, we expand Eq. (1) to the first order in L and substitute it in Eq. (9). The contribution proportional to m can be written in a compact form,

$$\mathcal{H}_D^{(1)} = \boldsymbol{\mathcal{B}} \cdot \boldsymbol{m}, \tag{12}$$

where  $\boldsymbol{\mathcal{B}}$  is a "magnetic field":

$$\mathcal{B}_l = -i \mathrm{tr}[\hat{Z}_{kl} \hat{R}^T \hat{\mathcal{J}}_k \hat{R}], \qquad (13)$$

with  $(Z_{kl})_{ab} = (S/6\hbar) \sum_{i,j} \sum_{c} D_{ij}^{k} (n_{i}^{a} \delta^{bc} - n_{i}^{a} n_{j}^{b} n_{j}^{c} + \delta^{ac} n_{j}^{b} - n_{i}^{a} n_{j}^{b} n_{i}^{c}) (\hat{T}^{-1} \hat{R}^{T})_{cl}$ . Combing this term with Eqs. (4) and (10) and eliminating  $\boldsymbol{m}$ , the effective Lagrangian becomes:

$$\mathcal{L} = \frac{\varrho}{2} (\mathbf{\Omega}_t - \mathbf{\mathcal{B}})^2 - \mathcal{U}[\hat{R}], \qquad (14)$$

where  $\mathcal{U}[\hat{R}] = \operatorname{tr}[\hat{P}_{ij}\partial_i\hat{R}^T\partial_j\hat{R}] + \mathcal{H}_D$ . The  $\mathcal{B}$  term breaks the rotation symmetry and gaps out the  $\omega_1$  mode.

In a triangular lattice (see Fig. 1), the intrinsic DMI is forbidden by the lattice symmetry, while the ground state can be stabilized by the energy density,

$$\mathcal{H}_A = \sum_{i=1,2,3} -\mathcal{K}(\hat{\boldsymbol{n}}_i \cdot \boldsymbol{S}_i)^2 + \mathcal{K}_z(\hat{\boldsymbol{z}} \cdot \boldsymbol{S}_i)^2, \quad (15)$$

where  $\mathcal{K} = K/A_{\rm uc}$ ,  $\mathcal{K}_z = K_z/A_{\rm uc}$ , with  $K, K_z$  being the easy-axis and easy-plane anisotropy constants, respectively. By substituting  $S_i \approx \hat{R} n_i$  in Eq (15), the anisotropy term gives a correction,

$$\delta \mathcal{U} = \frac{\Delta}{2} (\theta_x^2 + \theta_y^2) + 3\mathcal{K}S^2 \theta_z^2, \tag{16}$$

where  $\Delta = 3(\mathcal{K}_z + \mathcal{K})S^2$ . When  $\mathcal{K} \ll \mathcal{K}_z$ , we can approximately neglect the easy-axis term, and thus the system approximately respects U(1) symmetry. The Goldstone modes,  $\omega_{2,3}$ , acquire a gap,  $\sqrt{\Delta/\varrho}$ . A small gap in the  $\omega_1$  mode is described by  $\mathcal{K}$ .

Spin superfluidity— In the following, we focus on the spin transport facilitated by approximate U(1) symmetry. We assume that the system is driven by a weak perturbation when compared to the gap of the  $\omega_2$  and  $\omega_3$  modes, while large enough to overcome the barrier corresponding to the gap of the  $\omega_1$  mode. By adding  $\mathcal{H}_A$  or  $\mathcal{H}_D$  to the Lagrangian (6) and neglecting the hard modes, the Lagrangian of the soft mode becomes:

$$\mathcal{L} = \frac{\varrho}{2}\dot{\phi}^2 - \frac{\mathcal{A}}{2}(\nabla\phi)^2, \qquad (17)$$

where  $\mathcal{A} = 2(2\eta + \lambda + \mu)$ . On the other hand, the third component of Eq. (5) is reduced to  $m_z \approx \rho \partial_t \phi$ . Therefore, we arrive at a continuity equation,

