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Fracturing in wet granular media illuminated by photoporomechanics

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Abstract

We study fluid-induced deformation and fracture of granular media, and apply photoporome-8 chanics to uncover the underpinning grain-scale mechanics. We fabricate spherical photoelastic 9 particles of 2 mm diameter to form a monolayer granular pack in a circular Hele-Shaw cell that is 10 initially filled with a viscous fluid. The key distinct feature of our system is that, with spherical par-11 ticles, the granular pack has a connected pore space, thus allowing for pore-pressure diffusion and 12 the study of effective stress in coupled poromechanical processes. We inject air into the fluid-filled 13 photoelastic granular pack, varying the initial packing density and confining weight. With our re-14 cently developed experimental technique, photoporomechanics, we find two different modes of fluid 15 invasion: fracturing in fluid-filled elastic media (with strong photoelastic response), and viscous 16 fingering in frictional fluids (with weak or negligible photoelastic response). We directly visualize 17 the evolving effective stress field, and discover an effective stress shadow behind the propagating 18 fracture tips, where the granular pack exhibits undrained behavior. We conceptualize the system's 19 behavior by means of a mechanistic model for a wedge of the granular pack bounded by two grow-20 ing fractures. The model captures the pore pressure build-up inside the stress shadow region, and 21 the grain compaction in the annular region outside. Our model reveals that a jamming transition 22 determines the distinct rheological behavior of the wet granular pack, from a friction-dominated 23 to an elasticity-dominated response. 24

25 INTRODUCTION

Multiphase flow through granular and porous materials exhibits complex behavior, the 26 understanding of which is critical in many natural and industrial processes. Examples in-27 clude infiltration of water into the vadose zone [1], growth and deformation of cells and 28 tissues [2], and geological carbon dioxide storage [3]. While fluid-fluid displacement in rigid 29 porous media has been studied in depth, the understanding of the interplay between multi-30 phase flow and granular mechanics remains an ongoing challenge [4]. In many granular-fluid 31 systems, the powerful coupling among viscous, capillary, and frictional forces leads to a 32 wide range of patterns, including desiccation cracks [5, 6], fractures [7–13], labyrinth struc-33 tures [14], granular fingers [15–17], corals, and stick-slip bubbles [18]. An in-depth study 34 of poromechanics behind these coupled solid-fluid processes is crucial to understanding a 35 wide range of phenomena, including methane migration in lake sediments [19], shale gas 36 production [20], and hillslope infiltration and erosion after forest fires [21]. 37

While fracturing during gas invasion in fluid-saturated media has been studied extensively 38 in experiments [7, 8, 10–13, 16, 22] and simulations [9, 17, 23–29], the underlying grain-scale 39 mechanisms behind the morphodynamics and rheologies exhibited by deformable granu-40 lar media remain poorly understood. To investigate the interplay between fluid and solid 41 mechanics of granular media, we adopt a recently developed experimental technique, pho-42 toporomechanics [30], to directly visualize the evolving effective stress field in a fluid-filled 43 granular medium during the fracturing process. The key idea behind our photoporome-44 chanics technique is the manufacturing of residual-stress-free photoelastic particles (such as 45 spheres or icosahedra) that allow for connectivity of the pore space, so that pore pressure 46 can diffuse and one fluid can displace another even without grain motion. In an earlier study 47 of root growth in photoelastic granular media, Barés et al. [31] manufactured cylindrical 48 photoelastic particles with a groove on the edge to allow for roots to grow between adjacent 49 grains and propagate deep inside the granular medium. This disc-with-groove geometry, 50 however, would likely experience strong adhesion/friction with the walls of the Hele-Shaw 51 cell, and it's a less realistic representation of granular materials than spherical particles. 52 Given the importance of frictional forces on the morphological regimes of the granular pack 53 [18, 22], here we focus on the impact of confining weight on the fracture patterns. We 54 also adopt packing density as a control variable, which proves to be key to rheological and 55

⁵⁶ morphological transitions in granular-fluid systems [18, 28].

In this study, we uncover two modes of air invasion under different initial packing den-57 sities and confining weights: fracturing in fluid-filled elastic media, and viscous fingering in 58 frictional fluids. We discover an effective stress shadow behind the propagating fracture tips, 59 where the intergranular stress is low and the granular pack exhibits undrained behavior. In 60 the annular region outside the fractured region, the mechanical response of the granular 61 medium transitions from friction-dominated to elasticity-dominated. To explain the ob-62 served distinct rheological behavior, we propose a mechanistic model for a wedge between 63 two fractures. Finally, we rationalize the emergence of fracturing across our experiments as 64 a jamming transition. 65

