



This is the accepted manuscript made available via CHORUS. The article has been published as:

Optical quantum memory for noble-gas spins based on spin-exchange collisions

Or Katz, Roy Shaham, Eran Reches, Alexey V. Gorshkov, and Ofer Firstenberg Phys. Rev. A **105**, 042606 — Published 12 April 2022

DOI: 10.1103/PhysRevA.105.042606

Optical quantum memory for noble-gas spins based on spin-exchange collisions

Or Katz,^{1,2,3,*} Roy Shaham,^{1,2,*} Eran Reches,¹ Alexey V. Gorshkov,⁴ and Ofer Firstenberg¹

¹Department of Physics of Complex Systems, Weizmann Institute of Science, Rehovot 76100, Israel

²Rafael Ltd, IL-31021 Haifa, Israel

³present address: Department of Electrical and Computer Engineering,

Duke University, Durham, North Carolina 27708, USA[†]

⁴Joint Quantum Institute and Joint Center for Quantum Information and Computer Science,

NIST/University of Maryland, College Park, Maryland 20742, USA

Optical quantum memories, which store and preserve the quantum state of photons, rely on a coherent mapping of the photonic state onto matter states that are optically accessible. Here we outline and characterize schemes to map the state of photons onto long-lived but optically-inaccessible collective states of noble-gas spins. The mapping employs coherent spin-exchange interaction arising from random collisions with alkali vapor. We propose efficient storage strategies in two operating regimes and analyze their performance for several proposed experimental configurations.

I. INTRODUCTION

Optical quantum memories enable the storage and retrieval of an optical signal while preserving its quantum properties. In quantum information science, they can function as variable delay lines, leaving a quantum state unchanged during the memory operation [1]. Optical quantum memories are vital for applications such as quantum repeaters in long-distance quantum communication [2–5], conversion of heralded photons to ondemand single photons [6–8], synchronization of optical quantum computation [9], distribution of entanglement [10, 11], and metrology beyond the standard quantum limit [12–16].

Existing quantum memories are based on actual delay lines and cavities [1] or on a reversible mapping onto coherent excitations in matter [17]. The latter relies on strong light-matter coupling, known as the cooperativity (or the collective cooperativity in ensembles) which determines the memory efficiency [18–20]. The mapping process employs a variety of schemes, including electromagnetically induced transparency (EIT) [21–24], offresonant Raman interaction [25–27], teleportation via the Faraday interaction [28–30], and a range of echo techniques [31, 32]. Different media can be utilized for the memory, including solid media, such as defects in diamonds and rare-earth-doped crystals [33–35], as well as gaseous medium, primarily cold or warm atomic alkalimetal atoms [36–41].

The length of time for which the memory can store the information (memory lifetime) is governed by the isolation of the matter excitation from the environment. Crystals doped with rare-earth ions have demonstrated lifetimes up to a millisecond for storage of non-classical light [42–44] and up to an hour for storage of coherent light, with sub-percent efficiency and at cryogenic temperatures [34, 45]. As some ions feature direct optical access and hours-long coherence times [45, 46], they can potentially be utilized as quantum memories with hourslong lifetimes once their efficiency is improved.

Optical memories based on atomic spin gases are another prominent candidate for optical quantum memo-They use the collective states of alkali spin ensembles, which feature collective strong coupling to light and strong resilience to local depolarization of individual atoms [12, 28, 47–52]. This technology has demonstrated storage, generation, and retrieval of non-classical light despite thermal motion [8, 11, 12, 16, 28, 37, 53–59], imperfect initial polarization [12, 28], and collisions of the alkali atoms with buffer gas [11, 37, 53]. These experiments are commonly described by the Heisenberg-Bloch-Langevin model, which captures the irreversible nature of the relaxation processes and quantifies the effect of noise on the quantum memory [47, 48, 50, 51, 60, 61]. Yet, the lifetime of alkali-based memories is limited by the coupling of the valence electron's spin to the environment, which typically sets the lifetime in the range of microseconds to hundreds of milliseconds [38, 62], except for special configurations that potentially enable efficient storage for up to tens of seconds [41, 63].

Rare isotopes of noble gases, such as ³He, possess nonzero nuclear spins, which are isolated from the environment due to the enclosing, complete, electronic shells. These spins exhibit hours to days long lifetimes at or above room temperature [64–66] and are employed for medical lung imaging [67, 68], for precision magnetometers and NMR [69–72], for neutron spin filters [73], and for searches of beyond-standard-model physics [74–79]. Unfortunately, these spins are optically inaccessible and are thus extremely hard to prepare, interface, and monitor. They are accessible, however, through collisions with other optically-active atoms, either metastable helium atoms via *strong* metastable-exchange collisions [64, 80] or alkali-metal atoms via *weak* spin-exchange collisions [64, 81–84].

The first proposal to utilize noble-gas spins as a quantum memory was based on the former, with metastable helium population sustained by electric discharge [85]. Metastable exchange collisions rely on the strong electrostatic exchange interaction, leading to a complete trans-

fer of the electronic configuration in a single collision (hence the terminology "strong" collision). The ground-state atom may be excited to the metastable state, and the metastable atom is then de-excited to the electronic ground-state, but both atoms maintain their nuclear states, and thus these collisions act to equilibrate the nuclear spin between the metastable and ground-state populations. A memory scheme relying on metastable exchange necessitates high collective optical cooperativity of the metastable population, which in turn requires either high-finesse cavities or higher helium densities (practically limited by Penning collisions), and the scheme has never been demonstrated.

Spin-exchange collisions between alkali and noble-gas atoms, on the other hand, involve the weak isotropic hyperfine interaction, where only a small fraction $(10^{-4} 10^{-6}$) of the spin orientation is transferred in a single collision [81]. Numerous collisions can then accumulate to a collective, coherent evolution of the two spin ensembles, leading to an exchange of collective excitations that is free from excess thermalization and quantum noise [61]. Unlike with metastable helium, alkali vapor density (determined by the temperature of the enclosing cell) is independent of noble-gas density (determined by pressure). It is therefore feasible to increase alkali density and reach high optical cooperativity. At the same time, the coherent coupling between the collective alkali and collective noble-gas spins can be made efficient and controllable with external fields, as demonstrated in Refs. [86, 87]. A coherent bi-directional coupling between light and noblegas spins was demonstrated in Ref. [88] in a continuous spectroscopic measurement, and this coupling was also proposed to generate two-mode spin squeezed states between two distant noble-gas cells [89]. However, reversible, time dependent mapping of non-classical optical signals onto noble-gas spins using the spin-exchange interaction has never been studied.

In this paper, we propose a mechanism for mapping the quantum state of photons onto the macroscopic spin state of noble gases via spin-exchange collisions. We derive the equations of motion of the system in a Bloch-Heisenberg-Langevin framework. The derivation includes various factors affecting the memory performance, such as the atomic thermal motion, nonuniform spatial profile of the optical fields, possible spin relaxations at the cell walls, and noise induced by imperfect polarization of the spin ensembles or by incoherent excitations. Subsequently, we present two exemplary storage protocols that result in efficient mapping for low- and high-bandwidth optical pulses, respectively. We investigate several feasible experimental conditions for realizing such memories, including various alkali-metal and noble-gas mixtures, and a range of temperatures, coatings, and gas pressures. This work can thus be used to design and realize viable quantum memories using the macroscopic quantum states of noble-gas spins.

II. OVERVIEW OF MAIN RESULTS

In Sec. III, we present the system under study and derive Eqs. (20)-(24). These equations describe the coupling of the input and output signal light fields to the alkali spins, based on the dipole interaction and the model of Ref. [18], as well as the local coherent spin-exchange interaction between the alkali and noble-gas spins, based on Ref. [61]. Owing to thermal motion of the atoms, the dynamics is best represented by non-local collective spin modes. In Sec. IV, we simplify our analysis and focus on the dynamics of the least decaying (non-local) spin modes, which is described by Eqs. (29)-(31) and (34). The full multimode analysis is detailed in Appendix C.

In Sec. V, we define the memory efficiency as a metric for the system performance. In Sec. VI, we present and exemplify two different memory protocols featuring high memory efficiencies [cf. Eqs.(69)-(70)]. The first protocol relies on efficient exchange between the alkali and noble-gas spins in the strong-coupling regime [87], which enables high-bandwidth storage (> 1 MHz) limited only by the excited-state dynamics of the alkali spins. The second protocol alleviates the requirement for strong coupling between the gases on the expanse of lower memory bandwidth.

In Sec. VII, we outline and discuss various experimental configurations which can potentially realize the proposed protocols, exploring different alkali vapor and noble-gas mixtures, different cell coatings, and different protocols for realizing Λ -type coupling which is compatible with the spin-exchange interaction, as summarized in table II. In Sec. VIII, we discuss the effect of fluorescencenoise as well as imperfect polarization of the spin ensembles on the memory performance, and finally summarize our work in Sec. IX.

III. MODEL OF THE SYSTEM

A. System constituents

Consider a glass cell of volume V containing $N_{\rm a}$ alkalimetal spins and $N_{\rm b}$ noble-gas spins, positioned inside an optical cavity as shown in Fig. 1(a). The alkali spins are initially polarized along the \hat{z} axis by optical pumping, and the noble-gas spins are hyper-polarized via spin-exchange optical pumping (SEOP) [82, 90, 91]. In the presence of an optical quantum field, which serves as the signal, the total Hamiltonian of the system is given by

$$\tilde{\mathcal{H}} = \tilde{\mathcal{H}}_{\varepsilon} + \tilde{\mathcal{H}}_{a} + \tilde{\mathcal{H}}_{b} + \tilde{\mathcal{H}}_{a-\varepsilon} + \tilde{\mathcal{H}}_{a-b}. \tag{1}$$

Here $\tilde{\mathcal{H}}_{\varepsilon}$ is the Hamiltonian of the signal light field, $\tilde{\mathcal{H}}_{a}$ is the Hamiltonian of the alkali-metal spins, $\tilde{\mathcal{H}}_{b}$ is the Hamiltonian of the nuclear spins of the noble gas, $\tilde{\mathcal{H}}_{a-\varepsilon}$ is the atom-light dipole interaction, and $\tilde{\mathcal{H}}_{a-b}$ is the coherent spin-exchange interaction between the electronic

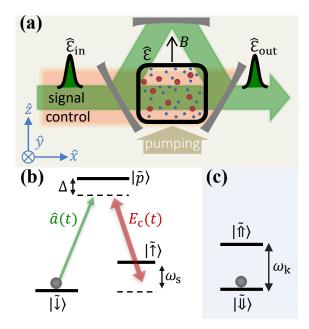


Figure 1. (a) A quantum memory system based on a mixture of noble-gas and alkali spins. The alkali-metal atoms (red) and noble-gas atoms (blue) interact with the quantum signal field $\hat{\mathcal{E}}$ in a cavity and with a classical control field. The atomic spins are initially polarized with an auxiliary pumping beam. The signal field in the cavity is coupled to the incoming field $\hat{\mathcal{E}}_{\rm in}$, to be stored, and to the output field $\hat{\mathcal{E}}_{\rm out}$, retrieved on demand after the memory time. (b) Energy levels of the modeled alkali atom in the lab frame. The Λ system consists of two stable ground-level states $|\tilde{\uparrow}\rangle$ and $|\tilde{\downarrow}\rangle$, coupled via an excited state $|\tilde{p}\rangle$ by the classical control field E_c and the quantum signal $\hat{a}=e^{-i\omega_c t}\hat{\mathcal{E}}$. Initially, the state $|\tilde{\downarrow}\rangle$ is populated. (c) Energy levels of the modeled noble-gas atom in the lab frame. Initially, the state $|\tilde{\downarrow}\rangle$ is populated.

spins of the alkali atoms and the nuclear spins of the noble-gas atoms [61].

Each polarized alkali-metal atom, labeled by a, is modeled as a three-level system in a Λ configuration, consisting of two ground-level states $|\tilde{\downarrow}\rangle_a$ and $|\tilde{\uparrow}\rangle_a$ and a single excited state $|\tilde{p}\rangle_a$, as shown in Fig. 1(b). The corresponding Hamiltonian is

$$\tilde{\mathcal{H}}_{a} = \hbar \sum_{a=1}^{N_{a}} \left(\omega_{p} \left| \tilde{p} \right\rangle_{a} \left\langle \tilde{p} \right|_{a} + \omega_{s} \left| \tilde{\uparrow} \right\rangle_{a} \left\langle \tilde{\uparrow} \right|_{a} \right), \tag{2}$$

where $\omega_{\rm p}$ is the resonance frequency of the optical transition $|\tilde{\downarrow}\rangle - |\tilde{\rm p}\rangle$, and $\omega_{\rm s}$ is the frequency difference between $|\tilde{\downarrow}\rangle$ and $|\tilde{\uparrow}\rangle$. If the two spin states are in the same hyperfine manifold, then $\omega_{\rm s}=g_{\rm s}B$ corresponds to the Zeeman splitting, where ${\bf B}=B\hat{z}$ is the magnetic field, and $g_{\rm s}=2.8/\left[I\right]\times 2\pi\,{\rm MHz/G}$ is the gyromagnetic ratio of an alkali atom with nuclear spin I ($\left[I\right]\equiv 2I+1$).

We consider noble-gas atoms with nuclear spin-1/2 (e.g., ³He and ¹²⁹Xe). Each noble-gas atom, labeled by b, consists of two spin levels $|\tilde{\downarrow}\rangle_b$ and $|\tilde{\uparrow}\rangle_b$, as shown in

Fig. 1(c). The corresponding Hamiltonian is

$$\tilde{\mathcal{H}}_{b} = \hbar \sum_{h=1}^{N_{b}} \omega_{k} |\tilde{\uparrow}\rangle_{b} \langle \tilde{\uparrow}|_{b}, \tag{3}$$

with $\omega_{\mathbf{k}} = g_{\mathbf{k}}B$ being the frequency difference between the states $|\tilde{\uparrow}\rangle$ and $|\tilde{\downarrow}\rangle$ due to the Zeeman splitting of the noble-gas spins with gyromagnetic ratio $g_{\mathbf{k}}$.

We shall adopt a cavity model for describing the quantum optical field [18]. We assume that the signal field resides in a single mode of a running-wave cavity, as described by the Hamiltonian

$$\tilde{\mathcal{H}}_{\varepsilon} = \hbar \omega_{\varepsilon} \hat{a}^{\dagger} \hat{a}. \tag{4}$$

Here \hat{a} is the bosonic annihilation operator of the electromagnetic field of the cavity mode with frequency ω_{ε} .

The atom-photon interaction Hamiltonian in the dipole approximation is given by

$$\tilde{\mathcal{H}}_{a-\varepsilon} = -\sum_{a=1}^{N_a} \hat{\mathbf{d}}_a \cdot \hat{\boldsymbol{E}}(\mathbf{r}_a, t), \tag{5}$$

where $\hat{\mathbf{d}}_a$ is the dipole operator of the alkali-metal atoms, and $\hat{\boldsymbol{E}}(\mathbf{r}_a,t)$ is the electric field at the location \mathbf{r}_a of that atom. In our model, the electric field is composed of a classical control field and a quantum signal. The control field, with frequency ω_c and amplitude $E_c f_c(\mathbf{r})$, couples to the $|\tilde{\downarrow}\rangle_a - |\tilde{p}\rangle_a$ transition, with dipole moment μ_c . The quantum signal field $\sqrt{\hbar\omega_\varepsilon/(2\epsilon_0)}f_\varepsilon(\mathbf{r})\,\hat{a}(t)$ couples to the $|\tilde{\uparrow}\rangle_a - |\tilde{p}\rangle_a$ transition, with dipole moment μ_ε . We thus obtain

$$\tilde{\mathcal{H}}_{a-\varepsilon} = -\sum_{a=1}^{N_a} f_c(\mathbf{r}_a) \mu_c E_c(t) e^{-i\omega_c t} |\tilde{\uparrow}\rangle_a \langle \tilde{\mathbf{p}}|_a + \text{h.c.}
-\sum_{a=1}^{N_a} f_{\varepsilon}(\mathbf{r}_a) \mu_{\varepsilon} \sqrt{\frac{\hbar \omega_{\varepsilon}}{2\epsilon_0}} \hat{a}(t) |\tilde{\downarrow}\rangle_a \langle \tilde{\mathbf{p}}|_a + \text{h.c.}$$
(6)

The spatial mode functions $f_{\rm c}\left(\mathbf{r}\right)$ and $f_{\varepsilon}\left(\mathbf{r}\right)$ satisfy the Helmholtz equation

$$\left(\nabla^2 + k_i^2\right) f_i(\mathbf{r}) = 0, \tag{7}$$

where $i \in \{\varepsilon, c\}$, with the boundary conditions determined by the cavity: $f_c(\mathbf{r})$ is the solution with an eigenvalue $k_c = \omega_c/c$, and $f_\varepsilon(\mathbf{r})$ is the solution with an eigenvalue $k_\varepsilon = \omega_\varepsilon/c$, where c denotes the speed of light. The Rabi frequency of the classical field within the cavity is given by $\Omega(\mathbf{r},t) = \sqrt{V_{\text{cav}}} f_c(\mathbf{r}) \Omega(t)$, where $\Omega(t) = \mu_c E_c(t)/(\hbar \sqrt{V_{\text{cav}}})$. Similarly, $g(\mathbf{r}) = \sqrt{V_{\text{cav}}} g f_\varepsilon(\mathbf{r})$ is the one-photon Rabi frequency for the quantized-field mode, where [18]

$$g = \mu_{\varepsilon} \sqrt{\omega_{\varepsilon} / (2\epsilon_0 \hbar V_{\text{cav}})}. \tag{8}$$

Before discussing the spin-exchange interaction $\tilde{\mathcal{H}}_{a-b}$, we transform the above Hamiltonians into a rotating frame. The transformation is given by

$$U_a = e^{i\omega_{\varepsilon}t} |\mathbf{p}\rangle_a \langle \tilde{\mathbf{p}}|_a + e^{i(\omega_{\varepsilon} - \omega_{c})t} |\uparrow\rangle_a \langle \tilde{\uparrow}|_a + |\downarrow\rangle_a \langle \tilde{\downarrow}|_a \quad (9)$$

for any alkali spin a, and by

$$U_b = e^{i(\omega_{\varepsilon} - \omega_{c})t} |\uparrow\rangle_b \langle \tilde{\uparrow}|_b + |\downarrow\rangle_b \langle \tilde{\downarrow}|_b$$
 (10)

for any noble-gas spin b. We also use the transformation $U_{\varepsilon}=e^{i\frac{t}{\hbar}\mathcal{H}_{\varepsilon}}$ for the signal field and define the slowly varying quantum field operator $\hat{\mathcal{E}}(t)=e^{i\omega_{\varepsilon}t}\hat{a}(t)$, which describes the envelope of the quantum field within the cavity. We further define the slowly-varying continuous atomic operators

$$\hat{\sigma}_{\mu\nu}(\mathbf{r},t) = \sum_{a=1}^{N_{a}} |\mu\rangle_{a} \langle\nu|_{a} \,\delta(\mathbf{r} - \mathbf{r}_{a}), \tag{11}$$

which describe the collective state of the alkali ensemble with $\mu, \nu \in \{\downarrow, \uparrow, p\}$, and

$$\hat{\sigma}_{\mu\nu}(\mathbf{r},t) = \sum_{b=1}^{N_{\rm b}} |\mu\rangle_b \langle\nu|_b \,\delta(\mathbf{r} - \mathbf{r}_b),\tag{12}$$

which describe the collective state of the noble-gas ensemble with $\mu, \nu \in \{ \downarrow, \uparrow \}$. In the rotating frame, we get

$$\mathcal{H} - \mathcal{H}_{\text{a-b}} = \hbar \int_{V} d^{3}\mathbf{r} \,\Delta \hat{\sigma}_{\text{pp}} + \tilde{\delta}_{\text{s}} \hat{\sigma}_{\uparrow\uparrow} + \tilde{\delta}_{\text{k}} \hat{\sigma}_{\Uparrow\uparrow}$$

$$- \left[\Omega \left(\mathbf{r}, t \right) \hat{\sigma}_{\text{p}\uparrow} + g \left(\mathbf{r} \right) \hat{\mathcal{E}}(t) \hat{\sigma}_{\text{p}\downarrow} + \text{h.c.} \right],$$
(13)

where $\Delta = \omega_{\rm p} - \omega_{\varepsilon}$ is the one-photon detuning from the atomic optical transition, and $\tilde{\delta}_{\rm s} = \omega_{\rm s} + \omega_{\rm c} - \omega_{\varepsilon}$ and $\tilde{\delta}_{\rm k} = \omega_{\rm k} + \omega_{\rm c} - \omega_{\varepsilon}$ are the two-photon detunings from the spin resonances of the two species (absent the shifts induced by the spin-exchange interaction).

