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# Spin-orbital angular momentum coupled Bose-Einstein condensates

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Spin-orbit coupling (SOC) plays a crucial role in many branches of physics. In this context, the recent experimental realization of the coupling between spin and linear momentum of ultra-cold atoms opens a completely new avenue for exploring new spin-related superfluid physics. Here we propose that another important and fundamental SOC, the coupling between spin and orbital angular momentum (SOAM), can be implemented for ultra-cold atoms using higher order Laguerre-Gaussian laser beams to induce Raman coupling between two hyperfine spin states of atoms. We study the ground state phase diagrams of SOAM coupled Bose-Einstein condensates on a ring trap and explore their applications in gravitational force detection. Our results may provide the basis for further investigation of intriguing superfluid physics induced by SOAM coupling, such as collective excitations.

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## I. INTRODUCTION

Spin-orbit coupling (SOC), the interaction between a particle's spin and orbital degrees of freedom, takes place in nature in various ways. For a relativistic spinor, its spin angular momentum naturally couples to the linear momentum under Lorentz transformation, constituting the key physics in the Dirac equation [1]. In solid state systems, the spin and linear momentum (SLM) coupling (e.g., Rashba [2] and Dresselhaus [3] coupling) is crucial for many important phenomena such as quantum spin Hall effects [4–7], topological insulator, and topological superconductor [8, 9]. Recently, a highly tunable SLM coupling has been realized in cold atom experiments [10–20] using Raman coupling between two atomic hyperfine states [21]. These experimental advances have resulted in an active field of experimental and theoretical study [22–48] on the physics of SLM coupled Bose-Einstein condensates (BECs) and degenerate Fermi gases.

Another ubiquitous SOC in atomic and condensed matter physics is the coupling between spin and orbital angular momentum (SOAM). In a hydrogen atom, the electron's orbital movement generates a magnetic moment that couples to its spin, leading to SOAM coupling that is responsible for the spectroscopic fine structure. In solid state systems, SOAM coupling plays a crucial role for magnetic properties of materials [49, 50]. However, the SOAM coupling for ultra-cold atoms has not been realized in experiments and the physics of SOAM coupled BEC and degenerate Fermi gases has not been well explored.

In this paper, we propose a practical scheme for generating SOAM coupling for cold atoms and investigate the ground state properties of SOAM coupled BEC. Our main results are the following:

1) We propose that the SOAM coupling for cold atoms can be realized using two co-propagating Laguerre-

Gaussian (LG) laser beams [51–56] that couple two atomic hyperfine states through the two-photon Raman process [57, 58] (see Fig. 1a). Note that only the lowest order Gaussian laser beams have been used in the implementation of SLM coupling and higher order LG laser beams are widely available in optical and atomic experiments. We derive the single particle Hamiltonian with SOAM coupling as a function of the laser parameters.

2) We study the ground state properties of a SOAM coupled BEC trapped on a ring. This geometry has been

