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## Exceptional Points in Random-Defect Phonon Lasers

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### Random-defect phonon laser at exceptional points

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Intrinsic defects in optomechanical devices are generally viewed to be detrimental for achieving coherent amplification of phonons and thus great care has been exercised in fabricating devices and materials with no or minimal number of defects. Contrary to this view, here we show that, by surpassing an exceptional point (EP), both the mechanical gain and the phonon number can be enhanced despite increasing defect losses. This counterintuitive effect, well described by an effective non-Hermitian phonon-defect model, provides a mechanical analog of the loss-induced purely-optical lasing. This opens up the way to operate random-defect phonon devices at EPs.

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#### I. INTRODUCTION

Advances in cavity optomechanics (COM) in the past decade have led to many practical applications, such as ultra-sensitive motion sensors, quantum transducers, and low-noise phonon devices [1, 2]. The phonon analog of an optical laser was also achieved in COM [3]. Compared to phonon lasers in, e.g., cold ions, superlattices, or electromechanical systems [4–6], COM-based devices feature a continuously tunable gain spectrum to selectively amplify phonon modes, from radio frequency to microwave rates, with an ultralow threshold [3, 7]. This provides a powerful tool to study quantum acoustic effects, e.g., two-mode correlations [8], sub-Poissonian distributions [9], and squeezing [10–12], which are useful in enhancing the performance of phonon devices in acoustic sensing, imaging, or switching [13–19].

Very recently, COM devices with balanced gain and loss have also attracted growing interest [20–28]. The gain is provided by doping active materials, e.g., rareearth ions or dyes, into the resonator [20]. Such systems exhibit non-Hermitian degeneracies known as exceptional points (EPs), where both the eigenvalues and the corresponding eigenfrequencies of the system coalesce. Approaching an EP drastically affects the dynamics of a physical system, leading to many unconventional effects, e.g., loss-induced coherence [29, 30], invisible sensing [31– 33], and chiral-mode switch [34]. Novel EP physics has also been explored experimentally in acoustic [35], electronic [36], and atomic systems [37], as well as in a COM device [38], opening up the way to phononic engineering at EPs.

In this work we study the emergence of an EP in COM. The EP arises in the phonon-lasing regime, by tuning the loss of intrinsic two-level-system (TLS) defects naturally existing in amorphous materials used in the fabrication of COM devices [39–51]. In a COM system, the role of TLS defects was already studied in the phonon cooling regime [52], while neglected so far in the phonon lasing regime. Counterintuitively, we find that in the phononlasing regime, increasing the defect loss leads to the enhancement of both mechanical gain and emitted phonon number. Despite its similarity to optical loss-induced effects [29, 30, 51], our work provides the first route to achieve a EP-enhanced phonon laser without any optical gain. In view of rapid advances in phonon devices [13], EP optics, and COM with defects [51–53], our findings hold the promise to be observed in practical phonon-laser systems with intrinsic defects.

TLS defects can couple to different modes of a system via different mechanisms, e.g., to superconducting qubits [47–50] via electric dipole moments and to phonons via strain forces [40–42]. For many years, TLS defects were considered as a main source of loss and decoherence, and as such, techniques have been developed to decrease the number of defects [40-47]. However, recent studies have shown that they can play useful roles in e.g., TLS quantum memory [48, 49], circuit control [50], and optical lasing [51]. In COM systems, a strong TLS-phonon coupling, well described by a Javnes-Cummings-like model, was utilized to achieve phonon cooling [52, 53]. Here we show that phonon lasing can be enhanced by steering lossy defects [42, 45], instead of using any additional loss compensation technique via gain materials. Our work, as far as we know, provides, for the first time, a scheme to

