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Ultrafast insulator-to-metal transition in VO2 nanostructures assisted by picosecond strain pulses

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#### Abstract

Strain engineering is a powerful technology which exploits stationary external or internal stress of specific spatial distribution for controlling the fundamental properties of condensed materials and nanostructures. This advanced technique modulates in space the carrier density and mobility, the optical absorption and, in strongly correlated systems, the phase, e.g. insulator/metal or ferromagnetic/paramagnetic. However, while successfully accessing nanometer length scale, strain engineering is yet to be brought down to ultrafast time scales allowing strain-assisted control of state of matter at THz frequencies. In our work we demonstrate a control of an optically-driven insulator-to-metal phase transition by a picosecond strain pulse, which paves a way to ultrafast strain engineering in nanostructures with phase transitions. This is realized by simultaneous excitation of VO<sub>2</sub> nanohillocks by a 170-fs laser and picosecond strain pulses finely timed with each other. By monitoring the transient optical reflectivity of the VO<sub>2</sub>, we show that strain pulses, depending on the sign of the strain at the moment of optical excitation, increase or decrease the fraction of VO<sub>2</sub> which undergoes an ultrafast phase transition. Transient strain of moderate amplitude ~0.1% applied during ultrafast photoinduced non-thermal transition changes the fraction of VO2 in the laserinduced phase by  $\sim 1\%$ . By contrast, if applied after the photo-excitation when the phase transformations of the material are governed by thermal processes, transient strain of the same amplitude produces no measurable effect on the phase state.

# I. Introduction

During the last decades, strain engineering has developed into a powerful technology to control the electron density and mobility in semiconductors. Strain engineering is used particularly for fabrication of silicon based integrated circuits in microprocessors [1] and optical devices [2, 3]. Nowadays the interest in emerging quantum technologies and further miniaturization of electronic and optical devices has turned strain engineering towards nanoobjects like two-dimensional layers (for reviews see Ref. [4, 5]), quantum dots [6, 7] and nanotubes [8]. Strain engineering utilizes stationary spatial strain distributions for band gap engineering [9, 10] achieving high pseudo-magnetic fields [11] and anisotropic current channels [12, 13]. Strain engineering has also been proposed for magnetic phase separation [14] and signal processing [15].

It is appealing to extend strain engineering to the ultrafast temporal scale and control the electrons, lattice, and spins both in space and time. It has already been shown that picosecond strain pulses can be successfully used for ultrafast modulation of internal electric field [16], electron transport [17], laser output [18] and magnetic excitations [19-21]. In these works, the impact of picosecond strain pulses on a medium is governed by the deformation potential, piezoelectricity or magnetostriction. However, for realistic strain amplitudes ( $\sim 10^{-3}$ ), the low strength of these mechanisms means the practical applications of the technique are limited. The challenge in ultrafast strain engineering is either to develop methods to produce much higher strain on an ultrafast time scale, or to find mechanisms which provide a stronger strain-induced impact on electronic, structural and magnetic properties of nanostructures.

In the present Article we demonstrate experimentally an approach for ultrafast strain engineering, where picosecond strain pulses control ultrafast photo-induced phase transitions (PIPT) leading to a radical change of the media properties, e.g. dielectric susceptibility. The prerequisite for our work comes from the intensive studies of stationary strain- and stressinduced effects in nanoobjects fabricated from vanadium dioxide (VO<sub>2</sub>) [22, 23]. Vanadium dioxide possesses an insulator-to-metal phase transition at close to room temperature ( $T_c$ =340 K for zero stress), and uniaxial stationary stress experiments have shown that it is a reliable material for strain nano-engineering [24, 25]. The excitation of VO<sub>2</sub> by intense femtosecond optical pulses induces ultrafast non-thermal PIPT [26] (for review see Ref. [27]), which has been also shown to be susceptible to stationary stress or strain [28-30]. These and other studies of PIPT point to VO<sub>2</sub> being a prospective material for experiments where ultrafast strain engineering could be realized by combining the impacts of picosecond strain pulses and pulsed optical excitation. Our experimental studies unambiguously demonstrate that a picosecond strain pulse of amplitude of <0.1% impacts ultrafast non-thermal PIPT. Strain pulse of the same amplitude has negligible effect on the phase transition dynamics at the timescale longer than  $\sim 10$  ps after excitation, which is governed by temperature evolution.

The Article is organized as follows. In Sec. II we describe the main structural and optical properties of the epitaxial VO<sub>2</sub> nanohillocks grown on the Al<sub>2</sub>O<sub>3</sub> substrate, and introduce the pump-probe technique designed for combined excitation of a medium by optical and strain pulses. In Sec. III we describe the PIPT driven in VO<sub>2</sub>, by optical pulses and by combined action of the optical and strain pulses, as well as the effect the strain pulses alone have on the VO<sub>2</sub>. It is followed by the extended analysis presented in Sec. IVA which shows that the strain pulses can indeed impede or enhance ultrafast PIPT in VO<sub>2</sub>. In Sec. IVB we discuss a phenomenological model which qualitatively describes impact of picoseconds strain pulses on ultrafast PIPT, as well as on the nanosecond dynamics following PIPT. Conclusions and an outlook are presented in Sec. V.

