



This is the accepted manuscript made available via CHORUS. The article has been published as:

Multimode optomechanical cooling via general dark-mode control

Jian Huang, Deng-Gao Lai, Cheng Liu, Jin-Feng Huang, Franco Nori, and Jie-Qiao Liao Phys. Rev. A **106**, 013526 — Published 29 July 2022

DOI: 10.1103/PhysRevA.106.013526

Multimode optomechanical cooling via general dark-mode control

Jian Huang, Deng-Gao Lai, Cheng Liu, Jin-Feng Huang, Franco Nori, A, and Jie-Qiao Liao^{1,*}

¹Key Laboratory of Low-Dimensional Quantum Structures and Quantum Control of Ministry of Education,

Key Laboratory for Matter Microstructure and Function of Hunan Province,

Department of Physics and Synergetic Innovation Center for Quantum Effects

and Applications, Hunan Normal University, Changsha 410081, China

²Theoretical Quantum Physics Laboratory, RIKEN Cluster for Pioneering Research, Wako-shi, Saitama 351-0198, Japan

³RIKEN Center for Quantum Computing (RQC), 2-1 Hirosawa, Wako-shi, Saitama 351-0198, Japan

⁴Physics Department, The University of Michigan, Ann Arbor, Michigan 48109-1040, USA

The dark-mode effect is a stubborn obstacle for ground-state cooling of multiple degenerate mechanical modes optomechanically coupled to a common cavity-field mode. Here we propose an auxiliary-cavity-mode method for simultaneous ground-state cooling of two degenerate or near-degenerate mechanical modes by breaking the dark mode. We find that the introduction of the auxiliary cavity mode not only breaks the dark-mode effect, but also provides a new cooling channel to extract the thermal excitations stored in the dark mode. Moreover, we study the general physical-coupling configurations for breaking the dark mode in a generalized network-coupled four-mode optomechanical system consisting of two cavity modes and two mechanical modes. We find the analytical dark-mode-breaking condition in this system. This method is general and it can be generalized to break the dark-mode effect and to realize the simultaneous ground-state cooling in a multiple-mechanical-mode optomechanical system. We also demonstrate the physical mechanism behind the dark-mode breaking by studying the breaking of dark-state effect in the "N"-type four-level atomic system. Our results not only provide a general method to control various dark-mode and dark-state effects in physics, but also pave the way to the study of macroscopic quantum phenomena and applications in multiple-mechanical-resonator systems.

I. INTRODUCTION

Considerable recent interest in cavity optomechanics [1–3] has been paid to multimode optomechanical systems involving two [4–14] or multiple [15–27] mechanical resonators; and particularly the two-mechanical-mode optomechanical systems have been realized in several experimental platforms [7–14]. The study of multiple-mechanical-mode optomechanical systems has significance in both fundamental quantum physics [28] and modern quantum technologies [3]. For example, generation of macroscopic mechanical entanglement in multimode optomechanical systems has been experimentally demonstrated [10, 11, 13, 14]. Multimode optomechanical systems have also been considered to study quantum many-body effects [24–26], high performance sensors [29, 30], precise measurement [31], and nonreciprocal phonon or photon transport [32–39].

The simultaneous ground-state cooling of multiple mechanical modes has become a desired task because it is a prerequisite for the manipulation of macroscopic mechanical coherence [28]. In particular, owing to the inherent structural features in multiple mechanical-mode optomechanical systems, people prefer to implement the simultaneous cooling of multiple mechanical resonators, rather than to cool these resonators one by one using the single-resonator cooling techniques. Though great success has been made in cooling a single mechanical resonator in optomechanical systems [40–51], it remains a great challenge to perform ground-state cooling of multiple degenerate mechanical resonators coupled

to a common cavity field, due to the mechanical darkmode effect [7, 52-55]. For the two-mechanical-mode case, the dark-mode effect has been theoretically found [52] and experimentally demonstrated [55]. Meanwhile, the dark mode formed in optomechanical systems involving two cavity modes and one mechanical mode has also been found [56-59]. So far, theoretical proposals for optomechanical cooling of multiple mechanical resonators coupled in-series have been proposed [60, 61], and cooling of multimodes in a resonator have been analyzed with the cold-damping feedback method [62, 63]. In addition, ground-state cooling of multiple mechanical resonators has been proposed based on synthetic magnetism [64] and reservoir engineering [65]. Particularly, we mention that considerable attention [66–69] has been paid to the suppression of optomechanical backaction and to the improvement of restrictions for effective cooling in multimode optomechanical systems.

In this paper, we propose an auxiliary-cavity-mode method for breaking the dark mode and further realizing ground-state cooling of two degenerate mechanical modes. We also explore the general coupling configurations for breaking the dark mode in a generalized four-mode optomechanical system, in which all the two-node couplings exist among two cavity modes and two mechanical modes. We find the analytical general conditions for forming and breaking the dark mode. Moreover, we extend this method to break the dark modes and realize the ground-state cooling of the multiple mechanical resonators. Correspondingly, our scheme can also be used to cool multiple degenerate or near-degenerate vibrational modes in a resonator. We also describe the physical mechanism for breaking the dark-state effect in the "N"type four-level atomic system. The physical mechanism of our scheme is general and it can be generalized to control

^{*} Corresponding author: jqliao@hunnu.edu.cn

other dark-mode and dark-state effects in various branches of physics. In this sense, our results not only open up a new route to the realization of simultaneous ground-state cooling of two degenerate or near-degenerate mechanical resonators and enrich the technique of few-body resonator cooling, but also initiate advances in dark-state engineering [70].

The rest of this paper is organized as follows. In Sec. II, we introduce the physical model and present the quantum Langevin equations. In Sec. III, we study ground-state cooling of the two mechanical modes by calculating the final mean phonon numbers. In Sec. IV, we obtain the universal darkmode-breaking conditions in a four-mode optomechanical system consisting of two cavity modes and two mechanical modes. We also analyze the quantum interference effect in the energy-level transitions of the system. In Sec. V, we study the simultaneous ground-state cooling of multiple mechanical modes and the dark-mode breaking in a multiple-mechanicalmode optomechanical system. In Sec. VI, we describe the physical mechanism for breaking the dark-state effect in the "N"-type four-level atomic system. Finally, we present some discussions on the experimental implementation of our scheme in Sec. VII and summarize this work in Sec. VIII.

II. PHYSICAL MODEL AND EQUATIONS OF MOTION

We consider an "N"-type four-mode optomechanical system consisting of two cavity modes (an intermediate cavity mode a and an auxiliary cavity mode a_s) and two mechanical modes (b_1 and b_2), as shown in Fig. 1(a). Here, the intermediate cavity mode is coupled to the two mechanical modes via radiation-pressure interactions. When the frequencies of the two mechanical modes are degenerate, a dark mode is formed in this linearized optomechanical system [42]. This dark mode decouples from the intermediate cavity mode, and hence the ground-state cooling of the two mechanical modes is largely suppressed. To break the darkmode effect, we introduce the auxiliary cavity mode a_s , which is optomechanically coupled to the mechanical mode b_1 . Moreover, two driving fields are applied to the cavity modes to control the optical and mechanical degrees of freedom. In a rotating frame defined by the operator $\exp[-i(\omega_L a^{\dagger} a +$ $\omega_d a_s^{\dagger} a_s t$], the system Hamiltonian is given by $(\hbar = 1)$

$$H_{I} = \Delta_{c}a^{\dagger}a + \Delta_{s}a_{s}^{\dagger}a_{s} + \sum_{l=1,2} [\omega_{l}b_{l}^{\dagger}b_{l} + g_{l}a^{\dagger}a(b_{l}^{\dagger} + b_{l})]$$

+ $g_{s1}a_{s}^{\dagger}a_{s}(b_{l}^{\dagger} + b_{l}) + (\Omega a^{\dagger} + \Omega_{s}a_{s}^{\dagger} + \text{H.c.}),$ (1

where $\Delta_c = \omega_c - \omega_L$ ($\Delta_s = \omega_s - \omega_d$) is the driving detuning of the cavity frequency ω_c (ω_s) with respect to its driving frequency ω_L (ω_d); a (a^{\dagger}), a_s (a_s^{\dagger}), and $b_{l=1,2}$ (b_l^{\dagger}) are, respectively, the annihilation (creation) operators of the intermediate cavity mode, the auxiliary cavity mode, and the lth mechanical mode, with the corresponding resonance frequencies ω_c , ω_s , and ω_l . The $g_{l=1,2}$ (g_{s1}) term describes the optomechanical coupling between the mechanical mode $b_{l=1,2}$ (b_1) and the cavity mode a (a_s). The parameters ω_L (ω_d) and Ω (Ω_s) are the driving frequency and amplitude related to the driving field of the cavity mode a (a_s), respectively.

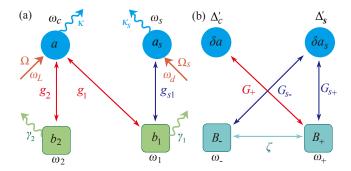


FIG. 1. (a) Schematic of the "N"-type four-mode optomechanical system. An intermediate coupling cavity mode a with the resonance frequency ω_c is optomechanically coupled to two mechanical modes b_1 and b_2 , with the corresponding resonance frequencies ω_1 and ω_2 . An auxiliary cavity mode a_s with the resonance frequency ω_s is optomechanically coupled to the mechanical mode b_1 . The coupling strength between the cavity mode $a\left(a_{s}\right)$ and the mechanical mode $b_{l=1,2}$ (b_1) is denoted by $g_{l=1,2}$ (g_{s1}). The cavity mode a (a_s) is driven with the driving frequency ω_L (ω_d) and the driving amplitude Ω (Ω_s) . The decay rates of the intermediate cavity mode, the auxiliary cavity mode, and the two mechanical modes are denoted by κ , κ_s , and $\gamma_{l=1,2}$, respectively. (b) The coupling configuration associated with the approximate linearized Hamiltonian (11). The auxiliary cavity mode δa_s (with driving detuning Δ'_s) is coupled to the two hybrid mechanical modes B_{\pm} (with resonance frequency ω_{\pm}) via the effective coupling strengths $G_{s\pm}$. The cavity mode δa (with driving detuning Δ'_{c}) is coupled to the hybrid mechanical mode B_{+} via the effective coupling strength G_+ . The phonon-hopping interaction between the two hybrid mechanical modes is denoted by ζ . In the degenerate-mechanical-mode case and in the absence of auxiliary cavity, i.e., $\zeta = 0$ and $G_{s\pm} = 0$, the hybrid mechanical mode B_{-} is decoupled from both the cavity mode δa and the hybrid mechanical mode B_+ .

To include the dissipations in this system, we assume that the two cavity fields are coupled to individual vacuum baths, and that the two mechanical modes are coupled to individual heat baths. Then the evolution of this system is governed by the quantum Langevin equations

$$\dot{a} = -(i\Delta_c + \kappa)a - i\Omega - i\sum_{l=1,2} g_l a(b_l^{\dagger} + b_l) + \sqrt{2\kappa}a_{\rm in}, \quad (2a)$$

$$\dot{a}_s = -\left(i\Delta_s + \kappa_s\right)a_s - i[\Omega_s + g_{s1}a_s(b_1^{\dagger} + b_1)] + \sqrt{2\kappa_s}a_{s,\text{in}},\tag{2b}$$

$$\dot{b}_1 = -(\gamma_1 + i\omega_1)b_1 - i(g_1a^{\dagger}a + g_{s1}a_s^{\dagger}a_s) + \sqrt{2\gamma_1}b_{1,\text{in}}, (2c)$$

$$\dot{b}_2 = -(\gamma_2 + i\omega_2)b_2 - ig_2 a^{\dagger} a + \sqrt{2\gamma_2}b_{2,\text{in}},$$
 (2d)

where κ , κ_s , and $\gamma_{l=1,2}$ are the decay rates of the intermediate cavity mode a, the auxiliary cavity mode a_s , and the lth mechanical mode, respectively. The operators $a_{\rm in}$ ($a_{\rm in}^{\dagger}$), $a_{s,\rm in}$ ($a_{s,\rm in}^{\dagger}$), and $b_{l,\rm in}$ ($b_{l,\rm in}^{\dagger}$) are the noise operators associated with the intermediate cavity mode, the auxiliary cavity mode, and the lth mechanical mode, respectively. These noise operators have zero mean values and obey the following correlation

functions [71, 72],

$$\langle a_{\rm in}(t)a_{\rm in}^{\dagger}(t')\rangle = \delta(t-t'),$$
 (3a)

$$\langle a_{\rm in}^{\dagger}(t)a_{\rm in}(t')\rangle = 0,$$
 (3b)

$$\langle a_{s,\text{in}}(t)a_{s,\text{in}}^{\dagger}(t')\rangle = \delta(t-t'),$$
 (3c)

$$\langle a_{s\,\text{in}}^{\dagger}(t)a_{s,\text{in}}(t')\rangle = 0,$$
 (3d)

$$\langle b_{l,\text{in}}(t)b_{l,\text{in}}^{\dagger}(t')\rangle = (\bar{n}_l + 1)\delta(t - t'), \tag{3e}$$

$$\langle b_{l,\text{in}}^{\dagger}(t)b_{l,\text{in}}(t')\rangle = \bar{n}_{l}\delta(t-t'), \tag{3f}$$

for l = 1, 2, where $\bar{n}_{l=1,2}$ is the average thermal-phonon occupation number associated with the *l*th mechanical mode.

To cool the mechanical modes, we assume that the two cavity modes are driven strongly, then the mean photon numbers in the two cavities are large enough and this four-mode optomechanical system can be processed by the linearization procedure. In this way, the operators $o \in \{a, a^{\dagger}, a_s, a_s^{\dagger}, b_l, b_l^{\dagger}\}$ can be expressed as a summation of steady-state average values and quantum fluctuation operators, i.e., $o = \langle o \rangle_{\rm ss} + \delta o$. By separating the steady-state average values and the quantum fluctuation operators, we can obtain the linearized Langevin equations for the quantum fluctuation operators

$$\delta \dot{a} = -(\kappa + i\Delta_c')\delta a - i\sum_{l=1,2} [G_l(\delta b_l + \delta b_l^{\dagger})] + \sqrt{2\kappa}a_{\rm in}, \quad (4a)$$

$$\delta \dot{a}_s = -\left(\kappa_s + i\Delta_s'\right)\delta a_s - iG_{s1}(\delta b_1 + \delta b_1^{\dagger}) + \sqrt{2\kappa_s}a_{s,\text{in}}, \quad (4b)$$

$$\delta \dot{b}_1 = -\left(i\omega_1 + \gamma_1\right)\delta b_1 - iG_1^*\delta a - iG_1\delta a^{\dagger} - iG_{s1}^*\delta a_s$$

$$-iG_{s1}\delta a_s^{\dagger} + \sqrt{2\gamma_1}b_{1,\text{in}},\tag{4c}$$

$$\delta \dot{b}_2 = -\left(i\omega_2 + \gamma_2\right)\delta b_2 - iG_2^*\delta a - iG_2\delta a^{\dagger} + \sqrt{2\gamma_2}b_{2,\text{in}}, \quad (4d)$$

where the parameters $\Delta'_c = \Delta_c + 2g_1 \text{Re}[\beta_1] + 2g_2 \text{Re}[\beta_2]$ and $\Delta'_s = \Delta_s + 2g_{s1} \text{Re}[\beta_1]$ are, respectively, the effective driving detunings of the cavity mode a and the auxiliary cavity mode a_s , with $\text{Re}[\beta_{l=1,2}]$ taking the real part of β_l . The parameter $G_l = g_l \alpha$ ($G_{s1} = g_{s1} \alpha_s$) is the linearized optomechanical-coupling strength between the cavity mode a (a_s) and the lth mechanical mode (the mechanical mode b_1). In the steady-state case, the average values of the system operators can be obtained as

$$\alpha \equiv \langle a \rangle_{\rm ss} = \frac{-i\Omega}{\kappa + i\Delta'_c},\tag{5a}$$

$$\alpha_s \equiv \langle a_s \rangle_{ss} = \frac{-i\Omega_s}{\kappa_s + i\Delta_s'},$$
 (5b)

$$\beta_1 \equiv \langle b_1 \rangle_{ss} = \frac{-ig_1|\alpha|^2 - ig_{s1}|\alpha_s|^2}{\gamma_1 + i\omega_1},\tag{5c}$$

$$\beta_2 \equiv \langle b_2 \rangle_{\rm ss} = \frac{-ig_2|\alpha|^2}{\gamma_2 + i\omega_2}.$$
 (5d)

For below convenience, we assume that the steady-state values of α and α_s are real by choosing proper phases of the driving amplitudes Ω and Ω_s , then the linearized

optomechanical-coupling strengths $G_{l=1,2}$ and G_{s1} are also real.