66 MATERIALS AND METHODS

Following the fabrication process in [30], we produce photoelastic spherical particles with 67 a diameter d = 2 mm (with 3.5% standard deviation) and a volumetric modulus $K_p =$ 68 1.6 MPa. We inject air into a monolayer of photoelastic particles saturated with silicone oil 69 $(\eta = 9.71 \text{ Pa} \cdot \text{s})$ in a circular Hele-Shaw cell [Fig. 1]. When particles are immersed in silicone 70 oil, the friction coefficient between particles is $\mu_p = 0.2 \pm 0.06$, and the friction coefficient 71 between the particle and the glass plate is $\mu_w = 0.05 \pm 0.02$. To observe the photoelastic 72 response of the particles, we construct a dark-field circular polariscope by means of a white 73 light panel together with left and right circular polarizers [32]. Vertical confinement is 74 supplied by a weight, W, adding up the weights from a confining weight, a light panel, 75 a polarizer, and a glass disk that rests on top of the particles. The free top plate with 76 prescribed confining weight is a natural representation of the conditions that prevail in 77 subsurface processes, where the vertical confining stress is constant and controlled by the 78 depth of the geologic stratum. To allow the fluids (but not the particles) to leave the cell, 79 the disk is made slightly smaller than the interior of the cell (inner diameter L = 21.2 cm), 80 resulting in a thin gap around the edge of the cell. A coaxial needle is inserted at the 81 center of the granular pack for saturation, fluid injection and pore pressure measurement. 82 We conduct experiments in which we fix the air injection rate (q = 100 mL/min) and the 83 syringe reservoir volume ($V_0 = 15 \text{ mL}$). We use three linear variable differential transformers 84 (LVDTs) to monitor the vertical displacement of the top plate. We adopt a dual-camera 85

system to record bright-field (camera A) and dark-field (camera B) videos. For the sample 86 preparation, the initial packing density (ϕ_0) of the granular pack is controlled by the total 87 mass of particles (M_s) , and is calculated in 2D through image analysis. Before the air 88 injection, we take a bright-field photo of the granular pack and create a binary mask with 89 an intensity threshold. We then calculate the initial 2D packing density (ϕ_0) by dividing 90 the number of particle pixels by the total number of pixels in the circular Hele-Shaw cell. 91 To study the impact of packing density and frictional force, we vary ϕ_0 from 0.78 to 0.84 92 $(M_s = 37 \text{ to } 40 \text{ g})$, and the confining weight W from 25 N to 85 N. The influence of the 93 confining weight (W) on ϕ_0 is negligible (< 0.2%). 94

To gain additional insight into the rheological behavior of the granular pack, we record 95 the spatiotemporal evolution of the packing density and effective stress fields from the ex-96 periments. To construct the 2D packing density field, we create a binary mask, then detect 97 particle positions by centroid finding in MATLAB, and compute the packing density at each 98 particle position within a sampling radius 3d [33] by dividing the number of particle pixels 99 by the total number of pixels within the sampling circle. We then construct the packing 100 density field for all the particles in the granular pack. To construct the effective stress 101 field, we retrieve the light intensity of the blue channel from dark-field images and convert 102 it into the effective stress value. To obtain the conversion factor between light intensity 103 and effective stress, we conduct a single-bead calibration that directly relates light intensity 104 to inter-particle force F [30]. By computing the Cauchy stress tensor for the calibrated 105 particle under the diametrical loading condition, we obtain the expression that relates the 106 inter-particle force to the effective stress, $\sigma' = \frac{6F}{\pi d^2}$ [34]. After this conversion, we visualize 107 the time evolution of the effective stress field from the dark-field images. 108

109 RESULTS AND DISCUSSION

In Fig. 2, we show the invasion patterns resulting from air injection for experimental conditions with the same confining weight (W = 25 N) and two different initial packing fractions ($\phi_0 = 0.84, 0.78$). The invasion patterns at breakthrough—when the invading fluid first reaches the outer boundary—indicate two invasion regimes: (I) fracturing in fluid-filled elastic media, with strong photoelastic response [Fig. 2(a)], and (II) viscous fingering in frictional fluids, with weak or negligible photoelastic response [Fig. 2(b)]. A light intensity



FIG. 1. Experimental setup: a monolayer of photoelastic particles (diameter d, initial packing density ϕ_0) saturated by silicone oil is confined in a circular Hele-Shaw cell (internal diameter L). Vertical confinement is supplied by a weight, W, adding up the weights from a confining weight, a light panel, a polarizer, and a glass disk that rest on top of the particles. The disk is slightly smaller than the cell to allow the fluids (but not particles) to leave the cell. Air is injected at a fixed flow rate q at the center of the cell with a coaxial needle, with the injection pressure monitored by a pore-pressure sensor. Three LVDTs are attached to the top of the light panel, capturing the vertical displacement of the top plate during the fracturing process. A white light panel, right and left circular polarizers form a dark-field circular polariscope. bright-field and dark-field videos are captured by cameras placed underneath the cell.