# **II. Experimental**

#### A. VO2 nanohillocks on a Al<sub>2</sub>O<sub>3</sub> substrate

The sample was a layer of epitaxial VO<sub>2</sub> nanohillocks grown on a 350 µm-thick *c*-plane sapphire, Al<sub>2</sub>O<sub>3</sub>, substrate by pulsed laser deposition [31]. Atomic force microscope (AFM) images [Fig. 1(a) and Fig. 1(b)] show that the hillocks have a height of 70±20 nm and lateral size of 200±55 nm. The VO<sub>2</sub> nanohillocks grown on *c*-cut Al<sub>2</sub>O<sub>3</sub> are known to be single crystalline with the [001]<sub>M</sub>-axis oriented in the plane of the sapphire substrate [21-33]. Figure 1(c) shows the temperature hysteresis of the optical reflectivity *R* at a photon energy of 1.2 eV, and reveals the phase transition occurring at *T<sub>c</sub>*=340 K with coercivity of 20 K, which is typical for thin-film and nano-granular VO<sub>2</sub> samples [34, 35]. The changes of reflectivity from *R<sub>i</sub>* to *R<sub>m</sub>* at *T*=*T<sub>c</sub>* are due to the *changes of the refractive index* occurring when VO<sub>2</sub> undergoes the transition from insulating to metallic phase.

The sample was prepared for the experiments with picoseconds strain pulses, and a 140 nm thick Al film, serving as an opto-acoustic transducer [36], was sputtered on the back side of the sapphire.

# B. Combined optical-and-strain pump-probe setup

Figure 1(d) shows the pump-probe experimental scheme which allows combined excitation of a sample under study by femtosecond optical and picoseconds strain pump pulses. The laser source used is a 170 fs Yb:KGd(WO<sub>4</sub>)<sub>2</sub> regenerative amplifier with a central photon energy of 1.2 eV and a repetition rate of 5 kHz. Each pulse from the source is split into three

pulses. The first one, shown by red in Fig. 1(d), is the *optical pump pulse* with a fluence *W* used to excite PIPT. The optical pump pulse is incident on VO<sub>2</sub> nanohillocks and is focused to a spot of a size of  $55 \times 100 \ \mu\text{m}^2$ . The *second pulse*, shown by blue, is used to generate the strain pulses [36]. It is incident onto an Al transducer with the fluence of ~60 mJ/cm<sup>2</sup> and the spot size of  $110 \times 110 \ \mu\text{m}^2$ . The third one, shown by dashed black line in Fig. 1(d) is the *probe pulse* controlled by a scanning delay line and used for monitoring the temporal evolution of the reflectivity *R*(*t*) from the surface with VO<sub>2</sub> nanohillocks. For more details see Sec. III of the Supplemental Material [37].

We shall define the temporal reflectivity signals measured without and with strain pulses as  $R_0(t)$  and  $R_{\varepsilon}(t)$  respectively. The reflectivity  $R_0(t)$  can take values between  $R_i$  and  $R_m$  which are the stationary values of reflectivity when all nanohillocks are in the insulating or metallic phases respectively. For the used photon energy excitation 1.2 eV (wavelength 1.03 µm) the maximum relative change of time dependent reflectivity in our sample is  $(R_m - R_i)/R_i \sim 0.1$ .

#### **III. Experimental results**

#### A. Ultrafast PIPT in VO<sub>2</sub>

Figure 1(e) demonstrates the pump-probe temporal reflectivity signal  $R_0(\Delta t)$  in the absence of the strain pulse for three optical pump fluences, W and  $\Delta t = t - t_0$  ( $t_0$  is the time when optical pump pulse is applied). The inset in Fig. 1(e) shows the dependence of reflectivity signal  $R_0$  on W at  $\Delta t = 1$  ps after the optical pulse impact on the VO<sub>2</sub>. In agreement with earlier works [38-42] we see that the PIPT starts to take place above the threshold  $W_T=6$  mJ/cm<sup>2</sup>, and saturation is observed at  $W>W_S=20$  mJ/cm<sup>2</sup> indicating that all VO<sub>2</sub> nanohillocks within the probe spot have undergone the PIPT under such pump fluence [43]. The wide range of W between threshold  $W_T$  and saturation  $W_S$  results from a large dispersion of thresholds in the ensemble of nanohillocks with different sizes and other inhomogeneities [41]. The fraction of VO<sub>2</sub> which changes from insulating to metallic phase may be estimated from the fluence dependence of  $R_0$  presented in Fig. 1(e). For instance, this fraction is about 50% for the excitation density W=12.5 mJ/cm<sup>2</sup>.

#### B. Generation of strain pulses and elasto-optical response of VO<sub>2</sub>

Following optical excitation of the Al transducer by the second pump (shown by blue in Fig.1(d)), strain pulses are injected into the sapphire substrate and propagate through it with the sound velocity (11 km/s) transforming into *N*-shape pulses due to the nonlinear elastic properties of sapphire [44], and reach VO<sub>2</sub> in 32 ns. An example of the simulated temporal strain profile,  $\varepsilon_0(t)$ , with strain amplitude ~10<sup>-3</sup> in sapphire in the vicinity of the VO<sub>2</sub> layer is shown in Fig. 1(f).