Based on Eq. (4), we can derive an approximate linearized Hamiltonian, which governs the dynamics of the system. For implementing the cooling scheme, the system should work in the red-sideband-resonance regime, in which the rotating-wave approximation can be safely made. By discarding the noise terms, the linearized optomechanical Hamiltonian can be written as

$$H_{\text{RWA}} = \Delta_c' \delta a^{\dagger} \delta a + \Delta_s' \delta a_s^{\dagger} \delta a_s + G_{s1} (\delta a_s \delta b_1^{\dagger} + \delta a_s^{\dagger} \delta b_1)$$

$$+ \sum_{l=1,2} \left[\omega_l \delta b_l^{\dagger} \delta b_l + G_l (\delta a \delta b_l^{\dagger} + \delta a^{\dagger} \delta b_l) \right].$$
 (6)

To clearly see the dark-mode effect in this "N"-type four-mode optomechanical system, we first consider the case where the auxiliary cavity is absent, i.e., $\Delta'_s = 0$ and $G_{s1} = 0$, then Hamiltonian (6) becomes

$$H'_{\text{RWA}} = \Delta'_c \delta a^{\dagger} \delta a + \sum_{l=1,2} \left[\omega_l \delta b_l^{\dagger} \delta b_l + G_l (\delta a \delta b_l^{\dagger} + \delta a^{\dagger} \delta b_l) \right].$$
(7)

In this case, two hybrid mechanical modes B_+ and B_- can be introduced as

$$B_{+} = \frac{1}{\sqrt{G_1^2 + G_2^2}} (G_1 \delta b_1 + G_2 \delta b_2), \tag{8a}$$

$$B_{-} = \frac{1}{\sqrt{G_1^2 + G_2^2}} (G_2 \delta b_1 - G_1 \delta b_2). \tag{8b}$$

Here, the new operators satisfy the bosonic commutation relations $[B_+, B_+^{\dagger}] = 1$ and $[B_-, B_-^{\dagger}] = 1$. By substituting the operators B_+ (B_+^{\dagger}) and $B_ (B_-^{\dagger})$ into Eq. (7), the Hamiltonian H'_{RWA} can be rewritten as

$$H'_{\text{RWA}} = \Delta'_{c} \delta a^{\dagger} \delta a + \omega_{+} B_{+}^{\dagger} B_{+} + \omega_{-} B_{-}^{\dagger} B_{-} + G_{+} (\delta a B_{+}^{\dagger} + B_{+} \delta a^{\dagger}) + \zeta (B_{+}^{\dagger} B_{-} + B_{-}^{\dagger} B_{+}), \tag{9}$$

where we introduce the resonance frequencies ω_{\pm} of the two hybrid modes and the coupling strengths ζ and G_{+} , which are defined by

$$\omega_{+} = \frac{\omega_{1}G_{1}^{2} + \omega_{2}G_{2}^{2}}{G_{1}^{2} + G_{2}^{2}},$$
(10a)

$$\omega_{-} = \frac{\omega_1 G_2^2 + \omega_2 G_1^2}{G_1^2 + G_2^2},\tag{10b}$$

$$G_{+} = \sqrt{G_1^2 + G_2^2},\tag{10c}$$

$$\zeta = \frac{(\omega_1 - \omega_2)G_1G_2}{G_1^2 + G_2^2}.$$
 (10d)

From Eq. (10) we can see that the two hybrid modes B_{-} and B_{+} are decoupled from each other ($\zeta = 0$) when $\omega_{1} = \omega_{2}$. Moreover, the hybrid mode B_{-} also decouples from the cavity mode a, which means that the hybrid mode B_{-} becomes a

dark mode. At this time, the ground-state cooling of the two mechanical modes is largely suppressed.

To break the dark-mode effect in this optomechanical system, we introduce an auxiliary cavity mode, which is coupled to the mechanical mode b_1 via the radiation-pressure interaction. By substituting operators B_+ (B_+^{\dagger}) and B_- (B_-^{\dagger}) into Eq. (6), the Hamiltonian H_{RWA} becomes

$$H_{\text{RWA}} = \Delta_c' \delta a^{\dagger} \delta a + \Delta_s' \delta a_s^{\dagger} \delta a_s + \omega_+ B_+^{\dagger} B_+ + \omega_- B_-^{\dagger} B_- + \zeta (B_+^{\dagger} B_- + B_-^{\dagger} B_+) + G_+ (\delta a B_+^{\dagger} + B_+ \delta a^{\dagger}) + G_{s+} (\delta a_s B_+^{\dagger} + \delta a_s^{\dagger} B_+) + G_{s-} (\delta a_s B_-^{\dagger} + \delta a_s^{\dagger} B_-),$$
(11)

where we introduce two new coupling strengths G_{s+} and G_{s-} ,

$$G_{s+} = \frac{G_{s1}G_1}{\sqrt{G_1^2 + G_2^2}},$$
 (12a)

$$G_{s-} = \frac{G_{s1}G_2}{\sqrt{G_1^2 + G_2^2}}. (12b)$$

The coupling configuration associated with the approximate Hamiltonian (11) is described by Fig. 1(b). Here, the couplings are expressed in the representation of the mechanical hybrid modes. We can see from Eq. (12) that $G_{s\pm} > 0$, i.e., the hybrid modes B_{\pm} are always coupled with the auxiliary cavity mode a_s . Therefore, even if the hybrid mode B_{-} is decoupled from both the intermediate cavity mode a and the hybrid mode B_{+} , the ground-state cooling of the two mechanical modes can also be achieved via the cooling channel associated with the auxiliary cavity mode a_s .

For studying quantum cooling of the mechanical modes, we are interested in the steady-state properties of the system. Therefore, we should analyze the stability condition of this linearized system. To this end, we rewrite the linearized Langevin equations (4) as the following contact form

$$\dot{\mathbf{u}}(t) = \mathbf{A}\mathbf{u}(t) + \mathbf{N}(t),\tag{13}$$

where $\mathbf{u}(t) = [\delta a, \delta a_s, \delta b_1, \delta b_2, \delta a^{\dagger}, \delta a_s^{\dagger}, \delta b_1^{\dagger}, \delta b_2^{\dagger}]^T$ and $\mathbf{N}(t) = \sqrt{2}[\sqrt{\kappa}a_{\mathrm{in}}, \sqrt{\kappa_s}a_{s,\mathrm{in}}, \sqrt{\gamma_1}b_{1,\mathrm{in}}, \sqrt{\gamma_2}b_{2,\mathrm{in}}, \sqrt{\kappa}a_{\mathrm{in}}^{\dagger}, \sqrt{\kappa_s}a_{s,\mathrm{in}}^{\dagger}, \sqrt{\gamma_1}b_{1,\mathrm{in}}, \sqrt{\gamma_2}b_{2,\mathrm{in}}]^T$ are, respectively, the fluctuation operator vector and noise operator vector with the matrix transpose notation "T". The coefficient matrix is defined by $\mathbf{A} = \begin{pmatrix} \mathbf{E} & \mathbf{F} \\ \mathbf{F}^* & \mathbf{E}^* \end{pmatrix}$ with

$$\mathbf{E} = -\begin{pmatrix} \kappa + i\Delta'_c & 0 & iG_1 & iG_2 \\ 0 & \kappa_s + i\Delta'_s & iG_{s1} & 0 \\ iG_1^* & iG_{s1}^* & \gamma_1 + i\omega_1 & 0 \\ iG_2^* & 0 & 0 & \gamma_2 + i\omega_2 \end{pmatrix}, \quad (14)$$

and **F** is defined by these nonzero elements $\mathbf{F}_{13} = -iG_1$, $\mathbf{F}_{14} = -iG_2$, $\mathbf{F}_{23} = -iG_{s1}$, $\mathbf{F}_{31} = -iG_1$, $\mathbf{F}_{32} = -iG_{s1}$, and $\mathbf{F}_{41} = -iG_2$. The eigensystem of the coefficient matrix **A** determines the stability of the system. By using the Routh-Hurwitz criterion [73], we can find the stability condition. In

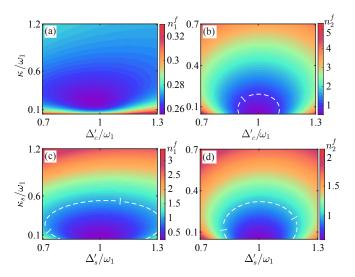


FIG. 2. (Color online) The final mean phonon numbers (a) [(c)] n_1^f and (b) [(d)] n_2^f of the two mechanical modes versus the scaled driving detuning Δ_c'/ω_1 (Δ_s'/ω_1) and the scaled cavity-field decay rate κ/ω_1 (κ_s/ω_1). Here, the parameters $\Delta_s'/\omega_1=1$ and $\kappa_s/\omega_1=0.1$ are used in panels (a) and (b), while the parameters $\Delta_c'/\omega_1=1$ and $\kappa/\omega_1=0.1$ are used in panels (c) and (d). Other parameters used are $\omega_2/\omega_1=1$, $\gamma_1/\omega_1=\gamma_2/\omega_1=10^{-5}$, $G_1/\omega_1=G_2/\omega_1=0.05$, $G_{s1}/\omega_1=0.08$, and $\bar{n}_1=\bar{n}_2=1000$.

the following derivation, all the parameters used satisfy the stability conditions.

III. GROUND-STATE COOLING OF THE TWO MECHANICAL MODES

In this section, we study the cooling performance of the two mechanical modes by calculating the final mean phonon numbers. The formal solution of the linearized Langevin equations (13) can be obtained as

$$\mathbf{u}(t) = \mathbf{M}(t)\mathbf{u}(0) + \int_0^t \mathbf{M}(t-s)\mathbf{N}(s)ds, \qquad (15)$$

where we introduce the matrix $\mathbf{M}(t) = \exp(\mathbf{A}t)$. The final mean phonon numbers of the two mechanical modes can be calculated by solving the steady state of the system.

Based on Eq. (15), we can obtain the final mean phonon numbers by solving the Lyapunov equation [74]. To this end, we introduce the covariance matrix V of the system by defining the matrix elements as

$$\mathbf{V}_{ij} = \frac{1}{2} [\langle \mathbf{u}_i(\infty) \mathbf{u}_j(\infty) \rangle + \langle \mathbf{u}_j(\infty) \mathbf{u}_i(\infty) \rangle], \quad i, j = 1-8.$$
 (16)

In the linearized optomechanical system, the covariance matrix V satisfies the Lyapunov equation

$$\mathbf{AV} + \mathbf{VA}^T = -\mathbf{Q}.\tag{17}$$

Here, the matrix \mathbf{Q} is defined by

$$\mathbf{Q} = \frac{1}{2}(\mathbf{C} + \mathbf{C}^T),\tag{18}$$

where **C** is the correlation matrix related to the noise operators. The matrix elements of **C** are defined by

$$\langle \mathbf{N}_k(s)\mathbf{N}_l(s')\rangle = \mathbf{C}_{k,l}\delta(s-s'). \tag{19}$$

In this work, we consider the Markovian dissipation case, then the constant matrix \mathbf{C} can be obtained with the nonzero elements $\mathbf{C}_{15} = 2\kappa$, $\mathbf{C}_{26} = 2\kappa_s$, $\mathbf{C}_{37} = 2\gamma_1(\bar{n}_1 + 1)$, $\mathbf{C}_{48} = 2\gamma_2(\bar{n}_2 + 1)$, $\mathbf{C}_{73} = 2\gamma_1\bar{n}_1$, and $\mathbf{C}_{84} = 2\gamma_2\bar{n}_2$. By solving the Lyapunov equation, we obtain the covariance matrix \mathbf{V} defined in Eq. (16), then the final mean phonon numbers of the two mechanical modes can be obtained as

$$n_1^f = \langle \delta b_1^\dagger \delta b_1 \rangle = \mathbf{V}_{73} - \frac{1}{2},\tag{20a}$$

$$n_2^f = \langle \delta b_2^\dagger \delta b_2 \rangle = \mathbf{V}_{84} - \frac{1}{2},$$
 (20b)

where V_{73} and V_{84} are the matrix elements of the covariance matrix V.

Here, we first consider the cooling performance in the twodegenerate-resonator case ($\omega_1 = \omega_2$). In Fig. 2, we plot the final mean phonon numbers n_1^f and n_2^f as functions of the scaled driving detuning Δ'_c/ω_1 (Δ'_s/ω_1) and the scaled cavityfield decay rate κ/ω_1 (κ_s/ω_1). To better analyze the influence of the driving detuning and the sideband-resolution condition on the cooling performance, here we choose the mechanical frequency ω_1 as the scale unit. In Figs. 2(a) and 2(b), we can see that ground-state cooling of the two mechanical modes can be realized in the resolved-sideband limit ($\kappa/\omega_1 \ll 1$) and around $\Delta'_c/\omega_1 \sim 1$. Moreover, the cooling efficiency of the first mechanical mode is much better than that of the second one even in unresolved-sideband limit ($\kappa/\omega_1 \geq 1$). This is because the first mechanical mode is simultaneously connected to two cooling channels and the coupling strength between the auxiliary cavity mode and the first mechanical mode is large enough ($G_{s1}/\omega_1 = 0.08$). For a given decay rate κ/ω_1 , the optimal driving detuning is about $\Delta'_{\epsilon}/\omega_1 = 1$, which corresponds to the red-sideband resonance. In Figs. 2(c) and 2(d), we can see that the ground-state cooling of the two mechanical modes can be realized in the resolved-sideband limit $(\kappa_s/\omega_1 \ll 1)$, and the cooling performance is the best at the optimal driving detuning $\Delta'_{s}/\omega_{1} \approx 1$. These results are consistent with the sideband cooling results in typical optomechanical systems [40, 41, 52]. In addition, we perform numerical calculations with several sets of parameters when $\Delta_s'/\omega_1 \gg 1$ or $\kappa_s/\omega_1 \gg 1$. We find that though these mechanical modes can be cooled significantly, but they cannot be cooled to the ground state in the N-type optomechanical system.