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FIG. 1: Schematic illustrations of the random-defect phonon laser. (a) The top resonator, coupled to a tapered fiber, supports a mechanical mode b [3] and contains a defect-induced TLS. (b) The optical mode  $a_1$ , which is coupled to mode  $a_2$ with strength J, interacts with b, which, in turn, is coupled to the TLS with the strength  $g_d$ . The TLS decay rate is denoted by  $\gamma_q$ , and  $\gamma'_m = \gamma_m - G_0$  is the effective mechanical damping rate, while  $G_0$  is the mechanical gain.

realize loss-induced phonon lasing in COM systems and to use it for steering phonon devices. The critical point, observed for our full Hermitian system, coincides well with an EP emerging in an effective non-Hermitian TLSphonon system. Despite its similarity to the loss-induced revival of an optical laser [30], both the underlying coupling and the critical condition for our COM system, as shown here, are clearly different.

#### **II. MODEL AND SOLUTIONS**

We consider two whispering-gallery-mode resonators (having the same resonance frequency  $\omega_c$  and loss rate  $\gamma$ , see Fig. 1), one of which supports a radially-symmetric mechanical breathing mode with effective mass m, frequency  $\omega_m$  and damping rate  $\gamma_m$ . The resonators are made of silica, silicon, or silicon nitride having intrinsic or artificially doped TLS defects, which can be coupled to the phonon mode via mechanical strain [46, 52, 53]. The strength of the coupling between the TLS and the mechanical mode, derived from linear elastic solid theory [52], is given as

$$g_d \approx \frac{D_T}{\hbar} \frac{\Delta_0}{\omega_q} S_{zpf}, \quad S_{zpf} = \sqrt{\frac{\hbar\omega_m}{2YV_m}}$$
(1)

where  $\omega_q = \sqrt{\Delta_0^2 + \Delta_a^2}$  is the tunable energy difference of the excited and ground states of the TLS [42, 46],  $\Delta_0$ is the tunnel splitting frequency,  $\Delta_a$  is the asymmetry frequency,  $S_{\rm zpf}$  is the zero-point strain-field fluctuation [43, 52], Y is the Young's modulus, and  $V_m$  is the mechanical mode volume determined by tensorial strain profiles [52]. Note that the mechanical deformation potential  $D_T$ can be measured experimentally [43], and  $\Delta_a$  and thus  $\omega_a$ or  $g_d$  can be tuned using external microwave or electric fields [51].  $\delta \omega_q / 2\pi \sim 1 \text{ MHz}$  is achievable with a moderate field of  $\sim 10^3 \, \text{V/m}$ , allowing a TLS-phonon coupling which is strong enough to exceed  $\gamma$  [43, 45]. The TLSphonon coupling  $g_d$  is strong enough to exceed  $\gamma$  [52]. In addition, as shown in Ref. [52], the typical number  $N_T$  of TLSs that can couple resonantly to a phonon mode, i.e., those within the bandwidth  $g_d$  around  $\omega_m$ , is estimated as  $N_T \lesssim 1$  or  $N_T \ll 1$ , which can be further tuned by e.g., shifting an off-resonant TLS into resonance with the considered phonon mode [52].

In the rotating frame at the pump frequency  $\omega_l$ , the Hamiltonian of the defect-COM system can be written at the simplest level as  $H = H_0 + H_{\text{int}} + H_{\text{dr}}$ , with

$$H_{0} = -\Delta(a_{1}^{\dagger}a_{1} + a_{2}^{\dagger}a_{2}) + \omega_{m}b^{\dagger}b + \frac{\omega_{q}}{2}\sigma_{z},$$
  
$$H_{\text{int}} = J(a_{1}^{\dagger}a_{2} + a_{2}^{\dagger}a_{1}) - \xi a_{1}^{\dagger}a_{1}x + g_{d}(b^{\dagger}\sigma_{-} + \sigma_{+}b), \quad (2)$$

and

$$H_{\rm dr} = i(\varepsilon_l a_1^{\dagger} - \varepsilon_l^* a_1),$$

where  $a_1$ ,  $a_2$ , or b denote the annihilation operators of the optical modes or the mechanical mode,  $x = x_0(b^{\dagger} + b)$  is the mechanical displacement operator,