Figure 1(g) shows the simulated and measured evolutions of strain-induced reflectivity changes  $\Delta r_0(t)$  in VO<sub>2</sub> in the absence of the optical pump (*W*=0). Further we designate the strain induced signal measured in the absence or presence of the pump beam exciting PIPT as  $\Delta r_0(t)$  and  $\Delta r_W(t)$  respectively. The temporal evolution of  $\Delta r_0(t)$  is governed *only by the photo-elastic effect* in VO<sub>2</sub> and is proportional to the product of mean strain  $\bar{\varepsilon}(t)$  in the VO<sub>2</sub> nanohillocks and the photoelastic constant *p* (*pi* or *pm* in the insulating and metallic phases respectively). The signal  $\Delta r_0(t)$  exhibits oscillatory behavior, and the temporal intervals where signal is positive and negative correspond to out-of-plane compression and tension respectively. The details of the strain and reflectivity simulations may be found in the Sec. I of Supplemental Material [37]. Optical parameters of VO<sub>2</sub> were taken from [45].

# C. Ultrafast PIPT in VO2 under combined excitation by optical and strain pulses

To examine the effect of a strain pulse on PIPT, we studied the reflectivity changes  $\Delta r_W(t)$  of the VO<sub>2</sub> nanohillocks under simultaneous impact of both strain and optical pump pulses. The diagram in Fig. 1(h) shows the sequence of incident optical pulses and strain pulse on the sample. The delay  $t_0$  is the time interval between the moments when the front edge of the strain pulse entered VO<sub>2</sub> and the optical pump pulse triggers PIPT. The value of  $t_0$  is set to a specific value during the experiments. By changing the delay  $t_0$  we induce PIPT during the strain pulse present in VO<sub>2</sub> (i.e.  $t_0>0$ ) or before the strain pulse reaches the interface between sapphire and nanohillocks (i.e.  $t_0<0$ ). Since the duration of the strain pulse when it reaches VO<sub>2</sub> is of ~100 ps (Fig. 1(e)), we can precisely adjust the temporal delay  $t_0$  of the 170 fs optical pump in such a way that the latter excites the VO<sub>2</sub> nanohillocks during the action of out-of-plane compressive or tensile strain  $\bar{\varepsilon}(t)$ . The reflectivity changes are probed at a variable time t which is counted from the moment the front edge of the strain pulse enters the VO<sub>2</sub> (t = 0).

The detection in our experiment is realized in a way that only the strain-induced changes of the reflectivity are monitored, either with or without the impact of the optical pump inducing PIPT, i.e.  $\Delta r_0(t)$  or  $\Delta r_W(t)$  respectively (for details see [37]). Then in the case of simultaneous excitation of VO<sub>2</sub> nanohillocks by optical pump and strain pulse the strain-induced probe signal  $\Delta r_W(t)$  may be written as:

$$\Delta r_{\mathcal{W}}(t) = p(t)\bar{\varepsilon}(t) + \left[R_{\varepsilon}(t,t_0) - R_0(t-t_0)\right] \tag{1}$$

There the first term describes the photo-elastic response proportional to the strain  $\bar{\varepsilon}(t)$  in VO<sub>2</sub> and p(t) is a corresponding photo-elastic constant. Both  $\bar{\varepsilon}(t)$  and p(t) depend on the phase, insulating or metallic, of VO<sub>2</sub>, and thus for  $W \neq 0$  the elasto-optical constant is a time dependent function and depends on W and t<sub>0</sub>. Only in the case W=0 we get  $\Delta r_W(t)=\Delta r_0(t)=p_i\bar{\varepsilon}(t)$ , where  $p_i$  is a photoelastic constant in the insulator phase. The second term in Eq. (1) which is the difference of the reflectivities with and without strain pulse  $[R_{\varepsilon}(t, t_0) \text{ and } R_0(t-t_0) \text{ respectively}]$  corresponds to the changes in the reflectivity governed by the changes *in refractive index due to PIPT* [for  $R_0(t-t_0)$  see Fig. 1(e)].  $R_{\varepsilon}(t,t_0)$  and  $R_0(t-t_0)$  have values between  $R_i$  and  $R_m$  and provide information on the VO<sub>2</sub> fraction transformed into metallic phase. The main goal of the experiments is to find the difference  $\Delta R_{\varepsilon}(t,t_0) = R_{\varepsilon}(t,t_0) - R_0(t-t_0)$  associated with the strain-induced changes of a fraction which has experienced PIPT.