Next we analyze the influence of the frequency mismatch between the two mechanical modes on the cooling efficiency, in Figs. 3(a) and 3(b) we plot the phonon numbers n_1^f and n_2^f versus the frequency ratio ω_2/ω_1 and the scaled cavity-field decay rate κ/ω_1 in the absence of the auxiliary cavity mode $(G_{s1}/\omega_1 = 0)$. Here, we see that the final mean phonon numbers in the two mechanical modes cannot be efficiently decreased around $\omega_2 = \omega_1$, which means that the two mechanical modes cannot be cooled to their

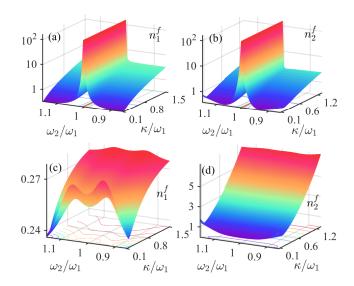


FIG. 3. (Color online) The final mean phonon numbers n_1^f and n_2^f versus the frequency ratio ω_2/ω_1 and the scaled cavity-field decay rate κ/ω_1 in both [(a) and (b)] the case of dark-mode-unbreaking $(G_{s1}/\omega_1 = 0)$ and [(c) and (d)] the case of dark-mode-breaking $(G_{s1}/\omega_1 \neq 0)$. Other parameters used are $\Delta'_c = \Delta'_s = \omega_1$, $\kappa_s/\omega_1 = 0.1$, $G_1/\omega_1 = G_2/\omega_1 = 0.05$, $G_{s1}/\omega_1 = 0.08$, $\gamma_1/\omega_1 = \gamma_2/\omega_1 = 10^{-5}$, and $\bar{n}_1 = \bar{n}_2 = 1000$.

ground states when their frequencies are degenerate or neardegenerate (in a finite-detuning window). This phenomenon can be explained according to the dark-mode effect. In the degenerate-resonator case ($\omega_1 = \omega_2$), a bright mode and a dark mode are formed in this optomechanical system. Physically, the two mechanical modes have an obvious spectral overlap and become effectively degenerate in the presence of dissipation, thus the dark-mode effect works in the near-degenerate case. The dark mode decouples from both the cavity mode and the bright mode, so the phonon excitations stored in the dark mode cannot be extracted out through the optomechanical-cooling channel [64]. However, the darkmode effect disappears when the two mechanical modes are far-off-resonant, thus achieving ground-state cooling. Figs. 3(c) and 3(d), we plot the phonon numbers n_1^f and n_2^f versus the frequency ratio ω_2/ω_1 and the scaled decay rate κ/ω_1 , when the auxiliary cavity field is present $(G_{s1}/\omega_1 =$ 0.08). Here the ground-state cooling of the two mechanical modes can be achieved ($n_{1,2}^f \ll 1$) when the system works in the resolved-sideband regime ($\kappa \ll \omega_1$). Here the first mechanical resonator has a better cooling efficiency $(n_1^T < n_2^T)$ because it is connected to two cooling channels at the same time.

Since the auxiliary cavity mode not only provides the direct channel to extract the thermal excitations from the mechanical mode b_1 , but also provides a cooling channel to extract the thermal excitations from the mechanical mode b_2 , the coupling strength between the auxiliary cavity mode a_s and the mechanical mode b_1 is an important factor to the cooling efficiency. To see this effect more clearly, in

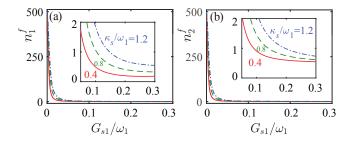


FIG. 4. (Color online) The final mean phonon numbers (a) n_1^f and (b) n_2^f as functions of G_{s1}/ω_1 when the scaled cavity-field decay rate takes various values $\kappa_s/\omega_1=0.4$, 0.8, and 1.2. Insets: Zoomed-in plots of the final mean phonon numbers as functions of G_{s1}/ω_1 , and the horizontal axis ranges from 0.05 to 0.3. Other parameters used are $\omega_2/\omega_1=1$, $\Delta_c'/\omega_1=\Delta_s'/\omega_1=1$, $\kappa/\omega_1=0.1$, $\gamma_1/\omega_1=\gamma_2/\omega_1=10^{-5}$, $G_1/\omega_1=G_2/\omega_1=0.05$, and $\bar{n}_1=\bar{n}_2=1000$.

Figs. 4(a) and 4(b) we plot the phonon numbers n_1^f and n_2^f as functions of the linearized optomechanical-coupling strength G_{s1} between the auxiliary cavity mode a_s and the mechanical mode b_1 when the scaled cavity-field decay rate κ_s/ω_1 takes various values. Here, we see that the phonon numbers decrease with the increase of the coupling strength G_{s1} , which means that the increase of the coupling strength G_{s1} is beneficial to the ground-state cooling of the two mechanical resonators. Moreover, the final mean phonon numbers are smaller for smaller values of the decay rate $\kappa_{\rm s1}/\omega_1$ under a certain parameter range, which is consistent with the analyses of the cooling efficiency on the sidebandresolution condition [40, 41, 52]. In addition, we can see from Fig. 4 that the ground-state cooling can be realized in the N-type optomechanical system, the cooling limit cannot be broken compared with the single-resonator optomechanical system under the same parameters.

IV. GROUND-STATE COOLING AND UNIVERSAL DARK-MODE-BREAKING CONDITIONS IN THE FOUR-MODE OPTOMECHANICAL SYSTEM

In previous sections we have shown that, by introducing an optomechanical coupling between the auxiliary cavity mode a_s and the mechanical mode b_1 , the dark mode in this system can be broken and then ground-state cooling of the two mechanical modes can be realized. However, in practice, the diverse interactions among these degrees of freedom in this system are more complicated [25], so it is an interesting topic to study the universal condition for breaking the dark-mode effect in a more general four-mode optomechanical system. In this section, we analyze the parameter conditions under which the dark-mode effect works and study how to break the dark mode by controlling the couplings in the four-mode optomechanical system. We also analyze the interference effect by studying the energy-level transition of this four-mode optomechanical system.

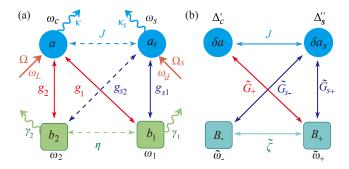


FIG. 5. (a) Schematic of the network-coupled four-mode optomechanical system consisting of two cavity modes and two mechanical modes. In addition to the couplings and notations introduced in Fig. 1(a), here we introduce three new couplings marked by dashed lines: the phonon (photon)-hopping interaction with the coupling strength η (J), the optomechanical-coupling strength g_{s2} between the auxiliary cavity mode a_s and the second mechanical mode b_2 . (b) The coupling configuration associated with the approximate linearized Hamiltonian (26). Here, we add "tilde" to the couplings and notations introduced in Fig. 1(b). We also introduce the photon-hopping strength J between the two cavity modes.

A. Ground-state cooling in the general four-mode optomechanical system

We now consider a network-coupled four-mode optome-chanical system consisting of an intermediate coupling cavity mode and an auxiliary cavity mode, which are both coupled to two mechanical modes via the radiation-pressure interaction. Here, the two cavity (mechanical) modes are coupled to each other via a photon (phonon)-hopping interaction, as shown in Fig. 5(a). In a rotating frame defined by the operator $\exp[-i(\omega_L a^{\dagger}a + \omega_d a_s^{\dagger}a_s)t]$ under $\omega_L = \omega_d$, the transformed Hamiltonian becomes

$$H_{I} = \Delta_{c} a^{\dagger} a + \Delta_{s} a_{s}^{\dagger} a_{s} + J(a^{\dagger} a_{s} + a_{s}^{\dagger} a) + \eta(b_{1}^{\dagger} b_{2} + b_{2}^{\dagger} b_{1})$$

$$+ \sum_{l=1,2} [\omega_{l} b_{l}^{\dagger} b_{l} + g_{l} a^{\dagger} a(b_{l}^{\dagger} + b_{l}) + g_{sl} a_{s}^{\dagger} a_{s} (b_{l}^{\dagger} + b_{l})]$$

$$+ (\Omega a^{\dagger} + \Omega_{s} a_{s}^{\dagger} + \text{H.c.}),$$
(21)

where some operators and variables have been defined in Eq. (1). We also introduce the g_{s2} coupling term, the J coupling term, and the η coupling term, which correspond to the optomechanical coupling between modes a_s and b_2 , the photon-hopping coupling, and the phonon-hopping coupling, respectively.

Based on the Hamiltonian (21), we can obtain the Langevin equations by adding the decay and noise terms into the Heisenberg equations. Following the similar linearization procedure as the one performed in Sec. II, we obtain the

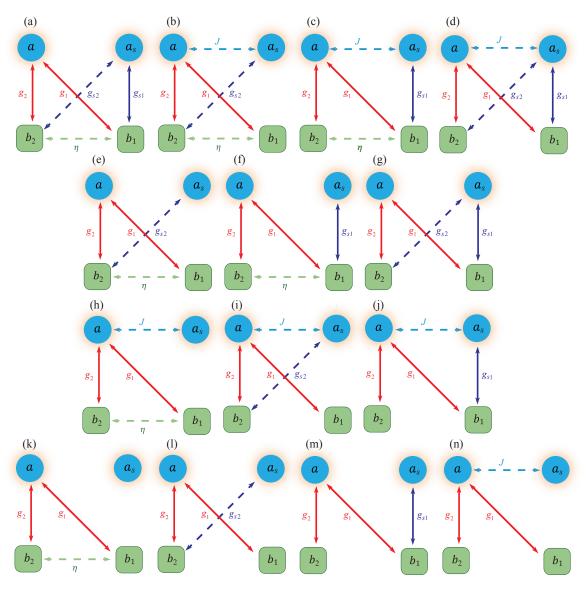


FIG. 6. Fourteen coupling configurations of the network-coupled four-mode optomechanical system, where J, g_l , g_{sl} (for l=1,2), and η are the photon-hopping coupling strength, the optomechanical-coupling strength between the intermediate (auxiliary) cavity mode and the lth mechanical mode, and the phonon-hopping coupling strength, respectively. Here, the two optomechanical couplings between the cavity mode a and the two mechanical modes b_1 and b_2 are kept, and the other couplings can be closed on demand. Then there are fourteen different coupling configurations. Concretely, the one-coupling-closed cases include: (a) The coupling channel J is closed (J=0); (b) The coupling channel J=0); (c) The coupling channel J=0; (d) The coupling channel J=0; (e) The coupling channels J=0; (f) The coupling channels J=0; (g) The coupling channels J=0; (h) The coupling channels J=0; (i) The coupling channels J=0; (ii) The coupling channels J=0; (iii) The coupling channels J=0; (iv) The coupling channels J=0; (iv

linearized Langevin equations

$$\delta \dot{a} = -(\kappa + i\Delta'_c)\delta a - iJ\delta a_s - i\sum_{l=1,2} [G_l(\delta b_l + \delta b_l^{\dagger})] + \sqrt{2\kappa}a_{\rm in}, \quad (22a)$$

$$\delta \dot{a}_s = -(\kappa_s + i\Delta''_s)\delta a_s - iJ\delta a - i\sum_{l=1,2} [G_{sl}(\delta b_l + \delta b_l^{\dagger})] + \sqrt{2\kappa_s}a_{s,\rm in}, \quad (22b)$$

$$\delta \dot{b}_1 = -(i\omega_1 + \gamma_1)\delta b_1 - iG_1^*\delta a - iG_1\delta a^{\dagger} - iG_{s1}^*\delta a_s - iG_{s1}\delta a_s^{\dagger} - i\eta\delta b_2 + \sqrt{2\gamma_1}b_{1,\rm in}, \quad (22c)$$

$$\delta \dot{b}_2 = -(i\omega_2 + \gamma_2)\delta b_2 - iG_2^*\delta a - iG_2\delta a^{\dagger} - iG_{s2}^*\delta a_s - iG_{s2}\delta a_s^{\dagger} - i\eta\delta b_1 + \sqrt{2\gamma_2}b_{2,\rm in}, \quad (22d)$$

where $\Delta_s'' = \Delta_s + 2g_{s1} \operatorname{Re}[\beta_1] + 2g_{s2} \operatorname{Re}[\beta_2]$ is the renormalized driving detuning of the auxiliary cavity mode a_s . It should be pointed out that the parameter Δ_c' and the linearized optomechanical-coupling strengths G_l and G_{sl} for l=1,2 have the same definition as those defined in Sec. II. However, the coherent displacements of the steady state α , α_s , β_1 , and β_2 in the network-coupled four-mode optomechanical system

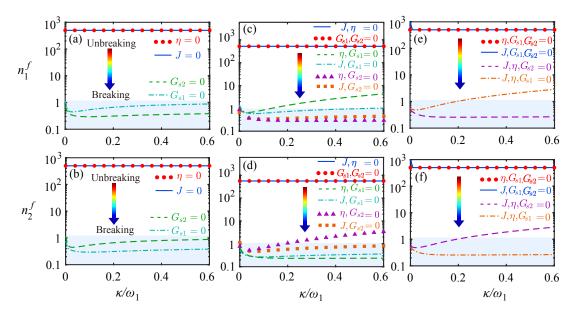


FIG. 7. (Color online) The final mean phonon numbers n_1^f and n_2^f versus the scaled decay rate κ/ω_1 in various coupling configurations. Panels (a) and (b) correspond to the cases where one coupling is closed, i.e., J=0 (solid blue curves), $\eta=0$ (red dots), $G_{s1}=0$ (dash-dot cyan curves), and $G_{s2}=0$ (dashed green curves). Panels (c) and (d) correspond to the two-coupling-closed cases: $J=\eta=0$ (solid blue curves), $G_{s1}=G_{s2}=0$ (red dots), $\eta=G_{s1}=0$ (dashed green curves), $J=G_{s1}=0$ (dash-dot cyan curves), $J=G_{s2}=0$ (brown squares), and $\eta=G_{s2}=0$ (purple triangles). Panels (e) and (f) correspond to the three-coupling-closed cases: $J=G_{s1}=G_{s2}=0$ (solid blue curves), $\eta=G_{s1}=G_{s2}=0$ (red dots), $J=\eta=G_{s1}=0$ (dash-dot brown curves), and $J=\eta=G_{s2}=0$ (dashed purple curves). Other parameters are taken as $\omega_2/\omega_1=1$, $\gamma_1/\omega_1=\gamma_2/\omega_1=10^{-5}$, $\kappa/\omega_1=\kappa_s/\omega_1=0.1$, $J/\omega_1=\eta/\omega_1=0.03$, $\Delta_c'/\omega_1=\Delta_s''/\omega_1=1$, $G_1/\omega_1=G_2/\omega_1=0.05$, $G_{s1}/\omega_1=G_{s2}/\omega_1=0.08$, and $\bar{n}_1=\bar{n}_2=1000$. Note that the values of J, η , G_{s1} , and G_{s2} presented here work when the corresponding coupling channels are open.

should be replaced by the relations

$$\alpha \equiv \langle a \rangle_{ss} = \frac{-i(J\alpha_s + \Omega)}{\kappa + i\Delta'_c},\tag{23a}$$

$$\alpha_s \equiv \langle a_s \rangle_{ss} = \frac{-i(J\alpha + \Omega_s)}{\kappa_s + i\Delta_s''},$$
(23b)

$$\beta_1 \equiv \langle b_1 \rangle_{ss} = \frac{-i(\eta \beta_2 + g_1 |\alpha|^2 + g_{s1} |\alpha_s|^2)}{\gamma_1 + i\omega_1}, \qquad (23c)$$

$$\beta_2 \equiv \langle b_2 \rangle_{\text{ss}} = \frac{-i(\eta \beta_1 + g_2 |\alpha|^2 + g_{s2} |\alpha_s|^2)}{\gamma_2 + i\omega_2}.$$
 (23d)