$$\Delta \equiv \omega_l - \omega_c$$

denotes the detuning between the pump laser and the cavity resonance,  $\xi = \omega_c/R$  is the COM coupling strength, R is the resonator radius,  $x_0 = (1/2m\omega_m)^{1/2}$ , while  $\sigma_z$ ,  $\sigma_-$  and  $\sigma_+$  are the Pauli operators of the TLS defined as

$$\sigma_z = |e\rangle\langle e| - |g\rangle\langle g|, \ \sigma_- = |g\rangle\langle e|, \ \sigma_+ = |e\rangle\langle g|.$$

The pump field amplitude is given by

$$\varepsilon_l = (2P_l\gamma/\hbar\omega_l)^{1/2},$$

where  $P_l$  is the pump power. The Jaynes-Cummings-like model describes the strain-induced TLS-COM coupling, all details of theoretical derivations of which can be found in previous works on the defect-assisted COM, based on a linear elastic solid-state theory [46, 52, 53]. The parameter values used in our numerical simulations satisfy the validity condition

$$g_d \ll \omega_q \approx \omega_m$$

of this effective model [52].

#### A. Super-mode picture

To derive the Hamiltonian in the optical supermode picture, we define the operator  $a_{\pm} = (a_1 \pm a_2)/\sqrt{2}$ , which transforms  $H_0$  and  $H_{dr}$  into

$$\mathcal{H}_{0} = \omega_{+}a_{+}^{\dagger}a_{+} + \omega_{-}a_{-}^{\dagger}a_{-} + \omega_{m}b^{\dagger}b + \frac{\omega_{q}}{2}\sigma_{z},$$
$$\mathcal{H}_{dr} = \frac{i}{\sqrt{2}}\left[\varepsilon_{l}(a_{+}^{\dagger} + a_{-}^{\dagger}) - h.c.\right],$$
(3)

with  $\omega_{\pm} = -\Delta \pm J$ . Similarly,  $H_{\rm int}$  becomes

$$\mathcal{H}_{\text{int}} = -\frac{\xi x_0}{2} \left[ (a_+^{\dagger} a_+ + a_-^{\dagger} a_-) - (a_+^{\dagger} a_- + \text{H.c.})(b^{\dagger} + b) \right] + g_d (b^{\dagger} \sigma_- + \sigma_+ b).$$
(4)

In the rotating frame with respect to  $\mathcal{H}_0$ , we have

$$\mathcal{H}_{\text{int}} = -\frac{\xi x_0}{2} \left( a_+^{\dagger} a_- b e^{i(2J-\omega_m)t} + \text{H.c.} \right) - \frac{\xi x_0}{2} \left( a_+^{\dagger} a_- b^{\dagger} e^{i(2J+\omega_m)t} + \text{H.c.} \right) + \frac{\xi x_0}{2} \left( a_+^{\dagger} a_+ + a_-^{\dagger} a_- \right) \left( b^{\dagger} e^{i\omega_m t} + \text{H.c.} \right) + g_d \left[ b^{\dagger} \sigma_- e^{i(\omega_m - \omega_q)t} + \text{H.c.} \right].$$
(5)

Considering the rotating-wave approximation

$$2J + \omega_m, \omega_m \gg |2J - \omega_m|, |\omega_q - \omega_m|,$$

we have

$$\mathcal{H}_{\rm int} = -\frac{\xi x_0}{2} (a_+^{\dagger} a_- b + b^{\dagger} a_+ a_-^{\dagger}) + g_d (b^{\dagger} \sigma_- + \sigma_+ b).$$
(6)

The first term describes the phonon-mediated transition between optical supermodes, and the second term describes the coupling between the phonon and the TLS defect. Thus, in the supermode picture, the optomechanical coupling is transformed into an effective coupling describing defect-assisted phonon lasing. The TLS can be excited by absorbing a phonon generated from the transition between the upper optical supermode and the lower one, and as such it can strongly modify the behavior of the phonon lasing.