B. Spin-exchange coupling

The two spin gases experience random, weak, spin-exchange collisions. For polarized gases, the leading term in the dynamics is described by the coherent interaction Hamiltonian [61]

$$\tilde{\mathcal{H}}_{\text{a-b}} = \hbar \zeta \int d^3 \mathbf{r}_1 \int d^3 \mathbf{r}_2 \delta(\mathbf{r}_1 - \mathbf{r}_2) \mathbf{\hat{f}}(\mathbf{r}_1, t) \cdot \mathbf{\hat{k}}(\mathbf{r}_2, t), (14)$$

where $\hat{\mathbf{f}}(\mathbf{r},t) \equiv \sum_{a} \hat{\mathbf{f}}_{a}(t) \, \delta(\mathbf{r} - \mathbf{r}_{a}(t))$ and $\hat{\mathbf{k}}(\mathbf{r},t) \equiv \sum_{b} \hat{\mathbf{k}}_{b}(t) \, \delta(\mathbf{r} - \mathbf{r}_{b}(t))$ denote the continuous spin operators of alkali and noble-gas spins, respectively. $\zeta \delta(\mathbf{r}_{1} - \mathbf{r}_{2})$ is the local average interaction strength of an alkali and noble-gas atom pair, where the microscopic interaction strength constant $\zeta = \langle \phi \sigma v \rangle_{c} / [I]$ is given by ensemble

averaging over all realizations of the collisional parameters, given the velocity v, the hard-sphere cross-section σ , and the accumulated phase ϕ during a single collision instance.

The ground level of actual alkali-metal atoms consists of multiple spin levels. We choose $|\downarrow\rangle_a$ to be the maximally-polarized spin state (with the projection I+1/2 along the quantization axis) and choose $|\uparrow\rangle_a$ to be the adjacent state (with projection I-1/2); both states are in the hyperfine manifold F=I+1/2. With this choice and for fully polarized ensembles, it is a good approximation to replace the total spin operator $\hat{\bf f}$ by its projection on the two-state subsystem $\hat{\bf f}\approx\hat{P}\hat{\bf f}\hat{P}$, where $\hat{P}=\sum_a (|\uparrow\rangle_a \langle\uparrow|_a + |\downarrow\rangle_a \langle\downarrow|_a)$. We then obtain in the rotating frame

$$\mathbf{\hat{f}}(\mathbf{r},t) \approx \frac{[I]}{2} (\hat{\sigma}_{\downarrow\downarrow} + q_I \hat{\sigma}_{\uparrow\uparrow}) \mathbf{e}_z
+ \sqrt{\frac{[I]}{2}} (e^{i(\omega_c - \omega_\varepsilon)t} \hat{\sigma}_{\downarrow\uparrow} \mathbf{e}_- + \text{h.c.}),$$
(15)

where $e_{\pm} = (e_x \pm i e_y)/\sqrt{2}$ and $q_I = ([I] - 2)/[I]$.

The collective noble-gas spin operator appearing in Eq. (14) is given in the rotating frame by

$$\hat{\mathbf{k}}(\mathbf{r},t) = \frac{1}{2} (\hat{\sigma}_{\downarrow\downarrow\downarrow} - \hat{\sigma}_{\uparrow\uparrow\uparrow}) \mathbf{e}_z + \sqrt{\frac{1}{2}} (e^{i(\omega_c - \omega_\varepsilon)t} \hat{\sigma}_{\downarrow\downarrow\uparrow} \mathbf{e}_- + \text{h.c.}).$$
(16)

We thus arrive at the spin-exchange Hamiltonian

$$\mathcal{H}_{\mathrm{a-b}} = \hbar \int_{V} d^{3}\mathbf{r} \left[\mathcal{H}_{\mathrm{s}} + \zeta \sqrt{[I]} (\hat{\sigma}_{\downarrow\uparrow} \hat{\sigma}_{\uparrow\downarrow} + \mathrm{h.c.})/2 \right], (17)$$

where the first term

$$\mathcal{H}_{s}(\mathbf{r},t) = \zeta \left[I \right] \left(\hat{\sigma}_{\perp \perp} + q_{I} \hat{\sigma}_{\uparrow \uparrow} \right) \left(\hat{\sigma}_{\parallel \downarrow \parallel} - \hat{\sigma}_{\uparrow \uparrow \uparrow} \right) / 4 \tag{18}$$

describes an additional energy shift, which becomes prominent for polarized ensembles. The second term in Eq. (17) manifests the conservative exchange of spin between the two gases.

C. Dissipation and atomic motion

The system Hamiltonian \mathcal{H} given by Eqs. (13) and (17) constitutes the unitary evolution of the system. The system is however coupled to the environment: the cavity field decays at a rate κ through the output port; the optical coherence between $|\downarrow\rangle$ and $|p\rangle$ decays at a rate $\gamma_{\downarrow p}$, coming from the decay of state $|p\rangle$ to the ground state (by emitting photons or by non-radiative channels via inelastic collisions) or from collisional dephasing; and the alkali-spin and noble-gas-spin coherences relax at rates $\gamma_{\downarrow\uparrow}$ and $\gamma_{\downarrow\uparrow\uparrow}$, respectively, by various spin thermalization channels. In addition, the atoms are moving, and their thermal motion is rendered diffusive by the dense noble gas acting as a buffer [92]. We denote by $D_{\rm a}$ and $D_{\rm b}$ the

spatial diffusion coefficients of the alkali and noble-gas atoms, respectively.

The overall dynamics can be described using the Heisenberg-Bloch-Langevin formalism of open quantum systems [17, 18, 60]. The atomic dynamics, in terms of the continuous quantum operators $\hat{\sigma}_{\mu\nu}(\mathbf{r},t)$ in the Heisenberg picture, is given by the stochastic differential equations

$$\partial_t \hat{\sigma}_{\mu\nu} = \frac{i}{\hbar} [\mathcal{H}, \hat{\sigma}_{\mu\nu}] + (D_{a/b} \nabla^2 - \gamma_{\mu\nu}) \hat{\sigma}_{\mu\nu} + \hat{f}_{\mu\nu}. \quad (19)$$

The first term describes coherent evolution by the system Hamiltonian \mathcal{H} . The second term describes the decay of the system both due to the spatial diffusion and due to its coupling to the environment at a rate $\gamma_{\mu\nu}$. The third term describes the stochastic evolution through the input noise operators $\hat{f}_{\mu\nu}$, which depend on the thermal spin-state of the reservoir [93]. The explicit form of these equations is given in Eqs. (A1)-(A3).

D. Collective excitations of polarized ensembles

At this point, we focus on the regime of highly polarized spin ensembles, where Eqs. (13), (17), and (19) can be further simplified by using the Holstein-Primakoff transformation [17, 94]. This transformation replaces the collective spin ladder operators with bosonic creation and annihilation operators. Let p_a and p_b denote the polarization degree of the alkali and noblegas spin ensembles, respectively. For polarized spin ensembles $(p_{\rm a}, p_{\rm b} \approx 1)$, the operators $\sigma_{\downarrow\downarrow} \approx p_{\rm a} n_{\rm a}$ and $\hat{\sigma}_{\downarrow\downarrow\downarrow} \approx p_{\rm b} n_{\rm b}$ act as classical magnetic moments, where $n_{\rm a}$ and $n_{\rm b}$ are the alkali and noble-gas densities. The collective spin excitations, which remain quantum, can now be described by the operators $\hat{\mathcal{P}}(\mathbf{r},t) =$ $\hat{\sigma}_{\downarrow p}(\mathbf{r},t)/\sqrt{p_{\rm a}n_{\rm a}}, \hat{\mathcal{S}}(\mathbf{r},t) = \hat{\sigma}_{\downarrow \uparrow}(\mathbf{r},t)/\sqrt{p_{\rm a}n_{\rm a}}, \text{ and } \hat{\mathcal{K}}(\mathbf{r},t) =$ $\hat{\sigma}_{\downarrow\downarrow\uparrow}(\mathbf{r},t)/\sqrt{p_{\rm b}n_{\rm b}}$. These operators satisfy the bosonic commutation relations $[\hat{\mathcal{P}}(\mathbf{r}), \hat{\mathcal{P}}^{\dagger}(\mathbf{r}')] = [\hat{\mathcal{S}}(\mathbf{r}), \hat{\mathcal{S}}^{\dagger}(\mathbf{r}')] =$ $[\hat{\mathcal{K}}(\mathbf{r}), \hat{\mathcal{K}}^{\dagger}(\mathbf{r}')] = \delta(\mathbf{r} - \mathbf{r}')$. Figure 2 reformulates the level structure of the system using these operators, for the case of a single excitation.

The equations of motion for the spin annihilation operators [see Eqs. (A5)-(A7)] are then given by

$$\partial_t \hat{\mathcal{P}}(\mathbf{r}, t) = -(\gamma_{\rm p} + i\Delta)\hat{\mathcal{P}}(\mathbf{r}, t) + i\Omega(\mathbf{r}, t)\hat{\mathcal{S}}(\mathbf{r}, t)$$
(20)
+ $iG(\mathbf{r})\hat{\mathcal{E}}(t) + \hat{f}_{\mathcal{P}}(\mathbf{r}, t),$

$$\partial_t \hat{\mathcal{S}}(\mathbf{r}, t) = -(\gamma_s + i\delta_s - D_a \nabla^2) \hat{\mathcal{S}}(\mathbf{r}, t)$$

$$+i\Omega^*(\mathbf{r}, t)\hat{\mathcal{P}}(\mathbf{r}, t) - iJ\hat{\mathcal{K}}(\mathbf{r}, t) + \hat{f}_S(\mathbf{r}, t).$$
(21)

$$\partial_t \hat{\mathcal{K}}(\mathbf{r}, t) = -(\gamma_k + i\delta_k - D_b \nabla^2) \hat{\mathcal{K}}(\mathbf{r}, t)$$

$$-iJ\hat{\mathcal{S}}(\mathbf{r}, t) + \hat{f}_{\mathcal{K}}(\mathbf{r}, t).$$
(22)

Here δ_s and δ_k are the two-photon detunings associated with the collective spin operators of the alkali and no-

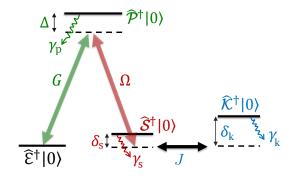


Figure 2. Couplings between the collective states for a single input photon. A single photon $\hat{\mathcal{E}}^{\dagger}|0\rangle$ in the cavity is transferred to the collective noble-gas spin excitation $\hat{\mathcal{K}}^{\dagger}|0\rangle$, which acts as the quantum memory, via intermediate excitations of the alkali collective excited-state $\hat{\mathcal{P}}^{\dagger}|0\rangle$ and ground-state $\hat{\mathcal{S}}^{\dagger}|0\rangle$ spins. The coupling is controlled by varying the strength of the control field $\Omega(t)$ and the detunings $\delta_{\rm s}(t)$ and $\delta_{\rm k}(t)$. The exchange coupling rate J and the decay rates $\gamma_{\rm p}$, $\gamma_{\rm s}$, and $\gamma_{\rm k}$ are constant. The state $|0\rangle$ corresponds to the maximally polarized spin state, and $\hat{\mathcal{P}}, \hat{\mathcal{S}}$, and $\hat{\mathcal{K}}$ are bosonic field operators.

ble gas, respectively. They correspond to the previously-defined $\tilde{\delta}_s$ and $\tilde{\delta}_k$, but also include the collisional shifts due to the spin-exchange collisions (see Appendix A). $G(\mathbf{r}) = \sqrt{p_a n_a} g(\mathbf{r})$ denotes the collective interaction rate of the optical dipole with the optical field in the cavity, and $J = \zeta \sqrt{[I]p_a p_b n_a n_b/4}$ denotes the collective exchange rate of the two polarized spin ensembles, a consequence of multiple weak spin-exchange collisions [61]. The stochastic properties of the quantum noise terms $\hat{f}_{\mathcal{P}}(\mathbf{r},t)$, $\hat{f}_{\mathcal{S}}(\mathbf{r},t)$ and $\hat{f}_{\mathcal{K}}(\mathbf{r},t)$ are detailed in Appendix B.

Equations (20)-(22) manifest the collective enhancement of the various couplings to the collective excitations. The atom-photon interaction rate $g(\mathbf{r})$ is multiplied by the large factor $\sqrt{n_{\rm a}}$, as expected for the coherent absorption and emission of a photon by multiple atoms, resulting with the enhanced collective rate $G(\mathbf{r})$. The microscopic coherent spin-exchange rate ζ is multiplied by $\sqrt{n_{\rm a}n_{\rm b}}$, corresponding to a unitary precession of the collective spin of one gas around the other at the enhanced rate J.

E. Dynamics of the light field

The dynamics of the slowly-varying quantum light field in the cavity $\hat{\mathcal{E}}\left(t\right)$ is described by the Heisenberg-Langevin equation

$$\partial_{t}\hat{\mathcal{E}} = -\kappa\hat{\mathcal{E}} + \sqrt{2\kappa}\hat{\mathcal{E}}_{\rm in} + \frac{i}{\hbar}[\mathcal{H},\hat{\mathcal{E}}]$$

$$= -\kappa\hat{\mathcal{E}} + \sqrt{2\kappa}\hat{\mathcal{E}}_{\rm in} + i\int_{V} G^{*}(\mathbf{r})\hat{\mathcal{P}}(\mathbf{r},t)d^{3}\mathbf{r}.$$
(23)

Here the cavity field decays at a rate κ and is driven by the field $\hat{\mathcal{E}}_{\rm in}(t)$ at the cavity input port. The third term in Eq. (23) describes the collective absorption and emission of the field by the dipole coherence $\hat{\mathcal{P}}$. We implicitly assume that the cavity has no internal losses. The field $\hat{\mathcal{E}}_{\rm out}(t)$ at the cavity output port is obtained from the general input-output relation [18]

$$\hat{\mathcal{E}}_{\text{out}} = \sqrt{2\kappa}\hat{\mathcal{E}} - \hat{\mathcal{E}}_{\text{in}}.$$
 (24)

The commutation relations $[\hat{\mathcal{E}}_{\rm in}\left(t\right),\hat{\mathcal{E}}_{\rm in}^{\dagger}\left(t'\right)]=[\hat{\mathcal{E}}_{\rm out}\left(t\right),\hat{\mathcal{E}}_{\rm out}^{\dagger}\left(t'\right)]=\delta\left(t-t'\right)$ hold. In the fast-cavity regime $(\kappa\gg G,$ also known as a 'bad' cavity), the input-output relation simplifies to

$$\hat{\mathcal{E}}_{\text{out}} = \hat{\mathcal{E}}_{\text{in}} + i\sqrt{\frac{2}{\kappa}} \int_{V} G^{*}(\mathbf{r}) \,\hat{\mathcal{P}}(\mathbf{r}, t) \, d^{3}\mathbf{r}.$$
 (25)

We adopt this approximation in our analysis, thus limiting the results to the fast-cavity regime. Notably, the operation of an optical quantum memory in this regime resembles the operation in free space [19].

To further simplify the analysis, we limit the bandwidth of the incoming light pulse to

$$T^{-1} \ll C\gamma_{\rm p},$$
 (26)

where T is the pulse duration. The cooperativity parameter of the cavity is given by

$$C = \frac{|G|^2}{\gamma_{\rm D} \kappa},\tag{27}$$

characterizing the collective atom-photon interaction strength with respect to the decay rates, where $G = \sqrt{p_{\rm a}n_{\rm a}}g$ and g is given in Eq. (8). Under the assumptions of fast cavity and limited pulse bandwidth, $\hat{\mathcal{P}}$ adiabatically follows both the light field $\hat{\mathcal{E}}$ and the collective alkali-spin operators $\hat{\mathcal{S}}$, satisfying

$$\hat{\mathcal{P}}(\mathbf{r},t) = i \frac{\Omega(\mathbf{r},t)\hat{\mathcal{S}}(\mathbf{r},t) + G(\mathbf{r})\hat{\mathcal{E}}(t) - i\hat{f}_{\mathcal{P}}(\mathbf{r},t)}{\gamma_{\mathcal{P}} + i\Delta}.$$
 (28)

IV. SPATIAL MODES OF ATOMIC OPERATORS

Up until this point, we described the dynamics of the atomic spins using local continuous operators. Indeed, Eqs. (21), (22), and (28) support the storage of photons in multiple spatial modes [92]. The signal light field, however, was assumed to reside in the specific spatial mode $f_{\varepsilon}(\mathbf{r})$ of the cavity, with the input signal field matching this mode. Therefore, the signal excites an atomic superposition with a particular spatial amplitude pattern [the term $\propto G(\mathbf{r}) \hat{\mathcal{E}}(t)$ in Eq. (28)], and subsequently this specific superposition coherently emits light to the output port [Eq. (25)]. The general multi-mode evolution of

the collective spins $\hat{S}(\boldsymbol{r},t)$ and $\hat{K}(\boldsymbol{r},t)$ during memory operation is governed by the spatial profiles of the signal and control fields, as well as by the nonlocal action of the diffusion operator. Specifically, $\hat{S}(\boldsymbol{r},t)$ is driven via a two-photon transition by the control and signal fields, generating a quantum excitation of the collective alkali spin-wave with a long wavelength. In this section, we present simplified equations of motion which consider the excitation of only the single uniform modes $\hat{S}(t)$ and $\hat{K}(t)$ of $\hat{S}(\boldsymbol{r},t)$ and $\hat{K}(\boldsymbol{r},t)$, whereas, in Appendix C, we derive the general multi-mode equations of motion and, in Appendix D, present numerically calculated solutions.

In the single-mode representation, the output field of the cavity is given by [compare to Eq. (25)]

$$\hat{\mathcal{E}}_{\text{out}}(t) = \hat{\mathcal{E}}_{\text{in}}(t) + i\sqrt{2C\gamma_{\text{p}}}\hat{\mathcal{P}}(t), \qquad (29)$$

where the atomic optical dipole is [compare to Eq. (28)]

$$\hat{\mathcal{P}}(t) = \frac{i\Omega(t)\hat{\mathcal{S}}(t) + i\sqrt{2\gamma_{p}C}\hat{\mathcal{E}}_{in}(t) + \hat{f}_{\mathcal{P}}(t)}{\gamma_{p}(1+C) + i\Delta}.$$
 (30)

The dynamics of the uniform mode $\hat{S}(t)$ of the alkali spin is given by

$$\partial_t \hat{\mathcal{S}} = -(\gamma_s + \Gamma_\Omega + i\delta_s)\hat{\mathcal{S}} - iJ\hat{\mathcal{K}} - Q\Omega^*\hat{\mathcal{E}}_{in} + \hat{F}_{\mathcal{S}}$$
 (31)

where the complex-valued optical coupling rate is

$$\Gamma_{\Omega}(t) \equiv \frac{|\Omega(t)|^2}{\gamma_{\rm p}(1+C) + i\Delta},\tag{32}$$

and we define

$$Q = \frac{\sqrt{2C\gamma_{\rm p}}}{\gamma_{\rm p} (1+C) + i\Delta}.$$
 (33)

We identify $\gamma_{\Omega} \equiv \text{re}(\Gamma_{\Omega})$ as the stimulated (power-broadened) optical coupling rate to the alkali spins, and $\text{im}(\Gamma_{\Omega})$ as the light shift due to the control field. The noise operator of the alkali spins is given by $\hat{F}_{\mathcal{S}} = \hat{f}_{\mathcal{S}} + iQ\Omega^*\hat{f}_{\mathcal{P}}/\sqrt{2C\gamma_{\mathrm{p}}}$, including the excess noise due to scattering of the control photons.