For studying quantum cooling of the mechanical modes, the linearized Langevin equations (22) can be written as a compact form $\dot{\mathbf{u}}(t) = \mathbf{A}'\mathbf{u}(t) + \mathbf{N}(t)$, where the form of the fluctuation operator vector $\mathbf{u}(t)$ and the noise operator vector $\mathbf{N}(t)$ is the same as those defined in Sec. III, while the

coefficient matrix is given by
$$\mathbf{A}' = \begin{pmatrix} \mathbf{E}' & \mathbf{F}' \\ \mathbf{F}'^* & \mathbf{E}'^* \end{pmatrix}$$
 with

$$\mathbf{E}' = \begin{pmatrix} -(\kappa + i\Delta_c') & -iJ & -iG_1 & -iG_2 \\ -iJ & -(i\Delta_s'' + \kappa_s) & -iG_{s1} & -iG_{s2} \\ -iG_1^* & -iG_{s1}^* & -(i\omega_1 + \gamma_1) & -i\eta \\ -iG_2^* & -iG_{s2}^* & -i\eta & -(i\omega_2 + \gamma_2) \end{pmatrix},$$
(24)

and \mathbf{F}' is defined by these nonzero elements $\mathbf{F}_{13} = -iG_1$, $\mathbf{F}_{14} = -iG_2$, $\mathbf{F}_{23} = -iG_{s1}$, $\mathbf{F}_{24} = -iG_{s2}$, $\mathbf{F}_{31} = -iG_1$, $\mathbf{F}_{32} = -iG_{s1}$, $\mathbf{F}_{41} = -iG_2$, and $\mathbf{F}_{42} = -iG_{s2}$

Following the same procedure as that performed in Sec. III, we can also obtain the steady-state expression of the covariance matrix \mathbf{V}' , which is defined by $\mathbf{A}'\mathbf{V}' + \mathbf{V}'\mathbf{A}'^T = -\mathbf{Q}$, where \mathbf{Q} is given by Eq. (18). Then the final mean phonon numbers in the two mechanical resonators can be obtained.

To clearly analyze the influence of these couplings in the four-mode optomechanical system on the ground-state cooling, below we consider various cases of different coupling configurations, as shown in Fig. 6. To analyze the dark-mode effect in this system when the frequencies of the two mechanical modes are degenerate, we consider the case where the two coupling channels g_1 and g_2 always exist. Then we study various cases of coupling configurations by controlling the four coupling channels J, g_{s1} , g_{s2} , and η . In Figs. 6(a)-6(d) and Figs. 6(e)-6(j), we show that one or two coupling channels of J, g_{s1} , g_{s2} , and η are closed, respectively. While in Figs. 6(k)-6(n), three of the four coupling channels J, g_{s1} , g_{s2} , and η are closed. Therefore, when the coupling channels g_1 and g_2 remain existing, there are fourteen cases of coupling configurations, as shown in Fig. 6.

Corresponding to the fourteen cases depicted in Fig. 6, we plot the final mean phonon numbers n_1^f and n_2^f as functions of the scaled decay rate κ/ω_1 in Fig. 7. We can see from Figs. 7(a) and 7(b) that ground state cooling of the two mechanical modes can (cannot) be realized in the cases of $G_{s1} = 0$ or $G_{s2} = 0$ (J = 0 or $\eta = 0$), which implies that the dark mode can (cannot) be broken. In Figs. 7(c) and 7(d),

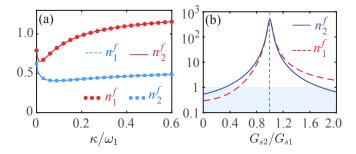


FIG. 8. (a) The final mean phonon numbers n_1^f and n_2^f versus the scaled decay rate κ/ω_1 in the cases of $G_{s2}/\omega_1 = 4G_{s1}/\omega_1 = 0.08$ (dashed blue curve and solid red curve) and $G_{s1}/\omega_1 = 4G_{s2}/\omega_1 =$ 0.08 (red dots and blue rectangle). (b) The final mean phonon numbers n_1^f (solid blue curves) and n_2^f (dashed red curves) versus the ratio G_{s2}/G_{s1} when the linearized optomechanical-coupling strength $G_{s1}/\omega_1 = 0.08$. Other parameters used in this system are $\omega_2/\omega_1 = 1$, $\gamma_1/\omega_1 = \gamma_2/\omega_1 = 10^{-5}$, $\kappa/\omega_1 = \kappa_s/\omega_1 = 0.1$, $J/\omega_1 = \eta/\omega_1 = 0.03$, $\Delta_c'/\omega_1 = \Delta_s''/\omega_1 = 1$, $G_1/\omega_1 = G_2/\omega_1 = 0.05$, and $\bar{n}_1 = \bar{n}_2 = 1000$.

we plot the phonon numbers n_1^f and n_2^f as functions of κ/ω_1 when two of the four coupling channels $(J, g_{s1}, g_{s2}, \text{ and } \eta)$ are closed. Based on the cooling performance, we know that the dark mode cannot be broken when the coupling channels $J = \eta = 0$ or $G_{s1} = G_{s2} = 0$. In these four cases: $J = G_{s1} = 0$, $J = G_{s2} = 0$, $\eta = G_{s1} = 0$, and $\eta = G_{s2} = 0$, the dark mode can be broken. In Figs. 7(e) and 7(f), we also plot the phonon numbers n_1^f and n_2^f versus κ/ω_1 when three of the four coupling channels are closed, corresponding to the cases shown in Figs. 6(k)-6(n). Here, we can see that the dark mode cannot be broken in the cases of $J = G_{s1} = G_{s2} = 0$ or $\eta = G_{s1} = G_{s2} = 0$. However, in the two cases of $J = \eta = G_{s1} = 0$ or $J = \eta = G_{s2} = 0$, the dark mode can be broken.

Based on the above discussions, we find that G_{s1} and G_{s2} play an important role in the breaking of the dark mode in this system. Only when one of G_{s1} and G_{s2} is closed, the dark mode can be broken. When both or neither of G_{s1} and G_{s2} are closed, the dark mode cannot be broken. In particular, the breaking of the dark mode is independent of both the photonand phonon-coupling channels.

In order to better understand the influence of the linearized optomechanical-coupling strengths G_{s1} and G_{s2} on the final mean phonon numbers, in Fig. 8(a), we plot the final mean phonon numbers n_1^f and $n_2^{\bar{f}}$ as functions of the scaled decay rate κ/ω_1 when the linearized optomechanical-coupling strengths take the values of $G_{s2}/\omega_1 = 4G_{s1}/\omega_1 = 0.08$ and $G_{s1}/\omega_1 = 4G_{s2}/\omega_1 = 0.08$. Here we can see that the groundstate cooling of two mechanical modes can be realized in the resolved-sideband regime. Besides, the values of n_1^f and n_2^f are approximately exchanged in these two cases, and this is because the parameters of G_{s1} and G_{s2} in these two cases are just antisymmetric. In Fig. 8(b), we plot the final mean phonon numbers n_1^f and n_2^f as functions of the ratio G_{s2}/G_{s1} in the case of the linearized optomechanical-coupling strength $G_{s1}/\omega_1 = 0.08$. When $G_{s2}/G_{s1} \le 1$ ($G_{s2}/G_{s1} \ge 1$), the final mean phonon numbers of the two mechanical modes

increase (decrease) with the increase of the ratio G_{s2}/G_{s1} , i.e., the cooling performance of the two mechanical modes is exchanged at the point $G_{s2}/G_{s1} = 1$. Due to the dark-mode effect, the ground-state cooling of the two mechanical modes are unfeasible for finite values of the ratio G_{s2}/G_{s1} . In this case, the ground-state cooling can be realized by choosing $G_{s2}/G_{s1} < 0.4$.

The universal conditions for breaking the dark mode

In this section, we analyze the parameter conditions under which the dark mode is formed in the network-coupled optomechanical system. We also study the method for breaking the dark-mode effect. Based on Eq. (22), we can derive the approximate linearized Hamiltonian. By discarding the noise terms, the linearized optomechanical Hamiltonian under the rotating-wave approximation can be written as

$$\begin{split} \tilde{H}_{\text{RWA}} &= \Delta_c' \delta a^{\dagger} \delta a + \Delta_s'' \delta a_s^{\dagger} \delta a_s + J(\delta a^{\dagger} \delta a_s + \delta a_s^{\dagger} \delta a) \\ &+ \sum_{l=1,2} \left[\omega_l \delta b_l^{\dagger} \delta b_l + G_l(\delta a \delta b_l^{\dagger} + \delta a^{\dagger} \delta b_l) \right. \\ &+ G_{sl}(\delta a_s \delta b_l^{\dagger} + \delta a_s^{\dagger} \delta b_l) \right] + \eta(\delta b_1^{\dagger} \delta b_2 + \delta b_2^{\dagger} \delta b_1). \end{split}$$

$$(25)$$

By substituting the operators B_+ (B_+^{\dagger}) and $B_ (B_-^{\dagger})$ into Eq. (25), the Hamiltonian \tilde{H}_{RWA} becomes [see Fig. 5(b)]

$$\tilde{H}_{RWA} = \Delta'_{c}\delta a^{\dagger}\delta a + \Delta''_{s}\delta a^{\dagger}_{s}\delta a_{s} + J(\delta a^{\dagger}\delta a_{s} + \delta a^{\dagger}_{s}\delta a) + \tilde{\omega}_{+}B^{\dagger}_{+}B_{+}
+ \tilde{\omega}_{-}B^{\dagger}_{-}B_{-} + \tilde{\zeta}(B^{\dagger}_{+}B_{-} + B^{\dagger}_{-}B_{+}) + G_{+}(\delta aB^{\dagger}_{+} + B_{+}\delta a^{\dagger})
+ \tilde{G}_{s+}(\delta a_{s}B^{\dagger}_{+} + \delta a^{\dagger}_{s}B_{+}) + \tilde{G}_{s-}(\delta a_{s}B^{\dagger}_{-} + \delta a^{\dagger}_{s}B_{-}), \quad (26)$$

where the resonance frequencies of the two hybrid modes should be replaced by

$$\tilde{\omega}_{+} = \frac{\omega_{1}G_{1}^{2} + \omega_{2}G_{2}^{2} + 2\eta G_{1}G_{2}}{G_{+}^{2}},$$
(27a)

$$\tilde{\omega}_{-} = \frac{\omega_1 G_2^2 + \omega_2 G_1^2 - 2\eta G_1 G_2}{G_+^2},$$
(27b)

and the three new coupling strengths $\tilde{\zeta}$, \tilde{G}_{s+} , and \tilde{G}_{s-} are defined by

$$\tilde{\zeta} = \frac{(\omega_1 - \omega_2)G_1G_2 + \eta(G_2^2 - G_1^2)}{G_1^2 + G_2^2},$$
 (28a)

$$\tilde{G}_{s+} = \frac{G_{s1}G_1 + G_{s2}G_2}{\sqrt{G_1^2 + G_2^2}},$$
(28b)

$$\tilde{G}_{s+} = \frac{G_{s1}G_1 + G_{s2}G_2}{\sqrt{G_1^2 + G_2^2}},$$

$$\tilde{G}_{s-} = \frac{G_{s1}G_2 - G_{s2}G_1}{\sqrt{G_1^2 + G_2^2}}.$$
(28b)

From Eqs. (26) and (28) we can see that the two hybrid modes B_{-} and B_{+} are decoupled from each other when ω_{1} =

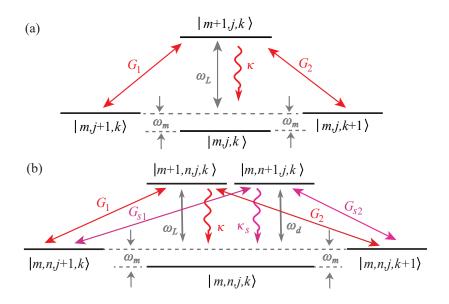


FIG. 9. (a) Part of the energy levels and transitions of the system in either the (a) absence or (b) presence of the auxiliary cavity mode a_s . Here, the states $|m, j, k\rangle$ and $|m, n, j, k\rangle$ correspond to the states $|m, j, k\rangle_{a,b_1,b_2}$ and $|m, n, j, k\rangle_{a,a_s,b_1,b_2}$, respectively. The states $|m\rangle_a$, $|n\rangle_{a_s}$, $|j\rangle_{b_1}$, and $|k\rangle_{b_2}$ denote the number states of the cavity mode a_s auxiliary cavity mode a_s , mechanical mode b_1 , and mechanical mode b_2 , respectively.

 ω_2 and $\eta = 0$ ($G_1 = G_2$). Moreover, the hybrid mode B_- also decouples from the auxiliary cavity mode a_s when $\tilde{G}_{s-} = 0$. In this case, the hybrid mode B_- becomes a dark mode, and the ground-state cooling of the two mechanical modes can not be realized. All in all, the parameter conditions for the appearance of the dark mode are $\tilde{\zeta} = 0$ and $\tilde{G}_{s-} = 0$, which lead to the conditions:

$$(\omega_1 - \omega_2)G_1G_2 + \eta(G_2^2 - G_1^2) = 0, (29a)$$

$$G_{s1}G_2 - G_{s2}G_1 = 0. (29b)$$

Therefore, the universal dark-mode-breaking condition is that both $\tilde{\zeta}$ and \tilde{G}_{s-} cannot be zero at the same time [see Fig. 5(b)]. In the following we analyze various cases in which the dark mode appears or disappears in the degenerate-resonator case $(\omega_1 = \omega_2)$.

- (i) In the case of $\eta = 0$, i.e., $\tilde{\zeta} = 0$. It can be seen from Eq. (28) that when $G_{s1}G_2 G_{s2}G_1 = 0$ ($G_{s1}/G_{s2} = G_1/G_2$), the hybrid mechanical mode B_- (the dark mode) decouples from both the cavity mode a and the auxiliary cavity mode a_s . In this situation, the excitation energy is stored in the dark mode and cannot be extracted through the cooling channel. In this case, the parameter J has no effect on the breaking of the dark mode effect. These analyses are consistent with the results obtained by numerically calculations in Sec. IV A.
- (ii) In the case of $\eta \neq 0$ and $G_1 \neq G_2$, i.e., $\tilde{\zeta} \neq 0$. we can find that the dark mode can be broken regardless of whether the auxiliary cavity mode appears or not (namely, there is no dark mode).
- (iii) In the case of $\eta \neq 0$ and $G_1 = G_2$, i.e., $\tilde{\zeta} = 0$, there are two different situations. First, in the case of symmetric coupling $(G_{s1} = G_{s2})$, we can see from Eq. (28) that $\tilde{G}_{s-} = 0$. At this time, the hybrid mechanical mode B_- decouples from both the cavity mode a and the auxiliary cavity mode a_s ,

i.e., B_{-} becomes a dark mode. However, in the case of asymmetric coupling $(G_{s1} \neq G_{s2})$, i.e., $\tilde{G}_{s-} \neq 0$, we can see that the two hybrid mechanical modes B_{-} and B_{+} are coupled with the auxiliary cavity mode a_s . Even if the hybrid mode B_{-} is decoupled from both the cavity mode a and the hybrid mode B_+ at the same time, the ground-state cooling of the two mechanical resonators becomes accessible through the cooling channel associated with auxiliary cavity mode a_s . Obviously, when one of the two coupling strengths G_{s1} and G_{s2} is 0, the dark-mode effect can naturally be broken. These analyses are consistent with the results we obtained in Sec. IV A. Generally speaking, to break the dark mode formed in a three-mode optomechanical system consisting of a cavity mode and two mechanical modes, the easiest way is to introduce an auxiliary cavity mode to couple with one of the two mechanical modes.

