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Hydrodynamics of three-dimensional skyrmions in frustrated magnets

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We study the nucleation and collective dynamics of Shankar skyrmions [R. Shankar, *Journal de Physique* **38**, 1405 (1977)] in the class of frustrated magnetic systems described by an SO(3) order parameter, including multi-lattice antiferromagnets and amorphous magnets. We infer the expression for the spin-transfer torque that injects skyrmion charge into the system and the Onsager-reciprocal pumping force that enables its detection by electrical means. The thermally-assisted flow of topological charge gives rise to an algebraically decaying drag signal in nonlocal transport measurements. We contrast our findings to analogous effects mediated by spin supercurrents.

I. INTRODUCTION

The recent years have witnessed a growing interest in the transport properties of frustrated (quantum) magnets^{1–9} since they provide a powerful knob to explore unconventional spin excitations in phases characterized by a highly degenerate ground state. Spin glasses,^{10,11} spin ices¹² and spin liquids,¹³ to mention a few examples, belong to this broad family. In the exchange-dominated limit for magnetic interactions,¹⁴ long-wavelength excitations around a local free-energy basin are generically described by the O(4) nonlinear σ -model,^{15,16} whose action reads

$$S = \frac{1}{4} \int d^3\vec{r} dt \left(\chi \text{Tr} \left[\partial_t \hat{R}^T \partial_t \hat{R} \right] - \mathcal{A} \text{Tr} \left[\partial_k \hat{R}^T \partial_k \hat{R} \right] \right). \quad (1)$$

The order parameter $\hat{R}(\vec{r}, t)$ represents smooth and slowly varying proper rotations of the initial noncoplanar spin configuration;^{17,18} χ and \mathcal{A} denote the spin susceptibility and the order-parameter stiffness of the system, respectively. Phase-coherent precessional states sustain spin supercurrents,⁷ manifested as a long-range spin signal decaying algebraically with the propagation distance. This form of spin superfluidity¹⁹ gives rise to a low-dissipation channel for spin transport that could be probed via nonlocal magnetotransport measurements.²⁰

The SO(3) order parameter can also host stable three-dimensional solitons akin to skyrmions in chiral models of mesons.²¹ In condensed matter physics, these textures are known as Shankar skyrmions and appear, e.g., in the A-phase of superfluid ³He^{22,23} and in atomic Bose-Einstein condensates with ferromagnetic order.^{24–26} These objects are characterized by a different topological number than other three-dimensional textures arising in materials characterized by vectorial order parameters.^{27–29} Like chiral domain walls in one dimension³⁰ and baby skyrmions in two-dimensional magnets,³¹ suitable spin-transfer torques at the interface bias the injection of Shankar skyrmions into the frustrated magnet, which diffuse over the bulk as stable magnetic textures carrying quanta of topological charge. Robustness against structural distortions and moderate external perturbations, along with their particle-like behavior, make skyrmions attractive from the technological standpoint due to their potential use as building blocks

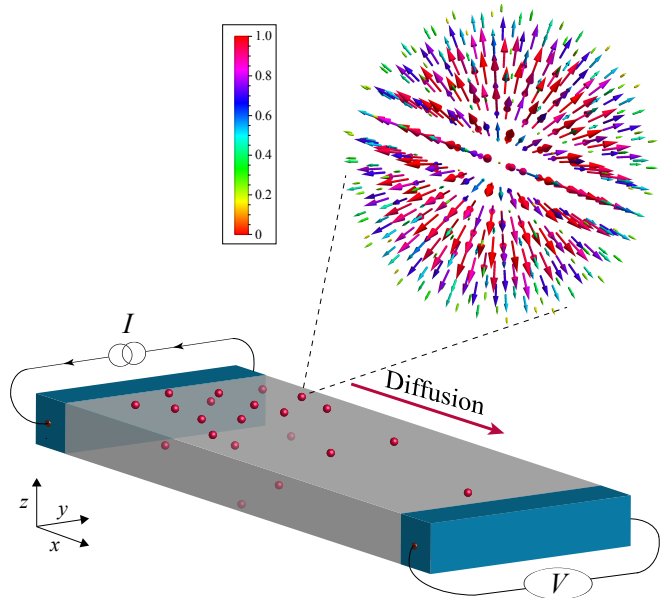


FIG. 1: Two-terminal geometry for the electrical injection and detection of skyrmions in frustrated magnets. Inset: Imaginary component of the *versor* parametrization of the rigid hard cut-off ansatz for skyrmions, $\mathbf{q} = (\cos(f(\vec{r})/2), \sin(f(\vec{r})/2)\hat{\mathbf{e}}_r)$ (see main text for details). Length and color of the arrows correspond to the magnitude of the vector field.

for information and energy storage.^{32,33} Frustrated magnets offer a possible realization of these objects, which were originally proposed in low-energy chiral effective descriptions of QCD^{21,34} and also appear in cosmology³⁵ and string theory.³⁶

In this work, we construct a hydrodynamic theory for skyrmions in the (electrically insulating) bulk, complemented with spin-transfer physics at the interfaces with adjacent heavy-metal contacts. Figure 1 depicts the device (open) geometry with lateral terminals usually utilized in nonlocal transport measurements. For suitable reduced symmetries (Rashba-like systems), magnetic torques can pump skyrmion charge into the frustrated magnet, whose diffusion over the bulk and subsequent flow across the right interface sustains a pumping electromotive force in the second terminal. The resultant drag of spin current is positive and thermally activated, in sharp contrast to the case of spin superfluid

transport. The structure of the manuscript is as follows. In Sec. II, we introduce the winding number describing SO(3) skyrmions and construct a continuity equation for the associated topological current. Appendix A contains some useful mathematical identities. The expression of the spin-transfer torque favoring skyrmion nucleation and its reciprocal electromotive force are deduced in Sec. III. We obtain the expression for the spin-drag resistivity of a prototypical device in Sec. IV. Some details of the derivation are saved for Appendix B. Finally, we compare the spin-drag signals mediated by skyrmions and spin supercurrents in Sec. V.