The uniform mode of the alkali spins has a large overlap with the long-lived uniform mode of the noble-gas spins, which is unaffected by diffusion [60] and therefore chosen as the quantum memory. The dynamics of the uniform mode $\hat{\mathcal{K}}(t)$ of the noble-gas spin is given by

$$\partial_t \hat{\mathcal{K}} = -(\gamma_k + i\delta_k)\hat{\mathcal{K}} - iJ\hat{\mathcal{S}} + \hat{f}_{\mathcal{K}}.$$
 (34)

The noise operators $\hat{f}_{\mathcal{P}}, \hat{f}_{\mathcal{S}}$, and $\hat{f}_{\mathcal{K}}$ are defined in Appendix C.

V. MEMORY EFFICIENCY

Following Refs. [18, 20], we write the total efficiency of the quantum memory

$$\eta_{\text{tot}} = \eta_{\text{in}} \eta_{\text{dark}} \eta_{\text{out}} \tag{35}$$

in terms of the efficiency $\eta_{\rm in}$ of the storage process, the noble-gas efficiency in the dark $\eta_{\rm dark}$ the efficiency $\eta_{\rm out}$ of the retrieval process. The total efficiency $\eta_{\rm tot}$ sets a limit on other figures of merit, such as the memory fidelity [18] or preservation of squeezing [95–97].

We assume that the signal pulse extends from $t = -\infty$ to t = 0. The storage process we consider occurs during the time interval $-\infty \le t \le T'$, where the duration $T' \ge 0$ enables further manipulation of the spins in the absence of the signal field to complete the mapping. In this process, the input field is mapped onto the long-lived, collective, noble-gas spin $\hat{\mathcal{E}}_{\rm in} \to \hat{\mathcal{K}}(T')$. We denote $\langle \hat{\mathcal{O}}^{\dagger} \hat{\mathcal{O}} \rangle_t = \langle \hat{\mathcal{O}}^{\dagger}(t) \hat{\mathcal{O}}(t) \rangle$ for any operator $\hat{\mathcal{O}}$ and define the storage efficiency by the ratio

$$\eta_{\rm in} \equiv \frac{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{T'}}{\int_{-\infty}^{0} \langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_{t} dt},\tag{36}$$

i.e., by the number of stored spin excitations divided by the number of incoming signal photons. We can use the integral relation in Eq. (E2) to express the efficiency as

$$\eta_{\rm in} = 1 - \frac{2 \int_{-\infty}^{T'} dt \left\langle \frac{1}{2} \hat{\mathcal{E}}_{\rm out}^{\dagger} \hat{\mathcal{E}}_{\rm out} + \gamma_{\rm p} \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} + \gamma_{\rm s} \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} + \gamma_{\rm k} \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \right\rangle_{t}}{\int_{-\infty}^{0} dt \left\langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \right\rangle_{t}}.$$
(37)

We find that the storage efficiency is limited by four relaxation mechanisms: decoherence of excited alkali atoms at a rate $\gamma_{\rm p}$, decoherence of the alkali-metal spin at a rate $\gamma_{\rm s}$, decoherence of the noble-gas spin at a rate $\gamma_{\rm k}$, and leakage of photons during the storage represented by $\int_{-\infty}^{T'} \langle \hat{\mathcal{E}}_{\rm out}^{\dagger} \hat{\mathcal{E}}_{\rm out} \rangle_t dt$.

After the storage stage, the control fields are fixed and the memory preserves the noble-gas spin coherence for a memory (dark) time τ . The efficiency of this stage is determined by the noble-gas relaxation in the dark and is given by

$$\eta_{\text{dark}} = \frac{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{(T'+\tau)}}{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{T'}} = \exp(-2\gamma_{k}\tau).$$
 (38)

The retrieval process starts at $t = T' + \tau$. During this process, there is no input field, and the spin excitations are mapped to the output field $\hat{\mathcal{K}}(T' + \tau) \to \hat{\mathcal{E}}_{\text{out}}$. The retrieval ends when no atomic excitations are left in the medium. The retrieval efficiency is then given by

$$\eta_{\text{out}} \equiv \frac{\int_{\tau+2T'}^{\infty} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_t dt}{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{(T'+\tau)}},\tag{39}$$

i.e., the number of retrieved photons divided by the number of stored spin excitations. Similar to the storage process, we assume that the control field starts only $2T' + \tau$, delayed by a duration $T' \geq 0$ with respect to the retrieval start. This delay enables manipulation of the spin-gases in the dark before the control field is able to initiates the

emission of the optical signal. Using the integral relation in Eq. (E2), we find

$$\eta_{\text{out}} = 1 - \frac{2 \int_{T'+\tau}^{\infty} \langle \gamma_{\text{p}} \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} + \gamma_{\text{s}} \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} + \gamma_{\text{k}} \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t} dt}{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{(T'+\tau)}}. \tag{40}$$

It is evident that the retrieval efficiency is maximized if the duration for which $\hat{\mathcal{P}}$ and $\hat{\mathcal{S}}$ are excited is minimal.

VI. PROTOCOLS FOR LIGHT STORAGE

Our motivation for setting up an interface between optical signals and noble-gas spin ensembles is to utilize the long-lived uniform mode of collective states of the noble-gas to store the quantum state of an input optical field. In other words, we aim to find controllable processes which transfer quantum excitations from $\hat{\mathcal{E}}_{\rm in}(t)$ to $\hat{\mathcal{K}}(T')$ efficiently and then enable controllable retrieval of the light field by mapping $\hat{\mathcal{K}}(T'+\tau)$ to $\hat{\mathcal{E}}_{\rm out}(t)$.

Here we present and exemplify the memory operation using two distinctive protocols, which attain high efficiencies in complementary regimes. The first protocol, presented in Sec. VIA temporarily maps the optical signal onto the three-level alkali memory, which accepts higher bandwidth, and only later transfers it to the noble-gas spins via the spin-exchange coupling. We term this twostep approach as sequential mapping and demonstrate that it is an efficient protocol when the optical signal pulse is shorter than the the alkali decoherence time, and when the spin-exchange coupling between the two gases is strong. The second protocol, presented in Sec. VIB, constitutes a direct mapping between the light and noblegases, using the alkali spins as mediators that adiabatically follow, keeping their excitation small. This protocol is shown efficient when the optical pulse is longer than the typical exchange time between the gases. In Sec. VIC we compare the provide a comparison of these two protocols.

To simplify the presentation, we exemplify the protocols using an input signal that has an exponential temporal profile of the form

$$\mathcal{E}_{\rm in}(t) = \sqrt{\frac{2}{T}} e^{t/T}, \qquad -\infty \le t \le 0, \tag{41}$$

and zero otherwise. We also assume that the desired retrieved field follows an exponential temporal profile of the form

$$\mathcal{E}_{\text{out}}(t) = \sqrt{\frac{2}{T}} e^{(2T' + \tau - t)/T}, \qquad t \ge 2T' + \tau. \tag{42}$$

Here T denotes the characteristic pulse duration of the input and retrieved light, which determines the optical bandwidth of the pulse 1/(2T). This particular choice of pulse profiles enables considerable analytic simplification of the theoretical results. Indeed, for Λ -type memories

in the adiabatic regime, optimal storage and retrieval of such exponentially-shaped signals is associated with temporally square-shaped control pulses [18]. Therefore, this choice allows us to derive simple expressions for the efficiencies, with the control field $\Omega(t)$ [or equivalently $\gamma_{\Omega}(t)$] kept constant for the duration of the signal pulse. Solutions for other pulse profiles might require the application of optimal control tools as those presented in Ref. [98]. Nevertheless, the particular solution presented here enables simple identification of the main competing mechanisms in the operation of the memory and, in particular, highlights the effect of the characteristic pulse duration T on memory efficiency.

A. Sequential mapping

We first analyze the sequential protocol, which is suitable for storage and retrieval of short pulses in which $T \ll 1/\gamma_{\rm s}$ and $T \lesssim 1/J$. In this protocol, storage is conducted by a sequential two-stage transfer of the excitation $\hat{\mathcal{E}}_{\rm in} \to \hat{\mathcal{S}}(0) \to \hat{\mathcal{K}}(T')$, by first mapping the signal onto the alkali spin $\hat{\mathcal{S}}$ at time t=0, and afterwards mapping it onto the noble-gas spin $\hat{\mathcal{K}}$ at time T'. After the memory time of duration τ in which the noble-gas stores the signal's excitations, they are retrieved into emission of an optical signal by following the two stage sequence $\hat{\mathcal{K}}(T'+\tau) \to \hat{\mathcal{S}}(2T'+\tau) \to \hat{\mathcal{E}}_{\rm out}$.

To exemplify this protocol, we first solve numerically Eqs. (31) and (34) as ordinary differential equations by setting the noise operators to zero. We use the input field in Eq. (41) and solve the storage and retrieval stages for constant $\Delta = \delta_s = 0$ and for $\gamma_{\Omega}(t), \delta_k(t)$ that follow square temporal profiles as shown in Fig. 3(a-b). In Fig. 3(c-f), we present the calculated quantum excitations of the optical input and output fields and the atomic excitations $|\mathcal{P}|^2$, $|\mathcal{S}|^2$, and $|\mathcal{K}|^2$ using $J = 60\gamma_s$, $\gamma_s T = 1.7 \cdot 10^{-3}$, and C = 100, setting initially the atomic excitations to zero. The retrieved optical field is presented in Fig. 3(c). The overall calculated memory efficiency in this example is $\eta_{\text{tot}} = 0.91$.

Below we examine the protocol's performance analytically and consider its efficiency as a function of J, γ_s , and T. We simplify the discussion by neglecting the slow relaxation of the noble-gas spins (*i.e.*, setting $\gamma_k = 0$) during the mapping processes and retain γ_k only for the long memory time in the dark.

1. Storage stage 1: $\hat{\mathcal{E}}_{in} \rightarrow \hat{\mathbf{S}}$

In the first stage the signal field is mapped onto the alkali spins. To achieve this δ_k is kept large, which efficiently decouples the noble-gas spins from the alkali spins, thus rendering the first storage stage similar to standard light storage onto alkali spins. Indeed, for

 $\delta_{\rm k} \gg J, T^{-1}$ we find from Eq. (34) that $\hat{\mathcal{K}} \approx (J/\delta_{\rm k})\hat{\mathcal{S}}$, such that $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle \ll 1$.

In Appendix F, we review the process of light storage onto and retrieval from alkali spins, following Ref. [18]. The maximal efficiency of the process $\hat{\mathcal{E}}_{\rm in} \to \hat{\mathcal{S}}$ is given in Eq. (F7) for a general pulse shape and optimally shaped control. For the particular case of exponentially-shaped signal we consider here, a square control pulse with a constant value of $\gamma_{\Omega} = 1/T + \gamma_{\rm s}$ maximizes the storage efficiency, which reads

$$\eta_{\rm in}^{(\mathcal{E}\to\mathcal{S})} = \frac{\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{(t=0)}}{\int_{-\infty}^{0} \langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_{t} dt} = \frac{C}{C+1} \cdot \frac{1}{1+\gamma_{\rm s}T}.$$
 (43)

2. Storage stage 2: $\hat{\mathbf{S}} \to \hat{\mathbf{K}}$

In the second stage, as shown in Fig. 3, the control field is turned off $(\Omega=0)$, and the excitation is coherently transferred from the alkali to the noble-gas spins $\hat{\mathcal{S}}(0) \to \hat{\mathcal{K}}(T')$ via the spin-exchange interaction. In general, the dynamics of spin-exchange in the presence of diffusion is multi-mode, due to thermal motion of the atoms during the exchange process [60, 61], and we present the complete multi-mode calculation in Appendix G. Here we present the approximated dynamics for the uniform modes. This solution is accurate for anti-relaxation coated cells [60].

The exchange evolution of the alkali and noble-gas spins over the duration T' in the absence of light fields is given by [61]

$$\hat{\mathcal{S}}(T') = e^{-\frac{1}{2}(i\delta_{s} + i\delta_{k} + \gamma_{s})T'} \left\{ -\frac{iJ}{\tilde{J}} \sin(\tilde{J}T')\hat{\mathcal{K}}(0) + \left[\cos(\tilde{J}T') - \frac{\gamma_{s} - i\delta}{2\tilde{J}} \sin(\tilde{J}T')\right]\hat{\mathcal{S}}(0) \right\} + \hat{\mathcal{W}}_{s}(T')$$

for the alkali spins and

$$\hat{\mathcal{K}}(T') = e^{-\frac{1}{2}(i\delta_{s} + i\delta_{k} + \gamma_{s})T'} \left\{ -\frac{iJ}{\tilde{J}} \sin(\tilde{J}T')\hat{\mathcal{S}}(0) + \left[\cos(\tilde{J}T') + \frac{\gamma_{s} - i\delta}{2\tilde{J}} \sin(\tilde{J}T')\right]\hat{\mathcal{K}}(0) \right\} + \hat{\mathcal{W}}_{k}(T')$$

for the noble-gas spins. Here

$$\delta = \delta_{k} - \delta_{s} \tag{46}$$

is the mismatch between the spin precession frequencies, and

$$\tilde{J} = \sqrt{J^2 + (\delta + i\gamma_s)^2/4} \tag{47}$$

denotes the effective exchange rate. The stochastic quantum processes $\hat{\mathcal{W}}_s$ and $\hat{\mathcal{W}}_k$ for the alkali and noble-gas spins are defined in Appendix G.

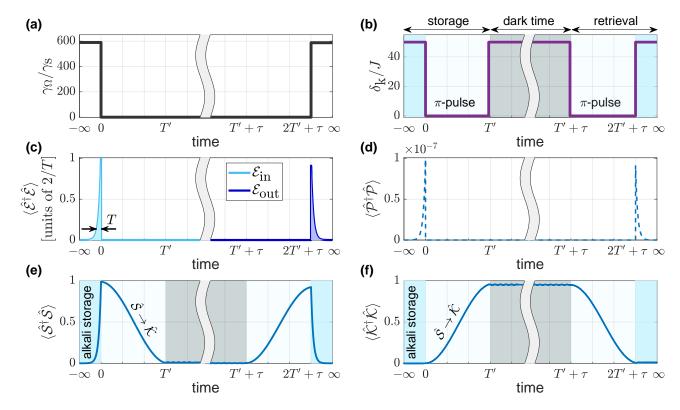


Figure 3. Example of storage and retrieval of a short signal pulse using the sequential mapping protocol. We solve numerically Eqs. (31) and (34) for an exponentially-shaped input signal field with a single excitation [cf. Eq. (41)], setting $\Delta = \delta_s = 0$ and using square pulses for the optical control field γ_{Ω} and magnetic detuning δ_k as shown in (a-b). Here $J = 60\gamma_s$, $\gamma_s T = 1.7 \cdot 10^{-3}$, and C = 100. The memory maps the excitation of the input field $\langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_t$ onto the atomic populations of the alkali $\langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle_t$, and the noble gas $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_t$, which are later retrieved, on-demand, into an optical excitation of $\langle \hat{\mathcal{E}}_{\rm out}^{\dagger} \hat{\mathcal{E}}_{\rm out} \rangle_t$. In the first stage $-\infty \leq t \leq 0$, the control field maps the signal onto the collective state of the alkali spins via a two-photon process, while the noble gas remains decoupled by setting a large δ_k . In the second stage $0 < t \leq T'$ (here T'/T = 15.6), by tuning $\delta_k = 0$, the alkali spins exchange the excitation with the noble-gas spins. Subsequently, the noble-gas spins are decoupled from the alkali spins by increasing δ_k again. The optical signal is retrieved into the exponentially shaped output mode [cf. Eq.(42)] by time reversing the storage sequence, except for a correction of order $\gamma_s T$ to the control field amplitude, γ_{Ω} (retrieval) = γ_{Ω} (storage) $-2\gamma_s$, which corrects for the effect of nonzero alkali-spin relaxation to first order, as described in the text. The calculated memory efficiency is $\eta_{\text{tot}} = 0.91$.

Maximal exchange rate and thus efficient mapping $\hat{S}(0) \to \hat{K}(T')$ are obtained by setting $\delta(B) = 0$ during the exchange time T'. To simplify the analysis at this point, we consider the particular regime of strong coupling $J \gg \gamma_{\rm s}$, which enables efficient exchange between the spin gases. In this regime, it is efficient to set T' as the π -pulse duration, which is given by $T' \approx (\pi \tilde{J} - \gamma_{\rm s})/(2\tilde{J}^2)$ to leading order in $\gamma_{\rm s}/\tilde{J}$, yielding

$$\hat{\mathcal{K}}(T') = e^{-\frac{\pi \gamma_{\rm s}}{4J}} \hat{\mathcal{S}}(0) + \hat{\mathcal{W}}_{\rm k}(T'). \tag{48}$$

Substitution of Eq. (48) into Eq. (39) yields the storage efficiency for the second stage

$$\eta_{\rm in}^{(\mathcal{S}\to\mathcal{K})} = \exp\left(-\frac{\pi\gamma_{\rm s}}{2I}\right).$$
(49)

3. Memory time

Once the excitation is stored on the uniform mode of the noble-gas spins, we can decouple the state of the two spin ensembles by applying a large magnetic field. Specifically, we take $\delta(B)\gg J$, such that the generalized exchange rate of Eq. (47) becomes $\tilde{J}\approx\delta/2$. As the exchange contrast of collective spin excitations between the alkali $(\langle \hat{S}^{\dagger}\hat{S}\rangle)$ and noble gas $(\langle \hat{\mathcal{K}}^{\dagger}\hat{\mathcal{K}}\rangle)$ scales as $|J/\tilde{J}|^2$, for $\delta\gg J$ the exchange is negligible. Under these conditions, Eq. (45) becomes

$$\hat{\mathcal{K}}(T'+\tau) = e^{-(i\delta_{\mathbf{k}} + \gamma_{\mathbf{k}})\tau} \hat{\mathcal{K}}(T') + \hat{\mathcal{W}}'$$
 (50)

for the memory time τ , where $\hat{\mathcal{W}}' = \hat{\mathcal{W}}_k(T' + \tau) - \hat{\mathcal{W}}_k(T')$. The noble-gas spins then act as a quantum memory that decays according $\eta_{\rm dark}(\tau)$ in Eq. (38), with potentially very long lifetime γ_k^{-1} .

4. Retrieval: $\hat{\mathbf{K}} \rightarrow \hat{\mathbf{S}} \rightarrow \hat{\mathcal{E}}_{out}$

We retrieve the photons from the memory by realizing the process $\hat{\mathcal{K}}(T'+\tau) \to \hat{\mathcal{S}}(2T'+\tau) \to \hat{\mathcal{E}}_{\text{out}}$. First, the magnetic field is tuned to strongly couple the two spin gases by setting $\delta(B) = 0$. As described by Eq. (44), the excitation is mapped back from the noble gas to the alkali spins after the same transfer time T'

$$\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{t_{r}} = e^{-\frac{\pi \gamma_{s}}{2J}} \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{(T'+\tau)}, \tag{51}$$

where $t_{\rm r}=2T'+\tau$, yielding the retrieval efficiency of $\eta_{\rm out}^{(\mathcal{K}\to\mathcal{S})}=\eta_{\rm in}^{(\mathcal{S}\to\mathcal{K})}$.

Retrieval of the photons from the alkali spins is then performed as a standard retrieval in Λ -system memories, as reviewed in Appendix F. Importantly, the temporal profile of the control field determines the emission profile of the retrieved signal field [18]. For short pulses $T < 1/\gamma_s$, retrieval into the target mode we consider in Eq. (42) is realized using a constant control field with $\gamma_{\Omega} = 1/T - \gamma_{\rm s}$ [compare to $\gamma_{\Omega} = 1/T + \gamma_{\rm s}$ during storage]. This profile yields the retrieval efficiency

$$\eta_{\text{out}}^{(\mathcal{S}\to\mathcal{E})} = \frac{\int_{t_r}^{\infty} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_t dt}{\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_t} = \frac{C}{C+1} (1 - \gamma_s T) \qquad (52)$$

[compare to Eq. (43) for storage].

B. Adiabatic mapping

We now turn to analyze the adiabatic mapping, which is suitable for storage and retrieval of long-pulses satisfying $T \gg 1/J$. In this mapping scheme, $\hat{\mathcal{S}}$ is kept unexcited during the storage and retrieval to avoid the loss of excitations by the alkali-spin relaxation [cf. Eq. (40)]. The principle is that $\hat{\mathcal{S}}$ can mimic the dynamics of $\hat{\mathcal{P}}$ in the adiabatic regime, thus serving as a mediator whose excitation is negligible.