I = 0.65 in the blue channel of the dark-field images is adopted here as the threshold to 116 differentiate between the two regimes. We analyze the time evolution of the air-oil interface 117 morphology from bright-field images, and the rheological behavior of the granular pack from 118 dark-field images (see supplemental videos corresponding to the conditions in Fig. 2 and see 119 Appendix A for the complete visual phase diagram for a range of values of ϕ_0 and W). We 120 compute the ratio between viscous and capillary forces in the experiments as the modified 121 capillary number $Ca^* = \eta q R/(\gamma h d^2)$ [22], where oil viscosity $\eta = 9.71$ Pa·s, injection rate 122 q = 100 mL/min, cell radius R = 10.6 cm, interfacial tension $\gamma = 0.034 \text{ N/m}$, cell height 123 h = 2 mm, and particle diameter d = 2 mm, resulting in Ca^{*} = 6.3×10^3 . Therefore the 124 effect of capillarity is negligible and viscous effects are dominant in our experiments. 125

Regime I: Fracturing in fluid-filled elastic media. When particles have been densely 126 packed initially, air initially invades into the granular pack by expanding a small cavity at 127 the injection port, with the injection pressure P_{inj} ramping up during this period [Fig. 3(a)(d) 128 for $\phi_0 = 0.84$]. The onset of fracturing in our cohesionless granular packs is determined by 129 the viscous force from injection overcoming the frictional resistance between particles in the 130 granular pack. Before fracturing, the injection pressure increases, and this pressure increase 131 leads to an increased viscous force and, simultaneously, a decreased interparticle frictional 132 force from the lifting of the top plate—a combination that results in the emergence and 133 growth of fractures. Higher W results in higher peak pressure [Fig. 3(a)], and thus the 134 fracture network becomes more vigorous with well-developed branches (see Appendix A). 135 In this regime, the effective stress field exhibits a surprising and heretofore unrecognized 136 phenomenon: behind the propagating fracture tips, an *effective stress shadow*, where the 137 intergranular stress is low and the granular pack exhibits undrained behavior, emerges and 138 evolves as fractures propagate [Fig. 2(a), right]. 139

Regime II: Viscous fingering in frictional fluids. For granular packs with lower initial packing density ($\phi_0 = 0.78$), the system's rheology is akin to a frictional fluid [18, 28], as evidenced by the weak or negligible photoelastic response at breakthrough [Fig. 2(b), right]. The high-viscosity defending fluid inhibits the injected air from infiltrating into pore spaces [16]. The fluid-filled granular medium effectively behaves like a suspension [36], the morphology of which is dominated by the Saffman–Taylor instability [18, 37, 38].

The temporal evolution of the injection pressure and the vertical displacement of the top 146 plate encode the information to help understand the interplay between particle movement 147 and fluid-fluid displacement. At a high injection rate, the dynamics is dominated by the 148 viscous response to the flow in the cell [22]. For all the confining weights, the injection 149 pressure exhibits a peak followed by a decay, and a sharp drop corresponding to breakthrough 150 of air at the cell boundary [Fig. 3(a)]. There are three ways to accommodate the injected 151 air volume: compressing particles, driving defending fluid out of the cell, and lifting the 152 confining weight to create extra vertical room. This last mechanism is favored under our 153 experimental conditions, with injection pressure values ~ 30 kPa. As shown in Fig. 3(b) 154 where we plot the temporal evolution of the top plate's vertical displacement δh (normalized 155 by the grain size d), the top plate is indeed lifted noticeably during fracturing: $\delta h/d =$ 156 5%, 6%, 8% under W = 25 N, 65 N, 85 N, respectively. For the fracturing experiments at 157



FIG. 2. Bright-field (left), dark-field (middle) images of the invading fluid morphology at breakthrough, and histogram (right) of light intensity of the blue channel of the dark-field image before air injection (in gray color), and at breakthrough (in black color), corresponding to two different initial packing densities ϕ_0 , with confining weight W = 25 N. From the dark-field images that visualize the effective stress field, the invading morphology and rheology of the granular packs are classified as: (a) fracturing in fluid-filled elastic media, with strong photoelastic response (I > 0.65), $\phi_0 = 0.84$, or (b) viscous fingering in frictional fluids, with weak or negligible photoelastic response (I < 0.65), $\phi_0 = 0.78$. Behind the propagating fracture tips, the effective stress field exhibits an evolving "effective stress shadow", where the intergranular stress is low and the granular pack exhibits undrained behavior. See supplemental videos for the evolution of the morphology in each regime.