The Heisenberg equations of motion of the system can then be written as

$$\dot{a}_{+} = (-i\omega_{+} - \gamma)a_{+} + \frac{i\xi x_{0}}{2}a_{-}b + \frac{\varepsilon_{l}}{\sqrt{2}} + \sqrt{\gamma}a_{\mathrm{in}},$$

$$\dot{a}_{-} = (-i\omega_{-} - \gamma)a_{-} + \frac{i\xi x_{0}}{2}a_{+}b^{\dagger} + \frac{\varepsilon_{l}}{\sqrt{2}} + \sqrt{\gamma}a_{\mathrm{in}},$$

$$\dot{b} = (-i\omega_{m} - \gamma_{m})b + \frac{i\xi x_{0}}{2}a_{+}^{\dagger}a_{-} - ig_{d}\sigma_{-} + \sqrt{2\gamma_{m}}b_{\mathrm{in}},$$

$$\dot{\sigma}_{-} = (-i\omega_{q} - \gamma_{q})\sigma_{-} + ig_{d}b\sigma_{z} + \sqrt{2\gamma_{q}}\Gamma_{-},$$

$$\dot{\sigma}_{z} = -2\gamma_{q}(\sigma_{z} + 1) - 2ig_{d}(\sigma_{+}b - b^{\dagger}\sigma_{-}) + \sqrt{2\gamma_{q}}\Gamma_{z}.$$
(7)

Here  $a_{\rm in}$ ,  $b_{\rm in}$ ,  $\Gamma_-$ , and  $\Gamma_z$  denote environmental noises corresponding to the operators a, b,  $\sigma_-$  and  $\sigma_z$ . We assume that the mean values of these noise operators are zero, i.e.

$$\langle a_{\rm in} \rangle = \langle b_{\rm in} \rangle = \langle \Gamma_- \rangle = \langle \Gamma_z \rangle = 0.$$

The fluctuations are small and we neglect the noise operators in our numerical calculations. Then, the defectassisted mechanical gain and the threshold power of the phonon lasing can be obtained.

In the super-mode picture, a crucial term describing the phonon-lasing process can be resonantly chosen from the Hamiltonian, under the rotating-wave approximation [3, 54] (for  $J \sim \omega_m/2, \omega_q \sim \omega_m$ ). The resonance  $\omega_m = \omega_q$ can be achieved by using a moderate field  $\sim 10^3 V/m$ , allowing a shift of  $\delta \omega_q/2\pi \sim 1 \text{ MHz}$  [43, 45, 52]. With the supermode operators  $p = a_-^{\dagger} a_+, a_{\pm} = (a_1 \pm a_2)/\sqrt{2}$ , the reduced interaction Hamiltonian is given by

$$\mathcal{H}_{\rm int} = -\frac{\xi x_0}{2} (p^{\dagger}b + b^{\dagger}p) + g_d (b^{\dagger}\sigma_- + \sigma_+ b). \tag{8}$$

The resulting Heisenberg equations of motion are

$$\dot{p} = (-2iJ - 2\gamma)p - \frac{i\xi x_0}{2}\delta nb + \frac{1}{\sqrt{2}}(\varepsilon_l^* a_+ + \varepsilon_l a_-^{\dagger}),$$
  
$$\dot{b} = (-i\omega_m - \gamma_m)b + \frac{i\xi x_0}{2}p - ig_d\sigma_-,$$
  
$$\dot{\sigma}_- = (-i\omega_q - \gamma_q)\sigma_- + ig_db\sigma_z,$$
  
$$\dot{\sigma}_z = -2\gamma_q(\sigma_z + 1) - 2ig_d(\sigma_+ b - b^{\dagger}\sigma_-),$$
 (9)