Below we examine the protocol's performance analytically using T'=0. We derive the equations of motion in the adiabatic regime, show that a direct coherent mapping $\hat{\mathcal{E}}_{\rm in} \to \hat{\mathcal{K}}(0)$ is established during storage and $\hat{\mathcal{K}}(\tau) \to \hat{\mathcal{E}}_{\rm out}$ during retrieval. We then calculate the memory efficiency for an exponentially shaped pulse.

1. Adiabatic equations of motion

We consider the dynamics of the uniform mode $\hat{S}(t)$ in the adiabatic regime for $\gamma_{\Omega} \gg J$, $|Q\Omega/\sqrt{T}|$. Eq. (31) can then be approximated by

$$\hat{\mathcal{S}} = -\frac{Q\Omega^* \hat{\mathcal{E}}_{in} + iJ\hat{\mathcal{K}} - \hat{F}_{\mathcal{S}}}{\Gamma_{\Omega} + \gamma_s + i\delta_s}.$$
 (53)

Here $\hat{S}(t)$ adiabatically follows the operators \hat{K} , $\hat{\mathcal{E}}_{in}$, and $\hat{F}_{\mathcal{S}}$, similarly to the role of $\hat{\mathcal{P}}$ in Eq. (C2). The alkali-spin

excitation is small $\langle \hat{S}^{\dagger} \hat{S} \rangle \leq J^2/|\Gamma_{\Omega}|^2 \ll 1$, allowing for high memory efficiency according to Eqs. (37) and (40). By substituting the adiabatic solution (53) in Eqs. (29)-(30) and in Eq. (34), we obtain

$$\hat{\mathcal{E}}_{\text{out}} = (\alpha - ia_J Q\Omega/J)\,\hat{\mathcal{E}}_{\text{in}} + a_J (\Omega/\Omega^*)\hat{\mathcal{K}} + \hat{F}_{\mathcal{E}}, \quad (54)$$

$$\partial_t \hat{\mathcal{K}} = -(\gamma_k + \Gamma_J + i\delta_k)\hat{\mathcal{K}} + a_J \hat{\mathcal{E}}_{in} + \hat{F}_{\mathcal{K}}.$$
 (55)

Here we define the stimulated coupling rate to the noblegas spins as

$$\Gamma_{J}(t) \equiv \frac{J^{2}}{\Gamma_{\Omega}(t) + \gamma_{s} + i\delta_{s}(t)},$$
(56)

as well as the parameter $a_J \equiv iQ\Omega^*\Gamma_J/J$. The vacuum noise operators are $\hat{F}_{\mathcal{K}} = \hat{f}_{\mathcal{K}} - i\Gamma_J\hat{F}_{\mathcal{S}}/J$ and $\hat{F}_{\mathcal{E}} = \hat{f}_{\mathcal{E}} + ia_J\Omega\hat{F}_{\mathcal{S}}/(J\Omega^*)$, and the parameters Q and α are defined in Eqs. (33) and (C5).

To exemplify this protocol, we solve numerically Eqs. (54-55), set the noise operators to zero, and use the input field in Eq. (41). Here we solve the storage and retrieval stages for constant $\Delta = \delta_{\rm s} = \delta_{\rm k} = 0$, set T'=0, and use $\gamma_{\Omega}(t)$, which follows a square temporal profile as shown in Fig. 4(a). In Fig. 4(c-f), we present the calculated quantum excitations of the optical input and output fields, and the atomic excitations $\langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle$, $\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle$, and $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle$ using $J=60\gamma_{\rm s}, \, \gamma_{\rm s} T=17$, and C=100. The retrieved output field is presented in Fig. 3(c), and the overall calculated memory efficiency in this example is $\eta_{\rm tot}=0.98$. Interestingly, here the alkali spin remains unexcited, $\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle \ll 1$, suppressing loss of the signal via alkali relaxation.

It is also insightful to discuss the rate Γ_J associated with the emergent coupling between noble-gas spins and light. The imaginary part $\operatorname{im}(\Gamma_J)$ constitutes the frequency shift due to the spin-exchange coupling to the alkali spins, which vanishes when operating at $\Delta=\delta_{\rm s}=0$. The real part

$$\gamma_J \equiv \operatorname{re}(\Gamma_J) \tag{57}$$

constitutes the relaxation inherited from the alkali spins. The alkali spins themselves experience a relaxation at a high rate $\gamma_{\Omega} + \gamma_{\rm s}$, composed of radiative (γ_{Ω}) and non-radiative $(\gamma_{\rm s})$ losses; both are partially inherited by the noble gas and are accounted for in γ_J . The emergence of γ_J and its analogy to γ_{Ω} are illustrated in Fig. 5 for the case of retrieval. The intuition is the same for the case of storage.

Equation (55) is a linear stochastic differential equation and, similarly to Eq. (F1), can be solved by

$$\hat{\mathcal{K}}(t) = \Upsilon_{t,-\infty}\hat{\mathcal{K}}(-\infty) + \int_{-\infty}^{t} h_J(t,s)\hat{\mathcal{E}}_{in}(s) ds + \hat{\mathcal{W}}_{\mathcal{K}}(t),$$
(58)

where $h_{J}(t,s) = \Upsilon_{t,s}a_{J}(s)$, and $\hat{\mathcal{W}}_{\mathcal{K}}(t) = \int_{-\infty}^{t} \Upsilon_{t,s}\hat{F}_{\mathcal{K}}(s)ds$, and the evolution function from

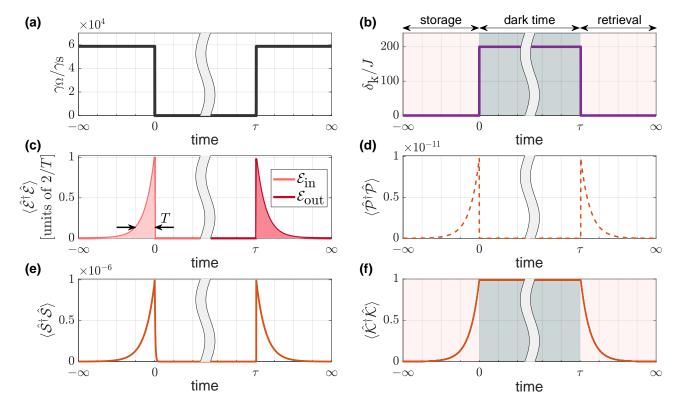


Figure 4. Example of storage and retrieval of a long pulse using the adiabatic mapping protocol. We numerically solve Eqs. (54-55) for an exponentially-shaped signal field containing a single excitation [cf. Eq. (41)], for $\Delta = \delta_{\rm s} = 0$ and for the square-profile control fields γ_{Ω} and $\delta_{\rm k}$ in (a-b). Here $J = 60\gamma_{\rm s}$, $\gamma_{\rm s}T = 17$, and C = 100. The mapping of the input excitations $\langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_t$ onto the atomic populations $\langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle_t$, $\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_t$, and $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_t$ is realized during storage, and the mapping onto $\langle \hat{\mathcal{E}}_{\rm out}^{\dagger} \hat{\mathcal{E}}_{\rm out} \rangle_t$ is realized during retrieval. The noble-gas spins adiabatically follow the input optical pulse, maintaining $\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_t \ll 1$ throughout the protocol. The optical pulse is retrieved by time reversing the storage sequence, yielding a total memory efficiency of $\eta_{\rm tot} = 0.98$.

time t' to time t is

$$\Upsilon_{t,t'} = e^{-\int_{t'}^{t} [\gamma_k + \Gamma_J(s) + i\delta_k(s)] ds}.$$
 (59)

Below we estimate the efficiencies of the storage and retrieval stages.

2. Storage:
$$\hat{\mathcal{E}}_{in} \to \hat{K}$$

The spins are initially unexcited $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{-\infty} = 0$, so the first term in Eq. (58) vanishes. We therefore get

$$\hat{\mathcal{K}}(0) = \int_{-\infty}^{0} h_J(0, s) \hat{\mathcal{E}}_{in}(s) ds + \hat{\mathcal{W}}_{\mathcal{K}}(0).$$
 (60)

The transfer function h_J satisfies the inequality

$$\int_{-\pi}^{0} \frac{1}{\acute{n}(t)} |h_J(0,t)|^2 dt \le 1, \tag{61}$$

where the weight factor $\dot{\eta}$ is given by

$$\dot{\eta}(t) = \frac{C}{C+1} \frac{\gamma_{\Omega}(t)}{\gamma_{\Omega}(t) + \gamma_{\rm s}} \frac{\gamma_{J}(t)}{\gamma_{J}(t) + \gamma_{\rm k}}.$$
 (62)

We now calculate the storage efficiency for the exponentially-shaped signal in Eq. (41) for $T > \gamma_{\rm s}/J^2$, using a constant control pulse with amplitude $\gamma_{\Omega} = J^2T - \gamma_{\rm s}$ (corresponding also to $\gamma_J = 1/T$), and assuming negligible spin relaxation of the noble gas ($\gamma_{\rm k} = 0$). The storage efficiency is then given by

$$\eta_{\rm in} = \frac{C}{C+1} \left(1 - \frac{\gamma_{\rm s}}{J^2 T} \right). \tag{63}$$

Turning off the control beam and applying a large magnetic field $[\delta(B) \gg J]$ after storage decouples the two spin gases and lets the noble gas act as a quantum memory, free of alkali-induced relaxation.

3. Retrieval:
$$\hat{\mathbf{K}} \rightarrow \hat{\mathcal{E}}_{out}$$

During retrieval, starting from $t = \tau$, there is no input signal $(\langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle = 0)$, and so the second term in Eq. (58) vanishes. The noble-gas spin excitations are then given by

$$\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t} = e^{-2 \int_{\tau}^{t} [\gamma_{k} + \gamma_{J}(s)] ds} \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{\tau}, \tag{64}$$

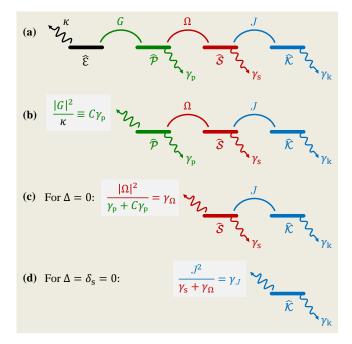


Figure 5. Emergence of a decay rate γ_J from the collective noble-gas spin $\hat{\mathcal{K}}$ during adiabatic retrieval. The picture is similar for adiabatic storage. (a) The optical cavity field $\hat{\mathcal{E}}$ couples to the collective optical dipole $\hat{\mathcal{P}}$, which couples to the collective alkali spin \hat{S} , which couples to the collective noble-gas spin $\hat{\mathcal{K}}$, with corresponding rates G, Ω , and J. The optical field decays into the desired output field $\hat{\mathcal{E}}_{out}$ with rate κ . The rates γ_p , γ_s , and γ_k encompass both relaxation and coupling to other (undesired) modes (not shown). (b) In the fast-cavity limit ($\kappa \gg G$), the cavity field adiabatically follows the optical dipole, giving rise to a decay rate $C\gamma_{\rm p}$ from the optical dipole into the output field. This "good" decay rate $C\gamma_p$ competes with "bad" decay rate γ_p , contributing a factor of $C\gamma_{\rm p}/(C\gamma_{\rm p}+\gamma_{\rm p})$ to the retrieval efficiency. (c) For moderate control fields $(C\gamma_{\rm p}\gg\Omega)$, the optical dipole adiabatically follows the alkali spin, giving rise to a decay rate γ_{Ω} from the alkali spin. This "good" decay rate γ_{Ω} competes with "bad" decay rate γ_s , contributing a factor of $\gamma_{\Omega}/(\gamma_{\Omega}+\gamma_s)$ to the retrieval efficiency. (d) For $\gamma_{\Omega} + \gamma_{\rm s} \gg J$ (corresponding to $T \gg 1/J$, since $T \sim 1/\gamma_J$, the alkali spin adiabatically follows the noble-gas spin, giving rise to a decay rate γ_J from the noble gas spin. This "good" decay rate γ_J competes with "bad" decay rate γ_k , contributing a factor of $\gamma_J/(\gamma_J + \gamma_k)$ to the retrieval efficiency.

and substitution in Eq. (54) yields the total output photon number

$$\int_{\tau}^{\infty} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_{t'} dt' = \int_{\tau}^{\infty} |a_J(t')|^2 \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t'} dt'.$$
 (65)

Similarly to Λ -system storage, the temporal shape of the output mode depends on the control field via the term $a_J(t')$. Substituting Eq. (65) in Eq. (39) yields the output efficiency

$$\eta_{\text{out}} = \frac{C}{C+1} \int_0^{y(\infty)} \frac{\gamma_{\Omega}(y)}{\gamma_{\Omega}(y) + \gamma_{\text{s}}} \frac{\gamma_{J}(y)}{\gamma_{J}(y) + \gamma_{\text{k}}} e^{-y} dy, \quad (66)$$

where

$$y(t) = 2 \int_{\tau}^{t} (\gamma_J(s) + \gamma_k) ds.$$
 (67)

For the target exponentially-shaped mode we consider in Eq. (42) and for $\gamma_{\mathbf{k}} = 0$, setting $\gamma_J = 1/T$ and $\gamma_{\Omega} = J^2T - \gamma_{\mathbf{s}}$ enable retrieval of light with efficiency

$$\eta_{\text{out}} = \eta_{\text{in}} = \frac{C}{C+1} \left(1 - \frac{\gamma_{\text{s}}}{J^2 T} \right). \tag{68}$$

C. Comparison between the sequential and adiabatic mappings

It is insightful to compare the performance and validity regimes of the two protocols in subsections VIA and VIB1 for the exponentially-shaped input and output signal fields in the limit $\gamma_{\rm k}T\ll 1$ (i.e., we account for nonzero $\gamma_{\rm k}$ only during the long memory time τ between storage and retrieval). For the sequential mapping scheme, the memory efficiency is determined by combining Eqs. (35), (38), (43), (49), and (52) into $\eta_{\rm tot}=\eta_{\rm in}^{(\mathcal{E}\to\mathcal{S})}\eta_{\rm in}^{(\mathcal{S}\to\mathcal{K})}\eta_{\rm out}^{(\mathcal{K}\to\mathcal{S})}\eta_{\rm out}^{(\mathcal{S}\to\mathcal{E})}$, yielding

$$\eta_{\text{tot}} = \left(\frac{C}{C+1}\right)^2 \left(\frac{1-\gamma_{\text{s}}T}{1+\gamma_{\text{s}}T}\right) e^{-\frac{\pi\gamma_{\text{s}}}{J}} e^{-2\gamma_{\text{k}}\tau}.$$
 (69)

For the adiabatic mapping scheme, the memory efficiency is determined by combining Eqs. (63) and (68),

$$\eta_{\text{tot}} = \left(\frac{C}{C+1}\right)^2 \left(1 - \frac{\gamma_{\text{s}}}{J^2 T}\right)^2 e^{-2\gamma_{\text{k}}\tau}.$$
 (70)

The memory efficiencies of both schemes approach unity for large cooperativity $(C \gg 1)$ and slow alkali relaxation. The latter amounts to the condition $\gamma_{\rm s}$ « J, 1/T in the sequential scheme, and to $\gamma_{\rm s} \ll J^2 T$ in the adiabatic scheme. Notably, when the pulse is long $(T \gg \gamma_{\rm s}/J^2)$, the efficiency of the adiabatic protocol approaches $C^2/(C+1)^2$ which is the maximal attainable efficiency of optically accessible Λ -type quantum memories. For the sequential mapping, the maximal attainable efficiency is further reduced by the factor $\exp(-\pi \gamma_s/J)$. On the other hand, when the pulse is short $(\gamma_s T \ll 1)$, the memory efficiency of the sequential scheme becomes independent of the pulse duration (as long as $TC\gamma_{\rm p} \gg 1$), while the efficiency of the adiabatic scheme decreases as $[1 - \gamma_s/(J^2T)]^2$ for $JT \gg 1$. Interestingly, the adiabatic protocol can reach high memory efficiency even when the alkali and noble-gas spins are weakly coupled and the alkali relaxation is significant $\gamma_{\rm s} \gtrsim J$, provided that the signal bandwidth is sufficiently small.

VII. POSSIBLE EXPERIMENTAL CONFIGURATIONS

The proposed quantum memory can be realized under a variety of experimental conditions. We consider two types of configurations, which differ in the pressure range of the buffer gas enclosed inside the glass cell; here 'buffer gas' includes both noble gas isotopes with nonzero nuclear spins used as the memory medium, and possibly additional inert gases such as N_2 or noble gases with no nuclear spin.

Configurations with high buffer-gas pressure benefit from higher SEOP efficiency and rate, higher exchange rate J, and lower alkali destruction rate γ_{diff} due to collisions with the walls [cf. Eq. (C15)]. At high pressures, however, each of the alkali D_1 or D_2 lines used for the optical excitation is pressure broadened and appears as a single optical line. This broadening reduces the optical depth of the alkali medium and impedes optical resolution of or control over individual hyperfine transitions. Consequently, memory operation based on standard Λ -system protocols (e.g., EIT or Raman absorption) in practice deviates from that described by the simple Λ type model and includes other undesired processes, such as four-wave mixing [38], which compromise memory efficiency and fidelity. Nevertheless, Faraday interaction in a double-pass configuration [99, 100] provides for a beamsplitter-like Hamiltonian, which is free of four-wave mixing. This type of coupling is therefore consistent with our Λ -type modeling for the alkali spins. Moreover, at high buffer-gas pressures, the effect of tensor polarizability becomes negligible [90, 101], rendering the Faraday interaction with the orientation moment dominant, as desired for this memory.

Low-pressure configurations benefit from strong atomphoton interaction and enable employment of standard storage protocols (e.g. EIT and Raman absorption) which utilize optical access and control over the state of different hyperfine levels. As diffusion is faster in these configurations, anti-relaxation coated cells should be used to avoid alkali-spin relaxation by collisions with the cell walls [8, 21, 38], but these coatings limit the operation temperature.

The configurations we consider feature high optical depths, which may alleviate the need for an optical cavity and enable implementations based on free-space propagation. While exact calculations of a free-space model extend beyond the scope of this work, our main conclusions based on the fast-cavity regime should also remain, similar to Ref. [19], approximately valid for cavity-free configurations. To approximate such configurations, we use the scaling found in Ref. [19] and relate the effective cooperativity of the medium to the optical depth in free space via $C \approx \mathrm{OD}/5.8$, where OD is the free-space optical depth associated with attenuation of the power of the signal beam.

In the following two subsections, we analyze some exemplary possible configurations, which are also summarized in Table I.

A. High buffer-gas pressure

Mixture of potassium and helium-3.—The first configuration we consider consists of a K-³He mixture enclosed in a spherical glass cell with a 1 cm radius. We consider a ³He density of $n_b = 5.4 \times 10^{19} \, \mathrm{cm}^{-3}$ (corresponding to 2 atm at ambient conditions), an alkali-metal density of $n_a = 5.2 \times 10^{14} \, \mathrm{cm}^{-3}$ (corresponding to the vapor pressure at a temperature of 230 °C) and 30 Torr of N₂ to mitigate radiation trapping. We estimate a relaxation rate of about $\gamma_s = 2\pi \cdot 2.4 \, \mathrm{Hz}$ during memory operation dominated by collisions with the background gas (coupling to cell walls is reduced due to the slow diffusion, where the longest living alkali diffusion mode relaxes after 0.5 s due to wall coupling) [61, 90]. This configuration is similar to the experimental conditions recently reported in [87, 88].

The high buffer gas pressure broadens the optical D₁ transition of the potassium, such that its full width at half maximum (FWHM) is about 27 GHz. Despite the broadening, a large resonant optical depth of about $OD \approx 220$ is expected, owing to the elevated alkali density, which corresponds to about $C \approx 37$ for cavity-free configurations. The initialization of the alkali spins relies on optical pumping using a pump field, which is on only before the storage and retrieval stages (when the alkali and the noble gas are decoupled). Due to the high OD, efficient optical pumping of the alkali spins across the cell requires high intensity of the pump light at a large frequency detuning from the optical transition [87, 88]. The pump light "burns through" the cell, as atoms whose spin is optically-pumped cease to absorb pump photons [81] (but not signal photons, which differ in polarization and frequency). We estimate that alkali spin polarization of about $p_a \ge 95\%$ can be obtained using 160 mW of circularly polarized pump at 770 nm, detuned by 70 GHz from the D_1 transition, with a beam waist of about 1 cm (yielding a pumping rate of $\sim 2\pi \cdot 50 \,\mathrm{Hz}$).