We obtain  $\Delta R_{\varepsilon}(t,t_0)$  by subtracting the photoelastic contribution  $p(t)\bar{\varepsilon}(t)$  in Eq. (1), from the measured  $\Delta r_W(t)$ . For this we start with the case when optical excitation W exceeds the saturation level, W<sub>s</sub>, and all VO<sub>2</sub> hillocks undergo PIPT to the metallic phase. The effect of the strain pulse on the PIPT in this case should be negligible, which means that  $\Delta R_{\varepsilon}(t,t_0)=0$ , and all changes in  $\Delta r_W(t)$  are due only to the photoelastic effect. The results are presented in Fig. 2(a). The main, red curve, represents the measured signal when the optical pulse excites VO<sub>2</sub> simultaneously with the strain pulse at the delay to=60 ps corresponding to the tensile part of the out-of-plane component of the strain pulse. A sudden change takes place in  $\Delta r_W(t)$  at  $t=t_0$  [for highly resolved temporal evolution see the inset in Fig. 2(a)]. The black curve corresponds to a signal  $\Delta r_W(t) = \Delta r_0(t) = p_i \bar{\varepsilon}(t)$  at W=0, when all nanohillocks are in the insulating phase (see also Fig. 1(g)). The blue curve is the signal  $\Delta \tilde{r}(t) = \Delta r_W(t)|_{t_0 < 0}$  obtained when the optical pulse hits the VO<sub>2</sub> before the arrival of the strain pulse. We have shown that for  $W > W_S$ ,  $\Delta \tilde{r}(t)$  is equal to  $\Delta r_m(t) = p_m \bar{\varepsilon}(t)$  ( $p_m$  is photoelastic constant in metallic phase) which is a reflectivity change when all VO<sub>2</sub> nanohillocks are in metallic phase (see Sec. II in Supplemental Material [37]). It is seen in Fig. 2(a) that at  $t=t_0=60$  ps [see red curve in Fig. 2(a)],  $\Delta r_W(t)$  switches abruptly from the photo-elastic response in the insulator phase  $[\Delta r_W(t) = \Delta r_0(t)$  at  $t < t_0]$  to the response in the metallic phase  $[\Delta r_W(t) = \Delta r_m(t)$  at  $t > t_0]$ . Two important conclusions can be drawn from this result. First, transient signals  $\Delta r_W(t) = \Delta r_0(t)$  at all times  $t < t_0$ , confirming that VO<sub>2</sub> nanohillocks are in the insulator phase before the impact of optical pump. Second, transient signals  $\Delta r_W(t) =$  $\Delta \tilde{r}(t) \equiv \Delta r_m(t)$  at  $t > t_0$ . The transient around  $t = t_0$  shown in the inset of Fig. 2(a) lasts less than 1 ps. Since  $\Delta R_{\varepsilon}(t,t_0)=0$  for  $W>W_S$  the effect of abrupt change of  $\Delta r_W(t)$  at  $t=t_0$  can be ascribed with confidence to the changes of p upon the transition from an insulating to a metallic phase.

The case shown in Fig. 2(a) gives us a recipe for extracting  $\Delta R_{\varepsilon}(t,t_0)$  for any W which is the main aim of the experiment. This is done by comparing triads of signals  $\Delta r_W(t)$ ,  $\Delta r_0(t)$  and  $\Delta \tilde{r}(t)$  measured for the same  $W_T < W < W_S$  (for details see Sec. II in Supplemental Material [37]):

$$\Delta R_{\varepsilon}(t,t_0) = \begin{cases} \Delta r_W(t) - \Delta r_0(t) = 0, & t < t_0 \\ \Delta r_W(t) - \Delta \tilde{r}(t), & t > t_0 \end{cases}$$
(2)

Now we turn to the most important part of the experiment where we measure  $\Delta r_W(t)$  for intermediate optical fluences  $W_T < W < W_S$  when a certain fraction of VO<sub>2</sub> nanohillocks undergoes PIPT. Figures 2(b) and 2(c) show corresponding triads: signals  $\Delta r_W(t)$  with simultaneous excitation of PIPT and strain pulse (red curves); signals  $\Delta r_0(t)$  for W=0 (black curves); and signals  $\Delta \tilde{r}(t)$  measured when  $t_0 < 0$  (blue curves). Again, the subpicosecond changes in transient reflectivity  $\Delta r_W(t)$  take place at  $t=t_0$  [see insets in Fig. 2(b)]. However, in strong contrast to data obtained at  $W > W_S$  [Fig. 2(a)], at  $t > t_0$  the transient reflectivity  $\Delta r_W(t)$  clearly differs from  $\Delta \tilde{r}(t)$ , and thus  $\Delta R_{\varepsilon}(t, t_0) \neq 0$  according to Eq. (2) after the pump pulse (i.e. at  $t > t_0$ ). The signals  $\Delta r_W(t)$  at  $t > t_0$  are characterized not only by the reduced amplitude of oscillations, but these oscillations are superimposed on a different baseline. The latter effect is most evident at a nanosecond timescale [Fig. 2(c)], when the monotonously decaying behavior of  $\Delta r_W(t)$  is clearly seen. At long time delays t > 300 ps, when  $\bar{\varepsilon}(t) = 0$  in the VO<sub>2</sub> nanohillocks, the photoelastic contribution in  $\Delta r_W(t)$  [Eq. (1)] vanishes, leaving only the nonzero contribution  $\Delta R(t, t_0)$ which is related to strain-induced changes of fraction of VO<sub>2</sub> which undergoes PIPT.

It is important that this slow decaying transient reflectivity  $\Delta r_W(t)$  and, consequently, the nonzero  $\Delta R_{\varepsilon}(t, t_0)$ , is observed only for optical pump densities W between the PIPT threshold  $W_T$  and saturation values  $W_s$ . Furthermore, at elevated temperature T=360 K when all VO<sub>2</sub> is in metallic phase initially, no abrupt changes in  $\Delta r_W(t)$  are detected at any W and  $t_0$  (see Sec. IV in Supplemental Material [37]).