C. Analyzing the quantum interference effect in the energy-level transitions of the optomechanical system

To clarify the physical mechanism behind the dark-mode breaking, in this section we analyze the quantum interference effect in the energy-level transitions of the system. For the optomechanical system, the cavity modes provide the cooling channels to extract the thermal excitations from the mechanical resonators. However, when a single cavity mode is used to cool multiple degenerate mechanical resonators, the phonon modes decaying through the same cooling channel will interfere with each other, similar to the quantum interference effect in electromagnetic induced transparency [75, 76]. In this case, some of the mechanical normal modes are decoupled from the cavity mode, then the cooling channel of these decoupled modes (dark modes) is

closed and the excitations stored in these mechanical dark modes cannot be extracted. As a result, these dark modes cannot be cooled to their ground states. When multiple cooling channels exist, the phonon dissipation prohibited by one cooling channel can take place via another cooling channel, then the dark-mode effect is broken and the ground-state cooling of multiple mechanical resonators can be realized.

To further understand the quantum interference effect in the energy-level transitions of the optomechanical system, in Figs. 9(a) and 9(b) we plot the energy levels and transitions of the system including two mechanical modes in either the absence or presence of the auxiliary cavity mode a_s . For simplicity, we ignore the subscripts of the basis vectors, i.e., denoting $|m, j, k\rangle_{a,b_1,b_2}$ $(|m, n, j, k\rangle_{a,a_s,b_1,b_2})$ as $|m, j, k\rangle$ ($|m, n, j, k\rangle$). As shown in Fig. 9(a), under the red-sideband-resonance condition $\Delta_c = \omega_m$, the transitions $|m, j+1, k\rangle \leftrightarrow |m+1, j, k\rangle$ and $|m, j, k+1\rangle \leftrightarrow |m+1, j, k\rangle$ are resonant, and the transition $|m+1, j, k\rangle \rightarrow |m, j, k\rangle$ can further occur through the cavity-field decay κ . When the mechanical modes b_1 and b_2 are degenerate, the phonon modes decaying through the same cooling channel (cavity mode a) will interfere destructively with each other, then the ground-state cooling of the two mechanical modes cannot be realized. To break the dark-mode effect in this system, a natural and simple method is to introduce another cooling channel to the mechanical resonators. As shown in Fig. 9(b), under the red-sideband-resonance condition $\Delta_c = \omega_m$, except for the transitions $|m, n, j + 1, k\rangle \leftrightarrow |m + 1, n, j, k\rangle$ and $|m, n, j, k+1\rangle \leftrightarrow |m+1, n, j, k\rangle$ associated with the cavity mode a, the transitions $|m, n, j+1, k\rangle \leftrightarrow |m, n+1, j, k\rangle$ and $|m, n, j, k+1\rangle \leftrightarrow |m, n+1, j, k\rangle$ associated with the auxiliary cavity mode a_s can also occur. In this way, phonon dissipation prohibited by the cooling channel a can be decayed via a new cooling channel a_s . Therefore, by introducing the auxiliary cavity mode a_s , the dark-mode effect can be broken and the ground-state cooling of two mechanical resonators can be realized.

We point out that the main innovation in this work is the breaking of the dark-mode effect via the auxiliary cavity, and that the underlying physical mechanism of this scheme is the sideband cooling. Therefore, the system should work in the resolved-sideband regime and a resonant red-sideband driving is needed. In addition, though the dark mode appears theoretically in the degenerate mechanical-resonator case, our scheme works well even for near-degenerate resonators within a detuning window with the width of the cavity-field decay rate. Physically, the resonators with these detuned frequencies cannot be distinguished via the cavity emission spectrum.

V. GROUND-STATE COOLING AND DARK-MODE BREAKING IN A MULTIPLE-MECHANICAL-MODE OPTOMECHANICAL SYSTEM

In this section, we generalize the auxiliary-cavity-mode method to realize the simultaneous ground-state cooling of N mechanical modes in a multiple-mechanical-mode

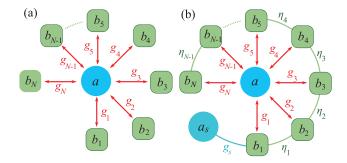


FIG. 10. (a) N-mechanical-mode optomechanical system consisting of an intermediate cavity mode optomechanically coupled to N mechanical modes. (b) Both the phonon-hopping interactions between two neighboring mechanical modes and the optomechanical interaction between the auxiliary cavity mode and the mechanical mode b_1 are introduced into the N-mechanical-mode optomechanical system.

optomechanical system, in which an intermediate cavity mode is coupled to N ($N \ge 3$) mechanical modes [see Fig. 10(a)]. Concretely, we introduce an auxiliary cavity mode optomechanically coupled to the first mechanical mode. We also introduce the phonon-hopping coupling between all the neighboring two mechanical modes [see Fig. 10(b)]. Moreover, we analyze the parameter conditions for forming and breaking the dark modes.

A. Simultaneous ground-state cooling of N mechanical modes

We consider a multiple-mechanical-mode optomechanical system, which is composed of an intermediate cavity mode, an auxiliary cavity mode, and N ($N \ge 3$) mechanical modes [see Fig. 10(b)]. In a rotating frame defined by the transformation operator $\exp[-i(\omega_L a^{\dagger} a + \omega_d a_s^{\dagger} a_s)t]$, the Hamiltonian of this system is written as

$$H_{I} = \Delta_{c} a^{\dagger} a + \sum_{l=1}^{N} [\omega_{l} b_{l}^{\dagger} b_{l} + g_{l} a^{\dagger} a (b_{l}^{\dagger} + b_{l})]$$

$$+ \sum_{l=1}^{N-1} \eta_{l} (b_{l}^{\dagger} b_{l+1} + b_{l+1}^{\dagger} b_{l}) + (\Omega a^{\dagger} + \text{H.c.})$$

$$+ \Delta_{s} a_{s}^{\dagger} a_{s} + g_{s} a_{s}^{\dagger} a_{s} (b_{1}^{\dagger} + b_{1}) + (\Omega_{s} a_{s}^{\dagger} + \text{H.c.}), \quad (30)$$

where the operators and variables for the cavity modes have been defined before, and b_l (b_l^{\dagger}) are the annihilation (creation) operators of the lth mechanical mode. The parameter g_l (g_s) denotes the single-photon optomechanical-coupling strength between the intermediate (auxiliary) cavity mode and the lth mechanical mode (mechanical mode b_1). The cavity mode a (a_s) is strongly driven by the laser field with the driving frequency ω_L (ω_d) and the driving amplitude Ω (Ω_s).

Similar to the two-mechanical-mode case, the two cavity fields are strongly driven by two laser fields, then the dynamics of this system can be treated by linearization method. Based on the Hamiltonian (30), the linearized

Langevin equations for the quantum fluctuations are given by

$$\begin{split} \delta \dot{a} &= -(\kappa + i\tilde{\Delta}_c)\delta a - i[g_1\alpha(\delta b_1 + \delta b_1^\dagger) + g_2\alpha(\delta b_2 + \delta b_2^\dagger) \\ &+ \ldots + ig_N\alpha(\delta b_N + \delta b_N^\dagger)] + \sqrt{2\kappa}a_{\rm in}, \\ \delta \dot{a}_s &= -(\kappa_s + i\Delta_s')\delta a_s - ig_s\alpha_s(\delta b_1 + \delta b_1^\dagger) + \sqrt{2\kappa_s}a_{s,\rm in}, \\ \delta \dot{b}_1 &= -(\gamma_1 + i\omega_1)\delta b_1 - ig_1\alpha^*\delta a - ig_1\alpha\delta a^\dagger - ig_s\alpha_s^*\delta a_s \\ &- ig_s\alpha_s\delta a_s^\dagger - i\eta_1\delta b_2 + \sqrt{2\gamma_1}b_{1,\rm in}, \\ \delta \dot{b}_2 &= -(\gamma_2 + i\omega_2)\delta b_2 - ig_2\alpha^*\delta a - ig_2\alpha\delta a^\dagger - i\eta_1\delta b_1 \\ &- i\eta_2\delta b_3 + \sqrt{2\gamma_2}b_{2,\rm in}, \\ \delta \dot{b}_3 &= -(\gamma_3 + i\omega_3)\delta b_3 - ig_3\alpha^*\delta a - ig_3\alpha\delta a^\dagger - i\eta_2\delta b_2 \\ &- i\eta_3\delta b_4 + \sqrt{2\gamma_3}b_{3,\rm in}, \\ \vdots \end{split}$$

$$\delta \dot{b}_{N-1} = -(\gamma_{N-1} + i\omega_{N-1})\delta b_{N-1} - ig_{N-1}\alpha^*\delta a - ig_{N-1}\alpha\delta a^{\dagger}$$
$$-i\eta_{N-2}\delta b_{N-2} - i\eta_{N-1}\delta b_N + \sqrt{2\gamma_{N-1}}b_{N-1,\text{in}},$$
$$\delta \dot{b}_N = -(\gamma_N + i\omega_N)\delta b_N - ig_N\alpha^*\delta a - ig_N\alpha\delta a^{\dagger}$$
$$-i\eta_{N-1}\delta b_{N-1} + \sqrt{2\gamma_N}b_{N,\text{in}},$$
(31)

where $\tilde{\Delta}_c = \Delta_c + \sum_{l=1}^N g_l(\beta_l + \beta_l^*) \left[\Delta_s' = \Delta_s + g_s(\beta_1 + \beta_1^*) \right]$ is the effective driving detuning of the cavity mode $a(a_s)$, and $G_l = g_l|\alpha|$ $(G_s = g_s|\alpha_s|)$ is the linearized optomechanical-coupling strength between the cavity mode $a(a_s)$ and the lth mechanical mode (mechanical mode b_1).

Below we study the ground-state cooling of N mechanical modes. The cooling performance of mechanical modes can be verified by calculating the final mean phonon numbers. Therefore, we rewrite the linearized Langevin equations (31) as

$$\dot{\tilde{\mathbf{u}}}(t) = \tilde{\mathbf{A}}\tilde{\mathbf{u}}(t) + \tilde{\mathbf{N}}(t), \tag{32}$$

where we introduce the vector of the quantum fluctuations $\tilde{\mathbf{u}}(t) = [\delta a, \delta a_s, \delta b_1, \cdots, \delta b_{N-1}, \delta b_N, \delta a^{\dagger}, \delta a_s^{\dagger}, \delta b_1^{\dagger}, \cdots, \delta b_{N-1}^{\dagger}, \delta b_N^{\dagger}]^T$ and the vector of the quantum noise $\tilde{\mathbf{N}}(t) = \sqrt{2}[\sqrt{\kappa}a_{\text{in}}, \sqrt{\kappa_s}a_{s,\text{in}}, \sqrt{\gamma_1}b_{1,\text{in}}, \cdots, \sqrt{\gamma_{N-1}}b_{N-1,\text{in}}, \sqrt{\gamma_N}b_{N,\text{in}}, \sqrt{\kappa_s}a_{\text{in}}^{\dagger}, \sqrt{\kappa_s}a_{s,\text{in}}^{\dagger}, \sqrt{\gamma_1}b_{1,\text{in}}^{\dagger}, \cdots, \sqrt{\gamma_{N-1}}b_{N-1,\text{in}}^{\dagger}, \sqrt{\gamma_N}b_{N,\text{in}}^{\dagger}]^T$. The

corresponding coefficient matrix $\tilde{\mathbf{A}} = \begin{pmatrix} -\tilde{\mathbf{E}} & \tilde{\mathbf{F}} \\ \tilde{\mathbf{F}}^* & -\tilde{\mathbf{E}}^* \end{pmatrix}$ with

$$\tilde{\mathbf{E}} = \begin{pmatrix} \kappa + i\tilde{\Delta}_c & 0 & iG_1 & \cdots & iG_{N-1} & iG_N \\ 0 & \kappa_s + i\Delta'_s & iG_s & \cdots & 0 & 0 \\ iG_1^* & iG_s^* & \gamma_1 + i\omega_1 & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ iG_{N-1}^* & 0 & 0 & \cdots & \gamma_{N-1} + i\omega_{N-1} & i\eta_{N-1} \\ iG_N^* & 0 & 0 & \cdots & i\eta_{N-1} & \gamma_N + i\omega_N \end{pmatrix}$$
(33)

and

$$\tilde{\mathbf{F}} = \begin{pmatrix} 0 & 0 & -iG_1 & \cdots & -iG_{N-1} & -iG_N \\ 0 & 0 & -iG_s & \cdots & 0 & 0 \\ -iG_1 & -iG_s & 0 & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ -iG_{N-1} & 0 & 0 & \cdots & 0 & 0 \\ -iG_N & 0 & 0 & \cdots & 0 & 0 \end{pmatrix}.$$
(34)

The formal solution of Eq. (32) is given by

$$\tilde{\mathbf{u}}(t) = \tilde{\mathbf{M}}(t)\tilde{\mathbf{u}}(0) + \int_0^t \tilde{\mathbf{M}}(t-s)\tilde{\mathbf{N}}(s)ds, \tag{35}$$

where the matrix $\tilde{\mathbf{M}}(t) = \exp(\tilde{\mathbf{A}}t)$. Note that our simulations should satisfy the stability conditions, which can be obtain by analyzing the Routh-Hurwitz criterion [73].

Based on Eq. (35), we can obtain the final mean phonon numbers by solving the Lyapunov equation. For this reason, we introduce the covariance matrix $\tilde{\mathbf{V}}$ of the system by defining the matrix elements as

$$\tilde{\mathbf{V}}_{ij} = \frac{1}{2} [\langle \tilde{\mathbf{u}}_i(\infty) \tilde{\mathbf{u}}_j(\infty) \rangle + \langle \tilde{\mathbf{u}}_j(\infty) \tilde{\mathbf{u}}_i(\infty) \rangle]. \tag{36}$$

Under the stability conditions, the covariance matrix $\tilde{\mathbf{V}}$ is determined by the Lyapunov equation

$$\tilde{\mathbf{A}}\tilde{\mathbf{V}} + \tilde{\mathbf{V}}\tilde{\mathbf{A}}^T = -\tilde{\mathbf{Q}},\tag{37}$$

where

$$\tilde{\mathbf{Q}} = \frac{1}{2}(\tilde{\mathbf{C}} + \tilde{\mathbf{C}}^T),\tag{38}$$

with $\tilde{\mathbf{C}}$ being the correlation matrix related to the noise operators. In the Markovian-dissipation case, the correlation matrix $\tilde{\mathbf{C}}$ can be obtained as $\tilde{\mathbf{C}} = 2\begin{pmatrix} 0 & \mathbf{P} \\ \mathbf{R} & 0 \end{pmatrix}$, with

$$\mathbf{P} = \begin{pmatrix} \kappa & 0 & 0 & \cdots & 0 & 0 \\ 0 & \kappa_s & 0 & \cdots & 0 & 0 \\ 0 & 0 & \gamma_1 (\bar{n}_1 + 1) & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & 0 & \cdots & \gamma_{N-1} (\bar{n}_{N-1} + 1) & 0 \\ 0 & 0 & 0 & \cdots & 0 & \gamma_N (\bar{n}_N + 1) \end{pmatrix}$$
(39)

and

$$\mathbf{R} = \begin{pmatrix} 0 & 0 & 0 & \cdots & 0 & 0 \\ 0 & 0 & 0 & \cdots & 0 & 0 \\ 0 & 0 & \gamma_1 \bar{n}_1 & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & 0 & \cdots & \gamma_{N-1} \bar{n}_{N-1} & 0 \\ 0 & 0 & 0 & \cdots & 0 & \gamma_N \bar{n}_N \end{pmatrix}. \tag{40}$$

According to the covariance matrix $\tilde{\mathbf{V}}$ defined in Eq. (36), we can derive the final mean phonon numbers of the *l*th mechanical mode as

$$\langle \delta b_l^{\dagger} \delta b_l \rangle = \tilde{\mathbf{V}}_{N+l+4,l+2} - \frac{1}{2}, \tag{41}$$

where $\tilde{\mathbf{V}}_{N+l+4,l+2}$ is the matrix element of the covariance matrix $\tilde{\mathbf{V}}$.

