Demixing effects in mixtures of two bosonic species
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Motivated by recent experiments on two-component systems, we investigate the ground-state phase diagram of a mixture of two bosonic species by means of path-integral quantum Monte Carlo by the two-worm algorithm. The mixture is trapped in a square lattice at different filling conditions. Various quantum phases are stabilized depending on the interplay between intra- and inter-species interactions and on the filling factors. We show that the ground-state phase diagram at half-filling features a demixed superfluid phase and demixed Mott-Insulator phase when the inter-species interaction becomes greater than the intra-species repulsion, and a double-superfluid phase or a supercounterflow otherwise. We show that demixing, characterized by spatial separation of the two species, can be detected experimentally through the effects of anisotropy revealed by time-of-flight images. We also study how demixing effects depend on the filling factor of the two components. Finally, we found that super-counterflow phase is preserved in the presence of unbalanced populations.

I. INTRODUCTION

Mixtures of two bosonic species trapped in optical lattices feature a variety of unprecedented effects and quantum phases [1]-[25] resulting from the interplay between kinetic energy and intra-, inter-species density-density interactions. In the past decade, a considerable theoretical work has been devoted to investigating manifold properties of these systems. Different aspects of the phase diagram have been studied by means of generalized mean-field schemes [15]-[17], Luttinger-liquid picture [18], or perturbation methods [19]. Moreover, the effect of phase separation [20, 21], the study of quantum emulsions and coherence properties of mixtures [22, 23], and the shift of Mott domains due to the presence of a second (superfluid) species [24] along with the interpretation of this shift in terms of polaron excitations [25] have been explored.

In the limit of large interactions, magnetic-like phases such as the incompressible double-checkerboard solid and the supercounterflow have been predicted theoretically [1]-[3] at total filling one and repulsive inter-species interaction, while paired superfluidity has been found [4] in the case of attractive inter-species interaction at equal integer filling of the two components. These findings stimulated further investigation of magnetic-like phases including finite temperature effects [9, 13], different optical lattice geometries [14] and dimensionality, and various interacting regimes [5]-[12], [19]. Nevertheless, over ten years from initial theoretical investigation of these systems [1]-[3], their rich phase diagram still exhibits several unexplored aspects that challenge theoretical and numerical techniques, while its elusive character demands more sophisticated experimental techniques for the observation of these quantum phases.

The recent experimental realization of mixtures, either combining two different atomic species [26, 27] or using the same atomic species in two different internal energy states [28, 29, 37, 38] demonstrated how refined experimental techniques allow to control the model parameters, hence reinforcing the interest toward these systems. The possibility to observe such new phases in real systems is strongly affected by i) the presence of the trapping potential which introduces an undesired source of inhomogeneity, ii) the fact that their theoretic prediction is based on assuming rather ideal conditions (such as, for example, species A and B with the same boson numbers $N_a = N_b$, or large intra-species interactions), and iii) the difficulty in reaching low enough temperatures where such phases are expected. Concerning points i) and ii), the experimental realizability of magnetic phases has been analyzed in [30] leading to promising results at least for the double checkerboard phase. In Ref. [30] it was shown that the double checkerboard state can be found for large but finite intra-species interaction and for certain parabolic confinements and particle number imbalance.

In this work, we reconstruct the ground-state phase diagram of a mixture of two twin species (two bosonic components with equal hopping parameters and equal intra-species interactions) at half-filling $\nu = \frac{1}{2}$ and determine under which conditions the supercounterflow and demixed phases are stabilized. We further explore demixing away from $\nu = \frac{1}{2}$. Demixed phases are characterized by spatial separation of the two species. So far, demixing effects have been mainly studied in the context of continuous systems [31, 39–43, 45] and Bose-Fermi mixtures [46, 47]. Here, we study demixing in a binary mixture of bosons described by the two-component Bose-Hubbard model. At $\nu = \frac{1}{2}$ we find a demixed superfluid (dSF) phase or a demixed Mott-Insulator (dMI) phase when
the inter-species interaction is greater than the intra-species repulsion, and a double-superfluid (2SF) phase or a supercounterflow (SCF) otherwise. We characterize transitions to demixed phases by introducing a suitable demixing parameter. Further significant information is found by looking at the off-diagonal correlator which allows to design experimental observation of the various phases through time-of-flight images. We also study SCF away from \( \nu = \frac{1}{2} \) and find that SCF is stabilized for commensurate total filling although the superfluid response in the counter-flow channel does depend on the population imbalance. This paper is organized as follows. In section II we present our model and formalism. In section III we discuss the ground state phase diagram at \( \nu = \frac{1}{2} \), supercounterflow properties for unbalanced populations, and demixing effect at non-commensurate filling. Finally, in section IV we conclude.