II. TOPOLOGICAL CHARGE AND CONTINUITY EQUATION

The order-parameter manifold, SO(3), is topologically equivalent to the four-dimensional unit hypersphere with antipodal points identified. Unit-norm quaternions (so-called versors), $\mathbf{q} = (w, \mathbf{v})$, provide a convenient parametrization of rotation matrices: the three-dimensional vector \mathbf{v} lies along the rotation axis, whereas the first component w parametrizes the rotation angle, see Appendix A. Skyrmions are topological objects associated with the nontrivial classes of the homotopy group $\pi_3(\text{SO}(3)) = \mathbb{Z}$, which are labeled by an integer index referred to as the skyrmion charge. The latter is the multi-dimensional analog of a winding number and admits the following simple expression in terms of versors:

$$\mathcal{Q} = \int d^3\vec{r} j^0, \quad j^0 = \frac{\epsilon^{klm}}{12\pi^2} \det[\mathbf{q}, \partial_k \mathbf{q}, \partial_l \mathbf{q}, \partial_m \mathbf{q}], \quad (2)$$

where $k, l, m \in \{x, y, z\}$ are spatial indices, $\epsilon^{\alpha\beta\cdots\mu}$ is the Levi-Civita symbol, and $\det[\cdot, \cdot, \cdot, \cdot]$ denotes the determinant of a 4×4 matrix formed by versors arranged as column vectors. Our choice of prefactor ensures the normalization to unity of the skyrmion charge when the mapping $\mathbf{q} : S^3 \rightarrow S^3$ wraps the target space once.

Formulation of a hydrodynamic theory for skyrmions requires the stability of these textures, which in turn yields the local conservation of their charge. In this regard, additional quartic terms (in the derivatives of the order parameter) in the effective action given by Eq. (1), which may have a dipolar/exchange origin in real systems, preclude the collapse of skyrmions into atomic-size defects.²¹ We will assume this scenario in what follows and utilize the rigid hard cut-off ansatz for stable skyrmions as a simple solution that suffices to estimate the transport coefficients of our theory:³⁷

$$\hat{R}(\vec{r}) = \exp\left[-if(\vec{r}) \hat{\mathbf{e}}_{\vec{r}} \cdot \hat{\mathbf{L}}\right], \quad (3)$$

where $[\hat{L}_\alpha]_{\beta\gamma} = -i\epsilon_{\alpha\beta\gamma}$ represent the generators of SO(3), $\vec{r} = |\vec{r} - \vec{\mathfrak{R}}|$, and $\hat{\mathbf{e}}_{\vec{r}} = (\vec{r} - \vec{\mathfrak{R}})/\vec{r}$ is the unit radial vector from the center $\vec{\mathfrak{R}}$ of the skyrmion. Here,

$f(\vec{r}) = 2\pi(1 - \vec{r}/R_\star)\Theta(R_\star - \vec{r})$, $\Theta(x)$ denotes the Heaviside theta function and the skyrmion radius reads $R_\star = \xi(\mathcal{A}/\mathcal{A}_4)^{1/2}$, where ξ is a dimensionless prefactor and \mathcal{A}_4 is the strength of the fourth-order term.³⁸ Note that this ansatz corresponds to the rotation around $\hat{\mathbf{e}}_{\vec{r}}$ by the angle f at each point of space. Figure 1 also depicts the vector field $\mathbf{v}(\vec{r}) = \sin(f(\vec{r})/2)\hat{\mathbf{e}}_{\vec{r}}$ associated with the versor parametrization of the rotation matrix (3), whose skyrmion charge is $\mathcal{Q} = -1$.

Topological invariance (i.e. *global* conservation) of the skyrmion charge translates into a *local* conservation law embodied in a continuity equation. More specifically, we can cast the skyrmion charge density as the time component of a topological 4-current defined per

$$j^\mu = \frac{1}{12\pi^2} \epsilon^{\mu\mu_1\mu_2\mu_3} \det[\mathbf{q}, \partial_{\mu_1} \mathbf{q}, \partial_{\mu_2} \mathbf{q}, \partial_{\mu_3} \mathbf{q}], \quad (4)$$

which satisfies the continuity equation $\partial_\mu j^\mu = 0$. Here, $\mu, \mu_{1,2,3} \in \{t, x, y, z\}$ denote spatio-temporal indices. The components of the associated topological flux read

$$j^k = \frac{1}{32\pi^2} \epsilon^{klm} \boldsymbol{\omega} \cdot (\boldsymbol{\Omega}_l \times \boldsymbol{\Omega}_m), \quad (5)$$