# **IV. Discussion**

## A. Impact of the strain on ultrafast and nanosecond PIPT

The main experimental result of the present work is the observation of strain-induced subpicosecond changes of the optical reflectivity associated with PIPT. These changes, defined in our work as  $\Delta R_{\varepsilon}(t, t_0)$  are beyond the photoelastic effect, whose contribution may be subtracted from the measured signal  $\Delta r_W(t)$  using the procedure described above. We attribute  $\Delta R_{\varepsilon}(t, t_0)$ to the strain induced changes of VO<sub>2</sub> nanohillocks undergoing insulator-metal phase transition during PIPT. The main argument in favor of this statement is the observation of a long nanosecond decay of  $\Delta R_{\varepsilon}(t, t_0)$  when the strain pulse in VO<sub>2</sub> is gone and there is no contribution from photo-elastic effect. The analysis of the transients  $\Delta R_{\varepsilon}(t, t_0)$  obtained for different delays to and different optical pump fluencies W leads us to the following conclusions:

*(i)* Strain-induced decrease (increase) of the proportion of VO<sub>2</sub> nanohillocks undergoing PIPT takes place when out-of-plane compression (tension) takes place. In the experiments with

strain pulses it is possible to control the sign and value of strain by choosing precisely the moment  $t_0$  of optical impact inducing PIPT;

(*ii*) Only at the moment of the optical pulse impact the magnitude and sign of strain  $\overline{\varepsilon}$  (t<sub>0</sub>) define the strength of the strain-induced effect on PIPT and related quantitative difference  $\Delta R_{\varepsilon}(t, t_0)$ .

The conclusion (*ii*) means that the role of strain in PIPT is important only during ultrafast transients which include complex electron and lattice transformations and the presence of intermediate phases with sub-picosecond lifetimes (for review see Ref. [27]). Although our experiments do not allow us to distinguish whether strain affects mostly the electron or phonon systems, it is clear that strain does not have any effect on the state present on the longer timescales when recovery to the insulator phase is accompanied by thermal processes and sometimes metastable states with nanosecond transient time [42, 46]. It is important to stress that it has not been possible to make conclusion (*ii*) based on the experiments with stationary strain [30].

To support further the statements (*i*) and (*ii*) we plot in Fig. 3(c) transients  $\Delta R_{\varepsilon}(t,t_0)$  vs. the reduced time  $\Delta t=t-t_0$  at W=9 mJ/cm<sup>2</sup> and at two values of  $t_0 = 60$  ps and 95 ps, corresponding to a maximum of out-of-plane compression and tension respectively. It is seen that there are two contributions to the decay of  $\Delta R_{\varepsilon}(\Delta t)$  for both  $t_0$  values: fast and slow, with respective amplitudes  $A_F$  and  $A_s$ . The slow decay with time constant  $\gtrsim 1$  ns is the relaxation of the material to the quasiequilibrium state following PIPT, which lasts for microseconds, and most likely is governed by the local temperature equilibration in the excited spot [47]. Also the slow decay is not observed when PIPT is induced at  $t_0$  close to the moment when  $\Delta r_0(t)$  changes sign (see Sec. II in Supplemental Material [37]). These observations are consistent with the fact that the strain pulse does not change the temperature of the VO<sub>2</sub> and thus does not affect the processes underlying relaxation of the material to a quasi-equilibrium state at which  $\Delta R_{\varepsilon}=0$ .

Figures 3(b) and 3(c) show the optical pump fluence *W* dependencies of *As* and *AF* obtained as shown in Fig. 3(a). The results for *As* confirm our main conclusions (*i*) and (*ii*). Indeed  $A_{s\approx}0$  when  $W < W_{T}$ , and is also zero when *W* exceeds the saturation level. From comparison of the measured relative changes of extracted  $\Delta R_{e'}/R_{i} \sim 10^{-4}$  ( $R_{i}$  – stationary reflectivity in insulator phase) and signal  $\Delta R_{0}/R_{i} \sim 10^{-2}$  measured in the absence of the strain pulse we estimate the maximum additional fraction of VO<sub>2</sub> nanohillocks under input strain to be ~1% from the nanohillocks which undergo PIPT at *W*=9 mJ/cm<sup>2</sup>. This estimate gives correct only to the order of magnitude because it is made under assumption of linear proportionality between the studied layer effective dielectric permittivity and fraction of material of nanohillocks in the

metallic state. One can also expect the shift of the excitation threshold for PIPT under the strain pulse excitation. However, it is known from the experiments with stationary stress [30] that the 5 GPa stress is required to decrease the threshold  $W_T$  to 0. In our experiments maximum stress in picosecond strain pulse is 0.1 GPa and then we may expect the threshold shift by about 1%, which agrees well with the maximum observed strain-induced change of PIPT. Such shift of  $W_T$ cannot be clearly detected due to the fact that the onset of PIPT at  $W_T$  is smeared due to inhomogeneity of nanohillocks' sizes, internal stresses etc.