II. METHOD AND MODEL

We study a mixture of two bosonic species in a uniform two-dimensional (2D) square optical lattice. The system is described by the two-component Bose-Hubbard (BH) model:

\[
H = H_a + H_b + U_{ab} \sum_i n_{ai} n_{bi} \tag{1}
\]

where \( U_{ab} \) is the inter-species repulsion, \( n_{ai,bi} \) is the number operator at site \( i \) for species A and B, and

\[
H_c = \frac{U_c}{2} \sum_i n_{ci} (n_{ci} - 1) - t_c \sum_{\langle ij \rangle} c^\dagger_i c_j , \tag{2}
\]

with \( c = a, b \) denoting the bosonic species, and operators \( c_i, c^\dagger_j \) satisfying the standard commutator \([c_i, c^\dagger_j] = 1\). Parameters \( U_c \) represents the intra-species repulsion and \( t_c \) is the hopping amplitude for component \( c \). The symbol \( \langle ij \rangle \) refers to summation over nearest neighboring sites. To further simplify the number of free parameters, we work with twin species, that is, we set \( U_a = U_b = U \), \( t_a = t_b = t \). We are interested in exploring the phase diagram of model (1) as a function of \( U/t \) and \( U_{ab}/t \) with particular emphasis on the supercounterflow and demixed phases. Our results are based on large-scale path-integral quantum Monte Carlo simulations by a two-worm algorithm [8]. Unless otherwise noted, we perform simulations for system sizes \( L = 8, 16, 24, 36 \) (we use the lattice step \( \lambda/2 \) as a unit length) and we work at inverse temperature \( \beta = L/t \) which ensures that the system is in its ground state.

III. RESULTS

Ground-state phase diagram at half-filling. The ground-state phase diagram of model (1) is shown in Fig. 1 in the \( U/t \) vs \( U_{ab}/t \) plane. The 2SF phase features two \( U(1) \) broken symmetries and is characterized by order parameters \( \langle a \rangle \neq 0 \) and \( \langle b \rangle \neq 0 \), or, equivalently, finite stiffness of the total superfluid flow \( \rho_{tot} \neq 0 \), and finite stiffness of the relative superfluid flow \( \rho_{SCF} \neq 0 \). The total and relative superfluid stiffnesses are given by

\[
\rho_{tot,SCF} = \langle (\vec{W}_a \pm \vec{W}_b)^2 \rangle / 2 \beta ,
\]

where \( W_{a,b} \) are winding numbers of worldlines of species A and B [50]. The SCF phase restores one \( U(1) \) broken symmetry and is characterized by order parameter \( \langle ab^\dagger \rangle \neq 0 \) while \( \langle a \rangle = 0 \) and \( \langle b \rangle = 0 \), or, equivalently, zero total superfluid stiffness, \( \rho_{tot} = 0 \), and finite relative superfluid stiffness, \( \rho_{SCF} \neq 0 \). The demixed phases are characterized by spatial separation of the two components. This phenomenon is observed whenever \( U_{ab} > U \) (as found in [1] within the isospin picture of bosonic mixtures for the Mott region). A heuristic derivation of this condition for the case of generic filling factor is given in the Appendix A. In a demixed phase the density distribution of the two components is anisotropic on the lattice with density maxima of one species corresponding to density minima of the other. The dSF features two \( U(1) \) broken symmetries, but the two species occupy different regions of the lattice. Finally, the dMI is an incompressible, insulating
phase where the two components are spatially separated. Overall, 2SF and dSF are conducting phases, while dMI and SCF are insulating phases, although SCF supports flow in the so-called particle-hole channel. In agreement with [44], we find that demixing is observed as soon as $U_{ab}/t > U/t$ for any value of $U$. It is also worth noting that in order to reach the insulating phases, both intra- and inter-species interactions have to be large enough. Indeed, for $U_{ab}/t < 13.5$ ($U/t < 15.5$) the 2SF (dSF) phase is stable for arbitrarily large $U/t$ ($U_{ab}/t$).