$$\partial_t m_z - \mathcal{A} \nabla^2 \phi = 0, \tag{18}$$

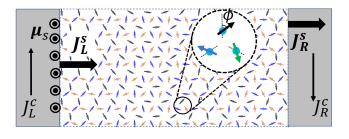


FIG. 2. A nonlocal measurement setup containing normal metal/nAFM/normal heterostructure. A charge current in the left layer generates a spin accumulation  $\mu_s$  via spin Hall effect, which injects a spin current into nAFM layer. The spin current mediated by the collective modes in the middle layer passes the second interface by virtue of spin pumping effect. The pumped spin current is measured in the right layer via the inverse spin Hall effect.

where a spin current density with polarization along z-axis can be identified as

$$\boldsymbol{j}_s = -\mathcal{A}\boldsymbol{\nabla}\phi. \tag{19}$$

The spin superfluidity in nAFM will be affected by dissipation effects. Within the Lagrangian formalism, we can add dissipation using the Rayleigh dissipation function [41]:

$$\mathcal{R} = \frac{1}{2} Q_{ij} \dot{\boldsymbol{S}}_i \cdot \dot{\boldsymbol{S}}_j, \qquad (20)$$

where  $\hat{Q}$  is a symmetric matrix with non-negative eigenvalues [42; 43]. From symmetry considerations applied to three equivalent sublattices, we obtain that  $Q_{ij} = r_1$  for i = j and  $Q_{ij} = r_2$  for  $i \neq j$  where  $r_1$  and  $r_2$  are real parameters. The Rayleigh function can be approximately written as  $\mathcal{R} = \text{tr}[\hat{Q}\partial_t \hat{R}^T \partial_t \hat{R}]$  with  $Q_{ab} = \frac{1}{2} \sum_{ij} Q_{ij} n_i^a n_j^b$  to describe dissipation of the soft mode, i.e.,

$$\mathcal{R} = \alpha s \dot{\phi}^2 / 2, \tag{21}$$

where  $\alpha = 3(r_1 + 2r_2)/s$  is a dimensionless dissipation parameter.

To activate spin dynamics in a magnetic insulator, a spin Hall current can be induced in a neighbouring normal metal layer (see Fig. 2). A build-up of spin accumulation in a normal metal will then lead to injection of spin current into the magnetic insulator layer. The boundary condition on the interface can be derived via the magnetoelectronic circuit theory [44–48]. When exchange interactions dominate, the spin injection and pumping together give the total spin current across the interface (see details in Supplemental Material [40]):

$$\boldsymbol{I}_{s} = \frac{1}{4\pi} \hat{\mathcal{G}}^{m} \cdot (\boldsymbol{\mu}_{s} - \hbar\boldsymbol{\omega}).$$
(22)

where  $\boldsymbol{\omega}$  is the instantaneous angular velocity for slow dynamics of the order parameter and  $\hat{\mathcal{G}}^m$  is the generalized spin-mixing conductance tensor [48]. Under assumption of  $C_3$  symmetry (or axial symmetry with respect to l axis), the tensor  $\hat{\mathcal{G}}^m$  takes the following form:

$$\hat{\mathcal{G}}^{m}(\boldsymbol{l}) = 2\mathcal{G}_{r}^{\uparrow\downarrow}(\mathbb{1} - \boldsymbol{l} \otimes \boldsymbol{l}) + 2\mathcal{G}_{i}^{\uparrow\downarrow}(\boldsymbol{l} \times) + 2\mathcal{G}_{\parallel}\boldsymbol{l} \otimes \boldsymbol{l},$$
(23)