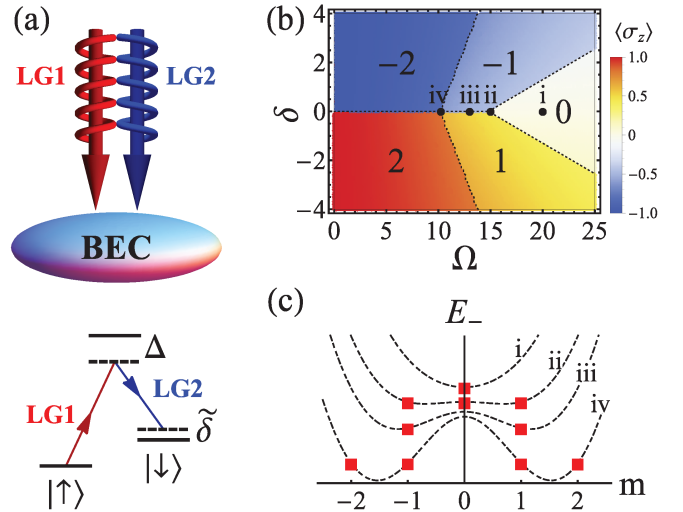


FIG. 1. (Color online) (a) Two co-propagating LG beams with different OAM couple two internal states of a BEC through the Raman transition. (b) Non-interacting ground state phase diagram for  $l = 2$  in the plane of detuning  $\delta$  and Raman coupling  $\Omega$ . The ground state OAM quantum numbers are labeled in corresponding blocks separated by dashed lines. The colors scaled in bar graph represent spin polarization  $\langle \sigma_z \rangle$ . (c) The ground states (filled squares) and the assumed continuous spectra (dashed curves) at selected points in panel (b). i: single ground state  $|0\rangle$ ; ii: 3-fold degeneracy  $|0\rangle, |\pm 1\rangle$  at  $\Omega_c = 15$ ; iii: 2-fold one  $|\pm 1\rangle$ ; iv: 4-fold one  $|\pm 1\rangle, |\pm 2\rangle$ . The curves are arbitrarily shifted in  $\hat{y}$  direction.

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recently realized in experiments [59–61]. We find that the interplay between SOAM coupling and orbital angular momentum (OAM) quantization can lead to 4-fold degenerate ground states and first-order transitions between different OAM phases. Both have not been found in the SLM coupled BEC. We also find strongly interacting effects in the system, including a significant deviation from the single particle picture and a very large stripe-phase region.

3) We show that inhomogeneous potentials, such as gravitational potentials, can induce the mixture of neighboring OAM states, leading to the transition from uniform to stripe types of density distributions. Such a transition may find potential applications in designing gravitational force detection devices.

The paper is organized as follows. In Sec. II we derive the model Hamiltonian with SOAM coupling. We then analyze the single particle physics of a ring system in Sec. III and show interacting phase diagrams for a realistic ring BEC in Sec. IV. In Sec. V we study effects of external potentials. Experimental parameters are discussed in Sec. VI. Section VII is the conclusion.

## II. MODEL AND HAMILTONIAN

As illustrated in Fig. 1a, we consider an atomic BEC with two internal spin states,  $|\uparrow\rangle$  and  $|\downarrow\rangle$ , coupled by a pair of co-propagating Raman lasers. In order to transfer OAM from the laser to atoms, both Raman lasers are chosen to be LG beams with different OAM denoted by azimuthal indices  $l_{1,2}$ , respectively. The one-photon Rabi frequency from the  $j$ -th beam in cylindrical coordinate can be written as

$$\Omega_j(\mathbf{r}) = \Omega_{0,j} \left(\frac{\sqrt{2}r}{w}\right)^{|l_j|} \exp\left(-\frac{r^2}{w^2} + il_j\phi + ik_z z\right), \quad (1)$$

where  $\Omega_{0,j}$  is proportional to the beam intensity,  $w$  is the beam waist,  $r$  is the radius and  $\phi$  is the azimuthal angle. Hereafter we consider the case  $-l_1 = l_2 = l$  for convenience. The two-photon Raman coupling between two spin states is  $\Omega_1\Omega_2/4\Delta \equiv (\tilde{\Omega}/2)f(r)e^{-2il\phi}$  with the strength  $\tilde{\Omega}$  and spatial distribution  $f(r)$ . Incorporating additional detuning  $\tilde{\delta}/2$ , the effective single-particle Hamiltonian is written as

$$H_0 = \begin{pmatrix} -\frac{\hbar^2\nabla^2}{2M} + \frac{\tilde{\delta}}{2} & \frac{\tilde{\Omega}}{2}f e^{-2il\phi} \\ \frac{\tilde{\Omega}}{2}f e^{2il\phi} & -\frac{\hbar^2\nabla^2}{2M} - \frac{\tilde{\delta}}{2} \end{pmatrix} + V(r), \quad (2)$$

in basis  $\Psi = (\psi_\uparrow, \psi_\downarrow)^T$ , where  $V(r) = \text{diag}(|\Omega_1|^2/4\Delta, |\Omega_2|^2/4\Delta)$  describes the Stark shift [51] and  $M$  is the atomic mass. After a unitary transformation  $\psi_{\uparrow/\downarrow} \rightarrow e^{\mp il\phi}\psi_{\uparrow/\downarrow}$ , we obtain