 $\phi_0 = 0.84$, the initial cell height (h_0) is 0.98d, 0.96d, 0.95d under W = 25 N, 65 N, 85 N, respectively (see Appendix B for detailed calculations). As W increases, a higher injection pressure is reached before the top plate is lifted [Fig. 3(a)], which stores a larger amount of air for fracturing. The invasion morphology at breakthrough [Fig. ??] shows that, for larger W, a larger volume of air is injected into the cell by either fracture branches or pore invasion, both of which contribute to lifting the top plate. During air injection, while all the particles are in contact with both the top and bottom plates (h(t) < d), the confining weight is balanced by contact forces between particles and plates and the integrated pore pressure force across the Hele-Shaw cell. When the top plate is lifted to h(t) > d, the vertical component of the interparticle force is negligible and the confining weight is balanced by the integrated pore pressure force only.

We determine the spatiotemporal evolution of the packing density and effective stress 169 fields as described in the Materials and Methods section [Fig. 3(e)(f)]. As fractures propa-170 gate, the pack is compacted ahead of the fracture tips, but exhibits a lower packing density 171 around the fractures, reflecting the moving-average procedure that we use to determine it. 172 In the fracturing experiments [Fig. ??], we observe an asymmetric fracturing morphology 173 with four to six fracture branches in total, and with one or two of them propagating faster 174 and soon reaching the boundary. In an effort to characterize the rheological heterogeneity of 175 the granular pack robustly and consistently across all the fracturing experiments, we define 176 the fracture radius $(r_{\rm frac})$ as the average distance from three representative fracture tips to 177 the injection port, including both the long fractures that first reach the boundary and one 178 or two shorter fractures near the injection port. As fractures propagate, the fracture radius 179 increases, and the effective stress field exhibits marked rheological heterogeneity [Fig. 3(f)]. 180 Behind the fracture tips $(r < r_{\rm frac}(t))$, we discover an *effective stress shadow*, where the 181 intergranular stress is low and the granular pack exhibits undrained behavior. Ahead of 182 the fracture tips $(r > r_{\rm frac}(t))$, particles in the annular region are compacted and behave 183 elastically. For the annular region, this distinct rheological behavior from a frictional to 184 an elastic response can be understood as a *jamming transition* [39, 40]. This is further 185 evidenced by the temporal evolution of the averaged packing density and effective stress in 186 the annular region outside fractures, ϕ_{out} and σ'_{out} [Fig. 3(c)], both of which rise above a 187 background value at the critical point of mechanical stability (ϕ_c, σ'_c) [28, 39–41]. To show 188 that fracturing is indeed the result of the transition to a solid-like rheological behavior, we 189 analyzed the evolution of the packing fraction as a function of radial distance, $\phi(r)$, at dif-190 ferent times, alongside the position of the fracture tip, for one of the fracturing experiments 191 $(\phi_0 = 0.84, W = 25 \text{ N}; \text{ Fig. 4})$. The initial packing fraction is sufficiently close to the crit-192 ical packing fraction ϕ_c that a relatively minor compaction elicits the formation and initial 193 propagation of a fracture. The granular pack jams sometime between $t_{ii} \sim t_{iii}$, after which 194 the fracture tip travels across the outer annular region, which is all above ϕ_c . 195



FIG. 3. Time evolution of (a) injection pressure P_{inj} , (b) normalized vertical displacement of the top plate $\delta h/d$, and (c) the averaged packing density ϕ_{out} in the annular region outside fractures for experiments with initial packing density $\phi_0 = 0.84$, and W = 25 N, 65 N, 85 N. Insets of (b), (c) show the time evolution of the normalized fracture radius r_{frac}/R , and the averaged effective stress σ'_{out} in the annular region outside fractures. The modeling results are plotted in dashed lines. For the experiment with $\phi_0 = 0.84$ and W = 25 N, a sequence of snapshots shows the time evolution of (d) interface morphology, (e) packing density field, and (f) effective stress field, where the radius of the blue circle represents the fracture radius (r_{frac}) averaged from three representative fracture tips.

Where does the effective stress shadow come from? And how does the rheology of a granular medium evolve during the fracturing process? To answer these questions, we hypothesize that the evolving effective stress shadow—the exhibited undrained behavior—stems from the buildup of pore pressure within the wedges of granular media between propagating fractures. The hypothesis emphasizes the strong coupling between fluid flow and solid mechanics underpinning the fracturing process.