The contribution  $A_F$  of the fast decaying component in  $\Delta R_{\varepsilon}(\Delta t, t_0)$  is negligible at  $W < 6 \text{ mJ/cm}^2$ , but it increases rapidly at higher W and vanishes only at  $W > 26 \text{ mJ/cm}^2$  which essentially exceeds  $W_S$ . Nonzero contribution from the fast decaying  $\Delta R_{\varepsilon}(\Delta t, t_0)$  is observed also when PIPT is excited at  $t_0$  close to the moment when  $\Delta r_0(t)$  changes sign, and no slow contribution, attributed to the change of VO<sub>2</sub> fraction undergoing PIPT, is present (see Sec. II in Supplemental Material [37]). The origin of such behavior most likely is partly due to the difference of the elastic parameters of VO<sub>2</sub> in the insulator and metallic phases resulting in the dependence of  $\overline{\varepsilon}(t)$  on the VO<sub>2</sub> phase [48]. It can also be related to the complex kinetics of the phase transition in the time interval t=1 - 100 ps [42, 46], for instance to the strain-induced changes of photoexcited carriers density reported in [28].

#### B. Mechanism for strain-induced changes of ultrafast PIPT.

The results described above unambiguously suggest that strain corresponding to out-ofplane compression (tension) applied at the moment of the optical pump impact, impedes (supports) the sub-picosecond insulator-to-metal transition and switching of the crystalline lattice to a new symmetry state (for VO<sub>2</sub> from monoclinic to rutile lattice cell) during PIPT. It is important that the impact of strain on the fraction of the VO<sub>2</sub> undergoing PIPT is observed only during a time less than 1 ps after the femtosecond optical pump pulse. Strain of the same amplitude acting on the VO<sub>2</sub> nanohillocks before the laser pulse impact does not have any effect on PIPT. Neither do strain applied at t>1 ps after optical pulse impact have any effect despite the system being in the metastable state [43].

To explain these findings on a qualitative level, we employ the phenomenological model of the first-order structural PIPT in a single domain of VO<sub>2</sub> [42, 49, 50] and extend it to the case of combined laser and strain pulse impacts. In this model, the thermodynamic potential  $\Phi$  is introduced as a Landau expansion of the free energy [51] for the order parameter  $\eta$ :

$$\Phi(\eta) = \frac{\alpha(W,\varepsilon)}{2}\eta^2 + \frac{\beta}{4}\eta^4 + \frac{\gamma}{6}\eta^6, \qquad (3)$$

where the parameter  $\alpha(W, \varepsilon) > 0$  is dependent on the exciting optical pump fluence and the applied strain, and  $\beta < 0$  and  $\gamma > 0$  are constants independent of *W* and  $\varepsilon$ , values of which were found experimentally in [42]. Here, the order parameter  $\eta$  is the generalized lattice distortion associated with lattice transformation from monoclinic to rutile phase, and  $\Phi(\eta)$  is the energy of the system of two V atoms.

The present model considers the single domain nanoparticle and serves as a valid approximation for an individual nanohillock, which, most likely, either transits to a metallic phase or not as a whole [52]. However, if the size of a nanohillock allows coexistence of two phases within it, then Eq. (3) should be expanded with a term accounting for an energy penalty resulting from the emergence of the interphase boundary.

The thermodynamic potential  $\Phi(\eta)$  for VO<sub>2</sub> in the equilibrium insulating monoclinic phase is shown in Fig. 4 by a solid black line. The value of  $\eta_c$  corresponds to the equilibrium position of atoms in the insulating monoclinic phase and equals to the root mean square displacement of all atoms of VO<sub>2</sub> during the transition. Excitation by a femtosecond laser pulse drives the system into nonequilibrium state which is characterized by the presence of two minima in  $\Phi(\eta)$ . These minima correspond to the laser-induced rutile phase at  $\eta = 0$ , and the metastable monoclinic phase at  $0 < \eta < \eta_c$  [40]. The black dashed line in Fig 4(a) shows an example of  $\Phi(\eta)$  for photoexcited VO<sub>2</sub> in the case of moderate optical pump fluence  $W_T < W < W_S$ . Excitation of the nonequilibrium state triggers the structural phase transition which proceeds in two steps [42, 43]: At the initial stage, the laser pulse fluence  $W_T < W < W_S$  is sufficient for an over-barrier excitation, and yields partial transitions to the both minima corresponding to the rutile and metastable monoclinic phases. The fraction of VO<sub>2</sub> in the rutile phase after excitation is determined by the height of the barrier  $\Delta G$  [see inset in Fig. 4(a)]. This initial stage for structural PIPT is governed by coherent optical phonons and develops at a time  $\tau_1 < 1$  ps [42, 43]. After that the system appears either in the rutile phase or in a potential well of the metastable monoclinic state at 0 < 1 $\eta < \eta_c$ . The second stage includes slow ( $\tau_2 > 1$  ns) thermally activated transitions over the barrier  $\Delta G$  from the metastable monoclinic to rutile phase and a final cooling approaching the equilibrium monoclinic phase.

The applied strain changes the parameter  $\alpha(W, \varepsilon)$  in the thermodynamic potential  $\Phi(\eta)$  of the photoexcited system, given by the Eq. (3) [see red and blue lines in Fig. 4(a)] [53]. Since PIPT is complete at the timescale, which is significantly shorter than the characteristic time of strain modulation in our pulse, the system during PIPT is affected by the strain as if it was a quasi-stationary one, with a particular magnitude and sign. Therefore, the strain increases or decreases the over-barrier excitation energy [see vertical arrows in Fig. 4(a)], and thus alters the fraction of VO<sub>2</sub> in the rutile phase at the first (i.e. picosecond) stage of PIPT, as indicated by the symbols in Fig. 4(a). Such a model explains, on a qualitative level, the experimentally observed strain-induced effect on PIPT during  $t \sim \tau_1$  following optical excitation.