In order to extract the phase diagram shown in Fig. 1 we measure superfluid stiffness in terms of winding numbers statistics and the demixing parameter $\Delta$ (see below) which depends on the density distribution. Both observables are readily available within the path-integral formulation by the worm algorithm. The demixing parameter is given by:

$$\Delta = \frac{1}{M} \sum_{i} \left[ \langle n_{ai} \rangle - \langle n_{ai} \rangle \right]^2$$

where $\langle n_{ci} \rangle$ is the quantum-thermal average of the density of component $c = a, b$ at site $i$. Parameter (3) is basically a lattice average of the square of the imbalance of the local species’ density. This parameter is different than the one used in Ref. [31] $D = \left[ \frac{\langle N_a \rangle - \langle N_b \rangle}{\langle N_a \rangle + \langle N_b \rangle} \right]^2$, but gives the same information about demixed phases.

In Fig. 1, solid circles correspond to the 2SF–SCF transition. This transition belong to the (2+1)-XY universality class. Transition points are found using standard finite-size scaling of $\rho_{\text{tot}}$ as it can be seen in the inset of Fig. 1 where we plot the scaled total superfluidity as a function of interaction $U_{ab}/t$ for system sizes $L = 8, 16, 24, 36$ and $U/t = 20$. The curves corresponding to different sizes intersect at the critical point $U_{ab}/t = 14.9 \pm 0.1$. Both 2SF and SCF are stable for $U_{ab} < U$.

We detect the phase transition between 2SF and dSF (squares in Fig. 1) by studying the behavior of the $\Delta$ parameter. In Fig. 2 we show $\Delta$ as a function of $U_{ab}/t$ for $U/t = 5$, $U/t = 10$, $U/t = 15$, circles, squares, triangles respectively. A jump of four orders of magnitude is clearly visible when $U_{ab}/t \sim U/t$ signaling the onset of the demixed phase dSF at the expense of the 2SF. Further significant information about the demixed phase is achieved by looking at the density distribution of particles in the lattice. The quantum-statistical average of the particle number $\langle n_{ai} \rangle$, $\langle n_{bi} \rangle$ is displayed in Fig. 3. The $x$ and $y$ axis denote the $x$ and $y$ coordinates on the lattice. The color code is displayed on the the right bar. Panel a): 2SF phase at $U/t = 10$, $U_{ab}/t = 7$ with density uniformly distributed in the lattice. Panel b): dSF phase at $U/t = 15$, $U_{ab}/t = 20$ with two components occupying spatially-separated regions of the lattice. Panel c): dMI phase at $U/t = 20$, $U_{ab}/t = 22$ with two components occupying spatially-separated regions of the lattice. Compensation between the two regions is noticeable.

FIG. 2. (Colors online) Demixing parameter $\Delta$ as function of $U_{ab}/t$ for $U/t = 5, 10, 15$ (circles, squares, triangles respectively) across the 2SF–dSF transition. A jump of four orders of magnitude is clearly visible when $U_{ab}/t \sim U/t$ signaling the onset of the demixed phase dSF at the expense of the 2SF.