where  $p = a_{-}^{\dagger}a_{+}$ , and  $\delta n = a_{+}^{\dagger}a_{+} - a_{-}^{\dagger}a_{-}$  denotes the population inversion. The noise terms are negligible with a strong driving field. The steady-state values of the system can be obtained by setting  $\partial p/\partial t = 0, \partial \sigma_{-}/\partial t = 0$ , and  $\partial a_{\pm}/\partial t = 0$ , with  $\gamma, \gamma_q \gg \gamma_m$ , which leads to

$$p = \frac{1}{i(2J - \omega_m) + 2\gamma} \left[ \frac{1}{\sqrt{2}} (\varepsilon_l^* a_+ + \varepsilon_l a_-^\dagger) - \frac{i\xi x_0}{2} \delta n b \right],$$
  

$$\sigma_- = -\frac{g_d(\omega_q - \omega_m) + ig_d \gamma_q}{\gamma_q^2 + (\omega_q - \omega_m)^2 + 2g_d^2 n_b} b,$$
  

$$a_+ = \frac{\varepsilon_l(2i\omega_- + 2\gamma + i\xi x_0 b)}{2\sqrt{2\alpha} - i4\sqrt{2\gamma}\Delta},$$
  

$$a_- = \frac{\varepsilon_l(2i\omega_+ + 2\gamma + i\xi x_0 b^\dagger)}{2\sqrt{2\alpha} - i4\sqrt{2\gamma}\Delta},$$
(10)

where  $n_b$  denotes the expectation value of the phonon number and

$$\omega_{\pm} = -\Delta \pm J, \quad \alpha = J^2 + \gamma^2 - \Delta^2 + \frac{\xi^2 x_0^2}{4} n_b$$

Substituting these values into the equation of the mechanical mode results in

$$\dot{b} = \left(-i\omega_m + i\omega' + G - \gamma_m\right)b + C,\tag{11}$$

where

$$\begin{split} \omega' = & \frac{g_d^2(\omega_q - \omega_m)}{\gamma_q^2 + (\omega_q - \omega_m)^2 + 2g_d^2 n_b} - \frac{\xi^2 x_0^2 (2J - \omega_m)}{16\gamma^2 + 4(2J - \omega_m)^2} \\ & - \frac{\xi^2 x_0^2 \Delta |\varepsilon_l|^2}{[2(2J - \omega_m)^2 + 8\gamma^2](\alpha^2 + 4\Delta^2 \gamma^2)}, \\ C = & \frac{i|\varepsilon_l|^2 \xi x_0}{2i(2J - \omega_m) + 4\gamma} \cdot \frac{(\gamma - iJ)\alpha + 2\Delta^2 \gamma}{\alpha^2 + 4\Delta^2 \gamma^2}, \end{split}$$

and

$$\alpha = J^2 + \gamma^2 - \Delta^2 + \xi^2 x_0^2 n_b / 4.$$

The mechanical gain is then  $G = G_0 + G_d$ , with

$$G_{0} = \frac{\xi^{2} x_{0}^{2} \gamma}{2(2J - \omega_{m})^{2} + 8\gamma^{2}} \left[ \delta n - \frac{\Delta(2J - \omega_{m})|\varepsilon_{l}|^{2}}{\alpha^{2} + 4\Delta^{2}\gamma^{2}} \right],$$
  

$$G_{d} = -\frac{g_{d}^{2} \gamma_{q}}{\gamma_{q}^{2} + (\omega_{q} - \omega_{m})^{2} + 2g_{d}^{2} n_{b}}.$$
(12)