in terms of the angular velocity of the order parameter, $\boldsymbol{\omega} \equiv i \text{Tr}[\hat{R}^T \hat{\mathbf{L}} \partial_t \hat{R}]/2$, and the (spin) vectors $\boldsymbol{\Omega}_l \equiv i \text{Tr}[\hat{R}^T \hat{\mathbf{L}} \partial_l \hat{R}]/2$ describing the spatial variations of the collective spin rotation that defines the instantaneous state of the magnet.⁷ Note that both scalar and cross products (highlighted in bold characters) take place in spin space and that, in the versor parametrization; these quantities can be recast as the Hamilton product $2 \partial_\mu \mathbf{q} \wedge \mathbf{q}^*$ of the derivatives of the quaternion and its adjoint \mathbf{q}^* , see Appendix A. Similarly, the skyrmion charge density takes the form

$$j^0 = \frac{1}{16\pi^2} \boldsymbol{\Omega}_z \cdot (\boldsymbol{\Omega}_x \times \boldsymbol{\Omega}_y). \quad (6)$$

It is worth noting here that, contrary to the case of baby skyrmions, the topological charge is even under time-reversal symmetry, see Appendix A. Furthermore, the skyrmion flux \vec{j} is a pseudovector in real space.

III. SPIN-TRANSFER TORQUES AND ELECTROMOTIVE FORCES

In the device geometry considered in Fig. 1, the magnet is subject to spin-exchange and spin-orbit coupling with adjacent heavy-metal contacts. In what follows we invoke a minimal symmetry reduction in the bulk, which allows the existence of magnetic torques $\boldsymbol{\tau}$ that couple to the skyrmion flux in Eq. (5), and assume that they also operate at the interface. Thus, for our purposes, interfaces serve merely as a medium for the charge current to flow. These torques are only effective in a volume of width λ (along x) in contact with the metal, where this

distance characterizes the spatial extension of the proximity effect between the metal contact and the insulating magnet.

In order to inject a skyrmion flux \vec{j} by a transverse charge current density $\vec{\mathcal{J}}$, we wish to establish the following work (per unit of volume and time) by the magnetic torque:

$$P \equiv \boldsymbol{\tau} \cdot \boldsymbol{\omega} = \frac{\hbar}{2e} \vec{j} \cdot (\vec{\mathcal{J}} \times \vec{\zeta}), \quad (7)$$

where $\vec{\zeta}$ is a special vector (with units of length) and the scalar and cross products in the right-hand side of the equation (in normal characters) take place in real space. Note that mirror reflection symmetry must be broken along $\vec{\zeta}$ for P to be a scalar, i.e. we restrict ourselves hereafter to Rashba-type magnets with $\vec{\zeta}$ being the corresponding principal axis. The latter should ideally be oriented parallel to the interface. Let us consider the situation depicted in Fig. 1, where the principal axis lie along the perpendicular to the basal plane ($\vec{\zeta} = \zeta \hat{e}_z$). As can be inferred from Eq. (7), we are interested in the magnetic torques that produce work in favor of the skyrmion motion along the longitudinal direction (x axis) when they are induced by a charge current density flowing along the transverse direction (y axis). With account of Eq. (5), we obtain from Eq. (7) that the spin-transfer torque providing such a work is given by

$$\boldsymbol{\tau} = \frac{\hbar}{32e\pi^2} (\vec{\mathcal{J}} \cdot \vec{\Omega}) \times (\vec{\zeta} \cdot \vec{\Omega}). \quad (8)$$

This torque involves two spatial derivatives of the order parameter and is dissipative, implying that the injection of skyrmion charge requires a strong spin-orbit interaction. Heavy-metal contacts like platinum contain this basic microscopic ingredient, and the effect is likely to be enhanced by the application of a perpendicular electric field ($\vec{E} \propto \vec{\zeta}$) just due to the conventional Bychkov-Rashba effect.³⁹ Spin torques of the form $\propto \vec{\mathcal{J}} \cdot \vec{\Omega}$ do not couple to the topological flux \vec{j} and will thus be disregarded, along with other torques at the same order of expansion, e.g. $\boldsymbol{\tau} \propto \vec{\mathcal{J}} \cdot (\vec{\nabla} \times \vec{\Omega})$, that are irrelevant to the skyrmion-injection physics.

Skyrmion diffusion over the magnet yields a pumping electromotive force in the second terminal, whose expression can be obtained by invoking Onsager reciprocity. Currents and thermodynamic forces are related by the following matrix of linear-response coefficients:

$$\begin{pmatrix} \partial_t \hat{R} \\ \partial_t \mathbf{m} \\ \vec{\mathcal{J}} \end{pmatrix} = \begin{pmatrix} \cdot \star \cdot & \cdot \star \cdot & \cdot \star \cdot \\ \cdot \star \cdot & \gamma \chi \mathbf{B} \times & \hat{L}_{\text{sq}} \\ \cdot \star \cdot & \hat{L}_{\text{qs}} & \hat{\nu} \end{pmatrix} \begin{pmatrix} \hat{f}_{\hat{R}} \\ \mathbf{f}_{\mathbf{m}} \\ \vec{E} \end{pmatrix}, \quad (9)$$

where $\hat{f}_{\hat{R}} \equiv -\delta\mathcal{F}/\delta\hat{R}$ and $\mathbf{f}_{\mathbf{m}} \equiv -\delta\mathcal{F}/\delta\mathbf{m} = -\mathbf{m}/\chi + \gamma\mathbf{B} = -\boldsymbol{\omega}$ are the thermodynamic forces conjugate to the order parameter and the nonequilibrium spin density, respectively, and \vec{E} represents the electromotive force. For our construction, we only need to focus on the charge and