FIG. 3. (Colors online) Quantum-statistical average of the particle number $\langle n_{ai} \rangle$, $\langle n_{bi} \rangle$. The $x$ and $y$ axis denote the $x$ and $y$ coordinates on the lattice. The color code is displayed on the the right bar. Panel a): 2SF phase at $U/t = 10$, $U_{ab}/t = 7$ with density uniformly distributed in the lattice. Panel b): dSF phase at $U/t = 15$, $U_{ab}/t = 20$ with two components occupying spatially-separated regions of the lattice. Panel c): dMI phase at $U/t = 20$, $U_{ab}/t = 22$ with two components occupying spatially-separated regions of the lattice. Compensation between the two regions is noticeable.
sizes \( L = 8, 16, 24 \). While the dSF is characterized by two U(1) broken symmetries over spatially separated regions, in the dMI these symmetries are restored, that is, the system loses its off-diagonal long range (anisotropic) correlations and becomes insulating. Investigating the details of this phase transition is challenging. Finite-size scaling of the SF stiffness cannot be performed in proximity of demixed regions since the statistics of winding numbers is affected by the topography and the (non-connected vs. connected) topology of demixed regions, both of which depend on the initial conditions. The averaged particle number within the lattice in the dMI phase is displayed in panel c) of Fig. 3. Unlike the dSF phase (panel b)), the boundaries between the regions occupied by the two species tend to be rough and irregular, and compensation between the regions is more pronounced due to the reduced mobility of bosons in the dMI phase.

Finally the empty circles in Fig. 1 correspond to the SCF-dMI transition. Upon entering the dMI the system restores the U(1) broken symmetry characterizing the SCF. We measured the \( \Delta \) parameter and \( \rho_{SCF} \) across the transition line and, similarly to the 2SF-dSF transition, we observe an increase of about three orders of magnitude in \( \Delta \), while \( \rho_{SCF} \) goes to zero.

In figure 4 we show the computed momentum distributions \( n_{\mathbf{k},c} = |\phi_{\mathbf{k}}|^2 \sum_{i,j} e^{i\mathbf{k}(r_i - r_j)} \langle c_i^\dagger c_j \rangle \) [51] for species \( c = a,b \) proportional to Time-Of-Flight (TOF) images detectable experimentally. Here \( \phi_{\mathbf{k}} \) is the Fourier transform of Wannier function \( \phi(r) \), which we do not compute here. TOF profiles along \( x \) and \( y \) lattice directions within the first Brillouin zone are plotted in figure 4 for the 2SF (panel a)), dSF (panel b)), SCF (panel c)) and dMI (panel d)). Note that the TOF image of SCF corresponds to the one of the particle-hole pair. The insets show the corresponding quantum-statistical average of the density of the two components within the lattice. The demixed phases dSF shows an evident anisotropy along the \( x - \) and \( y - \) direction. This is expected due to the anisotropy of the spatial separation.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure4}
\caption{Momentum distributions \( n_{\mathbf{k}} \) in the first Brillouin zone for double superfluid 2SF (panel a)), demixed superfluid dSF (panel b)), supercounterflow (panel c)) and demixed Mott-Insulator (panel d)). The insets show the corresponding quantum-statistical average of the density of the two components within the lattice. The demixed phases dSF shows an evident anisotropy along the \( x - \) and \( y - \) direction. This is expected due to the anisotropy of the spatial separation.}
\end{figure}

inset of Fig. 5 where we plot the quantum statistical average of the densities of the two species at \( n = 0.3 \). This overlap region results from enhanced hopping of particles which is responsible for larger fluctuations of \( \langle n_{a,b} \rangle \). For comparison, in the right inset of Fig. 5, we show the species densities at \( n = 1.3 \). A net spatial separation between \( A \) and \( B \) is observed. Despite this substantial drop in the value of \( \Delta \) for \( n < 1 \), we find that \( \Delta \) is still a good indicator that demixing has occurred. Indeed, \( \Delta \) values in the 2SF phase (triangles in Fig. 5) are still orders of magnitude smaller than in the dSF phase. These results suggest that demixing effects can be observed in the presence of an external harmonic trap where a variation of \( n \) within the trap is present. See Supplemental Material for further details.