The noble gas spins can be initialized prior to the experiment via SEOP hyperpolarization to about $p_b \gtrsim 75\%$ at a SEOP rate of $\sim (10 \, \mathrm{hour})^{-1}$ [64]. This day-long initialization is required only once, before the first memory operation, and is not required for continuous operation of the memory thereafter. These parameters allow for a high coherent coupling rate of $J \approx 2\pi \cdot 110 \, \mathrm{Hz}$. We estimate that the collisional, magnetic-like spin-exchange shifts induced by one gas on the other are $230 \, \mu\mathrm{G}$ for the noble gas and $22 \, \mathrm{mG}$ for the alkali spins (cf. Appendix A). The high J/γ_{s} enables high-efficiency memory operation, with $\eta_{\mathrm{tot}} \approx 88\%$ for the sequential protocol and $\eta_{\mathrm{tot}} \approx 95\%$ for the adiabatic protocol. The memory efficiency in this configuration is limited mainly by

#	Pressure	Noble gas	Alkali	Temperature	Additional	Coating	$\gamma_{\rm s} \ [2\pi \ {\rm Hz}]$	$J~[2\pi~{ m Hz}]$	C	$1/\gamma_{\rm k}$	Efficiency
				[°C]	buffer gas						$\eta_{ m tot}$
(1)	High	3 He, 2 atm	K	230	N_2 , 30 Torr	-	2.4	110	37	100 [h]	95% adiabatic
											88% sequential
(2)	High	¹²⁹ Xe, 7 Torr	Rb	150	N_2 , 1500 Torr	-	1000	92	2.7	22 [s]	74% adiabatic
(3)	Low	$^{129}\mathrm{Xe},0.2~\mathrm{Torr}$	Cs	70	-	Paraffin	13	2.4	15	540 [s]	94% adiabatic
(4)	Low	$^{129}\mathrm{Xe},0.2$ Torr	Cs	90	-	Alkane	8	4.6	69	140 [s]	98.5% adiabatic

Table I. Possible experimental configurations and memory efficiencies. (1-2) High pressure configurations. (1) Mixture of potassium, helium-3, and N_2 (the last for mitigating radiation trapping during optical pumping) in a spherical glass cell with a 1 cm radius. The noble-gas spin state potentially lives for $1/\gamma_k = 100$ hours, limited by the dipole-dipole limit. This configuration is compatible with both the sequential and adiabatic storage schemes. (2) Mixture of rubidium, xenon-129, and N_2 (the last to increase the molecular breakdown rate) in a cubical glass cell with a 1 cm edge-length. Here $J < \gamma_s$ such that the scheme is only suitable for an adiabatic operation. Here γ_k is limited by collisions with the alkali atoms. For the high-pressure configurations (1-2), mapping of the optical signal on the alkali spins can be implemented via Faraday teleportation in a double-pass configuration, which realizes a beamsplitter interaction. (3-4) For the low-pressure configurations, we consider a Cs-¹²⁹Xe mixture enclosed in a cylindrical cell with anti-relaxation coating for the alkali spins, where γ_k is limited by collisions with the alkali atoms. For these configurations mapping of the optical signal onto the orientation moment of the alkali spins can be implemented using any standard mapping scheme, such as EIT of linearly polarized light tuned to the $F = 4 \rightarrow F = 3$ optical transition of the D1 line [38]. (3) Paraffin coating, which allows for $N_e = 1000$ bounces before spin randomization. (4) Alkane coating, which allows for $N_e = 10^5$ wall bounces before spin randomization.

the optical cooperativity of the alkali atoms, which can be increased if needed by increasing vapor density and pump power or by employing an optical cavity.

The Faraday interaction in a double-pass configuration should be employed to map the photons onto the orientation moment \hat{S} of the alkali spin via direct interaction with the electron spin [17]. We consider a 1.5 W linearly polarized control beam detuned by 76 GHz and estimate a coherent coupling rate of about $\gamma_{\Omega} = 2\pi \cdot 1.6 \,\mathrm{kHz}$ and $\Omega = 2\pi \cdot 27 \,\mathrm{MHz}$, taking into account the attenuation of the control field due to the small fraction of unpolarized alkali spins. The rate γ_{Ω} also approximates the signal bandwidth that can be stored and retrieved efficiently using the sequential scheme. To enjoy the potential $1/\gamma_k = 100$ hours coherence time of the noble gas, limited by self dipole-dipole interactions, we need to minimize magnetic-field inhomogeneities and decrease alkali density, e.g. by lowering the cell temperature [64, 102]. Such a configuration could therefore feature an extraordinary time-bandwidth product exceeding 10^9 .

Mixture of rubidium and xenon-129.—The second configuration we consider contains a Rb-¹²⁹Xe mixture enclosed in a cubical glass cell with a 1 cm edge-length. We consider a ¹²⁹Xe density of $n_{\rm b}=2.5\times10^{17}\,{\rm cm}^{-3}$ (7 Torr at ambient conditions), an alkali density of $n_{\rm a}=10^{14}\,{\rm cm}^{-3}$ (temperature 150 °C), and 1500 Torr of N₂ to mitigate radiation trapping, decrease the diffusion coefficient, and increase the molecular breakdown rate of short-lived XeRb molecules (≤ 0.1 ns) [71, 103, 104]. The latter is important for improving the SEOP efficiency and for decreasing the decay rate of the noble-gas spins due to the molecular interaction [104]. The optical depth of the alkali medium is expected to be OD ≈ 16.

The alkali spins are maintained at a constant spin-

polarization of $p_{\rm a}=90\%$ by continuous optical-pumping. This pumping can be realized using a 250 mW of circularly polarized 795 nm beam, detuned 36 GHz from the D₁ transition, whose linewidth is about 36 GHz. In this configuration, diffusion to cell walls occurs at a rate of about $2\pi \cdot 1$ Hz and is thus negligible. The pumping light shifts the alkali-spin resonance frequency by 2 kHz and adds to its relaxation, which sums up to $\gamma_{\rm s}\approx 2\pi \cdot 1\,{\rm kHz}$.

The $^{129}\mathrm{Xe}$ atoms are polarized via SEOP to $p_\mathrm{b}=65\%$, limited by relaxation due to collisions with the alkali, yielding $\gamma_\mathrm{k}=2\pi\cdot7\,\mathrm{mHz}$. As in the previous configuration, it is possible to decrease γ_k during the memory time by lowering the alkali density. This configuration features $J=2\pi\cdot92$ Hz and collisional shifts of $\sim3.5\,\mathrm{mG}$ exerted by the alkali on the xenon and $\sim2.7\,\mathrm{mG}$ exerted by the xenon on the alkali.

In this configuration, $J<\gamma_{\rm s}$, so that it is most suitable for the adiabatic protocol. A 1 W control beam, detuned by 38 GHz and of 1 cm waist, would provide for $\Omega=2\pi\cdot 40\,{\rm MHz}$ and $\gamma_{\Omega}=2\pi\cdot 16\,{\rm kHz}$ taking into account depletion of the control by unpolarized atoms. For ultra low-bandwidth pulses, we expect a memory efficiency of $\eta_{\rm tot}\approx 74\%$.

B. Low buffer-gas pressure

For the low-pressure configurations, we consider a Cs¹²⁹Xe mixture enclosed in a cylindrical cell with antirelaxation coating for the cesium spins. The alkali spins
decohere by binary collisions with other alkali atoms,
by three-body collisions with xenon atoms, and by interaction with the cell walls. The three-body collisions are associated with the formation of short-lived

Cs-¹²⁹Xe (Van-der-Waals) molecules, which limit the attainable degree of polarization p_a and significantly increase the destruction rate γ_s . To mitigate this process, we decrease the molecular formation rate by considering a relatively low density $n_{\rm b} = 7 \times 10^{15} \, {\rm cm}^{-3}$ of ¹²⁹Xe (0.2 Torr). At this pressure, the molecular formation rate per alkali atom $R_3 = Z n_{\rm b}^2 \approx 2\pi \cdot 0.4 \,{\rm Hz}$ is comparable to the binary spin-exchange collision rate $R_2 = k_{\rm SE} n_{\rm b}$, where $Z = 8.5 \times 10^{-32} \times 2\pi \,{\rm Hz \, cm^6}$ [105] and $k_{\rm SE} = 6.5 \times 10^{-16} \times 2\pi \,\mathrm{Hz\,cm^3}$ [90]. The low gas pressure corresponds to a large diffusion coefficient of 160 cm²/s, leading to a mean free path of 0.2 mm and mean free time of about $0.9 \,\mu s$. For 1 cm cell, the time for reaching the wall is of the order of 2 ms, indicating the importance of alkali-wall interaction. Here we consider two configurations based on different wall coatings, all compatible with the adiabatic mapping scheme as $J < \gamma_s$.

Paraffin coating.— Paraffin coating allows for $N_{\rm e} \geq 1000$ bounces before spin randomization [106]. We consider a cylindrical cell of length $L=3\,{\rm cm}$ and radius $r=1\,{\rm cm}$. The alkali density is $n_{\rm a}=2\times 10^{12}\,{\rm cm}^{-3}$ (temperature 70°C), and $\gamma_{\rm s}=2\pi\cdot 13\,{\rm Hz}$ due to collisions with the walls and the background xenon. The optical line is inhomogeneously Doppler broadened by about 400 MHz (FWHM), which yields a resonant optical depth of OD ≈ 90 along the axis of the cylinder, corresponding to $C\approx 15$ for a cavity-free apparatus. In inhomogeneously broadened configurations, the OD can potentially be further enhanced by optical techniques [115].

To allow for operation in the adiabatic regime for a duration longer than the alkali-spin lifetimes, an alkalispin polarization of $p_a = 90\%$ is maintained by continuous optical-pumping [106-109]. While standard optical pumping would typically increase the relaxation rate in the dark by a factor of $1/(1-p_a)$, pumping of the lower hyperfine manifold combined with frequent spinexchange collisions allows for efficient pumping of the spin in the upper hyperfine manifold at reduced spin decoherence. To apply this pumping scheme, the pumping rate has to be faster than the spin-exchange rate $\sim 2\pi \cdot 220 \,\mathrm{Hz}$. On-resonance optical pumping with lowpower light of $\sim 1 \,\mathrm{mW}$ readily provides a pumping rate of $\sim 2\pi \cdot 2$ kHz. Under these conditions, the noble-gas spin polarization is maintained at $p_b = 50\%$ via binary and molecular spin-exchange collisions assuming a coherence time of $\gamma_k^{-1} = 9$ minutes limited by collisions with alkali atoms. These parameters yield $J = 2\pi \cdot 2.4$ Hz, and collisional spin-exchange shifts corresponding to a magneticlike field of $\sim 120 \,\mu\text{G}$ for the xenon and $\sim 100 \,\mu\text{G}$ for the

Here mapping of the optical signal onto the orientation moment of the alkali spins can be implemented with any standard mapping scheme, such as EIT with linearly-polarized light tuned to the $F=4 \rightarrow F=3$ optical transition of the D₁ line [38]. For a 2 mW linearly-polarized control beam at 894 nm, detuned by 1 GHz

from the D_1 atomic line, we expect $\Omega=2\pi\cdot 1\,\mathrm{MHz}$ and $\gamma_\Omega\approx 2\pi\cdot 210\,\mathrm{Hz}=15\gamma_\mathrm{s},$ for which a memory efficiency of $\eta_\mathrm{tot}\approx 94\%$ can be realized.

Alkane coating.— A configuration based on alkane coating could allow $N_{\rm e}=10^5$ wall bounces before spin randomization [63, 106]. We consider cesium vapor density of $n_{\rm a}=9\times10^{12}\,{\rm cm^{-3}}$ (temperature 90°C) in a narrow cylindrical cell with $L=2\,{\rm cm}$ and $r=1\,{\rm mm}$ to mitigate radiation trapping. This aspect ratio gives an optical depth of 400 along the axis of the cell and only 26 across it. Maintaining $p_{\rm a}=90\%$ by continuous optical-pumping of the lower hyperfine manifold (using a 5.4 mW pumping laser, for a pumping rate of $2\pi\cdot 9\,{\rm kHz}$, much faster than the $2\pi\cdot 1\,{\rm kHz}$ spin-exchange rate), yields $p_{\rm b}=50\%,\,\gamma_{\rm s}=2\pi\cdot 8\,{\rm Hz},$

 $\gamma_{\rm k}^{-1}=140\,{\rm s},\,J=2\pi\cdot 4.6\,{\rm Hz},\,{\rm and}\,\,C=69$ for a cavity-free configuration. Owing to the reduced alkali relaxation rate, here $\gamma_\Omega=50\gamma_{\rm s}$ and $\Omega=2\pi\cdot 3.2\,{\rm MHz}$ can be obtained with a $0.2\,{\rm mW}$ control beam, detuned by $2.3\,{\rm GHz}$ and of waist 1 mm. For this configuration, we estimate $\gamma_J\approx 2\pi\cdot 55\,{\rm mHz}$ and a potential memory efficiency of $\eta_{\rm tot}\approx 98.5\%$ using the adiabatic protocol.

VIII. NOISE CHARACTERIZATION

Noise photons generated during the operation of a quantum memory might impact the overall fidelity. While the noise generated by the memory is independent of the state of the optical signal, its overall affect on the output light depends much on the particular state that is stored. For example, the effect of stray noise photons on weak coherent states or squeezed states of light (whose quantum correlations collectively reside in a large number of photons) would be less pronounced with respect to e.g. a single photon. In this section, we consider potential noise sources in noble-gas-based memories and analyze their consequences.

A. Fluorescence noise

When alkali atoms are optically excited, they can return to the ground state while emitting a noise photon, either by spontaneous emission or by induced fluorescence due to collisions with buffer gas [110, 111]. Using N_2 as a quenching gas can considerably suppress emission of spontaneous photons, as it de-excites alkali atoms non-radiatively. Here we estimate the amount of noise photons arriving at the output mode due to flourescence in the absence of a quenching gas.

Assuming that γ_p is dominated by collisional broadening, spontaneous excitation of alkali atoms is captured by the atomic noise operator $\hat{f}_{\mathcal{P}}$. Using Eq. (C4), we

find the relation between $\hat{f}_{\mathcal{P}}$ and the noise operator of the emitted noise photons:

$$\hat{f}_{\mathcal{E}} = \frac{\sqrt{2C\gamma_{\rm p}}}{\gamma_{\rm p} (1+C) + i\Delta} \hat{f}_{\mathcal{P}}.$$
 (71)

The operator $\hat{f}_{\mathcal{P}}$ is temporally white, and therefore the optical noise field at the detector $\hat{f}_{\mathcal{E}}$ has a spectral line-shape centered around the atomic line at $\omega_{\rm p}$ and of width $\gamma_{\rm p}(1+C)$. Importantly, detuning the signal and control fields from resonance by $|\Delta| \gg \gamma_{\rm p}(1+C)$ renders the optical frequency of the noise photons different with respect to the signal photons by a frequency offset Δ , which enables frequency filtering of the noise photons from the signal (e.g., by using optical filters).

To quantify the benefit of a large detuning Δ , we estimate the fluorescence noise in the outgoing signal mode $\int_{T'+\tau}^{\infty} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_t dt$ during the retrieval. The number of such noise photons due to fluorescence is determined by the contribution of $\hat{f}_{\mathcal{E}}$ in $\hat{\mathcal{E}}_{\text{out}}$ in Eq. (C4), which is given by

$$N_F = \int_{T'+\tau}^{\infty} \langle \hat{f}_{\mathcal{E}}^{\dagger} \hat{f}_{\mathcal{E}} \rangle_t dt \approx \frac{2C\gamma_{\rm p}}{\Delta^2} \int_{T'+\tau}^{\infty} \langle \hat{f}_{\mathcal{P}}^{\dagger} \hat{f}_{\mathcal{P}} \rangle_t dt. \quad (72)$$

The last relation uses Eq. (71) in the large detunning limit. Using Eq. (B2), we find that $\int \langle \hat{f}_{P}^{\dagger} \hat{f}_{P} \rangle_{t} dt \approx \gamma_{\Omega}$, and therefore $N_{F} \ll 1$.

In summary, memories operating with off-resonant control can differentiate noise photons from signal photons by means of optical filtering, as well as by using molecular buffer gas which efficiently suppresses fluorescence via non-radiative channels.

B. Imperfect alkali polarization

Imperfect alkali spin polarization can affect the memory performance. Here we consider a polarized medium satisfying $\langle \sigma_{\downarrow\downarrow} \rangle \gg \langle \sigma_{\uparrow\uparrow} \rangle$. Imperfect optical pumping has two effects on the equations of motion. First, an ensemble of thermally uncorrelated flipped spins with a density matrix $\sigma \equiv \sigma_1 \otimes \sigma_2 \otimes \ldots \otimes \sigma_{N_a}$ and degree of polarization $p_{\rm a} = \langle \sigma_{\downarrow \downarrow} \rangle < 1$ has a nonzero overlap with the collective mode of the desired spinwave, thus initially populating that mode with $\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_0 =$ $(1-p_a)/2p_a \approx (1-p_a)/2$ spin excitations [61]. Second, as the steady spin polarization is associated with dephasing, from the fluctuation-dissipation theorem, the quantum noise maintains steady non-vacuum statistics. Consequently, the normally ordered noise variance of the alkali spins increases to $\langle \hat{f}_{\mathcal{S}}(t)^{\dagger} \hat{f}_{\mathcal{S}}(t') \rangle = [(1-p_{\rm a})/p_{\rm a}] \gamma_{\rm s} \delta(t-t')$ t') $\approx (1 - p_a)\gamma_s\delta(t - t')$, while the anti-ordered variance is given by $\langle \hat{f}_{\mathcal{S}}(t) \hat{f}_{\mathcal{S}}^{\dagger}(t') \rangle = [(1+p_{\rm a})/p_{\rm a}] \gamma_{\rm s} \delta(t-t') \approx [2+(1-p_{\rm a})] \gamma_{\rm s} \delta(t-t')$. This increased variance enters into the equations of motion of the two storage protocols. For the sequential storage, it enters

via the noise process $\hat{W}_{\mathcal{S}}$ in Eq. (F1), where the detected noise photons in $\int_{T'+\tau}^{\infty} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_t dt$ are given by $N = \int_{T'+\tau}^{\infty} |Q\Omega|^2 \langle \hat{\mathcal{W}}_{\mathcal{S}}^{\dagger} \hat{\mathcal{W}}_{\mathcal{S}} \rangle_t dt$. Summing the contributions of the two effects, for high bandwidth pulses satisfying $\gamma_s T \ll 1$ and $C \gg 1$, we find that $N \lesssim (1-p_a)$, which satisfies $N \ll 1$ for a highly polarized medium. This noise mechanism is universal for all alkali-based quantum memories.

C. Imperfect noble-gas polarization

Imperfect polarization $p_{\rm b} < 1$ of the noble-gas spins reduces the coupling rate $J \propto \sqrt{p_{\rm b}}$ and increases the initial (incoherent) excitation of the collective uniform mode of the noble-gas ensemble by $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_0 = (1 - p_b)/2p_b > 0$. The latter could lead to readout and emission of a noise photon with probability $(1 - p_b)/(1 + p_b) \approx (1 - p_b)/2$, reducing the fidelity of the memory when storing single photons. However, this noise photon can potentially be read out prior to the storage process, via the same spin-exchange mechanism and retrieval procedure used for reading out the signal photon, leaving $\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_0 = 0$. Unlike the case of alkali spins, the rate at which the collective mode is replenished with incoherent excitations is γ_k , leaving ample time for the storage and retrieval of the signal photon. In fact, the read-out of the noise happens naturally in the sequential mapping process (strongcoupling regime $J \gg \gamma_s$), as the transfer process $\hat{\mathcal{S}} \to \hat{\mathcal{K}}$ is bi-directional and is accompanied by the reverse transfer $\hat{\mathcal{K}} \to \hat{\mathcal{S}}$. We shall explore these possibilities in future work.