spin sectors, which are related by $\hat{L}_{\text{sq}}, \hat{L}_{\text{qs}}$ (other linear-response coefficients, denoted by $\cdot \star \cdot$, are inconsequential for our discussion); \mathbf{B} is an external magnetic field, γ is the gyromagnetic ratio, and $\hat{\nu}$ is the conductivity tensor that we assume symmetric (i.e., purely dissipative). Note that it is not obvious whether Onsager reciprocal relations can be applied to the order-parameter sector, because the $\text{SO}(3)$ matrices \hat{R} are defined with respect to the initial (mutual equilibrium) spin configuration defining a free-energy basin, and microscopic time-reversal symmetry relates different (and possibly disconnected) basins. However, the nonequilibrium spin density \mathbf{m} does not depend on the initial configuration and, therefore, the situation for the spin-charge sectors is analogous to that of bipartite antiferromagnets.⁴⁰ For the torque in Eq. (8) we have

$$[\hat{L}_{\text{sq}}]_{\alpha i} = \frac{\hbar}{32\pi^2 e} \epsilon_{\alpha\beta\gamma} \vartheta_{ij} \zeta_k \Omega_{j\beta} \Omega_{k\gamma}, \quad (10)$$

and, since the off-diagonal blocks are related by the reciprocal relation $\hat{L}_{\text{qs}} = -\hat{L}_{\text{sq}}^T$, the pumping electromotive force $\vec{\mathcal{E}} = \hat{\nu}^{-1} \hat{L}_{\text{qs}} \mathbf{f}_{\mathbf{m}}$ generated in the right terminal becomes:

$$\vec{\mathcal{E}} = \frac{\hbar}{32\pi^2 e} \boldsymbol{\omega} \cdot \left[\vec{\Omega} \times (\vec{\zeta} \cdot \vec{\Omega}) \right] = \frac{\hbar}{2e} \vec{\zeta} \times \vec{j}. \quad (11)$$

IV. SKYRMION DIFFUSION AND SPIN DRAG

Dynamics of the soft modes (center of mass) describing stable skyrmions obey the Thiele equation

$$\mathcal{M} \ddot{\mathfrak{R}} + \Gamma \dot{\mathfrak{R}} = \vec{f}, \quad (12)$$

where $\mathcal{M} = \frac{16\pi}{9}(\pi^2 + 3)\chi R_\star$ is the skyrmion inertia and $\vec{f} = -\delta\mathcal{F}/\delta\mathfrak{R}$ represents the thermodynamic force conjugate to the skyrmion center, see Appendix B. The friction coefficient $\Gamma = \alpha s \mathcal{M}/\chi$ is proportional to the Gilbert damping constant α parametrizing losses due to dissipative processes in the bulk,⁴¹ where $s \approx \hbar S/a^3$, S is the length of the microscopic spin operators and a denotes the lattice spacing. Local (quasi-)equilibrium within a free-energy basin along with translational invariance in the bulk yields Fick's law for the topological flux:

$$\vec{j} = -D \vec{\nabla} j^0, \quad (13)$$

where the diffusion coefficient is related to the friction coefficient via the Einstein-Smoluchowski relation, $D = k_B T/\Gamma$. Hereafter, we assume that the current is injected into the frustrated magnet from the left contact in the two-terminal geometry depicted in Fig. 1. We also assume translational invariance along the transverse directions (i.e. the yz plane). The latter, combined with the continuity equation for the topological 4-current, yields the conservation of the longitudinal bulk skyrmion current in the steady state. It reads $j_{\text{bulk}}^x = D(j_L^0 - j_R^0)/L_t$,

with $j_{L/R}^0$ and L_t being the skyrmion charge density at the left/right terminals and the distance between them, respectively.

The topological current at the boundaries of the magnet can be cast as

$$j_L^x = \frac{\gamma_L(T)\hbar\zeta\lambda J_L}{ek_B T} - \bar{\gamma}_L(T)j_L^0, \quad (14a)$$

$$j_R^x = \bar{\gamma}_R(T)j_R^0, \quad (14b)$$

where $\gamma_L(T) = \nu(T)e^{-E_{\text{sky}}/k_B T}$ is the equilibrium-nucleation rate of skyrmions at the left interface, $\nu(T)$ and E_{sky} denote the attempt frequency and the skyrmion energy, respectively,⁴² and $\bar{\gamma}_{L,R}(T)$ represents the skyrmion annihilation rates per unit density.⁴³ The electrical bias in the left terminal favors the nucleation of skyrmions with positive topological charge by lowering the energy barrier in an amount equal to the work carried out by the magnetic torque in Eq. (8); the expression in Eq. (14a) corresponds to the leading order in the external bias.³¹ Continuity of the topological flux sets the steady state, characterized, in linear response, by the drag resistivity

$$\varrho_{\text{drag}} = \frac{\lambda R_Q^2}{R_{\text{bulk}} + R_L + R_R}, \quad (15)$$

defined per the ratio of the detected voltage per unit length to the injected charge density. Here, $R_Q = h/2e^2 \simeq 12.9 \text{ k}\Omega$ is the quantum of resistance and R_{bulk} , $R_{L/R}$ denote the drag resistances of the bulk and interfaces of the frustrated magnet, respectively,

$$R_{\text{bulk}} = \frac{2\pi^2\Gamma L_t}{e^2\zeta^2 j_{\text{eq}}^0}, \quad R_{L/R} = \frac{2\pi^2 k_B T}{e^2\zeta^2 \gamma_{L/R}(T)}, \quad (16)$$

where $j_{\text{eq}}^0 = \gamma_{L,R}(T)/\bar{\gamma}_{L,R}(T) = \rho_0 e^{-E_{\text{sky}}/k_B T}$ is the skyrmion density at equilibrium.