The role of lossy defects in mechanical amplification, described by  $G_d$ , has not been reported previously. From the condition  $G = \gamma_m$  and  $P_{\rm th} \approx \hbar(\omega_c + J)\gamma\delta n$  [3], the threshold power

$$P_{\rm th} = P_{\rm th,0} + P_{\rm th,d}$$

is found as

$$P_{\rm th,0} = \frac{2\hbar \left[ (2J - \omega_m)^2 + 4\gamma^2 \right] (\omega_c + J)\gamma_m}{(\xi x_0)^2} + \frac{\hbar \Delta (2J - \omega_m)(\omega_c + J)|\varepsilon_l|^2}{\lambda^2 + 4\Delta^2 \gamma^2},$$
$$P_{\rm th,d} = \frac{2\hbar g_d^2 \gamma_q(\omega_c + J) \left[ (2J - \omega_m)^2 + 4\gamma^2 \right]}{\xi^2 x_0^2 \left[ \gamma_q^2 + (\omega_m - \omega_q)^2 + 2g_d^2 n_b \right]}.$$
 (13)

Clearly, the presence of defects strongly alters G and  $P_{\rm th}$ , even when  $\Delta = 0$ . In the following, we first present the full numerical results, and then, to understand the observed counterintuitive effect, we introduce a reduced non-Hermitian TLS-phonon model. A comparative analysis of the full and reduced models then helps to establish the relation between the turning points of the former with the EPs emerged in the latter.

#### III. NUMERICAL RESULTS AND DISCUSSIONS

#### A. The full system: numerical results

Figure 2(a) shows the mechanical gain,  $G_0$  and G, as a function of the optical detuning  $\Delta$ , using experimentally accessible values [3, 20], i.e.  $R = 34.5 \,\mu\text{m}, \, m = 50 \,\text{ng}, \, \omega_c = 193 \,\text{THz}, \, \omega_m = 2\pi \times 23.4 \,\text{MHz}, \, \gamma = 6.43 \,\text{MHz}, \, \text{and} \, \gamma_m = 0.24 \,\text{MHz}$ . In the cooling regime (with  $\Delta < 0$ ), G is negative and can be enhanced by defects [52]. In the



FIG. 2: (a) The mechanical gains  $G_0$  (without defect) and G (with defect) as a function of the optical detuning  $\Delta$ . (b) G as a function of the defect loss  $\gamma_q$ . Here, for simplicity, we use  $\gamma_q/\gamma = 1$ ,  $g_d = 1$  MHz in (a),  $\Delta = 0.5\omega_m$  in (b), and  $J = 0.5\omega_m$  and  $P_l = 10 \,\mu$ W in (a,b).

lasing regime (with  $\Delta > 0$ ), the positive G is also strongly affected by defects. Note that the simplified condition  $\gamma_q/\gamma = 1$  used in Fig.2(a) is experimentally accessible, since  $\gamma_q$  is typically  $0.1 \sim 5$  MHz [55] and can be further enhanced by using external fields (or amorphous oxide layers) [46]. Clearly, the defect-induced reduction in G is minimized at  $\Delta/\omega_m \sim 0.5$ , and as Fig. 3(a) shows, the maximum phonon lasing occurs at  $\Delta/\omega_m \sim 0.5$ ,  $J/\omega_m \sim$ 0.5.

We stress that the TLS defects naturally and inevitably exist in all solid-state materials and introduce detrimental losses in optomechanical systems. Therefore, the ideal mechanical gain (in the absence of any defect)  $G_0$  can never be achieved in a practical device. In order to obtain  $G \rightarrow G_0$ , the intuitive way is to minimize, if not eliminate, the detrimental effects of TLS defects by preparing better and purer materials with no or minimal number of defects. In contrary to this view, we find that this can also be achieved by increasing the losses induced by TLS defects (e.g. by controlling the dissipation of existing defects or by introducing more defects that are coupled to



FIG. 3: (a) Mechanical gain G in a defect-assisted phonon laser versus the pump-cavity detuning  $\Delta$ . (b) The threshold power  $P_{\rm th}$  of the defect-assisted phonon laser versus the TLS decay rate  $\gamma_q$ . The parameters used here are  $\gamma_q = \gamma$ ,  $g_d =$ 1 MHz in (a) and  $J = 0.5\omega_m$ ,  $\Delta = 0.5\omega_m$  in (b). We choose  $\omega_q = \omega_m$  and  $P_l = 10 \,\mu$ W in both (a) and (b).