$$H'_0 = \frac{\hbar^2}{2Mr^2} \left[ -(r\partial_r)^2 + \left(\frac{L_z}{\hbar}\right)^2 - 2l\left(\frac{L_z}{\hbar}\right)\sigma_z + l^2 \right] - \frac{\hbar^2\partial_z^2}{2M} + \frac{\tilde{\Omega}}{2}f(r)\sigma_x + \frac{\tilde{\delta}}{2}\sigma_z + V(r), \quad (3)$$

where  $L_z = -i\hbar\partial_\phi$  is the  $z$ -component of the angular momentum operator and  $\{\sigma_j\}$  are Pauli matrices. The SOAM coupling  $L_z\sigma_z$  (as a part of more general  $\mathbf{L} \cdot \boldsymbol{\sigma}$  coupling) emerges from such transformation, similar as the appearance of  $k_x\sigma_z$  in SLM coupling experiments [10–20].

## III. RING SYSTEM

To reveal the most salient effects of SOAM coupling in both theoretical and experimental aspects, we investigate a ring BEC with a fixed radius  $R$ . Integrating out the  $z$  and  $r$  dependence and using the natural energy unit  $\epsilon = \hbar^2/(2MR^2)$ , we turn Eq. (3) into a dimensionless ring Hamiltonian,

$$H_0^{\text{ring}} = -\partial_\phi^2 + \left(2il\partial_\phi + \frac{\delta}{2}\right)\sigma_z + \frac{\Omega}{2}\sigma_x, \quad (4)$$

where  $\delta = \tilde{\delta}/\epsilon$  and  $\Omega = \tilde{\Omega}f(R)/\epsilon$  are the dimensionless detuning and Raman coupling, respectively. Because  $[H_0^{\text{ring}}, L_z] = 0$ , the eigenstates of  $H_0^{\text{ring}}$  coincide with the OAM eigenstates  $|m\rangle$ , or  $e^{im\phi}$  with an integer  $m$ . The energy spectrum shows two bands with the lowest one

$$E_-(m) = m^2 - \frac{1}{2}\sqrt{(4lm - \delta)^2 + \Omega^2}. \quad (5)$$

Applying the Hellmann-Feynman theorem, one can compute the spin polarization from the energy spectrum as  $\langle\sigma_z\rangle = \partial E_-/\partial(\delta/2)$  and  $\langle\sigma_x\rangle = \partial E_-/\partial(\Omega/2)$ .

For an assumed continuous spectrum, the ground state would correspond to a real number  $m^*$ , analogous to the SLM coupling case. In our system, however, due to OAM quantization, the ground state does not exactly lie at  $m^*$  but the nearest integer(s)  $[m^*]$ . Therefore, there can be two degenerate ground states with adjacent quantum numbers (reminiscent of a recently proposed idea of quantum time crystal [62]). By letting  $E_-(m) = E_-(m+1)$  we obtain a condition for degenerate  $|m\rangle$  and  $|m+1\rangle$

as  $q_m\Omega = \sqrt{(4l^2 - q_m^2)[(2lq_m - \delta)^2 - q_m^2]}$  with  $q_m = 2m+1$ . If  $\delta = 0$ , the system has another two-fold degeneracy  $|\pm m\rangle$ , except for  $m = 0$ . Combining these conditions, the non-interacting case can exhibit at most 4-fold degeneracy  $|\pm m\rangle$  and  $|\pm(m+1)\rangle$ . On the other hand, in the large  $\Omega$  limit, the system always has a single ground state  $|0\rangle$ . The double minimum structure of  $|\pm m\rangle$  degeneracy appears as  $\Omega$  decreases across a critical value  $\Omega_c$ , which can be evaluated as a 3-fold degeneracy point of  $|0\rangle$  and  $|\pm 1\rangle$ . We hence obtain  $\Omega_c = 4l^2 - 1$ . This is different from a continuous spectrum because of the quantization of  $m$ . When double minima appear at  $\pm m^*$  closer to 0 than 1, the system is enforced in the single state  $|0\rangle$ .