V. DISCUSSION

The channel for spin transport rooted in the diffusion of skyrmion charge becomes suppressed in the low-temperature regime, as the proliferation of skyrmions in the bulk of the magnet dies out with probability $\propto e^{-E_{\text{sky}}/k_B T}$. The frustrated magnet, however, sustains stable spin supercurrents in the presence of additional easy-plane anisotropies, the latter precluding the relaxation of the phase-coherent precessional state into the uniform state. This coherent transport of spin may be driven by nonequilibrium spin accumulations at the left interface, which are induced by the charge current flowing within the first terminal via the spin Hall effect.⁷ Furthermore, in the absence of topological singularities in the $\text{SO}(3)$ order parameter (namely, \mathbb{Z}_2 vortices) degradation of the spin superflow only occurs via thermally-activated phase slips in the form of 4π -vortex lines.⁷ These events

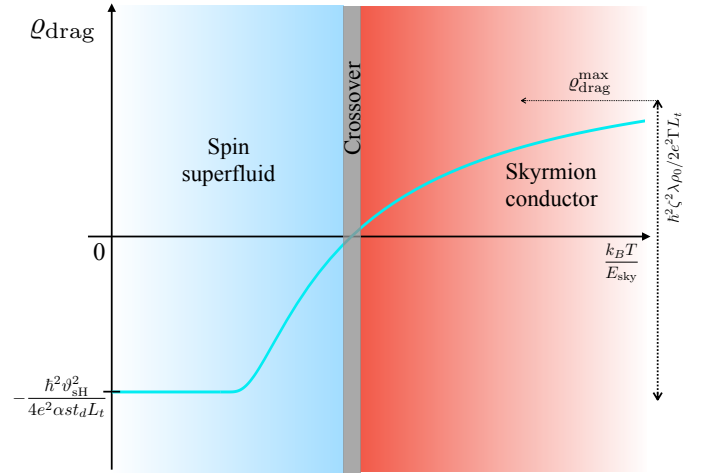


FIG. 2: Sketch of the thermal dependence of the total drag resistivity $\varrho_{\text{drag}} = \varrho_{\text{drag}}^{\text{SF}} + \varrho_{\text{drag}}^{\text{sky}}$ for frustrated magnets with weak easy-plane anisotropies.

are exponentially suppressed at low temperatures (compared to the easy-plane anisotropy gap). On the other hand, we can show through the analog of the Mermin-Ho relation⁴⁴ derived in Appendix A,

$$\vec{\nabla} \times \vec{J}_\alpha = -(\mathcal{A}/2)\epsilon_{\alpha\beta\gamma}\vec{\Omega}_\beta \times \vec{\Omega}_\gamma, \quad (17)$$

that skyrmions crossing streamlines in a planar section of the magnet do not contribute to the generation of phase slips in the superfluid.⁴⁵ Here, $\vec{J}_\alpha = -\mathcal{A}\vec{\Omega}_\alpha$ denotes the α -component of the spin supercurrent. Therefore, in magnetically frustrated systems with weak easy-plane anisotropies, we expect to observe a smooth crossover from a spin superfluid to a *skyrmion conductor* driven by temperature, as depicted in Fig. 2. For a large separation between terminals, $L_t \gg 1/\Gamma\gamma_{L,R}$, $\hbar g_{L,R}/4\pi\alpha s$ ($g_{L,R}$ are the effective interfacial conductances), the drag coefficients for both transport channels reduce to

$$\varrho_{\text{drag}}^{\text{sky}} = \left(\frac{\hbar}{e}\right)^2 \frac{\zeta^2 \lambda j_{\text{eq}}^0}{2\Gamma L_t}, \quad \varrho_{\text{drag}}^{\text{SF}} = -\left(\frac{\hbar}{2e}\right)^2 \frac{\vartheta_{\text{SH}}^2}{\alpha s t_d L_t}, \quad (18)$$

where ϑ_{SH} and t_d denote the spin Hall angle in the metal contacts and the thickness of the detector strip, respectively. Note the algebraical decay $\varrho_{\text{drag}}^{\text{sky,SF}} \propto 1/L_t$ and the opposite sign of the drag resistivities in these two spin-transport channels. The latter can be intuitively understood as the manifestation of the different symmetries under time reversal of the flavors encoding the information and dragging of the electrical signal: while in the case of the superfluid this is just the spin flow ascribed to coherent precession, in the case of the skyrmion conductor the signal is mediated by the flux of the associated topological charge, which is even under time reversal. We note in passing that, remarkably, skyrmions do generate hopfions through the fibration $S^3 \rightarrow S^2$ described by a given element of the internal spin frame.⁴⁶ Finally, experimental platforms well suited to host Shankar skyrmions

and observe the aforementioned crossover are amorphous magnets, in particular amorphous yttrium iron garnet (a-YIG), in which nonlocal spin transport measurements have been recently reported.⁵

In conclusion, we have established the hydrodynamic equations governing the diffusion of skyrmion charge within the bulk of frustrated magnetic insulators. Interfacial spin-transfer torques inject topological charge into the system, whose steady flow sustains a spin drag signal between the metallic terminals. The algebraic decay of the drag coefficient over long distances manifests the topological robustness of Shankar skyrmions in the SO(3) order parameter. We also remark that S^2 hopfions could be pumped into the frustrated magnet by suitable spin-transfer torques, therefore giving rise to a third channel for low-dissipation spin transport. The program developed in this work can, in principle, be extended to S^2 hopfions, with the caveat that the Hopf charge density is nonlocal in the order parameter⁴⁷ and that it is unclear whether these topological excitations are stable within Skyrme-like models.⁴⁸

Acknowledgments

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R.Z. and H.O. contributed equally to this work.