\textbf{Unbalanced Populations.} We conclude by studying the SCF in the presence of population imbalance. The SCF phase can be stabilized at \( n = 1 \). Here we are interested in showing that SCF still exists with non-zero imbalance although its robustness depends on the latter. In Fig. 6 we plot \( \rho_{SCF} \) for different values of ratio \( N_b/N_a \). We observe that SCF remains robust also for large population imbalance although the largest superfluid response corresponds to the balanced case.

\section*{IV. Conclusion}

Motivated by recent experiments on two-component systems, we have investigated properties of a mixture
SCF phase survives in the presence of population imbalance and trapping potential (see Supplemental Material). In the future, we plan to investigate how finite temperature affects demixing. Our preliminary results show that, in the dSF phase, thermal fluctuations destroy demixing effects earlier than they destroy superfluidity, leaving the system in a uniform superfluid phase. Moreover, since preliminary results show that the demixing parameter is sensitive to temperature, this suggests its possible application as a thermometer for mixtures of ultracold gases.

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Appendix A: A simple interpretation of demixing effect

The mixing/demixing effect can be interpreted in a simple way for the dSF-SF transition at generic filling factor. In a perturbative framework, where the energy contribution of tunneling processes is assumed to be negligible, one should compare the energy of the ground-state with the two species spatially separated to the energy of the ground-state where the two species coexist within the lattice. When the two species occupy spatially separated regions of the lattice \( \mathcal{R}_a \) and \( \mathcal{R}_b \), we assume that \( M_a \) (\( M_b \)) sites of \( \mathcal{R}_a \) (\( \mathcal{R}_b \)) are occupied by bosons \( A \) (\( B \)), while \( M_a - r_a \) (\( M_b - r_b \)) sites containing \( n + 1 \) (\( n \)) bosons, and \( M_a - r_a \) (\( M_b - r_b \)) sites containing \( n \) (\( m \)) bosons. Note that the total number of sites is given by \( M = M_a + M_b \) while the total number of particles is \( N_a = M_a n + r_a \), \( N_b = M_b m + r_b \). The nonuniform filling in \( \mathcal{R}_a \) and \( \mathcal{R}_b \) reflects the SF character of the two species. The resulting energy reads:

\[
E_0 = \frac{U_a}{2} M_a n (n - 1) + \frac{U_b}{2} M_b m (m - 1) + U_{ab} r_a n + U_{ab} r_b m - \mu_a N_a - \mu_b N_b ,
\]

where the \( U_{ab} \)-dependent term is absent due to the spatial separation of the two species. The mixing effect is described by: a boson is lost from each site of \( \mathcal{R}_a \) (\( \mathcal{R}_b \)) occupied by \( n + 1 \) (\( m + 1 \)) bosons while \( r_a \) (\( r_b \)) sites appear in \( \mathcal{R}_b \) (\( \mathcal{R}_a \)) with \( m \) bosons \( B \) and one boson \( A \) (\( n \) bosons \( A \) and one boson \( B \) ). \( U_{ab} \) interaction term is now activated and the resulting energy is

\[
E_0' = \frac{U_a}{2} M_a n (n - 1) + \frac{U_b}{2} M_b m (m - 1) + U_{ab} r_a n + U_{ab} r_b n - \mu_a N_a - \mu_b N_b .
\]

This mutual exchange of bosons between \( \mathcal{R}_a \) and \( \mathcal{R}_b \) represents the mixing process with the lowest-energy cost in the minimum-energy scenario. The condition \( E_0 < E_0' \) (justifying the transition from the uniform ground state to the demixed state) implies that \( U_{ab} (r_a n + r_b n) >
which reduces to the well-known condition $U_{ab} > U$ for $n = m$ and $U_a = U_b$. This elementary argument is valid in the SF regime due to its semiclassical character. It cannot be extended to the transition from the dMI-SCF phase where quantum correlations and hopping processes play a prominent role.