where  $\mathcal{G}_{r(i)}^{\uparrow\downarrow} = \sum_{mn} \operatorname{Re}(\operatorname{Im})(\delta_{nm} - r_{mn}^{\uparrow\uparrow}r_{mn}^{\downarrow\downarrow*}), \ \mathcal{G}_{\parallel} = \sum_{mn}(|r_{mn}^{\uparrow\downarrow}|^2 + |r_{mn}^{\downarrow\uparrow}|^2), \text{ and } \boldsymbol{l} \text{ is the unit vector normal to the plane spanned by three-sublattice spins (cf. Eq. (59) in Ref. [48]). Here, <math>r_{mn}^{\sigma\sigma'}$  stands for reflection amplitudes for electrons reflected from channel n into channel m in the normal metal and  $\boldsymbol{l}$  is the quantization axis for  $\sigma, \sigma' = \uparrow, \downarrow$ .

By writing the Euler-Lagrange equation with Rayleigh dissipation for Eqs. (17) and (21), the dynamic equation for  $\phi$  reads,

$$\varrho\ddot{\phi} - \mathcal{A}\partial_x^2\phi + \alpha s\dot{\phi} = 0. \tag{24}$$

We use a steady-state ansatz [7; 8],  $\phi(x,t) = \varphi(x) + \Omega t$ , where  $\Omega$  is a constant frequency. For almost in-plane spin order, the angular velocity is  $\boldsymbol{\omega} \approx \dot{\phi} \hat{z}$  and  $\boldsymbol{l} = \hat{z}$ . We also assume spin accumulation along z-direction,  $\boldsymbol{\mu}_s = \mu \hat{z}$ . Equations (19), (22), and (23) then lead to the boundary conditions on the left (x = 0) and right (x = L) interfaces:

$$-\mathcal{A}\partial_x\varphi(0) = -\frac{g_L}{4\pi}(\hbar\Omega - \mu), \qquad (25a)$$

$$-\mathcal{A}\partial_x\varphi(L) = \frac{g_R}{4\pi}\hbar\Omega,\qquad(25b)$$

where  $g_a = \mathcal{G}_{\parallel,a}/\mathcal{V}$  (a = L, R) with  $\mathcal{V}$  being the area of interface. Combining the boundary condition and the steady-state ansatz, we obtain,

$$\Omega = \frac{\mu g_L}{\hbar (g_L + g_R + g_\alpha)}, \quad j_R^s = \frac{\mu}{4\pi} \frac{g_L g_R}{(g_L + g_R + g_\alpha)} (26)$$

where  $g_{\alpha} = 4\pi \alpha s L/\hbar$ .

Above approximations need to be revisited when weak in-plane DMI or easy-axis anisotropy are present. We obtain a Lagrangian describing the soft mode:

$$\mathcal{L}[\phi] = \frac{\varrho}{2} [(\partial_t \phi)^2 - c_s^2 (\nabla \phi)^2 + m_s^2 \cos 2\phi], \quad (27)$$

where  $c_s = \sqrt{\mathcal{A}/\varrho}$  and  $m_s$  is the mass term due to weak in-plane DMI or easy-axis anisotropy. To activate spin transport, the gradient needs to overcome the barrier induced by the gap, i.e.,  $|\nabla \phi| \geq m_s/c_s$ . The spiral-like phase supporting spin superfluid will become energetically unstable when the field  $\phi$  varies faster than  $1/\xi$ where  $\xi = \sqrt{\varrho c_s^2/\Delta}$  is the characteristic length associated with the gap of  $\omega_2$  and  $\omega_3$  modes, i.e.,  $|\nabla \phi| \leq \xi^{-1}$ . Thus, the spin-superfluid transport is only possible under the assumption,

$$m_s \sqrt{\varrho/\Delta} \ll 1.$$
 (28)

We first discuss the kagome lattice nAFM with in-plane DMI in which case  $m_s = \sqrt{3/2}D_pS/\hbar$ . As estimated

in Table. II, we find that different iron jarosites fulfil criteria (28) very well and hence are very promising for experimental realization of spin superfluidity. In a triangular lattice, the easy-axis anisotropy hinders ideal spin superfluidity leading to the last term in Eq. (27) with  $m_s = 3S\sqrt{KJ}/\hbar$ . Equation (28) leads to the condition  $\sqrt{K/K_z} \ll 1$ .