The second (i.e. nanosecond) stage of PIPT should also be sensitive to the strain due to the strain modulation of the barrier height  $\Delta G$  [see inset in Fig. 4(a)]. However, in contrast to the impact of strain at the first ultrafast stage of PIPT, the slow over-barrier transition can be efficiently modulated by strain only if the latter is applied during time  $t > \tau_2$ . It is easy to show that the amplitude of the strain-induced modulation of the rutile phase at this stage is proportional to  $(\omega \tau_2)^{-1}$ , where  $\omega$  is a characteristic radial frequency of the coherent acoustic phonon wave packet in the strain pulse. In our experiments  $\omega \sim 10^{11} \text{ rad} \cdot \text{s}^{-1}$  and  $(\omega \tau_2)^{-1} \leq 10^{-2}$ , which means that modulation by strain is two orders of magnitude more efficient at the first ultrafast stage of PIPT than at the second nanosecond stage when over-barrier processes are required for structural phase transition. This accounts well for the absence of the strain-induced modulation on the PIPT at timescales longer that 1 ps after the optical excitation [Fig. 3(a)].

In the saturation regime, when the laser pulse fluence  $W>W_S$ , the minimum in  $\Phi(\eta)$  corresponding to the metastable monoclinic phase vanishes, and the complete PIPT to the rutile phase occurs already at the first ultrafast stage of PIPT [Fig. 4(b)]. In this case, moderate strain applied to VO<sub>2</sub> is not sufficient to introduce the second minimum in  $\Phi(\eta)$  at  $0 < \eta < \eta_c$  and, thus, PIPT is insensitive to the impact of strain pulses. This is consistent with our experimental observations.

Finally, we note that the symmetry of the VO<sub>2</sub> nanohillocks used in the experiments requires in-plane strain components [22, 23] to influence the lattice switching. The injected strain components  $\varepsilon_{zz}$  (*z* is a direction perpendicular to the surface plane) are out of plane, but in-plane components are generated in the VO<sub>2</sub> hillocks if their diameter is not much larger than their height [54, 55]. This is indeed the case for the studied VO<sub>2</sub> nanohillocks, which have a diameter-to-height ratio of ~3 [Fig. 1(a)]. Thus, we argue that in our experiments, the tensile (compressive) in-plane strain reduces (increases) the fraction of VO<sub>2</sub> undergoing PIPT, which is in agreement with the static experiments [22, 23].

#### V. Conclusions

We have shown that the impact of picosecond strain pulses with amplitude  $\sim 10^{-3}$  decreases or increases, depending on the sign of strain, the fraction of VO<sub>2</sub> nanohillocks which undergo ultrafast PIPT from insulating to metallic phase. This impact occurs only at a subpicosecond time range after optical pulse excitation. After the strain pulse the relaxation of the excess or deficient fraction of  $VO_2$  in the metallic phase to the quasi-equilibrium takes place in a nanosecond time scale, which is faster than for full recovery of  $VO_2$  from PIPT.

The observed ~1% change of strain-induced modulation of the VO<sub>2</sub> volume undergoing the phase transition may be significantly enhanced by increasing the picosecond strain amplitude from 0.1% up to state-of-the-art values of ~1.5% [56, 57]. Furthermore, in a single domain nanoobject, e.g. a single nanohillock, the excitation threshold for PIPT will be well defined and not spread over the wide range of optical intensities. In this case, the compressive and tensile components of the picosecond strain pulse should notably increase or decrease the threshold value for PIPT. In such a system of well-defined nanoelements the picosecond-strain-assisted enhancement or suppression of the ultrafast PIPT may lead to prospective applications in CMOS and photonic technologies [58-61]. Since dynamical strain may be localized down to nanometer scale [62], it can be used as a tool for selective control of single VO<sub>2</sub> nanoelements. One can envisage an all-optically controlled nanoarray of ultrafast electrical/optical switches, where the optical excitation drives the transition to the metallic state selectively in an element of the array which is subject to dynamical strain at the moment of excitation.

The demonstrated effect is not limited to the particular material and type of phase transitions studied here. Feasibility of the control of PIPT in VO<sub>2</sub> by picosecond strain pulses paves the way to ultrafast strain engineering in materials with magnetic phase transitions where femtosecond photo-induced changes of magnetic state have been revealed [63-66]. Ultrafast strain engineering may also facilitate yet-to-be-demonstrated laser-driven control of ferroelectricity in complex structures, i.e. heterostructures and patterned nanolayers, which include optically opaque and transparent materials possessing phase transitions. Picosecond strain pulses may be generated selectively in space, thus allowing control of strain-induced effects on both nanometer and picosecond scales in space and time respectively.