To analyze the spatiotemporal evolution of the pore pressure, we develop a mechanistic model for a representative fracture wedge with an angle θ —a sector of the fluid-filled



FIG. 4. Radial distribution of the packing fraction $(\phi(r))$ for the fracturing experiment with $\phi_0 = 0.84, W = 25$ N. The temporal evolution of $\phi(r)$ is plotted at six time instances, t_0 at t = 0, and $t_i \sim t_v$ in Fig. 3. The location of the fracture tip is indicated with the cross marker. The packing fraction distribution behind the fracture tip is plotted in dashed lines, and ahead of the fracture tip in solid lines. The red dashed line shows the packing fraction at the jamming transition, $\phi = \phi_c = 0.85$.

granular medium delineated by two fractures originating from the cell center [Fig. 5(a)]. 204 We assume Hertz–Mindlin contacts [42] between particles and the plates, and calculate the 205 initial vertical compression of the granular pack under the confining weight $(h_0 < d)$. We 206 model the fracturing process until breakthrough. The proposed model for a representa-207 tive fracture wedge with an angle θ solves the time evolution of four unknowns: (1) the 208 injection pressure $P_{inj}(t)$; (2) the height of the granular pack h(t); (3) the length of the 209 fracture $r_{\text{frac}}(t)$; and (4) the azimuthally dependent pore pressure field $p(r, \theta, t)$. The set 210 of governing equations, along with their derivation and working modeling assumptions, is 211 included in Appendix B. 212

The modeling results of P_{inj} , h and r_{frac} for different confining weights show good agreement with the experimental data [Fig. 3(a)(b)]. The time evolution of the pore pressure field during fracturing provides important clues to decipher the system's behavior [Fig. 5(c)]. The flow velocity field demonstrates a highly inhomogeneous distribution of the pore pressure gradient, which concentrates near the fracture tips [Fig. 5(b)]. The model captures the pressure build-up inside the fracture radius, resulting in the aforementioned "effective stress shadow", a region in which the granular pack is under near-undrained conditions. These fluidized particles in the stress shadow lead to grain compaction in the annular region outside, which helps explain the distinct rheological behavior from a frictional to an elastic response [Fig. 5(a)].

With the insights from the pore pressure model, we expect a different fluid-flow behavior 223 in the loose and dense regions of the granular pack: a granular-fluid mixture behind the 224 fracture tips, and an elastic medium ahead of the fracture tips. The homogeneous granular 225 pack assumption in the pressure model (Appendix B) does not reflect the disparate rheology. 226 For the rheology model, we take an effective permeability k' [43] and viscosity η' [36] for 227 the granular-fluid mixture within the fracture radius and approximate the number of parti-228 cles $N_{\delta t}$ entering the annular region within a timestep as $N_{\delta t} = (v_p \delta t/d) \cdot [r_{\text{frac}}(t)\theta/d]$, with 229 $v_p = -(k'/\eta')(\partial p/\partial r)|_{r=r_{\rm frac}(t)}$, where v_p is the particle flow velocity at the fracture radius. 230 We update the two-dimensional packing density in the annular region as 231

$$\phi(t+\delta t) = \phi(t) + \frac{N_{\delta t} \frac{\pi d^2}{4}}{\frac{1}{2} (R^2 - (r_{\text{frac}}(t))^2)\theta}.$$
(1)

To infer the effective stress from the packing density, we adopt the power-law constitutive relationship $\sigma' - \sigma'_c = K \left\langle \frac{\phi - \phi_c}{\phi_c} \right\rangle^{\psi}$ [39, 40, 44–46]. The modeling results of $(\phi(t), \sigma'(t))$ in the annular region agree well with the experiments [Fig. 3(c)], capturing both the pore pressure evolution and rheology of the granular medium. A detailed account of the modeling parameters is included in Appendix B.

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To explore the rheological properties of the granular medium in the annulus, we conduct 239 the jamming transition analysis for the fracturing experiments. We determine the jamming 240 transition ϕ_c from the time evolution of the effective stress σ' as the intersection of two 241 straight lines: one fitting the response of the background state, and one fitting the asymptotic 242 behavior in the highly compacted state [28, 40, 47] [Fig. 6(a)]. We find that ϕ_c lies in the 243 range 0.83–0.85 for the fracturing experiments [Fig. 2(a), and regime I in Appendix A], with 244 higher ϕ_c corresponding to denser granular packs. The experimental value of ϕ_c is consistent 245 with the theoretical prediction that the system jams at the random close packing density 246 $\phi_c \approx \phi_{\rm rcp} \approx 0.84$ [28, 48–50]. We synthesize the elastic response of the system by plotting 247 the effective stress against the packing density, showing that, above ϕ_c , σ' follows a power-248 law increase, $\sigma' - \sigma'_c \sim (\phi - \phi_c)^{\psi}$, with the exponent ψ in the range 1.1–1.5 [Fig. 6(b)]. As 249



FIG. 5. A mechanistic model on fracturing that explains the effective stress shadow observed in experiments. (a) Schematic of the model setup for a fracture wedge with an angle $\theta = 60^{\circ}$. The granular flow driven by the concentrated pore pressure gradient within fracture tips keeps compacting particles in the annular region outside, leading to its increase in packing density and a rheological transition from frictional flow to elastic medium. (b) Modeled flow velocity field at time instance (iii) in Fig. 3(a). (c) Sequence of snapshots showing the time evolution of the modeling pore pressure field. Modeling conditions: $\phi_0 = 0.84$, W = 25 N, q = 100 mL/min, and $V_0 = 15$ mL.