IX. SUMMARY

The analysis presented in this paper suggest that noble-gas spins and their interface via spin-exchange collisions can be used as an efficient interface to map non-classical light onto the collective and long-lived state of noble-gas spins, and therefore realize efficient quantum memories with potentially unprecedented time-bandwidth product. We outline various experimental configurations and mapping protocols which characterize and demonstrate the operation and performance of such memories.

The presented model is not limited to noble-gas spin systems and could potentially be applied to analyze quantum memories in other four-level systems. These include, for example, an atomic system with a ladder of excited electronic orbitals [112–114], as well as other hybrid systems with both optically accessible and inaccessible spins, such as quantum dots, diamond color-centers, and rare-earth impurities interacting with nearby nuclear spins in the crystal.

O.K., R.S., E.R., and O.F. acknowledge financial support by the Israel Science Foundation, the European Research Council starting investigator grant Q-PHOTONICS 678674, the Pazy Foundation, the Minerva Foundation with funding from the Federal German Ministry for Education and Research, and the Laboratory in Memory of Leon and Blacky Broder. A.V.G. acknowledges support by ARL CDQI, ARO MURI, NSF PFC at JQI, AFOSR, AFOSR MURI, U.S. Department of Energy Award No. DE-SC0019449, DoE ASCR Accelerated Research in Quantum Computing program (award No. DE-SC0020312), DoE ASCR Quantum Testbed Pathfinder program (award No. DE-SC0019040), NSF PFCQC program, DARPA SAVaNT ADVENT, DoE QSA, and NSF QLCI (award No. OMA-2120757).

Appendix A: Heisenberg-Bloch-Langevin equations

The explicit form of the Heisenberg-Bloch-Langevin equations for $\hat{\sigma}_{\mu\nu}(\mathbf{r},t)$ is obtained by substituting \mathcal{H} from Eqs. (13) and (17) into Eq. (19), yielding

$$\partial_{t}\hat{\sigma}_{\downarrow p} = -[\gamma_{p} + i\Delta - i\frac{I}{4}\zeta(\hat{\sigma}_{\downarrow \downarrow \downarrow} - \hat{\sigma}_{\uparrow \uparrow \uparrow})]\hat{\sigma}_{\downarrow p} + i\Omega(\mathbf{r}, t)\hat{\sigma}_{\downarrow \uparrow} + ig(\mathbf{r})(\hat{\sigma}_{\downarrow \downarrow} - \hat{\sigma}_{pp})\hat{\mathcal{E}} + i\frac{\sqrt{II}}{2}\zeta\hat{\sigma}_{\uparrow p}\hat{\sigma}_{\downarrow \downarrow \uparrow} + D_{a}\nabla^{2}\hat{\sigma}_{\downarrow p} + \hat{f}_{\downarrow p},$$
(A1)

$$\begin{split} \partial_t \hat{\sigma}_{\downarrow\uparrow} &= - \left[\gamma_{\rm s} + i \delta_{\rm s} + i \frac{q_I - 1}{4} \left[I \right] \zeta (\sigma_{\downarrow\downarrow\downarrow} - \sigma_{\uparrow\uparrow\uparrow}) \right] \hat{\sigma}_{\downarrow\uparrow} \\ &+ i \Omega^*(\mathbf{r}, t) \hat{\sigma}_{\downarrow\rm p} - i \frac{\sqrt{[I]}}{2} \zeta (\hat{\sigma}_{\downarrow\downarrow} - \hat{\sigma}_{\uparrow\uparrow}) \hat{\sigma}_{\downarrow\uparrow\uparrow} \\ &- i g(\mathbf{r}) \hat{\sigma}_{\rm p\uparrow} \hat{\mathcal{E}} + D_{\rm a} \nabla^2 \hat{\sigma}_{\downarrow\uparrow} + \hat{f}_{\downarrow\uparrow}, \end{split} \tag{A2}$$

$$\partial_t \hat{\sigma}_{\downarrow \uparrow \uparrow} = -[\gamma_{\mathbf{k}} + i\delta_{\mathbf{k}} - i\frac{[I]}{2}\zeta(\hat{\sigma}_{\downarrow \downarrow} + q_I\hat{\sigma}_{\uparrow \uparrow})]\hat{\sigma}_{\downarrow \uparrow \uparrow}$$

$$-i\frac{\sqrt{[I]}}{2}\zeta\hat{\sigma}_{\downarrow \uparrow}(\hat{\sigma}_{\downarrow \downarrow \downarrow} - \hat{\sigma}_{\uparrow \uparrow \uparrow}) + D_{\mathbf{b}}\nabla^2\hat{\sigma}_{\downarrow \uparrow \uparrow} + \hat{f}_{\downarrow \uparrow \uparrow},$$
(A3)

where $\gamma_p \equiv \gamma_{\downarrow p}$, $\gamma_s \equiv \gamma_{\downarrow \uparrow}$, and $\gamma_k \equiv \gamma_{\downarrow \uparrow}$. These operators satisfy the commutation relations of continuous spin operators

$$[\hat{\sigma}_{\mu\nu}(\mathbf{r},t),\hat{\sigma}_{\alpha\beta}(\mathbf{r}',t)] = (A4)$$

$$= \delta(\mathbf{r} - \mathbf{r}') \left(\delta_{\alpha\nu}\hat{\sigma}_{\mu\beta}(\mathbf{r},t) - \delta_{\beta\mu}\hat{\sigma}_{\alpha\nu}(\mathbf{r},t)\right).$$

The equations can be further simplified by using the following assumptions: the excited state is unpopulated, $\hat{\sigma}_{\rm pp} \approx 0$ if the control power is kept low $(\Omega \ll \gamma_{\downarrow p})$; $\hat{\sigma}_{\rm p\uparrow} \approx 0$ for weak input pulses $\langle \hat{\mathcal{E}}^{\dagger}\hat{\mathcal{E}} \rangle \ll (\Omega/g)^2$; the collective operator $\hat{\sigma}_{\downarrow\downarrow} \approx p_{\rm a}n_{\rm a}$ is determined by the density of alkali atoms $n_{\rm a}$ and by the degree of ground-state polarization $p_{\rm a}$, which is kept high via optical pumping $p_{\rm a} \to 1$, such that $\hat{\sigma}_{\uparrow\uparrow} \approx 0$; and similarly the collective operator $\hat{\sigma}_{\downarrow\downarrow\downarrow} \approx p_{\rm b}n_{\rm b}$ is determined by the density of noble-gas atoms $n_{\rm b}$ and by the degree of polarization $p_{\rm b}$, which satisfies $p_{\rm b} \lesssim 1$ owing to spin-exchange optical

pumping (SEOP). We also note that the collisional shift and the diffusion terms have negligible effect on the optical linewidth. The simplified equations of motion are then given by

$$\partial_t \hat{\sigma}_{\downarrow p} = -(\gamma_p + i\Delta)\hat{\sigma}_{\downarrow p} + i\Omega(\mathbf{r}, t)\hat{\sigma}_{\downarrow \uparrow}$$

$$+iG(\vec{r})\hat{\mathcal{E}} + \hat{f}_{\downarrow p},$$
(A5)

$$\partial_t \hat{\sigma}_{\downarrow\uparrow} = -(\gamma_s + i\delta_s - D_a \nabla^2) \hat{\sigma}_{\downarrow\uparrow} + i\Omega^*(\mathbf{r}, t) \hat{\sigma}_{\downarrow p}$$
 (A6)

$$-i(\zeta\sqrt{[I]}p_{\rm a}n_{\rm a}/2)\hat{\sigma}_{\downarrow\uparrow\uparrow}+\hat{f}_{\downarrow\uparrow},$$

$$\partial_t \hat{\sigma}_{\downarrow \uparrow \uparrow} = -(\gamma_k + i\delta_k - D_b \nabla^2) \hat{\sigma}_{\downarrow \uparrow}$$

$$-i(\zeta \sqrt{|I|} p_b n_b / 2) \hat{\sigma}_{\downarrow \uparrow} + \hat{f}_{\downarrow \uparrow},$$
(A7)

where $\Delta \to \Delta - \frac{[I]}{4} \zeta p_{\rm b} n_{\rm b}$. The modified detuning of the alkali spins $\delta_{\rm s} = \tilde{\delta}_{\rm s} + (q_I - 1) \, [I] \, \zeta n_{\rm b} p_{\rm b}/4$ accounts for the collisional shift that the alkali spins experience due to the magnetized noble-gas spins. Similarly, the modified detuning of the noble-gas spins $\delta_{\rm k} = \tilde{\delta}_{\rm k} - [I] \, \zeta p_{\rm a} n_{\rm a}/2$ accounts for the collisional shift that the noble-gas spins experience due to the magnetized alkali spins.

Appendix B: Properties of the Quantum Noise

In this appendix, we present the properties of the quantum noise operators. In the Heisenberg-Langevin picture, the relaxation of the quantum operators is accompanied by stochastic quantum noise [93]. In our model, we assume that the noise operators $\hat{f}_{\mu\nu}(\mathbf{r},t)$ defined in Eq. (19) are temporally white, satisfying

$$\langle \hat{f}_{\mu\nu}(\mathbf{r},t)\rangle = 0$$
 (B1)

with variance

$$\langle \hat{f}_{\mu\nu}(\mathbf{r},t)\hat{f}_{\alpha\beta}(\mathbf{r}',t')\rangle = C_{\mu\nu\alpha\beta}(\mathbf{r},\mathbf{r}')\,\delta(t-t')$$

$$+\delta_{\nu\alpha}(\gamma_{\mu\nu} + \gamma_{\nu\beta} - \gamma_{\mu\beta})\sigma_{\mu\beta}(\mathbf{r},t)\,\delta(\mathbf{r} - \mathbf{r}')\,\delta(t-t')\,,$$
(B2)

where $C_{\mu\nu\alpha\beta}(\mathbf{r},\mathbf{r}')$ is the diffusion noise correlation function for operators $\hat{\sigma}_{\mu\nu},\hat{\sigma}_{\alpha\beta}$. The noise operators are essential for preserving the commutation relations $[\hat{\sigma}_{\mu\nu}(\mathbf{r},t),\hat{\sigma}_{\alpha\beta}(\mathbf{r}',t)]$.

For polarized spins, in the Holstein-Primakkof approximation, the operators $\hat{\mathcal{P}}(\mathbf{r},t)$, $\hat{\mathcal{S}}(\mathbf{r},t)$, and $\hat{\mathcal{K}}(\mathbf{r},t)$ act as local bosonic annihilation operators. The noise terms $\hat{f}_{\mathcal{P}} = \hat{f}_{\downarrow \mathcal{P}}/\sqrt{p_{\rm a}n_{\rm a}}$, $\hat{f}_{\mathcal{S}} = \hat{f}_{\downarrow \uparrow}/\sqrt{p_{\rm a}n_{\rm a}}$, and $\hat{f}_{\mathcal{K}}(\mathbf{r},t) = \hat{f}_{\downarrow \uparrow}/\sqrt{p_{\rm b}n_{\rm b}}$, appearing in Eqs. (20)-(22), then act as vacuum noise operators satisfying

$$\langle \hat{f}_{\mathbf{q}}(\mathbf{r},t) \rangle = \langle \hat{f}_{\mathbf{q}}^{\dagger}(\mathbf{r},t) \hat{f}_{\mathbf{q}}(\mathbf{r}',t') \rangle = 0$$
 (B3)

and

$$[\hat{f}_{\mathbf{q}}(\mathbf{r},t),\hat{f}_{\mathbf{q}}^{\dagger}(\mathbf{r}',t')] = \langle \hat{f}_{\mathbf{q}}(\mathbf{r},t),\hat{f}_{\mathbf{q}}^{\dagger}(\mathbf{r}',t')\rangle$$
$$= 2(\gamma_{\mathbf{q}} - D_{\mathbf{q}}\nabla^{2})\delta(\mathbf{r} - \mathbf{r}')\delta(t - t'). \quad (B4)$$

Here $q \in \{P, S, K\}$, with $\gamma_P \equiv \gamma_p$, $\gamma_S \equiv \gamma_s$, $\gamma_K \equiv \gamma_k$, $D_P = D_S \equiv D_a$, and $D_K \equiv D_b$. The first term in Eq. (B4) describes a spatially-white noise with variance $2\gamma_q$, which is associated with the relaxation rate γ_q via the fluctuation-dissipation relations. The second term is the diffusion component of the noise correlation function, independent of the other relaxation mechanisms incorporated in γ_q [60]. The diffusion-induced decoherence rate of \hat{P} is negligible compared to γ_p and so is the contribution of diffusion to the excited state noise.

Appendix C: Spatial modes representation

Here we present the decomposition of the spin operators into spatial mode functions and various choices for these functions. Equations (21) and (22) contain non-local terms due to atomic diffusion. Consequently, the evolution of the spin operators is better described using a decomposition into multiple nonlocal (spatial) modes. We therefore write $\hat{\mathcal{P}}(\mathbf{r},t) = \sum_i u_i^{(p)}(\mathbf{r}) \hat{\mathcal{P}}_i(t), \hat{\mathcal{S}}(\mathbf{r},t) = \sum_m u_m^{(s)}(\mathbf{r}) \hat{\mathcal{S}}_m(t)$, and $\hat{\mathcal{K}}(\mathbf{r},t) = \sum_n u_n^{(k)}(\mathbf{r}) \hat{\mathcal{K}}_n(t)$, where each set of mode functions (u_p,u_s,u_k) is complete [17].

1. Optical dipole \hat{P}

The optical dipole component that interacts with the field of the cavity in Eq. (25) is defined by the spatial overlap with the signal

$$\hat{\mathcal{P}}(t) = \sqrt{\frac{V_{\text{cav}}}{V}} \int_{V} f_{\varepsilon}^{*}(\mathbf{r}) \,\hat{\mathcal{P}}(\mathbf{r}, t) \, d^{3}\mathbf{r}. \tag{C1}$$

It is therefore fruitful to choose the set of modes $u_i^{(p)}(\mathbf{r})$ in which a specific mode $u_0^{(p)}(\mathbf{r})$ maximizes that integral, and all other modes are orthogonal. We thus choose $u_0^{(p)}(\mathbf{r} \in \mathbf{V}) = \sqrt{V_{\text{cav}}/V} f_{\varepsilon}(\mathbf{r})$ [and $u_0^{(p)}(\mathbf{r} \notin \mathbf{V}) = 0$] and obtain $\hat{\mathcal{P}}(t)$ by substituting Eq. (28) into Eq. (C1),

$$\hat{\mathcal{P}}(t) = i \frac{\Omega(t) \sum_{m} b_{m} \hat{\mathcal{S}}_{m}(t) + \sqrt{2\gamma_{p}C} \hat{\mathcal{E}}_{in}(t) - i\hat{f}_{\mathcal{P}}}{\gamma_{p}(C+1) + i\Delta}.$$
(C2)

The optical mode-matching parameter b_m is given by

$$b_m = \sqrt{V_{\text{cav}}} \int_V u_m^{(\text{s})} \left(\mathbf{r} \right) u_0^{(\text{p})*} \left(\mathbf{r} \right) f_{\text{c}}(\mathbf{r}) d^3 \mathbf{r}, \qquad (C3)$$

characterizing the spatial overlap of the alkali-spin modes $u_m^{(\mathrm{s})}(\mathbf{r})$ with the mode $u_0^{(\mathrm{p})}(\mathbf{r})$ of the optical dipole, weighted by the mode function of the optical control field in the cavity $\sqrt{V_{\mathrm{cav}}}f_{\mathrm{c}}(\mathbf{r})$. The condition $\sum_m |b_m|^2 \leq 1$ is satisfied. We also define the noise operator of the single excited mode by $\hat{f}_{\mathcal{P}}(t) = \int_V u_0^{(\mathrm{p})*}(\mathbf{r}) \, \hat{f}_{\mathcal{P}}(\mathbf{r},t) d^3\mathbf{r}$.

Correspondingly, Eq. (25) is transformed to

$$\hat{\mathcal{E}}_{\text{out}}(t) = \alpha \hat{\mathcal{E}}_{\text{in}} - \sum_{m} p_{\text{out}}^{(m)}(t) \,\hat{\mathcal{S}}_{m} + \hat{f}_{\mathcal{E}}, \qquad (C4)$$

where we define

$$\alpha = \frac{\gamma_{\rm p} (1 - C) + i\Delta}{\gamma_{\rm p} (1 + C) + i\Delta},\tag{C5}$$

the coefficients $p_{\text{out}}^{(m)}(t) = Qb_m\Omega(t)$, and the additional noise operator for the output field $\hat{f}_{\mathcal{E}} = Q\hat{f}_{\mathcal{P}}$, where Q is defined in Eq. (33).

2. Noble-gas spin $\hat{\mathcal{K}}$

The natural choice of mode functions for the collective noble-gas spin is the set of eigenmodes of the diffusionrelaxation operator [60]

$$(\gamma_{\mathbf{k}} - D_{\mathbf{b}} \nabla^2) u_n^{(\mathbf{k})} (\mathbf{r}) = \gamma_n^{(\mathbf{k})} u_n^{(\mathbf{k})} (\mathbf{r}), \qquad (C6)$$

assuming nondestructive (Neumman) boundary conditions. Here $\gamma_n^{(k)}$ represents the relaxation rate of the n^{th} mode. Using these mode functions, the equations of motion of the noble-gas spin can be written as

$$\partial_t \hat{\mathcal{K}}_n = -(\gamma_n^{(k)} + i\delta_k)\hat{\mathcal{K}}_n - iJ\sum_{m} c_{mn}^* \hat{\mathcal{S}}_m + \hat{f}_{\mathcal{K}}^{(n)}, \quad (C7)$$

where

$$c_{mn} = \int_{V} u_m^{(\mathrm{s})*} \left(\mathbf{r}\right) u_n^{(\mathrm{k})} \left(\mathbf{r}\right) d^3 \mathbf{r}$$
 (C8)

describes the matching of the noble-gas spin modes to the alkali-spin modes [61]. The matrix $[c_{mn}]$ is unitary, satisfying $\sum_n c_{mn}^* c_{nj} = \delta_{mj}$. The normalized noise operators of the spin modes are $\hat{f}_K^{(n)} = \int_V u_n^{(k)*}(\mathbf{r}) \hat{f}_K(\mathbf{r},t) d^3\mathbf{r}$. In particular, the n=0 mode is the uniform spin mode, $u_0^{(k)}(\mathbf{r}) = 1/\sqrt{V}$, unaffected by diffusion and exhibiting a minimal decay at a rate $\gamma_k = \gamma_0^{(k)}$. This mode is utilized here as the single mode of the long-lived quantum memory

$$\hat{\mathcal{K}}(t) \equiv \hat{\mathcal{K}}_0(t) = \frac{1}{\sqrt{V}} \int \hat{\mathcal{K}}(\mathbf{r}, t) d^3 \mathbf{r}.$$
 (C9)

3. Alkali spin $\hat{\mathcal{S}}$

Before choosing a particular basis for the alkali spins, we first write Eq. (21) for a general basis $u_m^{(s)}$. Using Eq. (C2), we obtain

$$\partial_t \hat{\mathcal{S}}_m = -(\gamma_s + i\delta_s)\hat{\mathcal{S}}_m - \sum_j (\Gamma_\Omega b_m^* b_j + d_{mj})\hat{\mathcal{S}}_j$$
$$-iJ \sum_n c_{mn} \hat{\mathcal{K}}_n - p_{\text{in}}^{(m)}(t)\hat{\mathcal{E}}_{\text{in}} + \hat{F}_{\mathcal{S}}^{(m)}, \qquad (C10)$$

Generally, the modes $u_m^{(s)}$ are coupled by the atomic diffusion, as represented by the coefficients

$$d_{mj} = -D_{\mathbf{a}} \int_{V} d^{3} \mathbf{r} u_{m}^{(\mathbf{s})*} \left(\mathbf{r}\right) \nabla^{2} u_{j}^{(\mathbf{s})} \left(\mathbf{r}\right). \tag{C11}$$

The coefficients $p_{\rm in}^{(m)}(t) = Q b_m^* \Omega^*(t)$ describe the coupling of each alkali-spin mode to the input light field. The normalized noise operators of the alkali spin are $\hat{F}_{\mathcal{S}}^{(m)} = \int_V u_m^{(\mathrm{s})*}(\mathbf{r}) \hat{f}_{\mathcal{S}}(\mathbf{r},t) d^3 \mathbf{r} + i p_{\rm in}^{(m)} \hat{f}_{\mathcal{P}} / \sqrt{2C\gamma_{\rm p}}$, including the quantum noise associated with the control beam (light-induced relaxation).