The spin-superfluid transport can be measured in a nonlocal setup in Fig. 2 [49]. The spin Hall current builds up an effective spin accumulation,  $\mu_s = (4\pi/g_L)J_{\rm SH}^s$ , where  $J_{\rm SH}^s = \vartheta_{\rm SH}(\hbar/2e)J_L^c$  is the spin current induced by the charge current  $J_L^c$ , and  $\vartheta_{\rm SH}$  is the spin Hall angle in the leads [49–51]. The spin current mediated by the collective dynamics of nAFM passes across the second interface by virtue of the spin pumping effect, and it is converted into a charge current in the right lead,  $J_B^c = (\vartheta_{\rm SH}\sigma/d)(\hbar/2e)\Omega$ , where  $\sigma$  and d are, respectively, the conductivity and thickness of the right metal layer. The nonlocal transport is characterized by a drag coefficient,  $\mathcal{D} = J_R^c/J_L^c = \mathcal{D}_0/(1 + L/L_\alpha)$ , where  $\mathcal{D}_0 =$  $\pi \vartheta_{\rm SH}^2 \sigma \hbar/(2e^2gd), g = g_L = g_R, \text{ and } L_{\alpha} = \hbar g/(2\pi\alpha s).$ Assuming  $\vartheta_{\rm SH} = 0.1, \sigma = 0.1 \,\mu \Omega^{-1} \cdot \text{cm}^{-1}, d = 1\text{nm},$  $g \sim 10^{19} \text{m}^{-2}, \alpha = 10^{-3}, s \sim \hbar/a^3$ , and a lattice constant  $a \sim 1$ nm, we obtain  $\mathcal{D}_0 \sim 0.1$  and  $L_{\alpha} \sim 1 \mu$ m. These results are similar to collinear systems [7; 8] and show that the long crossover length  $L_{\alpha}$  can be used as a key signature of spin superfluidity.

Material	$J(\mathrm{meV})$	$D_p/J$	$D_z/J$	$m_s \sqrt{\varrho/\Delta}$
$KFe_3(OH)_6(SO_4)_2$	3.18	0.062	-0.062	0.088
$AgFe_3(OH)_6(SO_4)_2$	3.18	0.057	-0.053	0.088
$AgFe_3(OD)_6(SO_4)_2$	3.18	0.075	-0.053	0.115

TABLE II. Relevant material parameters for iron jarosites taken from Refs. [52; 53].

It is worthwhile to remark that at a finite temperature, a two-fluid theory may be required to describe the spin transport and dissipation [12; 54]. In particular, the equilibration between condensate and thermal magnons may need to be taken into account. Our phenomenological treatment of dissipation may be amended by including spin conserving relaxation, this correction, however, is expected to be small at low temperatures [12].

Conclusions— We have used an SO(3)-invariant field theory to describe three-sublattice antiferromagnets with hexagonal lattice in an exchange interaction dominated limit. When weak interactions, such as DMI or anisotropy, are added, the symmetry is approximately reduced to U(1). We have shown that in this limit, threesublattice antiferromagnets can facilitate a spin superfluid transport. Using generalized spin-mixing conductance, we have also described the injection of spin current and its power-law decay in a nonlocal experimental setup. Our results indicate that the magnitude of spin current is constrained by parasitic DMI or anisotropies, which can help in finding suitable materials. In particular, we estimate that iron jarosites can be promising for realizing spin superfluidity in noncollinear antiferromagnets. Noncollinear antiferromagnets hold promise for realizing spin flows with low dissipation and the theoretical framework presented here can be useful for exploring the interplay between transport phenomena [55; 56] and topological defects, i.e., domain walls [33; 34], or skyrmions [57].

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