the mechanical mode). As shown in Fig. 2(b), a turning point appears for G as the TLS loss is increased: G first decreases with increasing TLS loss, until a critical value of  $\gamma_q$ . When this value is exceeded, more loss leads to an increasing *mechanical* gain, tending to the limit value  $G_0$  as we have numerically confirmed. Consequently, the phonon-lasing threshold power  $P_{\rm th}$  first increases and then decreases again with more loss, as shown in Fig. 3(b). This counterintuitive effect, emerging *only* in the mechanical-amplifying regime, has not been reported previously. Despite the similarity to lossinduced purely optical-lasing revival [29, 30], the underlying coupling and the critical condition of our hybrid COM system are clearly different.

### B. Active Jaynes-Cummings model

To intuitively understand the turning-point feature, as numerically revealed above, we resort to a reduced model with only the *active* phonon mode and the lossy defects,



FIG. 4: Super-mode spectrum of the reduced system, i.e., the real (a) and imaginary (b) parts of the eigenvalues of  $\mathcal{H}_{\text{eff}}$ , with the experimentally-accessible values of the tunable parameters  $J = 0.5\omega_m$ ,  $\gamma_q/\gamma = 1$ , and  $P_l = 7\,\mu\text{W}$  (the threshold value as measured in the experiment [3]).

i.e.,

$$\mathcal{H}_{\text{eff}} = (\omega_m - i\gamma'_m)b^{\dagger}b + (\omega_q - i\gamma_q)\sigma_+\sigma_- + g_d(b^{\dagger}\sigma_+ + \sigma_- b),$$

with the effective damping

$$\gamma'_m = \gamma_m - G_0.$$

We note that in a recent experiment[37], a similar route was adopted for achieving a non-Hermitian atomic system, where, by starting from a Hermitian Hamiltonian describing full atom-light interactions, an effective non-Hermitian model was deduced for atomic excitations (see also Ref. [56]). Choosing two basis states,  $|n_b, g\rangle$  and  $|n_b - 1, e\rangle$ , to diagonalize  $\mathcal{H}_{\text{eff}}$ , leads to the eigenvalues

$$E_{\pm} = \left(n_b - \frac{1}{2}\right)\omega_m + \frac{\omega_q}{2} - \frac{i}{2}\left[(2n_b - 1)\gamma'_m + \gamma_q\right] \\ \pm \frac{1}{2}\sqrt{4n_b g_d^2 + [\omega_q - \omega_m - i(\gamma_q - \gamma'_m)]^2}.$$
 (14)

The supermode spectrum of these eigenvalues is shown in Fig. 4(a,b), where an EP is seen at the position close to the turning points in Fig. 2(b) and Fig. 3(b). This



FIG. 5: Mechanical gain G as a function of the TLS loss rate  $\gamma_q$ , for different values of  $\Delta$ . The parameters used here are  $J = 0.5\omega_m, \, \omega_q/\omega_m = 1$ , and  $P_l = 10 \, \mu$ W.



FIG. 6: Stimulated emitted phonon number. The phonon number  $N_b$  versus the pump power  $P_l$  (a) and the damping rate  $\gamma_q$  (b), with  $\omega_q/\omega_m = 1$ . Also we take the achievable values  $P_l = 10 \,\mu\text{W}$  in (a), and  $\gamma_q/\gamma = 1$ ,  $g_d = 1 \,\text{MHz}$  in (b).

EP, labelled by the critical value  $\gamma_q^{\text{EP}}$ , characterizes the transition between two distinct phases of the hybrid TLS-phonon system [30, 57–60]:

(i) for  $\gamma_q \leq \gamma_q^{\rm EP}$ , the supermodes are almost equally distributed between the phonons and the defects, and the active phonon mode partially or completely compensates the loss induced by the defects. Consequently, as  $\gamma_q$  is increased, the system has less net mechanical gain;

increased, the system has less net mechanical gain; (ii) for  $\gamma_q > \gamma_q^{\text{EP}}$ , the supermodes become increasingly localized such that one dominantly resides in the phonon mode and the other in the defects. Hence with increasing  $\gamma_q$ , the supermode which is dominant in the defects experiences more loss, while the supermode which is dominant in the phonon mode experiences less loss (i.e., increased mechanical gain).