Below we study the cooling performance of the mechanical modes when there are 3 or 4 mechanical modes in the optomechanical system. For simplicity, we consider that the resonance frequencies of all mechanical modes are equal

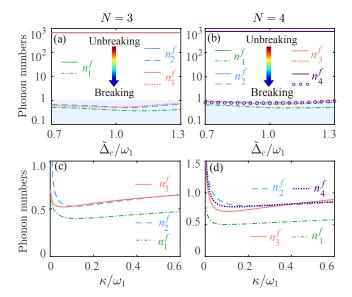


FIG. 11. The final mean phonon numbers (a) [(b)] n_l^f as functions of the scaled driving detuning $\tilde{\Delta}_c/\omega_1$ in the dark-mode-unbreaking $(G_s/\omega_1=0$ and $\eta_l/\omega_1=0)$ or -breaking $(G_s/\omega_1=0.1$ and $\eta_l/\omega_1=0.06)$ cases for N=3 (N=4). The final mean phonon numbers (c) [(d)] n_l^f as functions of the scaled cavity-field decay rate κ/ω_1 for N=3 (N=4). The parameter $\kappa/\omega_1=0.1$ is used in panels (a) and (b), the parameter $\tilde{\Delta}_c/\omega_1=1$ is used in panels (c) and (d). Other parameters used are $\omega_l/\omega_1=1$, $\Delta_s'/\omega_1=1$, $\kappa_s/\omega_1=0.1$, $\eta_l/\omega_1=0.06$, $\gamma_l/\omega_1=10^{-5}$, $G_l/\omega_1=0.05$, $G_s/\omega_1=0.1$, and $\bar{n}_l=1000$.

 $(\omega_l = \omega_m \text{ for } l = 1, \dots, N)$. Similarly, the phonon-hopping coupling strengths $[\eta_l = \eta \text{ for } l = 1, \dots, (N-1)]$ and optomechanical-coupling strengths $(G_l = G \text{ for } l = 1, \dots, N)$ are also same.

As shown in Figs. 11(a) and 11(b), the final mean phonon numbers n_j^f are plotted as functions of the scaled driving detuning $\tilde{\Delta}_c/\omega_m$ in both the dark-mode-breaking case $(G_s/\omega_1=0.1$ and $\eta_l/\omega_m=0.06)$ and the dark-mode-unbreaking case $(G_s=\eta_l=0)$. We can see that the ground-state cooling cannot be realized for these mechanical modes when the auxiliary cavity mode and phonon-hopping interactions are absent $(G_s=\eta_l=0)$ [see the upper curves in Figs. 11(a) and 11(b)]. This is because the thermal excitations stored in the dark modes cannot be extracted out through the cooling channel related to cavity mode a.

When the auxiliary cavity mode and the phonon-hopping interactions are introduced, a new cooling channel is formed and the dark modes are broken, then the ground-state cooling of multiple mechanical modes can be realized, as shown in Figs. 11(a) and 11(b). Moreover, in Figs. 11(c) and 11(d), we plot the final mean phonon numbers n_l^f as functions of the cavity-field decay rate κ/ω_1 . We find that the cooling performance of the first mechanical mode is the best, because it is directly connected to the auxiliary cavity mode. The cooling performance of other mechanical modes is almost the same, because all the other mechanical modes have similar coupling connections with the cooling baths.

B. Parameter conditions for breaking the dark modes

To study the parameter conditions for breaking the dark modes, we can derive the approximate linearized Hamiltonian, which governs the dynamics of the system. To implement the cooling scheme, the system should work in the red-sideband resonance regime, in which the rotating-wave approximation can be safely performed. By discarding the noise terms, the linearized optomechanical Hamiltonian is given by

$$H_{I} = \tilde{\Delta}_{c}\delta a^{\dagger}\delta a + \sum_{l=1}^{N} \omega_{l}\delta b_{l}^{\dagger}\delta b_{l} + \sum_{l=1}^{N} G_{l}(\delta a^{\dagger}\delta b_{l} + \delta b_{l}^{\dagger}\delta a)$$

$$+ \Delta_{s}'\delta a_{s}^{\dagger}\delta a_{s} + \sum_{l=1}^{N-1} [\eta_{l}(\delta b_{l}\delta b_{l+1}^{\dagger} + \delta b_{l+1}\delta b_{l}^{\dagger})]$$

$$+ G_{s}(\delta a_{s}^{\dagger}\delta b_{1} + \delta b_{1}^{\dagger}\delta a_{s}). \tag{42}$$

To clearly see the dark-mode effect in the multiple-mechanical-mode optomechanical system, we first consider the situation where the auxiliary cavity and the phonon-hopping interactions between two neighboring mechanical modes are absent, i.e., $\Delta_s' = 0$, $\eta_l = 0$, and $G_s = 0$ [see Fig. 10(a)], then Hamiltonian (42) becomes

$$H_I' = \tilde{\Delta}_c \delta a^{\dagger} \delta a + \sum_{l=1}^{N} \omega_l \delta b_l^{\dagger} \delta b_l + \sum_{l=1}^{N} G_l (\delta a^{\dagger} \delta b_l + \delta b_l^{\dagger} \delta a). \tag{43}$$

For simplicity, we consider that all the mechanical modes have the same resonance frequencies ($\omega_l = \omega_m$), and the optomechanical-coupling strengths between the intermediate cavity mode and all mechanical modes are also the same ($G_l = G$). In this case, there are a bright mode $B_+ = \sum_{l=1}^N \delta b_l / \sqrt{N}$ and (N-1) dark modes decoupled from the intermediate cavity mode. Therefore, the thermal excitations stored in the dark modes cannot be extracted out though the cooling channel of the cavity mode, and then the ground-state cooling of these mechanical modes cannot be realized.

To break the dark mode and achieve the ground-state cooling of N mechanical modes, we introduce an auxiliary cavity mode optomechanically coupled to the mechanical mode b_1 and phonon-hopping interactions between the neighboring mechanical modes, as shown in Fig. 10(b). For convenience, we consider the case where all the phonon-hopping coupling strengths are same ($\eta_l = \eta$). Thus, the Hamiltonian associated with these coupled mechanical modes can be diagonalized as

$$H_{\text{mph}} = \omega_m \sum_{l=1}^{N} \delta b_l^{\dagger} \delta b_l + \eta \sum_{l=1}^{N-1} (\delta b_l \delta b_{l+1}^{\dagger} + \delta b_{l+1} \delta b_l^{\dagger})$$
$$= \sum_{k=1}^{N} \Omega_k B_k^{\dagger} B_k, \tag{44}$$

where Ω_k is the resonance frequency of the kth hybrid mechanical mode B_k , and Ω_k is defined by

$$\Omega_k = \omega_m + 2\eta \cos\left(\frac{k\pi}{N+1}\right), \quad k = 1, 2, 3, \dots, N. \quad (45)$$

Meanwhile, the relationship between the hybrid mode B_k and the mechanical mode δb_l can be expressed as

$$\delta b_l = \frac{1}{D} \sum_{k=1}^{N} \sin\left(\frac{lk\pi}{N+1}\right) B_k,\tag{46}$$

with $D = \sqrt{(N+1)/2}$. When the auxiliary cavity mode is absent, by substituting the hybrid mode B_k into the Hamiltonian (42), we can obtain

$$H_I = \tilde{\Delta}_c \delta a^{\dagger} \delta a + \sum_{k=1}^{N} \Omega_k B_k^{\dagger} B_k + H_{\text{oi}}, \tag{47}$$

where the optomechanical-interaction Hamiltonian H_{oi} is given by

$$H_{\text{oi}} = \sum_{k=1}^{N} \left[\frac{G}{D} \sum_{l=1}^{N} \sin\left(\frac{lk\pi}{N+1}\right) \delta a B_k^{\dagger} + \text{H.c.} \right]. \tag{48}$$

From Eq. (48) we can see that the coupling strength between the cavity mode a and the hybrid mode B_k is determined by the coefficient $(G/D)\left\{\sum_{l=2}^{N}\sin\left[lk\pi/(N+1)\right]\right\}$. Hence, we next analyze the dependence of this coefficient on the variables k and N.

First, we consider the situation of N=2. In this case, the system is reduced to the two-mechanical-mode optomechanical system, which has been detailedly analyzed in previous sections. When N=2, the optomechanical interaction becomes

$$H_{\text{oi}} = \sqrt{2}G\delta a B_1^{\dagger} + \sqrt{2}G^* B_1 \delta a^{\dagger}. \tag{49}$$

It is obvious that the hybrid mechanical mode B_2 becomes a dark mode, which decouples from both the cavity mode a and the hybrid mechanical mode B_1 , so the ground-state cooling of the two mechanical modes becomes unaccessible.

In the case of $N \geq 3$, the coupling coefficient between the cavity mode a and the kth hybrid mechanical mode B_k defined in Eq. (48) is given by $\frac{G}{D}\sum_{l=1}^N\sin\left(\frac{lk\pi}{N+1}\right)$. Since the forms of the coupling coefficients are different when N is either an odd number or an even number, below we will analyze two cases corresponding to odd and even N, respectively. (i) When N is an odd number, the form of the coupling coefficient depends on k. If k is also an odd number, we get $\frac{G}{D}\sum_{l=1}^N\sin\left(\frac{lk\pi}{N+1}\right)\neq 0$. If k is even, we obtain $\frac{G}{D}\sum_{l=1}^N\sin\left(\frac{lk\pi}{N+1}\right)=0$. (ii) For an even N, when k is an odd number, we obtain $\frac{G}{D}\sum_{l=1}^N\sin\left(\frac{lk\pi}{N+1}\right)\neq 0$. When k is also an even number, we get $\frac{G}{D}\sum_{l=1}^N\sin\left(\frac{lk\pi}{N+1}\right)=0$.

Based on the above discussions, we can find that for an odd k, the coupling strength between the intermediate cavity mode a and the kth hybrid mechanical mode B_k is nonzero. However, when k is an even number, the intermediate cavity mode a is decoupled from the kth hybrid mechanical mode B_k . In this situation, all the even hybrid mechanical modes are decoupled from the intermediate cavity mode. Thus, the ground-state cooling of multiple mechanical modes cannot be realized under the influence of the dark-mode effect. Nevertheless, we can introduce an auxiliary cavity mode a_s to break the dark-mode effect, which is coupled to the

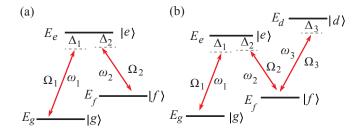


FIG. 12. (a) Schematic of the three-level system, which consists of three states $|e\rangle$, $|f\rangle$, and $|g\rangle$, with the corresponding energies E_e , E_f , and E_g . The coupling strengthes of the transition processes $|g\rangle \leftrightarrow |e\rangle$ and $|f\rangle \leftrightarrow |e\rangle$ are, respectively, denoted by Ω_1 and Ω_2 with the corresponding detunings Δ_1 and Δ_2 . (b) Schematic of the "N"-type four-level system. In addition to the couplings and states introduced in Fig. 12(a), we introduce an auxiliary state $|d\rangle$ coupled to the lower state $|f\rangle$ with the coupling strength Ω_3 and the detuning Δ_3 .

mechanical mode b_1 via the radiation-pressure interaction. By substituting the hybrid mechanical modes B_k into the optomechanical Hamiltonian $H_{\text{som}} = G_s(\delta a_s^{\dagger} \delta b_1 + \delta b_1^{\dagger} \delta a_s)$, we can get

$$H_{\text{som}} = G_s \sum_{k=1}^{N} \left[\sin \left(\frac{k\pi}{N+1} \right) \delta a_s^{\dagger} B_k + \text{H.c.} \right].$$
 (50)

It can be seen from Eq. (50) that all the hybrid mechanical modes B_k are coupled with the auxiliary cavity mode a_s . Even when the even hybrid mechanical modes are decoupled from the intermediate cavity mode a, the ground-state cooling of the N mechanical modes can still be achieved through the cooling channel associated with the auxiliary cavity mode a_s .

VI. PHYSICAL MECHANISM FOR BREAKING THE DARK-STATE EFFECT IN THE "N"-TYPE FOUR-LEVEL ATOMIC SYSTEM

To further investigate the generality of the physical mechanism for breaking the dark-mode effect, in this section we consider the dark-state effect in an atomic-level system. Concretely, we demonstrate the dark-state effect in a Lambda-type three-level system and show how to break this dark-state effect by introducing an auxiliary state coupled to one of the two lower states, namely, forming a "N"-type four-level system (Fig. 12). For the three-level system, the Hamiltonian reads

$$H_{\text{TLS}}(t) = E_e |e\rangle\langle e| + E_f |f\rangle\langle f| + E_g |g\rangle\langle g|$$

+ $(\Omega_1 |e\rangle\langle g|e^{-i\omega_1 t} + \Omega_2 |e\rangle\langle f|e^{-i\omega_2 t} + \text{H.c.}), (51)$

where E_e , E_f , and E_g denote the energies of energy levels $|e\rangle$, $|f\rangle$, and $|g\rangle$, respectively. For convenience, hereafter we assume the energy of the ground state is 0 ($E_g = 0$). The two atomic transitions $|g\rangle \leftrightarrow |e\rangle$ and $|f\rangle \leftrightarrow |e\rangle$ are, respectively, coupled to the two monochromatic fields with the frequencies ω_1 and ω_2 and the transition amplitudes Ω_1 and Ω_2 . In a rotating frame with respect to $\omega_1|e\rangle\langle e|+E_f|f\rangle\langle f|+E_g|g\rangle\langle g|$,

the Hamiltonian in Eq. (51) becomes

$$V_I = \Delta_1 |e\rangle\langle e| + \Omega_1(|e\rangle\langle g| + |g\rangle\langle e|) + \Omega_2(|e\rangle\langle f| + |f\rangle\langle e|),$$
(52)

where $\Delta_1 = E_e - \omega_1$ and $\Delta_2 = E_e - E_f - \omega_2$ are the transition detunings.