Appendix A: Versor parametrization

In this Appendix we show that versors (i.e., unit-norm quaternions) provide a convenient parametrization of rotation matrices. To begin with, note that SU(2) is the universal (double) covering of SO(3) and is also isomorphic to the unit hypersphere in \mathbb{R}^4 . The latter means that we can represent a generic SU(2) matrix \hat{U} by means of a 4-component (real) vector $\mathbf{q} = (w, \mathbf{v})$:

$$\hat{U} = w\hat{1} - i\mathbf{v} \cdot \boldsymbol{\sigma} \equiv w\hat{1} - iv_x\hat{\sigma}_x - iv_y\hat{\sigma}_y - iv_z\hat{\sigma}_z, \quad (\text{A1})$$

where $\boldsymbol{\sigma} = (\hat{\sigma}_x, \hat{\sigma}_y, \hat{\sigma}_z)$ is the vector of Pauli matrices and $\mathbf{v} = (v_x, v_y, v_z)$ denotes the vector part of the quaternion \mathbf{q} . Note that the normalization condition $w^2 + \mathbf{v}^2 = 1$ arises from the unitary character of SU(2) matrices. The SO(3) matrix \hat{R} associated with $\hat{U} \in \text{SU}(2)$ reads

$$\hat{R}_{\alpha\beta} = \left(1 - 2|\mathbf{v}|^2\right) \delta_{\alpha\beta} + 2v_\alpha v_\beta - 2\varepsilon_{\alpha\beta\gamma} w v_\gamma. \quad (\text{A2})$$

Since \mathbf{q} and $-\mathbf{q}$ parametrize the same rotation \hat{R} , we conclude that $\text{SO}(3) \cong \mathbb{RP}^3$, namely the group of proper rotations corresponds to the hypersphere S^3 with antipodal points being identified. In this parametrization of rotations, \mathbf{v} lies along the rotation axis and the first component w parametrizes the rotation angle.

The set $\{\hat{1}, -i\hat{\sigma}_x, -i\hat{\sigma}_y, -i\hat{\sigma}_z\}$ defines the basis of quaternions as a real vector space, where addition and

multiplication by scalars is as in \mathbb{R}^4 . The algebra of Pauli matrices defines a multiplicative group structure, the Hamilton product,

$$\mathbf{q}_1 \wedge \mathbf{q}_2 \equiv (w_1 w_2 - \mathbf{v}_1 \cdot \mathbf{v}_2, w_1 \mathbf{v}_2 + w_2 \mathbf{v}_1 + \mathbf{v}_1 \times \mathbf{v}_2). \quad (\text{A3})$$

The adjoint of $\mathbf{q} = (w, \mathbf{v})$ is $\mathbf{q}^* = (w, -\mathbf{v})$, so that the norm $\sqrt{\mathbf{q}^* \wedge \mathbf{q}}$ ($= 1$ in the case of versors) is a real number. Note that the Hamilton product provides a convenient representation of the usual matrix product in SO(3), since \mathbf{q}^* corresponds to \hat{R}^T and $\hat{R}_1 \cdot \hat{R}_2$ corresponds to $\mathbf{q}_1 \wedge \mathbf{q}_2$.

Finally, the O(4) nonlinear σ -model takes the following simple form

$$\mathcal{L} = 2 \int d^3\vec{r} (\chi \partial_t \mathbf{q}^* \wedge \partial_t \mathbf{q} - \mathcal{A} \partial_i \mathbf{q}^* \wedge \partial_i \mathbf{q}), \quad (\text{A4})$$

in terms of versors. A simple spin-wave analysis of this Lagrangian yields, akin to Néel antiferromagnets, three independent linear dispersion relations characterized by the sound velocity $c = \sqrt{\mathcal{A}/\chi}$.

1. Spin currents in versor parametrization

We first introduce the fields $\boldsymbol{\Omega}_\mu = i \text{Tr}[\hat{R}^T \hat{\mathbf{L}} \partial_\mu \hat{R}]/2$, which describe time ($\mu = t$) and spatial ($\mu = x, y, z$) variations of the collective spin rotation defining the instantaneous state of the magnet,

$$i \partial_\mu \hat{U}(t, \vec{r}) = (\boldsymbol{\Omega}_\mu(t, \vec{r}) \cdot \hat{\mathbf{S}}) \hat{U}(t, \vec{r}). \quad (\text{A5})$$