In Fig. 1b we plot the ground state phase diagram for  $l = 2$ . The OAM quantum numbers  $m$  are labeled on the corresponding blocks with borders in dashed lines, which also represent regions with degeneracy. The spin

polarization  $\langle \sigma_z \rangle$  displays discontinuity with the change of  $m$ , and its sign is locked with the sign of  $m$  for any non-zero  $m$ . Both signatures can be directly attributed to the presence of SOAM coupling. In Fig. 1c, we label the ground state(s) on the assumed continuous spectrum at selected points along the  $\delta = 0$  line. We see the transition from non-degenerate to various multi-degenerate ground states as  $\Omega$  varies. Remarkably, the 3-fold (curve ii) and 4-fold (iv) degeneracy does not occur in the continuous spectrum.

#### IV. INTERACTION EFFECTS

We now analyze realistic systems with  $s$ -wave scattering interactions. Incorporating the interactions  $g_\uparrow$  ( $g_\downarrow$ ) between up (down) bosons and the inter-spin one  $g_\uparrow$ , the system's energy reads as

$$E = \int_0^{2\pi} \Psi^\dagger \left( H_0^{\text{ring}} + H_g^{\text{ring}} \right) \Psi d\phi, \quad (6)$$

where

$$H_g^{\text{ring}} = \frac{1}{2} \begin{pmatrix} g_\uparrow \bar{\psi}_\uparrow \psi_\uparrow & g_\uparrow \bar{\psi}_\downarrow \psi_\uparrow \\ g_\uparrow \bar{\psi}_\uparrow \psi_\downarrow & g_\downarrow \bar{\psi}_\downarrow \psi_\downarrow \end{pmatrix}. \quad (7)$$

The normalization condition is set as  $\int_0^{2\pi} \Psi^\dagger \Psi d\phi = 1$  such that  $g_{\uparrow,\downarrow,\uparrow}$  are proportional to the total number of particles  $N$ .

To capture the effects of SOAM coupling, interactions, and possible degeneracies, we adopt a variational wave function of the form

$$\Psi = (\Psi_1 + e^{i\zeta} \Psi_2) / \sqrt{2\pi}, \quad (8)$$

where

$$\Psi_j = |C_1^j| \begin{pmatrix} \cos \theta_j \\ -\sin \theta_j \end{pmatrix} e^{i(m_j \phi + \eta_j)} + |C_2^j| \begin{pmatrix} \sin \theta_j \\ -\cos \theta_j \end{pmatrix} e^{-i(m_j \phi + \eta_j)}, \quad (9)$$

with  $m_1 = m$  and  $m_2 = m + 1$ . The normalization condition gives  $\sum_{i,j} |C_i^j|^2 = 1$ . The range of parameters is set to be  $0 \leq \theta_j \leq \pi/2$  and  $-\pi \leq \eta_j, \zeta < \pi$ . With this ansatz, we obtain  $E$  as a function of six independent parameters  $|C_1^1|$ ,  $|C_2^1|$ ,  $|C_2^2|$ ,  $\theta_1$ ,  $\theta_2$ , and  $\zeta$ . The two phases  $\eta_1$  and  $\eta_2$  do not affect  $E$  here but can play a role in a general case with external potentials. These parameters are determined through the minimization of  $E$ . In addition, we compare the variational results with those from solving the Gross-Pitaevskii equation (GPE) by the imaginary time evolution and find good agreement between them.

With the interactions on, we obtain either  $\Psi_1 = 0$  or  $\Psi_2 = 0$ , which indicates energetic disfavor of the superposition of  $|m\rangle$  and  $|m+1\rangle$ . As a result,  $\langle |m| \rangle$  is always an integer and the phase  $\zeta$  plays no role. Below we assume  $\Psi_2 = 0$  for convenience.