To choose a mode-function basis for the alkali spins, we examine eigenvalues of the matrix $[\gamma_s \delta_{mj} + \gamma_\Omega b_m^* b_j + d_{mj}]$, which correspond to the relaxation rates of the modes $\gamma_m^{(\mathrm{s})}$. It follows that a convenient choice of mode basis exists in two limiting regimes: when the dynamics is dominated by diffusion (e.g., in the dark $\gamma_\Omega \ll D_\mathrm{a}/V^{2/3})$ and $[d_{mj}]$ is diagonal, or when the dynamics is dominated by power broadening $(\gamma_\Omega \gg D_\mathrm{a}/V^{2/3})$ and $[b_m^* b_j]$ is diagonal. Here we consider these two regimes.

a. Diffusion-dominated regime

In the regime $\gamma_{\Omega} \ll D_{\rm a}/V^{2/3}$, the diffusion dominates over power broadening. The natural choice of basis is the set of eigenmodes of the diffusion-relaxation operator for the alkali-metal spins

$$(\gamma_{\rm s} - D_{\rm a} \nabla^2) u_m^{(\rm s)} (\mathbf{r}) = \gamma_m^{(\rm s)} u_m^{(\rm s)} (\mathbf{r}), \qquad (C12)$$

satisfying destructive (Dirichlet) or partially-destructive (Robin) boundary condition, depending on the quality of the anti-relaxation coating of the cell walls [60, 90]. This set of mode functions best applies for the sequential mapping protocol in section VIA and Appendix G. In Appendix D, we calculate the values of b_m and c_{mn} for an uncoated spherical cell.

b. Light-dominated regime

In the regime $\gamma_{\Omega} \gg D_{\rm a}/V^{2/3}$, power broadening due to the control beam dominates over diffusion. It is then possible to engineer the spatial profile of the control field such that the m=0 spin mode becomes the uniform mode $u_0^{({\bf s})}({\bf r})=1/\sqrt{V}$, and $b_m=\delta_{m0}$. This can be realized by maintaining the term $f_{\bf c}({\bf r})f_{\varepsilon}^*({\bf r})$ constant within the atomic cell, such that the term $\Omega^*({\bf r},t)\hat{\mathcal{P}}({\bf r},t)$ appearing in Eq. (21) is spatially independent. This in turn yields a uniform two-photon excitation of the alkali spin ensemble.

To exemplify this, in the large cavity limit, the spatial modes are approximately the free-space modes $f_{\rm c}({\bf r}) \approx e^{i{\bf k}_{\rm c}{\bf r}}/\sqrt{V_{\rm cav}}$ and $f_{\varepsilon}^*({\bf r}) = e^{-i{\bf k}_{\varepsilon}{\bf r}}/\sqrt{V_{\rm cav}}$. For an enclosure

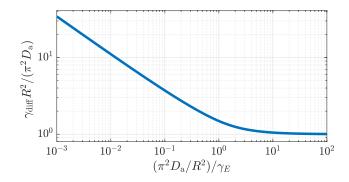


Figure 6. Effective diffusion-induced decay rate of the uniform mode of alkali spins as a function of the coupling duration $1/\gamma_E$.

of length L, if $|\mathbf{k}_{\varepsilon} - \mathbf{k}_{c}|L \ll 1$, then $f_{c}(\mathbf{r})f_{\varepsilon}^{*}(\mathbf{r}) \approx 1/V_{\text{cav}}$ and the input signal excites the uniform spin mode efficiently. This condition is often satisfied in experiments when the signal and control fields are nearly degenerate. Under these conditions, we get $b_{0} = c_{10}^{*} = 1$ while $b_{m} = c_{m0}^{*} = 0$ for $m \neq 1$. We can then approximate the dynamics in Eq. (31) with the use of the uniform spin operator

$$\hat{\mathcal{S}}(t) \equiv \frac{1}{\sqrt{V}} \int_{V} \hat{\mathcal{S}}(\mathbf{r}, t) d^{3}\mathbf{r}.$$
 (C13)

To account for the contribution of higher spatial modes in Eq. (C10), we approximate the multi-exponential decay using a single effective rate

$$\gamma_{\rm s} \to \gamma_{\rm s} + \gamma_{\rm diff}.$$
 (C14)

While for the sequential scheme it is natural to decompose the uniform spin mode into the diffusion eigenmodes, which lead to a multi-exponential decay [cf. Eqs. (G1)-(G2)], for the adiabatic scheme the dynamics can be well approximated by a single exponential deacy, since γ_{Ω} dominates over the diffusion rate of the least decaying modes. We therefore use Eq. (31), which neglects the contribution of the other spatial modes to the uniform alkali mode. To best approximate the dynamics and the diffusion-induced relaxation in Eq. (C14), we define the effective rate

$$\gamma_{\text{diff}} = -\gamma_E \ln \left[\sum_{m=0}^{\infty} |c_{m0}|^2 \exp \left(\frac{\gamma_{\Omega} + \gamma_{\text{s}} - \gamma_m^{(\text{s})}}{\gamma_E} \right) \right], \quad (C15)$$

which weighs the contribution of the different diffusion mode within some coupling duration $1/\gamma_E$. In Fig. 6, we present the diffusion decay rate $\gamma_{\rm diff}$ in an uncoated cell with respect to the decay rate $D_{\rm a}\pi^2/R^2$ of the lowest-order diffusion mode. In the calculations presented in the main text, we choose $\gamma_E = \gamma_\Omega + \gamma_{\rm s}$, such that $\gamma_{\rm diff}$ approaches $D_{\rm a}\pi^2/R^2$.

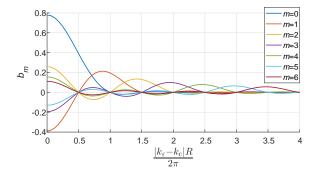


Figure 7. Mode overlap of the uniform spin distribution with the signal and control fields in the cavity, cf. Eq. (C3), for the first seven modes. The condition $|\mathbf{k}_{\varepsilon} - \mathbf{k}_{c}|R \ll 1$ is typically satisfied.

mode number (m)	$\frac{\gamma_m^{(\mathrm{s})} - \gamma_{\mathrm{s}}}{D_{\mathrm{a}} \pi^2 / R^2}$	$\frac{\gamma_m^{(\mathrm{k})} - \gamma_{\mathrm{k}}}{D_{\mathrm{b}} \pi^2 / R^2}$
0	1	0
1	4	2.05
2	9	6.05
3	16	12.05
4	25	20.05
5	36	30.05
6	49	42.05

Table II. Diffusion-induced decay rates for the first seven spherically symmetric modes of alkali spins $(\gamma_m^{(s)} - \gamma_s)$ and noble-gas spins $(\gamma_m^{(k)} - \gamma_k)$ in an uncoated spherical cell [cf. Eqs. (C6) and (C12)].

Appendix D: Numerical evaluation of the spatial mode decomposition for a spherical cell

In this appendix, we present a numerical evaluation of the overlap coefficients b and c and derive an approximate expression for the diffusion relaxation of the uniform alkali-spin mode. We consider a spherical cell of radius R and define the diffusion modes following Ref. [60]. In a spherical cell, the diffusion modes are labeled by (m, ℓ, μ) , where m characterizes the radial dependence, and (ℓ, μ) represent the angular symmetry. Since we ultimately consider storage on the noble-gas uniform mode, we use only the spherically-symmetric modes, i.e. $\ell = \mu = 0$. We therefore use a single label m to index the modes.

1. Representation of b

We calculate the overlap b_m between the alkali spin and the optical field, as defined in Eq. (C3). We set the $\hat{\mathbf{z}}$ axis as the cavity axis, such that for the control we have $f_{\rm c}(\mathbf{r}) = e^{-ik_{\rm c}z}/\sqrt{V_{\rm cav}}$, and the optical dipole spatially follows the signal field $u_0^{({\rm p})*}(\mathbf{r}) = e^{i\mathbf{k}_{\rm c}\cdot\mathbf{r}}/\sqrt{V}$. With these,

we get for the spherically-symmetric modes

$$b_m = \int_0^R r^2 dr \int_0^\pi \sin\theta d\theta \int_0^{2\pi} b_m(r,\theta,\varphi) d\varphi, \quad (D1)$$

where

$$b_m(r,\theta,\varphi) = \frac{\sqrt{3}j_0(\pi x_m r/R) \cdot e^{i(k_{\varepsilon} - k_c)z}}{A_m 4\pi R^3}.$$
 (D2)

Here $j_0(x)$ denotes the zeroth-order spherical Bessel function, πx_m is its m^{th} root such that $j_0(\pi x_m) = 0$, and A_m is the normalization factor defined as

$$A_m^2 R^3 = \int_0^R r^2 j_0^2 (\pi x_m r/R) dr.$$
 (D3)

Expanding the expression $\exp(i(k_{\varepsilon}-k_{\rm c})z)$ as a series of Bessel functions yields

$$b_{m} = \frac{\sqrt{3}}{A_{m}} \int_{0}^{1} \xi^{2} j_{0}(\pi x_{m} \xi) \left[J_{0}((k_{\varepsilon} - k_{c}) R \xi) + 2 \sum_{\kappa=1}^{\infty} \frac{(-1)^{\kappa} J_{2\kappa}((k_{\varepsilon} - k_{c}) R \xi)}{1 - 4\kappa^{2}} \right] d\xi.$$
 (D4)

In Fig. 7, we present b_m for the first seven modes $m=0,\ldots,6$. For standard alkali-spin memories, the condition $|k_\varepsilon-k_{\rm c}|\,R\ll 1$ is typically satisfied, yielding the identity $b_m=c_{m0}$.

2. Representation of c

In an uncoated cell, the alkali and noble-gas spins interact differently with the surface of the glass wall, leading to different boundary conditions for the diffusion of spins (Neumann for noble-gas spins and Dirichlet for alkali spins) [60]. This in turn leads to different sets of radial eigenmodes of the two spin species in a spherical cell. Under these conditions, we calculate the diffusion-induced decay rates $\gamma_m^{(\mathrm{s})} - \gamma_{\mathrm{s}}$ for the alkali spins and $\gamma_n^{(\mathrm{k})} - \gamma_{\mathrm{k}}$ for the noble-gas spins (see Table II) and the overlap coefficients for the modes of the two species c_{mn} (see Table III).

Appendix E: Conservation of excitations

Here we identify an integral relation, which can be viewed as a conservation law for the excitations. The excitations in the optical signal $\hat{\mathcal{E}}_{in}$ can be exchanged between the spin operators $\hat{\mathcal{P}}, \hat{\mathcal{S}}, \hat{\mathcal{K}}$, and finally be transferred to $\hat{\mathcal{E}}_{out}$. Using Eqs. (30), (31), and (34), we write the relation

$$\begin{split} &\langle \hat{\mathcal{E}}_{\mathrm{out}}^{\dagger} \hat{\mathcal{E}}_{\mathrm{out}} \rangle - \langle \hat{\mathcal{E}}_{\mathrm{in}}^{\dagger} \hat{\mathcal{E}}_{\mathrm{in}} \rangle + \partial_{t} \left(\langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle + \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle + \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle \right) \\ &= -2 \left(\gamma_{\mathrm{p}} \langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle + \gamma_{\mathrm{s}} \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle + \gamma_{\mathrm{k}} \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle \right). \end{split} \tag{E1}$$

	n = 0	n = 1	n=2	n=3	n=4	n=5	n=6
m = 0	0.780	0.609	-0.126	0.058	-0.033	0.022	-0.016
m=1	-0.390	0.652	0.622	-0.158	0.079	-0.049	0.033
m=2	0.260	-0.275	0.0647	0.0627	-0.173	0.091	-0.058
m=3	-0.195	0.182	-0.256	0.644	0.629	-0.181	0.098
m=4	0.156	-0.139	0.168	-0.246	0.643	0.631	-0.187
m=5	-0.130	0.112	-0.128	0.159	-0.239	0.642	0.632
m = 6	0.111	-0.095	0.104	-0.121	0.154	-0.235	0.641

Table III. The overlap coefficients c_{mn} between the $m^{\rm th}$ diffusion eigenmode of alkali spins and the $n^{\rm th}$ diffusion eigenmode of noble-gas spins in an uncoated cell [cf. Eq. (C8)].

It is evident that, in a lossless cavity, excitations decay only through the relaxations γ_p , γ_s , and γ_k during the time that $\hat{\mathcal{P}}$, $\hat{\mathcal{S}}$, and $\hat{\mathcal{K}}$ are excited. Upon integration, we get the relation

$$\int_{t_{1}}^{t_{2}} \langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} - \hat{\mathcal{E}}_{\text{in}}^{\dagger} \hat{\mathcal{E}}_{\text{in}} \rangle_{t} dt + \langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle_{t_{2}} - \langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle_{t_{1}}
+ \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{t_{2}} - \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{t_{1}} + \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t_{2}} - \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t_{1}}
= -2 \int_{t_{1}}^{t_{2}} \left(\gamma_{p} \langle \hat{\mathcal{P}}^{\dagger} \hat{\mathcal{P}} \rangle_{t} + \gamma_{s} \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{t} + \gamma_{k} \langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{t} \right) dt,$$
(E2)

which describes the conservation of excitations.

Appendix F: Storage and Retrieval of alkali memories

In this appendix, we review the formalism of Ref. [18] to describe storage and retrieval of optical memories using alkali spins.

Equation (31) is a linear stochastic differential equation for the alkali-spin operator. The solution for this equation is given by

$$\hat{\mathcal{S}}(0) = \Phi_{0,-\infty} \hat{\mathcal{S}}(-\infty) - \int_{-\infty}^{0} \Phi_{0,t} Q \Omega^* \hat{\mathcal{E}}_{in}(t) dt + \hat{\mathcal{W}}_{\mathcal{S}}(0).$$
(F1)

The first term describes the deterministic evolution of \hat{S} in the absence of an input signal. The second term describes the response of the spins to the input optical signal. The third term describes the stochastic response of the spin via the stochastic quantum process $\hat{W}_{S}(0) = \int_{-\infty}^{0} \Phi_{0,\tau} \hat{F}_{S}(\tau) d\tau$. The operator $\Phi_{0,t}$ is the evolution in the interval t < T, given by

$$\Phi_{0,t} = \exp\left[-\int_{t}^{0} [\Gamma_{\Omega}(s) + \gamma_{s} + i\delta_{s}]ds\right]. \tag{F2}$$

Note that this solution accounts for the diffusion-induced relaxation of the alkali spins in the power-broadened regime $\gamma_{\Omega} \gg D_{\rm a}/V^{2/3}$ via Eqs. (C14) and (C15). We now focus on the storage and retrieval stages for T'=0.

Storage.— Initially $\langle \hat{S}^{\dagger} \hat{S} \rangle_{(t=-\infty)} = 0$, so the first term in Eq. (F1) vanishes. By defining the transfer function

$$h_{\Omega}(0,t) = -Q\Omega^* \Phi_{0,t}, \tag{F3}$$

we write the alkali spin after storage as

$$\hat{\mathcal{S}}(0) = \int_{-\infty}^{0} h_{\Omega}(0, t) \hat{\mathcal{E}}_{\text{in}}(t) dt + \hat{\mathcal{W}}_{\mathcal{S}}(0).$$
 (F4)

The transfer function $h_{\Omega}(0,t)$ then satisfies

$$\int_{-\infty}^{0} e^{-2\gamma_{\rm s}t} |h_{\Omega}(0,t)|^2 dt \le \sqrt{\frac{C+1}{C}}.$$
 (F5)

Maximal storage efficiency is realized by shaping the temporal profile of the control field $\Omega(t)$ to satisfy $h_{\Omega}(0,t) = A_{\Omega} \hat{\mathcal{E}}_{\text{in}}^*(t)$, where the normalization constant A_{Ω} is given by

$$A_{\Omega} = \sqrt{\frac{\int_{-\infty}^{0} |h_{\Omega}(0,s)|^{2} ds}{\int_{-\infty}^{0} \langle \mathcal{E}_{\rm in}^{\dagger} \mathcal{E}_{\rm in} \rangle_{s} ds}}.$$
 (F6)

Using Eq. (F1), we can describe the storage efficiency for any input signal by

$$\eta_{\rm in}^{(\mathcal{E}\to\mathcal{S})} = \frac{C}{C+1} \int_{-\infty}^{0} \langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_{t} e^{2\gamma_{\rm s} t} dt, \qquad (F7)$$

which approaches C/(C+1) in the short pulse limit $(\gamma_s T \ll 1)$, but otherwise depends on the temporal mode function of the input field.

Retrieval.— The output field during retrieval, obtained by substituting Eq. (30) in Eq. (29), is

$$\hat{\mathcal{E}}_{\text{out}}(t) = \alpha \hat{\mathcal{E}}_{\text{in}} - Q\Omega \hat{\mathcal{S}} + \hat{f}_{\mathcal{E}}, \tag{F8}$$

where α is given in Eq. (C5). Note that Eq. (F8) is the single-mode version of Eq. (C4). The output field squared for any $t \geq \tau$ is then given by

$$\langle \hat{\mathcal{E}}_{\text{out}}^{\dagger} \hat{\mathcal{E}}_{\text{out}} \rangle_t = |h_{\Omega}(t, \tau)|^2 \langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{\tau},$$
 (F9)

assuming that $\hat{f}_{\mathcal{E}}$ satisfies vacuum properties and that $\langle \hat{\mathcal{E}}_{\rm in}^{\dagger} \hat{\mathcal{E}}_{\rm in} \rangle_{(t>0)} = 0$. The retrieval efficiency into some target temporal mode f(t) is given by

$$\eta_{\text{out}}^{(\mathcal{S}\to\mathcal{E})} = \frac{C}{C+1} \frac{1}{\int_{\tau}^{\infty} |f(t)|^2 e^{2\gamma_s(t-\tau)} dt},$$
 (F10)

where f(t) is normalized such that $\int_{\tau}^{\infty} |f(t)|^2 dt = 1$. Like the storage efficiency, the retrieval efficiency approaches C/(C+1) in the short pulse limit $(\gamma_s T \ll 1)$, but otherwise depends on the desired temporal mode function of the output field.

Appendix G: Multi-mode description of the sequential mapping

In this appendix, we derive the solution for the multimode exchange evolution in the second stage $\hat{S} \to \hat{K}$ of the sequential mapping scheme. Using the diffusion eigenmodes for the alkali spins in Eq. (C12), the dynamics is described by

$$\partial_t \hat{\mathcal{S}}_m = -(\gamma_s^{(m)} + i\delta_s)\hat{\mathcal{S}}_m - iJ\sum_n c_{mn}\hat{\mathcal{K}}_n + \hat{f}_{\mathcal{S}}^{(m)}, \quad (G1)$$

$$\partial_t \hat{\mathcal{K}}_n = -(\gamma_k^{(n)} + i\delta_k)\mathcal{K}_n - iJ\sum_m c_{mn}^* \mathcal{S}_m + \hat{f}_{\mathcal{K}}^{(n)}. \quad (G2)$$

The spins experience coherent dynamics in the dark, with the alkali and noble-gas spin modes periodically exchanging excitations. The coefficients c_{mn} [Eq. (C8)] weigh the coupling of the $m^{\rm th}$ mode of one spin gas with the $n^{\rm th}$ mode of the other spin gas. The solution of Eqs. (G1-G2) reads

$$\begin{pmatrix} \hat{\mathcal{S}}(T') \\ \hat{\mathcal{K}}(T') \end{pmatrix} = \Psi_{T',0} \begin{pmatrix} \hat{\mathcal{S}}(0) \\ \hat{\mathcal{K}}(0) \end{pmatrix} + \begin{pmatrix} \hat{\mathcal{W}}_{s}(T') \\ \hat{\mathcal{W}}_{k}(T') \end{pmatrix}, \quad (G3)$$

where the matrix $\Psi_{T',T}$ describes the evolution of the spins from time t=0 to time T', and the vector of stochastic operators is given by

$$\begin{pmatrix} \hat{\mathcal{W}}_{s}(T') \\ \hat{\mathcal{W}}_{k}(T') \end{pmatrix} = \int_{0}^{T'} \Psi_{T',t} \begin{pmatrix} \hat{f}_{s}(t) \\ \hat{f}_{\kappa}(t) \end{pmatrix} dt.$$
 (G4)

For a constant magnetic field during the interaction, $\Psi_{T',0}$ is given by

$$\Psi_{T',0} = \exp\left[\begin{pmatrix} [\mathbf{A}_{\mathrm{s}}] & iJ[c] \\ iJ[c]^{\dagger} & [\mathbf{A}_{\mathrm{k}}] \end{pmatrix} T' \right], \quad (G5)$$

where the matrices [A_s], [A_k], and [c] have the elements $[A_s]_{mn} = (\gamma_s^{(m)} + i\delta_s)\delta_{mn}$, $[A_k]_{mn} = (\gamma_k^{(n)} + i\delta_k)\delta_{mn}$, and $[c]_{mn} = c_{mn}$.