To better study the eigenvalues and eigenstates of the Hamiltonian (52), we introduce three basis states defined by the following vectors

$$|e\rangle = (1 \ 0 \ 0)^T, \quad |f\rangle = (0 \ 1 \ 0)^T, \quad |g\rangle = (0 \ 0 \ 1)^T.$$
 (53)

For demonstrating the dark-state effect in this three-level system, we consider the single- and two-photon resonance cases, i.e., $\Delta_1 = \Delta_2 = 0$, then the Hamiltonian V_I can be written as

$$V_I = \Omega_2 \begin{pmatrix} 0 & 1 & \xi \\ 1 & 0 & 0 \\ \xi & 0 & 0 \end{pmatrix}, \tag{54}$$

where $\xi = \Omega_1/\Omega_2$ is the amplitude ratio.

The dark-state effect of this three-level system can be analyzed by calculating the eigensystem of the matrix V_I given in Eq. (54). The eigen-equation of V_I reads

$$V_I |\lambda_s\rangle = \lambda_s |\lambda_s\rangle, \quad s = 1, 2, 3.$$
 (55)

The eigenvalues are given by $\lambda_1 = 0$, $\lambda_2 = -\Omega_2 \sqrt{1 + \xi^2}$, and $\lambda_3 = \Omega_2 \sqrt{1 + \xi^2}$. The corresponding eigenstates can be obtained as

$$|\lambda_{1}\rangle = \frac{1}{\sqrt{1+\xi^{2}}}(0|e\rangle - \xi|f\rangle + |g\rangle),$$

$$|\lambda_{2}\rangle = \frac{1}{\sqrt{2(1+\xi^{2})}} \left(-\sqrt{1+\xi^{2}}|e\rangle + |f\rangle + \xi|g\rangle\right),$$

$$|\lambda_{3}\rangle = \frac{1}{\sqrt{2(1+\xi^{2})}} \left(\sqrt{1+\xi^{2}}|e\rangle + |f\rangle + \xi|g\rangle\right). \tag{56}$$

To study the dark-state effect in this system, we can calculate the probability of the excited state $|e\rangle$ in these eigenstates,

$$P_e^{[s]} = |\langle e|\lambda_s\rangle|^2. \tag{57}$$

By combining Eqs. (56) and (57), we find that the probability of the eigenstate $|\lambda_1\rangle$ is always zero, which means that the eigenstate $|\lambda_1\rangle$ is the dark state.

To break the dark-state effect in the Lambda-type three-level system, we introduce an auxiliary state coupled to the lower states $|f\rangle$, namely, forming a "N"-type four-level system. The Hamiltonian of this system can be expressed as

$$H_{\text{FLS}}(t) = H_{\text{TLS}}(t) + E_d |d\rangle\langle d| + \Omega_3(|d\rangle\langle f|e^{-i\omega_3 t} + \text{H.c.})(58)$$

where ω_3 is the frequency of the monochromatic field, and $|d\rangle$ is the auxiliary state coupled to the lower state $|f\rangle$ with the coupling strength Ω_3 . In a rotating frame with respect to

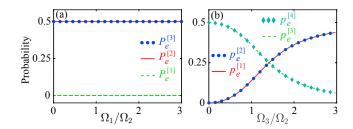


FIG. 13. (a) The probability $P_e^{[s]}$ of the excited state $|e\rangle$ in these three eigenstates versus the amplitude ratio Ω_1/Ω_2 in the three-level system. (b) The probability $p_e^{[s]}$ of these four eigenstates versus the amplitude ratio Ω_3/Ω_2 in the four-level system.

 $\omega_1|e\rangle\langle e|+E_f|f\rangle\langle f|+E_g|g\rangle\langle g|+(E_f+\omega_3)|d\rangle\langle d|$, the Hamiltonian H_{FLS} becomes

$$V_{I}^{'} = \Delta_{1}|e\rangle\langle e| + \Delta_{3}|d\rangle\langle d| + \Omega_{1}(|e\rangle\langle g| + |g\rangle\langle e|) + \Omega_{2}(|e\rangle\langle f| + |f\rangle\langle e|) + \Omega_{3}(|d\rangle\langle f| + |f\rangle\langle d|), \quad (59)$$

where $\Delta_3 = E_d - E_f - \omega_3$ is the transition detuning.

By defining the four basis states with the following vectors

$$|e\rangle = (1 \ 0 \ 0 \ 0)^T, \quad |f\rangle = (0 \ 1 \ 0 \ 0)^T, |g\rangle = (0 \ 0 \ 1 \ 0)^T, \quad |d\rangle = (0 \ 0 \ 0 \ 1)^T, \quad (60)$$

the Hamiltonian V_I can be expressed as

$$V_{I}^{'} = \Omega' \begin{pmatrix} 0 & 1 & 1 & 0 \\ 1 & 0 & 0 & \xi' \\ 1 & 0 & 0 & 0 \\ 0 & \xi' & 0 & 0 \end{pmatrix}.$$
 (61)

Here, we introduce the parameter $\Omega_1 = \Omega_2 = \Omega'$ and $\Omega_3/\Omega' = \xi'$, and consider the case $\Delta_1 = \Delta_3 = 0$. Follow the standard procedure as performed in the three-level system, we can obtain the eigenvalues of the matrix V_I as

$$\lambda'_{s=1,2,3,4} = \pm \Omega' \sqrt{\frac{2 + \xi'^2 \pm \sqrt{(2 + \xi'^2)^2 - 4\xi'^2}}{2}}.$$
 (62)

The corresponding eigenstates are given by

$$|\lambda_s^{'}\rangle = |\delta|[\lambda_s^{'}(\lambda_s^{'2} - \xi^{'2})|e\rangle + \lambda_s^{'2}|f\rangle + (\lambda_s^{'2} - \xi^{'2})|g\rangle + \lambda_s^{'}\xi^{'}|d\rangle], (63)$$

where $|\delta|^2 = 1/[(\lambda_s'^2 + 1)(\lambda_s'^2 - \xi'^2)^2 + \lambda_s'^2(\lambda_s'^2 + \xi'^2)]$ is the normalization constant. To check the dark-state effect in this system, we also calculate the probability of these eigenstates,

$$p_e^{[s]} = |\langle e|\lambda_s'\rangle|^2,\tag{64}$$

where p_e is the probability of the excited-state $|e\rangle$ in the "N"-type four-level system.

In Fig. 13(a), we plot the probability $P_e^{[s]}$ of these three eigenstates $|\lambda_s\rangle$ (s=1,2,3, and 4) as a function of the amplitude ratio Ω_1/Ω_2 in the three-level system. We can find that the probability $P_e^{[1]}$ is always zero no matter how the ratio changes, which means that the eigenstate $|\lambda_1\rangle$ is the dark state. In Fig. 13(b), we plot the probability $P_e^{[s]}$ of these four

Notation	Remarks	Parameters in Ref. [11]	Used parameters
ω_1	frequency of the first mechanical oscillator	$2\pi \times 10 \text{ MHz}$	frequency scale
ω_2	frequency of the second mechanical oscillator	$2\pi \times 11.3 \text{ MHz}$	$\omega_2/\omega_1=1$
К	decay rate of the intermediate cavity field	$2\pi \times 1.38 \text{ MHz}$	$\kappa/\omega_1 = 0.1$
K _S	decay rate of the auxiliary cavity field		$\kappa_s/\omega_1=0.1$
$G_{1(2)}$	effective optomechanical-coupling strength	$2\pi \times (0.1 - 0.5)$ MHz	$G_{1(2)}/\omega_1 = 0.05$
$\frac{G_{s1(s2)}}{n_1^{th}} \\ \frac{n_2^{th}}{n_2^{th}}$	effective optomechanical-coupling strength		$G_{s1(s2)}/\omega_1 = 0.08$
n_1^{th}	phonon number in the first mechanical oscillator	41	1000
n_2^{th}	phonon number in the second mechanical oscillator	30	1000
γ_1	damping rate of the first mechanical oscillator	$2\pi \times 106 \text{ Hz}$	$\gamma_1/\omega_1=10^{-5}$
γ_2	damping rate of the second mechanical oscillator	$2\pi \times 144 \text{ Hz}$	$\gamma_2/\omega_1=10^{-5}$
$\overline{\eta}$	phonon-hopping coupling strength		$\eta/\omega_1 = 0.03-0.06$
\overline{J}	photon-hopping coupling strength		$J/\omega_1 = 0.03$

TABLE I. Reported experimental parameters in the electromechanical system [11] and the scaled parameters used in our simulations. The columns 1, 2, 3, and 4 present the notation, the remarks, the reported experimental parameters, and the used scaled parameters, respectively.

eigenstates $|\lambda_s'\rangle$ as a function of the amplitude ratio Ω_3/Ω_2 in the "N"-type four-level system. Here, we can see that the probabilities $p_e^{[1]}$ and $p_e^{[2]}$ are zero when the amplitude ratio $\Omega_3/\Omega_2=0$, which means that the two eigenstates $|\lambda_1'\rangle$ and $|\lambda_2'\rangle$ are dark states when the transition channel between the auxiliary state $|d\rangle$ and the lower state $|f\rangle$ is closed. However, with the increase of ratio Ω_3/Ω_2 , the excited-state probability of the four eigenstates are nonzero, which means that the dark-state effect is broken when the auxiliary state is introduced to the system.

VII. DISCUSSION ON EXPERIMENT IMPLEMENTATION

In this section we present some discussion on the experimental implementation of this scheme. This system only involves the linearized optomechanical couplings and photon (phonon)-hopping coupling, which are experimentally accessible in current optomechanical systems [2]. In the simulations, we consider the model in the resolved-sideband regime $\omega_{l=1,2} \gg \kappa_{(s)}$ and take the linearized coupling strengths as $G_l/\omega_1 < 0.1$ and $G_{sl}/\omega_1 < 0.1$ for l=1,2, which have been realized in many optomechanical systems [2]. The photon-hopping and phonon-hopping interactions have been experimentally realized in optomechanical crystal circuits [35] and double-microdisk whispering-gallery resonators [77]. All these advances confirm the experimental feasibility of this scheme.

Next, we present some parameter analysis based on the circuit electromechanical systems [11, 13, 14, 44, 55], where the two effective microwave cavities are two superconducting circuits on a quartz substrate. They have the same resonance frequency $\omega_c = \omega_s \approx 2\pi \times 4.2$ GHz. The two mechanical modes are two drum resonators that function as compliant capacitances in the circuit. The mechanical position can affect the resonance frequency of microwave cavity, then the optomechanical interaction can be realized. Note that one of the two microwave cavities acts as the intermediate coupling cavity mode coupled to two mechanical modes, while the other microwave cavity is only coupled to one of the two mechanical modes. Here, the mechanical modes of two drums

have the resonance frequency $\omega_1 = \omega_2 \approx 2\pi \times 10$ MHz. The intrinsic energy decay rates of two microwave cavities and two drum resonators are $\kappa = \kappa_s \approx 2\pi \times 1$ MHz and $\gamma_1 = \gamma_2 \approx 2\pi \times 100$ Hz, respectively. The effective coupling rates between the intermediate coupling microwave cavity and the two drum resonators are $G_1 = G_2 \approx 2\pi \times 0.5$ MHz, and the effective coupling rates between the auxiliary microwave cavity and the two drum resonators are $G_{s1} = G_{s2} \approx 2\pi \times 0.8$ MHz. In Table I we present the reported experimental parameters in the circuit electromechanical systems [11] and the scaled parameters used in our simulations. By comparing these used scaled parameters and the experimental parameters, we find that the experimental implementation of this scheme should be within the reach of current or near-future experimental conditions.

VIII. CONCLUSION

In conclusion, we have proposed an auxiliary-cavity-mode method to realize simultaneous ground-state cooling of two degenerate or near-degenerate mechanical modes. We have also studied the general physical coupling configuration for breaking the dark mode in the network-coupled four-mode optomechanical system. The analytical parameter conditions for breaking the dark-mode effect have been found. Moreover, we have generalized this method to realize ground-state cooling of multiple mechanical modes, which was achieved by introducing the auxiliary cavity mode and phonon-hopping couplings between nearest-neighboring mechanical modes. We also describe the physical mechanism for breaking the dark-state effect in the "N"-type four-level atomic system. Our results pave a way toward the demonstration of macroscopic quantum coherence and quantum manipulation in multiple-mechanical-mode optomechnical systems.

ACKNOWLEDGMENTS

J.-Q.L. was supported in part by National Natural Science Foundation of China (Grants No. 12175061, No. 11822501,

No. 11774087, and No. 11935006), the Science and Technology Innovation Program of Hunan Province (Grants No. 2021RC4029 and No. 2020RC4047), and Hunan Science and Technology Plan Project (Grant No. 2017XK2018). J.-F.H. is supported in part by the National Natural Science Foundation of China (Grant No. 12075083), and Natural Science Foundation of Hunan Province, China (Grant No. 2020JJ5345). F.N. is supported in part by: Nippon Telegraph and Telephone Corporation (NTT) Research, the Japan Science and Technology Agency (JST) [via the Quantum

Leap Flagship Program (Q-LEAP), the Moonshot R&D Grant Number JPMJMS2061, and the Centers of Research Excellence in Science and Technology (CREST) Grant No. JPMJCR1676], the Japan Society for the Promotion of Science (JSPS) [via the Grants-in-Aid for Scientific Research (KAKENHI) Grant No. JP20H00134 and the JSPS-RFBR Grant No. JPJSBP120194828], the Army Research Office (ARO) (Grant No. W911NF-18-1-0358), the Asian Office of Aerospace Research and Development (AOARD) (via Grant No. FA2386-20-1-4069), and the Foundational Questions Institute Fund (FQXi) via Grant No. FQXi-IAF19-06.

- [1] T. J. Kippenberg and K. J. Vahala, Cavity optomechanics: Backaction at the mesoscale, Science **321**, 1172 (2008).
- [2] M. Aspelmeyer, T. J. Kippenberg, and F. Marquardt, Cavity optomechanics, Rev. Mod. Phys. 86, 1391 (2014).
- [3] M. Metcalfe, Applications of cavity optomechanics, Appl. Phys. Rev. 1, 031105 (2014).
- [4] S. Mancini, V. Giovannetti, D. Vitali, and P. Tombesi, Entangling Macroscopic Oscillators Exploiting Radiation Pressure, Phys. Rev. Lett. 88, 120401 (2002).
- [5] K. Børkje, A. Nunnenkamp, and S. M. Girvin, Proposal for Entangling Remote Micromechanical Oscillators via Optical Measurements, Phys. Rev. Lett. 107, 123601 (2011).
- [6] K. Stannigel, P. Komar, S. J. M. Habraken, S. D. Bennett, M. D. Lukin, P. Zoller, and P. Rabl, Optomechanical Quantum Information Processing with Photons and Phonons, Phys. Rev. Lett. 109, 013603 (2012).
- [7] F. Massel, S. U. Cho, J.-M. Pirkkalainen, P. J. Hakonen, T. T. Heikkilä, and M. A. Sillanpää, Multimode circuit optomechanics near the quantum limit, Nat. Commun. 3, 987 (2012).
- [8] N. Spethmann, J. Kohler, S. Schreppler, L. Buchmann, and D. M. Stamper-Kurn, Cavity-mediated coupling of mechanical oscillators limited by quantum backaction, Nat. Phys. 12, 27 (2016).
- [9] P. Piergentili, L. Catalini, M. Bawaj, S. Zippilli, N. Malossi, R. Natali, D. Vitali, and G. Di Giuseppe, Two-membrane cavity optomechanics, New J. Phys. 20, 083024 (2018).
- [10] R. Riedinger, A. Wallucks, I. Marinković, C. Löschnauer, M. Aspelmeyer, S. Hong, and S. Gröblacher, Remote quantum entanglement between two micromechanical oscillators, Nature (London) 556, 473 (2018).
- [11] C. F. Ockeloen-Korppi, E. Damskägg, J.-M. Pirkkalainen, M. Asjad, A. A. Clerk, F. Massel, M. J. Woolley, and M. A. Sillanpää, Stabilized entanglement of massive mechanical oscillators, Nature (London) 556, 478 (2018).
- [12] C. Yang, X. Wei, J. Sheng, and H. Wu, Phonon heat transport in cavity-mediated optomechanical nanoresonators, Nat. Commun. 11, 4656 (2020).
- [13] S. Kotler, G. A. Peterson, E. Shojaee, F. Lecocq, K. Cicak, A. Kwiatkowski, S. Geller, S. Glancy, E. Knill, R. W. Simmonds, J. Aumentado, and J. D. Teufel, Direct observation of deterministic macroscopic entanglement, Science 372, 622 (2021).
- [14] L. M. de Lépinay, C. F. Ockeloen-Korppi, M. J. Woolley, and M. A. Sillanpää, Quantum mechanics-free subsystem with mechanical oscillators, Science 372, 625 (2021).