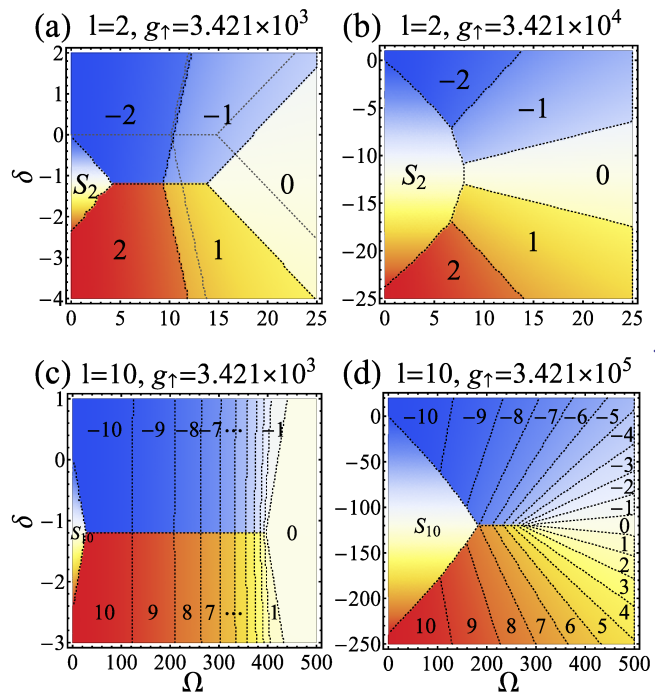


FIG. 2. (Color online) Phase diagrams with the presence of interactions. (a) [(b)] corresponds to  $l = 2$  and  $g_\uparrow = 3.421 \times 10^3$  ( $10^4$ ), and (c) [(d)] does to  $l = 10$  and  $g_\uparrow = 3.421 \times 10^3$  ( $10^5$ ). We set  $g_\downarrow = g_\uparrow = 0.9954g_\uparrow$ , which is good for  $^{87}\text{Rb}$  atoms. In (a) the non-interacting boundaries are drawn in gray dashed lines for comparison. Conventions are the same as Fig. 1b, except an emerging stripe phase as a combination of  $|\pm m\rangle$  is denoted by  $S_m$ .

Figures 2a and 2b show phase diagrams for  $l = 2$  at a fixed ratio  $g_\downarrow = g_\uparrow = 0.9954g_\uparrow$ . We present quantum numbers, phase boundary, and spin polarization in the same convention as Fig. 1b. The gray dashed curves in panel (a) show the non-interacting phase boundary for comparison. We see that the presence of interaction leads to (1) an emerging stripe phase and (2) phase boundary shifts. In regions denoted with integer  $m$ , the ground state lies in this specific quantum number, which means only one of  $|C_1^1|$  and  $|C_2^1|$  is non-zero, or  $|C_1^1 C_2^1| = 0$ . Similar to the SLM coupling case, there appears a region showing  $|C_1^1 C_2^1| \neq 0$ , corresponding to a linear combination of  $|\pm m\rangle$  (denoted by  $S_m$ ). This state exhibits a spatial modulation in particle density or a stripe structure since  $\Psi^\dagger \Psi = 1 + 2|C_1^1 C_2^1| \sin 2\theta_1 \cos 2(m\phi + \eta_1)$ . The net spin polarization  $\langle \sigma_z \rangle$  is strongly suppressed in the stripe phase due to the cancellation from  $|\pm m\rangle$  with opposite polarizations. In contrast to the SLM coupling case, the stripe phase here can still exhibit significant spin polarization as a function of the detuning.