Here, $[\hat{L}_\alpha]_{\beta\gamma} = -i\varepsilon_{\alpha\beta\gamma}$ are the generators of SO(3) and $\varepsilon_{\alpha\beta\gamma}$ is the Levi-Civita symbol. In particular, $\boldsymbol{\Omega}_t = \boldsymbol{\omega}$ is the angular velocity of the order parameter \hat{R} . The spin current is given by $\vec{\mathbf{J}} = -\mathcal{A}\vec{\boldsymbol{\Omega}}$, as inferred from the Euler-Lagrange equations, where $\vec{\boldsymbol{\Omega}} \equiv \boldsymbol{\Omega}_x \hat{e}_x + \boldsymbol{\Omega}_y \hat{e}_y + \boldsymbol{\Omega}_z \hat{e}_z$.⁷ With account of the versor parametrization, Eq. (A2), we obtain the identity

$$\boldsymbol{\Omega}_\mu = 2w\partial_\mu \mathbf{v} - 2\mathbf{v}\partial_\mu w + 2\mathbf{v} \times \partial_\mu \mathbf{v}, \quad (\text{A6})$$

which is just $\boldsymbol{\Omega}_\mu = 2\partial_\mu \mathbf{q} \wedge \mathbf{q}^*$ as deduced from the definition of the Hamilton product, Eq. (A3). Note that the *scalar* part of $\partial_\mu \mathbf{q} \wedge \mathbf{q}^*$ is identically zero, $w\partial_\mu w + v_\alpha \partial_\mu v_\alpha = 0$.

The following identity holds in the absence of singularities in the order parameter:

$$\partial_{\mu_1} \boldsymbol{\Omega}_{\mu_2} - \partial_{\mu_2} \boldsymbol{\Omega}_{\mu_1} = \boldsymbol{\Omega}_{\mu_1} \times \boldsymbol{\Omega}_{\mu_2}. \quad \mu_1, \mu_2 \in \{t, x, y, z\} \quad (\text{A7})$$

In terms of the α -component of the spin current, $\vec{J}_\alpha = -\mathcal{A}\vec{\boldsymbol{\Omega}}_\alpha$, the above equation for spatial subindices can be recast as

$$\vec{\nabla} \times \vec{J}_\alpha = -\frac{\mathcal{A}}{2} \varepsilon_{\alpha\beta\gamma} \vec{\boldsymbol{\Omega}}_\beta \times \vec{\boldsymbol{\Omega}}_\gamma, \quad (\text{A8})$$

which is analogous to the Mermin-Ho relation in ${}^3\text{He-A}$.⁴⁴ Equation (A7) can be easily proved in versor notation since

$$\begin{aligned} \partial_{\mu_1} \mathbf{\Omega}_{\mu_2} - \partial_{\mu_2} \mathbf{\Omega}_{\mu_1} &= 2 \partial_{\mu_2} \mathbf{q} \wedge \partial_{\mu_1} \mathbf{q}^* - 2 \partial_{\mu_1} \mathbf{q} \wedge \partial_{\mu_2} \mathbf{q}^* \\ &= \mathbf{\Omega}_{\mu_1} \times \mathbf{\Omega}_{\mu_2}, \end{aligned} \quad (\text{A9})$$

so long as the order parameter is single-valued and, therefore, $\partial_{\mu_1} \partial_{\mu_2} \mathbf{q} = \partial_{\mu_2} \partial_{\mu_1} \mathbf{q}$.

The internal spin frame of reference is defined locally by the tetrad of vectors $\hat{\mathbf{e}}_\alpha = \hat{R} \cdot \hat{\boldsymbol{\alpha}}$, $\alpha = x, y, z$. By projecting Eq. (A7) onto these director vectors, we obtain

$$\hat{\mathbf{e}}_\alpha \cdot (\mathbf{\Omega}_i \times \mathbf{\Omega}_j) = \hat{\mathbf{e}}_\alpha \cdot (\partial_i \hat{\mathbf{e}}_\alpha \times \partial_j \hat{\mathbf{e}}_\alpha). \quad (\text{A10})$$

Furthermore, the projection of the spin current onto the vectors $\{\hat{\mathbf{e}}_\alpha\}_\alpha$ defines the components of the *internal spin current*, namely the spin current measured in the internal spin frame of the texture:

$$\vec{J}_{(\alpha)} = \hat{\mathbf{e}}_\alpha \cdot \vec{J} = \left[\hat{R}^T \cdot \vec{J} \right]_\alpha. \quad (\text{A11})$$

Equation (A7) can be recast as

$$\left[\vec{\nabla} \times \vec{J}_{(\alpha)} \right]_k = -\frac{\mathcal{A}}{2} \epsilon_{ijk} \hat{\mathbf{e}}_\alpha \cdot (\partial_i \hat{\mathbf{e}}_\alpha \times \partial_j \hat{\mathbf{e}}_\alpha), \quad (\text{A12})$$

which implies that the circulation of the α -component of the internal spin current along a closed loop is proportional to the solid angle subtended by the surface defined by $\hat{\mathbf{e}}_\alpha$ on the planar section enclosed by the loop. Therefore, in the absence of singularities in the order parameter, the spin current can only decay in multiples of $4\pi\mathcal{A}$ because the solid angle is quantized in units of 4π (provided that $\hat{\mathbf{e}}_\alpha$ points towards the same direction far away from the phase-slip event).

2. Versors under parity and time-reversal symmetries

The order-parameter manifold of magnetic systems with frustrated interactions dominated by exchange is generically built upon applying SO(3) rotations to a given ground state G , which corresponds to a classical solution (a minimum) of the free-energy landscape.^{7,17,18} These rotations connect physically distinguishable spin configurations with the same energy. Nonequilibrium deviations within the free-energy basin are described by smoothly varying (in space and time) elements of SO(3) in this approach.