- [15] M. Bhattacharya and P. Meystre, Multiple membrane cavity optomechanics, Phys. Rev. A 78, 041801(R) (2008).
- [16] A. Xuereb, C. Genes, and A. Dantan, Strong Coupling and Long-Range Collective Interactions in Optomechanical Arrays, Phys. Rev. Lett. 109, 223601 (2012).
- [17] X.-W. Xu, Y.-J. Zhao, and Y.-X. Liu, Entangled-state engineering of vibrational modes in a multimembrane optomechanical system, Phys. Rev. A 88, 022325 (2013).
- [18] A. Mari, A. Farace, N. Didier, V. Giovannetti, and R. Fazio, Measures of Quantum Synchronization in Continuous Variable Systems, Phys. Rev. Lett. 111, 103605 (2013).
- [19] M. Zhang, S. Shah, J. Cardenas, and M. Lipson, Synchronization and Phase Noise Reduction in Micromechanical Oscillator Arrays Coupled through Light, Phys. Rev. Lett. 115, 163902 (2015).
- [20] W. H. P. Nielsen, Y. Tsaturyan, C. B. Møller, E. S. Polzik, and A. Schliesser, Multimode optomechanical system in the quantum regime, Proc. Natl. Acad. Sci. U.S.A. 114, 62 (2017).
- [21] L. Mercadé, K. Pelka, R. Burgwal, A. Xuereb, A. Martínez, and E. Verhagen, Floquet Phonon Lasing in Multimode Optomechanical Systems, Phys. Rev. Lett. 127, 073601 (2021).
- [22] D.-G. Lai, X. Wang, W. Qin, B.-P. Hou, F. Nori, and J.-Q. Liao, Tunable optomechanically induced transparency by controlling the dark-mode effect, Phys. Rev. A 102, 023707 (2020).
- [23] D.-G. Lai, W. Qin, B.-P. Hou, A. Miranowicz, and F. Nori, Significant enhancement in refrigeration and entanglement in auxiliary-cavity-assisted optomechanical systems, Phys. Rev. A 104, 043521 (2021).
- [24] G. Heinrich, M. Ludwig, J. Qian, B. Kubala, and F. Marquardt, Collective Dynamics in Optomechanical Arrays, Phys. Rev. Lett. 107, 043603 (2011).
- [25] M. Ludwig and F. Marquardt, Quantum Many-Body Dynamics in Optomechanical Arrays, Phys. Rev. Lett. 111, 073603 (2013).
- [26] A. Xuereb, C. Genes, G. Pupillo, M. Paternostro, and A. Dantan, Reconfigurable Long-Range Phonon Dynamics in Optomechanical Arrays, Phys. Rev. Lett. 112, 133604 (2014).
- [27] O. Černotík, S. Mahmoodian, and K. Hammerer, Spatially Adiabatic Frequency Conversion in Optoelectromechanical Arrays, Phys. Rev. Lett. 121, 110506 (2018).
- [28] K. C. Schwab and M. L. Roukes, Putting mechanics into quantum mechanics, Phys. Today 58(7), 36 (2005).
- [29] F. Massel, T. T. Heikkilä, J.-M. Pirkkalainen, S. U. Cho, H. Saloniemi, P. J. Hakonen, and M. A. Sillanpää, Microwave amplification with nanomechanical resonators, Nature (London) 480, 351 (2011).

- [30] P. Huang, P. Wang, J. Zhou, Z. Wang, C. Ju, Z. Wang, Y. Shen, C. Duan, and J. Du, Demonstration of Motion Transduction Based on Parametrically Coupled Mechanical Resonators, Phys. Rev. Lett. 110, 227202 (2013).
- [31] V. Peano, H. G. L. Schwefel, C. Marquardt, and F. Marquardt, Intracavity Squeezing Can Enhance Quantum-Limited Optomechanical Position Detection through Deamplification, Phys. Rev. Lett. 115, 243603 (2015).
- [32] X.-W. Xu, Y.-x. Liu, C.-P. Sun, and Y. Li, Mechanical PT symmetry in coupled optomechanical systems, Phys. Rev. A 92, 013852 (2015).
- [33] H. Xu, D. Mason, L. Jiang, and J. G. E. Harris, Topological energy transfer in an optomechanical system with exceptional points, Nature (London) 537, 80 (2016).
- [34] Z. Shen, Y.-L. Zhang, Y. Chen, C.-L. Zou, Y.-F. Xiao, X.-B. Zou, F.-W. Sun, G.-C. Guo, and C.-H. Dong, Experimental realization of optomechanically induced non-reciprocity, Nat. Photonics 10, 657 (2016).
- [35] K. Fang, J. Luo, A. Metelmann, M. H. Matheny, F. Marquardt, A. A. Clerk, and O. Painter, Generalized non-reciprocity in an optomechanical circuit via synthetic magnetism and reservoir engineering, Nat. Phys. 13, 465 (2017).
- [36] D. Malz, L. D. Tóth, N. R. Bernier, A. K. Feofanov, T. J. Kippenberg, and A. Nunnenkamp, Quantum-Limited Directional Amplifiers with Optomechanics, Phys. Rev. Lett. 120, 023601 (2018).
- [37] Z. Shen, Y.-L. Zhang, Y. Chen, F.-W. Sun, X.-B. Zou, G.-C. Guo, C.-L. Zou, and C.-H. Dong, Reconfigurable optomechanical circulator and directional amplifier, Nat. Commun. 9, 1797 (2018).
- [38] J. P. Mathew, J. d. Pino, and E. Verhagen, Synthetic gauge fields for phonon transport in a nano-optomechanical system, Nat. Nanotechnol. 15, 198 (2020).
- [39] H. Xu, L. Jiang, A. A. Clerk, and J. G. E. Harris, Nonreciprocal control and cooling of phonon modes in an optomechanical system, Nature (London) 568, 65 (2019).
- [40] I. Wilson-Rae, N. Nooshi, W. Zwerger, and T. J. Kippenberg, Theory of Ground State Cooling of a Mechanical Oscillator Using Dynamical Backaction, Phys. Rev. Lett. 99, 093901 (2007).
- [41] F. Marquardt, J. P. Chen, A. A. Clerk, and S. M. Girvin, Quantum Theory of Cavity-Assisted Sideband Cooling of Mechanical Motion, Phys. Rev. Lett. 99, 093902 (2007).
- [42] C. Genes, D. Vitali, P. Tombesi, S. Gigan, and M. Aspelmeyer, Ground-state cooling of a micromechanical oscillator: Comparing cold damping and cavity-assisted cooling schemes, Phys. Rev. A 77, 033804 (2008); 79, 039903(E) (2009).
- [43] J. Chan, T. P. M. Alegre, A. H. Safavi-Naeini, J. T. Hill, A. Krause, S. Gröblacher, M. Aspelmeyer, and O. Painter, Laser cooling of a nanomechanical oscillator into its quantum ground state, Nature (London) 478, 89 (2011).
- [44] J. D. Teufel, T. Donner, D. Li, J. W. Harlow, M. S. Allman, K. Cicak, A. J. Sirois, J. D. Whittaker, K. W. Lehnert, and R. W. Simmonds, Sideband cooling of micromechanical motion to the quantum ground state, Nature (London) 475, 359 (2011).
- [45] Y.-C. Liu, Y.-F. Xiao, X. Luan, and C. W. Wong, Dynamic Dissipative Cooling of a Mechanical Resonator in Strong Coupling Optomechanics, Phys. Rev. Lett. 110, 153606 (2013).
- [46] X. Xu, T. Purdy, and J. M. Taylor, Cooling a Harmonic Oscillator by Optomechanical Modification of Its Bath, Phys. Rev. Lett. 118, 223602 (2017).
- [47] J. B. Clark, F. Lecocq, R. W. Simmonds, J. Aumentado, and J. D. Teufel, Sideband cooling beyond the quantum backaction limit with squeezed light, Nature (London) **541**, 191 (2017).

- [48] L. Qiu, I. Shomroni, P. Seidler, and T. J. Kippenberg, Laser Cooling of a Nanomechanical Oscillator to Its Zero-Point Energy, Phys. Rev. Lett. 124, 173601 (2020).
- [49] M. Rossi, D. Mason, J. Chen, Y. Tsaturyan, and A. Schliesser, Measurement-based quantum control of mechanical motion, Nature (London) 563, 53 (2018).
- [50] F. Tebbenjohanns, M. Frimmer, A. Militaru, V. Jain, and L. Novotny, Cold Damping of an Optically Levitated Nanoparticle to Microkelvin Temperatures, Phys. Rev. Lett. 122, 223601 (2019).
- [51] J. Guo, R. Norte, and S. Gröblacher, Feedback Cooling of a Room Temperature Mechanical Oscillator close to its Motional Ground State, Phys. Rev. Lett. 123, 223602 (2019).
- [52] C. Genes, D. Vitali, and P. Tombesi, Simultaneous cooling and entanglement of mechanical modes of amicromirror in an optical cavity, New J. Phys. 10, 095009 (2008).
- [53] A. B. Shkarin, N. E. Flowers-Jacobs, S. W. Hoch, A. D. Kashkanova, C. Deutsch, J. Reichel, and J. G. E. Harris, Optically Mediated Hybridization between Two Mechanical Modes, Phys. Rev. Lett. 112, 013602 (2014).
- [54] M. C. Kuzyk and H. Wang, Controlling multimode optomechanical interactions via interference, Phys. Rev. A 96, 023860 (2017)
- [55] C. F. Ockeloen-Korppi, M. F. Gely, E. Damskägg, M. Jenkins, G. A. Steele, and M. A. Sillanpää, Sideband cooling of nearly degenerate micromechanical oscillators in a multimode optomechanical system, Phys. Rev. A 99, 023826 (2019).
- [56] C. Dong, V. Fiore, M. C. Kuzyk, and H. Wang, Optomechanical dark mode, Science 338, 1609 (2012).
- [57] Y.-D. Wang and A. A. Clerk, Using Interference for High Fidelity Quantum State Transfer in Optomechanics, Phys. Rev. Lett. 108, 153603 (2012).
- [58] L. Tian, Adiabatic State Conversion and Pulse Transmission in Optomechanical Systems, Phys. Rev. Lett. 108, 153604 (2012).
- [59] D. P. Lake, M. Mitchell, B. C. Sanders, and P. E. Barclay, Twocolour interferometry and switching through optomechanical dark mode excitation, Nat. Commun. 11, 1 (2020).
- [60] D.-G. Lai, F. Zou, B.-P. Hou, Y.-F. Xiao, and J.-Q. Liao, Simultaneous cooling of coupled mechanical resonators in cavity optomechanics, Phys. Rev. A 98, 023860 (2018).
- [61] D.-G. Lai, J. Huang, B.-P. Hou, F. Nori, and J.-Q. Liao, Domino cooling of a coupled mechanical-resonator chain via cold-damping feedback, Phys. Rev. A 103, 063509 (2021).
- [62] C. Sommer and C. Genes, Partial Optomechanical Refrigeration via Multimode Cold-Damping Feedback, Phys. Rev. Lett. 123, 203605 (2019).
- [63] C. Sommer, A. Ghosh, and C. Genes, Multimode cold-damping optomechanics with delayed feedback, Phys. Rev. Research 2, 033299 (2020).
- [64] D.-G. Lai, J.-F. Huang, X.-L. Yin, B.-P. Hou, W. Li, D. Vitali, F. Nori, and J.-Q. Liao, Nonreciprocal ground-state cooling of multiple mechanical resonators, Phys. Rev. A 102, 011502(R) (2020)
- [65] M. T. Naseem and Ö. E. Müstecaplıoğlu, Ground-state cooling of mechanical resonators by quantum reservoir engineering, Commun. Phys. 4, 95 (2021).
- [66] H. Miao, S. Danilishin, T. Corbitt, and Y. Chen, Standard Quantum Limit for Probing Mechanical Energy Quantization, Phys. Rev. Lett. 103, 100402 (2009).
- [67] F. Elste, S. M. Girvin, and A. A. Clerk, Quantum Noise Interference and Backaction Cooling in Cavity Nanomechanics, Phys. Rev. Lett. 102, 207209 (2009).
- [68] A. Xuereb, A. Imparato, and A. Dantan, Heat transport in harmonic oscillator systems with thermal baths: application to

- optomechanical arrays, New J. Phys. 17, 055013 (2015).
- [69] R. Burgwal, J. del Pino, and E. Verhagen, Comparing nonlinear optomechanical coupling in membrane-in-the-middle and single-cavity systems, New J. Phys. 22, 113006 (2020).
- [70] M. O. Scully and M. S. Zubairy, *Quantum Optics* (Cambridge University Press, Cambridge, 1997).
- [71] C. W. Gardiner and P. Zoller, *Quantum Noise* (Springer, Berlin, 2000)
- [72] G. S. Agarwal, *Quantum Optics* (Cambridge University Press, Cambridge, 2013).
- [73] I. S. Gradstein and I. M. Ryzhik, *Table of Integrals, Series, and Products* (Academic, New York, 2014).
- [74] D. Vitali, S. Gigan, A. Ferreira, H. R. Böhm, P. Tombesi, A. Guerreiro, V. Vedral, A. Zeilinger, and M. Aspelmeyer, Optomechanical Entanglement Between a Movable Mirror and a Cavity Field, Phys. Rev. Lett. 98, 030405 (2007).
- [75] K.-J. Boller, A. Imamoğlu, and S. E. Harris, Observation of electromagnetically induced transparency, Phys. Rev. Lett. 66, 2593 (1991).
- [76] J.-Y. Liu, W. Liu, D. Xu, J.-C. Shi, H. Xu, Q. Gong, and Y.-F. Xiao, Ground-state cooling of multiple near-degenerate mechanical modes, Phys. Rev. A 105, 053518 (2022).
- [77] Q. Lin, J. Rosenberg, D. Chang, R. Camacho, M. Eichenfield, K. J. Vahala, and O. Painter, Coherent mixing of mechanical excitations in nano-optomechanical structures, Nat. Photonics 4, 236 (2010).