In panel (a), the vertical shifts of the phase boundary come from the asymmetry of the interactions  $g_\uparrow \neq g_\downarrow$ , which causes an effective Zeeman splitting  $(g_\uparrow - g_\downarrow)/8\pi \times \langle \sigma_z \rangle$  in the energy functional. This interaction induced splitting, which energetically favors down spins, com-

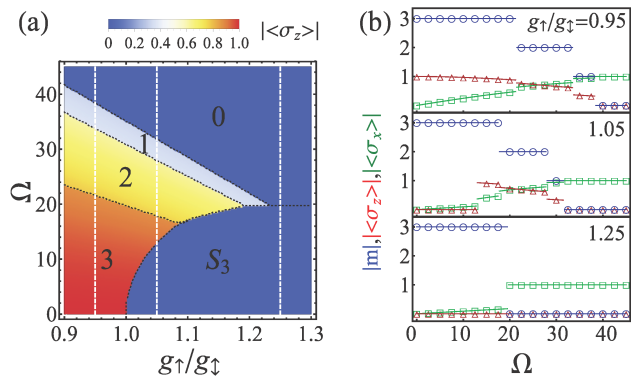


FIG. 3. (Color online) (a) Phase diagram in the  $\Omega$ –( $g_\uparrow/g_\downarrow$ ) plane. The  $|m\rangle$  phases labeled by  $|m|$  and the stripe phase  $S_3$  are separated by dashed lines. The colors represent spin polarization magnitude  $|\langle \sigma_z \rangle|$  scaled in the bar graph. The parameters are  $l = 3$ ,  $\delta = 0$ ,  $g_\uparrow = g_\downarrow$  and  $g_\uparrow = 424$  (good for  $^{23}\text{Na}$  atoms). (b) From top to bottom: quantum number  $|m|$  (circles) and spin polarizations  $|\langle \sigma_z \rangle|$  (triangles) as well as  $|\langle \sigma_x \rangle|$  (squares) vs  $\Omega$  at  $g_\uparrow/g_\downarrow = 0.95, 1.05, 1.25$ , respectively, corresponding to the white dashed lines in (a).

petes with the detuning  $\delta/2$  in its negative region. The phase boundary between  $|\pm m\rangle$  and the zero polarization line of the stripe phase hence vertically shifts to a point  $\delta \sim -(g_\uparrow - g_\downarrow)/4\pi$  where the two effects balance. As  $g_\uparrow$  increases by an order [from (a) to (b)], the stripe phase  $S_2$  expands, invades the single- $m$  region, and finally intersects with all  $m$  phases. At intermediate stages, the boundary of  $S_2$  can meet the point of degenerate  $|\pm 1\rangle, |\pm 2\rangle$  to forms a 5-fold degeneracy and meet  $\Omega_c$  (point of degenerate  $|0\rangle, |\pm 1\rangle$ ) to form a 4-fold degeneracy. We notice that the  $S_1$  phase is never energetically favorable here. In addition, we find that  $\Omega_c$  decreases with the increase in  $g_\uparrow$ , indicating an interaction-induced change between the single and double minimum structures [13, 32].

For a larger  $l$  case, the structure of the phase diagram remains the same: the stripe phase on the left,  $m \geq 1$  phases decreasing from  $|m| = l$  to  $|m| = 1$  in the middle, and  $m = 0$  phase on the right. Panels (c) and (d) are phase diagrams for a case of higher-order LG beams with  $l = 10$ . In (c) we see the same structure as the  $l = 2$  case in (a). The stripe phase  $S_{10}$  appears on the left between  $-2.4 < \delta < 0$  while the zero momentum one  $|0\rangle$  does on the right. In the middle region, the finite quantum number phases  $|m\rangle$  monotonically decreases from  $m = 10$  to  $m = 1$  if  $\delta < -1.2$ , while  $m$  changes sign if  $\delta > -1.2$ . The magnitude and sign of  $\langle \sigma_z \rangle$  behave in the same trend as  $m$ . In (d) we show strongly interacting effects by increasing the interaction strength by 100 times. One sees that the stripe phase region significantly expands, the boundaries of single- $m$  phases become more inclined, and the zero momentum phase region shrinks. Such trend is similar to the  $l = 2$  case in (a) and (b).