Let \hat{P} and \hat{T} be the operators (in spin space) corresponding to the representations of parity and time-reversal symmetry operations, respectively. Note that the action of these symmetries on the ground state $|G\rangle$ leads to isoenergetic states $|G'\rangle$ that belong in general to other energy basins. The spin rotation operator \hat{U} acting on the whole set of spins is the direct sum of irreducible representations of SU(2) acting on individual

spins \mathbf{S}_i (i labels here the spatial position). The identities $|G'\rangle \equiv \hat{T}\hat{U}|G\rangle = \hat{U}\hat{T}|G\rangle$ and $|G''\rangle \equiv \hat{P}\hat{U}|G\rangle = \hat{U}\hat{P}|G\rangle$ follow from

$$\hat{T} \mathbf{S}_i \hat{T}^{-1} = -\mathbf{S}_i, \quad (\text{A13a})$$

$$\hat{P} \mathbf{S}_i \hat{P}^{-1} = \mathbf{S}_i, \quad (\text{A13b})$$

so that $\hat{P}\hat{U}\hat{P}^{-1} = \hat{U}$ and $\hat{T}\hat{U}\hat{T}^{-1} = \hat{U}$. With account of Eq. (A1), we have the identities

$$\bullet \quad \hat{P}\hat{U}\hat{P}^{-1} = \hat{P}w\hat{P}^{-1} - i\hat{P}\mathbf{v}\hat{P}^{-1} \cdot \hat{P}\boldsymbol{\sigma}\hat{P}^{-1} \quad (\text{A14})$$

$$= w - i\mathbf{v} \cdot \boldsymbol{\sigma} = \hat{U} \implies \mathbf{q} \xrightarrow{\hat{P}} \mathbf{q},$$

$$\bullet \quad \hat{T}\hat{U}\hat{T}^{-1} = \hat{T}w\hat{T}^{-1} + i\hat{T}\mathbf{v}\hat{T}^{-1} \cdot \hat{T}\boldsymbol{\sigma}\hat{T}^{-1} \quad (\text{A15})$$

$$= w - i\mathbf{v} \cdot \boldsymbol{\sigma} = \hat{U} \implies \mathbf{q} \xrightarrow{\hat{T}} \mathbf{q},$$

Thus, the quaternions that parametrize SO(3) rotations (with respect to the new basin) remain invariant under the inversion operations.

Appendix B: Collective-variable approach for skyrmions

Time dependence of the SO(3)-order parameter for the hard cut-off ansatz is encoded in the soft modes of the skyrmion texture, namely its center of mass: $\hat{R}(t, \vec{r}) \equiv \hat{R}[\vec{r} - \vec{\mathfrak{R}}(t)]$. At the same time, the canonical momentum $\vec{\Pi}$ conjugate to $\vec{\mathfrak{R}}$ reads

$$\vec{\Pi} = - \int d^3\vec{r} \, \mathbf{m} \cdot \vec{\Omega}. \quad (\text{B1})$$

With account of the equation of motion, $\mathbf{m} = \chi\boldsymbol{\omega}$, and of $\partial_t \hat{R} \approx -(\dot{\vec{\mathfrak{R}}} \cdot \vec{\nabla}_{\vec{r}}) \hat{R}$ for rigid skyrmions, we can write the canonical momentum as $\Pi_i = M_{ij} \dot{\mathfrak{R}}_j$, where the inertia tensor takes the form:

$$\begin{aligned} M_{ij} &= \chi \int d^3\vec{r} \, \mathbf{\Omega}_i \cdot \mathbf{\Omega}_j = 4\chi \int d^3\vec{r} \, (\partial_i w \partial_j w + \partial_i \mathbf{v} \cdot \partial_j \mathbf{v}) \\ &= \mathcal{M} \delta_{ij}, \end{aligned} \quad (\text{B2})$$

with $\mathcal{M} = \frac{16\pi}{9}(\pi^2 + 3)\chi R_\star$. For the final result, we have used the ansatz given in the main text.

We model dissipation by means of the Gilbert-Rayleigh function⁷

$$\mathcal{R}[\hat{R}] = \frac{\alpha s}{2} \int d^3\vec{r} \, \boldsymbol{\omega}^2 = \frac{\alpha s}{4} \int d^3\vec{r} \, \text{Tr} \left[\partial_t \hat{R}^T \partial_t \hat{R} \right], \quad (\text{B3})$$

which provides the dominant term in the low-frequency (compared to the microscopic exchange J) regime. Within the collective-variable approach it becomes

$$\mathcal{R}[\hat{R}] = \frac{1}{2} \dot{\vec{\mathfrak{R}}} \cdot [\Gamma] \cdot \dot{\vec{\mathfrak{R}}}, \quad \Gamma_{ij} = \frac{M_{ij}}{\mathcal{T}}, \quad (\text{B4})$$

where $\mathcal{T} = \chi/s\alpha$ represents a relaxation time. Therefore, the Euler-Lagrange equations for the skyrmion center (the so-called Thiele equation) turn out to be:

$$\mathcal{M}\ddot{\vec{\mathfrak{R}}} + \frac{\mathcal{M}}{\mathcal{T}}\dot{\vec{\mathfrak{R}}} = \vec{f}, \quad (\text{B5})$$

where $\vec{f} \equiv -\delta_{\vec{\mathfrak{R}}}\mathcal{F}$ is the conservative force.

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