confirmed in previous studies [28, 39, 40, 44, 45], the value of ψ lies between the value for 250 linear ($\psi = 1.0$) and Hertzian contacts ($\psi = 1.5$). In our stress-strain diagram [Fig. 6(b)], 251 the elastic response in the annular region indicates a value of $K \sim 200$ to 300 kPa, which 252 is close to the value measured in separate experiments [30]. Ideally, the parameters in 253 the constitutive relation (K, ψ) would be the same for all the experiments, reflecting the 254 material's elastic behavior after the jamming transition. In the experiments, though, this is 255 not the case, and the coefficients in the power law exhibit some variability in part at least due 256 to the asymmetric fracturing morphology and the inhomogeneous distribution of the packing 257 fraction and effective stress fields ahead of the fracture tips. In an effort to characterize the 258 rheological heterogeneity of the granular pack more robustly, in our mathematical model we 259 define the fracture radius $(r_{\rm frac})$ as the averaged distance from three representative fracture 260

²⁶¹ tips to the injection port.

262 CONCLUSIONS

In summary, we have studied the morphology and rheology of injection-induced fracturing 263 in wet granular packs via a recently developed experimental technique, photoporomechanics, 264 which extends photoelasticity to granular systems with a fluid-filled connected pore space 265 [30]. Experiments of air injection into photoelastic granular packs with different initial pack-266 ing densities and confining weights have led us to uncover two invasion regimes: fracturing 267 in fluid-filled elastic media, and viscous fingering in frictional fluids. Visualizing the evolving 268 effective stress field using photoporomechanics, we discover that behind the fracture tips, 269 an *effective stress shadow*—where the intergranular stress is low and the granular pack ex-270 hibits undrained behavior—evolves as fractures propagate. With a mechanistic model for 271 a fracture wedge, we capture the fluid pressure build-up inside the shadow region. We de-272 velop a rheology model that explains both the effective stress shadow behind the fracture 273 tips, and the distinct rheological behavior from a frictional to an elastic response for the 274 granular medium outside the fractures. Finally, we rationalize the emergence of fracturing 275 across our experiments as a jamming transition initially proposed in the context of coupled 276 pore-network/discrete-element models [28]. 277

Our study paves the way for understanding the mechanical and fracture properties of porous media that are of interest for many field applications, including plant root growth in granular material [31, 51], powder aggregation [52], rock mechanics [53], soil rheology [54], and geoengineering [55]. We demonstrate that photoporomechanics serves as a promising technique to study coupled fluid-solid processes in granular media [4] and may provide fundamental insights on specific applications, including energy recovery [56], gas venting [57], and geohazards [58].

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Appendix A: The Complete Visual Phase Diagram of Invading Fluid Morphology at Breakthrough

Figure 7 shows the complete visual phase diagram of invading fluid morphology for a range of values of ϕ_0 and W.

Appendix B: Mathematical Model of Coupled Fluid Pressure and Granular Mechanics

We develop a mechanistic model for a representative fracture wedge with an angle θ_0 . We assume Hertz-Mindlin contacts [42] between particles and the plates, and calculate the initial vertical compression of the granular pack under the confining weight ($h_0 < d$). We model the fracturing process until breakthrough of the injected fluid. The model solves the time evolution of four unknowns: (1) the injection pressure $P_{inj}(t)$; (2) the height of the granular pack h(t); (3) the length of the fracture $r_{frac}(t)$; and (4) the azimuthally dependent pore pressure field during fracturing, $p(r, \theta, t)$.

301 Governing equations

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1. We assume fluid flowing in a homogeneous porous medium of uniform packing density (ϕ_{3d}) , and time dependent uniform thickness (h(t)), in an azimuthally dependent manner. We perform a mass balance on an annulus sector between r and $r + \delta r$, θ and $\theta + \delta \theta$ (Fig. 8) for the incompressible defending fluid (silicone oil):

$$\rho_f(v_r r \delta \theta h - v_{r+\delta r}(r+\delta r) \delta \theta h + v_\theta \delta r h - v_{\theta+\delta\theta} \delta r h) = \frac{\partial(\rho_f r \delta r \delta \theta h (1-\phi_{3d}))}{\partial t} \quad (B. 1)$$