We turn to study a case where the ratio of intra-spin and inter-spin interactions varies. Figure 3a shows

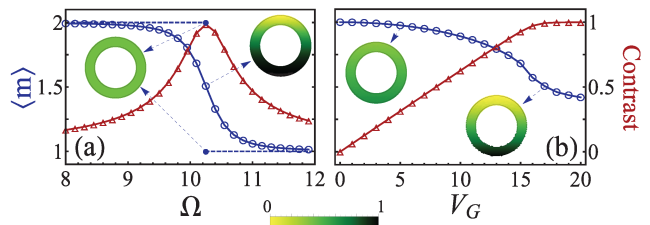


FIG. 4. (Color online) (a) Expectation value  $\langle m \rangle$  (circles, axis on left) and density contrast [triangles, axis on right of (b)] vs  $\Omega$  at gravity strength  $V_G = 0.05$  in a non-interacting system. The dashed curve shows  $\langle m \rangle$  at  $V_G = 0$  for comparison. Insets: normalized profiles ring density profiles (scaled in bar graph) for the two cases at  $\Omega = 10.25$ , indicated by the arrows respectively. (b) Same quantities vs  $V_G$  at  $\Omega = 10$  and  $g_\uparrow = g_\downarrow = g_\uparrow = 100$ .

a phase diagram as a function of  $\Omega$  and  $g_\uparrow/g_\downarrow$ , given  $g_\uparrow = g_\downarrow$ ,  $g_\uparrow = 424$ ,  $l = 3$  and  $\delta = 0$ . We see that the stripe phase  $S_3$  exists only when the ratio  $g_\uparrow/g_\downarrow > 1$  and  $m \geq 1$  phases disappear at large ratio. In Fig. 3b we plot  $|m|$ ,  $|\langle \sigma_z \rangle|$ , and  $|\langle \sigma_x \rangle|$  vs  $\Omega$  at  $g_\uparrow/g_\downarrow = 0.95$  (no stripe phase), 1.05 (all phases), and 1.25 (no finite- $m$  phase), corresponding to the white dashed lines from left to right in Fig. 3a, respectively. We see that the system finally becomes fully polarized in  $\langle \sigma_x \rangle$  at large  $\Omega$ . The discrete jumps of  $\langle \sigma_x \rangle = \partial E / \partial \Omega$  indicate first-order phase transitions between stripe and non-stripe phases as well as between different  $m$  phases.

## V. EXTERNAL POTENTIAL

We consider effects of a gravitational potential  $Ma_g R \sin \alpha \cos \phi$ , where  $a_g$  is the gravitational acceleration and  $\alpha$  is the angle between the ring plane and the horizontal plane. For the mass of  $^{23}\text{Na}$ ,  $R = 8 \mu\text{m}$ , we obtain a dimensionless gravity strength  $V_G \equiv Ma_g R \sin \alpha / \epsilon = 1315 \sin \alpha$ , comparable to the interaction strength as shown later. The gravity couples two adjacent OAM states because  $\langle m | \cos \phi | m \pm 1 \rangle = \frac{1}{2} \langle m | e^{i\phi} + e^{-i\phi} | m \pm 1 \rangle \neq 0$ , so it should play a crucial role when the two states are nearly degenerate. In such case the variational ground state can have both  $\Psi_1$  and  $\Psi_2$  non-zero. To pinpoint this effect, we first study the transition region between  $m = 1$  and 2 in the non-interacting case with tiny detuning (along the  $\delta = -0.01$  line in Fig. 1b). We plot  $\langle m \rangle$  and density contrast (defined as normalized difference  $\frac{\rho_M - \rho_m}{\rho_M + \rho_m}$  between density maximum  $\rho_M$  and minimum  $\rho_m$ ) vs  $\Omega$  at  $V_G = 0.05$  in Fig. 4a. In contrast to the discontinuity of the  $V_G = 0$  case (dashed curve),  $\langle m \rangle$  at  $V_G = 0.05$  goes smoothly from 2 to 1, indicating a mixed state around the transition point  $\Omega = 10.25$ . Such state exhibits an inhomogeneous density profile (i.e., a stripe) that is qualitatively different from the uniform one at  $V_G = 0$  (see inset). This makes the system a very sensitive detector for gravity



( $V_G = 0.05$  corresponds to  $\alpha \lesssim 10^{-4}$ ). Figure 4b shows the same quantities vs  $V_G$  at  $\Omega = 10$ ,  $g_\uparrow = g_\downarrow = g_\updownarrow = 100$ , and  $\delta = 0$ , obtained from GPE (the variational results deviate at large  $V_G$  due to the truncation of the Hilbert space). The contrast linearly increases with  $V_G$  and saturates when  $V_G > 16$ . The sensitivity is hence controllable through the tuning of  $\Omega$  and the interactions.