For the special case  $\omega_q/\omega_m = 1$  [52], the EP emerges at

$$\gamma_q^{\rm EP} = \gamma_m' + 2\sqrt{n_b}g_d.$$

while when  $\partial G/\partial \gamma_q = 0$ , the turning point of G is obtained at

$$\gamma_q^{\min} = \sqrt{2n_b} g_d. \tag{15}$$

The slight shift of the turning point from the exact EP position is due to the fact that  $\gamma_q^{\min}$  depends on  $\Delta$ , while the EP does not. A comparison of the turning points and the EPs for different values of the optical detuning is given in Fig. 5. We note that the slight shift of the turning point from the exact EP position was also observed in a purely-optical system (see Ref. [30]). We also note that the EP of this TLS-phonon system is reminiscent of that observed recently in a Jaynes-Cummings system with a single atom trapped in a high-Q cavity (by using, however, a different method of tuning the atom-cavity coupling) [61].

Finally, Fig. 6 shows the phonon number

$$N_b = \exp\left[2(G - \gamma_m)/\gamma_m\right],$$

as a function of the defect loss and the pump power. Features similar to those observed for the mechanical gain also appear for  $N_b$ , i.e. more loss leads to the suppression of  $N_b$  for  $\gamma_q \leq \gamma_q^{\min}$ , but  $N_b$  is enhanced with more loss for  $\gamma_q > \gamma_q^{\min}$ . The turning point of  $N_b$  is in exact correspondence with that of the mechanical gain, as shown in Fig. 2(b) or the threshold power in Fig. 3(b). Figure 6(b) shows that  $N_b$  is strongly dependent on  $\Delta$ , and the optimized condition  $\Delta/\omega_m = 0.5$ , as in the case without defects, still holds in the presence of TLS defects.

#### IV. CONCLUSION

In summary, we have studied the counterintuitive role of defects in the phonon-lasing process. We find that the exact evolutions of the mechanical gain and the threshold power exhibit a turning point as the loss is increased. This is closely related to the emergence of an EP in an effective non-Hermitian TLS-phonon system. When exceeding the EP, more TLS loss leads to an enhanced mechanical gain, with also a lowered threshold for the phonon laser. This indicates that the detrimental effects of intrinsic lossy defects (naturally existing in solid-state materials) in phonon lasing can be minimized. This sheds new light not only on EP physics and optomechanics, but also on practical control of random-defect phonon devices.

We note that the COM-based phonon laser was already experimentally realized [3, 7], and the effect of inevitablyexisting defects in the COM device was also studied in the phonon-cooling regime [52]. Our work goes beyond the previous works, extending the COM-TLS structures to the mechanical-amplifying regime and revealing the emergence of a loss-induced EP. We establish the relation between EP, TLS loss, and mechanical amplification, which has not been studied before. We also note that, besides material strain [50, 52, 62], the TLS energy splitting and damping rate can be controlled by external electric fields [51]. This opens the way for electricallytuned phonon lasing. Finally we remark that the optical effect of defects can be incorporated into the optical decay rate, and the mechanical strain only induces the phonon-TLS coupling (not any additional optical effect, see also Ref. [52]). In our future works, we will consider placing a nano-tip near the optical resonator [30] to study the interplay of the loss-induced optical EP [30] and the TLS-phonon EP, or placing an atom in the system [63] to study the interplay of the atom-photon coupling and the TLS-phonon coupling. It will be also of interests to study COM squeezing [64, 65] or sensing [17, 66] in the presence of TLS-phonon EPs.

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