where ϕ_{3d} is the three-dimensional packing density of the granular pack, which is 307 computed as the ratio between the volume of particles, and the cell volume saturated 308 with the defending silicone oil. Before the air injection, $\phi_{3d} = \frac{V_s}{V_t} = \frac{M_s/\rho_s}{\pi R^2 h_0}$, where 309 M_s and ρ_s are the mass and density of photoelastic particles in a granular pack, 310 respectively. The initial cell height, h_0 , is calculated from the confining weight by 311 assuming Hertzian contacts between the particles and the glass plate. We estimate 312 the 3D packing density before air injection and also at breakthrough, a calculation 313 that shows a negligible difference between the two values. Therefore, in the model, we 314

take the 3D packing fraction as a constant calculated with the initial cell height, $\phi_{3d,0}$. Dividing the equation by $\rho_f \delta r \delta \theta$, and letting $\delta r \to 0$, $\delta \theta \to 0$:

$$-\frac{\partial(v_r rh)}{\partial r} - \frac{\partial(v_\theta h)}{\partial \theta} = \frac{\partial(rh(1-\phi_{3d}))}{\partial t},$$
 (B. 2)

³¹⁸ Combining with Darcy's law for the fluid velocity, we obtain:

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$$\frac{\partial (rh\frac{k}{\eta}\frac{\partial p}{\partial r})}{\partial r} + \frac{\partial (\frac{h}{r}\frac{k}{\eta}\frac{\partial p}{\partial \theta})}{\partial \theta} = \frac{\partial (rh(1-\phi_{3d}))}{\partial t},\tag{B. 3}$$

where k is the permeability of the granular pack and η is the viscosity of the defending fluid. We assume ϕ_{3d} , k, η to be constant in space and time. We then obtain the pressure diffusion equation for the defending fluid (silicone oil) in cylindrical coordinates as follows:

$$\frac{kh}{\eta} \left(\frac{\partial^2 p}{\partial r^2} + \frac{1}{r} \frac{\partial p}{\partial r} + \frac{1}{r^2} \frac{\partial^2 p}{\partial \theta^2} \right) = (1 - \phi_{3d}) \frac{\partial h}{\partial t}, \tag{B. 4}$$

2. Conservation of mass for the total air in the system:

$$P_{\rm inj}(t)(V_0 - qt + V_{\rm air}(t)) = P_0(V_0 + \pi r_0^2 h_0), \qquad (B. 5)$$

$$V_{\rm air}(t) = \pi r_0^2 h(t) + V_{\rm frac}(t),$$
 (B. 6)

$$V_{\rm frac}(t) = \frac{2\pi}{\theta_0} (r_{\rm frac}(t) - r_0) w h(t),$$
 (B. 7)

where V_0 is the syringe volume before air injection, r_0 is the injection port radius, $V_{air}(t)$ is the air volume in the cell that consists of the air volume at the injection port and the volume of fractures $V_{frac}(t)$, w is the fracture width, and P_0 is the atmospheric pressure.

329 3. Assuming incompressible solid grains, conservation of mass for the solid grains states 330 that

 $\frac{\partial V_s}{\partial t} = 0 \to \frac{\partial [(V_t(t) - V_{\rm air}(t))\phi_{3d}]}{\partial t} = 0, \tag{B. 8}$

where $V_t(t)$ is the total cell volume. As ϕ_{3d} is a constant with time, the equation becomes:

³³⁴
$$V_{\rm air}(t) = \pi R^2 (h(t) - h_0) + \pi r_0^2 h_0,$$
 (B. 9)

where R is the radius of the cell.

4. We establish the quasi-static force balance for the top plate assuming Hertzian contacts 336 for the granular pack. When all the particles are in contact with both the top and 337 bottom plates (h(t) < d), the confining weight is balanced by contact forces between 338 particles and plates and the integrated pore pressure force. When the top plate is 339 lifted to h(t) > d, particles have contacts with either the top or bottom plate, and the 340 vertical component (F_v) of the interparticle force (F_p) is negligible from the geometric 341 configuration, $\frac{F_v}{F_p} = \frac{h-d}{d} < 0.03$, and thus the confining weight is balanced by the 342 integrated pore pressure force only: 343

$$K_n \left\langle (d - h(t)) \right\rangle^{\frac{3}{2}} + P_{\text{inj}}(t) \pi r_0^2 + \frac{2\pi}{\theta_0} \int_{r_0}^R \int_{-\frac{\theta_0}{2}}^{\frac{\theta_0}{2}} p(r, \theta, t) r \, d\theta \, dr = W, \tag{B. 10}$$

where K_n is the contact normal stiffness of the granular pack under the confining weight.