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# **Figure Captions**

- Figure 1. Sample properties and experimental schematic. (a) AFM image of the VO<sub>2</sub> nanohillocks and (b) its cross-section along the blue line in (a). (c) The temperature dependence of stationary reflectivity *R* at the photon energy 1.2 eV obtained upon heating (red symbols) and cooling (blue symbols). (d) Experimental scheme. (e) Transient reflectivity *R*<sub>0</sub>(Δ*t*) signals obtained for three values of optical fluence *W* in the absence of the strain pulse. Inset shows the transient reflectivity at *t*'=1 ps as a function of *W*. (f) Calculated strain pulse temporal profile ε(*t*) in nonlinear propagation regime in the sapphire substrate in the vicinity of the VO<sub>2</sub> nanohillocks; (g) Calculated (blue line) and measured (red line) reflectively evolution of strain-induced reflectivity signal Δ*r*<sub>0</sub>(*t*) in the absence of the optical pump (*W*=0) corresponding to nonlinear input strain pulse shown in (f). (h) The diagram illustrating definitions of *t*=0, *t*=*t*<sub>0</sub>, and Δ*t*, and the instants for excitations of Al transducer and PIPT in VO<sub>2</sub>.
- Figure 2. Temporal evolutions of the reflectivity changes in the VO<sub>2</sub> nanohillocks under the impact of the picosecond strain pulse measured in the time intervals 300 ps (a, b) and 1700 ps (c). Black and red curves are the signals measured without  $[\Delta ro(t)]$  and with  $[\Delta rw(t)]$  optical pump. Vertical arrows indicate the time  $t_0 > 0$  when the optical pump is applied. Blue lines correspond to  $\Delta \tilde{r}(t)$  when the optical pulse excited the VO<sub>2</sub> nanohillocks before the arrival of the strain pulse,  $t_0$ =-30 ps. In (b) and (c) the optical pump densities *W* are above the threshold,  $W > W_T$ , and below the saturation level,  $W < W_S$ , for PIPT; in (a)  $W > W_S$ . The insets in (a) and (b) show  $\Delta r(t)$  vs. reduced time  $\Delta t = t t_0$  measured around  $t_0$  with temporal resolution 200 fs. Also indicated are the mean strain amplitudes  $\bar{\varepsilon}$  at the moment of the photoexitation  $t_0$  (See for details Sec. I and Figure S5 in Supplementary Material [37]).
- Figure 3. Strain-induced effect in the ultrafast phase transition. (a) Illustration of the procedure [Eq. (2)] for extracting the contribution  $\Delta R_{\varepsilon}(t, t_0)$  due to strain present during the photoexcitation (at  $t_0$ =60 ps) from the total signal  $\Delta r_w(t)$  measured at t=65 ps. The black and red curves are the signals measured without [ $\Delta r_0(t)$ ] and with [ $\Delta r_w(t)$ ] optical pump. Vertical arrows indicate the time  $t_0$ =60 ps when the optical pump is applied. Blue lines correspond to  $\Delta r(t)$  when the optical pulse excited the VO<sub>2</sub>

nanohillocks before the arrival of the strain pulse,  $t_0$ =-30 ps [see also Fig. 2(b)]. (b) Expanded view of frame (a) for  $t_0$ =60 ps (upper panel) and  $t_0$ =95 ps (lower panel) in the time interval of 300 ps. Shaded areas show  $\Delta R_{\varepsilon}(t, t_0)$  and highlights that the sign of this strain-induced contribution is conserved over the whole temporal range  $t > t_0$ . (c) Temporal evolutions of the extracted contribution  $\Delta R_{\varepsilon}(t)$  to the PIPT induced by out-of-plane tensile ( $\overline{\varepsilon}(t_0$ =60 ps)  $\approx 1.3 \times 10^{-3}$ , upper) and compressive (at  $\overline{\varepsilon}(t_0$ =95 ps)  $\approx$  $-2 \times 10^{-3}$ , lower) strain. (d, e) Optical pump fluence dependences of the amplitudes of the fast  $A_F$  (open circles) and slow  $A_S$  (closed triangles) components of  $\Delta R_{\varepsilon}(t)$  as obtained for out-of-plane tensile (d), and compressive (e) strain. Solid lines are the guides to the eye. Vertical dashed lines mark the PIPT threshold  $W_T$  and saturation  $W_S$  optical pump fluencies.

Figure 4. Thermodynamic potentials  $\Phi(\eta)$  [Eq. (3)] in the initial monoclinic phase (solid lines) and after the photoexcitation (dashed lines) by a femtosecond pulse of intermediate fluence (a), and in the saturation regime (b), calculated using the parameters determined in [42]. Black lines show the thermodynamic potential of the unstrained system. Red and blue lines are the potentials corresponding to the strain components which increase ( $\varepsilon$ +) or decrease ( $\varepsilon$ -) the free energy of the photoexcited system, respectively. Note that the distortion of  $\Phi(\eta)$  due to strain is exaggerated for the sake of clarity. Vertical arrows show the photoexcitation process in the sample in the presence of strain. Symbols and their sizes indicate schematically a probability for the system to occur in the rutile ( $\eta$ =0) or metastable monoclinic ( $0 < \eta < \eta_c$ ) state after ~1 ps following the photoexcitation of the sample subjected to the strain-induced increase (red circles) or decrease (blue squares) of  $\Phi(\eta)$  at  $\eta = \eta c$ . Inset shows the strain-induced change of the potential barrier  $\Delta G$  between the photoexcited rutile and metastable monoclinic states.



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