Another experimentally feasible potential is an anisotropic trapping  $\frac{1}{2}m\omega^2[x^2 + (1 - \lambda^2)y^2] = \frac{1}{4}m\omega^2R^2\lambda^2\cos 2\phi$  up to a constant. This potential couples  $|m\rangle$  and  $|m \pm 2\rangle$  and is expected to stabilize the stripe phase composed of  $|\pm 1\rangle$ . The gravity and anisotropic trapping are also capable of inducing dipole and quadrupole density oscillations, respectively, for studying the ring's collective excitations.

## VI. EXPERIMENTAL ASPECTS

For a  $^{87}\text{Rb}$  gas trapped in a ring of radius  $R = 20 \mu\text{m}$  and thickness  $b = 5 \mu\text{m}$  [59, 60], we have  $\epsilon = 2\pi\hbar \times 0.145$  Hz. The dimensionless interaction strength can be evaluated as  $g = 8NRa_s/b^2$  with the two-body scattering length  $a_s$  [63, 64]. The intra- and inter-spin scattering lengths fix the ratio  $g_\downarrow = g_\updownarrow = 0.9954g_\uparrow$  [10]. For  $a_s = 100.86a_0$  (Bohr radius) and  $N = 10^5$ , we obtain  $g_\uparrow = 3.421 \times 10^3$  (as used in Fig. 2). One can enhance  $\epsilon$  to  $2\pi\hbar \times 0.91$  Hz by shrinking the ring size to  $R = 8 \mu\text{m}$ , which, combined with higher order LG beams of  $l = 10$  [65], gives  $\Omega_c = 2\pi\hbar \times 363$  Hz. For a  $^{23}\text{Na}$  gas [66] with  $R = 8 \mu\text{m}$  and  $l = 10$ , we get  $\epsilon = 2\pi\hbar \times 3.43$  Hz and  $\Omega_c = 2\pi\hbar \times 1369$  Hz. Given  $b = 2 \mu\text{m}$ ,  $N = 10^4$ , and  $a_s = 50 a_0$ , typical interaction strength is equal to  $424 \epsilon$  (as used in Fig. 3). For typical  $\Omega \simeq 1$  kHz, the heating effect due to spontaneous photon emission of Raman lasers should be weak for a typical experimental time scale of one second [33]. We notice that, because  $\epsilon$  can be so small, the interaction energy  $[O(g/2\pi)]$  can be much

larger than the kinetic energy  $[O(l)]$  and even  $\Omega_c$ . Therefore, unlike the current  $^{87}\text{Rb}$  platform where interactions show little competition with the SLM coupling, our ring system is instead suited for exploring the strongly interacting regime, where the ground state phase diagram could be significantly different from the non-interacting case. For experimental detection, the quantum number  $m$  corresponding to a superfluid winding number can be determined by absorption images of the BEC after time-of-flight (TOF) expansion [60]. The stripe phase will maintain its pattern during TOF [65]. Finally, we note that there is ongoing experimental effort for generating such SOAM coupling using  $^{87}\text{Rb}$  atoms confined on a ring trap [67].

## VII. CONCLUSION

A realistic scheme for generating SOAM coupling in cold atom gases is proposed and analyzed. Study of the ground state phase diagram of the SOAM coupled BEC on a ring reveals the strong effects of many-body interaction with the currently experimentally available parameters. The results should provide a new platform for exploring SOAM coupled cold atomic physics for both bosons and fermions. Generalization of the scheme for the full  $\mathbf{L} \cdot \boldsymbol{\sigma}$  coupling may involve more LG laser beams and additional hyperfine states, but may bring new exotic physics.

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