347 Initial and boundary conditions

344

The initial conditions for the four unknowns $(P_{inj}(t), h(t), r_{frac}(t), and p(r, \theta, t))$ are as follows:

$$P_{\rm inj}(t=0) = 0,$$
 (B. 11)

$$h(t=0) = h_0 = d - (\frac{W}{K_n})^{2/3},$$
 (B. 12)

$$r_{\rm frac}(t=0) = r_0,$$
 (B. 13)

$$p(r_0 \le r \le R, -\frac{\theta_0}{2} \le \theta \le \frac{\theta_0}{2}, t = 0) = 0,$$
 (B. 14)

The boundary conditions are:

$$p(R, \theta, 0) = 0,$$
 (B. 15)

$$p(r_0 \le r \le r_{\text{frac}}(t), \pm \theta_0/2, t) = p(r_0, \theta, t) = P_{\text{inj}}(t),$$
 (B. 16)

$$\left. \frac{\partial p}{\partial \theta} \right|_{(r_{\text{frac}}(t) \le r \le R, \pm \theta_0/2, t)} = 0, \tag{B. 17}$$

348 Modeling parameters

A summary of the modeling parameters is shown in Table I. There is no fitting parameter in this model. The Hertzian-contact normal stiffness, K_n , is measured from a separate

Symbol	Value	Unit	Variable
r_0	2	mm	Injection port radius
R	10.6	cm	Hele-Shaw cell radius
M_s	40	g	Mass of the photoelastic particles
$ ho_s$	1	$\rm g/cm^3$	Density of the photoelastic particles
ϕ_{3d}	0.58, 0.59, 0.60		3D packing density under $W=25,65,85~\mathrm{N}$
W	$25,\!65,\!85$	Ν	Confining weight acting on the the granular pack
d	2	mm	Diameter of the photoelastic particles
K_n	9.4e7	$\mathrm{Nm}^{-3/2}$	Hertzian contact normal stiffness of the granular pack
q	100	mL/min	Air injection rate
V_0	15	mL	Air reservoir volume
P_0	101	kPa	Atmospheric pressure
θ	$\pi/3$		Angle of a representative fracture wedge
w	3d	mm	Fracture width
h_0	0.98d,0.96d,0.95d	$l \mathrm{mm}$	Initial height of the granular pack under $W=25,65,85~\mathrm{N}$
k	$(0.08d)^2$	mm^2	Permeability of the granular pack
k'	$d^2/12$	mm^2	Effective permeability of the granular-fluid mixture
η	9.71	Pa·s	Defending fluid viscosity
η'	9.8η	Pa∙s	Effective viscosity of the granular-fluid mixture [36]

TABLE I. Modeling parameters for a mechanistic model of a representative fracture wedge

experiment where we track the vertical displacement of the top plate as the confining weight increases from 10 N to 110 N, the permeability of the granular pack, k, is measured in consolidation experiments [30]. Other parameters are either calculated from the experimental set up $(r_0, R, M_s, \rho_s, \phi_{3d}, W, d, q, V_0, P_0, h_0, k', \eta, \eta')$, or directly measured during the fracturing experiments (w, θ_0) .

356 Numerical implementation

³⁵⁷ We use a finite difference numerical scheme to solve the four coupled governing equations ³⁵⁸ [B. 4, 5, 9 and 10]. The numerical implementation scheme for the mathematical model is ³⁵⁹ shown in Fig. 9. The fluid pressure is fully coupled with granular mechanics by solving the ³⁶⁰ unknown variables, h(t) and $r_{\rm frac}(t)$, iteratively until convergence at each time step.

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FIG. 6. Jamming transition analysis for the fracturing experiments ($\phi_0 = 0.84, 0.82, 0.80, W = 25$ N, 65 N, 85 N). (a) Determination of the critical packing density and effective stress at jamming for the experiment W = 25 N, $\phi_0 = 0.84$. (b) $\sigma' - \sigma'_c$ plotted against $\phi - \phi_c$ for the fracturing experiments, which follows the power-law constitutive relationship $\sigma' - \sigma'_c = K \left\langle \frac{\phi - \phi_c}{\phi_c} \right\rangle^{\psi}$ [39, 40, 44–46].



FIG. 7. Visual phase diagram of the bright-field (left) and dark-field (right) invading fluid morphology at breakthrough corresponding to different confining weights W and initial packing densities ϕ_0 . From dark-field images that visualize the effective stress field, the invading morphology and rheology of the granular packs is classified as fracturing in fluid-filled elastic media (with strong photoelastic response, $\phi_0 = 0.84, 0.82, 0.80$), or viscous fingering in frictional fluids (with weak or negligible photoelastic response, $\phi_0 = 0.78$). Behind the propagating fracture tips, the effective stress field exhibits an evolving "effective stress shadow", where the intergranular stress is low and the granular pack exhibits undrained behavior.



FIG. 8. An annulus sector used to derive the pressure diffusion equation in radial coordinates.



FIG. 9. Numerical implementation scheme for the mathematical model. The fluid pressure is fully coupled with granular mechanics by solving the unknown variables, h(t) and $r_{\text{frac}}(t)$, iteratively until convergence at each time step.