The exchange evolution depends on the detuning δ between the alkali and noble-gas spins, and the coupling is maximal on resonance $\delta=0$. If the quantum signal is mapped on the uniform mode of the alkali spins at storage, then after a π pulse [with $T'\approx\pi/(2J)$], we find the efficiency

$$\eta_{\rm in}^{(\mathcal{S}\to\mathcal{K})} = \frac{\langle \hat{\mathcal{K}}^{\dagger} \hat{\mathcal{K}} \rangle_{T'}}{\langle \hat{\mathcal{S}}^{\dagger} \hat{\mathcal{S}} \rangle_{(t=0)}} = \sum_{m} |c_{0m}|^2 \exp\left(-\frac{\gamma_m^{(s)} \pi}{2J}\right). \quad (G6)$$

- * These authors contributed equally to this work.
- † or.katz@duke.edu
- A. I. Lvovsky, B. C. Sanders & W. Tittel, Nature Photon. 3, 706–714 (2009).

- [2] N. Sangouard, C. Simon, H. De Riedmatten & N. Gisin, Rev. Mod. Phys. 83, 33–80 (2011).
- [3] L. M. Duan, M. D. Lukin, J. I. Cirac & P. Zoller, Nature, 414, 413–418 (2001).
- [4] M. Aspelmeyer et al., Science 301, 621 (2003).
- [5] K. Heshami, D. G. Englanda, P. C. Humphreysb, P. J. Bustarda, V. M. Acostac, J. Nunn & B. J. Sussman, J. Mod. Opt. 63, 2005–2028 (2016).
- [6] A. Seri, D. Lago-Rivera, A. Lenhard, G. Corrielli, R. Osellame, M. Mazzera, and H. de Riedmatten, Phys. Rev. Lett. 123, 080502 (2019).
- [7] Y. Wang, J. Li, S. Zhang, K. Su, Y. Zhou, K. Liao, S. Du, H. Yan & S. Zhu, Nat. Photonics 13, 346 (2019).
- [8] M. Zugenmaier, K. B. Dideriksen, A. S. Sørensen, B. Albrecht & E. S. Polzik, Commun. Phys. 1, 76 (2018).
- [9] J. L. O'Brien, Science 318, 1567–1570 (2007).
- [10] H. J. Kimble, Nature, 453, 1023–1030 (2008).
- [11] H. Li, J. Dou, X. Pang, C. Zhang, Z. Yan, T. Yang, J. Gao, J. Li, X. Jin, npj Quantum Inf 7, 146 (2021).
- [12] K. Jensen, W. Wasilewski, H. Krauter, T. Fernholz, B. M. Nielsen, M. Owari, M. B. Plenio, A. Serafini, M. M. Wolf & E. S. Polzik, Nat. Phys. 7, 13-16 (2011).
- [13] J. Appel, E. Figueroa, D. Korystov, M. Lobino, and A. I. Lvovsky, Phys. Rev. Lett. 100, 093602 (2008).
- [14] V. I. Yudin, A. V. Taichenachev, Y. O. Dudin, V. L. Velichansky, A. S. Zibrov, and S. A. Zibrov, Phys. Rev. A 82, 033807 (2010).
- [15] I. K. Kominis, Phys. Rev. Lett. 100, 073002 (2008).
- [16] J. Kong, R. Jiménez-Martínez, C. Troullinou, V. G. Lucivero, and M. W. Mitchell, Nat Commun 11, 2415 (2020).
- [17] K. Hammerer, A. S. Sørensen & E. S. Polzik, Rev. Mod. Phys. 82, 1041–1093 (2010).
- [18] A. V. Gorshkov, A. André, M. D. Lukin & A. S. Sørensen, Phys. Rev. A 76, 033804 (2007).
- [19] A. V. Gorshkov, A. André, M. D. Lukin & A. S. Sørensen., Phys. Rev. A 76, 033805 (2007).
- [20] A. V. Gorshkov, A. André, M. Fleischhauer, A. S. Sørensen & M. D. Lukin. Phys. Rev. Lett. 98, 123601 (2007).
- [21] I. Novikova, R. Walsworth & Y. Xiao, Laser Photon. Rev. 6, 333–353 (2012).
- [22] M. D. Lukin, Rev. Mod. Phys. 75, 457 (2003).
- [23] M. Fleischhauer, A. Imamoglu, and J. P. Marangos, Rev. Mod. Phys. 77, 633 (2005).
- [24] C. Li, N. Jiang, Y.-K. Wu, W. Chang, Y.-F. Pu, S. Zhang, and L.-M. Duan, Phys. Rev. Lett. 124, 240504 (2020).
- [25] J. Guo, X. Feng, P. Yang, Z. Yu, L. Q. Chen, C. Yuan & W. Zhang, Nat. Commun. 10, 148 (2019).
- [26] J. Nunn, I. A. Walmsley, M. G. Raymer, K. Surmacz, F. C. Waldermann, Z. Wang, and D. Jaksch, Phys. Rev. A 75, 011401(R) (2007).
- [27] D. J. Saunders, J. H. D. Munns, T. F. M. Champion, C. Qiu, K. T. Kaczmarek, E. Poem, P. M. Ledingham, I. A. Walmsley, and J. Nunn, Phys. Rev. Lett. 116, 090501 (2016).
- [28] B. Julsgaard, J. Sherson, J. I. Cirac, J. Fiurášek & E.
 S. Polzik, Nature 432, 482–486 (2004).
- [29] C. Schori, B. Julsgaard, J. L. Sørensen, and E. S. Polzik, Phys. Rev. Lett. 89, 057903 (2002).
- [30] A. Dantan, N. Treps, A. Bramati, and M. Pinard, Phys. Rev. Lett. 94, 050502 (2005).
- [31] M. Hosseini, B. M. Sparkes, G. Campbell, P. K. Lam &

- B. C. Buchler, Nat. Commun. 2, 174 (2011).
- [32] N. Sangouard, C. Simon, M. Afzelius, and N. Gisin, Phys. Rev. A 75, 032327 (2007).
- [33] C. T. Nguyen, D. D. Sukachev, M. K. Bhaskar, B. Machielse, D. S. Levonian, E. N. Knall, P. Stroganov, R. Riedinger, H. Park, M. Loncar, and M. D. Lukin, Phys. Rev. Lett. 123, 183602 (2019).
- [34] G. Heinze, C. Hubrich, and T. Halfmann, Phys. Rev. Lett. 111, 033601 (2013).
- [35] D. Serrano, J. Karlsson, A. Fossati, A. Ferrier & P. Goldner, Nat. Commun. 9, 2127 (2018).
- [36] D. F. Phillips, A. Fleischhauer, A. Mair, R. L. Walsworth, and M. D. Lukin, Phys. Rev. Lett. 86, 783– 786 (2001).
- [37] M. D. Eisaman, A. André, F. Massou, M. Fleischhauer, A. S. Zibrov & M. D. Lukin, Nature, 438, 837–841 (2005).
- [38] O. Katz & O. Firstenberg, Nat. Commun. 9, 2074 (2018).
- [39] M. A. Maynard, F. Bretenaker, and F. Goldfarb, Phys. Rev. A 90, 061801(R) (2014).
- [40] E. Distante, P. Farrera, A. Padrón-Brito, D. Paredes-Barato, G. Heinze & H. de, Nat. Commun. 8, 14072 (2017).
- [41] Y. O. Dudin, L. Li, and A. Kuzmich, Phys. Rev. A 87, 031801(R) (2013).
- [42] C. Laplane, P. Jobez, J. Etesse, N. Gisin, and M. Afzelius, Phys. Rev. Lett. 118, 210501 (2017).
- [43] J. V. Rakonjac, D. Lago-Rivera, A. Seri, M. Mazzera, S. Grandi, and H. de Riedmatten Phys. Rev. Lett. 127, 210502 (2021).
- [44] M. F. Askarani, A. Das, J. H. Davidson, G. C. Amaral, N. Sinclair, J. A. Slater, S. Marzban, C. W. Thiel, R. L. Cone, D. Oblak, and W. Tittel Phys. Rev. Lett. 127, 220502 (2021).
- [45] Y. Ma, Y.-Z. Ma, Z.-Q. Zhou, C.-F. Li, and G.-C. Guo, Nature Communications 12, 2381 (2021).
- [46] M. Zhong, M. P. Hedges, R. L. Ahlefeldt, J. G. Bartholomew, S. E. Beavan, S. M. Wittig, J. J. Longdell, and M. J. Sellars, Nature 517, 177-180 (2015).
- [47] G. Vasilakis, V. Shah, and M. V. Romalis, Phys. Rev. Lett. 106, 143601 (2011).
- [48] S. E. Thomas, T. M. Hird, J. H. D. Munns, B. Brecht, D. J. Saunders, J. Nunn, I. A. Walmsley, and P. M. Ledingham, Phys. Rev. A 100, 033801 (2019).
- [49] P. S. Michelberger, T. F. M. Champion, M. R. Sprague, K. T. Kaczmarek, M. Barbieri, X. M. Jin, D. G. England, W. S. Kolthammer, D. J. Saunders, J. Nunn and I. A. Walmsley, New J. Phys. 17, 043006 (2015).
- [50] G. Vasilakis, Ph.D thesis, Princeton University (2011).
- [51] H. Krauter, Ph.D thesis, Niels Bohr Institute (2011).
- [52] J. Wesenberg and K. Mølmer, Phys. Rev. A 65, 062304 (2002).
- [53] C. H. Van der Wal, M. D. Eisaman, A. André, R. L. Walsworth, D. F. Phillips, A. S. Zibrov and M. D. Lukin, Science 301, 5630 (2003).
- [54] M. D. Eisaman, L. Childress, A. André, F. Massou, A. S. Zibrov, and M. D. Lukin, Phys. Rev. Lett. 93, 233602 (2004).
- [55] J. Borregaard, M. Zugenmaier, J. M. Petersen, H. Shen, G. Vasilakis, K. Jensen, E. S. Polzik and A. S. Sørensen, Nature Communications 7, 11356 (2016).
- [56] J. Sun, X. Zhang, W. Qu, E. E. Mikhailov, I. Novikova, H. Shen and Y. Xiao, Phys. Rev. Lett. 123, 203604

- (2019).
- [57] H. Bao, J. Duan, S. Jin, X. Lu, P. Li, W. Qu, M. Wang,
 I. Novikova, E. E. Mikhailov, K.-F. Zhao, K. Mølmer,
 H. Shen & Y. Xiao, Nature 581, 159–163 (2020).
- [58] Hang Li, Jian-Peng Dou, Xiao-Ling Pang, Tian-Huai Yang, Chao-Ni Zhang, Yuan Chen, Jia-Ming Li, Ian A. Walmsley, Xian-Min Jin, Optica 8, 925-929 (2021).
- [59] K. B. Dideriksen, R. Schmieg, M. Zugenmaier & E. S. Polzik Nature Communications 12, 3699 (2021).
- [60] R. Shaham, O. Katz, and O. Firstenberg, Phys. Rev. A 102, 012822 (2020).
- [61] O. Katz, R. Shaham & O. Firstenberg, PRX Quantum 3, 010305 (2022).
- [62] Y. W. Cho, G. T. Campbell, J. L. Everett, J. Bernu, D. B. Higginbottom, M. T. Cao, J. Geng, N. P. Robins, P. K. Lam, and B. C. Buchler, Optica 3, 100-107 (2016).
- [63] M. V. Balabas, T. Karaulanov, M. P. Ledbetter & D. Budker, Phys. Rev. Lett. 105, 070801 (2010).
- [64] T. R. Gentile, P. J. Nacher, B. Saam & T. G. Walker, Rev. Mod. Phys. 89, 045004 (2017).
- [65] C. Gemmel, et al. Eur. Phys. J. D 57, 303 (2010).
- [66] W. C. Chen, T. R. Gentile, C. B. Fu, S. Watson, G. L. Jones, J. W. McIver and D. R. Rich, J. Phys.: Conf. Ser. 294, 012003 (2011).
- [67] D. M. L. Lilburn, G. E. Pavlovskaya, and T. Meersmann, J. Magn. Reson. 229, 173 (2013).
- [68] Couch, M. J. et al. Mol. Imaging Biol. 17, 149–162 (2015).
- [69] W. A. Terrano, J. Meinel, N. Sachdeva, T. E. Chupp, S. Degenkolb, P. Fierlinger, F. Kuchler, and J. T. Singh, Phys. Rev. A 100, 012502 (2019).
- [70] T. W. Kornack, R. K. Ghosh, and M. V. Romalis, Phys. Rev. Lett. 95, 230801 (2005).
- [71] T. G. Walker & M. S. Larsen, Adv. At. Mol. Opt. Phys. 65, 373–401 (2016).
- [72] D. A. Thrasher, S. S. Sorensen, J. Weber, M. Bulatowicz, A. Korver, M. Larsen, and T. G. Walker, Phys. Rev. A 100, 061403 (2019).
- [73] T. R. Gentile et al. Physica B (Amsterdam) 356, 96–102 (2005).
- [74] M. S. Safronova, D. Budker, D.DeMille, D. F. Jackson Kimball, A. Derevianko & C. W. Clark, Rev. Mod. Phys. 90, 025008 (2018).
- [75] J. Lee, A. Almasi & M. V. Romalis, Phys. Rev. Lett. 120, 161801 (2018).
- [76] F. Allmendinger, W. Heil, S. Karpuk, W. Kilian, A. Scharth, U. Schmidt, A. Schnabel, Yu. Sobolev, and K. Tullney, Phys. Rev. Lett. 112, 110801 (2014).
- [77] T. E. Chupp, P. Fierlinger, M. J. Ramsey-Musolf, and J. T. Singh, Rev. Mod. Phys. 91, 015001 (2019).
- [78] I. Bloch, G. Ronen, R. Shaham, O. Katz, T. Volansky and O. Katz, Science Advances, 8(5), eabl8919 (2022).
- [79] M. Jiang, H. Su, A. Garcon, X. Peng and D. Budker, Nat. Phys. 17, 1402-1407 (2021)
- [80] M. Batz, P. J. Nacher & G. Tastevin, J. Phys. Conf. Ser. 294, 012002 (2011).
- [81] T. G.Walker & W. Happer, Rev. Mod. Phys. 69, 629 (1997).
- [82] S. Appelt, A. Ben-Amar Baranga, C. J. Erickson, M. V. Romalis, A. R. Young & W. Happer, Phys. Rev. A 58, 1412 (1998).
- [83] N. D. Bhaskar, W. Happer, and T. McClelland Phys. Rev. Lett. 49, 25 (1982).
- [84] M. A. Bouchiat, T. R. Carver, and C. M. Varnum, Phys.

- Rev. Lett. 5, 373 (1960).
- [85] A. Dantan, G. Reinaudi, A. Sinatra, F. Laloë, E. Giacobino & M. Pinard, Phys. Rev. Lett. 95, 123002 (2005).
- [86] T. W. Kornack and M. V. Romalis , Phys. Rev. Lett. 89, 253002 (2002).
- [87] R. Shaham, O. Katz, and O. Firstenberg, arXiv preprint arXiv:2102.02797 (2021). Nat. Phys. (in press).
- [88] O., R. Shaham and O. Firstenberg, Science Advances 7, 14, eabe9164 (2021).
- [89] O. Katz, R. Shaham, E. S. Polzik, and O. Firstenberg, Phys. Rev. Lett. 124, 043602 (2020).
- [90] W. Happer, Y. Y. Jau & T. Walker. Optically Pumped Atoms. 159–218 (WILEY-VCH Press, Germany, 2010).
- [91] A. Tsinovoy, O. Katz, A. Landau, and N. Moiseyev, Phys. Rev. Lett. 128, 013401 (2022).
- [92] O. Firstenberg, M. Shuker, A. Ron, and N. Davidson, Rev. Mod. Phys. 85, 941 (2013).
- [93] C. W. Gardiner & P. Zoller, Quantum Noise (Springer Verlag, Berlin, 1999), 2nd ed.
- [94] T. Holstein and H. Primakoff, Phys. Rev. 58, 1098-1113 (1940).
- [95] A. Dantan and M. Pinard, Phys. Rev. A 69, 043810 (2004).
- [96] A. Dantan, A. Bramati, and M. Pinard, Laser Phys. 15, 170 (2005).
- [97] A. Dantan, J. Cviklinski, M. Pinard, and Ph. Grangier, Phys. Rev. A 73, 032338 (2006).
- [98] A. V. Gorshkov, T. Calarco, M. D. Lukin & A. S. Sørensen, Phys. Rev. A 77, 043806 (2008)
- [99] J. Sherson, A. S. Sørensen, J. Fiuråšek, K. Mølmer & E. S. Polzik. Phys. Rev. A 74, 011802(R) (2006).
- [100] C. A. Muschik, K. Hammerer, E. S. Polzik & J. I. Cirac, Phys. Rev. A 73 062329 (2006).
- [101] O. Katz, M. Dikopoltsev, O. Peleg, M. Shuker, J. Stein-

- hauer, and N. Katz, Phys. Rev. Lett. 110, 263004 (2013).
- [102] G. D. Cates, S. R. Schaefer, and W. Happer, Phys. Rev. A 37, 2877 (1988).
- [103] W. Happer, E. Miron, S. Schaefer, D. Schreiber, W. A. van Wijngaarden & X. Zeng. Phys. Rev. A 29, 3092– 3110 (1984).
- [104] I. A. Nelson, Physics of Practical Spin-Exchange Optical Pumping (University of Wisconsin-Madison, 2001).
- [105] X. Zeng, Z. Wu, T. Call, E. Miron, D. Schreiber & W. Happer. Phys. Rev. A 31, 260 (1985).
- [106] M. V. Romalis, Phys. Rev. Lett. 105, 243001 (2010).
- [107] M. Auzinsh, D. Budker, and S. M. Rochester Optically Polarized Atoms (Oxford University Press, New York, 2010).
- [108] O. Katz & O. Firstenberg, Commun. Phys. 2, 58 (2019).
- [109] W. Chalupczak, R. M. Godun, P. Anielski, A. Wojciechowski, S. Pustelny, and W. Gawlik, Phys. Rev. A 85, 043402 (2012).
- [110] M. G. Raymer and J. L. Carlsten, Phys. Rev. Lett. 39, 1326 (1977).
- [111] S. Manz, T. Fernholz, J. Schmiedmayer, and J. W. Pan, Phys. Rev. A 75, 040101(R) (2007).
- [112] R. Finkelstein, E. Poem, O. Michel, O. Lahad & O. Firstenberg, Science Advances 4, 1 (2018).
- [113] F. Ripka, H. Kübler, R. Löw, & T. Pfau, Science, 362, 6413, 446-449 (2018).
- [114] K. T. Kaczmarek, P. M. Ledingham, B. Brecht, S. E. Thomas, G. S. Thekkadath, O. Lazo-Arjona, J. H. D. Munns, E. Poem, A. Feizpour, D. J. Saunders, J. Nunn, and I. A. Walmsley, Phys. Rev. A 97, 042316 (2018).
- [115] O. Lahad, R. Finkelstein, O. Davidson, O. Michel, E. Poem, and O. Firstenberg, Phys. Rev. Lett. 123, 173203 (2019).